

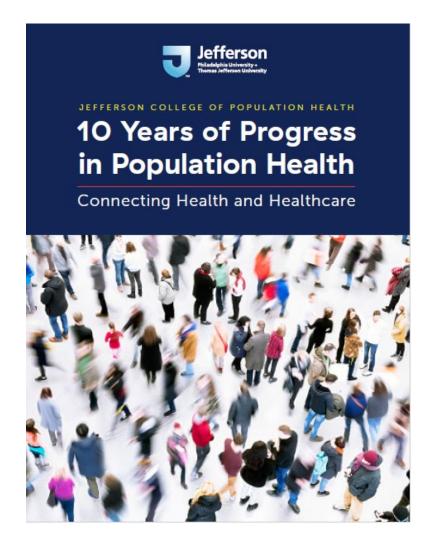


A Save Environment of Care: Lessons from COVID-19
Texas Hospital Association

June 15, 2021 | 4:00-5:00 pm ET



Jefferson College of Population Health



A Safe Environment of Care: Lessons from COVID-19

Featuring



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Peterson Health



Karen Kendrick, MSN, RN, CPHQ Vice President of Clinical Initiatives Texas Hospital Association



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Director of System Infection
Prevention and Control
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SPOT: A Communication Tool

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Peterson Health, Kerrville, TX



Peterson Regional Medical Center





- 124-bed non-profit Acute Care Hospital
- 26-Bed CARF-Accredited Acute Rehabilitation Unit
- Recipient of the 2020 Texas Governor's Quality Award
- Recipient of the National Rural Health Association's top 20 Rural Community Hospital Award
- Named one of Modern Healthcare's best places to work in 2021
- Peterson is a Leapfrog A Hospital
- We are located in the heart of the beautiful Texas Hill Country. Kerrville is a popular retirement destination

Scenes from the Pandemic

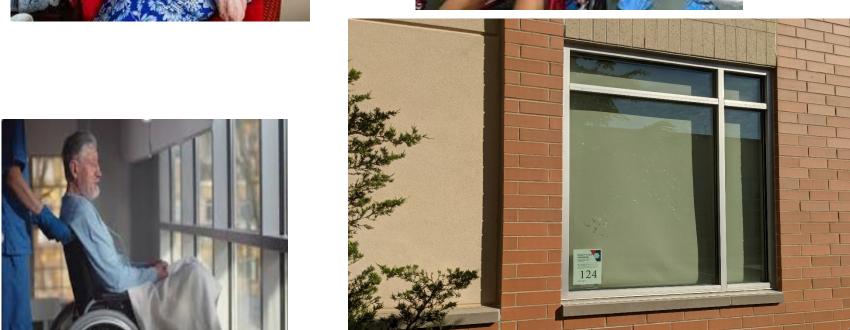
elevating**health**





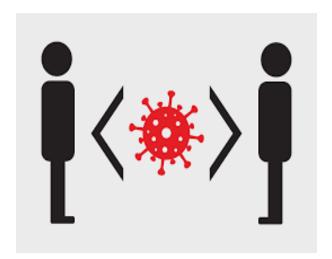






Early Pandemic

- Focus was on keeping our patients safe
- Safety = protection from others
- Protection from others = isolation



Technology

 Mobile communication technology helped to promote and facilitate communication during visitation restriction

 However, many seniors did not have access to tochnology

technology



Technology Barriers

- Some seniors are not comfortable with or do not own a mobile device
- Research indicates only about 60% of seniors own a smart phone
- Technology ownership decreases with lower income or advanced age
- Some hospitalized patients are not able to use a smart phone or cell phone due to reduced physical function or cognition

SPOT Report

- The SPOT Report is a template which ensures that communication with families is structured and predictable
- Easy to use--does not require staff training or intensive preparation
- Customizable for each patient. Sensitive to HIPAA requirements

Getting Started with a Communication Plan

- Determine who the contact person will be
- Verify the contact phone number
- Agree on a good time to call
- Review and familiarize the stakeholders on what information will be reviewed in the SPOT report
- Suggest family prepare their questions in advance



SPOT Report Tool

00						
Patient name and room number						
Spirit						
Pain						
Overall medical status						
Treatments						

S-SPIRIT

- How is the patient's spirit?
- What is their mood like?
- What support is available?

