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# Switching Cytolytic Nanopores into Antimicrobial Fractal Ruptures by a Single Side Chain Mutation

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ABSTRACT: disruption of cell membranes is a fundamental host defence response found in virtually all forms of life. The molecular mechanisms vary but generally lead to energetically favored circular nanopores. Here we report an elaborate fractal rupture pattern induced by a single side-chain mutation in ultrashort (8-11-mers) helical peptides, which otherwise form transmembrane pores. In contrast to known mechanisms, this mode of membrane disruption is confined to the upper leaflet of the bilayer where it exhibits propagating fronts of peptide-lipid interfaces that are strikingly similar to viscous instabilities in fluid flow. The two distinct disruption modes, pores and fractal patterns, are both strongly antimicrobial but only the fractal rupture is non-hemolytic. The results offer wide implications for elucidating differential membrane targeting phenomena defined at the nanoscale.

**KEYWORDS**: innate host defense, antibiotics, nanopores, de novo protein design, nanoscale imaging

As a structural foundation of cellular membranes, phospholipid bilayers compartmentalise and regulate physical and biological processes at the nanoscale.<sup>1</sup> While their integrity is fundamental for cell survival, the bilayers undergo different forms of disruption induced by processes as diverse as endo-and exocytosis, membrane fusion and repair.<sup>2-4</sup> The disruption is associated with the formation of nanoscale pores that can be transient, expanding or irreversible. Bacteria form pores in host cells to access nutrients or porate other bacteria competing for the same ecological niches, while multicellular organisms employ poration to target microbial membranes or activate intrinsic suicide programs in aberrant cells.<sup>5-8</sup> Pores can be heterogeneous or conserved in size and form as transmembrane channels or monolayer pits.<sup>7-9</sup> Despite their rich variety and origin, all pores appear to be circular.

The circular geometry is consistent with the classical continuum mechanics model of a membrane as a thin featureless elastic sheet under lateral tension  $(\sigma)$ . Pore formation occurs as a result of two competing effects: a pore reduces energy but incurs a positive edge or line tension  $(\gamma)$  to maintain a given perimeter. These considerations imply that circular pores of radius (r) (enclosing the largest area of the perimeter) are energetically favoured over any other arbitrary geometry with an energy (relative to the intact membrane) defined by

$$E = 2\pi r y - \pi r^2 \sigma \tag{1}$$

which yields a barrier for pore formation

$$E^* = \frac{\pi \gamma^2}{\sigma} \tag{2}$$

and a critical radius

$$r_c = \gamma / \sigma$$
 (3)

Consequently, thermal fluctuations produce pores spontaneously which either reseal for  $r < r_c$  or expand indefinitely for  $r > r_c$ . However, this model neglects the consequences of growth dynamics and two-dimensional viscous flow of the membrane and does not apply to situations where membrane disruption is confined to individual leaflets. In such circumstances line tension and the nature of the exposed surface are significantly modified from the transmembrane channel case. Existing evidence supports the formation of monolayer or semi pores as a result,  $^{9, 13-16}$  while most recent computational models begin exploring metastable pre-pores in tension-free lipid bilayers.  $^{17}$ 

Here we show that a single side-chain mutation in ultra-short helical peptides (8-11 residues in length) switches classical transmembrane pores into fractal rupture patterns in the upper leaflet of the bilayer. We first discuss the principal finding that this mutation induces elaborately structured nanoscale patterns, which are unlike the known forms of peptide- and protein-membrane morphologies arising from phase separation. We then demonstrate biological implications for such a switch and explore the molecular origins of the mutation using computer simulations and molecular biophysics.

## **RESULTS**

# **Design Rationale and Nanoscale Imaging**

We consider a minimal amphipathic helix with *bi*nary *en*coding (bien) by arginine and leucine, which form cationic and hydrophobic faces of the helix, respectively (Fig 1). Our design rationale builds upon the structure-function relationships of α-helical host defence peptides.<sup>18-21</sup> Upon binding to membranes the peptides fold into amphipathic helices, in which polar and hydrophobic amino-acid side chains are partitioned into polar and hydrophobic faces, respectively.<sup>20-22</sup> The peptides are typically cationic and favor anionic microbial membranes.<sup>18, 22</sup> The ratio of hydrophobic-to-cationic residues in antimicrobial sequences can be used to guide empirical correlations with cytotoxicity.<sup>23</sup> As a rule of thumb, ratios greater than 1 enhance the contribution of hydrophobic interactions to membrane binding.<sup>21-24</sup> These interactions do not discriminate between microbial and mammalian membranes, and when increasing

lead to cytolytic effects including hemolysis.<sup>23, 24</sup> Similarly, longer sequences form more extensive cationic and hydrophobic faces, which support stronger membrane binding resulting in more profound and less selective antimicrobial activities.<sup>18, 25</sup> To date, the role of physicochemical and structural properties of antimicrobial peptides in defining membrane disruption pathways have been studied using model and naturally occurring sequences, demonstrating good agreements between experimental evidence and computational descriptions.<sup>18-28</sup> These studies primarily focus on elucidating membrane disruption pathways caused by particular peptides without attempting to provide a unifying mechanism between circular pore formation and possible non-porating phenomena.

