

Clinical Features and Outcomes of Patients with Chemotherapy-induced Takotsubo Syndrome

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Abstract

Chemotherapy treatment of malignancy accounts for 1–2% of takotsubo syndrome (TS) triggers. Women comprise 60–70% of patients with chemotherapy-associated TS, a distinctly lower prevalence than the 90% female prevalence in TS overall. Fluorouracil is the most commonly reported TS-triggering chemotherapeutic agent, although this must be interpreted in the context of the frequency of worldwide use of this agent. The onset of TS relative to chemotherapy initiation is quite variable, ranging from the initial administration to subsequent chemotherapy cycles several weeks beyond initiation. Limited information suggests chemotherapy can be safely reinitiated once the patient has recovered from the initial TS event. Having a TS event in the setting of chemotherapy treatment for malignancy is associated with substantial mortality.

Keywords

Takotsubo syndrome, chemotherapy, cardio-oncology

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During the past 25 years, takotsubo syndrome (TS) has emerged as an important form of acute myocardial injury characterized by a distinctive regional left ventricular (LV) contraction abnormality, often with marked reduction of the LV ejection fraction, and typically completely reversible. At presentation, TS is often indistinguishable from acute coronary syndrome, yet its occurrence is independent of epicardial coronary artery obstruction.^{1–4} Other features include a predilection for older women and an association with antecedent stressful event acting as the TS trigger. During the early experience with this condition, these triggering events were largely related to emotional trauma.^{5–10} As experience has expanded, a greater association with physical stressors has emerged.^{3,4,11–13} The increased association with a physical trigger likely reflects greater awareness of secondary TS complicating acute illness. Within the realm of physical triggers, a number of reports have documented pharmacological agents as TS triggers, including cocaine, nortriptyline, venlafaxine, albuterol, flecainide, epinephrine, duloxetine, and a number of chemotherapeutic agents.¹⁴ In this article, we examine the association of chemotherapeutic agents with TS.

Takotsubo Syndrome and Malignancy

Surprisingly little information is available regarding the association of chemotherapy with TS triggering. The most commonly used chemotherapeutic agents for malignancy among Medicare recipients

in the US are listed in *Table 1*. A 2015 international systematic review of 1,109 TS patients reported malignancy as a comorbid condition in 10%, although malignancy itself was not necessarily the TS trigger and no information was provided regarding chemotherapy use.¹⁵ A 2010–2014 analysis of 1,067,977 adult chemotherapy-related admissions from the US National Inpatient Sample database noted 562 patients (average age 63 ± 12 years, 69% female) with a TS diagnosis, representing an incidence of 37.0 (female) and 16.6 (male) per 100,000 chemotherapy-related hospitalizations.¹⁶ The annual incidence of chemotherapy-associated TS is increasing by an estimated 8.6 per 100,000 patients.¹⁶

A 2008–2014 analysis from a tertiary cancer center noted 30 patients (average age 65 ± 9 years, 73% female) with cancer and TS. Among these patients, cancer treatment was identified as the TS trigger in 17 (57%), dominated by surgical procedures in 10 (33%), with chemotherapy as the apparent trigger in only 5 (17%) patients.¹⁷

The International Takotsubo Registry (1,750 patients) noted malignancy in only 1.3% of 630 patients (8 individuals) with physical TS triggers, although details regarding use of chemotherapy were not provided.¹² Therefore, examining the association of chemotherapy with TS is limited by the relatively small number of patients and the lack of detail surrounding these events.

Methods

A computer-assisted search of the electronic database MEDLINE (1996–January 2019) was conducted. References were also examined for relevant articles, including review papers. The main search terms were: “takotsubo cardiomyopathy”, “takotsubo syndrome”, “chemotherapy”, “stress cardiomyopathy”, “apical ballooning syndrome”, and “cancer”. Published case reports of TS and chemotherapy were chosen. We excluded studies in which cancer itself (not chemotherapy) was reported as the primary physical stressor.

