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Original paper

The prognostic significance of large vessel occlusion in stroke patients treated by intravenous thrombolysis

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Abstract

Purpose: According to guidelines, to shorten the treatment window, acute ischaemic stroke (AIS) treatment by intravenous thrombolysis (IVT) can be done based on the results of head computed tomography (CT) without contrast. The impact of large vessel occlusion (LVO) on computed tomography angiography (CTA) in stroke prognosis in patients treated IVT or IVT and mechanical thrombectomy (MT), where indicated, has not yet been studied systematically. We investigated the influence of LVO in consecutive AIS patients on haemorrhagic transformation (HT) on CT 24 h after treatment, mRS < 2 on discharge (unfavourable outcome), and in-hospital mortality.

Material and methods: We analysed several parameters within 24 h after AIS: demographics, risk factors, mRS score pre-stroke, NIHSS upon admission and 24 h later, several clinical and biochemical parameters, and chronic treatment.

Results: We registered 1209 patients, of whom 362 (29.9%) received IVT and 108 had MT, where indicated. Admission CTA showed LVO in 197 patients (54.4%). Multivariate regression analysis showed that the presence of LVO and lower delta NIHSS (NIHSS on admission minus NIHSS 24 hours later) were independent parameters affecting HT risk. Multivariate analysis showed that the presence LVO and also older age, female sex, lower delta NIHSS, HT, stroke-associated infection, CRP levels ≥ 10 mg/L, and higher WBC count affected unfavourable outcome on discharge. LVO did not affect in-hospital mortality.

Conclusions: LVO in AIS patients treated by IVT or IVT and MT affects the risk of HT and unfavourable short-term outcome but not in-hospital mortality.

Key words: acute stroke, thrombolysis, mechanical thrombectomy, outcome.

Introduction

Intravenous thrombolysis (IVT) by rt-PA or tenecteplase is the only effective pharmacological treatment for acute ischaemic stroke (AIS) [1,2]. Unfortunately, this treatment is efficient only in a small proportion of patients [3]. Time from stroke onset to treatment by IVT is thought to be the most important factor affecting IVT efficacy [3]. Accord-

ing to guidelines, to save time, the treatment of AIS by IVT can be done based on the results of head computed tomography (CT) without contrast [1,2]. A few studies, additionally implementing computed tomography angiography (CTA), have shown that large vessel occlusion (LVO) is an important poor prognostic factor in patients with AIS, irrespective of whether they are being treated [4-6] or not treated by IVT [7].

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A Study design · B Data collection · C Statistical analysis · D Data interpretation · E Manuscript preparation · F Literature search · G Funds collection

In recent years, mechanical thrombectomy (MT) has become a recommended treatment option for patients with LVO [8-12]. Key studies showing the effectiveness of MT in AIS indicated the advantage of brain vessel neuroimaging before the treatment procedure to show detailed LVO location [8-12]. In our Stroke Unit, we introduced a complex neuroimaging protocol on admission, including computed tomography (CT) with and without contrast and CTA, in all consecutive AIS patients, irrespective of their treatment perspective and whether or not they declared any history of chronic renal disease. The protocol allowed us to gather immediately data on the presence of LVO, its location, or the presence of vascular malformations. All this information allows easier and safer decision-making about AIS treatment and smoother patient flow during the therapeutic window.

In this study, we analysed the frequency and the influence of LVO on admission CTA in consecutive patients treated by IVT or IVT and MT, where indicated, on short-term outcome measures (i.e. haemorrhagic transformation [HT] on CT 24 h after treatment, poor outcome as measured by the mRS 3-6 on discharge, and in-hospital mortality).

