

#### **Inside Out**

Volume 10 Article 1

Inside Out, 2020

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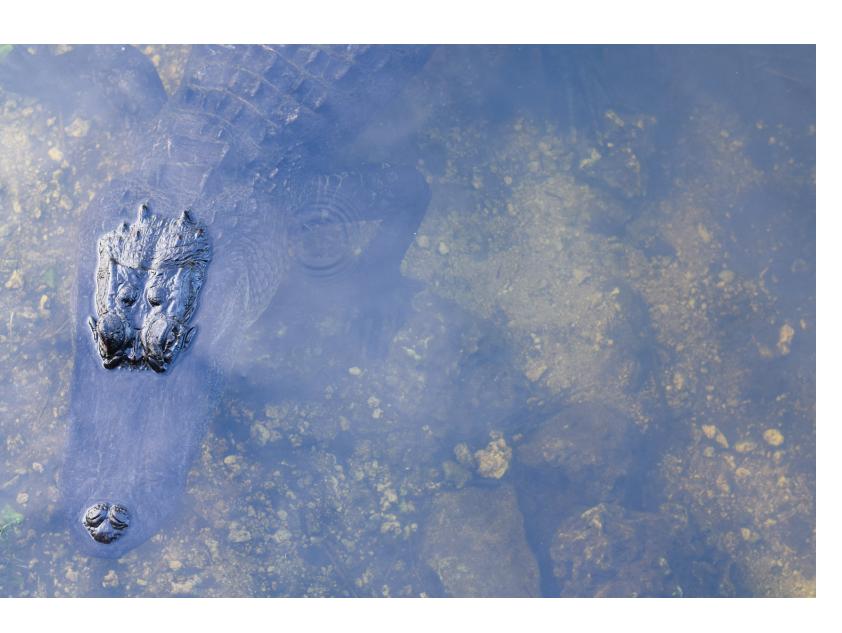
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Everglades Benjamin Chipkin Photograph

## Inside Out

Jefferson Literary/Arts Journal

Chief Editors: Danielle Crabtree and Preeyal Patel

Artistic Director: Sophia Lam Literary Director: Ben Barnhart Production Director: Cara Mergner

Editors:

Amy Baumgart Jenny Chan Brittany File Ashley Foreman Rhianna Hibbler Alicia Kenyon Rae Lambert Alisha Maity Madeleine Norris Madeline Russel Malya Sahu Kathryn Sommers Zoe Wong et al.: Inside Out, 2020

### Foreword

Welcome to the 2020 issue of *Inside Out*!

*Inside Out* is the literary and arts journal of the Jefferson student body. As such, it gives voice to our scholars as they migrate through their educational experience at our University. The creativity and vision of our students is featured within the pages of this book. Showcased is student work that was created in the intervals between classes and notebooks, dorm rooms and city streets.

Please enjoy this issue of *Inside Out*, as our students offer a unique view of their world using images, colors, words and light.

Charles A. Pohl, MD Vice Provost of Student Affairs at Thomas Jefferson University Vice Dean of Student Affairs and Career Counseling and Professor of Pediatrics at Sidney Kimmel Medical College at Thomas Jefferson University

### Editors' Statement

At the close of an inspiring and unusual academic year, we are elated to present to you *Inside Out 2020*: our animated and unpredictable collection of visual art and literature. Each year, this publication spotlights the mundane and magical moments of life for students, researchers, and professionals in the Jefferson community. This year, we celebrate those bright individuals who place memory in conversation with hope, who give witness to life in cycles of death, and who praise the rain as well as the sun. In stillness and storm, our artists question what it is to love and how to let go. We hope you smell those hints of home, taste those bites of despair, and in doing so, find humanity in the tension.

We are thankful to all the talented people who make up this magazine, and we are humbled to share their contributions with you.

Danielle Crabtree & Preeyal Patel Editors in Chief

Benjamin Barnhart Literary Director Cara Mergner Production Director Sophia Lam Art Director

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### **Submission Information**

Inside Out is a presentation of artwork, photography, short stories, poems and essays that is published annually. All full-time and part-time Jefferson students are welcome to submit work and to apply to serve on the magazine's editorial board. Submissions may be emailed to Dorissa.Bolinski@jefferson.edu. Photographic submissions should be saved as a .jpeg file using the highest resolution possible. Artwork should be photographed from a direct angle, without glare or visible background, and saved in the same manner as photographs. Artists who submit non-photographic material will be given the opportunity to have their accepted pieces professionally photographed by a Jefferson photographer in order to assure the best presentation in the printed magazine.

All submissions will be reviewed anonymously; not all submissions will be printed. Please note that entries will be judged as submitted; *Inside Out* will not crop, sharpen or otherwise adjust an improperly-saved graphic submission.

Manuscripts (prose, poetry, translations, short plays, etc.) should be submitted in a Word-compatible document, and saved under the name of the piece (or "untitled," if applicable).

All submissions must be accompanied by a separate cover letter document containing the following:

- Author's or artist's name
- Email address and local phone number
- College, department or undergraduate program and year in school
- Genre/medium and title of each submission

View the online version of *Inside Out* at: jefferson.edu/university/campus-life/inside-out.html

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Benjamin Chipkin



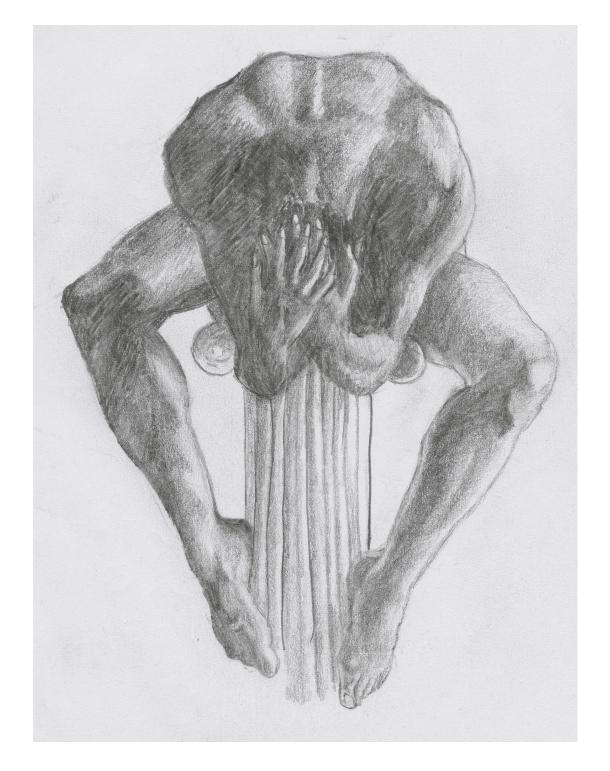
Wild Bill
Chen Zhou
Oil on canvas

## Part One

## Winter

#### Begin Again Daisy Zhang

When the temperature is below freezing, You know there must be flowers that bloom in the winter You view the camellia and the honeysuckle and the holly bushes And wonder how they fare under the ice chips Over the snow mounds They dot crimson against a white landscape On our foreign streets In this little neighborhood They call you the sunshine And your voice the trickling stream You visit once a year But every year I wait— And the winter air feels cold against my skin As the peace washes over me And I feel myself begin To bloom.



