

1 **Diversity and dynamics of antibiotic-resistant bacteria in cheese as determined by**  
2 **PCR denaturing gradient gel electrophoresis**

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17

18 **Abstract**

19 This work reports the composition and succession of tetracycline- and erythromycin-  
20 resistant bacterial communities in a model cheese, monitored by polymerase chain  
21 reaction denaturing gradient gel electrophoresis (PCR-DGGE). Bacterial 16S rRNA  
22 genes were examined using this technique to detect structural changes in the cheese  
23 microbiota over manufacturing and ripening. Total bacterial genomic DNA, used as a  
24 template, was extracted from cultivable bacteria grown without and with tetracycline or  
25 erythromycin (both at 25 µg ml<sup>-1</sup>) on a non-selective medium used for enumeration of  
26 total and viable cells (Plate Count agar with Milk; PCA-M), and from those grown on  
27 selective and/or differential agar media used for counting various bacterial groups; i.e.,  
28 lactic acid bacteria (de Man, Rogosa and Sharpe agar; MRSA), micrococci and  
29 staphylococci (Baird-Parker agar; BPA), and enterobacteria (Violet Red Bile Glucose  
30 agar; VRBGA). Large numbers of tetracycline- and erythromycin-resistant bacteria  
31 were detected in cheese samples at all stages of ripening. Counts of antibiotic-resistant  
32 bacteria varied widely depending on the microbial group and the point of sampling. In  
33 general, resistant bacteria were 0.5-1.0 Log<sub>10</sub> units fewer in number than the  
34 corresponding susceptible bacteria. The PCR-DGGE profiles obtained with DNA  
35 isolated from the plates for total bacteria and the different bacterial groups suggested  
36 *Escherichia coli*, *Lactococcus lactis*, *Enterococcus faecalis* and *Staphylococcus* spp. as  
37 the microbial types resistant to both antibiotics tested. This study shows the suitability  
38 of the PCR-DGGE technique for rapidly identifying and tracking antibiotic resistant  
39 populations in cheese and, by extension, in other foods.

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41 Key words: Antibiotic resistance; cheese; denaturing gradient gel electrophoresis;  
42 DGGE; lactic acid bacteria; non-starter lactic acid bacteria

43

## 44 **1. Introduction**

45 Antibiotic resistance increases the cost of treatment of infections and can be the  
46 cause of therapeutic failure (Anderson and Hughes, 2010). The spread of antibiotic  
47 resistance to human and animal pathogens is therefore of great concern. The food chain  
48 is thought to be one of the main routes via which such resistance spreads (Rossi et al.,  
49 2014). The transfer of genes from resistant to susceptible bacteria may occur during  
50 food manufacture or during transit through the gastrointestinal tract (Rossi et al., 2014;  
51 Gazzola et al., 2012). Fermented foods, such as cheese, in which several bacterial types  
52 grow to high cell densities, are key players in the transmission of antibiotic resistance  
53 between beneficial/commensal and pathogenic bacteria (Nawaz et al., 2011). Complex  
54 bacterial communities composed of the natural cheese microbiota plus an array of  
55 environmental microorganisms develop and change in fermented foods over time,  
56 particularly in starter-free, raw-milk cheeses (Flórez and Mayo, 2006).

57 Cheeses made from raw milk have been reported to sometimes contain high  
58 antibiotic resistance gene loads (Flórez et al., 2014; Manuzon et al., 2007). The  
59 characterization of the bacterial species involved via conventional, culture-dependent  
60 analysis can, however, be difficult due to the intrinsic limitations of this approach (it is  
61 time consuming, expensive, and has a high manpower demand, etc.) (Devirgiliis et al.,  
62 2013; Gazzola et al., 2012; Nawaz et al., 2011). To overcome this, a number of culture-  
63 independent molecular methods have been developed in recent decades, including  
64 conventional polymerase chain reaction (PCR) and quantitative PCR (qPCR)  
65 amplification, temporal temperature gel electrophoresis (TTGE), denaturing gradient gel  
66 electrophoresis (DGGE), and the construction and analysis of metagenomic libraries  
67 (Devirgiliis et al., 2014; Flórez et al., 2014; Manuzon et al., 2007).

68 Since its first use in Microbial Ecology research in the early 90s (Muyzer et al.,  
69 1993), DGGE analysis of rRNA-encoding genes amplified by PCR (PCR-DGGE) has  
70 become a widely used tool for investigating the microbial diversity of food ecosystems,  
71 including milk, cheese and other dairy products [for recent reviews see Cocolin et al.  
72 (2013) and Quigley et al. (2011)]. Given the source of the nucleic acids used in PCR-  
73 DGGE, the technique can be performed in two ways: DNA or RNA can be extracted  
74 directly from the food matrix (direct PCR-DGGE), or be purified from cultivable  
75 bacteria harvested from non-selective and/or selective/differential media (indirect PCR-  
76 DGGE). The technical aspects, advantages and biases of these two alternatives have  
77 been discussed elsewhere (Ercolini, 2004). Direct PCR-DGGE has already been applied  
78 to analyse the polymorphism of tetracycline resistance genes in dairy and environmental  
79 samples (Flórez et al., 2014; Aminov et al., 2001; Chee-Sanford et al., 2001), as well as  
80 for tracking antibiotic resistant transconjugants in an experimentally-inoculated food  
81 (Gazzola et al., 2012). The indirect PCR-DGGE method has been successfully used for  
82 studying the microbiology of water buffalo Mozzarella- and Gouda-type cheeses  
83 (Ricciardi et al., 2014; van Hoorde et al., 2010; Ercolini et al., 2004).

84 The present work examines the diversity and dynamics of antibiotic-resistant  
85 bacterial communities of a traditional cheese during the manufacture and ripening, using  
86 the PCR-DGGE technique. Tetracycline and erythromycin were selected as the target  
87 antibiotics since resistance to them is widely spread among lactic acid bacteria species  
88 (Ammor et al., 2007), thus having the highest risk of horizontal transfer. Cabrales, a  
89 Spanish traditional, blue-veined cheese made from raw milk without the use of starter  
90 and ripening cultures (Flórez and Mayo, 2006) was selected as the cheese model. The  
91 PCR-DGGE technique was used after harvesting cultivable bacteria grown on a non-  
92 selective medium and on selective/differential media (for counting bacteria of different

93 groups). To our knowledge, this is the first study in which indirect PCR-DGGE has  
94 been used to characterise the bacterial populations involved in antibiotic resistance in  
95 cheese along manufacturing and ripening stages. The technique was found valuable for  
96 identifying, quantifying and tracking tetracycline- and erythromycin-resistant  
97 communities.

98

## 99 **2. Material and methods**

### 100 *2.1 Cheese samples*

101 One batch of Cabrales cheese was made following the traditional manufacturing  
102 procedure, which involves the use of raw milk but no commercial starter culture or  
103 mould spores. Samples were taken from the cheese at days 3, 7, 15, 30 and 60 of  
104 ripening. Cubes of 10 g from the cheese core were cut aseptically and homogenized at  
105 45°C for 1 min in a Colworth Stomacher 400 (Seward Ltd., London, UK) with 90 ml of  
106 a sterile 2% (w/v) sodium citrate solution.

