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# Neonatal Outcomes of Extremely Preterm Infants From the NICHD 

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#### Abstract

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OBJECTIVE—This report presents data from the Eunice Kennedy Shriver National Institute of Child Health and Human Development Neonatal Research Network on care of and morbidity and mortality rates for very low birth weight infants, according to gestational age (GA).
METHODS—Perinatal/neonatal data were collected for 9575 infants of extremely low GA (22-28 weeks) and very low birth weight ( $401-1500 \mathrm{~g}$ ) who were born at network centers between January 1, 2003, and December 31, 2007.

RESULTS—Rates of survival to discharge increased with increasing GA ( $6 \%$ at 22 weeks and $92 \%$ at 28 weeks); 1060 infants died at $\leq 12$ hours, with most early deaths occurring at 22 and 23 weeks ( $85 \%$ and $43 \%$, respectively). Rates of prenatal steroid use ( $13 \%$ and $53 \%$, respectively), cesarean section ( $7 \%$ and $24 \%$, respectively), and delivery room intubation ( $19 \%$ and $68 \%$, respectively) increased markedly between 22 and 23 weeks. Infants at the lowest GAs were at greatest risk for morbidities. Overall, $93 \%$ had respiratory distress syndrome, $46 \%$ patent ductus arteriosus, $16 \%$ severe intraventricular hemorrhage, $11 \%$ necrotizing enterocolitis, and $36 \%$ late-onset sepsis. The new severity-based definition of bronchopulmonary dysplasia classified more infants as having bronchopulmonary dysplasia than did the traditional definition of supplemental oxygen use at 36 weeks ( $68 \%$, compared with $42 \%$ ). More than one-half of infants with extremely low GAs had undetermined retinopathy status at the time of discharge. Center differences in management and outcomes were identified.

CONCLUSION—Although the majority of infants with GAs of $\geq 24$ weeks survive, high rates of morbidity among survivors continue to be observed.

## Keywords

extremely low gestation; very low birth weight; morbidity; death


#### Abstract

Over the previous 2 decades, the Eunice Kennedy Shriver National Institute of Child Health and Human Development Neonatal Research Network (NRN) has monitored trends in morbidity and mortality rates among very low birth weight (VLBW) infants born at the university centers that constitute the NRN. ${ }^{1-} 6$ Increased VLBW infant survival rates have paralleled improvements in prenatal, obstetric, and neonatal care. 7,8 NRN data suggest that a plateau in VLBW infant survival rates might have been reached, despite increased use of prenatal corticosteroid treatment, prenatal antibiotic treatment, and early neonatal surfactant treatment. ${ }^{6}$ Previous NRN reports presented patient characteristics, interventions, and outcomes according to birth weight (BW), with an upper limit of 1500 g . Such BW-specific data may be skewed by more-mature infants with growth restriction. The aim of this study was to evaluate management, hospital complications, and mortality rates among infants with gestational ages (GAs) of 22 to 28 weeks who were born at NRN centers between 2003 and 2007.


## METHODS

## Study Population and Clinical Outcomes

Infants born alive at NRN centers in 2003-2007 with GAs of $220 / 7$ to $286 / 7$ weeks and BWs of 401 to 1500 g were studied, including those with congenital anomalies. These infants were part of the NRN VLBW registry. ${ }^{1-6}$

Research personnel collected maternal pregnancy/delivery data soon after birth and infant data from birth to death, discharge/transfer, or 120 days of age ("status"). For infants with prolonged hospitalizations, limited information was collected up to 1 year. Definitions for maternal and infant characteristics were provided in a manual of operations. GA was determined as the best obstetric estimate by using ultrasonography and/or the date of the last menstrual period.

Intrauterine growth restriction, defined as BW of <10th percentile for gender and GA, was determined by using growth charts published by Alexander et al. ${ }^{9}$ Morbidities were defined in earlier publications, $1^{-} 6,10,11$ including respiratory distress syndrome, bronchopulmonary dysplasia (BPD), intraventricular hemorrhage (IVH), periventricular leukomalacia (PVL), early-onset and late-onset sepsis, necrotizing enterocolitis, patent ductus arteriosus, and retinopathy of prematurity (ROP). Respiratory distress syndrome was defined on the basis of clinical features and oxygen or respiratory support for $\geq 6$ of the first 24 hours.

Three definitions of BPD were used, namely, traditional BPD (supplemental oxygen use at postmenstrual age [PMA] of 36 weeks); BPD determined by using the National Institutes of Health Workshop severity-based diagnostic criteria, ${ }^{12}$ and BPD determined according to physiologic definition. 13 Surviving infants who were discharged or transferred before PMA of 36 weeks were classified on the basis of their status at 36 weeks, if status information was available, or oxygen use at discharge/transfer, if status information was not available. Unless noted otherwise, BPD refers to the traditional definition.

Revisions to data collection in 2006 included questions about maternal chorioamnionitis, placental pathologic conditions, nitric oxide use, and ibuprofen use and expanded data collection on birth resuscitation and neurologic, pulmonary, and ophthalmologic outcomes. In addition to ophthalmologic examination results and interventions, the following outcomes, defined in the manual of operations, were recorded: favorable in both eyes, severe ROP in either eye, or undetermined in either eye without severe ROP in either eye. Complete definitions are included in a footnote to Table 6. The registry was approved by the institutional review boards at each center.

## Statistical Analyses

All infants were studied for assessment of maternal characteristics, neonatal demographic features, interventions performed soon after birth, and survival. Infants who died at $\leq 12$ hours were excluded from analyses focused on morbidities diagnosed at $>12$ hours. For determination of rates of survival without morbidity, morbidity was defined as severe IVH ( $\geq$ grade 3), PVL, BPD, necrotizing enterocolitis, $\geq$ stage 3 ROP, or infection (early-onset sepsis, late-onset sepsis, or meningitis).

Statistical significance for unadjusted comparisons was determined by using $\chi^{2}$ or Wilcoxon tests. Logistic or linear regression models were used to assess associations with GA, with adjustment for study center and infant BW, with statistical significance determined by using Wald $\chi^{2}$ or F tests. Generalized logit regression models were used for comparisons involving categorical variables with $>2$ levels.

Risk of death and changes in clinical practice during the study period were assessed by using robust Poisson regression models ${ }^{14}$ to produce correct SEs for the estimated relative risks (RRs). Additional adjustments for clustering according to center were not made because study center was treated as a fixed effect in these models, which also included effects for BW and GA. To assess linear trends, year was included as a continuous variable, with adjusted RRs for the change per year being reported. Initial models included terms for interactions between each GA and year, to assess whether yearly trends varied according to GA. Nonsignificant interactions were removed, and the models were rerun.

## Participating NRN Study Centers

The numbers of infants included from each center were as follows: University of Alabama, 805 infants; Brown University, 616 infants; University of California, San Diego, 528 infants; Case Western Reserve University, 415 infants; University of Cincinnati, 974 infants; Duke

University, 426 infants; Emory University, 516 infants; Indiana University, 720 infants; University of Iowa, 99 infants; University of Miami, 515 infants; University of New Mexico, 97 infants; University of Rochester, 243 infants; Stanford University, 334 infants; University of Texas Southwestern Medical Center at Dallas, 488 infants; University of Texas Health Science Center at Houston, 765 infants; Tufts University, 137 infants; University of Utah, 269 infants; Wake Forest University, 465 infants; Wayne State University, 637 infants; Yale University, 526 infants.

## RESULTS

## Study Group

A total of 9575 infants with GAs of 22 to 28 weeks and BWs of 401 to 1500 g were born at NRN centers between January 1, 2003, and December 31, 2007, and are included in this study. Overall, $25 \%$ of the cohort subjects were multiple births.

