

## Radioiodinated somatostatin analogue RC-160: preparation, biological activity, in vivo application in rats and comparison with [<sup>123</sup>I-Tyr<sup>3</sup>]octreotide

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**Abstract.** We have evaluated the potential usefulness of the radioiodinated octapeptide RC-160, a somatostatin analogue, which might serve as a radiopharmaceutical for the in vivo detection of somatostatin receptor-positive tumours. For this purpose, iodine-123 and iodine-125 labelled RC-160 was tested for biological activity and applied in vivo in rats bearing the transplantable rat pancreatic tumour CA20948, which expresses somatostatin receptors. Our group has recently described the in vivo visualization of such tumours in rats and in humans with the radioiodinated somatostatin analogue [Tyr<sup>3</sup>]octreotide. Like [<sup>123</sup>I-Tyr<sup>3</sup>]octreotide, <sup>123</sup>I-RC-160 showed uptake in and specific binding in vivo to somatostatin receptor-positive organs and tumours. However, blood radioactivity (background) was higher, resulting in a lower tumour to blood (background) ratio. We therefore conclude that in this animal model <sup>123</sup>I-RC-160 has no advantage over [<sup>123</sup>I-Tyr<sup>3</sup>]octreotide as a radiopharmaceutical for the in vivo use as a somatostatin receptor imager, although, like [<sup>123</sup>I-Tyr<sup>3</sup>]octreotide, <sup>123</sup>I-RC-160 shows specific binding to different somatostatin receptor-positive organs. Recently differences were reported in affinity between somatostatin and its analogues for somatostatin receptors expressed in different human cancers, like those of the breast, ovary, exocrine pancreas, prostate and colon. Therefore <sup>123</sup>I-RC-160 might be of interest for future use in humans as a radiopharmaceutical for imaging octreotide receptor-negative tumours.

**Key words:** Radioiodinated RC-160 – Somatostatin – Specific binding – Tumour imager – Peptide

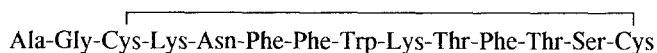
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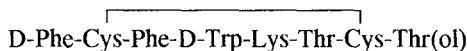
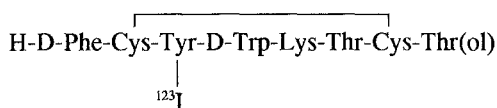
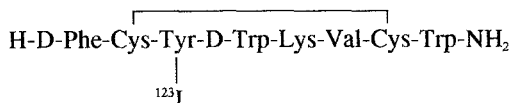
### Introduction

High numbers of high-affinity somatostatin receptors for both native somatostatin (for structure, see Fig.1) and the synthetic octapeptide octreotide (Sandostatin) have been detected on most endocrine tumours, such as endocrine pancreatic tumours and carcinoids [1–4]. We have recently described the visualization of somatostatin receptor-positive tumours in vivo after the intravenous administration of [<sup>123</sup>I-Tyr<sup>3</sup>]octreotide [5–9], and these results have been confirmed by others [10–12]. Radioiodinated [Tyr<sup>3</sup>]octreotide is frequently used for the in vitro determination of the presence of somatostatin receptors [13]. Recently, several reports have been published on the in vitro binding to somatostatin receptors of another somatostatin analogue, the octapeptide RC-160 [14–16]. It has been reported that RC-160 has a higher affinity than octreotide for the somatostatin receptor in human breast, ovarian, exocrine pancreatic, prostatic and colonic cancers [14–16]. A phase I clinical trial with RC-160 in patients with advanced exocrine pancreatic cancer is being performed, and it appears that RC-160 is well tolerated at doses up to 1500 µg/day [17, 18]. The possibility of RC-160 binding to a somatostatin receptor subtype on human exocrine pancreatic adenocarcinoma, which does not bind octreotide [19], offers a potential advantage for RC-160 over octreotide as a radiolabelled tumour tracer. RC-160 may, in contrast to octreotide [20], also pass the blood-brain barrier [21]. This could represent a benefit in visualizing somatostatin receptor-positive brain tumours with an intact blood-brain barrier. We investigated radioiodinated RC-160 (for structure, see Fig. 1) for potential use in scintigraphy in normal rats and in rats bearing the transplantable pancreatic somatostatin receptor-positive tumour CA20948 [13, 19, 22]. A comparison was made with [<sup>123</sup>I-Tyr<sup>3</sup>]octreotide, and the possible additional value of <sup>123</sup>I-RC-160 as a radiopharmaceutical was evaluated.