Our study introduces such a mechanism using *de novo* sequences of minimal length and composition, which enable the formation of contiguous and perfectly amphipathic helices. Given the postulated requirement of at least eight or more residues for a sequence to form a helix,<sup>29</sup> which constitutes a minimum length to arrange repeated hydrogen bonding spacings (i, i+4), our helix design does not exceed three helical turns in length. This is done for two reasons. Firstly, these helices are not long enough to fold autonomously and must rely on binding to membranes to form. Secondly, the switched polarity of a single side chain in a relatively short hydrophobic face is deemed significant enough to alter the insertion mode of the helix and consequently its membrane disruption pathway – a conjecture that may find support in the literature reporting the impact of switching polarity in antimicrobial peptides on cell selectivity.  $^{30-32}$ 

Consistent with this reasoning, a single side-chain mutation was placed in the hydrophobic face of the helix where it was computationally predicted to influence peptide insertion in the membrane (Figs S1, S2). Specifically, an alanine in the mutation position (bienA) was found to favor a deep insertion of the helix into the bilayer interface thus supporting transmembrane orientation and pore formation. In contrast, a lysine in this position (bienK) was found to favor a shallow insertion of the helix confining it to the upper (distal) leaflet of the bilayer (Figs 1 & S1, S2), in a manner similar to monolayer poration phenomena. To demonstrate the switch, a series of peptides of decreasing length was synthesized for bienA and bienK each to probe a length cut-off at which distinctive pathways were still apparent (Figs 1 & S3).

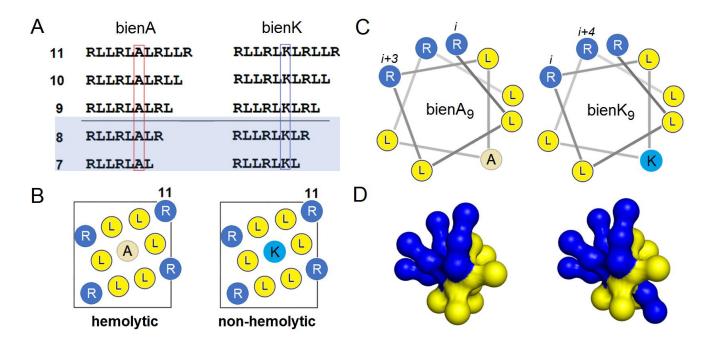
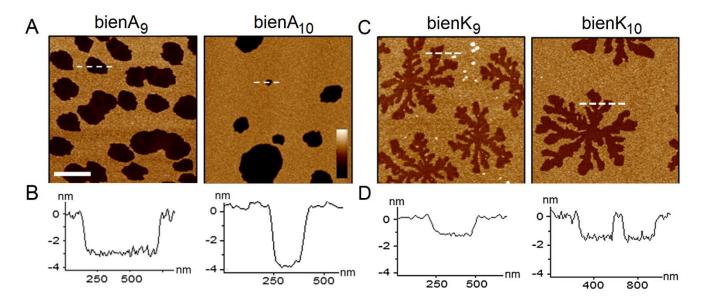


Figure 1. Structural motifs used in the study – RLLRLXLRLLR, where X is A for bienA and K for bienK peptide series. (A) Linear amino acid sequences and configured onto (B) helical nets and (C) helical wheels with 3.6 residues per turn. Helical wheels for 9-mers are given for each series to exemplify the nomenclature used: bienA<sub>9</sub> and bienK<sub>9</sub>. Helical spacings, i, i+3 and i, i+4 in the sequences place the same residues next to each other along the helical axis and help maintain interfacial contacts facilitating peptide assembly in membranes. Leucine provides strong hydrophobic interactions with the bilayer. Arginine has the strongest affinity to anionic lipids. The two amino acids have the same helical propensity. The blue box in (A) indicates biologically inactive sequences. Lysine and alanine residues are shown in light blue and yellow to help visually distinguish from the other residues. (D) Spatial coarse-grained models of bienA (left) and bienK (right).

Membrane disruption was monitored directly using atomic force microscopy (AFM) performed in aqueous environments on supported lipid bilayers (SLBs), which were prepared by the surface deposition of unilamellar vesicles on appropriate substrates using established procedures. Anionic and zwitterionic vesicles were used to mimic microbial and mammalian membranes, respectively: 1,2-dilauroylphosphatidylcholine (DLPC) was used for zwitterionic vesicles, while its mixture with 1,2-dilauroyl-sn-glycero-3-phospho-(1'-rac-glycerol) (DLPG) at a 3:1 molar ratio for anionic vesicles. SLBs provide flat surfaces (to within a few Å) in their unperturbed state allowing accurate depth measurements of membrane defects caused by peptide treatment. For bienA series the formation of conventional transmembrane pores was apparent in anionic SLBs. The pores appeared circular in shape

(Fig 2A, B), with morphologies similar to circular pores reported for other peptides (Fig S4), 21,28,40,41 and tended to expand and merge with larger defects observed for longer sequences (Figs S5 & S6).



**Figure 2. Membrane instability mode switching by a single side-chain mutation**. In-liquid AFM images of anionic SLBs (DLPC/DLPG, 3:1 molar ratio) treated with (A) bienA and (C) bienK (0.3 μM peptide) over 20 min at room temperature. Length and height scale bars are 1 μm and 7 nm, respectively. (B) and (D) height profiles taken along the highlighted lines in (A) and (B), respectively, showing the depth of topography defects in the bilayers.

The single side-chain mutation (A→K) resulted in a radically different disruption pathway. For the bienK series membrane defects in anionic SLBs adopted a floral or fractal growth pattern (Fig 2C). Fractal dimensions marginally increased from the order of 1.73 for bienK9 to 1.91 for bienK111, retaining the fractal pattern (Fig S7). The depths of these patterns were at half the thickness of the bilayer, which is indicative of that the lipid disruption was confined to the upper leaflet of the bilayer without forming a transmembrane channel (Figs 2D, S5). Distinctive was also the behaviour of each series in zwitterionic SLBs: bienA formed small transmembrane pores in the bilayers, whereas no defects were observed for bienK (Fig S8). Thus, the results indicate that the single side chain mutation in the hydrophobic face of the helix appears to control the pathway of membrane disruption, from transmembrane poration to fractal rupture patterns, while being selective towards negatively charged phospholipid bilayers.