*Grieving* Sonali Koduri Drawing



*Insomnia* Brittany File

Sleep settles on my nares,

> dares to tickle me back to vigilance with a slow breath that

snakes

from

the base

of my

lungs

to the farthest,

darkest corner of this room.

I walk around my mind, shutting off the lights

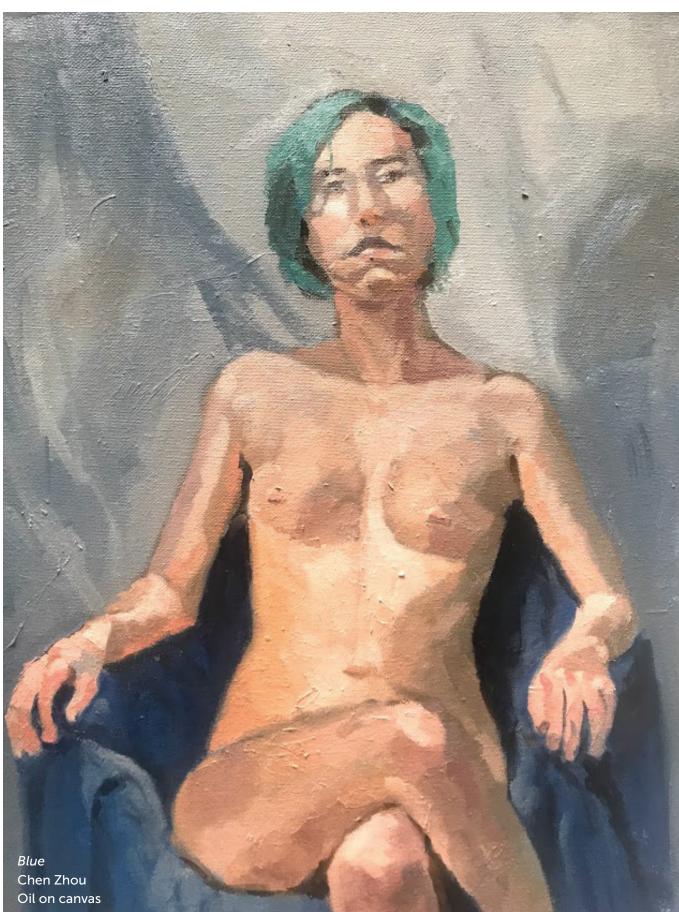
as I go;

they follow me.

Until I'm standing alone in the darkness;

the warm breath of their whispers tickling my ear.

We have so much to talk about, you and I, your sheep won't save you now.



*Undone* Hana Chamoun

SHE IS UNDONE RAW AFLAME

THE LAST GLINT OF EMBERS WARY TO REIGNITE

EXHAUSTED FROM SELF IMMOLATION THE BURNING AND THE PAIN

THERE IS NOTHING LEFT TO GIVE NOTHING LEFT TO CONSUME

HERE SHE LIES CONTENT TO LANGUISH AND SILENTLY DIE OUT



*Egg* Zoe Wong Oil

Two Weeks Hana Chamoun

IT'S NOT FAIR YOU GET THE SKY
EACH TIME I LOOK
HEAD & HEART TURNED UP, ARCHED &
OPEN

IT'S YOU IT HAD TO BE YOU

YOU TOLD ME 2 WEEKS
YOU TOLD ME AND I WEPT
SILENTLY, TO NOT DISTURB
THE UNTIMELY PERFECTION
OF TWO LIVES COLLIDING

RIGHT BEFORE AND NO SOONER THE COSMIC CRUELTY OF KARMA'S REVENGE

NOW WORLDS APART STRANGERS AS WE BEGAN IT'S NOT FAIR YOU GET THE SKY BOTH MINE AND YOURS

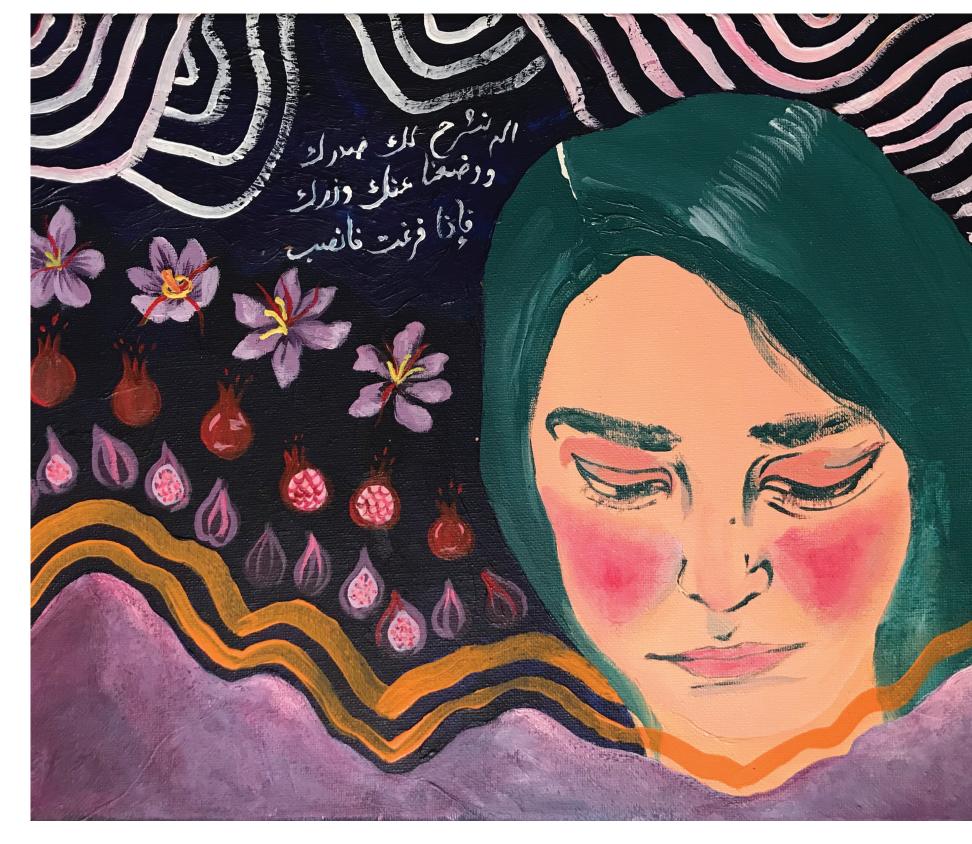
NOW I LIE BENEATH YOU AS ONE DOES UNDER THE STARS

PULSING ACHING WONDERING

WHAT WAS
WHAT COULD HAVE BEEN
WHAT WILL BE

THE STARS

& ME



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Expansion

Zaynab Sajjadi

Acrylic on canvas



Connections Across the Deep Beverly Anaele Photograph

## *Lifeflight*Bryce Eng

The drumbeat of its wings whisked sky into flurry hovering above me on an ethereal plane

