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Neural circuits underlying nest building in male zebra finches

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Running title: Nest building and the avian brain

24 **Abstract**

25 Nest building consists of a series of motor actions, which are concomitant with activity in
26 regions of the anterior motor pathway, the social behaviour network and the reward
27 circuitry in nest building adult male zebra finches (*Taeniopygia guttata*). It is not clear,
28 however, whether this activity is due to nest building, collection and/or manipulation of
29 nest material. To identify which areas of the brain are specifically involved, we used
30 immunohistochemistry to quantify the immediate early gene *c-fos* in male zebra finches
31 that were nest building (Building), birds given a nestbox but could interact only with tied
32 down nest material (Fixed), and birds that were not given a nestbox or nest material
33 (Control). We investigated the following brain regions: the anterior motor pathway (anterior
34 ventral mesopallium (AMV), anterior nidopallium (AN), anterior striatum (ASt)), areas of the
35 social behaviour network (bed nucleus of the stria terminalis, dorsomedial sub division
36 (BSTmd), lateral septum (LS)), the dopaminergic reward circuitry (ventral tegmental area
37 (VTA)) and the cerebellum. We found that there was greater Fos-ir expression in the BSTmd,
38 LS and AMV with increased material deposition; in LS, AMV ASt and folia VI with increased
39 material carrying; in LS, AMV and ASt with increased nest material tucking; and in LS and all
40 folia (except folium VIII) with increased tugging at tied down material. These data confirm a
41 functional role for areas of the anterior motor pathway, social behaviour network and the
42 cerebellum in nest material collection and manipulation by birds.

43

44 *Abbreviations:* AMV, anterior ventral mesopallium; AN, anterior nidopallium; ASt, anterior
45 striatum; BSTmd, bed nucleus of the stria terminalis, dorsomedial subdivision; BSTmv, bed
46 nucleus of the stria terminalis, ventral subdivision; Fos-ir, fos immunoreactivity; LS, lateral
47 septum; VTA, ventral tegmental area.

48 **1. Introduction**

49 Avian reproductive behaviour includes territorial defence, courtship, pairing, nest building,
50 egg laying, incubation, and parental care. Although the neural underpinnings of many of
51 these reproductive behaviours have been well studied (e.g. Heimovics and Ritters 2006;
52 Meddle et al. 1999; O'Connell and Hofmann 2011), as have the ultimate causes of nest
53 building (e.g. Hansell 2000; Mainwaring et al. 2014), the neurobiology of nest building has
54 received much less attention to date. Nest building consists of a sequence of actions: a nest
55 site must be located, material is then collected and deposited, and the nest is constructed
56 (Hansell 2000; Walsh et al. 2013). The brain regions involved in nest-building behaviours
57 have typically been quantified by the production of the immediate early gene *c-fos* protein
58 product Fos, as a molecular indicator of neuronal activity (Clayton 2000; Hall et al. 2014; Hall
59 et al. 2015; Heimovics and Ritters 2006; Klatt and Goodson 2013; Meddle and Follett 1997).
60 For example, Heimovics and Ritters (2006) found that captive adult male European starlings
61 (*Sturnus vulgaris*) with a nestbox in the breeding season had elevated neuronal activity in
62 several areas of the social behaviour neural network, in comparison to males without a
63 nestbox. These social behaviour network regions included the bed nucleus of the stria
64 terminalis, dorsal subdivision (BSTmd) and ventral subdivision (BSTmv), but as nest-building
65 behaviour was not specifically quantified the differences in neuronal activity specifically
66 related to nest building or to courtship or territorial defence could not be disassociated. This
67 is particularly pertinent as activity in the BSTmd and BSTmv, as well as the lateral septum
68 (LS), is associated with territorial defence behaviours in birds (Goodson 2005).

69 In our previous study (Hall et al. 2014) we examined neuronal activity in the brain
70 during nest building in zebra finches and demonstrated that as nest material pick up and
71 deposit increased, so did the amount of Fos-immunoreactivity (Fos-ir) produced in the

72 anterior motor pathway, specifically in the anterior ventral mesopallium (AMV), anterior
73 nidopallium (AN), and the anterior striatum (ASt) as well as in the ventral tegmental area
74 (VTA) in the dopaminergic reward circuitry. However, in that study we did not dissociate
75 whether the neural activity resulted from general handling of nest material or was due to
76 nest possession and material collection.

77 Nest building consists of nest site selection, material collection and often entails fine
78 motor actions of the beak, and for some species the feet, to manipulate material into a
79 small space (e.g. Muth and Healy 2014). As nest building consists of a sequence of
80 organised, discrete motor actions as well as learning (Bailey et al. 2014; Muth and Healy
81 2014; Thorpe 1956; Tinbergen 1953), and the cerebellum is involved in fine motor control,
82 learning and memory (Middleton and Strick 2000), it seems plausible that the cerebellum
83 plays an integral part in nest construction. Furthermore, as there is evidence that cerebellar
84 foliation increases with nest complexity (Hall et al. 2013), the large variation in cerebellar
85 volume and degree of foliation may provide the neural substrates leading to fine motor
86 control (Butler and Hodos 2005).

87 The cerebellum can be subdivided into individual folia, which receive different
88 combinations of somatosensory input from different parts of the body; for example, folia I –
89 VI receive afferent somatosensory information originating from neck musculature (Necker
90 2001). It may then be the case that different folia are involved in different behaviours, for
91 example folia I – VI might be involved in behaviours that require beak movement (e.g.
92 preening, feeding or picking up nest material) and folium IX receives input from neck
93 musculature and the legs (Feenders et al. 2008; Necker 2001).

94 To determine which of the brain regions previously associated with nest building
95 (Hall et al. 2014) are associated with nest-material selection, collection and handling, we

96 tested the hypothesis that the cerebellum, anterior motor pathway, social behaviour
97 network and the dopaminergic reward circuitry are specifically involved in the collection
98 and/or handling of nest material in captive male zebra finches. We used three groups of
99 zebra finches: Builders (pairs allowed to build a nest), Fixed (pairs provided with material
100 that was tied down so that the birds could interact with the material but not build a nest),
101 and Controls (pairs that were not provided with material). To identify neuronal activity in
102 zebra finches, we quantified Fos-ir throughout the brain. Given the beak and neck
103 movements required to build a nest (Hansell 2000; 2005), the role of the cerebellum and
104 anterior motor pathway in fine movements, and the Hall et al. (2014) data, we expected
105 Fos-ir expression in the brain regions we examined to increase with increasing handling of
106 material (in or out of a nest).