## **Biological Activity and Differentiation**

Irrespective of variations in the topography of membrane ruptures, the defects in both series were evident for sequences comprising more than eight residues. The length of eight residues was found to be the cut-off for biological activity (Fig 1A, Table S1). Sequences comprising eight and seven residues were biologically inactive (Table S1). This can be attributed to that sequences shorter than nine residues form weak helices, <sup>29</sup> which could not inflict appreciable damage to phospholipid bilayers or lyse bacterial cells. For 9-mers and longer sequences minimum inhibitory concentrations (MICs) were comparable with those of antimicrobial peptides and antibiotics (Table S1).

Notably, in contrast to bienA, which exhibited significant hemolytic activities, the bienK peptides were non-hemolytic (Table S1). This differential biological activity of bienK peptides correlated well with their selectivity towards bacterial membranes as gauged by AFM (Fig S8). For each biologically active peptide of the series the ratio of hydrophobic-to-cationic residues is >1. In membrane-active peptides this ratio supports the formation of more extensive hydrophobic faces characteristic of hemolytic and venomous peptides such as melittin (Table S1). <sup>21-24</sup> For bienK this is not the case since the lysyl side chain switches the polarity of the hydrophobic face thereby splitting it into two smaller hydrophobic subfaces. This switch changes the membrane disruption pattern from hemolytic to non-hemolytic, which is consistent with observations by others. <sup>30-32</sup> These findings suggest that bienA peptides cause irreversible damage to membranes acting as non-selective membranolytic agents. By contrast, cell membranes may better recover from the fractal ruptures of bienK peptides whose selectivity towards bacterial cells may involve complementary killing routes, such as metabolic inhibition. <sup>42</sup>

To probe this conjecture, dye release experiments were performed using a bespoke microfluidic assay on anionic giant unilamellar vesicles (GUVs) assembled from 1,2-dioleoyl-sn-glycero-3-phosphocholine (DOPC) and 1,2-dioleoyl-sn-glycero-3-phospho-(1'-rac-glycerol) (DOPG) at 3:1 molar ratio. 36-39, 43 Membranolytic activity was evident for bienA peptides which caused complete lysis of GUV populations within 300 min post addition (Figs 3A & S9). Up to three quarters of vesicles could survive lysis by bienK even over prolonged treatments (Figs 3A & S9). The data within each series was comparable at micromolar concentrations, which were in the range of MICs obtained for the peptides, indicating that a threshold concentration was reached in this concentration range for both series (Fig S10). The results suggest that phospholipid membranes should have higher recovery rates against bienK

or are less affected by it. This could be due to that bienK peptides do not distribute to both sides of the bilayer or due to resealing effects observed in GUVs treated with antimicrobial peptides.<sup>44, 45</sup>

Variations in MICs could also be ascertained. However, MICs provide end-point results of treated cell populations taking no account of changes at sub-population or cellular levels. To relate MICs to single-cell kinetics within the timescale of SLB and GUV measurements, hundreds of bacterial cells (*E. coli*) were screened in a multi-channel microfluidic device. Each channel traps one cell allowing it to maintain its phenotypic inheritance for an infinite number of generations, which enables the monitoring of antimicrobial kinetics and phenotypic responses *in situ*.<sup>46</sup> In response to bienA, only a small sub-population of viable-but-non-culturable cells survived the treatment but failed to regrow, conforming to the membranolytic nature of bienA in GUVs at the same concentrations used (10 µM) (Fig 3B). Distinctively more heterogeneous were cell responses to bienK, consistent with the GUV responses. Susceptible cells tended to start elongating before growth arrest and death, while cells that resisted bienK were able to grow and divide during the treatment (Fig 3B).

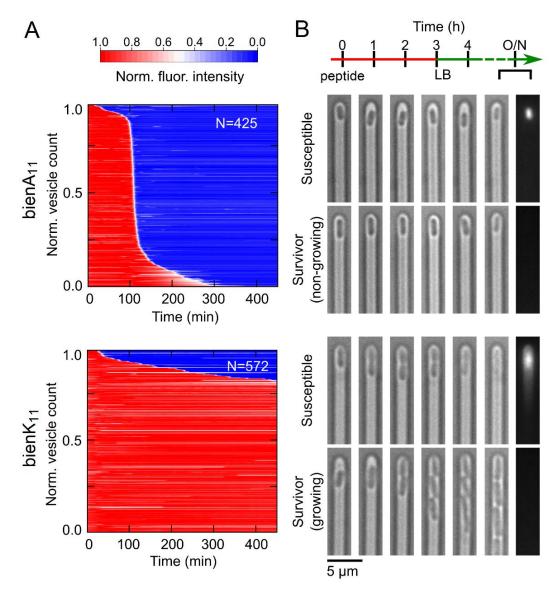


Figure 3. Functional implications of the two rupture pathways. (A) Summaries of membranolytic activities for bienA<sub>11</sub> and bienK<sub>11</sub> (10 μM peptide) against anionic GUVs (DOPC/DOPG, 3:1 molar ratio). Each horizontal line depicts the normalised intensity of an encapsulated dye (fluorescent dye 8-hydroxypyrene-1,3,6-trisulfonic acid) in a single trapped vesicle over time, after background subtraction. GUV membranes, intact and compromised, are at high (red) and low (blue) fluorescence intensities, respectively. N denotes the number of analysed vesicles. (B) Two panels of optical micrographs showing individual microfluidic channels with *E. coli* cells during peptide treatment: 10 μM peptide is added (0 hours) and then bright-field micrographs were taken at hourly intervals. After 3 hours of incubation with peptide the cells were flushed with fresh lysogeny broth (LB) and the incubation was continued to determine cell re-growth at 4 hrs. After the following overnight incubation (O/N) the cells were stained with propidium iodide, a live—dead stain penetrating dead bacteria with compromised membranes. The last micrographs (to the right) in the panels are fluorescence images of the O/N samples. Fluorescent cells are susceptible cells lysed by peptide. Non-fluorescent cells are survivor cells of two types: non-growing, non-dividing cells (upper panel) and cells that were dividing during the treatment (lower panel).