## Maternal and Infant Characteristics, Delivery Room Interventions, and Early Deaths

Rates of prenatal steroid use increased with increasing GA, from $13 \%$ at 22 weeks to $53 \%$ at 23 weeks and $85 \%$ to $87 \%$ at 24 to 28 weeks (Table 1). Rates of prenatal antibiotic use were lowest for mothers who delivered at 22 weeks ( $51 \%$ ) and highest for those who delivered at 24 to 25 weeks ( $73 \%$ ). Chorioamnionitis was documented more frequently in maternal records and confirmed more commonly by placental histologic findings at lower GAs. Overall, $59 \%$ of infants were born through cesarean section, with the steepest increase in cesarean section delivery rates between GAs of 22 and 24 weeks ( $7 \%$ at 22 weeks and $60 \%$ at 24 weeks).

With adjustment for center and BW, there were no differences in racial distribution according to GA (Table 2). Early neonatal interventions differed according to GA (Table 2). At 22 weeks, only $19 \%$ of infants underwent intubation and ventilation in the delivery room. Intubation rates increased to $68 \%$ at 23 weeks and $87 \%$ at 24 weeks and decreased at $>24$ weeks. Of 856 infants who received resuscitation drugs and/or chest compressions, $96 \%$ also underwent intubation. Rates of surfactant therapy increased from $17 \%$ at 22 weeks to $63 \%$ at 23 weeks and $90 \%$ at 24 weeks. The proportion of infants who died at $\leq 12$ hours decreased with increasing GA, from $85 \%$ at 22 weeks to $1 \%$ to $2 \%$ at 27 to 28 weeks (Table 3). Risk of early death was significantly elevated for infants born at 22 to 24 weeks, compared with infants born at 28 weeks ( 22 weeks, adjusted RR: 15.76 [ $95 \%$ confidence interval [CI]: 10.13-24.52]; 23 weeks, adjusted RR: 9.88 [ $95 \%$ CI: $6.48-15.08$ ]; 24 weeks, adjusted RR: 2.90 [ $95 \%$ CI: $1.90-4.43$ ]), but not for infants born at 25 to 27 weeks.

## Changes in Clinical Practices

Rates of prenatal steroid use increased by $\sim 1 \%$ per year during the study period, and rates of cesarean section delivery increased by $\sim 2 \%$ per year (Table 4 ). Rates of prenatal antibiotic use decreased by $\sim 3 \%$ per year. These trends did not vary according to GA (year-GA interaction: for prenatal steroid therapy, $P=.47$; for cesarean section delivery, $P=.37$; for prenatal antibiotic treatment, $P=.66$ ). Rates of endotracheal intubation in the delivery room and surfactant therapy varied according to GA (year-GA interaction: $P<.01$ for each). Rates of intubation and surfactant therapy decreased for infants born at 28 weeks. During the study period, the proportion of infants receiving continuous positive airway pressure (CPAP) therapy at 24 hours increased among infants of $\geq 24$ weeks, as did the proportion of infants who never underwent intubation. Although the adjusted RR for BPD decreased over time among infants who survived to PMA of 36 weeks, the change was clinically insignificant.

## Neonatal Characteristics and Morbidities Among Infants Who Survived >12 Hours

Overall, $89 \%$ of infants born at GAs of 22 to 28 weeks survived $>12$ hours. Substantially more early survivors born at 22 to 24 weeks received resuscitation efforts (intubation, drug treatment, and/or chest compression) in the delivery room, compared with infants born at 22 to 24 weeks who died at $\leq 12$ hours ( 22 weeks, $90 \%$ vs $7 \% ; 24$ weeks, $91 \%$ vs $59 \%$ ). Significant differences in resuscitation efforts between those who survived $>12$ hours and those who did not were not seen among infants with GAs of 25 to 27 weeks. Among infants born at 28 weeks, a smaller proportion of those who survived $>12$ hours received resuscitation efforts in the delivery room, compared with those who died within 12 hours ( $48 \%$ vs $65 \% ; P=.05$ ).

Infants at the lowest GAs were at the greatest risk for morbidities of prematurity (Tables 5 and 6). Overall, $93 \%$ infants experienced respiratory distress. Rates of mechanical ventilation at 24 hours decreased from $96 \%$ at 22 weeks to $40 \%$ at 28 weeks, and rates of CPAP therapy at 24 hours increased from $0 \%$ at 22 weeks to $3 \%$ at 23 weeks, $8 \%$ at 24 weeks, and $38 \%$ at 28 weeks. The risk of BPD was inversely related to GA at birth. Because of the inclusion of infants with mild BPD (oxygen therapy for $\geq 28$ days but use of room air at 36 weeks), more infants were classified as having BPD with the new, severity-based, definition of BPD (new definition, $68 \%$; traditional definition, $42 \%$; physiologic definition, $40 \%$ ).

Most infants who survived $>12$ hours underwent $\geq 1$ cranial ultrasound evaluation within 28 days; $64 \%$ of results were normal (Table 6). Overall, $10 \%$ of sonograms indicated grade 1 IVH, $6 \%$ grade $2 \mathrm{IVH}, 7 \%$ grade $3 \mathrm{IVH}, 9 \%$ grade $4 \mathrm{IVH}, 2 \%$ ventriculomegaly without IVH, and $2 \%$ other abnormalities. PVL was observed for $3 \%$ of infants with sonograms performed in the first 28 days and $4 \%$ with sonograms performed after 28 days. Rates of abnormal ultrasound findings decreased with increasing GA.

Sepsis was diagnosed more frequently at the lowest GA (rates of early-onset sepsis were $6 \%$ at 22 weeks and $1 \%$ at 28 weeks, and rates of late-onset sepsis were $58 \%$ at 22 weeks and $20 \%$ at 28 weeks); $11 \%$ of infants developed necrotizing enterocolitis (Table 6). Patent ductus arteriosus was diagnosed for $46 \%$ of infants, of whom $71 \%$ were treated with indomethacin, $13 \%$ ibuprofen (2006-2007), and $27 \%$ surgical closure. Among 7313 infants who were still in the hospital at 28 days, $94 \%$ underwent an ophthalmologic examination before hospital discharge, death, or transfer. Of the 6866 with examination findings, $59 \%$ were diagnosed as having ROP ( $96 \%$ at 22 weeks and $32 \%$ at 28 weeks), and $12 \%$ underwent treatment for ROP ( $50 \%$ at 22 weeks and $2 \%$ at 28 weeks). A total of 2630 infants evaluated in 2006-2007 had ROP outcomes recorded at the time of discharge or 120 days of age. Among those infants, 39\% had favorable outcomes, $7 \%$ had unfavorable outcomes with severe ROP requiring treatment, and $53 \%$ had undetermined ROP outcomes (ie, had not reached the threshold for surgery or were still immature and required further examination) (Table 6).

## Survival and Morbidity Rates (All 9575 Infants)

Rates of survival to discharge increased with increasing GA, from $6 \%$ at 22 weeks to $92 \%$ at 28 weeks ( $72 \%$ overall) (Fig 1 and Table 3). Infants born at 22 to 23 weeks had $>3$ times the risk of death, compared with infants born at 28 weeks ( 22 weeks, adjusted RR: 3.88 [ $95 \% \mathrm{CI}$ : 3.18-4.73]; 23 weeks, adjusted RR: 3.56 [ $95 \%$ CI: 2.95-4.30]). RRs decreased but remained significant for infants born at 24 to 27 weeks, compared with 28 weeks ( 24 weeks, adjusted RR: 2.52 [ $95 \%$ CI: 2.10-3.04]; 27 weeks, adjusted RR: 1.23 [ $95 \%$ CI: $1.01-1.49$ ]). Rates of survival to discharge according to GA did not change during the study period (Table 4).

Neonatal morbidities occurred frequently among survivors. Rates of survival with morbidity decreased from $100 \%$ at 22 weeks to $92 \%$ at 23 weeks, $91 \%$ at 24 weeks, $80 \%$ at 25 weeks, $66 \%$ at 26 weeks, $56 \%$ at 27 weeks, and $43 \%$ at 28 weeks. Infection and BPD were the most-
frequent morbidities. Although unadjusted rates of survival without major morbidity seemed unchanged, the adjusted RR for survival without morbidity increased over time (Table 4). The median length of hospital stay among survivors was 84 days, and lengths of stay decreased with increasing GA, from 141 days at 22 weeks to 63 days at 28 weeks ( $P<.001$ ). PMA at discharge decreased from 42 weeks for surviving infants born at GAs of 22 weeks to 37 weeks for those born at 28 weeks (Fig 2).

