

Postprint of Food Microbiology Vol. 54 Pages 72-79 (2016)
DOI: 10.1016/j.fm.2015.10.014

Susceptibility and resistance of lactic acid bacteria and yeasts against preservatives with potential application in table olives

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Running title: Testing new preservatives in table olives

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1 **Abstract**

2 In the present study, a dose-response model was used to investigate the susceptibility
3 (NIC) and resistance (MIC) of the lactic acid bacteria and yeast populations with respect
4 to five chemical preservatives (fumaric and pyruvic acids, cinnamaldehyde, sodium
5 metabisulphite and natamycin) with potential application in table olives. Results were
6 compared with respect to potassium sorbate, a well-known preservative habitually used
7 in olive packaging. Sodium metabisulphite was the most efficient preservative to
8 control lactic acid bacteria growth (MIC, 50 ppm), followed by cinnamaldehyde (1060
9 ppm) while pyruvic acid required higher concentrations (3211 ppm). Natamycin (25
10 ppm) was highly efficient against yeasts, followed by cinnamaldehyde (125 ppm),
11 potassium sorbate (553 ppm), sodium metabisulphite (772 ppm) and pyruvic acid (3038
12 ppm). Fumaric acid, in the range assayed (0-2000 ppm), did not show any inhibitory
13 effect against these two microbial groups. This survey presents for the first time a
14 comparative study of the efficiency of potential preservatives to control the growth of
15 table olive related microorganisms. Further studies should be performed to validate their
16 effects and interactions in the food matrix.

17 **Keywords:** Table olives; Preservatives; Dose-response model; Lactic acid bacteria;
18 Yeasts; MIC; NIC.

19 **1. Introduction**

20 Worldwide table olive production reached 2,595,500 tons in 2014/2015 season
21 (IOC, 2015). The elaboration of this fermented food is mainly related to the
22 Mediterranean basin, but there are also important production regions in Australia,
23 South-America and USA. The most popular processing styles are: i) green Spanish-style
24 (olives debittered by alkaline treatment), ii) natural (directly brined) olives, and iii)
25 Californian style (olives darkened by oxidation in an alkaline medium) (Garrido-
26 Fernández et al., 1997).

27 Yeasts (mainly from *Saccharomyces*, *Candida*, *Debaryomyces* and *Pichia*
28 genera), and lactic acid bacteria (LAB) (belonging especially to *Lactobacillus* genera)
29 have an essential role during processing of table olives determining quality, flavour and
30 safety of final products. Both microbial groups can coexist during fermentation and they
31 are responsible for diverse favourable effects such as sugar consumption, production of
32 lactic acid, bacteriocins, killer factors and desirable volatile compounds, among others
33 (Arroyo-López et al., 2012a; Hurtado et al., 2012). However, their uncontrolled
34 presence during packaging may cause product spoilage due to the production of CO₂,
35 swollen containers, softening of fruits, and clouding of brines. Hence, the
36 microbiological stabilization of the final products during the commercialization period
37 is critical.

38 Due to its high pH (close to neutrality), ripe olives require sterilization while
39 Spanish-style and natural olives are fermented products that may be preserved by
40 different methods (physicochemical characteristics, modified atmosphere, vacuum or
41 pasteurization) (Garrido-Fernández et al., 1997). However, the thermal treatments may
42 cause undesirable changes in the traditional flavour of several presentations, particularly

43 seasoned (alkali treated or natural) olives which, thus, should be stabilized by the use of
44 preservatives (Arroyo-López et al., 2009). Currently, the only two preservatives
45 permitted in table olives, according to the Table Standard Applying to Table Olives
46 (IOC, 2004) are benzoic and sorbic acids (or their respective salts) at maximum doses of
47 1000 ppm (wt/wt flesh) for benzoic and 500 ppm for sorbic acid, or 1000 ppm for their
48 combination. However, these chemical compounds have some drawbacks such as i)
49 accumulation in the olive (flesh) fat, with the subsequent limitation of their effects in
50 the brines, ii) development of undesirable sensorial notes for consumers, iii) browning
51 of fruits, and iv) degradation by microorganisms (Garrido-Fernández et al., 1997;
52 Arroyo-López et al., 2005). As a result, the table olive sector is demanding research for
53 obtaining more appropriate preservatives.

54 Predictive microbiology uses mathematical models to describe quantitatively the
55 response of microorganisms as a function of environmental variables or preservatives
56 (McMeekin et al., 1993). One of the most common methods used for the estimation of
57 the effect of an inhibitory compound is the calculus of its NIC (non-inhibitory
58 concentration) and MIC (minimum inhibitory concentration) values with a progressive
59 inhibitory effect as the concentrations move from the NIC to the MIC. As shorter is the
60 range between both points, the stronger is the inhibitory effect (Lambert, 2001;
61 Chorianopoulos et al., 2006). The method developed can be easily automatized using
62 optical density (OD) measurements. This technique has been used for testing the growth
63 response of *Salmonella typhimurium* in the presence of natural and synthetic
64 antimicrobials (Guillier et al., 2007), the effect of lemon extract on foodborne
65 microorganisms (Conte et al., 2007) or the antifungal activity of fatty acids and their
66 monoglycerides against *Fusarium* spp. in a laboratory medium (Altieri et al., 2009). In
67 table olives, the same methodology has been used to study the effects of diverse

68 chloride salts on *Lactobacillus pentosus* and *Saccharomyces cerevisiae* growth
69 (Bautista-Gallego et al., 2008), modelling the inhibitory effect of ZnCl₂ on table olive
70 related yeasts (Bautista-Gallego et al., 2012), or testing the effect of salt (NaCl) on table
71 olive related microorganisms (Romero Gil et al., 2013; Bonatsou et al., 2015). Hence,
72 this technique has been widely used and validated to investigate the efficiency of
73 diverse compounds for controlling the microorganisms involved in table olive
74 packaging.