Material and methods

We retrospectively analysed the data prospectively collected in the Krakow Stroke Data Bank (KSDB). The KSDB is a single-centre, hospital-based registry in which clinical, radiological, and genetic data from AIS cases are included. The systematic collection of data was started in 2007. The study design was approved by the Jagiellonian University Ethical Committee (KBET 54/B/2007). The diagnosis of stroke was made according to the definition by Sacco *et al.* [13]. The collected patient information has been described in detail elsewhere [14]. For the purpose of the present study, we analysed data from participants of KSDB treated with IVT from June 2014 to December 2018. In each included patient we analysed the following data available within 24 h after stroke: demographics (age and sex); stroke risk factors (hypertension, diabetes mellitus, ischaemic heart disease, atrial fibrillation, hypercholesterolaemia, smoking status, body mass index, and history of stroke); clinical parameters (prestroke independence as measured by the modified Rankin Score [mRS]) [15] (we distinguished patients with mRS = 0 [no disability] from those with mRS > 0 [at least slight disability]); body temperature on admission (we distinguished patients with body temperature $\geq 37^\circ\text{C}$ and with body temperature $< 37^\circ\text{C}$); time from stroke onset to alteplase infusion; and maximum systolic blood pressure and diastolic blood pressures within 24 hours after alteplase infusion. We distinguished patients with maximal systolic blood pressure > 160 mm Hg and ≤ 160 mm Hg (160 mm Hg was the median value); and patients with maximal diastolic blood pressure > 85 mm Hg and ≤ 85 mm Hg (85 mm Hg was the median value).

Stroke severity was measured on admission and 24 hours later according to the National Institutes of Health Stroke Scale (NIHSS) [16]. Delta NIHSS was defined as the difference between NIHSS score measured upon hospital admission minus the NIHSS score 24 hours after alteplase infusion (lower scores reflect deterioration; higher scores indicate improvement). We also examined post-treatment haemorrhagic complications on CT taken 24 hours post-stroke (categorized as patients with or without bleeding) and stroke aetiology according to the Trial of Org10172 in acute Stroke Treatment (TOAST) criteria [17]. We also analysed the presence and location of LVO shown on CTA performed on admission. We analysed LVO location. We also distinguished patients with and without LVO on CTA in large vessels of the brain.

We collected data on the use of antibiotics during hospitalization due to stroke-associated infection (SAI) (we distinguished those with and without SAI). The details about the diagnosis of infections have been reported elsewhere [18].

Biochemical data taken while fasting on the 1st day morning were as follows: CRP levels (increased CRP levels was diagnosed as CRP ≥ 10 mg/l); white blood cells (WBC) count; fibrinogen levels; haemoglobin levels; platelet count; glucose levels; creatinine levels, TSH, total cholesterol levels, LDL-cholesterol levels, HDL-cholesterol levels, and triglycerides levels.

We analysed the following early outcome measures: post-treatment haemorrhagic transformation (HT) on computed tomography (CT) taken 24 h after stroke (we distinguished patients with or without bleeding). The intensity of bleeding was evaluated according to the ECASS II criteria [19]. Unfavourable outcome on discharge was defined as mRS score [15] from 3 to 6. We also analysed the in-hospital death rate.

Statistical analysis

Clinical characteristics and outcomes between the groups were compared by the unpaired Student *t*-test or χ^2 test, where appropriate. To identify potential independent predictors of outcome, variables with *p*-value < 0.05 in the univariate regression analysis for the presence of brain haemorrhage, unfavourable outcome as measured by mRS score from 3 to 6, or death on discharge were subsequently included into a multivariate regression analysis. All statistical calculations were performed by Statistica software version 13.3 (TIBCO software INC). *P*-values below 0.05 were considered statistically significant.

Results

During the study period, 1209 patients registered with the KSDB and 362 (29.9%) received IVT. CTA revealed LVO in 197 patients (54.4%), and 108 patients had MT performed, where indicated. In detail, 46 patients out of 362 (12.7%)

Table 1. Demographics and stroke characteristics in patients treated by IVT solely or by IVT and MT were indicated without or with haemorrhagic transformation on CT taken 24 hours after admission, with mRS: 0-2 (favourable outcome) or mRS:3-6 (unfavourable outcome) and with mRS: 0-5 (alive) or mRS: 6 (death)

