

1 **Antagonism between lipid-derived reactive carbonyls and phenolic**  
2 **compounds in the Strecker degradation of amino acids**

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10 Abbreviated running title: Antagonism between carbonyls and phenols for amino acid  
11 degradation

12 ABSTRACT

13 The Strecker-type degradation of phenylalanine in the presence of 2-pentanal and  
14 phenolic compounds was studied to investigate possible interactions that either promote  
15 or inhibit the formation of Strecker aldehydes in food products. Phenylacetaldehyde  
16 formation was promoted by 2-pentenal and also by *o*- and *p*-diphenols, but not by *m*-  
17 diphenols. This is consequence of the ability of phenolic compounds to be converted  
18 into reactive carbonyls and produce the Strecker degradation of the amino acid. When  
19 2-pentenal and phenolic compounds were simultaneously present, an antagonism among  
20 them was observed. This antagonism is suggested to be a consequence of the ability of  
21 phenolic compounds to either react with both 2-pentenal and phenylacetaldehyde, or  
22 compete with other carbonyl compounds for the amino acids, a function that is  
23 determined by their structure. All these results suggest that carbonyl-phenol reactions  
24 may be used to modulate flavor formation produced in food products by lipid-derived  
25 reactive carbonyls.

26 *Keywords:*

27 Carbonyl-amine reactions; Carbonyl-phenol reactions; Lipid oxidation; Maillard  
28 reaction; Phenolic compounds; Strecker degradation

29 *Chemical compounds studied in this article:*

30 Phenylalanine (PubChem ID: 994); phenylacetaldehyde (PubChem ID: 998); 2-pentenal  
31 (PubChem ID: 5364752); catechol (PubChem ID: 289); resorcinol (PubChem ID:  
32 5054); hydroquinone (PubChem ID: 785); benzoquinone (PubChem ID: 4650);  
33 pyrogallol (PubChem ID: 1057); 1,2,4-trihydroxybenzene (PubChem ID: 10787);  
34 phloroglucinol (PubChem ID: 359).

## 35 **1. Introduction**

36 The Strecker degradation of amino acids is an oxidative decarboxylation reaction by  
37 which these compounds are transformed into decarboxylated deaminated carbonyl  
38 compounds in the presence of a variety of reagents under different reaction conditions  
39 (Yaylayan, 2003). This reaction is a source of important volatile constituents of food  
40 flavors, including Strecker aldehydes, pyrazines, pyridines, pyrroles, and oxazoles,  
41 among other compounds (see, for example, Kebede et al., 2014; Lu, Bruheim,  
42 Haugsgjerd, & Jacobsen, 2014).

43 In Maillard chemistry, the Strecker degradation is basically produced between  $\alpha$ -  
44 dicarbonyl compounds produced by carbohydrate dehydration or fragmentation (1- or  
45 3-deoxyosones, glyoxal, 2,3-butanedione, 2-oxo-propanal, etc.) and amino acids  
46 (Guerra & Yaylayan, 2013; Zamora & Hidalgo, 2015). In addition, other carbonyl  
47 compounds, or their precursors, are also able to degrade amino acids. Thus, the ability  
48 of lipid-derived reactive carbonyls (Hidalgo & Zamora, 2004), amino acid-derived  
49 reactive carbonyls (Hidalgo, Alc3n, & Zamora, 2013), polyphenol-derived quinones  
50 (Rizzi, 2006), and polyphenols (Delgado, Zamora, & Hidalgo, 2015) for producing the  
51 Strecker degradation of amino acids has also been described.

52 The fact that reactive carbonyls coming from very different origins, such as  
53 carbohydrates, lipids, amino acids, or polyphenols, can promote amino acid  
54 degradation, suggests the existence of many different alternative reaction pathways that  
55 contribute to the formation of a large variety of flavor compounds in addition to  
56 Strecker aldehydes. This would explain the seemingly endless source of flavor-  
57 significant compounds produced in the course of Strecker degradation (Rizzi, 2008).  
58 Furthermore, the existence of, at present, unknown interactions among all these routes  
59 might be either enhancing or inhibiting the formation of Strecker aldehydes as common

60 products of all these routes. In an attempt to uncover possible interactions that either  
61 promote or inhibit the formation of Strecker aldehydes in food products, this manuscript  
62 studies the amino acid degradation produced in the presence of phenolic compounds or  
63 a lipid-derived reactive carbonyl, as well as in the simultaneous presence of both kinds  
64 of Strecker degradation promoters.

## 65 **2. Materials and methods**

### 66 *2.1. Materials*

67 Phenylalanine was selected as a model amino acid because its Strecker aldehyde  
68 phenylacetaldehyde has a high boiling point (195 °C), can be easily determined by gas  
69 chromatography-mass spectrometry (GC-MS), and is a very powerful odorant (Delgado,  
70 Zamora, & Hidalgo, 2015).

71 2-Pentenal was employed as a model lipid-derived reactive carbonyl because its  
72 reaction with phenolic compounds, in addition to amino compounds, has been  
73 thoroughly studied (Hidalgo & Zamora, 2014).

