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2016

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Publication Details

K. Bhowmik, G. Peng, Y. Luo, E. Ambikairajah, V. Lovric, W. R. Walsh & G. Rajan, "High intrinsic sensitivity etched polymer fiber Bragg grating pair for simultaneous strain and temperature measurements," IEEE Sensors Journal, vol. 16, (8) pp. 2453-2459, 2016.

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Abstract

A sensing configuration for simultaneous measurement of strain and temperature with enhanced intrinsic sensitivity based on a fiber Bragg grating (FBG) pair with one grating inscribed in the etched and the other in unetched polymer fiber region is demonstrated. A poly (methyl methacrylate) based single-mode polymer fiber is etched to different diameters, and it is observed that etching can lead to change in the material properties of the fiber, such as Young's modulus and thermal expansion coefficient, which can play a vital role in improving its intrinsic sensing capabilities. Thus, exploiting the different strain and temperature sensitivities exhibited by etched and unetched polymer FBGs, strain and temperature can be simultaneously measured with very high sensitivity. Experimental results show that rms deviations of $\pm 8.42 \ \mu \in$ and $\pm 0.39 \ C$ for strain and temperature, respectively, in a real simultaneous measurement. The effect of individual thermal and strain sensitivity coefficients on measurement accuracy is also analyzed.

Keywords

grating, bragg, fiber, polymer, measurements, etched, temperature, sensitivity, intrinsic, high, strain, simultaneous, pair

Disciplines

Engineering | Science and Technology Studies

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High Intrinsic Sensitivity Etched Polymer Fibre Bragg Grating Pair for Simultaneous Strain and Temperature Measurements

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Abstract-A sensing configuration for simultaneous measurement of strain and temperature with enhanced intrinsic sensitivity based on a fibre Bragg grating pair (FBG) with one grating inscribed in the etched and the other in un-etched polymer fibre region is demonstrated. A PMMA based singlemode polymer fibre is etched to different diameters and it is observed that etching can lead to change in the material properties of the fibre such as Young's modulus and thermal expansion coefficient, which can play a vital role in improving its intrinsic sensing capabilities. Thus, exploiting the different strain and temperature sensitivities exhibited by etched and un-etched polymer FBGs, strain and temperature can be simultaneously measured with very high sensitivity. Experimental results show that rms deviations of \pm 8.42 $\mu\epsilon$ and \pm 0.39 $^{0}\mathrm{C}$ for strain and temperature respectively in a real simultaneous measurement. The effect of individual thermal and strain sensitivity coefficients on measurement accuracy is also analysed.

Index Terms—Polymer optical fibre (POF), fibre Bragg grating (FBG), etching, strain, temperature.

I. INTRODUCTION

F IBRE Bragg grating (FBG) has been emerged as a promising sensing element owing to its potential for the measurement of several important physical parameters such as strain, temperature and pressure. Sensors based on polymer optical fibres (POFs) are many times more sensitive than silica fibre gratings because of their unique properties such as low Young's modulus, large strain measurement range, high temperature sensitivity and biocompatibility [1]. Since the first demonstration of a polymer optical fibre Bragg grating (POFBG) in 1999 [2], it has been used in different application areas [3], [4]. More recently the interest in POFs has increased and different applications of POFBG sensors such as for strain, temperature, humidity and pressure measurements have been reported [5], [6]. But for this measurements, one of technical issue that needs to be addressed is the inability

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G. Rajan is with the School of Electrical, Computer Telecommunications Engineering, University of Wollongong, Australia and also with the School of Electrical Engineering and Telecommunications, UNSW, Australia (e-mail: ginu@uow.edu.au). of a FBG sensor to eliminate its cross sensitivity effect. When FBGs are applied to the measurement of strain then their cross-sensitivity to temperature is an issue that needs to be addressed. One approach for solving this is to design sensing heads that are insensitive to temperature. Another is to develop schemes with sufficient degrees of freedom to permit simultaneous differentiation of these two parameters. Many researchers have worked on this problem and proposed a number of configurations.