75 In the present survey, we use statistical modelling techniques (dose-response
76 model) to quantify the individual effects of five chemical compounds (fumaric and
77 pyruvic acids, sodium metabisulphite, natamycin and cinnamaldehyde) to prevent the
78 growth of yeasts and LAB species related to table olive packaging. Results were
79 compared with those obtained for potassium sorbate, a preservative habitually used for
80 the stabilization of packaged olives. Data obtained could provide clues for producing
81 safer and more stable olive presentations when thermal treatments are non-viable. Also,
82 it may also be helpful for supporting possible changes in their legal status in table
83 olives.

84 **2. Material and methods**

85 *2.1. Microorganisms and cocktail preparation*

86 A total of 10 LAB and 8 yeast strains, representing the yeast and LAB species
87 usually found in table olive processing, were used in the present study (Table 1). All of
88 them were previously identified by molecular methods (data not shown) and belong to
89 the Table Olive Microorganisms Collection (TOMC) of Instituto de la Grasa (CSIC,
90 Seville). The use of a microbial cocktail instead individual species is a convenient and
91 faster way of checking the overall susceptibility/sensibility that a particular compound

92 could have against a specific microbial group. This way, the NIC and MIC values will
93 be obtained for the most resistant species or strain of the cocktail. This strategy has been
94 successfully used in food microbiology to estimate the overall response of the yeast and
95 bacteria populations as a function of storage conditions or preservatives (Arroyo-López
96 et al., 2012b; Leong et al., 2014). Inoculum were prepared by inoculating one single
97 colony of each strain into 5 mL of a YM broth medium (Difco™, Becton and Dickinson
98 Company, Sparks, USA) for yeasts; or 5 mL of a MRS broth medium (de Man, Rogosa
99 and Sharpe) (Oxoid, Cambridge, UK) for LAB. After 48 h of incubation at 30°C, 1 mL
100 from each tube was centrifuged at 9000 x g for 10 min, the pellets were washed with
101 sterile saline solution (9 g/L), centrifuged and re-suspended again in 0.5 mL of a sterile
102 saline solution to obtain a concentration of about 7 log₁₀ CFU/mL for yeasts and 8 log₁₀
103 CFU/mL in the case of LAB, which was confirmed by surface spread on appropriate
104 media. These microorganism suspensions were mixed and the same proportions,
105 obtaining one cocktail for yeasts and other for LAB, and then used to inoculate the
106 different experiments as described below.

107 *2.2. Modelling the inhibitory effects of preservatives*

108 Growth was monitored in a Bioscreen C automated spectrophotometer
109 (Labsystem, Helsinki, Finland) with a wideband filter (420-580 nm). Measurements
110 were taken every 2 h after a pre-shaking of 5 s for 7 days. The wells of the microplate
111 were filled with 20 µL of inoculum and 330 µL of medium (according to treatment as
112 described below), always reaching an initial OD of approximately 0.2 (inoculum level
113 above 6 log₁₀ CFU/mL). The inocula were always above the detection limit of the
114 apparatus, which was determined by comparison with a previously established

115 calibration curve. Uninoculated wells for each experimental series were also included in
116 the microplate to determine, and consequently subtract, the noise signal.

117 Sterilized YM or MRS broth were modified with 5% NaCl and adjusted to pH
118 4.0 by citric acid addition (mother stock solution 30%) to mimic industrial packaging
119 conditions. Based in our experience and bibliography, this pH level is usually found in
120 real table olive packaging (Arroyo-López et al., 2009; Blana et al., 2016), and therefore,
121 appropriate for a first selection of the preservatives with the highest inhibitory effects.
122 The basal media were supplemented with the different chemical compounds and
123 concentrations shown in Table 2. The use of a well-known, standardized synthetic
124 laboratory medium to carry out the experiments was preferred because, in the olive
125 matrix, the presence of diverse components released by fruits such as polyphenols,
126 organic acids, etc., may mask the real inhibitory effect of preservatives.

127 The basis of the technique used for estimating the NIC and MIC values of the
128 assayed microbial cocktails for preservatives was the comparison of the area under the
129 OD/time curve of a positive control (absence of preservative, optimal conditions) with
130 the areas of the tests (presence of preservative, increasing inhibitory conditions). As the
131 amount of inhibitor in the well increases, the effect on the growth of the organism also
132 increases. This effect on growth is manifested by a reduction in the area under the
133 OD/time curve relative to the positive control at any specified time. The areas under the
134 OD/time curves were calculated by integration using OriginPro 7.5 software (OriginLab
135 Corporation, Northampton, USA). The relative amount of growth for each preservative
136 concentration, denoted as the fractional area (Fa), was obtained using the ratios of the
137 test area ($area_{test}$) to that of the positive control of the microbial cocktails ($area_{cont}$),
138 according to the following formula:

139
$$Fa = (area_{test})/(area_{cont})$$

140 The plot of the Fa versus the natural logarithm (ln) of the preservative
141 concentration produced a sigmoid-shape curve that could be well-fitted with a
142 reparameterized modified Gompertz function for decay (Bonatsou et al., 2015), which
143 had the following expression:

144
$$y = \exp(-x / (\ln(MIC) / \exp(-(\ln(\ln(NIC) / \ln(MIC)) / 2.71828))))^{(-2.71828 / (\ln(\ln(NIC) / \ln(MIC))))}$$

145 where y is the dependent variable (Fa), x is the independent variable (ln preservative
146 concentration, ppm), MIC is the minimum preservative concentration (ppm) above
147 which growth is not observed, and NIC is the preservative concentration (ppm) above
148 which an inhibitory effect begin to be observed. These parameters were obtained by
149 non-linear regression procedure, minimizing the sum of squares of the difference
150 between the experimental data and the fitted model, i.e., loss function (observed-
151 predicted)². This task was accomplished using the non-linear module of the Statistica
152 7.1 software package (StatSoft Inc, Tulsa, OK, USA) and its Quasi-Newton option. Fit
153 adequacy was checked by the proportion of variance explained by the model (R^2) with
154 respect to the experimental data.