74 Ten simple phenolic compounds having two or three hydroxyl groups at different  
75 positions of the aromatic ring were employed to understand also the role of the relative  
76 positions of hydroxyl groups in the aromatic ring for producing the Strecker degradation  
77 of the amino acid. Some of these compounds also contained one carboxylic group. The  
78 chemical structures of these phenolic compounds are shown in Fig. 1. The selected  
79 phenols included *o*-diphenols: catechol (CAT) and 3,4-dihydroxybenzoic acid (3,4-  
80 DHB); *m*-diphenols: resorcinol (RES) and 2,6-dihydroxybenzoic acid (2,6-DHB); *p*-  
81 diphenols: hydroquinone (HQ) and 2,5-dihydroxybenzoic acid (2,5-DHB); and  
82 trihydroxyphenols: pyrogallol (PG), 1,2,4-trihydroxybenzene (TH), and phloroglucinol  
83 (PHL). In addition, although benzoquinone (BQ) is not a phenol derivative, it was

84 included for comparison purposes. Phenolic compounds, phenylalanine, 2-pentenal, and  
85 other chemicals were purchased from Aldrich (Milwaukee, WI), Sigma (St. Louis, MO),  
86 Fluka (Buchs, Switzerland), or Merck (Darmstadt, Germany), and were of the highest  
87 available quality.

88 *2.2. Formation of phenylacetaldehyde in binary and ternary mixtures of phenylalanine,*  
89 *2-pentenal, and phenolic compounds*

90 Mixtures of phenylalanine (25  $\mu\text{mol}$ ), the phenolic compound (0, 25 or 50  $\mu\text{mol}$ ),  
91 and/or 2-pentenal (0 or 25  $\mu\text{mol}$ ) in 500  $\mu\text{L}$  of 0.3 M citrate buffer, pH 3, were  
92 introduced in closed test tubes and heated at 180  $^{\circ}\text{C}$  for 1 h. After cooling (10 min at  
93 room temperature) samples were diluted with 1 mL of acetonitrile and 50  $\mu\text{L}$  of internal  
94 standard solution (54.8 mg of methyl heptanoate in 25 mL of ethanol) added. Samples  
95 were analyzed for phenylacetaldehyde formation by GC-MS.

96 *2.3. Phenylacetaldehyde and 2-pentenal concentration changes in the presence of*  
97 *phenols*

98 Mixtures of phenylacetaldehyde (25  $\mu\text{mol}$ ), 2-pentenal (25  $\mu\text{mol}$ ), and the phenolic  
99 compound (25  $\mu\text{mol}$ ) in 500  $\mu\text{L}$  of 0.3 M citrate buffer, pH 3, were introduced in closed  
100 test tubes and heated at 180  $^{\circ}\text{C}$  for 1 h. After cooling (10 min at room temperature),  
101 samples were diluted with 1 mL of acetonitrile and 50  $\mu\text{L}$  of internal standard solution  
102 (54.8 mg of methyl heptanoate in 25 mL of ethanol) added. Phenylacetaldehyde and 2-  
103 pentenal were determined by GC-MS.

104 *2.4. GC-MS analyses*

105 GC-MS analyses were conducted with a Hewlett-Packard 6890 GC Plus coupled  
106 with an Agilent 5973 MSD (mass selective detector, quadrupole type). A fused-silica  
107 HP5-MS capillary column (30 m  $\times$  0.25 i.d.; coating thickness, 0.25  $\mu\text{m}$ ) was used, and

108 1  $\mu\text{L}$  of sample was injected in the pulsed splitless mode. Working conditions were as  
109 follows: carrier gas, helium (1 mL/min at constant flow); injector, 250 °C; oven  
110 temperature programmed from 40 °C (1 min) to 240 °C at 5 °C/min and then to 300 °C  
111 at 10 °C/min; transfer line to MSD, 280 °C; ionization EI, 70 eV; ion source  
112 temperature, 230 °C; mass range, 28–550 amu.

### 113 *2.5. Determination of phenylacetaldehyde and 2-pentenal contents*

114 Quantification of phenylacetaldehyde and 2-pentenal was carried out as described  
115 previously for phenylacetaldehyde (Zamora, Gallardo, & Hidalgo, 2007) by preparing  
116 standard curves of both aldehydes in the 1.55 mL of the solution prepared for GC-MS  
117 injection. Then, different concentration levels of both aldehydes were used. Aldehyde  
118 content was directly proportional to the aldehyde/internal area ratio ( $r = 0.999$ ,  $p <$   
119  $0.0001$ ). The coefficients of variation were  $< 10\%$ .

### 120 *2.6. Statistical analysis*

121 All data given are mean or mean  $\pm$  SD values of, at least, three independent  
122 experiments. Statistical comparisons among different groups were made using analysis  
123 of variance. When significant  $F$  values were obtained, group differences were evaluated  
124 by the Tukey test (Snedecor & Cochran, 1980). Statistical comparisons were carried out  
125 using Origin v. 7.0 (OriginLab Corp., Northampton, MA, USA). The significance level  
126 is  $p < 0.05$  unless otherwise indicated.