With roar swayed aspen leaves danced in rhythm and the ground pulsed with vigor beneath my feet Talons reached out clutching the weak a mother clenching her young to her breast

Whereas I wandered below lost in my to-do lists ill afford to confront the rhythm raging in my own chest

## Compartmentalizing Brittany File

I package you neatly

fold your corners tightly

and eye your plot;
the third shelf
from the top.

You must stop falling from here.

l stretch

as far as my calves allow,

l strain

to hoist your burden above my head,

and shove you to where the dust persists.

I know you exist,

but I don't want to see you.

A knot makes a home in my throat;

I'll wait for the dust to settle.





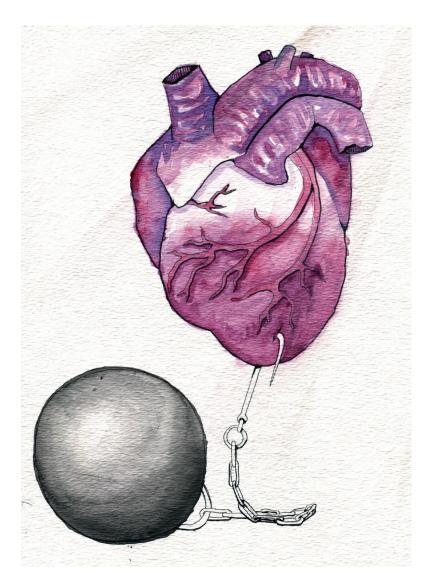
## The Cardiologist John Miller

Wakes to the sound of his dog's insistent rhythmic footsteps beating against the wood in the atrium below his bedroom.

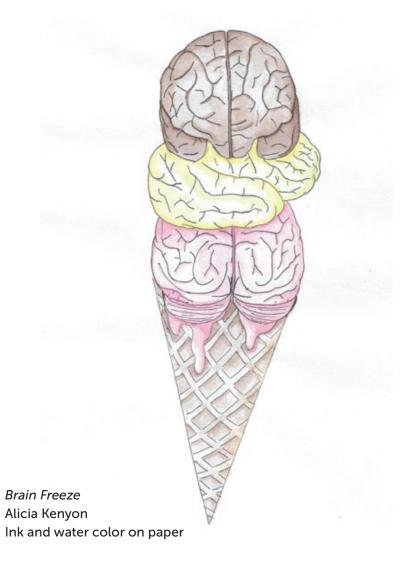
Outside, the sun resumes its mechanical journey, circling around the earth's axis — the way a gear pushes time in a clock.

In the hospital, he delivers diagnosis after diagnosis. He has seen these cases, these symptoms, many times before, and so he goes about the days, circling from room to room, prescribing this and that like a bird tethered to a ceiling fan.

Returning home, the walls appear to have relaxed, embracing his return from work. He clambers back into bed, exhausted, and waits for the sun and his dog's certain footsteps to signal the next contraction to push him through this circulatory loop.



Heavy Heart
Kelly Abramowitz
Watercolor
https://jdc.jefferson.edu/insideout/vol10/iss1/1



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## The Anatomy of Depression Jenny Chan

She knows nothing of the abstract but begins to gather dust between her pearly bones. She hears that there are infinite universes but knows that infinite is indefinable; infinite is boundless. Infinite are the dancing girls who open their skins to view the beauty they believe to be buried within. When she rests, she awaits a glamorized motion picture displaying vast versions of herself that she could never conjure with her wretched imagination. In some, she is void ceasing to exist and thus never annihilated. But when she wakes, she is reminded of unavoidable entropy in a cycle where Life adores Death and Chaos is a lonesome dwelling that fiercely distorts reality – its ghouls constantly whispering of the unknown: do you believe in humans? In others, she is everything. As she nears the epiphany of being, she liberates fear of the mundane. But when she wakes, she is a mere freckle of existence residing in a vast vacuum orbiting a ball of flame. She lives a life that is sparsely contrived and awfully predictable, and it is with this seemingly fickle absurdity that she realizes that with infinity, everything that could be, is.

et al.: Inside Out, 2020





## To be Learned Noah Christian

Four walls and a heater sound warm but neither protect me from the distance nor the bitter

Cold that comes along as I crane my neck long to cram, study, and pray that I can see

With my meticulous notes, side by side with these tomes to learn from masters that I'll never know.

My window overlooks the people in my books and maybe, someday I'll see.

Strewn upon my desk; figures, notes, texts, drawn in perfect confusion and color.

Yet somehow these miss the complex simpleness of the human that is

On paper, blood doesn't move The veins aren't actually blue Nerves don't glide on endlessly. And notes cannot fully tell the differences in smell of C. *diff* from the perforated bowel.

Reviewed studies show to not kink the flow of the patient before I open my mouth

Yet no written word, can speak and be heard what the first cry conveys

Diagrams for hand placement do not capture what is meant, while holding one for the last time

So when will I learn to trust what can't be earned unless I walk each step with you

I walk and walk and walk and talk and talk and talk just to be with you and heal

## The Parting Zoe Wong

A stranger greets you at the door
How can I let go of your hand?
Snow, a cold air lashes my core.
A stranger greets you at the door
Sunlight peaks through, it warms my sore
and soothes you as you stand.
A stranger greets you at the door
I let go of your hand.



#### Becoming Anonymous

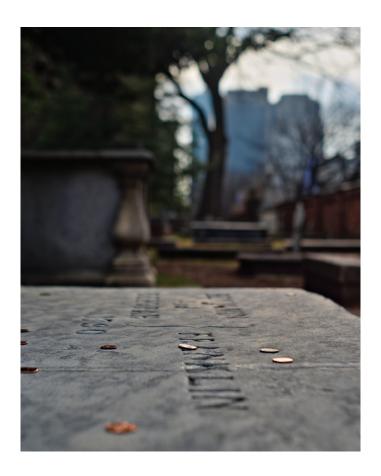
Between the sirens and the car horns on a warm summer night, sometimes I forget where I am, and a cool breeze will cut through the heat of the evening faded lights and I will smell the salt and seaweed of the old seashore park we used to haunt and climb the towers that were built to win a war that never came.