The first sensing head reported for strain and temperature measurements was proposed and demonstrated by Xu et al [7] where two superimposed FBGs at two different Bragg wavelengths are used and the result shows ± 5 ⁰C and $\pm 10 \ \mu \epsilon$ error for temperature and strain respectively. This concept of sensitivity differentiation has been widely explored afterwards and used in different configurations for simultaneous measurements of strain and temperature. James et al [8] proposed splicing two fibres of different diameters where the gratings showed similar temperature sensitivities but different strain responses. Liu et al [9] reported that, a combination of a POFBG and silica FBG was suitable for simultaneous measurements and provided large discrimination against temperature and strain. A number of similar techniques for simultaneously measuring temperature and strain has been proposed, including the use of two types of FBGs such as type IA/IIA [10] and type I/IIA [11], a FBG written on germanosilicate and boron-codoped germanosilicate fibres [12], the combination of a FBG and a long period grating [13], the combination of a FBG and an EDFA [14], two FBGs with different cladding diameters [15], a Mach-Zehnder discriminator and spliced different diameter fibre gratings [16], a highspatial resolution simultaneous measurement in time domain using a Panda fibre [17] and two FBGs embedded in a glass tube [18]. Although these methods may distinguish the crosssensitivity effect between strain and temperature, but most of them rely on using two different types of fibres and FBGs or any extrinsic special technique. As the use of more than one fibre element increases the system cost and complicates fabrication of the sensor head, it is highly desirable to utilise a single fibre without any extrinsic technique to achieve discrimination between strain and temperature. So any technique utilizing the same fibre without using any extrinsic techniques would be valued higher and also cost effective for simultaneous measurements. Moreover, for certain applications such as in biomedical/biomechanical sensors, higher sensitivity is

TABLE I MEASURED YOUNG'S MODULUS OF THE POLYMER FIBRE

Sample-1		Sample-2	
Fibre Diameter (µm)	Young's Modulus (GPa)	Fibre Diameter (µm)	Young's Modulus (GPa)
180 (un-etched)	2.56	450 (un-etched)	1.04
100 (etched)	2.07	324 (un-etched)	1.05
70 (etched)	1.71	340 (etched)	0.36



Fig. 1. Schematic diagram of fabricated grating pair for simultaneous measurement (inset: Microscopic images of the POF before and after etching)

required, so it's most important to ensure the high sensitivity at the same time. Therefore, any technique for simultaneously measuring temperature and strain and intrinsically improving sensitivity will be more highly valued than other existing techniques.

In this paper, we proposed a technique where a combination of a pair of etched and un-etched polymer FBG functions as a sensor system that simultaneously measures strain and temperature. In addition, utilising the material property changes exhibited in the polymer fibre due to etching, both temperature and strain sensitivity can be intrinsically enhanced.

II. SENSOR DESIGN AND PRINCIPLE

The photosensitive polymer fibre used in this experiment was an in-house produced step-index single-mode fibre, one of the highest photosensitive fibre reported so far [19]. The single-mode POF sample used had an outer diameter of ~185 μ m and a core diameter of 12 μ m and the fibres were single-mode at the wavelength of operation (1520–1570 nm). The difference in the refractive index between core and cladding was 0.0086.

A. Etching

To reduce the cladding thickness, the POF was etched using the solvent etching technique as described in ref [20]. A laboratory grade acetone with 99.5 % concentration was mixed with methanol by 1:1 ratio and then one end of the fibre is inserted into the mixture solution and then removed and cleaned. The etching time depends on the required cladding thickness and in our experiment, to obtain the lowest diameter of 105 μ m, the fibre was immersed in the solution for approximately 6 minutes and the etching rate was around 14 μ m/minute. A microscopic image of the fibres before (185 μ m) and after etching (105 μ m) are shown in inset of Fig. 1.

To investigate the effect of etching on the material properties of these polymer fibre, Young's modulus and absorption spectrum of the etched polymer fibres are experimentally obtained [21], [22]. The estimated Young's modulus from the stress-strain data obtained from the experiment for fibres with different diameters is shown in Table I. From the table it is clear that Young's modulus of the polymer fibre has significantly reduced with reductions in the fibre diameter through etching. To further verify this result we have used a different sample (sample-2) of PMMA fibres which have different dopant concentrations and proceed with the same experiment for that fibres. Two different diameters of unetched fibre, 450 μ m and 324 μ m are tested which resulted the same Young's modulus of 1.05 GPa. But when we etched down the 450 μ m fibre to 340 μ m, Young's modulus is reduced to 0.36 GPa. From the table it is clear that Young's modulus of the polymer fibre has significantly reduced with reduction in the fibre diameter through etching.