## **Molecular Model and Characterisation**

Consistent with the distinctive behaviours of the two series by AFM and biological tests, molecular dynamics (MD) simulations revealed that bienK strongly binds to phospholipid headgroups and pulls them towards the midplane interface compressing the bilayer (Fig 4A, B). By contrast, bienA increases the membrane area per lipid by escaping perpendicular orientation to membrane normal and favoring transmembrane insertion, which leads to the formation of a water-filled transmembrane channel (Figs 4B, S11A-C). This is also reflected in a much higher probability of water molecules penetrating the bilayer for beinA (Figs S11D). The potential of mean force (PMF) measured over a distance to the membrane midplane proved to be significantly lower for bienA than for the protonated bienK (Fig 4C). This indicates that bienA remains deep in the bilayer facilitating poration, as was observed.

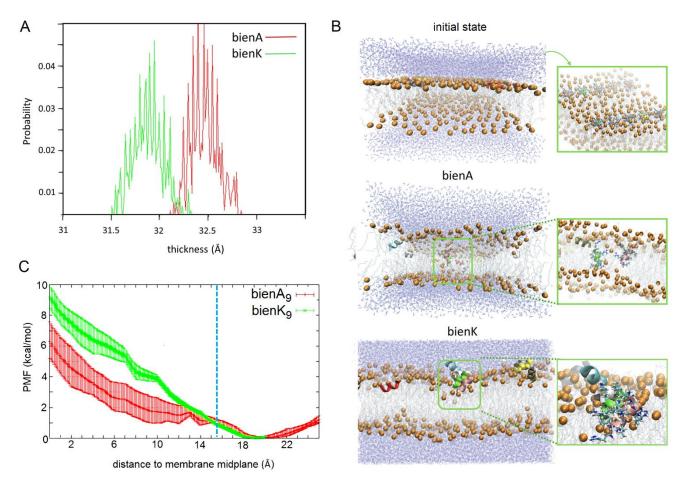


Figure 4. MD simulations of peptide insertion into phospholipid bilayers. (A) 1-μs simulations of bienA<sub>9</sub> and beinK<sub>9</sub> run for ten molecules each showing distributions of an average thickness of DLPC/DLPG (3:1 molar ratio) membranes. (B) Snapshots of MD simulations for the initial state and after 500 ns into simulations for each series (right panel) and more detailed snapshots highlighting peptide-lipid interactions (left panel). Key: blue lines denote water, orange spheres are phosphates, grey lines are lipid tails, cartoon and stick representations are

used for peptides. (C) PMF over a distance to the membrane midplane for bienA<sub>9</sub> (red) and protonated bienK<sub>9</sub> (green). The dashed blue line denotes the membrane surface.

In bienK, lysine, unlike arginine, can be deprotonated in membranes, <sup>47</sup> which allows it to fit in the hydrophobic bilayer interface. Upon protonation the lysyl side chain transforms into a cation, which introduces electrostatic repulsions between the hydrophobic faces of bienK molecules and competition with their cationic faces for phosphate groups. <sup>47-49</sup> Therefore, the lysyl side chain re-orients towards phospholipid headgroups resulted in a shallower insertion of bienK (Figs 4B, S2). This differentiator should carry a cost of destabilizing the helix. Indeed, this was observed. Circular dichroism (CD) spectroscopy showed that bienK peptides were less helical than bienA in anionic unilamellar vesicles (Fig S12A, B). No folding was apparent for bienK in zwitterionic vesicles, with CD spectra being characteristic of random coil conformations (Fig S12C). Unlike the lysine, the alanyl side chain could readily orient in the hydrophobic environment of the bilayer interface, which allows bienA to retain its hydrophobic face undisrupted thereby enhancing the contribution of the hydrophobic effect on folding. <sup>50</sup> As a result, longer sequences of bienA retained helicity (Fig S12D).

Isothermal titration calorimetry (ITC) provided a more quantitative measure of peptide-membrane interactions. For bienA<sub>9</sub>, peptide titrations into anionic phospholipid membranes revealed an initial exothermic process indicating enthalpy-driven ionic and hydrogen-bond interactions (Fig S13A). As peptide-lipid ratios increased endothermic processes became more apparent suggesting an increase in hydrophobic surface area<sup>51</sup> as a result of peptide insertion into the bilayer (Fig S13A). This process showed appreciable gain in binding free energy ( $\Delta G$  of -7.2 kcal/mol) and dissociation constant ( $K_D$ ) of 0.17  $\mu$ M. Characteristic of pore-forming antibiotics,<sup>52</sup> these values reflect changes in bound-unbound water and its release from the apposed hydrophobic surfaces of peptides and the bilayer, which proves consistent with the results of MD simulations. By contrast, binding isotherms obtained for bienK<sub>9</sub> gave a large  $K_D$  (2.12  $\mu$ M) and a positive  $\Delta G$  (1.03 kcal/mol), indicating an entropy-favoured process (Fig S13A). With no binding detected in zwitterionic vesicles for either of the series (Fig S13B), it can be concluded that the two modes of membrane disruption observed by AFM derive from two thermodynamically distinctive pathways of membrane binding and are reactant (peptide) driven.