Fear does funny things to a person.
Concrete gets poured and young men get stolen straight off the boardwalk, their families cloaking terror in the strikes of glowing anvils of pride.
They were born to save our nation from the chemicals and the bomb blasts and the fires that burn through the night. They carry heavy fate on their backs and I wonder if they knew their service in the sandboxes of their youths.

The towers stood like statues for our learning curves, draped in old vines and shrapnel pine needles. But we swung around the spiral staircases and raced to the water's edge and traded stone throws under the sighs of gulls. We surely didn't know.

We didn't know the masks and stiff starch you need to wear to tower over the world at its ugliest and save what is left.

We didn't see the use in the cardboard walls we would come to need to box ourselves away from the days that we had faced.



Well Earned Matt Sears Photograph

#### Unreality **Brittany File**

Speechless

Air

falls

out

my

of

lungs

until my abdomen tenses and from my gut I scream back at your words

It's not ALS!

It can't be ALS.

My muscles work fine

it's just my tongue...

won't cooperate...

with my thoughts...

And your diagnosis

creates an inferno in me that only the frigidity of the air outside this exam room can extinguish...

> Until flames reignite

to make me acknowledge once again that I may

up

end

Speechless





## *Knowledge*Danielle Crabtree

The soldiers came home and spoke of the stench of death. I ask Peleus, What does death smell like?
He pauses, Imagine suffocating on lit blood.

Once, hot oil clung to my mother's hand while she made popcorn.
But there was no smell past her screams. I know
that when the hair dryer gets close to my head,
the lingering scent is a sister of hair smoke.
I read about the Phantom of the Opera
and assume when the fire reached his lair, the byproduct was sweet.

The closest I ever came to death was in a funeral home for my grandmother, and there, everything smelled like sanitized musk mixed with old pillows. And I realize I forgot the young die too, without cushions to catch them, violently.

I nod my head, feign understanding, my eyes full of the self-immolation of a monk I'd seen in a book once. The soldier recognizes the turning pages in my pupils, and smiles mercifully.



Still
Shea Andrews
Ceramics

#### I'm Sorry We Couldn't Save You Sarah Roselli

#### To my first overdose victim

It wasn't even my shift. It wasn't even my night to work. But when "30-year-old female; possible overdose" toned out over the loud-speaker, the night chief looked at me and pleaded, "Can you come? In case she wakes up...it would be good to have a female there so she's more comfortable."

I gave a quick nod as I pulled on my job shirt and zipped up my boots. When we left the station, dispatch told us it was possible CPR in progress, so we gathered our supplies: Narcan to reverse the effects of the drugs, an airway to keep your lungs open, a BVM to pump oxygen into your body, and an AED to restart your heart. It was our arsenal of weapons against death.

We pulled up to the scene, which was now swarmed with cops. "I think she's dead," muttered the detective.

We entered your apartment and danced over smashed beer cans, empty pill bottles, broken glass, and torn up newspapers, trying not to disturb the scene. I looked up and saw you laying on the couch. The first thing I noticed was how your legs were spread open; there was a blanket draped across the bend of your knees. My eyes worked their way up your body and saw one of your arms crossed over your stomach; the other was hanging off the couch as if it was grasping for help that came too late. You died reaching for someone, or maybe toward something.

Your mouth was opened as if you were crying out for help. When we tried to close your jaw, it wouldn't move. Your cells used up their last bit of energy to make your body stiff.

This was the first sign of death. (rigor mortis)

I put my hand to your neck in desperate search of a pulse beneath the tips of my fingers. I couldn't find one.

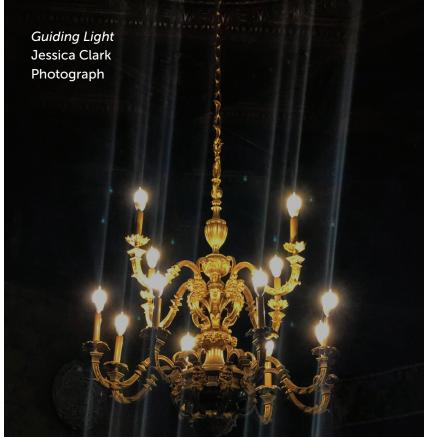
This was the second sign of death. (lack of spontaneous circulation)

When we rolled you on your side and lifted your shirt, we saw how the blood settled to your back. It stained your body different shades of white and purple, which followed the pattern of the wrinkled sheets beneath you. It had been a while since your blood was circulating.

This was the third sign of death. (lividity)

When the paramedics arrived, they pronounced you.

Every time the clock turns 0204, I think of you.



#### To the husband of my first overdose victim

Dead bodies are weird right? They don't look like they're sleeping. I don't care how many books you've read and movies you've watched, the dead don't look peaceful. I know you couldn't even look at her; I saw how your eyes stayed fixed to the mess beneath our feet.

I'm sorry you had to see her like that.

It was just a fight. Husbands and wives fight. God, how could you have known this would happen? It wasn't your fault. You didn't do this to her. It wasn't your fault, but I know for the rest of your life, you will feel like it was. I know you'll replay all your lasts: last hug, last kiss, last tears, last fight, last words.

Don't forget about all your firsts, too.

When the police finish taking pictures, you'll clean up the empty vodka bottles, pick up the broken needles, and sweep up the shattered glass. You'll neatly fold the clean laundry she forgot to take out of the dryer and you'll try to match all the pairs of socks right this time. Maybe you'll empty the dishwasher even though it's your least favorite thing to do; even though it was always her job.

I know the house will feel empty without her in it.

I know we were called because of your wife, but we treated two victims today. I know you were upset with us for not doing more. You were pleading with us to use the arsenal of weapons we left at your front door. You pounded your fists against the walls and cursed us and a god up above as tears fell and stained your cheeks. I smelled the alcohol on your breath when we tried to pick your limp body off the floor; you had finally given into the grief.

We did everything we could, but death settled in too quickly. I'm so sorry...

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We gathered the last of our supplies, obtained signatures from the officers standing guard at your door step, and pulled the sheet up over her face. The last thing we said to you before leaving was: "I'm sorry for your loss."

We're told to say it, but what a dumb thing to say.

I know part of you died with her. I know the idea of living in this world without her is unfathomable, but please promise you'll try. Try not to let the dishes pile up. Try to fold all of the laundry while it's still warm from the heat of the dryer. Try to pick your head up off the floor and look people in the eyes. Try to let the grief settle, and don't let the guilt stay too long.

