1	Endurance training or beta-blockade can partially block the energy metabolism
2	remodeling taking place in experimental chronic left ventricle volume overload.
3	
4	Short title: Myocardial metabolism in experimental volume overload.
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34 Abstract

35 Background: Patients with chronic aortic valve regurgitation (AR) causing left ventricular 36 (LV) volume overload can remain asymptomatic for many years despite having a 37 severely dilated heart. The sudden development of heart failure is not well understood 38 but alterations of myocardial energy metabolism may be contributive. We studied the 39 evolution of LV energy metabolism in experimental AR. 40 Methods: LV glucose utilization was evaluated *in vivo* by positron emission tomography 41 (microPET) scanning of 6-month AR rats. Sham-operated or AR rats (n=10-30 42 animals/group) were evaluated 3, 6 or 9 months post-surgery. We also tested treatment 43 intervention in order to evaluate their impact on metabolism. AR rats (20 animals) were 44 trained on a treadmill 5 times a week for 9 months and another group of rats received a 45 beta-blockade treatment (carvedilol) for 6 months. Results: MicroPET revealed an abnormal increase in glucose consumption in the LV 46 47 free wall of AR rats at 6 months. On the other hand, fatty acid beta-oxidation was 48 significantly reduced compared to sham control rats 6 months post AR induction. A 49 significant decrease in citrate synthase and complex 1 activity suggested that 50 mitochondrial oxidative phosphorylation was also affected maybe as soon as 3 months 51 post-AR. 52 Moderate intensity endurance training starting 2 weeks post-AR was able to partially

53 normalize the activity of various myocardial enzymes implicated in energy metabolism.

54 The same was true for the AR rats treated with carvedilol (30mg/kg/d). Responses to

55 these interventions were different at the level of gene expression. We measured mRNA

56 levels of a number of genes implicated in the transport of energy substrates and we

- 57 observed that training did not reverse the general down-regulation of these genes in AR
- ⁵⁸ rats whereas carvedilol normalized the expression of most of them.
- 59 Conclusion: This study shows that myocardial energy metabolism remodeling taking
- 60 place in the dilated left ventricle submitted to severe volume overload from AR can be
- 61 partially avoided by exercise or beta-blockade in rats.

63 Background

64 The role of impaired myocardial energetics in the development and progression of heart failure (HF) seems to be central [1]. The energy-depletion theory of HF is not new and a 65 66 multitude of recent studies have provided solid evidence that myocardial metabolism is 67 strongly affected in humans as well as in many animal models of left ventricular 68 hypertrophy and HF [1–3]. Both systolic and diastolic functions seem to be intimately 69 affected by impaired myocardial energetics [4-8]. 70 Alterations of myocardial metabolism caused by chronic valve disease such as aortic 71 regurgitation (AR) are unclear and have not been studied like the ones caused by 72 pressure overload or ischemia [9–19]. Chronic AR is usually well tolerated for many 73 years before HF occurs. AR patients develop severely dilated and hypertrophied hearts 74 but remain in a clinical pre-HF state with a normal LV ejection fraction for long periods of 75 time [20]. The reason why they suddenly progress towards symptoms and HF after this 76 long stable period is not well understood. There is currently no treatment proven 77 effective to decrease AR related morbidity-mortality or delay the evolution towards HF in 78 humans [21]. The only solution available for now remains valve replacement surgery 79 when the left ventricle becomes too dilated, systolic indices progressively decrease or 80 when symptoms occur. Over the years, we have showed that treatment targeting the 81 renin-angiotensin-aldosterone or the adrenergic systems can help reduce LH hypertrophy, maintain cardiac function and improve survival in a rat model of chronic AR 82 83 [22-25]. We did observe a similar effect by non-pharmaceutical strategy i.e. moderate 84 endurance training [26].

We suggested that AR left ventricles with severe eccentric hypertrophy suffer from
significant myocardial metabolic impairment even before systolic dysfunction becomes

apparent and observed that as early as 8 weeks post-AR myocardial energy substrate
preference was altered and a switch toward increased glucose utilization was observed
[27].

Here, we studied the long-term alteration in LV energy metabolism associated with
chronic volume overload caused by severe AR in Wistar rats. We show that treatments
(training and beta-blockade) that reduce LV dilatation and help maintain function are
also associated with a normalization of the energy metabolism.

