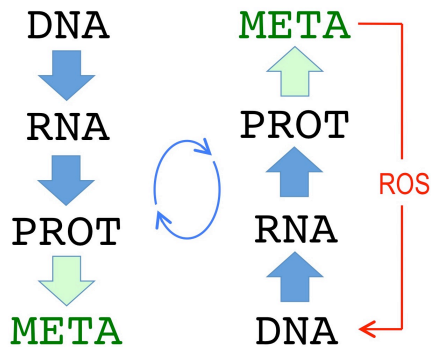


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2 From the *selfish gene* to *selfish metabolism*:
3 revisiting the central dogma

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5 by

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16 **Abbreviations:** CD: Central dogma; IVET: *In vivo* expression technology; ROS: reactive
17 oxygen species; CF: cystic fibrosis

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25

1 **Abstract**

2

3 The standard representation of the Central Dogma (CD) of Molecular Biology conspicuously ignores
4 metabolism. However, both the metabolites and the biochemical fluxes behind any biological
5 phenomenon are encrypted in the DNA sequence. Metabolism constrains and even changes the
6 information flow when the DNA-encoded instructions conflict with the homeostasis of the biochemical
7 network. Inspection of adaptive virulence programs and emergence of xenobiotic-biodegradation
8 pathways in environmental bacteria suggest that their main evolutionary drive is the expansion of their
9 metabolic networks towards new chemical landscapes rather than perpetuation and spreading of their
10 DNA sequences. Faulty enzymatic reactions on suboptimal substrates produce reactive oxygen species
11 (ROS), which fosters DNA diversification and eventually couples catabolism of the new chemicals to
12 growth. All this calls for a revision of the CD in which metabolism (rather than DNA) has the leading role.

13

14 **Introduction**

15

16 How do biological systems adapt to changing environments and evolve to thrive in new physicochemical
17 / nutritional niches? The textbook answer to this question is a combination of classical Darwinian theory
18 and modern Molecular Biology [1]: DNA mutates randomly to bring about a phenotypic diversification of
19 the biological object (from proteins to entire organisms) that explores the solution space until one variant
20 gains a competitive advantage that enables it to reproduce better, thereby reaching a new fitness peak
21 [2]. The implicit framework of the process is epitomized in the so-called central dogma (CD) of
22 Molecular Biology (CD, Fig. 1a). The tenet *DNA makes RNA makes protein* [3,4] accounts for the flow of
23 information in every biological system. Note that the term *information* applied to biological systems is
24 often loosely defined, as it may refer either to that encoded in a sequence or that borne by a given
25 context e.g. compositional or architectural information (see [5-8] for pro and con views). In any case,
26 diversification of DNA at the top of the schema is considered the key occurrence for implementing an
27 evolutionary solution-seeking drive, a job mostly done by the downstream proteins. Whether one
28 considers the more general or the special version (i.e., taking into account RNA self-replication and
29 retro-transcription back to DNA), the CD is based on two essential pillars: [i] that DNA, and RNA are the
30 sole holders and transmitters of residue-by-residue information to proteins and [ii] that such information
31 is basically unidirectional, with the occasional exception of back-copying RNA → DNA which, of itself,

1 makes no provision for information transfer from proteins back to nucleic acids. This state of affairs
2 places DNA atop the hierarchy of actors that rule the functioning of living systems and orchestrate their
3 adaptation to novel niches. Further inspection of the CD on the background of recent results on the way
4 in which pathogens interact with their hosts and environmental bacteria biodegrade xenobiotic
5 chemicals reveal, however, some inconsistencies in the scheme of Fig. 1a that are worth considering as
6 detailed below.

7

8 **The canonical CD ignores metabolism**

9

10 The information stream of the canonical CD ends, astonishingly, in proteins. But ... is that the actual
11 finale of the flow? Is there nothing downstream of proteins? Where is metabolism? It is surprising that
12 such a conspicuous absence has essentially been overlooked for so long. Many proteins are enzymes
13 that transform chemicals into nutrients and metabolize such nutrients into all types of building blocks for
14 living systems. The cognate catalytic properties of proteins are certainly encrypted in their primary
15 amino acid sequence, itself encoded in DNA. However, the residue-by-residue transfer of information
16 does not apply in this case, as one cannot predict chemical structures of metabolites or their fluxes
17 directly from the genes involved. But metabolites, biochemical reactions and ensuing fluxes are, indeed,
18 encoded – albeit in a more intricate way, in the DNA sequence. Computational de-convolution of such
19 non-trivial information has allowed, for instance, the development of metabolic models from the sole
20 source of genomic sequences [9-12]. On this basis, a necessary qualification of the CD involves, at the
21 least, the explicit addition of one more layer of information transfer: protein → metabolism (Fig. 1b).

22

23 A separate issue regards the connectivity of the CD flowchart with the environment. The naked scheme
24 of Fig. 1a would suggest that DNA, RNA and proteins are self-perpetuating objects with no links to their
25 surroundings. Once more metabolism comes into play: it not only provides the building blocks for the
26 other components of the CD, but also becomes the boundary between the biological and non-biological
27 realms. This should also become clear in a streamlined representation of the dogma: the operation of
28 the information flow depends on the availability of suitable metabolic precursors, cofactors and signals
29 for synthesizing the canonical information-bearing polymers. The step from DNA to RNA (transcription)
30 is checked by the archetypal metabolic “alarmone” ppGpp (an intracellular signalling molecule that is
31 produced in response to harsh environmental conditions [13] and strongly influenced by somewhat

1 inconspicuous molecules such as α -ketoglutarate [14]. Starvation-associated stress is known to cause
2 errors in DNA [15,16] and to alter translation – besides leading to oxidative stress due to deficiency in
3 NADPH production by glucose-6-P dehydrogenase and other enzymes of the pentoses cycle [17]. Even
4 the rather inexplicable distribution of CG content in bacterial genomes can be traced to the metabolic
5 bottleneck that creates the transition G/C \rightarrow A/T [18]. And so the examples continue.