P-PAIN

- How is their pain today?
- How is it being controlled?
- Is it getting better or worse?

O-Overall Medical Status

- Some examples of information provided:
 - Pending tests
 - Test results
 - Have there been any medication changes?
 - How well is the patient sleeping?
 - How is their appetite?

T-Treatments

- Therapy progress (PT, OT, ST, RT)
- Caths, bladder, bowel
- Blood transfusions

On-going Benefits of the SPOT Tool

- We continue to use the SPOT tool even as COVID numbers improve and visitation restrictions are eased
- Applicable to out-of-town families and family members who are not able to visit (example: folks who don't drive)
- Overall reduction of outside calls to nurses (i.e., time saving!)

OUR JOURNEY THROUGH THE PANDEMIC

Creating a safe environment of care during the height of COVID-19

Firas R. Zabaneh, MT (ASCP), CIC, CIE, MBA, FAPIC 06/15/2021



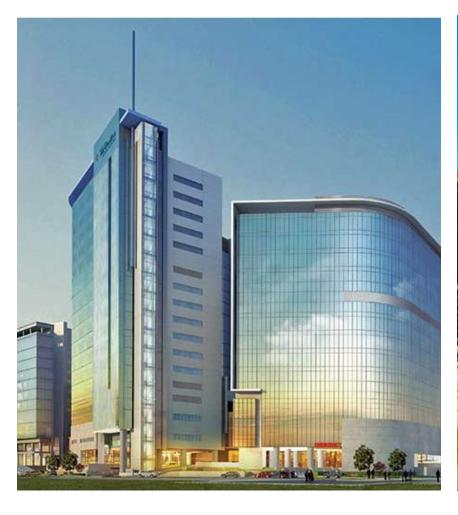


- Founded by the Methodist Church in 1919
 - 8 hospitals 2,541 operating beds/ comprehensive residency program / 8,268 affiliated physicians
 - Academic research institute
 - Specialty Physician Group with 775 physicians at 164 locations
 - Primary Care Group with 148 physicians at 39 locations
 - Affiliated with Weill Cornell Medicine, New York
 Presbyterian Hospital and the Texas Annual
 Conference of the United Methodist Church



Houston Methodist Hospital











HM Sugar Land



HM Willowbrook



HM West





HM Baytown



HM Clear Lake



HM Woodlands

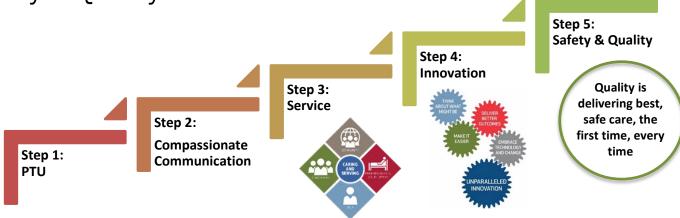


HM Continuing Care - LTAC



OUR MISSION

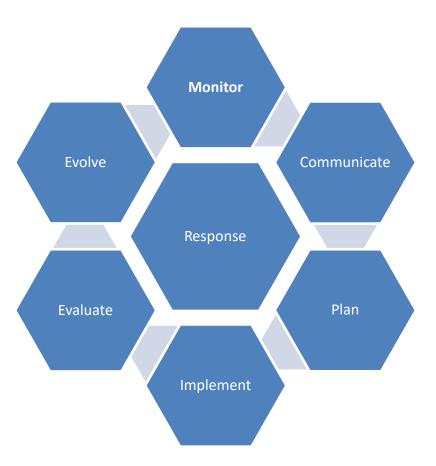
- To provide high quality, cost-effective health care that delivers the best value to the people we serve in a spiritual environment of caring in association with internationally recognized teaching and research.
- Guided by our I CARE values
 - Integrity, Compassion, Accountability, Respect, Excellence
- Pathways to Unparalleled
 - Step 5: Safety & Quality



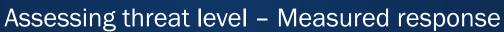
Our Journey Through the Pandemic



- Lessons learned from previous outbreaks
 - 2003 SARS-CoV-1
 - 2009 H1N1
 - 2013-2016 Ebola-West Africa
 - 2018-2020 Ebola DRC
- Emerging Infectious Disease Response Plan
 - Monitor, Communicate, Plan,
 Implement, Evaluate, Evolve
 - Collaborate in every step The value of relationships