## 127 **3. Results**

### 128 *3.1. Phenylacetaldehyde formation in binary and ternary mixtures of phenylalanine, 2-* 129 *pentenal and phenolic compounds*

130 As described previously, both lipid-derived reactive carbonyls (Hidalgo & Zamora,  
131 2004) and some phenolic compounds (Delgado, Zamora, & Hidalgo, 2015) are able to

132 produce the Strecker degradation of amino acids. Thus, addition of 2-pentenal,  
133 analogously to other lipid-derived reactive carbonyls, increased phenylacetaldehyde  
134 formation by 274% in relation to the phenylacetaldehyde produced in the absence of an  
135 added carbonyl compound (Table 1). Analogously, addition of *o*- and *p*-diphenols also  
136 increased phenylacetaldehyde formation by 68–391% when 25  $\mu\text{mol}$  of the phenolic  
137 compound were added and by 144–397% when 50  $\mu\text{mol}$  of the phenolic compound  
138 were added. An analogous increase in phenylacetaldehyde formation was observed  
139 when either pyrogallol or 1,2,4-trihydroxybenzene were added. Thus,  
140 phenylacetaldehyde content increased by 227–247% when 25  $\mu\text{mol}$  of these trihydroxy  
141 derivatives were added and by 309–322% when 50  $\mu\text{mol}$  of these trihydroxy derivatives  
142 were added. Differently to the increases observed for all these compounds, no  
143 significant increases were observed when *m*-diphenols were added (Table 1). This  
144 happened for resorcinol, 2,6-dihydroxybenzoic acid, and phloroglucinol.

145 This different behavior between *m*-diphenols and *o*- and *p*-diphenols is consequence  
146 of the ability of carbonyl compounds, including the quinones formed by oxidation of *o*-  
147 and *p*-diphenols, to produce the Strecker degradation of phenylalanine. For that reason,  
148 when benzoquinone was employed in the place of phenolic derivatives,  
149 phenylacetaldehyde was produced to a higher extent than when the phenolic compound  
150 was added (about 500–600% higher than the phenylacetaldehyde produced by  
151 hydroquinone in relation to control reaction).

152 When both 2-pentenal and phenolic compounds were added simultaneously to  
153 phenylalanine, the obtained results were different to those described above and much  
154 lower increases in the phenylacetaldehyde produced were observed. Thus,  
155 phenylacetaldehyde only increased significantly ( $p < 0.05$ ) in relation to the control of  
156 phenylalanine and 2-pentenal, when 25  $\mu\text{mol}$  of hydroquinone, benzoquinone,

157 pyrogallol or 1,2,4-trihydroxybenzene, or 50  $\mu\text{mol}$  of 3,4-dihydroxybenzoic acid,  
158 benzoquinone or pyrogallol were added (Table 1). In addition, there was not a clear  
159 difference in the amount of phenylacetaldehyde formed when either 25 or 50  $\mu\text{mol}$  of  
160 phenolic compound was employed. On the other hand, addition of 2,6-  
161 dihydroxybenzoic acid or phloroglucinol at 25  $\mu\text{mol}$  or phloroglucinol at 50  $\mu\text{mol}$ ,  
162 significantly reduced the phenylacetaldehyde produced.

### 163 3.3. Phenylacetaldehyde and 2-pentenal disappearance in the presence of phenols

164 To understand this different behavior in the presence and in the absence of 2-  
165 pentenal, the disappearance of phenylacetaldehyde and 2-pentenal in the presence of  
166 phenolic compounds was studied. Four phenols were selected as model compounds for  
167 these studies. They included resorcinol, hydroquinone, 1,2,4-trihydroxybenzene, and  
168 phloroglucinol, as model *m*-diphenol, *p*-diphenol, triphenol having *ortho* and *para*  
169 substitutions, and triphenol having *meta* substitutions, respectively.

170 2-Pentenal was quite stable after 1 h heating at 180  $^{\circ}\text{C}$  in sodium citrate buffer, pH 3  
171 (Fig. 1A). About 80% of original 2-pentenal was recovered, and this recovering was  
172 independent of the presence of phenylacetaldehyde in the reaction mixture. 2-Pentenal  
173 recovering was fairly constant in the presence of resorcinol, hydroquinone, and 1,2,4-  
174 trihydroxyphenol. However, it decreased significantly ( $p < 0.05$ ) in the presence of  
175 phloroglucinol. In fact, only 56% of the original 2-pentenal was recovered when heated  
176 in the presence of this phenolic compound, and this percentage was similar when 2-  
177 pentenal was heated only with the phenolic compound (binary mixture) or when the  
178 mixture also contained phenylacetaldehyde (ternary mixture).

179 Differently to 2-pentenal, phenylacetaldehyde was less stable, and only 50% of  
180 original phenylacetaldehyde was recovered after 1 h heating at 180  $^{\circ}\text{C}$  in sodium citrate



181 buffer, pH 3 (Fig. 1B). This percentage was similar for phenylacetaldehyde heated in  
182 the presence or in the absence of 2-pentenal. However, it decreased when heated in the  
183 presence of most phenols. Thus, resorcinol, hydroquinone, and 1,2,4-trihydroxybenzene  
184 decreased slightly the amount of phenylacetaldehyde recovered (the phenylacetaldehyde  
185 recovered in the presence of these phenols was 39–47%), and there were not significant  
186 differences when 2-pentenal was, or not, present. The decrease in the amount of  
187 phenylacetaldehyde recovered after heating was much higher in the presence of  
188 phloroglucinol. In the presence of this phenolic compound, only 7–9% of the original  
189 phenylacetaldehyde was recovered at the end of the heating process.

