Cardiac Output Estimation using Arterial Blood Pressure Waveforms

by

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Bachelor of Science in Electrical Engineering and Computer Science (Massachusetts Institute of Technology, **2005)**

Submitted to the Department of Electrical Engineering and Computer Science in partial fulfillment of the requirements for the degree of

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Abstract

Cardiac output **(CO)** is a cardinal parameter of cardiovascular state, and a fundamental determinant of global oxygen delivery. Historically, measurement of **CO** has been limited to critically-ill patients, using invasive indicator-dilution methods such as thermodilution via Swan-Ganz lines, which carry risks. Over the past century, the premise that **CO** could be estimated **by** analysis of the arterial blood pressure (ABP) waveform has captured the attention of many investigators. This approach of estimating **CO** is minimally invasive, cheap, and can be done continuously as long as ABP waveforms are available. Over a dozen different methods of estimating **CO** from ABP waveforms have been proposed and some are commercialized. However, the effectiveness of this approach is nebular. Performance validation studies in the past have mostly been conducted on a small set of subjects under well-controlled laboratory conditions. It is entirely possible that there will be circumstances in real world clinical practice in which **CO** estimation produces inaccurate results.

In this thesis, our goals are to **(1)** build a computational system that estimates **CO** using **11** of the established methods; (2) evaluate and compare the performance of the **CO** estimation methods on a large set clinical data, using the simultaneously available thermodilution **CO** measurements as gold-standard; and **(3)** design and evaluate an algorithm that identifies and eliminates ABP waveform segments of poor quality.

Out of the **11 CO** estimation methods studied, there is one method (Liljestrand method) that is clearly more accurate than the rest. Across our study population of 120 subjects, the Liljestrand method has an error distribution with a **1** standard deviation error of **0.8** L/min, which is roughly twice that of thermodilution **CO.** These results suggest that although **CO** estimation methods may not generate the most precise values, they are still useful for detecting significant **(>1** L/min) changes in **CO.**

Thesis Supervisor: Roger **G.** Mark Title: Distinguished Professor in Health Sciences and Technology Professor of Electrical Engineering

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Chapter 1

Introduction

1.1 Motivation

The cardiovascular system provides vital nutrients and removes wastes from body tissues. The powerhouse of the cardiovascular system is the heart, pumping out oxygenated blood to the systemic circulation (Figure **1-1).** For a normal healthy adult at rest, cardiac output **(CO),** the average flow rate of blood pumped into the aorta, is approximately **5** liters per minute. For an Olympic athlete at maximum workout, **CO** exceeds **30** L/min. For a patient in circulatory shock, **CO** can be less than 2 L/min. The tremendous dynamic range suggests that **CO** is a key indicator of one's hemodynamic state. Thus, it would be a tremendous asset to determine **CO** accurately, reliably, and continuously using minimally invasive methods.

1.1.1 Measurement of cardiac output

Flowmeter. The most direct and accurate way of measuring **CO** is to use a flowmeter. One could conceivably place an ultrasonic flow probe around a major vessel protruding from the heart such as the aorta. Instantaneous pulsatile flow is obtained with a millisecond time resolution. Stroke volume, the volume of blood ejected into the aorta per cardiac cycle, is calculated **by** integrating the flow curve over a cardiac cycle. **CO** is then obtained **by** multiplying stroke volume with heart rate. Unfortunately, this direct flow measurement requires thoracotomy (surgical incision of the chest wall), which is impractical to perform in humans just for diagnostic purposes.

Fick principle. A more practical way to obtain **CO** is through the Fick principle of 02 mass balance. It states that the amount **of** 02 consumed must equal the difference in 02 quantity between the arterial and venous circulation. Using this fact, **CO** is obtained as **follows:**

$$
CO = \frac{O_2 \text{ consumption}}{\text{arterial } O_2 \text{ content} - \text{mixed venous } O_2 \text{ content}} \frac{[L O_2/\text{min}]}{[L O_2/L \text{ blood}]}
$$

Therefore, to determine **CO,** 02 consumption and content in blood need to be measured.

Thermodilution. Another clinically plausible method of obtaining **CO** is through an indicator dilution technique, which is based upon conservation of the indicator solution. As shown in Figure 1-2, cardiac output **Q** flows entirely through a large vessel. **A** known amount of dye is injected at point **A,** and concentration as a function of time is measured

Figure **1-1:** The cardiovascular system. Figure adapted from **[13].**

downstream at point B. **By** dye conservation, the amount injected must pass through point B, and **CO** is obtained as follows:

$$
CO = \frac{q}{\int_{t_1}^{t_2} c(t)dt} \frac{[mg]}{[mg\cdot \min/(L \text{ blood})]}
$$

Clinically, the most popular indicator dilution technique is thermodilution, in which cold saline of precisely known volume and temperature is injected, and then the temperature profile is measured downstream.

Figure 1-2: Indicator dilution principle. Figure adapted from [2].

Doppler ultrasound. More recently, a completely noninvasive method known as doppler ultrasound has been developed to measure **CO [8].** This technique measures the aorta's instantaneous blood flow velocity $v(t)$ and cross sectional area A. Then stroke volume can be calculated by integrating $v(t)$ over a cardiac cycle of duration T :

$$
SV = A \int_T v(t)dt
$$

Remarks. Although the Fick method and thermodilution are both clinically feasible, they are still quite invasive and can only be performed in well-equipped environments like intensive care units (ICUs) and cardiac catheterization labs. Measurement of mixed venous $O₂$ requires a blood sample from the pulmonary artery. Injection of cold saline must be into a major vessel through which the entire **CO** flows. Consequently, a Swan-Ganz catheter that is threaded through the vena cava, through the right heart, and into the pulmonary artery is used to facilitate thermodilution **CO** measurements. Doppler ultrasound, while completely noninvasive and reasonably accurate, is expensive. Running this device requires costly equipment and an expert technician. In addition, none of the methods discussed in this section are practical for continuous bedside monitoring of a patient's **CO.**

1.1.2 Estimating cardiac output from arterial blood pressure

Throughout the past century, the premise that **CO** could be estimated **by** analysis of the arterial blood pressure (ABP) waveform (Figure **1-3)** has captured the attention of many investigators. More than a dozen methods of calculating **CO** from ABP have been proposed, many of which are now commercially available. This approach to determine **CO** has the following advantages:

- **"** Obtaining ABP is non-invasive or minimally invasive.
- **"** ABP waveforms are routinely measured in clinical settings such as ICUs.
- **"** The ABP waveform is measured continuously, allowing for continuous **CO** estimates.
- **"** Cost benefits: The transformation from ABP to **CO** requires only numerical computation. No expensive equipment or expert technicians are required.

Figure **1-3:** The arterial blood pressure (ABP) waveform.

To understand the relation between pressure (ABP) and flow **(CO),** we first start with a very simple representation of the cardiovascular system. Shown in Figure 1-4, there are two blocks: the heart and the systemic circulation. Blood flows out of the heart with a rate of $q(t)$ and a corresponding arterial pressure $P(t)$. Assuming that the internal state of the heart and the systemic circulation does not change, then it is plausible that higher flow corresponds to higher pressure. Unfortunately, in real life, system states such as systemic resistance can dynamically change within seconds, giving rise to a much more complicated pressure-flow relationship. The dozen or so methods of determining flow from pressure use cardiovascular system models and represent the internal structure of the two blocks in Figure 1-4 with varying levels of complexity, thereby quantitatively relating $P(t)$ and $q(t)$.

Having so many different $P - q$ relations existing today suggests that there is no consensus as to which method works best. Studies conducted in the past have mostly been on animals or a small set of human subjects under well-controlled laboratory conditions. The **CO** estimators have not been extensively evaluated with a large set of clinical ABP waveforms, hence the performance of **CO** estimation is still uncertain. It is entirely possible that there will be circumstances in real world clinical practice in which these indirect methods produce unacceptable estimates. The main goal of the research presented in this thesis is to determine the performance of the **CO** estimators.

1.1.3 MIMIC II database & data quality

Before evaluating the performance of **CO** estimation, we must first establish a suitable study population that contains ABP waveform data and contemporaneous reference **CO**

Figure 1-4: **A** simple, lumped cardiovascular system. The heart nourishes the systemic circulation with blood at flow rate $q(t)$ with arterial pressure $P(t)$.

measurements (along with other pertinent clinical details such as patient age, presence or absence of valve disease, etc.). The Multi-parameter Intelligent Monitoring for Intensive Care II (MIMIC II) database **[16]** is the product of an initiative **by** the MIT Laboratory for Computational Physiology (LCP) to create a massive, temporal database to facilitate the research and development of an Advanced Patient Monitoring System. Currently, this database has physiologic waveform data from over **3500** ICU patients hospitalized at Beth Israel Deaconess Medical Center, Boston, **USA.**

Prom this database, we identified 120 patients with simultaneously available ABP waveforms (125-Hz sampled) and thermodilution **CO** measurements. Since MIMIC II data is collected in a far less controlled environment than a typical research laboratory setting, ABP waveforms are prone to corruption, causing **CO** estimators to generate bizarre outputs. To address this problem, an algorithm that identifies and rejects bad waveform segments is required.

1.2 Thesis goals

The research presented in this thesis aims to achieve the following:

- **"** To study the principles of **CO** estimation from ABP waveforms and build a computational system that estimates **CO** using **11** of the established methods.
- **"** To evaluate and compare the performance of the **CO** estimation methods on a large set clinical data from the MIMIC II database and determine whether the **CO** estimation is useful for clinical use.
- **"** To design and evaluate an algorithm that quantifies ABP waveform quality.