Monitoring



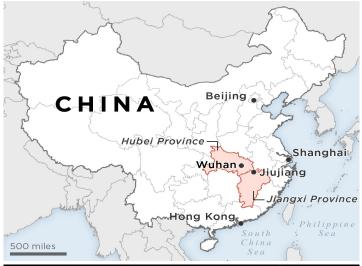


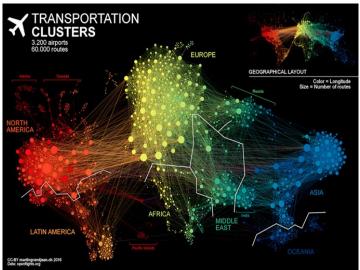
- Routinely monitor emerging infectious disease outbreak alerts and information
 - CDC, State Department, HAN alerts
 - FDA, EPA
 - Pro-med Daily alerts related to human and zoonotic diseases
 - Global Biodefence, CIDRAP, MSF (Ebola), NETEC
 - WHO, World Meter, Johns Hopkins
- Monitor national and international guidelines Rapid changes as conditions develop
 - CDC multiple websites (COVID-19, NIOSH, Emerging infectious disease journal)
 - WHO, Health Canada, Queensland Health, MSF, NETEC

The Outbreak



- ProMed Outbreak Alert 12/30/2019
 - Undiagnosed pneumonia in humans – Wuhan, Hubei province
 - Official alert to medical institutions
 - "South China Seafood Market in our city has seen patients with pneumonia of unknown cause one after another."
- Houston, we have a problem





https://www.visualcapitalist.com/air-traffic-network-map/

Initial Response



- Communicate with all relevant stakeholders
- Develop protocols for screening at all points of entry (EMR screening tools, algorithms, forms, etc.)
- Monitor alerts and communications from reliable sources
- Prompt response to changes in conditions
- On-call IC resources to address concerns
- Collaborate with public health authorities (local, state, and CDC)
- Monitor PPE supplies and engaging vendors as necessary – supply chain
- Surge planning



Volunteers disinfecting a housing complex in Taizhou, a city in China's Zhejiang Province that has had many coronavirus infections.

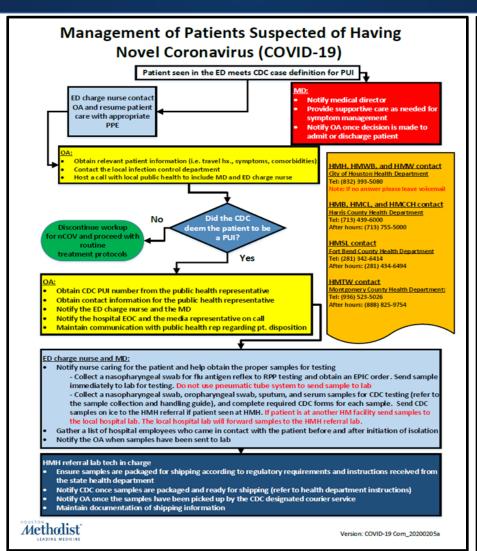
Credit...China Daily/Reuters/NYT 2/15/2020

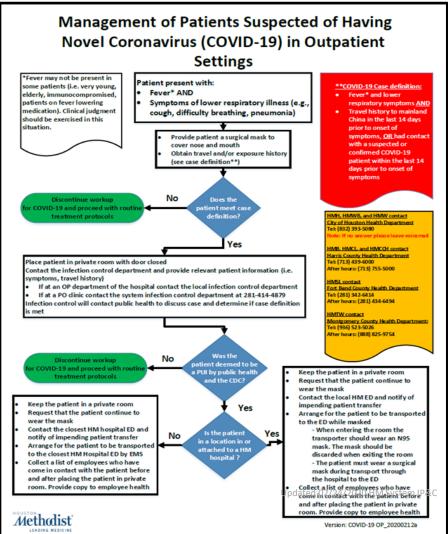


South Korean soldiers wearing protective gear move to spray disinfectant as part of preventive measures against the spread of the coronavirus, at Dongdaegu railway station in Daegu. PHOTO: -/AGENCE FRANCE-PRESSE/GETTY IMAGES/ WSJ/ 2/29/2020

