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Title: Intraosseous infusion of the distal phalanx compared to systemic intravenous infusion for marimastat delivery to equine lamellar tissue

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1 **Intraosseous infusion of the distal phalanx compared to systemic intravenous infusion**  
2 **for marimastat delivery to equine lamellar tissue**

3

4

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16

## 17 **Highlights**

18

- 19 • Ultrafiltration was used to collect lamellar interstitial fluid for pharmacokinetic  
20 analyses
- 21 • Intraosseous infusion of the distal phalanx (IOIDP) with marimastat results in similar  
22 lamellar marimastat concentrations to systemic intravenous constant rate infusion.
- 23 • Further refinement of the IOIDP technique is necessary if it is to be useful for local  
24 lamellar drug delivery.

## 25 **Abstract**

26

27 No validated laminitis drug therapy exists, yet pharmaceutical agents with potential  
28 for laminitis prevention have been identified. Many of these are impractical for systemic  
29 administration but may be effective if administered locally. This study compared intraosseous  
30 infusion of the distal phalanx (IOIDP) with systemic intravenous constant rate infusion (CRI)  
31 to determine which was more effective for lamellar marimastat delivery. Ultrafiltration  
32 probes were placed in both forefeet of five horses to collect lamellar interstitial fluid as  
33 lamellar ultrafiltrate (LUF). Marimastat solution (3.5 mg/mL) containing lidocaine (20  
34 mg/mL) was infused by IOIDP at 0.15 mL/min for 12 h. After a 12 h wash-out, marimastat  
35 (3.5 mg/mL) and lidocaine were infused by constant rate infusion (CRI) at 0.15 mL/min for  
36 12 h. LUF, plasma and lamellar tissue marimastat concentrations were quantified using  
37 UPLC-MS. Zymography was used to establish the inhibitory concentrations of marimastat for  
38 equine lamellar matrix metalloproteinases (MMPs). Data were analysed non-parametrically.

39

40 There was no difference between the steady-state marimastat concentration in  
41 lamellar ultrafiltrate ( $LUF_{[M]}$ ) during IOIDP (139[88-497] ng/mL) and CRI (136[93-157]  
42 ng/mL). During IOIDP, there was no difference between marimastat concentrations in the

43 treated foot (139[88-497] ng/mL), the untreated foot (91[63-154] ng/mL) and plasma  
44 (101[93-118] ng/mL). LUF<sub>[M]</sub> after IOIDP and CRI were >IC<sub>50</sub> of lamellar MMP-2 and 9, but  
45 below the concentration considered necessary for in vivo laminitis prevention. Lamellar drug  
46 delivery during IOIDP was inconsistent and did not achieve higher lamellar marimastat  
47 concentrations than CRI. Modification or refinement of the IOIDP technique is necessary if it  
48 is to be consistently effective.

49

50 *Keywords:* Horse; MMP-inhibitor; Pharmacokinetics; Laminitis; Ultrafiltration.

## 51 **Introduction**

52 Laminitis is a crippling disease of the equine foot. There are no experimentally  
53 validated pharmacological means of treating or preventing laminitis. Activation of matrix  
54 metalloproteinases (MMPs) and ADAMTS (a disintegrin and metalloproteinase with  
55 thrombospondin motifs)-4 has been implicated in inflammatory laminitis pathophysiology  
56 (Pollitt et al., 1998; Visser, 2009; Wang et al., 2012). The broad spectrum MMP inhibitors  
57 marimastat and batimastat prevent lamellar separation in vitro (Pollitt et al., 1998). They also  
58 inhibit ADAMTS-4 (Tortorella et al., 2009). Investigation of their in vivo efficacy is  
59 warranted, but has been prevented by their impracticality for systemic administration due to  
60 expense, systemic side effects (Levin et al., 2006), and rapid clearance after intravenous (IV)  
61 administration (M.A. Pass and C.C. Pollitt, unpublished data). A regional lamellar delivery  
62 technique is required for experimental evaluation of their anti-laminitis potential.

63

64 IOIDP has been investigated for short-term delivery of gentamicin to lamellar tissue  
65 (Nourian et al., 2010). Lamellar gentamicin concentrations were significantly higher than  
66 those in plasma, suggesting IOIDP had potential for regional lamellar delivery. However,  
67 administration of insulin by IOIDP over 48 h resulted in foot pain and no evidence of

68 effective local delivery (de Laat, 2011). Further investigation is warranted to determine if  
69 long-term IOIDP results in regional lamellar delivery and whether the technique is tolerated  
70 by the subject.