Parameters	No haemorrhage n = 287	Haemorrhage n = 75	p-value	mRS: 0-2 n = 215	mRS: 3-6 n = 147	p-value	mRS: 0-5 n = 328	mRS: 6 n = 34	p-value
Demographics									
Age (years), n (%)	70.61 ± 13.89	69.83 ± 13.10	0.66	67.9 ± 14.4	74.2 ± 11.7	0.000015	69.89 ± 13.82	76.82 ± 10.91	0.004
Sex (females), n (%)	143 (49.8)	34 (45.3)	0.49	95 (44.19)	82 (55.8)	0.030	154 (47.0)	23 (67.7)	0.02
Stroke risk factors									
Hypertension (mm Hg), n (%)	237 (82.6)	67 (89.3)	0.16	165 (76.7)	139 (94.6)	< 0.00001	272 (82.9)	32 (94.1)	0.090
Diabetes mellitus, n (%)	84 (29.3)	21 (28)	0.83	56 (26.0)	49 (33.3)	0.13	96 (29.3)	9 (26.5)	0.73
Ischemic heart disease, n (%)	68 (23.7)	16 (21.3)	0.67	43 (20)	41 (27.9)	0.081	74 (22.6)	10 (29.4)	0.93
Atrial fibrillation, n (%)	76 (26.5)	30 (40)	0.022	53 (24.7)	53 (36.1)	0.019	92 (28.0)	14 (41.2)	0.11
Hypercholesterolaemia, n (%)	100 (34.8)	17 (22.7)	0.05	75 (34.9)	42 (28.6)	0.21	109 (33.2)	8 (23.5)	0.25
Smoking, n (%)	45 (15.7)	10 (13.3)	0.61	35 (16.7)	19 (12.9)	0.37	53 (16.2)	2 (5.9)	0.11
Body mass index (kg/m ²), mean ± SD	27.09 ± 4.16	27.86 ± 4.45	0.16	26.9 ± 4.1	27.8 ± 4.4	0.049	27.18 ± 4.13	27.85 ± 5.10	0.38
History of stroke, n (%)	52 (18.1)	14 (18.7)	0.91	31 (14.4)	35 (23.8)	0.023	56 (17.1)	10 (29.4)	0.076
Clinical markers									
Modified Rankin Score before stroke > 0, n (%)	24 (8.4)	7 (9.3)	0.79	10 (4.7)	21 (14.3)	0.0013	22 (6.7)	9 (26.5)	0.000089
Body temperature ≥ 37.0°C on admission, n (%)	28 (9.8)	3 (4)	0.11	24 (11.2)	7 (4.6)	0.032	30 (9.1)	1 (2.9)	0.22
Time from stroke onset to rt-PA infusion (hrs), mean ± SD	2.35 ± 1.03	2.46 ± 1.03	0.42	2.4 ± 1.1	2.3 ± 0.8	0.86	2.38 ± 1.04	2.27 ± 0.88	0.56
Maximal systolic blood pressure within 24 hours after stroke > 160 mm Hg, n (%)	68 (24.0)	23 (30.7)	0.24	43 (20)	49 (33.3)	0.0042	80 (24.4)	12 (35.3)	0.16
Maximal diastolic blood pressure within 24 hours after stroke > 85 mm Hg, n (%)	77 (26.8)	28 (37.3)	0.07	50 (23.3)	55 (37.4)	0.0036	91 (27.7)	14 (41.2)	0.10
NIHSS on admission; mean ± SD	10.85 ± 6.28	16.15 ± 6.59	< 0.000001	9.0 ± 5.6	16.3 ± 5.7	< 0.00001	11.40 ± 6.51	17.27 ± 6.09	< 0.000001
NIHSS 24 after infusion, mean ± SD	6.76 ± 6.42	15.11 ± 8.91	< 0.000001	3.68 ± 3.64	15.4 ± 7.7	< 0.00001	7.01 ± 6.49	22.27 ± 8.58	< 0.000001
Delta NIHSS, mean ± SD	4.19 ± 5.85	0.89 ± 8.93	0.00014	5.29 ± 5.52	0.90 ± 7.46	< 0.00001	4.39 ± 5.79	-5.00 ± 8.95	< 0.000001
Large vessel occlusion on admission angio-CT	139 (48.4)	58 (77.3)	< 0.00001	89 (41.4)	108 (73.5)	< 0.00001	173 (52.7)	24 (70.6)	0.047
Haemorrhagic transformation of ischaemic lesion on CT, n (%)				18 (8.4)	57 (38.8)	< 0.00001	54 (16.5)	21 (61.8)	< 0.00001

Table 1. Cont.