To further prove the concept, we have used a mathematical equation where the net Young's modulus of the POF is the combination of core and cladding Young's modulus which can be expressed as:

$$E_{com} = \frac{E_{co}A_{co} + E_{cl}A_{cl}}{A_{co} + A_{cl}} \tag{1}$$

where E_{co} and E_{cl} are the Young's modulus of core and cladding and A_{co} and A_{cl} are the surface area of core and cladding. We have estimated the possible change in Young's modulus due to a change in cladding diameter which is shown in Fig. 2. In this case, we used core diameter is 10 μ m and cladding diameter varies from 50 μ m to 250 μ m and also assuming a maximum difference in Young's modulus of 20 % between the core and cladding. From the figure, it is clear that due to smaller size of the core, the impact of cladding diameter change and the small difference in the Young's modulus between core and cladding does not have any significant impact in the net Young's modulus of the POF. The estimated difference in the worst case scenario (20 % difference between core and cladding Young's modulus) between the 55 μ m and 245 μ m cladding diameter is 0.0018, which is negligible. This confirms that the observed change in



Fig. 2. Change in Young's modulus due to cladding diameter variation



Fig. 3. Reflection spectrum of fabricated FBG pair (185 and 105 μ m)

Young's modulus of the POF with different diameter is mainly due to solvent etching. The observed reduction in Young's modulus is due to two reasons; the irreversible relaxation of the polymer chain of the material due to the solvent absorption and also due to the stress relaxation of fiber due to cladding diameter reduction. When the fiber is immersed in the etching solution, the internal stress distribution of the fiber varies with fiber diameter reduction [23] which changes the fiber material properties. So the combined effect of polymer chain relaxation and fiber stress relaxation can soften the fiber material that reduces the Young's modulus.

The modified material properties of an etched polymer fibre can enhance its intrinsic sensing capabilities (strain, temperature and pressure) which is reported in ref [21]. The observed intrinsic changes in strain and temperature sensitivity of etched and un-etched POFBGs lead to the possibility of developing a sensing configuration for simultaneous strain and temperature measurements.

B. Sensor Structure

To develop a sensor that can measure temperature and strain simultaneously with high sensitivity, a configuration of a POFBG sensor shown in Fig. 1 is used, where an FBG pair with one grating in the etched and another in the un-etched sections. As we already know that etched fibre has different Young's modulus than un-etched fibre, so FBG written on etched fibre will have different responses to temperature and strain than FBG on un-etched fibre. Then strain and temperature change can be measured by utilizing the well-known characterization matrix as shown below:

$$\begin{bmatrix} \Delta \epsilon \\ \Delta T \end{bmatrix} = \frac{1}{K_{1\epsilon}K_{2T} - K_{2\epsilon}K_{1T}} \begin{bmatrix} K_{2T} & -K_{1T} \\ -K_{2\epsilon} & K_{1\epsilon} \end{bmatrix} \begin{bmatrix} \Delta \lambda_1 \\ \Delta \lambda_2 \end{bmatrix}$$
(2)

where $\Delta \lambda_1$ and $\Delta \lambda_2$ are the net wavelength shift and $K_{1\varepsilon}, K_{1T}$ and $K_{2\varepsilon}, K_{2T}$ are the strain and temperature sensitivities of the un-etched and etched POFBG respectively. Thus, by exploiting their different strain and temperature sensitivities and using this simple configuration, the strain and temperature can be simultaneously measured with very high sensitivity.

III. POLYMER FBG PAIR

The Bragg gratings were fabricated by standard phase-mask technique using a 50 mW Kimmon IK series He-Cd laser emitting light at 325 nm [6], [24]. The phase mask was 10 mm long and suitable for a 320 nm wavelength and can produce 1 cm long gratings with a peak wavelength of circa 1530 nm in the single-mode polymer fibre used in this experiment. To observe the Bragg grating reflection or transmission spectrum, a high power broadband source is used which operates in a wavelength range of 1520-1590 nm with a peak power of circa 1530 nm. In the course of the grating inscription, the reflection spectra of the grating were monitored by an optical spectrum analyser (Agilent OSA 86140B) and the resolution bandwidth is 0.2 nm.