Results

From 2007 to 2018, we identified 36 unique patients with chemotherapy-associated TS (female patients 19 [61%], average age 64 ± 13 years, range 24–85 years; *Table 2*). ST-elevation was the most frequent initial ECG finding, present in 56% of reports providing this detail, and the average initial ejection fraction was $28 \pm 12\%$. The onset of TS relative to initiation of chemotherapy was highly variable, ranging from the initial administration to subsequent chemotherapy cycles several weeks beyond initiation. In some cases, the temporal delay between chemotherapy administration and TS onset was lengthy, raising the question of whether the chemotherapeutic agent was actually the TS trigger.

The antimetabolite class of drugs (5-fluorouracil, capecitabine and cytarabine) represented the agents most commonly reported as TS triggers (*Table 2*). A variety of other chemotherapeutic classes were also represented, including tyrosine kinase inhibitors (sunitinib, axitinib, and pazopanib), HER2 monoclonal antibodies (trastuzumab and pertuzamab), angiogenesis inhibitors (bevacizumab), CD20 monoclonal antibodies (rituximab), microtubule-targeting drugs (paclitaxel and combretastatin), and anthracyclines (doxorubicin and daunorubicin). The TS event was associated with the use of a single chemotherapeutic agent in 69% of patients. Among patients with chemotherapy-associated TS, the most frequent malignancies were colorectal ($n=10$, 28%), leukemia ($n=4$, 11%), lymphoma ($n=3$, 8%), and renal ($n=3$, 8%).

Additional Considerations

Chemotherapeutic agents have a long-established reputation for cardiotoxicity, including left ventricular dysfunction and heart failure, acute myocardial ischemia and infarction, thromboembolism, hypertension, and arrhythmia.⁴⁷ Several of these drugs (e.g., fluorouracil, capecitabine, paclitaxel, docetaxel, bevacizumab, erlotinib, and sorafenib) have been associated with an acute MI-like syndrome that may be difficult to distinguish from a TS event.

Acute Myocarditis Mimicking Takotsubo Syndrome

Recently, immune checkpoint inhibitors have been associated with acute myocarditis characterized by onset of new cardiovascular symptoms, troponin elevation, and abnormal ECG, typically within days to weeks of treatment initiation.⁴⁸ Acute myocarditis and TS share clinical features, including presentation, ischemic ECG changes, troponin release, and absent acute coronary artery obstruction. In rare circumstances, acute myocarditis may result in a TS-like regional LV contraction abnormality, in which case it may be challenging to distinguish the two conditions.⁴⁹ In this setting, cardiac MRI may be useful because TS is characterized by myocardial edema in a transmural distribution (T2-weighted imaging) without late gadolinium enhancement.^{50,51}

Table 1: US Medicare Claims Chemotherapy Drugs 2016

Drug	Typical Use	Medicare Claims in 2016 (n)
Methotrexate	Multiple	2,480,000
Anastrozole	Breast cancer	1,370,000
Tamoxifen	Breast cancer	475,000
Hydroxyurea	Multiple	381,000
Fluorouracil	Multiple	380,000
Revlimid® (lenalidomide)	Multiple	239,000
Xtandi® (enzalutamide)	Prostate cancer	101,000
Imbruvica® (ibrutinib)	Multiple	101,000
Zytiga® (abiraterone)	Prostate cancer	96,800
Ibrance® (palbociclib)	Breast cancer	95,400
Gleevecv (imatinib mesylate)	Chronic myeloid leukemia	76,500
Cyclophosphamide	Multiple	9,565
Rituxan® (rituximab)	Non-Hodgkins lymphoma	4,867
Avastin® (bevacizumab)	Colorectal cancer	4,594
Velcade® (bortezomib)	Multiple myeloma and mantle cell lymphoma	2,734
Carboplatin	Multiple	2,487
Herceptin® (trastuzumab)	Breast and gastric cancer	2,450
Paclitaxel	Multiple	1,666

Acute Coronary Syndrome Mimicking Takotsubo Syndrome

The apical LV ballooning phenotype is not pathognomonic of TS and urgent coronary angiography is necessary to exclude an unstable coronary obstruction that would require revascularization.³⁴ In particular, TS-like apical ballooning may be the consequence of acute myocardial ischemia in the setting of proximal stenosis involving the left anterior descending (LAD) coronary artery, which extends beyond the LV apex to supply the inferior wall (‘wrap around’ LAD).⁵² In uncertain situations, such as late presentation, suspected coronary embolism, or when coronary angiographic findings are equivocal, CMR is useful because late gadolinium enhancement is rarely evident in TS, but frequently present in a vascular distribution in patients with ischemic injury from coronary artery obstruction.^{34,53}