107

### 108 *2.2 Enumeration of total and antibiotic-resistant bacteria*

109 Ten-fold dilutions of homogenized cheese samples were prepared with sterile  
110 Ringer's solution (VWR International). Aliquots (100 µl) were plated in duplicate on  
111 non-selective and selective/differential solid media: total aerobic mesophilic bacterial  
112 counts were determined on Plate Count agar with Milk (1%) (PCA-M) (VWR  
113 International) after incubation at 32°C for 48 h; lactic acid bacteria (LAB) counts were  
114 made on de Man, Rogosa and Sharpe agar (MRS) (VWR International) after  
115 incubation at 32°C for 48 h; Baird-Parker agar (BPA) (VWR International) was used to  
116 enumerate staphylococci and micrococci after incubation at 37°C for 48 h; and  
117 enterobacteria were counted on Violet Red Bile Glucose agar (VRBGA) (VWR

118 International) after incubation at 37°C for 24 h. The respective antibiotic-resistant  
119 populations were enumerated on the same media as above supplemented with 25 µg ml<sup>-1</sup>  
120 of either tetracycline or erythromycin.

121 Bacterial cells from plates showing semi-confluent colonies were harvested by  
122 vigorous washing in sterile phosphate-buffered saline (PBS). Cells were then suspended  
123 in Brain Heart Infusion broth (BHI) (VWR International) supplemented with 25%  
124 glycerol (Merck) and maintained at -80°C until use.

125

### 126 *2.3 DNA extraction from cultivable bacteria*

127 Total DNA from cultivable bacteria (susceptible and/or resistant) was isolated from  
128 180 µl of the BHI-glycerol suspensions. Cell pellets were collected by centrifugation  
129 and suspended in the same volume of a lysis buffer containing 20 mg ml<sup>-1</sup> lysozyme  
130 (Merck), 200 U mutanolysin (Sigma-Aldrich), 50 µg ml<sup>-1</sup> lysostaphin (Sigma-Aldrich),  
131 20 mM Tris-HCl (pH 8.0), 2 mM EDTA and 1.2% Triton-X-100 (Merck). This lysis  
132 suspension was then incubated at 37°C for 1 h and the DNA extracted using the DNeasy  
133 Blood and Tissue kit (Qiagen), according to the manufacturer's protocol. The DNA  
134 concentration was adjusted to 100 ng µl<sup>-1</sup> and stored at -20°C until analysis. Genomic  
135 DNA was also extracted and purified from well-identified bacteria strains, which have  
136 been previously isolated from Cabrales cheese (Flórez and Mayo, 2006). PCR  
137 amplicons from these strains were used as DGGE standards.

138

### 139 *2.4 PCR-DGGE amplification and electrophoresis conditions*

140 Purified total and genomic DNA was used as a template for the amplification of the  
141 V3 region of the bacterial 16S rRNA gene by PCR using two universal primers: 357F  
142 (5' CCTACGGGAGGCAGCAG 3') and 518R (5' GTATTACCGCGGCTGCTGG 3').

143 A GC clamp of 40 nucleotides  
144 (CGCCCGCCGCGCGCGGGCGGGGCGGGGGCACGGGGGG) was attached to  
145 the 5' end of the forward primer (357F-GC), as described by Muyzer et al. (1993). The  
146 PCR reaction mixtures contained 3 µl of total DNA, 25 µl of Taq Master Mix  
147 (Ampliqon), 1 µl of each of the primers (10 µM) and 20 µl of H<sub>2</sub>O in a total volume of  
148 50 µl. The PCR amplification conditions were as follow: an initial cycle at 95°C for 5  
149 min, 30 cycles at 95°C for 30 s, 56°C for 30 s, 72°C for 1 min, and a final extension step  
150 at 72°C for 10 min.

151 DGGE was performed in a DCode apparatus (Bio-Rad) using 8% polyacrylamide  
152 gels with denaturing ranges of 40-60%. Electrophoresis ran at 60°C and 75 V for 17 h.  
153 The resulting gels were stained in an ethidium bromide solution (0.5 µg ml<sup>-1</sup>) for 15  
154 min, rinsed with water, and photographed under UV light using a G-Box system  
155 (Syngene).

156

### 157 *2.5 Identification of PCR-DGGE bands*

158 PCR-DGGE bands were identified by comparing their migration with that of  
159 amplicons from standards. Further, DNA from the bands was extracted by cutting out  
160 part of each using a micropipette tip and allowing their contents to diffuse out overnight  
161 at 4°C into sterile, nuclease-free water (Sigma-Aldrich). The resulting DNA solution  
162 was used as a template for re-amplification, using the same pair of primers but without  
163 the GC clamp, and under the same PCR conditions as above. The presence of  
164 amplification products was checked in 1% agarose gel after ethidium bromide staining.  
165 Amplicons were then purified to remove any unincorporated primers and nucleotides  
166 using the ATP Gel/PCR Extraction kit (ATP Biotech). The purified amplicons were  
167 sequenced using the 357F primer, and the resulting sequences compared with those

168 deposited in the GenBank (<http://www.ncbi.nlm.nih.gov/BLAST/>) and Ribosomal  
169 Database Project (<http://rdp.cme.msu.edu/index.jsp>) databases. As reported elsewhere  
170 (Stackebrandt et al., 2002), sequences sharing a percentage identity of 97% or higher to  
171 those in the databases were considered to belong to the same species.

172

### 173 **3. Results**

#### 174 *3.1 Counting of bacterial populations in cheese*

175 Large numbers of antibiotic-resistant bacteria were detected in samples at all stages  
176 of ripening. Both tetracycline- and erythromycin-resistant counts varied widely (from  
177  $10^2$  to  $>10^8$  cfu  $g^{-1}$ ) depending on the bacterial group in question and the sampling point  
178 (Fig. 1). The presence of antibiotics caused a significantly decrease in counts ( $p \leq 0.05$ ;  
179 Student's t-Test) of all bacterial groups. In general, counts of resistant bacteria were  
180 around 1.0  $\text{Log}_{10}$  units fewer in number than those corresponding to susceptible  
181 bacteria. The numbers of erythromycin-resistant enterobacteria were, however, equal to  
182 those recovered from PCA-M plates without the antibiotic. Resistant and susceptible  
183 populations reached a maximum on about day 3, and decreased slowly afterwards -  
184 except for the LAB community, among which the antibiotic-susceptible bacteria  
185 reached their maximum at day seven while the antibiotic-resistant bacteria did so on day  
186 15.