71

72 In this study, a modified intraosseous (IO) infusion of the distal phalanx (IOIDP)  
73 technique was compared with systemic constant rate infusion (CRI) to determine which  
74 delivered marimastat more effectively to the lamellar region of the horse's foot. Lamellar  
75 ultrafiltrate (LUF) obtained via lamellar ultrafiltration enabled sampling of lamellar  
76 interstitial fluid. The following hypotheses were tested: (1) IOIDP results in higher LUF  
77 marimastat concentrations ( $LUF_{[M]}$ ) than CRI, and (2)  $LUF_{[M]}$  in the foot receiving IOIDP are  
78 higher than those in the contra-lateral limb and in plasma ( $P_{[M]}$ ). An additional objective was  
79 to further validate lamellar ultrafiltration for pharmacokinetic studies. Variations in  $LUF_{[M]}$   
80 and biochemical analyte (glucose, urea, sodium, potassium and chloride) concentrations over  
81 time, along with the difference between  $LUF_{[M]}$  and lamellar tissue marimastat concentrations  
82 ( $T_{[M]}$ ), were examined.

83

#### 84 **Materials and methods**

85 The project was approved by the University of Queensland Animal Ethics Committee  
86 (AEC) (approval numbers SVS/337/11 and SVS/418/12) that monitors compliance with the  
87 Animal Welfare Act (2001) and the Australian Code of Practice for the Care and Use of  
88 Animals for Scientific Purposes (current edition).

89

#### 90 *Animals and monitoring*

91 Five Standardbred horses (four geldings, one mare; aged 6-11 years, 447-502 kg),  
92 with no lameness or gross foot abnormalities were enrolled in the study. During the

93 experiment the horses were housed in stalls with ad libitum access to hay and water, and  
94 monitored continuously. Heart rate, respiratory rate and pain behaviours were recorded at 0,  
95 1, 2, 3, 4, 5, 6, 9 and 12 h during both IOIDP and CRI.

96

#### 97 *In vitro marimastat recovery*

98 Stock solutions of marimastat (BB-2516, Vernalis) at 0.1, 0.5, 1, 10 and 100 µg/mL  
99 were prepared in pooled plasma and 0.9% saline; 200 µL of each stock solution were stored  
100 for analysis. Custom-made 3-8 ultrafiltration probes (BASi) were placed into 5 mL of each  
101 stock solution. Ultrafiltrate was collected for 2 h at 37 °C. Experiments were performed in  
102 triplicate and samples stored at -80 °C prior to analysis by ultra-performance liquid  
103 chromatography with tandem mass spectroscopy (UPLC-MS). Recovery was calculated  
104 according to the following equation:

105

$$106 \text{ Recovery} = \frac{\text{concentration in ultrafiltrate}}{\text{concentration in initial solution}} \times 100$$

107

#### 108 *Zymography*

109 To assess the potency and efficacy of marimastat on equine lamellar MMP-2 and 9,  
110 an in vitro gel zymography bioassay was used. Gelatin zymography was performed as  
111 previously described with minor variations (Pollitt et al., 1998; de Laat et al., 2011). Briefly,  
112 pooled lamellar tissue collected from horses 48 h after administration of 10 g/kg  
113 oligofructose (archived from a separate study) was homogenised (by pulverising the tissue to  
114 a powder in liquid nitrogen, and then re-suspending it in phosphate-buffered saline),  
115 centrifuged and the total protein concentration in the supernatant determined. Samples  
116 containing 10 µg protein were prepared and run on 7.5% acrylamide mini-gels containing  
117 0.25% gelatine. Lanes were separately incubated with marimastat at different concentrations

118 (range 1 – 1000 ng/mL plus control) in gelatine refolding buffer for 24 h. Gels were stained  
119 then analysed by band densitometry (Unscan-it Software, Silk Scientific). Densitometry data  
120 were expressed as % of activity of control and experiments were repeated four times.

121

### 122 *In vivo study design and sample collection*

123 Twenty-four hours prior to IOIDP, ultrafiltration probes were placed in the lamellar  
124 region of each forelimb. IV catheters were placed in the left and right jugular veins (for blood  
125 collection and drug administration respectively). An IO cannula was placed in the distal  
126 phalanx of one forelimb on each horse (instrumented foot). Sterile marimastat solution (3.5  
127 mg/mL marimastat, 20 mg/mL lidocaine [Ilium Lidocaine, Troy Laboratories] and 1.5 IU/mL  
128 heparin sodium [Pfizer]) were infused through the IO cannula with a target infusion rate of  
129 0.25 mL/min.

130

131 Jugular blood and LUF from the instrumented foot were collected prior to marimastat  
132 administration, then at 1, 2, 3, 4, 5, 6, 9 and 12 h of infusion. LUF was collected from the  
133 contralateral, uninstrumented foot at 0, 6, 9 and 12 h. The volume of marimastat solution  
134 infused was recorded. After 12 h the IOIDP cannula was perfused with heparin and lidocaine  
135 solution for 1 h to remove residual marimastat then sealed. The horses underwent a 12 h  
136 wash-out period ( $12 \times$  elimination half-life ( $59 \pm 21$  min)) after systemic IV administration to  
137 horses (M.A. Pass and C.C. Pollitt, unpublished data) prior to CRI.

