

1 **First evidence on the growth of hatchery-reared juvenile meagre *Argyrosomus***
2 *regius* released in the Balearic Islands coastal region

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22 ABSTRACT

23 The success of restocking (releasing hatchery-reared juveniles in the wild) depends on
24 the capacity of phenotypes that are already adapted to captivity to readapt to the natural
25 environment. Changes in growth rate after release can be monitored to determine
26 whether released fish are adapting well to the natural environment or failing to adjust to
27 wild conditions. Nevertheless, it is not known whether released individual fish
28 experience a shift in growth rate. Alternatively, the fish showing long-term survival
29 could be those that were already larger before release. This question is relevant for the
30 maximization of stocking success because certain phenotypes (those with a better
31 probability of readapting) could be selected for release. This study compared the
32 somatic growth of released and recaptured meagre, *Argyrosomus regius*, with control
33 (captive) meagre belonging to the same cohort. Recaptures that had spent less than 3
34 months at liberty showed the same length-at-age as the control fish, but the length-at-
35 age of many recaptured fish that had spent more than 3 months at liberty was greater
36 than expected. The otolith radius of the growth mark corresponding to the first year of
37 life (i.e., when all fish were still in captivity) was significantly greater for fish that had
38 spent more than 3 months at liberty, indicating that these meagre were larger and had a
39 higher growth rate when they were released. Moreover, the analysis of daily otolith
40 growth before and after release showed that most of the recaptured meagre that had
41 spent less than 3 months at liberty grew an equal or lesser amount in the wild than
42 before release. In contrast, most of the recaptures that had spent more than 3 months at
43 liberty showed a higher growth rate after release. Therefore, results are discussed in
44 light of the combined effect of differential survival and increased growth, although the
45 low sample size requires interpreting the results carefully.

46

47 *Keywords*

48 *Argyrosomus regius*, restocking, somatic growth, differential survival, daily otolith

49 increment

50

51 **1. Introduction**

52 The meagre, *Argyrosomus regius* (Asso 1801), is widely distributed along the

53 Eastern Atlantic coast (from Norway to Congo) and in the Mediterranean (Chao, 1986).

54 *A. regius* is one of the world's largest sciaenid fish, reaching more than 180 cm in total

55 length and 50 kg in weight (Quéméner, 2002; Quéro and Vayne, 1987). It is a fast-

56 growing species, especially during the first 5 years of life, and its growth shows wide

57 variation (González-Quirós et al., 2011). The reported asymptotic length at infinity (L_{∞})

58 ranges from a total length of 171.9 cm (Gulf of Cádiz; González-Quirós et al., 2011) to

59 210 cm (Mauritanian coast; Tixerant, 1974), although these variations could be

60 influenced by the different methodology used in the estimates.

61 Despite its rapid growth and high fecundity (Gil et al., 2013), meagre is considered a

62 highly vulnerable species because fish form large spawning aggregations and produce

63 conspicuous sounds when migrate to shallow waters with substantial fishing effort

64 during the reproductive season. Furthermore, the spawning habitats of the species (river

65 mouths and lagoons) often suffer serious environmental degradation (Quéro and Vayne,

66 1987; Sadovy and Cheung, 2003). This reproductive behavior, coupled with the general

67 worldwide tendency to overfish top predators (Christensen et al., 2003), including adult

68 and juvenile meagre specimens (Quéméner, 2002), and the lack of basic biological

69 information about meagre, have raised concerns about the status of *A. regius* stocks. In

70 Mediterranean waters, meagre populations have suffered an alarming decline (Quéro

71 and Vayne, 1987) and have disappeared from the Balearic Islands (Western

72 Mediterranean), where the species is considered to be in critical danger (Mayol et al.,
73 2000).

74 A restocking program, based on releasing hatchery-reared fish, is being conducted
75 by the Balearic government to promote the recovery of the wild meagre stock. More
76 than 10,000 tagged juveniles have been produced and released since 2008, and some of
77 these fish have been recaptured and returned by professional and recreational fishermen
78 (Gil et al., 2014).

79 Adaptation to natural habitats and natural food resources is critical for the survival
80 of released juveniles. The success of the stocking program depends on the ability of the
81 released fish to adapt. Therefore, it is desirable to evaluate how well the released fish
82 perform in a natural environment to decide whether the releases should be continued as
83 is or if changes should be made in the release strategy (Blankenship and Leber, 1995;
84 Paulsen and Støttrup, 2004; Tomiyama et al., 2011).

85 A period of growth stagnation has been observed immediately after the release of
86 hatchery-reared fish (Tomiyama et al., 2011), in which the released fish have shown
87 lower growth than the wild fish (Finstad and Heggberget, 1993). The reason of this is a
88 poor feeding effectiveness after release because juveniles must learn to capture live prey
89 in sufficient numbers to sustain growth and survive (Ellis et al., 2002; Ersbak and
90 Haase, 1983; Munakata et al., 2000). Therefore, monitoring any change in growth rate
91 after release may serve to indicate whether released fish are adapting to the natural
92 environment or are failing to adjust to wild conditions.

