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13 **Exploration of microwave dielectric and near infrared spectroscopy with**  
14 **multivariate data analysis for fat content determination in ground beef**

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20

21 **Abstract**

22 This study investigated using microwave dielectric and near infrared (NIR) spectroscopy for  
23 the determination of fat content in ground beef samples (n=69) in a designed experiment.  
24 Multivariate data analysis (principal component analysis (PCA) and partial least squares  
25 (PLS) regression modelling) was used to explore the potential of these spectroscopic  
26 techniques over selected multiple frequency or wavelength ranges. Chemical reference data  
27 for fat and water content in ground beef were obtained using a nuclear magnetic resonance-  
28 based SMART Trac analyser. Best performance of PLS prediction models for fat content  
29 revealed a coefficient of determination in prediction ( $R^2P$ ) of 0.87 and a root mean square  
30 error of prediction (RMSEP) of 2.71% w/w for microwave spectroscopy; in a similar manner,  
31  $R^2P$  of 0.99 and RMSEP of 0.71% w/w were obtained for NIR spectroscopy. The influence  
32 of water content on fat content prediction by microwave spectroscopy was investigated by  
33 comparing the prediction performance of PLS regression models developed using a single Y-  
34 variable (PLS1; fat or water content) and using both Y-variables (PLS2; fat and water  
35 contents).

36 **Keywords**

37 microwave dielectric spectroscopy, near infrared spectroscopy, multivariate data analysis,  
38 principal component analysis (PCA), partial least squares (PLS) regression modelling

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41 **1. Introduction**

42 In recent years, spectroscopy has become a popular technology for food quality assessment  
43 due to its rapid data acquisition and ability to simultaneously predict multiple quality  
44 parameters with only minimal sample preparation. This technique has shown potential in  
45 quality control applications and determination of proximate composition of meat and meat  
46 products (Damez & Clerjon, 2013). Spectroscopy uses electromagnetic radiation to induce  
47 and measure vibrational or rotational energy transitions at molecular and atomic levels  
48 respectively. Based on the respective motions of quantum particles in the applied  
49 electromagnetic fields, this technique has been categorised into vibrational and rotational  
50 spectroscopic methods (Hollas, 2004).

51 Microwave-based dielectric spectroscopy is a rotational spectroscopic method which has  
52 been used to analyse qualitative characteristics of meat and other food materials since 1983  
53 (Metaxas & Meredith, 1993). Theoretically, in a microwave-excited electromagnetic field,  
54 microwave radiation can easily penetrate food materials to induce particle polarisation in  
55 different components, giving rise to the characteristic dielectric properties of materials  
56 (Metaxas & Meredith, 1993). The dielectric property of a food is described as the complex  
57 permittivity which arises when it is subjected to an electromagnetic field in a microwave  
58 heating application. Complex permittivity ( $\epsilon$ ) is defined as:

59

$$\epsilon = \epsilon' - j\epsilon''$$

60 where  $\epsilon'$  is the real part, called the dielectric constant, which represents the capacity of the  
61 material to store energy (Nelson & Datta, 2001);  $\epsilon''$  is the imaginary part referred to as the  
62 loss factor which is relevant to high frequency heating generated from electrical energy and  
63 includes the effects of conductivity-it also can be described as the ability of the material to  
64 convert energy into heat;  $j$  is the imaginary unit ( $j^2 = -1$ ). The ratio of  $\epsilon''/\epsilon'$  is known as the  
65 loss tangent (Nelson & Trabelsi, 2012). As individual parameters,  $\epsilon'$  or  $\epsilon''$  can be used to  
66 represent dielectric properties of a material while both of them are frequency- and  
67 temperature- dependent (Metaxas & Meredith, 1993).

68 The potential of dielectric spectroscopy to detect content, state and activity of water together  
69 with detection of added water in meat products has previously been reported (Castro-  
70 Giráldez, Botella, Toldrá & Fito, 2010; Kent & Anderson, 1996; Clerjon, Daudin & Damez,  
71 2003). Microwave measurements in reflection or transmission modes were also used to  
72 predict beef aging and fish freshness (Clerjon & Damez, 2007), meat quality in poultry and  
73 pork (Castro- Giráldez, Botella, Toldrá & Fito, 2010; Samuel, Trabelsi, Karnuah, Anthony &  
74 Aggrey, 2012) and a wide range of fat content (up to 50% w/w) in minced beef  
75 (Gunasekaran, Mallikarjunan, Eifert & Sumner, 2005; Ng et al., 2008). However, most  
76 studies have focused on profiling the dielectric properties of different materials over a  
77 specific frequency range (e.g. 0.3-3 GHz, 0-25 GHz, 0.2-12 GHz, 0.5-20 GHz)  
78 (Gunasekaran, Mallikarjunan, Eifert & Sumner, 2005; Ng et al., 2008; Kent & Anderson,  
79 1996; Castro- Giráldez, Botella, Toldrá & Fito, 2010) under different temperature  
80 (Gunasekaran, Mallikarjunan, Eifert & Sumner, 2005; Ng et al., 2008) or during the aging  
81 process (Kent & Anderson, 1996; Castro-Giráldez, Botella, Toldrá & Fito, 2010). Some  
82 previous studies have explored chemometric analysis such as principal component analysis  
83 (PCA) and partial least squares regression (PLSR) for the prediction of moisture in poultry  
84 meat, scallops and pork but only based on each single selected frequency (Kent &

85 Anderson, 1996; Kent, Peymann, Gabriel & Knight, 2002). There have been no studies which  
86 explored the use of different microwave frequency ranges for beef quality prediction using  
87 multivariate data analysis.

88 As a mature vibrational spectroscopic technique, near infrared (NIR) spectroscopy combined  
89 with multivariate data analysis has been widely used in meat analysis and implemented to  
90 provide timely measurements in on-, in- and at-line applications (Weeranantanaphan,  
91 Downey, Allen & Sun, 2011). NIR and visible light in transmission mode were used to  
92 evaluate beef quality through detection and quantification of marbling (Ziadi, Maldague,  
93 Saucier, Duchesne & Gosselin, 2012). NIR transmittance spectroscopy was also used to  
94 measure the content of fat and other compositional parameters in fish (Wold & Isaksson,  
95 1997; Nortvedt, Torrissen & Tuene, 1998; Solberg & Frenndriksen, 2001; Xiccato, Trocino,  
96 Tulli & Tibaldi, 2004). NIR reflectance spectroscopy has been used for identification of meat  
97 species in homogenised meat muscle (Cozzolino & Murray, 2004) ; quality control on meat  
98 trimmings (O'Farrell et al, 2010; Wold et al., 2011) and to detect adulterations in minced  
99 beef and beefburgers (Morsy & Sun, 2013; Zhao, Downey & O'Donnell, 2013).

100 Commercial ground beef is derived from skeletal muscle, including adherent fatty tissues and  
101 added beef fat trimmings. The European Community has issued a regulation for the quality  
102 grades of typical ground beef (EU Regulation 853/2004) which are referred to as Class-I  
103 'lean mince beef' and Class-II 'minced pure beef'. Based on the compositional criteria of fat  
104 content, lean mince beef should contain < 7% w/w fat while minced pure beef should contain  
105 <20% w/w fat (FSAI, 2013). The fat content of ground beef has always been a critical issue  
106 with respect to accurate nutritional labelling, fraudulent industrial practice (e.g. addition of  
107 extra fat) and consumer protection. Commercial ground beef contains both intramuscular and  
108 additional fat. When beef is comminuted, all gross physical characteristics of the meat are  
109 lost; therefore, timely processing analytical technology is required to assist quality control

110 and inspection. Comparing the mechanics of microwave and NIR spectroscopy, microwaves  
111 can obtain useful data from bulky and non-homogenised samples by significant penetration  
112 into the material while NIR radiation may only provide information about the surface of the  
113 material because of its shallow penetration depth. NIR is thus problematic for measurements  
114 of non-homogenised opaque solids. Among disadvantages of the microwave technique is the  
115 fact that the dielectric properties of moisture in samples may dominate or influence the  
116 dielectric spectral signals in certain frequency ranges (Kent & Anderson, 1996; Clerjon &  
117 Damez, 2009), as water has significantly higher permittivity than other organic compounds  
118 (Gunasekaran, Mallikarjunan, Eifert & Sumner, 2005).