138

139 Baseline LUF samples were collected 1 h prior to CRI. An identical marimastat  
140 solution was administered by CRI through the right jugular catheter using microinfusion  
141 pumps at the same rate as the mean IOIDP infusion rate in that horse with sample collection  
142 time-points as for IOIDP. At the end of the CRI horses were euthanased with pentobarbital

143 sodium (Lethabarb, 20 mg/kg IV). Lamellar tissue encompassing the ultrafiltration probe was  
144 collected for histological and pharmacokinetic analyses.

145

#### 146 *Ultrafiltration probe placement*

147 Sterile, custom-made ultrafiltration probes (3-8 UF) were placed in the lamellar  
148 region of both forelimbs under regional anaesthesia as previously described, with the minor  
149 variation that the probes were placed 1-2 cm lateral to dorsal midline (Underwood et al.,  
150 2014) The ultrafiltration tubing was cut to a length of 30 cm from the probe prior to sample  
151 collection. The location of the probe was marked on the surface of the hoof wall to ensure the  
152 probe was not damaged during IOIDP needle placement.

153

#### 154 *IOIDP needle placement*

155 After sedation with 0.03 mg/kg acepromazine (A.C.P. 10, Delvet) and bilateral  
156 perineural anaesthesia of the palmar digital nerves at the fetlock and metacarpal nerves at the  
157 distal aspect of the 2nd and 4th metacarpal bones using mepivacaine (Ilium Vetacaine), the  
158 dorsal hoof was rasped and aseptically prepared. A midline site 25 mm below the hairline and  
159 1-2 cm medial to the ultrafiltration probe was marked on the hoof wall. A 3.2 mm diameter  
160 hole was drilled perpendicular to the hoof wall. Drilling continued until the dorsal surface of  
161 the distal phalanx was contacted. The drill bit was adjusted so that further drilling extended 4  
162 mm into the distal phalanx. The hoof wall was then over-drilled with a 4.8 mm drill bit.

163

164 A sterile 25 mm long nylon dummy needle with a bevelled tip was driven into the  
165 distal phalanx, flushed and withdrawn to remove any remaining debris. A sterile, custom  
166 made, IO needle (Fig. 1) formed from nylon tubing with an external diameter of 3.2 mm and  
167 a 1.6 mm hose barb elbow connector was primed with sterile heparinised saline, inserted into



168 the distal phalanx and tapped into place until the elbow was flush with the hoof surface. A  
169 120 cm plastic extension tube (Pressure Tubing, Edwards) preloaded with sterile heparinised  
170 saline was connected to the needle and flushed. Hoof adhesive (EquiloX) was applied to fix  
171 the tubing in place. Infusion with 3.5 mg/mL marimastat solution was initiated immediately  
172 using a Springfusor 30 pump and 30-2 Flow Control Tubing (Allied Medical).

173

#### 174 *Sample preparation and analysis*

175 Marimastat concentrations were quantified in plasma, LUF and tissue homogenates  
176 using UPLC-MS on a Nexera UPLC coupled with a MS-8030 Triple quadruple mass  
177 spectrometer (Shimadzu) operating in positive electrospray ionization mode. All reagents  
178 were LC-MS grade. A reverse phase C18 column (Kinetex, 1.7  $\mu\text{m}$  XB-C18, 100A, 50  $\times$  2.1  
179 mm, Phenomenex) was employed; the injection volume was 1  $\mu\text{L}$ . The mobile phase  
180 consisted of water (Solvent A) and acetonitrile (Solvent B) in the following program: a  
181 gradient run of 5% B and 95% B for 3 min, held for 1 min and then run at 5% B in an  
182 isocratic mode for 2 min. The flow rate was maintained at 0.4 mL/min at a temperature of 50  
183  $^{\circ}\text{C}$ . The drying gas was at 250  $^{\circ}\text{C}$ , the gas flow at 20 L/min, the nebulising gas flow at 3  
184 L/min, and the heating block was at 400  $^{\circ}\text{C}$ . Argon was used as a collision gas, and the  
185 capillary voltage was 4.5 KV. A positive mode with MRM transmission of 332.20  $\rightarrow$  86.15  
186 was used. The dwell time was 100 ms, and the collision energy was set to -20 eV. The limit  
187 of quantification was 10 ng/mL.