93 Growth in fish has been shown to exhibit phenotypic plasticity in response to
94 environmental and anthropogenic (typically, fishing) effects (Alós et al., 2010a; Alós et
95 al., 2010b; Helser and Lai, 2004; Sinclair et al., 2002). The two most important
96 environmental factors affecting fish growth are food level and water temperature

97 (Weatherley and Gill, 1987). Moreover, the different growth rates observed in the same
98 cohort may involve phenotypic selection, as faster-growing individuals may have a
99 higher or lower probability of survival (Takahashi et al., 2012). The survival advantage
100 of the larger or more rapidly growing members of a cohort is due to an improved
101 resistance to starvation, decreased vulnerability to predators and better tolerance of
102 environmental extremes (Beamish et al., 2004; Sogard, 1997; Takahashi et al., 2012).
103 However, these fish may also be more vulnerable to fishing mortality (Brunel et al.,
104 2013; Swain et al., 2007). Also, a fast growth rate has been shown to correlate
105 positively with aggression (Lahti et al., 2001), and high levels of aggression are
106 associated with risk taking behavior and reduced ability to avoid predators (Araki et al.,
107 2008; Berejikian, 1995).

108 Body length (i.e., length-at-age) has been used to assess the effects of environmental
109 variables on growth rate (Brunel et al., 2013). Another method for analyzing the growth
110 rate of fish is to use the growth marks produced in the otoliths (Barber and Jenkins,
111 2001; May and Jenkins, 1992; Suthers and Sundby, 1993; Suthers, 1996), only when
112 there is a strong relationship between the otolith length and the fish body length.
113 However, before applying otolith microstructure analysis, the periodicity of formation
114 of the growth marks should be validated. The daily periodicity of putative daily
115 microstructures has been demonstrated for meagre over a wide age range (from 2
116 months to 2 years old; Morales-Nin et al., 2010). In certain species, in addition to
117 species-specific ontogenetic changes, other factors may affect the width of the daily
118 growth marks in the otolith (McCormick and Molony, 1992; Molony and Sheaves,
119 1998). For example, the feed regime and starvation may have substantial effects on
120 increment widths in juvenile fish (Campana, 1983; McCormick and Molony, 1992;
121 Molony and Sheaves, 1998; Rice et al., 1985).

122 The objective of this study was to evaluate the adaptation of released meagre by
123 analyzing their growth pattern. Specifically, the growth of released and control (i.e.,
124 still-captive) meagre were compared, and the observed differences could be attributed to
125 increased growth after release or to differential survival into the same released cohort.
126 The first hypothesis to be tested was that although fish may even experience a decrease
127 in growth immediately after release, the growth rate after an adaptation period may be
128 even more rapid than the average growth rate of the same cohort in captivity. The other
129 hypothesis was that some of the released fish, with high growth rate, would be expected
130 to show improved survival. Therefore, this study examined 3 types of evidence to test
131 the presented hypotheses, analyzing the somatic or the otolith growth. Specifically,
132 recaptured fish that had spent different amounts of time at liberty were analyzed in
133 terms of 1) size-at-age, 2) estimated size when they were 1 year old and 3) daily growth
134 rate before and after release.

135

136 **2. Materials and methods**

137 *2.1. Sample collection*

138 *2.1.1. Released and recaptured meagre*

139 Approximately 3,000 *A. regius* juveniles per year have been produced and reared
140 with techniques developed at the Laboratori d'Investigacions Marines i Aquicultura
141 (LIMIA, Balearic Government; Pastor and Grau, 2013). The reproduction was obtained,
142 once per year, by hormonal induction of wild broodstock captured in Cádiz Bay (Pastor
143 and Grau, 2013). The obtained larvae were reared under controlled conditions and fed
144 with rotifers and *Artemia* sp. The juveniles were transferred to sea cages (5.5 m
145 diameter) where they were kept at low density and fed with commercial pellets
146 (Skretting®, Burgos, Spain; Pastor and Grau, 2013), until reaching the release length.

147 Prior to release, all of the meagre juveniles were measured (total length, L_T),
148 weighed and marked externally with T-bar tags (Floy® T-Bar Anchor FF-94 and FD-94
149 tags with identification code and a phone number) and internally with an alizarin bath
150 (Morales-Nin et al., 2010). After marking, the fish were moved to the release site in a
151 boat equipped with an aerated tank. Different release sites (Gil et al., 2014) on the coast
152 of Mallorca Island were selected (Fig. 1). *Returned meagre* are defined as those released
153 specimens that have been recaptured by commercial (with trammel nets) or recreational
154 (with fishing rods) fishermen along the entire Mallorca coast and have been returned to
155 the lab by the fishermen or purchased at fish markets (Table 1). Returned fish were
156 stored at -20 °C. After defrosting, these fish were measured (total length and weight),
157 and the otoliths were extracted for subsequent preparation. Returned fish were identified
158 through the code of the external tag or by the age or alizarin mark observed in the
159 otolith when fish had lost the external tag because had spent long time at liberty. Note
160 that the identification of the returned fish by the age was possible because the wild
161 meagre specimens disappeared in this locality some decades ago.