107

108 **2. Materials and methods**

109 *2.1. Subjects*

110 60 adult zebra finches (30 of each sex) were bred at the University of St Andrews, Scotland,
111 UK. The sample size was chosen based on the numbers of birds required to obtain
112 significance in our previously published studies (Hall et al. 2014; Hall et al. 2015). The birds
113 were housed in single-sex colony cages, maintained on a 14L:10D light:dark cycle, at 19-21°C
114 and 50-65% humidity. All colony and holding cages were lined with wood pellet bedding.
115 Birds had *ad libitum* access to finch seed mix, water, oyster shell grit, cuttlefish bone and a
116 mineral block. Three times a week water was supplemented with calcium and vitamin D3,
117 and food was supplemented with spinach. All experimental procedures were approved by
118 the University of St Andrews Animal Welfare and Ethics Committee.

119

120 *2.2. Treatment group assignment*

121 Birds had previously been paired (partners were randomly assigned) and had successfully
122 built nests. Birds were re-paired with the same partner and placed in holding cages (50 x 25
123 x 25 cm) in the same room but were visually isolated from one another.

124 To ensure all pairs were motivated to build a nest prior to behavioural observations,
125 four pairs were randomly selected, given 240 pieces of 15cm long cotton string (No. 4
126 Polished Cotton Twine; Rope Source, UK) and left for approximately 16 hours. Following
127 inspection, the next day an experimental cohort was created from the pairs that had begun
128 to build a nest by randomly assigning one pair to each treatment group (Building, Fixed or
129 Control). Pair formation and motivation to build needed to be confirmed before selecting a
130 pair, although it should be noted that this meant that all pairs (including the Control birds)
131 handled material prior to the experiment.

132 Established pairs were then moved to the test cages (100 x 50 x 50 cm) and left to
133 habituate for approximately 18 hours. This selection procedure continued until there were
134 10 pairs of birds for each treatment. The test cages were of similar design to the holding
135 cages but to prevent building with wooden pellets, the floor was covered in brown paper.
136 Nest cups were only placed in the cages with Building and Fixed pairs. Control pairs were
137 not provided with a nest cup as we wanted to distinguish between neural activation caused
138 by nest possession and activation caused by nest building and material handling.

139

140 *2.3. Behavioural observations*

141 On the day following habituation, 30 minutes after lights on, a nest cup was added to the
142 Building and the Fixed treatment cages. Four piles of string made up of 60 pieces (240
143 pieces/cage) were added to the Building treatment and four sets of 60 pieces of string, with

144 one end tied to the cage bars, were added to the Fixed treatment. By tying one end of the
145 string to the cage bars the birds were able to tug at the string, but not use the material to
146 build a nest. All pairs were digitally recorded using three birdbox cameras (SpyCamera CCTV,
147 Bristol, UK) mounted inside each cage and the video feed was recorded onto a laptop.

148 Sacrifice time for all birds was set for 90 minutes after the male of the Building pair
149 began depositing string in the nest cup, even if the Fixed male had already begun tugging at
150 the tied down string. The birds were monitored via a window in the door of the test room so
151 as not to disturb the birds, and time was recorded when the Building pair made the first
152 deposit of string into the nest cup. If the nest-building male began to build immediately
153 after receiving the string, the sacrifice time was delayed by 15 minutes to avoid Fos-ir being
154 associated with material being delivered to the nest builder's cage. If the Building male did
155 not deposit material in the nest within four hours of the experiment starting, the whole
156 experiment was terminated: the string and nest cups were removed from all cages, and
157 another attempt was made the following day.

158 Behavioural data were only recorded for the first 45 minutes of the experiment.
159 From the video output for the Building and Fixed birds, the occurrence of seven nest-
160 building behaviours were recorded: *depositing* (bird released string into nest), *pick up*
161 (selecting material), *tuck* (bird touched and rearranged material in the nest), *tugging*
162 (pulling on string fixed string), *tugging and hopping* (hopping along cage floor while tugging
163 at fixed string), *tugging and flying* (attempting to fly off with fixed string), and *hopping with*
164 *string*. The duration and number of bouts of birds *flying with string* was also recorded.
165 Example clips of tugging and tucking can be found in the Supplementary material.

166 For all birds *allopreening*, *drinking*, *feeding*, *grooming*, *hopping*, *jumping* and
167 *scratching* were also quantified along with the number of bouts and the total duration of

168 birds *flying*. All behaviours were coded using BORIS behavioural analysis software (Friard
169 and Gamba 2016).

170

171 2.4. Brain tissue collection

172 90 minutes following initiation of nest-building, pairs of birds were terminally anaesthetised
173 (0.2ml sodium pentobarbitone) and the brain was dissected from the skull and fixed by
174 submersion in 4% paraformaldehyde in phosphate-buffered saline (0.1M PBS, pH = 7.4; PFA)
175 for six days at 4°C. Brains were then immersed in 15% sucrose in PFA for 24 hours at 4°C,
176 and then transferred into 30% sucrose in PBS for 24 hours, at 4°C. Brains were then frozen
177 on powdered dry ice, wrapped in foil and stored in labelled plastic bags at -80°C. Samples
178 were then transported on dry ice to the Roslin Institute, University of Edinburgh, Easter
179 Bush, UK where they were stored at -80°C until processing for immunohistochemistry.

180 The cerebellum was separated from the brain and processed separately. The
181 cerebellum was sectioned on a sagittal plane and the forebrain coronally sectioned on a
182 freezing microtome (section thickness = 50 μ m), and the sections collected in 0.1M PBS. The
183 sections were then stored for 24 hours in PBS at 4°C before immunohistochemical
184 processing for Fos-ir. The coronal forebrain sections were transferred from the PBS into
185 cryoprotectant and then stored at -20°C for 22 months before being sectioned in the same
186 manner as the cerebellum.

187

188 2.5. Fos immunohistochemistry

189 Immunohistochemistry was processed in two stages, the cerebellum and forebrain. All birds
190 were processed in the same immunohistochemical run. All sections were processed in
191 Corning netwell baskets and tray system. Sections were washed for 15 minutes, three times,

192 in 0.2% Triton X-100 in 0.1M phosphate buffer (PBS-T) on a shaking platform and then
193 rinsed for 5 minutes in 0.1M PBS. Sections were then incubated for 20 minutes in 0.3% H₂O₂
194 in 0.1M PBS followed by three 10-minute washes in 0.1M PBS-T.

195 Sections were then incubated in 10% Normal Goat Serum (Vector Laboratories) in
196 0.1M PBS-T for 60 minutes to reduce endogenous peroxidase activity and then incubated
197 for 120 minutes at room temperature in 10% Normal Goat Serum in 0.1M PBS-T containing
198 the primary Fos antibody (1:5000; Santa Cruz Biotechnology rabbit polyclonal anti-Fos K-25,
199 sc-253). Incubation continued for approximately 20 hours at 4°C. This antibody has been
200 validated previously for use in zebra finches (Nordeen et al. 2009) and used to identify
201 patterns of neuronal activity associated with nest building in zebra finches (Hall et al. 2014;
202 Hall et al. 2015; Kingsbury et al. 2015; Klatt and Goodson 2013).

