







# Cross-national perspective on risks facing children online

Findings from *EU Kids Online at*"Protecting our Children in the Modern World"
Northamptonshire Police and Crime Commission

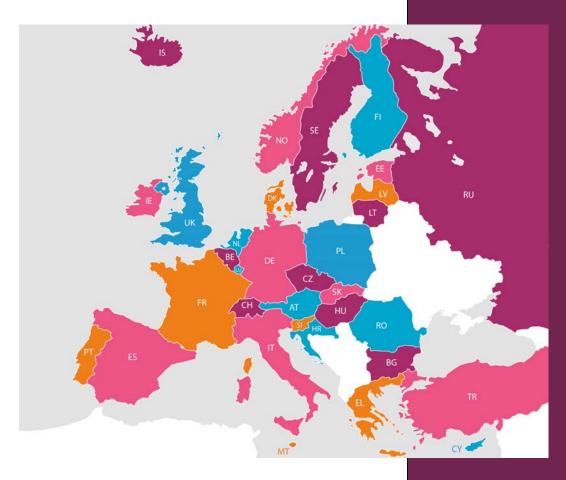
Dr Anke Görzig

# The EU Kids Online network has been funded by the EC Better Internet for Kids programme\*

From <u>2006-09</u>, as a thematic network of **21 countries**, EU Kids Online identified and **evaluated** the findings of nearly **400 research studies** to draw out substantive, methodological and policy implications.

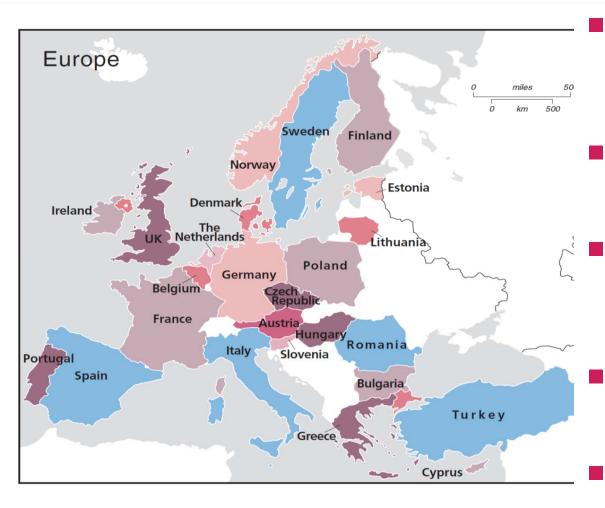
From <u>2009-11</u>, as a knowledge enhancement project across **25 countries**, the network **surveyed 25,000 children and parents** to produce original, rigorous data on online opportunities and risk of harm.

From <u>2011-14</u>, the network expanded to <u>33 countries</u> to conduct targeted <u>analyses of the quantitative</u> survey and new qualitative interviews with children.



## Surveying 'Europe'





- Random stratified sample: ~ 1000 9-16 year old internet users per country; total of 25142 internet-users, 25 countries
- Fieldwork in spring/summer 2010; child + parent interviews at home, face to face
- Questions validated by cognitive/pilot testing; self-completion for sensitive questions; care with research ethics
- Informed by national stakeholders and an international advisory panel
- Survey covered access, use, activities, risks (sexual images, sexual messages, bullying, meeting strangers), parental mediation, coping, vulnerability

# Risks and opportunities go hand-in-hand



Figure 105: Children who have encountered one or more online risk factors by children's average number of online activities, by country

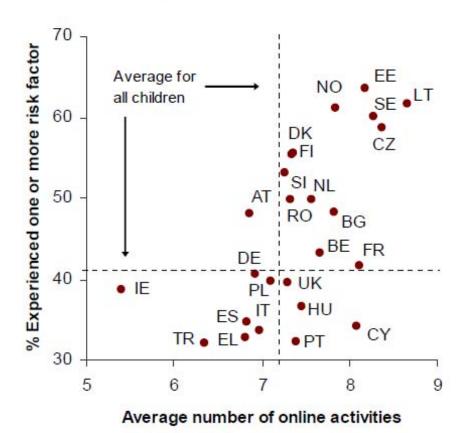
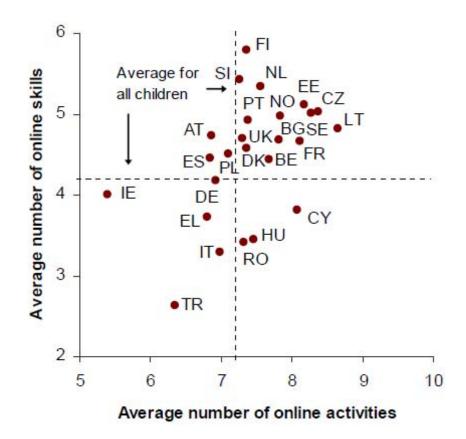


