

1 ***Escherichia coli* O157:H7 and *Salmonella* Typhimurium inactivation by the effect**
2 **of mandarin, lemon, and orange by-products in reference medium and in oat-fruit**
3 **juice mixed beverage**

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10 **Abstract**

11 The antimicrobial capability of three water extracts of citrus peels was evaluated
12 against *S. Typhimurium* and *E. coli* O157:H7 at various concentrations (0.5, 1, 5, 10%)
13 and temperatures (5, 10, 22°C) in a reference medium. The best of them was mandarin
14 by-product, achieving a maximum inactivation level against *S. Typhimurium* (8 log₁₀
15 cycles) with 5% at 5°C. Also, this by-product had the highest total polyphenol content.
16 Mandarin by-product showed a bactericidal effect in a food matrix also at 5°C (≈2 log₁₀
17 cycles). All results were adjusted to the Weibull model and the *b* values indicated that
18 the higher concentration of mandarin, the greater the inactivation rate in reference
19 medium, without significant differences between 5 and 10%. Similarly, in the food
20 matrix, the inactivation rate of *S. Typhimurium* was higher when the mandarin by-
21 product was added. Therefore, the mandarin by-product could be used as a control
22 measure of *S. Typhimurium* in pasteurized products, which are stored under
23 refrigeration.

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31 **Keywords:** citrus by-products; new ingredients; antimicrobials; bactericidal
32 concentration

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34 **1. Introduction**

35 Citrus is the largest fruit crop worldwide, with an annual production of approximately
36 100 million tons. The main world producers are Brazil, the USA and Mediterranean
37 countries (Djilas, 2009; Ghafar et al., 2010). The industrial production of juices and
38 other citrus derivatives generates approximately 15 million tons of citrus waste a year
39 worldwide, which mainly consists of peel, seeds, and the fruit pulp. Citrus waste is
40 usually consigned to landfill or incineration, which generates negative effects on the
41 environment and a cost to the producers (O'Shea et al., 2012).

42 This valueless citrus waste can be considered as a renewable source of raw material
43 whose use in various industrial fields could have a double benefit, economic and
44 technological, as a result of its valorization (Schieber et al., 2001; Martín-Luengo et al.,
45 2011). Since 2010 generalized agri-food by-product valorization has been a European
46 Union requirement (EUROSTAT, 2010) and many research studies nowadays are
47 focused on recovering, revaluing, and recycling these by-products. One way of
48 valorizing these by-products is the formulation of new products with added nutritional
49 value. Citrus by-products are rich in functional compounds such as carotenoids and
50 flavonoids, among others (O'Shea et al., 2012), whose antioxidant, anticarcinogenic,
51 antiviral, and anti-inflammatory properties are well known. Citrus derivative compounds
52 have an important nutritional and flavoring value, and an antimicrobial capability has
53 also been attributed to some of them, mainly due to ferulic acid, hydrocinnamic acid,
54 vanilidyl glucoside, hesperidin, vitamin C, carotenoid, and naringin (Ghafar et al., 2010).
55 In this sense, they could be used like natural antimicrobials to control the growth of
56 foodborne pathogens, replacing the chemical compounds which are used currently.
57 Also, they could be used as an additional control measure of the microbial growth in
58 situations of cold chain breakdown in pasteurized food that is stored in refrigeration
59 (Sanz-Puig et al., 2015).

60 In this context, the aim of this study was to evaluate the antimicrobial effect of water
61 extracts of by-products of citrus fruits – mandarin, orange, and lemon – against two of
62 the foodborne pathogens of most concern that are found in low-acid beverages:
63 *Salmonella enterica* serovar Typhimurium and *Escherichia coli* O157:H7.

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65 **2. Material and Methods**

66 *2.1 Microbiology*

67 Pure cultures of *S. Typhimurium* (CECT 443) and *E. coli* O157:H7 (CECT 5947) were
68 provided freeze-dried by the Spanish Type Culture Collection. Both cultures were
69 rehydrated with 10 mL of Tryptic Soy Broth (TSB) (Scharlab Chemie, Barcelona,
70 Spain). After 20 minutes, the rehydrated culture was transferred to 500 mL of TSB and
71 incubated at 37°C with continuous shaking at 200 rpm for 14 hours to obtain cells in a
72 stationary growth stage. The cells were centrifuged twice at 4000 × g at 4°C for 15
73 minutes and then resuspended in TSB. After the second centrifugation, the cells were
74 resuspended in 20 mL of TSB with 20% glycerol, and then dispensed in 2-mL vials with
75 a final concentration of 10⁸ colony forming units per milliliter (CFU/mL). The 2-mL
76 samples were immediately frozen and stored at –80°C until needed for the kinetic
77 inactivation studies.

78 *2.2 Citrus by-products*

79 Dehydrated peel residues from mandarin (*Citrus reticulata*), orange (*Citrus sinensis*)
80 and lemon (*Citrus limon*) were provided from primary production (Indulleida, S.A.).
81 Each raw by-product was tested to screen its bacteriological quality. The
82 bacteriological analysis determined the presence/absence of microbial contamination
83 with *Listeria monocytogenes* and *Bacillus cereus* (Gram-positives), or *E. coli* O157:H7
84 and *S. Typhimurium* (Gram-negatives), and was carried out according to the

85 procedures described by Aycicek et al. (2006). No samples studied presented
86 contamination with any of the microorganisms tested.

