

1 **Compositional and functional trajectories of herbaceous communities**
2 **after deer density control in clearcut boreal forests**

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24 **Abstract:** Overabundant populations of large herbivores have strong persistent effects on forest
25 composition, structure and function. However the mechanism through which plant communities
26 recover their original composition and function after herbivore management remains poorly
27 understood. We assessed the temporal trajectories of the herbaceous communities in *Abies balsamea*
28 (L.) Mill. and *Picea glauca* (Moech) stands on Anticosti Island (Quebec, Canada) over eight years,
29 following clearcutting and deer management. The impact of deer exclusion or reduction to 7.5 and
30 15 deer · km⁻² was compared with benchmark *in situ* deer densities (27 and 56 deer · km⁻²). Effects
31 of deer management treatments on plant species and functional trait assemblages over time were
32 assessed using Principal Response Curves. Although complete deer exclusion seemed necessary to
33 modify species composition from that occurring under intense browsing, a reduced density of 7.5
34 deer · km² was sufficient to induce significant changes in functional trait assemblages of
35 regenerating stands. For instance, reduced deer densities favored plants with brightly colored
36 flowers and compound inflorescences pollinated by animals and producing large seeds and fleshy
37 fruits dispersed by animals. We conclude that the boreal forest's herbaceous communities are
38 resilient to chronic browsing when deer population reduction and forest clearcutting are applied in
39 synergy.

40 **Introduction**

41 Overabundant populations of large herbivores represent a threat to forest ecosystems around the
42 world, overexploiting their habitat to the point of compromising forest regeneration and composition
43 (Côté et al. 2004), dynamics of associated animal communities (Bush et al. 2012) and ecosystem
44 functioning (Rooney and Waller 2003). The selective browsing of preferred species, the apparent
45 competitive advantage for plants tolerant or resistant to browsing (Tremblay et al. 2007) as well as
46 the potential impoverishment of seed banks (Maron and Crone 2006), may even push the forest
47 toward an alternative successional trajectory (*sensu* Suding 2004) with the development of
48 recalcitrant understory layers (Royo and Carson 2006), impeding the system's recovery after density
49 control (Hidding et al. 2013).

50 Exclusion experiments have been widely used to study vegetation recovery following large
51 herbivore management, but the scope of these studies is rather limited as a single level of browsing
52 (natural density) is usually compared to plots from which herbivores have been excluded (e.g.,
53 Newman et al. 2014). Very few studies have used a complete experimental design with multiple
54 herbivore densities (but see Horsley et al. 2003). Furthermore, studies have typically used a classic
55 botanical approach (plant composition and structure). Considering plants in terms of functional traits
56 may facilitate identification of processes controlling the succession of plant assemblages (Pywell et
57 al. 2003). Although the trait-based approach is gaining popularity for evaluating plant regeneration
58 after restoration or management practices, few studies on herbivore density control have analyzed
59 the response of an entire plant group from a functional trait perspective (but see Bachand et al.
60 2014a). The development of a large database of functional traits as well as the refinement of
61 multivariate statistical tools now favor detailed examination of plant community succession
62 following herbivore control to gain a mechanistic understanding of ecosystem resilience.

63 In this study, we used Anticosti Island as a laboratory to investigate the capacity of forest
64 herbaceous communities to re-establish after long-term intense browsing pressure. Anticosti is a
65 predator-free island supporting a white-tailed deer (*Odocoileus virginianus* Zimm.) population that
66 became overabundant (> 20 deer \cdot km⁻²) about 30 years after the introduction of 220 individuals in
67 1896-97. Since then, most disturbed *Abies balsamea* stands have been replaced by *Picea glauca*
68 (Moench) Voss stands and several shrub and herb species have become locally extinct (Potvin et al.
69 2003). Since 1995, large fenced areas have been clearcut, preserving soils and advance regeneration;
70 to increase light and stimulate young *Abies* growth since this species represents a critical food
71 resource on the island for deer survival in winter (Beaupré et al. 2004). In 2001, an extensive
72 experiment was established in a mosaic of forests and clearcut areas to evaluate the impact of four
73 different deer densities (0, 7.5, 15 deer \cdot km⁻² and *in situ*: 27-56 deer \cdot km⁻²) on plant succession.
74 Using Principal Response Curves analyses (van den Brink and ter Braak 1999), we compared the
75 temporal trajectory of the herbaceous plant community on clearcut areas under different deer
76 densities both from a compositional (species) and a functional (traits) perspective.

77 **Material and Methods**

78 **Study area**

79 Anticosti Island (7943 km²) is located in the Gulf of St. Lawrence in Quebec, Canada (49°28'N,
80 63°00'W). The climate is classified as cold maritime, with a total annual precipitation of 917 ± 130
81 mm (mean \pm SD), one third of which falls as snow, and mean temperatures varying from a minimum
82 of -11.5 ± 1.9 °C in February to a maximum of 16.1 ± 1.1 °C in July (Environment Canada, 2006).
83 Anticosti's forests belong to the boreal zone and are part of the eastern *Abies balsamea* – *Betula*
84 *papyrifera* Marsh. bioclimatic region (Saucier et al. 2009). These forests were originally dominated
85 by *Abies balsamea*, *Picea mariana* (Mill.) Britton, Sterns & Poggenb. and *Picea glauca*, with
86 deciduous tree species, such as *Betula papyrifera*, *Populus tremuloides* Michx., and *Populus*

87 *balsamifera* L. occurring sporadically. Stands that regenerated after the 1930s are now dominated
88 by *Picea glauca*, while in clearcut stands under chronic deer browsing, white-tailed deer has
89 eliminated competing species resulting in *Picea barrens* (Barrette et al. 2014). Moose (*Alces alces*
90 L.) is the only other introduced large browser that has survived on Anticosti Island, but its density is
91 very low ($0.04 \text{ moose} \cdot \text{km}^{-2}$; Beaupré et al. 2004) and its impact on the vegetation minimal (Potvin
92 et al., 2003). The indigenous black bear (*Ursus americanus*) was abundant on the island at the time
93 of deer introduction, but became extinct around the year 2000 (Côté 2005).