1.3 Thesis outline

This thesis is divided into six chapters and two appendices.

Chapter 2, *Cardiac Output Estimation Theory,* explains the principles of the **11** different methods we study for **CO** estimation. Physiologic principles and theory from electrical

circuits are used whenever appropriate to provide intuition. Limitations of **CO** estimation are also discussed.

Chapter **3,** *Signal Abnormality Indexing,* addresses the key issue of ABP waveform quality. **CO** estimation relies on a clean ABP waveform, in which pressure and temporal features may be reliably obtained. This chapter discusses the design and evaluation of an algorithm that flags poor quality ABP waveforms.

Chapter *4, Evaluation Methods,* explains the computational system built to evaluate **CO** estimation, which involves database extraction, ABP waveform processing, **CO** estimator implementation, and performance evaluation.

Chapter **5,** *Results and Discussion,* reports the performance of **CO** estimation. We discuss subset error analysis to determine the physiologic situations in which **CO** estimators are likely to be more erroneous.

Chapter **6,** *Conclusions and Future Research,* summarizes the important findings from this research and suggests possible areas worthy of further exploration.

Appendix **A** presents a table summarizing the acronyms and mathematical notations used throughout this thesis. Appendix B contains input/output relations of important MATLAB source code to help elucidate Chapter 4.

Chapter 2

Cardiac Output Estimation Theory

In the cardiovascular system, the relationship between arterial blood pressure (ABP) and cardiac output **(CO)** is quite complex. Over a dozen methods of estimating flow from pressure have been proposed. Most of the methods operate at a beat-by-beat time resolution, calculating the stroke volume of each beat. Then, **CO** is calculated **by** multiplying stroke volume with heart rate. The bases of these methods are models of the systemic circulation.

Table 2.1 lists the **11 CO** estimators studied in this thesis. (Several **CO** estimators are not studied because **(1)** the algorithms described in publications were unclear or (2) they are too similar to one of the **11** estimators in Table 2.1.) **All** expressions given in the table are proportional to **CO.** The proportionality constant encapsulates terms such as arterial compliance and peripheral resistance that are not obtainable from a given model. The first **5** methods are based on lumped-parameter circuit models of circulation. The next 4 are based upon distributed transmission line models. The last 2 are lumped circuit models with ability to produce instantaneous flow waveforms, which becomes **CO** when time-averaged.

See Appendix **A** for notational explanations.

2.1 Lumped parameter methods

2.1.1 Mean arterial pressure

In the simplest model, the heart is represented as a current source and systemic circulation as a resistor (Figure 2-1). This circuit analogy is only appropriate for time-averaged flow, not pulsatile flow. Given mean arterial pressure and systemic resistance, **CO** may be computed via Ohm's law as follows:

$$
Q=\frac{P_m}{R}
$$

Figure 2-1: Mean arterial pressure *Pm* and cardiac output **Q.**

2.1.2 Windkessel model [5]

The arteries are capable of storing blood. Even with zero transmural pressure across the arterial walls, approximately 500ml of blood can reside inside the arterial system for a nominal person. At a mean arterial pressure of 100mmHg, 700ml of blood are in the arteries **[13].** Therefore, it is sensible to represent the arteries as a capacitor (Figure 2-2). This model is the Windkessel model.

Figure 2-2: The Windkessel RC circuit model. The heart is modeled as a flow source $q(t)$ with impulse train ejections. Systemic circulation is modeled with arteriolar resistance *R* and arterial compliance *C*. The ABP waveform $P(t)$ generated has an infinitesimally short systolic duration followed **by** exponential decay during diastole.

One major "upgrade" in the Windkessel model is in its ability to capture the pulsatility of the cardiovascular system. The current source, now as an ideal pulsatile pump, generates a periodic impulse train, which gives rise to the ABP waveform $P(t)$. From circuit theory, it can be shown that in steady state, stroke volume is proportional to the amplitude of the ABP waveform $(P_s - P_d)$ and arterial capacitance. Thus, CO is given as:

$$
Q=C\cdot P_p\cdot f
$$

2.1.3 Windkessel RC decay [4]

If the time constant τ of the Windkessel RC circuit model is known, then cardiac output may be computed in another way:

$$
Q = \frac{P_m}{R} = C \cdot \frac{P_m}{RC} = C \cdot \frac{P_m}{\tau}
$$

There are several methods to determine τ :

• Use the Windkessel idealization that ejection is instantaneous. This way, the entire cardiac cycle is in exponential decay from systolic to diastolic pressure. Mathematically,

$$
P_d = P_s e^{-T/\tau}
$$

where T is the beat period. Solving for τ , we obtain:

$$
\tau = \frac{T}{\ln \frac{P_s}{P_d}}
$$

Hence, the final **CO** expression:

$$
Q = C \cdot \frac{P_m}{T} \cdot \ln \frac{P_s}{P_d}
$$

- **"** Perform a least squares fit of an exponential decay to the diastole portion of the ABP waveform. Then, the best-fitted τ is obtained.
- **"** Use a refined exponential fitting technique **by** Mukkamula et al. [14].

In this thesis, τ is obtained separately using the first two methods.

2.1.4 Herd [7]

The Herd method proposes that stroke volume is proportional to P_m-P_d . This methodology is based upon empirical evidence and no physiologic intuition is given **[7].**

2.1.5 Liljestrand nonlinear compliance [12]

Arterial capacitance is not constant but varies as a function of pressure. As arterial pressure increases, arterial walls stiffen, reducing capacitance. From the Windkessel model point of view, the Liljestrand and Zander method takes into account the nonlinearity using *C =* $\frac{k}{P_s+P_d}$ (Figure 2-3). Hence, CO becomes:

$$
Q = \frac{k}{P_s + P_d} \cdot P_p \cdot f
$$

2.2 Pressure-area methods

One major problem with lumped parameter models is that the arterial tree is really a distributed, not lumped system (Figure 2-4). In theory, the arterial tree could be more

Figure **2-3:** Windkessel model with nonlinear capacitor. Liljestrand and Zander propose that $C \propto (P_s + P_d)^{-1}$.

accurately modeled using the transmission line circuitry, which captures the distributed nature and associated effects such as impedance and wave reflections. Although none of the pressure-area methods are explicitly derived from transmission line circuit theory, the arterial tree is approached from a distributed system point of view.

2.2.1 Systolic **area [19]**

One key observation made from the distributed arterial tree is that stroke volume is proportional to the area under the systole region *(A,)* of the ABP waveform (Figure **2-6). CO** becomes:

$$
Q = k \cdot A_s \cdot f
$$

2.2.2 Systolic **area with correction [19, 10]**

First appearing in Warner et al. [19], a $(1 + T_s/T_d)$ correction factor was applied to the previous **CO** estimation method. This factor is probably compensating for the fact that the duration of systole, T_s , is not a negligible fraction of the beat period, thereby causing outflow from the capacitor to the resistor. The exact physiologic rationale is unexplained. **CO** estimate with this correction factor becomes:

$$
Q = k \cdot \left(1 + \frac{T_s}{T_d}\right) A_s \cdot f
$$

2.2.3 Systolic area with corrected impedance [21]

Wesseling et al. [21] introduced another correction factor based upon empirical evidence and optimal regression analysis. With the corrected impedance factor, **CO** becomes:

$$
Q = k \cdot (163 + f - 0.48 \cdot P_m) \cdot A_s \cdot f
$$

2.2.4 Pressure root-mean-square [9]

An adaption of LiDCO's CO method [9], stroke volume is thought to be proportional to the root-mean-square of each cycle in the ABP waveform. From **AC** circuit theory, root-meansquare of an **AC** voltage waveform is proportional to power. Thus, this method believes that stroke volume and **AC** power of the ABP waveform are linearly related. Thus, **CO** becomes:

$$
Q = k \cdot \sqrt{\langle (P(t) - P_m)^2 \rangle \cdot f} = k \cdot \sigma(P(t)) \cdot f
$$

Note that root-mean-square and standard deviation σ are numerically equivalent.

Figure 2-4: Arterial tree of a dog. In reality, the arterial tree is more accurately modeled **by** transmission lines rather than lumped parameter model. Figure adapted from **[15].**

Figure **2-5: A** transmission line circuit. The elementary component is enclosed **by** the dashed box. The transmission line is a series of elementary components. With the inductorcapacitor pairing, pulse wave propagation is generated.

Figure **2-6:** Pressure-area during systole. One cycle of the ABP waveform is shown. Stroke volume is believed to be proportional to the area of the shaded region. Figure adapted from **[10].**

2.3 Lumped-parameter, instantaneous flow methods

Two of the **CO** estimation methods investigated in this thesis use lumped parameter models to calculate the instantaneous pulsatile flow, $q(t)$, from ABP waveforms. Once $q(t)$ is obtained, then beat-to-beat **CO** is the time-averaged flow over a cardiac cycle:

$$
Q = \frac{1}{T} \int_T q(t) dt
$$

2.3.1 Godje nonlinear compliance [6]

Godje's cardiovascular system model is shown in Figure **2-7.** Compared to the Windkessel model, an aortic impedance element, *Z,* is added, and the heart becomes a pressure source rather than a flow source. Also, arterial compliance is nonlinear. The expression for arterial compliance is optimized to minimize mean square error of the flow (derivation for the optimization is not given in the paper):

$$
C = \frac{P_m^3}{R \cdot \langle dP(t)/dt \rangle} \cdot \frac{1}{3P_m P(t) - 3P_m^2 - P(t)^2}
$$

Using Kirchhoff's current law, instantaneous flow is obtained:

$$
q(t) = \frac{P(t)}{R} + C\frac{dP}{dt} = \frac{1}{R}\left(P(t) + \frac{P_m^3}{3P_mP(t) - 3P_m^2 - P(t)^2} \cdot \frac{dP(t)/dt}{\langle dP(t)/dt \rangle}\right)
$$

Figure **2-7:** Godje model with nonlinear capacitance and aortic impedance terms.