119 The current study investigated the determination of fat content in ground beef using a  
120 laboratory-based dielectric measurement system and compared the results to those obtained  
121 on the same samples using a NIR spectroscopic method. Multivariate data analysis was  
122 utilised to develop and validate prediction models for ground beef fat and moisture contents.  
123 Performance of microwave and NIR prediction models was compared to evaluate the relative  
124 merits of each technique for use in ground beef quality control. This study is innovative and  
125 novel for the following reasons: 1) this study involved a greater number of ground beef  
126 samples with more variables than previous research; 2) the determination of fat content in  
127 ground beef samples has been explored using multivariate data analysis using different  
128 dielectric frequency ranges, and 3) a chemometric method using PLS-1 and PLS-2 modelling  
129 has been introduced to microwave spectroscopy to examine the potential influence of water  
130 content on the determination of fat content in ground beef.

131

132

## 133 **2. Methods and Materials**

134 *2.1 Sample preparation*

135 Ground beef samples (n=69) were produced in the abbatoir of Teagasc Food Research Centre  
136 (Ashtown, Dublin 15, Ireland). These samples were produced to include both a higher and a  
137 lower quality level in beef. In the higher quality group, round steak beef cuts were trimmed to  
138 remove visible fat; beef fat trimmings were added to aliquots of lean beef to produce samples  
139 (0.5 kg each) with 0%, 3%, 5% and 7% w/w of added fat content. In the lower quality group,  
140 plate or flank cuts were trimmed of visible fat but connective tissue and tendons were left.  
141 Lower quality samples (0.5 kg each) were produced using these trimmed cuts with added  
142 beef fat trimmings at 5% to 30% w/w in 2.5% w/w increments. Samples at each added fat  
143 level were produced on three separate occasions using meat sourced from three different  
144 butcher shops. In all, 36 higher quality samples and 33 lower quality samples (primary  
145 samples) were produced using raw materials from 9 local butchers. During preparation, each  
146 sample was ground twice using a Mainca meat mincer (PM70/12; Cheshire, UK) followed by  
147 homogenisation for 1 minute using the Robot coupe R301 ultra (Vincenes, France).  
148 Homogenised samples were transferred into lidded plastic containers and stored at +3°C.  
149 Before measurement, samples were allowed to equilibrate to ambient laboratory temperature  
150 ( $20 \pm 2^\circ\text{C}$ ).

151

152 *2.2 Sample measurements*

153 *2.2.1 Measurements dielectric*

154 A time-domain reflectometry dielectric system was used in this study. Dielectric spectra were  
155 derived from the reflected signals in an electro-magnetic field. Dielectric properties (i.e.  
156 dielectric constant ( $\epsilon'$ ), dielectric loss factor ( $\epsilon''$ ) and loss tangent ( $\epsilon''/\epsilon'$ )) were recorded over  
157 the 200 MHz to 20 GHz frequency range using an Agilent 85070E high temperature coaxial  
158 probe kit connected to an impedance analyser (E4991A; Agilent Technologies, Santa Clara,

159 USA). This probe featured a hermetic glass-to-stainless steel 19 mm diameter seal and a 3.5  
160 mm aperture; this configuration requires homogeneous samples with a flat, gas-free surface  
161 to ensure contact at the probe face during measurement and a certain minimum sample  
162 thickness, i.e.,  $>\sqrt{|\epsilon|}$  mm (Keysight technologies, 2014). A probe stand was used to fix the  
163 probe and the connected coaxial cable in a constant position as even subtle changes in  
164 instrument configuration may affect calibration; the sample, contained in a holder, was raised  
165 to reach the probe (Fig. 1). A daily calibration check was performed using deionised distilled  
166 water and a short circuit flange before collection of any measurement data. In this study,  
167 homogenised beef samples were manually compressed into disposable plastic containers  
168 (volume ~ 100 ml) to minimise air bubbles and form a flat upper surface. Two sub-samples  
169 were taken from each primary minced beef sample and three measurements on different  
170 areas of the surface were taken for each sub-sample. These replicate measurements were  
171 averaged prior to data analysis. The permittivity of each sample was derived from the  
172 reflection coefficient as a function of the frequency measured by the impedance analyser and  
173 converted to dielectric behaviour of  $\epsilon'$ ,  $\epsilon''$  and  $\epsilon''/\epsilon'$  at the frequency range using numerical  
174 models embedded in the manufacturer's software (Agilent technologies, 2006).

175

### 176 2.2.2 *Near infrared spectroscopic measurements*

177 Reflectance spectra [ $\log(1/R)$ ] of each sample were recorded using a NIRSystems 6500  
178 instrument (NIRSystems Inc., Laurel, MD, USA) over the wavelength range 400–2498 nm (2  
179 nm intervals) and using a 16–32 reference-sample scan sequence. Samples were scanned in  
180 random order at ambient temperature (~20 °C). Two sub-samples of each primary sample  
181 was taken for the measurements; each sub-sample was scanned three times with rotation of  
182 the sample cup through ~120° between the sequential scans. The mean of these repetitions  
183 was used in later chemometric operations. Instrument control, spectral collection and file



184 export was performed using WINISI software (v.1.04; Intrasoft International, State College,  
185 PA, USA).

186

### 187 *2.2.3 Determination of fat content*

188 Fat content of each sample was determined using a bench-top nuclear magnetic resonance  
189 (NMR) instrument (SMART Trac Fat Analyser; CEM Corporation USA). Approximately 3.5  
190 g of each sample was initially dried using the SMART Trac microwave drying oven and the  
191 moisture content of each sample was recorded in this step. Afterwards, fat content was  
192 estimated by NMR radio frequency induced signals of hydrogen on the basis of proton decay  
193 in the fatty acids (AOAC, 2000). Based on the formula of each sample, fat content was  
194 predicted using the supplied NMR Smart trac calibrations for high (30-70% w/w) and low  
195 (0-20% w/w) fat contents. In this study, based on the designed approximate fat content levels  
196 (0-30% w/w) in the sample production, samples with less than 20% of added fat were tested  
197 using the low fat calibration and others with 20-30% of added fat were analysed using both  
198 the high and low fat methods to get the average value of the predicted results. Each sample  
199 was tested in triplicate by the selected methods and the mean was used as the chemical  
200 reference value of each sample for the development of spectroscopic prediction models.

201

### 202 *2.3 Multivariate data analysis*

203 Dielectric constant ( $\epsilon'$ ), loss factor ( $\epsilon''$ ) and loss tangent ( $\epsilon''/\epsilon'$ ) data were saved in the  
204 manufacturer's file (.prn) format and converted into Excel (Microsoft Office 2010) files. NIR  
205 spectra were exported from WINISI software as JCAMP.DX files. All data files were  
206 imported into The Unscrambler software (v.9.7; Camo, Trondheim, Norway) for  
207 chemometric operations. Data were pre-treated using normalisation on unit vectors (nor.u.v.),  
208 multiplicative scatter correction (MSC), standard normal variate (SNV) transformation and

209 Savitzky Golay derivatisation to remove baseline shifts, slope changes, scatter effects and  
210 reveal greater structure in the spectral data. Principal component analysis (PCA) was  
211 performed initially on the raw spectral data of the whole sample set using leave-one-out  
212 cross-validation to investigate the presence of sample clustering.

213 Partial least squares regression (PLSR) models were developed on spectral data (X-values)  
214 and chemical reference data (Y-values) for the prediction of fat content in ground beef. In  
215 dielectric spectroscopy, dielectric constant ( $\epsilon'$ ), loss factor ( $\epsilon''$ ) and loss tangent ( $\epsilon''/\epsilon'$ ) over  
216 a number of frequency ranges (0.6-20 GHz, 0.6-3 GHz, 0.6-9.7 GHz, 8.1-12.1 GHz, 2.6-20  
217 GHz, 10.1-20 GHz, 12.9-20 GHz and 16.1-20 GHz) were used for the chemometric  
218 operations. NIR spectra over selected wavelength ranges, i.e. 780-2500 nm, 1400-2500 nm  
219 and 900-1800 nm were also explored in this study. Spectral range selections were based on  
220 the choices of previous studies and by examination of the intensities of regression  
221 coefficients. The Martens uncertainty test (Martens & Martens, 2000) was applied to develop  
222 PLSR models using a reduced number of spectral variables in an effort to improve model  
223 stability. A PLS prediction model with two Y-variables (PLS-2 with  $Y_1$  (fat content) and  $Y_2$   
224 (moisture content)) was developed over the entire frequency range (0.6-20 GHz) to explore  
225 the influence of water content on fat content prediction. In this case, fat and moisture content  
226 information were simultaneously modelled in the PLS regression.

