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# <sup>18</sup>F-Sodium Fluoride Coronary Uptake Predicts Outcome in Patients with Coronary Artery Disease

Jacek Kwiecinski MD \*<sup>a,b</sup>, Evangelos Tzolos MD \*<sup>a,c</sup>, Philip D Adamson MD, PhD<sup>c</sup>, Sebastien Cadet MS <sup>a</sup>, Alastair J Moss MD <sup>c</sup>, Nikhil Joshi PhD <sup>c</sup>, Michelle C Williams MD, PhD <sup>c</sup>, Edwin JR van Beek MD, PhD <sup>c,d</sup>, Damini Dey PhD <sup>a</sup>, Daniel S Berman MD <sup>a</sup>, David E Newby MD, PhD<sup>c</sup>, Piotr J Slomka PhD <sup>^a</sup>, Marc R Dweck MD, PhD<sup>^c</sup>

Brief Title: <sup>18</sup>F-NaF uptake predicts outcome

a Department of Imaging (Division of Nuclear Medicine), Medicine, and Biomedical Sciences, Cedars-Sinai Medical Center, Los Angeles, CA, USA b Department of Interventional Cardiology and Angiology, Institute of Cardiology, Warsaw, Poland c BHF Centre for Cardiovascular Science, University of Edinburgh, Edinburgh, United Kingdom d Edinburgh Imaging, Queens Medical Research Institute, University of Edinburgh, Edinburgh, United Kingdom \*equal contribution as first author ^equal contribution as senior author

#### Address for Correspondence:

Piotr J. Slomka, PhD Artificial Intelligence in Medicine Program Cedars-Sinai Medical Center 8700 Beverly Blvd, Ste A047N Los Angeles, CA 90048, USA Email: piotr.slomka@cshs.org Phone: 310-423-4348 Fax: 310-423-0173 Twitter: @Piotr\_JSlomka Tweet: <sup>18</sup>F-NaF uptake is a powerful marker of active disease and predicts future myocardial infarction in patients with established coronary events.

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The authors declare that they have no relevant or material financial interests that relate to the research described in this paper.

### ABSTRACT

**Background:** We lack reliable methods for predicting myocardial infarction in patients with established coronary artery disease. Coronary <sup>18</sup>F-sodium fluoride (<sup>18</sup>F-NaF) positron emission tomography (PET) provides an assessment of atherosclerosis activity.

**Objectives:** We assessed whether <sup>18</sup>F-NaF PET predicts myocardial infarction and provides additional prognostic information to current methods of risk stratification.

**Methods:** Patients with known coronary artery disease underwent <sup>18</sup>F-NaF PET computed tomography and were followed-up for fatal or non-fatal myocardial infarction over 42 [31-49] months. Total coronary <sup>18</sup>F-NaF uptake was determined using coronary microcalcification activity (CMA).

**Results:** In a post-hoc analysis of data collected for prospective observational studies we studied 293 study participants (65±9 years; 84% male), of whom 203 (69%) showed increased coronary <sup>18</sup>F-NaF activity (CMA>0). Fatal or non-fatal myocardial infarction occurred only in patients with increased coronary <sup>18</sup>F-NaF activity (20/203 CMA>0 versus 0/90 CMA=0; p<0.001). On receiver operator-curve analysis, fatal or non-fatal myocardial infarction prediction was highest for <sup>18</sup>F-NaF CMA, outperforming coronary calcium scoring, modified Duke coronary artery disease index, REACH and SMART risk scores (areas under curve: 0.76 versus 0.54, 0.62, 0.52 and 0.54; p<0.001 for all). Patients with CMA>1.56 had >7-fold increase in fatal or non-fatal myocardial infarction (hazard ratio 7.1, 95% confidence interval 2.2 to 25.1; p=0.003) independent of age, gender, risk factors, segment involvement and coronary calcium scores, presence of coronary stents, coronary stenosis, REACH and SMART scores, the Duke coronary artery disease index and recent myocardial infarction.

**Conclusion:** In patients with established coronary artery disease, <sup>18</sup>F-NaF PET provides powerful independent prediction of fatal or non-fatal myocardial infarction.

**Keywords**: <sup>18</sup>F-NaF PET, coronary computed tomography, coronary artery disease, myocardial infarction, coronary event risk prediction

#### **Condensed abstract**

We assessed whether <sup>18</sup>F-NaF PET predicts myocardial infarction and provides additional prognostic information to current methods of risk stratification. Patients with known coronary artery disease underwent contrast-enhanced <sup>18</sup>F-NaF PET computed tomography and were followed-up for myocardial infarction over 42 [31-49] months. Among 293 study participants myocardial infarction occurred only in patients with increased coronary <sup>18</sup>F-NaF activity. Patients with increased <sup>18</sup>F-NaF uptake had >7-fold increase in myocardial infarction independent of age, gender, cardiovascular risk factors, segment involvement scores, presence of coronary stents, number of vessels with significant stenosis, coronary calcium scoring, REACH and SMART scores, the Duke index, initial patients presentation (acute coronary syndrome or stable) and the study in which individuals were initially recruited.

#### Abbreviations and acronyms

CMA	Coronary Microcalcification Activity
СТ	Computed Tomography
MACE	Myocardial Adverse Cardiovascular Events
РЕТ	Positron Emission Tomography
SD	Standard Deviation

SUV	Standard Uptake Value
TBR	Maximum Target to Background Ratio
<sup>18</sup> F-NaF	<sup>18</sup> F-sodium Fluoride

#### Introduction

Despite improvements in therapies for atherosclerotic disease, myocardial infarction remains a leading cause of death worldwide. Robust tools to identify patients at risk of myocardial infarction would be extremely valuable as they could facilitate the targeted application of novel or intensive therapies to patients at the highest risk of events or down escalation of therapy in patients at low risk. However, to date, risk prediction in patients with established coronary artery disease has proven challenging. Current approaches are based around clinical risk scores, anatomic assessments of coronary artery calcification and the severity of obstructive coronary stenoses (1). These approaches have shown limited predictive value in patients with established coronary artery disease and there is growing interest in novel risk stratification methods, including assessments of atherosclerotic disease activity (2), that might be used to target expensive yet effective new treatments to patients at highest risk.

Advanced positron emission tomography (PET) imaging can provide assessment of disease activity in the coronary arteries to complement the anatomic plaque imaging provided by computed tomography (CT). The PET tracer <sup>18</sup>F-sodium fluoride (<sup>18</sup>F-NaF) is a marker of developing microcalcification and calcification activity across multiple different cardiovascular disease states (3). In coronary and carotid atherosclerosis, <sup>18</sup>F-NaF localizes to culprit plaques following myocardial infarction and stroke as well as to plaques with multiple adverse characteristic in patients with stable disease (4-6). Moreover, coronary <sup>18</sup>F-NaF uptake has demonstrated its ability to predict disease progression and change in coronary calcium score, similar to results in other cardiovascular conditions (7-9). While coronary <sup>18</sup>F-NaF uptake appears to provide a marker of atherosclerosis disease activity, the prognostic significance of increased coronary <sup>18</sup>F-NaF activity is unknown.

In this study, we investigated whether coronary <sup>18</sup>F-NaF PET uptake predicts future myocardial infarction and MACE in patients with established coronary artery disease, and whether it can provide additional prognostic information over and above current methods of risk stratification including clinical risk scores, coronary calcium scoring and the severity of obstructive coronary artery disease.

#### Methods

#### **Study Design and Participants**

Patients with established coronary artery disease undergoing hybrid coronary <sup>18</sup>F-NaF PET and contrast CT angiography at the Edinburgh Heart Centre and Cedars-Sinai Medical Center within prospective observational research studies were included in the current post-hoc analysis (NCT01749254, NCT02110303, NCT02607748) (4,10). The study cohort comprised patients with recent myocardial infarction or established stable angina pectoris undergoing elective invasive coronary angiography (inclusion and exclusion criteria have been presented in the Online Appendix). All patients underwent a comprehensive baseline clinical assessment including evaluation of their cardiovascular risk factor profile. In particular, REACH [Reduction of Atherothrombosis for Continued Health] and SMART [Secondary Manifestations of Arterial Disease] risk scores were calculated (Online Appendix). Both these scores were created specifically to predict risk in patients with established coronary artery disease (1,11). Patients also underwent hybrid <sup>18</sup>F-NaF PET imaging alongside coronary CT calcium scoring and coronary CT angiography. Studies were conducted with the approval of the local research ethics committee, in accordance with the Declaration of Helsinki, and with the written informed consent of each participant.

#### <sup>18</sup>F-Sodium Fluoride and CT imaging

#### Acquisition and reconstruction

All patients underwent <sup>18</sup>F-NaF PET on hybrid PET/CT scanners (128-slice Biograph mCT, Siemens Medical Systems, Knoxville, USA or Discovery 710 GE Healthcare, Milwaukee, WI, USA) using harmonized imaging protocols 60 min following intravenous <sup>18</sup>F-NaF administration. During a single imaging session, we acquired a non-contrast CT attenuation correction scan followed by a 30-min PET emission scan in list mode. The electrocardiogram (ECG)-gated list mode dataset was reconstructed using a standard ordered expectation maximization algorithm with time-of-flight, and point-spread-function correction. Using 4 cardiac gates, the data were reconstructed on a 256x256 matrix (with 75 or 47 slices using 2 iterations, 21 subsets and 5-mm Gaussian smoothing or 4 iterations, 24 subsets and 5-mm gaussian smoothing for Biograph and Discovery respectively). Immediately after the PET scan, a low dose non-contrast ECG-gated CT for calculation of the coronary calcium score was performed. Subsequently, a contrast-enhanced, ECG-gated coronary CT angiogram was obtained in mid-diastole on the same PET/CT system without repositioning the patient. To compensate for coronary motion associated with heart contraction, we performed cardiac motion correction of the PET/CT images (Online Appendix) (12,13).

#### Image analysis

#### *Computed Tomography*

The coronary artery calcium score was measured in Agatston units (AU) using clinical software (NetraMD, ScImage, Los Altos, CA, USA). The presence of coronary atherosclerosis, and the extent and severity of obstructive coronary artery disease, was evaluated on contrast-enhanced CT angiography by defining the segment involvement score; the number of vessels with >50% luminal stenosis; and the modified Duke coronary artery disease index (combining the extent,

severity, and location of coronary stenoses) (14). Multivessel coronary artery disease was defined as at least 2 major epicardial vessels with any combination of either >50% stenosis, or previous revascularization.

#### <sup>18</sup>F-Sodium Fluoride

We used a dedicated software package for coronary PET image analysis (FusionQuant, Cedars-Sinai Medical Center, Los Angeles). PET and CT angiography reconstructions were reoriented, fused and systematically co-registered in 3 orthogonal planes (15). We used two methods to evaluate coronary <sup>18</sup>F-NaF activity: the maximum target to background (TBR) approach (standard quantification) which relies on visual detection of lesions with increased tracer uptake; and the newly developed whole-coronary total microcalcification activity method (novel quantification) (4,16).

#### Target to Background Ratio quantification

On co-registered PET and CT angiography images, for a signal to be co-localized to a coronary artery, an atherosclerotic plaque had to be present on the CT angiogram and the increased pattern of radiotracer had to arise from the coronary artery and follow its course in three dimensions on 3-orthogonal views (3). In all plaques meeting these criteria, maximum standardized uptake values (SUVmax) were measured within manually drawn regions of interest. TBR values were calculated by dividing the coronary SUVmax by the blood pool activity measured in the right atrium (mean SUV in cylindrical volumes of interest at the level of the right coronary artery ostium: radius 10 mm and thickness 5 mm).

