

Table for *Bellumori, M.* Effects of a High Speed-Low-Resistance Bicycling Intervention in Parkinson's Disease.

	Pre-mean (SD)	Post-mean (SD)	t- value	p- value	% Change
Unified Parkinson's Disease Rating Scale	18 (6.80)	14.18 (6.08)	-4.35	<b>0.001</b>	-21.21
Hoehn-Yahr stage	2.55 (0.61)	2.59 (0.63)	1	0.341	1.54
Short Form (36) Health Survey	53	57.27	1.47	0.247	7.02
Activities Specific Balance Scale	77.33 (16.28)	88.26 (12.29)	2.26	<b>0.048</b>	15.51
Timed Up and Go (s)	7.35 (1.82)	6.15 (1.71)	-6.03	<b>&lt;0.001</b>	-16.27
6 Meter Walk (s)	3.53 (0.97)	2.99 (0.71)	-4.42	<b>0.001</b>	-15.14
Steps taken during 6 Meter Walk (#)	8.3 (1.32)	7.23 (1.03)	-5.88	<b>&lt;0.001</b>	-9.91
4 Square step test (s)	8.05 (1.53)	6.74 (1.68)	-4.75	<b>&lt;0.001</b>	-16.27
9 Hole peg test (s)	24.30 (4.71)	22.35 (4.22)	-3.04	<b>0.012</b>	-8.05
Simple Reaction Time (s)	0.29 (0.09)	0.26 (0.06)	-2.08	0.064	-12.99
Choice Reaction Time (s)	0.43 (0.08)	0.36 (0.08)	-2.74	<b>0.021</b>	-16.31
Shirt Buttoning Task (s)	66.54 (42.87)	42.25 (32.66)	-2.13	0.059	-30.05
Functional Reach Test (cm)	25.1 (3.062)	32.70 (6.51)	4.1	<b>0.003</b>	27.13
Grip Strength (kg)	31.91 (10.06)	32.18 (10.43)	0.17	0.872	0.85
Signature Size (mm <sup>2</sup> )	548.55 (224)	742.7 (376)	-1.70	0.119	35.40