188

189 Plasma and LUF samples were extracted using an acid extraction method. 5-  
190 sulfosalicylic acid dihydrate (0.1 g/mL) was added in a 1:1 v/v ratio to the sample. The  
191 sample was vortexed for 30 s, centrifuged for 10 min at 15,625 g and the supernatant  
192 removed, added in a 1:1 v/v ratio to dimethylsulfoxide containing 500 ng/mL of Batimastat

193 (Vernalis) as an internal standard, vortexed, centrifuged (10 min, 15,625 g) and the  
194 supernatant removed for analysis. Tissue samples were homogenised in a 1:2 w/w ratio with  
195 water. 5-sulfosalicylic acid dihydrate (0.1 g/mL) was added to the homogenate in a 1:1 w/w  
196 ratio. The samples were vortexed for 30 s and centrifuged for 10 min at 15,625 g. The  
197 supernatant was removed, added in a 1:1 v/v ratio to dimethylsulfoxide containing 500 ng/mL  
198 internal standard (Batimastat), vortexed, centrifuged (10 min, 15,625 g) and the supernatant  
199 removed for analysis. Calibration and quality control samples were obtained for each matrix  
200 (ultrafiltrate, plasma and tissue homogenate) by spiking the blank matrix with known  
201 amounts of marimastat. The calibration curves were analysed using linear regression with a  
202 minimum  $R^2$  of 0.99. A measure of in vivo recovery of marimastat in LUF compared to tissue  
203 was calculated using the following equation:

204

$$205 \text{ In vivo recovery} = \frac{\text{LUF}_{[M]} \text{ 9-12 h into CRI}}{\text{T}_{[M]} \text{ 12 h into CRI}} \times 100$$

206

207 Biochemical analyte concentrations were measured in LUF collected prior to IOIDP  
208 (0-12 h after probe implantation), between IOIDP and CRI (24-36 h post implantation) and  
209 during the last 6 h of the CRI (42-48 h post implantation), using a Beckman Coulter AU400  
210 biochemistry analyser as previously described (Underwood et al., 2014).

211

### 212 *Histological analysis*

213 A lamellar tissue sample surrounding the ultrafiltration probe was fixed in 10%  
214 neutral buffered formalin, processed by routine paraffin embedding, sectioned at 4  $\mu\text{m}$  and  
215 stained with H&E and Masson's Trichrome for light microscopy as previously described  
216 (Pollitt, 1996). The sections were interpreted by a blinded, specialist veterinary pathologist

217 (REA). The reaction around the ultrafiltration probe was scored using a previously described  
218 semi-quantitative method presented in Table 1 (Underwood et al., 2014).

219

#### 220 *Data analysis*

221 The relationship between marimastat concentration and pharmacodynamic effect  
222 (MMP degradation of gelatin, expressed as % of control) was estimated using PKSolver,  
223 employing an inhibitory sigmoid  $E_{\max}$  model in which no baseline ( $E_0$ ) was applied as  
224 previously described (Shu et al., 2011). The maximum effect ( $E_{\max}$ ), the concentration  
225 required for 50% inhibition in vitro ( $IC_{50}$ ) and the shaping factor ( $\gamma$ ) were calculated for pro-  
226 MMP2, pro-MMP-9 and active MMP-2.  $IC_{80}$  and  $IC_{90}$  values were estimated for each  
227 protease. Three pharmacokinetic-pharmacodynamic indices were calculated, namely, steady  
228 state concentration ( $C_{ss}$ ): $IC_{50}$ ,  $C_{ss}$ : $IC_{80}$  and  $C_{ss}$ : $IC_{90}$ .

229

230 Data were analysed using GraphPad Prism 6.0. The data were tested for normality  
231 using D'Agostino-Pearson omnibus normality tests. Data distributions were either non-  
232 Gaussian, or data numbers were too small to presume a normal distribution, hence non-  
233 parametric tests were used. Paired data were compared by Wilcoxon signed-rank tests, and  
234 non-paired data by Mann-Whitney tests. Comparisons of repeated measures were analysed  
235 using Friedman analyses with Dunn's post-tests. Significance was set at  $P \leq 0.05$ . Unless  
236 otherwise stated, data are expressed as median (interquartile range).

237

238 Spearman's rank correlation coefficients ( $r_s$ ) were calculated to examine the  
239 association between steady-state LUF<sub>[M]</sub> post IOIDP/CRI with LUF biochemical analyte  
240 concentrations and total histological scores. Data were also examined visually. A weak

241 correlation was defined as being significant ( $P < 0.05$ ) with an  $r_s < 0.4$ , moderate 0.4–0.7, and  
242 strong  $> 0.7$  (Taylor, 1990).

243

## 244 **Results**

245 There was no difference between IOIDP and CRI infusion rates (0.15[0.14- 0.16]  
246 mL/min vs. 0.15[0.14-0.16] mL/min respectively). This equated to a marimastat infusion rate  
247 of 31.5 mg/h. Both infusions were well tolerated with no evidence of pain or lameness. There  
248 was no change in clinical parameters during either infusion.