87 *2.3 Total Phenolic Compounds*

88 The total phenol content of the citrus by-products was determined
89 spectrophotometrically according to the Folin–Ciocalteu colorimetric method (Singleton
90 and Rossi, 1965). Gallic acid calibration standards with concentrations of 0, 100, 200,
91 300, 400, 500, 600, 700, 800, and 1000 ppm were prepared. Three mL of sodium
92 carbonate solution (2% (w/v)) (Sigma-Aldrich Co. LLC, USA) and 100 µL of Folin-
93 Ciocalteu reagent (1:1 (v/v)) (Sigma-Aldrich Co. LLC, USA) were added to an aliquot of
94 100 µL from each gallic acid standard (Sigma-Aldrich Co. LLC, USA) or sample tube.
95 The mixture was shaken and allowed to stand at room temperature in the dark for 1 h.
96 Absorbance was measured at 750 nm using a Lan Optics Model PG1800
97 spectrophotometer (Labolan, Spain), and the results were expressed as mg of gallic
98 acid equivalents (GAE)/L.

99 *2.4 Antimicrobial assay*

100 Buffered peptone water (Scharlab Chemie, Barcelona, Spain) (0.1% (w/v)) was used
101 as a reference substrate in the present study. For the assessment of citrus by-product
102 antimicrobial capability, 1 mL of each vial of stock culture was added to reference
103 substrate at a final concentration of 10^7 CFU/mL. The inoculated medium (buffered
104 peptone water) was supplemented with dehydrated peel residues at different
105 concentrations (0.5, 1, 5, and 10% (w/v)). All the samples were then incubated at
106 different temperatures (5, 10, and 22°C). At regular time intervals (hours), the cell
107 suspension for each sample was evaluated by plate count in Tryptic Soy Agar (TSA)
108 (Scharlab Chemie, Barcelona, Spain) after serial dilution with 0.1% (w/v) buffered
109 peptone water. The plates were incubated at 37°C for 24 hours. Each dilution was

110 plated in duplicate. The experiments were carried out in triplicate and the plate counts
111 were used for CFU/mL enumeration.

112 A second set of experiments was conducted. The most effective antimicrobial of the
113 three tested in the reference medium was evaluated against *S. Typhimurium* in various
114 formulated beverages.

115 Finally, in order to compare the results, the behavior of both microorganisms under
116 exposure to citrus by-product was characterized by estimating the minimal inhibitory
117 concentration (MIC), being the lowest concentration of antimicrobial substance that is
118 able to inhibit microbial growth (Guillier et al., 2007).

119 Also, the minimal bactericidal concentration (MBC) was estimated, being the lowest
120 concentration of antimicrobial substance that is able to exert a bactericidal effect
121 against the microorganism under study (Bär et al., 2009).

122 *2.5 Food Matrix*

123 The antimicrobial potential of the most bactericidal citrus by-product was tested against
124 both pathogens in complex food matrices. Firstly, an oat beverage (OB) was used in
125 this set of experiments. The beverage used was supplemented with the most effective
126 citrus by-product and compared with the non-supplemented beverage. The
127 concentration of the by-product was the minimum bactericidal concentration (MBC),
128 and the incubation temperature was 5°C, a typical temperature for storage of
129 beverages of this kind. Secondly, an oat beverage containing 32.5% papaya, 10%
130 mango, and 7.5% orange (OB-FM) was used. As in the case of the oat beverage, this
131 beverage was supplemented with the most effective antimicrobial by-product using the
132 minimum bactericidal concentration (MBC). The results were compared with those
133 obtained in the non-supplemented OB-FM beverage.

134 The food matrices considered, OB (supplemented/not supplemented) and OB-FM
135 (supplemented/not supplemented with the most bactericidal by-product), were
136 inoculated with an initial microbial population of 10^8 CFU/mL. The bacterial
137 growth/death during refrigerated storage was monitored by means of viable cell counts.

138 *2.6 Modeling of microorganism inactivation*

139 The microbial behavior was fitted to a Weibull equation (Peleg and Cole, 1998) to
140 obtain a mathematical description of the kinetics of bacterial inactivation by the citrus
141 by-product:

$$\log_{10}(S(t)) = -b \times t^n \quad (1)$$

142 where t is the time (hours), S is the survival fraction, i.e., the quotient between the cell
143 concentration at time t (N_t) (CFU/mL) and the initial cell concentration (N_0) (CFU/mL); b
144 is the scale factor and n is the form factor.

145 *2.7 Data analysis and model evaluation*

146 The statistical analysis was performed with STATGRAPHICS Centurion XV (version
147 15.1.03; STATGRAPHICS, Warrenton, VA).

148 This analysis included average and standard deviation calculations for the three
149 repetitions and an ANOVA analysis to test significant differences depending on
150 incubation conditions. The goodness of fit of the model was assessed by using the
151 adjusted regression coefficient (*adjusted-R*²) (López et al., 2004).

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153 **3. Results and Discussion**

154 *3.1 Antimicrobial capacity of Citrus by-products against S. Typhimurium*

155 The antimicrobial effect of the mandarin, orange, and lemon by-products was evaluated
156 against *S. Typhimurium* cells during 96 hours of incubation at 5 and 10°C and 24 hours
157 of incubation at 22°C. Figure 1 shows the log cycle reduction achieved for each
158 combination.