COVID-19 RESPONSE PLAN







First Patient



- First screen with potential PUI 1/24/2020
 - Patient with travel history to China
 - Raised many concerns related to public health readiness to respond
 - No clear directions from local public health
 - No clear directions from the state health department
 - Difficulty in communication with the CDC (sample collection, transport, paperwork, timeline for results, etc.)
- First COVID-19 patient 3/3/2020
 - Patient with history of travel to Egypt
 - Presumptive positive by city health lab

System Incident Command

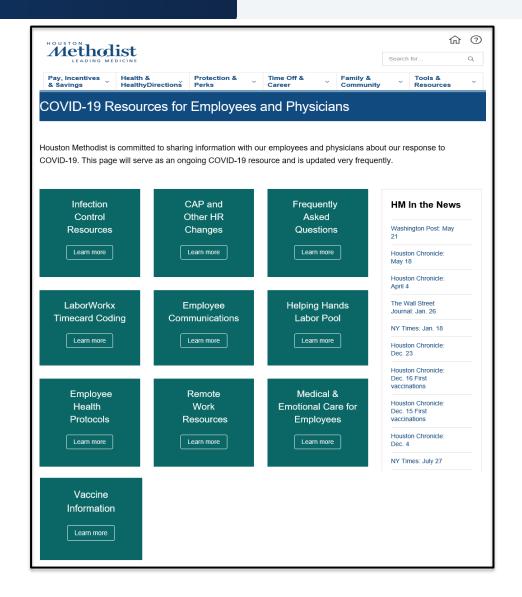


- Started 1st week of March 2020
 - Unified response
 - Single source of information outflow
 - Representation from all stakeholders
 - Breaking down the silos
 - System directions to individual facilities
 - Feedback from facilities to system
 - Standardized processes for patient care (i.e., infection control, and treatment practices)
 - Collaborative dialogue and actions among relevant departments

Sustained Response Communication

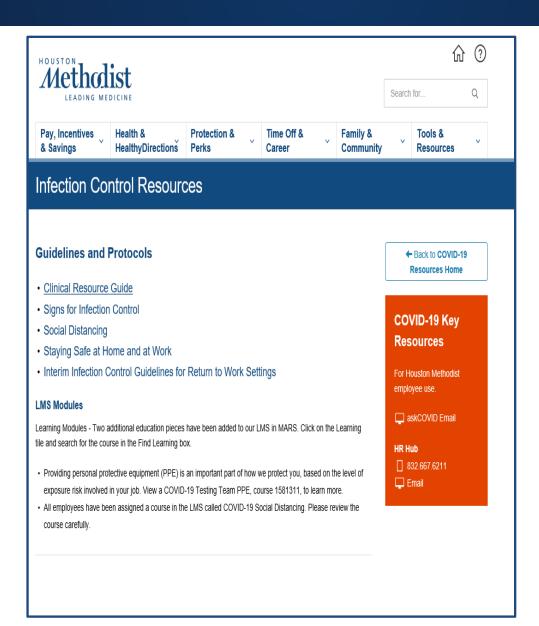


- Multimodal
- COVID Resource Guide
 - Internet access
 - Modules relevant to all stakeholders
 - Infection control module outline standardized processes
 - Infection prevention processes
 - Treatment algorithms