227 All ground beef samples were numbered from 1 to 69 in order of production. Samples with  
228 even numbers were chosen arbitrarily as the calibration data set while the remainder formed a  
229 separate validation set. The same calibration and validation sample sets were used in the  
230 chemometric operations of both spectroscopic methods.

231 PLSR model performances were evaluated on the basis of the magnitude of the cross-  
232 validation coefficients of determination, root mean square errors in calibration (i.e.  $R^2CV$ ,

233 RMSECV) and their validation counterparts (i.e. R<sup>2</sup>P, RMSEP). Bias values and slopes of the  
 234 fitted regression lines were also calculated. R<sup>2</sup>, RMSE and bias were calculated as follows:

$$235 \quad R^2 = 1 - \frac{\sum_{i=1}^n (y_i - \hat{y}_i)^2}{\sum_{i=1}^n (\hat{y}_i - \bar{y})^2} \quad (1)$$

$$236 \quad RMSE = \left( \frac{\sum_{i=1}^n (y_i - \hat{y}_i)^2}{n} \right)^{0.5} \quad (2)$$

$$237 \quad Bias = \frac{\sum_{i=1}^n (y_i - \hat{y}_i)}{n} \quad (3)$$

238 Where  $\hat{y}_i$  and  $y_i$  are the predicted and reference values of one sample (i);  $\bar{y}$  is the mean of the  
 239 reference values of all the samples. The value of R<sup>2</sup> is expected to be close to 1 while values  
 240 of RMSE and bias are expected to be close to 0.

241 PLS regression modelling finds a set of latent vectors by projecting response variables (Y)  
 242 and independent variables (X) onto a new subspace while maximising the collinearity  
 243 between the orthogonal scores of X and Y (Wold, Sjöström & Eriksson, 2001). PLS-1 and  
 244 PLS-2 are two different algorithms, which are used to handle single and multiple response  
 245 variables (Y) with the same independent variable (X) respectively (Wold, Martens & Wold,  
 246 1983). PLS-1 and PLS-2 are expressed as simple formulae as follows:

$$247 \quad Y_1 = X B_1 + E_1 = X \hat{W}_a S_a + E_1 = X (P_a^T)^{-1} S_a + E_1 \quad (4) \text{----- PLS-1}$$

$$248 \quad Y_2 = X B_2 + E_2 = X \hat{W}_b \hat{S}_b + E_2 = X (P_b^T)^{-1} (Q_b^T)^{-1} + E_2 \quad (5) \text{----- PLS-2}$$

$$249 \quad \hat{W}_n = W_n (P_n^T W_n)^{-1} \quad (6)$$

$$250 \quad \hat{S}_b = S_b (Q_b^T S_b)^{-1} \quad (7)$$

251 Where respectively, B<sub>1</sub> and B<sub>2</sub> are the regression coefficients of PLS-1 and PLS-2; E<sub>1</sub> and E<sub>2</sub>  
 252 are squares error matrices of PLS-1 and PLS-2;  $\hat{W}_a$  and  $\hat{W}_b$  are the weights from spectral data  
 253 using PLS-1 and PLS-2; a and b are the numbers (n) of latent variables for PLS-1 and PLS-2.

254  $\hat{S}_b$  is the weights from the residuals of multiple chemical compounds using PLS-2.  $P_a$  and  $S_a$   
255 are the loadings of X and  $Y_1$  for PLS-1;  $P_b$  and  $Q_b$  are the loadings of X and  $Y_2$  for PLS-2 ; T  
256 represents transpose of a matrix.

257 In this study, the single response variable (Y) of PLS-1 was the reference value of fat content  
258 in ground beef; the multiple response variables ( $Y_1$  and  $Y_2$ ) of PLS-2 were the reference  
259 values of fat and water content respectively; the independent variable (X) was a matrix of  
260 spectral data of all samples. If the prediction value of fat content was affected by the water  
261 content, then the important statistical parameters (e.g.  $R^2CV$ , RMSECV,  $R^2P$  and RMSEP) of  
262 the PLS-1 model would show significant difference from those of the PLS-2 model. As in the  
263 current study, the PLS-2 model involved the two loading vectors related to the two Y  
264 variables in the sample matrix, the projection of their combined score matrix onto a space  
265 would be different from that of each individual score matrix, except in the case that the two Y  
266 variables were strongly inter-correlated and shared the same loading vector.

267

268

### 269 **3 Results and Discussions**

#### 270 *3.2 Fat and moisture content of ground beef samples*

271 Fig. 2a shows fat and water content values (% w/w; y-axis) of the ground beef samples  
272 (n=69; x-axis) estimated using the SMART Trac Fat Analyser. Sample fat content does not  
273 match exactly the planned value from the experimental design due to the presence of  
274 intramuscular fat and moisture contained in beef fat trimmings; however, fat and water  
275 content values recorded by the Smart Trac instrument do include intramuscular (~ 1-3% w/w)  
276 and added moisture from beef fat trimmings. Measured fat and water contents of each sample  
277 are shown in Fig. 2a; this data approximately follows the experimental design for both  
278 minced pure beef and lean beef mince samples. Fig. 2b shows the strong correlation ( $R^2 \sim$

279 0.97)) between fat and water content in these samples. In this study, fat and water content of  
280 all the tested samples ranged from 0.8 to 30.6% w/w and from 56.2 to 74.2% w/w  
281 respectively. The standard deviation of the measured fat or water content in each sample was  
282 derived from two measurement repetitions. Over the standard deviations of all the samples,  
283 the measurement repeatability (repeatability of standard deviation) for fat content was  
284 estimated to be 0.46% w/w; the estimated repeatability for water content was 0.37% w/w.

285

### 286 *3.3 Dielectric and NIR spectra with PCA analysis*

287 Dielectric spectra of the complex dielectric constant ( $\epsilon$ ) were separately expressed as the  
288 spectra of dielectric constant ( $\epsilon'$ ), loss factor ( $\epsilon''$ ) and loss tangent ( $\epsilon''/\epsilon'$ ) over the 0.6 to 20  
289 GHz frequency range (Fig. 3a, b and c). In this case, dielectric spectra (Fig. 3a, b, c) exhibited  
290 two different patterns; those in Fig. 3a displayed a vertical offset which varied from generally  
291 larger to smaller over the measured range whereas those in Fig. 3b and c displayed a marked  
292 initial decrease in spectral intensity in the range 0.6 to approximately 2.0 GHz followed by an  
293 increase over the rest of the spectral range. The spectra in Fig. 3b and c exhibited the same  
294 behaviour whereas in Fig. 3a, it appears that, while the majority of spectra exhibit a decline in  
295 intensity over the frequency range, some revealed an increase from a minimum at 0.6 GHz to  
296 a broad maximum centred around 11-11.5 GHz. On the whole, these spectra are relatively  
297 feature-less with the most striking feature being the vertical offsets. Among reasons which  
298 may be advanced to explain these phenomena may be the distance of the measurement probe  
299 head to the sample surface as the dielectric system used in this study was sensitive to a couple  
300 of millimeter difference between sample heights (Agilent technologies, 2006) and  
301 interference due to the unavoidable presence of air sacs under the sample surface that caused  
302 energy loss when microwave passed through these empty air sacs.

303 NIR reflectance spectra over the 400-2498nm wavelength range are shown in Fig. 5a.  
304 Generally all the spectra showed absorbance peaks at almost the same wavelength locations.  
305 One peak at 970nm may be attributed to the second overtone of O-H absorbance and  
306 corresponds to water content. Peaks at 1940nm (a combination of O-H stretch and  
307 deformation) and 1450 nm (the first overtone of O-H stretch vibration) have also been  
308 ascribed to water. Other peaks at 1200 nm (the second overtone of –CH stretch), 1728 and  
309 1765 nm (the first overtone of –CH stretch) and 2310-2345 nm (combined –CH stretch and  
310 deformation band) have been related to fat moieties (Osborne & Fearn, 1988).  
311 PCA analysis was used to identify the major sources of variance based in these spectral data  
312 and to highlight any unusual or outlying samples. In Fig. 4a, b, c and Fig. 5b, the first two PC  
313 factors (PCs 1 & 2) explained 98-99% of the spectral variance and only one major cluster was  
314 defined in this 2-dimensional space. The Hotelling T<sup>2</sup> ellipse was used to detect potentially  
315 outlying samples on the basis of sample Mahalanobis distance from the PCA model using a  
316 95% confidence limit. The vast majority of all samples was contained in the ellipse in each  
317 case with only a very small number of samples (i.e. b3, b9 in Fig. 4a; b3 in Fig. 4b; b3, b9,  
318 b10 in Fig. 4c and b2 in Fig. 5a) lying a small distance outside; on this basis, no samples were  
319 excluded from the subsequent PLSR data analysis.