249

250 The in vitro recovery of marimastat through the ultrafiltration probe was 98(95-100)%  
251 in 0.9% saline and 94(90-99)% in plasma. Ultrafiltration probes were placed in the lamellar  
252 tissue in both forefeet in all five horses. LUF was collected at 49(40-55)  $\mu\text{L/h}$ . There was no  
253 difference in LUF collection rates during IOIDP (52[39-65]  $\mu\text{L/h}$ ) and CRI (47[40-54]  $\mu\text{L/h}$ ),  
254 nor between the IOIDP instrumented foot (50[39-58]  $\mu\text{L/h}$ ) and the uninstrumented foot  
255 (49[40-58]  $\mu\text{L/h}$ ). The concentrations of biochemical analytes in LUF did not vary  
256 significantly during the study period (Table 2). Once steady state was reached, there was no  
257 significant difference in  $\text{LUF}_{[M]}$  during IOIDP or CRI (Fig. 2A).  $T_{[M]}$  12 h into the CRI were  
258 significantly higher than  $\text{LUF}_{[M]}$  obtained 9-12 h into the CRI (161[136-276] ng/g vs.  
259 145[118-171] ng/g, respectively), resulting in an in vivo recovery of marimastat from tissue  
260 of 72(60-100)%. The within-limb coefficient of variation of marimastat concentrations was  
261 5.9-32.9% in tissue samples and 1.5-6.7% in LUF.

262

263  $\text{LUF}_{[M]}$  and  $P_{[M]}$  reached steady-state 2 h after initiation of IOIDP and CRI. There  
264 were no significant differences between  $\text{LUF}_{[M]}$  or  $P_{[M]}$  during IOIDP and CRI, nor between  
265  $\text{LUF}_{[M]}$  and  $P_{[M]}$  after either IOIDP or CRI (Table 4, Fig. 2). There were no differences

266 between  $LUF_{[M]}$  in the instrumented vs. the un-instrumented limbs during IOIDP or CRI.  
267 However, the  $LUF_{[M]}$  in the instrumented limbs during IOIDP were highly variable and  
268 appeared to fall into two groups; two horses (horses 2 and 4, high LUF group) had higher  
269 steady-state  $LUF_{[M]}$  (512[469-866] ng/mL) and the remainder (low LUF group) had lower  
270 steady-state  $LUF_{[M]}$  (108[65-131] ng/mL, Fig. 3). Neither the  $P_{[M]}$  after IOIDP nor the  $LUF_{[M]}$   
271 after CRI differed subjectively between these groups (but numbers were insufficient for  
272 statistical analysis).

273

274 Fig. 4 shows the in vitro inhibition of pro-MMP-2, pro-MMP-9 and active-MMP-2 by  
275 marimastat. PK-PD data are detailed in Tables 3 and 4. Histological examination of the tissue  
276 sections showed the probe situated between primary epidermal lamellae (PEL) in 7/10 limbs  
277 and within the sublamellar dermis in the remaining three horses. There was no significant  
278 difference in steady-state  $LUF_{[M]}$  during CRI between probes located in the sub-lamellar  
279 dermis and those located between PEL. The histological changes around the probe were  
280 consistent with a mild foreign body response (Fig. 5). There was no significant correlation  
281 between total histological score and steady-state  $LUF_{[M]}$  after IOIDP or CRI.

282

## 283 Discussion

284 IOIDP did not consistently result in higher lamellar marimastat concentrations than  
285 IV CRI, nor were the marimastat concentrations in the treated foot consistently higher than  
286 those in the untreated foot and plasma. Hence IOIDP was not considered a reliable method  
287 for local lamellar drug delivery and the hypotheses were rejected. These results are similar to  
288 those achieved when delivering insulin by IOIDP (de Laat, 2011), and with reports of IO  
289 infusion at sites other than the distal phalanx, where local delivery is generally not achieved  
290 unless a tourniquet is applied (Mattson et al., 2005; Errico et al., 2008) and IO infusion is

291 used as an alternative to systemic IV administration (Schalk et al., 2011). However, they  
292 differ from two previous investigations of IOIDP in horses where local lamellar delivery was  
293 successfully achieved (Nourian et al., 2010; de Laat et al., 2012).

294

295 The lack of local lamellar delivery in the present study may be attributable to  
296 variations in IO cannula placement technique (Nourian et al., 2010; de Laat et al., 2012)  
297 possibly causing the infusion to directly enter the systemic circulation. However, insulin  
298 delivery by IOIDP failed to achieve hyperinsulinaemia in veins of the treated foot (de Laat,  
299 2011), despite using a previously successful placement method (Nourian et al., 2010; de Laat  
300 et al., 2012). Therefore further investigations are warranted to determine whether there is a  
301 specific placement site in the distal phalanx that results in local lamellar rather than systemic  
302 delivery. Biodistribution factors attributable to different physicochemical properties of the  
303 pharmaceuticals used may also be responsible for the variation in lamellar delivery during  
304 IOIDP (Bidgood and Papich, 2003).

