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Special Education, School of Teacher Education

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Behavioral Contract

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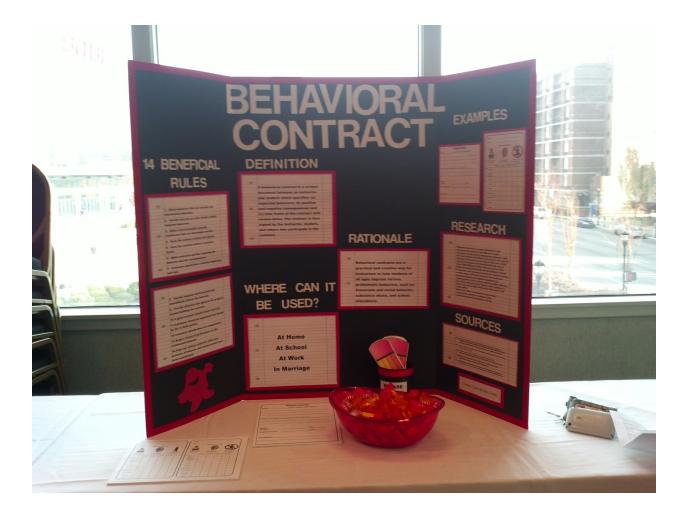
Title: Behavioral Contracts

Date: December 6, 2012

Key words: Special Education, behavior, classroom management, behavior intervention plan, BIP

Abstract

The purpose of this poster is to answer the questions: a) How can behavior contracts be utilized in the classroom; and b) How effective are behavioral contracts in a classroom behavior management system? The related research includes an article that demonstrated the effectiveness of using behavioral contracts with middle school students who were labeled with Emotional and Behavioral Disorders (EBD). When behavior contracts were in place the inappropriate behavior within the classroom decreased. Behavior contracts seem to be effective for behavior modification of middle school students. It is recommended that behavior contracts be considered for use in classrooms or individual behavior modification plans.



Definition

A behavioral contract is a written document between an instructor and student which specifies: (a) expected behaviors; (b) positive and negative consequences; and (c) time frame of the contract with review dates. The contract is then signed by the instructor, student, and others who participate in the contract. (Utah State Office of Education)

Where can it be used?

School Home Work Marriage

Rationale

Behavioral contracts are a practical and creative way for instructors to help students of all ages improve various problematic behaviors, such as: Classroom and social behavior, substance abuse, and school attendance. (Utah State Office of Education)

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Science/SS					
Recess					
Math					

(KinderTastic, 2011)

Beha	avior Contract		
Goal: agrees to give 100% effort in			
When this goal is reached, he	e or she will earn		
Student	Date		
Teacher/Parent	Date		
Consequence			

(Lorinda-character education, 2012)

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Poster-APACitation

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