6
7 A third problem of the official CD is the explicit hierarchy of the actors: DNA gives instructions to RNA,
8 which gives instructions to proteins which (at least in the expanded plot of Fig. 1b) rule metabolism. This
9 scheme (the DNA on top, the other performers below) embodies the view that DNA is the master
10 component of any biological system, and that the others constitute a cohort of servants that execute the
11 orders emanating from the top. One of the extreme interpretations that springs from the CD as a *chain*
12 *of command* is the metaphor of the *selfish gene*. The concept, brilliantly elaborated by Richard Dawkins
13 in his famous 1976 book, was opportunely published first at the onset of the recombinant DNA era [19].
14 The main claim of the title is that the sole agenda of genes (specifically, DNA sequences) is to attend to
15 their only evolutionary interest: to continue being replicated -not necessarily for the benefit of the
16 organism they are in. This means that each organism's body just provides the survival and
17 dissemination machinery for the genes it contains. To be sure, inspection of many DNA segments -
18 especially those encoding mobile elements (insertion sequences, transposons, plasmids etc.) - would
19 suggest that they have self-propagation as their only biological program [20]. Typically, IS elements
20 encode an enzyme, the only known function of which is to make its own DNA sequence hop between
21 different locations in the genome [21]. Examination of the environmental “mobilome” has also revealed a
22 high incidence of plasmids consisting of a circular DNA sequence encoding only a replication protein
23 and an origin of replication for the corresponding sequences [22,23]. Inteins are one case of extreme
24 and sophisticated DNA selfishness: intein-mediated protein splicing occurs after the intein-encoding
25 sequence has been transcribed into mRNA and then translated into a polypeptide, thereby avoiding
26 counterselection due to loss of protein function [24]. Evolutionary biologists make a subtle difference
27 between *selfish genetic elements* or *parasitic genetic elements*, depending on whether they contribute
28 more or less to the fitness of the host organism. The ultimate role of such jumping genes is intriguing, as
29 game theory suggest that they go beyond apparent self-interest and may become ultimately
30 advantageous to the population [25]. But can one take for granted that all DNA is (to various degrees)
31 *selfish* just because some sequences look like it?

1
2 One cannot underestimate the influence that Dawkins' metaphor has had in subsequent generations of
3 Life Sciences researchers, as it marked the commencement of what one could call the *DNA-centric* or
4 *gene-centric* era of Molecular Biology, not to mention an equally gene-centric view of evolution that
5 influences us to this day. And this is not just an academic enterprise: the *DNA-is-king* paradigm has
6 direct biotechnological implications: control the DNA and you dominate the biological system it encodes.
7 The dividends of such a notion are evident. To name but a few examples, moving genes around with
8 the tools of genetic engineering (and more recently with straight DNA synthesis) has allowed
9 *Escherichia coli* to produce antimalarial drug precursors [26] and even gasoline [27], yeasts to produce
10 insulin [28], plants to produce plastics [29] and cows to produce therapeutic agents [30]. But the *DNA-*
11 *rules* allegory implicit in the CD has spinoffs in other research endeavours that have been less rosy and
12 which, in fact, challenge the tenet as a whole.

13 14 **Changing DNA is insufficient for (re)programming biological systems**

15
16 Let us take, for instance, metabolic engineering of environmental bacteria as agents for bioremediation
17 of xenobiotic pollutants released by the chemical industry [31,32]. The *zeitgeist* of the mid-80s, at the
18 peak of the recombinant DNA hype, was that one could gather genes from various origins (whether
19 naturally-occurring or artificially improved e.g. in substrate specificity), assemble them in a rational way
20 for a given biotechnological purpose, express them in a heterologous host and many (if not all) of
21 mankind's problems would be gone [33]! But subsequent research soon watered down this somewhat
22 naïve perspective. Genetic engineering from the late 80s to the early 2000s did produce a number of
23 bacterial strains with enhanced biodegradative capacities. But the recombinant strains maintained their
24 non-natural phenotypes only under the very controlled selective conditions of the laboratory [34].
25 Release of such Genetically Engineered Microorganisms (GEMs) in actual environmental niches on
26 which the user had no or little control typically resulted in loss of the knocked-in phenotypes, and
27 takeover by resident bacteria. Very few cases are reported in the literature in which GEMs proved to be
28 better than naturally occurring microbes as bioremediation agents. The problem was not due to a dearth
29 of genetic tools: a large number of genome editing strategies allows insertion of heterologous genes in
30 the chromosome of bacterial hosts with a degree of stability that is virtually identical to that of natural
31 counterparts [35,36]. Something similar happens with recombinant strains engineered for running

1 whole-cell catalysis in a bioreactor. Even if the recombinant strain is subject to a strong selective
2 pressure (e.g. antibiotics added to the medium) for maintaining and expressing the genes of interest,
3 the activity decreases over time in a sort of “catalytic fatigue” –a phenomenon well known to industrial
4 biotechnologists [37].

5
6 More recently, synthetic biologists have created a large number of genetic circuits in which transcription
7 factors and promoters are rationally re-connected following a man-made blueprint aimed at
8 programming new-to-nature properties e. g. oscillators, toggle switches, light-sensing and many others
9 [38,39]. But, again, it is now common knowledge that such devices operate for a limited period of time,
10 after which they succumb to noise and mutations. One remarkable case is that of the T7 phage genome
11 that was entirely re-factored to make it amenable to forward engineering by decompressing regulatory
12 regions and arraying the various functional sequences in an ordered and standardized fashion [40].
13 Although the resulting virus was certainly infective, its subsequent evolution *in vivo* whilst progressing
14 towards recovering the fitness level of the wild-type phage erased ~ 40% of man-made modifications
15 [41]. In contrast, naturally occurring regulatory circuits are quite robust, and maintain their performance
16 across time and space.