190 *3.2. Antagonism between 2-pentenal and phenolic compounds for phenylacetaldehyde*  
191 *formation in ternary mixtures of phenylalanine, 2-pentenal and phenolic compounds.*

192 Although 2-pentenal and phenolic compounds converted phenylalanine into  
193 phenylacetaldehyde, the simultaneous presence of both kinds of compounds usually  
194 reduced the amount of phenylacetaldehyde that should have been produced considering  
195 the phenylacetaldehyde produced by both kinds of compounds when added  
196 independently. This antagonism was calculated from the data shown in Table 1  
197 according to the following equation

$$198 \quad \text{antagonism (\%)} = \frac{\text{expected phenylacetaldehyde} - \text{produced phenylacetaldehyde}}{\text{expected phenylacetaldehyde}} * 100$$

199 where the produced phenylacetaldehyde was the phenylacetaldehyde determined  
200 experimentally in the ternary mixtures and the expected phenylacetaldehyde was  
201 calculated by adding the phenylacetaldehyde produced by each component in the binary  
202 mixtures.

203 The exhibited antagonism is shown in Fig. 3. In general, most of the determined  
204 antagonisms between 2-pentenal and the assayed phenols was about 25%. This occurred

205 for catechol, resorcinol, 2,6-dihydroxybenzoic acid, hydroquinone, benzoquinone, and  
206 1,2,4-hydroxybenzene. However, three of the assayed phenols clearly exhibited a  
207 reduced antagonism. They were 3,4-dihydroxybenzoic acid, 2,5-dihydroxybenzoic acid,  
208 and pyrogallol. On the other hand, the antagonism exhibited between 2-pentenal and  
209 phloroglucinol was clearly higher: around 70%.

#### 210 **4. Discussion**

211 Strecker-type degradation of amino acids is produced by a number of carbonyl  
212 compounds, including carbohydrates (Guerra & Yaylayan, 2013), lipid-derived reactive  
213 carbonyls (Hidalgo & Zamora, 2004), amino acid-derived reactive carbonyls (Hidalgo,  
214 Alcón, & Zamora, 2013), polyphenol-derived quinones (Rizzi, 2006), and polyphenols  
215 (Delgado, Zamora, & Hidalgo, 2015), among others. A pathway for phenylalanine  
216 degradation in the presence of 2-pentenal is suggested in Fig. 4. This pathway is based  
217 on the studies of amino acid degradation in the presence of carbonyl compounds  
218 discussed by Rizzi (2008). As can be observed, the first step is the formation of the  
219 corresponding imine between the amino group of the amino acid and the carbonyl  
220 group. This imine undergoes then a thermally induced, irreversible decarboxylation.  
221 The reason for this decarboxylation can be better understood from the zwitterionic form  
222 of the imine. Finally, the produced azomethine ylide undergoes addition of water to  
223 produce the Strecker aldehyde (phenylacetaldehyde) and an unstable enamine. The  
224 easiness of the imine decarboxylation in relation to the analogous decarboxylation of  
225 the amino acid is the responsible for the much higher yield of phenylacetaldehyde  
226 produced in phenylalanine/2-pentenal mixtures than in phenylalanine heated alone  
227 (Table 1).

228 The presence of phenolic compounds introduces alternative routes in this reaction  
229 pathway. Fig. 4 shows the reactions with resorcinol, but analogous reactions also take

230 place with other *m*-di- or triphenol derivatives (Salazar, Arámbula-Villa, Hidalgo, &  
231 Zamora, 2014). *m*-Diphenols are able to react with both 2-pentenal and  
232 phenylacetaldehyde. The reaction with 2-pentenal was studied by Hidalgo & Zamora  
233 (2014). These authors found that a number of carbonyl-phenol adducts are produced,  
234 including 2*H*-chromenols, chromandiols, chromanols, and dihydropyrano[3,2-  
235 *g*]chromenes, some of which are only intermediates in the formation of polymeric  
236 structures. Fig. 4 shows only the structures of two of the simplest produced adducts:  
237 2*H*-chromenols and chromandiols.

238 Phenylacetaldehyde also reacts with phenolic compounds. This reaction was studied  
239 by Chen et al. (2009). The reaction takes place by addition of the aromatic CH group in  
240 *ortho* to one of the hydroxyl groups of the phenolic compound to the carbonyl carbon of  
241 the aldehyde. The produced adduct can suffer then a dehydration to produce the  
242 conjugated structure shown in Fig. 4.

243 Therefore, *m*-diphenols should inhibit the reaction between phenylalanine and 2-  
244 pentenal by scavenging either the initial aldehyde or the final phenylacetaldehyde. For  
245 that reason, when the reaction between phenylalanine and 2-pentenal was carried out in  
246 the presence of resorcinol, 2,6-dihydroxybenzoic acid and phloroglucinol, the amount of  
247 phenylacetaldehyde determined was lower than when the phenolic compounds were  
248 absent (Table 1). In particular, the phenylacetaldehyde formed in the presence of  
249 phloroglucinol was similar to the phenylacetaldehyde formed by phenylalanine in the  
250 absence of carbonyl compounds (Table 1). The reason for that was the high carbonyl-  
251 scavenging power of phloroglucinol. As shown in Fig. 2, phloroglucinol exhibited a  
252 significant 2-pentenal-scavenging power, but it was especially good for removing  
253 phenylacetaldehyde, which almost disappeared when mixtures of phenylacetaldehyde  
254 and phloroglucinol were heated either in the presence or in the absence of 2-pentenal.