## Somatostatin



## Octreotide

 $^{123}\text{I-Tyr}^3$ Octreotide $^{123}\text{I-RC-160}$ 

**Fig. 1.** Structural formulae of native somatostatin, octreotide,  $^{123}\text{I-Tyr}^3$ octreotide and  $^{123}\text{I-RC-160}$ . In  $^{123}\text{I-Tyr}^3$ octreotide the amino acid Tyr replaces Phe to make radioiodination possible. In RC-160 Tyr is naturally present

## Materials and methods

**Radiopharmaceuticals.** RC-160 was obtained from Peninsula Laboratories (Belmont, Calif., USA). Radioiodination and purification was performed using the technique described by Bakker [6].

$^{123}\text{I-Tyr}^3$ octreotide and RC-160 were labelled with  $^{123}\text{I-}$  (specific activity 3.7 TBq  $^{123}\text{I-}$ /mg, Medgenix, Belgium) and  $^{125}\text{I}$  (specific activity 0.62 TBq  $^{125}\text{I}$ /mg, Amersham, UK). For the in vivo studies we used the somatostatin analogues labelled with  $^{123}\text{I}$ . The in vitro binding studies were performed with (HPLC)-high-performance liquid chromatography purified mono-iodinated somatostatin analogues, since carrier-free radioligands are required for these assays. The radioiodination was carried out by adding 2.5  $\mu\text{g}$  RC-160 in 35  $\mu\text{l}$  0.05 M acetic acid and 1.6  $\mu\text{g}$  chloramine-T in 20  $\mu\text{l}$  0.05 M phosphate buffer (pH 7.5) to 200 MBq ( $\approx 60$   $\mu\text{l}$ )  $^{123}\text{I}$  or 80 MBq (20  $\mu\text{l}$ )  $^{125}\text{I}$  in the form of sodium iodide. The reaction was started by the addition of chloramine-T, representing an only 2.5-fold molar excess over peptide in order to prevent oxidation of the disulphide-bridge of RC-160. The mixture was then vortexed for 1 min. The radioiodination was stopped by adding 1 ml 10% human serum albumin (Merieux, Lyon, France). After vortexing for 30 s, 20 ml 5 mM ammonium acetate was added. Pu-

rification was performed using a SEP-PAK C<sub>18</sub> reversed-phase extraction cartridge (Waters Associates, Milford, Mass., USA), which was washed with 5 ml 70% ethanol, 5 ml 2-propanol and 5 ml distilled water. After application of the sample, the SEP-PAK cartridge was washed with 5 ml distilled water and radioiodinated RC-160 was eluted with 5 ml 96% ethanol. The solvent was evaporated at 40°C under a gentle stream of nitrogen. The residue (approximately 0.5 ml) was diluted with 2.5 ml 154 mM NaCl and 0.05 M acetic acid (pH 3), and the mixture was passed through a low protein-binding 0.22- $\mu\text{m}$  Millex-GV filter (Millipore, Milford, Mass., USA). The labelling of  $^{123}\text{I-Tyr}^3$ octreotide and the measurements of radioactivity in all fractions were carried out as described previously [6]. The  $^{123}\text{I}$ -labelled somatostatin analogues for in vivo use were not purified by HPLC and, hence, consisted of mixtures of mono- and di-radioiodinated and non-iodinated peptides (see Results, *Radiolabelling of RC-160*). All chemicals used were of the highest purity available.

**Biological activity.** The biological activity of HPLC-purified mono-  $^{125}\text{I-RC-160}$  and  $^{125}\text{I-Tyr}^3$ octreotide was assessed by measuring their potency to inhibit the secretion of rat growth hormone (rGH) from cultured rat pituitary cells as described previously [23].

**Animals and tumours.** Twenty-four male Lewis rats (250–300 g) were inoculated in both upper hind legs with the transplantable rat pancreatic tumour CA20948, which has previously been shown to possess somatostatin receptors [19]. Sixteen male Lewis rats (250–300 g) without tumour were used as controls. The rats were anaesthetized with ether. The radiopharmaceuticals were injected into the dorsal vein of the penis, using siliconized syringes (Sigmacoat, Sigma, St. Louis, Mo., USA). The dose was 18.5 MBq (0.5  $\mu\text{g}$ ) for the  $^{123}\text{I}$ -analogue. The radioactivity of the syringes was measured in a dose calibrator (VDC-202, Veenstra, Joure, The Netherlands) in a standard geometry before and after the injection.

In order to study the organ distribution of  $^{123}\text{I-RC-160}$  and  $^{123}\text{I-Tyr}^3$ octreotide in the 16 control rats, the rats were allocated to two groups for each radiopharmaceutical. Four rats were injected subcutaneously between the scapulae with ml 0.01 M acetic acid containing 154 mM NaCl, and four other rats were injected with 1 mg RC-160 in the same solvent in order to saturate the somatostatin receptors. Forty-five minutes later the rats were injected with  $^{123}\text{I-RC-160}$ . Similarly, the two other groups of four rats were pretreated with vehicle or 1 mg octreotide and were subsequently injected intravenously with  $^{123}\text{I-Tyr}^3$ octreotide. The rats were killed 4 h after administration of  $^{123}\text{I-RC-160}$  or  $^{123}\text{I-Tyr}^3$ octreotide.