320

### 321 *3.4 Fat content prediction models using dielectric and NIR spectral data*

322 PLSR models with one y-variable (fat content; PLS1) were developed using full cross-  
323 validation on spectral data (dielectric  $\epsilon'$ ,  $\epsilon''$ ,  $\epsilon''/\epsilon'$  and NIR spectra) of the calibration sample  
324 group (n=35) and subsequently validated on the remaining samples (n=34). Tables 1 and 2  
325 show summary statistics of model performance; all the above-mentioned frequency ranges  
326 and data pre-treatment methods were investigated on these datasets but only the models with  
327 good performance are displayed here.

328 Table 1 shows that the most accurate models based on dielectric spectra involved both raw  
329 and normalisation on unit vector pre-treated data, normally involving fewer than 6 PLS  
330 loadings. In general, it may be stated that prediction models developed using  $\epsilon'$  spectral data  
331 showed slightly better performance than those developed using  $\epsilon''$  or  $\epsilon''/\epsilon'$  data. Values of  
332  $R^2CV$  and  $R^2P$  ranged from 0.73 - 0.81 and 0.68-0.87 respectively; RMSEP is in the range of  
333 2.71-4.28 % w/w with bias values of between -0.47 and -0.86 in  $\epsilon'$  spectra based models. The  
334 most accurate dielectric model was developed using normalised  $\epsilon'$  data over the 12.9-20  
335 GHz frequency range with the slope of the line-of-best-fit equal to 0.88,  $R^2CV$  of 0.81,  
336 RMSECV of 3.71,  $R^2P$  of 0.87 and RMSEP of 2.71. (Fig. 6a). In the case of the parameters  
337  $\epsilon''$  and  $\epsilon''/\epsilon'$ , the frequency ranges which produced the most accurate calibrations were 0.6-  
338 20 GHz and 0.6-9.7 GHz respectively using raw spectral data.  $R^2CV$  and  $R^2P$  values of 0.82  
339 and 0.80 respectively together with RMSECV and RMSEP values of 3.37 and 3.61 were  
340 obtained using  $\epsilon''$  measurement; in a similar manner, the most accurate  $\epsilon''/\epsilon'$  model had an  
341  $R^2CV$  of 0.80, RMSECV of 3.81,  $R^2P$  of 0.77 and RMSEP of 3.66. Fig. 6b shows the  
342 regression coefficient intensities of the most accurate model for fat prediction using the  $\epsilon'$   
343 parameter. High intensity values appeared at 13.66, 14.46, 16.04 and 18.81 GHz. At the  
344 present time, the authors are unaware of any studies in which the relationship between  
345 chemical components of a mixture and absorption at specific frequency values has been  
346 clearly described; therefore, the chemical basis for the features in this or any other regression  
347 model developed in this work may not be determined as yet.

348 As the dominant constituent, water in meat may interfere with prediction of fat content over a  
349 certain frequency range. An early study reported that water content of meat had been  
350 correlated with dielectric constant ( $\epsilon'$ ) over the low frequency range (0.2-12 GHz) and  
351 especially at a frequency close to 2 GHz (Kent and Anderson 1996). In the current study, a  
352 PLS prediction model with two y-variables (PLS-2 with fat content and moisture content)

353 was developed over the selected frequency range (0.6-20 GHz) to explore the influence of  
354 water content on fat content prediction. Three PLS loadings were optimal in the developed  
355 model and the relevant regression coefficient plots are shown in Fig. 7a, b and c. Those  
356 modelling fat content (Fig. 7a) displayed a trend of increasing intensity over the frequency  
357 range whereas those for water content showed the inverse behaviour. For the second and third  
358 PLS loadings, regression coefficient intensities for fat content decreased over 0.6-9.7 GHz  
359 and increased over 9.7-20 GHz while those for water content again exhibited inverse  
360 behaviour (Fig. 7b, c). Overall, highest intensity of regression coefficients for fat content  
361 prediction appeared at a higher frequency range while that for moisture content prediction  
362 appeared at a lower frequency range. To investigate the possibility that water and fat  
363 interfered with each other, a PLS-2 regression was performed. The results of both the PLS-1  
364 and PLS-2 analyses are summarised in Table 3 where it can be seen that almost identical  
365 accuracies were achieved by both strategies. Values of  $R^2CV$ ,  $RMSECV$ ,  $R^2V$  and  $RMSEP$   
366 from PLS-1 models are almost as the same as the values from the PLS-2 model; differences  
367 of RMSE values between PLS-1 and PLS-2 were less than 0.06. On the other side, in Fig. 2,  
368 the reference values of fat and water content were strongly correlated to each other with a  
369 correlation coefficient determination ( $R^2$ ) of 0.97. It assumed that the two score matrices of  
370 two Y variables (i.e. fat and water) shared a similar loading vector. Therefore, in the current  
371 study, water content in ground beef was shown not to interfere with the fat content prediction  
372 using dielectric spectroscopy.

373 NIR models were developed and validated using the same calibration and validation sample  
374 sets as the dielectric models; in general, this technique revealed excellent performance in the  
375 prediction of fat content in ground beef. Table 2 reveals the performance of NIR models after  
376 application of the Martens uncertainty test over the full NIR range (780-2500 nm), the range  
377 mainly related to fat content (1400-2500 nm) and the range of water, protein and fat (900-



378 1800nm). These models were developed using raw data and data pre-treated with SNV, MSC  
379 and normalisation and used 2-4 PLS loadings. Overall, models in Table 2 show high values  
380 of slope (0.97-1), R<sup>2</sup>CV (0.97-0.99), R<sup>2</sup>P (0.96-0.99) and low values of both RMSEP (0.67-  
381 1.46) and bias (-0.22 – 0.15). The best performing model was based on raw spectral data  
382 over the 1400-2500nm wavelength range using 4 PLS loadings with both R<sup>2</sup>CV and R<sup>2</sup>P of  
383 0.99, RMSEV of 0.84, RMSEP of 0.71 and a slope value of 1 (Fig. 6c). Regression  
384 coefficients associated with this model are shown in Fig. 6d. Only a small number (n=176) of  
385 wavelengths were retained after application of the Martens uncertainty test. Two important  
386 peak areas of regression coefficient intensity can be seen at 1726 nm and 2310 nm which are  
387 separately related to the first overtone of –CH stretch, the combined –CH stretch and  
388 deformation band of aliphatic chains in fatty acids (Osborne & Fearn, 1988). Other obvious  
389 intensity changes happened over 1554-1660 nm and 2080-2224nm which contain  
390 complementary information concerning N-H combination bands from amides or proteins and  
391 O-H band of water, C-H/C=O stretching combinations of lipids (Workman & Weyer, 2008).

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### 393 *3.5 Sample error discussion*

394 In the current study, as the SMART Trac System (a secondary analysis method) was used to  
395 determine the chemical reference values of fat content. Repeatability errors from the SMART  
396 Trac analyser were calculated to be 0.46% w/w for fat; by definition, this error will transfer  
397 the estimation of RMSEP by microwave or NIR spectroscopy. Additionally, for the dielectric  
398 spectroscopic system, some specific measurement errors related to the predicted difficulties  
399 of preparing a sample with a perfect flat surface that no further than 2.5 µm from the flat  
400 probe face (Agilent technologies, 2006) and also without empty air sacs contained in the  
401 sample. All these errors mitigated against achievement of the minimum prediction error for

402 both spectroscopic techniques; however, the accuracies reported in this paper represent  
403 practically-achievable values.

