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Vascular reactivity of isolated rat mesenteric arterioles in the presence and absence of ouabain

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FLORIDA INTERNATIONAL UNIVERSITY

Miami, Florida

VASCULAR REACTIVITY OF ISOLATED RAT MESENTERIC ARTERIOLES IN
THE PRESENCE AND ABSENCE OF OUABAIN

A thesis submitted in partial fulfillment of the
requirements for the degree of

MASTER OF SCIENCE

in

BIOMEDICAL ENGINEERING

by

Rohit Chawla

2006

To: Dean Vish Prasad
College of Engineering and Computing

This thesis, written by Rohit Chawla, and entitled Vascular Reactivity of Isolated Rat Mesenteric Arterioles in the Presence and Absence of Ouabain, having been approved in respect to style and intellectual content, is referred to you for judgment.

We have read this thesis and recommend that it be approved.

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Florida International University, 2006

DEDICATION

This work is dedicated to my parents Ravi Chawla and Sneh lata Chawla and my brother Rahul who have always been a source of love and inspiration for me.

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ABSTRACT OF THE THESIS

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by

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Florida International University, 2006

Miami, Florida

Professor Nikolaos M. Tsoukias, Major Professor

The microvasculature plays a significant role in the regulation of blood pressure and regional blood supply. Cardiotoxic steroids like the adrenal cortical hormone (ouabain) have been proposed to play a role in some forms of hypertension. The purpose of this study was to determine the effect of different agonists on arteriolar diameter in the presence and absence of ouabain.

In Vitro studies on isolated intact rat mesenteric arterioles were performed by administering different concentrations of the vasoconstrictor norepinephrine (NE) and the vasorelaxant acetylcholine (Ach) in the presence and absence of ouabain. NE induced constriction was not significantly enhanced in the presence of ouabain. Ach completely reversed NE-induced constriction without ouabain, which was significantly impaired in ouabain presence ($p < 0.01$). NOS inhibition reduced the Ach-mediated relaxation significantly in the absence of ouabain ($p < 0.01$) whereas it was not significantly affected in ouabain presence. K^+ Channel blockade almost completely abolished Ach-induced relaxation in presence and absence of ouabain.

TABLE OF CONTENTS

CHAPTER	PAGE
1.0 INTRODUCTION	1
2.0 HYPERTENSION	2
2.1 OUABAIN ACTION MECHANISM: BLAUSTEIN'S HYPOTHESIS	3
2.2 SALT SENSITIVITY	4
2.3 Ca^{2+} HOMEOSTASIS IN SALT SENSITIVE HYPERTENSION	5
3.0 MICROCIRCULATORY PHYSIOLOGY, CALCIUM, ENDOTHELIUM- DERIVED RELAXING FACTORS.....	6
3.1 MICROCIRCULATORY PHYSIOLOGY.....	6
3.1.1 Myogenic tone and Vasomotion	6
3.2 CALCIUM.....	8
3.2.1 Calcium regulation in SMC	8
3.2.2 Calcium regulation in ECs	16
3.2.3 Integration and Coordination of responses in the vascular wall: Gap junctional communication.....	18
3.3 ENDOTHELIUM-DERIVED MEDIATORS	21
3.3.1 Nitric Oxide	21
3.3.2 Prostacyclin.....	24
3.3.3 Endothelium Derived Hyperpolarizing Factor.....	25
3.3.4 Mediators responsible for EDHF induced dilation in rat mesenteric arteriole.....	32
4.0 STUDY OBJECTIVES.....	34
5.0 EQUIPMENT AND INSTRUMENTATION.....	37
5.1 PERFUSION CHAMBER	37
5.2 MICROSCOPY.....	40
6.0 METHODS AND PROCEDURES.....	41
6.1 CONTROL SOLUTION	41
6.2 BLOCKERS USED	44

6.3	EXPERIMENTAL SET UP FOR APPLICATION OF AGONISTS TO SMOOTH MUSCLE AND ENDOTHELIUM	50
6.4	BRIGHT FIELD IMAGING, DIAMETER MEASUREMENTS, RECORDING MOVIES FOR VASOMOTION.....	50
6.5	POST PROCESSING	51
6.6	STATISTICS	52
7.0	RESULTS	53
7.1	PRESSURE VS DIAMETER.....	53
7.2	CONTROL STUDIES OF VASCULAR REACTIVITY	55
7.2.1	Effect of Vasoconstrictor NE on vessel diameter.....	55
7.2.2	Acetylcholine-induced Relaxation.....	58
7.2.3	Effect of Indomethacin on Ach induced relaxation.....	60
7.2.4	Effect of eNOS blockade on Ach-induced relaxation.....	62
7.2.5	Effect of blocking EDHF pathway in Ach-induced relaxation.....	63
7.3	EFFECT OF OUABAIN ON VASCULAR REACTIVITY.....	65
7.3.1	Effect of Ouabain on NE induced constriction-response curve.....	66
7.3.2	Ach-induced dilation in the presence of Ouabain.....	70
7.3.3	Effect of EDHF blockade on Ach induced relaxation in presence of Ouabain.....	74
8.0	DISCUSSION.....	76
9.0	CONCLUSION.....	85
	REFERENCES.....	87

LIST OF FIGURES

FIGURE	PAGE
Figure 1: Blaustein's hypothesis for the effect of ouabain-induced Na^+/K^+ pump on Ca^{2+} homeostasis. (Blaustein et al, 1977).....	4
Figure.2: Various ion channels, pumps and exchangers in a smooth muscle cell of rat mesenteric arteriole.....	9
Figure 3: Various ion channels, pumps and exchangers present in EC of rat mesenteric artery.....	17
Figure 4: Integrated SMC and EC cell.....	21
Figure 5: A detailed figure showing the effect of EDHF action mechanism through SK_{Ca} and IK_{Ca} channels in rat mesenteric artery.....	36
Figure.6: Perfusion chamber (Living Systems Instrumentation, Model CH/SH 1).....	38
Figure 7: Rat mesenteric arcade spread in control solution at 5°C	47
Figure 8: Bright field image of a cannulated rat mesentery microartery secured with the help of two microsutures (imaged using Olympus 4X objective).....	49
Figure 10: Diameter response to increase in intra-luminal pressure from 0 to 80mmHg in isolated intact rat mesenteric arteriole.	54
Figure 11: Concentration-response curve for NE induced constriction in isolated rat mesenteric rat arterioles.....	57
Figure 12: Application of NE in the concentration range $0.4\mu\text{M}$ - $1\mu\text{M}$ often resulted in vasomotion.....	58
Figure 13: Concentration response curve for Ach-induced relaxation in isolated intact rat mesenteric arterioles precontracted with $1\mu\text{M}$ NE.....	60
Figure 15: Concentration response curve for Ach-induced relaxation in isolated intact rat mesenteric arterioles precontracted with $1\mu\text{M}$ NE in the presence of e-NOS blocker (L-Name).....	63
Figure 17: Effect of ouabain on NE induced vasoconstriction in isolated rat mesenteric artery.....	69
Figure 18: Effect of NCX blockade with $2\mu\text{M}$ KB-R7943 on NE induced constriction in the presence of ouabain.....	70

Figure 20: Effect of NOS blockade on Ach-induced relaxation response
in the presence of 100nM Ouabain.....74

presence and absence of ouabain. Also, the effect of ouabain on Ach-mediated relaxation was studied by comparing the relaxation responses in the presence and absence of ouabain. Further blockade of individual relaxing pathways (Cyclooxygenase pathway, NO-mediated pathway as well as EDHF-mediated pathway) was done with and without ouabain to further elucidate the pathway through which ouabain exerts its effect.

2.0 HYPERTENSION

Hypertension is an endemic disease in Western countries and is defined as a state when diastolic blood pressure (BP) $>$ 90mmHg and/or systolic (BP) $>$ 140mmHg. This is a very important health issue as hypertension is a major risk factor for premature death and disability from heart attack, heart failure, stroke and many other afflictions. (92). Within United States, approximately 20% of the population is hypertensive whereas more than 50% of individuals over the age of 60 are hypertensive. Different factors are responsible for hypertension in the body including reduced functioning of the kidneys causing an increase in extracellular fluid leading to increased BP (54), genetics, adrenal cortical hormone, ouabain and other cardiotonic steroids. Some forms of hypertension are associated with an increase in ouabain levels. During hypertension, the blood pressure is higher due to reduced vessel diameter compared to normal conditions. This can be due to enhanced constriction of vessels to vasoconstrictors or impaired relaxation to vasorelaxants present in the body. The vessel diameter is regulated by an elaborate network of signaling pathways between the endothelial cells (EC) and smooth muscle cells (SMC) which form the vascular wall.

2.1 OUABAIN ACTION MECHANISM: BLAUSTEIN'S HYPOTHESIS

Cardiotonic steroids, including the adrenal cortical hormone ouabain, have been proposed to play a critical role in linking salt intake to hypertension. Almost half of the patients with essential hypertension have increased levels of ouabain (52, 86) and chronic high salt intake causes an elevation in the concentration of cardiotonic steroids in plasma (56, 57). Several animal models of salt sensitive hypertension have also elevated levels of cardiotonic steroids (55, 56). The mechanisms of ouabain-induced inhibition of relaxation remain controversial. In rat thoracic aorta, ouabain caused impairment of relaxation to sodium nitroprusside (NO donor). Removal of the endothelium had no effect on the inhibition of relaxation and suggested involvement of effector pathways in SMC rather than endothelium (116, 117). On the other hand, ouabain-induced impairment of EC-dependent relaxation, reported in human resistance arteries, was attributed to compromised synthesis or release of EDRF (137).

Almost thirty years ago Blaustein (10) proposed that cardiotonic steroids affect vascular resistance through inhibition of the Na^+/K^+ ATPase. The Na^+/K^+ ATPase pump present in the SMC plasma membrane is responsible for the removal of 3 Na^+ ions from the SMC. High levels of ouabain blocks this pump thereby leading to an accumulation of Na^+ inside the cell. The $\text{Na}^+/\text{Ca}^{2+}$ exchanger (also present in SMC plasma membrane) is responsible for the removal of Ca^{2+} from the cell along with intrusion of Na^+ ions inside the cell. Thus, the increase in intracellular Na^+ due to high ouabain levels lead to reversal of the $\text{Na}^+/\text{Ca}^{2+}$ exchanger (NCX) thereby increasing cytosolic Ca^{2+} . The Ca^{2+} accumulation is amplified by the Ca^{2+} buffering system of the SR. Blaustein's hypothesis is illustrated

below in Fig 5. The left part of the figure shows a normal SMC and the right part illustrates the effect of high ouabain levels on SMC Ca^{2+} .

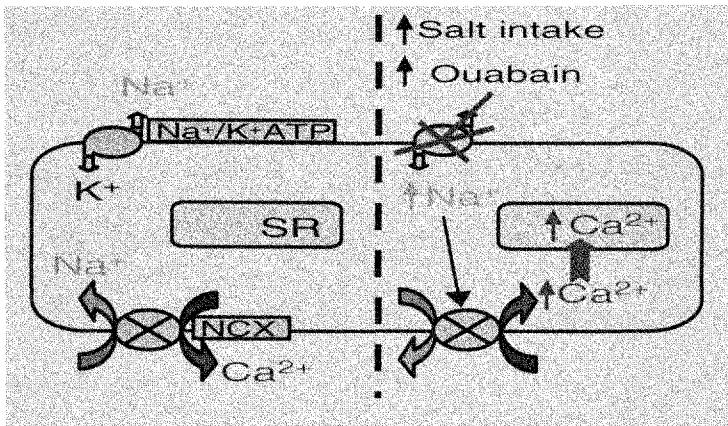


Figure 1: Blaustein's hypothesis for the effect of ouabain-induced Na^+/K^+ pump on Ca^{2+} homeostasis. (Blaustein et al, 1977)

Until recently, this hypothesis has been examined only indirectly in different hypertensive models producing inconclusive results for the role of NCX activity in hypertension (3, 4, 89, 98, 99). Recently inhibitors of NCX have been developed and provide the tools for directly assessing this mechanism in SMC. SEA0400 is a specific inhibitor of NCX, developed by Matsuda and colleagues that preferentially blocks the reverse mode (i.e. Ca^{2+} entry mode) of NCX (90). Recent experimental data utilizing this new inhibitor as well as transgenic animal models support Blaustein's hypothesis and provide evidence for the importance of NCX activity in salt sensitive hypertension (68).

2.2 SALT SENSITIVITY

Salt sensitivity appears in a significant percentage of the population and represents a major public health problem. It is associated with endothelial dysfunction and increased cardiovascular risk. The mechanisms that contribute to such susceptibility

remain largely unresolved. The mechanisms by which salt intake elevates blood pressure have also not been elucidated. Neurohormonal effects (28), alterations to the transmembrane $\text{Na}^+/\text{Ca}^{2+}$ transport (84), activation of the renin-angiotensin system and inhibition of the L-arginine-NO system (115) have emerged as major components in the pathophysiology of salt sensitivity. The L-arginine-NO system appears to be downregulated in Salt Sensitive (SS) hypertension. Impaired endothelium-derived vasodilation has been reported in SS humans (94) and animals (59, 60). Increased NO production by administration of L-arginine in Dahl SS rats abrogates salt sensitivity (21, 63) and chronic NO blockade induces SS hypertension in control rats (97). The mechanisms that link SS to a decreased NO activity have not been resolved completely. Recent studies suggest decreased expression of eNOS (59, 60, 115), increased NO scavenging by O_2^- and decoupling of eNOS by increased levels of peroxynitrite in SS hypertension.

2.3 Ca^{2+} HOMEOSTASIS IN SALT SENSITIVE HYPERTENSION

Ca^{2+} mobilization plays a central role in the regulation of vascular tone and blood flow. In the ECs the intracellular concentration of free Ca^{2+} regulates release of vasoactive substance, while in the SMCs Ca^{2+} is the major determinant of contractility. Alterations in the mechanisms of its regulatory control may contribute to the pathogenesis of hypertension. Prior investigations have suggested altered Ca^{2+} dynamics in salt sensitivity and a direct effect of salt intake on Ca^{2+} dynamics in some vessels. Depressed endothelial Ca^{2+} responses to acetylcholine in the aorta of aldosterone-salt hypertensive rats have been reported (83). Altered EC Ca^{2+} dynamics may be responsible

for impaired endothelium dependent relaxations observed in different vascular beds (137). Further investigations are required to examine if this phenomenon appears in different vessels and particularly in microcirculatory vessels.

3.0 MICROCIRCULATORY PHYSIOLOGY, CALCIUM, ENDOTHELIUM- DERIVED RELAXING FACTORS

3.1 MICROCIRCULATORY PHYSIOLOGY

Microcirculation is the flow of blood through the smallest vessels of the body as arterioles, capillaries and venules. These microvessels with diameters $< 300 \mu\text{m}$ are termed as resistance vessels as they offer maximum resistance to blood flow thereby playing a significant role in blood flow regulation. Various in-vitro studies on microcirculatory physiology have been performed on intact vessels as well as cultured cells. Studies on intact vessels preserve the presence of gap junctions and ion channels as present in the body and are free from neuronal and hormonal control. These studies also allow to study the coordination of responses between endothelial cells (EC) and smooth muscle cells (SMC). Thus, in-vitro studies on intact rat mesenteric arterioles provide a valuable tool to understand microcirculatory physiology.

3.1.1 Myogenic tone and Vasomotion

Blood vessels respond to intra-luminal pressure increase with constriction. This behavior, known as myogenic response, is independent of neural, hormonal and metabolic influences and is inherent to SMC (27, 69). The myogenic response involves an increase in smooth muscle cell (SMC) Ca^{2+} concentration and a corresponding decrease in vessel diameter. An increase in transmural vessel pressure from 10-30 mmHg

results in an increase in vessel diameter in rat microvessel. However upon further increase in pressure to the physiological range of 40-60 mm Hg, an initial increase in the vessel diameter is followed by constriction (27). All vessels less than 150 μm develop and maintain basal tone (27). Although the resting diameter continuously increases with increase in transmural pressure, the slope of the pressure vs. diameter curve decreases with increase in pressure and tends to plateau. (5, 111) This mechanism allows the blood vessels to adapt to changes in blood pressure and avoid indefinite expansion with pressure. (111)

Microvessels may also show rapid oscillations in diameter upon stimulation with agonists like potassium chloride (KCl) and norepinephrine (NE) (121). This phenomenon of repeated diameter oscillations in microvessels is termed as vasomotion. Vasomotion is not linked to physiological rhythms like heartbeat or breathing but is considered as an intrinsic cellular phenomenon caused due to a rapid increase and decrease in SMC Ca^{2+} concentrations (51, 53, 79). Vasomotion is suggested as a defense mechanism to counteract local hypoxic conditions as well as assist in efficient repartition of blood flow (103). Previous reports have suggested the presence of a small SMC Ca^{2+} threshold for the onset of vasomotion and its abolishment at high agonist concentrations (121). Various studies have suggested the importance of careful handling of the vessels to reproduce vasomotion in-vitro, as it depends on the proper functioning of gap junctions and ion channels which can be easily disrupted due to over-stretching of the vessel.

3.2 CALCIUM

Ca^{2+} is one of the most important physiological regulators which performs many functions at both micro and macro levels. (9) At the macro- scale Ca^{2+} is the structural component of bones and teeth. However, at the micro-scale, it assists in various physiological processes like maintenance of vascular tone, intra/intercellular signaling, gene expression, fertilization, learning and memory, metabolism, contraction, relaxation, vesicle trafficking and apoptosis (9).

In the SMC, intracellular Ca^{2+} plays an important part in regulation of SMC contraction and relaxation (27). In general, increase in SMC Ca^{2+} concentration results in contraction whereas a decrease in Ca^{2+} concentration causes vasorelaxation. SMC contraction and relaxation regulates the microvessel diameter, which in turn, regulates blood flow rate.

3.2.1 Calcium regulation in SMC

Ca^{2+} concentration in the SMC can be increased by influx of extracellular Ca^{2+} through Ca^{2+} channels present in the plasma membrane or by opening of intracellular Ca^{2+} stores like the sarcoplasmic reticulum (SR). Influx of Ca^{2+} through Ca^{2+} channels can also influence the opening of intracellular Ca^{2+} stores leading to a further increase in SMC Ca^{2+} ; a phenomenon termed as Ca^{2+} induced Ca^{2+} release (CICR) (50, 71). Potassium channels can hyperpolarize SMC leading to closure of voltage gated calcium channels, thereby reducing Ca^{2+} concentration in the SMC. Various channels, pumps and exchangers present in the rat mesenteric arteriolar SMC are shown in Fig.2:

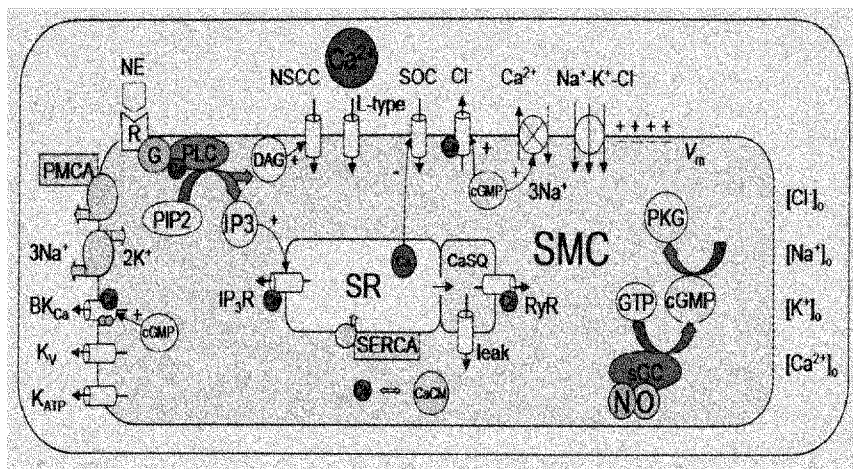


Figure.2: Various ion channels, pumps and exchangers in a smooth muscle cell of rat mesenteric arteriole.

Na⁺/K⁺ ATPase

The surface membrane of almost every animal cell expresses hundreds or even millions of copies of Na⁺/K⁺ ATPases. This sodium pump rejects sodium towards the extracellular space and accumulates potassium in the intracellular medium thereby maintaining the sodium and potassium ionic gradients at the expense of ATP produced by the cell. These ionic gradients drive many co- and counter transporters allowing intake of glucose and amino acids, regulation of cell volume, pH and calcium homeostasis and are responsible for the electrical activity of all excitable cells. Na⁺/K⁺ ATPases are electrogenic as three sodium ions are extruded out of the cell while two potassium ions are transported. The activity of the pump contributes to the regulation of cell membrane potential. (45)

Na⁺/K⁺ ATPase pump is composed of a noncovalently linked α subunit and a glycosylated β subunit. Four isoforms of α subunit ($\alpha 1$ to $\alpha 4$) and three isoforms of the β subunit ($\beta 1$ to $\beta 3$) are found in mammalian cells. In mammalian arteries both vascular

SMC and EC express $\alpha 1$ isoform of Na^+/K^+ ATPase. This isoform is almost completely activated at the physiological concentration of extracellular potassium (5mM) and in the rat is poorly sensitive to ouabain ($\text{IC}_{50} > 10^{-5}$). However depending on the species, both SMC and EC can have $\alpha 2$ and/or $\alpha 3$ isoforms which are activated by potassium in the concentration range 3-15mM and are more sensitive to inhibitory action of ouabain. The rat mesenteric arteriolar SMC contains only $\alpha 1$, $\alpha 2$ and $\alpha 3$ isoforms. (72, 135)

$\text{Na}^+/\text{Ca}^{2+}$ exchanger

SMC plasma membrane contains $\text{Na}^+/\text{Ca}^{2+}$ exchangers (NCX), which are involved in regulation of intracellular Ca^{2+} . NCX is reported to have three major roles. Firstly, it plays a dominant role in the net removal of Ca^{2+} when cytoplasmic Ca^{2+} ($[\text{Ca}^{2+}]_{\text{cyt}}$) level is high leading to cell activation. Although, Ca^{2+} entry via Ca^{2+} selective channels is much more dominant, NCX also mediates the entry of some Ca^{2+} during cell activation and depolarization. It also modulates the resting $[\text{Ca}^{2+}]_{\text{cyt}}$, even though more than one half of the Ca^{2+} removal under resting conditions may be mediated by low capacity high affinity ATP driven Ca^{2+} pump. (80, 136)

$\text{Na}^+/\text{Ca}^{2+}$ exchanger is a bi-directional electrogenic ion transporter protein which couples the translocation of 3 Na^+ in one direction to the translocation of 1 Ca^{2+} in the other (12). The $\text{Na}^+/\text{Ca}^{2+}$ exchanger uses energy of the Na^+ electrochemical gradient to extrude intracellular Ca^{2+} (12). The extracellular Na^+ concentration is higher than the intracellular Na^+ concentration and hence provides a gradient for Na^+ movement. Na^+/K^+ ATPase pump blockade causes an increase in intracellular Na^+ concentration which reverses the operating direction of NCX thereby resulting in translocation of Na^+ outside the cell and Ca^{2+} into the cell leading to intracellular Ca^{2+} increase.