2.3.2 Wesseling Modelflow [20]

Wesseling's modelflow method is one of the most complex (Figure **2-8).** The circuit is similar to Godje's but with every circuit element becoming nonlinear. Aortic impedance is a function of arterial compliance; arterial compliance is a function of pressure; systemic resistance is a function of pressure divided **by** flow. The nonlinear relationship between *C* and *P(t)* are based from Langewouters et al.'s **[11]** regressions.

Figure **2-8:** Wesseling's modelflow model.

2.4 Limitations of CO estimation

The **11** methods of estimating **CO** from ABP waveforms have several limitations. First, all methods require at least one calibration to obtain absolute **CO** values in liters per minute. Without calibration from a **CO** measurement such as thermodilution, one can only obtain relative estimates, which are still beneficial to the clinicians, especially if **CO** changes **by** a substantial fraction in a given patient.

The cardiovascular models used to estimate **CO** are vastly simplified from reality, even for the most complex ones. First, although the pressure-area under systole methods are based upon the distributed arterial tree, the theoretical foundations are not firmly established **[19, 10].** It would be beneficial to derive an expression for **CO** from transmission line theory. Second, many of the methods assume that a central ABP waveform (such as one from the aorta) is used. Clinically, radial ABP waveforms are **by** far more popularly measured. Figure **2-9** shows that there is a substantial difference between ABP waveforms in aorta versus radial arteries, though there are models that attempt to estimate the aortic waveform using the radial artery waveform. Lastly, systolic area calculations require detecting the end of systole, which is completely nontrivial in radial ABP waveforms. In aortic ABP, the dicrotic notch signifies the end of systole. In radial ABP, the dicrotic notch is masked **by** wave reflections and high frequency signal attenuation.

Figure **2-9:** Pressure waveforms in aorta versus radial artery. Notice that systolic pressure in the radial artery tends to be higher than that of the aorta. Figure adapted from **[15].**

For several reasons, the more complex methods may perform worse than the simpler ones. First, due to corruption susceptibility of the ABP waveform, especially in a clinical setting, complex methods may falter if a particular ABP feature is corrupt. The simplest method, **CO** is proportional to mean arterial pressure, is **by** far most robust to noise because of its averaging nature. Second, the more complex methods have more circuit components. Wesseling's modelflow method determines the value of each component through ABP waveforms and regressions using age and gender. Regression lines were determined from a very small population (less than **50),** which may not be representative of the entire human population. Therefore, modelflow may only perform well on patients with similar physiology to Wesseling's small study population.

A fundamental limitation of **CO** estimation performance is due to ABP waveform quality. Features and morphology of the ABP waveform need to be clean, especially for the more complex **CO** estimation methods. Thus, **CO** estimation is likely to fail in patients with intra-aortic balloon pumps, valve regurgitation diseases, and long-lasting arrhythmias such as atrial fibrillation.

Further discussion on the limitations of **CO** estimation can be found in an editorial **by** Lieshout and Wesseling **[18].**

Chapter 3

Signal Abnormality Indexing

3.1 Introduction

Cardiac output **(CO)** estimation from arterial blood pressure (ABP) waveforms rely on a clean ABP waveform, in which beat-to-beat features such as mean pressure, duration of systole, and beat period may be reliably obtained. Noisy, artifactual, damped, and irregular (not sinus rhythm) ABP waveforms may easily lead to bizarre **CO** estimates. Figures **3-1, 3-** 2, **3-3,** 3-4 show examples of clinical ABP waveforms from MIMIC II in which **CO** estimates are likely to fail. Therefore, it is important to design an algorithm that can flag anomalous beats in the ABP waveform (Figure 3-4). We define a beat as *anomalous* when any feature in the beat becomes obscured. Median filtering helps to reduce some sporadic anomalies, but fails as anomalies become more frequent.

In this chapter, we present the signal abnormality index (SAI). The algorithm outputs at a beat-level time resolution and intelligently detects abnormal beats **by** imposing a series of constraints on physiologic, noise/artifact, and beat-to-beat variability. SAI does not distinguish between anomalies arising from physiologic disturbances such as an arrhythmia and non-physiologic phenomena such as noise.

The **SAI** algorithm was evaluated on clinical ABP waveforms of 120 patients from MIMIC II (see Section **1.1.3).** Using the 120 records, we quantified the performance of the **SAI** algorithm in **3** ways: comparing the algorithm's performance to a human expert, analyzing the sensitivity of the algorithm's output, and determining whether cleaner waveform segments yield better **CO** estimates.

3.2 Methods

Figure **3-5** shows an overview of the SAI algorithm. First, a beat detection algorithm [22] marks the onset of each beat. The onset markers allow for feature extraction at beat-level resolution. For each beat, features such as heart rate, systolic blood pressure, diastolic blood pressure are obtained. Features are then evaluated **by** a series of abnormality criteria, which check for noise level, physiologic ranges, and beat-to-beat variations. The output of each abnormality criterion is binary, '0' for no flag (clean beat) and **'1'** for flag. Finally, the outputs of all abnormality criteria are combined via the logical OR operation.

Given an input ABP segment of n beats, the overall output (define as y) is a binary

Figure **3-1:** Damped ABP waveform. Top plot shows a 20 minute ABP waveform. Bottomleft plot is a zoom-in near the earlier part, and bottom-right plot is a zoom-in around the 14th minute. Damping caused the pulse pressure to decay from 60mmHg to 10mmHg.

Figure **3-2:** ABP waveform with disturbance. Beat detection becomes nontrivial and unpredictable here, giving rise to inaccurate **CO** estimates. (Upon closer examination of the patient record, this waveform segment was from a patient who had an 2-to-1 intra-aortic balloon pump, which generated the middle beat for each group of **3** beats shown.)

Figure **3-3:** Noisy ABP waveform. Noisy beat-to-beat features give rise to inaccurate **CO** estimates, especially for the more complicated **CO** estimators.

Figure 3-4: ABP waveform with artifacts. Corruption in the first **15** seconds is likely due to improper catheterization caused **by** movement. Corruption in 20-22 seconds is likely a motion artifact. Signal abnormality index (SAI) is shown on bottom, raising a flag in regions of abnormality.

sequence of length n . For the segment, a cumulative SAI (cSAI) is defined as

$$
Y \equiv \text{fraction of flagged beats} = \frac{1}{n} \sum_{k=1}^{n} y[k]
$$

where $y[k]$ is the SAI of the k-th beat. cSAI, with a continuous domain of $0 \le Y \le 1$, is a useful measure of the abnormality of an entire waveform segment. (e.g. a segment of **50** beats with 4 flagged would yield a cSAI of **0.08.)**

The rest of this section explains several components of the SAI in detail and proposes methods for algorithm evaluation.

Figure **3-5:** SAI block diagram. Input is an ABP waveform. Output is a binary string, assigning a value (no flag=0, flag=1) to each beat in the ABP waveform.

3.2.1 Feature extraction

The feature extraction algorithm obtains a set of features shown in Table **3.1.** For each beat, P_s and P_d are the local minimum and maximum around the pressure onset point. P_m is the average pressure between adjacent onsets. *T* is the time difference between adjacent onsets. Noise level is defined as the average of all negative slopes in each beat.

3.2.2 Abnormality indexing

With blood pressure features available, the SAI algorithm is ready to interpret them. Table **3.2** lists the criteria for flagging a beat.

The first **5** criteria in Table **3.2** impose bounds on the physiologic ranges of each feature. For example, any beat with a diastolic pressure of less than 20mmHg is flagged.

The 6th criterion is the noise detector. With high frequency noise, there will be large negative slopes in the waveform. Based upon this observation and **by** inspecting ABP data, we decided that any beat with a mean negative slope less than $-40\text{mmHg}/100\text{ms}$ is flagged. Note that this noise detector is not useful for identifying low frequency noise such as baseline wander.

The final **3** criteria compare ABP features between adjacent beats. Large sudden changes in beat-to-beat features are likely indications of abnormality. For example, if the $(k-1)$ -th systolic pressure and the k -th systolic pressure differs more than $20mmHg$, then the k -th beat is flagged.

3.2.3 Algorithm evaluation

Using 120 patient records from the MIMIC **II database, the SAI algorithm was evaluated** in **3** ways:

- **1.** Compare the algorithm's performance to a human expert in detecting anomalies in ABP waveform segments. Ideally, the algorithm should be in perfect concordance with the human.
- 2. Analyze the sensitivity of algorithm's output to perturbations of each threshold parameter in Table **3.2. A** robust algorithm would be relatively insensitive to such perturbations.