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#### 406 **4 Conclusions**

407 Prediction models for fat content in ground beef samples prepared in this designed  
408 experiment were derived by multivariate data analysis of microwave and NIR spectra. In the  
409 case of microwave spectroscopy, the best predictive performance used dielectric spectral data  
410 ( $\epsilon'$ ) was over a 12.9-20 GHz range; with an  $R^2$  value of 0.87 and RMSEP equal to 2.71%  
411 w/w. The authors suggest that time-domain reflectometry microwave spectroscopy has  
412 potential for quality control of ground beef products at a screening level. In the case of NIR  
413 spectroscopy on the same ground beef samples, the best predictive model produced an  $R^2$   
414 value of 0.99 and RMSEP equal to 0.71 % w/w using spectral data collected over the 1400 to  
415 2500 nm range and after application of the Martens uncertainty test. Multivariate data  
416 analysis has rarely been used in previous studies of microwave spectroscopy; in this study,  
417 dielectric spectral information over different frequency ranges has been explored for fat  
418 content prediction in ground beef using PLS-1 and PLS-2 modelling. It has been found that  
419 water content in ground beef samples is highly inter-correlated with fat content but does not  
420 appear to interfere with fat content prediction, at least when the entire frequency range  
421 available was used (0.6-20GHz). Because homogenised ground beef samples were used in  
422 this work, the penetration depth advantage of microwave spectroscopy over NIR spectroscopy  
423 was not apparent here. A further study will investigate this advantage at an industrial  
424 processing level using unhomogenised ground beef for quality control purposes.

425

426

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Table 1. Summary of performances of PLS-1 regression models developed for fat content prediction in ground beef (most accurate models in bold) using dielectric spectral data ( $\epsilon'$ ,  $\epsilon''$  and  $\epsilon''/\epsilon'$ ).

Frequency	Data type	Cal.set (n=35)				Val.set (n=34)		
		no. PLS loadings	Slope	R <sup>2</sup> CV	RMSECV	R <sup>2</sup> P	RMSEP	Bias
$\epsilon'$ (dielectric constant)								
0.6-20GHz	raw	3	0.79	0.73	4.49	0.83	3.11	-0.71
	nor.u.v.	2	0.8	0.77	4.12	0.77	3.64	-0.74
0.6-9.7GHz	raw	2	0.77	0.76	4.2	0.85	2.94	-0.56
	nor.u.v.	3	0.83	0.75	4.32	0.68	4.28	-0.86
<b>12.9-20GHz</b>	raw	2	0.79	0.77	4.1	0.79	3.52	-0.47
	<b>nor.u.v.</b>	<b>6</b>	<b>0.88</b>	<b>0.81</b>	<b>3.71</b>	<b>0.87</b>	<b>2.71</b>	<b>-0.58</b>
$\epsilon''$ (loss factor)								
<b>0.6-20GHz</b>	<b>raw</b>	<b>2</b>	<b>0.83</b>	<b>0.82</b>	<b>3.61</b>	<b>0.8</b>	<b>3.37</b>	<b>-0.37</b>
	nor.u.v.	5	0.86	0.8	3.84	0.61	4.78	-1.71
0.6-9.7GHz	raw	3	0.83	0.82	3.64	0.77	3.68	-0.34
	nor.u.v.	6	0.84	0.78	4.03	0.59	4.99	-0.07
12.9-20GHz	raw	2	0.82	0.81	3.73	0.8	3.43	-0.43
	nor.u.v.	3	0.72	0.62	5.31	0.49	5.41	-0.99
$\epsilon''/\epsilon'$ (loss tangent)								
0.6-20GHz	raw	4	0.84	0.82	3.64	0.72	4.05	-0.75
	nor.u.v.	2	0.71	0.71	4.63	0.5	5.4	-1.12
<b>0.6-9.7GHz</b>	<b>raw</b>	<b>4</b>	<b>0.81</b>	<b>0.8</b>	<b>3.81</b>	<b>0.77</b>	<b>3.66</b>	<b>-1.27</b>
	nor.u.v.	3	0.72	0.67	4.93	0.44	5.67	-1.59
12.9-20GHz	raw	2	0.76	0.75	4.28	0.61	4.75	-0.95
	nor.u.v.	3	0.73	0.69	4.79	0.45	5.65	-1.36

PLS-1, partial least squares regression models developed using one Y variable; R<sup>2</sup>CV, correlation coefficient of determination in cross-validation; RMSECV, root mean square error of cross-validation; R<sup>2</sup>P, coefficient determination of prediction; RMSEP, root mean square error prediction; nor.u.v., normalisation on unit vectors; Cal.set, calibration set; Val.set, validation set.

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Table 2. Summary of performances of PLS-1 models developed for fat content prediction in ground beef ( most accurate model in bold) using NIR spectra.

NIR (with Martens uncertainty test)	Cal.set n=35					Val.set n=34		
	Wavelength range	Data type	no. PLS loadings	Slope	R <sup>2</sup> CV	RMSECV	R <sup>2</sup> P	RMSEP
780-2500nm	raw	3	0.97	0.98	1.21	0.98	1.12	-0.22
	nor.u.v.	4	0.99	0.99	1.04	0.98	1.17	0.02
	SNV	3	1	0.98	1.29	0.99	0.9	-0.15
	MSC	3	1	0.98	1.23	0.98	0.98	0.01
<b>1400-2500nm</b>	<b>raw</b>	<b>4</b>	<b>1</b>	<b>0.99</b>	<b>0.84</b>	<b>0.99</b>	<b>0.71</b>	<b>0.04</b>
	nor.u.v.	3	0.99	0.98	1.23	0.99	0.67	0.01
	SNV	3	0.99	0.98	1.2	0.99	0.78	-0.01
	MSC	3	0.99	0.98	1.2	0.99	0.79	-0.03
900-1800nm	raw	4	0.99	0.98	1.11	0.97	1.24	0.15
	nor.u.v.	4	0.99	0.98	1.09	0.98	1.01	0.15
	SNV	3	0.98	0.97	1.37	0.97	1.22	-0.14
	MSC	2	0.97	0.97	1.45	0.96	1.46	-0.19

PLS-1, partial least squares regression models developed using one Y variable; NIR, near-infrared; R<sup>2</sup>CV, correlation coefficient of determination in cross-validation; RMSECV, root mean square error of cross-validation; R<sup>2</sup>P, coefficient determination of prediction; RMSEP, root mean square error prediction; MSC, multiplicative scatter correction; SNV, standard normal variate; nor.u.v., normalisation on unit vectors; Cal.set, calibration set; Val.set, validation set.



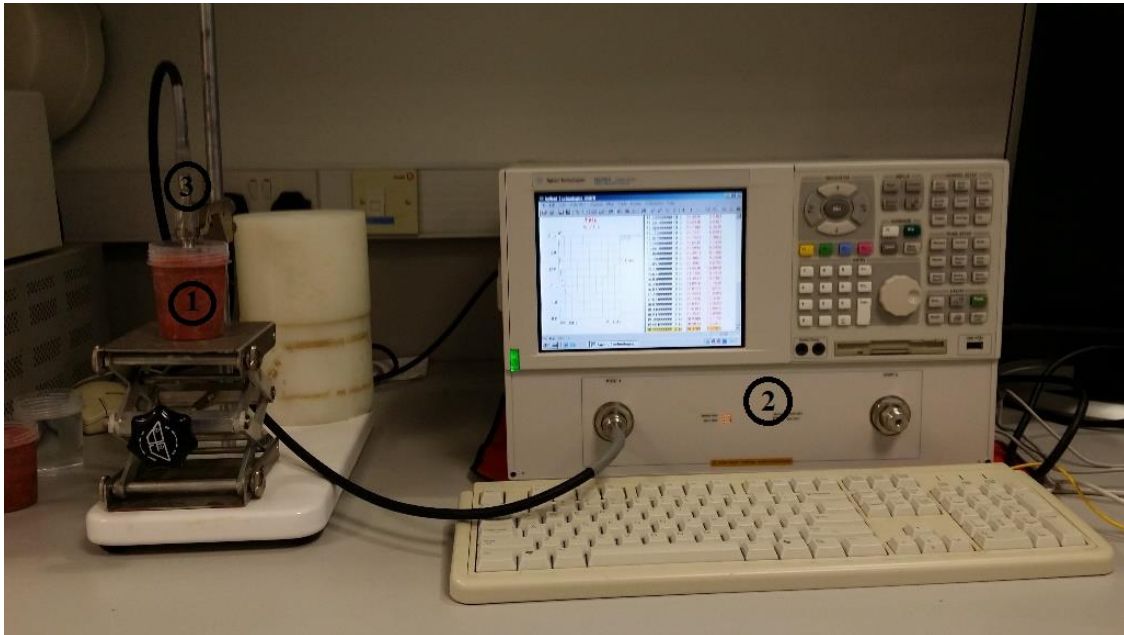
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Table 3. A comparison of PLS-1 and PLS-2 models over 0.6-20 GHz dielectric frequency range for both fat and water content predictions.

