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ABSTRACT

INTRODUCTION

 Growth of understory forest plants is mainly limited by light availability (Neufeld and Young, 2014). The light environment varies greatly in forests from one site to another, depending on canopy structure and tree species, and can influence growth of understory herbs (Barbier et al., 2008). Indeed, many forest herbs respond positively to increased light availability (Fournier et al., 2004; Naud et al., 2010).

 Plants of the understory strata have developed various phenological and physiological strategies, either to avoid shade or to acclimate to the light environment as it changes throughout the growing season (ex. Landhausser et al., 1997; Rothstein and Zak, 2001; Katahata et al., 2005; Tessier, 2008). The most commonly encountered herbs of temperate deciduous forests are summer greens (Neufeld and Young, 2014), which unfold their leaves in spring shortly before or during canopy closure. Although most of their carbon fixation occurs prior to canopy closure, their leaves acclimate to canopy-induced shading by reducing photosynthetic capacity and respiration rate, thus achieving a net carbon gain during summer (Rothstein and Zak, 2001). Their leaves exhibit high plasticity in response to light availability. Spring ephemerals avoid shade by taking advantage of the short period of high light conditions in spring to accumulate carbon in their belowground storage organ through photosynthesis (Lapointe, 2001). Their leaves unfold immediately after snowmelt and senesce shortly after canopy closure. They produce typical sun leaves, i.e. with a high photosynthetic capacity and respiratory rate (Rothstein and Zak, 2001). Phenological differences have been reported between juvenile and mature individuals in tree species. A common strategy adopted by juveniles is to expand leaf activity, most often by earlier leaf flushing in spring before canopy closure, but also by later senescence in autumn after canopy reopening, which increases their annual carbon assimilation (Augspurger and Bartlett,

 2003; Jolly et al., 2004; Vitasse, 2013). The higher light availability in spring and fall is crucial for sugar maple (*Acer saccharum* Marsh.) and Ohio buckeye (*Aesculus glabra* Willd.) saplings, which may not even achieve positive net growth without this high light period (Augspurger, 2008).

 Similar acclimation may be possible in herbaceous species. Juveniles of the ferns *Dryopteris filix-mas* (L.) Schott. and *D. dilatata* (Hoffm.) retain their leaves throughout the year, including winter (wintergreens), and replace them with new leaves in spring, whereas mature plants develop leaves in spring that will senesce at the end of summer (summer greens; Willmot, 1989). This difference in phenology may, however, be a response to the light environment provided by either the tree canopy or mature ferns. To our knowledge, no other study has compared the phenology of seedlings and mature individuals of an understory herbaceous species. If this modulation of phenological strategy occurs in other species, phenological strategies could then in fact be plastic, rather than predetermined, as suggested by the usual classification of species as either spring ephemerals, summer greens, wintergreens or evergreens. The present study aimed to determine whether age-related changes in phenological strategy can also be observed in another forest herb group, the spring ephemerals. We posited that seedlings and juveniles would acclimate their leaves to lower light availability and prolong leaf life span, thus behaving as summer green plants. In contrast, mature plants would behave as true spring ephemerals, senescing their leaves when subjected to lower light conditions rather than shade acclimating them. To test these hypotheses, wild leek plants of different ages were subjected to the same three light regimes induced by a shade house environment. We also compared leaf chlorophyll content and chl a/b ratio between seedlings and adult plants in a natural population as indicators of photosynthetic capacity (Nobel, 1991) and of acclimation to light environment throughout the season (Dale and Causton, 1992).

MATERIAL AND METHODS

 *Studied species—*Wild leek (*Allium tricoccum* Ait.) is a spring ephemeral geophyte that grows in hardwood forests in eastern North America. The plant is extensively harvested for consumption in some areas due to the characteristic taste of its leaves and bulbs. It is mostly found in sugar maple forests, on rich brunisol with a pH between 6 and 6.6 (Lavallée, 1978). Its one to three leaves unfold early in spring right after snowmelt (late April in Québec) and senesce a few weeks later, following canopy closure (late May), thus taking advantage of the high light conditions in spring. Anthesis occurs in July and seeds are mature in late August (Jones, 1979), but most reproductive effort is through asexual reproduction by division of the bulb (Nault and Gagnon, 1993). It is not uncommon for natural populations to reach densities higher than 350 bulbs \cdot m⁻² (pers. obs.; see also Dagenais, 1985). Seedlings are regularly found underneath mature plant foliage.

