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or alternatively

- 1 Precise date for the Laacher See eruption synchronizes the Younger Dryas
- 3 Frederick Reinig^{1,*}, Lukas Wacker², Olaf Jöris^{3,4,5}, Clive Oppenheimer⁶, Giulia
- 4 Guidobaldi⁷, Daniel Nievergelt⁷, Florian Adolphi^{8,9}, Paolo Cherubini^{7,10}, Stefan Engels¹¹,
- Jan Esper¹, Alexander Land^{12,13}, Christine Lane⁶, Hardy Pfanz¹⁴, Sabine Remmele¹²,
- 6 Michael Sigl¹⁵, Adam Sookdeo², Ulf Büntgen^{6,7,16,17}
- 7 Department of Geography, Johannes Gutenberg University, Mainz, Germany, ²ETH Zurich, Laboratory of Ion Beam
- 8 Physics, Zurich, Switzerland, ³Römisch-Germanisches Zentralmuseum MONREPOS Archaeological Research Centre and
- 9 Museum for Human Behavioural Evolution, Neuwied, Germany, ⁴Institute of Ancient Studies, Department of Prehistoric and
- 10 Protohistoric Archaeology, Johannes Gutenberg University, Mainz, Germany, ⁵MOE Key Laboratory of Western China's
- 11 Environmental Systems Research School of Arid Environment and Climate Change, Lanzhou, China, ⁶Department of
- 12 Geography, University of Cambridge, Cambridge, UK, 7Swiss Federal Research Institute WSL, Birmensdorf, Switzerland,
- 13 ⁸Alfred Wegener Institute, Helmholtz Center for Polar and Marine Research, Bremerhaven, Germany, ⁹Department of
- 14 Geosciences, University of Bremen, Bremen, Germany, ¹⁰Department of Forest and Conservation Sciences, University of
- British Columbia, Vancouver BC, Canada, ¹¹Department of Geography, Birkbeck University of London, London, UK,
- 16 ¹²University of Hohenheim, Institute of Biology (190a), Stuttgart, Germany, ¹³University of Applied Forest Sciences,
- 17 Rottenburg am Neckar, Germany, ¹⁴Institute of Applied Botanics and Volcanic Biology, Universität Duisburg-Essen, Essen,
- 18 Germany, ¹⁵Climate and Environmental Physics, Physics Institute, and Oeschger Centre for Climate Change Research,
- 19 University of Bern, Bern, Switzerland, ¹⁶Global Change Research Institute of the Czech Academy of Sciences (CzechGlobe),
- 20 Brno, Czech Republic, ¹⁷Department of Geography, Faculty of Science, Masaryk University, Brno, Czech Republic.
- *e-mail: reinig@geo.uni-mainz.de

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The Laacher See Eruption (LSE) ranks among Europe's largest Upper Pleistocene volcanic events^{1,2}. Although its tephra deposits represent an important isochron for the synchronisation of proxy archives at the Late Glacial to early Holocene transition³, uncertainty in the eruption age has prevailed⁴. Here, we present dendrochronological and radiocarbon measurements of subfossil trees buried by pyroclastic deposits that firmly date the LSE to $13,006 \pm 9$ cal BP, more than a century earlier than hitherto accepted. The revised age of the LSE, now the oldest volcanic eruption worldwide dated with such precision, necessarily shifts the chronology of European varved lakes^{5,6} relative to the Greenland ice core record, thereby dating the onset of the Younger Dryas at 12,807 \pm 12 cal BP, around 130 years earlier than thought. Our results synchronise the Younger Dryas across the North Atlantic-European sector, preclude a direct link between the LSE and Greenland Stadial-1 cooling⁷, and suggest a large-scale common mechanism of a weakened Atlantic Meridional Overturning Circulation under warming conditions⁸⁻¹⁰. The Laacher See eruption (LSE) in central Germany expelled around 20 km³ of tephra¹, making it comparable in magnitude to the 1991 eruption of Mount Pinatubo¹¹. Proximal areas were buried by thick pumice fall deposits and ignimbrites¹² (Fig. 1), while Laacher See tephra (LST) fallout from ash clouds reached Northern Italy and Saint Petersburg (Extended Data Fig. 1), yielding a distinctive marker bed recognised in terrestrial and lacustrine records³. The generally accepted age of the eruption of $12,880 \pm 40 \text{ BP}_{\text{MFM}}$ (before 1950) derives from the Meerfelder Maar (MFM) varve record⁵. Further estimates are associated with much higher uncertainties and define a time window for the eruption of circa 13,200–12,840 years BP (ref. ⁴). The only independent age estimate was obtained from radiometric (⁴⁰Ar/³⁹Ar) dating of the Upper LST deposits $(12,900 \pm 560 \text{ BP})^{13}$ but it suffers from considerable uncertainty. Owing

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to its widespread dispersal, the LST represents a decisive Late Glacial isochron, enabling synchronization of proxy archives over a wide area³. While evidence for the eruption's regional environmental impacts is well documented², its influence on Northern Hemisphere climate is ambiguous, owing in part to poor constrains of its sulphur yield to the atmosphere (estimates range between 7 and 300 Tg of sulphur dioxide^{2,14}).