159 With regard to the effect of temperature, *S. Typhimurium* growth was inhibited in non-
160 supplemented reference medium (0%) with refrigerated incubation of 5°C, while at
161 10°C detectable growth was observed after 96 hours, and it was higher at 22°C.
162 Therefore it can be concluded that low temperature acts as an effective bacterial
163 proliferation barrier against *S. Typhimurium*, which is in agreement with the findings of
164 other authors (Okada et al., 2013).

165 In general, all by-products tested reduced the microbial load of *S. Typhimurium*
166 regardless of the incubation temperature, with a maximum reduction very close to 8
167 log₁₀ cycles at 5% and 10% mandarin by-product and 5 and 10°C incubation
168 temperature. We note that mandarin was the most effective by-product, followed by
169 orange and lemon.

170 With regard to the by-product concentration, only 5 and 10% of orange and lemon by-
171 products could be considered as an additional control measure for *S. Typhimurium* in
172 the case of a cold chain break (22°C), at least for 24 hours. In contrast, for mandarin
173 by-product, all concentrations tested could be used. In the case of temperature abuse
174 (10°C), 5 and 10% of by-product could also be considered as an additional control
175 measure for this microorganism, at least for 96 hours, although in orange by-product no
176 significant differences ($p \leq 0.05$) were observed among the concentrations studied.

177 An ANOVA analysis concluded that both incubation temperature and by-product
178 concentration had a significant impact ($p \leq 0.05$) on *S. Typhimurium* cell survival. As
179 can be seen in Figure 1, at all temperatures an increase in citrus by-product
180 concentration was accompanied by greater microorganism growth inhibition or

181 inactivation. However, no significant differences were observed between inactivation
182 levels achieved when citrus by-product was added to the medium at 5–10%, with
183 inactivation levels very close to 8 log₁₀ cycles at incubation temperatures of 5 and 10°C
184 in samples with mandarin by-product.

185 The antimicrobial potential of the by-products studied could be particularly relevant
186 under the concept of hurdle barriers, acting as an additional measure to control
187 bacterial proliferation in situations of abuse temperature (10°C) or in the case of cold
188 chain breakdown (22°C) in pasteurized food products which must be storage at
189 refrigeration temperatures. They can be added to this kind of products (fruit or
190 vegetable creams or beverages) like an ingredient and control the microbial growth
191 during their storage period. However, these by-products have a low but characteristic
192 taste and odour that could not be accepted by the consumers at high concentrations.
193 Therefore, is important to carry on a sensorial study with the aim to find the
194 concentration of by-product with an antimicrobial capability and sensorial acceptance
195 (Valero & Giner, 2006) and the food products where it could be added.

196 The minimum inhibitory concentration (MIC) and the minimum bactericidal
197 concentration (MBC) for each citrus by-product in relation to incubation temperature
198 were calculated (Table 1). *S. Typhimurium* is highly sensitive to contact with citrus by-
199 products, with very low MIC and MBC values (0.5%). The microbial sensitivity of *S.*
200 *Typhimurium* depends on both the temperature and the citrus by-product type ($p <$
201 0.05). The lowest MBC was obtained for mandarin at 5 and 22°C; while lemon and
202 orange required a smaller MBC than mandarin to be effective against *S. Typhimurium*
203 when the incubation temperature was 10°C.

204 Generally, the MBC at refrigeration temperatures was lower than at room temperature
205 (22°C). This may be because refrigeration temperatures have a bacteriostatic capacity
206 and exert a synergistic or additive effect with the by-product concentration. Other

207 authors have shown the bacteriostatic capacity of refrigeration temperatures and have
208 attributed it to a stress response mechanism that is activated in microorganisms at low
209 temperatures (Shapiro and Cowen, 2012).

210 3.2 Antimicrobial capacity of Citrus by-products against *E. coli* O157:H7

211 The results for the effect of the citrus by-products on *E. coli* O157:H7 are shown in
212 Figure 2.

213 As can be seen, low temperature (5°C) inhibited *E. coli* O157:H7 cell growth in
214 reference medium (0% by-product), while at 10 (abuse of temperature) and 22°C (cold
215 chain break) the microorganism was able to grow. Focusing on the effect of by-product
216 concentration, 5 and 10% mandarin and orange by-product had a bactericidal effect (\geq
217 0.5 log₁₀ cycles), reducing *E. coli* O157:H7 counts by a maximum of 1.5 log₁₀ cycles.
218 The effect of 5 and 10% concentrations on the bacteriostatic or bactericidal effect at
219 temperatures other than 5°C depended on the citrus by-product used. Concentrations
220 lower than 5% appear to have a bacteriostatic effect, slowing down growth of the
221 microorganisms. Note that at 10°C *E. coli* O157:H7 started to grow and addition of the
222 mandarin by-product showed a bacteriostatic capacity. In contrast, addition of the
223 orange and lemon by-products did not have any antimicrobial (bacteriostatic or
224 bactericidal) effect at this temperature. At 22°C, the by-products studied had a
225 bacteriostatic effect against *E. coli* O157:H7 when they were added at 5% (w/v), and
226 addition of mandarin by-product at 10% (w/v) had a bactericidal effect, achieving a
227 maximum reduction of 1.6 log₁₀ cycles.

228 The mandarin by-product also showed the highest antimicrobial potential against *E. coli*
229 O157:H7, with reductions of 1.3 and 1.6 log₁₀ cycles at 5 and 22°C, respectively. The
230 orange and lemon by-products achieved a bactericidal effect, with reductions ranging
231 from 0.5 to 1 log₁₀ cycles at refrigeration temperatures, and both exerted a
232 bacteriostatic effect at 22°C.