94

95 Methods

96 Animals: Six groups of Wistar male rats (350-375 g) were studied for either 90, 180 or 97 270 days. For each end-point time, the animals were divided in two groups: sham-98 operated animals (sham) or surgically induced AR. All groups consisted of 15 animals 99 with the exception of the 270-day AR group consisting of 30 animals. An additional 100 group (n=10) of young healthy rats served as controls. For the µPET study, eight 101 additional animals (4 shams and 4 AR) were studied 6 months after surgery. For 102 endurance training protocol, a group of 20 animals were exercised 5 days/week for 270 103 days on a motorized treadmill with a slope of 10°. The duration and the intensity 104 increased progressively during the first 8 weeks until the animals were running for 30 105 minutes at 20 m/min as previously described [26]. The influence of beta-blockade was 106 tested using carvedilol in four groups of male Wistar rats (15 animals/group): sham and 107 AR animals receiving or not carvedilol (30mg/kg/d in drinking water). Training or 108 carvedilol were started two weeks post-surgery for six months. The protocol was 109 approved by the Université Laval's Animal Protection Committee and followed the 110 recommendations of the Canadian Council on Laboratory Animal Care. The animal PET

imaging protocol was approved by the Animal Ethics Committee of the Faculty of Medicine of the Université de Sherbrooke. Severe AR was induced by retrograde puncture of the aortic valve leaflets as previously described [28]. At the end of the protocols, surviving animals were sacrificed, hearts were quickly dissected and all cardiac chambers were weighed. LV was snap-frozen in liquid nitrogen and kept at -80°C for further analysis. All sacrifices were scheduled at similar times of the day to avoid circadian variations.

118

Echocardiography: A complete M-Mode, 2D and Doppler echocardiogram was
performed on the animals under 1.5% inhaled isoflurane anesthesia using a 12 MHz
probe with a Sonos 5500 echograph (Philips Medical Imaging, Andover, MA)
immediately before and during surgery, after 2 weeks, 3, 6 and 9 months as previously
described [26].

124

125 Small animal PET protocol: Imaging experiments and data analysis were performed 126 essentially as described before [29-32] on a LabPET[™] avalanche photodiode-based 127 small animal PET scanner (Gamma Medica, Northridge, CA) at the Sherbrooke Molecular Imaging Centre. [¹⁸F]-fluorodeoxyglucose ([¹⁸F]-FDG) (30–40 MBg, in 0.3 ml 128 129 plus 0.1 ml flush of 0.9% NaCl) was injected via the caudal vein over 30 s. A 45-min 130 dynamic PET data acquisition followed by a 15-min static acquisition was done to 131 determine glucose utilization [myocardial metabolic rate of glucose (MMRG)] using 132 multicompartmental analysis as previously described [32, 33]. The static scan served to 133 draw regions-of-interest (ROIs) on each segment of the LV wall. Blood samples were taken before and after the scans to determine an average blood glucose level. 134

135	Analysis of mRNA accumulation by quantitative RT-PCR: The analysis of LV mRNA
136	levels by quantitative RT-PCR has been described in details elsewhere [26].
137	
138	Enzyme activity determination: Enzyme activity assays are described in details in the
139	supplementary section (Additional file 1, Methods) [25, 27, 34].
140	
141	Statistical analysis: Results are presented as mean ± SEM unless specified otherwise.
142	Inter-group comparisons were done using Student's t-test or Mann-Whitney t-test for
143	PET protocol. One-way or two-way ANOVA were also used for the analysis of data
144	when required. Statistical significance was set at a p <0.05. Data and statistical analysis
145	were performed using Graph Pad Prism version 6.04 for Windows, Graph Pad Software
146	(San Diego, CA).
147	
148	Results
149	All sham-operated animals were alive at the end of the protocol. After 3, 6 and 9 months,
150	14/15, 12/15 and 14/30 animals were still alive in the AR groups, respectively. As
151	illustrated in Figure 1, no differences in body weight were observed between the sham
152	and AR groups. Overall growth was similar between groups (similar tibial lengths, results
153	not shown). LV wet tissue weights were significantly increased in the AR groups
154	compared to controls and this increase was steady over the 9 month period.
155	
156	Echocardiographic data (Figure 1)

The echocardiographic data from all study groups are also presented in Figure 1. End-diastolic (EDD) and end-systolic diameters (ESD) sharply increase during the first 3