187

#### 188 *3.2 Analysis of the diversity and dynamics of cheese populations by PCR-DGGE*

189 The PCR-DGGE profiles of the total, tetracycline-resistant and erythromycin-  
190 resistant cultivable bacteria differed over ripening (Figs. 2-5). As a general trend, either  
191 in the absence or in the presence of antibiotics, the PCR-DGGE patterns obtained for  
192 day 3 samples showed the largest numbers of bands (largest diversity); this number fell



193 from that point onwards as ripening progressed. In total, 105 bands were obtained, of  
194 which 99 were identified at either the genus or species level following excision from the  
195 gel, DNA purification, re-amplification, sequencing and comparison with sequences in  
196 databases. A summary of the identification results of sequences from PCR-DGGE  
197 bands and their closest relatives in databases is provided in Supplementary Table 1.  
198 Further, representative nucleotide sequences from the bands are depicted in  
199 Supplementary Figure 1.

200

### 201 3.2.1 PCR-DGGE profiles for total mesophilic bacteria

202 The PCR-DGGE profiles for the total cultivable bacteria grown on the PCA-M plates  
203 showed 4-10 bands depending on the ripening time (Fig. 2A, 2B and 2C). Some bands  
204 were present in all samples both in the presence and absence of antibiotics, while others  
205 were only present in certain samples. For example, bands i and j were only observed in  
206 the 30- and 60-day old cheese samples in the presence of tetracycline (Fig. 2B, line 4  
207 and 5); these bands were assigned to the genus *Enterococcus*. In contrast, a prominent  
208 band matching the sequence of *Lactococcus lactis* (band b) was observed in all but one  
209 cheese sample (Fig. 2A, 2B and 2C). In the absence of antibiotics (Fig. 2A), the most  
210 complex profile was observed for the day 60 sample (Fig. 2A, line 5), at which time  
211 several *Enterococcus* and *Staphylococcus* spp. were shown to accompany the bands of  
212 *L. lactis* (band b) and *Lactobacillus plantarum* (band c). The complexity of the PCR-  
213 DGGE profiles in the presence of tetracycline (Fig. 2B) increased with ripening (Fig.  
214 2B, lines 4 and 5). The patterns for tetracycline- and erythromycin-resistant bacteria  
215 reflected the same species as before (Fig. 2A), except that the band corresponding to *Lb.*  
216 *plantarum* (band c) was not present. Numerous and diverse bands for species of  
217 Enterobacteriaceae (bands a) were identified in the cultures from the PCA-M plates

218 with and without antibiotics, including a prominent band in all gels corresponding to  
219 *Escherichia coli* (band d). Abrupt changes in this latter band were detected in  
220 consecutive samples; the same was seen in the presence of tetracycline (Fig. 2B, lines 2,  
221 3 and 4) and erythromycin (Fig. 2C, lines 1 and 2).

222

### 223 3.2.2 PCR-DGGE profiles for lactic acid bacteria

224 Marked differences were observed between the profiles of LAB cells recovered in  
225 MRSA without antibiotics (Fig. 3A) and cultures supplemented with tetracycline (Fig.  
226 3B) and erythromycin (Fig. 3C). Though MRS is a strongly selective medium for  
227 lactobacilli, *L. lactis* and other LAB species could still grow. In the absence of  
228 antibiotics, a very intense band corresponding to *L. lactis* (band f) was observed at day 3  
229 (Fig. 3A, line 1). However, this band was barely observed in subsequent samples in the  
230 absence of antibiotics (Fig. 3A, lines 2 to 5); in fact, a prominent band for *Lb.*  
231 *plantarum* (band b) appeared instead. Surprisingly, the communities recovered in  
232 MRSA in the presence of tetracycline (Fig. 3B) and erythromycin (Fig. C) were  
233 composed of *L. lactis* (band f) and *Enterococcus faecalis* (band h). The latter species  
234 became dominant at the end of ripening (in 30- and 60-day old cheese samples).

235

### 236 3.2.3 PCR-DGGE profiles for micrococci and staphylococci

237 The profile obtained on day 3 for bacteria recovered from the BPA plates in the  
238 absence of antibiotics showed six bands (Fig. 4, line 1). This number was reduced to  
239 one in day 7-15 samples, but increased again to five-six in the day 30 and day 60  
240 samples. The sequence of the most intense bands matched that of *Ent. faecalis* (band b)  
241 both in the presence and absence of antibiotics. This suggests again that, although  
242 Baird-Parker is a selective medium for counting micrococci and staphylococci, it does

243 not restrict the growth of *Enterococcus* spp. In fact, a majority of staphylococci-related  
244 bands (allocated to the *Staphylococcus epidermidis*-*Staphylococcus aureus* species-  
245 group) was only identified in the absence of antibiotics on day 3 (Fig. 4A, line 1). Bands  
246 belonging to other staphylococcal groups were also observed at the end of ripening in  
247 the absence of antibiotics (Fig. 4A, lines 4 and 5), as well as in the presence of  
248 erythromycin (Fig. 4C).

249

### 250 3.2.4 PCR-DGGE profiles for *Enterobacteriaceae*

251 As for the other bacterial groups, different PCR-DGGE patterns were observed for  
252 the enterobacteria recovered from the VRBGA plates both in the absence (Fig. 5A) and  
253 presence of tetracycline (Fig. 5B). As expected, the profiles recorded for these bacteria  
254 when grown in the presence of erythromycin were identical to those when no antibiotic  
255 was present (Fig. 5C). Due to the high nucleotide identity of the 16S rRNA genes  
256 shared by the species of this family, most enterobacterial bands could only be identified  
257 at the family level. The exceptions were those corresponding to *E. coli* (band b) and  
258 *Enterobacter cloacae* (band c). The profile of the cultures from the day 3 cheese sample  
259 grown in the absence of antibiotics showed 14 bands (Fig. 5A, line 1), suggesting this  
260 group to be diverse in raw milk at the beginning of ripening. Of these bands, only five  
261 were seen at later times during ripening, with *E. coli* the most prominent from day 7  
262 onwards (Fig. 5A, lines 2 to 5). The profiles for tetracycline resistant enterobacteria  
263 showed a single band belonging to the species *E. coli*, except at 30 days of ripening  
264 (Fig. 5B). This indicates that *E. coli* was dominant among the enterobacteria resistant to  
265 tetracycline throughout the ripening process.

266

## 267 4. Discussion

268 Large numbers of antibiotic-resistant bacteria and genes have been repeatedly  
269 reported in foods, including dairy products (Florez et al., 2014; Devirgiliis et al., 2013;  
270 Wang et al., 2006). The development of suitable methods for examining the diversity  
271 and dynamics of resistant populations would contribute towards the characterization of  
272 the microbes carrying antibiotic resistances. This knowledge is pivotal in the proposal  
273 and assessment of strategies aimed at reducing antibiotic resistance loads and limiting  
274 the spread of antibiotic resistance genes via the food chain.