3. Determine whether cleaner waveform segments, as indicated **by** low cSAI values, yield better **CO** estimates.

In comparing to a human expert annotator, 246 ABP segments were randomly selected, each **10** seconds long. For each segment, the SAI algorithm outputs **'1'** if any beat is flagged as abnormal, **'0'** otherwise. Similarly, the human identifies any abnormality and classifies each segment using the following convention:

- No irregularity—regular, homogeneous beats with negligible artifacts and noise.
- *-+* Minor irregularity-clean waveform with minor timing irregularity of beats and/or minor artifacts. Key morphologic features are still clearly identifiable.
- *±-* Irregularity present-all beats similar, but one beat stands out from others with timing or shape, and/or artifact present obscuring a portion of a beat.
- **++** Major irregularity present-more than one beat patently dissimilar from other beats, and/or artifact present completely obscuring key features of beats.

Notice that human annotations have 2 gray zones *(-+* and *+-),* which are used when the waveform's abnormality is not completely obvious.

For sensitivity analysis, the abnormality criteria are tested independently of each other. **A** parameter value in Table **3.2** is perturbed while all other abnormality criteria are not applied. We observe the impact on cSAI across the entire study population, which includes over **30** million beats. Sensitivity is defined as follows:

$$
\text{Sensitivity} \equiv \left. \frac{dY}{d\hat{\theta}} \right|_{\hat{\theta}=1}
$$

where Y is the cSAI and $\hat{\theta}$ is the normalized parameter value. Normalization allows for sensitivity comparison between different abnormality criteria.

We examine the performance of **3 CO** estimation algorithms (Table **3.3)** as a function of cSAI. For our study population, a 1-minute ABP segment is extracted at the time of each **TCO** measurement. Estimated **CO** and cSAI are obtained for each 1-min ABP segment. For the entire population, the error metric is $\sigma(CO - TCO)$, the standard deviation of the difference between estimated **CO** and **TCO.** The error is evaluated as a function of cSAI. We begin the experiment by examining σ of the entire population with no discrimination due to cSAI. Then, 1-min segments with high cSAI values (poor waveform quality) are progressively eliminated. The goal is to determine whether **CO** estimation error decreases for cleaner waveforms.

3.3 Results

3.3.1 SAI versus human

Table 3.4 shows the distribution of the 246 comparisons of **SAI** versus a clinician (ATR). Note that SAI performance is worse in the two grays zones $(-+$ and $+-)$. However, only 22% of data fall into these categories. Table **3.5** lists important statistics derived from the distribution, both exclusive (3rd column) and inclusive (4th column) of the gray zones.

					Table 3.4: SAI versus human: distribution	
SAI						
	14 13		$\overline{}$ 9	-37		
	142	26	-5			
				$+ +$	human	

Distribution of the 246 ABP waveform segments. SAI key: **0** no flag, **1** flag. Human key: *--* no flag, *-+* probably no flag, *+-* probably flag, **++** flag

3rd column excludes gray zones, 4th column includes gray zones. PPV=positive predictive value, NPV=negative predictive value, $P(*|*)$ are conditional probability notations for PPV, NPV, etc.

3.3.2 Sensitivity analysis

Figure **3-6** plots cSAI as a function of **3** abnormality criteria. Notice that each criterion flags only a small fraction of beats, and the slope of the curves are not steep but also nonzero at $\theta = 1$. Table 3.6 lists the sensitivity of every parameter. The results indicate that our study population had no waveform with $P_s > 300$ mmHg or $P_m > 200$ mmHg.

Figure **3-6:** Perturbations to abnormality criteria. cSAI as a function of **3** parameters perturbations is shown. Sensitivity is defined to be the slope of each curve at $\hat{\theta} = 1$.

3.3.3 Cardiac output estimation error

Figure **3-7** plots **CO** estimation error as a function of maximum accepted cSAI. Errors decrease for lower cSAI (cleaner waveform) values. For the Liljestrand algorithm, an error reduction of **30%** is obtained. The mean pressure estimation algorithm is most robust to noise, as evidenced **by** its relatively flat line. This robustness is expected because of the simplicity and averaging nature of the mean pressure algorithm.

3.4 Discussion and conclusions

Evaluating the performance of the SAI algorithm is nontrivial, primarily because of a lack in the quantitative definition of an 'abnormal' beat of an ABP waveform. Consequently, there is no established gold standard to compare against. Furthermore, the definition of abnormality can be application dependent. For example, beat quality needs to be higher for **CO** estimation than for mean pressure tracking because more features derived from each beat are used for the former. From Figure **3-7,** a maximum accepted cSAI level of **0.5** can be routinely used for **CO** estimation purposes. At *cSAI* **= 0.5,** only **10%** of the poorest ABP data have been removed, **CO** estimation error has been substantially reduced, and the data quantity does not change very rapidly around this point.

From the sensitivity analysis, two abnormality criteria do nothing and have sensitivity of **0.** Therefore, for our study population, they can be removed. **Of** the remaining criteria, pairwise correlation studies can be performed in the future to identify any redundant criteria.

In conclusion, we have presented an algorithm that detects anomalies in the ABP waveform. The SAI algorithm is in close agreement with a human expert (Table **3.5),** is robust (Table **3.6),** and has proven its effectiveness in its ability to select clean ABP waveforms to improve **CO** estimation.

Figure **3-7: CO** estimation error as a function of maximum accepted cSAI. Bottom plot shows that the amount of data also decreases as we restrict ourselves to cleaner waveforms.

Chapter 4

Evaluation Methods

Evaluating the performance of cardiac output **(CO)** estimation requires obtaining the following signals:

- **" A** set of **ABP** waveforms as input for the **CO** estimators. In order to capture the intra-beat waveform morphology, sampling rate of ABP needs to be sufficiently high (greater than 60Hz).
- **" A** set **of gold-standard CO** measurements to compare with estimated **CO.** Each measurement must be available simultaneously to ABP waveform recordings. We will use thermodilution **CO (TCO)** measurements as gold-standard. It is well known that **TCO** has errors itself **[17].** Thus, **by** comparing estimated **CO** to **TCO,** our results are limited **by** TCO's accuracy.

The signals will be processed **by** the following systems:

- **" A data** extraction system to identify suitable ABP waveforms and **TCO** measurements for analysis.
- **" A CO** estimation system to accurately and efficiently implement each **CO** estimation algorithm. Ideally, we obtain the **11** algorithms from the original creators and use their exact implementation. However, this is impractical in many ways. Hence, we peruse their publications and mimic their methods as closely as possible.
- **" A comparison** system to output the error between each estimated **CO** and **TCO.** This system may seem trivial, involving a simple subtraction. However, a major problem is that all **CO** estimates are given in relative units (Table 2.1). Therefore, we must establish suitable calibration methods before performing comparisons. We also design a scheme comparing percentage changes in estimated **CO** and **TCO.** This scheme does not require calibration.
- **"** An error analysis system to report the performance of **CO** estimates across the entire study population. We also explore the physiologic conditions in which **CO** estimators are likely to fail. Using these analyses, our goals are **(1)** to determine whether **CO** estimates are reliable enough for clinical use, and (2) to investigate the possibility of improving **CO** estimates.

Figure 4-1 presents a high-level flow chart showing the connectivity between the signals and systems outlined above. This chapter discusses each component in detail.

Figure 4-1: **A** system for evaluating **CO** estimation performance.

4.1 Data extraction

Relevant source code: wavex.m, trendex.m¹

As described in Chapter **1,** the clinical database we use is MIMIC II, which contains physiologic waveform data from over **3500** ICU patients hospitalized at Beth Israel Deaconess Medical Center, Boston, **USA.** From this database, we identified 120 patients with simultaneously available ABP waveforms and **TCO** measurements. The ABP waveforms are measured radially and stored as 8-bit quantized data with a temporal resolution of 125Hz. **TCO** is measured intermittently with a temporal resolution of **1** minute.

4.2 Implementation of CO estimators

With appropriate ABP waveforms extracted, we are now ready to make **CO** estimates. Figure 4-2 presents the flow chart showing the transformation of ABP into beat-by-beat **CO.** The first step is to detect beats in the ABP waveform. For each beat, various features such as instantaneous heart rate, systolic blood pressure, and pulse pressure are extracted. Given the features, the **CO** algorithms output **CO** estimates. The signal abnormality indexer identifies abnormal beats and eliminates them. Finally, we apply a low-pass filter and eliminate fluctuations in **CO** estimates caused **by** beat-to-beat variations. The rest of this section discusses each major block of the **CO** estimation system in detail.

Figure 4-2: Data flow diagram for **CO** estimation.

4.2.1 ABP beat detection

Relevant source code: wabp.m

The beat detection system segments the **ABP** waveform into individual beats. The process

^{&#}x27;See Appendix B for MATLAB source code descriptions.
is essential in extracting ABP features. We adopt an algorithm designed **by** Zong et al. [22] that robustly detects the onset of each beat in the ABP waveform. The basis of Zong's onset detection algorithm is the slope sum function **(SSF),** which amplifies the rising part of each beat (Figure 4-3). More details can be found in their paper.

Figure 4-3: The slope sum function (SSF). It aids in onset detection. Figure adapted from [22].

4.2.2 ABP feature extraction

Relevant source code: abpfeature .m

After segmenting the ABP waveform into individual beats, we extract useful features from each beat. The complete set of extracted features is listed in Table 4.1.