 *Shade house experiment—*Three randomized complete blocks were set up at the Montreal 104 Botanical Garden. Each contained three $2 \times 1 \times 1$ m (length \times width \times height) shade houses transmitting three different light levels, for a total of nine plots. Shade houses were set up in order to provide light levels of 4 %, 15 % and 60 %, simulating respectively a dense canopy, sparse canopy and large canopy clearing. Shade houses consisted of a tubular frame, to which sheets of translucent synthetic material were tied. The 60 % plots were not covered on top, but had shading material on the sides in order to reduce overall light level and provide the same protection against wind as the other treatments. Light measurements were performed throughout the growing season using a quantum sensor interfaced with a LI-1600 Steady State Porometer (LI-COR Biosciences, Lincoln, NE, USA) and revealed an effective light transmittance of respectively 5.2, 12.9 and 58.7 % in comparison with light availability outside the shade houses.

138 light conditions prevailing in forests before canopy closure, while protecting plants from the 139 wind. The light treatments were applied randomly within each block from May $16th$ onward, by 140 affixing the appropriate shade cloth to the top of the shade house frame.

141 Phenological surveys were performed weekly from May $17th$ onward, during which 142 phenological stage was determined for each plant. Seven phenological stages were defined: $6 =$ 143 fully unfolded, green leaf; $5 =$ yellow apex only; $4 = 5{\text -}10$ % leaf area senesced; $3 = 10{\text -}25$ %; $2 =$ 144 25-50 %; $1 = 50-100$ %; $0 =$ fully senesced leaf. Mean phenological stage was then calculated for each plot, at each survey. The area under the curve (AUC) for the progression of leaf senescence (see Fig. 1 for the curves) was calculated for each plot based on the phenological data recorded from the first survey until complete leaf senescence. The area under the curve was estimated following the trapezoid rule. We chose to present AUC rather than leaf life span because leaf senescence occurs gradually over a few weeks and the rate of progression can vary with the rate of aboveground canopy closure. Although a very gradual decrease in AUC could translate into a longer leaf life span and lower AUC than would be the case with very rapid senescence, in the 152 case of wild leek, AUC and leaf life span were positively and linearly correlated $(r^2 = 0.91; P <$ 0.001; not shown).

154 Gas exchange was recorded weekly on mature plants using a LI-6400 portable 155 photosynthesis system (LI-COR Biosciences, Lincoln, NE, USA). Measurement conditions were 156 saturating PPFD (2940 µmol photon·m⁻²·s⁻¹) and ambient PPFD (respectively 60, 240 and 960 157 μ mol photon·m⁻²·s⁻¹ for the 4%, 15% and 60% light regimes), at ambient CO₂ of 400 μ mol·mol⁻¹. 158 Although the photosynthetic rate started to plateau well under a PPFD of 2000 μ mol·m⁻²·s⁻¹, in 159 most plants, it kept increasing, albeit very slowly, up to 2940 μ mol·m⁻²·s⁻¹. Hence, for comparison purposes, saturating photosynthetic capacity (A_{sat}) was measured at 2940 μ mol·m⁻²·s⁻ 160 161 ¹ for all individuals. Air temperature and humidity were similar to those of ambient air. During

 senescence, only green parts of the leaves were measured. Gas exchange could not be recorded 163 on the other age groups, due to the small size of the leaf. Bulb width was measured on July $27th$, i.e. after leaf senescence was completed in all plots and for all plant ages, while total leaf width was measured at the end of May before any sign of senescence.

*Natural population—*Sampling was performed in a large natural population of wild leek located

in a deciduous forest of the Basses-Laurentides (Lower Laurentian) region in southern Québec,

Canada. The canopy was mainly composed of *Acer saccharum* Marsh., *Carya cordiformis*

(Wangenh.) K.Koch and *Ostrya virginiana* (Miller) K.Koch. The exact location will not be

disclosed in order to prevent unauthorized harvesting.