159 months and continue to increase but at a slower pace thereafter. AR animals have a 160 lower ejection fraction than normal sham animals. Ejection fraction slowly decreases 161 over the 9 months but it still remains within what is considered a normal range (above 162 60%). The end result after 9 months of chronic severe AR is a severely dilated ventricle 163 with eccentric hypertrophy and relatively preserved ejection fraction. AR animals have 164 as expected an increased stroke volume compared to normal sham animals whereas 165 their heart rate is slightly diminished. Diastolic echocardiographic parameters were also 166 measured. AR animals had a significantly higher E/Ea ratio than sham animals 167 suggesting increased left ventricular end-diastolic pressures. This correlated well with 168 the invasive LV end-diastolic pressures (EDP) measurements that were also increased in the AR groups. 169

170

171 Markers of hypertrophy and extracellular matrix remodeling (Figure 2).

The relative gene expression of both the alpha and beta forms of myosin heavy chains
was modified in AR animals in which the alpha/beta ratio was strongly reduced (Figure
As expected, ANP gene expression was elevated in AR animals.

175

176 Myocardial glucose consumption (Figure 3)

177 Micro-PET imaging was used to investigate how glucose consumption was altered *in*

vivo in AR rats after 6 months of severe volume overload. Regional myocardial

179 metabolic rate of glucose (MMRG) was estimated from the dynamic uptake of [¹⁸F]-FDG

after intravenous bolus injection using µPET. As illustrated in Figure 3, MMRG was

181 increased in AR myocardium and this increase was preferentially located to the LV free

182 wall (anterior and lateral).

183 Myocardial metabolic enzymes (Figure 4)

184 We measured enzymatic activity levels in LV crude homogenates. The HADH 185 (hydroxyacyl-Coenzyme A dehydrogenase) responsible for fatty acid β -oxidation was 186 less active in the AR group after 9 months compared to sham animals. Normal aging 187 also reduced HADH activity levels in the shams after 9 months but much less than in 188 chronic AR. Normal aging was accompanied by a steady decrease in the activity level of 189 the glycolytic enzyme phosphofructokinase (PFK) whereas it remained stable in AR 190 animals over the 9 month follow-up. This resulted in a higher PFK activity level in AR 191 animals after 9 months compared to age-matched sham animals. The entry of acetyl-192 CoA in the citric acid cycle is catalyzed in the mitochondria by the citrate synthase (CS). 193 Again, normal aging was accompanied by a decrease in CS activity levels. CS activity 194 levels were however significantly lower in AR animals after 3, 6 and 9 months when 195 compared to aged-matched sham animals. The first step of glycolysis is catalyzed by the 196 hexokinase (HK). HK activity levels were significantly increased in all AR animals 197 compared to the shams after 9 months. On the other hand, the first step in the electron 198 transfer chain (mitochondrial ETC complex 1) was strongly reduced in AR rats compared 199 to sham after 9 months while lactate dehydrogenase levels were not significantly 200 changed.

201

202 Endurance training can help normalize myocardial metabolic enzymes (Figure 5)

In order to evaluate if some alterations of the myocardial energy metabolism could be
 reversed, we tested the impact of moderate endurance training we previously showed to
 improve the condition of chronic AR rats. AR rats were thus submitted to moderate

intensity endurance training on a treadmill (up to 20 m/s for 30 minutes) for a period of 9
months. Of the 20 animals, 14 survived the entire protocol. As illustrated in Figure 5,
endurance training did not reduce the heart hypertrophy in AR animals although a trend
was observed. Levels of enzymatic activity were normalized for the HADH, CPT, PFK
and CS suggesting an improvement of the myocardial metabolic profile associated with
exercise.

212

213 Endurance training does not reverse the down-regulation of genes associated

with energy metabolism in AR (Figure 6)

215 The results of the 9 month AR gene expression levels of various enzymes and 216 transporters related to fatty acid and glucose metabolism in the myocardium compared 217 to age-matched sham animals as well as the effects of training are summarized in 218 Figure 6. FAT/CD36 gene expression (responsible for fatty acids transport into the cell) 219 as well as those of CPT1b and CPT2 (responsible for the entry of fatty acids in the 220 mitochondrion), were all decreased in AR animals. Glucose transporters (GLUT) 1 and 4 221 mediate glucose entry in the cell. GLUT4 mRNA expression levels were decreased by 222 about 25% in AR animals whereas mRNA levels encoding for GLUT1 remained 223 unchanged. The formation of acetyl-CoA from pyruvate is catalyzed by the pyruvate 224 dehydrogenase complex. We evaluated the gene expression of one member of this 225 complex (PDH1 α) as well as one of its inhibitors (PDH kinase 4 or PDK4). The 226 expression of those two genes was significantly down-regulated in AR animals. One 227 main regulator of fatty acid oxidation is the peroxisome proliferator-activated receptor 228 alpha (PPAR α). PPAR α mRNA levels were lower in AR animals after 9 months. The