Potassium Channels in the Vascular SMC Wall

Ion Channels are membrane protein complexes that allow selected ionic species to diffuse through lipid cell membrane. Potassium channels, which selectively pass potassium ions, are the largest and the most diverse type of ion channels. They play a critical role in regulating cell membrane potential, smooth muscle calcium and hence smooth muscle relaxation. K^+ Channels are classified into four subgroups which are discussed below

Voltage gated potassium channels (K_v channels)

In SMC, the voltage activated potassium current is an important component of the outward potassium conductance and can be divided into two different types based on its inactivation properties: the delayed rectifier current (KDR) and the rapidly inactivating transient outward current (KTO). Depending on the species and the tissue studied, the vascular SMC can have both or either of K_v channels. However in EC, K_v channels are rarely expressed. The activity of this channel plays a predominant role in the control of the cell membrane potential and thus the tone of vascular smooth muscle. Depolarization of the cell membrane, which can be caused by physical (intraluminal pressure-induced myogenic tone) or neurohormonal mediators (e.g. norepinephrine, endothelin, angiotensin II) leads to the activation of these channels which serves as a useful protective mechanism in restoring membrane potential and preventing excessive contraction of the smooth muscle and thus vasospasm. This protective mechanism is referred to as the voltage-dependent brake. (65)

Calcium activated potassium channels

This family of calcium channels is divided into two subfamilies, small and intermediate conductance calcium activated potassium channels (also known as SK_{Ca} and IK_{Ca} respectively) and the large conductance calcium activated channels (also known as BK_{Ca}). Only BK_{Ca} channels are present on SMC plasma membrane whereas SK_{Ca} and IK_{Ca} are present on EC plasma membrane in rat mesenteric arterioles.

Large conductance calcium activated potassium channels (BK_{Ca})

BK_{Ca} channels are both voltage and calcium regulated potassium channels indicating that they play an important role in limiting the entry of calcium and the cell excitability. Its activity is increased when depolarizing voltages are applied and when the intracellular calcium concentration is increased. The calcium sensitivity of BK_{Ca} lies in the region of negatively charged aspartate residues situated in the intracellular C-terminal called the “Ca²⁺ bowl”. BK_{Ca} has been found to be present in the vascular smooth muscle and not in the endothelium in rat mesenteric artery. (62)

Voltage operated Ca²⁺ channels

Vascular smooth muscle cells have voltage gated Ca²⁺ channels (VGCC) which are further classified as L-type Ca²⁺ channels and T-type Ca²⁺ channels. VGCC plays an important role in influx of extracellular Ca²⁺ into the SMC (9, 70). SMC in the rat mesentery resistance arteries are reported to possess mostly L-type VGCC. Depolarization of SMC by 20-35 mV increases the opening probability of VGCC by 10-15 times. (9) Vasoactive agents like KCl cause an increase in SMC Ca²⁺ by opening VGCC thereby causing influx of Ca²⁺ from the extracellular medium into the SMC (121). Direct modulation of VGCC can also result from stretching of the vessel (9).

Receptor operated Ca^{2+} channels

Ion channels present in SMC plasma membrane that open in response to binding of an extracellular ligand are termed as receptor operated channels. These channels contribute to the influx of extracellular Ca^{2+} into the cell (9). The cell surface receptors include G-protein linked receptors and receptor tyrosine kinase (RTK). The major external stimuli that activate these channels are transmitters like ATP, acetylcholine, NE and glutamate (9). Upon stimulation, the signals generated include IP₃, which is generated by hydrolysis of phosphatidylinositol-4,5-biphosphate (PIP₂) by phospholipase C enzymes (PLC β and PLC γ), cyclic ADP ribose (cADPR) and nicotinic acid dinucleotide phosphate (NAADP) (9). The signals generated also promote the release of Ca^{2+} from the intracellular stores.

Plasma membrane Ca^{2+} -ATPase (PMCA)

Ca^{2+} adenosine triphosphatase or PMCA pumps are present on the SMC plasma membrane and play the most important role in the removal of intracellular Ca^{2+} (9, 70). However, the PMCA is responsible for sustained release of Ca^{2+} from the cell unlike the $\text{Na}^+/\text{Ca}^{2+}$ exchangers, which are responsible for acute removal of intracellular Ca^{2+} . PMCA is constituted from two distinct domains, an ATP binding cytoplasmic domain and a Ca^{2+} binding transmembrane domain. Phosphorylation of Aspartate residue (Asp351) by terminal phosphate of ATP causes a conformational change of both the PMCA domains which, in turn, is responsible for transport of Ca^{2+} across the membrane. Release of Ca^{2+} acts as a signaling mechanism for hydrolysing Asp351-Phosphate group and also returns the pump to its original state. Four different isoforms of PMCA exist (PMCA 1, PMCA 2, PMCA 3, PMCA 4) of which PMCA 1 is the most abundant and

present in rat mesenteric SMC. (70) PMCA pumps use the energy derived from the hydrolysis of ATP to Adenosine diphosphate (ADP) to remove Ca^{2+} from the cytoplasm thereby causing SMC relaxation in rat mesenteric arterioles.

Store operated Ca^{2+} channels

Depletion of intracellular stores like SR in the SMC results in opening of store operated Ca^{2+} channels (SOC) present in SMC plasma membrane. Agonists like norepinephrine stimulate SMC thereby causing an increase in SMC intracellular Ca^{2+} by releasing Ca^{2+} from SR through IP_3 pathway (Fig1). This increase in Ca^{2+} leads to SMC contraction. As Ca^{2+} is removed from the cell, the refilling of SR is explained by the presence of SOC as it allows the influx of Ca^{2+} from the extracellular space upon depletion of SR.

Ca^{2+} channels present in SMC intracellular stores

Release through ryanodine receptors (RyR)

SR is the main intracellular Ca^{2+} store present in the arterial SMC (9) and its membrane contains the ryanodine receptors (RyR) family. The major activator of RyR is Ca^{2+} and it can act both from the luminal and cytoplasmic side of the RyR channel. RyR activation is regulated by cADPR, which is generated by nicotinamide-adeninedinucleotide (NAD) (9). An increase in Ca^{2+} present inside SR results in increased sensitivity of RyR on the SR surface. cADPR also increases the sensitivity of RyR on the SR surface (71).

Increase in cytoplasmic Ca^{2+} which can result from activation of VGCC or by a receptor mediated mechanism causes activation of RyR thereby releasing Ca^{2+} from the SR. In SMC, this calcium induced calcium release (CICR) primarily has an amplifying

effect on the increase in cytoplasmic Ca^{2+} concentration (71). The Ca^{2+} release from the SR through RyR receptors can result in transient increases in cytoplasmic Ca^{2+} levels termed as Ca^{2+} sparks (71). Ca^{2+} release from the SR by RyR channels can also directly activate the Ca^{2+} activated potassium channels (K_{Ca} channels) This causes SMC hyperpolarization leading to inhibition of VGCC thus inhibiting contraction (27).

Release through IP_3 receptors

In addition to RyR, SR also contains IP_3 receptors (IP_3R). Previous studies have reported the existence of two types of SR in the SMC; one contains only RyR and other both RyR and IP_3R (9). IP_3 is generated by hydrolysis of membrane-associated phosphatidylinositol-4, 5-biphosphate (PIP_2) by phospholipase C enzymes ($\text{PLC}\beta$ and $\text{PLC}\gamma$). Vasoactive agents like NE act by stimulation of PLC through membrane associated G protein. The reaction converts PIP_2 to DAG and IP_3 (9) (Fig1). Ca^{2+} is the main regulator of the IP_3R as an increase in luminal SR Ca^{2+} increases the IP_3R sensitivity thereby opening the IP_3R Ca^{2+} channels. Previous reports on dependence of cytoplasmic Ca^{2+} levels on the IP_3R sensitivity have been conflicting. Low Ca^{2+} concentration (100-300nM) in the cytoplasm is stimulatory for the IP_3R but above 300nM Ca^{2+} becomes inhibitory and results in closure of IP_3R gated Ca^{2+} channels (9). The relationship of Ca^{2+} levels and IP_3R activation has been reported to be sigmoidal (9). The Ca^{2+} release from the SR as a result of IP_3R activation has an amplifying effect on the cytosolic Ca^{2+} concentration which causes SMC contraction. DAG along with Ca^{2+} released from the intracellular stores activates protein kinase C. The activation of protein kinase C allows persistence of Ca^{2+} dependent responses. Rapid hydrolysis of IP_3 and deactivation of IP_3R results in termination of Ca^{2+} release from the SR.

SERCA pumps

Sarcoplasmic reticulum Ca^{2+} ATPase pumps (SERCA pumps), which are present on the SR membrane, sequester Ca^{2+} intracellular stores like SR and hence contribute to decrease cytoplasmic Ca^{2+} (9, 31). After Ca^{2+} is released from SR, SERCA pumps facilitate refilling of the SR as well as regulate intracellular Ca^{2+} levels. Similar to PMCA, SERCA pumps also use the energy derived from the hydrolysis of ATP to ADP to transfer Ca^{2+} from the cytoplasm in to the intracellular stores.

Ca^{2+} buffering

Ca^{2+} buffering in the SMC also plays a role in intracellular Ca^{2+} regulation. Intracellular Ca^{2+} exists as a complex with different proteins like calmodulin and troponin and is reversibly converted to free Ca^{2+} . Most of the cytosolic Ca^{2+} (> 90%) exist as a complex with intracellular proteins. The amplitude and duration of the Ca^{2+} signal as well as spatial spreading of local Ca^{2+} signal depend on these cytosolic buffers. (9)

3.2.2 Calcium regulation in ECs

Endothelial cells (ECs) are located at the interface between blood and vessel wall smooth muscle cells (SMCs), playing an essential multifunctional role in both normal body homeostasis and various pathological conditions (1, 130). ECs are responsible for immunological response regulation, blood coagulation state, blood-tissue permeability, vessel repair, angiogenesis, and vascular tone modulation (130). They often respond to mechanochemical stimuli by either releasing different physiological signals or altering surface molecule expression and adhesion, gene expression, cytoskeletal remodeling, cell growth and angiogenesis (102). Endothelial control of vascular tone occurs by regulating the contractility of the surrounding blood vessel SMCs, therefore modulating blood flow

and arterial pressure by altering the caliber of arteries and arterioles, most notably in microvessels (68, 102).

In ECs, $[Ca^{2+}]_i$ elevations lead to production of vasoactive substances, for instance prostanoids and NO, the latter being generated by Ca^{2+} -dependent activation of endothelial NO synthases (102). The initial rise in $[Ca^{2+}]_i$ due to agonist stimulation commonly takes place via intracellular store Ca^{2+} release and the subsequent plateau is supported by extracellular Ca^{2+} entry (1, 102). Calcium store depletion and the electrochemical driving force regulate Ca^{2+} influx from the extracellular medium. Fig.3 illustrates the various channels, pumps and exchangers present in the EC which play a role in regulation of vascular tone and calcium homeostasis. In this study, the potassium channels present in the EC are important as they form the basis for the action of EDHF pathway. Among the calcium activated potassium channels, only SK_{Ca} and IK_{Ca} potassium channels are present in EC of rat mesenteric arteries whereas only BK_{Ca} channels are present in the SMC. Also, the SOC, NSCC, Na^+/K^+ ATPase pump and NCX are common to both SMC and EC plasma membrane and have been explained earlier.

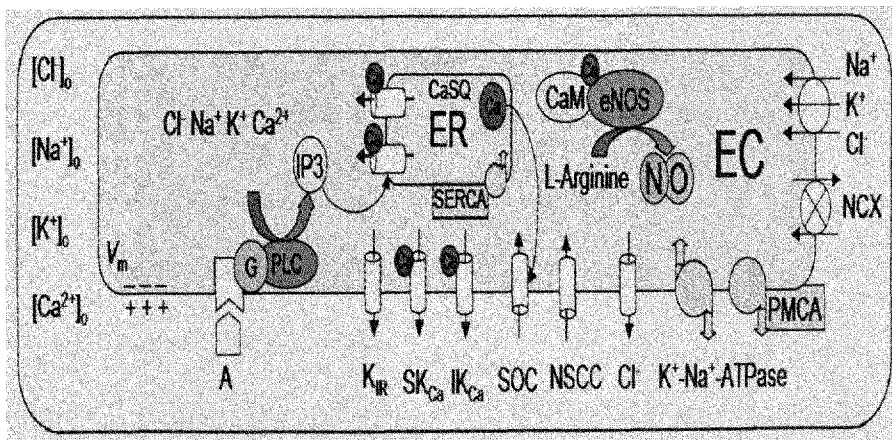


Figure 3: Various ion channels, pumps and exchangers present in EC of rat mesenteric artery

Channels which are present only on the EC plasma membrane are explained below:

Small and Intermediate conductance calcium –activated potassium channels

The SK_{Ca} are sensitive to an increase in intracellular calcium concentration (0.6-0.7 μ M) and are virtually voltage independent. They have small conductance to calcium compared to the IK_{Ca} and BK_{Ca}. The calcium sensitivity of the SK_{Ca} channel is attributed to the association of the calcium binding protein calmodulin with the α subunit (138). This channel is blocked by toxins like apamin but is unaffected by charybdotoxin. The IK_{Ca} has conductance intermediate between SK_{Ca} and BK_{Ca} and is insensitive to apamin or iberiotoxin but is blocked by charybdotoxin, Tram-34 and Tram-39. Rat mesenteric arteriolar endothelium is found to have SKca and IKca only. (16, 17, 23, 32, 34, 37, 46, 62, 64, 77, 78, 105, 106, 125, 129)

Inward rectifier potassium channels (K_{IR})

These channels contribute to the hyperpolarization of the vascular smooth muscle leading to relaxation. These channels are sensitive to the extracellular potassium in the concentration range of 1 to 20mM and increase potassium entry into the cell causing the smooth muscle to hyperpolarize. These channels are present in almost all endothelial cells and contribute significantly to membrane potentials. Endothelial K_{IR} channels are activated not only by potassium but also by shear stress. In SMC, the expression of K_{IR} increases as the diameter of the artery decreases. (104)

3.2.3 Integration and Coordination of responses in the vascular wall: Gap junctional communication

Integration and coordination of responses among the various cells composing a tissue is essential for the proper function of any given organ, including the blood vessel

wall. Cells can communicate by the release of various hormones, mediators etc as well as by direct electrical and chemical intercellular communications by means of gap junction channels. The coupling between smooth muscle cells, endothelial cells and endothelial/smooth muscle allows the transfer of signal between the various cells.

Longitudinal cell-cell communication

The communication signal can be in the form of ions diffusing across SMC through homocellular gap junctions. It can also be movement of Ca^{2+} and IP_3 through the gap junctions and hence directly affect the contraction of far laying SMC in response to a highly localized application of a vasoconstrictor (41, 122-124). Studies conducted by Peng et al. (110) concluded that intracellular communication between SMC as seen in longitudinal signaling over long distances (several millimeters) along the vessel length is too fast to be explained by diffusion of chemical species like Ca^{2+} or IP_3 . There is evidence for longitudinal signaling to be electrical in nature (110). The synchronous contractions seen in SMC during a longitudinal response support the presence of an electrical signal traveling along the vessel length which is believed to travel on the cell plasma membrane. The electrical signal can result in membrane depolarization (110). Membrane depolarization can result in opening of VGCC (both L-Type and T-Type), which would cause an influx of extra cellular Ca^{2+} . A synchronous increase of Ca^{2+} along the vessel length would result in synchronous contractions as seen during a vasomotor response (110).

Radial cell-cell communication

In cultured cells, heterocellular diffusion of Ca^{2+} and IP_3 has been determined to be slow, (123) however the geometry of arterioles allows a rapid diffusion of molecules

across a concentration gradient between the SMC and EC (123). Arterioles comprise of a layer of smooth muscle cells around a monolayer of endothelial cells. There is evidence for existence of connexin based heterocellular gap junctions between the two cell types (81). The EC volume has been determined to be less than 10 % of the SMC volume (33). This unique geometry allows a single endothelial cell to be in contact with a maximum of 20 SMC. The diffusion time for Ca^{2+} from a SMC to an EC is believed to be less than 100 ms (41). This diffusion time is based upon a 2-micron diffusion distance and an estimate of Ca^{2+} diffusion coefficient in cytosolic extracts. The small diffusion time for Ca^{2+} and IP_3 (IP_3 has a higher diffusion coefficient than Ca^{2+}), the close apposition of the two cell types and presence of heterocellular gap junctions allows a rapid diffusion of Ca^{2+} and IP_3 from SMC to EC. The unique geometry also favors rapid endothelium mediated signaling to the overlaying SMC. Stimulation by an agonist can increase calcium and IP_3 in one cell (EC or SMC) which can diffuse to the other cell type through gap junctions/ ion channels. This way of signaling is termed as chemical intercellular communication. Also the K^+ ions can diffuse to the intercellular space causing the hyperpolarization of one cell. This cell (EC or SMC) can hyperpolarize the other cell by electrical coupling through gap junctions/ ion channels. Thus stimulation of one cell can effect the functioning of the other cell. This coupling of the two cell types is very important as the stimulation of one cell type causes an effect on the other cell type thereby regulating the vessel diameter. Fig 4 shows the coupling of the EC and SMC cell types as in the vascular wall.

EC

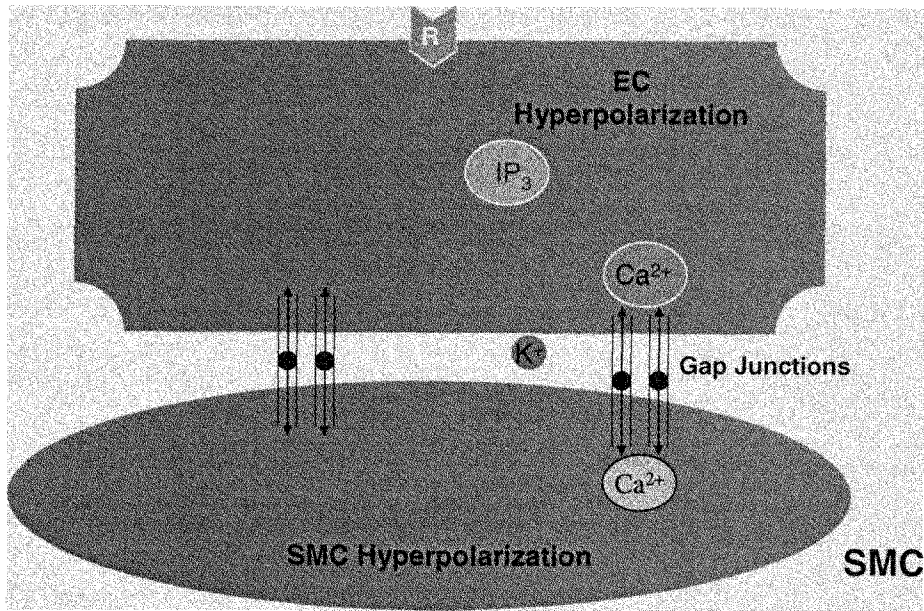


Figure 4: Integrated SMC and EC cell

3.3 ENDOTHELIUM-DERIVED MEDIATORS

Endothelial cells sense changes (hemodynamic, agonists) in the microenvironment of the vessels and transmit signals to the nearby SM cells to regulate vascular tone. The Endothelium controls the vascular tone by the release of nitric oxide (NO) (48, 67, 107), prostanoids (107) and endothelium derived hyperpolarizing factor (EDHF) (19, 20, 24). These three vasoactive factors are collectively termed as endothelium derived relaxing factors (EDRF). These EDRF's diffuse to the adjacent smooth muscle layer causing the microvessel to relax.

3.3.1 Nitric Oxide

Murrell established nitroglycerine as a treatment for angina in 1897. It took the scientific community more than 100 years to identify NO as the smooth muscle relaxing factor in nitroglycerine. In 1980, Furchgott showed that an intact vascular endothelium is a requirement for acetylcholine (Ach) induced relaxation in isolated rat aorta (48). This study provided evidence supporting NO as an EDRF (47). The works of Ignarro, Moncada and Furchgott further supported the role of nitric oxide as an EDRF (47, 48, 66). In 1988, Moncada discovered that NO is synthesized in the endothelium from L-Arginine, a reaction catalyzed by NOS. Bredt and Snyder successfully cloned the enzyme nNOS in 1991.

In the last two decades, the study of NO has received considerable interest among the scientific community. NO was declared as the molecule of the year in 1992 by magazine "The Science". Another major stimulus to the NO research was in 1998 when the Nobel Prize was shared among Robert F. Furchgott, Louis J. Ignarro and Ferid Murad for work on understanding the physiological role of NO in the vasculature.

NO role in physiology and pathology

NO plays a pivotal role in numerous physiological processes such as angiogenesis, reproduction, inflammation, neurotransmission, platelet and leukocyte adhesion, host defense response, apoptosis, regulation of vascular tone, blood flow etc (2, 47, 66) . It is also involved in various pathophysiological processes like septic shock, atherosclerosis, ischemia/reperfusion injury and carcinogenesis (2, 47, 66). The high reactivity of this molecule, which is due to an unshared pair of electron, is responsible for the complex role of NO in all the physiological and pathological processes.

NO production and action mechanism

NO is produced *in vivo* as a free radical by the action of the enzyme nitric oxide synthase (NOS). Three different isoforms of NOS exist which are either expressed constitutively or their expression is induced by cytokines (109, 113). Inducible NOS (iNOS) produces NO in the nano to micromolar range. Endothelial NOS (eNOS) and neuronal NOS (nNOS) are constitutively expressed and produce NO in the pico to nanomolar range. Endothelial cells (EC) use eNOS to produce NO and maintain vascular homeostasis (49). nNOS produces NO during neurotransmission in central and peripheral neuronal cells.

In the endothelium, NO is produced by the oxidation reaction of guanidino nitrogen of L-Arginine to L-citrulline in the presence of eNOS which is a NOS isoform present in the EC. NO is produced by the EC in response to agonist and hemodynamic stimulation. NO produced in the EC diffuses to the overlaying smooth muscle cells and increases the cyclic guanine monophosphate (cGMP) concentration by a two step reaction kinetics (141). NO diffuses from the EC to SMC across cell membranes and reacts with soluble guanylate cyclase (sGC) to form a 5 coordinate sGC-NO complex. The catalytically active 5 coordinate sGC-NO converts guanine triphosphate (GTP) into cGMP. The increase in cGMP in the SMC results in an increase in protein kinase G (PKG), which decreases the intracellular concentration of free Ca^{2+} . A decrease in free intracellular Ca^{2+} has an inhibitory effect upon activation of myosin light chain kinase (MLCK) and hence results in relaxation of SMC. Relaxation of SMC results in an increase in vessel diameter and hence in increased blood flow (141).

activation of sGC through a wide range (23-250 nM) of NO concentration needed for sGC activation has been reported (6, 25, 127, 141). The in-vitro deactivation life of sGC is 10-100 minutes in the absence of NO scavengers like myoglobin (87) but the in-vivo deactivation life of sGC is less than 2 minutes (107). This allows the SMC to return to pre-NO release contracted state after termination of NO production.