155 2.3. Statistical data analysis

156 Significant differences among NIC and MIC values for preservatives were checked
157 by one-way ANOVA using Statistica 7.1 software (Statsoft Inc., Tulsa, USA). Post-hoc
158 comparisons were performed using the least significant difference (LSD) test. Data were
159 obtained from four independent experiments.

160 3. Results

161 To determine the individual effect of five different chemical preservatives with
162 potential application in table olive processing (pyruvic and fumaric acids, sodium
163 metabisulphite, natamycin and cinnamaldehyde) and comparison with another currently
164 used by the industrial sector (potassium sorbate), a total 47,040 raw data belonging to
165 560 OD growth curves (280 for the LAB and other 280 for the yeasts) were obtained in
166 an automated spectrophotometer and then modelled. The addition of fumaric acid did
167 not show any inhibitory effect within the concentration range tested (0-2000 ppm) for
168 either LAB or yeast. Potassium sorbate and natamycin did not affect LAB growth, and
169 *Fa* was kept constant around 1.0 value, regardless of their concentrations. However, for
170 the rest of chemical compounds, there was a clear *Fa* decrease as concentrations were
171 greater. Thereby, a dose-response model was properly fitted in the case of inhibition,
172 with an R^2 usually above 0.922 (data not shown).

173 Figure 1 shows two examples of the reparameterized Gompertz equation for
174 decay fitted to the experimental data, for both yeast (upper panel) and LAB (lower
175 panel) as a function of the ln sodium metabisulphite and cinnamaldehyde concentrations
176 (ppm), respectively. The fit followed a typical sigmoid decay function, which could be
177 divided into three sections: i) a first section corresponding to preservative
178 concentrations below the NIC (concentrations at which no effect of the inhibitor was
179 observed and *Fa* was around 1), ii) concentrations between NIC and MIC values (within
180 which growth inhibition progressively occurred and the *Fa* decreased), and iii) a third
181 section above MIC (where no growth relative to the control was recorded, and *Fa* was
182 close to 0).

183 Table 3 shows the NIC and MIC values individually obtained for the
184 preservatives with an inhibitory effect on the growth of the yeast and LAB cocktails.

185 Values are the average of four experiments for each microbial cocktail and preservative,
186 performed and fitted independently. The NIC value, related to susceptibility of
187 microorganism to the specific chemical compound, was widespread among
188 preservatives and ranged from 6 ppm (natamycin in the case of yeasts) to 2713 ppm
189 (pyruvic acid in the case of LAB), while the MIC value, related to the resistance of the
190 microorganism to the preservative, ranged from 25 ppm (natamycin in the case of
191 yeasts) to 3211 ppm (pyruvic acid in the case of LAB). According to values shown in
192 Table 3, only pyruvic acid, sodium metabisulphite and cinnamaldehyde showed
193 inhibitory effects on both LAB and yeast populations. Among them, pyruvic acid was
194 the preservative with the lowest inhibitory effects (the highest NIC and MIC values),
195 whilst sodium metabisulphite and cinnamaldehyde were the compounds with the
196 highest inhibitory effects for both LAB and yeasts, respectively. Statistically significant
197 differences were found among preservatives within the same microbial cocktail (LAB
198 or yeast) according to the LSD posthoc comparison test.

199 According to Figure 2, which shows the concentration range where the
200 progressive inhibitory effect of preservatives (from NIC to MIC) was noticed for
201 microorganisms, the microbial behaviour depended on the preservative assayed. As
202 shorter is the range between both values, the stronger is the inhibitory effect for the
203 chemical compound. Sodium metabisulphite for LAB, and cinnamaldehyde and
204 natamycin for yeasts, were extremely toxic for cells, with a very narrow inhibitory
205 range, while this range was wider for the rest of preservatives, especially for pyruvic
206 acid in the case of yeasts.

207 The ANOVA analysis carried out with the NIC, and MIC values obtained for the
208 LAB and yeast populations (Figure 3) showed that, effectively for both microbial

209 groups, pyruvic acid showed the lowest inhibitory effect without significant differences
210 between yeasts and LAB. The preservative with the highest inhibitory effect on LAB
211 was sodium metabisulphite followed by cinnamaldehyde (with significant differences
212 between them), whilst the preservative with the highest inhibitory effect on yeasts was
213 natamycin, followed by cinnamaldehyde (without significant differences between
214 them). Sodium metabisulphite had a very similar effect than potassium sorbate on yeasts
215 while this later preservative did not show any inhibitory effect against bacteria.