229 mechanism by which PPARa activates a mitochondrial biogenic response involves one 230 of its inducible co-activator: the peroxisome proliferator-activated receptor gamma 231 coactivator-1-alpha or PGC-1a. The mRNA levels encoding for this gene was also 232 markedly reduced in our AR animals. The same was true for the gene expression of the 233 uncoupling protein 3 (UCP3). We also evaluated ANT1 (adenine nucleotide translocase 234 1) which is known to facilitate the exchange of extra-mitochondrial ADP with 235 mitochondrial ATP. We observed again a strong decrease in the expression of this gene 236 in the AR animals compared to the sham controls. Training did not modulate gene 237 expression in AR rats for the molecules evaluated. 238 239 A six-month carvedilol treatment improves the energy metabolism enzyme activity 240 levels as well as the expression profile of metabolic genes in AR rats (Figure 7 241 and 8). 242 At the end of the 6-month protocol, all sham-operated treated or not with carvedilol were 243 alive while 9/15 and 12/15 rats were still present in the AR-Veh and AR-Carv groups, 244 respectively. LV hypertrophy was present in both AR groups but significantly less in the 245 animals treated with carvedilol (Figure 7). This was also true for the size of cardiac 246 myocytes as evaluated in LV sections (Additional File 1, Figure S1) 247 As illustrated in Figure 7, the carvedilol treatment partially reversed the changes in 248 HADH, hexokinase, citrate synthase and complex 1 associated with eccentric LHV in AR 249 rats. 250 The same was true for the LV mRNA levels of a number of genes associated with 251 energy metabolism where the general down-regulation was mostly reversed by 252 carvedilol.

253 **Discussion**

254 Factors influencing the development and evolution of LV remodelling in AR are poorly

understood. Here, we provide a longitudinal study focusing on myocardial energy

256 metabolism in the LV of rats with chronic severe AR.

257 The heart is in a constant need of energy substrates since it does not maintain

significant reserve [1]. The myocardial energetic machinery is complex and can be

affected at many interacting levels including: substrate utilization/preference, oxidative

260 energy production in the mitochondria, energy transport and consumption by the

261 contractile myofibrils [35].

262 Our experimental model causes severe LV dilatation. Despite the presence of important

hypertrophy in this rat model, HF remains a late occurring event as seen in humans [36].

As we have previously reported, the majority of AR rats have a systolic function within

normal range (ejection fraction>60%, normal dP/dt+) even after 9 months [26]. Diastolic

abnormalities become clearly evident as soon as 2 or 3 months after AR induction [34,

267 37].

As reported by others in models of LV concentric hypertrophy and of HF, we too

observed a shift in the ratio of the gene expression of myosin heavy chains α and β in

AR rats. This also occurs but much less, with normal aging [38]. This shift can

significantly affect the energetic efficiency of the heart and could point towards an

imminent shift towards HF.

In this study, we showed in vivo using µPET that the LV myocardium of AR rats

increased its glucose consumption. This increase seems to be more pronounced in the

LV free wall mostly in the lateral and anterior portions. It could be suggested that dilation

may not be homogeneous through the LV was and that the observed metabolic changes
in the LV myocardium may reflect this. We already observed the opposite situation in the
AR rat where fatty acid uptake was reduced in the same LV region where we now
observe an increase in glucose uptake [25]. Concentric LV hypertrophy is associated
with a shift in substrate preference from free fatty acids to glucose [35]. Our µPET
results confirm this for our animals in vivo with eccentric VO LVH.