#### Blood clearance correction

To offset for variation in the delay between tracer injection and scanning, which has a major impact on blood pool activity, we used a recently validated correction factor to harmonize the

background activity to a reference 60-minute injection-to-acquisition interval (Online Appendix) (17).

#### Coronary microcalcification activity (CMA) quantification

We used a recently described measure of coronary <sup>18</sup>F-NaF uptake, that quantifies PET activity across the entire coronary vasculature based upon analysis widely employed in oncology and cardiac sarcoidosis (16,18,19). First, we automatically extracted whole-vessel tubular and tortuous 3D volumes of interest from CT angiography datasets (Central Illustration, Online Appendix). These encompass all the main epicardial coronary vessels and their immediate surroundings (4-mm radius) facilitating per-vessel and per-patient uptake quantification. Within such volumes of interest, we measured the coronary microcalcification activity (CMA) representing the overall disease activity in the vessel and based upon both the volume and intensity of <sup>18</sup>F-NaF PET activity within it (similar in principle to the Agatston score used for CT calcium scoring). CMA was defined as the integrated activity in SUV units exceeding the corrected background blood-pool mean SUV + 2 standard deviations (right atrium activity). The per-patient CMA was defined as the sum of the per-vessel CMA values.

#### **Clinical Follow-up**

The primary endpoint of the study was fatal or non-fatal myocardial infarction. The secondary endpoint was major adverse cardiovascular events (MACE), defined as myocardial infarction, stroke, delayed revascularization (more than 6 months after PET/CT) and cardiovascular death. Outcome information including invasive coronary angiography and coronary revascularization (percutaneous coronary intervention or coronary artery bypass graft surgery) were obtained from the local and national healthcare record systems that integrates primary and secondary health

care records. Categorization of these outcomes was performed blinded to the coronary PET or other study data. <u>Outcome data were collected in July 2019</u>.

#### Statistical analysis

We assessed the distribution of data with the Shapiro-Wilk test. Continuous parametric variables were expressed as mean (SD) and compared using Student's t tests. Non-parametric data were presented as median [Q1-Q3] and compared using Mann-Whitney U test. Fisher's exact test or chi-squared test was used for analysis of categorical variables. We used the receiver-operating characteristic (ROC) analysis and pairwise comparisons according to DeLong *et al* to compare areas under the curves. Kaplan-Meier curves were used to elucidate the survival distributions with regard to myocardial infarction and MACE. Differences in the outcome of patients with and without <sup>18</sup>F-NaF coronary activity exceeding the threshold derived from the ROC using Youden's index were assessed using the log-rank test. A Cox proportional hazard regression with adjustment for potential confounders was performed to determine the predictors of worse outcome. Statistical analysis was performed with SPSS version 24 (IBM SPSS Statistics for Windows, Version 24.0. Armonk, NY: IBM Corp). A two-sided p<0.05 was considered statistically significant.

#### Results

#### Patients

The study population comprised 293 patients (84% males, mean age: 65±9 years). All participants had established coronary artery disease, the majority (n=232) had stable disease and the remaining 61 individuals were recruited <u>and imaged (14 [10-19)] days)</u> following recent (7 [3-11] days) myocardial infarction (Online Appendix). Patients had advanced coronary atherosclerosis with a high burden of cardiovascular risk factors (hypertension 60%,

hyperlipidemia 88%, tobacco use 67%, REACH clinical risk scores of 13 [11-15], SMART clinical risk scores of 18 [13-26]), widespread utilization of secondary preventative therapies (statin 90%, anti-platelet therapy 92%, ACE inhibitor or angiotensin receptor blockers 67%) and high rates of prior revascularization (n=237, 81%). None of the patients were taking PCSK9 inhibitor or interleukin 1-beta inhibitor therapy. On invasive angiography, 87 (30%) individuals had single vessel obstructive disease, 191 (65%) had multi-vessel obstructive coronary artery disease, and 18 (6%) had left main stem involvement.

#### **Computed Tomography**

Patients had advanced coronary artery disease on CT. The median CT calcium score was 334 [76-804], 59 (20%) subjects had a calcium score > 1000, 133 (45%) patients had a score > 400, and only 84 (29%) presented with a score <100. On coronary CT angiography, the overall median segment involvement score was 5 [3-7] with three-quarters of patients (n=218, 74%) having at least 4 segments involved (Online Appendix). The median modified Duke index was 4 [3-5].

#### **Positron Emission Tomography**

On visual analysis of coronary PET, we identified increased tracer activity in 208 (70.9%) patients. Across the entire cohort, we found a median TBR of 1.22 [1.10-1.42]. Compared to those without uptake, patients with increased coronary <sup>18</sup>F-NaF uptake had higher SMART risk scores (17 [13-23] vs 19 [13-27], p=0.029), and higher coronary calcium scores (184 [50-528] vs 371 [102-974] AU, p=0.0031), but there was no difference in the presence or severity of obstructive coronary stenoses (all p>0.10).

Assessing whole vessel microcalcification activity, 203 (69.3%) patients presented with CMA>0. The median CMA value was 0.66 [0-2.84]. Again, we observed that patients with a CMA>0 had higher SMART risk scores (17 [13-23] vs 19 [13-27], p=0.028) and increased coronary calcium scores (378 [103-993] vs 179 [48-529], p=0.003) than subjects with CMA=0, but there was no difference in the presence or severity of obstructive coronary stenoses (all p>0.10; Online Appendix).

#### **Clinical Outcomes**

Over the 42 [31-49] months of follow-up, 20 subjects experienced a fatal (n=3) or non-fatal (n=17) myocardial infarction. Seven of these occurred in patients imaged following an acute coronary syndrome who had a median time from PET/CT to recurrent myocardial infarction of 12 (6-15) months. During follow-up a total of 40 patients suffered a MACE event (20 myocardial infarctions, 12 strokes, 3 cardiovascular deaths and 5 cases of delayed revascularization) *Primary endpoint: fatal or non-fatal myocardial infarction* 

Patients who experienced myocardial infarction during follow-up had higher TBR values than those who did not (1.40 [1.28-1.77] versus 1.21 [1.09-1.40], p=0.006) and CMA (3.05 [1.62-5.25] versus 0.46 [0-2.47], p=0.002; Figure 1). Indeed, all the patients who had an infarct had increased coronary <sup>18</sup>F-NaF PET uptake at baseline (CMA > 0). Interestingly, patients who experienced a fatal or non-fatal myocardial infarction did not have increased clinical risk scores (REACH: 13 [11-15] versus 13 [11-15], p=0.79; SMART 20 [13-28] versus 18 [13-26], p=0.52) nor coronary calcium scores (397 [39-1456] versus 331 [76-775] AU, p=0.60) compared to patients who did not have an infarct. Moreover, they did not have an increased prevalence of obstructive coronary artery disease (segment involvement score 6 [4-8] versus 5 [3-7], p=0.25), multivessel coronary disease (70% versus 65%, p=0.64) nor previous coronary stents (75% versus 74%, p=1.00). In patients who had a fatal or non-fatal myocardial infarction, 30% had a coronary calcium score <100 AU, 20% were within the 100-399 AU range, 20% were within the 400-999 AU range and 30% had a coronary calcium score >1000 AU (Figures 2 & 3). Only 12% (7/59) of patients with coronary calcium score >1000 AU experienced myocardial infarction (Online Appendix).

On ROC analysis, both CMA and TBR showed a greater area under the curve for the prediction of myocardial infarction than coronary calcium scores, or the REACH and SMART clinical risk scores (Online Appendix). In order to generate distinct clinical risk groups, we dichotomized the population according to their coronary <sup>18</sup>F-NaF uptake and derived the optimal TBR and CMA cutoffs for event prediction using the Youden's index. A threshold of 1.56 for CMA achieved a specificity and sensitivity of 66% and 80% for the primary endpoint. A threshold of 1.28 for TBR achieved a specificity of 63% and sensitivity of 80% (Table 1). On univariable Cox proportional regression, both CMA >1.56 (hazard ratio (HR) 7.30, 95% confidence interval (CI) 2.44-21.84; p<0.001) and TBR >1.28 (HR 6.16, 95% CI 1.06-18.42; p=0.001) emerged as predictors of fatal or non-fatal myocardial infarction. Importantly, these associations persisted on multivariable analysis after adjustments for gender, comorbidities (presence of hypertension, hyperlipidemia, diabetes, smoking), the segment involvement score, number of coronary stents, multivessel coronary artery disease, coronary calcium score, SMART and REACH risk scores, initial patients presentation (acute coronary syndrome or stable coronary artery disease) and the study in which individuals were initially recruited (Figure 4). Indeed patients with CMA>1.56 had an adjusted hazard ratio of 7.1 (95% CI 2.2 to 25.1; p=0.003) for the primary end point, whilst patients with a TBR >1.28 had an adjusted hazard ratio of 4.6 (95% CI 1.4 to 14.4, p=0.013; Table 2). Similar results were observed when both

CMA and TBR were considered as continuous variables, with both again emerging as the only independent predictors of fatal or non-fatal myocardial infarction on Cox modelling (Online Appendix). In contrast, the number of stenosed vessels, the modified Duke index, age, and the SMART and REACH risk scores did not emerge as predictors of fatal non-fatal myocardial infarction on univariable Cox modelling (all p>0.1, Online Appendix). Coronary calcium score was a predictor of events on univariable but not multivariable analysis (Table 2). Despite low statistical power when patients with acute myocardial infarction and stable subjects were considered separately, the AUCs on receiver-operator-characteristic curve analyses remained numerically similar (Online Appendix).

#### Secondary Endpoint: Major Adverse Cardiovascular Events

Patients with MACE had higher CMA (1.9 [1.65-4.76] versus 0.51 [0-2.42], p=0.0098) and an apparent trend for higher TBR values (1.34 [1.13-1.54] versus 1.22 [1.10-1.40], p=0.073) than patients without MACE. There were no differences in the extent of obstructive coronary artery disease on CT angiography (the segment involvement score, the modified Duke index, presence of multivessel disease or coronary stents) nor cardiovascular risk scores and co-morbidities in patients with and without MACE (Online Appendix). Similarly, there was no difference in coronary calcium scores 195 [50-1126] versus 344 [81-801] AU, p=0.50). Only 17% (10/59) of patients with a coronary calcium score >1000 AU experienced MACE.

On univariable Cox proportional regression, both CMA>1.56 and TBR>1.28 were predictors of MACE (HR 2.3, 95% CI 1.2-4.3, p=0.01 and HR 2.1, 95% CI 1.1-3.9, p=0.02). On multivariable analysis after adjustments for age, gender, comorbidities (presence of hypertension, hyperlipidemia, diabetes, smoking), the segment involvement score, number of coronary stents multivessel coronary artery disease, coronary calcium score and the REACH and SMART risk scores, CMA remained the only independent predictor of MACE (HR 2.1, 95% CI 1.1-4.1, p=0.030; Figure 4). When CMA and TBR were considered as continuous variables, these two measurements emerged as the only predictors of MACE on Cox modelling (Online Appendix).

In contrast, coronary calcium score exceeding 1199 AU (HR 1.9, 95% CI 0.9-4.0, p=0.07), the modified Duke index (HR 1.2, 95% CI 0.9-1.6, p=0.14), the REACH (HR 1.7, 95% CI 0.5-5.5, p=0.38) and SMART (HR 1.5, 95% CI 0.8-2.8, p=0.23) risk scores were not predictors of MACE on univariable analysis.