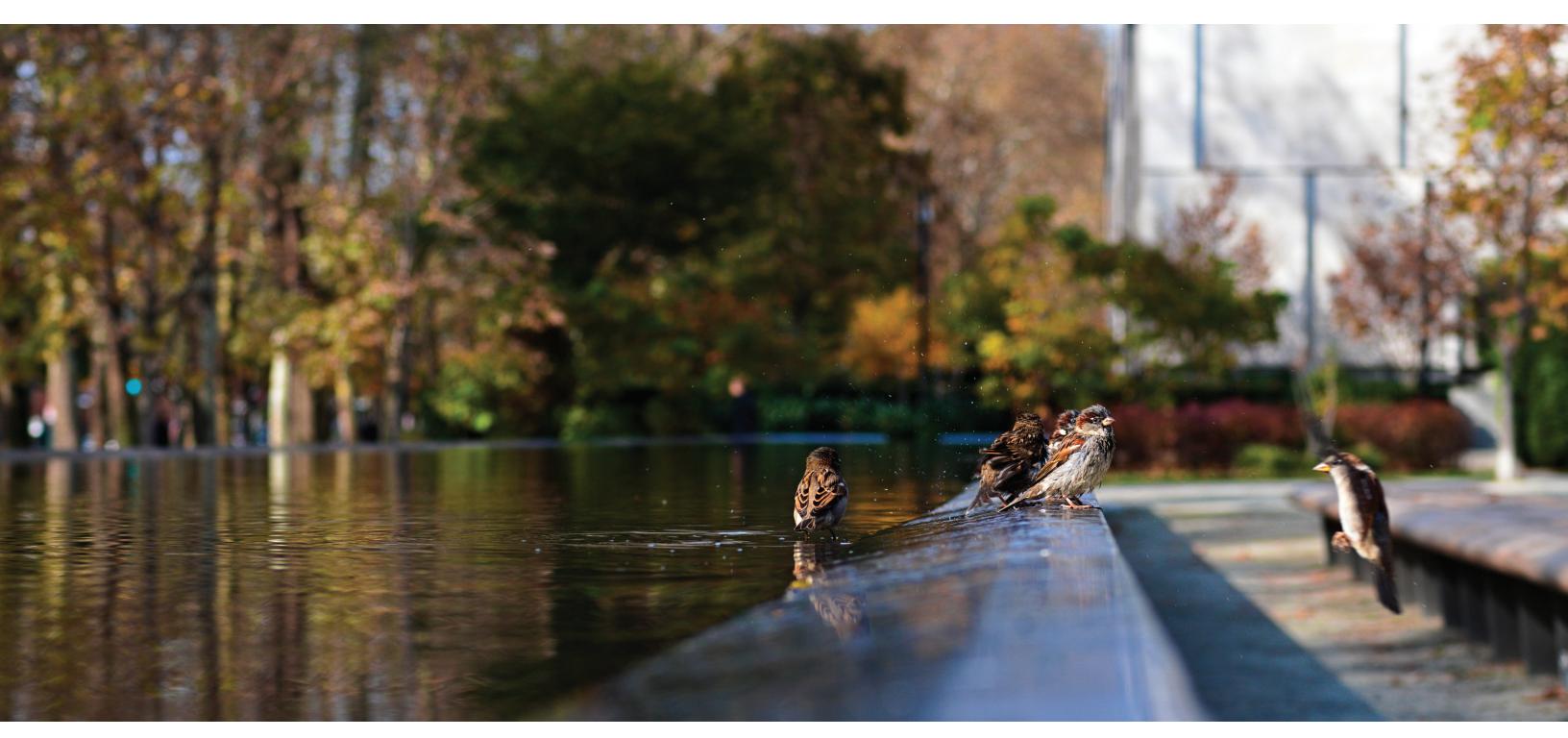
This isn't your fault.



# Part Two

# Spring

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*Group, Dynamic* Matt Sears Photograph

#### My First Poem for Me Emily Bucher

Some days i have this feeling
That I am an oyster, calm and rested
in the velvet valleys of the ocean floor.
Pearls, round and smooth
Cupped into the fold of my tongue,
UndisturbedOr maybe just unawareOf the water cresting above,
tugged on by moons, beckoned by stars

Some days I can let my shoulders fall away
Tie them back with a bow that is satin and silver
And let my chest rise and sit high
on top of my bones,
My feet making rhythm beneath it all
Carrying me forward, kissing grass
While my face is all sky.

Some days my curls are licked by the sun—
Gold and raveled and twisted by the finest spool
And finishing in a brown
that is the same color as the freckle
from my mother

sheet metal that doesn't so much Keep things out, But keeps things in— Things that are mine: The heart, beating

Some days I am all armor

The heart, beating
The mind, on its throne

The throat, ushering the words for my lips to form 'round.

And those days, a realization—
it comes first like gentle rain,
A just noticeable drizzle
Building to a storm th

Building to a storm that is some thunder (But mostly brilliant lighting)

—that those are the days I am most me.



Chameleon
Zoe McWatters
Watercolor, pen and ink

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#### Pluviophile Daisy Zhang

There is no greater pleasure than
Seeing the sky darken, greying in anger,
Doubled over
Stomach rumbling
Guttural growling
The starting drops are the
Tap