3.3.2 Prostacyclin

Prostacyclin (PGI_2) was first discovered in 1976 and was characterized as an endogenous anticoagulator for platelets as well as a strong vasodilator (13). This novel lipid mediator generated by vascular tissues was the most abundant product of arachidonic acid in vascular tissues and was later named as prostacyclin. Like many other lipid mediators of the eicosanoid family derived from arachidonic acid, PGI_2 is produced by the cyclooxygenase (COX) system. Cyclooxygenase is an integral membrane protein found in microsomal membranes. It was first purified in 1976, cloned by three separate groups in 1988 and is known as cyclooxygenase-1 or COX-1. (74, 75, 132) However in 1991, several other laboratories identified the product of the second gene with cyclooxygenase and peroxidase activities, which was named cyclooxygenase-2 or PGH-synthase-2 (COX-2) (40, 93).

Prostacyclin production and action mechanism

PGI_2 is produced by the COX system. Arachidonic acid is converted to prostaglandin H_2 (PGH_2) by COX which is further converted to PGI_2 by the action of PGI_2 synthase (PGIS) (133). PGI_2 is produced in the body by either COX-1 or COX-2 coupled to PGIS (126). Although, PGI_2 is a primary product of COX-2 in certain systems (11, 14, 91), the situation varies depending on the cell types (82). PGI_2 exerts its

vasodilator effect in various vascular beds by hyperpolarizing the SMC through one of the K^+ channels present in the SMC plasma membrane. The signaling pathway of PGI_2 incorporates a G protein-coupled cell surface receptor termed as IP (17). Activation of IP stimulates adenylyl cyclase leading to an increased production of intracellular cAMP which in turn activates protein kinase A cascade, or calcium mobilization via phospholipase C activation (17, 18). Both endothelial and smooth muscle cells have the capacity to generate PGI_2 via PGIS which acts upon vascular tissues and platelets as a potent vasodilator. However, in rat mesenteric arterioles, PGI_2 is unable to exert a hyperpolarizing effect and hence it is unexpected to exert any vasodilation. However, to confirm the role of PGI_2 -mediated relaxation in rat mesenteric vessels, COX-1 inhibitor (Indomethacin) is used in this study.

3.3.3 Endothelium Derived Hyperpolarizing Factor

Earlier pharmacological studies using various inhibitors of metabolism of arachidonic acid suggested that atleast three different pathways were involved in causing vasodilation. However, at that time only prostacyclin pathway was clearly identified (95). De Mey (29) first proposed the existence of a third pathway as the endothelium-dependent relaxations to acetylcholine obtained in the presence of indomethacin (COX-1 blocker) were abolished by mepacrine (inhibitor of phospholipase A2) whereas the responses to thrombin and ATP were unaffected. Later, Rubanyi (119) and Rubanyi and Vanhouette (120) showed that under different conditions, the biphasic endothelium dependent relaxation to acetylcholine exhibited different susceptibility to antioxidants or to inhibitors of the arachidonic acid cascades, thereby providing an evidence for the involvement of different relaxing factors.

In the late 1970s, Kuriyama and Suzuki observed that acetylcholine produced a contraction and a simultaneous hyperpolarization in rabbit and pig coronary and mesenteric arteries (76). Later, Nikitina determined that acetylcholine was able to produce an endothelium dependent relaxation along with smooth muscle hyperpolarization (101). Thus, it was concluded that endothelium dependent relaxations and hyperpolarizations were more or less resistant to inhibitors of cyclooxygenase and NO synthase. (8, 26, 58, 118) suggesting an additional pathway that involved the hyperpolarization of the smooth muscle which was attributed as EDHF.

Role in Physiology and Pathology

The physiological role of EDHF seems to be more prominent in smaller arteries and arterioles than in larger arteries. This observation has been made in a number of vascular beds, including those from the mesenteric, cerebral and stomach (125, 129, 131, 140). Because of the fundamental role of these smaller vessels in the control of vascular resistance, EDHF seems to play a significant role in the regulation of vascular resistance and thus in the control of blood flow during normal physiologic conditions.

Another physiologic role for EDHF may be in conducted dilations of arterioles. When an artery or arteriole is stimulated to dilate at a particular site, the dilation can be transferred several millimeters upstream and downstream from the foci. This phenomenon is termed conducted vasomotor response (124). This conducted dilation is involved in efficient regulation of blood flow within a microvascular network. For example, optimum blood flow control in the exercising muscle requires an overall coordination of vascular resistances. There can be a risk of insufficient delivery of oxygen during times of maximum exercise in the absence of a functional conducted

dilator response. The conducted dilation is an important aspect of this coordinated response and is required to maximize blood flow control. Local stimulation of endothelial cells with Ach evokes conducted vasodilation. (124). This phenomenon is endothelium dependent which cannot be completely attributed to NO as in some blood vessels NO inhibits conducted vasodilations (108) . This supports the role of EDHF in conducted vasodilations.

EDHF is also found to play a role in initiation and maintenance of vasomotion. Vasomotion is the rhythmic change in arterial or venous diameter which is likely to contribute to the harmonious and efficient distribution of blood flow. EDHF may also help prevent spasm and compensate for disappearance of NO-mediated relaxations under hypoxic conditions. (58)

After many pathologic conditions, dilation produced by endothelium derived NO can be significantly reduced. The reduced dilation can be due to a number of factors like excessive production of reactive oxygen species, which inactivate nitric oxide, and/or dysfunction in eNOS generation of nitric oxide. (22) In contrast, EDHF is resistant to reactive oxygen species. EDHF has been reported to be upregulated after a variety of pathologic conditions when nitric oxide-mediated dilations have been attenuated. The up-regulation seems to occur after ischemia–reperfusion, traumatic injury, congestive heart failure, coronary artery disease, hypercholesterolemia, and angioplasty.

The effect of the pathologic condition on the EDHF response can be due to many factors. In some pathologic conditions, EDHF production can be down-regulated, whereas in other cases it can be up-regulated. (44) In addition, the effect of the pathologic condition on the EDHF dilation could be related to the vessel size, the vascular bed, or

the severity and duration of the pathologic condition. In those pathologic conditions where EDHF is upregulated, it is considered as a protective mechanism that compensates for insufficient endothelium-derived nitric oxide. A number of studies suggest that there is a balance in the nitric oxide and EDHF response. (61, 73, 96) When the nitric oxide-mediated dilation is impaired during pathologic conditions, EDHF is up-regulated sufficiently to maintain normal dilation. Thus, the relative contributions of nitric oxide and EDHF to the overall dilation are adjusted accordingly for the response to remain relatively unchanged.

EDHF Action Mechanism

EDHF-mediated responses involve an increase in the intracellular calcium concentration causing the opening of calcium-activated potassium channels (SK_{Ca} and IK_{Ca} only in case of rat mesenteric arterioles) present in the endothelial cells leading to their hyperpolarization. This results in an endothelium-dependent hyperpolarization of the smooth muscle cells, which can be propagated by direct electrical coupling through myo-endothelial gap junctions/ion channels and/or the accumulation of potassium ions in the intercellular space. Potassium ions hyperpolarize the smooth muscle cells by activating inward rectifying potassium channels and/or Na^+/K^+ -ATPase. EDHF causes smooth muscle to hyperpolarize by 15-30 mV (88, 140). The smooth muscle hyperpolarization causes relaxation by decreasing the concentration of cytoplasmic free Ca^{2+} by closing the voltage-operated Ca^{2+} channels in the smooth muscle cell membrane. The cytoplasmic concentration of free Ca^{2+} is a major determinant of the contractile state of smooth muscle. In addition to regulating Ca^{2+} concentrations, the sensitivity to cytoplasmic Ca^{2+} can be regulated by kinases and phosphatases to alter the contractile

state of vascular smooth muscle. However, it is not known whether EDHF affects vascular smooth muscle sensitivity to Ca^{2+} .

EDHF-Types

The acronym EDHF can be misleading as it implies that a single diffusible substance mediates this type of endothelium dependent relaxation. In fact, there can be many endothelium-derived factors including NO and prostacyclin, which can hyperpolarize the smooth muscle thus acting as an EDHF. Hence, the endothelium mediator which produces hyperpolarization and relaxation should be named adequately rather than being denominated as EDHF. The various endothelium-derived factors which may play a role of EDHF are as follows:

Prostacyclin

Prostacyclin is the major metabolite of arachidonic acid produced by cyclooxygenase in endothelial cells. It activates IP receptors on vascular smooth muscle thereby causing relaxation in many vascular beds. It can cause hyperpolarization depending on the artery and the species by opening one or more types of potassium channels. Thus, ATP-sensitive potassium channels (K-ATP), large conductance calcium-activated potassium channels (BK_{Ca}), inwardly rectifying potassium channels (K_{IR}) and/or voltage activated potassium channels (K_{V}) can play a role in causing prostacyclin-induced relaxation. Hence, in many cases the prostanoid can be regarded as an EDHF. As most of the available inhibitors of cyclooxygenase abolish the production of prostaglandins in vascular tissues, any endothelium dependent hyperpolarization observed in the presence of one of these inhibitors (Indomethacin) will be independent of prostacyclin.

NO

NO also can hyperpolarize vascular smooth muscle cells by activating, potassium channels such as K_{ATP} , BK_{Ca} , K_{IR} , and/or K_v . NO interacts with other ionic channels of the smooth muscle, including chloride and cationic channels as well. NO also influences the membrane potential of the smooth muscle cells indirectly in an autocrine fashion. However, similar to prostacyclin, the effect of NO as an EDHF can be considered abolished in the presence of NOS blockers like L-Name.

Potassium ions

Hyperpolarization of the endothelial cells can help achieve hyperpolarization and relaxation of the underlying vascular smooth muscle cells through potassium ions. The activation of endothelial IK_{Ca} and/or SK_{Ca} causes an efflux of potassium ions from inside the cell. This efflux of potassium in the abluminal direction can lead to its accumulation in the small intercellular space between endothelial and smooth muscle cells. The concentration of K^+ ions diffused to the intercellular space can be sufficient to activate K_{IR} and/or the Na^+/K^+ pump on the SMC. Therefore, potassium ions could contribute to EDHF-mediated responses. (100)

Metabolites of Arachidonic Acid

Products of cytochrome P450 monooxygenase

Epoxyeicosatrienoic acids (EETs), derived from cytochrome P450 2C or 2J epoxygenases as well as their epoxide hydrolase metabolites dihydroxyeicosatrienoic acids, have been reported to induce vasodilation in many blood vessels (42, 43, 114). EETs cause arterial SMC hyperpolarization in coronary arteries thereby enhancing the open-state probability of BK_{Ca} channels. EETs can also activate SMC vanilloid transient

receptor potential channel (TRPV4), which facilitates in increasing the frequency of calcium sparks and transient outward currents. This EET-dependent activation of a calcium-signaling complex (TRPV4-ryanodine receptors-BK_{Ca}) causes SMC hyperpolarization and relaxation. (36)

EETs can play a role in regulating endothelial calcium homeostasis through their action on store-operated Ca²⁺ channels in response to calcium store depletion (139) The endothelial [Ca²⁺]_i controls the activation of endothelial K⁺ channels (IK_{Ca} and SK_{Ca} in rat mesenteric arterioles). EETs may also regulate the activity of endothelial K_{Ca} independently (7).

Products of Lipoxygenases

Endothelial cells can express different lipoxygenases depending on conditions (physiological and/or pathophysiological). These lipoxygenases can metabolize arachidonic acid into relaxing and contracting substances. Thus, 12-(S)-HETE is released from the endothelium by various stimulating factors and functions by activating BK_{Ca} on the smooth muscle cells (39) leading to SMC hyperpolarization and relaxation.

Hydrogen Peroxide (H₂O₂)

Both endothelial and smooth muscle cells generate significant amounts of reactive oxygen species. Superoxide is reduced to H₂O₂ by superoxide dismutase, and can have dilator or constrictor properties and hence can either hyperpolarize or depolarize smooth muscle. (38) However, evidence supporting role of H₂O₂ as an EDHF and its action mechanism is very limited. For example, the type (i.e. IK_{Ca}, SK_{Ca} or BK_{Ca}) and location (i.e. endothelial or the smooth muscle cells) of potassium channels that are activated by H₂O₂ is not yet known. Also, it is unclear whether H₂O₂ diffuses to activate potassium

channels on the smooth muscle or it acts as an intracellular messenger to activate endothelial potassium channels. Likewise, although H_2O_2 is produced in response to an increase in endothelial $[\text{Ca}^{2+}]_i$, (139) it is uncertain whether this pathway is linked to activation of endothelial IK_{Ca} and SK_{Ca} or an independent phenomenon. Moreover, H_2O_2 does not relax or hyperpolarize all vascular smooth muscle cells and hence more research needs to be carried out to substantiate its role as an EDHF by using specific K^+ channel blockers and studying H_2O_2 induced hyperpolarization and relaxation.

C-Type Natriuretic Peptide

C-type natriuretic peptide (CNP) causes relaxation and hyperpolarization of arterial and venous smooth muscle cells by opening BK_{Ca} and hence is proposed to act as an EDHF (134). Experiments in rat arteries suggest that acetylcholine releases CNP from EC activating NPR-C receptors on vascular smooth muscle. Hyperpolarization of the smooth muscle cell is obtained by the cyclic-GMP-independent activation of a G-protein regulated inward-rectifier potassium channel (GIRK). However, more experimentation is required to validate its role as an EDHF. For example, the role of CNP-dependent activation of NPR-C in vascular smooth muscle cells in producing a cyclic GMP-independent, pertussis toxin-sensitive signaling is unknown. The expression and activity of GIRK has been well-characterized in neurons and cardiac myocytes, but the protein expression and characterization of this channel in vascular smooth muscle cells is still unclear. Finally it is not known whether CNP can activate GIRK in any cell type.

3.3.4 Mediators responsible for EDHF induced dilation in rat mesenteric arteriole

Thus from the above discussion of six different EDHF mediators we can conclude that role of NO and prostacyclin as an EDHF is abolished in presence of NOS and COX

blocker. Thus, in this study NO and prostacyclin does not exert an EDHF effect. The K^+ ions can exert an EDHF effect only in presence of IK_{Ca} and SK_{Ca} present in the rat endothelium as stated earlier and hence in the presence of apamin (SK_{Ca} blocker) and TRAM-34 (IK_{Ca} blocker), the K^+ ions cannot cause EDHF mediated dilation. EETs and products of lipoxygenases can exert EDHF effect through either $BKCa$ channels which are not present in rat mesenteric arterioles or through other K^+ channels present in EC which are blocked in this study. Thus, the contribution of metabolites of arachidonic acids mediated dilation in this study is expected to be completely eliminated.

Role of H_2O_2 as an EDHF has not been observed in rat mesenteric arterioles. Although it is believed to exert an effect through potassium channels, its action mechanism is still unclear. Thus, in this study it is not expected to exert any effect in the presence of SK_{Ca} and IK_{Ca} blockers. As CNP induces SMC hyperpolarization through G-protein regulated inward-rectifier potassium channel (GIRK) present on SMC, this pathway is not expected to exert any effect as previous studies eliminate the presence of K_{IR} on rat mesenteric arterioles SMC membrane. Thus, when the endothelial cells of rat mesenteric arteriole are stimulated with Ach, there is an increase in EC calcium which leads to opening of IK_{Ca} and SK_{Ca} channels. As the potassium concentration is higher within the cell, therefore potassium diffuses out of the EC into the inter cellular space resulting in EC hyperpolarization. This hyperpolarization is transferred to the SMC either directly through gap junctions or through the acceleration of Na^+/K^+ ATPase pump (by additional intercellular K^+ ions).

The Na^+/K^+ ATPase pump removes 3 Na^+ and intrudes 2 K^+ ions. Thus, each cycle of this pump is responsible for the removal of one positive charge from the SMC.

Hence, acceleration of this pump leads to SMC hyperpolarization as more positive charge diffuses out of the SMC. SMC hyperpolarization leads to the closure of L-Type voltage gated Ca^{2+} channels. This leads to a decrease in SMC intracellular concentration causing dilation. Thus, we can conclude that in rat mesenteric arterioles, presence of specific blockers of IK_{Ca} and SK_{Ca} , are expected to be abolish all the EDHF mediated dilations. This is shown in Fig 5.

4.0 STUDY OBJECTIVES

This study attempts to elucidate the role of high levels of adrenal cortical hormone, ouabain on vascular reactivity. Previous studies on vascular reactivity in the presence of ouabain are very limited and have been performed in bigger diameter vessels like rat thoracic rings, human arteries etc (30, 137). Blood pressure is primarily regulated in the microvasculature and hence reactivity studies on microvessels provide a better tool to study the role of various agonists in blood flow regulation and regional blood supply. Also, as gap junctions between the SMC and EC are important in intercellular communication, studies on cultured cells may provide limited information for the complex interactions. Also, some of the studies have been performed at very high concentrations of ouabain ($\sim\mu\text{M}$) which is many folds higher than physiological and even pathological level. This might be to study the enhanced effect of ouabain as at lower ouabain concentraions, experimental determination of ouabain induced difference in vascular reactivity might be difficult.

An in-vitro system of carefully isolated microvessels should preserve the gap junctions/ion channels in the two cell types and facilitate studying the simultaneous effect

of agonists on both endothelium and smooth muscle layers. Microarteries (from male-sprague dawley rats) in the diameter range of 250-400 microns (pressurized at 50 mmHg) were chosen for this study, as microarteries in this diameter range are primarily resistance arteries with little or no compliance and provide significant resistance to blood flow (27). The in-vitro system established for this study is also independent of neuronal and hormonal control. The concentration of ouabain used in this study is 100nM which is more close to physiological levels than many other studies. The effect of ouabain on rat mesenteric microvessel has not been published and hence this study will provide data from rat mesenteric arterioles.

Objective#1: This study aims to measure the effect of NE on arteriolar diameter in the presence and absence of ouabain. NE increases SMC Ca^{2+} through IP_3 pathway. Ouabain blocks the Na^+/K^+ ATPase pump leading to further increase in SMC Ca^{2+} by reversing the operational mode of Na^+/Ca^{2+} exchanger.

Objective #2: This study attempts to investigate the effect of Ach on arteriolar diameter in the presence and absence of ouabain. Ach is a known vasodilator and acts by stimulating endothelial release of NO, cycloxygenase-derived products and EDHF factors.

Objective #3: This study will investigate the relative contribution of endothelium-derived mediators in Ach-induced relaxation in the presence and absence of ouabain. Ach-induced relaxation will be studied by blocking individual pathways.

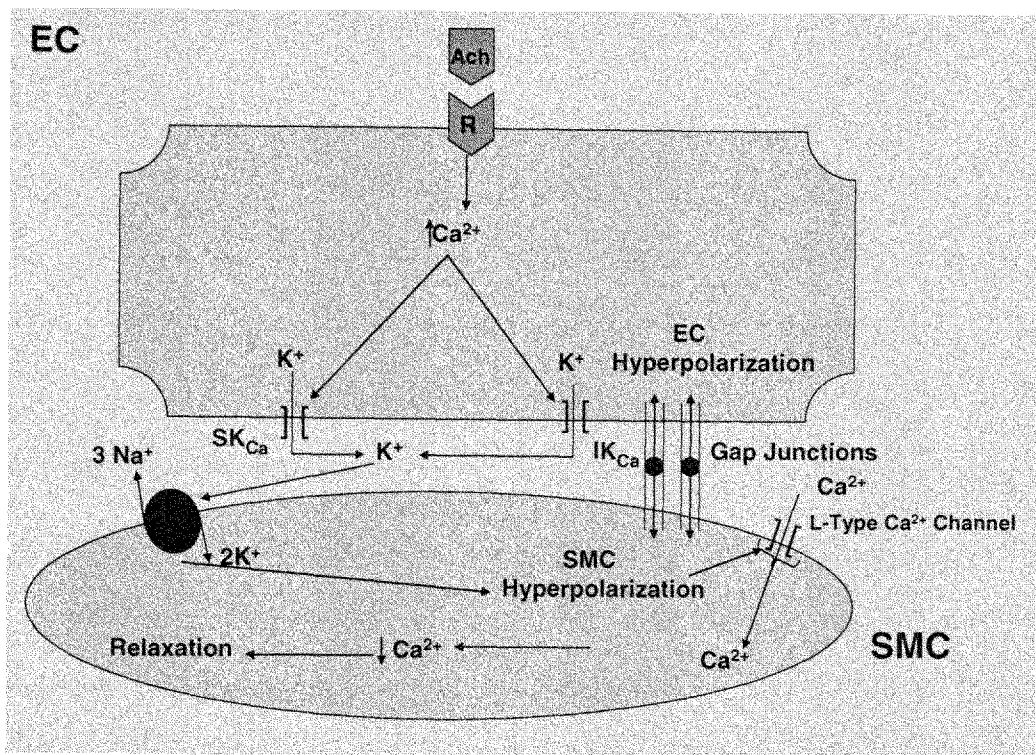


Figure 5: A detailed figure showing the effect of EDHF action mechanism through SK_{Ca} and IK_{Ca} channels in rat mesenteric artery.

CHOICE OF ANIMAL AND TISSUE

Male Sprague Dawley rats weighing 250-300 g and 2-3 month old were chosen as the animal subject in order to facilitate comparison of the results of this study with available literature. Sprague Dawley rats are easily available and can be housed at the animal care facility at Florida International University (FIU). The study is performed on intact rat mesenteric arteries as these are high resistance arteries with small diameters (250-400 microns) and hence they play a significant role in blood flow regulation. The mesenteric artery is easily accessible and well studied.

5.0 EQUIPMENT AND INSTRUMENTATION

5.1 PERFUSION CHAMBER

The perfusion chamber used in this study was obtained from Living Systems Instrumentation, VT, USA (Model CH1/SH). The chamber allows to mount intact microvessel with the help of glass cannulas. The vessel chamber allows three dimensional movements of cannulas. The transparent round glass coverslip (150-200 microns) allows bright field measurements of the microvessel. The prefabricated chamber has a self-heating thermistor controlled by a temperature controller (Model TC-01, Living Systems Instrumentations, VT, USA), which helps maintain a constant bath temperature (37°C) during experimentation. The chamber has a bath volume of 5ml which is suitable to cover the microvessel. The inlet and outlet port of the vessel chamber allows replacing the superfusate solution and regulating superfusate level in the bath.

The chamber was connected with silicon tubings (Cole Parmer, IL) and used borosilicate glass cannulas (Model GC-12, Living Systems Instrumentation, VT) with an internal tip diameter of 100-200 microns. The smooth beveled tip cannulas allow easy cannulation of the microvessel resulting in minimal damage to the endothelium.

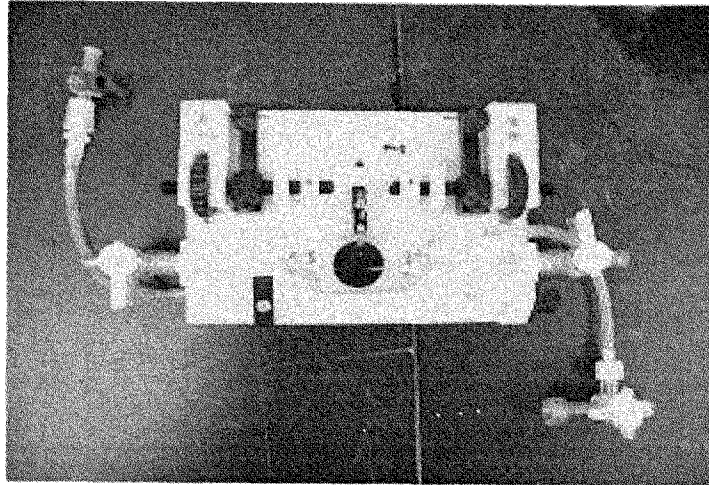


Figure.6: Perfusion chamber (Living Systems Instrumentation, Model CH/SH 1)

Pressure transducers (Model PT/F, Living Systems Instrumentation, VT) were used in line with perfusion systems (Bioscience Tools, CA USA) to monitor perfusion pressure on both ends of the vessel. The pressure transducers were connected to pressure servo controller (Model PM/4, Living Systems Instrumentation, VT (pressure range: 0-200 mmHg)) to facilitate regulation of perfusion pressure and perfusate flow. Fast and accurate measurement of perfusion pressure is critical for the operation of servo control mechanisms as well as for vessel viability.