94 **Experimental design**

95 Our study used the infrastructure of an experiment on deer density control established in 2001
96 on sites with both intact and clearcut forested areas (Tremblay et al. 2006). As plant responses in the
97 forests were slow (Hidding et al. 2012), we chose to focus on clearcut areas in the current study. We
98 tested four deer densities replicated in three blocks located 4 to 71 km apart. Each block consisted of
99 three large fenced areas in which deer densities were controlled: all deer were removed from 10 ha
100 enclosures, whereas three deer were stocked in both 40 ha ($7.5 \text{ deer} \cdot \text{km}^{-2}$) and 20 ha ($15 \text{ deer} \cdot \text{km}^{-2}$)
101 enclosures. An unfenced experimental unit at *in situ* density (27 to $56 \text{ deer} \cdot \text{km}^{-2}$ estimated from
102 pellets counts; see Tremblay et al. 2006 for details) was associated with each block. To maintain
103 experimental deer density, we culled all deer from fenced areas in late autumn each year and
104 monitored tracks in winter. New individuals (mainly yearlings) were stocked in enclosures each
105 spring from 2002 to 2009. At the time the experiment was established (2001), all trees >9 cm in
106 diameter at breast height were removed from about 70% of the surface of each experimental unit,
107 leaving about 30% mature *Abies balsamea* forest fragments.

108 **Sampling procedures**

109 We surveyed herbaceous plant communities in 20 permanent quadrats (10×10 m) that had
110 been randomly positioned in clearcut areas of each of the 12 experimental units (four deer densities

111 × three blocks). We estimated the cover of each herbaceous species (including ferns) in two 1 × 1 m
112 sub-quadrats randomly located in each permanent quadrat, two, six and eight years after the
113 beginning of deer control. The cover of each species was evaluated according to 12 classes (<1, 1-5,
114 6-15, 16-25, 26-35, 36-45, 46-55, 56-65, 66-75, 76-85, 86-95, 96-100%). We removed rare species
115 (found in only one sub-quadrat) from the database for subsequent analyses.

116 **Plant traits**

117 We described each species in terms of its functional traits, including biological traits related to
118 morphology, reproduction and dispersal, as well as traits related to resources used by plants (Violle
119 et al. 2007) and plant origin (indigenous or exotic). We selected 14 traits (Table 1) that have been
120 previously associated with herbivore density (Bachand et al. 2014a). Trait values (Table S1) were
121 gathered from the TOPIC database (<http://topic.rncan.gc.ca>) and from a literature review.

122 **Statistical analyses**

123 We used Principal Response Curves analysis (PRC; van den Brink and ter Braak 1999) to
124 compare the post-clearcutting trajectory of plant species assemblages in stands with deer excluded
125 or at reduced density to that in stands with *in situ* deer density. This type of redundancy analysis
126 (RDA) expresses attributes (species or traits composition) of a given treatment (deer density) as a
127 deviation from a comparison benchmark along a time axis (Lepš and Šmilauer 2003). Our PRC
128 analysis displays three curves, each representing the trajectory of the species or trait community
129 over time at a specific deer density, using the *in situ* density as the point of reference. We tested the
130 significance of the RDA axes using 999 Monte Carlo permutation tests (alpha value set to 0.05).

131 We conducted a second PRC analysis using functional traits rather than species identity. For
132 this, we first calculated the community weighted mean value (CWM) for each trait as the mean of
133 trait values in the community weighted by the relative abundance of the species for each site
134 (Garnier et al. 2004). Both PRC were followed by post-hoc comparisons of curves at year eight after

135 treatment establishment, with Monte Carlo permutations (n=999). In order to respect the
136 comparisonwise error of 0.05, a Šidák correction was applied to each pairwise comparison (Šidák
137 1967). Since we had four treatments, the p value for each pair was determined to be 0.0085. For the
138 above analyses, we applied a Hellinger transformation to control for double absence of species
139 between two sites (Legendre and Gallagher 2001). We performed all statistical analyses using R
140 version 2.15.2 (R Development Core Team, Vienna, Austria).

141 **Results and Discussion**

142 **Species composition**

143 Deer density management led to rapid changes in the composition of the herbaceous community
144 in clearcut areas, as the three curves corresponding to density exclusion and reduction were already
145 lower than the *in situ* density benchmark two years after treatment establishment (Fig. 1). However,
146 changes slowed after six years, and only plots in deer exclosures had a significantly different species
147 composition than plots under intensive browsing (*in situ* density) during the final year of the
148 experiment (Table 2, Fig. 1). Indeed, a small density reduction (15 deer · km⁻²) led to a distinct plant
149 temporal pathway from that observed under intensive browsing, but further reduction, even to 7.5
150 deer · km⁻², was insufficient to significantly alter plant communities over a period of eight years
151 after clearcutting. More time would be required to determine whether plant communities under the
152 intermediate deer densities tested could eventually emerge from the apparent stable state achieved at
153 year six and further diverge from those affected by intensive browsing.

154 The positive score of *Poaceae* spp., *Pteridium aquilinum* (L.) Kuhn, *Cirsium arvense* (L.)
155 Scopoli, *Carex* spp. and *Gymnocarpium dryopteris* (L.) Newman, *Mitella nuda* L. and *Equisetum*
156 spp. along the right vertical axis of the PRC indicates that these species benefited from the
157 conditions generated by heavy browsing at *in situ* deer density, notably via the suppression of
158 competitive species (Fig. 1). Graminoid plants (including *Carex* spp.) usually thrive under high deer

159 density (Fisichelli et al. 2013), likely due to their basal meristems, high shoot densities and capacity
160 for compensatory growth (Ferraro and Oesterheld 2002). Although pteridophytes could constitute an
161 alternative foraging choice at very high deer browsing intensity (Rooney 2009), their palatability is
162 usually considered low due to the presence of defense metabolites, such as a high concentration of
163 tannins (Jones and Firn 1979). This could explain the association of *P. aquilinum*, *G. dryopteris* and
164 *Equisetum* spp. with *in situ* deer density on Anticosti. Furthermore, decline (Perrin et al. 2011) and
165 even elimination (Kelly 2000) of ferns has often occurred following deer exclusion, a trend that has
166 been associated with increased competition from recovering species sensitive to browsing. *Cirsium*
167 *arvense* has the advantage of possessing physical defenses, which are generally recognized to be
168 efficient protection against herbivores, though its greater abundance under high herbivore density
169 has been mainly associated to competitive release (Edwards et al. 2000). Despite the presence of
170 physical defenses, *Cirsium* species could contribute to deer diet (Austin and Urness 1983),
171 especially after the first frosts of the fall, and its seeds can be hooked to herbivore fur and dispersed
172 around, which may contribute to its occurrence under high herbivore densities.

