# Decoherence and Thermalization at Finite Temperatures for Quantum Systems 

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## Introduction and Motivation

We study a general closed quantum entirety, considered to be a subsystem with Hamiltonian $H_{S}$, an environment or bath with Hamiltonian $H_{E}$, and a Hamiltonian with overall strength $\lambda$ which couples $S$ and $E$. The entirety $S+E$ evolves via the timedependent Schrödinger equation with Hamiltonian $H=H_{0}+\lambda H_{S B}=H_{S}+H_{E}+\lambda H_{S B}$. The dimension of the entirety is $D=D_{S} D_{E}$. We assume that the entirety is in the canonical-thermal-state ensemble at inverse temperature $\beta=1 / T$ ( with $k_{B}=\hbar=1$ ).

## Methods

The reduced density matrix for $S$ is $\tilde{\varrho}_{S}=\operatorname{Tr}_{E} \varrho$, with elements given by Eq.(1). Our measure of decoherence $\sigma(t)$ is given by a function of the off-diagonal elements of $\tilde{\varrho}_{S}$ (in the basis where $H_{S}$ is diagonal) as in Eq.(2), while our measure of thermalization $\delta(t)$ is given by a function of the diagonal elements as in Eq.(3). In Eq.(3) $b(t)$ is a fitting parameter, and the superscripts on the energies stand for $S$ or $E$.
The state $\left|\Psi_{0}\right\rangle$, given by Eq.(5), is a random infinite-temperature ( $\beta=0$ ) state of the entirety $S+E$. The coefficients $d_{i, p}$ are complex Gaussian random numbers, and the normalization is given by Eq.(6). The canonical-thermal state is given by Eq.(7), and is a normalized pure state at a finite temperature, $T=1 / \beta$. All such states $\left|\Psi_{\beta}\right\rangle$ form the canonical-thermal-state ensemble.
The free energies for the entirety, $S$, and $E$ are, respectively, $F(\beta), F_{S}(\beta)$, and $F_{E}(\beta)$; ground-state degeneracies are $g, g_{S}, g_{E}$.

## Perturbation Results

We have performed perturbation theory calculations for a general entirety, for small $\lambda$. The calculations use Eq.(4), and are performed over the entire canonical-thermal-state ensemble. The lowest order term has $\lambda H_{S E}=0$, an uncoupled but entangled entirety. After lengthy calculations, general expressions at long times for $\sigma$ are obtained, Eq.(8), to be a function of the free energies at particular temperatures. The limit for $\sigma$ for infinite temperature is in Eq.(9), and for very low temperatures in Eq.(10). A similar expression for the thermalization is presented as Eq.(11).

## Computational Results

We have performed large-scale calculations with a ring of spin $1 / 2$ particles, with the number of such particles $N=N_{S}+N_{E}$. Random interactions are chosen for $H_{E}\left(\Omega_{i j} \in[-4 / 3,4 / 3]\right)$ and $H_{S E}\left(\Delta_{i j} \in[-4 / 3,4 / 3]\right)$, and ferro- or antiferromagnetic ( $|J|=1$ ) for $H_{S}$. Relaxation in time is shown in Fig.1, and time-or-disorder averages in Fig.2. Dependences on different $N_{E}, N_{S}$, $\lambda$, and $\beta$ are shown in Figs.3-5. Comparisons with no adjustable parameters to Eq.(8) are in Figs.6,7, note different $g_{S}$ values.


Fig. 1. $N_{S}=4, N_{E}=22, \beta|j|=0.9, \lambda=1$ with initial states of UDUDY or $X$, with $X$ and $Y$ states from the appropriate canonical-thermal-state ensemble.


Fig. 4. $N_{S}=4, \lambda=1$ for different values for $\beta|J|$ and $N_{E}$. Inset are $N_{E}=36$ results


Fig. 6. $N_{E}=8\left(g_{E}=9\right), \Omega=1, N_{E}=4$ (ferro, $J=1$, $\left.g_{s}=5\right)$. Solid red line is from Eq.(8).


Fig. 2. $N_{S}=4, N_{E}=22, \beta|J|=0.9, \lambda=1$ with an initial state $X$, showing results of averaging over time, $H_{E}$, and initial states from $\boldsymbol{X}$.


Fig. 5. $\beta|J|=0.9$ and $\lambda=1$ for different values for $N_{S}$ and $N_{E}$. The dark khaki line is for $\lambda=0$. Inset are $N_{E}=30$ results.


Fig. 7. $N_{E}=8\left(g_{E}=9\right), \Omega=1, N_{E}=4$ (antiferro, $J=-1$, $g_{S}=1$ ). Solid red line is from Eq.(8).

## Conclusions

We have obtained analytical results for a decoherence measure $\sigma$ and thermalization measure $\delta$, within the canonical-thermal state ensemble [1]. With minimal, reasonable assumptions we obtain Eq.(8) and Eq.(11) for $\sigma$ and $\delta$, respectively. We performed large-scale real-time and imaginary-time Schrödinger equation simulations, elucidating and testing our results. Extremely good agreement between the analytical and computational calculation results were obtained, for example in Figs. 6,7.

## Reference and Acknowledgements