Temperature control

The self heated vessel chamber is fitted with a thermistor sensor (tip dia~1.2mm, Living systems Instrumentations, VT, USA) which helps maintaining and measuring temperature of the bath solution. The thermistor sensor allows real time measurement of bath temperature by sending the temperature signal to the temperature controller (Model TC-01, Living Systems Instrumentation, VT, USA). The temperature controller can maintain bath temperature within a set range ($\pm 3^{\circ}\text{C}$) during the course of experiment.

The bath temperature is set to physiological temperature i.e. 37°C which is important to obtain vessel response to different stimuli as well as maintain vessel viability during the course of experimentation.

Pressure Servo Controller

The pressure servo controller is used along with the peristaltic pump to regulate pressure and flow through the perfusion lines and the vessel. The servo controller can be used in either automatic or manual mode. The two different modes facilitate to test for leaks in the vessel. Also, the intra-luminal pressure is regulated with the servo controller working in automatic mode. The peristaltic pump can operate in pressure as well as flow mode. It can regulate pressure in the range 0-200 mmHg and flow in the range 3 μ L/min-2.5 ml/min. The pump is used in the pressure mode along with servo controller to regulate the intra-luminal pressure of the vessel.

Flow Pump

A peristaltic pump (Model FC (Living Systems Instrumentation, VT, USA) was used to superfuse different solutions in the vessel chamber. The flow rate of the pump was set to 5ml/min so as to replace the bath volume in 1 minute. An alternate method also used for superfusing solutions was by adding solutions directly to the bath using a syringe. Another pump (Model 77120-62, Masterflex,USA) was connected with the outlet port of the vessel chamber to remove the superfusate simultaneously. This is required for rapid exchange of bath solution as well as maintaining constant bath level to avoid spilling of the solution on the objectives of the microscope. The flow rates of both the pumps were kept the same so that the bath volume remains constant during experimentation. However, the studies were done under no flow condition and hence the

pumps were used to replace the bath solutions only. This was done to study only the effect of agonists on vascular reactivity. Hence, performing the studies in the absence of flow provide a better tool to eliminate the effect of flow on vessel responses.

5.2 MICROSCOPY

Nikon dissection microscope (Model SMZ645) was employed for microdissection i.e. removal of fat from the mesenteric microvessel and identifying artery from vein. The same microscope was also employed for adjusting the two cannulas at the same level, cannulating the microarteries and suturing the microarteries to the glass cannulas. Olympus fluorescent microscope (Motorized Inverted Research Microscope IX-81, USA) was used in bright field mode. The microscope components critical for bright field experiments were:

Olympus shutter, Olympus lamp and Camera

Olympus shutter was used to control exposure time of the light from Olympus lamp (IX-2 UCB) onto the vessel. The exposure time was set so that the vessel can be seen clearly on the screen and hence the diameter measurements can be performed using the IPLab 3.6.3 software.

The Olympus lamp (IX-2 UCB) was used to provide visible light to the vessel. The intensity of the light was controlled manually from the microscope or from the software IPLab 3.6.3.

Cooled mono 12 bit Retiga Q imaging camera (Model EXi) is employed for image acquisition. The camera was operated at a gain of 1557 and an offset of 2048. The

gain and offset for the camera were maintained to acquire consistent and comparable results

Objective

Objective with magnification of 4X was used to record images for this study. The objectives have to be focused to get a clear picture of the vessel. The focusing is done manually using the microscope. The various specifications of the used objective are

Magnification	Numerical Aperture	Working distance (mm)	Depth of field
4X	0.16	8.2	55.5

Table 1: Important objective (4X) characteristics

IPLab 3.6.3 for windows

Software IPLab3.6.3 Windows version (Scanalytics, VA, USA) was used to control the microscope and the associated hardware. IPLab3.6.3 allows control of shutter, filter wheel, camera and objectives. The diameter measurements were recorded with the help of the software manually as well as with the script for measuring diameter in bright field mode.

6.0 METHODS AND PROCEDURES

6.1 CONTROL SOLUTION

Hyclone cell culture grade water (Hyclone, Utah, USA) was used in preparing control solution for the study. The control solution was prepared to make the solution physiological in terms of osmolarity and pH. This is necessary for to obtain vessel response as the cells can die if placed in non-physiological solution. The composition of the control solution is given in the table below.

Salt	Concentration (mM)
NaCl	118.7
KCl	5
CaCl ₂	2.5
MgSO ₄	1.2
KH ₂ PO ₄	1.2
HEPES	20
Glucose	5

Table 2: Composition of the control solution

The various salts and concentrations used to prepare the solution were obtained from protocols used by other studies. The control solution was filtered before experimentation to remove any impurity from the salts and avoid contamination during experiments. The prepared solution was checked for osmolarity and pH before each experiment to ensure the solution had a physiological osmolarity range (280-300mOsm) and pH range (7.4±0.05). This is important for keeping the cells functional and obtaining response from the vessel. The pH was adjusted using 1M NaOH solution. The osmolarity was measured using the osmometer (Advanced Instruments, USA) and pH using the pH meter (Fischer Scientific, USA).

VASOACTIVE AGENTS

All the chemicals and drugs were obtained from sigma chemicals, USA except for KB-R7943 which was purchased from Calbiochem, USA. Fresh solutions were prepared before every experiment and serial dilutions were made to obtain the required concentrations.

NE as a vasoconstrictor

Norepinephrine (NE) was used as an agonist for vasoconstriction in a concentration range of 0.1 μ M to 10 μ M. NE was superfused in the bath of the vessel chamber to act on the smooth muscle cells of the microartery. The NE increases the intracellular Ca²⁺ in the SMC through IP₃ pathway thereby leading to vessel constriction. The NE was stored in powdered form at -20°C in a sealed container. The starting solution of 10mM NE was prepared before every experiment. The solution was then serially diluted to obtain working NE solutions of concentration 0.1 μ M, 0.2 μ M, 0.4 μ M, 1 μ M, 3 μ M and 10 μ M. These concentrations were used as they provide a broad range of constrictions in the vessels starting from low constriction (at 0.1 μ M) to maximum constriction (at around 10 μ M). More number of points provides a better curve and more accurate EC₅₀ values. The working solutions were then tested for osmolarity and pH and were determined to be in working range of 280-300 mOsm and pH of 7.4 \pm 0.05. NE was superfused with the help of a peristaltic pump at a flow rate of 5ml/min to ensure a complete bath solution (~5 ml) turnover in 1 min. The outlet pump was connected at the outlet port of the vessel chamber to ensure a constant level of bath solution.

Acetylcholine as a vasorelaxant

Acetylcholine was applied as an agonist to produce vasorelaxation from a concentration range of 1nM to 10 μ M. Ach stimulates endothelial cells to produce various signaling factors like NO, prostacyclin and EDHF. This endothelial generated signaling is transferred to the underlying SMC thereby causing relaxation. A 10mM stock solution of Ach was prepared before each experiment. The solution was then serially diluted to obtain working Ach concentrations of 1nM, 10nM, 30nM, 100nM, 1 μ M, 10 μ M and

100 μ M. These concentrations were used as they provide a broad range of relaxations in the vessels starting from lower relaxation (at 1nM) to maximum relaxation (at around 100 μ M). More number of points provides a better curve and more accurate EC50 values. The working solutions were checked for osmolarity (280-300) and pH (7.4 \pm 0.05). The working solutions were continually perfused at 37 $^{\circ}$ C through the microartery at approximately 50 μ L/min using a 20 mmHg pressure difference across the perfusion chamber as a driving force. The flow rate and pressure difference used here generates a wall shear stress at the vessel wall which lies in the range of physiological pressure (1-10 dynes/cm²) and hence maintains the integrity of the endothelium. Higher pressure gradient can result in higher flow rate, which can damage the endothelial monolayer. Short flow lines ensured a small dead volume and hence rapid switching between agonist and control solution through the microvessel. Extreme care was applied to ensure complete removal of bubbles in the perfusion line as presence of bubbles can also damage the endothelium.

6.2 BLOCKERS USED

Indomethacin

Indomethacin solution (10 μ M) was perfused through the microvessel to block COX-1 which is responsible for the production of prostacyclin by the endothelium. Indomethacin was perfused for 25-30 mins followed by a 5-10 min washout period. This ensured complete blockade of COX-1. All the Ach solutions were then perfused and diameter responses to different Ach concentrations were obtained to study the contribution of prostacyclin in causing relaxation.

L-Name

L-name solution (350 μ M) was perfused through the microvessel to block the effect of NO in causing vessel relaxation. L-Name blocks eNOS, thereby inhibiting the endothelium from producing NO. L-Name was perfused for 25-30 minutes followed by a wash out period of 5-10 mins. This ensured complete eNOS blockade. All the working solutions of Ach were again perfused and diameter-concentration dose response curves were obtained to study the contribution of NO in causing vasorelaxation.

Apamin

Apamin solution (10 μ M) was used to specifically block SK_{Ca} channels in the endothelium of the microvessel. The solution was perfused through the artery for 25-30 minutes followed by a 5-10 min washout period. This was used in conjunction with IK_{Ca} channel blocker (Tram-34) to completely block the EDHF effect. The K⁺ channels cause endothelium-dependent smooth muscle hyperpolarization leading to closure of VGCC thereby causing smooth muscle relaxation. Hence, their blockade should be able to abolish EDHF-mediated relaxation. The IK_{Ca} blocker used is described below.

Tram-34

Tram-34 solution (0.1 μ M) was used to block IK_{Ca} channels in the endothelium of the microvessel. As, the EDHF effect in rat mesenteric arterioles is mediated by calcium-activated potassium channels present in the EC layer (i.e. SK_{Ca} and IK_{Ca} in this case), therefore both Apamin and Tram-34 were used to eliminate the EDHF effect in vasorelaxation. Perfusion and washing times used for Tram-34 are similar as for Apamin. Different Ach solutions were then perfused after perfusing both apamin and Tram-34 to obtain diameter- response curves.

Ouabain

Ouabain solution (200nM) was prepared and mixed in equal amounts with various NE concentrations to have 100nM ouabain concentration in all the NE solutions. Ouabain was used to block the Na⁺/K⁺ ATPase pump in the vascular SM. Different concentrations of NE having 100nM ouabain were then perfused to obtain dose response curves. Effect of ouabain on Ach-induced relaxation was measured by perfusing Ach solutions (1nM-100μM) to vessels precontracted with 0.5μM NE and 100nM ouabain.

KB-R7943

KB-R7943 (2-(2-(4-(4-Nitrobenzyloxy) phenyl) ethyl) isothioureia, methane sulfonate) was stored as a stock solution in DMSO. 4 μM of KB-R7943 solution was prepared and mixed with equal amounts of NE solutions to have 2μM of KB-R7943 in all the NE solutions. KB-R7943 was used to block the Na⁺/Ca²⁺ exchanger operating in reverse mode. The effect of KB-R7943 on NE response in presence of ouabain was studied by adding it to the superfusate containing 0.5μM NE and 1μM Ouabain.

RAT EUTHANASIA MICRODISSECTION AND CANNULATION

All procedures and protocols used in this study were approved by the institutional animal care and use committee (IACUC) at the Florida International University (approval # A3096-01). Male Sprague Dawley rats (2-3 month old weighing 200-250 g) were obtained from Harlan (Indiana, USA) and housed at FIU animal care facility. Rats were euthanized with 100% CO₂ in a gas chamber.

Rat dissection was performed under sterile conditions and the mesenteric arcade was excised and immediately transferred to the control solution at 5°C. Immediate transfer of the mesenteric arcade to the control solution at 5°C reduces damage to the

mesentery. An intact mesenteric arcade was selected and was fixed to a sylgard coated dissection dish using pins (Fig.7). Care was taken to always submerge the mesenteric arcade under cold control solution by continually replacing the control solution in the dissection dish with fresh control solution at 5°C.

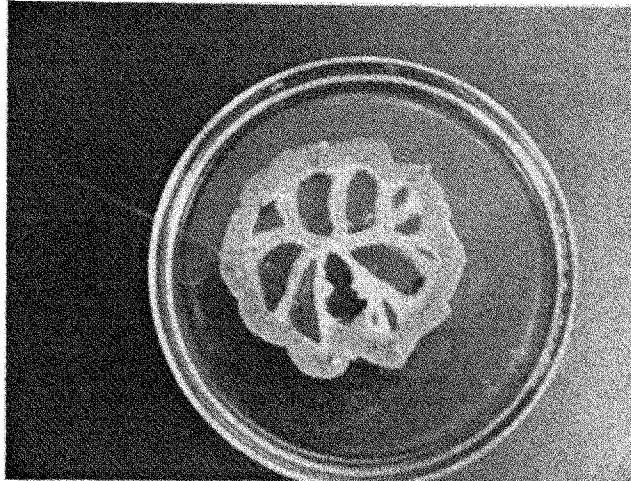


Figure 7: Rat mesenteric arcade spread in control solution at 5°C.

The mesenteric arcade is placed on a sylgard coated dissection dish and fixed using pins. Microsurgery was performed under dissection microscope to physically remove the fat surrounding the microartery. Care was taken to ensure selection of approximately 0.5 mm long arteriolar segment without branches or leaks. The microartery was successfully distinguished from a microvein based upon the vessel wall thickness and vessel compliance and isolated. Physical removal of fat and vessel isolation was preferred over chemical digestion of fat. Physical vessel isolation technique is tedious and requires longer period of time but has been determined to be the method of least damage to the microvessel (35). The final cutting of the vessel from the mesentery is extremely critical to experimental success and was performed under fresh cold control

solution to prevent the microvessel from spasm. The isolated vessel was immediately transferred to the microvessel cannulation chamber containing control solution at 5°C. Microsutures were obtained from Living Systems Instrumentation, VT, fashioned in to knots and loaded on to the cannulas beforehand. Care was taken to keep the suture length short to prevent them from accidentally touching the microartery during the experiment. Cannulas and perfusion tubing were flushed with control solution at the start of the experiment to prevent air pockets and air bubbles within the perfusion line. Removal of bubbles is imperative for a successful experiment as air pockets can disrupt the endothelial monolayer of the microartery. The system was continually tested for presence of air pockets by observing the response time of the system to a change in servo pressure controller set point. A delayed servo response to a change in set point indicated the presence of air bubble in the lines.

Microvessel was allowed to stabilize to the new environment for 5 minutes. It was lifted from one end and slipped over the glass cannula connected to the servo control-peristaltic pump combination. The cannulated end was secured with the help of two microsutures tied gently around the microvessel (Fig.8). Care was taken to maintain the physiological direction of flow through the microartery. The microartery was always lifted from the ends to prevent any damage to the SMC at the region of interest due to handling. The cannulated end was gradually pressurized up to 5 mmHg to remove the blood inside the vessel lumen.

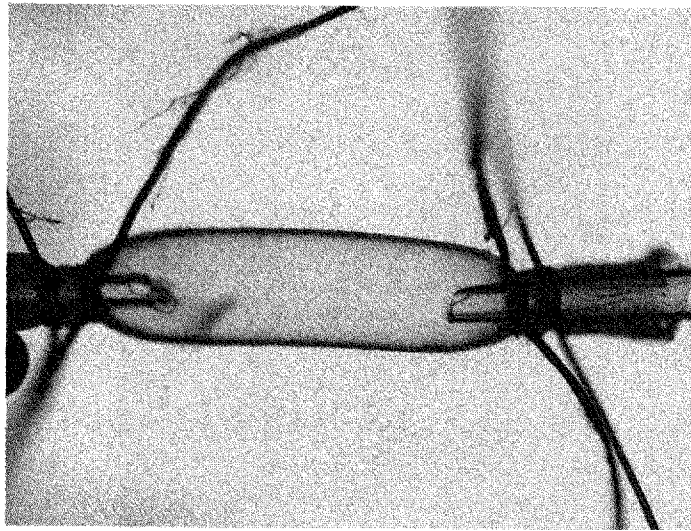


Figure 8: Bright field image of a cannulated rat mesentery microartery secured with the help of two microsutures (imaged using Olympus 4X objective). The diameter of the vessel pressurized to 50mmHg is ($\sim 300\mu\text{ms}$).

Care was taken to maintain extremely low flow rate of control solution through the vessel to avoid erosion of the endothelial monolayer. After removal of intraluminal blood, microvessel perfusion was stopped and the second end was cannulated and secured using two microsutures. Four microsutures are sufficient to withstand a pressure of up to 150 mmHg in the vessel. The microvessel was pressurized to 80mm Hg and then the bend formed was removed by adjusting the cannulas. This is done to pre stretch the microvessel so that it responds maximally to various agonists. The pressure was then reduced to physiological pressure of 50 mmHg and the vessel was tested for leaks by switching the servo controller from automatic to manual mode and observing any changes in the intraluminal pressure. A significant drop in intraluminal pressure indicates a leak. Only vessels without leaks were considered for experimentation.

6.3 EXPERIMENTAL SET UP FOR APPLICATION OF AGONISTS TO SMOOTH MUSCLE AND ENDOTHELIUM

The experimental set-up for superfusing vasoactive agents like NE, Ouabain and KB-R7943 and perfusing agonists and/or blockers like Ach, Indomethacin, L-Name, Apamin and Tram-34 is shown in Fig.9. The set-up established is ideal for experiments involving continuous superfusion and can be adapted depending upon the individual experimental protocol. The present set-up is sufficient for the proposed experiments involving application of NE, Ouabain and KB-R7943 to the microarteries by superfusion and application of Ach, Indomethacin, L-Name, Apamin and Tram-34 to the endothelium by perfusion.

6.4 BRIGHT FIELD IMAGING, DIAMETER MEASUREMENTS, RECORDING MOVIES FOR VASOMOTION

Imaging criterion was fixed to ease comparison of data. The microartery was imaged with IPLab3.6.3 software using light from Olympus lamp. The exposure time was set to obtain a clear picture of the vessel. IPLab3.6.3 ratio plus extension was used to acquire images, which were stored for future analysis and post processing. The vessel response to various stimuli was recorded by either taking snapshots or by making a movie with time frames of 5 sec. All the vasomotion movies were recorded using a time frame of 1 sec only to measure amplitude and frequency of oscillations.

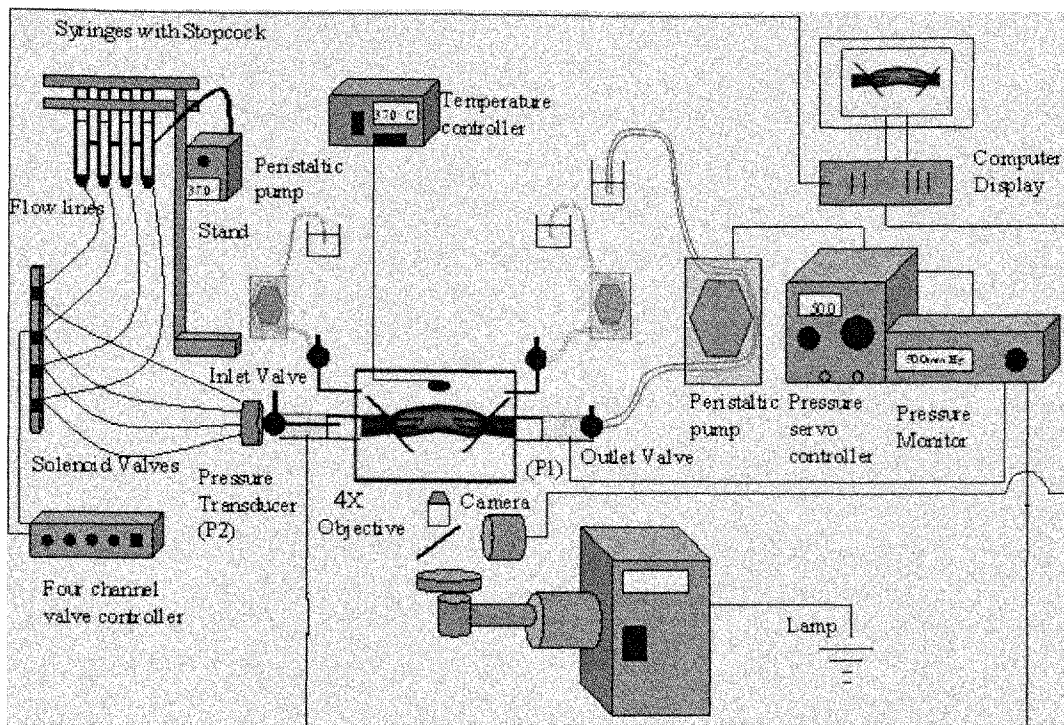


Figure 9: Experimental set-up for application of agonists' through continuous superfusion and perfusion.

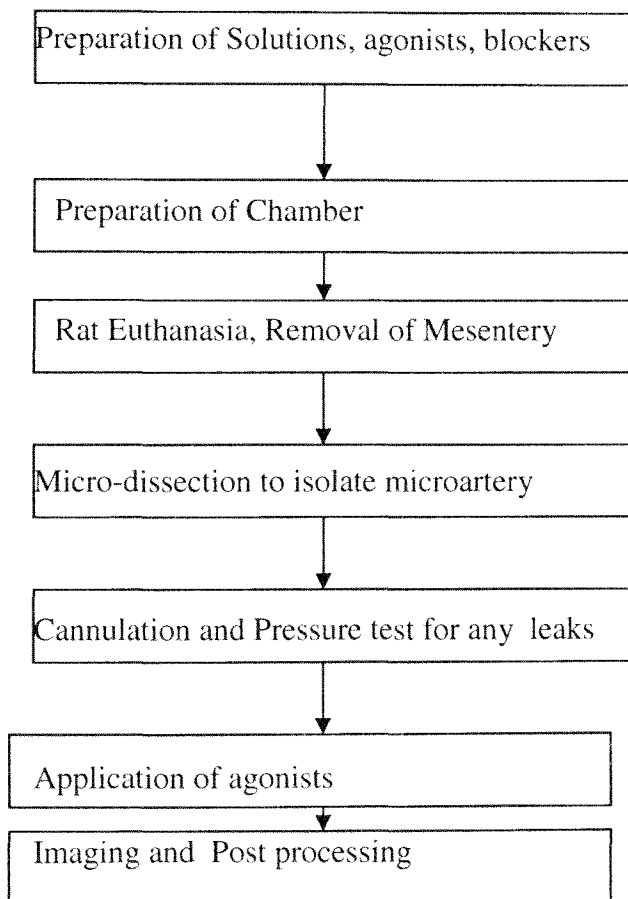
6.5 POST PROCESSING

Images were also post processed using IPLab3.6.3 to obtain diameter changes at different cross-sections. Diameter measurements were made manually as well as using the script in the software for measuring diameters in bright-field mode. The diameter data was exported to Microsoft Excel for the characterization of the response. The diameter responses were normalized and plotted against the concentration of agonists in a logarithmic scale. EC_{50} values were then determined using Hill plot equation as described later.