162

163 2.1.2. *Control meagre*

164 The control group was composed of 1,366 specimens of meagre born in 2007 and
165 reared with the same methodology as that used for the released fishes. These specimens
166 remained in sea cages (5.5 m diameter) at low density and were fed with commercial
167 feed pellets (Skretting®) following the recommended food rations. The basic sampling
168 involved measuring the length and weight of control fish at known ages (from 0.7 to 4
169 years old). The sampling dates and sample sizes are detailed in Table 2. Note that the
170 released fish were also considered to represent control fish before they were released.

171

172 2.2. *Otolith preparation and observation of daily and annual marks*

173 The left sagittal otoliths of 32 recaptured meagre, born in 2007 and released on
174 February 2009, were embedded in epoxy resin and were cut transversely using a
175 diamond-edged precision saw. The otoliths of the other 4 recaptured meagre of this
176 cohort released on February 2009 were discarded because were damaged during the
177 preparation process. Thin sections (300 µm) containing the core (i.e., the center of the
178 otolith) were mounted on glass slides using thermoplastic glue (Crystalbond® 509) and
179 were ground on silicon carbide grinding papers of decreasing grain size (European P-
180 Grade 800 to 2,400) and polished with 0.3 µm alumina until the nucleus was reached
181 and daily increments were observable. A previous study has demonstrated the daily
182 periodicity of the putative daily growth marks (DGMs) in the otoliths of *A. regius* from
183 2 months to 2 years old (Morales-Nin et al., 2010).

184 Transverse thin sections were analyzed using a DMRA2 Leica microscope at x400.
185 Four digital calibrated images were taken along a predefined radius using a Leica
186 camera. The use of areas shared between images allowed the images to be manually
187 combined into a single image. Previous pilot analyses had demonstrated that combining
188 4 images at the magnification scale used (or 400-500 µm) ensures that an area from the
189 otolith edge to a date clearly prior to the release date would be covered. A reading
190 session consisted of counting and measuring all DGMs along the radius included in the
191 4 images (hereafter *reading radius*, Fig. 2). For this purpose, a commercial image
192 analysis package especially developed for otolith reading (Age&Shape 2.1.1,
193 Infaimon®, <http://www.infaimon.com/>) was used. Two reading sessions were
194 completed for each otolith. The reading radius was manually selected and its location
195 was nearly, but not exactly, the same for the two sessions. We used the following
196 reading protocol: first, the image analysis system automatically selected a preliminary

197 list of points located at all identified DGMs based on sharp changes in the luminance
198 profile. Then, these positions were interactively modified by the reader, who was able to
199 not only change the exact position of any point but also delete and/or insert new points.
200 All of the reading sessions were completed by the same reader, who was blind to the
201 identity of the fish. The order in which the otoliths were read was random, and an
202 interval of several days elapsed between the two reading sessions for the same otolith.
203 Precision of the readings was estimated by coefficient of variation (as defined by
204 Chang, 1982).

205 To determine the relationship between otolith size and fish body size, 102 thin
206 transverse sections from 35 recaptured meagre that had experienced contrasting (i.e.,
207 short or long) periods of release (32 of them from 2007 cohort and 3 of them from 2008
208 cohort released on February 2009 and on November 2009, Table 1), 8 control meagre
209 from 2007 cohort and 59 control-reared meagre used in a previous experiment
210 (Morales-Nin et al., 2010) were processed to determine the otolith radius (O_R , mm;
211 distance from the core to the edge following the *sulcus acusticus*). Body size (L_T) of
212 these specimens ranged from 12.7 to 79.1 cm. The radius was measured by applying
213 ImageJ software to calibrated images of the sections. In addition, the radius from the
214 core to the first annual mark was measured for the 32 recaptured meagre from 2007
215 cohort, in order to estimate differential survival in the recapture meagre. The
216 interpretation of annual growth marks followed the protocol proposed by Prista et al.
217 (2009).