17
18 Taken together, all of the above suggest that changing the instructions (the DNA) is not sufficient for
19 ensuring that the whole biological system duly obeys the orders coming from the top of the CD. Instead,
20 it seems that the physiology of the host, of which metabolism is the key component, has a say in
21 whether the directions from DNA are to be implemented or not. This becomes yet more manifest when
22 the DNA-encoded instructions are aimed at changing the biochemical regime of cells: metabolism itself
23 is most difficult to manipulate. A few examples illustrate this circumstance. Knocking-in
24 phosphofructokinase of *E. coli* into *Pseudomonas putida* was unable to generate a glycolytic regime in
25 this bacterium, which naturally consumes sugars through the Entner-Doudoroff pathway [42]. Attempts
26 to alter genetically the biosynthetic flux of the pyrimidine pathway in *E. coli* could not defeat the
27 homeostasis accomplished by the indigenous directed overflow metabolism [43]. Systematic study of
28 the metabolic regimes of large collections of *E. coli* mutants [44,45] revealed only small variations in
29 metabolite levels, indicating a rerouting of fluxes in the metabolic network that otherwise tolerates a
30 large number of genetic changes. This reveals the extraordinary robustness of the cell biochemistry
31 against perturbations coming from DNA, and somehow challenges its position at the summit of the CD

1 hierarchy. At the very least, one should concede that the operativity of the information/command chain
2 from DNA to the downstream actors is constrained by metabolism, to the point that physiological
3 imbalances may ruin it altogether (Fig. 1c). But there are more grounds yet for questioning the position
4 of DNA as the leading character of the biological play.

6 **Pathogenesis is not only about virulence determinants**

7
8 Bacterial pathogenicity is a complex phenomenon in which given germs endowed with a number of
9 advantageous traits penetrate animal or plant tissues to the detriment of the whole afflicted organism.
10 The standard view is that virtually all bacteria with ecological compatibility with the host (for instance
11 able to grow at body temperature) have the potential to become pathogens were it not for the
12 permanent surveillance that the immune system imposes on any microbe that the body interacts with
13 [46]. This explains how generally innocuous microorganisms that reside in diverse body habitats (gut,
14 skin etc.) may become pathogenic in immune-compromised individuals. The boundary between
15 pathogenic and non-pathogenic microbes is therefore a bit fuzzy, although some examples clearly map
16 to the extremes. For instance, *Lactobacillus acidophilus* or *Bifidobacterium* are generally considered
17 human-friendly, whereas species such as *Salmonella typhimurium*, *Shigella flexneri*, *Listeria*
18 *monocytogenes* -not to mention enteroinvasive, enteropathogenic or enterohemorrhagic *E. coli* count
19 among the most dreaded species [46]. What, then, makes a virulent strain virulent? Under the CD
20 paradigm, the way to go for answering this question is the identification of genes (i.e. DNA) that
21 determine such a quality.

22
23 In a series of papers from the mid-90s, J. Mekalanos [47] and D. Holden [48] proposed the first genetic
24 tools for what would later be called *in vivo expression technology* (IVET [49,50]). The objective of that
25 seminal work was to identify which genes of *Salmonella* were specifically turned on and off during
26 experimental infection of laboratory mice. The procedures yielded lists of genes that were candidates for
27 a role in pathogenesis. It is interesting that metabolic genes were largely ignored: only those that looked
28 like accredited virulence or colonization factors were followed up. Increasingly sophisticated IVET
29 methods have been used to search for such factors in a broad diversity of pathogens (see e.g. [51] and
30 many others). Systematically, the resulting lists contain a large share of metabolic and transport genes
31 and only a handful of specific-looking virulence factors (e.g. type-III / IV secretable effectors, adhesins,

1 haemolysin etc). The same is true for other pathogenesis-related phenomena e.g. formation of biofilms.
2 Every survey has revealed most genetic actors of biofilm development to be metabolic: only a few
3 others encode “attention-grabbing” functions [52]. But then comes the power of the *geno-centric*
4 paradigm: metabolic functions recorded in every index of virulence culprits are largely ignored and
5 (more or less deliberately) removed from view, as if metabolism had no business in the standard CD. Is
6 it because metabolism is seen as boring or unimportant [53]? One way or the other, virtually all IVET
7 projects end up studying the non-metabolic genes that participate in pathogenesis, while the
8 biochemical players are often consigned to oblivion. But is this ultimately correct? In every conflict (and
9 virulence is a clear case) the most ostentatious actors may not be the ones that are ultimately decisive.
10 In fact, focusing on the most eye-catching components of a virulence program could be misleading if
11 one disregards the metabolic and physico-chemical context in which the phenomenon occurs.