#### Discussion

In this two-center multimodality imaging study, we have demonstrated for the first time that coronary <sup>18</sup>F-NaF PET is a powerful prognostic tool for predicting myocardial infarction in patients with advanced established coronary artery disease. In a comprehensive analysis, we show that both <sup>18</sup>F-NaF TBR values and whole vessel CMA emerge as powerful independent predictors of myocardial infarction outperforming all other established predictors including the presence of co-morbidities, the REACH and SMART risk scores, coronary calcium scoring and the presence, severity and extent of coronary artery disease. Our data therefore highlight the added prognostic value that assessments of disease activity can provide and confirm the potential of <sup>18</sup>F-NaF PET to improve the risk stratification of patients with established CAD, a group in whom prediction of events has previously proved challenging.

<sup>18</sup>F-NaF PET provides an assessment of calcification activity across multiple different cardiovascular disease states including aortic stenosis, mitral annular calcification, abdominal aortic aneurysm, erectile dysfunction and bioprosthetic valve degeneration (7,20). In each condition, it is associated with vascular injury, disease activity and future disease progression.

This is also the case in coronary atherosclerosis. Increased <sup>18</sup>F-NaF uptake is associated with culprit coronary plaques in patients with myocardial infarction and adverse plaque features in patients with apparently stable disease (4). Moreover, similar to other cardiovascular conditions, baseline coronary <sup>18</sup>F-NaF activity predicts the future progression of coronary calcium scores, confirming its status as a marker of disease activity (5,6). While there is major interest in using markers of atherosclerotic disease activity to improve patient assessment and risk stratification, this is the first study to demonstrate that increased <sup>18</sup>F-NaF activity provides powerful prediction of future myocardial infarction. Indeed, this technique outperformed all the other commonly used predictors of events in patients with established coronary artery disease including two established clinical risk scores designed for this patient population, co-morbidities, coronary calcium scoring, and the presence and severity of obstructive coronary artery disease. <sup>18</sup>F-NaF might therefore provide an important clinical tool in a patient population in whom risk stratification is currently suboptimal. A CMA >1.56 was associated with a >7-fold risk of myocardial infarction. This was despite almost universal prescription of aspirin, statins and other secondary preventative therapies. These patients might therefore be suitable for advanced medical therapies including PCSK9 or interleukin 1-beta inhibition, with <sup>18</sup>F-fluoride PET providing the risk stratification tool that many have advocated for as a means of targeting these expensive drugs to those patients at greatest risk. In the wake of the ISCHEMIA trial this approach might also help select patients who would benefit from revascularization (21). Of equal importance, patients without coronary <sup>18</sup>F-NaF uptake and a CMA=0 had an excellent prognosis with no myocardial infarctions observed in this group despite their advanced coronary artery disease. In these patients with dormant coronary artery disease (a third of the population studied), further intensification of medical therapy might not be warranted, nor might they benefit on prognostic

grounds from complex revascularization such as multivessel percutaneous intervention or coronary artery bypass grafting. Further research is required to investigate these important clinical questions.

Our data demonstrating the modest predictive value of cardiovascular risk scores, coronary calcium scoring and obstructive coronary artery disease in patients with advanced established coronary artery disease is consistent with the recent literature. The diagnostic performance of the REACH and SMART risk scores was poor in several recent studies (Cstatistic of 0.53 and 0.54 respectively (1,22). While coronary calcium scoring provides powerful prognostic information in asymptomatic individuals and those presenting with chest pain, its prognostic capability has been disappointing in other studies of patients with established advanced coronary artery disease (23,24). In line with recent literature, the presence and extent of obstructive coronary artery disease was also not a marker of adverse events in our study (25,26).

Our study has notable strengths. We have focused our analysis on patients with advanced established coronary artery disease for whom we lack robust methods for risk stratification and showed that <sup>18</sup>F-NaF PET has the potential to fulfill this unmet clinical need. We utilized state-of-the-art <sup>18</sup>F-NaF PET imaging, employing the latest advances in image acquisition and motion correction (14). We also employed a novel quantification technique, CMA, that measures <sup>18</sup>F-NaF uptake along the course of the entire coronary vasculature and therefore provides a more complete summative assessment of disease activity than the TBR values derived from visually defined hot spot assessments (16). While both standard TBR values and CMA emerged as independent predictors of myocardial infarction, CMA demonstrated a superior hazard ratio for this endpoint, and was also the only independent predictor of MACE. CMA would therefore

appear to hold advantages as a method for quantifying overall coronary <sup>18</sup>F-NaF uptake and disease activity.

#### Limitations

Our study has some limitations. It is a post-hoc analysis of data collected for prospective observational studies. While all the subjects had advanced established coronary artery disease, we have included patients with both stable and unstable coronary artery disease thereby increasing the heterogeneity of the analyzed cohort. Similar results were, however, observed when patients with unstable coronary artery disease were excluded from the analysis (online appendix). Our data therefore require confirmation in large prospective studies. Indeed, we are currently completing recruitment for the Prediction of Recurrent Events With <sup>18</sup>F-Fluoride (PREFFIR) study which will prospectively investigate the ability of <sup>18</sup>F-NaF coronary PET to predict recurrent events in patients with multi-vessel disease and recent myocardial infarction. While performing a CT angiogram alongside the <sup>18</sup>F-NaF PET scan incurs a modest additional dose of radiation, this is currently essential for accurate image co-registration, interpretation and analysis (15). Although we have shown that delayed <sup>18</sup>F-NaF imaging may improve image quality, in this study participants underwent PET imaging 1 h after tracer injection (27). The potential prognostic benefits of delaying image acquisition therefore remain to be evaluated.

#### Conclusions

<sup>18</sup>F-NaF PET is a determinant of disease activity in the coronary arteries and a powerful prognostic technique to predict myocardial infarction in patients with advanced established coronary artery disease. Further studies are required to confirm our findings and to investigate how best to use this technique to improve patient risk stratification and to guide the use of advanced therapeutic interventions.

### **Clinical Perspective:**

COMPETENCY IN MEDICAL KNOWLEDGE: <sup>18</sup>F-NaF coronary PET provides an assessment of disease activity in coronary atherosclerosis and powerful independent prediction of myocardial infarction in patients with established coronary artery disease.

TRANSLATIONAL OUTLOOK: <sup>18</sup>F-NaF PET holds promise in risk stratifying patients with established coronary artery disease and as a tool to up titrate therapy (e.g. PCSK9 and interleukin 1-beta inhibition) in those at high risk, whilst down grading therapy and intervention in patients at low risk.

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#### **Figure Legends**

Figure 1. Coronary disease activity and plaque burden in patients with and without future myocardial infarction. Coronary microcalcification activity (CMA, top row), maximum target to background ratios (TBR, middle row) and the coronary calcium scores (CCS, bottom row) in patients with and without myocardial infarction during follow-up. For the Kaplan-Meier curves patients were dichotomized according to thresholds derived from receiver operator curves using the Youden's index: CMA=1.56, TBR=1.28 and coronary calcium score = 1199 Agatston-units. Figure 2. Case examples of <sup>18</sup>F-sodium fluoride positron emission tomography in patients with established coronary artery disease and myocardial infarction during follow-up. Hybrid CT angiography and <sup>18</sup>F-NaF positron emission tomography of coronary arteries in: (A) a 56-year-old male who demonstrated increased <sup>18</sup>F-NaF uptake in the RCA at baseline and presented with an inferior ST-segment elevation myocardial infarction and occlusion of the RCA during follow-up; (B) a 52-year-old male who demonstrated increased <sup>18</sup>F-NaF uptake in the LCx at baseline and presented with a lateral non-ST-segment elevation myocardial infarction during follow-up; (C) a 60-year-old female who showed increased <sup>18</sup>F-NaF uptake in the proximal RCA and presented with an inferior non-ST-segment elevation myocardial infarction during follow-up. LAD-left anterior descending, LCx-left circumflex, RCA-right coronary artery.

**Figure 3.** <sup>18</sup>**F-sodium fluoride positron emission tomography in the prediction of myocardial infarction in patients with established coronary artery disease.** In patients with established atherosclerosis the coronary microcalcification activity (as a marker of <sup>18</sup>F-NaF activity across the coronary vasculature) had a significantly larger area under the receiver operator curve than the coronary calcium score (non-contrast CT), the modified Duke index

(contrast CT angiography) or the REACH score (patient clinical data).AU-Agatston units, CMA–coronary microcalcification activity, REACH-Reduction of Atherothrombosis for Continued Health

### Figure 4. Predictors of myocardial infarction on Cox proportional hazards modelling.

Forest plots of hazard ratios derived from multivariable modelling with 95% confidence intervals for the coronary microcalcification activity (CMA) (A) and the target to background ratio values (B) along with covariates: coronary calcium scores, SIS, REACH score, SMART score, total number of implanted coronary stents, presence of multivessel coronary artery disease, age, gender, hyperlipidemia, hypertension, diabetes, smoking. CMA–coronary microcalcification activity, REACH-Reduction of Atherothrombosis for Continued Health, SMART - Secondary Manifestations of Arterial Disease, SIS–segment involvement score, TAG-triacylglycerides, TBR–target to background ratio

**Central Illustration**. <sup>18</sup>F-sodium fluoride positron emission tomography as a marker of disease activity in the coronary arteries is a predictor of fatal or non-fatal myocardial infarction (MI) in patients with established coronary artery disease. <sup>18</sup>F-fluoride PET can be used to measure disease activity across the coronary vasculature and to stratify patients into those with no, low and high disease activity. Patients with high disease activity (coronary microcalcification activity (CMA) >1.56) demonstrate a >7-fold risk of myocardial infarction. These patients might therefore be suitable for advanced medical therapies including PCSK9 or interleukin 1-beta inhibition, with <sup>18</sup>F-fluoride PET used for targeting these expensive drugs to patients at greatest risk. Patients without coronary <sup>18</sup>F-NaF uptake (CMA=0) have an excellent prognosis with no myocardial infarctions observed during follow-up despite advanced coronary artery disease. In these patients with dormant coronary artery disease (a third of the population

studied), further intensification of medical therapy might not be warranted, nor might they benefit on prognostic grounds from complex revascularization such as multivessel percutaneous intervention or coronary artery bypass grafting.