Tap

On the windowsill

Before the ratetat tat

That subsides into slow shushing

Soft, whispering

Against leaves, fading into trees

Teardrop curves

Trickling around cheeks,

And clinging to eyelashes

At the end of a rainfall,

Dew clings to grass blades,

Gleaming knives

Puddles hold the sky

Crisp and sweet

And light

At the end of a rainfall,

The world

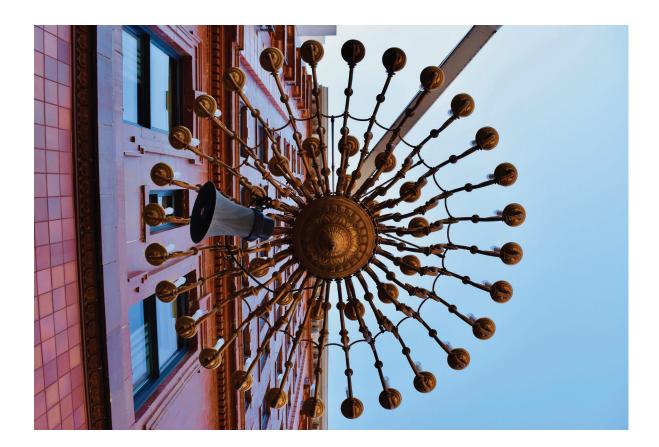
Seems to resonate

The final drops

Off a lonely drain pipe

Тар

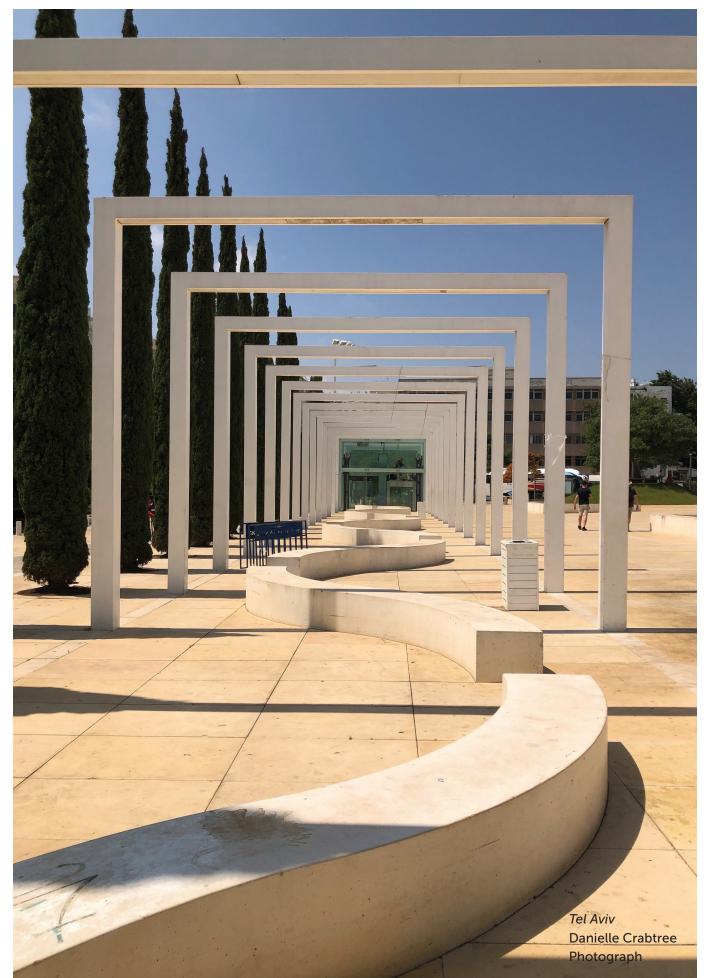
Тар.

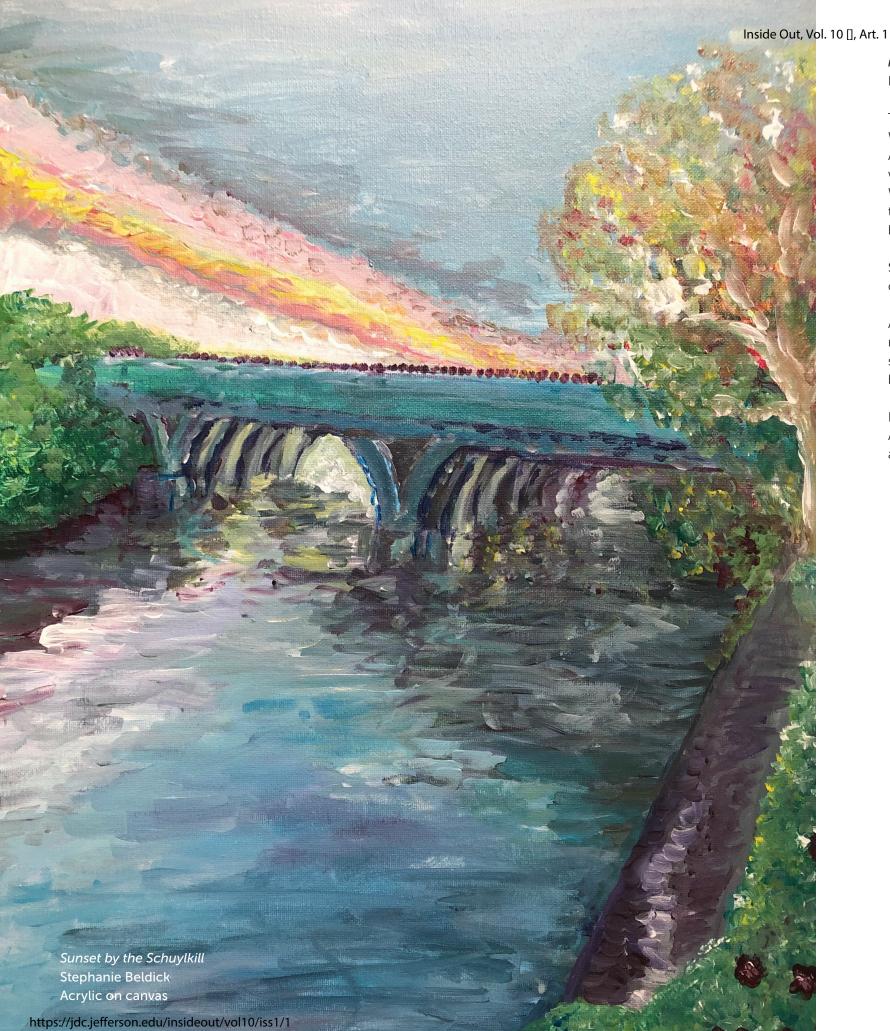


Perspective Erica Westlake Photograph

#### Unremitting Rain Emily Bucher

They say it's going to rain for the next 62 days. 62 days of unremitting rainfall. They say there is nothing we can do about it. They say that vinyl on the roofs won't help. They say neither will sealing every crevice and crack in our walls and doorways. They say that on the 41st day, it's estimated the ground will no longer be able to hold all the water. They say the oceans will spill over and reclaim the land they once receded from. They say the tide, replenished, will wash across the cities and that the buildings, loosened from the earth will topple like saplings. They say that our best bet is to build ourselves a sturdy canoe. They say oak is best but at this point, with the rain starting tomorrow, any old tree from the backyard should do. They say to hop in with or without oars and hope for the best. They say we will find ourselves scattered amongst strangers, drifting, in this new, giant ocean. They say we should embrace one another's language, find a common tongue, love one another's hair and song and skin fiercely. They say we should turn our cheeks to the sky and embrace this rainfall. They say this is the world, this is the world now and this is the only way to survive it.





#### *magnolia* Nava Barman

This flower between us, small, fragile, and blue. We held it tight.