216 **4. Discussion**

217 The control of spoilage microorganisms is one of the most important aspects in
218 food preservation. Many of the food preservatives habitually used by industry for this
219 purpose are weak acids, such as sorbic, benzoic, propionic, acetic and sulphite (Piper,
220 2011). Weak acids are widely used in low-pH foods, where its inhibitory power
221 increases. Therefore, they could have direct application in table olive packaging, albeit
222 the experience on their effects on table olive related microorganisms is scarce. This
223 work attempts to determine, using a dose-response model, the influence of different
224 preservatives to control the growth of LAB and yeasts isolated from table olive
225 processing. This type of modelling has proved to be appropriated to obtain the NIC and
226 MIC values of diverse chemical compounds against table olive related microorganisms
227 (Bautista-Gallego et al., 2008, 2012; Romero-Gil et al., 2013; Bonatsou et al., 2015).

228 The effect of potassium sorbate on the main olive yeast species has already been
229 studied in several occasions, using a probabilistic model for the determination of the
230 growth/no growth interfaces in combination with other additives (Arroyo-López et al.,
231 2007a, 2007b, 2008b). Its use in table olive packaging is accepted regardless of
232 legislation (CODEX, EU or Spanish Government), provided the maximum dose

233 allowed (500 ppm of sorbic acid in pulp) is not exceeded. In previous works, a
234 concentration of 300 ppm of potassium sorbate together with 5-6% NaCl at pH 4.0 was
235 enough to inhibit *S. cerevisiae* and *Issatchenkia occidentalis* growth (Arroyo-López et
236 al., 2007a, 2007b). However, scarce information is available for bacteria. Arroyo-López
237 et al. (2005) showed that a concentration of 175 ppm of potassium sorbate was not
238 enough to inhibit LAB growth in real olive packaging. The effect of the influence of
239 this weak acid on microorganisms is strongly related to the pH of the medium. Data
240 obtained in this study show that sorbate in the range assayed (0-2000 ppm), did not have
241 any inhibitory effect against LAB at pH 4.0 but, on the contrary, exerted a clear
242 inhibitory effect against a cocktail formed by a considerable number of yeast species,
243 with a MIC value of 553 ppm (413 ppm expressed as sorbic acid). The comparison of
244 its efficiency with respect to other new potential preservatives could be of interest for
245 the proper selection of an adequate alternative.

246 Fumaric acid is an unsaturated dicarboxylic acid with low water solubility and a
247 strong acid taste; however, its combination with flavouring compounds may intensify
248 the aftertaste of a flavour. The use of this acid in food as either acidifying agent or
249 microbial inhibitor is rather usual (Davidson et al., 2005). Particularly, it has been
250 efficient against LAB for the preservation of acidified cucumbers (Pérez-Díaz, 2011).
251 Due to the rather similarity between cucumbers and table olives, fumaric acid could
252 have application for preventing spoilage by LAB in vegetable products. However, due
253 to the lack of effectiveness noticed in the present study for this compound, which did
254 not exert inhibitory effect in the range tested for either LAB or yeasts, no further
255 discussion on its role as preservative in table olives is pertinent.

256 According to the General Standard for Food Additives (Codex Alimentarius,
257 2015) the use of metabisulphite is permitted for the products included in the Food

258 Category num. 04.2.2.3 (which includes table olives). The recently issued Codex
259 Standard for Table Olives (Codex Stan 66-1891, rev 2013) also refers to this Standard
260 in the section related to food additives. However, according to Directive (CE) N°
261 1333/2008 (European Parliament & Council, 2014), which follows a similar scheme and
262 criterion that the Food Additive Standards issued by the Codex, the metabisulphite,
263 although allowed for products in the food category num. 04.2.2 (which include olives),
264 is explicitly excluded for table olives and yellow peppers in brine. Apparently, the re-
265 introduction of this additive in the Standard issued by the Codex (trv. 2006) has not
266 implied the subsequent rectification in the European Directive, in spite of the diverse
267 modifications suffered in the last years. The Spanish legislation (Ministerio de la
268 Presidencia, 2001) does not permit either the use of metabisulphite due to its submission
269 in this aspect to the EU regulation on additives. However, metabisulphite was
270 traditionally used in table olives until its temporary prohibition in the Food Additive
271 Standards issued by the Codex, which also caused its elimination from the Directive
272 (CE) N° 1333/2008 (European Parliament & Council, 2014) and from the Trade
273 Standard for Table Olive (COI, 2004). However, after the re-inclusion of the
274 metabisulphite use in Codex Stan 192-1995, rev 2006) neither of these legislative
275 organisms has modified the metabisulphite status accordingly. Nowadays, the
276 discrepancies between the EU legislation and Codex may lead to disputes and insecurity
277 in the international table olive trade. Thus, studies on the inhibitory effects on table
278 olive related microorganisms are necessary to help legislators on the homogenization of
279 standards. Besides, its use in table olives would be convenient due to its antioxidant
280 (browning prevention) and inhibitory effects on the microbial populations (Arroyo-
281 Lopez et al., 2008a; Echevarría et al., 2010). Furthermore, sodium metabisulphite may
282 also remain as a result of its use as antioxidant during postharvest treatments (Segovia-

283 Bravo et al., 2010) and this carry over effect should also be considered. In the present
284 study, this compound has shown to have a moderate inhibitory effect in laboratory
285 medium against yeast (MIC value 772 ppm) and especially against LAB (MIC value 50
286 ppm) cocktails. However, a concentration of 1500 ppm was not enough to inhibit LAB
287 and yeast populations in real olive fermentations for two months, albeit showed a higher
288 inhibitory effect than ascorbic acid (Echevarría et al., 2010). Taking into consideration
289 these results, probably the metabisulphite levels necessary to inhibit LAB growth could
290 be compatible with olive packaging. On the contrary, the higher doses necessary to
291 control yeast growth may cause allergic reactions and headache in sensitive persons to
292 this preservative. In the specific case of table olives, its residue would be below the 100
293 mg/kg flesh (expressed as sulphur dioxide) as established in the Codex Stan 192-1995
294 rev. 2014 (Codex Alimentarius, 2015). At this level, any possible health effect would be
295 markedly reduced for most consumers.