## DISCUSSION

Although VLBW infant mortality rates in the United States decreased substantially in the 1980s and early 1990s, ${ }^{3-6,15-18}$ most reports, including findings for this cohort, failed to demonstrate further progress in reducing neonatal morbidity and mortality rates. ${ }^{6,16-19}$ In contrast, a population cohort of all preterm infants born at GAs of <27 weeks in Sweden in 2004-2007 demonstrated survival rates higher than rates reported for other countries or reported previously for Sweden. ${ }^{20}$ Our study reviewed neonatal morbidity and mortality rates for a large cohort of extremely preterm infants, to evaluate changes in clinical practice and contemporary outcomes at US academic centers. Although previous reports from the NRN used BW as the reference for morbidity and survival rates, the current study assessed outcomes according to GA. Appreciation of GA-based outcomes is particularly valuable for prenatal counseling and physician/family decision-making.

The decisions to provide active obstetric care and to initiate neonatal intensive care for the most-immature infants remain controversial. Center differences in obstetric/early neonatal interventions were identified, but we did not collect sufficiently detailed information on decision-making processes to help explain differences. In our cohort, rates of active obstetric intervention, as indicated by prenatal steroid administration and cesarean section delivery, increased markedly after 23 weeks of gestation. Prenatal steroid use was almost twice as frequent for infants born at GAs of 24 to 28 weeks, compared with infants born earlier. Similarly, rates of neonatal interventions and intensive care, measured as active resuscitation with ventilation in the delivery room, increased substantially between 22 and 23 weeks ( $19 \%$ vs $68 \%$ ). Rates of death at $\leq 12$ hours, which in part reflect willingness to provide intensive care to the most-immature infants, decreased with increasing GA, from $85 \%$ of infants at 22 weeks to $2 \%$ of infants at 28 weeks.

In-hospital morbidity rates remain high among extremely preterm infants, and morbidities contribute to adverse neurodevelopmental outcomes. The majority of infants studied experienced a major complication during the initial hospitalization, with the risk of morbidity being inversely related to GA at birth. Center differences in the proportions of infants with specific morbidities were noted. At the lowest GAs (22-24 weeks), small numbers of infants at some centers contributed to the variability. The registry does not collect data on the reasons behind the choice of interventions for individual infants and has limited data on the severity of illness at birth, information that might permit more-detailed evaluation and understanding of center differences. Reducing the high rates of in-hospital morbidity among extremely low GA infants who are provided ongoing intensive care remains a challenge for clinicians and investigators.

To reduce rates of BPD, attention is being paid to avoidance of intubation, less prophylactic use of surfactant, and alternative modes of respiratory support. Rates of endotracheal intubation in the delivery room decreased in recent years among infants of $>24$ weeks, with a corresponding increase in CPAP therapy use at 24 hours of life. At GA of 28 weeks, use of surfactant decreased in the most-recent years. Furthermore, the proportion of infants who survived $>12$ hours without ever undergoing intubation and ventilation increased with increasing GA and more-recent year of birth. With substantially increased use of CPAP
therapy, it was surprising that overall rates of BPD were unchanged, although the adjusted RR for BPD decreased over the study period.

This is the first study to report ophthalmologic status as favorable, unfavorable, or undetermined at the time of the last in-hospital examination. Although $7 \%$ of all infants had severe ROP, the rate was $30 \%$ for infants with GAs of $22 / 23$ weeks. Of concern, $53 \%$ of infants had undetermined ophthalmologic status at the last examination before discharge. This finding has implications for discharge planning and underscores the importance of a medical home, to ensure careful ophthalmologic follow-up monitoring of these vulnerable infants after discharge home or transport to a community hospital.

Although ours is not a population-based study, we included all extremely low gestation births at 20 academic centers across the United States that together represent $>110000$ live births per year, an annual birth cohort equal in size to the Swedish national cohort described recently. ${ }^{20}$ The rate of extremely low gestation birth was fivefold higher in our NRN cohort ( $\sim 10$ births at <27 weeks per 1000 infants) than in the Swedish cohort ( 2.3 births at <27 weeks per 1000 infants). This remarkable difference may be explained in part by Sweden's universal health insurance, with free prenatal care and associated social services, as well as an ethnically more homogeneous and somewhat older pregnant population. The high rates of prematurity in our cohort underscore the importance of the current health care debate in the United States. Survival rates for extremely low gestation infants born at NRN centers are lower than those reported from Sweden. For nearly all infants in the Swedish cohort, GA was estimated on the basis of ultrasound findings. The authors of the Swedish study noted that a limitation of the use of ultrasonography to determine GA is that erroneously low GAs might be estimated for infants with growth restriction. Given the decrease in mortality rates with increasing GA, underestimation of GA by as little as 1 week might explain in part the difference in mortality rates between the 2 cohorts. Greater use of prenatal steroid treatment at all GAs and of surfactant therapy at 22 to 23 weeks also might have contributed to differences between the 2 cohorts.

During the 5-year study period, there was no substantial improvement in rates of survival to discharge for extremely low gestation infants born at NRN centers. However, each additional week of GA at birth had substantial survival advantage; the most marked changes were between GAs of 22 and 25 weeks, with survival rates increasing from $6 \%$ to $72 \%$. Furthermore, rates of survival to discharge without major morbidities increased dramatically between 22 and 25 weeks, with continued steady improvement for each additional week of gestation. PMA at discharge for VLBW infants, a proxy measure of length of stay and a reflection of the cost of care, was inversely related to GA at birth. Each additional week of GA at birth reduced PMA at discharge by almost 1 week and total length of hospital stay by $\sim 2$ weeks, a reflection of both severity of illness and complications of prematurity among these very immature infants. Although adjusted RRs for survival without morbidity increased over time, the burden of inhospital complications remained high. Retrospective analyses of center differences and benchmarking studies to identify best performance have been unable to identify modifiable practices that consistently improve outcomes, which underscores the need for hypothesisdriven clinical trials to assess the efficacy of current neonatal interventions. ${ }^{21-24}$ Clinicians and investigators are challenged to identify and to test currently available interventions and resources that yield consistently lower morbidity and mortality rates at some centers, so that we can improve rates of survival without major morbidities and reduce long-term neurodevelopmental impairments for all infants.

WHAT'S KNOWN ON THIS SUBJECT: The NICHD NRN has published periodic evaluations of morbidity and mortality rates for VLBW infants. Increased VLBW survival has paralleled improvements in prenatal, obsteric and neonatal care, but recent data suggest that a plateau in survival may have been reached.

WHAT THIS STUDY ADDS: This study is the first NRN study to report outcomes on the basis of GA-specific information, which should be particularly valuable to obstetricians and pediatricians as they counsel parents of high-risk infants.

## ABBREVIATIONS

| VLBW | very low birth weight |
| :--- | :--- |
| BPD | bronchopulmonary dysplasia |
| BW | birth weight |
| CI | confidence interval |
| GA | gestational age |
| IVH | intraventricular hemorrhage |
| ROP | retinopathy of prematurity |
| RR | relative risk |
| NICHD | National Institute of Child Health and Human Development |
| NRN | Neonatal Research Network |
| CPAP | continuous positive airway pressure |
| PVL | periventricular leukomalacia |
| PMA | postmenstrual age |

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FIGURE 1.
Survival to discharge according to GA among 9575 VLBW infants born in NICHD NRN centers between January 1, 2003, and December 31, 2007. The thin lines indicate ranges across centers.