Figure 4-4 shows the identification of P_s , P_d , and P_p . P_s is the local maximum within a time window following each onset. Likewise, *Pd* is the local minimum within a window before each onset. P_p is the difference between P_s and P_d . P_m is the average of all pressure samples between adjacent onsets. *T* is the time difference between adjacent onsets. Noise level is defined as the average of all negative slopes in each beat.

As described in Chapter 2, many **CO** estimators require the detection of end-of-systole. End-of-systole's defining feature in the aortic pressure waveform is the dicrotic notch, marking the time in which the aortic valve closes (Figure 4-5). Unfortunately, wave reflections and high frequency signal attenuation in the radial arteries completely mask the dicrotic notch. However, publications often mistakenly associate the second peak of each beat as the dicrotic notch. The second peak is not the dicrotic notch but a reflected wave.

This nontriviality in end-of-systole detection lead us to employ two techniques to approximate end-of-systole, the RR method and the "first zero slope" (FZS) method. The

Figure 4-4: P_s , P_d , and P_p detection. The light dot marks the onset. The darker dots are P_s and P_d . The line segment marks P_p . The shaded areas are the two search windows for P_s and P_d .

RR method uses a result from electrocardiography. QT-interval duration is approximated as 0.3/RR interval **[1],** where RR-interval is measured in seconds. Intuitively, the **QT** fraction becomes smaller as the duration of a cardiac cycle lengthens. We approximate that the RR-interval equals the beat period. The QT-interval is the duration from electrical depolarization to repolarization of the ventricles. Therefore, for a normal healthy heart, we approximate the QT-interval and systolic ABP duration to be very similar. From Figure 4-5, these approximations are reasonable. Hence, $T_s = 0.3\sqrt{T}$. For the FZS method, we find the first time following P_s that the slope of ABP becomes 0. Preliminary testing showed that while the 2 methods may indicate significantly different end-of-systole times (Figure 4-6), both offered very similar results in terms of **CO** estimation performance.

The main purpose for end-of-systole detection is in calculating the area under ABP during systole of each beat. Figure 4-6 shows end-of-systole and systolic area.

$$
A_s = \int_{T_s} (P(t) - P_d) dt
$$

4.2.3 **CO** estimator implementation

Relevant source code: est0<num>_<title>.m

The first **9 CO** estimators in Table 2.1 take features of the ABP waveform as input. Simple arithmetic operations are applied to produce beat-to-beat **CO** estimates. The last 2 estimators use beat-to-beat features and the raw ABP waveform. Differential equations are used to produce a flow waveform. Then, we integrate the flow waveform over the systolic duration to produce **CO** estimates.

4.2.4 Signal quality **and bad beats elimination**

Relevant source code: jSQI.m, estimateCO.m

Quality of the ABP waveform is essential in determining the performance of **CO** estimators. Noisy, artifactual, damped, and irregular (not sinus rhythm) ABP waveforms may easily lead to bizarre **CO** estimates. Figures **3-1,** 3-4, **3-2, 3-3** from Chapter **3** show examples of ABP waveforms from MIMIC II in which **CO** estimates are likely to fail. In Chapter **3,** we presented the **SAI** algorithm to flag abnormal beats in the ABP waveform. Flagged beats

Figure 4-5: The cardiac cycle. Duration of systole can be approximated **by** the QT-interval duration. Figure adapted from [2].

Figure 4-6: End of systole and systolic area. The light dot marks the onset. End of systole **by** the RR method is the earlier dark dot and **by** the FZS method is the later dark dot. The shaded area is the systolic area.

do not participate in **CO** estimation. Also, if a substantial percentage of beats are flagged in a given segment, the entire segment is excluded from **CO** estimation.

4.2.5 Running-average LPF to reduce beat-to-beat fluctuations

Relevant source code: estimateCO.m

Stroke volume varies **on a** beat to beat basis due **to varying filling** pressures caused **by** respiration. This phenomena occurs in every individual albeit in different magnitudes. For continuous tracking of **CO,** we would have beat-to-beat fluctuations if we simply apply **CO** estimation methods to each beat (Figure 4-7). Also, **CO** is a quantity more meaningful on the time scale of minutes rather than individual beats. Therefore, we apply a runningaverage low pass filter with a window of at least **10** seconds on all features extracted from the ABP, thereby obtaining an averaged stroke volume (hence **CO)** with much less inter-beat variability.

Figure 4-7: Beat-to-beat variability in ABP waveform due to respiration. *P,* varies between **35** and 45mmHg, which can cause beat-to-beat **CO** estimates to have **25%** fluctuations.

4.3 Comparing estimated CO to gold-standard CO

Relevant source code: evco.m

The goal of the comparison system is to report errors between estimated **CO** and goldstandard **CO** (thermodilution **CO** in our study). Let's define x as the estimated **CO** produced **by** one algorithm and r as the corresponding **TCO** measurement. Then, error is defined as:

 $e = x - r$

There are two important complications that underly a seemingly simple subtraction:

- For each r, there are many beat-to-beat values of x. We need to average x over a suitable window.
- **"** As shown in Table 2.1, **CO** estimates are in relative units. Thus, before comparing to **TCO** in units of liters per minute, we need perform a calibration in order to determine

the proportionality constant *k.*

Large percentage rises or drops in **CO** are of clinical interest. We devise a method to report the accuracy of **CO** estimates in determining percentage changes without calibration.

4.3.1 Averaging beat-to-beat **CO** estimates

In MIMIC II, **TCO** measurements are recorded with a 1-minute temporal resolution. Therefore, it is sensible to take the average **CO** estimate over the 1-minute window immediately preceding the **TCO** measurement. Figure 4-8 shows that a 1-minute averaged **CO** estimate is indeed robust to beat-to-beat fluctuations. Mathematically, our averaged **CO** estimate becomes:

$$
x = \frac{1}{N} \sum_{k=T-N+1}^{T} a[k]
$$

where $a[k]$ is CO estimate at the k-th beat, $a[T]$ is the CO estimate closest to the TCO measurement, *N* is the number of beats in the 1-minute window prior to the **TCO** measurement.

Figure 4-8: Window size for averaging **CO** estimates. Mean and standard deviation of a **CO** estimate (relative units) are shown as a function of window size. Notice that the two trends reach steady state after **10** seconds, suggesting that a minimum averaging window of **10** seconds is required in order to avoid beat-to-beat fluctuations.

4.3.2 Calibration techniques

For each patient, we calibrate each estimator in **3** ways (denoted as **C1, C2, C3),** each tailoring towards a different use model. In two of the calibration methods, we use a vectorbased approach. For a patient with *N* **TCO** measurements, we construct an N-dimensional column vector, with one dimension for each measurement:

Reference CO (TCO): $\mathbf{r} = \begin{bmatrix} r_1 & r_2 & \cdots & r_N \end{bmatrix}'$ Uncalibrated estimate: $x = \begin{bmatrix} x_1 & x_2 & \cdots & x_N \end{bmatrix}$
Calibrated estimate: $q = kx$ $Calibrated$ estimate:

Figure 4-9: Vector visualization of **TCO** and estimated **CO.** For **C1,** we choose *k* to minimize error (magnitude of the dashed vector).

Cl: Optimal single **k.** We choose a single constant *k* to minimize the mean square error. Using linear algebra, the optimal *k* is given as:

$$
k = \frac{r'x}{x'x} \tag{C1}
$$

C2: Optimal previous **k. C1** calibration is useful in obtaining a lower bound of error for each estimator. However, **C1** is noncausal and hence unsuitable in a live clinical setting. Therefore, for online estimation, we update our optimal *k* using previous data points. For the *i*-th *k*, we calibrate using the previous $(i - 1)$ -dimensional vector:

$$
k_i = \frac{\mathbf{r}'_{i-1}\mathbf{x}_{i-1}}{\mathbf{x}'_{i-1}\mathbf{x}_{i-1}}
$$
(C2)

Now the calibrated estimate becomes:

 $q = \begin{bmatrix} k_1x_1 & k_2x_2 & \cdots & k_Nx_N \end{bmatrix}'$

C3: First point single **k. TCO** measurements are usually taken very infrequently. Therefore, it is also useful to know the estimator performance **by** calibrating only to the first **TCO** measurement:

$$
k = \frac{r_1}{x_1} \tag{C3}
$$

The most prominent problem for C3 calibration: if x_1 is unusually noisy, producing an absurd calibration constant, the rest of **CO** estimates will be strongly affected. Consider the example: $x = \begin{bmatrix} 20 & 50 & 20 & 30 & 40 \end{bmatrix}$ and $r = \begin{bmatrix} 1 & 5 & 2 & 3 & 4 \end{bmatrix}$ L/min. Clearly, a good calibration constant would be $k = 0.1$, but the C3 method would yield $k = 0.05$.

4.3.3 Relative **CO estimation**

Outside of the **ICU** setting, invasive measurements of **CO** are likely unavailable; thus, we cannot calibrate to produce an absolute **CO** estimate. However, it would still be useful to know percentage changes in **CO,** especially if the changes are significant. For example, if the true **CO** decreased **by 50%,** we would like to know if the estimated **CO** has decreased **by** a similar percentage.