Parameters	No haemorrhage n = 287	Haemorrhage n = 75	p-value	mRS: 0-2 n = 215	mRS: 3-6 n = 147	p-value	mRS: 0-5 n = 328	mRS: 6 n = 34	p-value
Stroke etiology									
Large vessel disease, n (%)	40 (13.9)	9 (12.0)	0.60	30 (14.0)	0	0.31	48 (14.6)	1 (2.9)	0.25
Small vessel disease, n (%)	3 (1.00)	0 (0)		3 (1.4)	58 (39.5)		3 (0.9)	0	
Cardioembolic stroke, n (%)	88 (30.7)	31 (41.3)		61 (28.4)	63 (42.9)		107 (32.6)	12 (35.3)	
Unknown aetiology, n (%)	143 (49.8)	31 (41.3)		111 (51.6)	7 (4.8)		154 (46.9)	20 (58.8)	
Rare aetiology, n (%)	13 (4.5)	4 (5.4)		10 (4.6)	7 (4.8)		16 (4.9)	1 (2.9)	
Treatment									
Antibiotic treatment due to stroke-associated infection, n (%)				23 (10.7)	62 (47.2)	< 0.00001	68 (20.7)	17 (50)	0.00013
Biochemical markers									
CRP ≥ 10 mg/l, n (%)	89 (31.0)	30 (40)	0.19	45 (20.3)	74 (50.3)	< 0.00001	100 (30.5)	19 (55.9)	0.0027
White blood cells count (μl), mean ± SD	8679.37 ± 3286.33	8852.27 ± 3171.26	0.68	8195 ± 2930	9475 ± 3563	0.0002	8860.55 ± 3253.52	9294.55 ± 3316.31	0.32
Fibrinogen (g/l), mean ± SD	2.59 ± 1.03	2.61 ± 1.08	0.90	2.53 ± 0.92	2.67 ± 1.18	0.18	2.59 ± 1.04	2.62 ± 1.07	0.90
Haemoglobin (g/dl), mean ± SD	13.78 ± 1.68	13.72 ± 1.77	0.80	13.86 ± 1.71	13.63 ± 1.67	0.2	13.80 ± 1.70	13.46 ± 1.68	0.26
Platelet count (μl), mean ± SD	225265 ± 70803	206200 ± 65410	0.04	219112 ± 64132	224537 ± 78024	0.47	222595 ± 66929	208971 ± 95577	0.28
Glucose levels (mmol/l), mean ± SD	7.18 ± 2.72	8.0 ± 03.26	0.03	6.94 ± 2.44	7.95 ± 3.30	0.0009	7.27 ± 2.79	8.12 ± 3.35	0.099
Creatinine (μmol/l), mean ± SD	83.60 ± 25.71	87.41 ± 26.18	0.26	82.94 ± 24.40	86.52 ± 27.70	0.19	83.66 ± 24.86	91.47 ± 33.29	0.093
TSH (μIU/ml), mean ± SD	2.10 ± 4.26	1.44 ± 2.46	0.21	1.97 ± 3.75	1.96 ± 4.28	0.98	2.06 ± 4.15	1.11 ± 0.88	0.19
Cholesterol (mmol/l), mean ± SD	4.49 ± 1.16	4.49 ± 1.28	0.99	4.93 ± 1.19	4.97 ± 1.26	0.88	4.50 ± 1.15	4.35 ± 1.49	0.50
LDL cholesterol (mmol/l), mean ± SD	1.33 ± 0.42	1.26 ± 0.31	0.23	1.35 ± 0.42	1.26 ± 0.37	0.03	1.31 ± 0.40	1.37 ± 0.40	0.43
HDL cholesterol (mmol/l), mean ± SD	2.58 ± 1.00	2.63 ± 1.05	0.70	2.54 ± 0.95	2.66 ± 1.10	0.27	2.60 ± 0.99	2.53 ± 1.25	0.75
Triglycerides (mmol/l), mean ± SD	1.25 ± 0.62	1.30 ± 0.97	0.59	1.29 ± 0.72	1.21 ± 0.67	0.28	1.28 ± 0.72	1.01 ± 0.45	0.034

mRS – modified Rankin Scale, NIHSS – National Institute of Health Stroke Scale, CRP – C-reactive protein, TSH – thyroid stimulating hormone, LDL – low-density lipoprotein, HDL – high-density lipoprotein, CT – computed tomography