As complex, multi-component systems, lipid membranes can adopt various forms of lateral segregation. Liquid nanoscale domains can be controlled by temperature and mechanical stimuli, while binary and ternary lipid mixtures can form liquid, gel or so-called ripple phases and exhibit broader behaviors including miscibility transitions, spinodal decomposition and viscous fingering in giant vesicles. These domains have distinct mechanical properties and interfacial tension at coexisting phase boundaries, which can lead to preferential segregation of proteins. 56,57

Most recently, pattern-forming morphologies in supported lipid bilayers were reported in the so-called double bilayers.<sup>58, 59</sup> These morphologies bear relevance to our study as they exhibit similar growth dynamics and dimensions to the fractal ruptures caused by bienK in single bilayers. These morphologies are driven not by the switched polarity of adsorbed peptides, as in our case, but by tensile stress during flow.<sup>59</sup> The rupture patterns are described to form in the distal bilayer of a double bilayer through burst events giving rise to branched defects.<sup>58</sup> To describe these defects, equation (1) must include pore growth dynamics which obey a form of Stokes equation:

$$\nabla \sigma = \xi \vec{v} - \mu \nabla^2 \vec{v} \tag{4}$$

with viscosity ( $\mu$ ) and co-efficient ( $\xi$ ) representing frictional interactions in lipid bilayers.<sup>60</sup> From this a relaxation time  $\tau_r = \left(\frac{\xi}{\gamma}\right) L$  can be derived for a pore perimeter (L). If membrane rupture occurs at a speed v such that its propagation timescale,  $\tau_p = L/v$ , is faster than the membrane relaxation time, the pore edge response is too slow to establish the energetically favored circular periphery. Above critical length scale  $L_C = \left(\frac{\gamma}{\xi v}\right)^{1/2}$  irregular interfaces appear with morphologies like Staffman-Taylor instabilities in fluid flow as found by AFM for the bienK series (Fig 2C).

In double bilayers such instabilities lead to complete transmembrane ruptures formed spontaneously under tensile stress in the distal bilayer of a double bilayer.<sup>58</sup> This is in contrast to the fractal ruptures in our study, which are caused by a prescribed chemical switch (Ala→Lys mutation) in the distal leaflet of a single bilayer. The dissipation caused in double bilayers is composed of sliding friction between the upper and lower bilayers, and the spreading of the lower bilayer on the surface. In bienK, the geometry is simpler. It is a single bilayer, in which non-trivial defects observed are confined to the upper leaflet. The relevant friction coefficient in this case is the inter-leaflet friction with the tension gradient

provided by the surface-bound bienK. This case is significantly different from the double bilayer: in SLBs the lower leaflet has no net velocity. To rupture SLBs local tensile stress must be induced by chemical cues, bienK peptides in our case, which adhere to the surface of the bilayer, insert into it and assemble into peptide-lipid interfaces in the sites of insertion. The ruptures initiate rapidly into branching defects followed by fingering instabilities proceeding more slowly. Indeed, fractal ruptures formed in SLBs within minutes after adding bienK (Fig S14), evolving marginally over an hour (Movie S1). The ruptures remained conserved in morphology and depth over time, and unlike membrane thinning effects, which enhance pore formation,<sup>44</sup> did not evolve into pores. The fractal dimensions of these ruptures proved to be peptide determined and decreased with decreasing peptide length (Fig S7). Fractal patterns could still be observed for bienK<sub>8</sub> whose dimensions were comparable to those of bienK<sub>11</sub> (Fig S5). In both these peptides the C-terminal residue is arginine, which provides five hydrogen-bond donors enhancing affinity towards phosphate groups.<sup>47</sup> By trapping more phosphate and water, bienK<sub>11</sub> promoted faster growth and lateral expansion (Fig S14).

To realize a practical model for these observations it may also be necessary to modify the application of equation (1) to account for the observation of anomalous disruption modes being confined to the upper leaflet. In this case the estimates of surface and perimeter tensions are both significantly different from their transmembrane forms. Unlike the case of a transmembrane pore, disruption of the upper leaflet only exposes a hydrophobic surface to the surrounding water leading to an inverted situation where the "elastic sheet" model fails, and disruptions of large perimeter and smaller areas are preferred geometries. Further work is in progress to devise a realistic elastic model and simulation of such a situation.

## **CONCLUSIONS**

Our present results show that the switched polarity of a single side chain in the hydrophobic face of amphipathic peptides activates peptide-lipid interfaces causing a rupture pathway that appears distinct from known manifestations of membrane heterogeneities, phase separation, pore formation phenomena or other forms of lateral segregation. These chemically induced interfaces can be viewed as charged equipotential surfaces with a degree of translational freedom that circular edges are too slow and sterically hindering to accommodate. Peptides in these interfaces adopt shallow insertion geometries

that can arrange an aperture only in the upper distal leaflet. This exposes the hydrophobic proximal layer of membranes resulting in unfavorable water-lipid interfaces, which creates a situation that fundamentally changes the assumptions built into equation (1). The preferred geometry is no longer circular. <sup>58-61</sup> Instead, structured defects with large perimeters and small areas are formed.

Molecular mechanisms of various pore-forming and membrane disruption phenomena found in peptides, proteins, antibiotics and various nanoparticles have been intensively studied using supported lipid bilayers. 62-66 However, a strategy to elucidate a unifying mechanism has not emerged. The present study used a relatively simple strategy, which allowed to reveal a physical mode of membrane remodelling, which to our knowledge has neither been previously observed nor proposed. The sensitivity of the chemical (peptide) triggers that separate conventional membrane poration from anomalous membrane disruption pathways is particularly striking. The two mechanisms are closely competing processes, which are independently activated by a single residue mutation. Computed potentials of mean force and simulations at the molecular scale give an early insight into insertion energetics and structural bias with resolutions capable of discriminating between single residue mutations. Future work on peptide—lipid organisation in the fractal pathways of membrane disruption and the nature of the exposed surfaces will be required to realize a refined theoretical model which includes the essential physics of these modes either at molecular or coarse-grained length scales. Extending and developing the notion of a minimal switch based on first design principles but which select between discrete disruption pathways in reconstituted bilayer systems offer the basis of a useful and systematic approach to devising more unified models of membrane instabilities.