PLS-1	PLS loadings	Cal. set n=35				Val. Set n=34		
		Slope	R <sup>2</sup> CV	RMSECV	Bias	R <sup>2</sup> P	RMSEP	Bias
Fat	3	0.79	0.73	4.49	-0.1	0.83	3.11	-0.71
Water	3	0.8	0.74	2.79	0.12	0.78	2.24	0.2
PLS-2								
Fat	3	0.79	0.73	4.47	-0.09	0.83	3.17	-0.5
Water	3	0.8	0.74	2.82	0.12	0.78	2.23	0.21

PLS-1, partial least squares regression models developed using one Y variable; PLS-2, partial least squares regression models developed using two Y variables; NIR, near-infrared; R<sup>2</sup>CV, correlation coefficient of determination in cross-validation; RMSECV, root mean square error of cross-validation; R<sup>2</sup>P, coefficient determination of prediction; RMSEP, root mean square error prediction; Cal.set, calibration set; Val.set, validation set.

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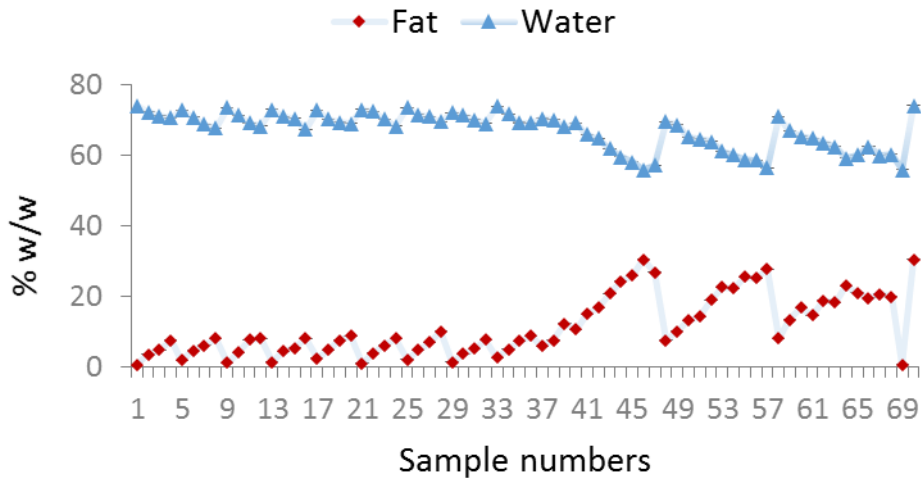


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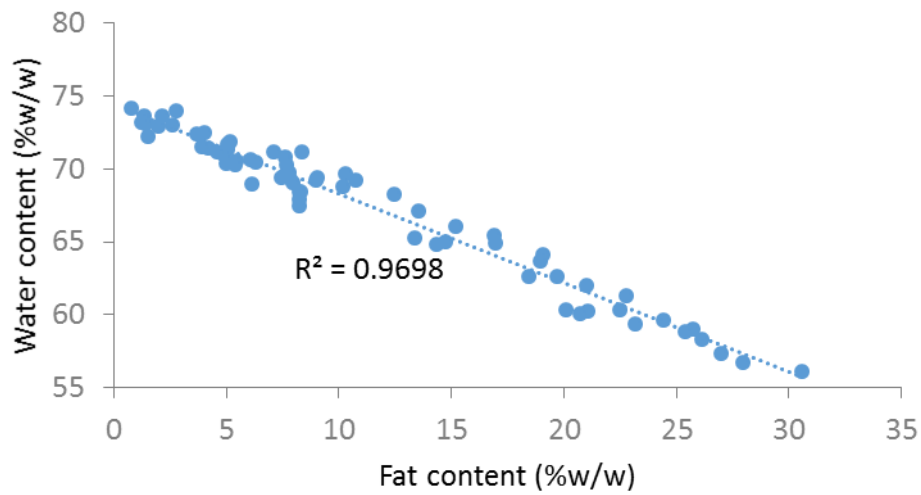
Fig. 1. Measurement of dielectric properties of ground beef samples-① (Agilent 85070E High Temperature coaxial probe kit-③ connected to an Agilent impedance analyser E4991A-② (Agilent technologies, Santa Clara, US)

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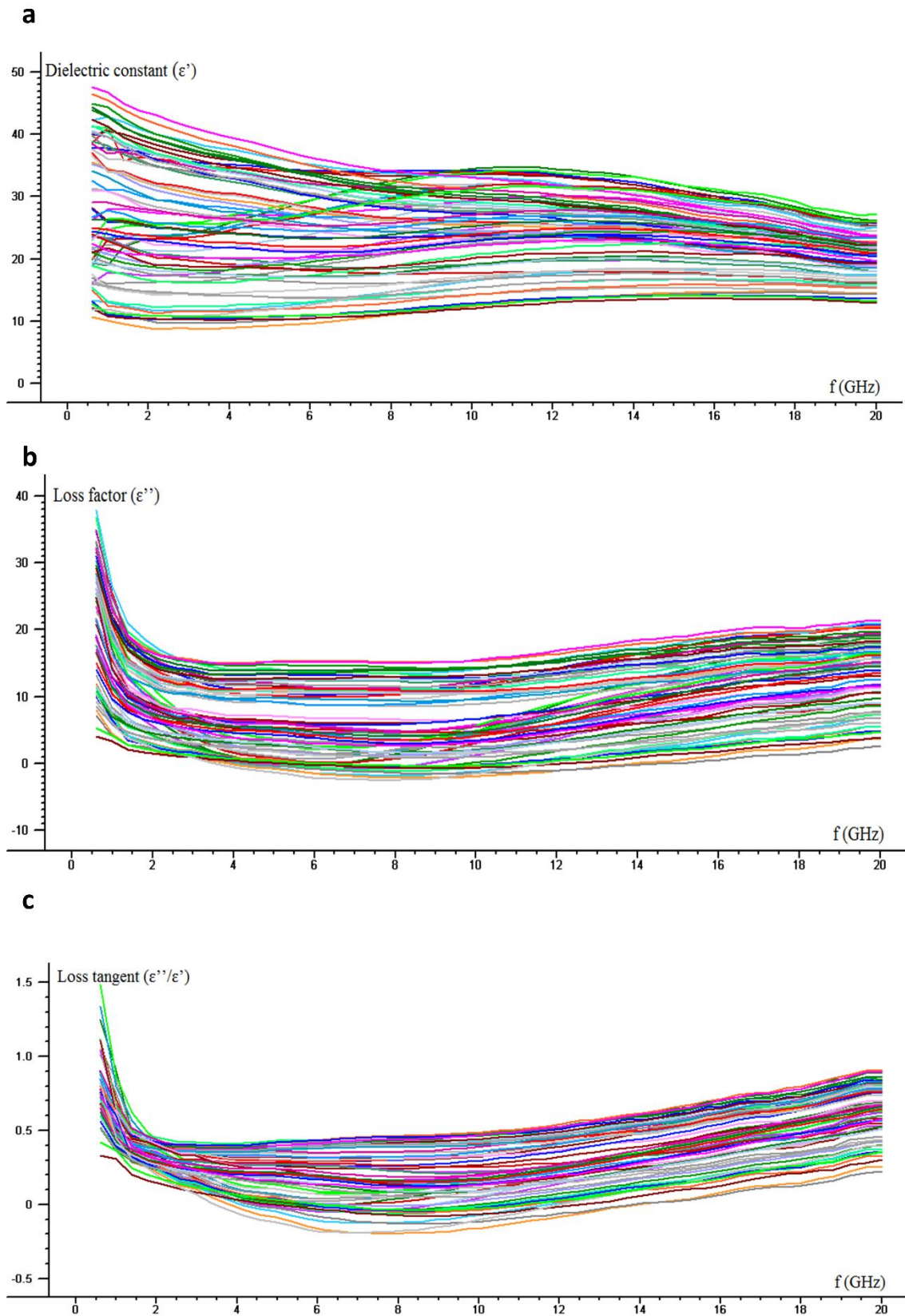