Table 2. Multivariate regression models analysing parameters affecting risk of haemorrhagic transformation on CT (model including or excluding CRP and WBC count), factors affecting unfavourable short-term outcome (mRS: 3-6) and in hospital mortality (mRS = 6)

Parameter	OR	95% CI	p-value
Parameters affecting risk of haemorrhage on CT taken 24 hours after alteplase infusion			
Demographics			
Age (years)	0.99	0.97-1.01	0.29
Sex (females)	0.87	0.48-1.60	0.65
Stroke risk factors			
Atrial fibrillation	1.90	0.99-3.62	0.05
Hypercholesterolemia	0.67	0.35-1.27	0.22
Clinical parameters			
Large vessel occlusion on admission angio-CT	3.60	1.93-6.71	0.000053
Delta NIHSS	0.92	0.88-0.96	0.00011
Biochemical parameters			
Glucose levels (mmol/l)	1.09	0.99-1.19	0.07
Platelet count (µl)	0.70	0.46-1.08	0.11
Parameters affecting unfavourable outcome on discharge			
Demographics			
Age (years)	1.06	1.02-1.09	0.0011
Sex (females)	2.47	1.17-5.22	0.02
Stroke risk factors			
Hypertension (mm Hg)	2.80	0.83-9.41	0.09
Atrial fibrillation	0.82	0.38-1.80	0.62
Body mass index (kg/m ²)	1.05	0.96-1.14	0.28
History of stroke	1.21	0.50-2.94	0.66
Clinical parameters			
Modified Rankin scale score before stroke > 0	3.13	0.97-10.12	0.05
Body temperature ≥ 37.0°C on admission	0.29	0.07-1.19	0.08
Maximal systolic blood pressure within 24 hours after stroke > 160 mm Hg	1.54	0.72-3.29	0.26
Maximal diastolic blood pressure within 24 hours after stroke > 85 mm Hg	0.78	0.34-1.77	0.55
Delta NIHSS	0.87	0.78-0.90	0.0000022
Large vessel occlusion on admission angio-CT	3.12	1.48-6.54	0.0026
Haemorrhagic transformation on CT 24 hours after admission	6.40	2.75-14.88	0.000015
Treatment			
Antibiotic treatment due to stroke- associated infection, n (%)	3.83	1.73-8.51	0.00093
Biochemical parameters			
CRP ≥ 10 (mg/l)	3.70	1.81-7.54	0.00031
White blood cells count (µl)	1.13	1.01-1.26	0.04
Glucose levels (mmol/l)	0.99	0.88-1.12	0.84
LDL (mmol/l)	0.77	0.31-1.93	0.59
Parameters affecting unfavourable outcome on discharge without CRP, and WBC count			
Demographics			
Age (years)	1.05	1.02-1.09	0.0013
Sex (females)	2.44	1.21-4.91	0.01
Stroke risk factors			
Hypertension (mm Hg)	3.01	0.93-9.67	0.06
Atrial fibrillation	0.79	0.37-1.68	0.54
Body mass index (kg/m ²)	1.05	0.97-1.14	0.22
History of stroke	1.20	0.52-2.74	0.67
Clinical parameters			
Modified Rankin Score before stroke > 0	2.97	0.99-8.89	0.05
Body temperature ≥ 37.0°C on admission	0.40	0.10-1.53	0.18
Maximal systolic blood pressure within 24 hours after stroke > 160 mm Hg	0.64	0.29-1.44	0.28
Maximal diastolic blood pressure within 24 hours after stroke > 85 mm Hg	1.45	0.71-2.98	0.31
Delta NIHSS	0.84	0.78-0.90	0.00000030
Large vessel occlusion on admission angio-CT	3.68	1.28-7.45	0.00027
Haemorrhagic transformation on CT 24 hours after admission	4.93	2.25-10.78	0.000061
Treatment			
Antibiotic treatment due to stroke- associated infection, n (%)	5.88	2.79-12.40	0.0000030
Biochemical parameters			
Glucose levels (mmol/l)	1.02	0.91-1.13	0.75
LDL (mmol/l)	0.69	0.30-1.61	0.39
Parameters affecting the risk of death at discharge			
Demographics			
Age (years)	1.03	0.97-1.08	0.34
Sex (females)	2.58	0.86-7.79	0.09
Clinical parameters			
Modified Rankin scale score before stroke > 0	9.56	2.47-37.03	0.0010
Delta NIHSS	0.78	0.71-0.86	0.0000014
Large vessel occlusion on admission angio-CT	1.57	0.55-4.45	0.40
Haemorrhagic transformation on CT day after admission	6.76	2.35-19.46	0.00038
Treatment			
Antibiotic treatment due to stroke- associated infection, n (%)	0.96	0.32-2.86	0.94