282 We also described the impact of normal aging on the levels of enzymatic activity related 283 to myocardial metabolism. We detected a significant loss of myocardial activity for three 284 central metabolic enzymes (HADH, CS and PFK) due to normal aging. The activity 285 levels of these enzymes decreased by at least 25% in the last six months of the 286 protocol. It is possible though that these changes reflect a progression from a stage of 287 global body growth at a younger age to the more stable adult stage. Adding AR 288 amplified this effect on HADH and CS activities. This suggests that fatty acid oxidation is 289 further impaired in the late stage of AR and that the total mitochondrial oxidative 290 capacity of the myocardium may then be less than normal [10]. On the other hand, PFK 291 activity remained stable in the hearts of AR animals suggesting a shift towards glucose 292 utilization as previously seen in concentric LV hypertrophy and HF [39]. µPET imaging 293 also confirmed this hypothesis. Our data show a decrease in fatty acid transport-related 294 Fat/CD36 in the animals with AR. Carnitine palmitoyl-transferase gene expression and 295 enzymatic activity was also decreased. These observations are consistent with data 296 published in other models of LVH [11, 40]. The mitochondrial energetic machinery also 297 seems to be affected by the LV volume overload as shown not only by the decrease in 298 CS activity but also by the strong decrease in the activity of the ETC complex I in 9-

299 month AR animals. These mitochondrial enzymatic abnormalities could result in 300 myocardial energy starving either in the basal state or in response to an acute stress 301 such as exercise or ischemia. It has been previously reported that VO could induce an 302 inappropriate response to various stresses in two different animal models during the 303 compensated phase of the disease [16,19]. The down-regulation of ANT1 is another 304 clue pointing towards an abnormal exportation of ATP from the mitochondrion [41] which 305 seems to be seriously impaired in our AR animals after 9 months. The gene expression 306 of PDH1 α which is responsible for pyruvate entry into the mitochondria was reduced in 307 AR animals after 9 months compared to normal age-matched controls. Myocardial 308 energetic status at this late stage of the disease in our AR animals probably shares 309 similarities to the one seen in established HF even if systolic function remains in the 310 normal range in our animals.

311 This study also clearly shows that regular exercise has beneficial effects on the 312 myocardial energetic machinery in this animal model of volume overload 313 cardiomyopathy even before systolic heart failure occurs. These effects were detectable 314 on enzymes and pathways related to fatty acid oxidation and glycolytic capacity as well 315 as to mitochondrial efficiency. The benefits of exercise on LV remodeling, diastolic 316 function and survival we have recently reported could therefore be in part related to 317 improvement in myocardial energetics [26]. One possible mechanism may be via the 318 activation of the IGF1/PI3K/Akt pathway by exercise which can activate survival 319 pathways in cardiac myocytes [42,43].

We also observed an improvement of myocardial energetics in AR animals treated with the beta-blocker, carvedilol. We had reported that beta-blockade using either metoprolol

322 or carvedilol can reduce the extent of LV hypertrophy development in the rat AR model 323 [23, 36]. The benefits in maintaining systolic function were similar to those observed in 324 endurance-trained animals [26]. It is interesting to observe that although the effects of 325 beta-blockade and exercise were similar at normalizing metabolic enzyme activities, 326 carvedilol treatment also restored gene expression of a number of proteins implicated in 327 the control of substrate uptake and metabolism. This suggests that similarities and differences exist between the mechanisms of action of exercise and beta-blockade. 328 329 Another possibility is that by a better control of LVH development by carvedilol, many 330 parameters may remain in the normal range.

331 **Limitations**:

332 In this study, we used a range of techniques to evaluate myocardial metabolism in AR 333 rats to demonstrate that substrate preference as well as general energy metabolism is 334 modified in this model and that endurance training and beta-blockade can partially 335 reverse these changes. Obviously, our study can only offer an incomplete portrait of the 336 complex metabolic changes taken place in the myocardium submitted to severe and 337 chronic volume overload. Enzyme activity determinations and gene expression studies 338 made here cannot encompass the wide array of modification in energetics in the 339 hypertrophied myocardium. More thorough studies using µPET in vivo, isolated heart or 340 mitochondria studies could offer supplementary information to better describe these 341 changes.

342 **Conclusion**:

343 Our results clearly show that the myocardium with chronic VO suffers from a significant 344 metabolic stress and develops over time important metabolic abnormalities.