FIGURE 2.
Median length of hospitalization (in weeks) and median PMA at discharge (in weeks) according to GA at birth among 6859 VLBW infants who were born in NICHD NRN centers between January 1, 2003, and December 31, 2007, and survived to discharge.

| Characteristic | $\begin{gathered} 22 \mathrm{wk} \\ (N=421) \end{gathered}$ | $\begin{gathered} 23 \mathrm{wk} \\ (N=871) \end{gathered}$ | $\begin{gathered} 24 \mathrm{wk} \\ (N=1370) \end{gathered}$ | $\begin{gathered} 25 \mathrm{wk} \\ (N=1498) \end{gathered}$ | $\begin{gathered} 26 \mathrm{wk} \\ (N=1576) \end{gathered}$ | $\begin{gathered} 27 \mathrm{wk} \\ (N=1838) \end{gathered}$ | $\begin{gathered} 28 \mathrm{wk} \\ (N=2001) \end{gathered}$ | $\begin{gathered} \text { Total } \\ (N=9575) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mother's age, $\mathrm{y}^{\text {a }}$ |  |  |  |  |  |  |  |  |
| Mean (range) | 27 (22-32) | 27 (25-32) | 27 (25-31) | 27 (23-30) | 27 (25-30) | 27 (25-31) | 27 (25-32) | 27 (25-31) |
| SD (range) | 6.9 (4.2-9.9) | 6.4 (0.0-7.0) | 6.5 (4.7-8.9) | 6.6 (4.9-7.2) | 6.5 (4.6-7.6) | 6.7 (5.1-7.5) | 6.8 (5.2-7.5) | 6.6 (5.7-7.0) |
| High school degree, \% (range) | 68 (0-100) | 69 (25-100) | 72 (40-100) | 70 (33-94) | 72 (25-90) | 70 (0-100) | 72 (41-89) | 71 (36-88) |
| Medical insurance, \% (range) ${ }^{b}$ |  |  |  |  |  |  |  |  |
| Medicaid/public insurance | 51 (20-100) | 42 (20-100) | 50 (15-71) | 53 (33-69) | 50 (29-71) | 50 (24-81) | 49 (19-78) | 49 (29-69) |
| Private insurance | 35 (0-67) | 45 (0-67) | 39 (9-76) | 38 (6-62) | 40 (5-69) | 40 (3-67) | 42 (4-79) | 40 (6-63) |
| Self-pay/uninsured | 13 (0-40) | 13 (0-51) | 11 (0-42) | 8 (0-38) | 9 (0-30) | 9 (0-22) | 8 (0-31) | 9 (<1-31) |
| Other | <1 (0-13) | <1 (0-11) | $<1$ (0-10) | <1 (0-11) | $<1$ (0-10) | 1 (0-15) | <1 (0-15) | $<1(0-13)$ |
| $\geq 1$ prenatal visit, \% (range) ${ }^{\text {b }}$ | 88 (33-100) | 92 (84-100) | 93 (85-100) | 94 (86-100) | 93 (80-100) | 95 (85-100) | 95 (89-100) | 94 (85-100) |
| Diabetes mellitus, \% (range) ${ }^{\text {c }}$ | 3 (0-20) | 3 (0-17) | 3 (0-10) | 4 (0-8) | 5 (2-15) | 5 (0-11) | 6 (1-15) | 5 (3-8) |
| Hypertension, \% (range) ${ }^{\text {b }}$ | 8 (0-26) | 10 (0-28) | 14 (0-40) | 20 (9-38) | 25 (13-43) | 27 (15-42) | 31 (11-47) | 22 (14-37) |
| Prepartum hemorrhage, \% (range) ${ }^{\text {b }}$ | 21 (0-67) | 27 (0-76) | 21 (9-40) | 22 (5-56) | 19 (0-54) | 17 (5-35) | 16 (6-23) | 20 (9-32) |
| Prenatal steroid treatment, \% (range) ${ }^{b}$ | 13 (0-100) | 53 (10-100) | 85 (49-100) | 86 (62-100) | 86 (48-100) | 87 (57-100) | 86 (46-100) | 80 (45-97) |
| Prenatal antibiotic treatment, \% (range) ${ }^{b}$ | 51 (21-92) | 65 (0-88) | 73 (56-90) | 73 (48-94) | 68 (45-100) | 66 (51-85) | 64 (50-89) | 67 (55-85) |
| ROM $>24 \mathrm{~h}$ before delivery, \% (range) ${ }^{\text {b }}$ | 22 (0-45) | 22 (0-42) | 25 (8-40) | 26 (13-40) | 28 (15-50) | 25 (14-32) | 24 (16-34) | 25 (18-32) |
| Mode of delivery, \% (range) ${ }^{b}$ |  |  |  |  |  |  |  |  |
| Vaginal, vertex | 60 (20-100) | 53 (0-75) | 32 (20-56) | 31 (19-44) | 33 (11-43) | 30 (14-44) | 30 (12-48) | 34 (18-43) |
| Vaginal, breech | 32 (0-80) | 23 (0-56) | 7 (0-22) | 4 (0-13) | 3 (0-13) | 2 (0-4) | 2 (0-5) | 6 (0-12) |
| Vaginal, not otherwise specified | $<1(0-33)$ | <1 (0-6) | 0 (0-0) | $<1(0-5)$ | <1 (0-2) | $<1(0-1)$ | <1 (0-1) | <1 (0-1) |
| Cesarean section | 7 (0-33) | 24 (3-100) | 60 (24-80) | 65 (54-79) | 65 (52-89) | 68 (55-86) | 68 (47-88) | 59 (47-81) |
| Infants born in 2006-2007 | $N=159$ | $N=321$ | $N=493$ | $N=573$ | $N=583$ | $N=732$ | $N=771$ | $N=3632$ |
| b <br> Chorioamnionitis documented in mother's medical record, \% (range) | 28 (0-100) | 26 (0-100) | 20 (0-39) | 19 (0-56) | 19 (0-44) | 15 (0-28) | 14 (0-22) | 18 (7-29) |
| Placental pathologic evaluation performed, \% (range) | 77 (36-100) | 86 (50-100) | 82 (50-100) | 83 (62-100) | 80 (46-100) | 80 (44-100) | 83 (0-100) | 82 (58-100) |
| Placental pathologic evaluation | $N=123$ | $N=272$ | $N=401$ | $N=475$ | $N=461$ | $N=585$ | $N=634$ | $N=2951$ |

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| Characteristic | $\begin{gathered} 22 \mathbf{w k} \\ (N=\mathbf{4 2 1}) \end{gathered}$ | $\begin{gathered} 23 \mathrm{wk} \\ (N=871) \end{gathered}$ | $\begin{gathered} 24 \mathrm{wk} \\ (N=1370) \end{gathered}$ | $\begin{gathered} 25 \mathrm{wk} \\ (N=1498) \end{gathered}$ | $\begin{gathered} 26 \mathrm{wk} \\ (N=1576) \end{gathered}$ | $\begin{gathered} 27 \mathbf{w k} \\ (N=1838) \end{gathered}$ | $\begin{gathered} 28 \mathrm{wk} \\ (N=2001) \end{gathered}$ | $\begin{gathered} \text { Total } \\ (N=9575) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Histologic chorioamnionitis, \% (range) ${ }^{\text {b }}$ | 70 (25-100) | 61 (0-100) | 59 (0-100) | 51 (25-100) | 48 (0-73) | 41 (23-61) | 34 (8-57) | 48 (26-73) |
| Ranges are across all participating NRN centers. Information was missing as follows: mother's age, 4 infants; mother's education, 2834 infants; mother's medical insurance, 300 infants; prenatal care, 8 infa diabetes mellitus, 8 infants; hypertension, 10 infants; prepartum hemorrhage, 8 infants; prenatal steroid treatment, 27 infants; prenatal antibiotic treatment, 30 infants; rupture of membranes date and/or time 228 infants; mode of delivery, 9 infants; chorioamnionitis, 9 infants; placental pathologic evaluation, 26 infants; histologic chorioamnionitis, 17 infants. $P$ values were determined with the Wald $\chi^{2}$ test for differences according to GA, with adjustment for center and BW. ROM indicates rupture of membranes. |  |  |  |  |  |  |  |  |
| ${ }^{a_{P \leq .05}}$. |  |  |  |  |  |  |  |  |
| $b_{P \leq .001}$ |  |  |  |  |  |  |  |  |