13 **Virulence accompanies the conquest of new chemical landscapes**

14
15 Metabolism is the economy of living systems. Very few things can happen if instructions coming from
16 one or other gene antagonize the kinetic and thermodynamic optima of the cognate biochemical
17 network of the living carrier. Quite on the contrary, the quest for such metabolic optima is the code that
18 is recorded in the virulence program of pathogens and not *vice versa* (i.e. not DNA instructing the
19 downstream components of the CD for its own sake). This is a serious argument for up-ending the chain
20 of command of the CD as shown in Fig. 1c (not yet the handover of information, see below). In this way
21 metabolism becomes the chief player, on top, and DNA is the clerk that duly archives instructions,
22 based on past experiences, keeping the master satisfied. Following on with the same analogy, one may
23 recall that the alphabet and the first written records were invented for the sake of keeping track of
24 economic transactions and fixing rules for sorting conflicts out. Along the same lines, one could argue
25 that DNA was *invented* as a repository of information to keep a record of already existing metabolic
26 phenomena as well as a sort of memory for re-enacting biochemical reactions when needed. This is the
27 stance of the *metabolism-first* view of the Origin of Life, which rejects the idea of naked self-replicating
28 molecules (e.g. RNA), and suggests instead a seminal metabolism centred on primitive and growingly
29 complex metabolic reactions [54-58] and cycles [59-61]. These could result in generating amino acids
30 and nucleotides, which ultimately led to the emergence of RNA replication. Whether this theory is
31 entirely correct or not, it seems clear that a complex network of (bio)chemical reactions was at some

1 point possible without genes, but genes or other replicative molecules are not possible without
 2 metabolism [62].

3

BOX 1. Could metabolic networks be selfish evolutionary entities able to autonomously accept and reject incoming traits? A precedent of this view is the *metabolon* or *structural-metabolic cellular complex*, as conceived by Srere [109]. In this case, reception or dismissal of new activities by such metabolic systems is exerted through e.g. adoption or silencing of particular genes. This means that metabolism can modify the genome, shaping its blueprint and granting inheritance of particular sets of encoded functions -and thus reversing the conventional directionality of the CD flowchart. According to S. J. Gould [1] there is a set of minimal criteria for defining an evolutionary object (*reproduction, inheritance, variation, interaction*). While the *selfish metabolism* proposed in this article has attributes of a true evolutionary entity, it is intertwined with the genome as the storehouse of information.

4 Considering biochemical networks (not DNA) as the master of a vast variety of biological occurrences
 5 could bring both conceptual and methodological changes in the way many phenomena observed in
 6 living systems are addressed - including pathogenesis. The *selfish gene* paradigm encourages us to
 7 focus on the specific DNA sequences that determine the most immediate virulence phenotypes. The
 8 alternative chemo-centric view implicates the drive of the pathogen's metabolic network in the *conquest*
 9 *of new plots of the chemical landscape* of the host for its own sake (Fig. 2). The *selfish gene* metaphor
 10 can thus justifiably be replaced by the alternative analogy of *selfish metabolism*. In the first case, the
 11 evolutionary agenda of pathogens is the preservation and spreading of the DNA born by the bacteria in
 12 question. In the other case, the driving force of virulence is the thermodynamic pull to integrate available
 13 substrates into one's own biochemical network. While the two agendas are perfectly compatible, there
 14 should be no doubt that chemistry and metabolism prevail over genetics.

15

16 **Metabolism enables virulence**

17

18 On the basis of the foregoing, what could, then, determine bacterial pathogenesis –if not the end-of-the-
 19 pipe: those conspicuous virulence factors? In some cases, the difference can be made by the
 20 possession of biochemical pathways that exploit as nutrients some of the proprietary metabolites of the
 21 host. Various examples can be found in the literature on pathogens that do exactly that. For instance,
 22 *Mycobacterium tuberculosis*, the cause of two million deaths per year, is able to survive for long periods
 23 of time within the host because virulent strains can also utilize the cholesterol of the target cells as a
 24 growth substrate [63,64]. As a consequence, deletion of the genes for metabolism of this steroid

1 decreases *M. tuberculosis* virulence (it should be kept in mind for the later discussion, that Mycobacteria
2 count among the bacterial species that more frequently develop new metabolic routes for environmental
3 xenobiotic and recalcitrant chemicals [65]). Along the same lines, it is known that scarcity of nicotinic
4 acid, a precursor of the central cofactor NAD⁺, elicits a large number of virulence traits in various
5 pathogens. In a remarkable case, the lack of NAD in *Shigella* spp. due, for example, to mutation of the
6 *nadB* gene (encoding L-aspartate oxidase) - which disrupts synthesis of quinolinate - is required for
7 virulence. It is thus the lack of a metabolic precursor that triggers the pathogenesis program in this case
8 [66,67]. Similarly, *Burkholderia* strains, which are most frequent inhabitants of cystic fibrosis (CF)
9 patients' lungs need to catabolize phenylacetic acid as part of their virulence package [68,69]. A more
10 sophisticated example is provided by the resident of the canine buccal cavity that causes septicaemia in
11 humans, called *Capnocytophaga canimorsus*. This bacterium has the habit of feeding on mammalian
12 cells by harvesting the glycan moiety of glycoproteins i.e. *shaving* the glycans away from the
13 glycosylated proteins of the cell surface and using them as nutrients [70,71]. As a consequence, the
14 virulence of pathogenic strains depends on the activity of feeding complexes displayed on the bacterial
15 envelope that are reminiscent of the celulosomes of some environmental bacteria [72]. As expected,
16 these complexes are essential for growth of the pathogen on cells, and for survival in mice.