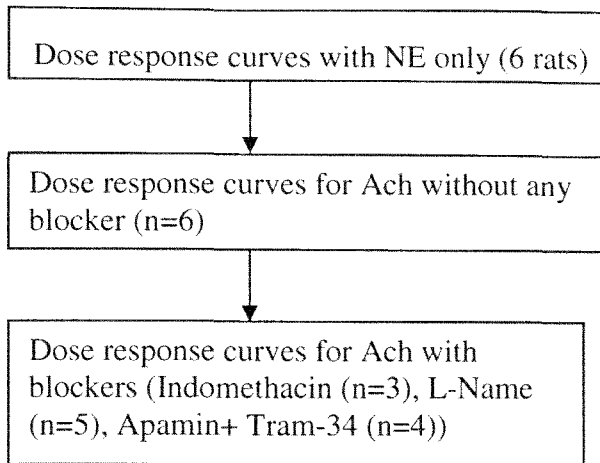
6.6 STATISTICS

Dose response curves were analyzed statistically by using two way analysis of variance (ANOVA) test for multiple comparisons. Constrictions /relaxations were compared at individual agonist concentrations and the points which were determined to be statistically different were shown with a symbol. The two-way ANOVA was used to compare the difference between individual blockers and the Post-Hoc test (Tukey test) was used to determine the significance values for each of the point.

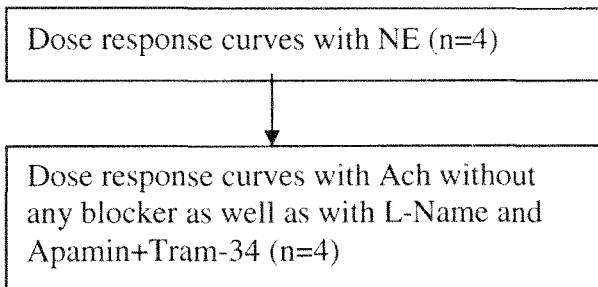
SUMMARY OF EXPERIMENTATION



Without Ouabain (Control experiments)



With Ouabain



7.0 RESULTS

7.1 Pressure vs Diameter

Increase in intra-luminal pressure causes an increase in microvessel diameter. As shown in Fig 10 a & b, an increase in pressure leads to a decrease in the slope of the pressure vs diameter curve and at 80mm Hg pressure the slope tends to reach a plateau. Normalized data from 5 separate rat experiments is shown in Fig. 10a whereas average normalized diameter increase is represented in Fig. 10b. On increasing the intra-luminal

pressure to 80mmHg, the microvessel diameter increased by 44.5(\pm 1.5) % and the slope of the curve approaches a plateau.

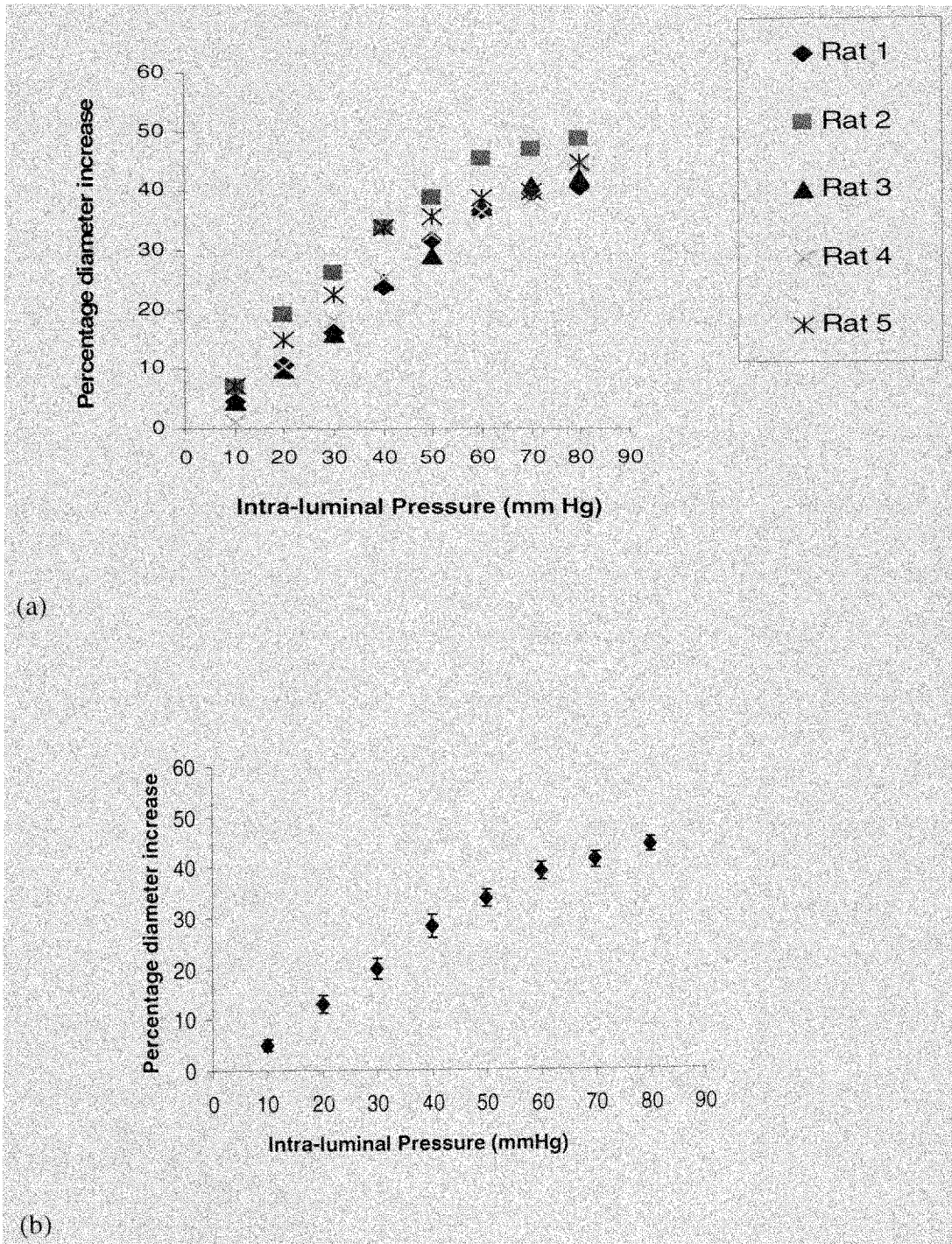


Figure 10: Diameter response to increase in intra-luminal pressure from 0 to 80mmHg in isolated intact rat mesenteric arteriole. Vessel diameter tends to plateau as the pressure

reaches 80mm Hg exhibiting myogenic response. Diameter increase is normalized over basal diameter at 0mmHg.

In (a) raw data (n=5) is shown whereas in (b) data is shown as percentage mean relaxation \pm SEM; n=5.

7.2 Control studies of vascular reactivity

7.2.1 Effect of vasoconstrictor NE on vessel diameter

Vasoconstriction was obtained upon application of NE showing an intact and functional SM layer. NE concentration in the bath chamber was progressively increased to 0.1 μ M, 0.2 μ M, 0.4 μ M, 1 μ M, 3 μ M and 10 μ M. As the NE concentration was increased, a higher constriction was observed in the microvessels. A concentration-response curve was obtained showing microvessel constriction resulting from different NE concentrations. Fig. 11a shows raw data obtained from 6 rat experiments whereas Fig. 11b shows the mean percentage relaxation (\pm SEM). Constriction was calculated based on the basal diameter of the vessel without NE in the bath solution. The normalized percentage constriction at any NE concentration C_i was calculated using the formula:

$$\% \text{ Constriction (at } C_i) = (D_0 - D_i) / D_0 \dots\dots\dots (1)$$

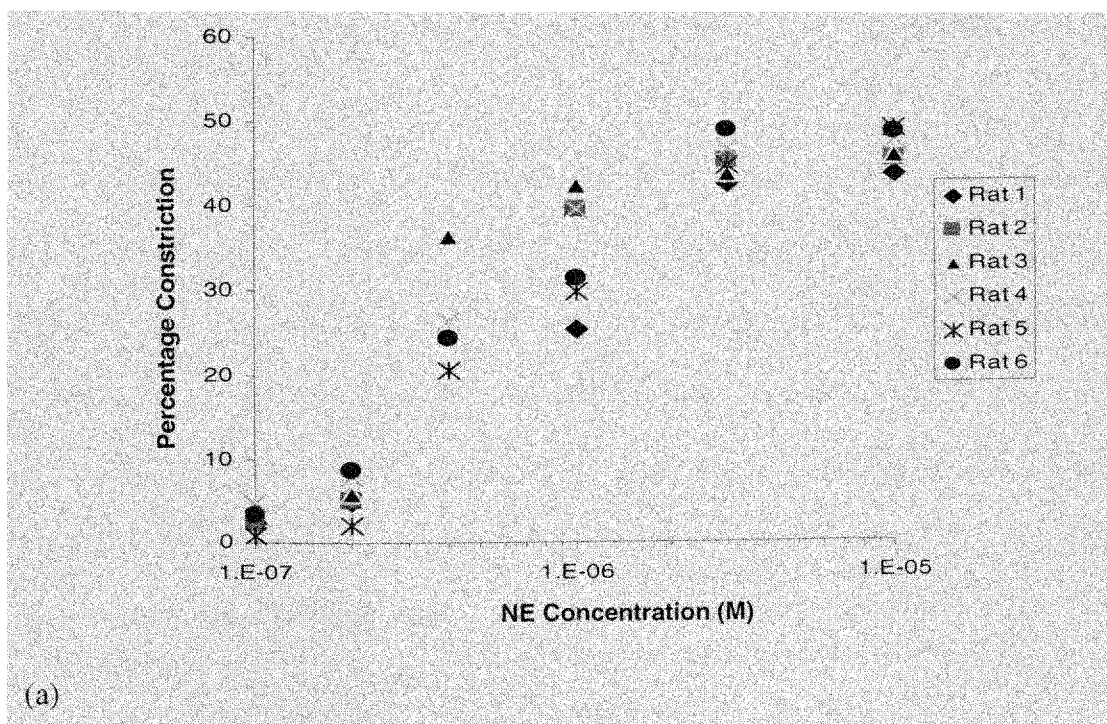
Where, D_i is the vessel diameter at NE concentration C_i and D_0 is the basal diameter of the vessel without NE in the bath solution.

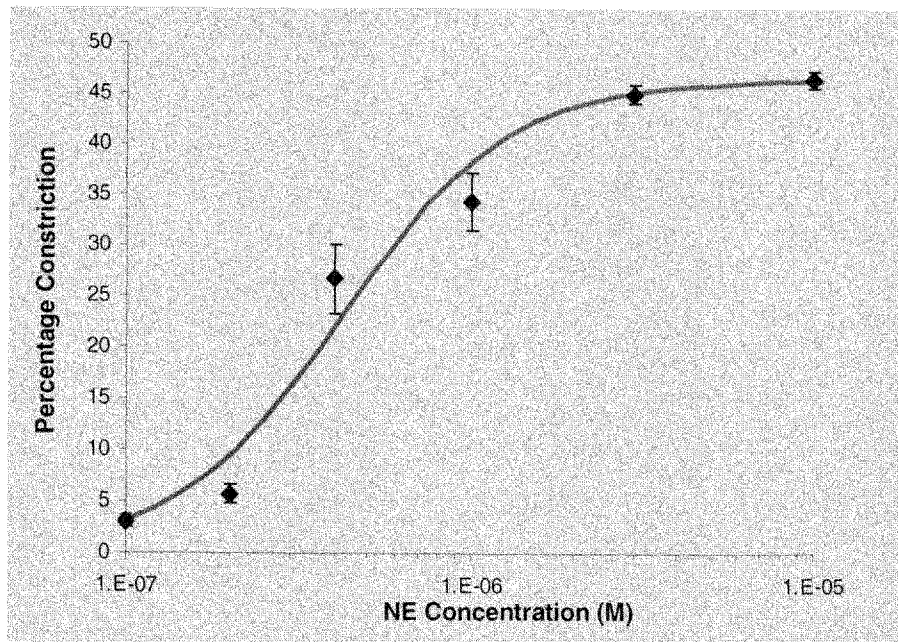
A maximum constriction \pm SEM of 46.5 (\pm 2.5%) was obtained at 3 μ M NE as shown in Fig. 11b. The EC_{50} i.e. the concentration of NE to obtain 50% of the maximum constriction was calculated from the dose-response curve using the Hill equation. As the constriction response curve followed a sigmoidal shape, a Hill equation was used to describe the curve:

$$R_i = R_{\max} C_i^n / (C_i^n + EC_{50}^n) \dots\dots\dots (2)$$

Where, R_i is the constriction at concentration C_i of NE and R_{max} is the maximum constriction.

The values of hill coefficient (n) and EC_{50} were calculated by plotting $\log_{10} [R_{max} / (C_i^n + EC_{50}^n)]$ vs $\log_{10} [C_i]$ and fitting a line through the curve. The slope of the line provided the value of n whereas the value of EC_{50} was calculated with the help of the both intercept and slope [$EC_{50} = \text{Intercept}/n$]. To further optimize the value of EC_{50} obtained from above method, the constriction values corresponding to various concentrations of NE were calculated from the Hill equation (eqn 2) using the values of C_i , R_{max} , n and EC_{50} . The constriction values obtained experimentally and from the Hill equation were subtracted, squared and the sum of square of errors was calculated. Now, the value of square of sum of error was minimized by changing EC_{50} and hill coefficient (n). The EC_{50} values were obtained for individual experiments to obtain the result as average \pm SEM and were found to be $0.46(\pm 0.15) \mu\text{M}$.





(b)

Figure 11: Concentration-response curve for NE induced constriction in isolated rat mesenteric rat arterioles. Increase in NE concentration ($0.1\mu\text{M}$ - $10\mu\text{M}$) caused an increase in vessel constriction leading to maximum constriction of $46.5\pm 2.5\%$ and EC_{50} of $0.46 \pm 0.15\mu\text{M}$. Constriction is normalized over basal diameter i.e. the diameter at 50mmHg without NE in the chamber bath.

In (a) raw data is shown; ($n=6$) whereas in (b) data is expressed as percentage mean constriction \pm SEM; ($n=6$).

Vasomotion was observed almost every time after NE application showing intact and functional ion channels/gap junctions thereby proving good handling of the vessel. Vasomotion, which is characterized by a rapid oscillation of vessel diameter, occurs on application of vasoconstrictors like NE and KCl and is reported as a random event (121). A diameter oscillation is shown in Fig 12 as a function of time from a single experiment. Vasomotion was observed in the NE concentration range $0.4\mu\text{M}$ - $1\mu\text{M}$ with an average time period of $4 (\pm 1.5)$ seconds.

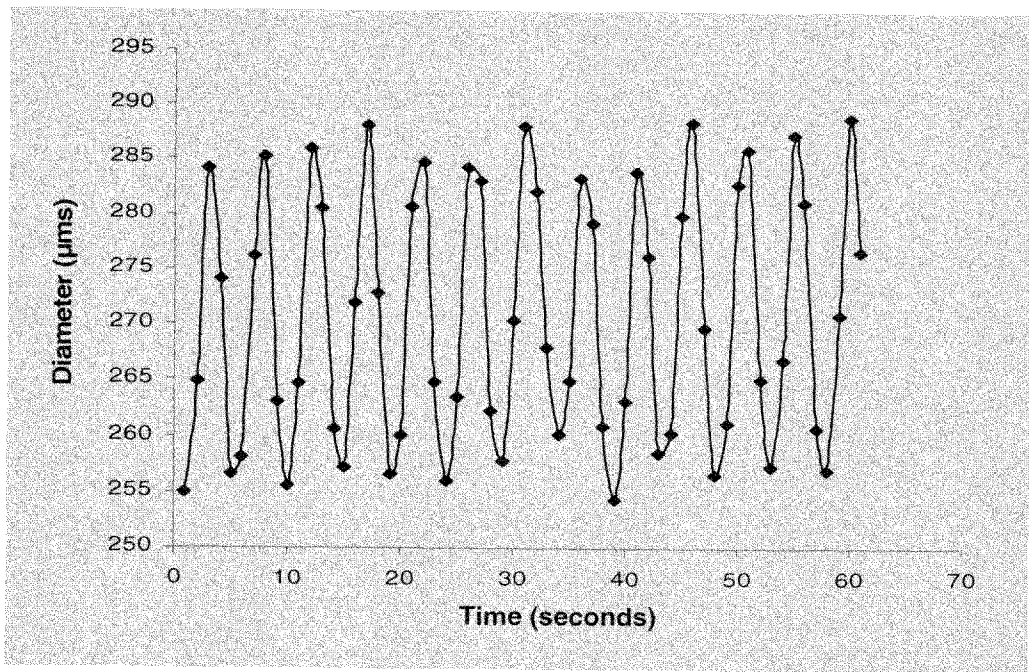


Figure 12: Application of NE in the concentration range $0.4\mu\text{M}$ - $1\mu\text{M}$ often resulted in vasomotion. The diameter oscillations observed have an average oscillation period of $4 (\pm 1.5)$ seconds.

7.2.2 Acetylcholine-induced Relaxation

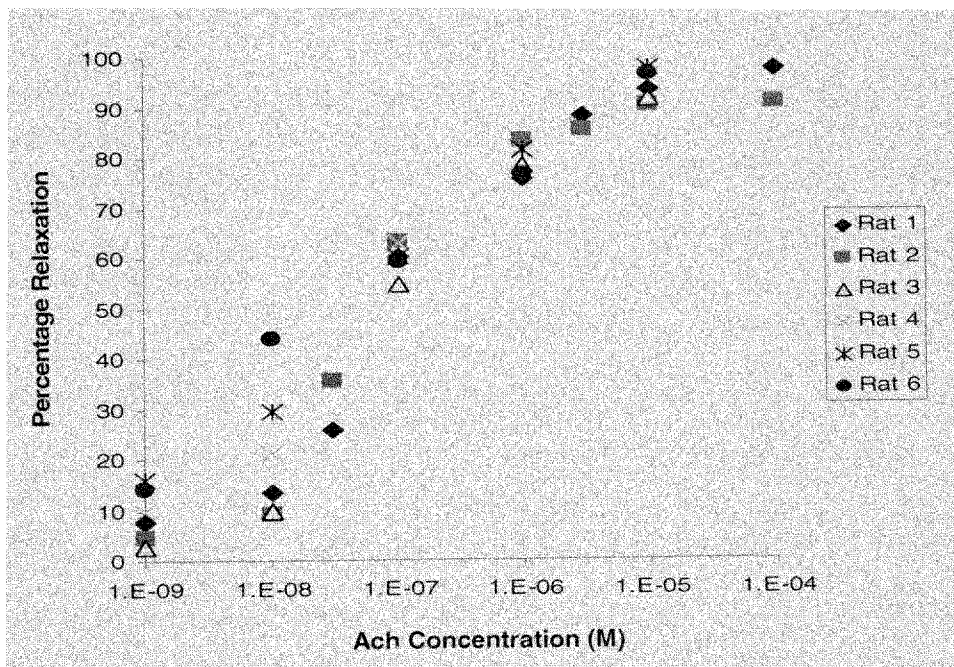
Vasorelaxation was obtained on application of acetylcholine to the arterial endothelium showing an intact and functional endothelium. The microarteries were pressurized to 50 mmHg and precontracted with $1\mu\text{M}$ NE. The concentrations of Ach used were 1nM , 10nM , 30nM , 100nM , $1\mu\text{M}$, $10\mu\text{M}$ and $100\mu\text{M}$.

Ach induced a dose-dependent relaxation of the NE precontracted microvessel as shown in Fig 13. Raw data from 6 different rat experiments is shown in Fig. 13a, whereas an average relaxation-concentration curve is shown in Fig. 13b. All the relaxations were normalized using the formula:

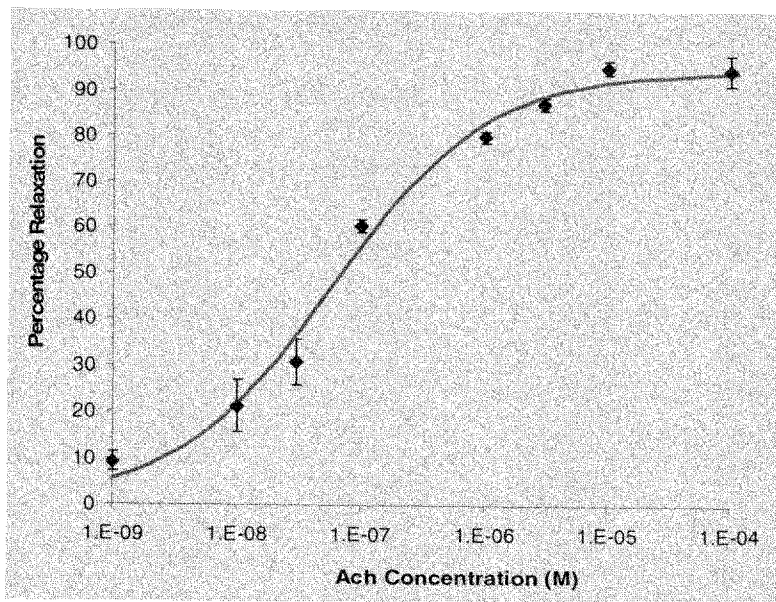
$$\% \text{ Relaxation (at } C_i) = (D_i - D_o) / (D_t - D_o) \dots \dots \dots (3)$$

Where, D_i is the diameter of the vessel obtained after perfusing concentration C_i of Ach, D_o is the diameter of vessel after precontraction with NE and D_1 is the initial diameter of the vessel before precontraction.

Ach was able to completely reverse the NE induced constriction, thereby relaxing the vessel to its original diameter. The EC_{50} value i.e. the concentration of Ach required to relax the vessel to 50% of its maximum relaxation was obtained following the same method as used for NE-induced constriction (Hill equation) and was found to be $50 (\pm 24)$ nM. The maximum relaxation obtained was $95 (\pm 4.5) \%$.



(a)



(b)

Figure 13: Concentration response curve for Ach-induced relaxation in isolated intact rat mesenteric arterioles precontracted with 1µM NE. Ach was able to almost completely reverse NE induced constriction giving a maximum relaxation of 95(±4.5) % and EC50 of 50±24nM.

In (a) raw data is shown; (n=6) whereas in (b) data is expressed as percentage mean relaxation ± SEM; (n=6).

7.2.3 Effect of Indomethacin on Ach induced relaxation.

Indomethacin solution (10µM) was perfused for 30 minutes to block COX-1 following the same procedure as for Ach. COX-1 is responsible for the production of prostacyclin in the endothelium of rat mesenteric artery and hence its inhibition blocks the prostacyclin pathway of Ach-induced relaxation. Indomethacin was perfused for 30 minutes followed by a 10-15 min wash out period. Different Ach concentrations (1nM to 100µM) were again perfused to obtain a concentration response curve of Ach-induced relaxation in the presence of COX inhibitor.