What is clear is that the eruption took place during the later phase of the Allerød (AL) interstadial, and circa 200 varve-counted years before the onset of the Younger Dryas (YD) cold interval¹². Despite decades of intensive research, the lingering dating uncertainty for the LSE has limited the development of an absolutely-dated European Late Glacial proxy chronology, intercomparison of European terrestrial and Arctic glaciochemical records, and evaluation of the North Atlantic climate transition from the Late Glacial to the early Holocene, including the speculated role of the LSE in triggering Greenland Stadial 1 (GS-1)⁷. However, the development of a high temporal resolution radiocarbon (¹⁴C) calibration curve based on Late Glacial subfossil trees from Switzerland¹⁵ paved the way for progress in dating the LSE, leading us to conduct new dendrochronological and ¹⁴C dating studies of subfossil trees that were killed during the eruption and engulfed in its deposits. This approach provides the first independent and absolute calibration of various Late Glacial proxy archives.

Multi-parameter dating

We examined three birch (*Betula* sp.) and two poplar (*Populus* sp.) trunks found in LSE deposits near the crater (see Methods, Fig. 1 and Extended Data Fig. 2). *Poplar 1* is the only non-carbonized sample, and therefore suitable for macroscopic tree-ring width measurements (see Methods). Wood anatomical thin sectioning and X-ray densitometry of the charcoal samples allowed precise identification of ring boundaries (online Supplementary Table 1) and

dendrochronological cross-dating. Determination of the LSE age was supported by the presence of the outermost ring and bark. *Birch 1* and *Poplar 1* contained 104 and 95 tree rings, respectively (Fig. 2 and Extended Data Table 1). The presence of initial early wood cells prior to the bark on *Poplar 1* corroborates previously reported sedimentological, palaeobotanical and trace fossil evidence for a spring/early summer eruption¹².

We performed 157 high-resolution ¹⁴C measurements (see Methods) for *Birch 1*, *Poplar 1* and Poplar 2 (Extended Data Table 1 and Supplementary Table 2-4). Wiggle-matching of the new ¹⁴C values from our 104-year-long pre-LSE tree-ring chronology against the Swiss Late Glacial Master Radiocarbon dataset (SWILM-14C; see Methods, Extended Data Fig. 3 and Supplementary Table 8) 15,18 dates the LSE to 13,006 \pm 9 cal BP (20; Fig. 3a). Agreement of high and low frequency Δ^{14} C changes from 13,111–13,007 cal BP between the highly resolved isotopic measurements from the pre-LSE sequence and SWILM-¹⁴C reference constrains the uncertainty. Note in Fig. 3a that the rapid increase in ¹⁴C between 13,110 and 13,090 cal BP positions the pre-LSE sequence precisely and does not allow for ambiguity. The ¹⁴C excursion centred at 13,055 cal BP not only validates the dating between the birch and poplar data, but also supports synchronisation relative to the SWILM-¹⁴C record.

North Atlantic-European archives

Our new LSE age, circa 130 years older than hitherto reported, contributes to an independent, near-absolute tephrostratigraphic tie-point for the Late Glacial, and sheds new light on the controversial debate of the timing, pace, duration and spatiotemporal transgression of North Atlantic climate changes. The transition from the Late Glacial to early Holocene is characterized by strong climatic and environmental fluctuations, including the ~1100-year-long YD, the last severe cold reversal before the Holocene¹⁹⁻²³. The onset of the YD is

recognised as time-transgressive in European proxy archives, indicating regional and delayed 94 responses to climatic changes that are recorded earlier in Greenland ice cores²⁴⁻²⁶. 95 96 Acknowledging different sampling resolutions and dating uncertainties of the various archives, the offset between Greenland GS-1 and the European YD has been estimated to be 97 up to two centuries^{6,27}. 98 The new LSE age of $13,006 \pm 9$ cal BP shifts many European proxy records to older ages and 99 challenges the previously hypothesized delayed and stepwise southward migration of the YD 100 (Extended Data Fig. 4a)⁶. The varved lake sediments from MFM, which is ~50 km southwest 101 of Laacher See, represent the most reliable master chronology for the YD in central Europe⁵. 102 This record places the LSE at $12,880 \pm 40$ BP_{MFM} (ref. ⁵). However, the MFM chronology 103 depends on the Ulmener Maar Tephra dated at 11,000 varve years BP and single ¹⁴C dates²⁸, 104 challenging its derived LST date. Our new LSE age shifts the MFM record by 126 years 105 106 towards older ages during the late AL. Since ~200 varve years have been recorded consistently in annually-resolved European varved records between the LSE fallout horizon 107 and the beginning of the YD^{19,29-31}, the onset of the YD is necessarily revised to $12,807 \pm 12$ 108 years BP (20; see Methods and Extended Data Table 2). 109 The beginning of GS-1 cooling is dated at 12,846 (\pm 138 years) BP_{GICC05} (ref. ³²) years before 110 1950 on the Greenland Ice Core Chronology 2005 timescale (GICC05; Extended Data Fig. 111 4a)²³. Our revised older age for the YD onset recorded in the European lakes now aligns with 112 the Greenland Interstadial 1a / Greenland Stadial 1 (GI-1a/GS-1) transition (Fig. 4b-d), and 113 thus synchronizes the onset of GS-1 and the YD. Based on the synchronization of tree-ring 114 ¹⁴C and ice core beryllium-10 (¹⁰Be), both timescales are consistent within about -12/+21 115 years (20) around this period in time³³. This synchronization thereby bypasses the cumulative 116 counting error of the ice core timescale for the GS-1 versus YD comparison. Stable oxygen 117