Figure 106: Children's average number of online skills by children's average number of online activities, by country



### **Experiences of risk and harm**

	Sexual images	Bullying	Sexual messages*	Meeting new people
Experienced the risk at all	23	19		
Experienced the risk online	14	6	15	9
Online perpetrators		3	3	
Felt bothered	4		4	1
Felt bothered (% of those who experienced the risk)	32		25	11
(Fairly) upset (% of those who felt bothered)	44	55	45	50

Base: All children, n=25.142

\*) only 11-16 years

# Explaining experiences of risk and harm





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Livingstone, S. & Görzig, A. (2014). "When adolescents receive sexual messages on the internet: Explaining experiences of risk and harm". *Computers in Human Behavior*, 33: 8-15.

## Sexting: Risk and Harm



#### Risk

The occurrence of an event which is associated with a probability of harm.

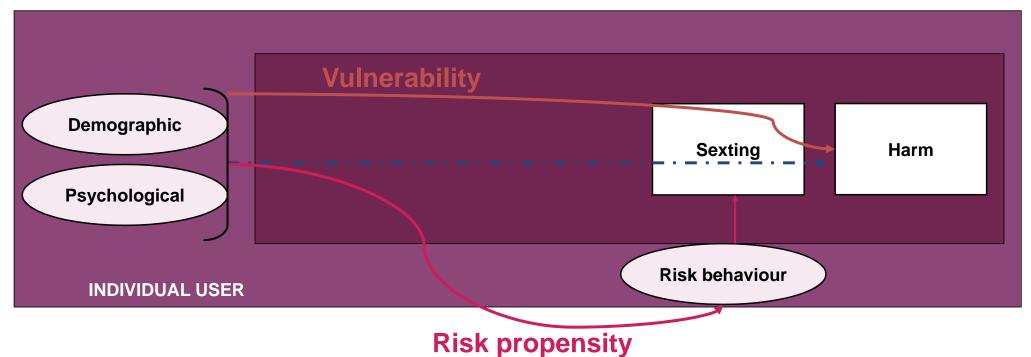
#### Harm

Actual physical or mental damage as reported by the person concerned.

- In relation to sexting, what can known offline factors that influence adolescents' well-being tell us about the likelihood
  - A. of encountering risk (15%)
  - B. that the risk is experienced as harmful ( $4\% \frac{1}{4}$  of those at risk)

## **Hypotheses**





- Demographic factors:
  - Age
  - Gender

- Psychological factors:
  - Sensation seeking
  - Psychological difficulties

## **Key Findings**

behaviour



## Risk

of seeing or receiving sexual messages online

#### Harm

resulting from seeing or receiving such messages

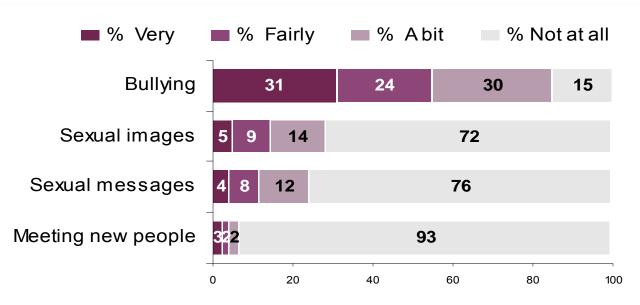
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Age	older	younger
Gender	boys	girls
Psychological difficulties	higher	higher
Sensation seeking	higher	lower
Risky online and offline		

higher

#### Harm across risks





#### More **online risks** are experienced by children who are:

- older, higher in self-efficacy and sensation seeking
- do more online activities
- have more psychological problems

#### Online risks are found more **harmful and upsetting** by children who are:

- younger, lower in self-efficacy, and sensation seeking
- do fewer online activities, have fewer skills
- have more psychological problems

## Inequalities in risk and resources to cope



#### **Educational/economic disadvantage**

- 27% have parents with lower secondary education or less
- 25% have parents who do not use the internet
- 7% of children use the internet less than once per week
- Experience fewer risks but more harm less resilient
- Build digital skills and resilience given a relative lack of experience of the internet at home