Table 2. Cont.

Parameter	OR	95% CI	p-value
Biochemical markers			
CRP \geq 10 (mg/l)	3.11	1.08-8.93	0.03
TG (mmol/l)	0.30	0.08-1.12	0.07
Parameters affecting risk of death at discharge, without CRP			
Demographics			
Age (years)	1.03	0.98-1.09	0.21
Sex (males)	2.40	0.81-7.06	0.11
Clinical parameters			
modified Rankin scale score before stroke $>$ 0	8.75	2.36-32.44	0.0011
Delta NIHSS	0.79	0.72-0.87	0.000020
Large vessel occlusion on admission angio-CT	1.75	0.63-4.86	0.28
Haemorrhagic transformation on CT day after admission	6.65	2.36-18.75	0.00032
Treatment			
Antibiotic treatment due to stroke-associated infection, <i>n</i> (%)	1.38	0.50-3.81	0.53
Biochemical parameters			
TG (mmol/l)	0.35	0.11-1.17	0.09

NIHSS – National Institute of Health Stroke Scale, CRP – C-reactive protein, TG – triglycerides, LDL – low-density lipoprotein, CT – computed tomography

had LVO in the symptomatic carotid artery. Among these, 18 (39.1%) had IVT, and 28 (60.9%) had IVT and subsequent MT. In 91 patients (25.1%), LVO was in the M1 region of the symptomatic middle cerebral artery (MCA). Among these, 36 (39.7%) had IVT, and 55 (60.3%) had IVT and MT. In 36 patients (9.9%), LVO was in the M2 region of symptomatic MCA. Among these, 21 (58.4%) had IVT, and 15 (41.6%) had IVT and subsequent MT. In 8 patients (2.2%), LVO was in the M3 region of symptomatic MCA. Among these, 6 (75%) had IVT, and 2 (25%) had IVT and MT. In 16 patients (4.4%), LVO was in the symptomatic basilar artery. Among these, 8 cases had IVT and 8 had IVT plus MT. In 128 patients (35.6%), CTA did not show LVO, and in another 37 patients (10.2%) CTA showed arterial atherosclerotic changes in brain arteries without AC.

Haemorrhagic transformation on CT taken 24 h after stroke was found in 75 patients. According to the ECASS II classification, 25 patients (6.9%) developed small petechiae within the infarcted area, 24 patients (6.6%) had more confluent petechiae within the infarcted area, 14 (3.9%) had haemorrhage not exceeding 30% of the infarcted area with some mild space-occupying effect, and 12 (3.3%) had brain haemorrhage exceeding 30% of the infarct volume with significant space-occupying effect. Groups of patients with and without HT did not differ with respect to age and sex distribution. Univariate analysis showed that LVO on admission CTA, AF, hypercholesterolaemia, lower delta

NIHSS, higher platelet count, and higher glucose levels correlated with HT (Table 1). Multivariate analysis showed that LVO on admission CTA and lower delta NIHSS were independent factors that affected HT risk (Table 2).