173 Under reduced browsing pressure, palatable species with lower tolerance to browsing, such as
174 *Chamerion angustifolium* (L.) Holub., *Rubus pubescens* Raf., or *Cornus canadensis* L., were the
175 main species responsible for the temporal trajectories of communities (Fig. 1). *Chamerion*
176 *angustifolium* is a highly palatable species that has recently been identified as a biological indicator
177 of low deer density in clearcut boreal forests (≤ 7.5 deer \cdot km⁻²; Bachand et al. 2014b). Although *C.*
178 *angustifolium* is not known to create a long-term seed bank (Thompson et al. 1993), its seeds can be
179 dispersed over hundreds of kilometers (Solbreck and Andersson 1987), which could explain how it
180 can establish in Anticosti deer exclosures despite its quasi-absence from unmanaged areas of the
181 island. *Rubus* spp are known to thrive after clearcutting (Horsley et al. 2003), and their positive
182 response to reduced deer density might reflect their sensitivity to competition with graminoids and

183 other spiny plants like *Cirsium* at high deer densities. *Rubus* spines are also rather soft at the early
184 stages of its development, and early browsing at high density might prevent the development of full
185 plant height and the associated defense structure. Among the seven species identified as drivers of
186 temporal trajectories after deer density reduction (Fig. 1), three were species associated to mature
187 boreal forests: *Cornus canadensis*, *Linnaea borealis* L., and *Maianthemum canadense* Desf.
188 Clearcutting has been shown to be a disturbance essential for catalyzing compositional changes after
189 deer density reduction (Tremblay et al. 2007), but our study shows that it may also benefit closed
190 canopy species and promote resilience of understory plant communities in *Abies balsamea* forests.

191 **Traits composition**

192 The above changes in species composition of herbaceous communities were mirrored in their
193 functional trait composition, with curves showing similar trajectories after deer management: rapid
194 changes in functional traits were observable between two and six years after treatment was initiated,
195 followed by almost constant trait assemblages after six years (Fig. 2). However, the functional
196 components of herbaceous communities seemed more resilient than their species composition *per*
197 *se*. Indeed, it seems unnecessary to completely exclude deer to achieve a significant change in plant
198 trait communities, as plots with a density of $7.5 \text{ deer} \cdot \text{km}^{-2}$ were significantly different from those
199 under *in situ* densities after eight years of succession (Table 2). On this point, our findings concur
200 with those of Tremblay et al. (2006), who also observed that the biomass of dominant/preferred
201 herbaceous species recovered rapidly at densities under $7.5 \text{ deer} \cdot \text{km}^{-2}$. The plant traits favored
202 under densities equal to or higher than $15 \text{ deer} \cdot \text{km}^{-2}$ included wind- or gravity-dispersed seeds,
203 erect foliage, storage organs, exotic origin, as well as vegetative propagation and self- and abiotic
204 pollination (Fig. 2). Most of these traits have previously been identified as efficient strategies for
205 ensuring persistence under foraging pressure by large herbivores (e.g., Wiegmann and Waller 2006),
206 and as potentially having significant cascading effects on other taxa (Nuttle et al. 2011), notably on

207 pollinators by making plants less attractive to them (Vázquez and Simberloff 2004). On the other
208 hand, reducing deer density favored species with brightly colored flowers and compound
209 inflorescences pollinated by animals and producing large seeds and fleshy fruits, dispersed by birds
210 or other animals (Fig. 2). Plant species found under reduced deer density therefore seem to have the
211 capacity to allocate resources to sexual reproductive structures. Investment in flowers attractive to
212 pollinators and in fleshy fruits attractive to birds may indicate that the recovery of these forest
213 systems after deer control is not limited to plant species but also involved other taxa indirectly
214 through the change of plant trait communities. Recent studies on Anticosti Island have indeed shown
215 that total abundance, richness and diversity of songbirds increased at deer densities ≤ 7.5 deer \cdot km⁻²
216 due to higher abundance of *Betula papyrifera* (Cardinal et al. 2012). Insects responded to plant
217 regeneration under reduced deer densities according to their degree of dependence on plants, with
218 the fastest response by Lepidoptera, a moderate response by Apoidea and Syrphidae, and no
219 response by Carabidae (Brousseau et al. 2013). In addition, brightly colored flowers in studied
220 stands generally represented palatable species (Table S1) associated with pollinators. The resilience
221 of plant communities after deer control should thus foster higher trophic guilds, notably pollinators
222 and seed dispersers, but the magnitude of this relationship has yet to be determined (Bachand et al.
223 2014a). Our study is based on averaged traits from the literature and further investigation would be
224 needed to assess the ability of species to flower and produce fruits along different deer densities,
225 which could reflect plasticity within species and reveal some mechanistic adaptation of plants to
226 persist or recover after intense browsing.

227 The majority of the traits analyzed in our study were binary traits describing aerial plant parts.
228 Using numerical traits, such as specific leaf area; traits relevant to herbivory, such as nitrogen
229 content of leaves, proportion of fibers and secondary metabolites or digestibility; and integrating
230 root traits, such as specific root depth or nitrogen content, could provide further insight into the

231 resilience of individual ecosystem functionality (e.g., nutrient cycle or soil stability; Cornelissen et
232 al. 2003). The use of a reference ecosystem may also help to assess whether a system is recovering
233 functionality. For example, Aubin et al. (2008) pointed out the need for specific forestry practices to
234 accelerate the regeneration of an herbaceous community functionally similar to that of natural old
235 growth forests. Yet, reference ecosystems are lacking on Anticosti Island, as deer have been
236 affecting all forest stands for more than 100 years. Setting up reference ecosystems on the mainland
237 would pose comparison problems, since the response of functional traits may still be context-
238 dependent, in that the behaviour of common species with unusual attributes might lead to a different
239 trait composition after a change in grazing regime (Pakeman 2004). Although comparison with a
240 reference ecosystem is impossible for many areas under large herbivore pressure, as on Anticosti,
241 demonstrating that succession can lead to species assemblages and functional communities distinct
242 from those on sites subjected to intensive browsing, provides evidence of ecosystem resilience.
243 Interpreting the species and functional traits responsible for these trajectories can further increase
244 our confidence in this resilience.