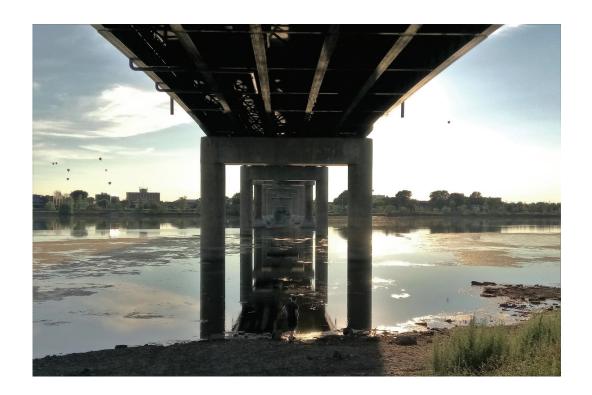
A memory, tugging at the roots we planted in our chest.

With every beat fell a petal, rocking slowly toward cracked earth below

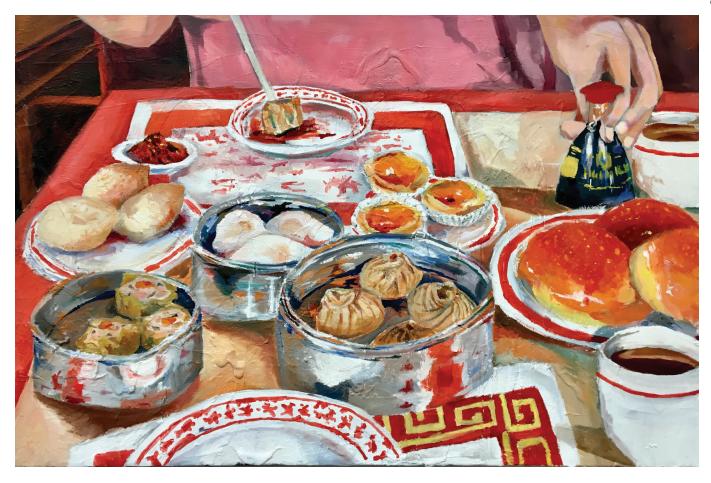
Sad, that the sweet water of Aspen streams could not replenish what has now become dark, purple and bent.

At night, lost in the never-ending war raging within my hippocampus rough dreams are softened by the scent of your magnolia.

It follows you, just as it always did. And for a brief moment, we hold our flower again and I have found my peace.



Into the Horizon Sophia Lam Photo



*Gramma*Zoe Wong
Oil

#### *Home* Emily Bucher

is where I let out my first exhale.
I imagine under certain light it
looks like the pollution
trapped in my lungs from the city;
Like the deep green waves of
all the things I've stuffed down this week.

I linger on the porch steps—
letting myself fade into the stillness of the night out here.
I breathe in the stars,
Letting the wind settle leaves and sweep them up again.

I'm not afraid to admit that dad still tucks me in. I wear his hug to sleep in the form of his cologne which seems to cling to my old t-shirt. Mom finds a way to etch a crevice into the mattress next to me, curling up just for a few minutes so she can part my curls to the side they don't belong on, smile down on the top of my head and tell me she missed me.

And when they're gone for the night,
Love suspends itself in the room above me,
swirls around with the ceiling fan,
hums along to the sound of my sister's toothbrush in the bathroom,
brings itself to the foot of the bed,
and sleeps right along with me.

## The Space Between Bryce Eng

The space between

you me

no longer stretches

and strains

but squeezes in

an embrace

This space still

swings from

pine to palm

yet tandem is

its nature

This space

I treasure

brings one

simple answer

together

We may move with the tides

And swim on our own

But no matter the story

I will always choose you



Sunburst Matt Sears Photograph



#### **Both Sides** Anonymous

Cat trips acid in the bathroom of the luxury high rise above the dull roar of the city below. She says if they're going to take her, she will go most alive, thrashing and spitting and tripping balls, finding new ways for them to be afraid of a brown girl.

But I look up from the bean bag chair in the living room and tell her that they never would, and she knows that I am right. She is not what they want. Her straight black hair and piercings and midriff outweigh her melanin in their eyes. She is a stark change from the woman her mother is, who shrouds herself in scarves and modesty.

And Cat leans against the wall of her artwork of lesbian sex acts that is showing in a gallery next week and she is a far cry from the man her father is, who touts tradition and worked his boring job right into this country. She has stomped around in her combat boots until they've lost their meaning and her parents cannot find much to say to the alien their daughter has become.

Cat stands in the hallway and stares past me with a look I cannot begin to unravel, with her golden tickets of rebellion and assimilation stuffed in her fists and she seems disappointed.

I am learning there are wars I cannot begin to understand.



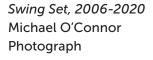
Betta Splendens Jessica Clark Marker and acrylic paint



## *Memories*Ashley Foreman

It's like my favorite smell: Books and old pianos. I love them. You smell it when you enter the room, Paper musk and sweetness of wood and dusty hammers. It's home to me. That feeling that twists in my chest just a little, An ache that reminds me of being a kid And being held and being safe. A long talk in dim evening lights. Firewood warmth and crackle laugh And just like that I'm back. Crystal stars and rising smoke And old stories over brandy in lawn chairs. Creaking forests that sway me to sleep, Warm mornings that stay late and burn hot. It's that simple and then it's not or I'd have it now. And it wouldn't mean so much then, would it? And today, many miles and years after, I am still searching for it. Something familiar, Something also like coming home.









*Lying in Wait* Sarah Roselli Photograph

## *Nightshade*Beverly Anaele

It came sealed through the mail, state-stamped logo iridescent, shimmering glittering glinting in the sun.

I was now part of an elite class C. A class of horn-honking parallel-parking road-raging pedestrian-hating civilians. I was free.

I now had the authority to start off conversations with how low the gas in this part of the state is, and you would not believe how much I had to fill up late last night, sis.

The license came in the mail.

But like all groups we create, an elite class within the elite class presented itself. Whatdoyoudrive? Howold? Howmanymilesand whatdotheseatslooklike? Whatextralightsyougot? Youpaidthatoff? Fully?

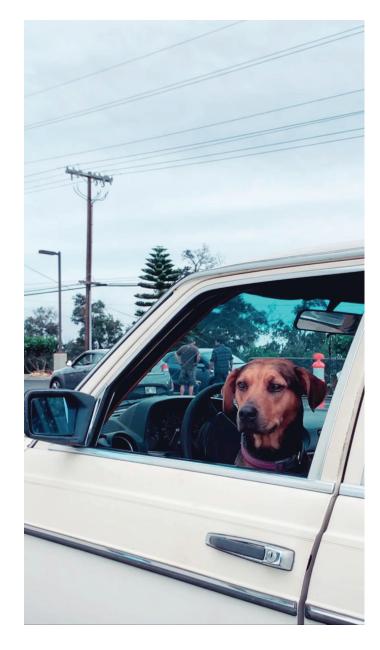
Still, my freedom came in the mail.