isotope (δ^{18} O) measurements of sediment cores from the European Alpine lakes Ammersee³⁴ and Mondsee³⁵, both containing LST, are based on age models that incorporate the LSE age from MFM. Revising these models with our new LSE age shows that the isotopic AL/YD transition is synchronous with the climate transition in Greenland (Fig. 4c,d). Identification of LSE tephra in Greenland ice cores would yield the first near-absolute time marker of the pre-Holocene GICC05 chronology. Correcting for differences between tree-ring and ice-core timescales within this period³³, the new LSE age now confines the search window in ice cores to a range between 13,015 and 12,975 years BP_{GICC05} (see Methods; Extended Data Fig. 5 and Extended Data Table 3).

Atlantic-European climate mechanisms

Our study demonstrates for the first time that the Greenland GI-1/GS-1 transition coincided with the European AL/YD cooling. The temporal match between Greenland ice core and central European climate proxies implies that the last major Northern Hemisphere cooling interval before the Holocene was initiated and steered by an abrupt climate system change that instantly affected the whole North Atlantic region. This finding is in line with a revised calibration of ¹⁴C data from Kråkenes Lake in western Norway (Fig. 4b)^{26,36} using the 2020 International Radiocarbon Calibration Curve IntCal20 (ref. ¹⁸). The improved calibration (Extended Data Table 4) shows that the AL/YD boundary in Scandinavia coincides with the proposed AL/YD transition in lacustrine varve records from Central Europe (see Methods). Our results further rule out any direct impact of the LSE on the transition into GS-1, as suggested previously⁷, since the revised eruption substantially precedes the cooling identified in Greenland ice core records³².

141 The trigger of the GS-1 cold reversal has been attributed to a sudden meltwater release from the Laurentide Ice Sheet in North America that weakened the Atlantic Meridional 142 143 Overturning Circulation (AMOC)⁸. Understanding the exact timing of such a large-scale climate transition is important in the context of recent global warming, which is also 144 characterized by a weakened AMOC⁹. The GS-1/YD cold reversal, therefore, represents a 145 natural analogue to the predicted consequences of a weakened AMOC under global warming⁹⁻ 146 ¹⁰. The improved proxy synchronisation arising from our ¹⁴C-tuned dating of the LSE 147 promises improved insights into the triggers and extent of the YD^{8,37,38}, which may, in turn, 148 inform understanding of the conditions conducive to any future AMOC shutdown. 149

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Fig. 1 | **Laacher See Eruption (LSE) wood finds.** Location of (a) the Laacher See and (b) discovered subfossil wood samples (white circles) within the Middle Laacher See tephra (MLST) ignimbrite deposits (red shading) near Andernach, Germany (modified from ref. ¹²). Subfossil tree (c) buried in a tuff quarry near Meurin (circle 1) and (d) near Miesenheim excavated in 2019 (circle 2). (e) X-ray densitometry image of a charcoal sample of *Birch 1* (circle 3). Map produced using QGIS.

Fig. 2 | Dendrochronological cross-dating of pre-Laacher See Eruption (LSE) Tree-Ring
Width (TRW) measurements. (a) Two poplar and (b) three birch samples, aligned along the
bark layer of *Poplar 1* and *Birch 3*. All the trees had been killed and buried during the LSE,

and were excavated from tephra deposits. Note logarithmic scales.

Fig. 3 | **Dating of the Laacher See Eruption (LSE).** (a) High-resolution radiocarbon (14 C) measurements from three tree-ring sequences recovered from LST deposits and wiggle-matched to the Swiss Late Glacial reference SWILM- 14 C on the 14 C timescale, cal BP (1950) 15,18 . Blue shading denotes to the 2020 International Radiocarbon Calibration Curve IntCal20 (ref. 18). Data are shown with 1σ errors. (b) Tree-ring boundaries and bark identified macroscopically on *Poplar 1*.

Fig. 4 | Multi-proxy alignment of circum-Atlantic records. (a) NGRIP oxygen isotopes $(\delta^{18}\text{O}; \text{ relative to Vienna Standard Mean Ocean Water standard)}$ in 20-year (black)²³ and annual (grey)³¹ resolution on the GICC05 timescale²³. Light blue shading denotes the GI-

1a/GS-1 transition in δ^{18} O, while the vertical grey dashed line marks the transition in deuterium excess³². (b) Temporal shift of the mean Meerfelder Maar LST age estimate (12,880 varve years BP)²⁸ by 126 years towards older ages. Mean (± 1σ) AL/YD boundary ages obtained from Kråkenes Lake (Norway,)²⁷ calibrated against IntCal20 (ref. ¹⁸), and mean and standard deviation (purple bar) of European varved terrestrial records (Soppensee, Switzerland³⁹; Rehwiese, Germany²⁹; Trzechowskie, Poland⁴⁰) aligned relative to our newly established LSE age estimate (red vertical line), consistently indicating approximately 200–213 annual varves (avl) between the LST and the AL/YD boundary, implying a YD onset at around 12,807 cal BP. (c-d) Realigned LST-containing Late Glacial alpine δ^{18} O records from Mondsee³⁵ and Lake Ammersee³⁴ (relative to Vienna PeeDee Belemnite standard). Arrows indicate the temporal shift of 126 years toward older ages. (a) is plotted according to the GICC05 timescale with respect to 1950, while (b-d) are plotted on the ¹⁴C timescale cal BP (1950).