To fabricate the second grating into the same fibre, a method is followed described by Rajan et al [25]. In this technique, a grating is inscribed at a zero strain condition and then an elongation of 0.2 % is applied to the fibre using a translation stage and the position of the UV exposed region is changed by moving the fibre using a motorized translation stage. In a strained condition, the grating period of the fibre after releasing the strain will change by a factor of $\frac{\Lambda \cdot E_l}{100}$, where E_l is the percentage of elongation applied to the fibre. As a result, the grating period is changed and the FBG exhibits a different peak wavelength. So for an FBG inscribed in an elongated condition, the peak reflected wavelength can be expressed as;

$$\lambda_B = 2n_{eff}\Lambda(1 - \frac{E_l}{100}) \tag{3}$$

A reflection spectrum of a polymer FBG pair is shown in Fig. 3 where an FBG pair with one grating is in the etched section and another in the un-etched section (3 cm apart) and both having distinct peak reflected wavelengths. To use the fabricated POFBGs for simultaneous measurement, POFBG pigtails are fabricated by gluing the POF to a silica fibre pigtail using a UV curable glue and the glued section is protected



Fig. 4. (a) Strain response of grating pair (b) Temperature response of grating pair



Fig. 5. (a) Sensor output for applied temperature at constant strain (b) Sensor output for applied strain at constant temperature

using plastic capillary tube. Upon curing this forms a stable POFBG pigtail.

IV. EXPERIMENTAL RESULTS

A. Strain and Temperature Response of Etched and Un-etched POFBG

The individual strain and temperature responses of POFBGs fabricated in etched and un-etched fibres are measured. To measure the strain, a standard procedure is followed where a known elongation is applied to the fibre using a translation stage setup. The strain sensitivities of two different diameter polymer FBGs are measured and are shown in Fig. 4(a). Here a positive Bragg wavelength shift is observed for an increase in strain because the dominant effect is the refractive index change than the grating period change. From the figure it can be seen that the Bragg grating inscribed on un-etched fibre exhibits a strain sensitivity of 1.24 pm/ $\mu\epsilon$, while a Bragg grating inscribed on etched fibre with diameter of 105 μ m shows an enhanced sensitivity of 1.65 pm/ $\mu\epsilon$. This is due to the lower Young's modulus at etched section than un-etched section of the fibre.

To measure the temperature sensitivities of polymer FBGs, a Peltier cooler based system controlled by a temperature controller is used, which has an accuracy of ± 0.1 ⁰C, and the temperature of gratings are varied from 25 °C to 55 °C at 5 ⁰C intervals. Due to negative thermo-optic coefficient of the polymer fibre, a negative Bragg wavelength shift is observed for an increase in temperature. The calculated temperature sensitivities from the temperature induced wavelength shifts are shown in Fig. 4(b). The un-etched 185 μ m polymer FBG exhibits a temperature sensitivity of $-92 \text{ pm}/^{\circ}\text{C}$, while a 105 μ m etched polymer FBG exhibits a temperature sensitivity of $-133 \text{ pm}/^{0}\text{C}$. This difference is expected as a material's Young's modulus is inversely proportional to its thermal expansion coefficient. This means that a decrease in the Young's modulus of the etched fiber increases their thermal expansion coefficient, that have a considerable influence on the thermal sensitivity of a sensors based on etched polymer fibres.

The observed temperature and strain sensitivities for unetched and etched diameter fibre are summarized in Table II where it is clear that etched fibre exhibits higher intrinsic sensitivity than un-etched fibres.

 TABLE II

 MEASURED SENSITIVITY PARAMETERS OF THE BRAGG GRATINGS

Fiber Diameter (µm)	Temperature Sensitivity (pm/ ⁰ C)	Strain Sensitivity (pm/ $\mu\epsilon$)
185 (un-etched)	-92	1.24
105 (etched)	-133	1.65



Fig. 6. Sensor responses for different temperatures and strains

B. Simultaneous Measurement

Since both polymer FBGs exhibited different sensitivities toward the measurands, it is possible to use this sensing head for simultaneous measurements of strain and temperature variations. Due to different diameter section of the sensor it is obvious that both POFBG will have different strain effects. So we consider the average strain applied to the whole fibre and using the measured individual sensitivity coefficients, Eq. 2 can be rewritten as:

$$\begin{bmatrix} \Delta \epsilon \\ \Delta T \end{bmatrix} = \begin{bmatrix} 10.1346 & -7.0104 \\ 0.1257 & -0.0945 \end{bmatrix} \begin{bmatrix} \Delta \lambda_1 \\ \Delta \lambda_2 \end{bmatrix}$$
(4)