203 Any excess unbound antibody was removed by three 10-minute rinses in 0.1M PBS-
204 T. A Vectastain elite rabbit kit (Vector Laboratories; PK6101) was used to amplify the
205 antibody-antigen complex. The sections were then incubated for 60 minutes in biotinylated
206 goat anti-rabbit secondary antibody (1:250 in 0.1M PBS-T; Vector Laboratories), rinsed for
207 three 10-minute washes in 0.1M PBS-T and then incubated in 0.1M PBS-T for 60 minutes at
208 room temperature with avidin-biotin horseradish-peroxidase complex (ABC; Vector
209 Laboratories). Sections were then washed in three 10-minute washes in 0.1M PBS-T, and
210 then five minutes in 0.1M PBS. Sections were then briefly rinsed in 0.1M sodium acetate
211 buffer and developed with 0.04% nickel-intensified diaminobenzidine (Sigma) as the
212 chromagen for six minutes. To terminate the reaction, sections were rinsed a further six
213 times, each rinse lasting five minutes, in 0.1M PBS before being mounted with a paintbrush
214 onto gelatin coated slides, serially dehydrated through alcohol, cleared in xylene and cover-
215 slipped with glass coverslips using Pertex mounting medium (CellLife).

216

217 *2.6. Fos immunoreactivity quantification*

218 Fos-ir was quantified in the BSTmd and LS in the social behaviour network; the VTA in the
219 dopaminergic reward/motivation circuit; and the AMV, AN, and ASt of the anterior motor
220 pathway. These brain regions were selected as Fos-ir was previously reported to increase in
221 these regions following nest building male zebra finches (Hall et al. 2014). Fos-ir was also
222 quantified in all folia in the cerebellum. Areas of interest were located with reference to
223 brain atlases of the canary (Stokes et al. 1974) and the zebra finch (Nixdorf-Bergweiler and
224 Bischof 2007). To avoid any unconscious bias all slides were coded so the experimenter was
225 unaware of the treatment group during Fos-ir quantification.

226 Images of each section were digitally captured using a Nikon E600 Brightfield
227 Microscope camera and Zen 2 software, and stored on a laptop and server. See Table 1 for
228 lens magnification. Each image was opened in ImageJ software version 1.5s (Schneider et al.
229 2012) and desaturated. *Auto levels* function was used to isolate Fos-ir nuclei from
230 background staining. This function saturates the Fos-ir as black and the lack of Fos-ir as
231 white. Before applying the function to each image, units were subtracted from the *auto*
232 *levels* adjustment value (Table 1). The units subtracted differed between each brain region
233 due to the variation in neuropil background staining, but were kept consistent for all
234 samples within a region. After applying the *auto levels* function, the number of highlighted
235 Fos-ir nuclei were counted in the image as a whole or in sub-sections (Table 1), either
236 manually using a clicker or by using the *analyse particles* function in ImageJ (Table 1).
237 Automatic counting was used for all regions apart from the BSTmd where the counting was
238 manual. Nuclei were only counted if they fulfilled a predetermined criterion that differed
239 with all brain regions due to the neuropil staining (Table 1). These criteria were selected by

240 measuring the area of the smallest Fos-ir nuclei identified in multiple, randomly selected
241 sections across randomly selected birds. The number of suitable sections differed across the
242 birds due to damage caused during sectioning and/or mounting of sections and therefore
243 the number of Fos-ir nuclei in each section were summed and then averaged to yield a
244 single value for each brain region in each bird.

245 Cerebellum sections were quantified live, using a Leica microscope with a video
246 camera connection at x40 magnification with a 4.5 light intensity. Three sections for each
247 male were selected and three circles (40.6 μm radius) placed semi-randomly on the
248 molecular layer of each folia, with each circle touching at least one other. All Fos-ir cells
249 (identified as a dark dot on the image) within the circles were counted manually and then
250 averaged for each folia, for each male (Figure 1).

251

252 *2.7. Statistical analysis*

253 *Hopping with string* and *flying with string* were combined into one category – *carry*.

254 *Hopping, jumping, and flying* were all combined into one category – *move*, for all three
255 treatments. *Tugging while hopping* and *tugging while flying* were combined with *tugging*.
256 We included the following behaviours in the analysis: *pick up, deposit, tuck, carry, tug,*
257 *feeding* and *move*.

258 All statistical analyses were completed using R Studio (2012, ver 1.1.447) with R
259 Development Core Team (2016, ver. 3.4.1) using packages '*plotrix*' (Lemon 2006), '*dplyr*'
260 (Wickham et al. 2017), '*tidyr*' (Wickham and Henry 2009), and '*broom*' (Robinson and Hayes
261 2019). All graphs were created using '*ggplot2*' (Wickham 2009) '*cowplot*' (Wilke 2019), and
262 '*ggsignif*' (Ahlmann-Eltze 2017). All means are shown and with standard errors. Behaviour
263 and Fos-ir counts were compared as dependent variables using Generalised Linear Models

264 (GLM), with a negative binomial distribution using the 'MASS' package (Venables and Ripley
265 2002), and the independent variable treatment on three levels (Building, Fixed, Control).
266 Posthocs, using the 'multcomp' package (Hothorn et al. 2008), were run on any forebrain
267 region or cerebellum region that had differing Fos-ir levels. Type II likelihood-ratio chi-
268 square tests ('car' package (Fox and Weisberg 2011)) were performed on all finalised GLMs
269 to determine the significance of predictor variables.

270 To investigate whether behaviour explained individual variation in Fos-ir production
271 GLMs with negative binomial distribution were run with Fos-ir counts as dependent
272 variables and behaviour counts as independent variables. Only Building males were included
273 in analyses with *deposit*, *carry* and *tuck*, while only Fixed males were included in analyses
274 with *tug*. Both Building and Fixed males were included in behaviour analyses *move* and
275 *feeding*, with behaviour counts*treatment as interactions. To account for the number of
276 analyses conducted correlating Fos-ir and behaviours and the chance of including a Type I
277 error, a sequential Bonferroni method was used (Holm 1979), adjusting the critical value for
278 each model, by brain region and folia. The forebrain and the cerebellum were analysed
279 separately.

280

281 **3. Results**

282 *3.1. Behavioural analysis*

283 In the 90-50 minutes prior to sacrifice, Control, Fixed and Building birds all moved around
284 the cage to the same degree (GLM: $\chi^2_1 = 3.38$, $n = 26$, $p = 0.18$). Control birds fed more than
285 Building birds, while Fixed birds did not differ either of the other groups (GLM: $\chi^2_1 = 10.16$, n
286 $= 16$, $p = 0.001$). Building birds made more pick ups (GLM: $\chi^2_1 = 10.46$, $n = 26$, $p = 0.006$;
287 Building = 50 ± 16.23 ; Control = 178 ± 30.47 ; Building vs Control, $p = 0.006$).