Outcomes

In the largest study to date, all-cause in-hospital mortality was substantially greater among chemotherapy-treated patients with versus without a TS event (18.3% versus 3.2% respectively; $p<0.001$).¹⁶ Advanced age (>85 years), sepsis, fluid–electrolyte disorders, respiratory failure, and cardiogenic shock were univariate predictors of in-hospital mortality in patients with chemotherapy-associated TS. Metastatic cancer was present in only 17%.¹⁶ There is limited information regarding the safety of continuing or reinitiating chemotherapy after a TS event. A study involving a small number of patients ($n=30$) noted the majority of patients were able to resume chemotherapy cancer treatment after normalization of LV ejection fraction (generally within 3 weeks of the TS event), without TS recurrence.⁵⁴

Discussion

The current body of information regarding chemotherapy-triggered TS reveals a patient profile that differs from that of the larger TS

experience. In particular, women account for only 60–70% of patients with chemotherapy-associated TS, yet comprise > 90% of all TS cases,³ an anomaly without an obvious explanation. In women, the five most common malignancies are breast, lung, colorectal, uterine, and thyroid, versus prostate, lung, colorectal, bladder, and melanoma in men.⁵⁵ Although publication bias may explain some of these findings, it is possible that men have a particular TS vulnerability in the setting of malignancy and chemotherapy. In fact, physical TS triggers are more common in men, and men have a higher 1-year TS-related mortality than women.⁵⁶

The frequency of reports noting 5-fluorouracil as a TS trigger is curious. This drug is on the WHO's list of essential medicines for cancer; therefore, fluorouracil likely represents one of the most commonly used chemotherapy agents worldwide.⁵⁷ Consequently, the frequency of fluorouracil-associated TS may be driven by exposure of a greater number of patients to this agent (Table 1). Alternatively, fluorouracil may

have pharmacological properties that can trigger a TS event. For example, there is evidence that fluorouracil is an arterial vasoconstrictor,⁴⁰ and coronary microvascular vasoconstriction is proposed as a mechanism in TS pathophysiology.⁵⁸

Conclusion

Chemotherapy treatment of malignancy is a relatively uncommon TS trigger, with a significantly greater proportion of men than is typically observed with TS. Fluorouracil is the most commonly reported chemotherapeutic agent, although this must be interpreted in the context of the frequency of worldwide use of this agent.

Whether certain chemotherapeutic agents are more likely to trigger TS is unresolved. Based on limited information, chemotherapy can be safely reinitiated, with careful observation, once the patient has recovered from the initial TS event. A TS event in the setting of chemotherapy treatment of malignancy is associated with substantial mortality. ■

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Table 2: Takotsubo Syndrome and Chemotherapy