In total 147 patients (40.5%) had an unfavourable outcome, as measured by mRS: 3-6 on discharge. Univariate analysis showed that these patients were significantly older and more often female, more often had LVO on admission CTA, had higher incidence rates of hypertension and AF, had higher body mass index (kg/m^2), were more likely to have a history of stroke, more often had body temperature $\geq 37^\circ\text{C}$ on admission, and more often maximal systolic blood pressure > 160 mm Hg and maximal diastolic blood pressure > 85 mm Hg within 24 h after stroke. Patients with unfavourable outcomes were more likely to have mRS scores above 0 pre-stroke or HT on CT, had lower NIHSS than those with a favourable outcome, were more likely to require treatment with antibiotics due to SAI, and were more likely to have CRP levels ≥ 10 mg/l, higher WBC counts, and higher glucose and lower LDL-cholesterol levels (Table 1).

Multivariate analysis showed that the presence LVO on admission CTA, older age, female sex, lower delta NIHSS, HT on CT taken 24 h post-stroke, antibiotic treatment due to SAI, more likely CRP levels ≥ 10 mg/l, and higher WBC count affected unfavourable outcome on discharge (Table 2).

Multivariate analysis, excluding CRP levels and WBC count (inflammatory markers), showed a similar profile of factors affecting unfavourable outcome on discharge (i.e. LVO, older age, female sex, lower delta NIHSS, HT on CT taken 24 h post-stroke, antibiotic treatment due to SAI) (Table 2).

Thirty-four (9.4%) of the patients died before discharge. Patients who died were older and more likely to be female. Univariate analysis showed that they more often had LVO on admission CTA. Compared to their surviving counterparts, patients who died were more likely to score above 0 on the mRS before the stroke, had lower delta NIHSS, and presented more frequently with HT on CT taken with 24 h post-treatment. They were also significantly more likely to use antibiotic treatment due to SAI. Concerning the biochemical parameters, they presented with CRP levels ≥ 10 mg/l more often and had lower triglyceride levels (Table 1).

Multivariate analysis showed that an mRS above 0 before admission, lower delta NIHSS, HT on CT taken 24 h after IVT, and CRP levels ≥ 10 mg/l were independent factors that affected the risk of death up to discharge. Multivariate analysis after the exclusion of CRP did not change the profile of independent factors affecting in-hospital mortality (Table 2).

Discussion

We found that in patients with AIS treated by IVT solely or IVT and MT, where indicated according to current recommendations [1,2], the presence of LVO on admission CTA

was an independent factor affecting the risk of HT on CT taken 24 h after stroke and unfavourable outcome on discharge as measured by the mRS: 3-6, but not in-hospital mortality.

A few studies performed in patients treated by IVT solely [4,5] or IVT and intraarterial thrombolysis as bridging therapy [6], before the era of MT, indicated that the LVO on CTA affected poor prognosis. The prognostic significance of the presence of LVO on admission CTA in consecutive patients treated by IVT or IVT and MT, where indicated, was not studied systematically.

According to guidelines, to shorten the time window, the treatment of AIS by IVT can be done based on the results of the head CT without contrast. Our results strengthen the need to perform additionally admission CTA of the brain arteries to show the presence and exact location of LVO in the brain artery. This knowledge is not only helpful in preparing individual treatment plans but also, based on the results of the present study, in predicting short-term prognosis. We would like to emphasize that in our Stroke Unit, in an emergency setting, to shorten the therapeutic window maximally and based on current guidelines [1,2], we do not measure creatinine levels routinely on admission. Only patients who report chronic renal failure on admission have their neuroimaging procedures scheduled individually, after evaluation of the blood parameters of renal efficiency and a consultation with a nephrologist. In all other patients, creatinine levels are routinely studied on the next morning after the admission. In the presented group of patients, we recorded a mean creatinine level of 84.4 ± 25.8 $\mu\text{mol/l}$ (median value, 81 $\mu\text{mol/l}$; IQR, 68-97 $\mu\text{mol/l}$; min-max values, 27 and 218 $\mu\text{mol/l}$). In patients with creatinine levels outside the normal range, consultation with a nephrologist was routinely scheduled, and treatment was introduced. Nobody from the presented group required dialysis.