288

289 *3.2. Forebrain*

290 In the anterior motor region, Building and Fixed males had more Fos-ir than did Control
 291 birds in the AMV (GLM: $\chi^2_1 = 13.87$, $n = 24$, $p < 0.001$; Control vs Fixed, $p = 0.004$; Control vs
 292 Building, $p < 0.001$; Table 2; **Error! Reference source not found.**). In the AN and ASt it was
 293 just the Building males that had more Fos-ir than did Control males (AN, GLM: $\chi^2_1 = 11.46$, n
 294 $= 25$, $p = 0.003$; Control vs Building, $p = 0.002$; ASt, GLM: $\chi^2_1 = 7.25$, $n = 25$, $p = 0.03$; Control
 295 vs Building, $p = 0.01$; Table 2; **Error! Reference source not found.**). The Fos-ir expression in
 296 the AN and ASt of the Fixed birds did not differ from that in the Building or the Control
 297 birds. Fos-ir in the LS was higher in Building compared to Fixed males, while Control Fos-ir in
 298 the LS did not differ from that in Building or Fixed males (GLM: $\chi^2_1 = 7.85$, $n = 21$, $p = 0.02$;
 299 Building vs Fixed, $p = 0.01$; Table 2; **Error! Reference source not found.**). Fos-ir did not differ
 300 by treatment in the BSTmd (GLM: $\chi^2_1 = 1.55$, $n = 21$, $p = 0.46$; Table 2; **Error! Reference**
 301 **source not found.**), or in the VTA (GLM: $\chi^2_1 = 0.64$, $n = 23$, $p = 0.69$; Table 2; **Error!**
 302 **Reference source not found.**).

303 There was increased Fos-ir expression in four regions of the forebrain in response to
 304 handling of nest material. As the number of times Building males deposited material in the
 305 nest increased, so did the amount of Fos-ir in the BSTmd, LS and AMV (Table 3; Figure 3).
 306 Fos-ir also increased in the LS, AMV and ASt the more Building males carried material, while
 307 an increase in tucking material in the nest correlated with an increase of Fos-ir in the LS and
 308 the AMV (Table 3; Figure 3). As tugging of material in Fixed males increased, so too did Fos-
 309 ir in the LS (Table 3; Figure 3). Neither variation in the number of times a bird picked up
 310 material, nor in the number of times a bird moved or fed, explained variation in Fos-ir in any
 311 of the brain areas (see Supplementary material).

312

313 *3.3. Cerebellum*

314 As Building males carried more material, Fos-ir increased in Folia VI (Table 4; Figure 4).

315 There was increased Fos-ir in all cerebellar folia, except Folia VIII, as Fixed males tugged nest

316 material (Table 4; Figure 4). As Building and Fixed males picked up more material, Fos-ir

317 increased in Folia VIII and Folia X (Table 4; Figure 4) while as feeding increased, Fos-ir in

318 Folia II, III, IV, V and VI decreased (Table 4; Figure 4). The number of times Building males

319 deposited or tucked nest material did not explain variation in any folia, and moving did not

320 explain folia Fos-ir variation in either Building or Fixed males. Finally, although Fos-ir

321 differed by treatment in folium IX (GLM: $\chi^2_1 = 6.44, n = 22, p = 0.04$), posthoc testing

322 showed no significant differences between the treatment groups.

323

324 **4. Discussion**

325 In the anterior motor pathway, nest-building males (Building) and males that could interact

326 only with nest material that was tied down (Fixed) had more Fos-ir in the AMV than did

327 males with no access to nest material (Control). Activation in the AMV increased as males

328 deposited and tucked nest material and activation in the AMV and ASt increased as males

329 carried nest material. Building males also had higher Fos-ir levels in the AN and ASt than did

330 Control males, which indicates a role for the anterior motor pathway in nest building.

331 In the social behaviour network and dopaminergic reward circuitry, Fos-ir in the LS

332 was higher in Building than in Fixed males and there was no difference in Fos-ir in the

333 BSTmd and VTA between the three treatments. Fos-ir increased with depositing in the LS

334 and BSTmd, while carrying, tucking and tugging of nest material caused activation in the LS.

335 In the cerebellum, Fos-ir differed by treatment only in folia IX, however activation in
336 nearly all folia was correlated with changes in behaviour. Fos-ir increased with tugging in all
337 folia (bar folia VIII), Fos-ir increased in folia VIII and X the more a male picked up nest
338 material and Fos-ir increased in folia II, III, IV, V and VI the more a male feed. Moving about
339 the cage did not account for neuronal activity in any of the forebrain regions or folia that we
340 measured.

341

342 4.1. Forebrain

343 There was greater activation in the all areas of the anterior motor pathway in Building birds
344 than Control birds, while Fixed birds had greater activation than Control birds only in the
345 AMV. As activation across the anterior motor pathway increased with nest-building
346 behaviours, these data establish the importance of the anterior motor pathway in nest
347 building. Furthermore, given the involvement of this motor pathway in motor learning and
348 sequencing (Feenders et al. 2008), these data are consistent with nest building being a
349 sequential behaviour that involves learning (Bailey et al. 2014; Breen et al. 2019; Muth and
350 Healy 2011; 2014; Walsh et al. 2013). Our data also support the suggestion of Hall et al.
351 (2014) that nest building may be underpinned by motor control similar to that which has
352 been recognised in tool use, in particular due to the increase activation in the ASt, an area
353 of the striatum active during tool use in both birds and mammals (Obayashi et al. 2001;
354 Reiner et al. 2004).

355 Our experimental design allowed us to make more specific associations between
356 activity in the different parts of the anterior motor pathway with the different building-
357 associated behaviours. In particular, although a role for the AMV and the ASt in nest
358 material collection (see Hall et al. (2014) is confirmed by the increase in activation in the

359 Building males the more they carried (AMV and ASt) and deposited (AMV) nest material, as
360 there was no difference in activation in these regions between Building and Fixed males and
361 no increase as males picked up material, regardless of treatment, they are unlikely to be
362 primarily regulating material collection. Indeed, as the activation in the AMV also increased
363 as males tugged at material that was tied down only in the Building birds (and not in the
364 Fixed birds), it looks as if the AMV is involved in nest building and not just in material
365 collection. Furthermore, as activation did not increase the more often Building and Fixed
366 males fed or moved, and this is a behaviour that uses similar muscle movements to those
367 used when the birds handle nest material, the activation of the AMV and ASt in association
368 with increased carrying, depositing and tucking of nest material seems unlikely to be due
369 just to the use of the neck, beak and wings muscles.