	СМА		TBR			CCS			
	≥ 1.56	< 1.56	Р	≥1.28	<1.28	Р	≥1199	<1199	Р
	(n=109)	(n=184)		(n=113)	(n=180)		(n=45)	(n=248)	
Age in years, mean (SD)	67 (8)	64 (9)	0.0047	67 (8)	63 (9)	0.0001	68 (8)	64 (9)	0.006
Men, n (%)	97 (89%)	148 (80%)	0.071	103 (91%)	142 (79%)	0.006	44 (98%)	201 (81%)	0.004
Body-mass index (kg/m2), mean	28 (5)	30 (5)	0.024	29 (6)	29 (5)	1.00	30 (5)	29 (5)	0.22
(SD)									
Systolic blood pressure (mm Hg), mean (SD)	142 (21)	141 (20)	0.68	142 (20)	141 (20)	0.68	143 (15)	141 (21)	0.54
Diastolic blood pressure (mm Hg), mean (SD)	79 (12)	80 (11)	0.46	78 (11)	80 (12)	0.15	78 (11)	80 (11)	0.26
Cardiovascular history, n (%)								•	
H of ACS	53 (48.6%)	108 (58.7%)	0.11	58 (51.3%)	103 (57.2%)	0.34	25 (55.6%)	136 (54.8%)	1.00
H of PCI	64 (58.7%)	119 (64.7%)	0.32	69 (61.1%)	114 (93.3%)	0.71	23 (51.1%)	160 (64.5%)	0.10
H of CABG	20 (18.3%)	28 (15.2%)	0.52	21 (18.6%)	27 (15.0%)	0.44	23 (51.1%)	25 (10.1%)	0.0001
H of angina	60 (55.0%)	76 (41.3%)	0.029	57 (50.4%)	79 (43.9%)	0.28	30 (66.7%)	106 (42.7%)	0.003
CVA/TIA	3 (2.8%)	6 (3.3%)	1.000	3 (2.7%)	6 (3.3%)	1.00	1 (2.2%)	8 (3.2%)	1.00
Comorbidities/risk factors, n								•	
(%)									
HTN	71 (65.1%)	103 (55.9%)	0.14	76 (67.3%)	98 (54.4%)	0.038	30 (66.7%)	144 (58.1%)	0.32
HPL	97 (89.0%)	160 (86.9%)	0.71	101 (89.3%)	156 (86.7%)	0.58	40 (88.9%)	217 (87.5%)	1.00
DM	26 (23.9%)	35 (19.0%)	0.37	26 (23.0%)	35 (19.4%)	0.46	13 (28.9%)	48 (19.4%)	0.16
Current smoking	20 (18.3%)	38 (21.1%)	0.65	21 (18.6%)	37 (20.6%)	0.76	8 (17.8%)	50 (20.2%)	0.84
Ex-smoker	44 (40.3%)								
		93 (51.7%)	0.12	51 (45.1%)	86 (47.8%)	0.72	19 (42.2%)	118 (47.6%)	0.52
Atrial fibrillation	4 (3.7%)	6 (3.3%)	1.00	5 (4.4%)	5 (2.8%)	0.52	2 (4.4%)	8 (3.2%)	0.65
Peripheral vascular disease	4 (3.7%)	12 (6.5%)	0.43	4 (3.5%)	12 (6.7%)	0.30	8 (17.8%)	8 (3.2%)	0.0008
Medications, n (%) *									
Aspirin	101 (92.7%)	167 (90.7%)	0.67	107 (94.7%)	161 (89.4%)	0.14	41 (91.1%)	227 (91.5%)	1.00
PY12 antagonist	19 (17.4%)	26 (14.1%)	0.50	21 (18.6%)	24 (13.3%)	0.25	5 (11.1%)	40 (16.1%)	0.50
Statin	102 (93.6%)	160 (86.9%)	0.08	103 (91.2%)	159 (88.3%)	0.56	42 (93.3%)	220 (88.7%)	0.44
Beta Blocker	72 (66.1%)	124 (67.4%)	0.90	77 (68.1%)	119 (66.1%)	0.80	32 (71.1%)	164 (66.1%)	0.61
ACEI/ARB	76 (69.7%)	121 (65.7%)	0.61	81 (71.7%)	116 (64.4%)	0.20	38 (84.4%)	159 (64.1%)	0.009
Insulin	1 (0.9%)	3 (1.6%)	1.00	1 (0.9%)	3 (1.7%)	1.00	0	4 (1.4%)	1.00
Oral diabetic medications	17 (15.6%)	31 (16.8%)	0.87	19 (16.8%)	29 (1.6%)	0.87	8 (17.8%)	40 (16.1%)	0.83
ССВ	23 (21.1%)	40 (21.7%)	1.00	27 (23.9%)	36 (20.0%)	0.47	12 (26.7%)	51 (20.6%)	0.43
Diuretics	7 (6.4%)	31 (16.8%)	0.028	7 (6.2%)	31 (17.2%)	0.007	7 (15.6%)	31 (12.5%)	0.63
Biomarkers, median (IQR)			<b>1</b>			1			
Total Cholesterol (mmol/L)	4.0 (3.5-4.7)	4.1 (3.6-4.8)	0.41	4.0 (3.5- 4.8)	4.1 (3.6-4.7)	0.63	4.2 (3.5-4.9)	3.8 (4.1-4.7)	0.53
LDL (mmol/L)	1.9 (1.3-2.5)	1.9 (1.2-2.4)	0.75	1.7 (1.2- 2.5)	2.1 (1.4-2.4)	0.21	2.2 (1.2-2.7)	1.9 (1.2-2.4)	0.12
HDL (mmol/L)	1.2 (1.0-1.7)	1.2 (1.0-1.8)	0.76	1.2(1.0-1.7)	1.2 (1.0-1.7)	0.69	1.2 (1.0-1.7)	1.2 (1.0 –1.7)	0.74
TAG (mmol/L)	1.5 (1.1-2.5)	1.6 (1.1-2.2)	0.87	1.5(1.0-2.5)	1.5 (1.1-2.2)	0.87	1.4 (1.2-2.0)	1.6 (1.1-2.4)	0.37

**Table 1.** Baseline Characteristics of Study Participants. Comparison of patients with coronary microcalcification activity (CMA) $\geq 1.56$  vs <1.56, with Target to Background ratio (TBR)  $\geq 1.28$  vs <1.28 and coronary calcium score  $\geq 1199$  vs <1199.</td>

Creatinine (µmol/L)	80 (70-94)	77 (70-89)	0.42	78(70-88)	78(70-92)	0.95	80 (70-91)	77 (70-90)	0.48
CAD, n (%)									
Non-obstructive disease (<50%)	5 (4.6%)	10 (5.4%)	0.79	2 (1.8%)	13 (7.2%)	0.05	1 (2.2%)	14 (5.6%)	0.48
Single vessel disease	31 (28.4%)	56 (30.4%)	1.00	29 (25.7%)	58 (32.2%)	0.24	8 (17.8%)	79 (31.9%)	0.08
<b>T</b>	27 (22 00()	72 (20 70)	0.00	44 (20.000)	66 (26 70()	0.74	42 (26 70()	00 (00 50()	0.42
i wo vessei disease	37 (33.9%)	73 (39.7%)	0.38	44 (38.9%)	66 (36.7%)	0.71	12 (26.7%)	98 (39.5%)	0.13
Three vessel disease	36 (33.0%)	45 (24.5%)	0.10	38 (33.6%)	43 (23.9%)	0.081	24 (53.3%)	57 (23.0%)	0.0001
	()						_ ( ( ) ) )		
LMS involvement	7 (6.4%)	7 (3.8%)	0.40	7 (6.2%)	7 (3.9%)	0.41	7 (15.6%)	7 (2.8%)	0.002
Coronary Stent, n (%)	83 (76.1%)	135 (73.4%)	0.68	85 (75.2%)	133 (73.9%)	0.89	24 (53.3%)	194 (78.2%)	0.0013
Segment involvement score.	6 (4-8)	5 (3-7)	0.008	4 (6-8)	5(3-7)	0.002	7 (6-9)	5 (3-7)	<0.0001
Median (IQR)									
SIS breakdown, n (%)									
0-1	4 (3.7%)	16 (8.7%)	0.15	3 (2.7%)	17 (9.4%)	0.030	1 (2.2%)	19 (7.7%)	0.33
2-3	19 (16.4%)	36 (19.6%)	0.76	14 (12.3%)	41 (22.8%)	0.031	0	55 (22.2%)	0.0001
4-5	23 (21.1%)	50 (27.2%)	0.27	29 (25.6%)	44 (24.4%)	0.89	5 (11.1%)	68 (27.4%)	0.02
>5	63 (57.8%)	82 (44.6%)	0.016	67 (59.3%)	78 (43.3%)	0.009	39 (86.7%)	106 (42.7%)	0.0001
	E 4.4	201	<0.0001	408	201	<0.0001	NI / A	NI/A	NI/A
CCS, median (IQR)	544 (184-1157)	201 (64-541)	<0.0001	498	201	<0.0001	N/A	N/A	N/A
CCS n (%)	(184-1157)	(04-341)	0.007	(188-1083)	64 (25.6%)	0.0009			
0-99	21 (19.3%)	63 (34.2%)	0.007	25 (22 1%)	51 (28 3%)	0.2742			
100-399	24 (22.0%)	52 (28.3%)	1.00	33 (29 2%)	41 (22.8%)	0.2691			
400-999	27 (24.8%)	47 (25.5%)	0.0001	35 (31.0%)	24 (13.3%)	0.0003			
>1000	37 (33.9%)	22 (12.0%)	0.0001		_ (,				
TRP modian (IOP)	1 //5	1 13	<0.001	1.45	N/A	Ν/Δ	1.4	1 2 (1 1-1 4)	<0.0001
TBK, median (IQK)	(1 31-1 62)	(1 05-1 22)	0.001	(1 35-1 62)	19/5	N/A	(1 23-1 62)	1.2 (1.1 1.4)	-0.0001
TBR>1.28	86 (78.9%)	27 (14.7%)	0.0001	N/A	N/A	N/A	26 (57.8%)	87 (35.1%)	0.005
CCS>1199	27 (24.8%)	19 (10.3%)	0.0015	26 (23.0%)	20 (11.1%)	0.0082	N/A	N/A	N/A
Risk scores	. ,	. ,		, ,	. ,				
REACH score (IOP) CV event	12 (11-15)	12 (11-15)	0.075	14 (12-16)	12 (10-15)	0.0030	15 (12-17)	12 (11-15)	<0.0001
20 month risk of post CV event	13 (11-13) 6 2	6.2	0.075	7.2	12 (10-13) E 4	0.0033	2 E (E 2 11 0)		<0.0001
20-month hisk of next CV event, % (IOP)	(4 7-8 5)	(4 7-8 5)	0.15	(4 7-9 2)	(4 0-8 5)	0.0074	8.5 (0.5-11.0)	5.4 (4.7-8.5)	<0.0001
BEACH score (IOB) CV death	11 (10-13)	11 (9-13)	0.015	11 (10-13)	(4.0 0.3)	0.0012	12 (11-14)	11 (9-12)	<0.0001
20-month cardiovascular death	18	18	0.014	1.8	15	0.0011	2 3 (1 8-3 8)	18(11-23)	<0.0001
% (IOR)	(1.4-3.0)	(1.1-2.8)	0.014	(1.4-3.0)	(1.0-2.0)	0.0011	2.5 (1.0 5.0)	1.0 (1.1 2.3)	1010001
Duke score	4 (3-5)	4 (3-5)	0.28	4 (3-5)	4 (3-5)	0.0324	5 (4-5)	4 (3-5)	0.0024
SMART risk score	21 (15-27)	17 (12-24)	0.0050	20 (14-28)	17 (13-24)	0.0414	24 (18-32)	17 (13-24)	0.0002
Outcomes	( )	( /		(- · -5)	(		()	(	
Myocardial infarction	16 (14.7%)	4 (2.2%)	0.0001	16 (14.2%)	4 (2.2%)	0.0002	13 (15.6%)	7 (5.2%)	0.08
MACE	23 (21.1%)	17 (9.2%)	0.008	23 (20.4)	17 (9.4%)	0.0078	10 (22.2%)	30 (12.1%)	0.10
Stroke	3	9	0.045	3	9	0.045	1	11	0.003
Cardiovascular death	2	1	N/A	2	1	N/A	0	3	N/A
Delayed revascularization	2	3	N/A	2	3	N/A	0	5	N/A
,	-				-		-	-	