275 The presence of large numbers of resistant species mostly in cheese made from raw  
276 milk might correlate with the presence of high levels of antibiotic residues in the milk  
277 environment (Brunton et al., 2014), as reported for other ecosystems (Gao et al., 2012;  
278 Fan and He, 2011). The lower numbers of resistant populations as compared to those  
279 susceptible do not appear to be associated with an intrinsic antagonist effect of  
280 antibiotic-containing media in growth. Indeed, enterobacteria counts with and without  
281 erythromycin were identical (Figure 1). It is said that the biological cost of the  
282 resistances is not very high because resistant bacteria increase fitness by compensating  
283 mutations (Sousa et al., 2012). It has also been speculated that environmental conditions  
284 during fermentation and/or ripening might contribute to the maintenance of antibiotic  
285 resistance in food-borne bacteria (Rossi et al., 2014). However, the present counts  
286 suggested that the wild-type, non-resistant variants grow faster and reach higher cell  
287 densities under cheese manufacturing conditions.

288 Marked differences were seen between the PCR-DGGE profiles obtained in the  
289 presence and absence of antibiotics for all bacterial groups analysed in this study. The  
290 appearance and disappearance of majority (more intense) bands reveals sharp changes  
291 in the composition and structure of the microbial communities. The reduction in the

292 number of bands correlates with a reduction in microbial diversity, suggesting that most  
293 of the dominant bacterial populations of this cheese are susceptible to both antibiotics.

294 The PCR-DGGE profiles of the tetracycline- and erythromycin-resistant populations  
295 were composed mainly of *L. lactis* and *Enterococcus* spp. bands, which agrees well  
296 with results reported elsewhere regarding the large number of strains of these species  
297 showing resistance to tetracycline and erythromycin and the carriage of dedicated  
298 resistance genes (Pesavento et al., 2014; Devirgiliis et al., 2010; Flórez et al., 2008). In  
299 particular, *Enterococcus* species from different food environments have been found  
300 highly resistant to these antibiotics (Pesavento et al., 2014; Valenzuela et al., 2008).  
301 Species of this genus are thought to act as a reservoir of antibiotic resistance genes,  
302 from which they might be transferred to food-borne pathogens (EFSA, 2014). However,  
303 the abundance and intensity of *L. lactis* bands obtained in media with tetracycline and  
304 erythromycin argue for this species forming the majority antibiotic-resistant population  
305 in the present cheese model. Under the actual concern of spreading antibiotic resistances  
306 via the food chain (Rossi et al., 2014), it is unacceptable the presence in cheese of  
307 technologically-relevant species carrying antibiotic resistances, which argues for the  
308 establishment of improved hygienic practices in traditional cheese manufacture.

309 Mesophilic lactobacilli have been shown to form subdominant populations in many  
310 cheese varieties (Wouters et al., 2002). Although lactobacilli harbouring tetracycline  
311 and erythromycin resistance genes have been reported (Comunian et al., 2010; Feld et  
312 al., 2009), the presence of PCR-DGGE bands belonging to *Lactobacillus* species were  
313 never seen for cultivable bacteria growing on antibiotic-containing media. Thus, the  
314 populations of lactobacilli in the present cheese type seem to have no resistance to either  
315 antibiotic. The present data do not guarantee the complete absence of antibiotic-resistant

316 lactobacilli, however, since the larger numbers of other resistant groups (such as  
317 lactococci and enterococci) might mask their detection.

318 PCR-DGGE bands belonging to *Staphylococcus* spp. appeared mostly at the end of  
319 ripening, suggesting that staphylococci develop when the cheese matrix approaches the  
320 neutrality (pH 7.0). Antibiotic resistances in *Staphylococcus aureus*, coagulase-negative  
321 staphylococci and other staphylococci species has been repeatedly reported (Jamali et  
322 al., 2014; Spanu et al., 2014; Wang et al., 2012; Resch et al., 2008). However, the PCR-  
323 DGGE findings of this study suggest that the major carriers of antibiotic resistance  
324 proved to be members of the species groups *Staphylococcus simulans* and  
325 *Staphylococcus saprophyticus*.

326 The intrinsic nature of erythromycin resistance in enterobacteria (Liu et al., 2010)  
327 was the cause for identical counts and the same PCR-DGGE patterns of this group in  
328 the absence of antibiotics and in the presence of erythromycin. *E. coli* was the only  
329 enterobacterial species resistant to tetracycline. Its resistance to this antibiotic has been  
330 extensively documented, particularly in pathogenic strains of animal and human origin  
331 (Karczmarczyk et al., 2011; Guerra et al., 2003). The abrupt changes in the band of *E.*  
332 *coli* from consecutive samples may be a reflection of a heterogeneous spatial  
333 distribution for *E. coli* within the cheese matrix. As mentioned earlier, the presence of  
334 enterobacteria-related bands in the profiles for total cultivable bacteria grown with  
335 erythromycin was due to intrinsic resistance.

336

## 337 **5. Conclusion**

338 In this study we report on the use of the indirect PCR-DGGE technique for studying  
339 antibiotic-resistant bacterial communities in a model cheese made from raw milk  
340 without commercial starters. This method was shown to be suitable for identifying and

341 tracking antibiotic-resistant bacteria in cheese. Conceivable, it could also serve for  
342 similar purposes in other foods. Tracking resistant bacteria and the genes they encode  
343 might be accomplished in the near future through the use of Next Generation  
344 Sequencing techniques. In our cheese model, *E. coli*, *L. lactis*, *Ent. faecalis*, and  
345 *Staphylococcus* spp. were the microbial types involved in antibiotic resistance. The  
346 discovery of large numbers of resistant populations in cheese advocates for the  
347 establishment of stronger hygienic practices in cheese manufacture. Pasteurisation of  
348 milk and/or the use of well-characterized, starter and adjunct cultures devoid of  
349 resistance determinants could further help to control antibiotic resistance spread.

350

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357

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359

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## Figure Captions

**Figure 1.-** Counts of total (panel A) and representative (panels B through D) microbial groups in cheese at different stages of ripening in media supplemented or not with tetracycline or erythromycin. In parenthesis, it is indicated the counting media utilized for the different target populations.

**Figure 2.-** DGGE profiles of PCR amplicons of the V3 region of the bacterial 16S rRNA gene using as a template DNA from bacteria recovered from PCA-M plates without antibiotics (Panel A) or from PCA-M plates supplemented with tetracycline (Panel B) or erythromycin (Panel C). Lanes 1 through 5, cheese samples at 3, 7, 15, 30 and 60 days of ripening. Bands with a letter code were identified as follows: a, Enterobacteriaceae; b, *Lactococcus lactis*; c, *Lactobacillus plantarum*; d, *Escherichia coli*; e, *Staphylococcus saprophyticus* species-group (*S. xylosus*, *S. saprophyticus*, *S. arlettae*, *S. equorum*, *S. succinus*) f, *Enterococcus faecalis*; g, *Staphylococcus simulans* species-group (*S. simulans*, *S. carnosus*, *S. condimenti*, *S. piscifermentans*); h, *Enterococcus casseliflavus*; i, *Enterococcus faecium*; j, *Enterococcus* spp.;

**Figure 3.-** DGGE profiles of PCR amplicons of the V3 region of the bacterial 16S rRNA gene using as a template DNA from bacteria recovered from MRS agar plates without antibiotics (Panel A) or from MRS plates supplemented with tetracycline (Panel B) or erythromycin (Panel C). Lanes 1 through 5, cheese samples at 3, 7, 15, 30 and 60 days of ripening. Key of the identified bands: a, *Lactobacillus sakei*-*Lactobacillus curvatus*; b, *Lactobacillus plantarum*; c, *Lactobacillus brevis* ; d,

*Streptococcus* spp.; e, *Lactobacillus* spp.; f, *Lactococcus lactis*; g, *Enterococcus casseliflavus*; h, *Enterococcus faecalis*; i, uncultured bacterium; j, *Escherichia coli*.