255 The effect of *o*- and *p*-diphenols was different. These compounds are oxidized upon  
256 heating and the formed quinones are able to produce the Strecker degradation of amino  
257 acids (Delgado, Zamora, & Hidalgo, 2015). As shown in Fig. 5, catechol, as an example  
258 of *o*-diphenol, is converted into 1,2-benzoquinone upon heating and this quinone reacts  
259 with amino acids analogously to other carbonyl compounds. Thus, it forms the  
260 corresponding imine, which can be decarboxylated through the zwitterionic form of the  
261 imine. Finally, the produced azomethine ylide undergoes addition of water to produce  
262 the Strecker aldehyde (phenylacetaldehyde) and an aminophenol. Therefore, *o*- and *p*-  
263 diphenols and analogous triphenols increased the formation of phenylacetaldehyde in  
264 comparison to the aldehyde produced by decomposition of phenylalanine in the absence  
265 of carbonyl compounds (Table 1).

266 The differences observed in the phenylacetaldehyde produced in either the presence  
267 of phenols or 2-pentenal is likely related to both the stability of the azomethine ylide  
268 formed and the yield of the conversion of the phenol into quinone. Thus, the azomethine  
269 ylide produced in the reaction with quinones is highly delocalized because of the  
270 aromatic ring, and should be more stable than the corresponding azomethine ylide  
271 formed from 2-pentenal. For that reason, it should be expected that the decarboxylation  
272 of the imine would be easier with quinones than with 2-pentenal. In fact,  
273 phenylacetaldehyde was produced to a lower extent in phenylalanine/2-pentenal  
274 mixtures (43.7  $\mu\text{mol}$  of phenylacetaldehyde/mmol of phenylalanine) than in  
275 phenylalanine/benzoquinone mixtures (105.4  $\mu\text{mol}$  of phenylacetaldehyde/mmol of  
276 phenylalanine). However, when reactions were carried out with phenols and not with  
277 the quinone, the yields were lower more likely because of the limited conversion of the  
278 phenol into the corresponding quinone (Table 1). In fact, the phenylacetaldehyde

279 produced in phenylalanine/2-pentenal mixtures was quite similar to the  
280 phenylacetaldehyde produced in mixtures of phenylalanine with *o*- and *p*-diphenols.

281 Independently of the positions of the hydroxyl groups, when phenols and 2-pentenal  
282 were added simultaneously, an antagonism was mostly observed (Fig. 3). The reason for  
283 this antagonism is clear in the case of *m*-diphenols because they remove the carbonyl  
284 compounds responsible for amino acid degradation from the media. This effect was  
285 clearly observed for phloroglucinol, which, according to the results shown in Fig. 2, is a  
286 powerful phenylacetaldehyde scavenger and, to a lower extent, also a 2-pentenal  
287 scavenger. For that reason, antagonism was very high between 2-pentenal and  
288 phloroglucinol (66-72% as shown in Fig. 3). Contrarily to the antagonism between 2-  
289 pentenal and *m*-di- and triphenols, the reason for the antagonism exhibited by *o*- and *p*-  
290 diphenols is not so clear. This antagonism does not seem to be related to an inhibition of  
291 the conversion of the phenolic compounds into quinones because hydroquinone and  
292 benzoquinone exhibited a similar antagonism. On the contrary, it seems to be related to  
293 a promotion of phenylacetaldehyde disappearance as observed in Fig. 2B. This  
294 promotion of phenylacetaldehyde disappearance was similar for resorcinol,  
295 hydroquinone, and 1,2,4-trihydroxybenzene. For that reason, catechol, resorcinol,  
296 hydroquinone, and 1,2,4-trihydroxybenzene exhibited a similar antagonism with 2-  
297 pentenal (Fig. 3). Different to these phenolic derivatives, 3,4-dihydroxybenzoic acid,  
298 2,5-dihydroxybenzoic acid, and pyrogallol, exhibited a reduced antagonism with 2-  
299 pentenal (Fig. 3), which remains to be clarified.

300 All these results confirm that the Strecker degradation of amino acids is produced by  
301 different carbonyl compounds. However, when several of them are present  
302 simultaneously, there are interactions among them that mostly produce a reduction of  
303 the amount of Strecker aldehyde that should have been produced. This reduction is

304 particularly important for *m*-diphenols, which are able to scavenge both the carbonyl  
305 compounds responsible for the Strecker degradation of the amino acid and also the  
306 produced Strecker aldehydes. These results are in agreement with the reduction of off-  
307 flavor development in Maillard chemistry produced when using phenols (Kokkinidou &  
308 Peterson, 2014) and with the aromas developed during cooking of vegetables with  
309 different culinary techniques due to the large amount and variety of phenolic  
310 compounds and the possible interactions with other food components (Kebede et al.,  
311 2013). They also point out to carbonyl-phenol reactions as a way to modulate flavor  
312 formation produced by lipid-derived carbonyl compounds in food products.

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## Figure legends

**Fig. 1.** Chemical structures of phenolic compounds, and analogous compounds, employed in this study.

**Fig. 2.** 2-Pentenal and phenylacetaldehyde recovered from mixtures of 2-pentenal, phenylacetaldehyde, and phenolic compounds heated for 1 h at 180 °C. 2-Pentenal recovering (panel A) was determined in binary mixtures of 2-pentenal and phenolic compounds (striped bars) and in ternary mixtures of 2-pentenal, phenylacetaldehyde and phenolic compounds (open bars). Phenylacetaldehyde recovering (panel B) was determined in binary mixtures of phenylacetaldehyde and phenolic compounds (striped bars) and in ternary mixtures of phenylacetaldehyde, 2-pentenal and phenolic compounds (open bars).