The COX blocker had no significant effect on Ach induced relaxation as the Ach was able to almost completely reverse the NE induced constriction even in the presence of indomethacin (Fig 14). The maximum relaxation obtained was $90.5(\pm 1.5)\%$ and the EC_{50} value obtained in the presence of indomethacin was $75 (\pm 17)$ nM. Although the maximum relaxation was slightly impaired, the difference was not statistically significant which was confirmed by two-way ANOVA test for multiple comparisons ($p < 0.01$).

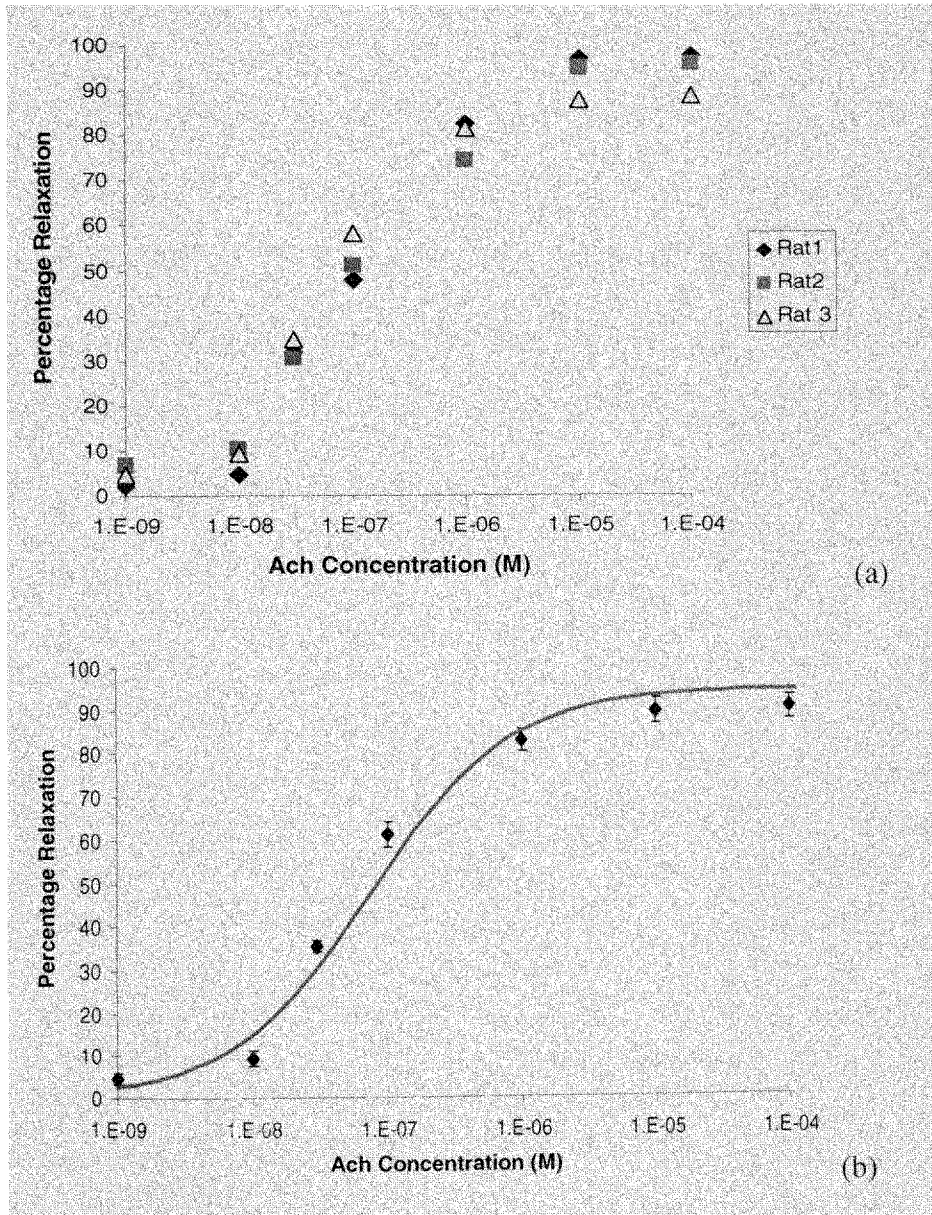
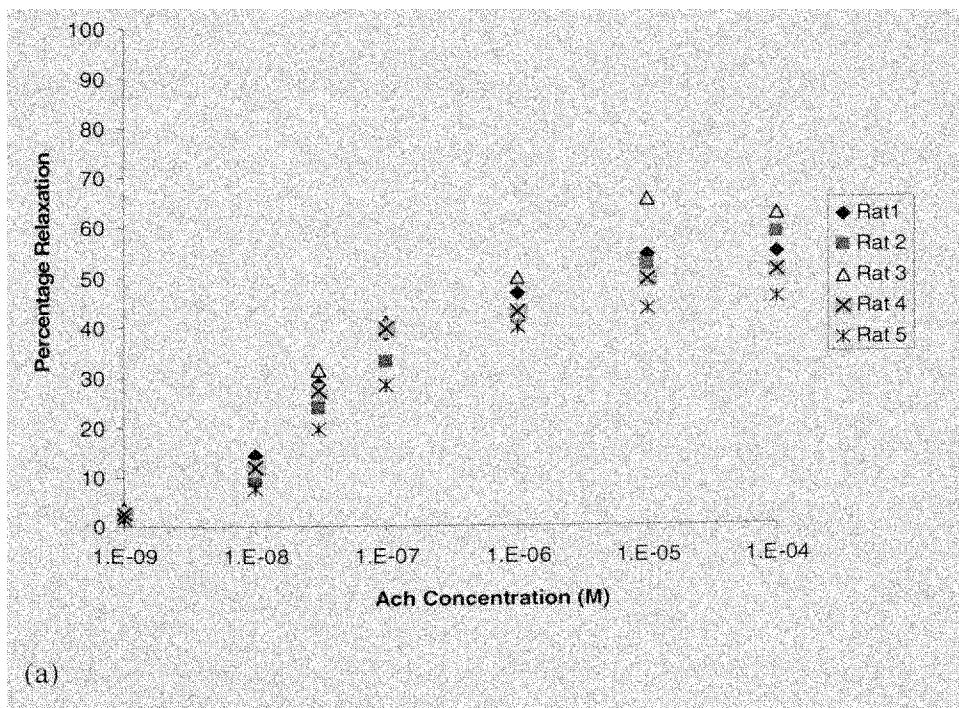


Figure 14: Concentration response curve for Ach-induced relaxation in isolated intact rat mesenteric arterioles precontracted with $1\mu\text{M}$ NE in the presence of COX blocker indomethacin. Ach evoked relaxation was not significantly affected in the presence of indomethacin. The maximum relaxation observed in presence of indomethacin was $90.5(\pm 1.5)\%$ whereas EC_{50} in this case was $75\pm 17\text{nM}$.

In (a) raw data is shown; ($n=3$) whereas in (b) data is expressed as percentage mean relaxation \pm SEM; ($n=3$).

7.2.4 Effect of eNOS blockade on Ach-induced relaxation

Endothelial nitric oxide synthase blocker (L-Name, $350\mu\text{M}$) was used to block the NO production in the arterial endothelium. L-Name solution was perfused for 30minutes followed by a 10-15 minute washout period. All the concentrations of Ach were again perfused to obtain the concentration -response curves as shown in Fig15. NOS blockade had a significant effect on the Ach-induced relaxation. The maximum relaxation was impaired in comparison to control conditions thereby showing a major role of NO in Ach-induced relaxation. The maximum relaxation obtained in the presence of L-Name was $54.5(\pm 3.5)\%$ whereas the EC_{50} value for this curve was found to be $45(\pm 32)\text{nM}$.



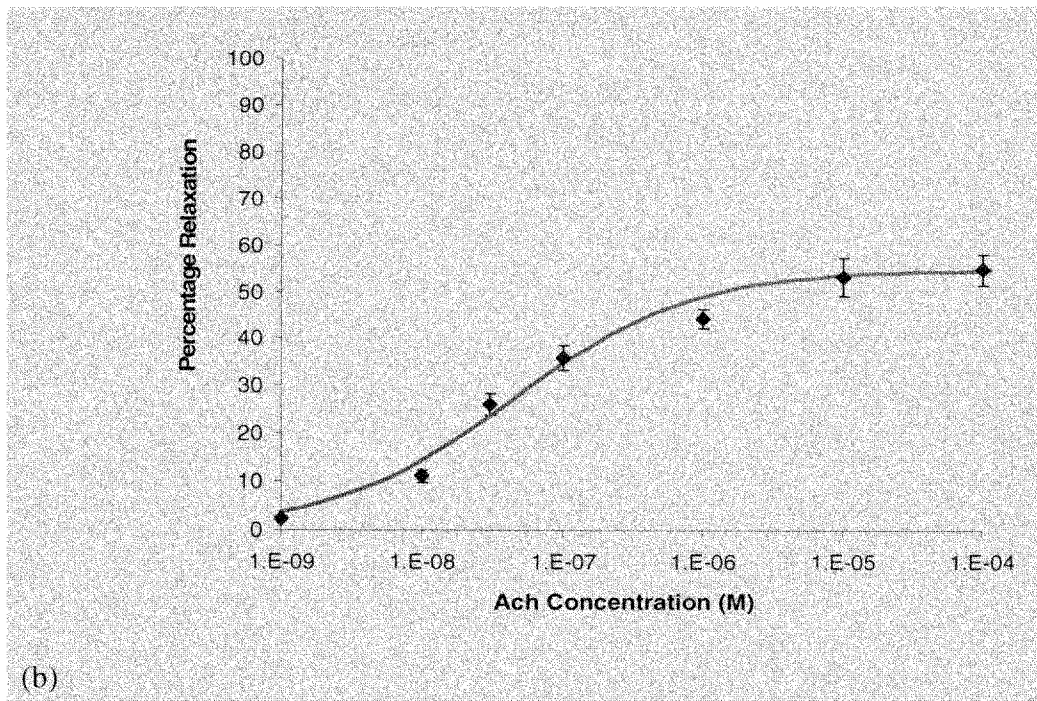


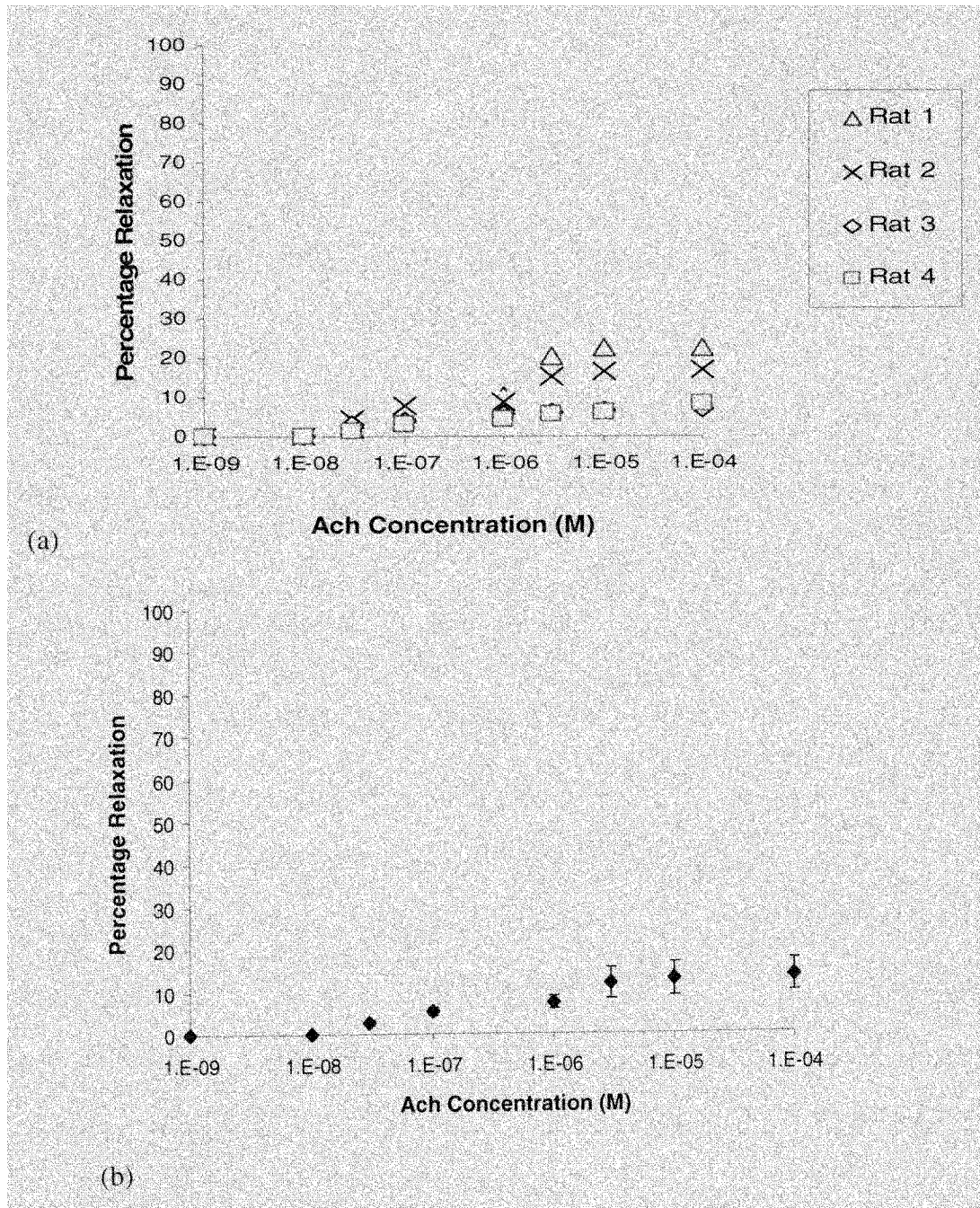
Figure 15: Concentration response curve for Ach-induced relaxation in isolated intact rat mesenteric arterioles precontracted with $1\mu\text{M}$ NE in the presence of e-NOS blocker, L-Name. Ach evoked relaxation was significantly affected in the presence of L-Name. The maximum relaxation observed in presence of L-Name was $54.5(\pm 3.5)\%$ whereas EC_{50} in this case was not affected significantly (45 ± 32 nM).

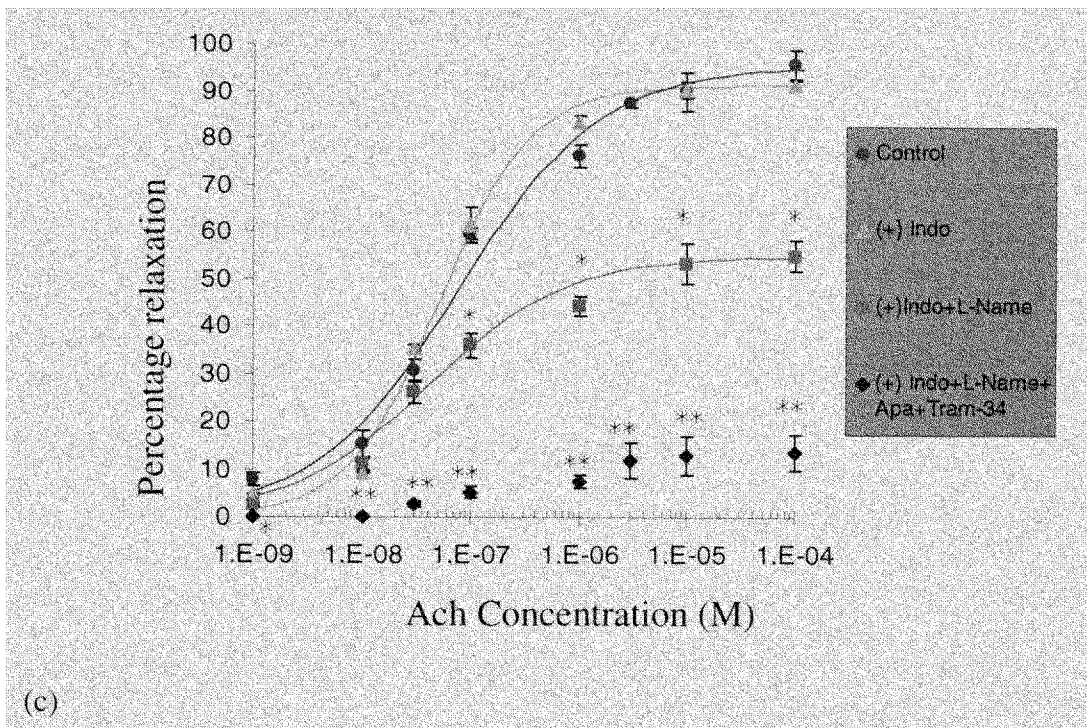
In (a) raw data is shown; (n=5) whereas in (b) data is expressed as percentage mean relaxation \pm SEM; (n=5).

7.2.5 Effect of blocking EDHF pathway in Ach-induced relaxation

Selective potassium channel blockers were used to block the EDHF pathway in Ach induced vasodilation. As discussed earlier, in rat mesenteric arteries, EDHF exerts its effect through potassium channels present in EC (rat mesenteric arterial EC contains only IK_{Ca} and SK_{Ca}) and hence specific blockers for IK_{Ca} (Tram-34, $0.1\mu\text{M}$) and SK_{Ca} (Apamin, $10\mu\text{M}$) were perfused for 30 minutes each followed by a washout for 10-15 minutes. Since, the same vessel has been perfused with Indomethacin and L-Name, the perfusion of Apamin and Tram-34 results in the blockage of all the three pathways. All the Ach solutions were again perfused to obtain the concentration-response to Ach

induced vasodilation. The potassium channel blockers almost completely abolished the Ach-induced relaxation as shown in Fig 16. The maximum relaxation obtained was 13.5 (± 3.5). Fig. 16c shows the effect of blocking all the pathways on Ach-induced relaxation.





(c)

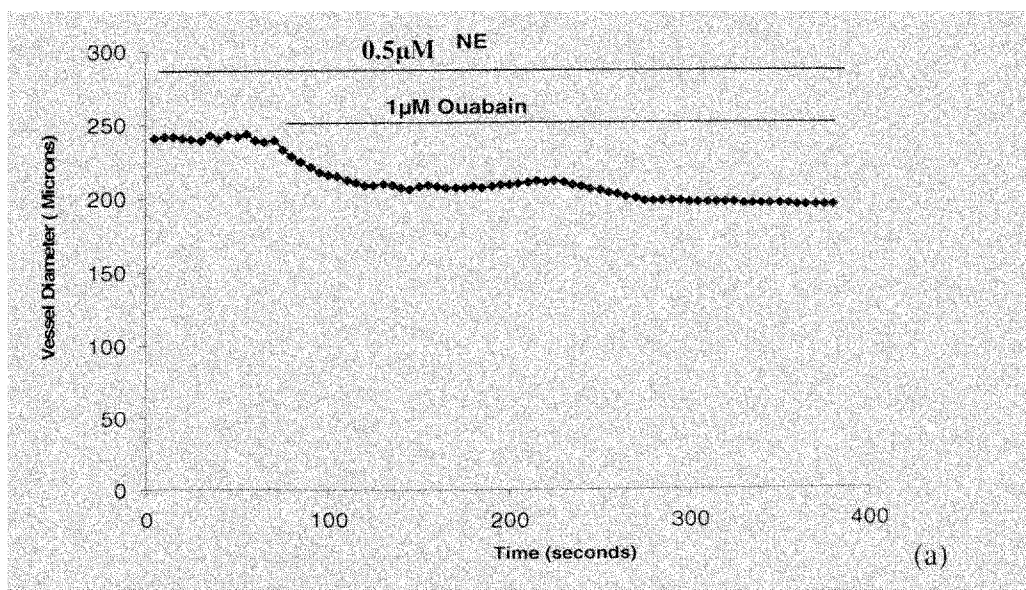
Figure 16: Concentration-response curve for Ach-induced relaxation in isolated intact rat mesenteric arterioles precontracted with $1\mu\text{M}$ NE after blocking all the three pathways. In (a) raw data is shown; (n=4) giving concentration response to Ach-induced dilation in the presence of blockers Indomethacin, L-Name, apamin and Tram-. Blockade of all the three pathways almost abolished the Ach-induced dilation. In (b) the data is expressed as percentage mean relaxation \pm SEM; (n=4). In (c) the contribution of all the pathways is shown. ($p < 0.01$) (*) different from control and (**) different from Indo+L-name.

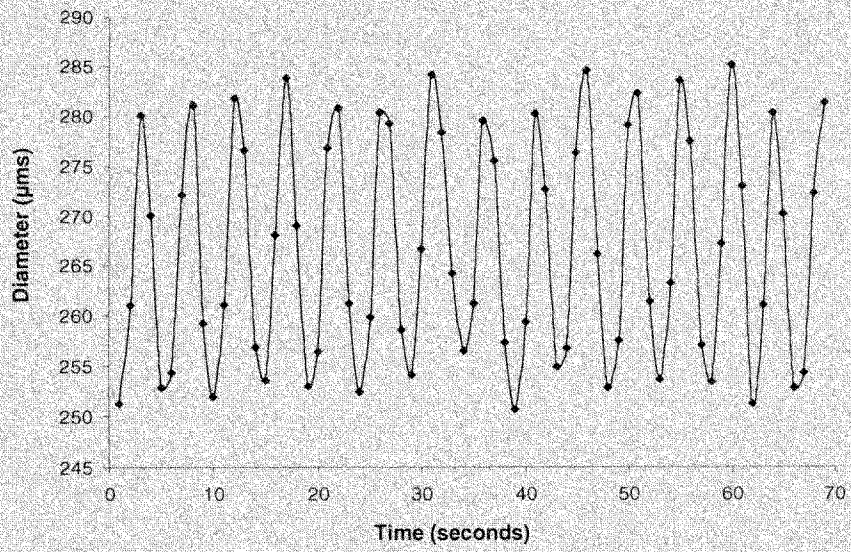
7.3 Effect of Ouabain on Vascular Reactivity

Ouabain (used to block the Na^+/K^+ ATPase pump) was superfused along with NE to study its affect on NE induced vasoconstriction. The effect of ouabain on NE-induced constriction and vasomotion was recorded. Ach-induced relaxation was also examined to study the effect of ouabain on vascular reactivity. Different blockers (L-Name, Apamin and Tram-34) were also applied in the presence of ouabain and their effect on Ach-induced relaxation was recorded and compared with control experiments.