Authors	Study Type	Unique Patients	Age (Years)	Sex	Malignancy	Chemotherapy	ST-elevation EF	Triggering Circumstances	Outcome	Authors' Conclusions
Voit et al. 2018 ⁸	Case report	1	24	M	Acute myeloid leukemia	Daunorubicin and cytarabine	No	25 Chemotherapy	Echocardiography 3 weeks later revealed improvement of EF to 63%	Given the complete recovery of LVEF within 12 weeks of presentation, concluded consistent with TS
Grunwald et al. 2012 ⁹	Case report, review	1	60	F	Stage III colon cancer	Fluorouracil, leucovorin, oxaliplatin	Yes	10 Chemotherapy, was 26 h into planned 46 h infusion when developed chest pain	At 16-month follow-up had not experienced any additional cardiac events. However, colon cancer recurred 5 months after the episode of TS	Contributes to growing literature on TS that occurs with fluorouracil, which is frequently administered for colorectal cancers
Goel et al. 2014 ²⁰	Case report	1	55	M	Acute myeloid leukemia	Cytarabine and daunorubicin	Yes	30 Day 6 of chemotherapy	20 days after event, patient had EF of 50% with mild anterolateral and anterobasal hypokinesia	Anthracycline agents may have especially cardiotoxic effects
Franco et al. 2008 ²¹	Case report	2	76,61	M	Colon cancer, metastatic non-small-cell lung cancer	Bevacizumab	Yes	Patient 1: 2 days PTA started receiving chemotherapy Patient 2: at 3 weeks prior to admission, patient had received second chemotherapy dose	At approximately 1 month, echocardiography showed significant recovery of LV function	Bevacizumab is a novel chemotherapeutic agent that inhibits VEGF
Damodaran et al. 2014 ²²	Case report	1	55	F	Malignant melanoma	High-dose IL-2	No	45 Admitted for course two, cycle 1 of high-dose IL-2, T-wave inversions were seen on EKG after initiation	Complete resolution of LV function	First reported instance of TS with high-dose IL-2
Basselin et al. 2011 ²³	Case report	1	48	M	Colic adenocarcinoma	5-fluorouracil, oxaliplatin, calcium folinate (FOLFOX protocol)	Yes	15 Underwent first round of chemotherapy, ~24 h later, developed chest pain and EKG abnormalities; recurrence after third round of chemotherapy	4 months later, discovery of liver metastasis led to new chemotherapy regimen including irinotecan and bevacizumab under close monitoring No recurrence of cardiac manifestations was subsequently noted	Interesting case because patient had recurrent TS after third round of chemotherapy, which was the next dose of FOLFOX protocol
Malley and Watson 2016 ²⁴	Case report	1	73	F	Tonsillar stage IV B diffuse large B-cell lymphoma	Lomustine, cytarabine, cyclophosphamide, etoposide (LACE)	No	45 Underwent 7 days of chemotherapy prior to TS event	No adverse events in follow-up	First case of TS in a patient receiving LACE chemotherapy
Voit et al. 2018 ⁸	Case report	1	24	M	Acute myeloid leukemia	Daunorubicin and cytarabine	No	25 Chemotherapy	Echocardiography 3 weeks later revealed improvement of EF to 63%	Given the complete recovery of LVEF within 12 weeks of presentation, concluded consistent with TS

(Continued)

Table 2: Cont.

Authors	Study Type	Unique Patients	Age (Years)	Sex	Malignancy	Chemotherapy	ST-elevation	EF	Triggering circumstances	Outcome	Authors' Conclusions
Coen et al. 2017 ²⁵	Case report, review	1	45	F	Locally advanced epidermoid carcinoma of the anal canal	5-fluorouracil and mitomycin C	Yes	30	Developed TS after receiving intra-arterial and intravenous polychemotherapy	EF normalized. Was not rechallenged with intra-arterial chemotherapy	TS is a rare and unpredictable event among oncologic patients. Patients under significant stress (physical or psychological) and those with cardiovascular risk factors complaining of cardiac symptoms should be carefully examined for signs of TS
Baumann et al. 2014 ²⁶	Case report	1	58	M	Acute myeloid leukemia	Cytarabine	No	20	After receiving intravenous cytarabine, developed severe dyspnea at rest, with cardiogenic shock after central venous catheter was removed	During 18 months of follow-up, no hospitalization or clinical signs of heart failure occurred	TS can occur in patients with acute myeloid leukemia under systemic chemotherapy, which possibly represents a triggering factor for TS development
Coll et al. 2015 ²⁷	Research letter/case report	1	67	F	Local advanced colon cancer	Oxaliplatin	Yes		At end of third session of oxaliplatin infusion, patient reported chest pain, dyspnea, jugular constriction	1 month later, MRI showed complete recovery of regional and global LV function. Patient restarted capecitabine monotherapy only, and did not experience any other adverse events	Represents the first description of TS induced by oxaliplatin during combined capecitabine and oxaliplatin regimen
Lees et al. 2018 ²⁸	Case report	1	63	F	Metastatic HER2-positive breast cancer	Dual anti-HER2 therapy (pertuzumab + trastuzumab in addition to nabpactaxel chemotherapy)	Yes	20	After completing third cycle of pertuzumab + trastuzumab, presented to ED with progressive dyspnea	Patient ultimately pursued comfort care and died in palliative care unit ~1 month later	First reported case of TS associated with pertuzumab + trastuzumab combination therapy. Given these agents are relatively novel, clinicians might consider TS as differential diagnosis upon severe cardiac presentation in these patients