Sustained Response





COVID-19 CLINICAL RESOURCE GUIDE



- PPE Updated: 04/21/2021
 - Disposable Gown

Competency

- Face Shields, Masks, Respiratory & Eye Protection Updated: 04/12/2021
 - N95 Respirator Seal Check Procedure
 - Extended Use Mask
 - Respiratory & Eye Protection: Assessing Functionality, Disinfecting, and Donning/Doffing
 - Respiratory & Eve Protection Competencies
 - Face Shield Guidance
- Infection Control Guidance
 - Interim Guidelines for Return to Work NEW
 - o Isolation Changes for COVID-19 Patients
 - Precautions for Patients Confirmed or Suspected to Have COVID-19
 - Infection Control Guidance by Location
 - COVID-19 Isolation Signs
 - Respiratory Therapy Sign
 - Isolation Practice Changes
 - Outpatient Care Guidelines
 - Personal Protection Pod Tip Sheet | Video
- Visitation
 - Visitor Policy
 - NICU Visitation Guidelines
- Environmental Cleaning/Disinfectant Material Updated: 6/15
 - COVID-19 Environmental Cleaning
 - COVID-19 Approved Disinfectants
- Clinical Algorithms Updated: 8/18
 - o AGP Risk Mitigation Guidelines for Respiratory Protection
 - Respiratory Protection FAO
 - o SARS-Cov-2/COVID-19 Treatment Algorithm
- Pressure Injury
 - o Self-Positioning Guidance for Patients English | Spanish
 - Prone Positioning Guideline for Non-Intubated Patients
 - Houston Methodist ICU Proning Algorithm
- Miscellaneous Documents
 - COVID-19 Collection Kits Laboratory Medicine
 - o Houston Methodist Clinical Trials Active and Enrolling Patients
 - Valet Guidance

Guides and Tools



Precautions for Patients Suspected or Confirmed COVID And Core Pixel No. Was No Annood Center Ry Procedure. No. Annood Center Ry P

Please follow proper respiratory protection protocols indicated by the patient's current condition. Once room clearance time is achieved, please remove this document and return to the nursing unit.

STOP

AEROSOL THERAPY IN PROGRESS

STOP

START TIME:

STOP TIME:

Poon decrease is achieved 15 minuse dur du supp time.

HOUSTON

LEADING MEDICINE

Amondating Procedure - Institution and related procedures (manual ventilation and suctioning): CPR- bronchoscopy endopsy intermittent Aerocalization - Nebulizer/PP I realments (metered does inhales recommended intend, however need to work with Pharmacy); Bronchoscopy procedures, Intubation, Possibly while ventilator components are changed if flow cannot be suspended Continuous Aerocalization - High Tidow devices (truch collaiss, face tents, etc.); Headed high Tidow devices, BPAP/ICPAP, Non-invessée positive pressure ventilation, Continuous nebulizer treatments not on vents

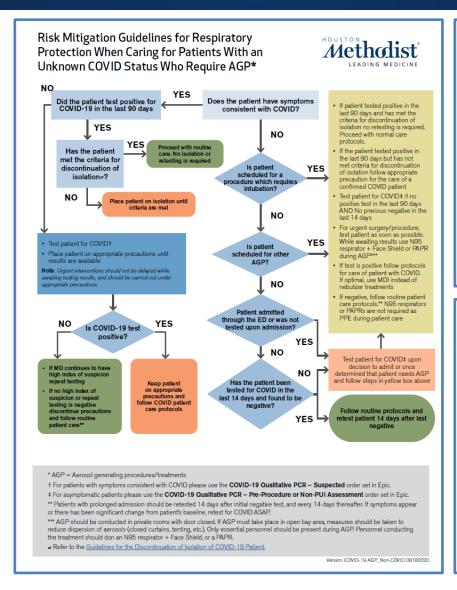






Algorithms and Tip Sheets





Donning PureFlo with Visor for Airborne Isolation

This respirator cannot be used in areas where a sterile or aseptic field must be maintained as it may allow hair and skin flakes to escape onto the field.

1. Don Face Mask

a. Don an ear loop or surgical mask under the visor for source control.

2. Don PureFlo with Visor

- a Remove makeup b. Perform hand hygiene and turn or
- the unit c. Place the head cover on.
- d. Press and hold the knob while turning to loosen or tighten the harness.
- e. Close the shield by pulling the tab on the face seal. Ensure the face seal is pulled under the chin and is not twisted or folded.



1. Doff PureFlo with Visor gloves.

a. Perform hand hygiene and don

- b. Prior to doffing the PureFlo ask a buddy to disinfect any visible contamination on the visor. Use as many wipes as necessary.
- c. Lean slightly forward, pull the loop under the chin, and lift the visor up and away from the head
- d. Remove the head cover, turn off the device and place on a clean surface.
- e. Doff gloves and perform hand hygiene.
- f. Begin decontaminating the PureFlo unit.



Since our hospitals moved to extended wear, the same face mask will be used for an entire shift unless it becomes damaged, soiled or wet. Discard the face mask at the end of

Doffing PureFlo with Visor for

Airborne Isolation

Donning Versaflo with White Headcover for Airborne Isolation

This respirator cannot be used in areas where a sterile or aseptic field must be maintained as it allows hair and skin flakes to escape onto the field.