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Table 1. Functional traits of herbaceous plants on Anticosti Island, extracted from the TOPIC database (<http://topic.mcan.gc.ca>) and from a literature review.

Functional trait	State
Morphology	
Foliage structure	0. no leaf, 1. rosette, 2. graminoid, 3. erect leaves, 4. decumbent, 5. erect leafy stem
Raunkiaer life form	1. therophyte, 2. geophyte, 3. hemicryptophyte, 4. chamaephyte
Rhizome	0. absence, 1. presence
Storage organ	0. absence, 1. presence
Reproduction and dispersal	
Principal means of reproduction	1. seeds only, 2. vegetative propagation possible but mostly by seeds, 3. mostly by vegetative propagation
Inflorescence type	1. no flower, 2. single flower, 3. spike or cluster, 4. compound inflorescence
Inflorescence color	1. no flower, 2. green, brown and black, 3. white, 4. other colors
Flowering phenology:	
Spring	0. absence, 1. presence
Summer	0. absence, 1. presence
Fall	0. absence, 1. presence
Pollinator vector:	
Abiotic	0. absence, 1. presence
Biotic	0. absence, 1. presence
Self-pollination	0. absence, 1. presence
Seed size	Millimeters
Seed dispersal vector :	
Wind	0. absence, 1. presence
Endozoochore	0. absence, 1. presence
Epizoochore	0. absence, 1. presence
Bird	0. absence, 1. presence
Gravity	0. absence, 1. presence
Dispersal type	1. spore, 2. dried fruit, 3. fleshy fruit
Resource use	
Shade tolerance	1. shade tolerant, 2. mid tolerant, 3. intolerant
Status	
Status	0. indigenous, 1. exotic

Table 2. Statistical differences between curves at year eight after the establishment of deer control treatments. Post-hoc comparisons of curves were performed with Monte Carlo permutations ($n=999$). In order to respect the comparisonwise error of 0.05, a Šidák correction was applied to each pairwise comparison (Šidák 1967). Since we had four treatments, the p value for each pair was determined to be 0.0085.

Comparison	F	df	p-value
Species composition			
<i>In situ</i> vs 15 deer · km ⁻²	2.581	1/12	0.160
<i>In situ</i> vs 7.5 deer · km ⁻²	5.516	1/12	0.017
<i>In situ</i> vs 0 deer · km ⁻²	6.772	1/12	$p<0.001^*$
15 deer · km ⁻² vs 7.5 deer · km ⁻²	1.891	1/12	0.490
15 deer · km ⁻² vs 0 deer · km ⁻²	2.509	1/12	0.230
7.5 deer · km ⁻² vs 0 deer · km ⁻²	0.901	1/12	0.800
Trait composition			
<i>In situ</i> vs 15 deer · km ⁻²	2.908	1/12	0.059
<i>In situ</i> vs 7.5 deer · km ⁻²	4.293	1/12	$p<0.001^*$
<i>In situ</i> vs 0 deer · km ⁻²	6.217	1/12	$p<0.001^*$
15 deer · km ⁻² vs 7.5 deer · km ⁻²	2.511	1/12	0.130
15 deer · km ⁻² vs 0 deer · km ⁻²	3.926	1/12	0.005*
7.5 deer · km ⁻² vs deer · km ⁻²	3.610	1/12	0.020

1 **Compositional and functional trajectories of herbaceous communities**
2 **after deer density control in clearcut boreal forests**

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24 **Abstract:** Overabundant populations of large herbivores have strong persistent effects on forest
25 composition, structure and function. **However** the mechanism **through** which plant communities
26 recover their original composition and function after herbivore management remains poorly
27 understood. We assessed the **temporal trajectories** of the herbaceous communities in *Abies*
28 *balsamea* (L.) Mill. **and** *Picea glauca* (Moech) stands on Anticosti Island (Quebec, Canada) over
29 eight years, following clearcutting and deer management. The impact of deer exclusion or reduction
30 to 7.5 and 15 deer · km⁻² was compared with benchmark *in situ* deer densities (27 and 56 deer · km⁻²).
31 Effects of deer management treatments on plant species and functional trait assemblages over
32 time were assessed using Principal Response Curves. Although complete deer exclusion seemed
33 necessary to modify species composition from that occurring under intense browsing, a reduced
34 density of 7.5 deer · km² was sufficient to induce significant changes in functional trait assemblages
35 of regenerating stands. For instance, reduced deer densities favored plants with brightly colored
36 flowers and compound inflorescences pollinated by animals and producing large seeds and fleshy
37 fruits dispersed by animals. We conclude that the boreal forest's herbaceous communities are
38 resilient to chronic browsing when deer population reduction and forest clearcutting are applied in
39 synergy.

40 **Introduction**

41 Overabundant populations of large herbivores represent a threat to forest ecosystems around the
42 world, overexploiting their habitat to the point of compromising forest regeneration and composition
43 (Côté et al. 2004), dynamics of associated animal communities (Bush et al. 2012) and ecosystem
44 functioning (Rooney and Waller 2003). The selective browsing of preferred species, the apparent
45 competitive advantage for plants tolerant or resistant to browsing (Tremblay et al. 2007) as well as
46 the potential impoverishment of seed banks (Maron and Crone 2006), may even push the forest
47 toward an alternative successional trajectory (*sensu* Suding 2004) **with the development of**
48 **recalcitrant understory layers (Royo and Carson 2006)**, impeding the system's recovery after
49 density control (Hidding et al. 2013).