**Figure 4.-** DGGE profiles of PCR amplicons of the V3 region of the bacterial 16S rRNA gene using as a template DNA from bacteria recovered from Baird-Parker (BP) agar plates without antibiotics (Panel A) or from BPA plates supplemented with tetracycline (Panel B) or erythromycin (Panel C). Lanes 1 through 5, cheese samples at 3, 7, 15, 30 and 60 days of ripening. Key of the identified bands: a, *Staphylococcus aureus*-*Staphylococcus epidermidis* species-group (*S. aureus*, *S. epidermidis*, *S. capitis*, *S. hominis*, *S. pasteurii*); b, *Enterococcus faecalis*; c, Enterobacteriaceae; d, *Staphylococcus saprophyticus* species-group (*S. xylosus*, *S. saprophyticus*, *S. arlettae*, *S. equorum*, *S. succinus*) ; e, *Staphylococcus simulans* species-group (*S. simulans*, *S. carnosus*, *S. condimenti*, *S. piscifermentans*); f, *Enterococcus* spp.

**Figure 5.-** DGGE profiles of PCR amplicons of the V3 region of the bacterial 16S rRNA gene using as a template DNA from bacteria recovered from VRBGA plates without antibiotics (Panel A) or from VRBGA plates supplemented with tetracycline (Panel B) or erythromycin (Panel C). Lanes 1 through 5, cheese samples at 3, 7, 15, 30 and 60 days of ripening. Key of the identified bands: a, Enterobacteriaceae group (*Hafnia* spp., *Citrobacter* spp., *Raoultella* spp.) b, *Escherichia coli*; c, *Enterobacter cloacae*.