218

219 2.3. Data analysis I: Size-at-age

220 The growth of meagre, as is typical for any ectothermic organism, is strongly
221 influenced by seasonal factors such as the temperature, light and food supply (e.g.,

222 Adolph and Porter, 1996; Alcoverro et al., 1995; Böhlenius et al., 2006; Coma et al.,
 223 2000; Pauly, 1990). A formal model comparison between the seasonal Somers' model
 224 and the non-seasonal (conventional) von Bertalanffy model was carried out, and the
 225 Bayesian DIC value was worse for the conventional model than for the seasonal model.
 226 Therefore, the length-at-age relation of the control meagre was adjusted to the growth
 227 model proposed by Somers (1988), which is a version of the conventional Von
 228 Bertalanffy (VB) growth model that incorporates seasonal growth oscillations (García-
 229 Berthou et al., 2012):

$$230 \quad L_t = L_\infty(1 - \exp(-K(t - t_0) - S_t + S_{t_0})) + \varepsilon_t \quad (1)$$

231 where

$$232 \quad S_t = (CK / 2\pi) \sin(2\pi(t - t_s)),$$

$$233 \quad S_{t_0} = (CK / 2\pi) \sin(2\pi(t_0 - t_s)) \text{ and}$$

$$234 \quad \varepsilon_t \sim \text{Normal}(0, sd_{L_t}),$$

235 L_∞ is the length at asymptotic infinite age; K is the rate of approach to the
 236 asymptotic length (Schnute and Fournier, 1980); t_0 is the theoretical age at which the
 237 length would be zero; C modulates the amplitude of the seasonal growth oscillations;
 238 and t_s is the time between t_0 and the inflection point of the first sinusoidal growth
 239 oscillation.

240 The parameters of this model were estimated using a Bayesian approach on the
 241 length-at-age data from the control fish (see Supplementary material 1). A non-
 242 informative normal distribution (zero mean and tolerance = 10^{-6}) for K and a uniform
 243 distribution for C , t_0 and t_s were assumed as priors. C was constrained to be within the
 244 interval (0, 1) (García-Berthou et al., 2012), and t_s was constrained to be between 1 and
 245 365 days. Prior distribution for L_∞ was assumed to have a 155 ± 54 cm (mean and S.D.),

246 as estimated from a large number of cultured fish (unpublished data). This distribution
247 includes 171.9 cm, as estimated by González-Quirós et al. (2011).

248 Three chains were run using randomly selected initial values for each parameter
249 within a reasonable interval, and conventional convergence criteria were checked. The
250 number of iterations was selected for each run to obtain at least 1,000 valid values after
251 convergence and thinning. The models were implemented with the library *R2jags*
252 (<http://cran.r-project.org/web/packages/R2jags/R2jags.pdf>) of the R package (at
253 <http://www.r-project.org/>), which uses the samplers implemented in JAGS
254 (<http://mcmc-jags.sourceforge.net/>).

255 The observed length-at-age of the 36 recaptured meagre from 2007 cohort was
256 visually compared with the expected length-at-age estimated from control meagre of the
257 same age to determine whether the recaptures followed the same pattern as the control
258 fish. In addition, we tested for a possible difference in the growth pattern between the
259 recaptures that had spent less than 3 months at liberty and those that had spent more
260 than 3 months through the comparison of their residuals (i.e. observed length minus
261 expected length for a control fish of the same age) using a randomization procedure. In
262 this procedure, the expected distribution of the F statistic under the null hypothesis was
263 emulated by 10,000 bootstrap resamples. The threshold of 3 months at liberty was
264 selected because released meagre appear to return to good biological condition and to
265 shift to a more piscivorous diet after spending approximately 3 months at liberty (Gil et
266 al., 2014). Visual inspection (see Results) suggests that the meagre recaptured after
267 more than 3 months have a different growth pattern than control meagre and recaptures
268 that had spent less than 3 months at liberty. Therefore, two additional analyses were
269 completed to test whether the observed differences were due to (1) the differential

270 survival of individuals with different growth rates or (2) increased growth in the natural
271 environment.

272

273 *2.4. Data analysis 2: Differential survival*

274 Possible differences in survival depending on the growth rate variability of fish from
275 the same cohort were examined by analyzing the size of the recaptures at the first year
276 of age, i.e., when all of them were in the same lab-controlled rearing conditions.
277 Specifically, we tested whether the specimens with a higher growth rate (or,
278 equivalently, fish with a larger size-at-age because all fish were born and released on
279 the same dates) had a higher probability of survival in the natural environment. This
280 objective was achieved by analyzing the otolith radius corresponding to the age of one
281 year (i.e. radius at the first annual growth ring) of 32 returned meagre (those from the
282 2007 cohort; 1 to 961 days at liberty). The otolith size at one year was compared
283 between the specimens that had spent less than 3 months at liberty and those that spent
284 more than 3 months. Significant differences between groups in the otolith size
285 corresponding to an age of one year were tested using a one-way ANOVA. A
286 probability (P) of <0.05 was chosen as the critical level for rejection of the null
287 hypotheses. Previously, homogeneity of variances and normality of residuals were
288 examined using a Bartlett test and a Shapiro test, respectively, presenting both an
289 accepted P-value of >0.05 . Statistical power was estimated using a bootstrapping
290 procedure (i.e., resampling a large number of times from the observed data; Manly,
291 1997) and it was very close to the conventionally accepted value of 0.8.