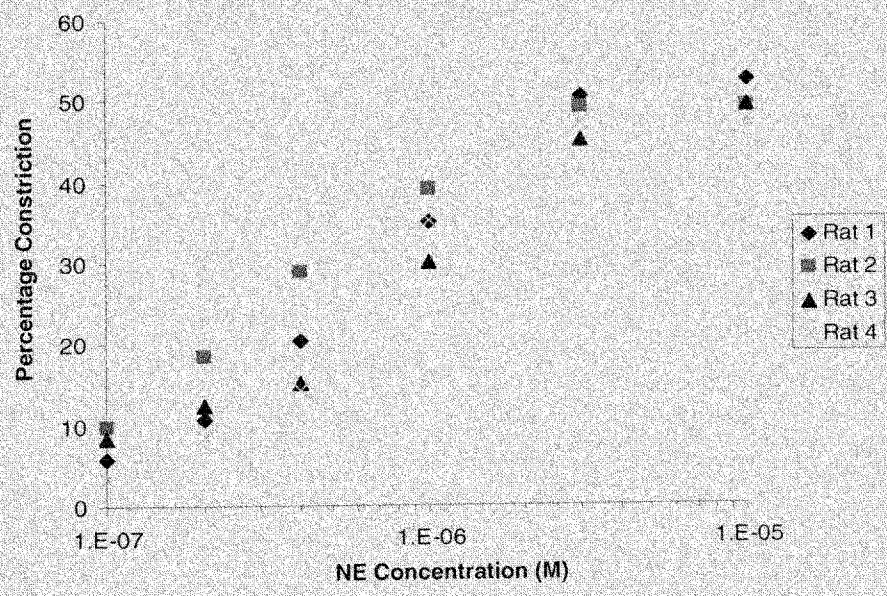
7.3.1 Effect of Ouabain on NE induced constriction-response curve

Addition of 1 μ M ouabain to NE precontracted vessel caused a significant constriction (47.4 μ m) as shown in Fig. 17a. However, the effect of 100nM ouabain on the steady-state diameter of the microvessel was not significant. Ouabain (100nM) was superfused along with different NE concentrations (0.1 μ M to 10 μ M) to determine the effect of ouabain on NE induced concentration-response curve in rat mesenteric arterioles. The NE induced vasomotion did not abolish in the presence of ouabain as shown in Fig. 17b and the resulting time period of oscillation was 4.7 ± 1.5 s. Fig. 17c shows raw data obtained from 4 rats (n=4) illustrating the concentration response of NE in the presence of ouabain. Fig. 17d illustrates the data as percentage mean constriction \pm SEM whereas Fig. 17e shows comparison of NE induced vasoconstriction in presence and absence of ouabain. The maximum constriction obtained in presence of ouabain increased to $50(\pm 2)$ % compared to a maximum constriction of $46.5(\pm 2.5)$ % obtained in the absence of ouabain. The EC_{50} obtained in presence of ouabain was $0.53 (\pm 0.10)$ μ M compared to $0.46(\pm 0.15)$ μ M (which was obtained in the absence of ouabain).

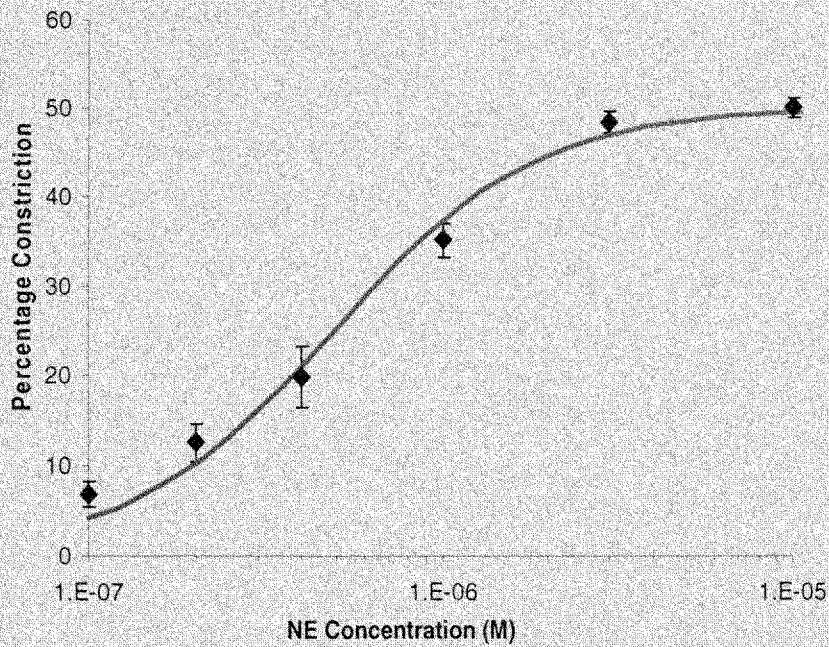




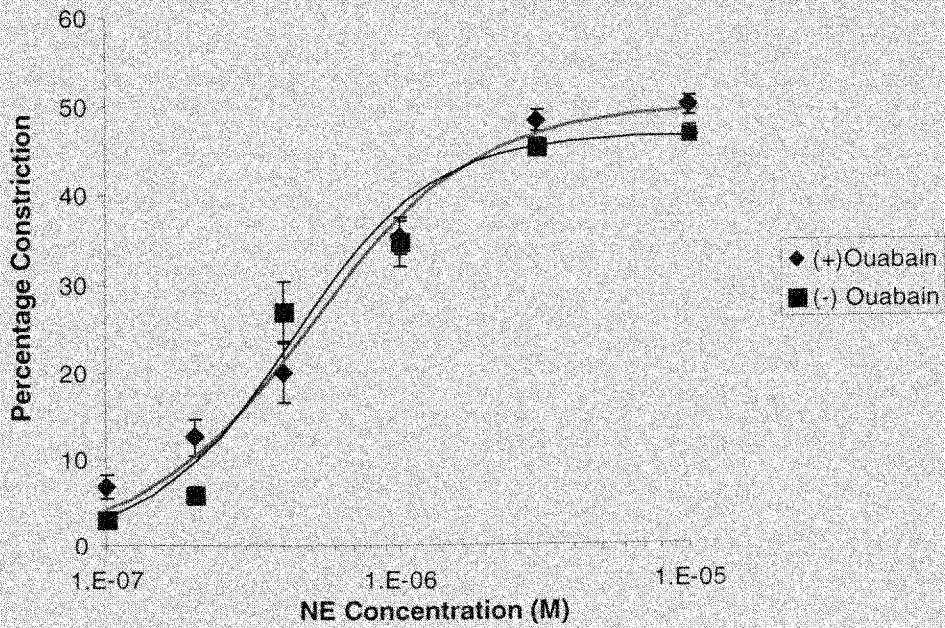
(b)



(c)



(d)



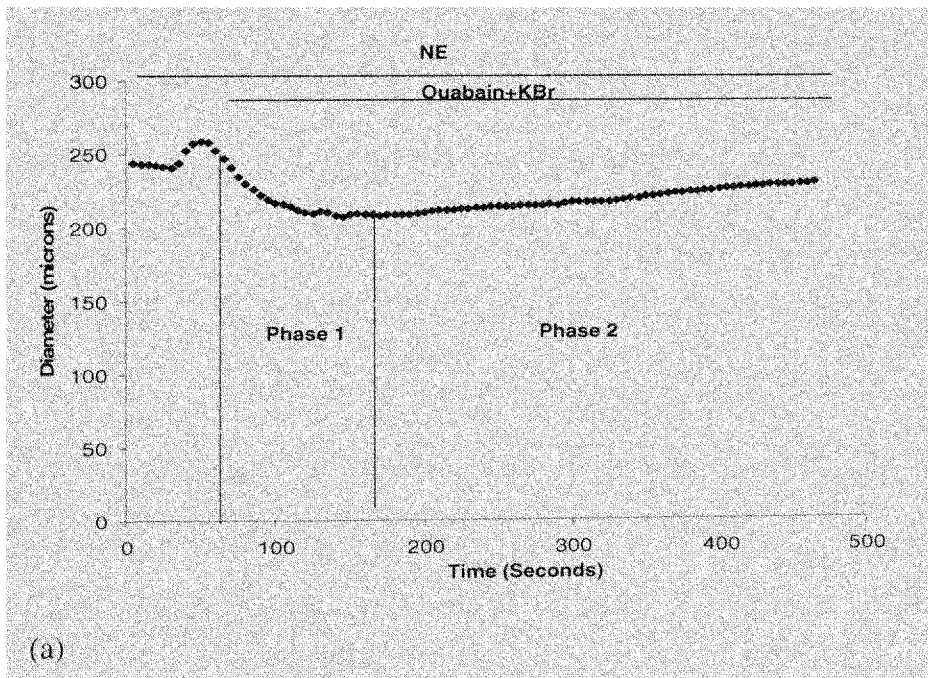
(e)

Figure 17: Effect of ouabain on NE induced vasoconstriction in isolated rat mesenteric artery.

In (a) diameter response on adding 1 μ M ouabain (in the presence of 0.5 μ M NE) is shown. (b) shows the effect of ouabain on NE induced vasomotion. In (c) raw data; (n=4) showing the NE induced concentration-dose response in the presence of 100nM ouabain is illustrated and (d) demonstrates the data as percentage mean constriction \pm SEM (n=4). In (e) comparison of NE induced concentration- response in the presence and absence of ouabain is shown. Although, the NE induced constriction was slightly increased in the presence of ouabain, there was no statistical difference.

Effect of NCX Blockade on NE induced vasoconstriction

Blockade of Na⁺/Ca²⁺ exchanger with 2 μ M KB-R7943 (added to the superfusion, in the continuous presence of NE and ouabain) resulted in a biphasic response. At first, the addition of KB-R7943 caused an initial constriction as shown in Fig. 18a. This was followed by a relaxation after a certain time lapse. The time lapse between the constriction and relaxation was approximately 100seconds. Concerning vasomotion, the oscillation period increased to 8 seconds as shown in Fig. 18b.



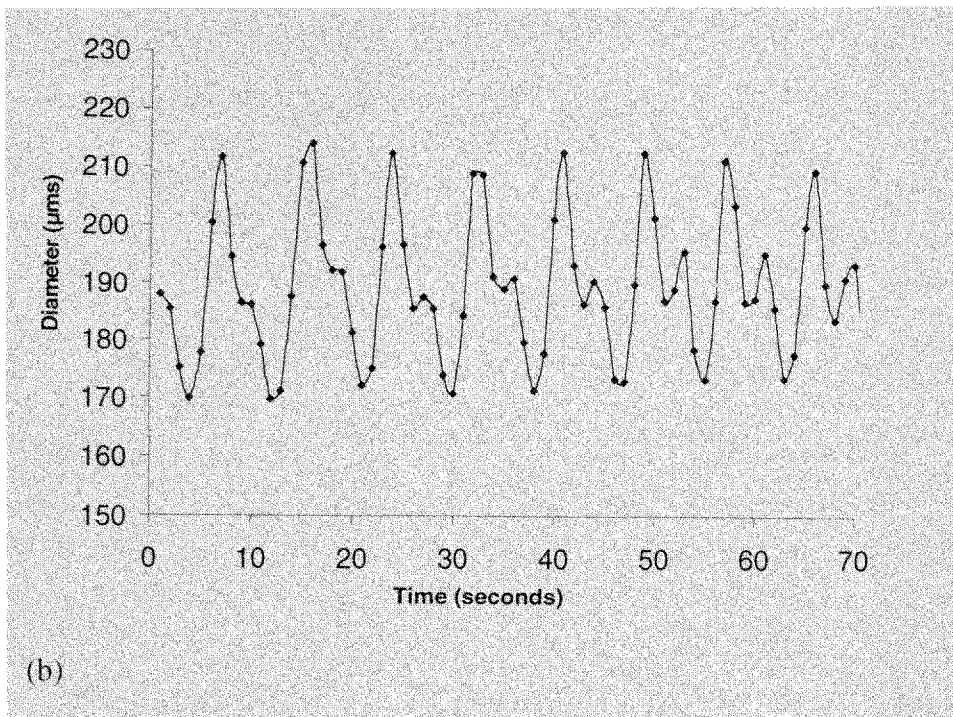


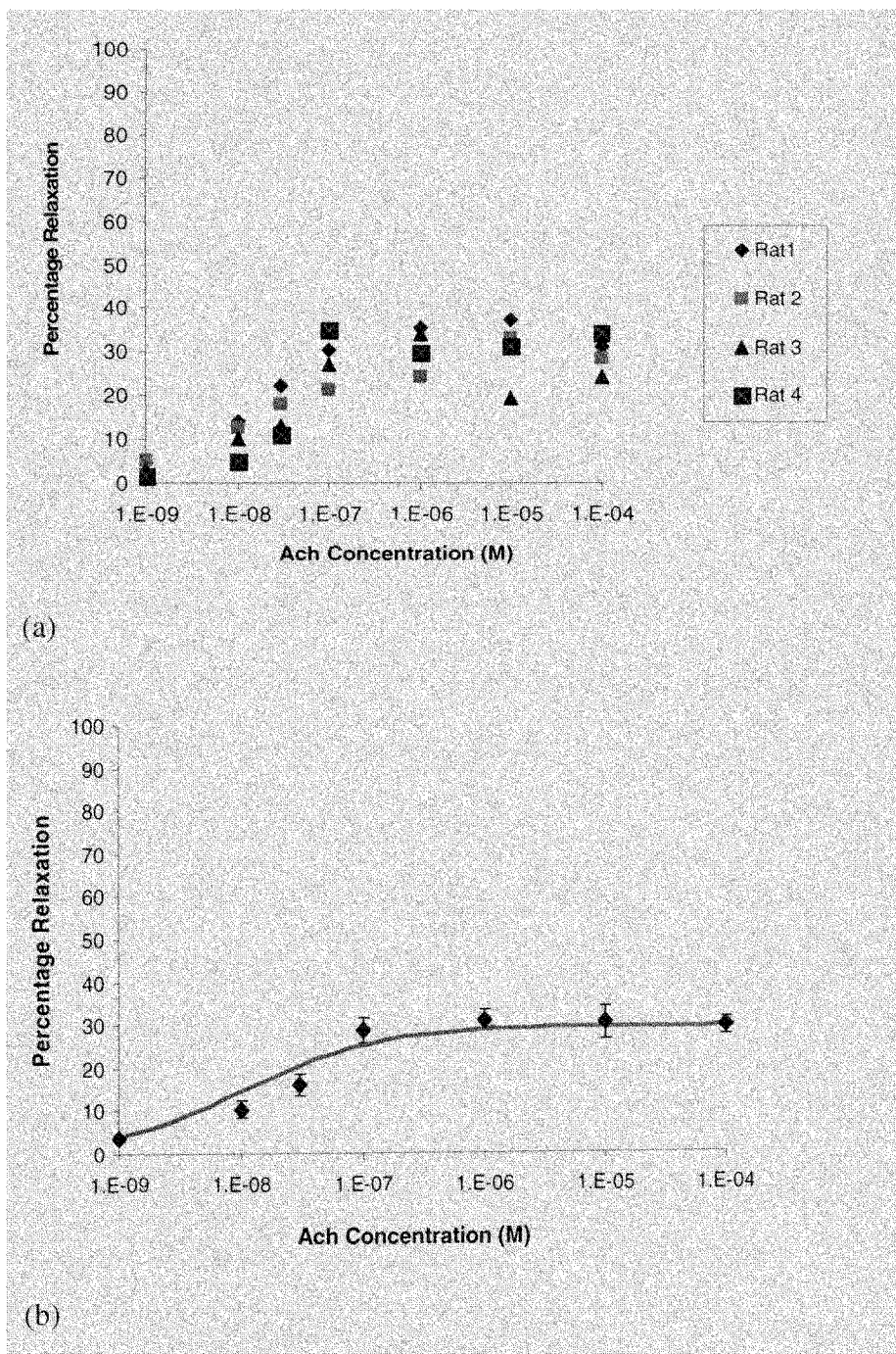
Figure 18: Effect of NCX blockade with $2\mu\text{M}$ KB-R7943 on NE induced constriction in the presence of ouabain.

In (a) transient response from a single experiment is shown. The vessel constricts initially after addition of $2\mu\text{M}$ KBr and $1\mu\text{M}$ ouabain in the presence of $0.5\mu\text{M}$ NE followed by a relaxation. In (b) the effect of KB-R7943 on NE induced vasomotion is shown. The time period of diameter oscillation increases to 8seconds.

7.3.2 Ach-induced dilation in the presence of Ouabain

All the concentrations of Ach solutions (1nM to $100\mu\text{M}$) were perfused through the isolated intact rat mesenteric arteries precontracted with $0.5\mu\text{M}$ NE and 100nM ouabain. The effect of Na^+/K^+ ATPase blocker on Ach mediated dilations was studied in vessels precontracted to approximately 50% of its initial diameter. Raw data from 4 rats is shown in Fig. 19a whereas data as percentage mean relaxation \pm SEM is shown in Fig. 19b. Presence of ouabain significantly impaired Ach induced vasodilation to $29.5(\pm 2.2)$ % compared to $95\pm 4.5\%$ relaxation (in ouabain absence). Fig. 19c shows a comparison of the Ach-induced dilation in the presence and absence of ouabain. The values of

relaxations which were statistically different are shown on the curve. The EC_{50} obtained with ouabain was $10(\pm 3)$ nM which was statistically reduced compared to the EC_{50} in ouabain absence (50 ± 24 nM).



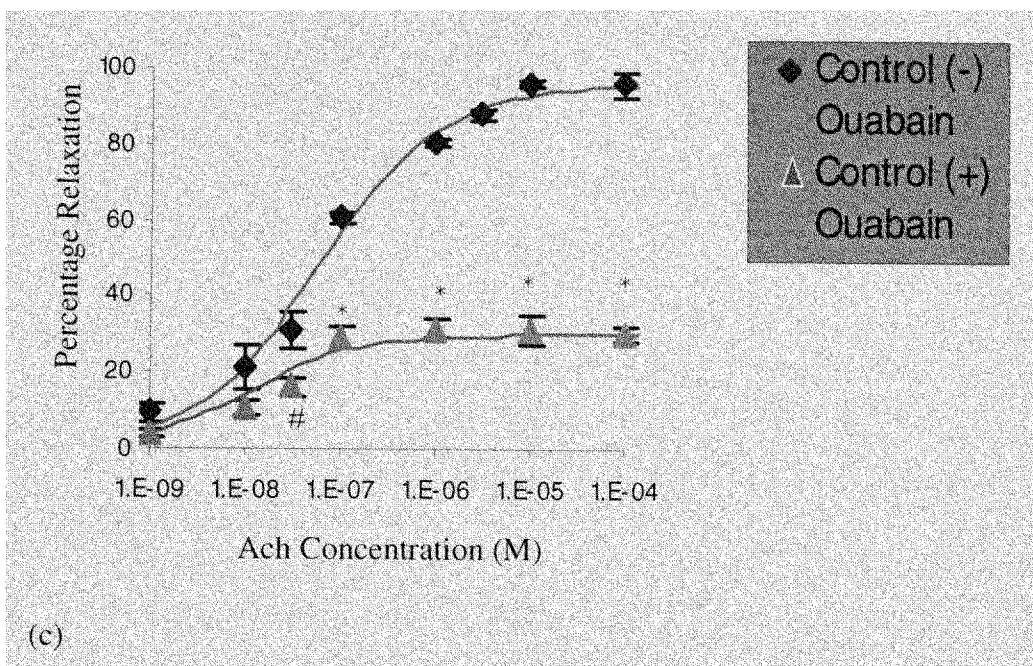
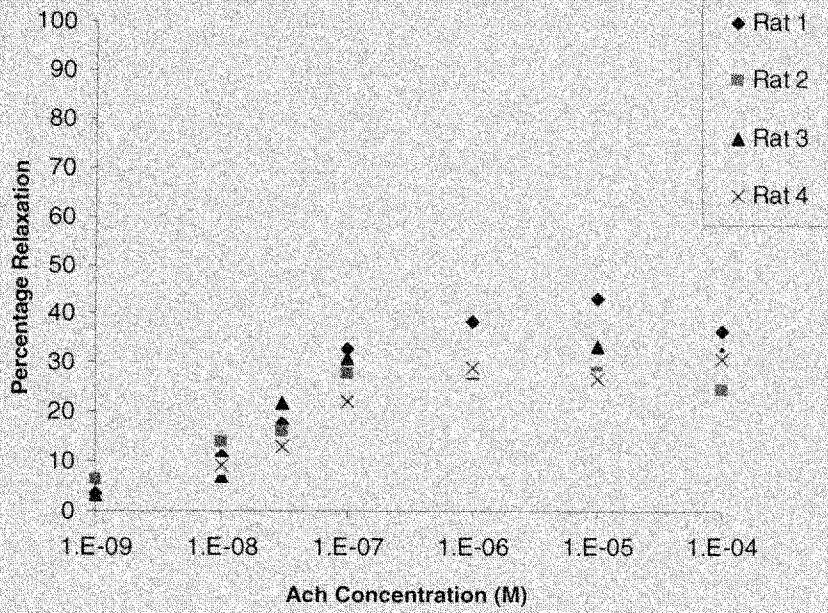


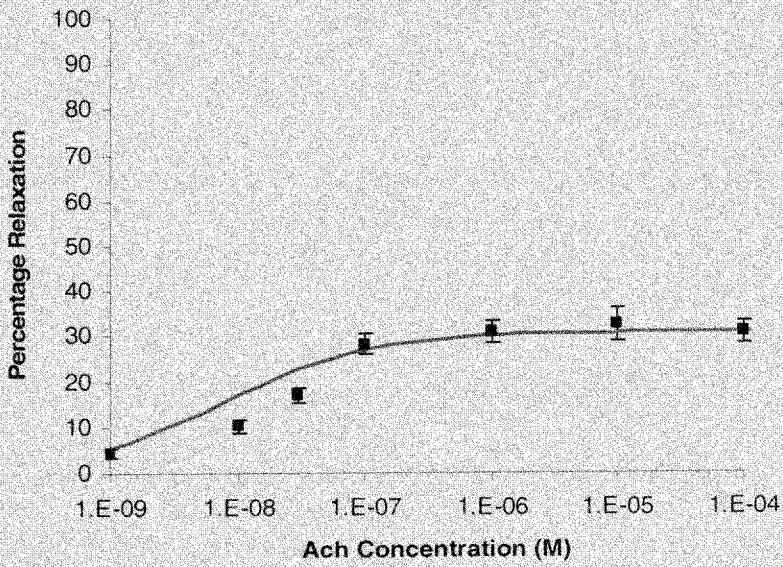
Figure19: Ach induced relaxation response in isolated intact rat mesenteric arterioles precontracted with 0.5uM NE and 100nM ouabain. In (a) raw data is shown; (n=4) whereas in (b) the data is expressed as percentage mean relaxation \pm SEM; (n=4). (c) shows a comparison of Ach-induced dilation in the presence and absence of ouabain. *(p<0.01) and #(p<0.05).

Effect of L-Name on Ach-induced dilation in presence of Ouabain

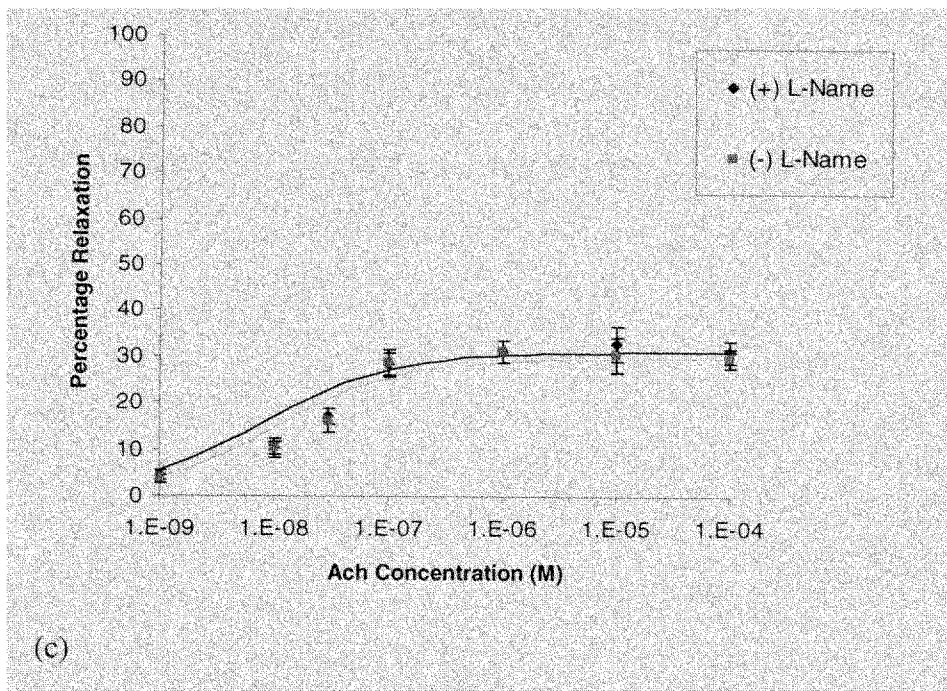
The effect of eNOS blockade on Ach induced relaxation response in the presence of ouabain was studied in rat mesenteric vessels. eNOS blockade did not significantly effect Ach induced relaxation in the presence of ouabain. The maximum relaxation obtained in this case was 30.5(\pm 2.5) % and the EC₅₀ reduced to 82 (\pm 3) nM. Fig. 20a shows raw data from four rat experiments showing Ach induced relaxation response in the presence of L-Name whereas in Fig. 20b the data is expressed as percentage mean relaxation \pm SEM. Fig. 20c shows the comparison of Ach induced relaxation response with and without eNOS blockade in the presence of ouabain.