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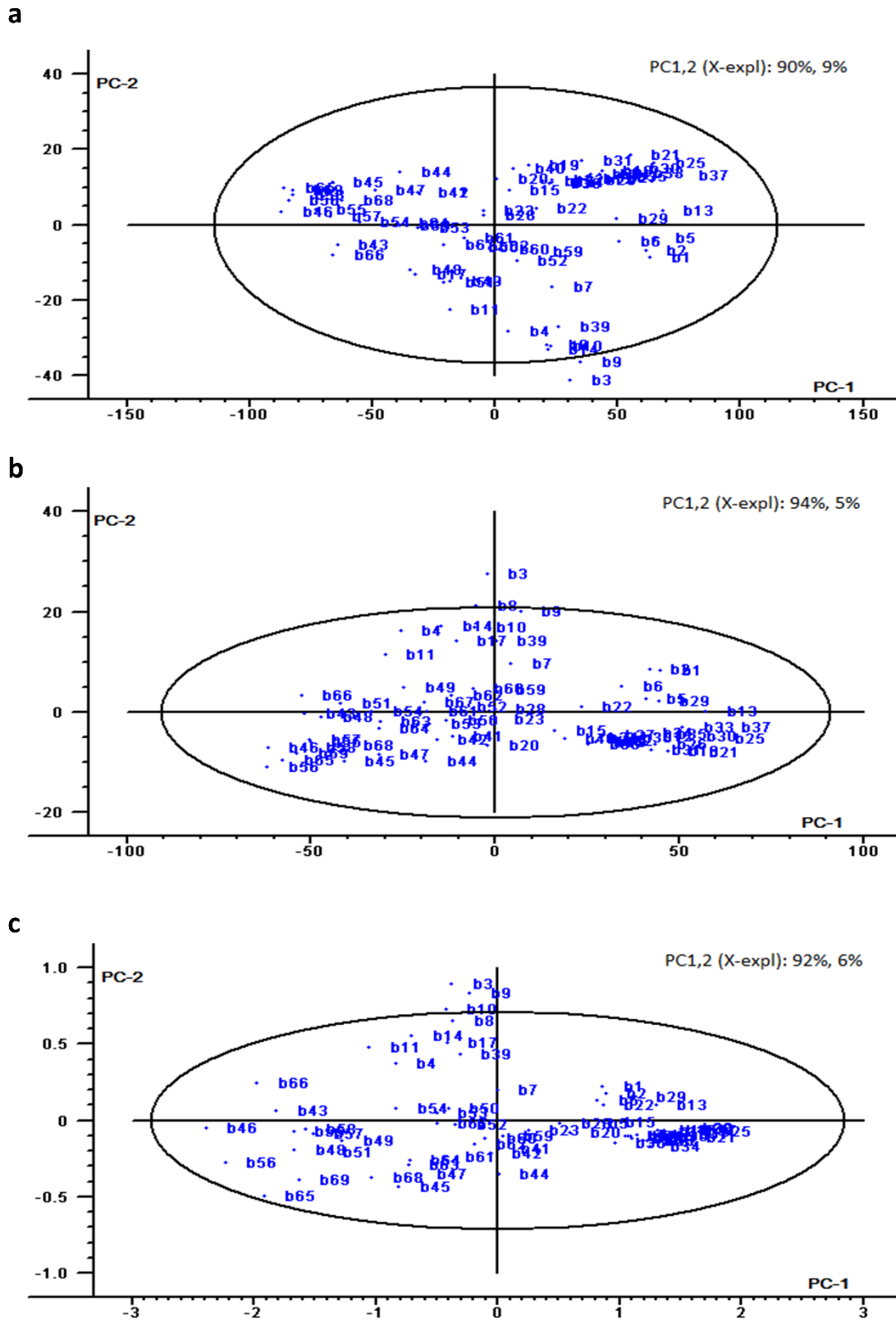
Fig. 2a. fat and water contents (%w/w) of ground beef samples (n=69); b. simple linear regression of fat content (%w/w) against water content (%w/w)



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621 Fig. 3. Dielectric spectra of **a.** dielectric constant ( $\epsilon'$ ), **b.** loss factor ( $\epsilon''$ ) and **c.** loss tangent

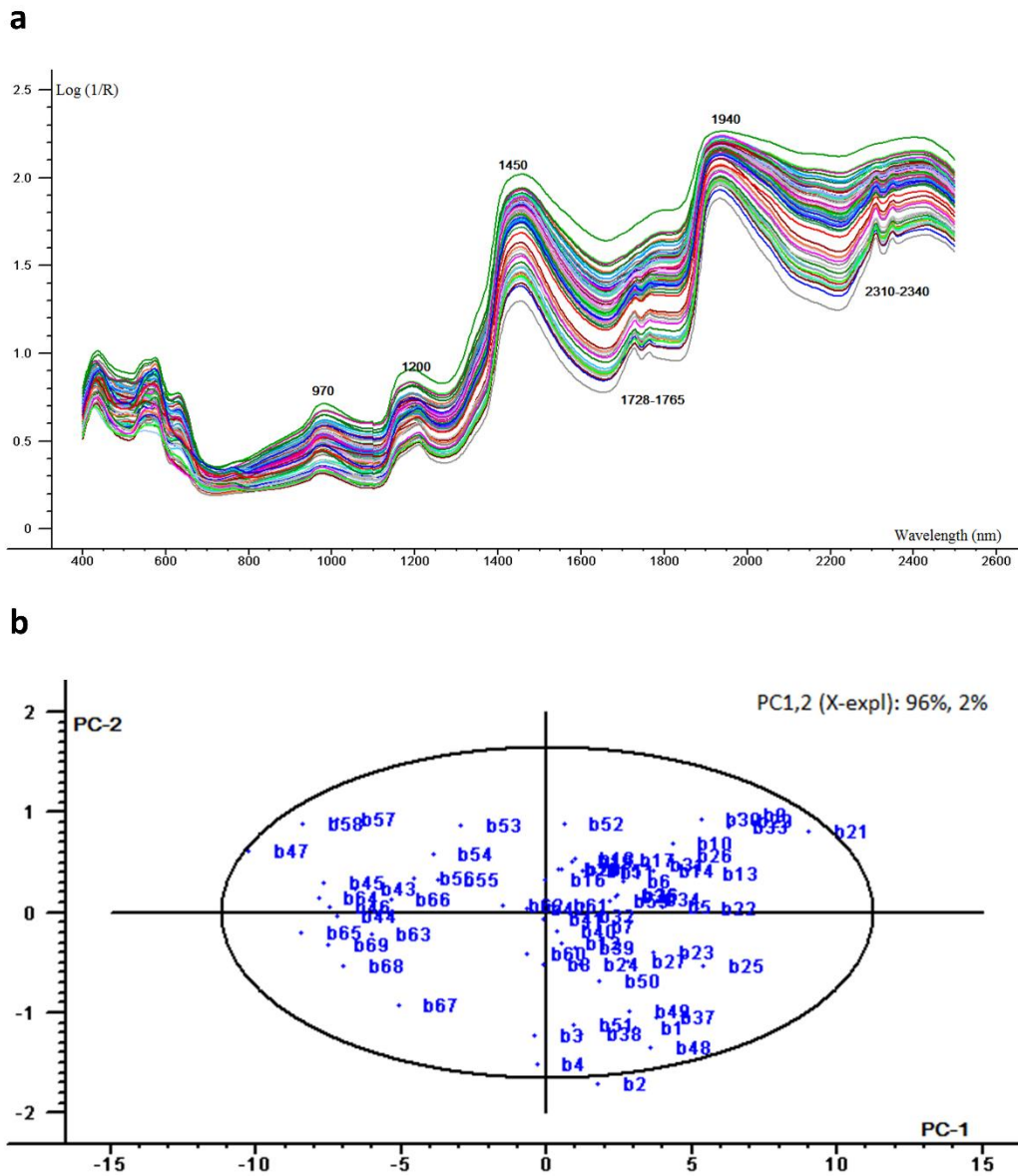
622 ( $\epsilon''/\epsilon'$ ) over 0.6-20 GHz frequency range.