292 Note that it is possible to infer the body length of a fish at younger ages from the
293 width of the annual increments recorded in the otoliths (Pilling et al., 2002) only if there

294 is a strong relationship between otolith length and fish body length. A total of 102
295 meagre specimens (range L_T 12.7-79.1 cm) were used to analyze this relationship.

296

297 2.5. Data analysis 3: Comparing growth before and after release

298 Possible growth changes experienced by a fish between the period before release
299 and the period after release were analyzed for a subsample of the recaptured fish. Daily
300 growth marks (DGMs) along the reading radius of 9 recaptured meagre from the
301 February 2009 release (2007 cohort) that spent different times at liberty were analyzed.

302 Two reading sessions at (nearly) the same reading radius were completed for each
303 fish. At each reading session, distances of all the growth marks from an unambiguous
304 landmark to the otolith edge were recorded (see details above). However, the
305 identification and measurement of DGMs involve several sources of uncertainty linked
306 to the preparation of otoliths, the observation of structures a few microns in size (e.g.,
307 Fey et al., 2005; Zhang et al., 1991) and the interpretation of these structures (i.e.,
308 identification, enumeration and measurement of DGMs; Morales-Nin and Panfili,
309 2002). A failure to identify one or more daily increments (*skipping*) implies the
310 overestimation of the average growth rate and the underestimation of age. In addition, a
311 given landmark can be identified in only one of the two reading sessions. Therefore, the
312 two sessions are rarely well aligned, in the sense that the i^{th} identified marks in the first
313 session does not necessarily correspond to the i^{th} identified growth mark in the second
314 session.

315 After this alignment step, the two distances of the same growth mark were averaged
316 (note that none, i.e., skipping, or only one distance may be available for some growth
317 marks), and the width of the growth increments were calculated. The log-transformed
318 width of the daily growth increments (GI) appear to be related with age and the

319 temperature (see Supplementary material 2), excepting for some clear outliers. We
 320 propose that abnormally large GI correspond to mark skipping (i.e., after skipping two
 321 or more marks, the resulting GI is larger than expected). Therefore, the linear
 322 relationship between $\log(GI)$ and age (Age) and temperature ($Temp$) we propose is a
 323 mere empirical model intended only at estimating a reliable expected value and at
 324 identifying skipping.

325 This expected value ($GI.hat_i$) may differ between before and after releasing. At
 326 captivity, it would be:

$$327 \quad \log(GI.hat_i) = \beta_0 + \beta_1 Age_i + \beta_3 Temp_i + \log(\delta d_i)$$

328 After release, it would be:

$$329 \quad \log(GI.hat_i) = \beta_0 + \beta_1 (Age_R - DAL) + \beta_2 (Age_i - (Age_R - DAL)) + \beta_3 Temp_i + \log(\delta d_i)$$

330

331 where $\beta_0, \beta_1, \beta_2$ and β_3 are the parameters of the linear combination, δd_i is the number of
 332 days corresponding to the i^{th} growth increment ($\delta d_i \in \{1, 2, 3, 4, \dots\}$) and Age_R is the
 333 age at the releasing. Note that Age_R and Age_i are not absolute age but the number of
 334 days from the otolith landmark where the reading session started. The number of days
 335 the fish have been at liberty (DAL) is known.

336 The currently observed values of $\log(GI_i)$ are assumed to be normally distributed
 337 with mean $\log(GI.hat_i)$ and standard deviation given by:

$$338 \quad sd_i = SD \sqrt{\delta d_i}$$

339 where SD is the standard deviation when $\delta d_i = 1$ day.

340 The number of days δd_i is assumed to be randomly sampled from a multinomial
 341 distribution with a probability vector given by:

$$342 \quad v_{(i,j)} = p(1-p)^{\delta d_i - 1}$$

343 where p is the probability of skipping and n_i the number of days between two actually
344 detected, consecutive DGMs.

345 This method allowed us to estimate the values of the parameters β_0 , β_1 , β_2 , β_3 and
346 Age_R and to detect differences between the growth rate before and after release (if $\beta_1 \neq$
347 β_2). The parameters of this model were estimated using a Bayesian approach. A non-
348 informative normal distribution (zero mean and tolerance = 10^{-6}) for β s, a uniform
349 distribution between 0 and 1 for p , and an uninformative gamma distribution for SD
350 were assumed as priors. Three chains were run using randomly selected initial values
351 for each parameter within a reasonable interval, and conventional convergence criteria
352 were checked. The number of iterations was selected for each run to obtain at least
353 1,000 valid values after convergence and thinning. The models were implemented with
354 the library *R2jags* (<http://cran.r-project.org/web/packages/R2jags/R2jags.pdf>) of the R
355 package, which uses the MCMC samplers implemented in JAGS ([http://mcmc-](http://mcmc-jags.sourceforge.net/)
356 [jags.sourceforge.net/](http://mcmc-jags.sourceforge.net/)). The R scrip used (including a copy of the alignment algorithm;
357 Palmer et al., submitted) is provided as supplementary material.