For each of the 120 patients, we search for the pair of **TCO** measurements with the largest difference in value. Then, the corresponding percentage change in the estimated **CO**

 (Δx) and TCO (Δr) are compared. Mathematically:

$$
\Delta r = \begin{cases}\n\left(\frac{r[i_{max}]}{r[i_{min}]} - 1\right) \times 100 & \text{if } t[i_{max}] > t[i_{min}] \\
\left(\frac{r[i_{min}]}{r[i_{max}]} - 1\right) \times 100 & \text{if } t[i_{max}] < t[i_{min}] \\
\Delta x = \begin{cases}\n\left(\frac{x[i_{min}]}{x[i_{min}]} - 1\right) \times 100 & \text{if } t[i_{max}] > t[i_{min}] \\
\left(\frac{x[i_{min}]}{x[i_{max}]} - 1\right) \times 100 & \text{if } t[i_{max}] < t[i_{min}] \n\end{cases}\n\end{cases}
$$

where i_{max} is the index in which maximum TCO occurs, and correspondingly for i_{min} .

4.4 Error analysis

In the previous section, we established methods to obtain the error between each **TCO** measurement and estimated **CO.** Across the entire study population, for each **CO** estimator, we have an error *distribution.* In clinical literature, the most popular representation of error distributions is the Bland-Altman plot **[3].** Figure 4-10 shows an example. The horizontal axis is the average of **TCO** and estimated **CO.** The vertical axis is the error. The major advantage of such a plot is that it enables one to see whether there's any correlation between the error and the averaged **CO.** For example, if error becomes substantial for high **CO,** then the estimated **CO** should not be trusted whenever it gives a high **CO** value.

Figure 4-10: **A** sample Bland-Altman plot. The error histogram is shown on the left. The solid lines show 1 **SD** bounds, and the dashed lines show **95%** confidence intervals.

With the aid of Bland-Altman plots, we present the performance of each **CO** estimator in the following ways:

CO estimation error. We report the **1SD** and **95%** confidence interval of the error distribution. If the error distribution is Gaussian, the numerical values for the **95%** confidence interval and **2SD** coincide.

k-variability. **A** good **CO** estimator should have a calibration constant *(k)* with low

variability across different patients. For example, if one ideal CO estimator has $k = 5 \pm 0.01$ for all of the 120 patients, then we can assume $k = 5$ and obtain the absolute CO estimate for any patient. However, if $k = 5 \pm 5$, then calibration is necessary for each patient. Mathematically, we quantify k -variability as:

k-variability =
$$
\frac{\text{SD of } k \text{ for the study population}}{\text{mean of } k \text{ for the study population}} = \frac{\sigma(k)}{\mu(k)}
$$

Division by $\mu(k)$ enables us to compare the variability of k among different CO estimators. **A** k-variability of **0.1** would mean that the *k* fluctuates **by 10%** around the mean.

CO-variability. **A** good **CO** estimator should produce beat-to-beat **CO** estimates with variability on the order of stroke volume and heart rate variability. It is undesirable for the stroke volumes to fluctuate beyond physiologically plausible ranges from beat-to-beat. CO-variability is measured for each 1-minute ABP waveform in which we obtain beat-tobeat **CO** estimates (no LPF is applied here). We assume that the physiological state is stable (e.g. average **CO** is constant) over the 1-minute window. Similar to k-variability, CO-variability is defined mathematically as:

$$
CO\text{-}\text{variability} = \frac{\text{SD of } CO \text{ for a 1-min } ABP \text{ waveform}}{\text{mean of } CO \text{ for a 1-min } ABP \text{ waveform}} = \frac{\sigma(q)}{\mu(q)}
$$

For each **CO** estimator, we report the average CO-variability over the entire study population. Because of the division by $\mu(CO)$, calibration is not necessary to determine CO variability.

Relative **CO** estimation error. **A** good **CO** estimator, when uncalibrated, should still agree with **TCO** in terms of percentage increases and decreases. As discussed in Section 4.3.3, for each patient we identify the pair of data points with most significant change in **TCO** and compare it to the corresponding estimated **CO.** Figure 4-11 shows an example of relative **CO** estimation performance. For each **CO** estimator, we report the **1SD** of the error distribution between percentage changes in estimated **CO** and **TCO.** We also report the performance of detecting directional changes, defined as:

 $P(+|+)$ = probability of an increase in estimated CO given an increase in TCO

 $P(-|-)$ = probability of an decrease in estimated CO given an decrease in TCO

Subset error analysis. **A CO** estimator may perform better in certain physiologic conditions than others. In subset error analysis, we show interesting plots of **CO** estimation error as a function of ABP features such as heart rate and mean arterial pressure. For example, a possible discovery would be that one **CO** estimator performs worse in high heart rates than low heart rates.

Figure 4-11: Percentage changes in **TCO** versus estimated **CO.** Ideally, every point lies on the diagonal line. **A** point that lies in one of the two shaded zones means that the estimated **CO** and **TCO** agree in terms of directional (increase/decrease) change.

 $\ddot{}$

Chapter 5

Results and Discussion

5.1 Subject population statistics

First we report the characteristics of the 120 patients studied. Figure **5-1** shows distributions of various population statistics. Table **5.1** lists the the statistical summaries.

Remarks. Although only **78** out of 120 had age data, our study population is mainly composed of the elderly, with no patient under age 40. There are over 1400 **TCO** measurements with an average value of **5** L/min, which is "textbook normal". Patients typically have a **TCO** range of **2.5** L/min, which is significantly larger than previous studies of **CO** estimation performance using human subjects. On average, each patient has 12 **TCO** measurements over **2.3** days, which is 1 **TCO** measurement per 4.6 hours. The scarcity in **TCO** measurements shows the need for **CO** estimates to **fill** in the gaps. Mean arterial pressure (P_m) is slightly hypotensive at 75mmHg.

Peripheral vascular resistance (PVR) is the ratio of **TCO** and *Pm.*

5.2 Removal of poor quality waveforms

As explained in Chapters **3** and 4, waveform quality plays a key role in **CO** estimation performance. Therefore, ABP waveform segments of poor quality should not be included as part of our performance study. Figure 5-1(c) shows the quality distribution of the 1436

Figure **5-1:** Population statistics.

1-min ABP waveforms segments using the cSAI metric. For cSAI, **"0"** is clean and **"1"** is completely poor. The majority of waveforms are clean. Based upon this distribution and results shown in Figure **3-7,** we decided to only use waveform segments with *cSAI* **<** 0.4 for our analyses. Figure **5-2** shows the Bland-Altman plot of the Liljestrand algorithm with different levels of signal quality: In (a), all segments are used. In **(b),** only waveforms with $cSAI < 0.4$ are used. In (c), only the pristine $(cSAI = 0)$ waveforms are used. Notice even in (a), the number of comparisons is **1230,** not 1436. This is because 120 were used for calibration and the remaining **86** had waveforms of so low quality that features could not be extracted from them. For the rest of this chapter, we only examine **CO** estimation performance on ABP waveforms with $cSAI < 0.4$.

5.3 Absolute CO estimation

Table **5.2** shows the error of the **11 CO** estimators with **3** different calibration methods. Cl-calibrated Bland-Altman plots along with error distributions are shown in Figures **5-3** and 5-4. **A** brief discussion on the statistical significance of the difference between the error distributions can be found in Appendix **C.** From these results, the best **CO** estimator is clearly Liljestrand's nonlinear compliance method. Optimal **C1** calibration yields a **1 SD** error of **0.79** L/min. Most other estimators have errors between **0.9** and **1** L/min. Godje and Wesseling modelflow methods generate particularly large errors. Out of curiosity, we report the error of a hypothetical **CO** estimator, which maintains constant for each subject. When Cl-calibrated, for each subject the constant is close to the mean **TCO.** When C3-calibrated, that constant is the value of the first **TCO** data point. The results (last row of Table **5.2** and Figure **5-4f)** show that such a constant outperforms all except the Liljestrand method, which indicates that the Liljestrand method is the only method suitable for calibrated **CO** estimates.

Error	$\rm C1$	C2	C3
Mean arterial pressure	0.97(2.01)	1.14(2.33)	1.55(3.30)
${\rm Wind}$ kessel	0.98(1.90)	1.18(2.32)	1.46(2.90)
Windkessel RC decay	0.99(2.00)	1.19(2.26)	1.46(2.90)
Herd	1.11(2.27)	1.33(2.62)	1.62(3.40)
Liljestrand nonlinear compliance	0.79(1.59)	0.95(1.96)	1.19(2.43)
Systolic area	0.93(1.90)	1.10(2.21)	1.41(2.95)
Systolic area with correction	0.95(1.90)	1.13(2.23)	1.42(3.05)
Systolic area with corrected impedance	0.91(1.81)	1.08(2.14)	1.35(2.84)
Pressure root-mean-square	0.98(1.91)	1.19(2.31)	1.47(2.95)
Godje nonlinear compliance	1.69(3.63)	3.25(5.20)	5.60(10.94)
Wesseling Modelflow	1.61(3.37)	1.97(3.81)	2.80(6.09)
Constant CO	0.82(1.66)	0.98(2.04)	1.36(2.70)

Table **5.2:** Estimation error in L/min at **1 SD** with **3** different calibration methods. **95%** confidence interval errors shown in parentheses. See section 4.3.2 (page 42) for the definition of each calibration method.

Figure **5-2:** Bland-Altman plots of the Liljestrand **CO** estimator with various levels of ABP waveform quality: from all inclusive (a) to only the most pristine data **(c).**

Figure **5-3:** Bland-Altman error analysis plots for each **CO** estimator. The error distribution is shown to the left of each plot. Solid horizontal lines show **1 SD** bounds, and dashed lines show **95%** confidence intervals.