Methods

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Sample provenance and description

An area of more than 1000 km³ was buried below LST¹¹. Within approximately 10 km radius around the Laacher See, where LST fallout deposits and ignimbrites reached significant thicknesses, and of the lower Neuwied Basin, where temporarily lakes had syn-eruptively formed⁴¹, finds of diaspores, plant macrofossils¹² and leaf imprints⁴² document a species-rich interstadial Late Glacial hemiboreal vegetation. Over the past 200 years botanical macro remains have been randomly gathered, often by private collectors⁴². Since the 1950s material was sampled during geoscientific fieldwork and samples were submitted for radiocarbon dating^{43,44}. Over the last 40 years, some tree macro-fossils were collected by different science institutes, i.e., at the universities of Cologne, Hohenheim and Duisburg-Essen. The most systematic collection is stored in the MONREPOS Archaeological Research Centre and Museum for Human Behavioural Evolution near Neuwied (Germany), a competence centre of the Römisch-Germanisches Zentralmuseum (RGZM), where material unearthed during extensive geoarchaeological work in and around the Neuwied Basin has been archived since the 1980s (Extended Data Fig. 2)^{12,45,46}. During a recent field campaign in January 2019 wellpreserved trees buried within LST ignimbrites (ignimbrites and co-ignimbrites of the Middle LST deposits: MLST) were documented at a new locality near Miesenheim.

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Within the more loosely packed pumice fallout deposits molds of trees still standing upright have been observed frequently⁴¹, whereas in situ subfossil and/or charred trees were only preserved within the compact ignimbritic MLST deposits⁴⁷. These filled the pre-LSE near-vent valleys and depressions by approximately 10-20 m thick deposits to the south and southeast of the Laacher See (Nette Valley ignimbrites) and up to 60 m to the north and north-east

(Brohl Valley ignimbrites) during the middle phase of the LSE (Fig. 1 and Extended Data Fig. 2). At some localities such as in Brohl, sites 1 and 2 (ref. ⁴⁵), and in Kruft⁴⁷ smaller stands of trees were documented during roadwork and quarrying, respectively, and excavated using archaeological methods. At the site Miesenheim 2 (ref. ¹²), an entire forest floor with poplar tree stems and roots was excavated and documented over an area of several hundred square meters in the mid-1980s⁴⁶. At this site, however, the preserved wood was strongly mouldered which made it impossible to preserve. Other tree macro-fossils found at various sites within the region, include trees tilted by syn-eruptive blasts (and/or numerous charred wood fragments), as were first discovered at Thür⁴⁸. Further such discoveries have been documented at Tönisstein and other Brohl Valley exposures, in the Meurin quarries near Kruft, in Miesenheim 4 and at the 2019 Miesenheim locality, where we were able to excavate and document a series of well-preserved tilted trees with diameters up to 20 cm, buried within MLST ignimbrites.

For the present study five tree samples (2 poplar and 3 birch trees) with the most intact wood quality and structure were chosen for tree-ring width (TRW) analysis (Supplementary Table 1). The samples, where more detailed information is available, consistently derive from trees that have been preserved and discovered within MLST deposits burying the trees at their immediate growth sites. In Miesenheim 2, Kruft, and in the Brohl Valley, trees were documented standing upright, embedded within basal MLST ignimbrites. With the succeeding ignimbrite flow through the valley, the trunks were capped at approximately 4 m length. The observed upright position and the occasional presence of bark on the tree samples indicate that the trees were still alive prior to their burial. Two subfossil tree finds made by monks and provided by the University of Duisburg-Essen, were most likely excavated during renovation works in the immediate vicinity around the monastery and must have been directly located

within the LSE ignimbrites and/or the denser-packed co-ignimbritic (s.c. "Trass"-) layers within the pumice fallout deposits (both types of deposits are assigned to the MLST), given their excellent preservation. The same must be assumed for a sample retrieved from an excursion and made available by the University of Hohenheim. Intrusion of material can be excluded, given the thickness of LST deposits, the late Allerød ¹⁴C-dates and the preservation status of the samples studied. Conservation within the dense ignimbrites enabled the recovery of the bark on two samples (Extended Data Table 1), still attached to the outer sapwood. With the exception of *Poplar 1* with still intact wood cellulose, the preserved tree samples have been carbonized within the compact and hot ignimbrites.