358

359 **3. Results**

360

361 *3.1. Somatic growth of control and recaptured meagre*

362 The data from the control meagre were successfully fitted by the proposed model
363 (Fig. 3). The length-at-age data for the recaptured meagre that had spent less and more
364 than 3 months at liberty were added to the growth curve fitted to the control fish (Fig.
365 3). Almost all of the recaptures that had spent less than 3 months at liberty had a length
366 within the 95% Bayesian credibility interval of the expected length-at-age of fish of the
367 same age but reared in captivity (i.e., control fish). In contrast, the length-at-age of

368 many (4 of 10 fish) of the recaptured fish that had spent more than 3 months at liberty
369 were outside (larger than) the corresponding credibility intervals (Fig. 3). The
370 probability that 4 of 10 fishes were sampled outside the 95% credibility interval was
371 smaller than 0.001. Also, note that some of these fish reached a given size more than
372 one year before than their brothers cultured at captivity did.

373 The residuals (observed length minus expected length for a control fish of the same
374 age; Fig. 4) for the recaptured meagre that had spent more than 3 months at liberty were
375 significantly greater than those for the recaptured fish that had spent less than 3 months
376 at liberty ($P < 0.001$). Therefore, the recaptured meagre that had spent more than 3
377 months at liberty were larger than expected. This pattern may be the result of
378 differential survival of the largest specimens, of increased growth in the wild, or both.

379

380 *3.2. Differential survival*

381 Fish body length and otolith radius from 102 meagre specimens followed a positive
382 linear relationship (Fig. 5; $r^2 = 0.94$), suggesting that otolith length can be used as a
383 reliable proxy for somatic length. For this reason, the otolith radius at the first year was
384 used to compare the estimated body length of recaptured fish that had spent less and
385 more than 3 months at liberty. This comparison showed that the recaptures that had
386 spent more than 3 months at liberty showed an otolith radius at the first year that was
387 significantly larger ($F_{1,30} = 6.17$; $P < 0.05$) than that for the recaptures that had spent less
388 than 3 months at liberty (Fig. 6).

389

390 *3.3. Increased growth after release*

391 The mean estimated precision (coefficient of variation) of the meagre otolith reading
392 was 6.5%. The method used in this study allows the skipped DGMs to be estimated.

393 Therefore, the release date can be located from the readings of the otolith radius, and the
394 growth of the otolith before and after release can be compared (Fig. 7). Note that the
395 pattern obtained from this analysis is observable in addition to the effects of temperature
396 on growth because temperature was added to the model as a covariable. The number of
397 skipped DGMs identified suggests that to ignore skipping would produce an
398 overestimate of the averaged growth rate and an underestimate of the age. A few
399 probable sub-daily growth marks were also identified in several fish, but the small
400 number of these marks indicates that it is implausible that they affected the growth rate
401 estimates.

402 This method failed to converge for meagre which had spent a few days at liberty
403 because the high among-day variability in growth prevents the reliable estimation of the
404 growth rate after release. In addition, a result of the complex process of otolith
405 preparation was that DGMs were not interpretable for several other otoliths. Therefore,
406 only 9 meagre otoliths could be properly analyzed (Fig. 7, Supplementary material 3).
407 The range of days at liberty for these 9 otoliths was from 35 to 422 days. The difference
408 between the estimated growth rate before and after the release was variable, suggesting
409 that certain meagre grew more in the wild but that the growth of others was less than or
410 similar to the amount of growth in captivity (Table 3). Interestingly, most of the meagre
411 that had spent less than 3 months at liberty ($n = 4$) showed a growth rate in the wild
412 similar to or lower than the growth rate before release, and just one of the meagre (R24,
413 Table 3) presented a higher growth rate in the wild. Instead, most of the meagre that had
414 spent more than 3 months at liberty ($n = 3$) showed a higher growth rate in the wild than
415 in the previous reared condition, and only one fish (R27, Table 3) had a lower growth
416 rate. However, the low number of otoliths for which reliable growth rates have been
417 obtained prevents a proper statistical comparison of the general trends found for all fish.

418

419 **4. Discussion**

420 A high growth rate in released fish may indicate that they have adapted well to wild
421 conditions and have good prospects of survival. Satisfactory growth cannot be achieved
422 if released fish are unable to obtain sufficient prey. For this reason, the estimation of the
423 post-release growth performance of returned fish is an indirect way to evaluate the
424 effectiveness of restocking (Tomiyama et al., 2011; Wada et al., 2010).