Mortality Rates According to GA for VLBW Infants Born in NRN Centers Between January 1, 2003, and December 31, 2007

|  | \% (Range) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} 22 \mathrm{wk} \\ (N=421) \end{gathered}$ | $\begin{gathered} 23 \mathrm{wk} \\ (N=871) \end{gathered}$ | $\begin{gathered} 24 \mathrm{wk} \\ (N=1370) \end{gathered}$ | $\begin{gathered} 25 \mathrm{wk} \\ (N=1498) \end{gathered}$ | $\begin{gathered} 26 \mathrm{wk} \\ (N=1576) \end{gathered}$ | $\begin{gathered} 27 \mathrm{wk} \\ (N=1838) \end{gathered}$ | $\begin{gathered} 28 \mathbf{w k} \\ (N=2001) \end{gathered}$ | $\begin{gathered} \text { Total } \\ (N=9575) \end{gathered}$ |
| Survived | 6 (0-50) | 26 (2-53) | 55 (20-100) | 72 (50-90) | 84 (61-100) | 88 (76-100) | 92 (88-100) | 72 (55-95) |
| Died | 94 (50-100) | 74 (47-98) | 45 (0-80) | 28 (10-50) | 16 (0-39) | 12 (0-24) | 8 (0-12) | 28 (5-45) |
| Time of death ${ }^{a}$ |  |  |  |  |  |  |  |  |
| $\leq 12 \mathrm{~h}$ | 85 (0-100) | 43 (0-90) | 11 (0-44) | 5 (0-19) | 3 (0-11) | 1 (0-5) | 2 (0-7) | 11 (1-25) |
| $>12-24 \mathrm{~h}$ | 2 (0-6) | 3 (0-7) | 2 (0-6) | <1 (0-3) | <1 (0-2) | <1 (0-2) | <1 (0-1) | 1 (0-2) |
| >1-3 d | 1 (0-8) | 9 (0-30) | 6 (0-11) | 3 (0-25) | 2 (0-8) | 1 (0-6) | $<1(0-4)$ | 3 (0-7) |
| $4-7 \mathrm{~d}$ | 2 (0-23) | 4 (0-20) | 4 (0-11) | 3 (0-7) | 1 (0-8) | 1 (0-6) | <1 (0-2) | 2 (0-5) |
| $8-14$ d | 2 (0-50) | 5 (0-50) | 5 (0-20) | 3 (0-9) | 2 (0-6) | 2 (0-19) | <1 (0-5) | 3 (1-8) |
| $15-28$ d | 1 (0-15) | 4 (0-16) | 7 (0-15) | 4 (0-8) | 3 (0-11) | 2 (0-5) | 2 (0-7) | 3 (0-6) |
| $\geq 29 \mathrm{~d}$ | 1 (0-8) | 6 (0-17) | 10 (0-30) | 8 (0-15) | 5 (0-10) | $4(0-8)$ | 2 (0-5) | 5 (1-9) |
| Survived | $N=25$ | $N=226$ | $N=748$ | $N=1078$ | $N=1319$ | $N=1616$ | $N=1847$ | $N=6859$ |
| Survived without morbidity $b$ | 0 (0-0) | 8 (0-14) | 9 (0-18) | 20 (0-43) | 34 (0-49) | 44 (19-65) | 57 (6-74) | 37 (7-50) |
| Died | $N=396$ | $N=645$ | $N=622$ | $N=420$ | $N=257$ | $N=222$ | $N=154$ | $N=2716$ |
| Respiratory support withheld/withdrawn before death ${ }^{c}$ | 82 (40-100) | 77 (0-100) | 66 (21-96) | 68 (0-100) | 73 (42-100) | 66 (20-100) | 60 (0-100) | 72 (29-95) |
| Died at $\leq 12 \mathrm{~h}$ | $N=359$ | $N=375$ | $N=147$ | $N=72$ | $N=46$ | $N=27$ | $N=34$ | $N=1060$ |
| Respiratory support withheld/withdrawn before death ${ }^{d}$ | 85 (40-100) | 85 (43-100) | 79 (0-100) | 86 (0-100) | 78 (0-100) | 85 (0-100) | 79 (25-100) | 84 (53-100) |

[^1]${ }^{a}$ Proportions among all infants including survivors.
${ }^{b}$ Proportions among infants who survived. Morbidities included severe IVH, PVL, BPD, necrotizing enterocolitis, infections, and ROP stage $\geq 3$.
${ }^{c}$ Proportions among infants who died. Data on respiratory support withheld/withdrawn were missing for 52 infants.
${ }^{d}$ Proportions among infants who died within 12 hours. Data on respiratory support withheld/withdrawn were missing for 2 infants.
Clinical Practice Indicators and Survival Rates According to Birth Year for 9575 VLBW Infants Born in NRN Centers Between January 1, 2003, and December 31, 2007

| Characteristic | Percent |  |  |  |  | Adjusted RR (95\% CI) | $P$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} 20003 \\ (N=1919) \end{gathered}$ | $\begin{gathered} 2004 \\ (N=1992) \end{gathered}$ | $\begin{gathered} 2005 \\ (N=2032) \end{gathered}$ | $\begin{gathered} 2006 \\ (N=1900) \end{gathered}$ | $\begin{gathered} 2007 \\ (N=1732) \end{gathered}$ |  |  |
| Prenatal steroid treatment, all infants | 81 | 76 | 80 | 79 | 83 | 1.01 (1.00-1.02) | . 01 |
| Prenatal antibiotic treatment, all infants | 72 | 68 | 68 | 63 | 66 | 0.97 (0.96-0.98) | <. 001 |
| Cesarean section, all infants | 57 | 58 | 62 | 60 | 60 | 1.02 (1.00-1.03) | . 01 |
| Delivery room endotracheal intubation |  |  |  |  |  |  |  |
| 22 wk | 17 | 22 | 21 | 16 | 19 | 0.98 (0.85-1.13) | . 8 |
| 23 wk | 69 | 67 | 67 | 68 | 67 | 0.99 (0.96-1.02) | . 6 |
| 24 wk | 89 | 89 | 88 | 83 | 86 | 0.98 (0.97-1.00) | . 04 |
| 25 wk | 86 | 86 | 79 | 81 | 77 | 0.97 (0.95-0.99) | <. 001 |
| 26 wk | 83 | 78 | 68 | 76 | 69 | 0.95 (0.94-0.97) | <. 001 |
| 27 wk | 69 | 70 | 64 | 58 | 61 | 0.96 (0.94-0.98) | <. 001 |
| 28 wk | 54 | 58 | 45 | 41 | 38 | 0.90 (0.87-0.93) | <. 001 |
| All infants | 71 | 72 | 66 | 63 | 62 |  |  |
| Surfactant therapy |  |  |  |  |  |  |  |
| 22 wk | 18 | 17 | 21 | 13 | 18 | 0.97 (0.83-1.13) | . 7 |
| 23 wk | 65 | 66 | 63 | 63 | 59 | 0.98 (0.94-1.01) | . 2 |
| 24 wk | 91 | 88 | 89 | 88 | 93 | 1.00 (0.99-1.01) | . 9 |
| 25 wk | 89 | 89 | 85 | 91 | 87 | 0.99 (0.98-1.00) | . 2 |
| 26 wk | 89 | 83 | 84 | 87 | 82 | 0.99 (0.97-1.00) | . 045 |
| 27 wk | 78 | 80 | 75 | 77 | 78 | 1.00 (0.98-1.01) | . 6 |
| 28 wk | 73 | 70 | 61 | 62 | 59 | 0.94 (0.92-0.96) | <. 001 |
| All infants | 78 | 77 | 74 | 75 | 74 |  |  |
| Survived to discharge |  |  |  |  |  |  |  |
| 22 wk | 6 | 7 | 5 | 3 | 8 |  |  |
| 23 wk | 27 | 21 | 33 | 27 | 21 |  |  |
| 24 wk | 56 | 53 | 55 | 55 | 54 |  |  |
| 25 wk | 71 | 72 | 70 | 75 | 71 |  |  |