(a)



(b)



(c)

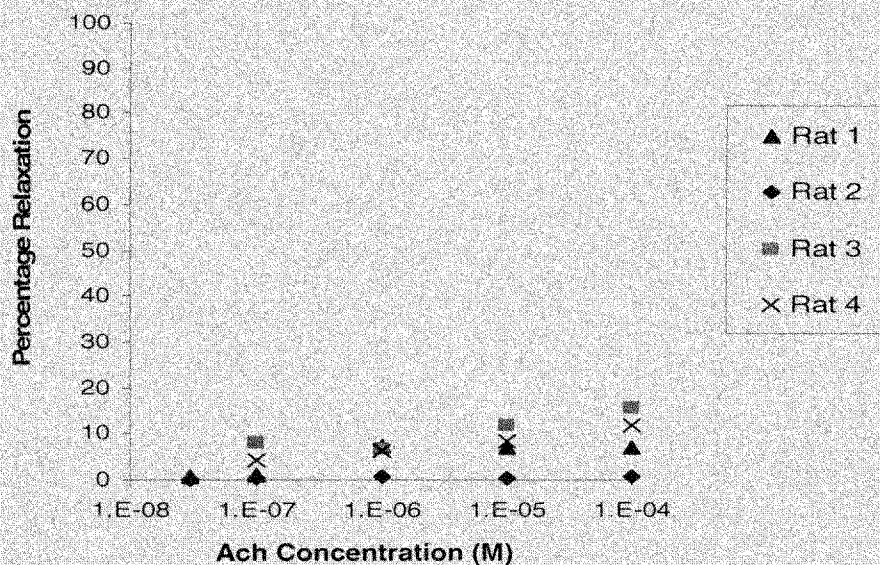
Figure 20: Effect of NOS blockade on Ach-induced relaxation response in the presence of 100nM Ouabain.

In (a) raw is shown (n=4) whereas in (b) the data is expressed as percentage mean relaxation \pm SEM (n=4). (c) shows the comparison of Ach relaxation response with and without NOS blockade in the presence of ouabain. The eNOS blockade (in the presence of ouabain) did not affect the Ach induced dilation significantly.

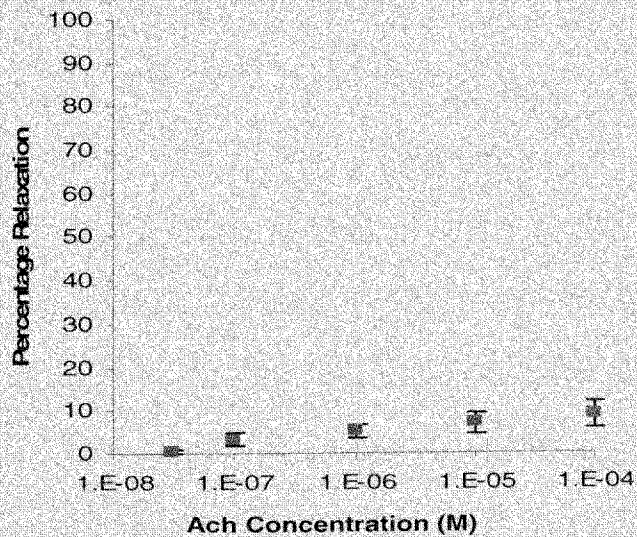
7.3.3 Effect of EDHF blockade on Ach induced relaxation in presence of Ouabain

The blockade of NO as well as EDHF pathways was again performed as done before for control studies and the Ach induced relaxation response was studied in presence of Na^+/K^+ ATPase blocker, Ouabain. Similar protocol was followed to block the SK_{Ca} and IK_{Ca} channels in the rat mesenteric arteriolar endothelium as used earlier for control studies. The SK_{Ca} and IK_{Ca} channels were blocked in the presence of L-Name. Since prostacyclin was not found to play a significant role in Ach induced dilation, indomethacin was not used in this case. Raw data from four rat experiments is shown in Fig. 21a whereas data is expressed as percentage mean relaxation \pm SEM in Fig. 21b.

Blockade of EDHF pathway nearly abolished the Ach induced vasodilation. The maximum relaxation obtained in this case was $9(\pm 3.5)$ %. Fig. 21c shows the comparison of blockade of all the pathways on Ach-induced dilation in the presence of ouabain.



(a)



(b)

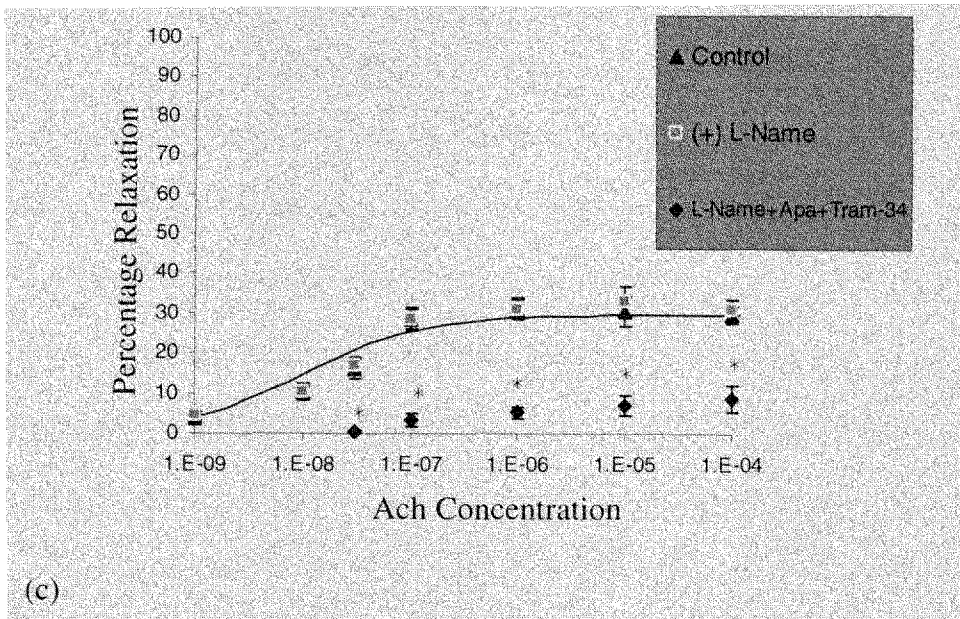


Figure 21: Effect of eNOS and EDHF blockade on Ach-induced relaxation in isolated intact rat mesenteric arterioles precontracted with 0.5uM NE and 100nM ouabain. In (a) raw data is shown (n=4) whereas in (b) data is expressed as percentage mean relaxation \pm SEM (n=4). (c) shows a comparison of blocking all the relaxation pathways on Ach-induced relaxation in the presence of ouabain. Points that are significantly different from control are denoted with * (p<0.01).

8.0 DISCUSSION

Pressure vs. Diameter

The percentage increase in resting diameter of the vessels was plotted as a function of intra-luminal pressure. In this study, we found that on increasing the intra-luminal pressure to 80mmHg, the microvessel relaxed by 44.5(+1.5) % as well as the slope of the curve almost reached a plateau at 80mmHg. This finding is consistent with other studies who have reported the diameter increases as a function of intra-luminal pressure in isolated cannulated rat mesenteric arteries (5, 111).

NE induced Vasoconstriction

NE increases the SMC Ca^{2+} through IP_3 pathway thereby causing constriction. In this study, NE induced a dose dependent constriction in rat mesenteric arterioles showing an intact and functional SM layer. Few studies have previously reported NE induced constriction response curves (5, 111, 112). This study reports a maximum constriction of $46.5(\pm 1.5 \%)$ and EC_{50} of $0.46\pm 0.15\mu\text{M}$ which is in close agreement with previous studies of Poureguard et al who reported a maximum constriction of $40(\pm 5\%)$ and an EC_{50} of $0.72(\pm 0.1)\mu\text{M}$ (112). Also the maximum constriction was observed at $3\mu\text{M}$ NE which is in close agreement with Poureguard's study. However, some studies have reported a higher maximum constriction of up to 80% as well as a higher EC_{50} of the order of $3.35\mu\text{M}$ (85).

Schuster et al (121) has reported that in-vitro observation of vasomotion is highly dependent on the proper handling of the vessel. The occurrence of vasomotion is highly dependent on the integrity and functionality of ion channels and gap junctions present in SMC which can be easily disrupted during the dissection and cannulation of the vessels. In this study, we observed vasomotion almost every time thus ensuring good vessel handling. In this study, vasomotion was observed at NE concentration range of $0.4\mu\text{M}$ to $1\mu\text{M}$ which is in agreement with Schuster's findings. The time period of diameter oscillations observed in this study was $4.0 (\pm 1.5)$ seconds which is in close agreement with a time period of $5.0(\pm 1.1)$ seconds as observed by Schuster et al (121).

Ach induced relaxation responses

Ach induces vasorelaxation by stimulating endothelial mediated release of NO, prostacyclin and EDHF. Various studies have been performed to study the relative

contribution of NO, prostacyclin and EDHF in vasodilation of rat mesenteric arterioles. Dose-dependent diameter response curves to different Ach concentrations have been widely published in literature as Ach causes relaxation involving all the three pathways. In most of the studies, various groups precontracted the mesenteric arterioles to approximately 50% of maximum constriction using NE or a similar vasoconstrictor thereafter perfusing different Ach solutions with concentrations ranging from 1nM to 100 μ M.

However, to study the contribution of individual pathway, different blockers have been used to block individual pathways. NO synthase blocker L-Name has been widely used to inhibit the production of NO in the endothelium, Indomethacin is used as a COX-1 blocker to inhibit prostacyclin induced dilation and K_{Ca} channel blockers are used to inhibit the EDHF effect. In rat mesenteric arterioles, the endothelium is found to contain IK_{Ca} and SK_{Ca} only. Thus specific blockers for SK_{Ca} (Apamin) and IK_{Ca} (Tram-34, 39) have been used to prevent vasodilation due to hyperpolarization. Other studies in rat mesenteric arterioles have also used a cocktail of apamin and charybdotoxin (blocker of IK_{Ca} and BK_{Ca}) to abolish EDHF effect.

From past literature, Ach is able to completely reverse the NE induced constriction in almost all the studies performed on rat vessels (16, 17, 23, 32, 34, 37, 46, 62, 64, 77, 78, 105, 106, 125, 129). These studies report a maximum relaxation in the range (85-100) % and EC_{50} values in the range (30-155)nM This study reports a complete relaxation of NE induced constriction, thus supporting all the previous published data. The EC_{50} value for Ach induced relaxation was found to be 50 ± 24 nM which is in close agreement with the EC_{50} values published before. However, some

variation in EC₅₀ values is expected due to different levels of precontractions used in various studies.

Contribution of prostacyclin in Ach induced vasodilation was studied by blocking COX-1 using indomethacin (10 μ M). Previous experimental studies on rat mesenteric arteries show that prostacyclin does not have a significant contribution in Ach induced dilation (16, 17, 23, 32, 34, 37, 46, 62, 64, 77, 78, 105, 106, 125, 129). These studies have obtained maximum relaxation in the presence of Indomethacin in the range (90-100) % and an EC₅₀ in the range quite similar to control conditions (49-185) nM. The results of this study are consistent with these findings as the maximum relaxation produced in the presence of indomethacin was found to be 90.5(\pm 1.5) % whereas EC₅₀ value was also not significantly affected (75 \pm 17nM). However, very few studies (83) have reported a significant effect of indomethacin in rat mesenteric arterioles (maximum relaxation 60.5 \pm 4.5)

However, blocking NO synthase using L-Name (350 μ M) has shown to have a significant effect on Ach induced relaxation thereby providing evidence of a significant role endothelial-derived NO in causing vasodilation in rat mesenteric arteries. Previous experimental studies on rat microvessels have reported a significant decrease in Ach induced dilation in the presence of L-Name (16, 17, 23, 32, 34, 37, 46, 62, 64, 77, 78, 105, 106, 125, 129). These studies have reported a maximum relaxation after eNOS blockade in the range (48-82) % and an EC₅₀ value between (65-300) nM. In this study, presence of L-Name reduced the Ach-induced maximum relaxation to 54.5(\pm 3.5) % whereas the EC₅₀ value was also not significantly affected (45 \pm 32nM).

EDHF-mediated responses involve an increase in the intracellular EC calcium concentration causing the opening of calcium-activated potassium channels (SK_{Ca} and IK_{Ca} only in case of rat mesenteric arterioles) present in the endothelial cells leading to their hyperpolarization. This results in an endothelium-dependent hyperpolarization of the smooth muscle cells, causing vessel relaxation by decreasing the concentration of cytoplasmic free Ca^{2+} by closure of voltage-operated Ca^{2+} channels in the smooth muscle cell membrane. Thus, blockade of SK_{Ca} and IK_{Ca} should eliminate EDHF-mediated relaxation in rat mesenteric arterioles. Various studies have been performed using a cocktail of apamin ($10\mu M$) along with either of Tram-34, Tram-39, Charybdotoxin or Iberiotoxin. Perfusing these blockers in the presence of L-Name and Indomethacin has been found to almost completely abolish the vasodilation (16, 32, 34, 37, 46, 62, 64, 77, 78, 105, 106, 125). These studies have reported a maximum relaxation in the range (0-12)%. In this study, we found a maximum relaxation of $13.5 (\pm 3.5)$. Although the relaxation was greatly reduced, it wasn't completely abolished. This may be due to incomplete blockade of K^+ channels or involvement of some other pathway.

Table 3 shows a comparison of the results of this study with previous reports for Ach-induced dilation (in the presence of various blockers) in the absence of ouabain.

	% Maximum Relaxation	
	Previous Studies	This Study
Control	(85-100)%	$(95 \pm 4.5)\%$
Indomethacin	(90-100)%	$(90.5 \pm 1.5)\%$
Indo+L-Name	(48-82)%	$(53.5 \pm 3.5)\%$
All Blockers	(0-12) %	$(13.5 \pm 3.5)\%$

EC₅₀ (nM)

	Previous Studies	This Study
Control	(30-155)	(50±24)
Indomethacin	(49-185)	(75±15)
Indo+L-Name	(65-300)	(45±22)

Table 3: A comparison of % maximum relaxation and EC₅₀ values obtained in this study with previous reports for Ach-induced dilation in rat vessels (in the absence of ouabain).

Effect of Ouabain on NE induced Vasoconstriction

Cardiotonic steroids, including the adrenal cortical hormone ouabain, have been proposed to play a role in some forms of hypertension as its production is reported to increase in the state of hypertension. Ouabain may affect microcirculatory vascular resistance through inhibition of the Na⁺/K⁺ ATPase; leading to an accumulation of Na⁺ inside the cell, reversal of the Na⁺/Ca²⁺ exchanger (NCX), and accumulation of Ca²⁺ in the cytosol. In this study, we tested the effect of ouabain on NE induced vasoconstriction. There haven't been any studies reporting concentration-response curves to NE induced constriction in the presence of ouabain. The concentration of ouabain used in this study (100nM) is higher than the physiological/pathological levels in the body (1pm-10nM). Using lower ouabain concentrations has experimental limitations as its effect cannot be seen on vessel diameter responses. Also, using supra-physiological concentration provides a good tool to study the effects of ouabain on all the pathways involved in regulating vessel diameter. The maximum constriction obtained in presence of ouabain increased to 50(±2) % compared to a maximum constriction of 46.5(±2.5) % obtained in the absence of ouabain.

Although, the increase caused due to ouabain is not statistically significant, it is important to note that blood pressure is inversely proportional to the fourth power of vessel diameter and hence small changes in diameter can significantly affect blood pressure. In this study, vasomotion did not abolish in the presence of $1\mu\text{M}$ ouabain which is in contradiction with some studies (53), but consistent with others (121). The abolishment of vasomotion observed by some groups could be due to a difference in the tissue studied or partially impaired vessel leading to abolishment of vasomotion.

Effect of NCX blocker

The $\text{Na}^+/\text{Ca}^{2+}$ exchanger was blocked using $2\mu\text{M}$ KB-R7943 solution. Addition of KB-R7943($2\mu\text{M}$) along with ouabain($1\mu\text{M}$) to NE precontracted vessel gave a bi-phasic response, with at first as expected for a blockade of Na^+/K^+ ATPase pump, caused an initial constriction due to ouabain effect (an increase in SMC Na^+ leading to reversal in direction of NCX thereby causing SMC Ca^{2+} increase). However, after some time (100s) the NCX blocker effect becomes predominant leading to a relaxation (As KB-R7943 blocks the NCX operating in reverse mode, thereby reducing SMC Ca^{2+}). However again, the diameter oscillations were not abolished and resulted in a higher time period as reported by Schuster (108).

Effect of Na^+/K^+ ATPase blockade on Ach-induced vasodilation

Effect of Na^+/K^+ ATPase pump blockade on Ach-induced dilation has an important significance in understanding the role of ouabain in hypertension. Very few studies have been performed to study this effect and hence very limited data is available in the literature. Some studies found an impairment in relaxation to Ach in some vascular beds (30, 137) whereas some tissues did not exhibit any difference (18, 128). There is no

data on ouabain effect on Ach-induced dose curve in rat mesenteric arteries which is provided by this study. Interpretation of experimental findings is complicated by inherited limitations in traditional studies of vascular reactivity. Chang et al. (15) point out that the vast majority of experimental studies utilize isolated vascular rings of large vessels and not vessels from the microcirculation, where blood flow and pressure is mostly controlled. Large arteries may behave significantly different than resistance arterioles. In this study, presence of 100nM ouabain along with 0.5 μ M NE was able to significantly impair Ach-induced relaxation ($p < 0.01$). The maximum relaxation was obtained as 29.5(\pm 2.5) % compared to 95(\pm 4.5) % obtained without ouabain.

One of the limitations of this study was the use of high concentration of ouabain. The pathological concentration of ouabain is \sim 10nM whereas the concentration of ouabain used in this study was 100nM. Lower concentrations of ouabain did not induce any measurable difference in NE-induced constriction and hence this study utilized a higher concentration to study its effect. However, the effect of 10nM ouabain on Ach-induced relaxation should be studied in future.

The mechanism of ouabain-induced inhibition of relaxation remains controversial. To test the hypothesis that ouabain impairs the NO mediated vasodilation, L-Name was perfused to block the NO production followed by application of different Ach concentrations. Surprisingly, there was no significant difference in the presence and absence of L-Name, thus confirming the significant effect of ouabain on NO pathway in Ach-mediated vasodilation in rat mesenteric arterioles.

The ouabain-induced compromise in NO-mediated relaxation can be due to many reasons. Firstly, ouabain may impair the ability of endothelium to produce NO thereby

compromising its effect. This can be verified by studying relaxation on perfusing exogenous NO solutions or studying the NO production by loading NO-sensitive dye DAF-FM to check for NO production in the presence of ouabain.

A second explanation can be due to SMC Ca^{2+} . NO causes relaxation by opening the BK_{Ca} channels (directly or indirectly) and thereby causing SMC hyperpolarization. The resulting hyperpolarization results in the closure of VGCC thereby inhibiting Ca^{2+} entry into SMC. However in the presence of ouabain, Na^+/K^+ ATPase blockade causes an increase in SMC Na^+ resulting in a reduced Ca^{2+} efflux through NCX leading to an inversion of NCX thereby causing Ca^{2+} entry. Thus, in this scenario, although NO inhibits Ca^{2+} entry through VGCC, SMC Ca^{2+} continues to increase because of the reverse operating mode of NCX thereby inhibiting relaxation. To test this hypothesis, more studies need to be performed by applying NCX blocker (KB-R9743) and perfusing Ach in presence of ouabain. A restored relaxation on application of KB-R7943 will provide strong evidence supporting the above hypothesis.

Ouabain induced impaired relaxation can also be attributed to a loss of K^+ gradient in SMC. As the Na^+/K^+ ATPase pump blockade leads to a reduced intracellular K^+ (along with increased Na^+), this reduced K^+ can impair the ability of the SMC to hyperpolarize. As discussed earlier, NO exerts its effect by hyperpolarizing SMC (i.e. by opening BK_{Ca} channels leading to loss of intracellular K^+). Reduced intracellular K^+ concentration due to ouabain can lead to a reduced SMC hyperpolarization which in turn may lead to delayed or partial inhibition of VGCC (thereby increasing SMC Ca^{2+}). Thus NO effect can be compromised again and hence more studies need to be performed by

monitoring the SMC membrane potential during Ach perfusion in the presence of ouabain.

The relaxation observed after eNOS blockade shows the contribution of EDHF-mediated relaxation. In this study, ouabain was also found to impair EDHF-mediated relaxation although partially. Since, EDHF produces relaxation by hyperpolarizing SMC, we can suggest from the above two findings that ouabain plays a role in compromising SMC hyperpolarization. However, more significant loss of NO mediated relaxation may be due to combined effect of less SMC hyperpolarization and NO production by the endothelium.

Thus, further studies needs to be carried out to study the action mechanism of ouabain which can lead to design preliminary clinical studies to find a treatment of ouabain induced hypertension.

9.0 Conclusion

This study has been successful in establishing a system for in-vitro experimentation on isolated microvessels. The study investigated vascular reactivity by studying the effects of vasoconstrictor NE and vasorelaxant Ach in the presence and absence of adrenal cortical hormone, ouabain. NE resulted in a dose dependent constriction of the microvessel with and without ouabain. However, the maximum constriction was slightly but not significantly increased in the presence of ouabain. This suggests that high ouabain levels do not increase the sensitivity of microvessels to vasoconstrictors significantly. Ach was able to completely reverse the NE induced constriction in the absence of ouabain. Prostanoids did not play a significant role in Ach mediated vasodilation whereas

NO and EDHF contributed almost equally in the absence of ouabain. Ach-induced relaxation was significantly impaired in the presence of ouabain. The NO pathway was significantly impaired in the presence of ouabain whereas the EDHF pathway was partially compromised. Thus during ouabain-induced hypertension, high ouabain levels lead to higher blood pressure as the arteriolar diameters are smaller. Ouabain impairs relaxation to vasodilators much more significantly than enhance constriction to vasoconstrictors.

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