TRW measurement and cross-dating

At the Swiss Federal Research Institute for Forest, Snow and Landscape WSL in Birmensdorf (Switzerland) wood anatomical transverse (cross) sections were taken, classifying the charcoal samples either as birch (*Betula* sp.) or poplar (*Populus* sp.). Exact tree-ring boundaries are often difficult to identify in broadleaved species and classical microscopic measurements were hindered through narrow rings and the carbonized sample status. Ensuring accurate tree-ring boundary identification, wood anatomical thin sectioning ¹⁶ as well as X-ray densitometry ¹⁷ were applied. Thin sections provided insight into the outer tree-ring identification, whereas X-ray images of carefully cut 0.2–0.5 cm thick discs enabled multiradii measurements across the samples. At least four TRW radii were measured from each charcoal sample using a LINTAB measuring device with a precision of 0.01 mm in combination with TSAPWin software ⁴⁹. X-ray films were measured on a Walesch 2003 X-ray densitometer using WalDendro V1.10 software, equally with a precision of 0.01 mm. Visual cross-dating was performed within TSAPWin software ⁴⁹. Macroscopic TRW measurements

of *Poplar 1* were performed at the University of Hohenheim with an identical measurement set-up as at WSL.

Radiocarbon sample preparation and measurement

Based on the cross-dated TRW sequences, 0.8–1.0 cm wide wood tracks were cut from three tree samples (*Poplar 1*, *Poplar 2* and *Birch 1*), including the pith and outer most rings of each tree. Rings were manually cut with a scalpel, if possible, in annual or bi-annual resolution providing at least 20 mg of organic material. Special care was taken to prevent any contamination, particularly from neighbouring tree rings. High-resolution radiocarbon (¹⁴C) Accelerator Mass Spectrometer (AMS) measurements ⁵⁰⁻⁵² were performed at the Laboratory of Ion Beam Physics at ETH Zurich (Switzerland) on the "Mini Radiocarbon Dating System" (MICADAS). The base-acid-base-acid-bleach method ⁵³ was cautiously applied to extract holocellulose from the intact wood samples. The same treatment was applied to the delicate charcoal samples to isolate the most stable compounds from any external contamination for radiocarbon dating. All samples were, thereafter, graphitized with an AGE system ⁵³. The ETH quality protocol ⁵⁴ was applied to ensure the accuracy and comparability of the ¹⁴C results through continuous monitoring of ¹⁴C blanks, standards and reference material.

Swiss radiocarbon reference dataset

The collection of subfossil Late Glacial wood from Switzerland¹⁵ and corresponding atmospheric ¹⁴C level changes data set, SWILM-¹⁴C (ref. ¹⁸), provides a well-dated (± 8 years; 20) and temporally high resolved reference for precise ¹⁴C matching. Compared to the recently released International Calibration Curve 2020 (IntCal20)¹⁸, the SWILM-¹⁴C record, solely derived from a single long-lived tree from this period, GAEN0071 (Supplementary

Table 5), represents a record with higher temporal resolution. Additionally, 118 ¹⁴C measurements from two trees (Supplementary Table 6 and 7) originating from the Swiss treering chronology *Daettnau 3* (ref. ⁵⁵), enabled to match the pre-LSE tree-ring ¹⁴C data to an extended reference, termed SWILM-¹⁴C_{plus}. It is important to note that the dendrochronological placement of *Daettnau 3* to the *SWILM-¹⁴C* record is tentative. Thus, we consider the matching results to the SWILM-¹⁴C_{plus} record only as an additional test to the results obtained from the SWILM-¹⁴C data.

Radiocarbon wiggle-matching with OxCal

For the ¹⁴C calibration, 85 ¹⁴C measurements from *Poplar 1* were wiggle-matched against both, the SWILM-¹⁴C and the extended SWILM-¹⁴C_{plus} records using the *D_Sequence* function in OxCal 4.3 (see dating results for *Poplar 2* and *Birch 1* below)^{56,57}. The calibration curve was built applying a Savitzky-Golay filter (order: 2; frame length:11) and the possible offset was set to \pm 50 years. The wiggle-matching analysis indicates overall good agreement of all *Poplar 1* ¹⁴C dates to the SWILM-¹⁴C reference, dating the outermost ring of the sample to 13,007 (\pm 1 year; 2 σ). Calibration of *Poplar 1* with SWILM-¹⁴C_{plus} indicates 13,006 (\pm 1 year; 2 σ) as the date of the final ring. Taking into account the underlying reference uncertainty of \pm 8 years of the SWILM-¹⁴C record, we obtain an absolute uncertainty of \pm 9 years for both wiggle-matches. OxCal results for *Birch 1* and *Poplar 2* support this wiggle-match (Extended Data Fig. 6).

Radiocarbon wiggle-matching with a least square fit

In addition to wiggle-matching results from OxCal, ¹⁴C sampled trees from the pre-LSE tree-

ring chronology were matched to the SWILM-¹⁴C and SWILM-¹⁴C_{plus}, such that the chisquare $(\chi(x)^2)$ becomes minimal for an assumed age x for the outermost tree ring (waney
edge) prior to the eruption⁵²:

$$\chi(x)^{2} = \sum_{i=1}^{n} \frac{\left(R_{i} - \bar{C}_{(x-r_{i})} - offset\right)^{2}}{\left(\delta R_{i}^{2} + \delta \bar{C}_{(x-r_{i})}\right)^{2}}$$

where $R_i \pm \delta R_i$ are the measured values for the measured ¹⁴C concentrations of the sample and $\bar{C}_{(x-r_i)} \pm \delta \bar{C}_{(x-r_i)}$ represents the ¹⁴C concentrations of the SWILM-¹⁴C curve for the year $(x-r_i)$, where r_i is the tree-ring number starting with ring number 0 as the final ring of the tree. The $(\chi(x)^2)$ for the most likely matches are given in Extended Data Fig. 3. When tree rings were sampled in lower temporal resolution, ¹⁴C values of the trees with higher resolution were combined to match the lower resolution for the chi-square test. The offset was individually adjusted to find the overall best fit.