233 It is important to note that the effect of the by-products depended on the microorganism
234 tested and the polyphenol structure (Taguri et al., 2004; Daglia, 2011). In our case, *S.*
235 *Typhimurium* was more sensitive than *E. coli* O157:H7 to the various by-products used.
236 This might indicate that each antimicrobial could be specific against a particular
237 microorganism or group of microorganisms.

238 An ANOVA analysis of data for *E. coli* O157:H7 revealed that for all the by-products
239 studied both incubation temperature and by-product concentration had a significant
240 influence on the antimicrobial activity against *E. coli* O157:H7 ($p < 0.05$), achieving the
241 highest antimicrobial effect by 5 and 10% by-product addition, without significant
242 differences between them.

243 Table 2 shows the MIC and MBC of the citrus by-products against *E. coli* O157:H7 for
244 each combination of the factors (temperature – concentration) tested. The MIC values
245 are 0.5% at all the temperatures studied, and the MBC values are between 1 and 5%,
246 both being influenced by the incubation temperature and the type of citrus by-product
247 added.

248 The mandarin by-product had a bactericidal effect at 5°C, a bacteriostatic effect at
249 10°C, and both at 22°C. However, although the orange and lemon by-products have
250 the same MIC and MBC values as the mandarin by-product at 10 and 22°C, they
251 showed a lower antimicrobial capacity expressed as \log_{10} cycle reduction. Therefore,
252 under the conditions studied, it is possible to conclude that *E. coli* O157:H7 has less
253 sensitivity to the citrus by-products studied than *S. Typhimurium*.

254 It is well known that the antimicrobial effect of many natural products in a real or
255 buffered medium is influenced by environmental factors (e.g., pH and temperature
256 conditions), the concentration of the natural ingredient, and the sensitiveness of the
257 microbe (e.g., strain, virulence) (Bajpai, 2012).

258 Table 3 shows the pH values for the citrus by-products tested at concentrations of 5
259 and 10%. Although it has traditionally been accepted that pH plays an important part in
260 inhibiting cellular activity, the table shows that the citrus by-product with the lowest pH
261 value is lemon, while the by-product with the best antimicrobial effect against the
262 microorganisms under study is mandarin. This result appears to indicate that pH is not
263 the most important factor that influences citrus by-product antimicrobial activity.

264 *3.3 Polyphenol concentration of Citrus by-products*

265 The bacteriostatic and bactericidal capacities of citrus by-products could be
266 significantly influenced by their composition, mainly because of their polyphenol
267 content. Numerous studies show that they have many bioactive compounds such as
268 polyphenols, including ferulic acid, hydrocinnamic acid, cyaniding glucoside, hisperidin,
269 carotenoid, and naringin, in their peel and seeds, which have antioxidant and
270 antimicrobial properties (Ghafar et al., 2010). Table 4 shows the polyphenol content
271 measured for each citrus by-product under study. As can be seen in the table, the
272 mandarin by-product has the highest total polyphenol content, followed by orange and
273 then lemon. In this case, the total polyphenol content coincides with the antimicrobial
274 capacity of the by-products: the citrus by-product with the highest polyphenol content,
275 mandarin, is the one with the greatest antimicrobial capacity, followed by the orange
276 and lemon by-products. Therefore we can conclude that polyphenol content may be
277 directly related to antimicrobial activity, in accordance with other studies (Devi et al.,
278 2008).

279 *3.4 Mathematical modeling of S. Typhimurium and E. coli O157:H7 inactivation*

280 The experimental curves obtained for *S. Typhimurium* and *E. coli* O157:H7 were fitted
281 to a Weibull distribution function, owing to its simplicity and robustness for describing
282 inactivation kinetics (De Oliveira et al., 2013).

283 The results of the fitting are shown in Tables 5 and 6. The b value is related to
284 inactivation rate: the higher the b value, the faster the microorganism dies. The Weibull
285 kinetic b values for *S. Typhimurium* (Table 5) increase with higher by-product
286 concentrations, achieving the maximum inactivation rate at 5% by-product
287 concentration, without significant differences (>0.05) between the b values at 5 and
288 10% by-product concentration.

289 The same pattern occurs in the *E. coli* O157:H7 inactivation kinetics. As can be seen in
290 Table 6, at lower by-product concentrations the b values are close to 0 or negative,
291 owing to microorganism growth. However, at higher citrus by-product concentrations
292 the b value increases, without significant differences between 5 and 10% (w/v)
293 addition.

294 Therefore the concentration of citrus by-product added affects the inactivation rate of
295 the two Gram-negative microorganisms studied. In contrast, there does not appear to
296 be a relationship between incubation temperature and b value, and, therefore, with the
297 rate of microorganism inactivation.

298 *3.5 Antimicrobial potential of mandarin by-product incorporated in an oat-based* 299 *beverage*

300 According to the results in the previous sections, mandarin (MND) had the highest
301 antimicrobial potential among the citrus by-products studied in reference medium.