Figure 1

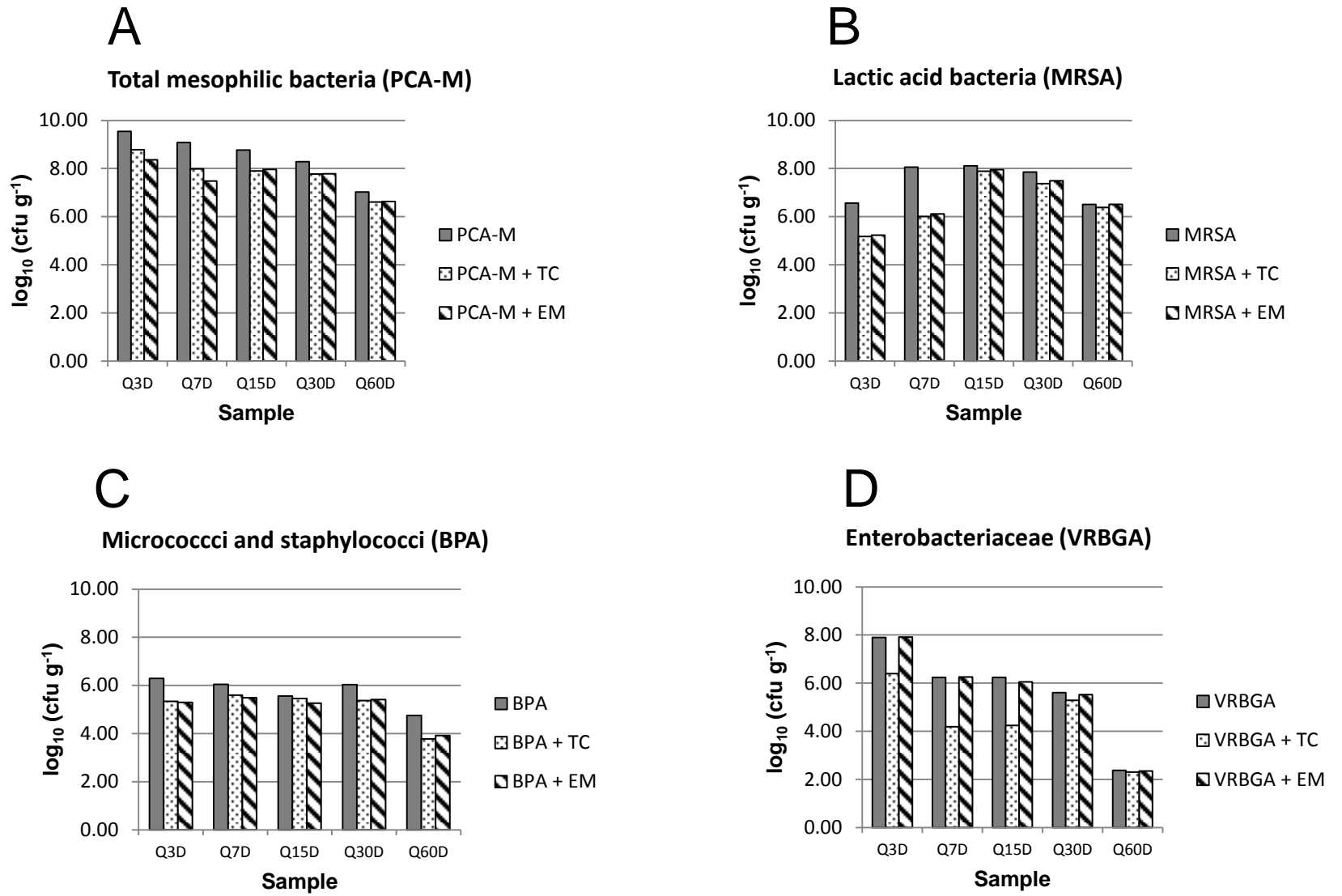




Figure 2

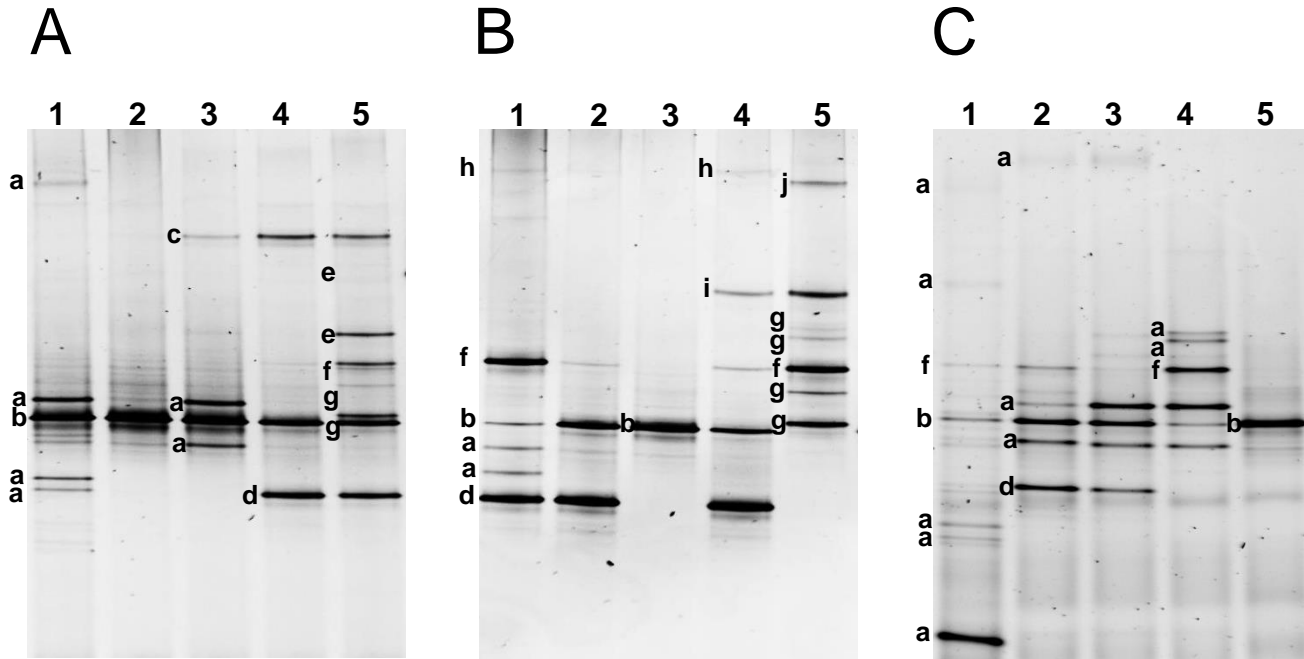


Figure 3

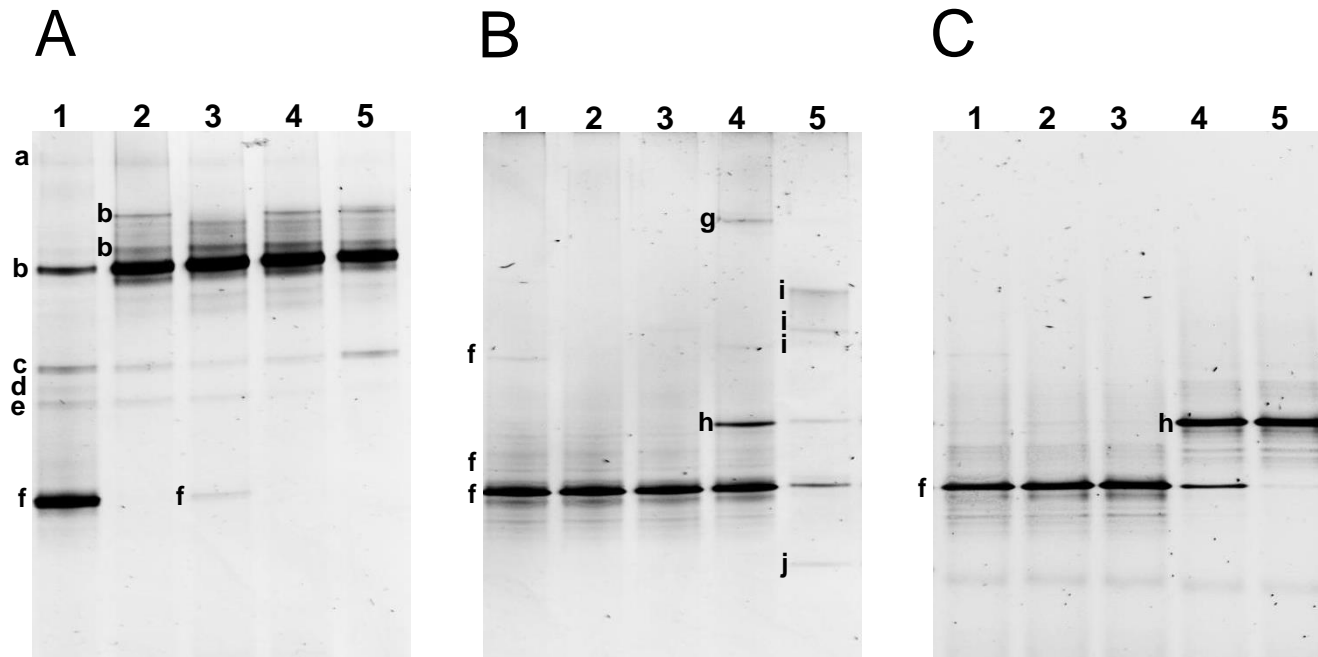


Figure 4

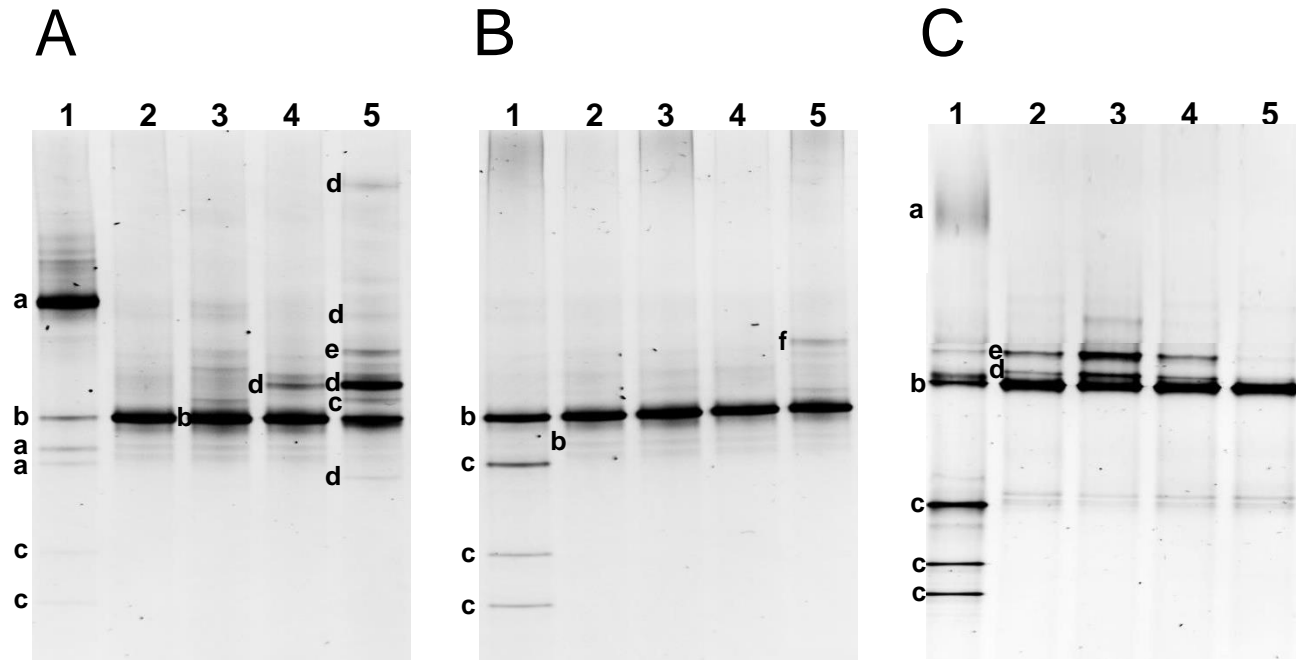
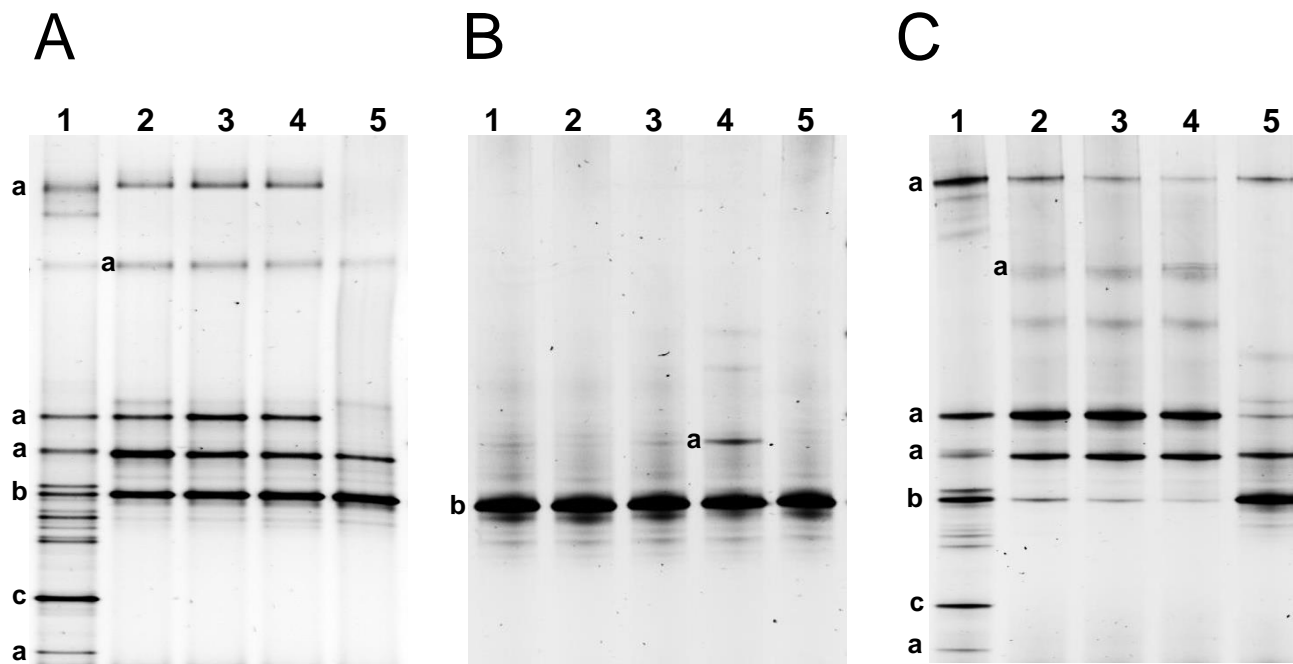


Figure 5



**Supplementary Figure 1.-** Representative sequences obtained from DGGE bands and their tentative identification by comparison against the databases.

Seq1 DGGE-band a, Figure 2 cheese Enterobacteriaceae (*Hafnia* spp., *Citrobacter* spp., *Raoultella* spp.)

GTACGTCATCACTAAGGTTATTAACCTTAATGCCTTCCTCCTCGCTGAAAGTACTTTACAACCCGAAGGCCTTCTTCATACACGCGGCATGGCTGCATCAG  
GCTTGCGCCATTGTGCAATATCCCCACTGCTGCCTCCCGT

Seq2 DGGE-band b, Figure 2 cheese *Lactococcus lactis*

GTAGTTACCGTCACTTGATGAGCTTTCCACTCTCACCAACGTTCTTCTCTACCAACAGAGTTTTACGATCCGAAAACCTTCTTCACTCACGCGGCGTTGCTC  
GGTCAGACTTTTCGTCCATTGCCGAAGATTCCCTACTGCTGCCTCCCGT

Seq3 DGGE-band b, Figure 3 cheese *Lactobacillus plantarum*

ATACCGTCATACCTGAACAGTTACTCTCAGATATGTTCTTCTTTAACAAACAGAGTTTTACGAGCCGAAACCCTTCTTCACTCACGCGGCGTTGCTCCATCAG  
ACTTTTCGTCCATTGTGGAAGATTCCCTACTGCTGCCTCCCGT

Seq4 DGGE-band b, Figure 5 cheese *Escherichia coli*

TACGTCATGAGCAAGGTATTAACCTTTACTCCCTTCCTCCCGCTGAAAGTACTTTACAACCCGAAGGCCTTCTTCATACACGCGGCATGGCTGCATCAGGC  