Radiocarbon dating uncertainty

The application of the Oxcal D_Sequence function and the least chi-square test yield similar results, indicating an LSE age of 13,006 (\pm 9 years; 2σ). We consider our result as robust, as testing various combinations between samples and references produce age estimates within the derived age error. While 14 C measurements from $Poplar\ 1$, originating from whole wood, indicate most significant dating results, 14 C measurements from the carbonized wood of $Birch\ 1$ indicates a systematic offset. Nevertheless, the measurements follow the overall 14 C structure and outline similar LSE age estimates. We speculate that the observed systematic offset of the charcoal sample is either a result of the direct carbonization process within the hot LSE sediments, later contamination during preservation 58 , or related to the injection of magmatic carbon dioxide into the samples during its lifetime, for example through regional

groundwater affected by volcanic processes⁵⁹. Dating results from carbonized *Poplar 2* are consistent with *Poplar 1*. We deduce the only offset between the samples in the period between 13,090 cal BP and 13,075 cal BP to the poor wood quality of the *Poplar 1* tree rings, where only selected years could be sampled and ¹⁴C measurements performed. Precise ¹⁴C placements were only feasible through the unique high-resolution of performed ¹⁴C measurements and subsequent insight into the ¹⁴C fine structure. Additionally, the now obtained number of tree rings more than 100 years prior to the eruption is crucial to exceed the ¹⁴C plateau, a critical aspect which previous ¹⁴C dating attempts of charcoal remnants found within the LSE deposits, did not achieve⁶⁰.

YD onset estimation

The revised date of the LSE now enables to more precisely estimate the onset of the YD to approximately 12,807 BP (± 12 years; 20), based on the standard deviation of the available counting uncertainties of annually laminated lake sediment records containing LSE evidence as well as high-resolution palaeobotanical evidence indicating the YD onset (Extended Data Table 2). We recognize that our result is, however, limited, by the systematic error based on the individual record and sampling strategy defining the YD onset. The shift in sedimentation in the Meerfelder Maar record indicates a sharp transition into the YD⁵. Defining the YD onset in pollen records is subject to (i) where the pollen samples are placed, (ii) what the pollen sampling resolution is, and (iii) how fast vegetation actually responded to climate deterioration. A lag of the pollen signal relative to the climatic shift can be expected, as the ecosystem response presumably occurred delayed⁶¹. For example, pollen-percentage diagrams from the Meerfelder Maar outline a slower transition compared to pollen accumulation rates, reflecting a more immediate response to the onset of the YD⁶². The chronological accuracy of

AL/YD palaeo-records is now reaching a point where it is actually more precise than the sampling resolution of the underlying proxy information, challenging previous sampling strategies. Moreover, the restricted number of published counting uncertainties within various archives hampers a more accurate age estimate. As long as no additional information on counting uncertainties within the individual records is available, applying the standard deviation of circa 2.7 % (5.6 years; Extended Data Table 2) covers the known systematic uncertainties and represents the most reliable error estimate of the YD onset in western and central Europe.

Ice-core assessment of LSE candidates

Volcanic eruption chronologies are commonly derived from increased ice acidity, tephra layers and/or anomalously high sulphate (or sulphur) concentrations measured in polar ice cores⁶³. Several ice-core records from Greenland and Antarctica have previously been aligned by identifying common volcanic sulphate peaks⁶⁴ (Extended Data Fig. 5). Comparisons between tree-ring ¹⁴C and ice core ¹⁰Be data allows identification of leads and lags between these two timescales considering similar cosmogenic production rates^{33,65-67}. Based on new high-resolution tree-ring data the ¹⁴C timescale has recently been anchored at a precision of ± 8 years (20) during the AL/YD transition¹⁸, whereas the accumulated age error is ±140 years for GICC05 in 13,000 BP_{GICC05} (ref. ²³). However, the absolute dating can be further constrained using cosmogenic isotopes. Best fit is commonly produced if GICC05 is shifted towards younger ages by 1-year (-12; +25 years; 20)³³. Considering these refined uncertainties, the new LSE age now limits the search window for LSE fallout to 13,015–12,975 years BP_{GICC05} (Extended Data Fig. 5). This excludes the bipolar sulphur anomaly at

12,870 BP_{GICC05} (ref. ⁶⁴), tentatively linked to the LSE⁷ and two other major bipolar eruption signals (Extended Data Table 3).