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Giza et al. 2017 ²⁹	Research article	5	41-77	N/A	64% either advanced malignancy or recurrent disease	3 patients after treatment with paclitaxel, 1 patient after bevacizumab and capecitabine, and 1 patient after 5-fluorouracil	No	≤50% Occurred during chemotherapy session	No in-hospital immediate mortality or cardiac-related mortality occurred	Compared with the general population, TS is more common in cancer patients
Kobayashi et al. 2009 ³⁰	Case report	1	62	F	Rectal adenocarcinoma	5-fluorouracil	Yes	4 weeks after start of chemotherapy, intermittent shortness of breath and slight chest pain developed, progressively worsened	N/A	The cause of heart failure in this patient (i.e., TS induced by multivessel coronary vasospasm including microcirculation disorders only during 5-fluorouracil administration) is notable
Geisler et al. 2015 ³¹	Case report	1	83	F	Metastatic melanoma	Ipilimumab	Yes	Had received four standard doses of ipilimumab in the 3 weeks prior to admission	N/A	First reported case of TS in patient treated with ipilimumab. Post-marketing surveillance should capture cases of ipilimumab cardiac toxicity and physicians should be aware of this potential adverse event
Lim et al. 2013 ³²	Case report	1	66	F	Rectal adenocarcinoma	5-fluorouracil	No	Presented to ED after third week of chemotherapy, had been feeling unwell since the third day after this dose	Died 2 years later from complications of cancer	TS has been increasingly noted to occur in association with 5-fluorouracil. Oncologists and cardiologists need to recognize TS as a potential toxicity of this drug
van de Donk et al. 2009 ³³	Case report	1	73	M	Toxic multinodular goiter	Radioiodine therapy (iodine-131)	Yes	At 4 weeks after radiiodine therapy, presented with rapidly progressive dyspnea and significant increase in free thyroxin	Echocardiography after just 4 days showed significant LVEF improvement to 57%	First report of TS provoked by thyrotoxicosis resulting from radiation thyroiditis induced by radiiodine. Suggest determination of thyroid function in all patients with TS
Numico et al. 2012 ³⁴	Case report	1	57	F	Clear-cell renal cancer	Sunitinib	Yes	During treatment with sunitinib at a dose of 12.5 mg/day for 4 weeks every 6 weeks	No sign of cardiomyopathy at 3-month evaluation	To their knowledge, only one other reported case exists of TS with sunitinib
Ovadia et al. 2014 ³⁵	Case report	1	71	F	Renal cell carcinoma	Axitinib	Yes	Within 24 h of administration of axitinib, patient developed chest pain and shortness of breath	EF 50% at 3 weeks after initial presentation	The presumed association between the initiation of axitinib therapy and TS deserves further prospective clinical observation