1. Don Face Mask

a. Don an ear loop or surgical mask under the headcover for source

Don Versaflo with Headcover

- a. Remove makeup.
- b. With assistance from the buddy don the device belt with the fan assembly
- c. Connect the hose to the PAPR headcover, don the headcover and ensure the harness is securely positioned around the forehead and the back of the head.
- d. If fogging occurs, increase fan speed on PAPR and confirm the hose is connected and has no kinks, leaks. or obstructions.



Doffing Versaflo with White Headcover for Airborne Isolation

Doff Versaflo

- a. Buddy and caregiver perform hand hygiene and don gloves.
- b. Buddy disinfects any visible contamination on the head cover.
- c. Caregiver turns back to the buddy. Buddy holds the blower assembly while caregiver unbuckles the belt.
- d. Caregiver leans forward and removes the head cover by pulling the loops at the top of the device and under the chin and lifting up and away from the head. Caregiver hands the head cover to the buddy. While holding the blower assembly with one hand, the buddy should grab the head cover from the caregiver.
- e. Buddy turns the unit off.
- f. Buddy and caregiver doff gloves and perform hand hygiene.
- g. Begin decontaminating the Versaflo unit.

Since our hospitals moved to extended wear, the same face mask will be used for an entire shift unless it becomes damaged, soiled or wet. Discard the face mask at the end of your shift. 31







Cleaning and Disinfection





Approved disinfectants
Rapid decision based on EPA
registrations and IFU to
address shortages of supplies

Tip sheets
to guide cleaning
practices in specialty
areas





- PPE IPC/SC/CSPD
 - PPE inventories
 - Identify and procure alternatives
 - Evaluate new supplies for suitability – FDA approvals, ASTM rating, AAMI rating, etc.

- Extended vs. reuse
- Disposable vs. reusable
- Innovation
 - Reprocessing of N95 masks testing and validation
 - Alternate devices/enhanced protection







Innovation













- EMR Epic
 - Infection control documentation in MR
 - Public Health reporting
- Supply Chain
 - Biweekly meeting with corporate SC PPE check point
 - Weekly supply chain check-in meetings Includes hospital SC
- Environmental Services
 - Cleaning and disinfection
 - Cluster response



- Facilities Management
 Services (FMS)
 - Patient care area –
 negative pressure, physical space
 - Non-patient care areas –
 waiting rooms, conference
 rooms
- HM Scientific Committee
 - Vaccine
 - Evolving research







- Training
 - PPE utilization Donning, doffing, PAPR utilization, etc.
 - Settings conventional vs. HIDU
- Competency validation
 - Direct observation during train the trainer sessions
 - Competency validation documents for trainers to use
 - Routine rounding in clinical areas









- Surveillance program
 - Routine testing of staff high risk vs. low risk
 - Great indication IC interventions are effective
 - All hospital locations with extended hours
 - Targeted interventions
- Active contact tracing
 - Added 6 FTE
 - Prompt identification of contacts and quarantine
 - Paid PTO



- Outpatient care settings
 - Creating safe environment during the pandemic exam rooms, waiting rooms, procedure rooms
- Monoclonal antibody therapy
 - Setting up clinics Work settings, workflow, PPE, etc.
 - Inpatient and outpatient
- Vaccination program
 - Employees and medical staff
 - Vaccine hub for the community
 - Community outreach

Sustained Response Evaluate / Evolve



- Review emerging science related to COVID-19
 - Pre-prints
 - Peer review research/studies
 - Rely only on reputable publications
 - AJIC, JAMA, NEJM, Cell, Nature, MMWR
- Share relevant information with leadership and system incident command
- Provide recommendations based on best scientific judgement
- Create or modify guides, tools, algorithms, etc.
 based on consensus
 - Competency documents

Lessons Learned



- Systematized unified response is the gold standard
- Explore alternatives to recommended practices and implement rapid modifications
 - Operational barriers buddy system, HIDU settings
- Increase rounding frequency challenging
- Prepare to respond to multiple crises
 - Hurricanes
 - Flooding
 - Water shortages and outages
 - Global shortages of PPE
 - Concurrent epidemics/pandemics

Healthcare Quality and Safety

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