50 Exclusion experiments have been widely used to study vegetation recovery following large
51 herbivore management, but the scope of these studies is rather limited as a single level of browsing
52 (natural density) is usually compared to plots from which herbivores have been excluded (e.g.,
53 Newman et al. 2014). **Very few studies have used a complete experimental design with multiple**
54 **herbivore densities (but see Horsley et al. 2003)**. Furthermore, studies have typically used a
55 classic botanical approach (plant composition and structure). Considering plants in terms of
56 functional traits may facilitate identification of processes controlling the succession of plant
57 assemblages (Pywell et al. 2003). Although the trait-based approach is gaining popularity for
58 evaluating plant regeneration after restoration or management practices, few studies on herbivore
59 density control have analyzed the response of an entire plant group from a functional trait
60 perspective (but see Bachand et al. 2014a). The development of a large database of functional traits
61 as well as the refinement of multivariate statistical tools now favor detailed examination of plant
62 community succession following herbivore control to gain a mechanistic understanding of
63 ecosystem resilience.

64 In this study, we used Anticosti Island as a laboratory to investigate the capacity of forest
65 herbaceous communities to re-establish after long-term intense browsing pressure. Anticosti is a
66 predator-free island supporting a white-tailed deer (*Odocoileus virginianus* Zimm.) population that
67 became overabundant (> 20 deer \cdot km⁻²) about 30 years after the introduction of 220 individuals in
68 1896-97. Since then, **most disturbed** *Abies balsamea* stands have been replaced by *Picea glauca*
69 (Moench) Voss stands and several shrub and herb species have become locally extinct (Potvin et al.
70 2003). Since 1995, large fenced areas have been clearcut, preserving soils and **advance**
71 **regeneration**; to increase light and stimulate young *Abies* growth since this species represents a
72 critical food resource on the island for deer survival in winter (Beaupré et al. 2004). In 2001, an
73 extensive experiment was established in a mosaic of forests and clearcut areas to evaluate the impact
74 of four different deer densities (0, 7.5, 15 deer \cdot km⁻² and *in situ*: 27-56 deer \cdot km⁻²) on plant
75 succession. Using Principal Response Curves analyses (van den Brink and ter Braak 1999), we
76 compared the **temporal trajectory** of the herbaceous plant community on clearcut areas under
77 different deer densities both from a compositional (species) and a functional (traits) perspective.

78 **Material and Methods**

79 **Study area**

80 Anticosti Island (7943 km²) is located in the Gulf of St. Lawrence in Quebec, Canada (49°28'N,
81 63°00'W). The climate is classified as cold maritime, with a total annual precipitation of 917 ± 130
82 mm (mean \pm SD), one third of which falls as snow, and mean temperatures varying from a minimum
83 of -11.5 ± 1.9 °C in February to a maximum of 16.1 ± 1.1 °C in July (Environment Canada, 2006).
84 Anticosti's forests belong to the boreal zone and are part of the eastern *Abies balsamea* – *Betula*
85 *papyrifera* Marsh. bioclimatic region (Saucier et al. 2009). These forests were **originally dominated**
86 by *Abies balsamea*, *Picea mariana* (Mill.) Britton, Sterns & Poggenb. and *Picea glauca*, with
87 deciduous tree species, such as *Betula papyrifera*, *Populus tremuloides* Michx., and *Populus*

88 *balsamifera* L. occurring sporadically. **Stands that regenerated after the 1930s are now**
89 **dominated by *Picea glauca*, while in clearcut stands under chronic deer browsing, white-tailed**
90 **deer has eliminated competing species resulting in *Picea barrens* (Barrette et al. 2014).** Moose
91 (*Alces alces* L.) is the only other introduced large browser that has survived on Anticosti Island, but
92 its density is very low (0.04 moose · km⁻²; Beupré et al. 2004) and its impact on the vegetation
93 minimal (Potvin et al., 2003). The indigenous black bear (*Ursus americanus*) was abundant on the
94 island at the time of deer introduction, but became extinct around the year 2000 (Côté 2005).

95 **Experimental design**

96 Our study used the infrastructure of an experiment on deer density control established in 2001
97 on sites **with both intact and clearcut forested areas** (Tremblay et al. 2006). As plant responses in
98 the forests were slow (Hidding et al. 2012), we chose to focus on clearcut areas in the current study.
99 We tested four deer densities replicated in three blocks located 4 to 71 km apart. Each block
100 consisted of three large fenced areas in which deer densities were controlled: all deer were removed
101 from 10 ha enclosures, whereas three deer were stocked in both 40 ha (7.5 deer · km⁻²) and 20 ha
102 (15 deer · km⁻²) enclosures. An unfenced experimental unit at *in situ* density (27 to 56 deer · km⁻²
103 estimated from pellets counts; see Tremblay et al. 2006 for details) was associated with each block.
104 To maintain experimental deer density, we culled all deer from fenced areas in late autumn each
105 year and monitored tracks in winter. New individuals (mainly yearlings) were stocked in enclosures
106 each spring from 2002 to 2009. At the time the experiment was established (2001), all trees >9 cm
107 in diameter at breast height were removed from about 70% of the surface of each experimental unit,
108 leaving about 30% mature *Abies balsamea* forest fragments.

109 **Sampling procedures**

110 We surveyed herbaceous plant communities in 20 permanent quadrats (10 × 10 m) that had
111 been randomly positioned in clearcut areas of each of the 12 experimental units (four deer densities

112 × three blocks). We estimated the cover of each herbaceous species (including ferns) in two 1 × 1 m
113 sub-quadrats randomly located in each permanent quadrat, two, six and eight years after the
114 beginning of deer control. The cover of each species was evaluated according to 12 classes (<1, 1-5,
115 6-15, 16-25, 26-35, 36-45, 46-55, 56-65, 66-75, 76-85, 86-95, 96-100%). We removed rare species
116 (found in only one sub-quadrat) from the database for subsequent analyses.

117 **Plant traits**

118 We described each species in terms of its functional traits, including biological traits related to
119 morphology, reproduction and dispersal, as well as traits related to resources used by plants (Violle
120 et al. 2007) and plant origin (indigenous or exotic). We selected 14 traits (Table 1) that have been
121 previously associated with herbivore density (Bachand et al. 2014a). Trait values (**Table S1**) were
122 gathered from the TOPIC database (<http://topic.rncan.gc.ca>) and from a literature review.