Zooming into the 13,015–12,975 BP_{GICC05} period, a high-resolution (1 cm) sulphate record⁶⁸ from the North Greenland Ice Core Project (NGRIP)⁶⁹ ice core depicts several candidate eruptions in this time window (Extended Data Fig. 5 and Extended Data Table 3). The youngest of these, referring to a bipolar sulphate deposition⁶⁴ in 12,980 BP_{GICC05}, would imply an excessive gas content of the pre-eruption magma reservoir unlikely for the LSE. Two years earlier, in 12,982 BP_{GICC05}, a particle-rich signal also appears unlikely as the composition of glass shards does not match LSE phonolite⁷⁰. Other depositions of insoluble particles⁷⁰ and volcanic acids⁶⁸ during this time window, recognized for some of the other candidate events (Extended Data Fig. 5 and Extended Data Table 3), present testable hypotheses for future ice-core research. A targeted search for cryptotephra offers the strongest chance of identifying the LSE signature in glacial archives.

Calibration of Kråkenes Lake 14C data

Kråkenes Lake in western Norway^{27,36} represents an important independent lacustrine archive of past environmental change and is independently dated using a total of 118 accelerator mass spectrometry 14 C dates performed covering the period from the AL to the early Holocene. This unique dataset enables independent determination of 14 C ages for the significant events around the YD cold spell, i.e., the AL/YD and the YD-Holocene transitions, as well as interstratified YD Vedde and early Holocene Saksunarvatn ash layers. Radiocarbon calibration of Kråkenes Lake 14 C ages using the *D_Sequence* function in OxCal^{56,57} and applying the recently released IntCal20 (ref. 18) dates the AL/YD transition to 12,840–12,699 cal BP (12,770 \pm 71; 2 σ), indicating a shift of the median age estimate by approximately 54

- 499 years to older ages compared to IntCal13 (ref. 71) (Extended Data Table 4). The revised
- 500 AL/YD transition age estimate for Kråkenes Lake coincides with the proposed date based on
- 501 the revised LSE age estimate and the consistent 200–213 varve years-long interval from the
- LSE tephra to the onset of the YD in annually layered records from western and central
- Europe. The calibrated dates of Vedde (12,153–11,935 cal BP; 12,044 \pm 109; 2 σ) and
- Saksunarvatn (10,254–10,074 cal BP; 10,164 ± 90 ; 2 σ) ashes to IntCal20 (ref. ¹⁸) remain
- consistent within errors to the results obtained using the IntCal13 (ref. 71) calibration curve
- 506 (Extended Data Table 4), as only minor adjustments of the calibration curve were made over
- this time interval.

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600

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609

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- 613 L.W. modelled the ¹⁴C. The paper was written by F.R., together with U.B., O.J., J.E., C.O.
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618 **Corresponding author** Correspondence to Frederick Reinig.

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622 **Supplementary Information** is available for this paper.

Data availability The supplementary information that support the findings of this study are available from XX, DOI:YY (DOI to be provided once embargo data is set). Source Data are provided with this paper.

Extended Data Table 1 | Pre-Laacher See Eruption (LSE) chronology. 627 Dendrochronological characteristics and performed radiocarbon (¹⁴C) measurements. 628 629 Extended Data Table 2 | Annually varved layers (avl) estimate of the YD onset relative 630 to the LSE tephra (LST), including published information on counting uncertainty for 631 all available annually laminated records in western and central Europe. Mean derived 632 from the average of all records and their standard deviation. 633 634 Extended Data Table 3 | Volcanic sulphate depositions in Greenland⁶⁸ and Antarctica⁷⁴ 635 around the new LSE date. Ice-core ages refer to the GICC05 chronology²³ with respect to 636 1950 derived from previous volcanic synchronizations^{65,72,73}. 637 638 Extended Data Table 4 | OxCal calibration results of ¹⁴C-dated events from the 639 Kråkenes core chronologies^{27,36} using IntCal13 (ref. ⁷¹) and IntCal20 (ref. ¹⁸). Confidence 640 Interval (CI), Mean, and Median are given in cal BP (1950). 641 642 Extended Data Fig. 1 | Temporal and spatial setting of the Laacher See eruption. (a) 643 Climatic development of the last 15,000 years according to the NGRIP Greenland δ^{18} O ice 644 core record (blue)²³, covering the Late Glacial and Holocene periods, shown together with the 645 LST 40 Ar/ 39 Ar age determination at 12,900 ±560 BP (mean ±1 σ ; red) 13 . INTIMATE event 646 stratigraphy²³ of the Late Glacial is outlined left of the NGRIP record (GS – Greenland 647 Stadial; GI – Greenland Interstadial), with the European palaeobotanical subdivision of this 648

period (MEI – Meiendorf interstadial; BØ – Bølling interstadial; AL – Allerød interstadial; YD – Younger Dryas cold interval)⁷⁵ aligned on its right. Offsets between both schemes are topic of intensive and ongoing discussion. (b) Geospatial distribution of LST fallout deposits (modified from ref. ⁷⁶) with locations of Laacher See (red triangle) and source of the tree stems used to build the Swiss Late Glacial tree-ring and ¹⁴C records (green dot; SWILM-¹⁴C)¹⁸. Light blue line indicates extent of late Allerød Fenno-Scandinavian ice sheet (modified from ref. ⁷⁷). Map produced using OGIS.