296 Natamycin is a preservative used in diverse dairy products (Thomas & Delves-
297 Broughton, 2003; Gallo et al., 2006). The first tentative of use in table olives was
298 reported by Mahjoub & Bullerman (1986) to control the mould growth and the
299 production of aflatoxin. Natamycin has also shown good behaviour for the prevention of
300 mould growth on the surface of natural black Greek-style fermenting olives at 100 ppm
301 (Hondrodimou et al., 2011). Recently, Arroyo-López et al. (2012b) found natamycin
302 very efficient (12-30 ppm) against table olive related yeasts at NaCl concentrations
303 around 4.5%, albeit the presence of citric acid (and low pH levels in general) decreased
304 its effect. Hence, the use of natamycin in table olives could be promising to control
305 yeast and mould growth. However, according to data obtained in this work, this
306 preservative did not exert any inhibitory effect against LAB at levels assayed. The
307 EFSA Panel for Food Additives and Nutrient Sources for Foods has revised its

308 application as preservative and has concluded that natamycin is very poorly absorbed in
309 the gastrointestinal tract. Hence, its intake hardly can induce antimicrobial resistance
310 and there is an appropriate margin of safety for its current application (EFSA, 2009).
311 This position opens the possibility of natamycin utilization in other foods, provided its
312 use could be adequately supported. In this context, this work has showed its usefulness
313 in controlling the yeast population.

314 Pyruvic acid was first patented for its preservative properties by Ernst et al.
315 (1979) to stabilize high moisture food products without refrigeration. The use of pyruvic
316 acid with natural colorants may improve their stabilities at acidic pH and presence of
317 ascorbic acid (Ojwang & Awika, 2008). Pyruvic (and acetaldehyde)-bound sulphur
318 dioxide produced inhibition against wine LAB at concentration of 5 ppm, albeit the
319 LAB finally degraded such compounds, suggesting that sulphur dioxide -bound pyruvic
320 acid could have a bacteriostatic effect rather than bactericidal action (Wells & Osborne,
321 2011). Pyruvate was effective for lowering lipid oxidation in high-oxygen meat
322 packages; then, its use in table olive might also have an favourable antioxidant effect on
323 olive fat due to the high proportion of oil in the processed fruits and the adverse
324 environmental condition (e.g. high storage temperature) during transportation or shelf
325 live (Ramathan et al., 2011). Moreover, pyruvic acid has a low pK_a value (2.39), a
326 circumstance that also validates its use for acidification purposes in table olives. The
327 inhibitory effect was very similar for both LAB and yeasts populations, although the
328 concentrations required were relatively high; its MIC values were 3211 and 3037 ppm,
329 respectively.

330 Recently, cinnamaldehyde was applied to stabilize acidified cucumbers that
331 were adequately preserved free of yeasts (Pérez-Díaz, 2011). The presence of essential
332 oils is common in seasoned table olives due to the usual addition to them of garlic,

333 rosemary, or extracts. However, one of the leading causes of instability in these
334 products is the yeast growth (Arroyo-López et al., 2012a). Considering the efficient
335 inhibition of yeast in cucumbers, testing cinnamaldehyde against the microorganisms
336 (mainly yeasts) present in table olives may be interesting, especially for the
337 development of table olives with other flavours. This compound is obtained from the
338 cinnamon bark. The mechanism of the bactericidal action of cinnamaldehyde against
339 *Listeria monocytogenes*, possible inhibition of glucose uptake and utilization and effects
340 on membrane permeability, was suggested by Gill & Holley (2004). This compound
341 had both antimicrobial and antioxidant activities when applied to meat, thus preventing
342 microbial spoilage and lipid oxidation (Naveena et al., 2013). Cinnamaldehyde has been
343 reported to show a potential inhibitory effect on methicillin-resistant *Staphylococcus*
344 *aureus* biofilm-related to infections (Jia et al., 2011). Recently, cinnamaldehyde has
345 been suggested as a useful compound for the control of *Escherichia coli* at refrigeration
346 temperature (Visvalingam & Holley, 2012). Data obtained in this work show that this
347 organic compound was effective to control microorganisms, but its effect was microbial
348 group dependent, with a higher inhibitory effect on yeast (125 ppm) than for LAB (1060
349 ppm).

350 **5. Conclusions**

351 In summary, the results obtained in this work show that three preservatives
352 (sodium metabisulphite, pyruvic acid and cinnamaldehyde) had a broad inhibitory effect
353 against the growth of both LAB and/or yeasts and may have application in table olive
354 packaging, whilst traditional preservative (potassium sorbate) only showed inhibitory
355 effect against yeasts. Further studies should be performed to determine the possible
356 interaction of these compounds with food matrixes and their influence on the

357 organoleptic profile of final products, which could be especially relevant in the case of
358 the essential oils (cinnamaldehyde).

359 **Acknowledgements**

360 The research leading to these results has received funding from
361 INTERACEITUNA (Organización Interprofesional de la Aceituna de Mesa, Spain) and
362 the Junta de Andalucía. FNAL thanks to the Spanish Government and CSIC for his
363 Ramón y Cajal postdoctoral research contract, while VRG thanks the AgriFood Campus
364 of International Excellence (ceiA3), Bank of Santander, Spanish Government and
365 ‘Aloreña de Málaga’ Olive Manufacturing Association for her pre-doctoral fellowship
366 (training and formation program of Ph.D. in companies).