305

306 Within this study the extent of lamellar delivery by IOIDP varied. In two horses local  
307 lamellar delivery with IOIDP appeared successful; in the remaining three horses there was no  
308 local delivery effect (Fig. 4). This may be attributable to several factors including variations  
309 in drug metabolism, IOIDP cannula placement, marimastat recovery and probe functionality.  
310 Probe factors were considered unlikely for the following reasons: (1) there was minimal  
311 difference between the in vivo recovery in the high LUF group (85[72-99]%) compared to the  
312 low LUF group (81[57-108]%); (2) the variations in in vivo marimastat recovery (56-108%)  
313 were insufficient to explain the inter-horse variability during IOIDP; (3) the  $LUF_{[M]}$  during  
314 CRI and the LUF concentrations of biochemical analytes did not vary between groups, nor

315 did there appear to be any correlation between biochemical analyte and marimastat  
316 concentrations.

317

318 Therefore, the inter-horse variations in  $LUF_{[M]}$  during IOIDP probably reflect true  
319 interstitial fluid marimastat concentration variations attributable either to inter-horse  
320 variations in marimastat pharmacokinetics or variations in IOIDP cannula placement, which,  
321 whilst undetectable to the authors, may have resulted in different degrees of lamellar  
322 marimastat delivery. Further investigations, are required to determine whether this variation  
323 occurs to the same extent in a larger population, and to establish its cause.

324

325 Activation of MMP-2, MMP-9, MMP-14, and ADAMTS-4 has been implicated in  
326 inflammatory laminitis pathophysiology (Pollitt et al., 1998; Visser, 2009; Wang et al., 2012).  
327 Zymography established basic pharmacodynamic data for marimastat against equine lamellar  
328 MMP-2 and -9. Marimastat inhibits human MMP-14 and ADAMTS-4 with  $IC_{50}$  values of 0.5  
329 ng/mL and 26.1 ng/mL, respectively (Peterson, 2006; Tortorella et al., 2009). Both CRI and  
330 IOIDP yielded  $LUF_{[M]}$  greater than the  $IC_{50}$  of MMP-2, MMP-9, MMP-14 and ADAMTS-4.  
331 Direct extrapolations from  $IC_{50}$  data should, however, be interpreted with caution: frequently  
332 concentrations much higher than the  $IC_{50}$  are required for adequate inhibition in vivo (Lees et  
333 al., 2004; Peterson, 2006).

334

335 Marimastat concentrations required to inhibit lamellar MMPs in vivo are unknown. A  
336 high level of enzymatic inhibition is generally required to produce clinical responses by  
337 MMP-inhibitors, therefore, when available,  $IC_{90}$  concentrations were selected to represent a  
338 therapeutic level of MMP inhibition (Lees et al., 2004; Shu et al., 2011). There are no  
339 published  $IC_{90}$  values for MMP-14 and ADAMTS-4. Target trough plasma concentrations six

340 times the  $IC_{50}$  were employed when the anti-neoplastic activity of marimastat was evaluated  
341 (Millar et al., 1998). Based on this, target concentrations of at least 3 ng/mL and 156 ng/mL  
342 marimastat were set for inhibition of MMP-14 and ADAMTS-4, respectively (Peterson,  
343 2006; Tortorella et al., 2009). IOIDP and CRI yielded steady-state  $LUF_{[M]}$  greater than the  
344 target concentrations for MMP-2 and MMP-14 in all horses. However, neither technique  
345 consistently achieved target  $LUF_{[M]}$  for MMP-9 and ADAMTS-4. Therefore it is questionable  
346 whether, at the rates used in this study, either technique would sufficiently inhibit lamellar  
347 MMPs in vivo.

348

349 IOIDP was performed without complication in all five horses. IOIDP in horses has  
350 previously been associated with signs of pain (pawing and weight shifting) (de Laat, 2011).  
351 Pain associated with IO infusion is also reported in people and lidocaine administration is  
352 recommended to counteract this (Schalk et al., 2011). The horses in our study received  
353 lidocaine to block pain associated with IOIDP. As co-administration with lidocaine may have  
354 altered the pharmacokinetics of marimastat, lidocaine was also infused during CRI. The  
355 results of this study indicate IOIDP with lidocaine did not result in noticeable foot pain when  
356 the horses were free to move in the stall; further lameness evaluation would be necessary to  
357 declare the technique 'pain free'.

358

359 This is the first study to describe the use of ultrafiltration to collect LUF for  
360 pharmacokinetic analyses and compare simultaneous tissue and ultrafiltrate concentrations.  
361 An additional objective was to validate lamellar ultrafiltration for pharmacokinetic studies.  
362 LUF was successfully collected from every probe placed. Probes were well tolerated and  
363 functioned for the duration of the study. LUF collection rate did not vary significantly with  
364 time, and was sufficient for analysis. Based on comparison of  $T_{[M]}$  and  $LUF_{[M]}$  at the end of



365 the CRI, in vivo marimastat recovery was 72%. A <100% in vivo recovery rate is expected as  
366 'in vivo recovery' is a comparison between unbound drug concentrations in LUF and total  
367 drug concentrations in tissue, not a direct measure of probe function (Bidgood and Papich,  
368 2003). The in vitro variability in marimastat recovery was minimal (range 90-102%);  
369 whereas inter-horse variability in 'in vivo recovery' (LUF vs. tissue marimastat  
370 concentration) was high (range 56-108 %). This was attributed to the high within-limb  
371 variation in  $T_{[M]}$ , ascribed to inaccuracies during the complicated homogenisation and  
372 extraction process, and reflects a limitation of using tissue homogenates in pharmacokinetic  
373 studies.

