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# Getting Involved on a College Campus

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# About the Authors

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Amanda Jarrett and Laura Johnson are both in their first year of earning their master's in student affairs at Western Kentucky University. Amanda works in the Downing Student Union Operations Office. Laura works in the Student Activities Office.



## References

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# Getting Involved on a College Campus

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A guide for the current student looking for something to do, people to join, and cause to become passionate about!





## Where to Start?

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Getting Involved is easier than you think! With student organizations, multiple leadership and service programs, employment opportunities, and friendly people to help you find the right resources, finding your niche on a college campus is simple.

### Look for Organizations on Campus

Figuring out your place on a college campus can be an overwhelming task! It is normal to not know where to begin. Narrowing down what type of group you would like to be involved with could be a great beginning.

- Student Government Association
- Campus Activities Board
- Greek Life
- Volunteer Opportunities

*"Research shows that students who are involved on campus and engaged in both academic and co-curricular activities are more successful students. If you are looking to make new friends, learn something new, or gain or improve your leadership skills, getting involved is a great way to accomplish these goals."*

## Where do I Sign Up?

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This is a great question and will vary by campus. The Student Activities office is a great place to start, and they will have contact information for any organization you need.

At the beginning of the semester, you will find it incredibly easy to sign up and get started with an organization. Many organizations use a variety of ways to reach out to potential new members such as a standard intake process, tabling with sign up sheets, social media outreach, and word of mouth from current members.

## Benefits

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Students who are involved are more likely to stay on campus, have greater social skills, and have more activities to put on a resume.

Students who do not get involved are more likely to feel homesick and disconnected from campus. If you find yourself feeling like an outsider on campus, find a group to join!



## More Activities

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- Orientation Week
- Resident Hall programming
- Intermural Sports
- Recreational Clubs
- Alternative Breaks
- Religious Groups
- Gym Facilities
- Homecoming