**Fig. 3.** Antagonism among 2-pentenal and phenolic compounds in the formation of phenylacetaldehyde in ternary mixtures of phenylalanine, 2-pentenal, and phenolic compounds heated for 1 h at 180 °C. Two amounts of phenolic compounds were employed in the mixtures: 25  $\mu\text{mol}$  (striped bars) and 50  $\mu\text{mol}$  (open bars).

**Fig. 4.** Reaction pathway for phenylacetaldehyde formation by phenylalanine degradation in the presence of 2-pentenal and inhibition by *m*-diphenols.

**Fig. 5.** Competitive reaction pathways for phenylacetaldehyde formation by phenylalanine degradation in the presence of 2-pentenal and *o*- and *p*-diphenols.

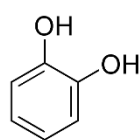
**Table 1**

Phenylacetaldehyde formation in binary and ternary mixtures of phenylalanine, 2-pentenal and phenolic compounds

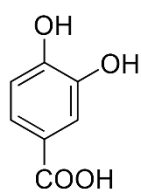
Phenol tested	25 $\mu\text{mol}$ of phenol		50 $\mu\text{mol}$ of phenol	
	Without 2-pentenal	With 2-pentenal	Without 2-pentenal	With 2-pentenal
None	11.7 $\pm$ 1.4	43.7 $\pm$ 7.4	11.7 $\pm$ 1.4	43.7 $\pm$ 7.4
Catechol	26.0 $\pm$ 6.0 *	44.8 $\pm$ 11.5	28.6 $\pm$ 5.4 **	44.7 $\pm$ 9.6
3,4-Dihydroxybenzoic acid	19.7 $\pm$ 6.6	51.9 $\pm$ 12.7	36.2 $\pm$ 1.5 ***	61.8 $\pm$ 15.1 *
Resorcinol	11.2 $\pm$ 2.1	33.9 $\pm$ 8.0	16.1 $\pm$ 2.9	36.5 $\pm$ 1.0
2,6-Dihydroxybenzoic acid	12.9 $\pm$ 3.0	31.0 $\pm$ 6.6 *	12.0 $\pm$ 2.7	40.4 $\pm$ 10.8
Hydroquinone	57.4 $\pm$ 7.9 ***	68.1 $\pm$ 15.3 **	58.1 $\pm$ 1.4 ***	56.1 $\pm$ 9.6
2,5-Dihydroxybenzoic acid	27.0 $\pm$ 1.7 **	52.2 $\pm$ 4.8	29.2 $\pm$ 1.0 ***	57.3 $\pm$ 14.2
Benzoquinone	105.4 $\pm$ 17.8 ***	103.2 $\pm$ 19.0 ***	126.3 $\pm$ 12.2 ***	106.0 $\pm$ 4.1 ***
Pyrogallol	38.3 $\pm$ 4.5 ***	84.5 $\pm$ 7.7 ***	47.9 $\pm$ 11.7 **	74.9 $\pm$ 11.8 **
1,2,4-Trihydroxybenzene	40.6 $\pm$ 10.2 **	57.2 $\pm$ 9.6 *	49.4 $\pm$ 9.1 **	50.9 $\pm$ 12.9
Phloroglucinol	12.8 $\pm$ 3.4	15.2 $\pm$ 2.0 ***	12.6 $\pm$ 2.9	12.3 $\pm$ 2.7 ***

Values are mean  $\pm$  SD (in  $\mu\text{mol}$  of phenylacetaldehyde/mmol of phenylalanine) for, at least, three independent experiments. Means in the same column with an asterisk are significantly different from its control: \* ( $p < 0.05$ ), \*\* ( $p < 0.01$ ), \*\*\* ( $p < 0.001$ ). Reaction mixtures contained 25

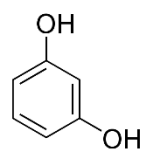
$\mu\text{mol}$  of phenylalanine, 25  $\mu\text{mol}$  of 2-pentenal, and the indicated amount of phenolic compound. Benzoquinone is not a phenol, but it was assayed for comparison purposes.



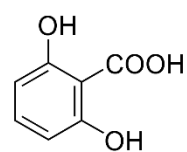
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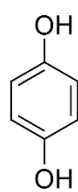
3,4-DHB



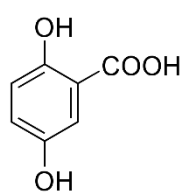
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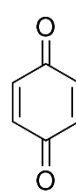
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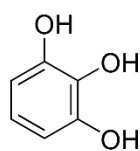
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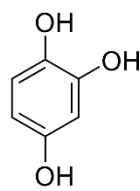
2,5-DHB