123 **Statistical analyses**

124 We used Principal Response Curves analysis (PRC; van den Brink and ter Braak 1999) to
125 compare the post-clearcutting trajectory of plant species assemblages in stands with deer excluded
126 or at reduced density to that in stands with *in situ* deer density. This type of redundancy analysis
127 (RDA) expresses attributes (species or traits composition) of a given treatment (deer density) as a
128 deviation from a comparison benchmark along a time axis (Lepš and Šmilauer 2003). Our PRC
129 analysis displays three curves, each representing the trajectory of the species or trait community
130 over time at a specific deer density, using the *in situ* density as the point of reference. We tested the
131 significance of the RDA axes using 999 Monte Carlo permutation tests (alpha value set to 0.05).

132 We conducted a second PRC analysis using functional traits rather than species identity. For
133 this, we first calculated the community weighted mean value (CWM) for each trait as the mean of
134 trait values in the community weighted by the relative abundance of the species for each site
135 (Garnier et al. 2004). Both PRC were followed by post-hoc comparisons of curves at year eight after

136 treatment establishment, with Monte Carlo permutations (n=999). In order to respect the
137 comparisonwise error of 0.05, a Šidák correction was applied to each pairwise comparison (Šidák
138 1967). Since we had four treatments, the p value for each pair was determined to be 0.0085. For the
139 above analyses, we applied a Hellinger transformation to control for double absence of species
140 between two sites (Legendre and Gallagher 2001). We performed all statistical analyses using R
141 version 2.15.2 (R Development Core Team, Vienna, Austria).

142 **Results and Discussion**

143 **Species composition**

144 Deer density management led to rapid changes in the composition of the herbaceous community
145 in clearcut areas, as the three curves corresponding to density exclusion and reduction were already
146 lower than the *in situ* density benchmark two years after treatment establishment (Fig. 1). However,
147 changes slowed after six years, and only plots in deer exclosures had a significantly different species
148 composition than plots under intensive browsing (*in situ* density) during the final year of the
149 experiment (Table 2, Fig. 1). Indeed, a small density reduction (15 deer · km⁻²) led to a distinct plant
150 **temporal pathway** from that observed under intensive browsing, but further reduction, even to 7.5
151 deer · km⁻², was insufficient to significantly alter plant communities over a period of eight years
152 after clearcutting. More time would be required to determine whether plant communities under the
153 intermediate deer densities tested could eventually emerge from the apparent stable state achieved at
154 year six and further diverge from those affected by intensive browsing.

155 The positive score of *Poaceae* spp., *Pteridium aquilinum* (L.) Kuhn, *Cirsium arvense* (L.)
156 Scopoli, *Carex* spp. and *Gymnocarpium dryopteris* (L.) Newman, *Mitella nuda* L. and *Equisetum*
157 spp. along the right vertical axis of the PRC indicates that these species benefited from the
158 conditions generated by heavy browsing at *in situ* deer density, **notably via the suppression of**
159 **competitive species** (Fig. 1). Graminoid plants (including *Carex* spp.) usually thrive under high

160 deer density (Fisichelli et al. 2013), likely due to their basal meristems, high shoot densities and
161 capacity for compensatory growth (Ferraro and Oesterheld 2002). Although pteridophytes could
162 constitute an alternative foraging choice at very high deer browsing intensity (Rooney 2009), their
163 palatability is usually considered low due to the presence of defense metabolites, such as a high
164 concentration of tannins (Jones and Firn 1979). This could explain the association of *P. aquilinum*,
165 *G. dryopteris* and *Equisetum* spp. with *in situ* deer density on Anticosti. Furthermore, decline (Perrin
166 et al. 2011) and even elimination (Kelly 2000) of ferns has often occurred following deer exclusion,
167 a trend that has been associated with increased competition from recovering species sensitive to
168 browsing. *Cirsium arvense* has the advantage of possessing physical defenses, which are generally
169 recognized to be efficient protection against herbivores, though its greater abundance under high
170 herbivore density has been mainly associated to competitive release (Edwards et al. 2000). **Despite**
171 **the presence of physical defenses, *Cirsium* species could contribute to deer diet (Austin and**
172 **Urness 1983), especially after the first frosts of the fall, and its seeds can be hooked to**
173 **herbivore fur and dispersed around, which may contribute to its occurrence under high**
174 **herbivore densities.**

175 Under reduced browsing pressure, palatable species with lower tolerance to browsing, such as
176 *Chamerion angustifolium* (L.) Holub., *Rubus pubescens* Raf., or *Cornus canadensis* L., were the
177 main species responsible for the **temporal trajectories** of communities (Fig. 1). *Chamerion*
178 *angustifolium* is a highly palatable species that has recently been identified as a biological indicator
179 of low deer density in clearcut boreal forests (≤ 7.5 deer \cdot km⁻²; Bachand et al. 2014b). Although *C.*
180 *angustifolium* is not known to create a long-term seed bank (Thompson et al. 1993), its seeds can be
181 dispersed over hundreds of kilometers (Solbreck and Andersson 1987), which could explain how it
182 can establish in Anticosti deer exclosures despite its quasi-absence from unmanaged areas of the
183 island. *Rubus* spp are known to thrive after clearcutting (Horsley et al. 2003), and their positive

184 response to reduced deer density might reflect their sensitivity to competition with **graminoids** and
185 other spiny plants like *Cirsium* at high deer densities. *Rubus* spines are also rather soft at the early
186 stages of its development, and early browsing at high density might prevent the development of full
187 plant height and the associated defense structure. Among the seven species identified as drivers of
188 **temporal trajectories** after deer density reduction (Fig. 1), three were species associated to mature
189 boreal forests: *Cornus canadensis*, *Linnaea borealis* L., and *Maianthemum canadense* Desf.
190 Clearcutting has been shown to be a disturbance essential for catalyzing compositional changes after
191 deer density reduction (Tremblay et al. 2007), but our study shows that it may also benefit closed
192 canopy species and promote resilience of understory plant communities in *Abies balsamea* forests.