## **MATERIALS AND METHODS**

**Peptide synthesis.** All the peptides were assembled on a Liberty microwave peptide synthesizer (CEM Corp.) using standard Fmoc/tBu solid-phase protocols with HBTU/DIPEA as coupling reagents. Rink amide 4-methylbenzhydrylamine resin was used throughout. Upon cleavage and deprotection (95% TFA, 2.5% TIS, 2.5% water) peptide identities were confirmed by analytical RP-HPLC and MALDI-ToF mass spectrometry.

MS [M+H]<sup>+</sup>: bienA<sub>7</sub> – m/z 853.1 (calc), 855.6 (observed); bienA<sub>8</sub> – m/z 1009.3 (calc), 1011.6 (observed); bienA<sub>9</sub> – m/z 1122.4 (calc), 1125.0 (observed); bienA<sub>10</sub> – m/z 1235.6 (calc), 1238.4 (observed); bienA<sub>11</sub> – m/z 1391.8 (calc), 1395.6 (observed); bienK<sub>7</sub> – m/z 910.2 (calc), 910.8 (observed); bienK<sub>8</sub> – m/z 1066.4 (calc), 1069.9 (observed); bienK<sub>9</sub> – m/z 1179.5 (calc), 1182.2 (observed); bienK<sub>10</sub> – m/z 1292.7 (calc), 1295.6 (observed); bienK<sub>11</sub> – m/z 1448.9 (calc), 1451.2 (observed); melittin – m/z 2846.5 (calc), 2846.7 (observed).

High performance liquid chromatography. Analytical and semi-preparative gradient RP-HPLC was performed on a Thermo Scientific Dionex HPLC system (Ultimate 3000) using Vydac C18 analytical (5  $\mu$ m) and semi-preparative (5  $\mu$ m) columns. Analytical runs used a 10-70% B gradient over 30 min at 1 mL/min, semi-preparative runs were optimised for each peptide at 4.7 mL/min. Detection was at 230 and 214 nm. Buffer A – 5% and buffer B – 95% aqueous CH<sub>3</sub>CN, 0.1% TFA.

Lipid vesicle preparation. The lipids used for the assembly of unilamellar vesicles were from Avanti Polar Lipids: 1,2-dilauroylphosphatidylcholine (DLPC) was used for zwitterionic vesicles, while its mixture with 1,2-dilauroyl-sn-glycero-3-phospho-(1'-rac-glycerol) (DLPG) at a 3:1 molar ratio was used for anionic vesicles. The lipids were weighted up, dissolved in chloroform and dried under a nitrogen stream to form a thin film. The film was hydrated in 10 mM phosphate buffer (pH 7.4), vortexed for 2 min and bath sonicated for 30 min. The obtained suspension was extruded using a handheld extruder (Avanti Polar lipids) (29 times, polycarbonate filter, 0.05 μm) to give a clear solution containing small unilamellar vesicles (SUV), which were analysed (50 nm) by photon correlation spectroscopy using a Zetasizer Nano (ZEN3600, Malvern Instruments, UK) following the re-suspension of vesicles to a final concentration of 1 mg/mL. Dynamic light scattering batch measurements were carried out in a low volume disposable cuvette at 25°C. Hydrodynamic radii were obtained through the fitting of autocorrelation data using the manufacture's software, Dispersion Technology Software (DTS version 5.10).

**Circular dichroism spectroscopy.** CD spectra were recorded on a JASCO J-810 spectropolarimeter. All measurements were taken in millidegrees using 1 nm step, 1 nm bandwidth, 1 second collection time per step and 4 acquisitions. After baseline subtraction the spectra were converted to mean residue

ellipticities (MRE, deg cm $^2$  dmol $^{-1}$  res $^{-1}$ ) by normalising for the concentration of peptide bonds and the cell pathlength. All measurements were recorded in a quartz cuvette with 0.1 cm pathlength. Aqueous peptide solutions (300  $\mu$ L, 40  $\mu$ M total peptide) were prepared in filtered (0.22  $\mu$ m) 10 mM phosphate buffer, pH 7.4. CD spectra recorded in the presence of unilamellar phospholipid vesicles are for lipid-peptide (L/P) molar ratios of 100.

**Isothermal titration calorimetry**. Measurements were obtained using a Microcal isothermal titration calorimeter-200 (ITC-200) which has a cell volume of ~ 0.2026 mL and a syringe volume of ~ 0.04 mL. The titrations were performed with a 60-s initial delay and a 120-s equilibration time between the start and end of each titration. Experiments were performed at 25 °C with a stirring speed at 750 rpm until no further enthalpy changes were observed. Binding isotherms were recorded for peptides (500 μM) titrated into unilamellar phospholipid vesicles (380 μM, total lipid) in the cell. The observed heats were corrected for dilution effects by titrating the protein into the buffer. Data was analysed by proprietary software (Microcal Origin 7.0) using one-set binding model to allow for the determination of association constants (Ka), changes in enthalpy ( $\Delta H$ ) and entropy ( $\Delta S$ ). Each experiment was performed in duplicate.

Preparation of supported lipid bilayers for in-liquid AFM imaging. Supported lipid bilayers were formed using the vesicle fusion method, as described elsewhere. Freshly prepared vesicles (5 μL, 1 mg/mL) – DLPC/DLPG (3:1 molar ratio) for anionic SLBs and DLPC for neutral SLBs – were added to cleaved mica pre-hydrated in 20 mM MOPS, 120 mM NaCl, 20 mM MgCl<sub>2</sub> (pH 7.4). After incubation over 45 min, the samples were washed 10 times with imaging buffer (20 mM MOPS, 120 mM NaCl, pH 7.4) to remove unfused vesicles. The resulting SLBs stabilised by divalent cations (Mg<sup>2+</sup>), which bridge negatively charged phosphate headgroups to the negatively charged mica surface, were checked for defects and the bilayer thickness was verified by AFM indentation. Mica sample discs (Agar Scientific, Stansted, UK) were mounted on steel discs topped with hydrophobic fluorinated ethylene propylene (FEP) coated Bytac laminate (Saint-Gobain, Performance Plastics Corp) to prevent the leakage of aqueous solution during imaging.