302 Table 7 shows the inactivation levels reached in *S. Typhimurium* and *E. coli* O157:H7
303 in oat beverage (OB) supplemented or not supplemented with mandarin during the
304 refrigerated storage period of 144 hours at 5°C. Although temperature produces some
305 log reductions in the microbial load, an additive effect can be attributed to the mandarin
306 by-product added to the real beverages, producing an additional reduction for *S.*
307 *Typhimurium* of 0.47 log₁₀ cycles when MND was incorporated in OB and 0.68 log₁₀
308 cycles when MND was added to oat-based beverage with fruit juice mixture (OB+FM);

309 and for *E. coli* O157:H7 additional reductions close to 1.18 log₁₀ cycles were achieved
310 when MND was incorporated in OB, and 0.65 log₁₀ cycles when MND was added to
311 OB+FM. Although MND had higher effectiveness against *S. Typhimurium* in reference
312 medium, *E. coli* O157:H7 was more sensitive when MND was added to the food
313 matrices studied. It can be observed that the inactivation levels achieved for both
314 microorganisms in OB+FM were significantly ($p \leq 0.05$) higher than those achieved in
315 OB. Some research studies have shown that many fruits are rich in bioactive
316 compounds with antioxidant properties, such as polyphenols, which could also have
317 additional antimicrobial properties against foodborne pathogens (Ghasemi et al., 2009;
318 Mandalari et al., 2007).

319 According to the results obtained, the bactericidal effect of mandarin on both
320 microorganisms was higher in reference medium than in food matrix. When the
321 mandarin by-product was added to a real matrix, its antimicrobial effectiveness against
322 *S. Typhimurium* was 75% less than when it was added to the reference medium. The
323 interference of the real substrate was remarkable in the case of the *S. Typhimurium*
324 growth/death pattern under refrigeration using OB as the food matrix. The addition of
325 MND (5% (w/v)) in reference medium resulted in a reduction of 8 log₁₀ cycles for *S.*
326 *Typhimurium*, while incorporation of this by-product in OB only produced a reduction
327 close to 1 log₁₀ cycle under the same time and temperature storage conditions (96 h,
328 5°C). Several authors attribute to food matrix complexity a protective effect that
329 reduces the effectiveness of many control treatments (Gutierrez et al., 2008). The
330 protective effect of a lipid-rich substrate such as oat milk could affect the antimicrobial
331 potential of mandarin against *S. Typhimurium* (Di Pascua et al., 2006).

332 The addition of a papaya, mango, and orange juice mixture to the beverage studied
333 significantly increased the inactivation values at each storage point recorded for both
334 microbial populations. After the complete storage period, *S. Typhimurium* inactivation
335 was almost doubled (increasing from 0.74 log₁₀ cycles in OB to 1.25 in OB+FM) by the

336 additional effect of the fruit juices. This may be because mango, orange, and papaya
337 are fruits rich in bioactive substances such as polyphenol compounds (Tomás-
338 Barberán and Espín, 2001), which might produce an antimicrobial effect against the
339 microorganisms studied. Also, the acid pH of the beverage (pH 4.6) might contribute to
340 the antimicrobial effect shown when the fruit juice mixture was added. The
341 supplementation of OB+FM with 5% (w/v) MND increased the final *S. Typhimurium*
342 inactivation level to a maximum of 1.85 log₁₀ cycles compared with the 1.12 log₁₀
343 cycles achieved in OB+MND, and it increased the maximum *E. coli* O157:H7
344 inactivation level to 2.22 log₁₀ cycles compared with the 2.01 log₁₀ cycles achieved in
345 OB+MND.

346 *3.6 Mathematical modeling of antimicrobial effect of mandarin by-product addition in an* 347 *oat-based beverage*

348 The results obtained for microbial inactivation in the oat-based beverage and oat-based
349 beverage with fruit juice mixture, both supplemented/not supplemented with mandarin
350 by-product addition, were fitted to a Weibull distribution function and their kinetic
351 parameters were obtained. The *b* and *n* values obtained are shown in Table 8. In all
352 cases the *n* values are below 0, indicating a concave survival pattern for the
353 microorganisms studied in the beverage. With regard to the scale factor, the *b* values in
354 the fruit juice mixture were higher than those obtained in the oat beverage, indicating
355 the influence of the juice mixture on the microbial inactivation response. The addition of
356 mandarin increased inactivation rates in both OB and OB+FM, with a maximum of
357 0.571 ± 0.006 for *S. Typhimurium* inactivation and 0.802 ± 0.026 for *E. coli* O157:H7
358 inactivation in OB+FM supplemented with mandarin by-product.

359

360 **4. Conclusions**

361 In conclusion, the three citrus by-products under study showed an antimicrobial effect
362 against *S. Typhimurium*. The maximum reduction level was achieved by the mandarin
363 by-product, followed by the orange and lemon by-products.

364 The same order can be observed in their polyphenol content, so there may be a
365 relationship between the polyphenol content of the citrus by-products and their
366 antimicrobial activity.

367 Also, the mandarin by-product was able to exert an antimicrobial effect both on a
368 reference medium (8 log₁₀ cycles for *S. Typhimurium* and 1.6 log₁₀ cycles for *E. coli*
369 O157:H7) and on a real food matrix, an oat-based beverage supplemented/not
370 supplemented with a fruit juice mixture (≈2 log₁₀ cycle reductions for *S. Typhimurium*
371 and *E. coli* O157:H7). Therefore this by-product could be used as an ingredient for
372 technological purposes owing to its potential to act as an additional control measure
373 inhibiting bacterial proliferation, e.g., in pasteurized foods, which have limited
374 refrigerated storage.