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504 **Figure Legends**

505 *Figure 1.* Fit of the reparameterized Gompertz equation for decay (see Materials and
506 methods) to the fractional areas (Fa) of the yeast (upper panel) and lactic acid bacteria
507 (lower panel) populations as a function of \ln (ppm) of sodium metabisulphite and
508 cinnamaldehyde, respectively, for the estimation of NIC (non-inhibitory concentration)
509 and MIC (minimum inhibitory concentration) values. Parameters for each preservative
510 were the average of four independent experiments.

511 *Figure 2.* NIC to MIC interval for the LAB and yeast cocktails as a function of the
512 preservative concentrations. CIN, MET, SOR, NAT and PYR stand for
513 cinnamaldehyde, sodium metabisulphite, potassium sorbate, natamycin and pyruvic
514 acid, respectively. Parameters for each compound were the average of four independent
515 experiments.

516 *Figure 3.* Graphical representation of the one-way ANOVA for the NIC and MIC (ppm)
517 parameters as a function of the different preservatives (categorical variable) and
518 microbial cocktail. CIN, MET, SOR, NAT and PYR stand for cinnamaldehyde, sodium
519 metabisulphite, potassium sorbate, natamycin and pyruvic acid, respectively.
520 Parameters for each chemical compound were the average of four independent
521 experiments.

Table 1. Yeasts and lactic acid bacteria species and strains used to prepare the microbial cocktails.

Microbial cocktail	Strains
LAB	<i>Lactobacillus pentosus</i> TOMC-LAB2
	<i>Lactobacillus pentosus</i> TOMC-LAB3
	<i>Lactobacillus pentosus</i> TOMC-LAB4
	<i>Lactobacillus pentosus</i> TOMC-LAB5
	<i>Lactobacillus pentosus</i> TOMC-LAB6
	<i>Lactobacillus plantarum</i> TOMC-LAB8
	<i>Lactobacillus plantarum</i> TOMC-LAB9
	<i>Lactobacillus paraplantarum</i> 271
	<i>Pediococcus pentosaceus</i> E11
	<i>Pediococcus pentosaceus</i> P56
Yeasts	<i>Candida diddensiae</i> TOMC-Y1
	<i>Issatchenkia occidentalis</i> TOMC-Y3
	<i>Saccharomyces cerevisiae</i> TOMC-Y4
	<i>Debaryomyces hansenii</i> TOMC-Y25
	<i>Pichia membranifaciens</i> TOMC-Y31
	<i>Candida boidinii</i> TOMC-Y47
	<i>Candida tropicalis</i> TOMC-Y72
<i>Lodderomyces elongisporus</i> TOMC-Y73	

Table 2. Type of preservatives and concentrations (ppm) assayed in the present study for the modification of basal YM (yeasts) and MRS (lactic acid bacteria) broth laboratory medium.

Preservatives	Concentrations (ppm)
Pyruvic acid	0, 500, 1000, 1500, 2000, 2500, 3000, 3500, 4000, 5000
Fumaric acid	0, 10, 25, 50, 75, 100, 150, 250, 500, 1000, 1500, 2000
Sodium metabisulphite	0, 10, 25, 50, 75, 100, 150, 250, 500, 1000, 1500, 2000
Potassium sorbate	0, 10, 25, 50, 75, 100, 150, 250, 500, 1000, 1500, 2000
Natamycin	0, 2, 4, 6, 8, 10, 12, 16, 18, 20, 25, 30
Cinnamaldehyde	0, 20, 50, 100, 150, 200, 250, 500, 750, 1000, 1250, 1500

Table 3. NIC and MIC (ppm) values obtained for the preservatives assayed in this work against the lactic acid bacteria and yeasts cocktails. Mean and standard deviation (in parentheses) values were obtained from four independent experiments (n=4).

Preservative	LAB		Yeasts	
	NIC	MIC	NIC	MIC
Pyruvic acid	2713.97 (54.50) ^a	3210.99 (42.52) ^a	2050.81 (134.25) ^d	3037.63 (105.16) ^d
Fumaric acid	*	*	*	*
Sodium metabisulphite	49.00 (0.00) ^b	50.07 (0.09) ^b	296.08 (85.16) ^c	771.89 (172.77) ^c
Potassium sorbate	*	*	150.41 (15.58) ^a	552.98 (58.15) ^b
Natamycin	*	*	6.49 (0.99) ^b	24.59 (2.76) ^a
Cinnamaldehyde	382.85 (23.62) ^c	1060.18 (66.77) ^c	124.00 (0.00) ^a	125.00 (0.00) ^a

(*) It was not observed a reduction of the *Fa* (value close to 1) within the range of concentrations assayed. Values followed by different superscript letters, within the same column, are significantly different according to the LSD posthoc comparison test.