Figure 5-4: Bland-Altman error analysis plots (continued).

5.4 Variability of calibration constants

Table **5.3** shows the variability of **C1** and **C3** calibration constants across the study population. Liljestrand **CO** estimator has the lowest **C1** and **C3** variabilities of **38%** and 42%, respectively. These numbers are quite high, indicating that we still must calibrate each patient individually in order to obtain absolute **CO** estimates.

Estimator	C1 variability	C3 variability	
Mean arterial pressure	0.40	0.50	
Windkessel	0.42	0.48	
Windkessel RC decay	0.43	0.49	
Herd	0.47	0.55	
Liljestrand nonlinear compliance	0.38	0.42	
Systolic area	0.43	0.48	
Systolic area with correction	0.44	0.49	
Systolic area with corrected impedance	0.43	0.48	
Pressure root-mean-square	0.43	0.48	
Godje nonlinear compliance	0.62	1.75	
Wesseling Modelflow	0.42	0.51	

Table **5.3:** Variability of *k* for **C1** and **C3** calibration.

5.5 Variability of CO estimates

Table 5.4 shows the average variability of beat-to-beat **CO** estimates obtained from **1** minute ABP waveforms. The P_m CO estimator has the lowest variability of 4% . The more complex estimators have higher variability. These results are plausible because the *Pm* estimator takes simple averages of all ABP samples whereas the more complex estimators use individual features from the ABP waveform. We do not have the means to prove which **CO** estimation method has variability levels that closest resembles reality. However, a **10%** or less variability in stroke volume does seem reasonable.

Table 5.4: Variability of CU estimates.							
Estimator	Variability						
Mean arterial pressure	0.04						
Windkessel	0.09						
Windkessel RC decay	0.10						
Herd	0.12						
Liljestrand nonlinear compliance	0.07						
Systolic area	0.09						
Systolic area with correction	0.10						
Systolic area with corrected impedance	0.10						
Pressure root-mean-square	0.09						
Godje nonlinear compliance	0.26						
Wesseling Modelflow	$_{0.67}$						

Table 5.4: Variability of **CO** estimates.

5.6 Relative CO estimation

Figures **5-5** and **5-6** plot percentage changes of estimated **CO** versus percentage changes in **TCO** for the **11 CO** estimators. Some patients had **50%** drops in **TCO** while others had almost 200% increases. With this large range of **TCO** increases and decreases, none of the **CO** estimators are closely clustered around the diagonal line, with the *Pm,* Godje, and Wesseling modeflow estimators being particularly unsatisfactory. Even the best estimators generate **1 SD** errors of 44%. The complete results are reported in Table **5.5.** Note that the ¹**SD** error values should be interpreted with caution due to lack of symmetry: While drops in **CO** cannot exceed **100%,** rises in **CO** is mathematically unbounded.

However, some estimators work reasonably well in terms of predicting directional (increase/decrease) change. The systolic area with corrected impedance method predicted **CO** increases correctedly **81%** of the time, while the Herd method predicted **CO** decreses correctedly **83%** of the time. Note that the constant **CO** estimator (Figure **5-6f)** doesn't work at all for relative **CO** estimation. Also, the mean arterial pressure **CO** estimator has a much smaller dynamic range compared to **TCO,** as witness **by** the relatively flat scattergram in Figure 5-5a. This agrees with the cardiovascular physiology theory that the mean pressure is actively controlled (stabilized) to some set point.

5.7 Error analysis of selected CO estimators

The Liljestrand method clearly performed the best in absolute **CO** estimation, had plausible variability levels, and was above average in relative **CO** estimation. Examining at a finer detail, we now analyze its error as a function of several physiologic parameters. As shown in Figure **5-7,** the Liljestrand method becomes more accurate when (a) mean arterial pressure is high, **(b)** pulse pressure is high, (c) heart rate is low, **(d)** its own **CO** estimate is **low,** (e) systemic resistance is high, and **(f) TCO** is low. Therefore, when some or all of these conditions are met, we can trust the values given **by** the Liljestrand algorithm.

The mean arterial pressure method offered similar error characteristics (Figure **5-8** as the Liljestrand method, albeit with larger error magnitudes. The Wesseling Modelflow method has errors of even greater magnitude, as shown in Figure **5-9.** Note that the error is especially high if the estimated **CO** is high (Figure **5-9d).**

Figure **5-5:** Performance of percentages changes in **CO.** The perfect **CO** estimator would have data points clustered on the line of identity. Points that fall into the shaded regions signify that the estimator correctedly determined the directional change in **CO.**

Figure **5-6:** Performance of percentages changes in **CO** (continued).

Figure **5-7: CO** estimation (Liljestrand method) error as a function of several variables. Each variable is segmented into low, medium, and high regions with equal quantity. Rectangular bars represent the **95%** confidence intervals.

Figure **5-8: CO** estimation (mean arterial pressure method) error as functions of several variables.

Figure **5-9: CO** estimation (Wesseling Modelflow method) error as functions of several variables.

5.8 Selected time series case studies

Up until now, this chapter has focused upon reporting error statistics of each **CO** estimator. The champion is the Liljestrand method. In this section, we selected two subjects to examine the time series data of Liljestrand **CO** estimates.

Subject: caselD **8463.** This subject has 14 **TCO** measurements between 3.4 and **5.8** L/min. As shown in Figure **5-10,** the error between **TCO** and Liljestrand estimated **CO** is small. The large increase and decrease in **TCO** between minute **1000** and **1700** are captured **by** corresponding dynamical changes in mean pressure and heart rate.

Subject: **caselD 6629.** This subject is a **70** year old male with aortic valve disease. His **5 TCO** measurements are between **5.2** and **7.3** L/min. His left ventricular ejection fraction is 41%, which is lower than the normal range of **55-75%.** As shown in Figure **5-11,** the error between **TCO** and Liljestrand **CO** estimates is more prominent here: **TCO** increased significantly from the 3rd to 4th **TCO** measurement while pulse pressure, mean pressure, and heart rate remained relatively constant in this time frame, which collectively yields a constant Liljestrand **CO** estimate.

5.9 Discussion

One burdening question: Are **CO** values, when estimated from the ABP waveform, accurate enough for clinical use? The answer is not so simple. First, we must revisit the accuracy of thermodilution **CO (TCO).** According to Stetz et al. **[17], TCO** has a **1SD** error of about **10%,** which is **0.5** L/min when assuming a nominal **CO** of **5** L/min. Comparatively, the Liljestrand estimator generated errors of **0.8** L/min when optimally calibrated and 1.2 L/min when scantily calibrated. Thus, the best **CO** estimation method has an error that is approximately twice that of **TCO.** Now, is twice the error still accurate enough for clinical use? Clinicians typically care most about substantial changes in **CO.** For each patient in our study population, the average **TCO** range was **2.5** L/min (Table **5.1).** For a change in **CO** of **2.5** L/min, the Liljestrand method should certainly be able to distinguish such an event.

Figure **5-10:** Time series of caselD **8463** using the Liljestrand **CO** estimator. (a) Bland-Altman plot with estimation error from caseID **8463** highlighted. **(b)** Top plot shows continuous Liljestrand **CO** estimates with **TCO** data points superimposed. Bottom **3** plots shows the components of the Liljestrand **CO** estimator: pulse pressure, mean pressure, and heart rate.

Figure **5-11:** Time series of caseID **6629** using the Liljestrand **CO** estimator. Compared to the previous subject, **CO** estimation performance is worse here. **TCO** increased significantly from the 3rd to 4th data point, but pulse pressure, mean pressure, and heart rate remained relatively constant.

Chapter 6

Conclusions and Future Research

6.1 Summary

In this thesis we have presented and evaluated **11** of the established cardiac output estimation methods using ABP waveform data from the MIMIC II database.

Chapter 2 discussed the theoretical basis of each **CO** estimation method. The simplest method was based upon a drastically simplified model of the cardiovascular system. The most complex method, Wesseling's modelflow, was based upon a model with many nonlinearities in an attempt to more accurately characterize the dynamics of the cardiovascular system. Chapter 2 concluded with a discussion on the fundamental limitations of estimating **CO** using ABP waveforms.

Chapter **3** addressed one limitation that hindered **CO** estimation performance: ABP waveform quality. The signal abnormality index (SAI) algorithm presented in this chapter attempted to flag regions of ABP waveform of poor quality. In defining what constitutes a poor ABP waveform, we tried to be as objective as as possible. Output of the algorithm was mostly in concordance with a human expert and proven to be effective in reducing **CO** estimation error.

Chapter 4 presented our methods for evaluating the **CO** estimators. We designed algorithms to extract pressure and temporal features from the ABP waveform. We integrated the **SAI** algorithm to ensure that extremely poor ABP waveforms are eliminated. We designed calibration techniques, which is necessary for **CO** estimators to produce absolute values in liters per minute. In absence of calibration, we presented a technique to compare percentage changes in gold-standard **CO** with percentage changes in estimated **CO.**

Chapter **5** showed the performance of the **11 CO** estimators. For absolute **CO** estimation, the Liljestrand **CO** estimator was clearly the champion. It generated errors of **0.8** L/min when optimally calibrated and 1.2 L/min when scantily calibrated. Whether such specifications are meritable for clinical use is ultimately up to the decision of a clinician. However, it should be noted that patients with life-threatening problems often have **CO** fluctuations significantly beyond 1.2 L/min. For each patient in our study population, the average thermodilution **CO** range was **2.5** L/min. Thus, the Liljestrand estimator should be able to detect such large changes in **CO.**

6.2 Suggestions for future research

As this thesis draws to a close, inevitably there are research tasks not accomplished but would be plausible extensions of this thesis. There are also interesting research tangents to embark on.