| Characteristic | Percent |  |  |  |  | Adjusted RR (95\% CI) | P |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} 20003 \\ (N=1919) \end{gathered}$ | $\begin{gathered} 2004 \\ (N=1992) \end{gathered}$ | $\begin{gathered} 2005 \\ (N=2032) \end{gathered}$ | $\begin{gathered} 2006 \\ (N=1900) \end{gathered}$ | $\begin{gathered} 2007 \\ (N=1732) \end{gathered}$ |  |  |
| 26 wk | 82 | 87 | 82 | 83 | 84 |  |  |
| 27 wk | 88 | 86 | 88 | 88 | 91 |  |  |
| 28 wk | 94 | 89 | 93 | 93 | 92 |  |  |
| All infants | 72 | 70 | 71 | 73 | 72 | 1.00 (0.99-1.01) | . 3 |
| Survived > 12 h | $N=1709$ | $N=1762$ | $N=1818$ | $N=1689$ | $N=1537$ |  |  |
| Never intubated, all infants who survived $>12 \mathrm{~h}^{a}$ | 8 | 8 | 10 | 10 | 11 | 1.12 (1.07-1.18) | < 001 |
| Necrotizing enterocolitis, all infants who survived $>12 \mathrm{~h}$ | 9 | 11 | 11 | 11 | 12 | 1.04 (0.99-1.09) | . 1 |
| Survived > 24 h | $N=1685$ | $N=1738$ | $N=1785$ | $N=1678$ | $N=1532$ |  |  |
| CPAP therapy at 24 h |  |  |  |  |  |  |  |
| 22 wk | 0 | 0 | 0 | 0 | 0 |  |  |
| 23 wk | 5 | 4 | 4 | 1 | 1 | 0.73 (0.51-1.05) | . 09 |
| 24 wk | 5 | 7 | 11 | 6 | 8 | 1.09 (0.95-1.24) | . 2 |
| 25 wk | 12 | 14 | 22 | 18 | 23 | 1.16 (1.07-1.25) | < 001 |
| 26 wk | 27 | 32 | 32 | 25 | 34 | 1.01 (0.96-1.07) | . 6 |
| 27 wk | 32 | 35 | 35 | 37 | 40 | 1.05 (1.0-1.09) | . 04 |
| 28 wk | 36 | 36 | 36 | 41 | 40 | 1.04 (1.0-1.08) | . 06 |
| All infants who survived $>24 \mathrm{~h}$ | 23 | 25 | 26 | 27 | 29 |  |  |
| Survived $>72 \mathrm{~h}$ | $N=1626$ | $N=1672$ | $N=1721$ | $N=1631$ | $N=1478$ |  |  |
| Late-onset sepsis, all infants who survived $>72 \mathrm{~h}$ | 36 | 38 | 37 | 36 | 33 | 0.98 (0.96-1.0) | . 1 |
| Cranial sonography performed within 28 d after birth | $N=1660$ | $N=1708$ | $N=1749$ | $N=1646$ | $N=1497$ |  |  |
| Severe IVH, all infants with sonograms | 16 | 16 | 14 | 17 | 16 | 0.96 (0.93-1.0) | . 05 |
| Infants who underwent cranial imaging before and/or after 28 d | $N=1665$ | $N=1714$ | $N=1752$ | $N=1651$ | $N=1500$ |  |  |
| PVL, all infants with imaging findings | 4 | 5 | 5 | 4 | 5 | 0.93 (0.87-1.0) | . 06 |
| Survived to PMA of 36 wk | $N=1426$ | $N=1455$ | $N=1483$ | $N=1421$ | $N=1280$ |  |  |
| BPD, infants who survived to PMA of 36 wk | 43 | 42 | 40 | 43 | 43 | 0.94 (0.92-0.95) | <. 001 |
| Survived to discharge | $N=1385$ | $N=1403$ | $N=1445$ | $N=1383$ | $N=1243$ |  |  |
| Survived without morbidity $b$ |  |  |  |  |  |  |  |
| 22 wk | 0 | 0 | 0 | 0 | 0 |  |  |
| 23 wk | 14 | 10 | 3 | 5 | 9 |  |  |

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Pulmonary Morbidities According to GA for VLBW Infants Who Were Born in NRN Centers Between January 1, 2003, and December 31, 2007, and Survived >12 Hours After Birth
Characteristi

|  | $\begin{gathered} 22 \mathrm{wk} \\ (N=62) \end{gathered}$ | $\begin{gathered} 23 \mathrm{wk} \\ (N=496) \end{gathered}$ | $\begin{gathered} 24 \mathrm{wk} \\ (N=1223) \end{gathered}$ | $\begin{gathered} 25 \mathrm{wk} \\ (N=1426) \end{gathered}$ | $\begin{gathered} 26 \mathrm{wk} \\ (N=1530) \end{gathered}$ | $\begin{gathered} 27 \mathrm{wk} \\ (N=1811) \end{gathered}$ | $\begin{gathered} 28 \mathrm{wk} \\ (N=1967) \end{gathered}$ | $\begin{gathered} \text { Total } \\ (N=8515) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Respiratory distress syndrome ${ }^{a}$ | 95 (75-100) | 98 (75-100) | 98 (64-100) | 97 (77-100) | 94 (61-100) | 90 (50-100) | 86 (55-100) | 93 (60-99) |
| Surfactant therapy ${ }^{\text {a }}$ | 97 (50-100) | 97 (90-100) | 95 (83-100) | 90 (72-100) | 86 (58-100) | 78 (43-95) | 65 (41-86) | 82 (64-93) |
| Pneumothorax | 15 (0-40) | 11 (0-33) | 11 (0-23) | 9 (4-20) | 7 (0-15) | 5 (0-14) | $4(0-9)$ | 7 (3-13) |
| Pulmonary hemorrhage ${ }^{b}$ | 16 (0-50) | 15 (0-50) | 13 (6-40) | 10 (3-28) | 7 (2-20) | $4(0-14)$ | 3 (0-7) | 7 (3-18) |
| Postnatal steroid treatment ${ }^{a}$ | 15 (0-50) | 18 (0-50) | 20 (0-60) | 14 (0-44) | 9 (0-30) | 6 (0-14) | 2 (0-6) | 10 (0-24) |
| Never intubated ${ }^{a, c}$ | 0 (0-0) | <1 (0-6) | $<1(0-2)$ | 2 (0-8) | 5 (0-14) | 12 (0-40) | 23 (6-44) | 9 (2-22) |
| Respiratory support at 24 h for infants who survived $>24 \mathrm{~h}$ | $N=55$ | $N=471$ | $N=1192$ | $N=1414$ | $N=1520$ | $N=1804$ | $N=1962$ | $N=8418$ |
| Conventional or high-frequency ventilation ${ }^{a, d}$ | 96 (0-100) | 94 (83-100) | 89 (71-100) | 76 (57-95) | 61 (43-92) | 49 (21-74) | 40 (20-61) | 62 (47-83) |
| Nasal SIMV ${ }^{\text {b,d }}$ | 0 (0-0) | <1 (0-6) | 2 (0-16) | 3 (0-20) | 3 (0-18) | 2 (0-12) | 3 (0-16) | 3 (0-14) |
| CPAP therapy ${ }^{a, d}$ | 0 (0-0) | 3 (0-10) | 8 (0-29) | 18 (5-30) | 30 (5-49) | 36 (12-79) | 38 (17-66) | 26 (8-46) |
| Use of oxygen alone ${ }^{a, d}$ | 2 (0-100) | 1 (0-6) | 1 (0-7) | $2(0-7)$ | 2 (0-13) | 3 (0-10) | 5 (0-15) | 3 (<1-9) |
| Infants who survived to PMA of 36 wk | $N=27$ | $N=241$ | $N=790$ | $N=1121$ | $N=1344$ | $N=1648$ | $N=1852$ | $N=7023$ |
| BPD (oxygen use at 36 wk$)^{\text {a,e }}$ | 85 (0-100) | 73 (35-100) | 69 (31-100) | 55 (20-100) | 44 (19-100) | 34 (13-76) | 23 (9-88) | 42 (20-89) |
| Infants in hospital at PMA of 36 wk or discharged/transferred at $33-36 \mathrm{wk}$ | $N=27$ | $N=231$ | $N=774$ | $N=1088$ | $N=1284$ | $N=1565$ | $N=1739$ | $N=6708$ |
| Severity-based BPD ${ }^{\text {af }}{ }^{\text {f }}$ |  |  |  |  |  |  |  |  |
| Mild BPD | 15 (0-100) | 26 (0-50) | 26 (0-67) | 37 (0-62) | 35 (0-58) | 28 (0-52) | 16 (0-35) | 27 (5-38) |
| Moderate BPD | 30 (0-100) | 35 (0-100) | 34 (0-68) | 29 (9-70) | 26 (5-71) | 20 (4-55) | 15 (0-57) | 23 (8-60) |
| Severe BPD | 56 (0-100) | 39 (0-100) | 37 (0-100) | 26 (3-86) | 17 (4-44) | 13 (0-30) | 8 (0-29) | 18 (3-40) |
| Infants born in 2006-2007 | $N=19$ | $N=174$ | $N=438$ | $N=547$ | $N=566$ | $N=728$ | $N=754$ | $N=3226$ |
| Inhaled nitric oxide treatment ${ }^{b}, g$ | 11 (0-50) | 8 (0-50) | 10 (0-54) | 8 (0-27) | 7 (0-25) | 3 (0-12) | 3 (0-14) | 6 (0-19) |
| Infants who survived to PMA of 36 wk | $N=9$ | $N=83$ | $N=274$ | $N=422$ | $N=482$ | $N=650$ | $N=691$ | $N=2611$ |
| BPD by physiologic definition ${ }^{a, h}$ | 89 (50-100) | 70 (0-100) | 68 (0-100) | 55 (19-100) | 44 (6-100) | 31 (0-100) | 22 (0-100) | 40 (15-82) |