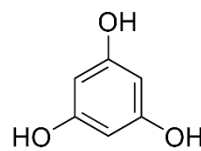
BQ



PG

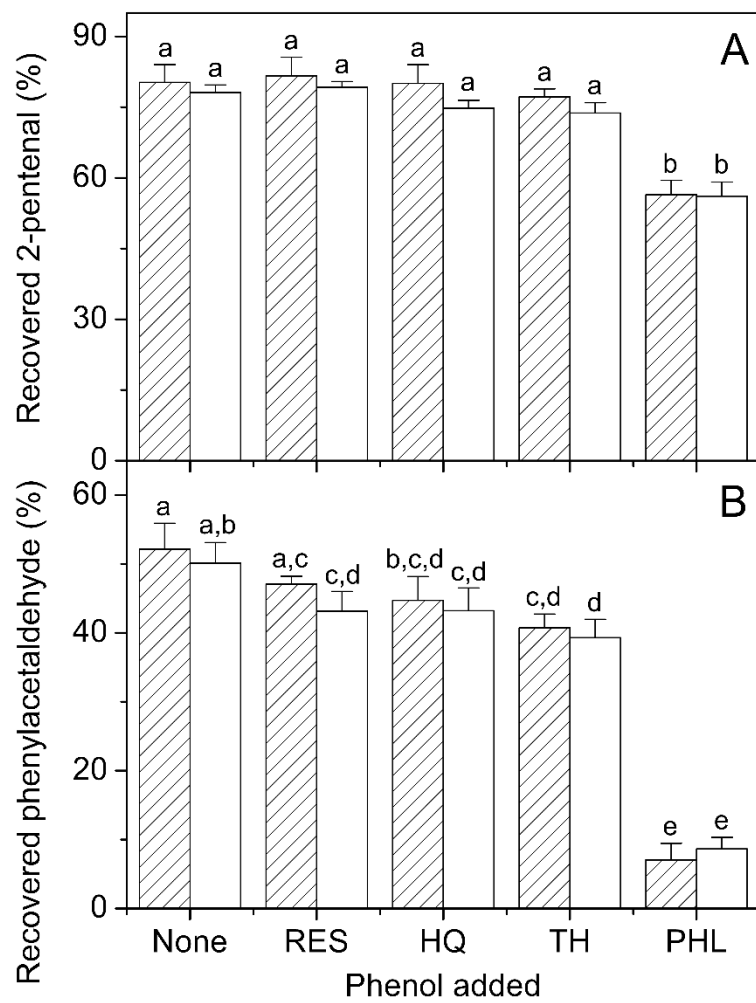


TH

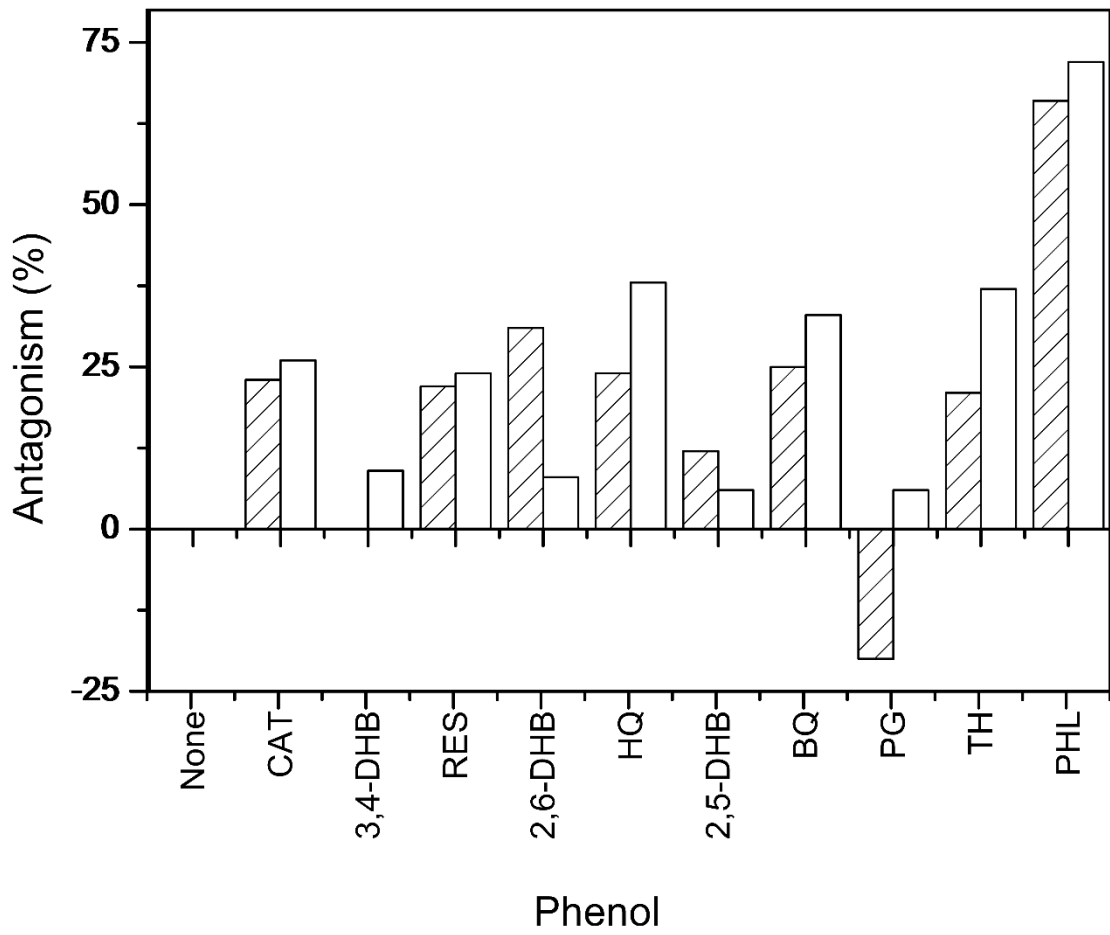


PHL