Without a second thought,
I slipped it into the front plastic clearing of
my nightshade wallet so that it would glow
beneath fluorescent white light bulbs.

#### I was free.

All memories of my life as a pedestrian, now washed away with every rotation of my tires. Proud to be a member of the blood-bound group I had just been sworn into.

After all, we are the elite class C.



*License, Please* Malya Sahu Photograph

## Commute Daisy Yan

It takes her seventeen and a half minutes to ride the Silver Line (no. 4 or 5) to Downtown Crossing, where she waits patiently between the 3rd garbage bin on the left and the pillar etched with squiggle of mossy graffiti. The smell of roasting peanuts tempts her not; she knows that the train doors will stop directly where she stands and deposit her neatly at the exit stairs at her desired stop. A small triumph that confirms her citizenship of her adopted city.

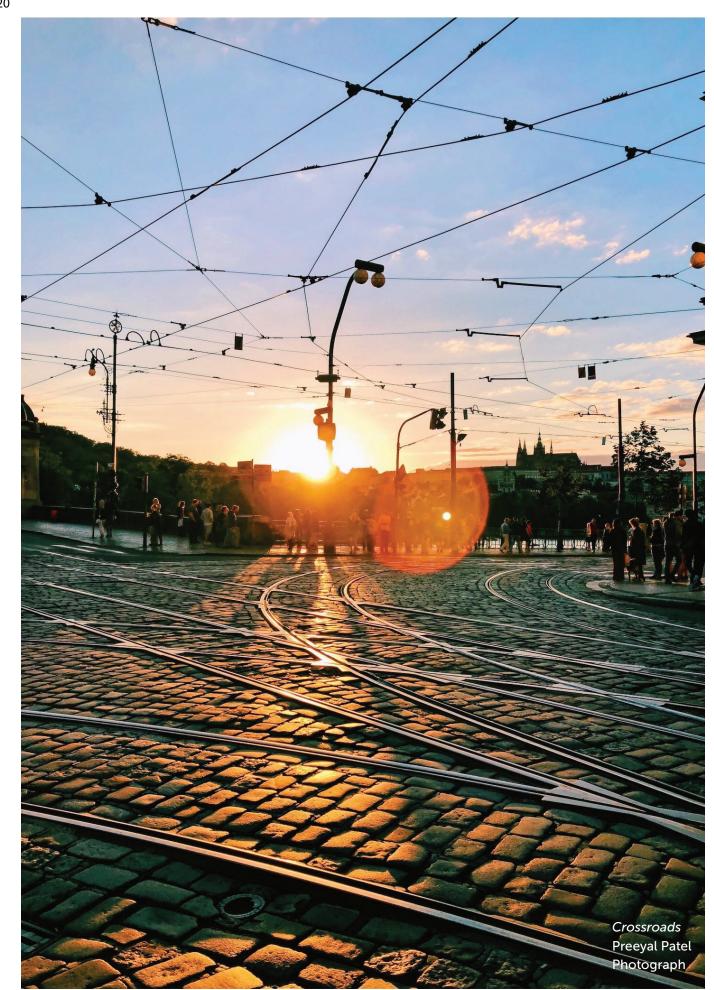
Thirty-five minutes and six stops later, she exits at Porter Square. Sometimes she climbs the double flight of stairs, an activity that presses the sweat between her cotton cardigan and backpack, leaving her back unpleasantly damp. Sometimes she takes the escalators and watches the huffing and puffing of those that choose stairs with an air of smugness.

This time of year, sunlight is weak and watery. By the time she exits the subway station at 6:47 pm, it is already twilight, with faint stars sprinkling the sky. The last leg of her journey is a brisk ten minute walk past a Thai restaurant, a construction site, and some spindly oak trees. But oftentimes that walk takes an extra twenty to thirty seconds. That's all the time she needs for the Cambridge School of Culinary Arts, an unassuming brick building that spans a whole city block. The school's name is etched in gold lettering on top, imparting a sense of solemnity and wisdom. The first story is paneled in a rich chestnut wood that frames the glass doors and massive windows.

Each spacious window allows for easy viewing of the bustling tableau within. Chefs are dressed head to toe in scalding white, with double breasted buttons marching smartly down their jackets. One is hovering over the stove, stirring a roux carefully. Another is lifting a pan molded in the shape of a bursting cornucopia from the collection of copper bowls adorning the walls. Another group of chefs is painstakingly glazing chocolate eclairs. Antique maps of Paris hang elegantly next to the table loaded with a dizzying banquet.

She slows her walk to a mere crawl, drinking in the scene. The school feels curiously nostalgic yet distant, like muted characters within a TV show. Incandescent light floods her face, inviting her to join in the convivial atmosphere. It would be so easy to step through the window, don the starched apron, and move with the same assurance and fluidity. Maybe in another world, in another time, she muses, as she rounds the street corner. The tableau slips away, and she hurries on with her commute.





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Burden
Daisy Zhang
Colored pencil on paper
https://jdc.jefferson.edu/insideout/vol10/iss1/1

#### Tattoos Christopher Gardner

Ink slithers under skin settling where the snake lay to rest.

Wire embroiders the wrist, barbs firmly dug in.

Alone at the end of the sleeve, the heart skips a beat.

The sun hides in the shadows hidden by angles and wavy wisps.

Taboo is the tattoo in plain sight Misunderstood by wandering eyes Infused pain lingers and lives on As the memory of fallen ones

#### Little Melon Emily Bucher

You have this thing that grows inside you now Tiny soft fingers

No nail

Gums pink and fleshy

No bite.

You work nights cutting bananas, Sticking oats together with honey

(the glue).

Grind blackberries

To liquid and pick out the seeds,
Pinch them between bitten fingernails
until there's a pool of sweet, black ink,
Thin enough to articulate the curves of its face

A face that is all cheeks and a nose the size of a grape

You sleep on the unforgiving floor as his chest heaves next to you—

Him (the glue)

that holds pieces

ofyoutogether

You pulse together mango and oranges with a blade Sing over the terrible racket to muffle thoughts & The sound of the kicks.

You suck your thumb of the juices
To feel the comfort of the act
Meanwhile the thing that is inside you
has a head that is all bald and some fuzz like a peach
Or maybe a melon.

You will take it off its stem in nine months, When it is ripe and so perfect Plump & smelling like pear. & You hope that you can Hold it in your hand Feel its weight and its warmth

Before its no longer yours.



Food Observation Zoe Wong Oil





*Yearbook*Michael O'Connor
Acrylic

## Contributors

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A Place to Stay
Shea Andrews
Ceramics

et al.: Inside Out, 2020