17

18 But the metabolic drive of pathogens involves not only peripheral functions for wresting nutrients from
19 the host (cholesterol, glycans, nicotinic acid etc) but it also engages central metabolic routes. And the
20 connection is not just for the sake of feeding, but for enduring stress as well. Alas, the link of virulence
21 with core metabolic transactions is more difficult to detect by just looking at the genes, as the primary
22 sequences of enzymes for most central reactions are very similar, and the genes themselves quite
23 conserved. Some recent observations, however, shed light on how some metabolic regimes contribute
24 to virulence in various ways. It is well known that macrophages constitute one of the first lines of
25 defence against infections - by phagocytosis of the bacteria followed by release reactive oxygen species
26 (ROS) to kill the invaders [73]. The ability of enduring oxidative stress is linked to production of NADPH,
27 the decisive metabolic currency that feeds the enzymes for countering ROS exposure. Interestingly, not
28 all metabolic regimes are equally efficient at producing NADPH, the cycle of pentoses and the Entner-
29 Doudoroff (ED) pathway for sugar consumption being better for this specific role than the standard
30 Embden-Meyerhof-Parnas glycolysis [74]. In light of this, it cannot come as a surprise that the ED
31 pathway has recently been shown to be essential for infection in the case of bacteria that have to cope

1 with oxidative stress during their intracellular lifestyle [75,76]. Other pathogens display somewhat odd
2 host adaptation strategies that are yet more alien to the *selfish gene* metaphor. One intriguing case is
3 that of the establishment of chronic infections of *Pseudomonas aeruginosa* in CF patients. Following
4 years of antibiotic treatment and strong selective pressure, CF strains appear to enter a dead-end route
5 characterized by the emergence of hypermutator phenotypes and pseudogenization of a good share of
6 the genomic complement [77,78]. This seems to silence expression of most virulence factors that are
7 customary for these pathogens. Moreover, once engaged in a chronic infection lifestyle, CF bacteria
8 have a very slow growth rate, but still accompanied by activity of specific portions of the basal
9 metabolism (in particular the glyoxylate shunt, [78-80]). In this case, the outcome of the process seems
10 to be more directed to ensuring biochemical activity of the cells for as long as possible rather than
11 spreading of their DNA (in fact, bacterial DNA of the terminal CF patients is not replicated or transmitted
12 at all). Similarly, endosymbionts (e.g. *Buchnera*) appear to run a reduced but active metabolic network
13 (they get most metabolites from the environment [81]) while they seem to have lost the ability to fix DNA
14 damage [82]. Could these be yet other cases in which metabolism is the master and DNA the servant?
15 If this were so, the quest for antimicrobials against infectious agents – whether acute or chronic, could
16 be redirected to disabling central metabolic functions e.g. generation of NADPH or the glyoxylate cycle
17 [83] instead of the habitual targeting of functions necessary for cell growth.

18 19 **Virulence and biodegradation stem from the same evolutionary drive**

20
21 Although strategies for feeding on unusual substrates and tolerating ROS can be considered virulence
22 factors in the context of pathogenesis, the same drive that pushes agents of disease to conquer new
23 plots of chemical landscape of the host also empowers environmental bacteria to explore ways of
24 degrading unusual chemical species. Researchers have not failed to notice that routes for
25 biodegradation of xenobiotic and recalcitrant chemicals are not infrequent in bacteria generally
26 considered pathogenic [84]. Just to name a few, a considerable number of environmental isolates
27 selected for catabolism of chloroaromatic and nitroaromatic compounds turn out to be strains of
28 *Burkholderia* sp. a genus, the pathogenic members of which cause various diseases (e.g. glanders,
29 melioidosis) and often aggravate pulmonary infections of CF patients (see above; [85]). Mycobacteria,
30 including strains of *M. leprae*, are recurrently isolated in screenings of strains able to degrade
31 polyaromatic hydrocarbons, a side product of the oil industry [65]. Even some *P. aeruginosa* strains can

1 grow on alkanes as the sole carbon source [86,87]. G. Church's team reported a few years ago that a
2 surprising number of soil bacteria can not only resist, but also *metabolise* antibiotics as growth nutrients
3 [88]. These observations suggest once more that the divide between pathogenic and non-pathogenic
4 bacteria is more a human construct than a description of an authentically different biological program.
5 Virulence and the ability to deal with unusual chemicals may stem from the same central metabolic
6 drivers. Pathogens whose metabolism has evolved to counteract oxidative stress in macrophages might
7 subsequently become optimal vehicles for hosting the evolution of biodegradation pathways for
8 recalcitrant compounds, a process also associated with redox stress [89-91]. By the same token, there
9 is a continuum of growing toxicity in the chemical structures that bacteria meet during their lifetime: from
10 *bona fide* nutrients, to recalcitrant compounds to xenobiotics and antibiotics. The indigenous metabolic
11 network of bacteria, whether virulent or not, tends to expand its reach towards the chemical landscapes
12 of the surrounding environment. As sketched in Fig. 2, the evolutionary process involves the
13 progressive incorporation of abiotic and xenobiotic compounds to the pool of molecules that are
14 recognized as actual or potential nutrients. The endogenous and exogenous stress that is inherent to
15 the intermediate stages can be mitigated –both during virulence and biodegradation - by the redox
16 metabolic currency (e.g. NADPH) produced by core metabolic pathways. This takes us to the last point
17 of this article: how do existing biochemical networks explore the solution space for metabolizing a
18 compound that they may never have seen before, and how is such a solution ultimately recorded in
19 DNA?

21 **ROS enables a feedback loop to the CD**

22
23 The process by which given bacteria evolve to degrade a new xenobiotic chemical is not trivial. While
24 resistance to antibiotics can be endowed by either simple mutations in the target or horizontal genetic
25 transfer of enzymes that inactivate the antimicrobial, the emergence of a new metabolic pathway is a
26 different, stepwise, and more complicated matter. Pre-existing enzymes have to acquire new substrate
27 specificities, and the shape and kinetics of the enzymes involved fit to each other to avoid the escape of
28 intermediates [84,92]. In addition, the flow of the resulting products has to be wired to the extant
29 biochemical network in order to generate a growth advantage that allows its selection. This typically
30 requires multiple changes in both the catabolic genes at stake and in the rest of the cell physiology.
31 Finally, such evolution happens in extremely competitive environmental niches inhabited by many other