ACEI/ARB – angiotensin converting enzyme inhibitor/angiotensin receptor blocker, ACS – acute coronary syndrome, CABG – coronary artery bypass graft, CAD – coronary artery disease, CMA – coronary microcalcification activity, CVA - Cerebrovascular accident, MACE – major adverse cardiovascular event, PCI – percutaneous coronary intervention, REACH - Reduction of Atherothrombosis for Continued Health, SMART Secondary Manifestations of Arterial Disease, SIS – segment involvement score, TAG - triacylglycerides, TBR – target to background ratio, TIA - transient ischemic attack

\*medications at the time of scan

	Coronary Microcal	cification	Target to backgroun	d ratio	Coronary Calcium Score >		
	Activity >1.56		>1.28		1199		
	Hazard ratio	p-value	Hazard ratio (95%	p-value	Hazard ratio	p-value	
	(95% CI)		CI)		(95% CI)		
Model 1	7.30 (2.44-21.84)	< 0.001	6.16 (1.06-18.42)	0.001	3.24 (1.29-8.11)	0.012	
Model 2	7.20 (2.36-21.95)	0.001	5.94 (1.94-18.10)	0.002	-		
Model 3	6.66 (2.19-20.25)	0.001	5.57 (1.80-17.00)	0.003	2.65 (0.93-7.56)	0.069	
Model 4	8.73 (2.44-31.29)	0.001	4.80 (1.54-14.93)	0.007	2.72 (0.90-8.21)	0.075	
Model 5	8.91 (2.47-32.16)	0.001	4.83 (1.54-15.20)	0.007	-		
Model 6	8.12 (2.57-25.28)	p<0.001	4.30 (1.34-13.82)	0.014			
Model 7	7.10 (2.2-25.1)	0.003	4.6 (1.4-14.4)	0.013			

Table 2. Uni- and multivariable Cox proportional regression models for prediction of myocardial infarction during follow-up.

Model 1 - unadjusted; Model 2 - adjusted for Coronary Calcium Score; Model 3 - adjusted for segment involvement score, number of

coronary stents, multivessel coronary artery disease; Model 4 - adjusted for segment involvement score, number of coronary stents,

multivessel coronary artery disease, age, gender, hyperlipidaemia, hypertension, diabetes, smoking; Model 5 – similar to Model 4 and additionally adjusted for coronary calcium scoring; Model 6 – similar to Model 5 and additionally adjusted for REACH and SMART risk scores. Model 7 – similar to model 6 and additionally adjusted for initial patient's presentation (stable vs acute myocardial infarction) and the study in to which the patient was initially recruited.



Coronary Microcalcification activity (CMA)

Figure 1

### <sup>18</sup>F-NaF Coronary Uptake Predicts Myocardial Infarction

Α



Coronary Calcium Score 6 AU Coronary Microcalcification Activity 1.58 Target to Background Ratio 1.31



ST- segment elevation Myocardial Infarction 3-years after <sup>18</sup>F-NaF PET



Coronary Calcium Score 26 AU Coronary Microcalcification Activity 4.79 Target to Background Ratio 1.34



Coronary Calcium Score 306 AU Coronary Microcalficiation Activity 4.36 Target to Background Ratio 1.82



### Area under the receiver operator curve for prediction of myocardial infarction

Figure 3





B

Figure 4

# **Online Appendix**

## <sup>18</sup>F-Sodium Fluoride Coronary Uptake Predicts Outcome in Patients with Coronary Artery Disease

Jacek Kwiecinski<sup>\*a,b</sup>, Evangelos Tzolos<sup>\*a,c</sup>, Philip D Adamson<sup>c</sup>, Sebastien Cadet<sup>a</sup>, Alastair J Moss<sup>c</sup>, Nikhil Joshi<sup>c</sup>, Michelle C Williams<sup>c</sup>, Edwin JR van Beek<sup>c,d</sup>, Damini Dey<sup>a</sup>, Daniel S Berman<sup>a</sup>, David E Newby<sup>c</sup>, Piotr J Slomka<sup>^a</sup>, Marc R Dweck<sup>^c</sup>

Brief Title: <sup>18</sup>F-NaF uptake predicts outcome
## Methods

#### REACH and SMART risk scores

**REACH score**. "REACH (REduction of Atherothrombosis for Continued Health) is an outpatient registry of patients with either stable symptomatic vascular disease (CAD, cerebrovascular disease, or peripheral artery disease) or with multiple atherosclerotic risk factors. The data collected from 3647 centers in 29 countries enabled establishing the REACH score which enables prediction of 20-month risk of a recurrent cardiovascular event (1). The REACH score calculator can be found at: <u>https://www.u-prevent.com/en-</u>

### GB/ReachCalculator/ReachCalculator

SMART Score. The SMART (Second manifestations of arterial disease) risk score estimates the 10-year risk for myocardial infarction, stroke or vascular death in individual patients with previous cardiovascular disease, including coronary artery disease, cerebrovascular disease, peripheral artery disease, abdominal aortic aneurysm and polyvascular disease. The SMART risk score was developed in a population of vascular patients in the Netherlands that were included in the Secondary Manifestations of Arterial Disease (SMART)-study (2). External validation and updating were performed in pooled trial cohorts of 18,436 vascular patients from W-Europe, S-Europe, Israel, USA, Canada, Mexico, S-Africa, Australia, and N-Zealand (3). The SMART score calculators can be found at: <a href="https://www.escardio.org/Education/ESC-Prevention-of-CVD-Programme/Risk-assessment/SMART-Risk-Score">https://www.escardio.org/Education/ESC-Prevention-of-CVD-Programme/Risk-assessment/SMART-Risk-Score</a>

### Motion Correction

Coronary motion correction compensates for coronary artery motion by aligning all gates to the end-diastolic position and has already demonstrated its ability to reduce image noise and improve the reproducibility of acquired data (4). In the first step of motion correction, anatomical coronary artery data was extracted from coronary CT angiography by applying a vessel tracking algorithm based on Bayesian maximal paths (Autoplaque version 2.0). Secondly, a diffeomorphic mass-preserving image registration algorithm was used to align the 4 gates of PET data to the end-diastolic gate (FusionQuant Software, Cedars-Sinai Medical Center, Los Angeles). After motion correction, the 4 gates were summed together to build a motion-free image containing counts from the entire PET acquisition.

### Blood clearance -correction

To offset for the variation in injection to scan delay that has a major impact on blood pool activity, we used a recently validated correction factor to harmonize the background activity to a reference 60-minute injection to acquisition interval

$$SUV_{Background\ corrected} = SUV_{Background\ *\ e^{-0.004*(60-t)}}$$

where t represents the injection-to-scan delay in minutes (5).

## Results

# Prediction of fatal and non-fatal myocardial infarction in stable patients and subjects with recent myocardial infarction

Over 42 [31-49] months of follow-up, 13 of 232 stable patients experienced a fatal or non-fatal myocardial infarction. Similar to the entire cohort patients, <sup>18</sup>F-NaF uptake measured using the CMA approach had the biggest area under the receiver operator curve (Online Figure 3). On Cox proportional modelling only CMA and coronary calcium scores emerged as predictors of outcome: HR=23.2 95% CI (3.0-178.5), p=0.003 and HR=5.7 95% CI (1.9-16.8), p=0.002 respectively. Importantly neither the Duke modified index [HR=2.0 95% CI (0.65-6.11), p=0.23] nor the REACH [HR=1.5 95% CI (0.2-11.5, p=0.70] or SMART [HR=2.8 95% CI (0.8-10.3), p=0.11] risk scores showed such predictive capabilities. With only 7 myocardial infarctions in 61 patients imaged recently after myocardial infarction, none of the covariates emerged as predictors of myocardial infarction. However, in this population, CMA once again demonstrated the most favorable hazard ratios of the factors assessed (HR=3.1 (95% CI (0.7-15.9) p=0.18)) compared to TBR HR=1.5 (95% CI (0.3-6.6) p=0.60), coronary calcium scores HR=0.9 (95% CI (0.2-43.2) p=0.68) and clinical variables (all p>0.50). When patients were divided according to the time from myocardial infarction to PET imaging, we observed no difference in CMA values between those scanned within 13 days from the adverse event and those who underwent PET at least 14 days after infarction (1.39 [0.13-2.70] and 1.19 [0.34-2.87], p=0.38).

# **Online Tables**

**Online Table 1.** Study participants.

Ν	NCT02110303	NCT01749254	NCT02607748	
	102110305	1101747254	1102007740	
	DIAMOND	Novel Imaging	<sup>18</sup> F-NaF PET for	Total
	Dual Antiplatelet	Approaches to	Identifying Coronary	(n=293)
Starlar	Therapy to Reduce	Identify Unstable	Atherosclerotic	
Study	Myocardial Injury	Coronary Plaques	Plaques	
	n=193	n=78	n=22	
	n=202(193)	n=40(39)		
Stable angina	(9 excluded as no	(1 excluded as no	N/A	232
	available baseline	available baseline		
	PET/CT)	PET/CT)		
		40.(20)		
		n=40 (39)		
STEMI/NSTEMI	N/A	(1 excluded as no	n= 22	61
		available baseline		
		PET/CT)		

Online Table 2. Study exclusion criteria

Study	NCT02110303	NCT01749254	NCT02607748
	DIAMOND Dual	Novel Imaging	<sup>18</sup> F-NaF PET for
	Antiplatelet Therapy	Approaches to	Identifying Coronary
	to Reduce	Identify Unstable	Atherosclerotic
Exclusion criteria	Myocardial Injury	Coronary Plaques	Plaques
Age	<40	<50	<18
DM	N/A	insulin-dependent	N/A
		diabetes mellitus or	
		pt with	
		BG>11mmol/L were	
		excluded	
Pregnant/breast	Excluded	Excluded	Excluded
feeding women			
ACS within the last	Excluded	N/A	N/A
12 months			
Dual anti-platelet	Excluded	N/A	N/A
therapy or warfarin or			
NOAC			
PCI/CABG within	Excluded	N/A	N/A
the last 3 months (or			

plan for PCI/CABG			
in the next 12			
months)			
Bleeding diathesis	Excluded	N/A	N/A
Renal dysfunction	eGFR<30	Serum creatinine	Serum creatinine
		>250 µmol/L	>132 µmol/L
Known contrast	Excluded	Excluded	Excluded
allergy			
Inability to provide	Excluded	Excluded	Excluded
informed consent			
Permanent atrial			
fibrillation/Multiple			F 1 1 1
premature ventricular	N/A	N/A	Excluded
or atrial contractions			
EF<35% or Class III	N/A	N/A	Excluded
congestive heart			
failure			

**Online Table 3.** Baseline Characteristics of Study Participants. Comparison of patients with (coronary microcalcification activity [CMA] > 0) and without (CMA = 0) increased coronary <sup>18</sup>F-NaF uptake.