In-liquid atomic force microscopy imaging of supported lipid bilayers. Topographic imaging of supported lipid bilayers, DLPC and DLPC/DLPG (3:1 molar ratio), in aqueous buffers was performed at room temperature. Images were recorded on a Multimode 8 AFM system (Bruker AXS, CA, USA) using Peak Force Tapping<sup>TM</sup> mode and MSNL-E cantilevers (Bruker AFM probes, USA). Images were taken at the PeakForce frequency of 2 kHz, PeakForce amplitude of 10-20 nm and PeakForce set point of 10-30 mV (<100 pN). The images were then processed using Gwyddion (http://gwyddion.net) for line-by-line background subtraction (flattening) and plane fitting. Cross-section measurements were carried out using Gwyddion and plotted using Origin (OriginLab, MA, USA). Peptides, diluted in the existing buffer solution (120 mM NaCl, 20 mM MOPS, pH 7.4), were introduced into a 100 μL fluid cell (Bruker AXS, USA) to the final concentrations stated.

Minimum inhibitory concentrations assay. Minimum inhibitory concentrations (MICs) were determined by broth microdilution on different bacteria according to the Clinical and Laboratory Standards Institute. Typically,  $100 \mu L$  of  $0.5-1 \times 10^6$  CFU per ml of each bacterium in Mueller Hinton media broth (Oxoid) were incubated in 96-well microtiter plates with  $100 \mu L$  of serial twofold dilutions of the peptides (from 100 to  $0 \mu M$ ) at 37 °C on a 3D orbital shaker. The absorbance was measured after peptide addition at  $600 \mu M$  using a SpectraMax i3x Multi-Mode Microplate Reader (Molecular Devices). MICs were defined as the lowest peptide concentration that inhibited visible bacterial growth after 24 h at 37 °C. All tests were done in triplicate and results are summarised in Table S1.

**Hemolysis assay.** Hemolysis was determined by incubating a 10% (vol/vol) suspension of human erythrocytes with peptides. Erythrocytes were rinsed four times in 10 mM phosphate buffer saline (PBS), pH 7.2, by repeated centrifugation and re-suspension (3 min at  $3000 \times g$ ). Erythrocytes were incubated at room temperature for 1 h in either deionized water (fully haemolysed control), PBS, or with peptide in PBS. After centrifugation at  $10,000 \times g$  for 5 min, the supernatant was separated from the pellet, and the absorbance was measured at 550 nm using a SpectraMax i3x Multi-Mode Microplate Reader (Molecular Devices). Absorbance of the suspension treated with deionized water defined complete haemolysis (100%). The values given in Table S1 correspond to the % haemolysis observed with 250  $\mu$ M peptide. All tests were done in triplicate and results are summarised in Table S1.

Microfluidic assays using anionic giant unilamellar vesicles (GUVs). GUVs were prepared via the octanol-assisted liposome assembly technique, trapped in arrays of hydrodynamic posts, and treated with peptides. All the steps were integrated in a single bespoke microfluidic platform. A detailed protocol of the technique, microfluidic designs and GUV assemblies can be found elsewhere. 43, 68 The lipid mixture of 3:1 ratio 1,2-dioleoyl-sn-glycero-3-phosphocholine (DOPC) with 1,2-dioleoyl-snglycero-3-phospho-rac-(1'-rac-glycerol) sodium salt (DOPG) was used for the assembly of anionic GUVs (lipids were purchased from Avanti Polar Lipids). The GUV assembly was prepared in 200 mM sucrose solution with 15% v/v glycerol in PBS (Phosphate buffered saline) at pH 7.4. The vesicles encapsulate a fluorescent dye 8-hydroxypyrene-1,3,6-trisulfonic acid (HPTS, 50 µM, purchased from ThermoFisher). The microfluidic assay was controlled by two pressure-driven pump modules (MFCS-4C, Fluigent), and a single neMESYS syringe pump module for fluid manipulation. Once the GUVs were assembled and trapped, the vesicles were perfused continuously overnight (~12 hrs) by the buffer solution used for GUV assembly containing 10 µM of the subject peptide. The perfusion solution contains 5 µM HPTS to mark peptide arrival in the chamber at (t=0). The connected device was mounted onto a motorized Prior XYZ-stage that scans the filled trap arrays, which is mounted on an Olympus IX73 inverted microscope equipped with a 10× air objective (Olympus UPLFLN) and a wLS LED lamp from QImaging as the light source for fluorescence imaging. Images of the GUVs were acquired using a Photometrics Evolve 512 camera controlled by µManager 1.4 software, which synchronized the acquisition with the automated scanning stage, at a rate of 1 frame per minute for a given ROI. The data was later analysed using a custom Python code that detected the GUVs and collated their fluorescence intensity traces with peptide arrival in the microfluidic chambers. The results are shown in Figures 3 and S9 with the intensity traces ordered by the critical viability time point, which is defined as the point when the fluorescence intensity of a vesicle decreases below 50% of its initial intensity.

**Bacterial culture for single-cell antimicrobial kinetics measurements.** Lysogeny broth (LB) (10 g/L tryptone, 5 g/L yeast extract, and 10 g/L NaCl, Melford) and LB agar plates (LB with 15 g/L agar) were used for planktonic and plate bacteria growth, respectively. *E. coli* BW25113 was purchased from Dharmacon (GE Healthcare). Single colonies were picked from a streak plate and incubated at 37 °C

for ~16 hours in fresh LB medium (150 mL) with shaking (200 rpm). The prepared culture was spun down (5 min, 3220 g and 20 °C). The supernatant was filtered twice (Medical Millex-GS Filter, 0.22 µm, Millipore Corp.) and used to re-suspend the bacterial pellet at the OD<sub>595</sub> of 75. The resulting highly concentrated bacterial suspension was used for single-cell kinetic measurements, together with M9 minimal medium (1 × M9 salts, 2 mM MgSO<sub>4</sub>, 0.1 mM CaCl<sub>2</sub>, 1 mg/L thiamine hydrochloride in milliQ water) (Sigma Aldrich) and propidium iodide (PI) (Thermo Fisher Scientific), as described below.