425 However, the length-at-age of returned fish has little value in itself as an indicator of
426 the adaptation of fish to the wild. Control fish of the same age maintained in captivity
427 furnish a good reference value for comparison because wild specimens are not available
428 in this locality. However, the growth of meagre appears to depend on not only age but
429 also environmental factors. The growth model proposed by Somers (1988), which
430 incorporates seasonal growth oscillations (García-Berthou et al., 2012), was chosen to
431 fit the length-at-age data on meagre specimens maintained in captive rearing conditions.
432 Thereby, the strong influence of seasonal factors, such as temperature, light and food
433 supply, on meagre growth was included in the model of growth. The growth rate of
434 meagre decreases substantially if the temperature is less than 16 °C (El-Shebly et al.,
435 2007; Quéméner, 2002). This pattern of decreased growth at lower temperatures has
436 also been observed in mulloway *Argyrosomus japonicus*, in which high growth has been
437 reported at warmer temperatures (Taylor et al., 2009). Therefore, the incorporation of
438 seasonal oscillation in the growth model has allowed us to obtain more reliable
439 estimates of length-at-age and to compare them with those currently observed for the
440 returned fish.

441 The returned meagre were those provided by the fishermen or purchased at fish
442 markets by us for biological analyses. Although a great effort was made to inform

443 fishermen about the meagre restocking program and the information of more than 400
444 recaptured meagre were reported by them (Gil et al., unpublished results), a low number
445 of samples was available for the growth analysis limiting statistical comparisons.
446 Although clear trends in growth of recaptured meagre were observed, the conclusions of
447 the study should be interpreted with caution. Mainly in analysis from DGMs, it should
448 be emphasized that reliable estimates of the growth rate before and after release have
449 been obtained for a relatively small number of fish, and the sample size should be
450 increased. In future experiments, it would be desirable to increase the sample sizes in
451 order to corroborate the results observed in this study. Moreover, most of the recaptured
452 meagre were caught by commercial fishermen with trammel nets, and certain fishing
453 selectivity could exist (Swain et al., 2007); however it was assumed to be independent
454 of size, or at least nearly independent for the size range analyzed because this gear
455 capture a wide range of size and its size selectivity is low (Erzini et al., 2006).

456 The returned specimens showed that at least some meagre remained around the
457 coastal areas of Mallorca Island for at least 2-3 years (Gil et al., unpublished results).
458 The growth performance of returned fish is high. Depending on the cohort, fish can
459 grow from a size of 43.2 cm at release to 77 cm after 1.8 years at liberty or from a size
460 of 34.2 cm at release to 79.1 cm in 2.6 years. The length-at-age of the returned meagre
461 was compared with that of the control fish, and differences between specimens that had
462 spent less and more than 3 months at liberty were observed. The recaptured meagre that
463 had spent less than 3 months at liberty presented lengths-at-age similar to or even lower
464 than those expected for the control meagre. This result is consistent with the results
465 reported by Gil et al. (2014), based on the condition index, stable isotopes and stomach
466 contents, which demonstrate that released meagre need several months (approximately
467 3) to adapt to wild conditions. This adaptation period appears to be variable and species-

468 specific, but the same growth stagnation has been observed in Japanese flounder
469 (*Paralichthys olivaceus*) for several days after release (Tomiyama et al., 2011). In
470 contrast, comparisons of growth rates between wild and reared turbot (*Psetta maxima*)
471 showed similar growth patterns, indicating that the reared fish were able to adapt rapidly
472 to natural conditions (Paulsen and Støttrup, 2004).

473 Most of the returned meagre that had spent more than 3 months at liberty showed a
474 higher growth rate than that expected from control fish of the same age. This result
475 suggests that fish may increase their growth in the wild. The use of methods such as
476 otolith microstructure can reveal changes in growth rate associated with the process of
477 adaptation to the natural environment. The otolith represents an integration of the entire
478 growth history of a fish (Burke et al., 1993). Several studies have demonstrated that it is
479 possible to estimate the growth rate by measuring increment widths (Campana and
480 Neilson, 1985; Hovenkamp and Witte, 1991; Stunz et al., 2002). The two key
481 assumptions for using the growth marks on the otolith to estimate somatic growth are
482 that 1) the distance between increments must be proportional to the somatic growth
483 occurring between the corresponding dates and 2) the periodicity at which marks are
484 deposited must be verified (Campana and Neilson, 1985). These assumptions have been
485 verified for both annual (González-Quirós et al., 2011) and daily growth marks
486 (Morales-Nin et al., 2010) in meagre. Food level directly influences otolith growth
487 (Barber and Jenkins, 2001; Jenkins et al., 1993; Paperno et al., 1997). For example,
488 significantly higher otolith growth has been observed in fish fed a high food ration at 18
489 °C and 12 °C (Barber and Jenkins, 2001). However, daily increment deposition during
490 starvation can be observed for a certain time (Campana, 1983) because body fat reserves
491 may provide sufficient energy for otolith growth (Jobling, 1980; Marshall and Parker,
492 1982). This point is important because the low stomach contents and low condition

493 index observed in meagre juveniles (Gil et al., 2014) immediately following release
494 may imply a relatively long starvation period during which the (otolith) growth rate is
495 expected to be small but positive.