1 microorganisms, meaning that the process cannot afford much loss of fitness during the intermediate
2 steps. Environmental bacteria that partially degrade 2,4-dinitrotoluene (DNT) have been isolated which
3 provide an exceptional experimental system to examine the transition between a precursor pathway for
4 catabolism of the naturally-occurring hydrocarbon naphthalene and the new xenobiotic substrate DNT
5 [93,94]. Recent data on this system [89] have revealed an intriguing mechanism by which the first
6 enzyme of the biodegradation pathway (a Rieske-type dioxygenase) that acts on the substrate-to-be
7 (DNT) may uncouple the reaction because of poor specificity, and generate a high level of endogenous
8 reactive oxygen species (ROS). This, in turn, damages DNA (and possibly DNA repair proteins as well
9 [95]) and increases mutagenesis, ultimately resulting in the creation of novelty that fosters evolution of
10 xenobiotic-degrading variants of the strain hosting the pathway (Fig. 3). The metabolic problem thus
11 stimulates the exploration of the solution space, as the stress caused by faulty dioxygenation of DNT
12 accelerates the rate of bacterial change. It is plausible that such an evolutionary scenario is widespread,
13 because many other oxygenation reactions are known to withstand a degree of ROS production that
14 depends on the more or less obligate coupling of the substrate to the redox enzyme [96-99].
15

BOX2. Oxidative stress and emergence of antibiotic resistance. It has been proposed that, following disruption of basic cellular functions, virtually all antibiotics kill bacteria by triggering intracellular production of ROS [110,111]. Similarly to the scenarios entertained in this article, such ROS could in turn mutate DNA and generate genetic and phenotypic novelty leading to the rise of resistance towards the same antibiotic that causes the problem –or other antimicrobials [100,101]. In this context, counteracting oxidative stress by stimulating NADPH-producing metabolic pathways could be a clear fitness trait of pathogens during infection regardless of the origin of ROS: externally in the case of phagocytosis by macrophages or internally upon antibiotic treatment. However, whether this is a general principle, and whether all antibiotic stresses are ultimately converted into lethal ROS levels, are questions still debated at the time of writing this review [103,112-115].

16 The picture of metabolically-fostered ROS-driven hypermutation and ensuing genetic variation is
17 reminiscent -but different - to that proposed for the evolution of antibiotic resistance. At least in *E. coli*,
18 this has been suggested also to be stimulated by mutagenic stress in cells treated with antimicrobials
19 [100,101]. In contrast, in the DNT biodegradation case (and plausibly in other metabolic reactions of that
20 sort) the trigger of the adaptive process can be traced to the master oxygenation that initiates the
21 pathway. The gain of a new metabolic ability is essentially different from resisting an antibiotic: in the
22 *selfish metabolism* paradigm the biological system does not merely escape a lethal pressure: it
23 *conquers* another portion of the chemical landscape i.e. it pushes further into the thermodynamic

1 interface between chemistry and biology –and for its own sake (Fig. 2).

2
3 The transient regime experienced by bacteria under ROS-producing metabolic stress is in fact worth
4 examining in detail. On the one hand, it is possible that while cells accumulate both adverse changes
5 (surely most of them) and beneficial (few) modifications, the fitness of the lineages is buffered by
6 overproduction of chaperones. This circumstance that has been observed in *E. coli* when artificially
7 subject to a high-mutation rate [102] may well happen in natural settings. On the other hand, ROS alters
8 protein structure (thereby changing enzymatic activities as well [95]) and may also cause mistranslation
9 due (among other things) to the incorporation of 8-oxo-guanine into newly synthesized RNAs [103]. This
10 means that the biochemical diversity of cells exposed to ROS might, in reality, be broader than the
11 inherited genetic diversity of the progeny. This opens intriguing evolutionary scenarios that are beyond
12 the scope of this article. Since oxygen appeared on the Biosphere > 1 billion years after the emergence
13 of the first bacteria [104] it is evident that evolution does occur also in its absence (e.g. some archetypal
14 pathogens are strict anaerobes). Still, it seems clear that a suite of metabolic reactions, specially those
15 producing ROS can accelerate the process directly or indirectly.

16 17 **Conclusion -outlook**

18
19 The gene-centric view of evolution that has dominated biological thought for a number of decades has
20 its more radical expression in the *selfish gene* concept, which is itself an extreme spinoff of the CD. But
21 new data stemming from fields as remote as bacterial pathogenesis, biodegradation and Origin of Life,
22 as well as new methods for studying the metabolome and the fluxome force us to qualify some of the
23 implicit claims of this most influential of biological metaphors. **First**, metabolism must be included in the
24 information flow. Information travelling between RNA, DNA and protein is easy to visualize. In contrast,
25 deconvoluting protein sequences into production of chemicals and fluxes is more difficult –but the
26 information is indeed there. **Second**, the biochemical network has its own autonomous drive, which
27 constraints the execution of instructions from DNA more than *vice versa*. This calls for a conceptual
28 change in which metabolism has the leading position in the chain of command [105] -which is different
29 from the customary direction of the information flow (e.g. Fig. 1a). And, **third**, the CD is not exclusively a
30 one-way stream of instructions. Faulty enzymatic steps on suboptimal substrates (in particular
31 oxygenations and other redox reactions) can produce ROS, which feed back on DNA and thereby

1 create biological novelty. While the informational relationships *DNA* → *metabolism* are fairly strict
2 (though not exclusively codified), the feedback *metabolism* → *DNA* has a different quality i.e. a sort of
3 *mandate* for exploring the solution space but without specifying any outcome (Fig. 4). In reality, all DNA
4 sequences are subject to spontaneous changes which, given enough time, can make the coding
5 sequence of existing enzymes to change substrate specificity and contribute to what has been called
6 paralogous metabolism [106]. Metabolic stress in general and ROS-mediated mutagenesis originated in
7 defective biochemical reactions in particular seems thus to enable a wider creation of novelty in a much
8 faster fashion. This surely gives an advantage to the bacterial carrier in the very competitive
9 environmental scenarios where microorganisms live. It is plausible that such metabolic stress-driven
10 evolution of new traits accounts for a plethora of rapid adaptation phenomena that cannot be explained
11 by the mere genetic drift of the DNA sequences at stake [107,108].