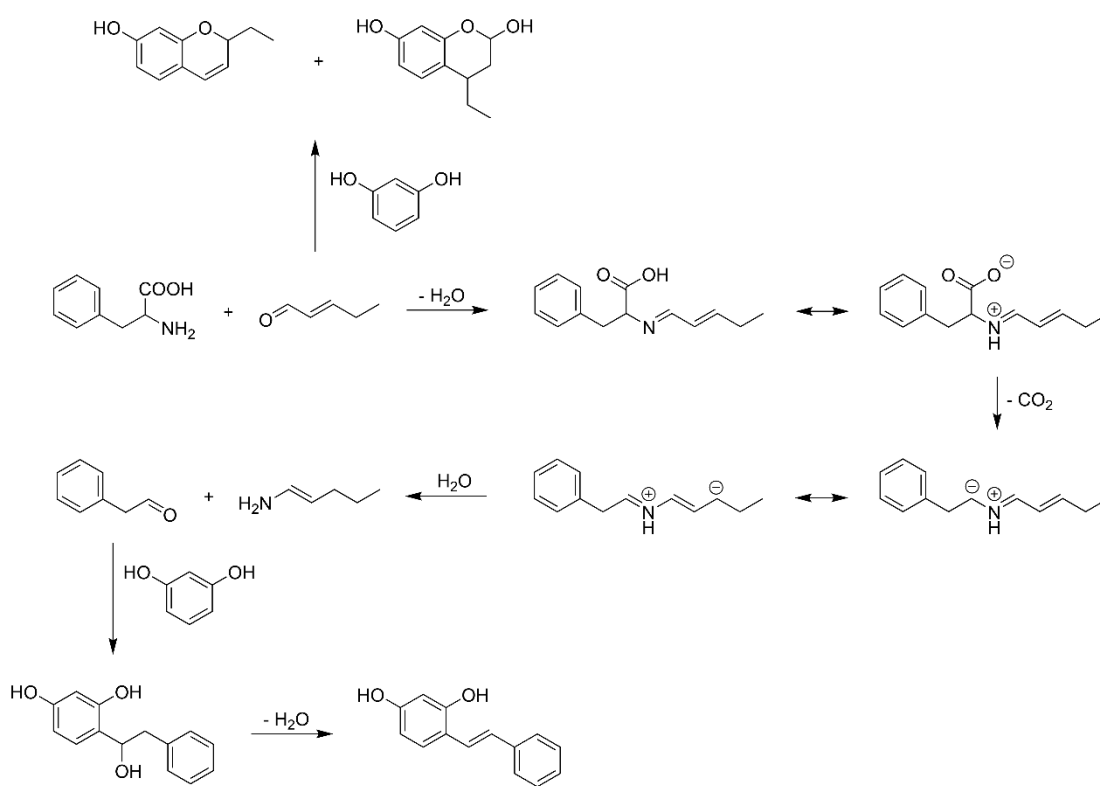
**Figure 1**



**Figure 2**

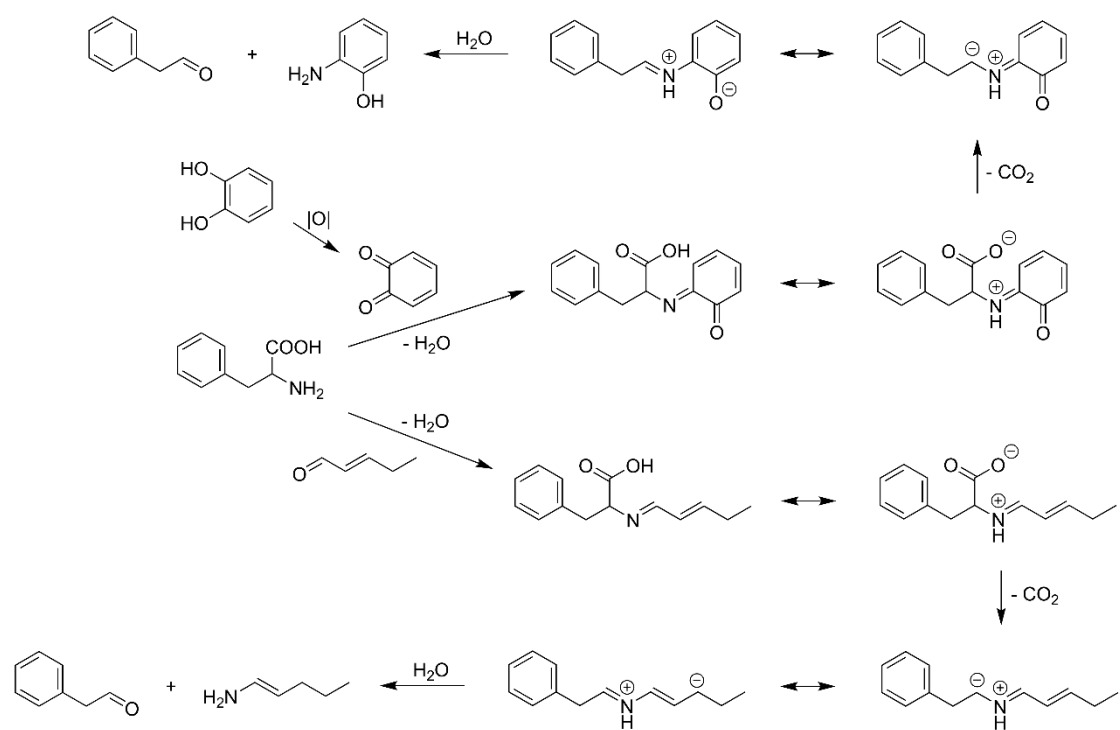


**Figure 3**



**Figure 4**





**Figure 5**