Figure 1

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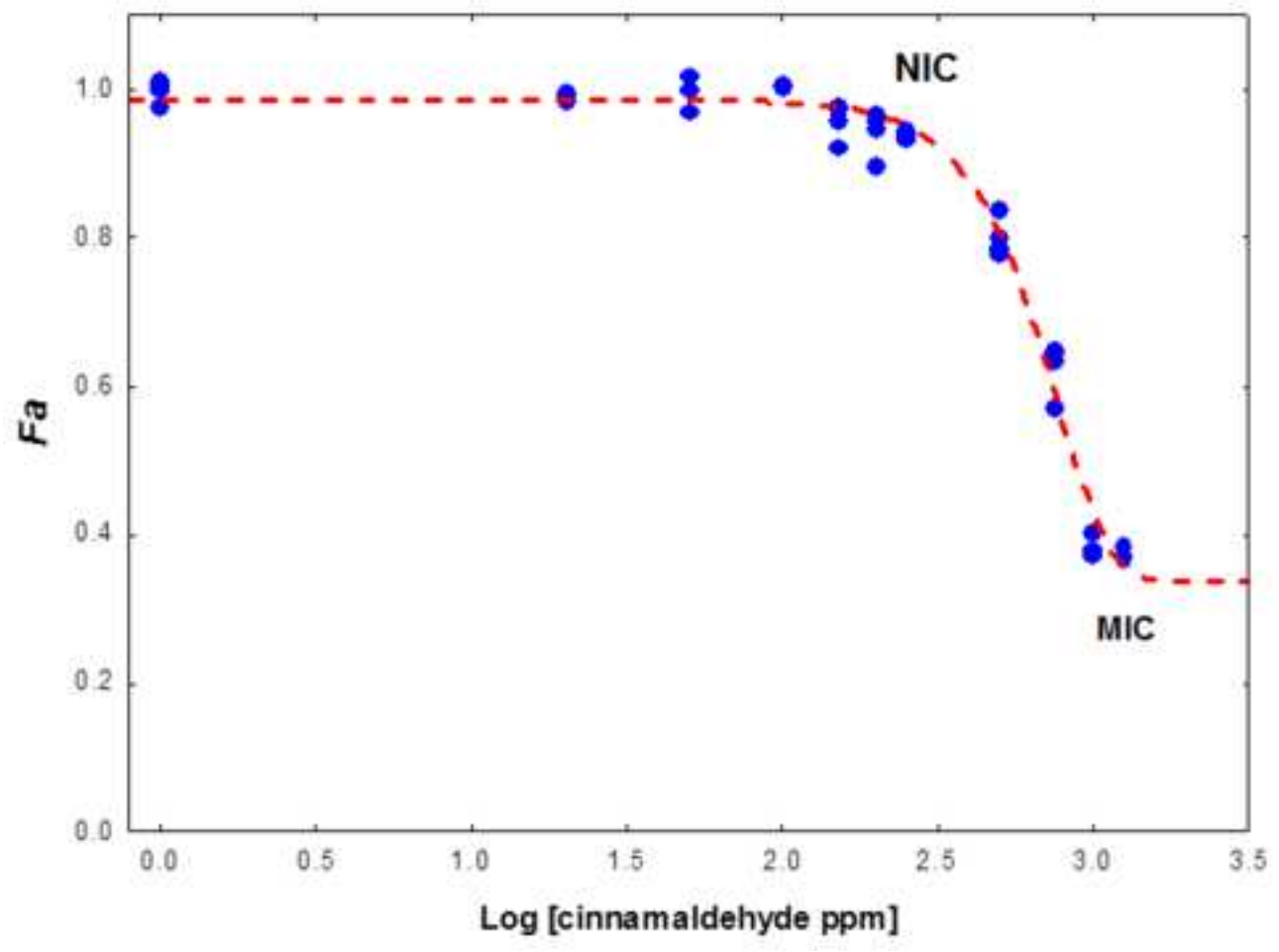
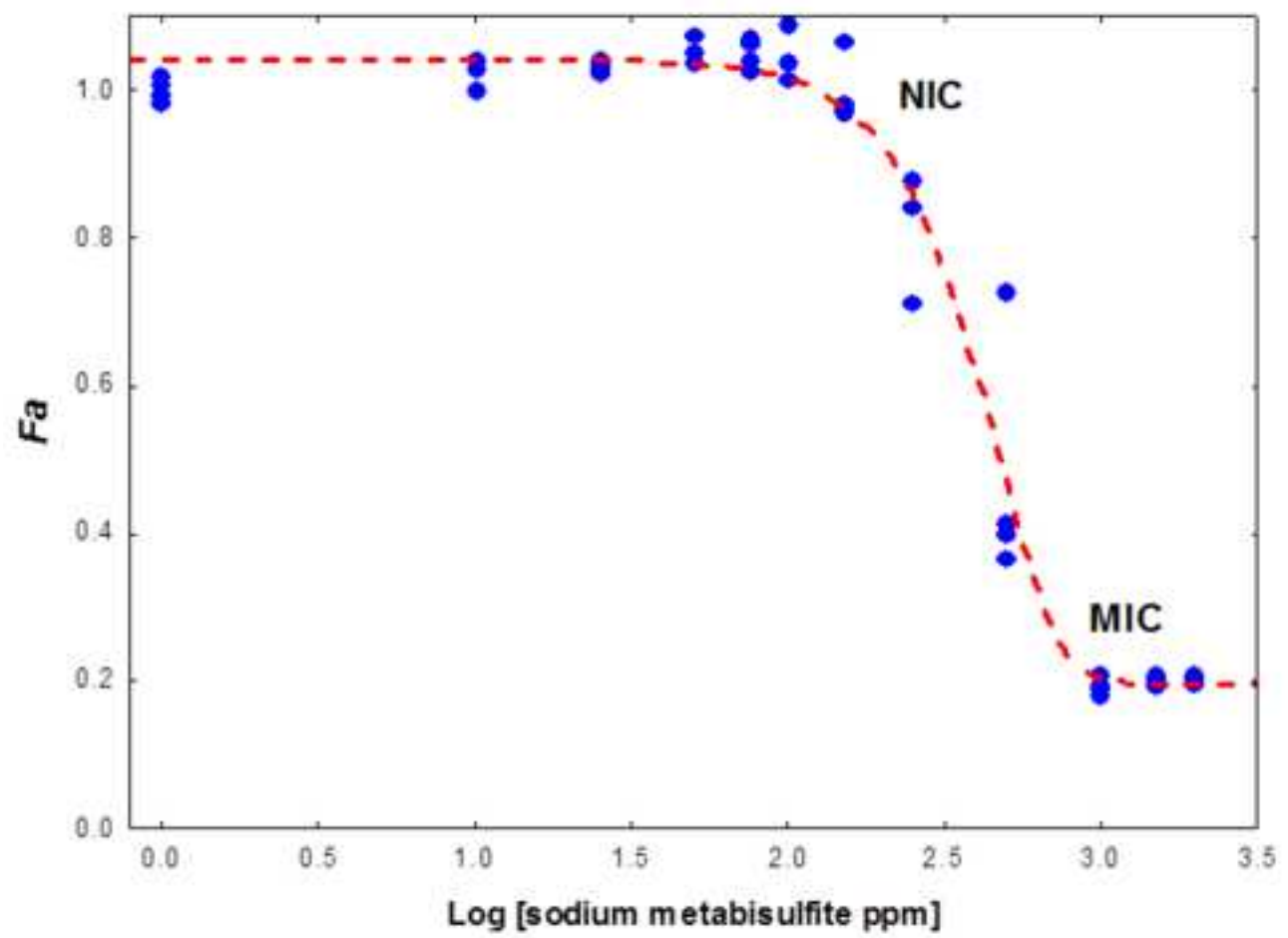