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13
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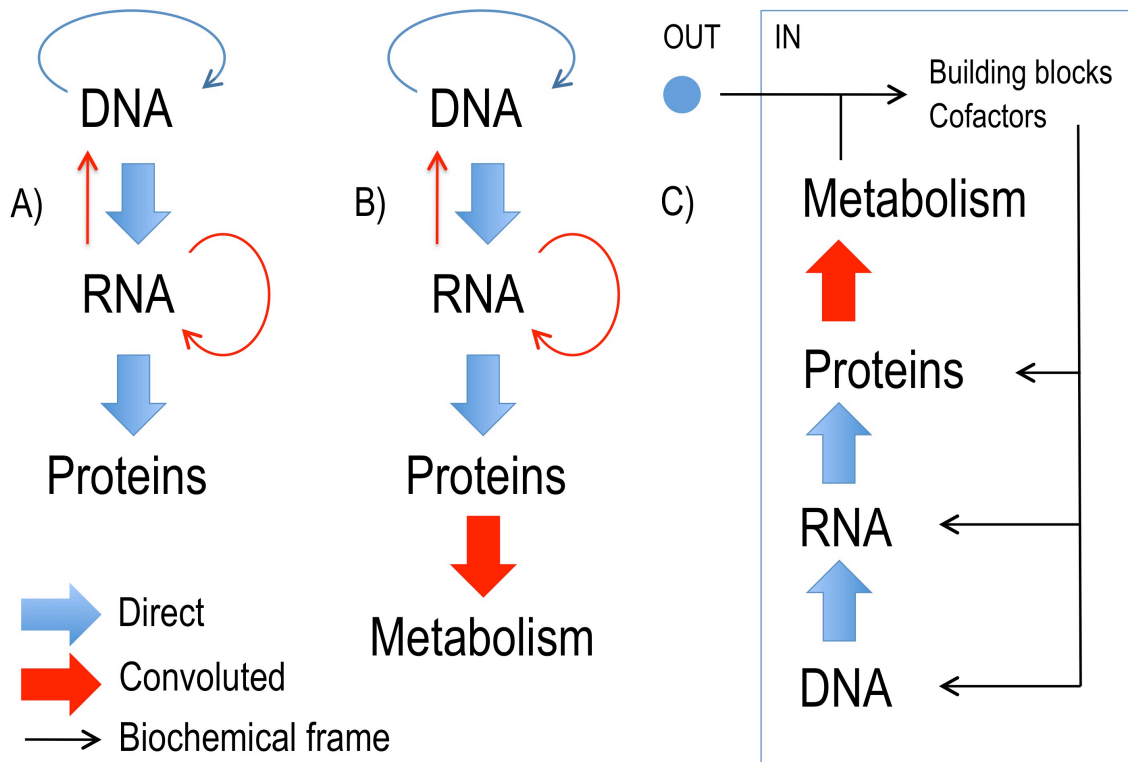
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31

1 FIGURES

2

3 **Figure 1.** The growing expansion of the Central Dogma (CD).

4



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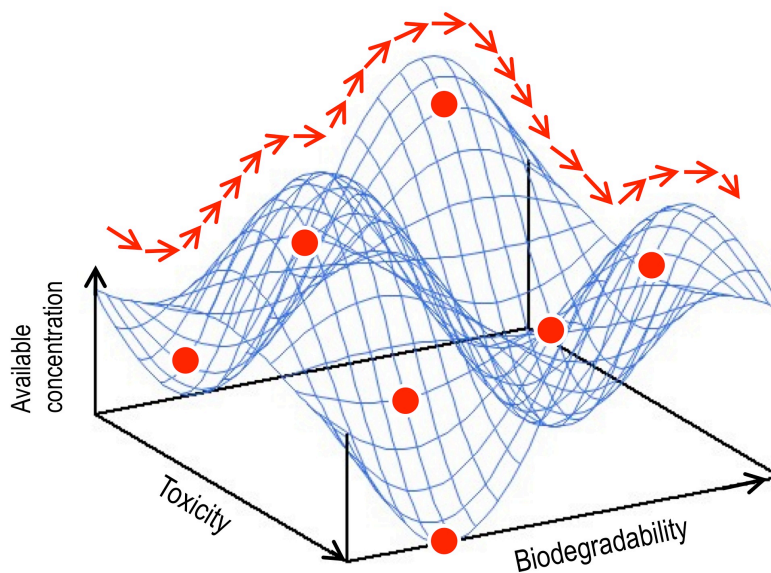
7 A: Canonical CD. The flux of information goes uni-directionally from DNA to proteins (general flow),
 8 though exceptionally RNA can also replicate by itself and be copied into DNA (special CD). B: Extended
 9 CD. The connection of proteins to metabolism is made explicit. Note that the information handover DNA
 10 \rightarrow RNA \rightarrow proteins involves a direct code, whilst that of proteins \rightarrow metabolism has various layers of
 11 convolution. C: Metabolism constrains the information flow. This upside-down sketch emphasizes the
 12 dominant role of metabolism in enabling the enactment of the CD flow. Whilst the effect of metabolism
 13 on biosynthesis of information-bearing macromolecules is indirect, it does ensure that the instructions
 14 emanating from DNA do not conflict with the existing biochemical network. This can be interpreted as a
 15 feedback loop whereby metabolism informs the CD actors to proceed or not with the information flow
 16 according to physiological conditions.