496 The comparison of the growth rate estimated from DGMs between the periods
497 before and after release in recaptured meagre in the Balearic Islands showed consistent
498 variations in growth. The growth of returned meagre that had spent less than 3 months
499 at liberty was similar to or even slower than their previous growth in captivity. This
500 finding is consistent with the view that the fish were still in an adaptation period.
501 Interestingly, however, most of the recaptured meagre that had spent more than 3
502 months at liberty and, therefore, should be considered well adapted to wild feeding
503 showed an increased growth rate after release. However, the low number of analyzed
504 otoliths prevented us from conducting a statistical comparison that confirmed the
505 observed trends in the recaptured meagre. Some of the otoliths were unreadable because
506 of processing, and some otoliths were useless because the time spend after release was
507 too short to be analyzed by the model. Besides, the otoliths of meagre older than 3 years
508 had to be discarded from the daily growth study because these fish were mature, and the
509 periodicity of ring formation in these otoliths could be different than in immature fish
510 (Campana, 2001). Another reason to discard the otoliths of older fish was that the
511 closest to the edge increments could be below the resolving power of the light
512 microscope; because several authors have noted a general decrease of increment width
513 with age (Morales-Nin, 2000).

514 We propose that this shift in growth rate may be related to a corresponding shift
515 from a diet based on invertebrates to a more piscivorous diet. This statement is
516 supported by not only the diet shift observed in returned fish (Gil et al., 2014) but also
517 the finding that a semi-moist fish-based diet produces a better growth rate than diets

518 based on any commercial pellets (unpublished data). Similarly, wild 110 g meagre
519 juveniles reared in sea cages reached 1,850 g in only 8 months if fed with fresh fish
520 (Pastor et al., 2002). However, feeding a long number of fish with fresh or semi-moist
521 diet would involve economic and management disadvantages (Kim and Shin, 2006;
522 Kubitza and Lovshin, 1997). Hence, although it is probable that more energy must be
523 invested in catching fish in the wild, the high efficiency of meagre when consuming fish
524 suggests that well-adapted fish (fish recaptured after more than 3 months at liberty)
525 grew better than the control meagre maintained under the rearing conditions and fed
526 with commercial pellets.

527 In another species, *P. olivaceus*, the increase in growth observed after a release-
528 related period of growth stagnation (Tomiyama et al., 2011) was attributed to
529 compensatory growth (Ali et al., 2003). Compensatory growth is a phase of accelerated
530 growth occurring when favorable conditions are restored after a period of growth
531 depression. The original growth trajectory is restored, and fish may achieve the same
532 length-at-age as conspecifics experiencing favorable conditions at any time (Ali et al.,
533 2003).

534 In addition to the increased growth rate of well-adapted fish (i.e., those that had
535 spent more than 3 months at liberty), the otolith radius when fish were one year old (i.e.,
536 when all fish were still being reared in captivity) showed that those well-adapted fish
537 were also larger at the release date in comparison with fish that had spent less than 3
538 months at liberty. This result suggests that fish that are larger at the release date may
539 adapt better to wild conditions, growing faster and surviving better than smaller fish.
540 The hypothesis that natural mortality would depend on size has been considered as the
541 most likely option, although other processes could be intervening in the results.
542 Therefore, fish length should have a major impact upon the recapture rates (and

543 presumably survival) of released juveniles (Leber, 1995) due to the greater impact of
544 predation on smaller organisms (Ray et al., 1994; Tsukamoto et al., 1989). A higher
545 survival rate in more rapidly growing fish (i.e., high-quality fish) has also been
546 observed in *P. olivaceus* (Tomiyama et al., 2011) and *A. japonicus* (Taylor et al., 2009).
547 However, this pattern may be reversed or at least modulated over the long term if
548 fishing mortality is the principal source of mortality because fisheries-induced evolution
549 tends to select smaller-sized fish (Brunel et al., 2013). The focus of the current study
550 was only the short and critical period during which released fish must adapt to
551 dramatically different conditions or die.

552 In conclusion, a higher than expected length-at-age was observed in released meagre
553 that had spent several months at liberty, but this growth pattern could be observed only
554 for survivors, i.e., those fish that appeared to have successfully adapted to wild
555 conditions and survived. These long-time survivors were the largest members of the
556 cohort. Their large size implies not only a lower vulnerability to predation but also a
557 greater competence in obtaining food and, therefore, a greater adaptability to wild
558 conditions. The relationships between the fish quality, post-release growth and survival
559 of released juveniles imply that stocking effectiveness could be improved by selecting
560 specific phenotypes during juvenile production (Tomiyama et al., 2011). Therefore,
561 improvements in the production protocols and in the release strategies could enhance
562 the adaptation of the released juveniles and increase their potential survival after
563 release.

564

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