375

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383

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Figure Captions

Figure 1. Inactivation levels ($\text{Log}_{10} (N_t/N_0)$) of *S. Typhimurium* in contact with various (0, 0.5, 1, 5, 10%) citric by-products concentrations: mandarin (a), orange (b), and lemon (c) in buffered peptone water, incubated at different temperatures (5, 10, and 22°C).

Figure 2. Inactivation levels ($\text{Log}_{10} (N_t/N_0)$) of *E. coli* O157:H7 in contact with various (0, 0.5, 1, 5, 10%) citric by-product concentrations: mandarin (a), orange (b), and lemon (c) in buffered peptone water, incubated at different temperatures (5, 10, and 22°C).

Table 1. Minimum inhibitory concentration (MIC) and Minimum bactericidal concentration (MBC) for *S. Typhimurium* in the conditions tested. No significant effects (–).

<i>S. Typhimurium</i>			
Temperature (°C)	By-product	MIC (%)	MBC (%)
5	Mandarin	–	0.5
	Orange	–	1
	Lemon	–	1
10	Mandarin	0.5	5
	Orange	–	0.5
	Lemon	–	0.5
22	Mandarin	–	0.5
	Orange	0.5	5
	Lemon	0.5	5

Table 2. Minimum inhibitory concentration (MIC) and Minimum bactericidal concentration (MBC) for *E. coli* O157:H7 in the conditions tested. No significant effects (–).

<i>E. coli</i> O157:H7			
<i>Temperature (°C)</i>	<i>By-product</i>	<i>MIC (%)</i>	<i>MBC (%)</i>
5	<i>Mandarin</i>	–	5
	<i>Orange</i>	–	1
	<i>Lemon</i>	–	5
10	<i>Mandarin</i>	0.5	–
	<i>Orange</i>	0.5	5
	<i>Lemon</i>	–	5
22	<i>Mandarin</i>	0.5	5
	<i>Orange</i>	0.5	–
	<i>Lemon</i>	–	5

Table 3. pH values measured for mandarin, orange, and lemon by-products at concentrations of 5 and 10%.

	Mandarin		Orange		Lemon	
	5%	10%	5%	10%	5%	10%
pH	4.39±0.02	4.24±0.01	4.85±0.04	4.54±0.02	3.92±0.06	3.77±0.06

Table 4. Total polyphenol content in by-product extracts.

Citrus by-product	Polyphenol content (mg gallic acid/L)
Mandarin 10%	5111.50 ± 201.93
Orange 10%	4809.72 ± 287.47
Lemon 10%	4600.00 ± 20.00

Table 5

Table 5. Weibull kinetic values for *S. Typhimurium* inactivation under the citrus by-product effect at various concentrations (% (w/v)) and temperatures (°C).

% By-product		0%	0.5%	1%	5%	10%	
MANDARIN	5 °C	b	0.013±0.017	0.008±0.004	0.132±0.077	1.019±0.118	0.915±0.126
		n	0.804±0.434	1.277±0.144	0.776±0.148	0.420±0.027	0.445±0.040
		R ²	0.904	0.998	0.956	0.965	0.957
	10 °C	b	-0.005±0.054	-0.103±0.153	-0.007±0.022	1.935±0.100	1.668±0.151
		n	0.285±0.159	0.580±0.668	0.558±0.174	0.273±0.010	0.333±0.019
		R ²	0.908	0.905	0.913	0.951	0.958
	22 °C	b	-0.005±0.001	0.036±0.024	0.005±0.004	0.428±0.026	0.300±0.001
		n	1.796±0.053	1.0395±0.265	1.774±0.313	0.510±0.030	0.554±0.012
		R ²	0.948	0.952	0.979	0.979	0.960
ORANGE	5 °C	b	0.009±0.011	0.004±0.005	0.068±0.045	0.350±0.009	0.285±0.010
		n	0.804±0.362	1.839±0.874	1.226±1.274	0.512±0.011	0.561±0.012
		R ²	0.928	0.948	0.960	0.940	0.941
	10 °C	b	-0.098±0.139	0.349±0.141	0.409±0.001	0.303±0.036	0.008±0.005
		n	0.814±1.035	0.387±0.081	0.301±0.013	0.382±0.057	1.178±0.153
		R ²	0.905	0.941	0.951	0.901	0.959
	22 °C	b	-0.005±0.001	-0.014±0.009	-0.034±0.005	0.414±0.009	0.421±0.019
		n	1.796±0.053	0.674±0.200	0.337±0.464	0.301±0.012	0.294±0.020
		R ²	0.948	0.961	0.949	0.964	0.937
LEMON	5 °C	b	0.026±0.012	0.011±0.011	0.057±0.015	0.007±0.004	0.033±0.030
		n	0.418±0.183	0.784±0.175	0.519±0.086	1.090±0.125	0.798±0.223
		R ²	0.940	0.953	0.931	0.935	0.948
	10 °C	b	-0.039±0.039	0.023±0.011	0.027±0.012	0.030±0.026	0.003±0.004
		n	0.458±0.130	0.570±0.142	0.608±0.155	0.701±0.131	1.265±0.396
		R ²	0.934	0.910	0.913	0.951	0.942
	22 °C	b	-0.005±0.001	-0.014±0.009	-0.041±0.004	0.478±0.113	0.384±0.040
		n	1.796±0.053	0.674±0.200	0.170±0.228	0.320±0.092	0.416±0.057
		R ²	0.948	0.961	0.954	0.941	0.916

* The *b* value is negative when the microorganism grows and positive when the microorganism dies.