Haemorrhagic transformation on CT in AIS patients treated by IVT as an early outcome measure was analysed previously by several authors [20-33]. Most of these were analysed as symptomatic haemorrhage according to ECASS II criteria (i.e. the presence of any haemorrhage on CT not detected on previous CT, combined with neurological deterioration of 4 points or more in NIHSS from baseline) [19]. The prevalence of symptomatic haemorrhages in the studies varied from 3.9% [27] to 8.4% [23]. In our study, we were able to find only 12 symptomatic haemorrhages according to the above-mentioned criteria (3.3%), and we were not able to find any significant differences between patients with and without symptomatic haemorrhage (data not shown). When we compared patients with and without HT on CT taken 24 h after stroke, despite taking into account any concomitant changes in neurological deficit, in a multivariate regression analysis, we found that LVO and deterioration of the neurological deficit after treatment affected its risk. Interestingly, our results are in line with previous studies published

on this topic [20,29-31], showing the correlation of symptomatic brain haemorrhage with neurological deficit.

In our study, we also measured 2 different early outcome measures: unfavourable outcome (defined as the mRS from 3 to 6 on discharge) and in-hospital mortality. Interestingly, many different early outcome measures were studied so far in AIS patients treated by IVT, such as the following: early recanalization [22,34], in-hospital mortality [30,35], in-hospital mortality or discharge to a nursing home [29], neurological deterioration as measured by an increase of NIHSS by at least 4 points 24 h after stroke [24,29,36], at least by 8 points on day 7 after stroke [24,29], or deterioration by at least 2 points between day 0 and 5 [21], and mRS on discharge [37]. In those studies, most of the authors analysed the influence of a single chosen parameter on the studied early outcome measure. For example, Kimura *et al.* showed that AF is the only factor influencing the lack of recanalization, and the lack of recanalization correlated with neurological worsening [34]. Sung *et al.* showed that mortality on discharge in severe stroke was similar in those with and without AF [30]. Jovanovic *et al.* showed that early outcome measures are similar in males and females [24], while Al Husain confirmed the lack of correlation between sex and recanalization rate [22]. Tang confirmed that diabetes mellitus affects unfavourable outcomes 24 h after stroke, and on day 7 after stroke [29]. Only 2 authors were able to build up logistic regression models showing independent factors affecting in-hospital mortality (age ≥ 80 years, aphasia, conscious disturbances, hypertension, the presence of haemorrhage on CT, and pneumonia) [20,29] and in-hospital mortality or discharge to a nursing facility (older age, longer hospital stay, and large cerebral infarct) [38].

In our study, we showed that unfavourable outcome as measured by mRS: 3-6 on discharge, but not in-hospital, is affected by the presence of LVO on admission CTA; lower delta NIHSS and HT on CT taken 24 h after stroke are common disadvantageous factors affecting both outcome measures in the present study. Unfavourable outcome was also related with antibiotic treatment due SAI, irrespectively of including or excluding markers of inflammation into logistic regression models. Interestingly, as was shown previously [39], age and sex affected the unfavourable outcome but not in-hospital mortality.

Our study is mainly limited by its retrospective analysis. The risk of selection bias is possible because we included only patients who agreed to participate in the study. We also analysed outcome measures on discharge, and, unfortunately, we did not collect detailed information about the length of hospital stay; in Poland, patients with AIS are hospitalized for at least 9 days or until death. Another limitation is the relatively long recruitment period, lasting 5 years, so this long period might increase the number of confounding factors because the approach to stroke treatment changes rapidly over time.

Conclusions

In AIS patients treated by IVT solely or by IVT and MT, where indicated according to current guidelines, LVO of the brain vessels shown on admission CTA affects the risk of HT or unfavourable outcome on discharge, but not in-hospital mortality.

Conflict of interest

The authors report no conflict of interest.

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