193 **Traits composition**

194 The above changes in species composition of herbaceous communities were mirrored in their
195 functional trait composition, with curves showing similar trajectories after deer management: rapid
196 changes in functional traits were observable between two and six years after treatment was initiated,
197 followed by almost constant trait assemblages after six years (Fig. 2). However, the functional
198 components of herbaceous communities seemed more resilient than their species composition *per*
199 *se*. Indeed, it seems unnecessary to completely exclude deer to achieve a significant change in plant
200 trait communities, as plots with a density of $7.5 \text{ deer} \cdot \text{km}^{-2}$ were significantly different from those
201 under *in situ* densities after eight years of succession (Table 2). On this point, our findings concur
202 with those of Tremblay et al. (2006), who also observed that the biomass of dominant/preferred
203 herbaceous species recovered rapidly at densities under $7.5 \text{ deer} \cdot \text{km}^{-2}$. The plant traits favored
204 under densities equal to or higher than $15 \text{ deer} \cdot \text{km}^{-2}$ included wind- or gravity-dispersed seeds,
205 erect foliage, storage organs, exotic origin, as well as vegetative propagation and self- and abiotic
206 pollination (Fig. 2). Most of these traits have previously been identified as efficient strategies for
207 ensuring persistence under foraging pressure by large herbivores (e.g., Wiegmann and Waller 2006),

208 and as potentially having significant cascading effects on other taxa (Nuttall et al. 2011), notably on
209 pollinators by making plants less attractive to them (Vázquez and Simberloff 2004). On the other
210 hand, reducing deer density favored species with brightly colored flowers and **compound**
211 inflorescences pollinated by animals and producing large seeds and fleshy fruits, dispersed by birds
212 or other animals (Fig. 2). **Plant species found under reduced deer density therefore seem to have**
213 **the capacity to allocate resources to sexual reproductive structures.** Investment in flowers
214 attractive to pollinators and in fleshy fruits attractive to birds may indicate that the recovery of these
215 forest systems **after deer control** is not limited to plant species **but also involved other taxa**
216 **indirectly through the change of plant trait communities.** Recent studies on Anticosti Island have
217 indeed shown that total abundance, richness and diversity of songbirds increased at deer densities \leq
218 $7.5 \text{ deer} \cdot \text{km}^{-2}$ due to higher abundance of *Betula papyrifera* (Cardinal et al. 2012). Insects
219 responded to plant regeneration under reduced deer densities according to their degree of
220 dependence on plants, with the fastest response by Lepidoptera, a moderate response by Apoidea
221 and Syrphidae, and no response by Carabidae (Brousseau et al. 2013). In addition, brightly colored
222 flowers in studied stands generally represented palatable species (**Table S1**) associated with
223 pollinators. The resilience of plant communities after deer control should thus foster higher trophic
224 guilds, notably pollinators and seed dispersers, but the magnitude of this relationship has yet to be
225 determined (Bachand et al. 2014a). **Our study is based on averaged traits from the literature and**
226 **further investigation would be needed to assess the ability of species to flower and produce**
227 **fruits along different deer densities, which could reflect plasticity within species and reveal**
228 **some mechanistic adaptation of plants to persist or recover after intense browsing.**

229 The majority of the traits analyzed in our study were binary traits describing aerial plant parts.
230 Using numerical traits, such as specific leaf area; traits relevant to herbivory, such as nitrogen
231 content of leaves, proportion of fibers and secondary metabolites or digestibility; and integrating

232 root traits, such as specific root depth or nitrogen content, could provide further insight into the
233 resilience of individual ecosystem functionality (e.g., nutrient cycle or soil stability; Cornelissen et
234 al. 2003). The use of a reference ecosystem may also help to assess whether a system is recovering
235 functionality. For example, Aubin et al. (2008) pointed out the need for specific forestry practices to
236 accelerate the regeneration of an herbaceous community functionally similar to that of natural old
237 growth forests. Yet, reference ecosystems are lacking on Anticosti Island, as deer have been
238 affecting all forest stands for more than 100 years. Setting up reference ecosystems on the mainland
239 would pose comparison problems, since the response of functional traits may still be context-
240 dependent, in that the behaviour of common species with unusual attributes might lead to a different
241 trait composition after a change in grazing regime (Pakeman 2004). Although comparison with a
242 reference ecosystem is impossible for many areas under large herbivore pressure, as on Anticosti,
243 demonstrating that succession can lead to species assemblages and functional communities distinct
244 from those on sites subjected to intensive browsing, provides evidence of ecosystem resilience.
245 Interpreting the species and functional traits responsible for these trajectories can further increase
246 our confidence in this resilience.

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Table 1. Functional traits of herbaceous plants on Anticosti Island, extracted from the TOPIC database (<http://topic.mcan.gc.ca>) and from a literature review.

Functional trait	State
Morphology	
Foliage structure	0. no leaf, 1. rosette, 2. graminoid, 3. erect leaves, 4. decumbent, 5. erect leafy stem
Raunkiaer life form	1. therophyte, 2. geophyte, 3. hemicryptophyte, 4. chamaephyte
Rhizome	0. absence, 1. presence
Storage organ	0. absence, 1. presence
Reproduction and dispersal	
Principal means of reproduction	1. seeds only, 2. vegetative propagation possible but mostly by seeds, 3. mostly by vegetative propagation
Inflorescence type	1. no flower, 2. single flower, 3. spike or cluster, 4. compound inflorescence
Inflorescence color	1. no flower, 2. green, brown and black, 3. white, 4. other colors
Flowering phenology:	
Spring	0. absence, 1. presence
Summer	0. absence, 1. presence
Fall	0. absence, 1. presence
Pollinator vector:	
Abiotic	0. absence, 1. presence
Biotic	0. absence, 1. presence
Self-pollination	0. absence, 1. presence
Seed size	millimeters
Seed dispersal vector :	
Wind	0. absence, 1. presence
Endozoochore	0. absence, 1. presence
Epizoochore	0. absence, 1. presence
Bird	0. absence, 1. presence
Gravity	0. absence, 1. presence
Dispersal type	1. spore, 2. dried fruit, 3. fleshy fruit
Resource use	
Shade tolerance	1. shade tolerant, 2. mid tolerant, 3. intolerant
Status	
Status	0. indigenous, 1. exotic

Table 2. Statistical differences between curves at year eight after the establishment of deer control treatments. Post-hoc comparisons of curves were performed with Monte Carlo permutations ($n=999$). In order to respect the comparisonwise error of 0.05, a Šidák correction was applied to each pairwise comparison (Šidák 1967). Since we had four treatments, the p value for each pair was determined to be 0.0085.