Ranges are across all participating NRN centers. Proportions are among all infants who survived $>12$ hours, except as noted. Information was missing as follows: respiratory distress syndrome, 5 infants; surfactant treatment, 7 infants; pulmonary hemorrhage, 2 infants; postnatal steroid treatment, 41 infants; never intubated, 3 infants; ventilator use at 24 hours, 13 infants; nasal synchronized intermittent mandatory
ventilation at 24 hours, 14 infants; CPAP at 24 hours, 14 infants; oxygen alone at 24 hours, 14 infants; nitric oxide use, 1 infant. $P$ values were determined with the Wald $\chi^{2}$ test for differences according to
GA, with adjustment for center and BW or, for nasal synchronized intermittent mandatory ventilation and inhaled nitric oxide use, with adjustment for BW only. SIMV indicates synchronized intermittent mandatory ventilation.
${ }^{a} P \leq .001$.
$b{ }^{2} \leq .05$.
${ }^{c}$ Never used conventional or high-frequency ventilator or underwent nasal synchronized intermittent mandatory ventilation.
 synchronized intermittent mandatory ventilation, or CPAP therapy.

[^2]Rates of Infections and Other Morbidities According to GA for VLBW Infants Who Were Born in NRN Centers Between January 1, 2003, and December 31, 2007, and Survived >12 Hours After Birth

| Characteristi | \% (Range) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} 22 \mathrm{wk} \\ (N=62) \end{gathered}$ | $\begin{gathered} 23 \mathrm{wk} \\ (N=496) \end{gathered}$ | $\begin{gathered} 24 \mathrm{wk} \\ (N=1223) \end{gathered}$ | $\begin{gathered} 25 \mathrm{wk} \\ (N=1426) \end{gathered}$ | $\begin{gathered} 26 \mathrm{wk} \\ (N=1530) \end{gathered}$ | $\begin{gathered} 27 \mathrm{wk} \\ (N=1811) \end{gathered}$ | $\begin{gathered} 28 \mathrm{wk} \\ (N=1967) \end{gathered}$ | $\begin{gathered} \text { Total } \\ (N=8515) \end{gathered}$ |
| Early-onset sepsis ${ }^{\text {a }}$ | 6 (0-67) | 4 (0-20) | 4 (0-9) | 2 (0-7) | 2 (0-6) | 2 (0-6) | $1(0-4)$ | $2(<1-4)$ |
| Meningitis ${ }^{6}$ | 0 (0-0) | 5 (0-25) | 3 (0-12) | 4 (0-15) | 3 (0-9) | $1(0-5)$ | 1 (0-5) | 3 (0-8) |
| Late-onset sepsis ${ }^{a, c}$ | 58 (0-100) | 62 (0-86) | 55 (29-74) | 46 (24-67) | 35 (14-53) | 27 (15-52) | 20 (4-36) | 36 (18-51) |
| NEC ${ }^{b}$ | 5 (0-33) | 12 (0-50) | 15 (0-22) | 13 (5-24) | 9 (0-25) | 10 (0-21) | 8 (3-20) | 11 (4-19) |
| NEC managed medically ${ }^{d}$ | 67 (50-100) | 31 (0-100) | 39 (0-100) | 52 (10-100) | 48 (17-100) | 47 (23-75) | 58 (0-100) | 48 (21-100) |
| NEC treated surgically ${ }^{d}$ | 33 (0-50) | 69 (0-100) | 61 (0-100) | 48 (0-90) | 52 (0-83) | 53 (25-77) | 42 (0-100) | 52 (0-79) |
| $\mathrm{PDA}^{a}$ | 55 (13-100) | 54 (21-100) | 60 (31-80) | 55 (25-92) | 48 (21-88) | 42 (14-80) | 32 (13-60) | 46 (26-78) |
| Indomethacin therapy for $\mathrm{PDA}^{e, f}$ | 82 (0-100) | 73 (0-100) | 76 (25-96) | 72 (29-94) | 69 (7-94) | 68 (37-94) | 67 (31-95) | 71 (33-91) |
| Surgical treatment of PDA ${ }^{\text {a,e }}$ | 50 (0-100) | 43 (0-77) | 40 (13-62) | 33 (13-65) | 24 (6-44) | 16 (0-33) | 12 (0-33) | 27 (10-41) |
| Infants in hospital at 28 d | $N=30$ | $N=277$ | $N=874$ | $N=1197$ | $N=1386$ | $N=1683$ | $N=1866$ | $N=7313$ |
| ROP examination performed ${ }^{a, g}$ | 93 (50-100) | 91 (71-100) | 93 (50-100) | 94 (78-100) | 96 (67-100) | 95 (87-100) | 92 (68-99) | 94 (82-99) |
| ROP diagnosed ${ }^{a, h}$ | 96 (50-100) | 88 (0-100) | 89 (50-100) | 79 (29-94) | 65 (20-81) | 49 (18-75) | 32 (5-56) | 59 (35-75) |
| ROP stage $\geq 3{ }^{a, h}$ | 57 (0-100) | 48 (0-100) | 42 (25-77) | 25 (11-54) | 14 (0-29) | 7 (0-14) | 3 (0-11) | 16 (6-28) |
| Intervention/surgical treatment for $\mathrm{ROP}^{a, h}$ | 50 (0-100) | 40 (0-100) | 35 (17-58) | 17 (0-40) | 8 (0-21) | 4 (0-9) | 2 (0-7) | 12 (4-22) |
| Infants in hospital with weight measured at PMA of 36 wk | $N=24$ | $N=215$ | $N=736$ | $N=976$ | $N=1106$ | $N=1231$ | $N=1204$ | $N=5492$ |
| Growth failure at 36 wk a,i | 92 (50-100) | 91 (0-100) | 85 (67-100) | 83 (63-100) | 79 (33-98) | 76 (42-98) | 73 (44-96) | 79 (59-97) |
| Cranial ultrasonography performed within 28 d after birth | 85 (50-100) | 92 (67-100) | 95 (87-100) | 97 (85-100) | 98 (92-100) | 98 (94-100) | 98 (90-100) | 97 (93-100) |
| Sonogram findings within $28 \mathrm{~d}^{\text {a }}$ j | $N=53$ | $N=454$ | $N=1163$ | $N=1385$ | $N=1499$ | $N=1781$ | $N=1925$ | $N=8260$ |
| Normal | 32 (0-100) | 41 (13-74) | 49 (14-70) | 57 (30-84) | 65 (36-90) | 70 (50-83) | 77 (50-91) | 64 (43-79) |
| IVH grade 1 | 13 (0-40) | 9 (0-50) | 11 (0-43) | 9 (0-17) | 11 (0-23) | 10 (5-24) | 10 (0-32) | 10 (5-23) |
| IVH grade 2 | 13 (0-50) | 9 (0-25) | 9 (0-29) | 8 (2-19) | 5 (0-14) | $5(0-14)$ | 4 (0-25) | 6 (2-12) |
| IVH grade 3 | 8 (0-33) | 15 (0-47) | 12 (5-20) | 8 (0-15) | 7 (0-14) | 6 (0-15) | 4 (0-10) | 7 (3-13) |
| IVH grade 4 | 30 (0-67) | 21 (0-50) | 14 (0-33) | 13 (3-36) | 7 (0-31) | 5 (1-17) | 3 (0-15) | 9 (4-23) |