374

375 Key concerns with ultrafiltration include whether drug recovery remains constant over  
376 time or is affected by tissue response to the ultrafiltration probes. The histological findings in  
377 this study support those in a previous report, with mild inflammation and fibrous tissue  
378 formation around the probes (Underwood et al., 2014). These changes may alter drug  
379 recovery (Wisniewski et al., 2001). In the present study, there were no significant differences  
380 in  $LUF_{[M]}$  during steady state, suggesting marimastat recovery was consistent. The lack of  
381 significant temporal variations in LUF biochemical analyte concentrations and any  
382 correlation between biochemical analyte concentrations or steady-state  $LUF_{[M]}$  and total  
383 histological score suggests host tissue response had minimal effect on recovery.

384

385 A major limitation of this study was the small number of horses used. Initially, power  
386 calculations were performed to ensure sample size was sufficient whilst minimising the  
387 number of horses used in accordance with the welfare principles governing animal research  
388 (NHMRC, 2013). However, the high variability in  $LUF_{[M]}$  after IOIDP was not anticipated.  
389 During IOIDP, the infusion rate varied very slightly in each horse (range 0.13- 0.17 mL/min),

390 presumably due to inter-horse variations in resistance to infusion. However, CRI was  
391 performed after IOIDP to ensure CRI infusion rates were matched to the IOIDP rate in each  
392 horse.

393

### 394 **Conclusions**

395 Both IOIDP and CRI of marimastat at a rate of 31.5 mg/h yielded sufficient LUF<sub>[M]</sub> to  
396 inhibit 50% of MMP-2, MMP-9, MMP-14 and ADAMTS-4 in vitro, and hence may have  
397 potential for laminitis prophylaxis. However, neither technique resulted in consistent local  
398 lamellar delivery at concentrations considered sufficient for effective in vivo inhibition of  
399 MMP-9 and ADAMTS-4. Based on the results of this study, CRI is more suitable for lamellar  
400 marimastat delivery as it is simpler, yields similar median lamellar marimastat concentrations  
401 and has potential to deliver high volumes of pharmaceutical. The CRI dose requires  
402 optimisation to ensure target lamellar marimastat concentrations are achieved prior to  
403 application in experimental studies evaluating the efficacy of marimastat as a laminitis  
404 prophylactic. However, CRI is a systemic delivery technique and even its experimental use  
405 may be precluded by cost so further investigation of alternative local delivery mechanisms,  
406 such as retrograde IV infusion of the distal limb under tourniquet, is warranted. If IOIDP  
407 could be optimised to consistently yield the higher rate of lamellar delivery achieved in 2/5  
408 horses in this study it may be worthy of further development. Lamellar ultrafiltration played  
409 a key role in supplying samples of LUF for pharmacokinetic analysis. The successful use of  
410 lamellar ultrafiltration in this study demonstrated its potential for use in further  
411 pharmacokinetic studies investigating lamellar drug delivery.

412

### 413 **Conflict of Interest Statement**

414 None of the authors of this paper have a financial or personal relationship with other  
415 people or organisations that could inappropriately influence or bias the content of the paper.

416

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421

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506 **Figure Legends**

507 Fig. 1: The custom made intraosseous infusion needle and 25 mm long flushing needle used  
508 to remove debris from the holes drilled in hoof and bone.

509

510 Fig. 2: Median ( $\pm$ IQR) marimastat concentrations during intraosseous infusion of the distal  
511 phalanx (IOIDP) and systemic continuous rate infusion (CRI) with marimastat. (A) Lamellar  
512 ultrafiltrate marimastat concentrations ( $LUF_{[M]}$ ) during IOIDP (black circles) and CRI (grey  
513 squares). (B) Plasma marimastat concentrations ( $P_{[M]}$ ) during IOIDP (black circles) and CRI  
514 (grey squares). (C)  $P_{[M]}$  (grey triangles) and  $LUF_{[M]}$  (black circles) during IOIDP. (D)  $P_{[M]}$   
515 (black triangles) and  $LUF_{[M]}$  (grey squares) during CRI. There were no significant differences  
516 between any of the concentrations at any time-points.

517

518 Fig. 3: Box and whisker plot showing steady-state ultrafiltrate marimastat concentrations in  
519 each horse during IOIDP.

520 Fig. 4: (A) Zymography of a lamellar homogenate pooled from horses with oligofructose-  
521 induced laminitis. MMP inhibition was achieved by incubating individual gel lanes with  
522 increasing concentrations of marimastat. (B) % inhibition of lamellar MMP gelatin  
523 degradation by increasing concentrations of marimastat.