To evaluate the performance of this scheme, the sensor head underwent strain variations upto 1500 $\mu\epsilon$ at 300 $\mu\epsilon$ step interval at a constant temperature ($T = 40^{\circ}C$) and vice versa, i.e. temperature variations in a range 0-40 °C at 10 °C intervals for a specific applied strain ($\epsilon = 500 \ \mu\epsilon$). Inserting the values of the wavelength shifts exhibited by the 185 μ m and 105 μ m POFBGs and also the individual strain and temperature sensitivities into Eq. 2, strain and temperature changes are calculated. Fig. 5(a) shows the sensor output for temperature changes 0-40 °C at a constant strain of 500 $\mu\epsilon$ and Fig. 5(b) shows the sensor result for strain changes $0-1500 \ \mu\epsilon$ at constant temperature change of 40 ⁰C. In Fig. 5(a) when strain is constant, then it makes \pm 0.50 0 C and \pm 35.05 $\mu\epsilon$ errors for temperature and strain respectively. Similarly when the temperature is constant at Fig. 5(b), then there are \pm 57.51 $\mu\epsilon$ and \pm 0.77 $^{0}\mathrm{C}$ errors for strain and temperature respectively.





Fig. 7. Error analysis due to (a) increases in sensitivity coefficients (b) decreases in sensitivity coefficients

To test the capability of the sensor in simultaneous measurements, we experimentally applied both temperature and strain simultaneously and the results are shown in Fig. 6. For example, firstly we applied a 10 0 C temperature and 200 μ m strain to the sensor and measured their respective wavelength shifts that corresponds to temperature and strain. Secondly, we increased the temperature to 15 0 C at a 200 μ m strain and then changed the strain to 400 μ m and measured the respective wavelength shifts in each case. Then using Eq. 4, we can transfer the wavelength shifts to their respective temperature and strain values. In that way, by randomly changing the input temperature and strain, we can simultaneously measure both which shows the rms deviations of strain and temperature \pm 8.42 $\mu\epsilon$ and \pm 0.39 ⁰C respectively. This performance is globally acceptable for many applications that require simultaneous measurements of strain and temperature.

V. ERROR ANALYSIS

One of the important steps in developing fibre optic strain and temperature sensors is accurately calibrating them, which requires precise determinations of their thermal and strain sensitivities. The change in matrix coefficients due to the different thermal and strain sensitivities cause an errors in the determination of the sensor's output. Fig. 7(a) shows the rms deviations when the individual strain and temperature sensitivity coefficients increase between 1 to 5 %. For a 5 % increase in sensitivity coefficients, it shows \pm 20.38 $\mu\epsilon$ and \pm 1.11 ⁰C errors for the strain and temperature measurements respectively. Similarly, we have examined the test when strain and temperature sensitivity coefficient decreases 1-5 % and the result shows in Fig. 7(b). Here for a 5 % decrease in sensitivity coefficients, it shows \pm 25.44 $\mu\epsilon$ and \pm 1.23 ⁰C errors for the strain and temperature measurements respectively. From that two graphs it's clear that, if the matrix elements are determined accurately, then the sensor's measurement error rate is relatively low. But if a 1 % error is introduced into the matrix elements, then the error rate for the sensor increases. This strongly indicates that the performance of any simultaneous measurement sensor is greatly influenced by obtaining accurate determinations of the matrix coefficients.

VI. CONCLUSION

In this paper, we have demonstrated a novel sensing configuration for simultaneous measurement of strain and temperature based on a Bragg grating pair, with one grating in the etched and the other in un-etched region of polymer fibre. This sensor configuration offers a number of advantages over previously reported techniques, including high intrinsic sensitivity, low cost and ease in fabrication. Hence it can be used in any applications where simultaneous measurements are required. A maximum errors of \pm 8.42 $\mu\epsilon$ and \pm 0.39 ⁰C are observed in our experimental results. The accuracy of the matrix coefficients due to change in the thermal and strain sensitivities of the sensor is also investigated. Our analysis of measurement accuracy showed that, it requires accurate measurements of individual sensitivity values to ensure the acceptable accuracy of temperature and strain values recovery, otherwise the error in matrix coefficients greatly degrade the sensor's accuracy.

ACKNOWLEDGMENT

We also thank for the support by Open Funds of IPOC (BUPT, IPOC2014B010), SKLFPM (DHU, LK1502), and State Key Laboratory of Advanced Optical Communication Systems Networks, China.

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