17

18

1 **Figure 2.** The conquest of new plots of the chemical landscape.

2

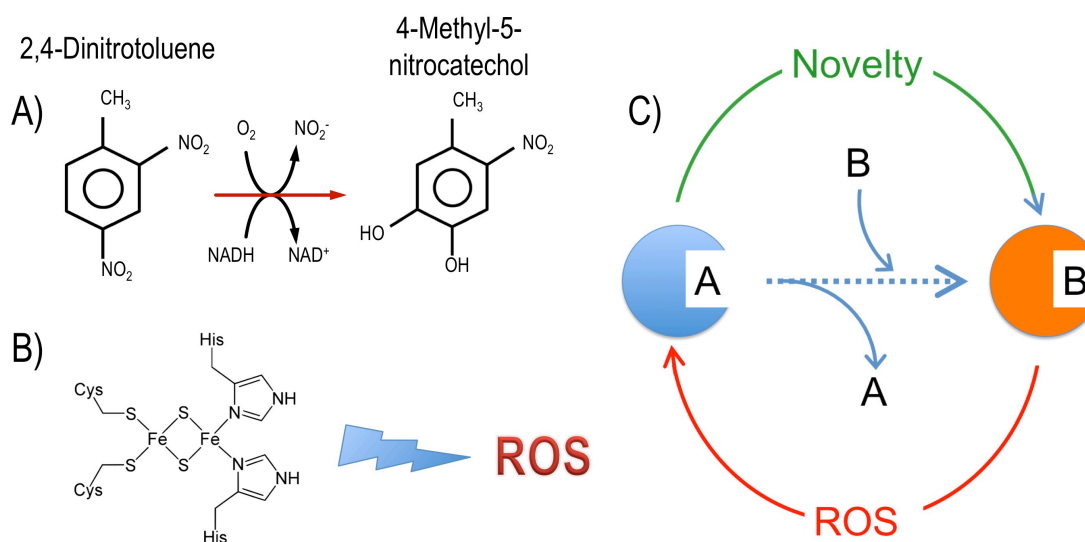


3

4 The graph sketches the evolutionary push of pathogens and biodegradative environmental bacteria as
5 the growing occupation (*biologization*) of the chemical landscape of the target niche. Every chemical
6 available maps somewhere in a space defined by 3 parameters: available concentration, toxicity and
7 biodegradability. The last is a parameter that can be scored based on the distribution of atomic triplets
8 in the chemical structure and the familiarity of such structure with core biomolecules [116]. The process
9 of niche colonization can be seen as the progressive exploration of the existing chemical scenery in
10 order to integrate it into one's metabolic network (i.e. transformation of xenobiotics and unfamiliar
11 chemicals into endo- and exo-metabolites).

12

13

1 **Figure 3.** The metabolic stress-novelty cycle.

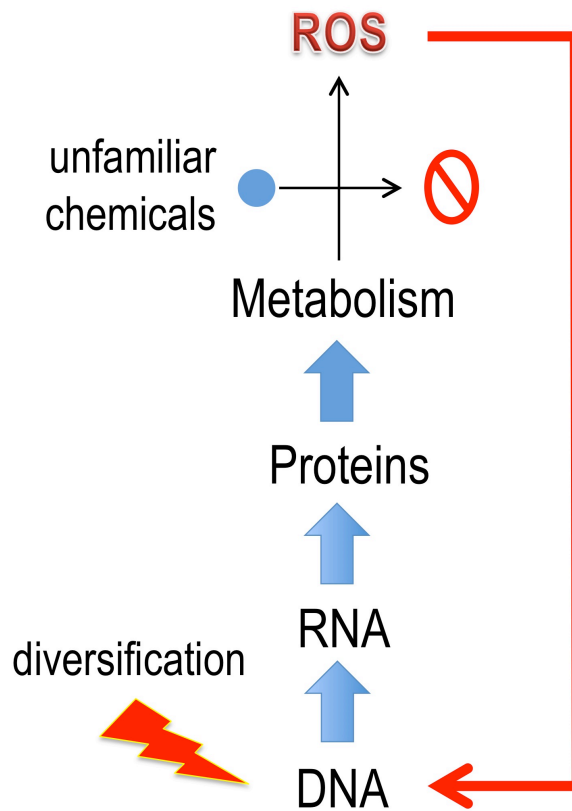
2
3 A: Reaction catalyzed by the 2,4-dinitrotoluene dioxygenase (DntA) of *Burkholderia* sp DNT. This
4 enzyme seems to have originated in a precursor naphthalene dioxygenase that has acquired the (partial)
5 ability to use DNT as a substrate. B: Production of reactive oxygen species upon faulty oxidation of DNT
6 at the non-heme Rieske active center of DntA. C: The novelty creation cycle. The figure represents the
7 process through which a strain able to degrade compound A ends up degrading compound B. The ROS
8 produced by faulty dioxygenation both places the population at the verge of collapse but simultaneously
9 diversifies genetically the same population and thus fosters the exploration of the solution space. Those
10 individuals that survive the process (if any) have thus gained a new fitness peak. [89] has previously
11 argued that this is an anti-fragile cycle, as long as the system ultimately benefits from shocks.

12

13

1 **Figure 4.** A feedback loop metabolism → DNA in the CD.

2



3

4

5 The figure sketches the main claims of this article. Metabolic troubles (e.g. faulty oxidation of no-
 6 substrates or poor substrates of oxygenases) cause ROS, which mutates DNA (as well as damaging
 7 RNA), triggers the SOS response and brings about genetic diversification, which might find a solution to
 8 the metabolic problem that originates the release of the mutagenic agent. While the ROS → DNA loop
 9 does not involve transfer of coded information it does deliver an input that accelerates the rate of
 10 novelty production.

11

12