345 These findings provide for the first time new longitudinal data which may improve our 346 view of the dilated hearts of patients with severe AR. Clinicians currently feel 347 comfortable to follow those patients without any intervention for many years, simply 348 waiting for the LV to become too dilated, for the occurrence of symptoms or until systolic 349 function begins to fall. Based on our findings, we suggest that those volume overloaded 350 hearts develop severe metabolic abnormalities even when systolic function seems 351 preserved. Focusing on myocardial metabolism by various interventions such as 352 targeted drugs, specific diets or exercise may help this metabolically stressed 353 myocardium to improve energy production and maybe prolong the pre-heart failure state 354 significantly. Further studies will be needed to confirm this hypothesis. 355 356 Additional file 1.pdf: Supplemental methods and data. This file contains more detailed 357 methods for the enzymatic assays as well as references. In addition, Figure S1 is a 358 complement of data for the carvedilol study of Figures 7 and 8 in the manuscript. 359 360 **Competing interests:** The authors declare that they have no competing interests. 361 362 **Contributions:** DL performed two of the animal studies and analyzed the data (Figs. 1, 363 2, 4 and S1). WD performed the additional animal study and analyzed the data (Fig. 3). 364 MCD contributed to the animals studies and performed part of the tissue analysis (Figs. 365 3 and 7). ER performed the experiments leading to Figs 6 and 8. SG and OS performed 366 the micro-PET study. JAR and RL supervised the micro-PET study. MA and JC designed and coordinated the entire study and wrote the manuscript. 367 368

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514 **Figure legends**:

515

516	Figure 1: Evolution of LV remodeling as evaluated by echocardiography in
517	experimental volume overload from severe aortic valve regurgitation in Wistar
518	rats. LV dimensions, ejection fraction (EF), heart rate (HR), stroke volume (SV) and ratio
519	of early transmitral velocity to tissue Doppler mitral annular early diastolic velocity (E/Ea
520	ratio) were evaluated throughout the course of the protocol as assessed by
521	echocardiography in sham-operated animals (sham: white circles or bars) and AR rats
522	(AR: black circles or bars) at the beginning of the protocol, after 90, 180 and 270 days.
523	Body weight was also recorded at the time of echocardiography. Left ventricular wet
524	tissue weight was evaluated at sacrifice. End-diastolic pressures (EDP) were evaluated
525	by direct LV catheterization prior euthanasia. LV weight, EDD: end-diastolic diameter,
526	ESD: end-systolic diameter, Septum: septal wall thickness. Results are reported in as
527	mean \pm SEM (n = 10-15 per group). *p<0.05, **: p<0.01 and ***: p<0.001 between sham
528	and AR groups.

529

Figure 2: Evaluation by real-time quantitative RT-PCR of the LV mRNA levels of genes related to LV hypertrophy. *: p<0.05 and ***: p<0.001 between sham and AR groups. Sham (sham-operated animals) at 90 days post-surgery group mRNA levels were normalized to 1. ANP, atrial natriuretic peptide; α MHC, myosin heavy chain alpha; β MHC, myosin heavy chain beta; α/β : ratio of the two MCH forms.

535

536 Figure 3: In vivo glucose uptake by the left ventricle of AR and sham rats as 537 evaluated by micro positron emission tomography (µPET). Myocardial metabolic 538 rate of glucose (MMRG) was evaluated as described in the Material and Methods 539 section for each segment of the LV wall as schematized in the bottom right of the figure. 540 Regional MMRG evaluation was realized in four different animals per group and results were expressed as the mean ± SEM. *: p<0.05 between sham and AR groups. Sept: 541 542 septal wall, Ant: anterior wall, Lat: lateral wall and Inf: inferior wall. At the right of the column graph, representative transaxial µPET scan images after injection of [¹⁸F]-FDG 543 544 are illustrated.

545

546 Figure 4: LV myocardial activity levels of enzymes implicated in fatty acid β-547 oxidation, glucose metabolism and mitochondrial energy production in 9-month 548 **AR rats and relative evolution over time.** HADH (hydroxyacyl-Coenzyme A 549 dehydrogenase; A), PFK (phosphofructokinase; B), citrate synthase (CS; C) enzymatic 550 activities were measured in LV homogenates from at least 10 animals in each group as 551 described in the Materials and Methods. Hexokinase (HK; D), complex 1 (ETC complex 552 1, rotenone-sensitive activity; E) and LDH (lactate dehydrogenase (F) activities were 553 measured in LV homogenates from 10 270-day animals. Results are reported relative to 554 activity level measured in 90-day sham rats (A, B and C) or in µmoles/min/mg of tissue 555 (D, E, and F) or. *: p<0.05, **: p<0.01 and ***: p<0.001 between sham and AR groups. 556