 Four sampling sites were selected within the wild leek population in spring 2013, each presenting abundant mature plants but also some seedlings which were not directly located underneath mature plant leaves. We wanted to ensure that seedlings and mature plants received similar light levels to characterize the age effect on photosynthetic capacity in the absence of differential light acclimation. We established a 2-meter linear transect at each site. Samplings 176 were performed before tree budburst (May $5th$), during tree leaf unfolding but before wild leek 177 senescence (May $12th$), and after complete canopy closure and wild leek mature plant senescence, 178 but before seedling senescence (May $29th$). At each sampling date, leaves from five adults and five seedlings closest to each transect were harvested. Leaves were kept frozen at -20°C until analysis. Whole leaves were used for chlorophyll extraction from seedlings. On mature leaves, two discs of 1.8 cm diameter were cut out using a punch. Following acetone extraction on leaves ground in liquid nitrogen, chlorophyll absorbance was measured by spectrophotometry and quantified using the equations of Porra and Grimme (1974). We then calculated the chlorophyll α a/b ratio (chl a/b) and the total chlorophyll a and b content (mg chl·g fw⁻¹). Chlorophyll a/b ratio is expected to decrease under shade conditions as light harvesting complexes of photosystem II

 become larger to improve light capture (Chow et al., 1990; Ballottari et al., 2007). Light harvesting complexes contain both chlorophyll a and b, whereas the core of the photosystems

 contains mainly chlorophyll a, which explains why the chl a/b ratio decreases as light harvesting complexes enlarge.

 *Statistical analyses—*Statistical analyses were performed using *R* 3.1.1 software (R Core Team, 2014) and the *R* packages *lme4* (Bates et al., 2014), *multcomp* (Hothorn et al., 2008) and *outliers* (Komsta, 2011). Prior to all analyses, residuals were tested for normality (Shapiro-Wilk test) and homogeneity of variance (Bartlett test). Appropriate transformations were applied when necessary.

 We performed a linear mixed effects analysis of the fixed effects of plant age (A), light 196 availability (L) and their interaction $(A \times L)$ on leaf phenology (AUC), bulb width (BW) and total leaf width (TLW):BW ratios, with the block as a random effect in the shade house experiment. TLW alone was not considered in the analyses since leaves had already unfolded at the time of treatment application. *P-*values were obtained through likelihood ratio tests. Since the A \times L interaction was significant for all response variables, further likelihood ratio tests were performed among light availability levels within each age, and among ages within each light availability level. Multiple comparisons were then performed using the Tukey HSD test. When comparing mature bulb width among light treatments, bulb width recorded in 2011 (i.e. the year before the treatments were applied) was integrated in the model as a covariate.

205 A linear regression of A_{sat} and A_{amb} against the number of days following shade cloth 206 installation was performed for each plot. At the last survey (June $14th$), all plants under the 4% light availability treatment were completely senesced. No measurements were thus taken for this treatment on this date. The slope and intercept of the function were then compared among light availability levels using the likelihood ratio and Tukey HSD tests.

 The chl a/b and total chl content of the samples harvested from the natural population were compared among all five dates and age combinations using likelihood ratio and Tukey HSD tests, considering sampling site as a random factor. One outlier point was removed from the chl content dataset prior to the analysis. We suspected a weighing error and we also performed the 214 Grubbs test for confirmation of one outlier point $(G = 4.55; P < 0.001)$. The chl a/b ratio from this sample was included in the statistical analysis, because the sample weight did not influence 216 this ratio.