370 Activation levels in the BSTmd of Building males increased the more material a male
371 deposited in the nest, which fits with what we know about the role of the male in nest
372 building in zebra finches and that of the BSTmd in male sexual behaviour. In zebra finches it
373 is the male that selects material, carries it to the nestbox, and is typically the one to build
374 the nest (Zann 1996) and the increase in BSTmd Fos-ir in conjunction with increases in
375 depositing of material is also consistent with a role for the BSTmd in the neural control of
376 male courtship behaviours (e.g. Goodson 2005). One of those courtship behaviours could be
377 the possession of a nestbox (BSTmd activation increased in starlings that have a nestbox:
378 Heimovics and Ritters 2006). But because in our study, the possession of a nestbox did not
379 affect the amount of Fos-ir in the Building and Fixed males relative to the Control birds,
380 which did not have a nest cup (as with Hall et al. 2014), it seems unlikely that BSTmd
381 activation in zebra finches is related to nestbox possession alone. Further work is required
382 to identify whether BSTmd activation occurred because males were engaging in nest

383 building, or because male zebra finches were performing a male sexual behaviour (Zann
384 1996). To determine whether the BSTmd is required for nest building rather than for a male
385 sexual behaviour, it would be helpful to investigate activation levels in species where the
386 female builds the nest. If BSTmd is active specifically in building, then one would expect
387 activity in this region to be greater in nest-building females.

388 Activation in the LS was greater in Building than Fixed males, and increased the more
389 Building males deposited, carried and tucked nest material and increased the more Fixed
390 males tugged on tied down nest material. This finding corroborates the data of Heimovics
391 and Ritters (2006), which showed that the LS is activated as birds collect nest material
392 (Heimovics and Ritters 2005). As activation in the LS of our birds also increased with the
393 number of times a bird tucked or tugged nest material, it may be related to interactions
394 with nest material and not to nest building *per se*.

395 Finally, although we previously reported that activation in the VTA increased the
396 more a Building male picked up material (Hall et al. 2014), we did not replicate that finding
397 here. In the current study, VTA activation did not correlate with any behaviours (for neither
398 Building nor Fixed males) analysed in this study. It is not clear why our data differ from
399 those we reported in our previous study as the experiments were intentionally very similar.

400

401 4.2. Cerebellum

402 Differences in the degree to which the Fixed birds tugged at the nest material explained
403 individual variation in Fos-ir expression in all folia, except for folia VIII. Tugging involved
404 repetitive neck movements as males used their beak to pull at string that was tied down,
405 and while doing so males also frequently hopped and flew around the string pile while
406 tugging. This use of neck, leg, feet and wing muscles is probably the cause of activation in all

407 of these cerebellar folia. Folia I – VI receive projections from the brainstem and spinal
408 divisions innervating neck musculature (Necker 2001), folium VI also receives input from leg,
409 feet and wing muscles and folium IX receives input from the legs (Feenders et al. 2008). Fos-
410 ir in folia II – VI also increased as the males fed, which suggests that while these folia are
411 activated during material handling, they were not predominately activated because the
412 birds were engaging in tugging nest material. Rather, it seems that similar neck movements
413 are required to tug at material as to feed. Because tucking of nest material is a behaviour
414 that seems to require similar neck musculature as to tugging, we might have expected
415 tucking also to result in increased activation in these folia. But it did not, thus pointing to a
416 need to look more closely at the muscle and bill movements required to build a nest, and
417 how different use or degree of use of muscles activates different cerebellar folia.

418 Various movements explained in activation in folia VI, VII and X. Folium VI activity
419 increased with the number of times males carried nest material, which is consistent with the
420 stimulation of leg, feet and wing muscles (Feenders et al. 2008) while in folia VIII and X,
421 activation increased as males picked up more nest material. Unlike the explicable
422 relationship between movement and activation in folia, VI, why these activation in two folia
423 should have increased with any motor output is not clear because these folia predominately
424 receive visual information (Iwaniuk et al. 2007; Wylie et al. 2018). Perhaps picking up
425 material requires visual perception in a clustered environment that enables detection and
426 selection of desired material. But it is therefore surprising that tucking material in the nest,
427 a behaviour that might also demand visual perception to ensure material is tucked in the
428 correct location and manner, does not explain activation variation in folia VIII and X. Again,
429 closer examination of the function of these folia is required to explain these behaviour-folia
430 activation relationships.

431

432 **5. Conclusion**

433 By comparing neural activity in zebra finches that could build a nest (Building) and zebra
434 finches that could only pick up and pull at material (Fixed), we have identified activity in the
435 cerebellum, anterior motor pathway, social behaviour network and the dopaminergic
436 reward circuitry that is specifically involved in the collection and/or handling of nest
437 material in captive male zebra finches. Observing the occurrence of activation across these
438 regions shows that nest building and material handling is more than just a series of fine-
439 tuned motor actions.

440

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450

451

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539 **Figures**

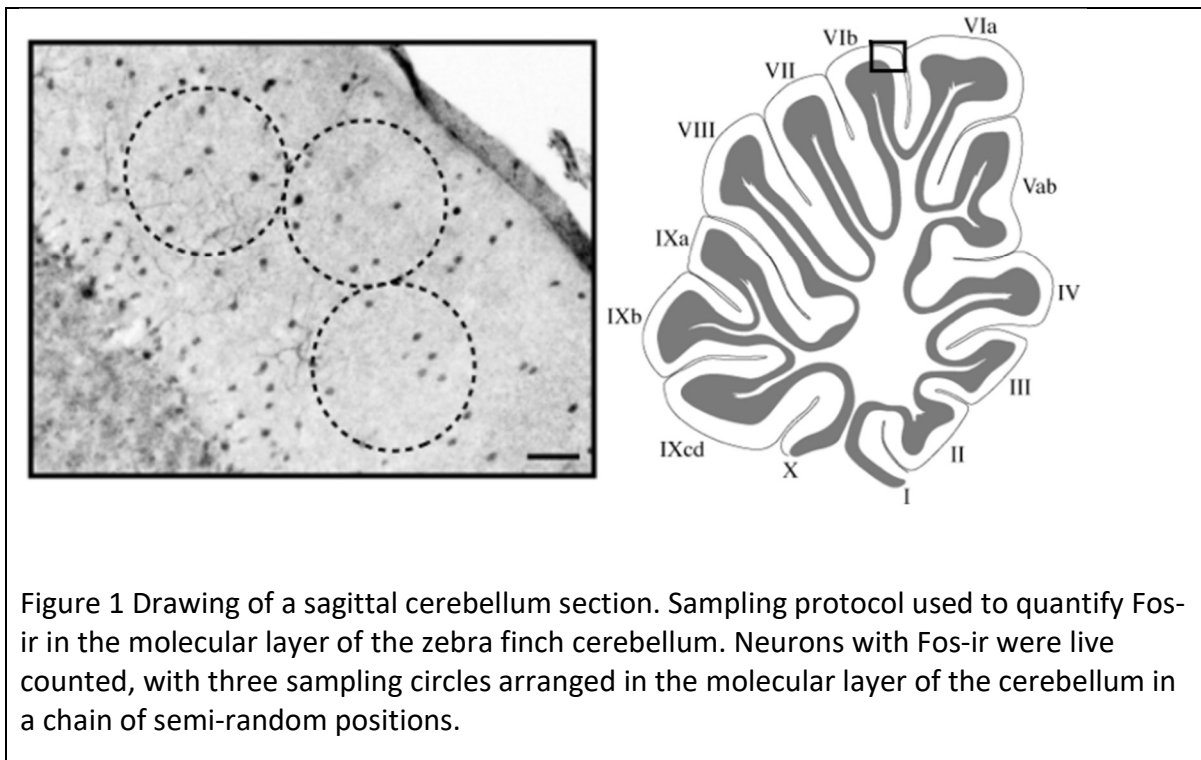
540 Figure 1. Drawing of a sagittal cerebellum section. Sampling protocol used to quantify Fos-ir
541 in the molecular layer of the zebra finch cerebellum. Neurons with Fos-ir were live counted,
542 with three sampling circles arranged in the molecular layer of the cerebellum in a chain of
543 semi-random positions.