Table 6

Table 6. Weibull kinetic values for *E. coli* O157:H7 inactivation under the citrus by-product effect at various concentrations (% (w/v)) and temperatures (°C).

% By-product		0%	0.5%	1%	5%	10%	
MANDARIN	5 °C	b	0.017±0.008	0.027±0.013	0.033±0.011	0.107±0.016	0.090±0.010
		n	0.561±0.067	0.548±0.230	0.855±0.074	0.613±0.044	0.652±0.018
		R ²	0.925	0.921	0.928	0.938	0.931
	10 °C	b	-0.001±0.001	-0.009±0.016	-0.027±0.037	-0.001±0.001	-0.018±0.006
		n	1.460±0.284	0.663±0.497	0.859±0.561	3.796±0.968	0.344±0.230
		R ²	0.960	0.949	0.955	0.930	0.953
	22 °C	b	-0.036±0.002	-0.015±0.021	-0.116±0.037	0.358±0.178	0.291±0.036
		n	1.138±0.026	1.798±0.912	0.180±0.253	0.450±0.188	0.544±0.041
		R ²	0.973	0.921	0.953	0.942	0.912
ORANGE	5 °C	b	0.005±0.006	0.001±0.001	0.014±0.019	0.001±0.001	0.001±0.002
		n	1.013±0.547	1.385±0.501	1.849±0.470	1.843±0.051	1.532±0.569
		R ²	0.941	0.945	0.965	0.957	0.921
	10 °C	b	-0.001±0.001	0.029±0.028	0.033±0.007	0.023±0.009	0.079±0.013
		n	1.457±0.280	0.403±0.239	0.437±0.035	0.559±0.130	0.438±0.060
		R ²	0.960	0.966	0.939	0.963	0.921
	22 °C	b	-0.036±0.002	-0.038±0.010	-0.051±0.057	0.020±0.028	0.029±0.069
		n	1.138±0.026	1.012±0.071	0.647±0.154	1.078±1.265	0.347±0.490
		R ²	0.973	0.922	0.970	0.939	0.925
LEMON	5 °C	b	0.017±0.006	0.008±0.005	0.017±0.011	0.003±0.003	0.001±0.001
		n	0.526±0.049	0.785±0.091	0.349±0.212	1.137±0.257	1.485±0.007
		R ²	0.935	0.913	0.939	0.927	0.915
	10 °C	b	-0.001±0.001	0.038±0.029	0.014±0.019	0.032±0.018	0.839±0.121
		n	1.378±0.168	0.460±0.132	0.808±0.337	0.669±0.093	0.037±0.038
		R ²	0.952	0.933	0.925	0.935	0.985
	22 °C	b	-0.036±0.002	-0.018±0.018	-0.019±0.017	0.035±0.001	0.001±0.001
		n	1.138±0.026	0.961±0.645	0.769±0.344	0.672±0.094	2.905±1.919
		R ²	0.973	0.961	0.954	0.923	0.965

* The *b* value is negative when the microorganism grows and positive when the microorganism dies.

Table 7. Inactivation levels (\log_{10} cycles) achieved in the food matrices studied for both *S. Typhimurium* and *E. coli* O157:H7 by the intervention of mandarin (MND) by-product added at MBC 5% during a refrigerated storage period of 144 h at 5 °C.

Microorganism	Storage time (h)	OB	OB+MND	OB+FM	OB+FM+MND
<i>E. coli</i> O157:H7	0	0	0	0	0
	24	-0.10±0.00	-0.92±0.05	-0.91±0.05	-1.75±0.12
	48	-0.15±0.04	-0.96±0.04	-0.96±0.07	-1.92±0.06
	96	-0.72±0.06	-1.12±0.08	-1.06±0.05	-1.73±0.06
	144	-0.83±0.06	-2.01±0.13	-1.57±0.07	-2.22±0.23
<i>S. Typhimurium</i>	0	0	0	0	0
	24	-0.10±0.00	-0.77±0.03	-0.59±0.02	-1.20±0.11
	48	-0.15±0.02	-0.94±0.02	-0.64±0.05	-1.32±0.07
	96	-0.48±0.01	-0.98±0.05	-0.85±0.05	-1.54±0.06
	144	-0.65±0.06	-1.12±0.08	-1.17±0.06	-1.85±0.10

OB: Oat beverage; OB+MND: Oat beverage supplemented with 5% (w/v) mandarin; OB+FM: Oat beverage and fruit juice (papaya, mango, and orange) mixture; OB+FM+MND: Oat beverage and fruit juice mixture supplemented with 5% (w/v) mandarin.

Table 8. Weibull kinetic parameters of *E. coli* O157:H7 and *S. Typhimurium* inactivation in Oat beverage and Oat beverage – fruit juice mixture when supplemented/not supplemented with 5% (w/v) mandarin by-product under refrigerated storage (144 h, 5 °C).

Beverage		OB	OB+MND	OB+FM	OB+FM+MND
<i>S. Typhimurium</i>	b	0.014±0.003	0.461±0.015	0.137±0.002	0.571±0.006
	n	0.746±0.012	0.179±0.022	0.419±0.025	0.219±0.011
	Adj-R ²	0.903	0.968	0.962	0.983
	RMSE	0.071	0.051	0.055	0.002
<i>E. coli</i> O157:H7	b	0.018±0.003	0.121±0.011	0.261±0.001	0.802±0.026
	n	0.767±0.025	0.541±0.023	0.325±0.031	0.221±0.021
	Adj-R ²	0.946	0.887	0.915	0.993
	RMSE	0.091	0.062	0.022	0.001

OB: Oat beverage; OB+MND: Oat beverage supplemented with 5% (w/v) mandarin; OB+FM: Oat beverage and fruit juice (papaya, mango, and orange) mixture; OB+FM+MND: Oat beverage and fruit juice mixture supplemented with 5% (w/v) mandarin.