557 Figure 5: Moderate endurance training (tr) helps normalize activity levels of

558 enzymes implicated in the LV energy metabolism in 9-month AR rats. Indexed (i)

559 heart weight was corrected for the tibial length. HADH (hydroxyacyl-Coenzyme A 560 dehydrogenase), HK (hexokinase) PFK (phosphofructokinase), citrate synthase (CS) 561 and complex 1 enzymatic activities were measured in LV homogenates as described in 562 the Materials and Methods. Results are expressed as mean \pm SEM (n=10/group) in 563 µmoles/min/mg of tissue. *: p<0.05, **: p<0.01 and ***: p<0.001 between sham and AR 564 and ¶: p<0.05 between AR and AR-tr groups.

565

566 Figure 6: Evaluation by real-time guantitative RT-PCR of the LV mRNA levels of 11 567 genes related to cardiac metabolism in 9-month rats and impact of endurance 568 training. Results are reported in arbitrary units as mean ± SEM (n=15/gr). Levels in 569 sham animals were fixed to 1. FAT/CD36: fatty acid transporter/CD antigen 36, CPT1b: 570 carnitine palmitoyltransferase 1b and CPT2: carnitine palmitoyltransferase 2, Glut1: 571 glucose transporter 1, Glut4: glucose transporter 4, PDH1a: pyruvate dehydrogenase 1 572 alpha and PDK4: pyruvate dehydrogenase kinase 4, PPAR α : peroxisome proliferator 573 activator receptor alpha, PGC-1 α : Peroxisome proliferator-activated receptor gamma 574 coactivator-1-alpha, UCP3: uncoupling protein 3 and ANT: adenine nucleotide 575 translocase. P values are indicated above each bar compared to sham controls. ¶: 576 p<0.05 between AR and AR-tr groups.

577

Figure 7: Beta-blocker carvedilol treatment helps normalize activity levels of
enzymes implicated in the LV energy metabolism in 6-month AR rats. Indexed (i)
heart weight was corrected for the tibial length. HADH (hydroxyacyl-Coenzyme A
dehydrogenase), HK (hexokinase) PFK (phosphofructokinase), citrate synthase (CS)

and carnitine palmitoyl transferase (CPT) enzymatic activities were measured in LV
homogenates as described in the Materials and Methods. Results are expressed as
mean ± SEM (n=9-12/group) in µmoles/min/mg of tissue. *: p<0.05, **: p<0.01 and ***:
p<0.001 between sham and AR groups and ¶: p<0.05 between AR and AR-Carv groups.

587 Figure 8: Carvedilol reverses down-regulation of genes implicated in cardiac

588 energy metabolism in 6-month AR rats. Results are reported in arbitrary units as

589 mean ± SEM (n=15/gr). Levels in sham animals were fixed to 1. FAT/CD36: fatty acid

transporter/CD antigen 36, Glut1: glucose transporter 1, Glut4: glucose transporter 4,

591 PDH1a: pyruvate dehydrogenase 1 alpha and PDK4: pyruvate dehydrogenase kinase 4,

592 PPARα: peroxisome proliferator activator receptor alpha, PGC-1α: Peroxisome

593 proliferator-activated receptor gamma coactivator-1-alpha, UCP3: uncoupling protein 3

and ANT: adenine nucleotide translocase. P values are indicated above each bar

595 compared to sham controls. ¶: p<0.05 between AR and AR-tr groups.



Lachance et al. Figure 1. Evolution of LV hypertrophy over 9 months in AR rats.



Lachance et al. Figure 2. Pro-hypertrophic LV markers in AR rats.



Lachance et al. Figure 3. Glucose utilization in the LV of 6-month AR rats.

RV



Lachance et al. Figure 4. Evolution of myocardial activity of metabolic enzymes in AR.



Lachance et al. Figure 5. Impact of exercise on myocardial metabolic profile in AR rats.



Lachance et al. Figure 6. Exercise does not normalize gene expression of metabolic

markers in AR rats.



Lachance et al. Figure 7. Carvedilol treatment of AR rats helps maintain normal myocardial energetics.



Lachance et al. Figure 8 Beta-blockade with carvedilol reverses the general downergy metabolism markers in the LV of AR rats.

Additional files provided with this submission:

Additional file 1: Additional file 1.pdf, 227K http://www.biomedcentral.com/imedia/1171002922152508/supp1.pdf