544
545 Figure 2. Mean number of Fos-ir nuclei in each forebrain region; A) AMV: anterior ventral
546 mesopallium; B) AN: anterior nidopallium; C) ASt: anterior striatum; D) LS: lateral septum;
547 E) BSTmd: bed nucleus of the stria terminalis, dorsal subdivision; F) VTA: ventral tegmental
548 area. Sample sizes for each group are indicated at the bottom of each bar. Means and
549 standard errors shown. * indicates significant differences (** $p > 0.001$; *** $p < 0.001$).

550
551 Figure 3: Correlations between nest building activities and Fos immunoreactivity in the bed
552 nucleus of the stria terminalis (BSTmd), lateral septum (LS), anterior ventral mesopallium
553 (AMV) and the anterior striatum (ASt). Within each graph the regression coefficient and p
554 value are presented in the top-left corner. Graphs A-H represent Building males (filled
555 circles) and Graph I represent Fixed males (open squares).

556
557 Figure 4. Correlations between nest building activities and Fos immunoreactivity in the
558 cerebellum folia. Within each graph the regression coefficient and p value are presented in
559 the top-left corner. Graphs A-I represent Fixed males (open squares) and Graphs J and K
560 represent Building males (filled circles) and Graph L includes both Fixed (open squares) and
561 Building (filled circles) males.

562



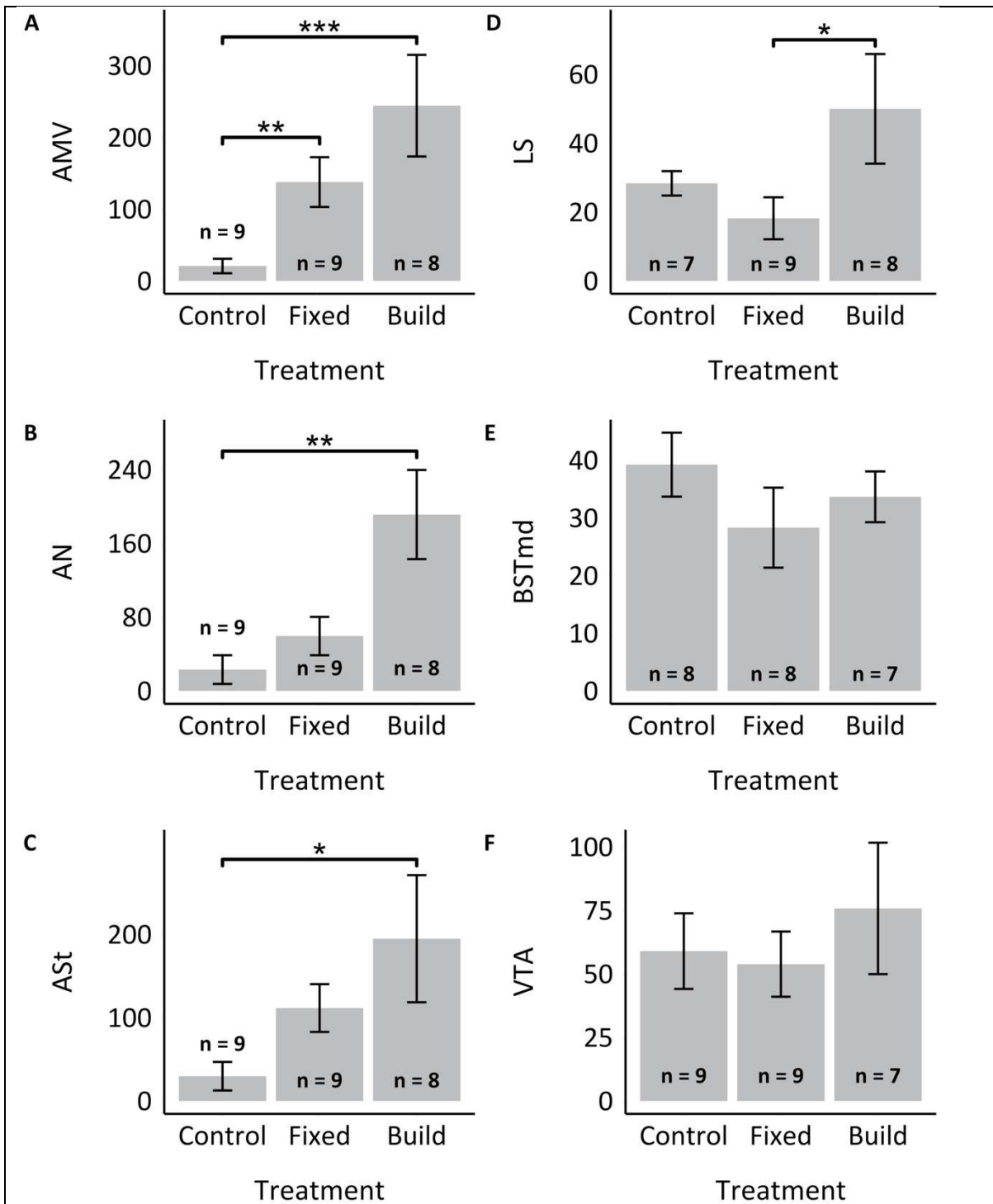


Figure 2. Mean number of Fos-ir nuclei in each forebrain region; A) AMV: anterior ventral mesopallium; B) AN: anterior nidopallium; C) ASst: anterior striatum; D) LS: lateral septum; E) BSTmd: bed nucleus of the stria terminalis, dorsal subdivision; F) VTA: ventral tegmental area. Sample sizes for each group are indicated at the bottom of each bar. Means and standard errors shown. * indicates significant differences (** $p > 0.001$; *** $p < 0.001$).