	Entire Cohort	CMA=0 (n=90)	CMA>0	
			(n=203)	
Age in years, mean (SD)	65 (9)	63 (9)	65 (9)	P=0.0803
Men, n (%)	245 (84%)	71 (78.9%)	174 (86.1%)	p=0.1712
Body-mass index (kg/m <sup>2</sup> ),	29 (5)	29 (5)	29 (5)	P=1.0000
mean (SD)				
Systolic blood pressure (mm	141 (20)	137 (19)	144 (20)	P=0.0054
Hg), mean (SD)				
Diastolic blood pressure (mm	79 (11)	78 (9)	80 (12)	P=0.1584
Hg), mean (SD)				
Cardiovascular history, n (%)				
History of ACS	161 (55.1 %)	56 (62.2%)	105 (51.7%)	P=0.0749
History of PCI	237 (80.9 %)	57 (63.3%)	126 (62.1%)	P=0.8963
History of CABG	48 (16.4 %)	16 (17.8%)	32 (15.8%)	P=0.7326
History of angina	136 (46.6 %)	48 (53.3%)	88 (43.43%)	P=0.1283
CVA/TIA	9 (3.1 %)	2 (2.2%)	7 (3.4%)	P=0.7264
Comorbidities/risk factors, n				
(%)				

Hypertension	174 (59.6 %)	47 (52.2%)	128(63.1%)	P=0.0936
Hyperlipidemia	257 (88 %)	81 (90.0 %)	177 (87.2%)	P=0.1571
Diabetes Mellitus	61 (20.8 %)	16 (17.8%)	35 (22.2%)	P=1.0000
Current smoking	58 (19.9 %)	26 (28.9%)	32 (16.1%)	p=0.0113
Ex-smoker	137 (46.9%)	46 (51.1%)	91 (45.7%)	p=0.3745
Atrial fibrillation	10 (3.4 %)	5 (5.6 %)	5 (2.5%)	P=0.1827
Peripheral vascular disease	16 (5.5 %)	7 (7.8%)	9 (4.4%)	P=0.2698
Medications, n (%) *				
Aspirin	268 (91.8 %)	81 (90.0%)	187 (92.1%)	P=0.8185
P2Y12 antagonist	45 (15.4 %)	12 (13.3%)	33 (16.3%)	P=0.6005
Statin	262 (89.7 %)	80 (86.7%)	183 (90.1%)	P=0.8348
Beta Blocker	196 (67.1 %)	64 (71.1%)	133 (65.5%)	P=0.4184
ACEI/ARB	197 (67.4 %)	64 (71.1%)	134 (66.0%)	P=0.4194
Insulin	4 (1.4 %)	0 (0%)	4 (2.0%)	P=0.3161
Oral diabetic medications	48 (16.4 %)	17 (18.8%)	31 (15.2%)	P=0.4943
Calcium channel blockers	63 (21.6 %)	17 (18.9%)	46 (22.7%)	P=0.5388
Diuretics	38 (16.0 %)	12 (13.3%)	10 (4.9%)	0.0162
Biomarkers, median (IQR)				
Total Cholesterol (mmol/L)	4.1 (3.6-4.7)	4.1 (3.7-4.8)	4.1 (3.5-4.7)	P=0.81034
LDL (mmol/L)	1.9 (1.2-2.4)	1.9 (1.3-2.3)	1.9 (1.2- 2.5)	P=0.93624
HDL (mmol/L)	1.2 (1-1.7)	1.1 (0.9-1.6)	1.3 (1.0-1.7)	P=0.08186
TAG (mmol/L)	1.5 (1.1-2.3)	1.6 (1.1-2.4)	1.5 (1.1-2.3)	P=0.52218

Creatinine (µmol/L)	0.9 (0.8-1.0)	0.9 (0.8-1.0)	0.9 (0.8-1.0)	P=0.80258
CAD, n (%)				
Non-obstructive	15 (5.1 %)	7 (7.8%)	6 (3.0%)	P=0.1190
disease (<50%)	87 (29.8 %)	23 (25.6%)	67 (33.0%)	P=0.2191
- Single-vessel disease	110 (37.7 %)	39 (43.3%)	71 (35.0%)	P=0.1919
- Two-vessel disease	81 (27.6 %)	19 (23.3%)	59 (29.1%)	P=0.1970
- Three-vessel disease	18 (6.1 %)	2 (2.2%)	12 (5.9%)	P=0.2396
- LMS involvement				
Coronary Stent, n (%)	218 (73.4%)	61 (67.8%)	157 (77.3%)	P=0.1099
Segment involvement score.	5 (3-7)	5 (3-7)	6 (4-7)	P=0.0562
Median (IQR)				
SIS breakdown, n (%)				
0-1	20 (6.8%)	11 (12.2%)	9 (4.4%)	P=0.0222
2-3	55 (18.8%)	18 (20.0%)	37 (18.3%)	P=0.7468
4-5	73 (24.9%)	20 (22.2%)	53 (26.1%)	P=0.5587
>5	145 (49.4%)	41 (45.6%)	104 (51.2%)	P=0.3787
Modified Duke CAD index	4 (3-5)	4 (3-5)	4 (3-5)	P=0.0574
(IQR)				
Coronary Calcium Score,	334 (76-804)	179 (48-529)	378 (103-993)	P=0.0027
median (IQR)				
Coronary Calcium Score,				
n(%)		36 (40.0%)	48 (23.6%)	
0-99	84 (28.7%)	22 (24.4%)	53 (26.6%)	P=0.0052

100-399	76 (25.9%)	23 (25.6%)	52 (25.2%)	P=0.8847
400-999	74 (25.3%)	9 (10.0%)	50 (24.6%)	P=1.0000
>1000	59 (20.1%)			P=0.0042
TBR, median (IQR)	1.22 (1.1-	1.05 (0.99-1.11)	1.29 (1.19-1.48)	P<0.0001
	1.42)			
TBR>1.28	113 (38.6%)	6 (6.7%)	107 (52.7%)	P=0.0001
CMA, median (IQR)	0.66 (0-2.84)	0	0.89 [0.47-3.10]	P<0.0001
Coronary Calcium	59 (20.1%)	9 (10.0%)	50 (24.6%)	P=0.0042
Score>1000				
Coronary Calcium	46 (15.7%)	9 (10.0%)	37 (18.2%)	P=0.0831
Score>1199				
REACH score CV event	13 (11-15)	12 (10-14)	13 (11-15)	P=0.08012
(IQR)				
SMART risk score % (IQR)	18 (13-26)	17 (13-23)	19 (13-27)	P=0.0285
MI during follow-up	20 (6.8%)	0 (0%)	20 (9.9%)	P=0.0007
MACE during follow-up	40 (13.6%)	7 (7.8%)	33 (16.3%)	P=0.0643

ACEI/ARB – angiotensin converting enzyme inhibitor/angiotensin receptor blocker, ACS – acute coronary syndrome, CABG – coronary artery bypass graft, CAD – coronary artery disease, CMA – coronary microcalcification activity, CVA - Cerebrovascular accident, MACE – major adverse cardiovascular event, PCI – percutaneous coronary intervention, REACH - Reduction of Atherothrombosis for Continued Health, SMART Secondary Manifestations of Arterial Disease, SIS – segment involvement score, TAG - triacylglycerides, TBR – target to background ratio, TIA - transient ischemic attack \*medications at the time of scan

**Online Table 4.** Comparison of patient with and without myocardial infarction (MI) or coronary heart disease death during follow-up.

	Fatal or non-fatal	Fatal or non-fatal	
	myocardial	myocardial infarction	
	infarction (n=20)	(n=273)	
Age in years mean (SD)	64 (9)	65 (9)	P=0.6318
Age in years, mean (SD)	04 ())	05 (5)	1 0.0510
Men, n (%)	18 (90%)	227 (83.5%)	P=0.5465
Dody mass in day (log/m <sup>2</sup> ) masn (SD)	20 (5)	20 (5)	D-0.2006
Body-mass index (kg/m <sup>-</sup> ), mean (SD)	50 (5)	29 (3)	P=0.3880
Systolic blood pressure (mm Hg), mean	144 (23)	141 (20)	P=0.5222
(SD)			
Diastolic blood pressure (mm Hg).	78 (14)	79 (11)	P=0.7007
	, 0 (11)	() (11)	1 01/00/
mean (SD)			
Cardiovascular history n (%)			
Cardiovascular history, h (70)			
H of ACS	9 (45%)	153 (55.4%)	P=0.3603
H of PCI	17 (85%)	220 (80.6%)	P=0.4821
		(	
H of CABG	5 (25%)	43 (15.6%)	P=0.3424
H of angina	13 (65%)	123 (44.6%)	P=0.1049
		125 (111070)	
CVA/TIA	2 (10%)	7 (2.5%)	P=0 1187
	2 (1070)	7 (2.370)	1 0.1107
Comorbidities/risk factors n (%)			
HTN	17 (85%)	158 (57.9%)	P=0.0179
HPL	19 (95%)	239 (87.5%)	P=0.4859
		1	

DM	6 (30%)	55 (20.2%)	P=0.3893
Current smoking	4 (20%)	54 (20%)	P=1.0000
Ex-smoker	9 (45%)	128 (47.4%)	P=1.0000
Atrial fibrillation	1 (5%)	9 (3.3%)	P=0.5125
Peripheral vascular disease	2 (10%)	14 (4.1%)	P=0.2994
Medications, n (%) *			
Aspirin	18 (90%)	251 (91.9%)	P=0.6729
P2Y12 antagonist	11 (55%)	34 (12.5%)	P<0.0001
Statin	19 (95%)	244 (89.4)	P=0.7050
Beta Blocker	14 (70%)	183 (67%)	P=1.0000
ACEI/ARB	13 (65%)	152 (55.7%)	P=0.4889
Insulin	0 (0%)	4 (1.5%)	P=1.0000
Oral diabetic medications	6 (30%)	42 (15.4%)	P=0.1123
ССВ	7 (35%)	56 (20.5%)	P=0.1571
Diuretics	3 (15%)	33 (12.1%)	P=0.7220
Biomarkers, median (IQR)			
Total Cholesterol (mmol/L)	4 (3.0-4.6)	4.1 (3.6–4.8)	P=0.4354
LDL (mmol/L)	1.4 (0.9-	1.9 (1.3-2.4)	P=0.1443
	2.8)		
HDL (mmol/L)	1.3 (1.0-	1.2 (1.0-1.7)	P=0.54186
	2.0)		

TAG (mmol/L)	2.0 (1.1-	1.5 (1.1 -2.3)	P=0.4593
	2.3)		
	2.3)		
Creatinine (µmol/L)	78 (69-88)	78 (70 – 91)	P=0.85716
CAD, n (%)			
- Non-obstructive disease (<50%)	0	15 (5.5%)	P=0.6097
- Single vessel disease	6 (30.0%)	82 (30%)	P=1.0000
- Two vessel disease	7 (35.0%)	103 (37.7%)	P=1.0000
- Three vessel disease	7 (35.0%)	73 (26.7%)	P=0.4400
- LMS involvement	3 (15.0%)	15 (5.5%)	P=0.1145
Coronary Stent, n (%)	15 (75%)	203 (74.4%)	P=1.0000
			<b>D</b> 0 <b>0 0 1</b> 0 <b>1</b> 0
Segment involvement score. Median	6 (4-8)	5 (3-7)	P=0.25014
(IQR)			
SIS breakdown, n (%)			
0-1	1 (5%)	19 (7.0%)	P=1.0000
2-3	2 (10%)	53 (19.4%)	P=0.3868
4-5	7 (35%)	66 (24.1%)	P=0.2894
>5	10 (50%)	135 (49%)	P=1.0000
	5 (4.5)	4 (2,5)	<b>D</b> 0.052(
Duke index	5 (4-5)	4 (3-3)	P=0.0536
Coronary Calcium Score,	397 (39-1456)	331 (76-775)	P=0.60306
median (IQR)			

Coronary Calcium Score, n (%)			
0-99	6 (30%)	78 (28.6%)	P=1.0000
100-399	4 (20%)	99 (36.3%)	P=0.2238
400-999	4 (20%)	71 (26.1%)	P=0.7909
>1000	6 (30%)	25 (9.0%)	P=0.0114
TBR, median (IQR)	1.40 (1.28-1.77)	1.21 (1.09-1.40)	P=0.0008
CMA, median (IQR)	3.05 (1.62-5.25)	0.46 (0-2.47)	P=0.00012
TBR>1.275	16 (80%)	97 (36%)	P=0.0002
CMA>0	20 (100%)	183 (67%)	P=0.0007
CMA>1.56	16 (80%)	93 (34.1%)	P=0.0001
Coronary Calcium Score>1000	7 (35%)	52 (19.0%)	P=0.0001
REACH score CV event (IQR)	13 (11-15)	13 (11-15)	P=0.79486
SMART risk score	20 (13-28)	18 (13-26)	P=0.5157

ACEI/ARB – angiotensin converting enzyme inhibitor/angiotensin receptor blocker, ACS – acute coronary syndrome, CABG – coronary artery bypass graft, CAD – coronary artery disease, CMA – coronary microcalcification activity, CVA - Cerebrovascular accident, MACE – major adverse cardiovascular event, PCI – percutaneous coronary intervention, REACH - Reduction of Atherothrombosis for Continued Health, SMART Secondary Manifestations of Arterial Disease, SIS – segment involvement score, TAG - triacylglycerides, TBR – target to background ratio, TIA - transient ischemic attack

\*medications at the time of scan

**Online Table 5.** Comparison of patients scanned shortly after myocardial infarction (unstable) and those who had stable coronary artery disease at the time of imaging.