| Characteristi | \% (Range) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} 22 \mathrm{wk} \\ (N=62) \end{gathered}$ | $\begin{gathered} 23 \mathrm{wk} \\ (N=496) \end{gathered}$ | $\begin{gathered} 24 \mathrm{wk} \\ (N=1223) \end{gathered}$ | $\begin{gathered} 25 \mathrm{wk} \\ (N=1426) \end{gathered}$ | $\begin{gathered} 26 \mathrm{wk} \\ (N=1530) \end{gathered}$ | $\begin{gathered} 27 \mathrm{wk} \\ (N=1811) \end{gathered}$ | $\begin{gathered} 28 \mathrm{wk} \\ (N=1967) \end{gathered}$ | $\begin{gathered} \text { Total } \\ (N=8515) \end{gathered}$ |
| Ventriculomegaly, no IVH | 4 (0-33) | 3 (0-13) | 3 (0-6) | 3 (0-6) | 2 (0-9) | 2 (0-6) | 1 (0-5) | 2 (0-4) |
| PVL within $28 \mathrm{~d}^{\text {b }}$,k | 6 (0-33) | 4 (0-25) | 3 (0-11) | 4 (0-18) | 3 (0-8) | 2 (0-8) | 2 (0-5) | 3 (<1-6) |
| Infants born in 2006-2007 | $N=19$ | $N=174$ | $N=438$ | $N=547$ | $N=566$ | $N=728$ | $N=754$ | $N=3226$ |
| PDA ${ }^{a, l}$ | 53 (0-100) | 52 (13-100) | 56 (0-100) | 55 (20-100) | 51 (12-100) | 43 (0-80) | 34 (0-63) | 47 (23-78) |
| Ibuprofen therapy for PDA ${ }^{l}$ | 0 (0-0) | 13 (0-64) | 16 (0-50) | 16 (0-60) | 13 (0-64) | 12 (0-44) | 11 (0-60) | 13 (0-52) |
| Infants in hospital at 28 d | $N=11$ | $N=92$ | $N=320$ | $N=471$ | $N=508$ | $N=678$ | $N=718$ | $N=2798$ |
| ROP examination performed $f, m$ | 91 (50-100) | 91 (71-100) | 92 (50-100) | 94 (75-100) | 95 (67-100) | 96 (82-100) | 93 (68-100) | 94 (82-100) |
| ROP outcome at status ${ }^{a}, n$ |  |  |  |  |  |  |  |  |
| Determined, favorable in both eyes | 10 (0-100) | 27 (0-100) | 28 (0-62) | 31 (0-86) | 38 (0-100) | 46 (0-100) | 46 (5-100) | 39 (8-83) |
| Determined, severe ROP in either eye | 30 (0-100) | 30 (0-100) | 21 (0-67) | 11 (0-38) | 5 (0-25) | 3 (0-9) | <1 (0-9) | 7 (0-20) |
| Undetermined ROP status in either eye (neither had severe ROP) | 60 (0-100) | 43 (0-100) | 51 (0-82) | 58 (14-100) | 57 (0-100) | 51 (0-100) | 53 (0-95) | 53 (8-88) |

Ranges are across all participating NRN centers. Proportions are among all infants who survived $>12$ hours, except as noted. Information was missing as follows: patent ductus arteriosus, 4 infants; indomethacin therapy for patent ductus arteriosus, 38 infants; surgical treatment for patent ductus arteriosus, 2 infants, necrotizing enterocolitis, 1 infant; early-onset sepsis, 1 infant; meningitis, 1 infant; late-onset sepsis, 2 infants, ROP examination performed, 1 infant; ROP, 1 infant; ROP stage $\geq 3,7$ infants; intervention/surgical treatment for ROP, 32 infants. $P$ values were determined win the Wald $\chi^{2}$ test for differences according to GA, with adjustment for center and BW or, for early-onset sepsis, meningitis, and ibuprofen therapy for patent ductus arteriosus, with adjustment for BW only. PDA indicates patent ductus arteriosus; NEC, necrotizing enterocolitis.
${ }^{a} P \leq .001$
$b_{P \leq .01}$.
${ }^{c}$ Proportions among infants who survived $>3$ days after birth.
From the sonogram with the most-severe findings. Proportions were determined among those who had sonograms performed within 28 days after birth. Categories shown are mutually exclusive. Some infants with IVH also had PVL, that is, $18(2 \%)$ of 832 infants with grade $1 \mathrm{IVH}, 21(4 \%)$ of 506 infants with grade 2 IVH, $31(5 \%)$ of 598 infants with grade 3 IVH, and 117 ( $16 \%$ ) of 710 infants with grade 4 IVH. Ten (6\%) of 173 infants with ventriculomegaly and no IVH also had PVL.
$k_{\text {Proportions indicate the proportions of infants with PVL overall, with and without IVH, among infants who had sonograms performed within } 28 \text { days after birth. }}^{\text {d }}$
Proportions were determined among infants born in 2006-2007. Ibuprofen treatment proportions are among infants who had patent ductus arteriosus. Information was missing as follows: patent ductus arteriosus, 1 infant; ibuprofen treatment, 1 infant.

[^3]${ }^{n}$ Proportions among infants born in 2006-2007 who were still in the hospital at 28 days and had ROP examinations performed. An assessment of ophthalmologic outcome at the time of status was made as follows:(1) favorable, defined as one of the following in each eye: vessels mature, vessels in zone III in 2 consecutive examinations, acute ROP of stage 1 or 2 in zone III in 2 consecutive examinations, or ROP in zone II or zone III but determined to be clearly regressing; (2) unfavorable, defined as severe ROP on the basis of one of the following in either eye: received surgical treatment for ROP, met criteria for undergoing surgery, or retinal detachment resulting from ROP; or (3) undetermined outcome, defined as one of the following in either eye: immature vessels in zone I or zone II, immature vessels reaching zone III in any single examination, stage 1 or 2 ROP in zone III at any single examination, stage 2 or 3 ROP in zone II or III not regressing, or active ROP in zone I or zone II. Data on outcome at status was missing for 13 infants.


[^0]:    Abstract

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[^1]:    

[^2]:    Proportions among infants who were still in the hospital at PMA of 36 weeks or, if discharged or transferred before 36 weeks, were in the hospital for $\geq 28$ days and until PMA of 33 weeks. $N$ values are shown for infants with nonmissing outcome data. Severity-based BPD could not be determined for 68 infants. More information about severity-based BPD is presented in the text.
    $g_{\text {Proportions among infants born in 2006-2007. }}$
    

[^3]:    Proportions among infants born in 2006-2007 who were still in the hospital at 28 days of life. Information was missing for ROP examination for 1 infant.