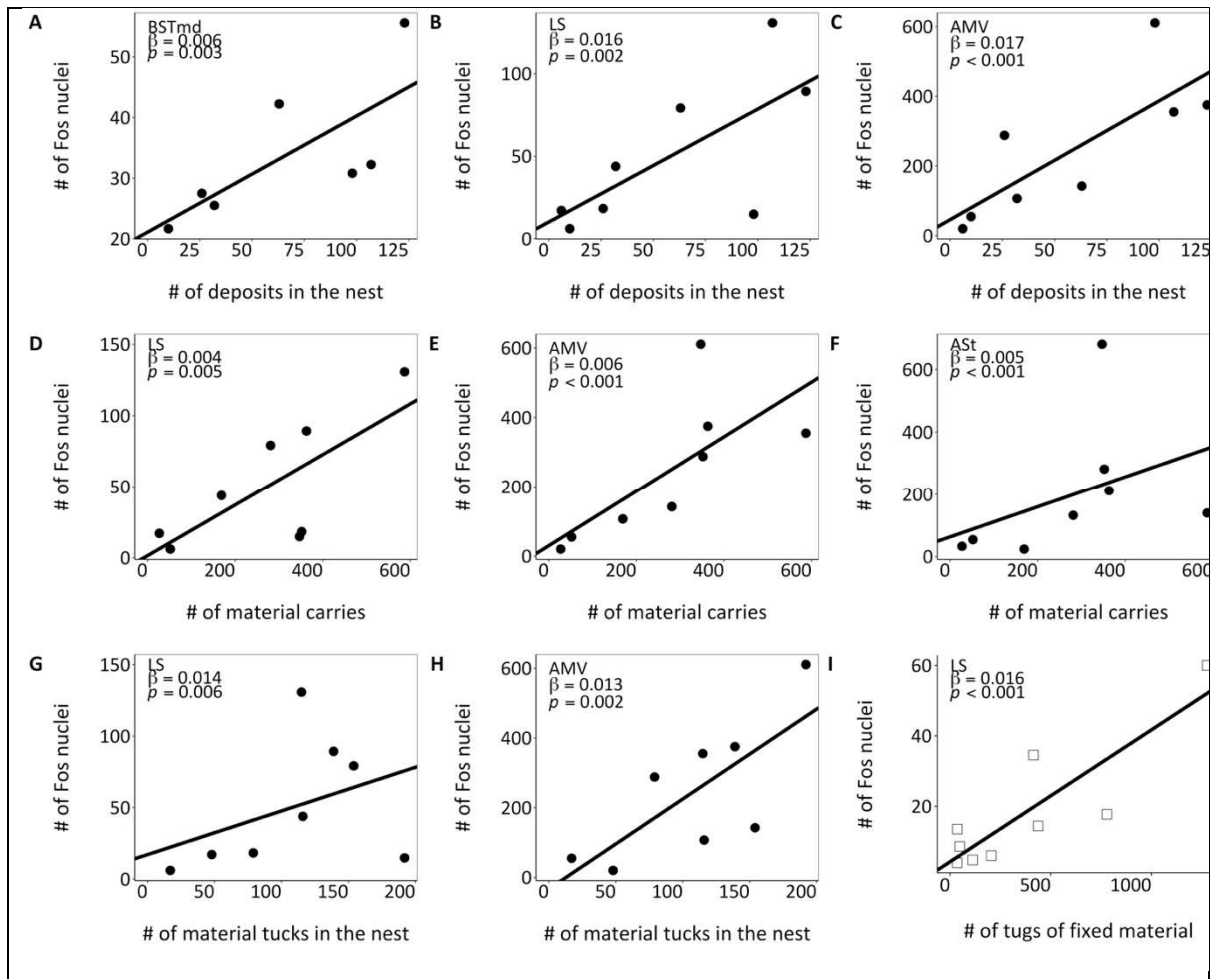
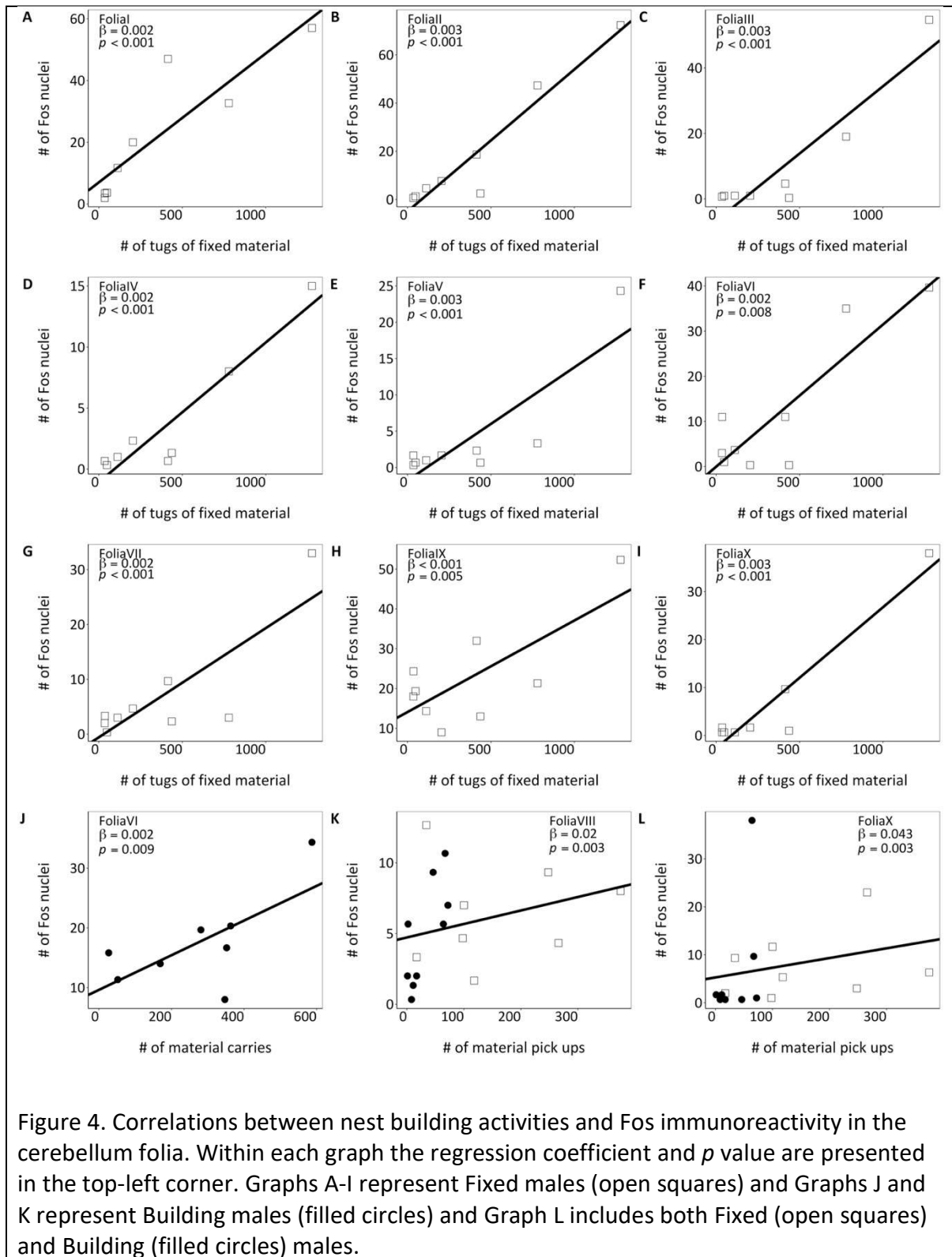