RESULTS

 Seedlings and two-year-old juveniles had a delayed senescence compared with the three-year-old juveniles and mature plants, under all light regimes. Indeed, three-year-old juveniles and mature 220 plants completed senescence before June $28th$ and June $23th$ respectively, whereas seedlings and 221 two-year-old juveniles had not yet fully senesced 29 days later, on July $26th$ (Fig. 1). There was a significant interaction between plant age and light availability effects on AUC (Fig. 2a; statistical results in Table 1a). Senescence was delayed for mature plants and three-year-old juveniles as light availability increased, as indicated by the 111 % and 75 % higher AUC for the progression of leaf senescence, under 60 % light availability compared to 4 % (Fig 2a). The seedlings exhibited the opposite: AUC was 20% lower under 4% light availability than under 60% light availability. Light availability did not significantly affect the AUC of the two-year-old juveniles. Wild leek bulbs increased in size with light availability during the growing season (Fig. 2b). There was a significant interaction between plant age and light availability effects on bulb width (Table 1a). The variation indeed appeared to be more pronounced for seedlings and mature plants, as suggested by the larger difference between 4 % and 60 % treatments (Fig. 2b), and the

232 higher χ^2 values for the effect of light within seedlings ($\chi^2 = 30.5$) and mature ($\chi^2 = 12.8$) plants 233 than within either two- ($\chi^2 = 7.92$) or three-year-old ($\chi^2 = 6.10$) juveniles (Table 1b).

 The TLW:BW ratio was 76 to 161 % higher in mature plants than in the younger ones (Fig. 2c; Table 1), which means that mature plants produced less bulb biomass per leaf area than younger ones. Higher light availability decreased the TLW:BW ratio, but only in seedlings. Since TLW was not significantly affected by light availability within a single season (data not shown), it was expected that TLW:BW ratio would decrease as final bulb size increased (Fig. 2b).

239 Asat of mature plants decreased steadily in all plots following the reduction in light 240 availability (Fig. 3a), reflecting the change in leaf phenological stage reported based on visual 241 assessment (Fig 1d). However, Asat decreased more rapidly under the 4% light regime, which had 242 a mean slope steeper than under the 15% and 60% light regimes (Fig. 3). The intercept of the 243 regression equation, i.e. the initial A_{sat} , was not significantly different among treatments, as 244 expected, since they were all exposed to the same initial conditions. A_{amb} also decreased steadily 245 until complete senescence under the 60% and 15% light regimes, but did not vary significantly 246 through time under 4% in two of the three plots (Fig. 4b).

247 Before canopy closure (May $5th$), mature plants sampled in natural stands had a chl a/b 248 ratio similar to that of seedlings (Fig. 4a; likelihood ratio test: χ^2_4 = 68.3; *P* < 0.001). One week 249 later, as tree leaf canopy was closing, chl a/b remained constant in mature plants, whereas it had 250 decreased significantly in seedlings. The chl a/b ratio of seedlings continued to decrease until 251 May $29th$. At the beginning of the season, seedlings had a 27 % lower chlorophyll concentration 252 (mg chl·g fw⁻¹) than mature plants (Fig. 4b; likelihood ratio test: $\chi^2_4 = 30.8$; *P* < 0.001). However, 253 their chlorophyll concentration increased during the season to reach that of mature plants, which, 254 on the contrary, did not modulate their chlorophyll concentrations.