TTGCGCCATTGTGCAATATCCCCACTGGTGCATCCCGT

Seq5 DGGE-band e, Figure 2 cheese *Staphylococcus saprophyticus* species-group

GTACCGTCAAGACGTGCACAGTTACTTACACATTTGTTCTTCCCTAATAACAGAGTTTTACGAGCCGAAACCCTTCATCACTCACGCGGCGTTGCTCCGTC  
AGGCTTTCGCCATTGCGGAAGATTCCCTACTGCTGCCTCCCGT

Seq6 DGGE-band b, Figure 4 cheese *Enterococcus faecalis*

TAGAACCCTCAGGGGACGTTTACTAAGTCTTGTCTTCTTCTAACAACAGAGTTTTACGATCCGAAAACCTTCTTCACTCACGCGGCGTTGCTCGG  
TCAGACTTTCGTCCATTGCCGAAGATTCCCTACTGCTGCCTCCCGT

Seq7 DGGE-band e, Figure 4 cheese *Staphylococcus simulans* species-group

TGATTAGGTACCGTCAGGTGCGCATAGTTACCTACGCACTTGTCTTCCCTAATAACAGAGTTTTACGATCCGAAGACCTTCATCACTCACGCGGCGTTGC  
TCCGTCAGGCTTTCGCCATTGCGGAAGATTCCCTACTGCTGCCTCCCGT

Seq8 DGGE-band h, Figure 2 cheese *Enterococcus casseliflavus*

GATACCGTCAAGGGATGAACATTTTACTCTCATCCTTGTCTTCTTCTAACAACAGAGTTTTACGATCCGAAAACCTTCTTCACTCACGCGGCGTTGCTCGGGC  
AGACTTTCGTCCATTGCCAAGAATCCCTACTGCTGCCTCCCGT

Seq9 DGGE-band i, Figure 2 cheese *Enterococcus faecium*

GTAGATACCGTCAGGGATGAACAGTTACTCTCATCCTTGTTCTTCTCTAACAACAGAGTTTTACGATCCGAAAACCTTCTTCACTCACGCGGGCGTTGCTCG  
GTCAGACTTTTCGTCCATTGCCGAAGATTCCCTACTGCTGCCTCCCGT

Seq10 DGGE-band j, Figure 2 cheese *Enterococcus* spp.