Single-cell antimicrobial kinetic measurements. Antimicrobial efficacy with a single-cell resolution was determined using a multi-channel microfluidics device as described elsewhere. 65 The device used was a polydimethylsiloxane (PDMS, Dow Corning) replica of the original mold kindly provided by Prof Suckjoon Jun (UCSD). The device is an array of dead-end microfluidic channels 1.4 µm in height and width, and 25 µm in length. Each channel can host 1-4 bacterial cells in a single file. The channels are connected to a main microchamber (25x100 µm) that is continuously supplied with antimicrobial agents, fresh LB or propidium iodide (see below). The device was permanently bounded to a glass coverslip via air plasma treatment and functionalized with a solution of bovine serum albumin (50 mg/mL). A 5-μl aliquot of the highly concentrated E. coli suspension was injected into the device and individual bacteria were allowed to diffuse into the lateral channels over 30 min. The device was then interfaced with fluorinated ethylene propylene inlet and outlet tubing (1/32"×0.008") connected to a flow-rate measuring system (Flow Unit S, Fluigent, France) with the applied pressure controlled by a computerized pressure-based microfluidic flow control system (MFCS-4C, Fluigent). The completed device was mounted on an inverted microscope (IX73 Olympus, Tokyo, Japan) equipped with a 60×, 1.2 N.A. objective (UPLSAPO60XW, Olympus). A sCMOS camera (Zyla 4.2, Andor, Belfast, UK) was used to acquire bright-field images (exposure time 0.03s) of the cell-hosting channels. Cells were first treated by flowing M9:LB (9:1 v:v) containing 10 μM peptide at 100 μL/h through the chip over three hours with bright-field images acquired at experiment initiation (t=0) and at hourly intervals thereafter. This was followed by incubation with LB for a further 19 hrs (flow rates of 100  $\mu$ L/h for the first 3 hrs, during which bright-field images were acquired hourly, and 50 µL/h for the subsequent 16 hrs, overnight). Finally, PI (30 µM) was delivered into the microfluidic device for 15 min to identify dead cells with compromised cell membranes, with images acquired in both bright-field and epifluorescence (pE-300 white LED light source) to distinguish dead cells and survivors. The microfluidics-microscopy platform enables the tracking of each bacterial cell and its progeny throughout the assay, with the images analysed using FIJI.

Molecular dynamics. Peptides for bienA and bienK were modelled as ideal helices and initially placed in a configuration parallel to the membrane (Fig 4B). A single peptide was centred on the membrane for PMF calculations; 10 peptides were placed on a grid for classical MD simulations. All simulations were performed using a 12x12 nm model phospholipid bilayer of the same lipid composition used in the experiments, *i.e.* DLPC/DLPG at 3:1 molar ratio. Peptide-membrane systems were parameterised using the CHARMM36 force field for lipids, CHARMM27 for peptides, and TIP3P for water. Sodium counter ions were used for charge neutralization.

All systems were equilibrated using the following protocol: a) 5000 minimization steps; b) 10 ns with harmonic constraints (1 kcal/mol/A<sup>2</sup>) on protein and lipid heads; c) 10 ns with harmonic constraints (1 kcal/mol/A2) on protein only; d) 10 ns without constraints. The classical MD production runs were simulated for 500 ns for each of two independent replicas, with temperature and pressure kept constant by using Langevin thermostat and Nosé-Hoover Langevin piston barostat. The particle-mesh Ewald method<sup>69</sup> was used to evaluate the electrostatic energy. A 12 Å cut-off was applied to nonbonded interactions. All the simulations were carried out with the NAMD 2.9 software.<sup>70</sup>

PMF calculations were used to estimate the free energy barrier for peptides to translocate the membrane, by using the adaptive biasing forces (ABF) method as implemented in NAMD. The reaction coordinate was chosen to be the z-coordinate of the center of mass (COM) of the peptide, relative to the instantaneous midplane of the membrane given by the z-coordinate of the COM of all phosphorus atoms. The calculation was started from the endpoint of the corresponding equilibration phase.

The reaction coordinate was broken down into consecutive windows, and each one of these was simulated for 100 ns. The window size was set to 1 Å and a force constant of 10 (kcal/mol)/Å<sup>2</sup> was used to confine the sampling within the window. The bin width for accumulating the instantaneous force was 0.1 Å. A threshold of 20 000 samples was set before applying any adaptive biasing force. The standard

error in the PMF was estimated from different time blocks. The calculated data were split into two block sets of 50 ns per window. Spatial coarse-grained models of bienA and bienK (Fig 1D) were built using the Martini framework<sup>71</sup> and rendered by PyMol. Fractal dimensions of the defects observed for the bienK series were computed using the box counting method with the sliding box algorithm.

## SUPPORTING INFORMATION

Supporting Information is available online free of charge on the ACS Publications website. Table, Figures and Movies as described in the text: biological activities of the peptides used in the study and antibiotics used for comparison. RP-HPLC profiles and MALDI-ToF spectra for the peptides; MD simulations for the peptides and their insertion modes in membranes; CD and ITC spectra for peptide folding and thermodynamics in membranes; AFM, fluorescence images and microfluidics data.

#### **AUTHOR CONTRIBUTIONS**

Author contributions: K. H. and F. C. contributed equally to this work.

#### **NOTES**

The authors declare no competing financial interests.

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