DISCUSSION

 *Phenology—*Young plants presented a phenology different from that of older plants. Overall, senescence of seedlings and two-year-old juveniles occurred later, compared to three-year-old juveniles and adults, long after being shaded. This phenology supports our hypothesis that wild leek seedlings adopt the strategy of a summer green, which is the most common phenology encountered among forest herbs (Neufeld and Young, 2014). This is consistent with (1) the previously reported capacity of sapling leaves to unfold earlier and senesce later than canopy closure, which was found to improve growth and survival of the tree species *Acer saccharum* Marsh. and *Aesculus glabra* Willd. (Augspurger, 2008; Vitasse, 2013), and with (2) findings regarding young plants of the two summer green ferns *Dryopteris filix-mas* (L.) Schott. and *D. dilatata* (Hoffm.) A. Gray, which exhibit a wintergreen phenology (Willmot, 1989). Since wild leek plants unfold their leaves very early in the season, the only way for seedlings to increase leaf life span is to delay leaf senescence until later in the season. Moreover, early leafing increases the risk of leaf damage by freezing (Jones, 1979; Lopez et al., 2008; Vitasse et al., 2014). *Acclimation—* Three-year-old juveniles and mature plants delayed their senescence under higher light availability. This is not surprising, considering that spring ephemerals are adapted to take advantage of the higher light availability in spring (Lapointe, 2001). Such plasticity was previously observed in experiments studying the responses of wild leek (Dion, 2015) and *Erythronium japonicum* (Balrer) Decne. (Kim et al., 2015) to the timing of canopy closure. Higher light availability after canopy closure, such as that found in small gaps, may thus favor longer leaf life span in mature wild leek plants. However, the response of leaf senescence to a change in light availability might also be due to the inability of spring ephemerals to acclimate their leaves to lower light conditions as the season progresses. We observed some plasticity of the chl a/b ratio within a growing season, but only for seedlings, whereas mature wild leek plants can modulate their chl a/b ratio in response to alteration of the light environment, but only from one season to another (Bernatchez et al., 2013). We would also expect shade-acclimating leaves to improve their ambient photosynthetic activity slightly within a few weeks of exposure to low light conditions, as do summer greens (Rothstein and Zak, 2001), but mature wild leek plants did not exhibit any improvement (Fig. 3b). Moreover, the sun leaves of spring ephemerals most likely have respiratory rates that would be too high (Gutjahr and Lapointe, 2008; Gandin et al., 2011) for the plants to maintain under low light conditions.

 The increase in chlorophyll concentration observed in leaves of seedlings is also an indication of their acclimation to low light conditions (Neufeld and Young, 2014). Seedlings that we sampled in the natural population did not grow directly under mature plant leaves, meaning that light availability was similar for mature plants and seedlings. This allows us to confirm that the summer green phenology and the capacity of seedlings to light acclimate both stem from ontogenic effects (Vitasse, 2013). Overall, seedling summer-green phenology and shade- acclimation capacity may explain why many can be found directly under the dense canopy formed by adults.

 The leaves of wild leek seedlings are proportionally smaller than those of larger plants, as indicated by their low TLW:BW ratio. We hypothesize that seedlings might thus be more source limited. Source limited plants are expected to use extra light more efficiently than more sink limited plants (Li et al., 2015), such as mature plants of this species, which have a high TLW:BW ratio. Accordingly, seedlings completed their life cycle faster under a higher light regime, and nevertheless produced a larger bulb than under lower light conditions. Growth in mature plants is most likely limited by bulb growth rate (sink limitation), as reported in other spring ephemerals (Badri et al., 2007; Gutjahr and Lapointe, 2008; Sunmonu and Kudo, 2014). This would explain

 why higher light conditions and the resulting higher photosynthetic rates (Fig. 3b) did not translate into a shorter growing season in adults, as seen in seedlings, but instead to a delay in leaf senescence. While bulb size increased, more days were required to reach this larger size, as if bulb growth could not be hastened. Actually, the high TLW:BW ratio of mature plants may have played a key role in the evolution of the spring ephemeral habit. The plants can rapidly fill up their carbohydrate reserves, but they also rapidly become sink limited, which induces leaf senescence (Lapointe, 2001). Such a drastic reduction in leaf life span can be advantageous, since it spares the plant from having to undergo biochemical changes to acclimate existing leaves to new light conditions (Neufeld and Young, 2014). Juveniles seem to be in a transition from summer green (more source limited) to spring ephemeral characteristics (more sink limited; Lapointe, 2001), senescing sooner than seedlings, but without a TLW:BW ratio as high as adult plants.

 Conclusion— Our results clearly outline the differences in phenology and acclimation to light availability between wild leek seedlings and mature plants. Seedlings behave as summer greens, senescing later than mature plants, but hasten their senescence in response to higher light availability. In contrast, mature plants behave like spring ephemerals, senescing early, but delay their senescence under increased light. Few studies have explored phenological differences among life stages in a single herbaceous species, and to our knowledge, this is the first to report phenological differences between seedlings and mature plants for spring ephemeral herbs. Our results also provide evidence that this phenological plasticity is partly a response to light environment and partly due to changes in source to sink size ratio. Spring ephemeral phenology might have been achieved as a result of a high leaf to bulb ratio, which enables fast accumulation of resources. This study further demonstrates that both adults and seedlings benefit from increased light availability, such as that which can occur under late forest canopy closure or in

 forest gaps. Further research should focus on the factors that limit photosynthetic capacity in seedlings, as well as on the factors that explain the slow growth of the bulb in larger plants. The two- and three-year-old juveniles, which exhibit a transition from source to sink limitation, might be very useful subjects in which to investigate these questions.