524 Fig. 5: Median ( $\pm$ IQR) histological scores of lamellar sections surrounding the ultrafiltration  
525 probe.

526

527 Table 1: The semi-quantitative histological scoring system applied to the lamellar slides.

Score	0	1	2	3
<b>Epidermal basal cell and parabasal cell hyperplasia:</b> expressed as fold increase in	Normal	2 fold	3 fold	$\geq 3$ fold

thickness of epidermal cell layer				
<b>Flattening of secondary epidermal lamellae (SEL):</b> expressed as % of length of unaffected SEL remaining	100%	66-99%	50-66%	<50%
<b>Mitotic figures:</b> per high power field at 200x magnification in the most affected area	0	1	2	≥3
<b>Inflammatory cell count</b> surrounding the probe	0	1-50	50-100	>100
<b>Fibroplasia:</b> thickness of the fibrous tissue around the probe compared to the width of unaffected primary epidermal lamellae (PEL)	0	<1 PEL width	1 PEL width	>1 PEL width
<b>Collagen bundle formation</b>	Absent	Mild	Moderate	Marked
<b>Cellular debris</b>	Absent	Mild	Moderate	Marked
<b>Endothelial reactivity:</b> the number of vessels with reactive endothelium around the probe	0	1-20	21-50	>50
<b>Lamellar necrosis:</b> the number of necrotic PEL	0	1	2	≥3

528

529

530 Table 2: The results of the biochemical analyses of ultrafiltrate through the study, data are  
531 reported as median (IQR). There were no significant differences in analyte concentrations at  
532 any of the time points.

Analyte	0-12 h post probe placement	24-36 h post probe placement	42-48 h post probe placement
Urea (mmol/L)	7.0 (5.7-8.6)	6.1 (5.0-7.6)	5.6 (5.4-6.4)
Glucose (mmol/L)	2.9 (0.7-4.2)	3.2 (0.7-3.9)	2.7 (0.0-3.2)
Sodium (mmol/L)	137 (134-140)	131(129-134)	136 (133-138)
Potassium (mmol/L)	4.2 (4.0-4.4)	3.9 (3.9-4.3)	4.2 (4.1-4.4)
Chloride (mmol/L)	106 (104-110)	103 (102-104)	107 (104-108)

533  
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535 Table 3: Estimates of pharmacodynamic parameters for marimastat inhibition of equine  
 536 lamellar matrix metalloproteinases (MMPs) MMP-2 and MMP-9 in vitro.

	Pro-MMP-9	Pro-MMP-2	Active-MMP-2
$E_{\max}$ (%)	102.8 (97.2-106.6)	114(105-119)	105(103-109)
$\gamma$	0.75(0.65-1.13)	0.64(0.62-0.92)	0.9(0.7-1.3)
$IC_{50}$ (ng/mL)	9.2(7.4-18.8)	2.8(1.6-3.5)	2.5(2.0-3.6)
$IC_{80}$ (ng/mL)	66(54-79)	25(16-38)	20(20-20)
$IC_{90}$ (ng/mL)	177(131-260)	81(38-116)	40(18-56)

537

538  $E_{\max}$ , maximum effect;  $IC_{50}$ , concentration required for 50% inhibition in vitro;  $\gamma$ , shaping  
 539 factor.



540 Table 4: Estimates of pharmacokinetic-pharmacodynamic parameters for MMP-2 and MMP-  
 541 9 after marimastat administration by intraosseous infusion of the distal phalanx (IOIDP) and  
 542 systemic constant rate infusion (CRI). Data expressed as median (IQR)

	IOIDP LUF	IOIDP plasma	CRI LUF	CRI plasma
$C_{ss}$ (ng/mL)	139(88-497)	103(69-114)	136(93-157)	105(85-156)
$C_{ss}:IC_{50-MMP9}$	15(9.0-55)	14(9.0-14)	11(9.1-18)	11(2.1-7.7)
$C_{ss}:IC_{90-MMP9}$	0.8(0.5-2.9)	0.7(0.5-1.0)	0.6(0.5-0.7)	0.6(0.5-0.9)
$C_{ss}:IC_{50-MMP2}$	50(29-181)	47(30-63)	37(30-45)	37(30-59)
$C_{ss}:IC_{90-MMP2}$	1.7(1.0-6.3)	1.6(1.0-2.2)	1.3(1.0-1.6)	1.3(1.0-2.0)
$C_{ss}:IC_{50-MMP2\_active}$	56(33-203)	53(33-71)	41(33-51)	41(34-66)
$C_{ss}:IC_{90-MMP2\_active}$	3.5(2.1-12.7)	3.3(2.1-4.4)	2.6(2.1-3.2)	2.5(2.1-4.1)

543

544 LUF, lamellar ultrafiltrate,  $C_{ss}$ , steady-state concentration (ng/mL).

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