### Psychological and social disadvantage

- 34% have more psychological difficulties than most
- 6% of children have a mental, physical or other disability
- 4% of children belong to a discriminated-against group
- Experience more risks and more harm.
- →Providing targeted guidance for coping and ensuring a wider range of sources of safety information (eg, online sources for parents of disabled children, government sources for parents of discriminated-against children)

#### **EU Kids Online**



## Disadvantaged children and online risk

Sonia Livingstone, Anke Görzig and Kjartan Ólafsson

these children's digital skills are lowest of all, the parents do not think their children well to cope with the internet, they do not plan to do not plan to do

34% of children reported more psychological difficulties than most. These children report more online risks and not, these unares report more online race and sore harm. Their parents tack confidence but are likely to

suggesting a relatiness to team. Iner parents soo have changed their approach after an upsetting experience, and wish for more safety information from all sources.

www.eukidsonline.net

These children report raised risk levels, and and meeting, new online contacts offline more upsetting than average. Their parents are less confident that their drilld can cope, and they wish to receive more from ISPs and websites.

when no savery enormation ment the government. 4% of children speak a minority language at home. These shidren are more upset by bullying and sexting. Their parents lack confidence in their and their child's ability to they think they should do more to support the sources than average — they prefer to get this from the Id's school, from TV or friends and family.

#### Towards a safer internet for children

A multi-stakeholder context for safety. Since children are often in the vanguard of fast-paced technological changes, it is vital that the population is resourced to deal with associated safety issues. At international, European and national levels, government, industry and third sector organisations are working to make the internet safer for children. The intent is to maximise the benefits of internet use while minimising any harms to children, using a mix of legislation, oo- and self-regulation, and technical/ informational support for families.

Providing resources for families. A major policy plank the provision of resources directly to families - parents and children. This includes information (on safety, privacy, etc), social support (guidance and advice, for general use and in specific cases of difficulty), and technical tools (filtering and safety software on end-user devices or at the level of the

Inequalities in risk and safety. One problem often faced in public policy is that those most in need can be 'hard to reach'. A first step is to identify who they are, in relation to the specific challenges of online risks to children. A second problem is "the knowledge gap," namely that the more information and guidance is available, the more it is generally taken up by the information-rich rather than the informationpoor. Just making resources available may even increase inequalities. Given inequalities in both risk and safety, it is vital to target resources for those who most need them.

A focus on disadvantage. In this report we compare the risks, and the resources available, to children from specific disadvantaged groups. The analysis draws on the EU Kids Online survey of 25,142 children aged 9-16 who used the internet across 25 countries. The present intent is to guide the better targeting of safety resources in the future. Thus we reveal, first, inequalities in risk and, second, inequalities in safety, as these affect children across Europe.

Varieties of disadvantage. Families differ in many ways, and in approaching the analysis, we did not know in advance which kinds of difference would result in disadvantage or inequality. The findings show where knowledge gaps occur, and where they might have been expected but did not occur.

October 2011 1



#### **EU Kids Online**

Nearly 10,000 children told us about what upsets them and their friends online. Their responses were diverse, revealing a long list of concerns.

Pornography (named by 22% of children who told us of risks) and violent content (18%) top children's online concerns. Overall, boys appear new bottom of the content of the

Violence, receives less public attention than exasts marchiste public attention than sexus marchiste public attention than should violent, auguressive or gory culture are concerned about violent, auguressive or gory culture content. They will be controlled to the controlled simple should be controlled to the controlled sincernation of animals and queries accompanies and services and controlled this adds to the depth of chaldren's reactions.

this ados to the ceptrol character's reconstruction.

As children told us, video-sharing websites are often associated with videost and pornographic content, along that range of other content, along the related risks. Among the children who listed risks to specific internet platforms, risks to specific internet platforms, restored wideo-sharing sites such as YouTube, followed by websites (29%), social networking sites (13%) and garries (10%).

Sites 1,17:30 and spaces (1976).

Children's mention of risks rises markedly from these 17 care and the space of the space

Concern about risks is higher among children from 'high use, high risk' countries. Policy implications are identified and discussed.