 Our study thus calls for consideration of differences in phenology and light acclimation strategy among life stages when classifying plant species according to their phenology. Juvenile phenology is currently unaccounted for in ecological surveys, while it may help improve our understanding of the ecological role of forest herbs throughout their life cycle.

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433 **Table 1.** Likelihood ratio tests of (a) the effects of bulb age, light availability and their interaction on leaf phenology, bulb width and 434 total leaf width: bulb width ratio (TLW:BW). (b) The effects of light availability within each plant age and of plant age within each 435 light regime were also computed, because the age \times light interaction was significant in the general model for all response variables. 436

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439 Note:
440 Abbre

440 Abbreviations: Standard error (SE); juveniles (juv.).
441 Results of multiple comparisons by Tukey HSD test

441 Results of multiple comparisons by Tukey HSD test are presented in Figure 2.
442 [†] Bulb width was log transformed prior to likelihood ratio test in the general m

[†] Bulb width was log transformed prior to likelihood ratio test in the general model including all effect levels to respect postulates of normality and homogeneity of variance.

443 of variance.
444 \pm Effect of li ^{\ddagger} Effect of light availability within mature plants for bulb width and TLW:BW ratio: results from the likelihood ratio test using bulb width of previous year as a covariate.

covariate.

FIGURE CAPTIONS

 Figure 1. Progression of leaf senescence in wild leek plants of different ages, under varying light 448 conditions induced by use of shade cloths beginning May $16th$. Phenological stages: 6 = green 449 leaf; $5 =$ yellow apex; $4 = 5{\cdot}10$ % leaf area senesced; $3 = 10{\cdot}25$ %; $2 = 25{\cdot}50$ %; $1 = 50{\cdot}100$ %; 0 450 = fully senesced leaf. Values presented are averages of the mean phenological stage per plot $(\pm$ SE). **Figure 2.** Wild leek leaf phenology (a), bulb width after one growing season (b) and total leaf width : bulb width ratio (TLW:BW) (c) as influenced by plant age, light availability and their 455 interaction. Mean \pm SE. Leaf phenology represents the area under the curve of phenological stage progression as a function of time (see Fig. 1). A higher AUC means that the leaves senesced later. Within a same plant age (capital letters) or light regime (lower-case letters), values with a same 458 letter are not significantly different according to the Tukey HSD test (α = 0.05). For TLW:BW, the effect of light availability was significant only among one-year bulbs, hence the absence of capital letters for other plant ages. Results of likelihood ratio tests of all effects, and of the effects of light and age within each level of age and light, are presented in Table 1.

468 relationship for A_{amb} at 4% light availability in two of the three plots. For A_{sat} , slope of the 4% 469 light availability treatment is significantly steeper than the two others according to Tukey HSD 470 test (α = 0.05; result from likelihood ratio test: $\chi^2 = 17.3$; $P < 0.001$). The intercept was not 471 significantly different among the three treatments (result from likelihood ratio test: $\chi^2 = 3.05$; $P =$ 472 0.218). For A_{amb}, the slope of the 60% treatment was significantly steeper than that of the 15% 473 treatment ($\chi^2 = 27.9$; *P* < 0.001). All intercepts were significantly different from each other ($\chi^2 =$ 474 $27.4; P < 0.001$).

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Figure 4. Chlorophyll a/b ratio (a) and total chlorophyll concentration (b; mg chl·g fw⁻¹) of 477 leaves of seedlings and mature wild leek plants harvested in natural populations before, during 478 and after tree leaf canopy closure. Mean \pm SE. Data points accompanied by the same letter are 479 not significantly different according to the Tukey HSD test ($\alpha = 0.05$).

Figure 2