	Stable (n=232)	Unstable (n=61)	
Age in years, mean (SD)	66 (8)	62 (9)	P=0.0008
Men, n (%)	188 (81%)	57 (93.4%)	P=0.0288
Body-mass index (kg/m <sup>2</sup> ),	30 (5)	28 (5)	P=0.0058
mean (SD)			
Systolic blood pressure (mm	145 (19)	130 (19)	P<0.0001
Hg), mean (SD)			
Diastolic blood pressure (mm	80 (11)	76 (13)	P=0.0157
Hg), mean (SD)			
Cardiovascular history, n (%)			
H of ACS	153 (65.9 %)	9 (14.8%)	P<0.0001
H of ACS H of PCI	153 (65.9 %)   176 (75.9 %)	9 (14.8%) 7 (11.5%)	P<0.0001 P<0.0001
H of ACS H of PCI H of CABG	153 (65.9 %)   176 (75.9 %)   46 (19.8 %)	9 (14.8%) 7 (11.5%) 2 (3.3%)	P<0.0001 P<0.0001 P=0.0008
H of ACS H of PCI H of CABG H of angina	153 (65.9 %)   176 (75.9 %)   46 (19.8 %)   127 (54.7 %)	9 (14.8%) 7 (11.5%) 2 (3.3%) 9 (14.8%)	P<0.0001 P<0.0001 P=0.0008 P<0.0001
H of ACS H of PCI H of CABG H of angina CVA/TIA	153 (65.9 %)   176 (75.9 %)   46 (19.8 %)   127 (54.7 %)   6 (2.6 %)	9 (14.8%) 7 (11.5%) 2 (3.3%) 9 (14.8%) 3 (4.8%)	P<0.0001
H of ACS H of PCI H of CABG H of angina CVA/TIA Comorbidities/risk factors, n	153 (65.9 %)   176 (75.9 %)   46 (19.8 %)   127 (54.7 %)   6 (2.6 %)	9 (14.8%) 7 (11.5%) 2 (3.3%) 9 (14.8%) 3 (4.8%)	P<0.0001
H of ACS H of PCI H of CABG H of angina CVA/TIA Comorbidities/risk factors, n (%)	153 (65.9 %)   176 (75.9 %)   46 (19.8 %)   127 (54.7 %)   6 (2.6 %)	9 (14.8%) 7 (11.5%) 2 (3.3%) 9 (14.8%) 3 (4.8%)	P<0.0001
H of ACS H of PCI H of CABG H of angina CVA/TIA Comorbidities/risk factors, n (%) HTN	153 (65.9 %)   176 (75.9 %)   46 (19.8 %)   127 (54.7 %)   6 (2.6 %)   143 (61.6 %)	9 (14.8%) 7 (11.5%) 2 (3.3%) 9 (14.8%) 3 (4.8%) 32 (52.5%)	P<0.0001
H of ACS H of PCI H of CABG H of angina CVA/TIA Comorbidities/risk factors, n (%) HTN HPL	153 (65.9 %)   176 (75.9 %)   46 (19.8 %)   127 (54.7 %)   6 (2.6 %)   143 (61.6 %)   224 (96.6 %)	9 (14.8%) 7 (11.5%) 2 (3.3%) 9 (14.8%) 3 (4.8%) 32 (52.5%) 34 (55.7%)	P<0.0001

Current smoking	33 (14.2 %)	25 (43.9%)	P<0.0001	
Ex-smoker	117 (50.4 %)	20 (30.8%)	P=0.0147	
Atrial fibrillation	6 (2.6 %)	4 (6.6%)	P=0.2250	
Peripheral vascular disease	14 (6.0 %)	2 (3.3%)	P=0.5375	
Medications, n (%)*				
Aspirin	221 (95.3 %)	48 (78.7%)	P=0.0002	
PY12 antagonist	11 (4.7 %)	34 (55.7%)	P<0.0001	
Statin	217 (93.5 %)	46 (75.4%)	P=0.0002	
Beta Blocker	160 (69.0 %)	37 (60.7%)	P=0.2238	
ACEI/ARB	169 (72.9 %)	29 (47.5%)	P=0.0003	
Insulin	3 (1.3 %)	1 (1.6%)	P=1.0000	
Oral diabetic medications	43 (18.5 %)	5 (8.2%)	P=0.0537	
ССВ	56 (24.1 %)	7 (11.5%)	P=0.0354	
Diuretics	29 (12.5 %)	9 (14.8%)	P<0.0001	
Biomarkers, median (IQR)				
Total Cholesterol (mmol/L)	4.0 (3.6-4.7)	4.4 (3.5-5.0)	P<0.04884	
LDL (mmol/L)	2.1 (1.5-2.5)	1.5 (0.8)	P<0.0001	
HDL (mmol/L)	1.2 (1.0-1.5)	2.2 (1.2)	P<0.0001	
TAG (mmol/L)	1.5 (1.1-2.2)	2.2 (1.5)	P=0.02088	
Creatinine (µmol/L)	77 (70-89)	86 (24)	P=0.31732	
CAD, n (%)				

Non-obstructive disease	14 (6%)	1 (1.6%)	P=0.3228	
(<50%)				
- Single vessel disease	60 (25.9 %)	28 (45.9%)	P=0.0044	
- Two vessel disease	95 (40.9 %)	15 (24.6%)	P=0.0252	
- Three vessel disease	63 (27.2 %)	17 (27.8%)	P=1.0000	
- LMS involvement	15 (5.2 %)	3 (4.9%)	P=1.0000	
Coronary Stent, n (%) Anywhere	168 (72.4 %)	50 (80.6%)	P=0.2440	
Segment involvement score. Median (IQR)	6 (4-7)	4 (2-7)	P=.00438	
SIS breakdown, n (%)				
0-1	13 (5.6%) 7 (11.5%)		P=0.1483	
2-3	36 (15.5%)	19 (31.1%)	P=0.0091	
4-5	57 (24.6%)	16 (26.3%)	P=0.8680	
>5	126 (54.3%)	19 (31.1%)	P=0.0015	
CCS, median (IQR)	416 (104-937)	106 (7-355)	P<0.00001	
CCS, n (%)				
0-99	84 (28.7%)	29 (47.5%)	P=0.1389	
100-399	76 (25.9%)	18 (29.5%)	P=0.7581	
400-999	74 (25.3%)	9 (14.8%)	P=0.0101	
>1000	54 (23.3%)	5 (8.2%)	P=0.0072	
TBR, median (IQR)	1.21 (1.1- 1.4)	1.23 (1.15-1.45)	P= 0.15272	
CMA, median (IQR)	0.40 (0-2.75)	1.23 (0.22-3.00)	P=0.03	

CMA>0	151 (65%)	52 (85%)	P=0.0028	
CMA>1.56	82 (35.3%)	27 (52.6%)	P=0.2340	
TBR>1.275	84 (36,1%)	29 (47.5%)	P=0.1389	
CCCS>1000	54 (23.3%)	5 (8.2%)	P=0.0045	
CCCS>1199	42 (18.1%)	3 (4.9%)	P=0.0091	
REACH score (IQR) CV event	13 (11-15)	12 (11-15)	P=0.06724	
20-month risk of next CV	6.3 (4.7-8.5)	5.4 (4.4-7.9)	P=0.08364	
event, % (IQR)				
REACH score (IQR) CV death	11 (10-13)	11 (9-13)	P=0.09492	
20-month cardiovascular	1.8 (1.4-3.0)	1.8 (1.1-2.7)	P=0.11184	
death, % (IQR)				
Duke score	4 (3-5)	4 (3-5)	P=0.2202	
SMART risk score (%)	20 (14-27)	13 (10-20)	P=0.00014	
Infarct during follow-up	13 (6%)	7 (11%)	P=0.18	

ACEI/ARB – angiotensin converting enzyme inhibitor/angiotensin receptor blocker, ACS – acute coronary syndrome, CABG – coronary artery bypass graft, CAD – coronary artery disease, CMA – coronary microcalcification activity, CVA - Cerebrovascular accident, MACE – major adverse cardiovascular event, PCI – percutaneous coronary intervention, REACH - Reduction of Atherothrombosis for Continued Health, SMART Secondary Manifestations of Arterial Disease, SIS – segment involvement score, TAG - triacylglycerides, TBR – target to background ratio, TIA - transient ischemic attack

\*medications at the time of scan

Online Table 6. Comparison of patients with and without major adverse cardiovascular events

during follow-up.