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Shams et al. 2013 ³⁶	Case report	1	55	M	Adenocarcinoma of cecum	Capecitabine	Yes	15	Chest pain started ~ 28 h after beginning oral capecitabine therapy	1 week after admission, EF >55%	A case of capecitabine-induced global TS presenting with cardiogenic shock and STEMI
Gianni et al. 2009 ³⁷	Case report	1	79	F	Colorectal cancer with metastatic involvement of liver	5-fluorouracil	Yes	34	Last chemotherapy had been administered 2 weeks prior to presentation	4 weeks later EF improved to 70% with no akinesis	First report of TS secondary to chemotherapy with fluorouracil for colon cancer
White et al. 2009 ³⁸	Case report	1	61	M	Renal cell carcinoma with pulmonary metastases	Pazopanib	Yes		Had been taking pazopanib for 8 weeks, at a dose of 800 mg daily	Repeat echocardiography 3 weeks later showed normal LV function	Successful treatment with a beta-blocker in a case of TS complicated by severe LV outflow tract obstruction
Khanji et al. 2013 ³⁹	Case report/letter	1	50	F	Breast cancer	Trastuzumab	No		During 11th infusion of trastuzumab, developed crushing chest pain and T-wave inversion	N/A	Association of trastuzumab with TS has not been previously reported, and whether patients should be rechallenged with the drug is unclear
Smith and Auseon 2013 ⁴⁰	Case report	1	60	F	Gray-zone lymphoma	Rituximab	Yes	20	During infusion of rituximab, ST-elevation seen on EKG (she was asymptomatic)	Rituximab was discontinued, LVEF 1 month later was 42%	Although exact mechanisms behind cardiotoxic effects of chemotherapeutic agents remain unclear, there is an association with a small cohort of medications
Stewart et al. 2010 ⁴¹	Case report	1	81	F	Stage III colorectal cancer	5-fluorouracil	No	35	Acute onset of chest pain after 5-fluorouracil therapy	1 week later, LVEF normalized to 60%	Although vasospasm is a well-recognized side-effect of this class of chemotherapeutic agent, broader cardiotoxicity is commonly seen and an increased awareness of the range of toxicity is necessary if repeat toxicity is to be avoided
Bhakta et al. 2009 ⁴²	Case report, review	2	71, 78	F	Anaplastic thyroid carcinoma in both patients	Combretastatin	No	40, 50	Patient 1: 18 h after day 6 of combretastatin Patient 2: after combretastatin therapy, complained of nausea followed by left breast pressure	Patient 1: follow-up echocardiography 1 month later showed EF = 55% Patient 2: follow-up echocardiography 1 month later showed EF = 60%	These patients are unique for several reasons because they did not have emotional stressors and remained asymptomatic. Patients who develop cardiac events following combretastatin should be followed closely

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Ng et al. 2015 ⁹³	Case report	1	66	M	Chronic lymphocytic leukemia	Rituximab	Yes	40	Within 40 min of infusion, developed acute shortness of breath, spikes in temperature	No recurrence of cardiac symptoms	First case at the time of rituximab with TS, exceptional case because most TS and chemotherapy-linked reactions have occurred during initial infusions, but this patient had already completed treatments with rituximab
Ozturk et al. 2013 ⁹⁴	Case report	1	48	M	Metastatic gastric cancer	5-fluorouracil	No	15	At the 34th hour of the planned 46-h infusion, patient developed tachycardia followed by dyspnea	Repeat echocardiography 27 days later with EF = 50%. Died of complications from cancer 13.5 months later	TS appears to occur more frequently than was previously thought, especially in relation to chemotherapy. Need to increase awareness
Kim et al. 2008 ⁹⁵	Case report	2	67, 75	M, F	Patient 1: laryngeal squamous cell carcinoma Patient 2: colon cancer	Patient 1: cetuximab Patient 2: oxaliplatin and capecitabine	Patient 1: yes Patient 2: no	20, 35	Patient 1: 3 days after single dose of cetuximab, while having MRI of brain, became acutely hypoxic, then developed pulseless electrical activity arrest. Patient 2: immediately following first chemotherapy session with new regimen experienced acute onset of severe dyspnea	Patient 1: repeat echocardiography 2 weeks later showed EF = 45% Patient 2: follow-up echocardiography 2 weeks later showed EF = 59%	The exact mechanism remains unclear and the possible link between chemotherapy and TS needs to be further examined
Fernandez et al. 2011 ⁹⁶	Case report, review	1	85	F		Rituximab, cyclophosphamide, liposomal doxorubicin, vincristine	Yes	20	Underwent first cycle of chemotherapy in an outpatient setting, 5 days later had chest pain, dizziness, diaphoresis	8 months later, echocardiography was completely normal	TS may represent as a form of cardiac dysfunction within the spectrum of chemotherapy-induced cardiac toxicity. Emphasize that rechallenging should only be considered if no other viable option

ED = emergency department; EF = ejection fraction; EKG = electrocardiography; HER2 = human epidermal growth factor receptor 2; IL = interleukin; N/A = not available; TS = takotsubo syndrome; VEGF = vascular endothelial growth factor.