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625 Fig. 4. PCA score plots of all ground beef samples (n=69) based on spectral data of **a.**

626 dielectric constant ( $\epsilon'$ ), **b.** loss factor ( $\epsilon''$ ) and **c.** loss tangent ( $\epsilon''/\epsilon'$ ).



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629 Fig. 5a. NIR reflectance (log (1/R)) spectra (400-2498nm) of ground beef samples (n=69); **b.**

630 PCA score plots of all ground beef samples (n=69) based on NIR spectral data (400-2498nm).

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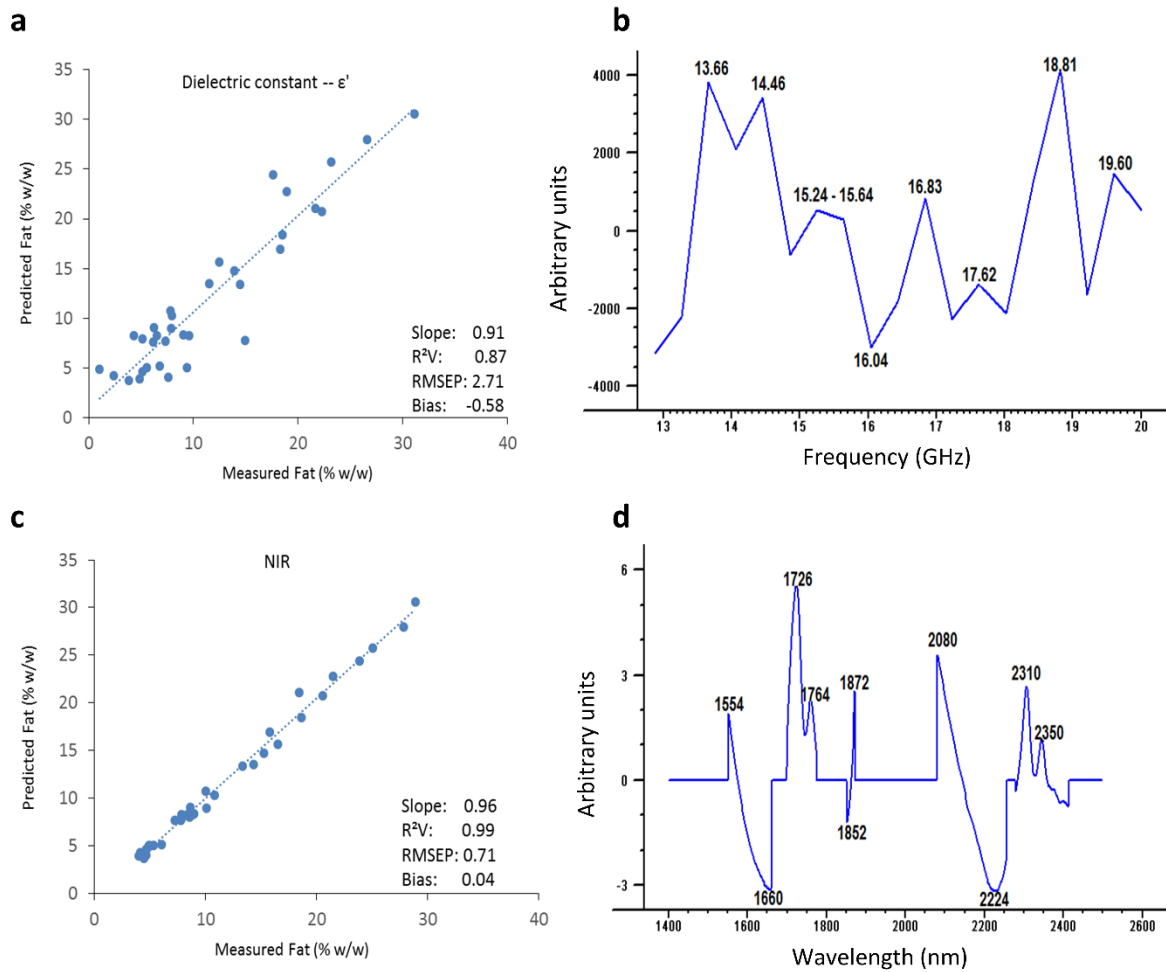
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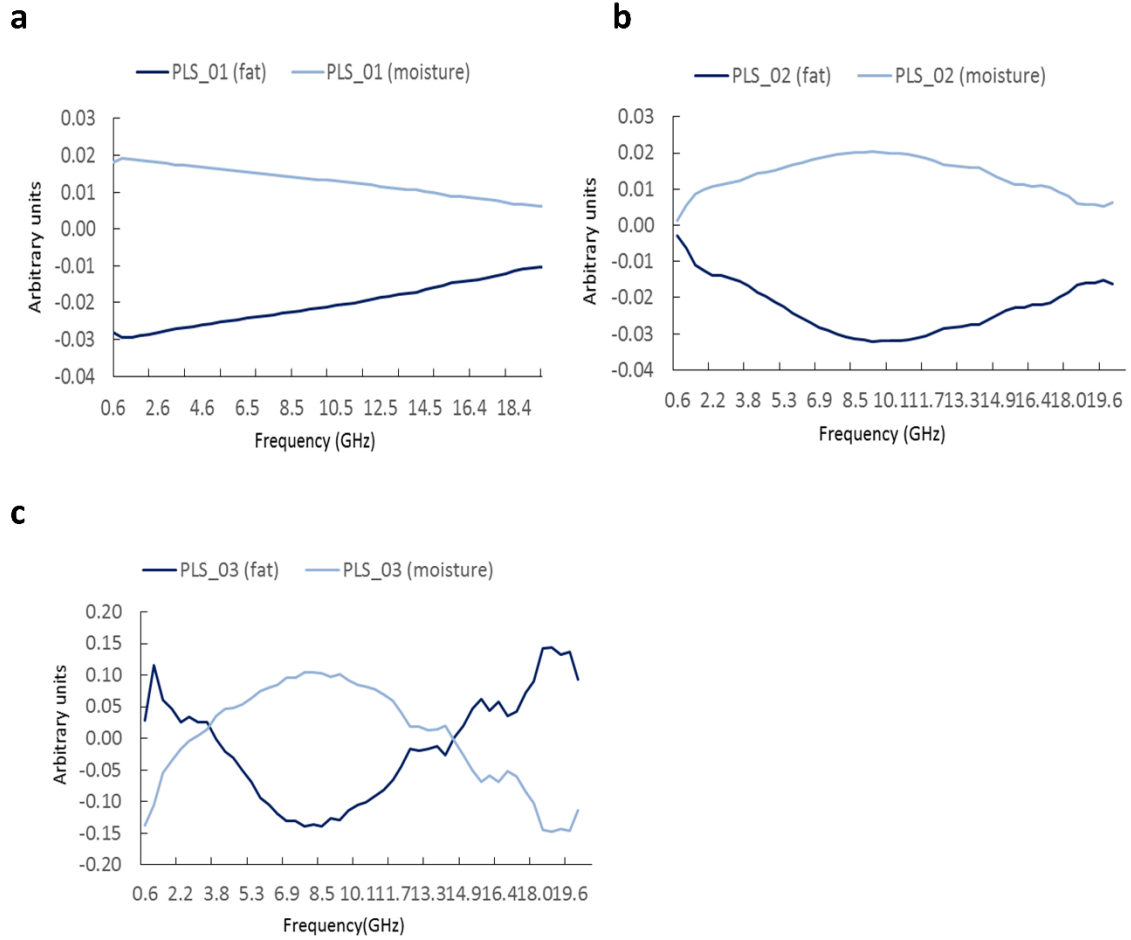
638 Fig. 6. Linear regression plots of fat content (% w/w) reference values versus predicted  
639 values of the most accurate model of **a.** dielectric constant-- $\epsilon'$  & **c.** NIR. Regression  
640 coefficient plots of **b.** dielectric frequency range (12.9-20 GHz) vs. intensity (arbitrary units)  
641 for the most accurate model developed using dielectric spectral data ( $\epsilon'$ ); **d.**wavelength  
642 range (1400-2500 nm) vs. intensity (arbitrary units) for the most accurate model developed  
643 using NIR spectral data after application of the Martens uncertainty test.

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649 Fig. 7. Regression coefficient plots of the first three PLS vectors [a. PLS\_01, b. PLS\_02, c.

650 PLS\_03] in the PLS-2 modelling for both fat and water content predictions.

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