	MACE (n=	No MACE	
	40)	(n=253)	
Age in years, mean (SD)	64 (9)	65 (9)	P=0.5143
Men, n (%)	36 (90%)	209 (82.9%)	P=0.3567
Body-mass index (kg/m <sup>2</sup> ), mean (SD)	29 (5)	29 (5)	P=1.0000
Systolic blood pressure (mm Hg), mean (SD)	138 (21)	142 (20)	P=0.2440
Diastolic blood pressure (mm Hg), mean (SD)	76 (13)	79 (11)	P=0.1194
Cardiovascular history, n (%)			
H of ACS	16 (40.0%)	146 (57.7%)	P=0.0409
H of PCI	36 (90.0%)	201 (79.4%)	P=0.2836
H of CABG	6 (15.0%)	42 (16.6%)	P=1.0000
H of angina	24 (60.0%)	112 (44.3%)	P=0.1246
CVA/TIA	4 (10.0%)	5 (2.0%)	P=0.0227
Comorbidities/risk factors, n			
(%)			
HTN	27 (67.5%)	148 (58.5%)	P=0.3033
HPL	34 (85.0 %)	224 (88.5%)	P=0.5981

DM	11 (27.5 %)	50 (19.8%)	P=0.2947
Current smoking	7 (17.5 %)	51 (20.4%)	P=0.8322
Ex-smoker	17 (42.5 %)	120 (48.0%)	P=0.6115
Atrial fibrillation	2 (5.0 %)	8 (3.2%)	P=0.6315
Peripheral vascular disease	6 (15.0%)	10 (4.0%)	P=0.0126
Medications, n (%) *			
Aspirin	36 (90.0%)	233 (92.1%)	P=0.7547
P2Y12 antagonist	18 (45.0%)	27 (10.7%)	P<0.0001
Statin	37 (92.5%)	226 (89.3%)	P=0.7792
Beta Blocker	26 (65.0%)	171 (67.6%)	P=0.7213
ACEI/ARB	23 (57.5%)	175 (69.1%)	P=0.0924
Insulin	1 (2.5%)	3 (1.2%)	P=0.4459
Oral diabetic medications	8 (20.0%)	40 (15.9%)	P=0.4944
ССВ	13 (32.5%)	50 (19.8%)	P=0.0953
Diuretics	8 (20.0%)	30 (11.9%)	0=0.2012
Biomarkers, median (IQR)			
Total Cholesterol (mmol/L)	4.0 (3.4-4.6)	4.1 (3.6-4.8)	P=0.39532
LDL (mmol/L)	1.6 (0.9-2.3)	2.0 (1.4-2.5)	P=0.0455
HDL (mmol/L)	1.6 (1.0-2.0)	1.2 (1.0-1.7)	P=0.06432
TAG (mmol/L)	1.5 (1.1-2.3)	1.5 (1.1-2.3)	P=0.85716
Creatinine (µmol/L)	78 (69-94)	78 (70-90)	P=0.57548
CAD, n (%)			

Non-obstructive disease	2 (5.0%)	13 (5.1%)	P=1.0000
(<50%)			
- Single-vessel disease	14 (35.0%)	74 (29.2%)	P=0.4625
- Two-vessel disease	13 (32.5%)	97 (38.3%)	P=0.5986
- Three-vessel disease	11 (27.5%)	69 (27.2%)	P=1.000
- LMS involvement	4 (10.0%)	14 (5.5%)	P=0.2642
Coronary Stent, n (%)	29 (72.5%)	189 (74.7%)	P=0.8455
Segment involvement score.	5 (4-8)	6 (3-7)	P=0.5485
Median (IQR)			
SIS breakdown, n (%)			
0-1	1 (2.5%)	19 (7.5%)	P=0.3301
2-3	8 (20.0%)	47 (18.6%)	P=0.8286
4-5	14 (35.0%)	59 (23.3%)	P=0.1189
>5	17 (42.5%)	128 (50.6%)	P=0.4902
Duke index	4 (4-5)	4 (3-5)	P=0.16452
Coronary Calcium Score,	195 (50-	344 (81-801)	P=0.4965
median (IQR)	1126)		
Coronary Calcium Score, n (%)			
0-99	14 (35.0%)	70 (27.7%)	P=0.3507
100-399	10 (25.0%)	66 (26.1%)	P=1.0000
400-999	6 (15.0%)	68 (26.8%)	P=0.1207

>1000	10 (25.0%)	49 (19.4%)	P=0.3999
TBR, median (IQR)	1.34 (1.13-	1.22 (1.10-1.40)	P=0.07346
	1.54)		
CMA, median (IQR)	1.9 (1.65-	0.51 (0-2.42)	P=0.00988
	4.76)		
TBR>1.28	23 (57.5%)	90 (35.6%)	P=0.0135
CMA>0	20 (50%)	170 (67%)	P=0.0488
CMA>1.56	23 (57.5%)	86 (34%)	P=0.0076
Coronary Calcium	10 (25%)	49 (19.4%)	P=0.4012
Score>1000			
REACH score CV event	13 (11-15)	13 (11-15)	P=0.6672
(IQR)			
SMART risk score %	19 (12-28)	18 (13-26)	P=0.76418

ACEI/ARB – angiotensin converting enzyme inhibitor/angiotensin receptor blocker, ACS – acute coronary syndrome, CABG – coronary artery bypass graft, CAD – coronary artery disease, CMA – coronary microcalcification activity, CVA - Cerebrovascular accident, MACE – major adverse cardiovascular event, PCI – percutaneous coronary intervention, REACH - Reduction of Atherothrombosis for Continued Health, SMART - Secondary Manifestations of Arterial Disease, SIS – segment involvement score, TAG - triacylglycerides, TBR – target to background ratio, TIA - transient ischemic attack **Online Table 7.** Uni- and multivariable Cox proportional regression models for prediction of major adverse cardiovascular events during follow-up.

	Coronary		Target to background		Coronary Calcium Score >	
	Microcalcification		ratio >1.275		1199	
	Activity >1.56					
	Hazard ratio	p-value	Hazard ratio	p-	Hazard ratio	p-value
	(95% CI)		(95% CI)	value	(95% CI)	
Model 1	2.29 (1.22-4.29)	0.01	2.08 (1.11-3.89)	0.02	1.94 (0.94-3.96)	0.071
Model 2	2.36 (1.23-4.52)	0.01	2.09 (1.09-4.01)	0.027	-	
Model 3	2.19 (1.15-4.17)	0.017	2.06 (1.08-3.96)	0.029	1.93 (0.85-4.38)	0.115
Model 4	2.08 (1.06-4.07)	0.033	1.79 (0.91-3.55)	0.093	1.68 (0.73-3.84)	0.221
Model 5	2.46 (1.25-4.83)	0.009	2.06 (1.04-4.07)	0.038	-	
Model 6	2.10 (1.07-4.13)	0.030	1.80 (0.90-3.61)	0.098		

Model 1 – unadjusted; Model 2 – adjusted for Coronary Calcium Score; Model 3 – adjusted for segment involvement score, number of coronary stents, multivessel coronary artery disease; Model 4 – adjusted for segment involvement score, number of coronary stents, multivessel coronary artery disease, age, gender, hyperlipidemia, hypertension, diabetes, smoking; Model 5 – similar to Model 4 and additionally adjusted for coronary calcium scoring. Model 6 - similar to Model 5 and additionally adjusted for REACH and SMART risk scores.

Online Table 8. Prediction of myocardial infarction and major adverse cardiovascular events

(MACE) during follow-up. Area under the receiver-operator curve.

	Myocardial Infarction		MACE		
	Area under receiver p-value		Area under receiver p-va		
	operator curve (95% CI)		operator curve (95% CI)		
СМА	0.76 (0.67-0.84)	< 0.001	0.61 (0.52-0.71)	0.02	
TBR	0.72 (0.62-0.83)	0.001	0.59 (0.49-0.69)	0.07	
Coronary	0.55 (0.38-0.69)	0.45	0.48 (0.38-0.59)	0.73	
Calcium Score					
REACH	0.52 (0.38-0.66)	0.77	0.48 (0.38-0.58)	0.70	
SMART	0.54 (0.41-0.68)	0.47	0.52 (0.42-0.62)	0.70	
Duke index	0.62 (0.49-0.74)	0.08	0.58 (0.48-0.67)	0.12	
Age	0.48 (0.35-0.60)	0.71	0.51 (0.38-0.64)	0.52	

CMA - coronary microcalcification activity, TBR - target to background ratio, REACH -

Reduction of Atherothrombosis for Continued Health, SMART Secondary Manifestations of

Arterial Disease

**Online Table 9.** Prediction of myocardial infarction and major adverse cardiovascular events (MACE) during follow-up. Univariable Cox proportional regression models with covariates as continuous variables.

	Myocardial Infarction	l	MACE		
	Hazard ratio (95% p-value		Hazard ratio (95% p-value		
	CI)		CI)		
СМА	1.07 (1.03-1.12)	0.001	1.06 (1.01-1.10)	0.012	
TBR	2.57 (1.66-3.98)	< 0.001	2.08 (1.35-3.22)	0.001	
Coronary	1.00 (1.00-1.01)	0.25	1.00 (1.00-1.00)	0.77	
Calcium Score					
REACH	1.00 (0.86-1.16)	0.99	0.96 (0.86-1.07)	0.96	
SMART	1.02 (0.98-1.06)	0.26	1.02 (0.99-1.05)	0.13	
Duke index	1.59 (0.99-2.48)	0.07	1.23 (0.94-1.62)	0.14	
Age	0.99 (0.94-1.04)	0.61	0.99 (0.95-1.03)	0.55	

CMA - coronary microcalcification activity, TBR - target to background ratio, REACH - , CI-

Confidence interval, Reduction of Atherothrombosis for Continued Health, SMART - Secondary

Manifestations of Arterial Disease

Online Table 10. Prediction of myocardial infarction and major adverse cardiovascular events

(MACE) during follow-up by age and risk scores.

	Age > 53.5		REACH risk score >		SMART risk score >		Duke CAD in	dex > 4.5
			17.5		18.5			
	Hazard ratio	p-value	Hazard ratio	p-value	Hazard ratio	p-value	Hazard ratio	p-value
	(95% CI)		(95% CI)		(95% CI)		(95% CI)	
Myocardial	1.22 (0.28-	0.78	2.11 (0.49-	0.32	2.05 (0.82-	0.13	1.80 (0.75-	0.19
Infarction	5.27)		9.10)		5.13)		4.36)	
MACE	0.54 (0.25-	0.12	1.71 (0.53-	0.38	1.47 (0.78-	0.23	1.22 (0.66-	0.53
	1.18)		5.54)		2.76)		2.28)	

CAD - Coronary Artery Disease, MACE - Major Adverse Cardiovascular Event, REACH -

Reduction of Atherothrombosis for Continued Health, SMART Secondary Manifestations of

Arterial Disease

# **Online Figures**

**Online Figure 1. Measuring Disease Activity Across the Coronary Vasculature with** <sup>18</sup>**F-NaF Coronary Microcalcification Activity (CMA).** 3-Dimensional rendering of coronary CT angiography with superimposed tubular whole vessel volumes of interest (light green) employed for evaluation of <sup>18</sup>F-sodium fluoride uptake (blue and red). Compared to target to background ratio (TBR) measurements (which depend on single pixel tracer uptake), the coronary microcalcification activity (CMA) is a summary measure of <sup>18</sup>F-NaF activity across the entire coronary vasculature as it includes all counts originating from the coronary arteries (uptake exceeding the threshold of background blood pool activity + 2 standard deviations).



Online Figure 2. Interobserver Reproducibility of the coronary microcalcification activity (CMA).



Interobserver reproducibility of CMA measurements

Online Figure 3. Receiver Operator Curve Analysis for the prediction of myocardial infarction in the study population (A), in patients with established stable coronary artery disease (B) and imaged shortly after myocardial infarction (C). Receiver operator curves for myocardial infarction prediction by coronary <sup>18</sup>F-NaF PET (CMA), CT coronary calcium score, modified Duke index on CTCA and the REACH clinical risk scores.



**Online Figure 4. Coronary disease activity and plaque burden in patients with and without future major adverse cardiovascular events**. Coronary microcalcification activity (CMA, top row), maximum target to background ratios (TBR, middle row) and the coronary calcium scores (CCS, bottom row) in patients with and without MACE during follow-up. For the Kaplan-Meier curves patients were dichotomized according to thresholds derived from receiver operator curves using the Youden's index: CMA=1.56, TBR=1.28 and coronary calcium score = 1199 Agatston-units.



Online Figure 5. Kaplan Meier Curve Analysis for the prediction of myocardial infarction in patients imaged shortly after myocardial infarction (A) and in patients with established stable coronary artery disease (B).



### Coronary Microcalcification activity (CMA)

### References

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# No Activity

(CMA=0) No MI on follow up Continue medical therapy

### **Central Illustration**

# Low Activity

(CMA 0.01 to 1.56) Intermediate risk Close Observation

# **High Activity**

(CMA > 1.56) 8-fold risk of future MI Intensify Therapy