Kids can be distressed when something they have read on the internet and believed to be true turns out to be fake. (Girl, 11, Estonia) out to be fake. (Girl, 11, Estonia)
Propositions to meet from people whom I do not
know, photos of naked people, butlying somebody
or scenes showing hombide. (Boy, 12, Poland)

or scenes snowing normation, 1909, 14, Polianto, Racist messages, sexual messages, some sending horror movies such as Russian Morgue, (Girl, 13, Romania)

I don't like it when people speak nasty to you. (Boy, 10, Slovenia)

#### Here's what the children told us bothers them online

When strangers message me on the internet, sex sites that open without me clicking on them. (boy, 10, Austria)

Violence against women and children and perverted humiliations and cruelty. (girl, 14, Germany)

Showing images of physical violence, torture and suicide images. (girl, 12, Slovenia)

A mate showed me once a

video about an execution. It

was not fun, but insane. I get scared. (boy, 15, Sweden)

Animal cruelty, adults hitting kids. (girl, 9, Denmark)

Those things that show other people's suffering or torment as a funny thing. (boy, 14, Hungary)

naked people. (boy, 10, Portugal)

**Propositions to meet from** people whom I do not know. (boy, 12, Poland)

**Facebook shows scary** things even if you click on something that does not look or sound scary. (girl, 9, UK)

To take a photo of me without my knowledge and upload it

to an inappropriate website.

(girl, 10, Bulgaria)

Scary things - I saw something at my friend's house and I can't get it out of my head. (boy, 11, Ireland)

I was shocked seeing a starving African child who was going to die and a condor waiting to eat him. (girl, 13, Turkey)

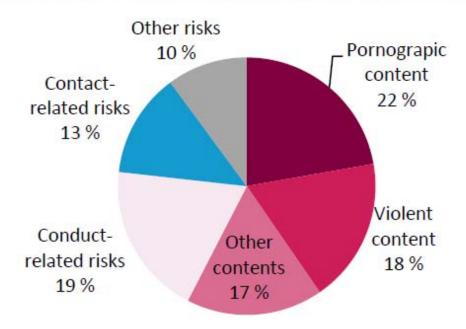
See people having sex or

#### What bothers children online?

We asked the children to tell us in their own words what bothers or upsets people their age on the internet, if anything.

Nearly 10,000 children told us of their concerns and their responses were very diverse.

Figure 1: What risks did children tell us about?



#### 5 key findings

- **1.Pornography** tops children's online concerns.
- 2. Violent, aggressive, cruel or gory content came a close second although violence receives less public attention than sexual material. What particularly upsets them is real (or realistic) rather than fictional violence, and violence against the vulnerable such as children or animals.
- 3. Children see **video-sharing websites** as most linked with violent, pornographic and other content risks.
- **4.Boys** express more concern about violence than **girls**, while girls are more concerned about contact risks.
- 5.Children's concern about online risks rises markedly from 9 to 12 years old. Younger children are more concerned about content risks, and as they get older they become more concerned about conduct and contact risks.

Base: N=9,636 children who identified one or more risks online.

## **Implications**



- Predictors of risks are also predictors of opportunities (e.g., use and digital literacy)
- Predictors of risk are not predictors of harm
- Some children are more vulnerable across risks, offline and online
- Policy initiatives should focus on those likely to experience harm:
  - girls, younger children
  - psychological and social disadvantaged
- Design the online environment to build in safety considerations
- Increase children's digital skills, coping and resilience
  - address socio-demographic groups differentially

#### **Towards evidence-based policy**

It's important that policy developments are firmly grounded in evidence. It's also important that policy makers and practitioners should seek to maximise children's opportunities to benefit from the internet as well as trying to minimise harm.

Based on our research findings, we offer evidencebased recommendations for each of the following groups:



See our full policy report for how use recommendations are evidence-based. See Video.

See also our report on policy influences and country clusters for the different policy contexts across Europe.



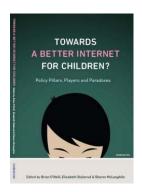
Families – for children and for parents



Educators, awareness raisers and media



Government and industry



The book can be obtained here

All the chapters are summarised here

Compared with 2010, European 11- to 16-yearolds are now:

more likely to be exposed to hate messages 13% 20%

more likely to be exposed to pro-anorexia sites

13%

more likely to be exposed to self-harm sites

7% to 11%

more likely to be exposed to cyberbullying 7% to 12%

RESEARCH **TOOL KIT** 

### **EU Kids Online recent research findings**, methods and recommendations

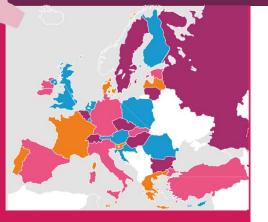
- Updating and analysis of our 25-country, pan-European survey.
- In-depth interviews with 9- to 16-year-olds in nine countrie
- Expansion of the open access, searchable European evidence database.
  - Research toolkit of our methods to guide researchers and research users.
  - Active dialogue with stakeholders to ensure policy has a robust evidence base.



European 9- to 16-year- olds say they are now: more likely to say they were

#### upset

by something seen online in 2044



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## **THANK YOU!**

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