Figure 2
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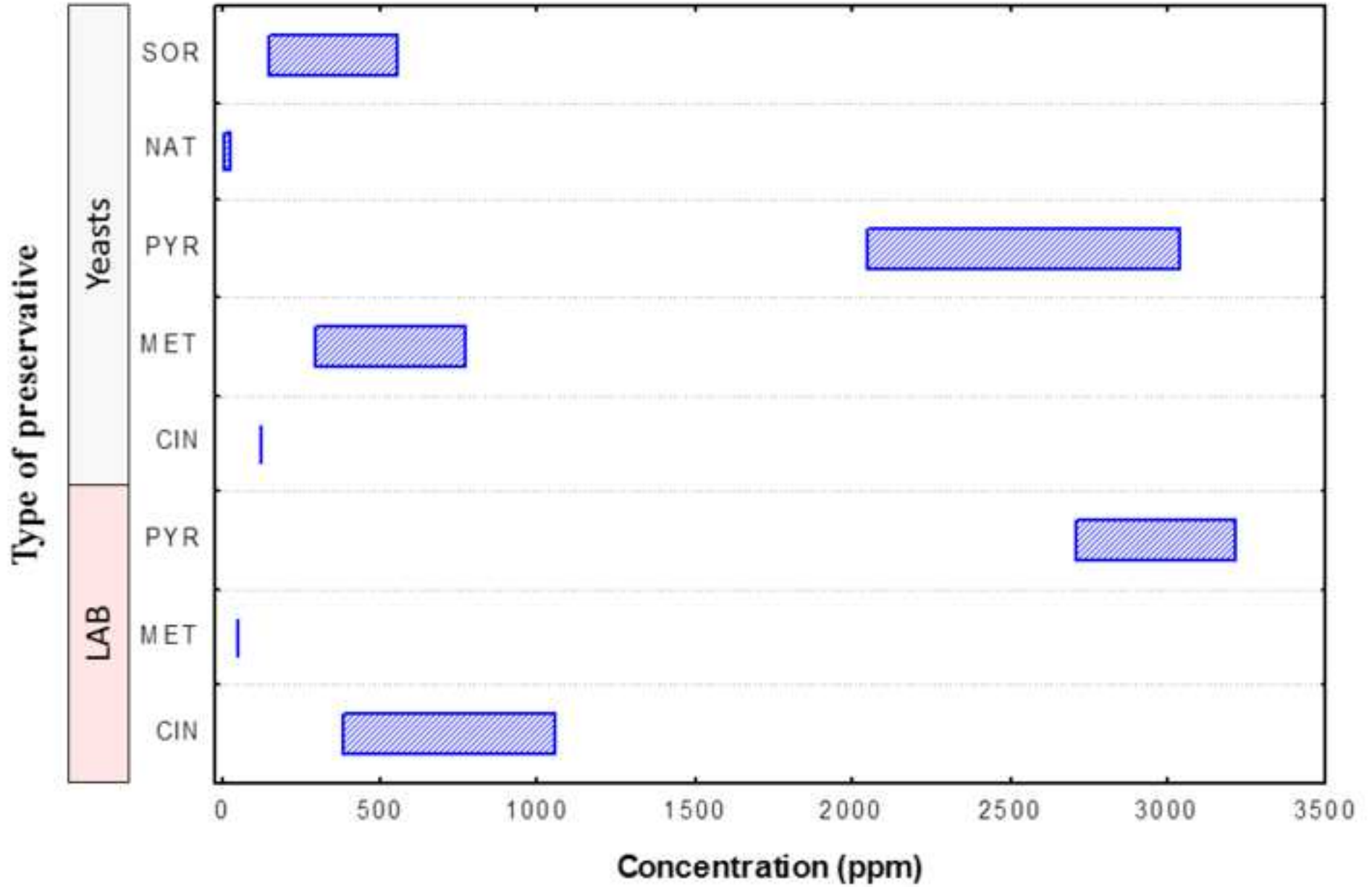


Figure 3
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