Comparison	F	df	p-value
Species composition			
<i>In situ</i> vs 15 deer · km ⁻²	2.581	1/12	0.160
<i>In situ</i> vs 7.5 deer · km ⁻²	5.516	1/12	0.017
<i>In situ</i> vs 0 deer · km ⁻²	6.772	1/12	$p<0.001^*$
15 deer · km ⁻² vs 7.5 deer · km ⁻²	1.891	1/12	0.490
15 deer · km ⁻² vs 0 deer · km ⁻²	2.509	1/12	0.230
7.5 deer · km ⁻² vs 0 deer · km ⁻²	0.901	1/12	0.800
Trait composition			
<i>In situ</i> vs 15 deer · km ⁻²	2.908	1/12	0.059
<i>In situ</i> vs 7.5 deer · km ⁻²	4.293	1/12	$p<0.001^*$
<i>In situ</i> vs 0 deer · km ⁻²	6.217	1/12	$p<0.001^*$
15 deer · km ⁻² vs 7.5 deer · km ⁻²	2.511	1/12	0.130
15 deer · km ⁻² vs 0 deer · km ⁻²	3.926	1/12	0.005*
7.5 deer · km ⁻² vs deer · km ⁻²	3.610	1/12	0.020

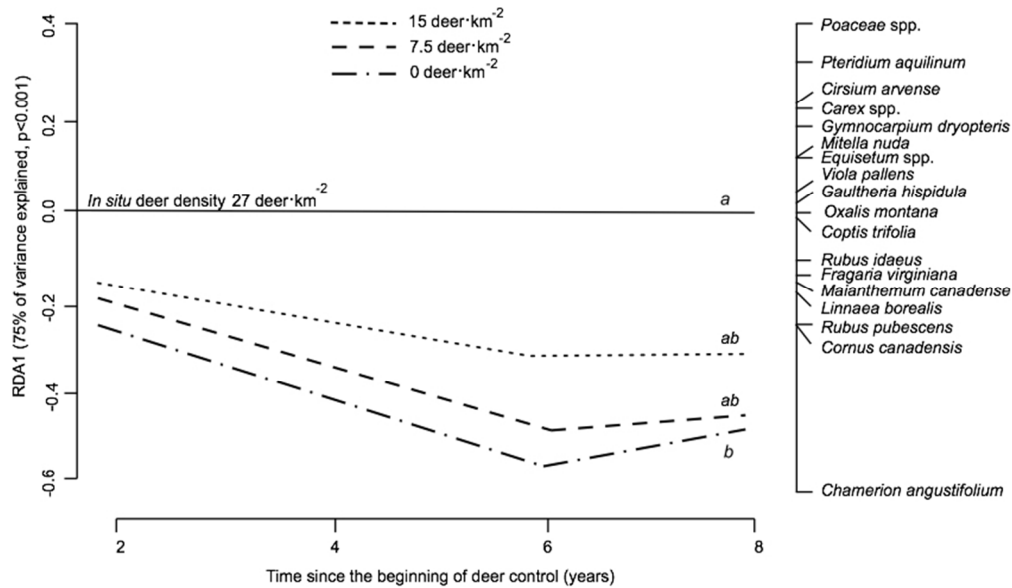


Fig. 1. Principal Response Curves showing the temporal trajectory in species composition of herbaceous communities of *Abies balsamea* stands after clearcutting at different levels of reduced deer density as compared to in situ deer density. The principal response curves with the same letter are not significantly different eight years after deer density control, following post-hoc comparisons of curves with Monte Carlo permutations ($n=999$) and a Šidák correction (see methods). The respective scores of the most dominant species are displayed along the right side vertical axis, indicating how strongly each species is correlated with the temporal patterns displayed by the curves, thus illustrating the main drivers of the temporal trajectories.

213x139mm (100 x 100 DPI)

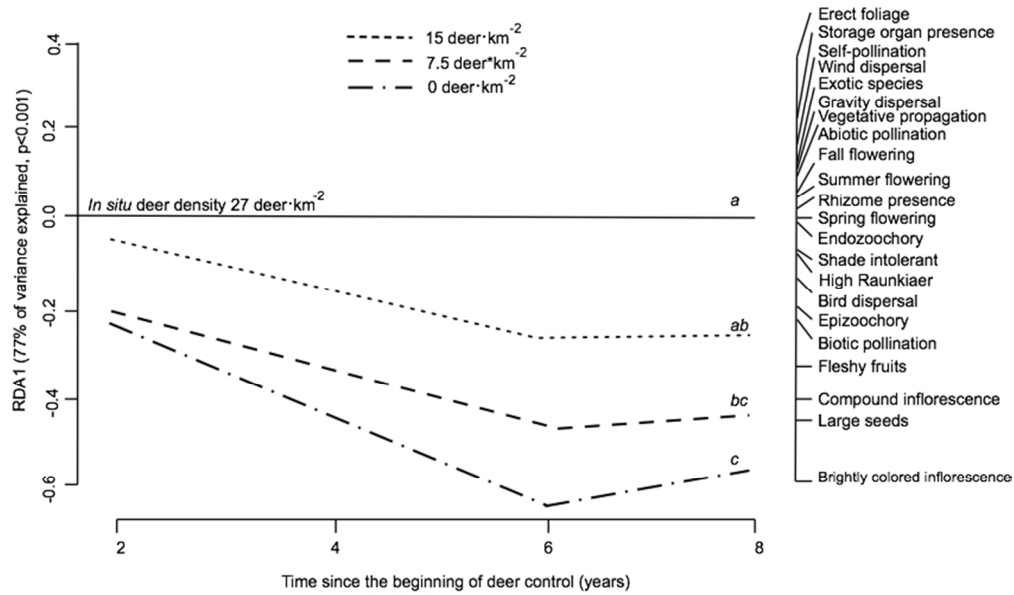


Fig. 2. Principal Response Curves showing the temporal trajectory in species traits of herbaceous plant communities of *Abies balsamea* stands after clearcutting at different levels of reduced deer density as compared to in situ deer density. The principal response curves with the same letter are not significantly different eight years after deer density control, following post-hoc comparisons of curves with Monte Carlo permutations ($n=999$) and a Šidák correction (see methods). The respective scores of plant traits are displayed along the right side vertical axis, indicating how strongly each trait is correlated with the temporal patterns displayed by the curves, thus illustrating the main drivers of the temporal trajectories.

213x140mm (100 x 100 DPI)