TAGATACCGTCAAGGGATGTACAGTTACTCACGTCCTTATTCTTCTCTAACAACAGAGTTTTACGATCCGAAAACCTTCTTCACTCACGCGGGCGTTGCTCG  
TCAGACTTTTCGTCCATTGCCGAAGATTCCCTACTGCTGCCTCCCGT

Seq11 DGGE-band a, Figure 3 cheese *Lactobacillus sakei-curvatus*

TACGTCACTACCTGATCGGTTACTATCAGATATGTTCTTCTCCAACAACAGAGTTTTACGATCCGAAAACCTTCTTCACTCACGCGGGCGTTGCTCCATCAGA  
CTTTTCGTCCATTGTGGAAGATTCCCTACTGCTGCCTCCCGT

Seq12 DGGE-band c, Figure 3 cheese *Lactobacillus brevis*

ATACCGTCACACTTGAACAGTTACTCTCAAGATGTGTTCTTCTTTAACAACAGAGTTTTACGAGCCGAAACCTTCTTCACTCACGCGGGCGTTGCTCCATCA  
GACTTTTCGTCCATTGTGGAAGATTCCCTACTGCTGCCTCCCGT

Seq13 DGGE-band d, Figure 3 cheese *Streptococcus* spp.

CGTCACAGTGTGAGCTTTCCACTCTCACACTCGTTCTTCTTACAACAGAGTTTTACCAACCCAAAACCTTCTTCACTCCCGCGGGCGTTGCTCGGTCAGA  
CTTCCGTCCATTGCCGAAGATTCCCTACTGCTGCCTCCCGT

Seq14 DGGE-band e, Figure 3 cheese *Lactobacillus* spp.

ATACCGTCACACTTGAACAGTTACTCTCAAGATGTGTTCTTCTTTAACAACAGAGTTTTACGAGCCGAAACCTTCTTCACTCACGCGGGCGTTGCTCCATCA  
GACTTTTCGTCCATTGTGGAAGATTCCCTACTGCTGCCTCCCGT

Seq15 DGGE-band i, Figure 3 cheese uncultured bacterium

CGTTAGGTATTTACATTGTACTCATTCCAATTACAAGACCCGAATGGGCCCTGTATCGTTATTTATTGTCACTACCTCCCTGAATTAGGATTGGGTAATTTGC  
GCGCCTGCTGCCTCCCGT

Seq16 DGGE-band a, Figure 4 cheese *Staphylococcus aureus-epidermidis* species-group

CTTACACGTTTGTCTTCCCTAATAACAGAGTTTTACGATCCGAAGACCTTCATCACACACGCGGGCGTTGCTCCGTGAGGCTTGCGCCATTGCGGAAGAT  
TCCCTACTGCTGCCTCCCGT

Seq17 DGGE-band c, Figure 5 cheese *Enterobacter cloacae*

ACGTCAATCAGCTGCGGTTATTAACCATAACGCCTTCCCTCCCGCTGAAAGTACTTTACAACCCGAAGGCCTTCTTCATACACGCGGCATGGCTGCATCAG  
GCTTGCGCCATTGTGCAATATTCCCACTGCTGCCTCCCGT

**Supplementary Table 1.-** BLASTN homology of the nucleotide sequences from representative PCR-DGGE bands and their closest relatives in databases.

DGGE Band	Closest relative(s)	Nucleotide identity (%)	Accession n <sup>o</sup>
<b>Total mesophilic bacteria (PCA-M)</b>			
a	Enterobacteriaceae <i>Hafnia</i> spp. <i>Citrobacter</i> spp. <i>Raoultella</i> spp.	99	KC210872 KP972219 KC211307
b	<i>Lactococcus lactis</i>	100	KJ781895
c	<i>Lactobacillus plantarum</i>	100	KJ778116
d	<i>Escherichia coli</i> <i>Staphylococcus saprophyticus</i> species-group	99	JF919875
e	<i>S. saprophyticus</i> <i>S. xylosus</i>	100	KR059863 KM586983
f	<i>Enterococcus faecalis</i> <i>Staphylococcus simulans</i> species-group	99	KP298396
g	<i>S. simulans</i> <i>S. carnosus</i>	99	KP202162 KJ862002
h	<i>Enterococcus casseliflavus</i>	98	JX045722
i	<i>Enterococcus faecium</i>	99	KP275679
j	<i>Enterococcus</i> spp.	98	KM388675
<b>Lactic acid bacteria (MRSA)</b>			
a	<i>Lactobacillus sakei</i> <i>Lactobacillus curvatus</i>	98	LN827925 KR422333
b	<i>Lactobacillus plantarum</i>	100	KJ778116
c	<i>Lactobacillus brevis</i>	97	KP773479
d	<i>Streptococcus</i> spp.	97	GU429575
e	<i>Lactobacillus</i> spp.	97	AB894863
f	<i>Lactococcus lactis</i>	100	KJ781895
g	<i>Enterococcus casseliflavus</i>	98	JX045722
h	<i>Enterococcus faecalis</i>	99	KP298396
i	Uncultured bacterium	99	KJ013312
j	<i>Escherichia coli</i>	100	JF919875
<b>Micrococci and staphylococci (BPA)</b>			
a	<i>Staphylococcus aureus</i> -epidermidis species group <i>Staphylococcus aureus</i> <i>Staphylococcus epidermidis</i> <i>Staphylococcus hominis</i>	99	KP033216 AY699287 KM392087
b	<i>Enterococcus faecalis</i>	99	KP298396
c	Enterobacteriaceae <i>Hafnia</i> spp. <i>Citrobacter</i> spp. <i>Raoultella</i> spp. <i>Staphylococcus saprophyticus</i> species-group	99	KC210872 KP972219 KC211307
d	<i>S. saprophyticus</i> <i>S. xylosus</i>	100	KR059863 KM586983
e	<i>Staphylococcus simulans</i> species-group <i>S. simulans</i> <i>S. carnosus</i>	99	KP202162 KJ862002
f	<i>Enterococcus</i> spp.	98	KM388675
<b>Enterobacteriaceae (VRBGA)</b>			
a	Enterobacteriaceae <i>Hafnia</i> spp. <i>Citrobacter</i> spp. <i>Raoultella</i> spp.	99	KC210872 KP972219 KC211307
b	<i>Escherichia coli</i>	100	JF919875
c	<i>Enterobacter cloacae</i>	98	KF498698