Figure 3: Correlations between nest building activities and Fos immunoreactivity in the bed nucleus of the stria terminalis (BSTmd), lateral septum (LS), anterior ventral mesopallium (AMV) and the anterior striatum (ASt). Within each graph the regression coefficient and p value are presented in the top-left corner. Graphs A-H represent Building males (filled circles) and Graph I represent Fixed males (open squares).



570 **Tables**

571 Table 1. Criteria applied to each brain region for Fos-ir quantification. Each brain region
572 required different measures due to the neurophil staining.

573

574 Table 2. Fos-ir means and standard errors for each of the three treatments for each brain
575 region quantified.

576

577 Table 3. Behaviours that correlated with Fos-ir production in the brain regions of male adult
578 zebra finches. As the listed behaviour increased, so did Fos-ir in the reported brain region.

579 The Holm (1979) method was used to account for Type I errors. The critical value was set at

580 0.01. Carry, Tuck and Deposit analysis included only Building males, Tugging included only

581 Fixed males, and Pick Up, Move and Feeding included both Building and Fixed males.

582

583 Table 4. Behaviours that correlate with Fos-ir production in the cerebellum folia of male
584 adult zebra finches. +/- in the effect size column indicates the direction of Fos-ir in relation

585 to behaviour. The Holm (1979) method was used to account for Type I errors. The critical

586 value was set at 0.01. Carry, Tuck and Deposit analysis only included Building males, Tugging

587 only included Fixed males and Pick Up, Move and Feeding included both Building and Fixed

588 males.

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Table 1 Criteria applied to each brain region for Fos-ir quantification. Each brain region required different measures due to the neurophil staining. BSTmd were manually counted due to the neurophil staining and ImageJ failing to detect cells stained for Fos-ir. This issue did not occur with other brain regions.

Region	Objective lens (x)	Units subtracted from <i>auto levels</i> adjustment level	Count criteria	Whole image or sub-sections sampled	
					595
					596
					597
BSTmd	20	30	Manual count	Whole image	598
LS	10	25	Analyse particles: > 100 pixel count	3 circles (X pixel)	599
VTA	10	40	Analyse particles:150-800-pixel count	Whole image	600
					601
					602
AMV	10	30-40	Analyse particles:100-800-pixel count	Whole image	603
AN					604
AST					605

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Table 2 Fos-ir means and standard errors for each of the three treatments for each brain region quantified.

Brain region	Acronym	Means ± SE		
		Control	Fixed	Building
Bed nucleus of the stria terminalis, dorsomedial subdivision	BSTmd	39.24 ± 5.55	28.31 ± 6.94	33.66 ± 4.40
Lateral Septum	LS	28.32 ± 3.55	18.17 ± 6.10	46.96 ± 15.92
Ventral Tegmental Area	VTA	58.97 ± 14.88	53.85 ± 12.83	75.78 ± 25.87
Anterior ventral mesopallium	AMV	20.72 ± 10.10	137.70 ± 34.68	244.21 ± 70.81
Anterior nidopallium	AN	23.13 ± 15.54	59.46 ± 20.78	191.20 ± 48.32
Anterior striatum	ASt	29.70 ± 17.14	111.52 ± 28.67	194.75 ± 76.30

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621 Table 3. Behaviours that correlated with Fos-ir production in the brain regions of male adult
 622 zebra finches. As the listed behaviour increased, so did Fos-ir in the reported brain region.
 623 The Holm (1979) method was used to account for Type I errors. The critical value was set at
 624 0.01. Carry, Tuck and Deposit analysis included only Building males, Tugging included only
 625 Fixed males, and Pick Up, Move and Feeding included both Building and Fixed males.

Brain Region	Acronym	Behaviours	β	z	p value
Bed nucleus of the stria terminalis, dorsomedial subdivision	BSTmd	Depositing	0.006	2.97	0.003
Lateral Septum	LS	Depositing	0.016	3.06	0.002
		Carry	0.004	2.78	0.005
		Tuck	0.014	2.75	0.006
		Tug	0.016	4.02	< 0.001
Anterior ventral mesopallium	AMV	Depositing	0.017	3.33	< 0.001
		Carry	0.006	5.22	< 0.001
		Tuck	0.013	3.11	0.002
Anterior striatum	ASt	Carry	0.005	3.33	< 0.001

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628

629 Table 4. Behaviours that correlate with Fos-ir production in the cerebellum folia of male
 630 adult zebra finches. +/- in the effect size column indicates the direction of Fos-ir in relation
 631 to behaviour. The Holm (1979) method was used to account for Type I errors. The critical
 632 value was set at 0.01. Carry, Tuck and Deposit analysis only included Building males, Tugging
 633 only included Fixed males and Pick Up, Move and Feeding included both Building and Fixed
 634 males.

Folia	Behaviours	β	z	p value
I	Tug	0.002	3.48	< 0.001
II	Tug	0.003	5.13	< 0.001
	Feeding	- 0.018	- 2.78	0.005
III	Tug	0.003	8.08	< 0.001
	Feeding	- 0.029	- 3.70	< 0.001
IV	Tug	0.002	5.78	< 0.001
	Feeding	- 0.024	- 4.21	< 0.001
V	Tug	0.003	7.28	< 0.001
	Feeding	- 0.022	- 3.21	0.001
VI	Carry	0.002	2.60	0.009
	Tug	0.002	2.67	0.008
	Feeding	- 0.014	- 2.48	0.01
VII	Tug	0.002	4.19	< 0.001
VIII	Pick up	0.020	2.92	0.003
IX	Tug	< 0.001	2.80	0.005
X	Pick up	0.043	3.01	0.003
	Tug	0.003	5.49	< 0.001

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