Extended Data Fig. 2 | Examples of Laacher See Eruption (LSE) wood finds. (a) Location of archived (circles with black borders) and newly excavated (in 2019, circles with orange borders) subfossil wood samples within the Middle Laacher See tephra (MLST) deposits in the Neuwied Basin (modified from ref. ¹²). Isopachs for LST fallout are shown in red, and grey shading indicates extent of MLST ignimbrite deposits. Subfossil trees (b) from the Brohltal (1986 photo by E. Turner); (c) from an excavated forest at Miesenheim (1986 photo by M. Street)⁴⁶; (d) from Kruft (1996 photo by M. Baales)⁴⁷; (e) from Meurin; and (f) an excavation at a new locality in Miesenheim. Note that only samples from Brohltahl and Meurin are included in this study, as other materials were exhausted during previous analyses or unsuitable for the performed measurements (see Methods). Map produced using QGIS. All photos are provided by the MONREPOS picture archive.

Extended Data Fig. 3 | **Reduced chi-square test results**⁵². Most likely ¹⁴C calendar placement of the last ring of *Poplar 1* matched to SWILM-¹⁴C with an offset of 11 cal years (yrs) (a); *Poplar 1* matched to SWILM-¹⁴C_{plus} with an offset of 22 cal yrs (b); *Poplar 2* matched to SWILM-¹⁴C with an offset of 18 cal yrs (c); *Birch 1* matched to SWILM-¹⁴C with

an offset of 36 cal yrs (**d**); *Birch 1* matched to SWILM-¹⁴C_{plus} with an offset of 46 cal yrs (**e**); all pre-LSE samples matched to SWILM-¹⁴C with an offset of 20 cal yrs years (**f**); Daettnau 3 matched to SWILM-¹⁴C with an offset of 13 cal yrs (**g**); and *Poplar 1* matched to Daettnau 3 with an offset of 25 cal yrs (**h**). Black lines denote to the 95% confidence interval.

Extended Data Fig. 4 | Multi-proxy alignment of North Atlantic and European records.

(a) NGRIP (grey) and GISP2 (black) oxygen isotopes (δ^{18} O) at 20-year resolution from Greenland on GICC05 timescale²³, Alpine δ^{18} O records from Lake Ammersee (yellow)³⁴ and Lake Mondsee (red)³⁵, and Meerfelder Maar (MFM, blue)⁵ varve thickness plotted as 10-year running means, dated to the MFM timescale with a Laacher See eruption (LSE) date of 12,880 BP_{MFM} (± 40 years; red dotted vertical line) indicating time-transgressive Greenland Stadial 1 (GS-1) and the Younger Dryas (YD) cooling between 13,200 and 12,400 BP_{GICC05}. (b) The same European proxy records shifted 126 years according to the new LSE date of 13,006 cal BP (red vertical line)²⁸ now outlining a synchronized cooling into the GS-1/YD across the North Atlantic. Blue shading denotes the period of strongest cooling evident in the Greenland ice core isotope records.

Extended Data Fig. 5 | **Non-sea salt sulphate and particle records from polar ice cores around the time of the LSE. (a)** Ice-core records of sulphate from the Greenland Ice Sheet Project Two (GISP2)⁷⁸ and North Greenland Ice Core Project (NGRIP)⁶⁹ records; (b) High-resolution (1 cm depth) record of sulphate and dust⁶⁸ from the NGRIP ice-core record⁶⁹ between 13,015 and 12,975 years BP_{GICC05} with three volcanic anomalies at 12,980 BP_{GICC05} (1), 12,982 BP_{GICC05} (2), and 12,994 BP_{GICC05} (3); black arrows indicate additional obtained sulphate peaks; cyan bar denotes the 17 cm sampling range in which tephra shards were

previously detected and characterized⁷⁰ encompassing two distinct volcanic signals (1 and 2); (c) ice-core records of sulphate (calculated from sulphur measurements) from West Antarctic Ice Sheet Divide (WD)⁷⁴ and Dronning Maud Land (EDML)⁷⁹ ice core. All ice-cores are synchronized^{65,72,73} on the GICC05 chronology²³ timescale with respect to 1950. Grey vertical lines represent the accumulated age error in 13,000 BP with ±105 years for WD2014⁷⁴ and ±140 years for GICC05 (ref. ²³), which has been further reduced (-12/+25 years; 20) based on the synchronization of tree-ring ¹⁴C and ice core ¹⁰Be³³. Red vertical lines outline the added LSE ¹⁴C uncertainty (±9 years). Yellow dots denote to obtained bipolar sulphate anomalies.

Extended Data Fig. 6 | D_Sequence wiggle-matching results with OxCal. All radiocarbon (¹⁴C) modelled LSE ages obtained from (a) *Poplar 1*, (b) *Birch 1* and (c) *Poplar 2* applying the extended Swiss Late Glacial Reference (SWILM-¹⁴C_{plus}) point to a similar eruption date. While the long-lived *Poplar 1* and *Birch 1* exceed the ¹⁴C plateau with the initial ¹⁴C dates, *Poplar 2* provide three possible wiggle-match placements, however, under the contraint that this sample was also found within the MLST deposits the two younger ¹⁴C results need to be excluded.