Figure 1.

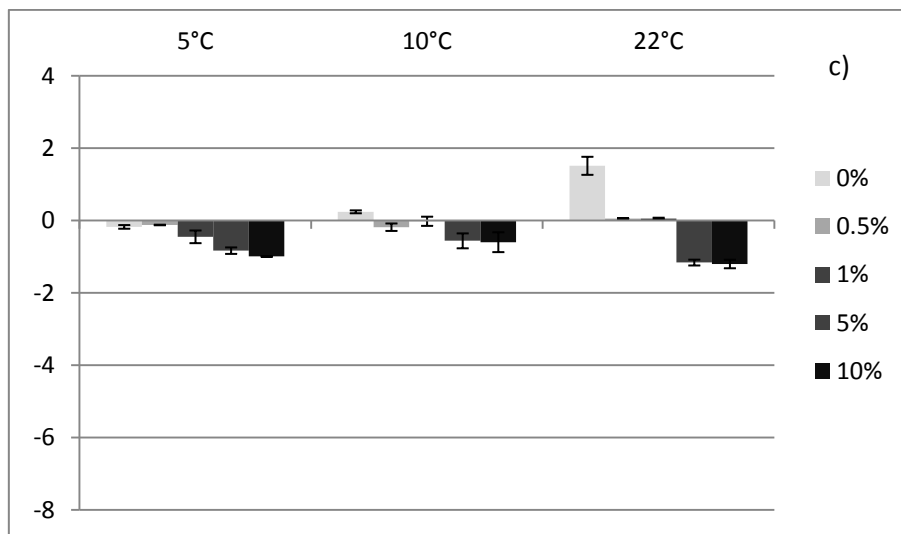
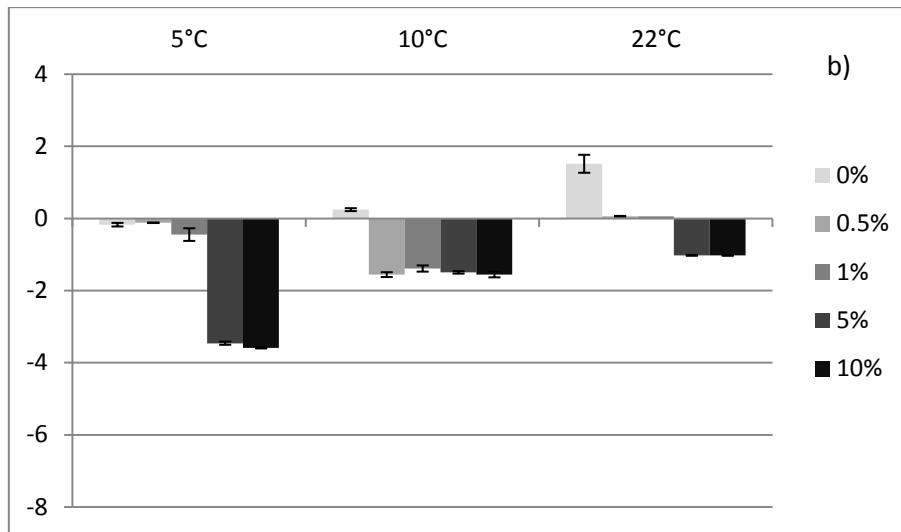
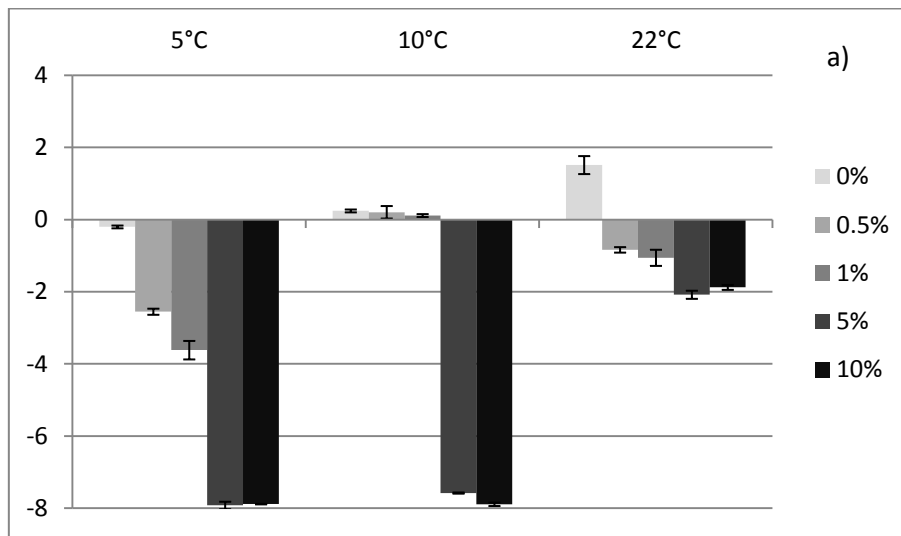


Figure 2.