Algorithmic improvements. As evidenced **by** the **11 CO** estimators studied in this thesis, previous research on improving **CO** estimation have been mostly in the creation of new methods from first principles or in the modification of existing methods. An alternative approach to improve **CO** estimation is to optimally combine the existing methods. It is likely that one **CO** algorithm works better than another under different physiologic situations. The detailed error analysis of the Liljestrand algorithm (Figure **5-7)** clearly shows that this algorithm is more accurate when mean arterial pressure is over 80mmHg, heart rate is less than 80bpm, estimated **CO** is less than 5L/min, and systemic resistance is greater than **1** mmHg-s/ml. We can perform similar error analysis on the remaining **10** algorithms, perhaps as a function of even more physiologic information obtained from lab tests and nursing notes. Then, a master algorithm may be developed to optimally choose the **CO** estimator(s) that will likely be most accurate for each particular patient.

The Signal Abnormality Index (SAI) algorithm works reasonably well but certainly has potential for improvement. The current SAI logic is composed of a series of static criteria imposed on pressure values and beat-to-beat durations (Table **3.2).** Each criterion is independent of each other. One possible improvement would be to dynamically change the thresholds for each criterion. For example, beat-to-beat variations of systolic blood pressure is likely larger in patients with large pulse pressure than ones with small pulse pressure. Thus, abnormality criteria **7** in Table **3.2** should be a function of pulse pressure rather than the constant value of 20mmHg. However, with rising complexity, the degrees of freedom in the algorithm rises, and one must attempt to avoid over-training the algorithm to a particular data set.

Live clinical evaluations. All research in this thesis have been in analyzing data retrospectively. It does not prove that continuous cardiac output monitoring with such a level of accuracy can indeed aid in clinical decision making. It would be an interesting investigation to build a **CO** bedside monitoring system (perhaps in addition to providing **CO** estimates, the system would generate alarms when **CO** exceeds a nominal range or undergoes dramatic change) and use it in a hospital to see whether such a system provides clinicians with valuable information that is not available otherwise.

Stroke volume variability. Variabilities of **CO** estimates are different amongst the estimation methods. **By** removing heart rate out of the equation, we can obtain variability of stroke volume, which raises a couple of interesting questions. First, which method of obtaining stroke volume gives the variability level that closest resembles reality? Second, does an increase in stroke volume variability of a patient forewarn the onset of certain disease processes? Is stroke volume variability closely coupled with heart rate variability? Querying for "heart rate variability" yields 5644 articles on PubMed online. Querying "stroke volume variability" yields a scant **6** articles, which means there may be new research potential here.

Appendix A

Notation Summary

Table A.1: Commonly used acronyms and symbols							
symbol	description	units					
Q , CO	cardiac output	L/min					
q(t)	instantaneous pulsatile flow	ml/s					
$P(t)$, ABP	arterial blood pressure	mmHg					
P_m	mean arterial pressure	mmHg					
P_{s}	systolic pressure	mmHg					
P_d	diastolic pressure	mmHg					
	pulse pressure $(P_s - P_d)$	mmHg					
$\displaystyle \frac{P_p}{f}$	heart rate	beats per minute					
T	beat duration $(60/f)$	sec					
T_s	duration of systole	sec					
T_d	duration of diastole $(T - T_s)$	sec					
R, SVR, PVR	systemic resistance	mmHg·s/ml					
C	arterial capacitance (compliance)	ml/mmHg					
A_s	area under $P(t)$ during systole	mmHg·s					

Table A.1: Commonly used acronyms and symbols

Appendix B

Selected Code Descriptions

All MATLAB code may be obtained at http://mimic.mit.edu/svn/jco/trunk/, provided that you have access permissions.

B.1 wavex.m

```
WAVEX Arterial blood pressure waveform extractor.
 WAVEX(CASEID,INDIR,OUTF) extracts entire ABP waveform of CASEID in the
 directory INDIR, then store as MAT-file named OUTF.
 In: CASEID (integer) e.g. caseid=3784;
       INDIR (string) e.g. indir='01-11-08/m2w03784/';
       OUTF (string) e.g. outf='/tmp/p3784';
  Out: OUTF.mat Within this MAT-file, there are variables:
       abp* --- continuous abp waveform segments
       to --- col 1: initial time of each ABP segment
                    2: # of samples of each ABP segment
        source_file --- cell array containing WFDB file name of ABP segs
  Usage:
```
- Make sure wfdb package is installed for linux - wfdb_tools for MATLAB is required

B.2 trendex.m

Usage: **-** Make sure wfdb package is installed for linux **-** wfdb-tools for MATLAB is required **-** if 3rd argument is 'all', then all trends of CASEID are obtained

B.3 wabp.m

```
WABP ABP waveform onset detector.
 r = WABP(ABP) obtains the onset time (in samples)
      of each beat in the ABP waveform.
 In: ABP (125Hz sampled)
 Out: Onset sample time
 Usage:
  - ABP waveform must have units of mmHg
```
B.4 abpfeature.m

```
ABPFEATURE ABP waveform feature extractor.
 r = ABPFEATURE(ABP,ONSETTIMES) extracts features from ABP waveform such
 as systolic pressure, mean pressure, etc.
  In: ABP (125Hz sampled), times of onset (in samp
les)
 Out: Beat-to-beat ABP features
         Col 1: Time of systole [samples]
             2: Systolic BP [mmHg]
             3: Time of diastole [samples]
             4: Diastolic BP [mmHg]
             5: Pulse pressure [mmHg]
             6: Mean pressure [mmHg]
             7: Beat Period [samples]
             8: mean.dyneg
             9: End of systole time 0.3*sqrt(RR)
method
            10: Area under systole 0.3*sqrt(RR)
method
            11: End of systole time 1st min-slope
method
            12: Area under systole 1st min-slope
method
```

```
Usage:
- OnsetTimes must be obtained using wabp.m
```
B.5 jSQI.m

JSQI ABP waveform signal quality index. **[BEATQ,** RI **= JSQI(FEATURES, ONSET,** ABP) returns a binary signal quality assessment of each beat in ABP. This algorithm relies on detecting abnormalities of numeric values in **FEATURES** and **ONSET.**

In: FEATURES <mx12> --- features extracted from ABP using abpfeature.m ONSET <nx1> --- onset times of ABP using wabp.m ABP <pxl> **---** arterial blood pressure waveform (125Hz sampled)

```
Out: BEATQ <nxi0> --- SQI of each beat: 0=good, 1=bad
        Col 1: logical OR of cols 2 thru 10
            2: P not physiologic (<20 or >300 mmHg)
            3: MAP not physiologic (<30 or >200 mmHg)
            4: HR not physiologic (<20 or >200 bpm)
            5: PP not physiologic (<30 mmHg)
            6: abnormal Psys (beat-to-beat change > 20 mmHg)
            7: abnormal Pdias (beat-to-beat change > 20 mmHg)
            8: abnormal period (beat-to-beat change > 1/2 sec)<br>9: abnormal P(onset) (beat-to-beat change > 20 mmHg)
                                     (beat-to-beat change > 20 mmHg)
           10: noisy beat (mean of negative dP < -3)
      R <1x1> fraction of good beats in ABP
```

```
Usage:
```
- FEATURES must be obtained using abpfeature.m **- ONSET** must be obtained using wabp.m

B.6 estimateCO.m

Appendix C

Test of Statistical Significance

Table **C.1** below shows the p-values using the Kolmogorov-Smirnov test (KS test). The KS test performs pairwise comparisons of error distributions (Figures **5-3,** 5-4) between the **CO** estimation methods. Table **C.2** corresponds the method numbers in Table **C.1** with the actual names.

Table **C.1:** p-values using the Kolmogorov-Smirnov test.

Method	$\mathbf{2}$	3	4	5	6	די	8	9	10	11	12
1	0.68	0.29	0.07	$1.2e-4$	0.27	0.20	0.05	0.50	$4.7e-15$	$9.8e-12$	$6.1e-3$
$\boldsymbol{2}$			0.22	$1.8e-4$	0.43	0.96	0.37	0.95	$8.8e-15$	$2.6e-11$	$1.1e-3$
3			0.32	$5.5e-5$	0.46	0.90	0.22	0.98	$1.9e-14$	$4.8e-11$	$6.3e-4$
4				$7.6e-8$	0.02	0.04	$4.5e-3$	0.29	$4.7e-11$	$4.4e-8$	$1.3e-7$
5					$6.1e-3$	$1.3e-3$	$8.2e-3$	$8.2e-5$	$3.0e-29$	$2.2e-23$	0.02
6						0.88	0.99	0.32	$8.4e-17$	$3.5e-14$	0.01
7							0.64	0.85	$3.1e-16$	$1.0e-12$	$3.7e-4$
8								0.32	$9.9e-19$	$1.1e-14$	$8.2e-3$
9									$6.4e-14$	$8.0 - 11$	$2.0e-5$
10										0.55	$1.4e-24$
11											$2.9e-19$

Table **C.2:** Labels for **CO** estimation methods.

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