The 24 tumour-bearing Lewis rats were divided into three groups of eight rats. In each group four rats were injected subcutaneously with 1 mg RC-160 in order to saturate the somatostatin receptor, as mentioned above. The three groups of eight rats were killed at 30 min, 4 h or 24 h after administration of  $^{123}\text{I-RC-160}$ . The radioactivity concentration in various tissues was subsequently measured.

The specific binding was defined as the difference between the individual uptake in the non-saturated tissues and the mean uptake in the saturated tissues, which are expressed as percentages of the injected radioactivity per gram tissue in the respective organs (mean  $\pm$  SD) after administration of  $^{123}\text{I-RC-160}$  or  $^{123}\text{I-Tyr}^3$ octreotide.

**Data acquisition and statistical analysis.** All results are expressed as the mean  $\pm$  SD. Tissue-binding values and effects on rat growth

hormone secretion for both radiolabelled peptides were evaluated using Student's *t*-test. A *P* value of <0.05 was considered significant. The tissue distribution and metabolism of  $^{123}\text{I}$ -RC-160 and [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide in vivo were studied by gamma camera (Rota-II, Siemens) scintigraphy and measurement of isolated organs in a LKB-1282-Compugamma system [6]. The radioactivity in blood and urine was analysed as described previously [6].

## Results

### Radiolabelling of RC-160

The efficiency of labelling of RC-160 was 40%–60% for  $^{125}\text{I}$  and 70%–90% for  $^{123}\text{I}$ , in agreement with the radioiodination data for [Tyr $^3$ ]octreotide, as described previously [6]. Purification of the iodination mixture using the SEP-PAK C $_{18}$  reversed-phase cartridge resulted in mainly non-peptide-bound radioiodine in the water fraction and more than 99% peptide-bound radioiodine in the ethanol fraction, revealed by HPLC. In Fig. 2 a typical HPLC elution pattern of the peptides eluted in the ethanol fraction is shown, indicating a radiochemical purity of more than 95% of mono-radioiodinated RC-160. The simultaneously measured absorbance at 254 nm and radioactivity show a clear separation between radioiodinated RC-160 and non-radioiodinated RC-160.

The acetic acid wash, included in the SEP-PAK purification of [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide, was omitted from the isolation procedure for  $^{123}\text{I}$ -RC-160, since this wash was found already to contain a substantial fraction ( $\approx 5\%$ – $10\%$ ) of the radioiodinated RC-160, while only negligible amounts of free radioiodide were detected.

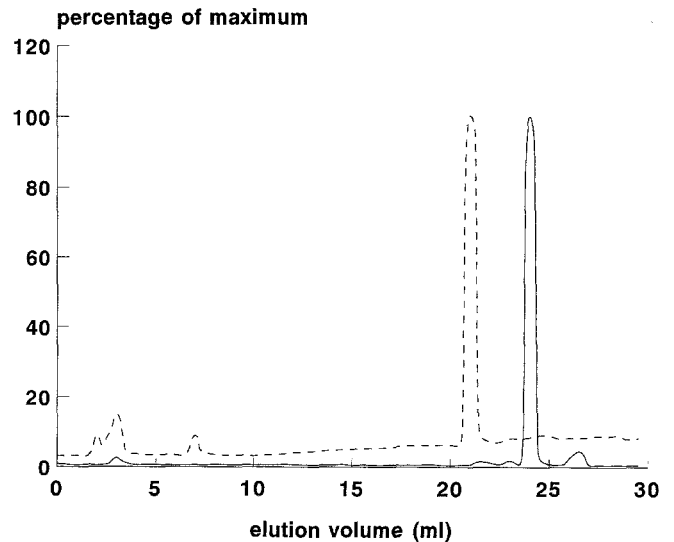
Since the radiolabelling and the SEP-PAK C $_{18}$  separation technique appeared adequate (more than 95% radiochemical purity of mono-radioiodinated [Tyr $^3$ ]octreotide and RC-160), HPLC purification of the radiolabelled somatostatin analogues was not performed. These results were in agreement with the radiolabelling results of [Tyr $^3$ ]octreotide [6].

### Receptor binding and specific biological activity

Table 1 shows the effects of  $^{125}\text{I}$ -RC-160 and [ $^{125}\text{I}$ -Tyr $^3$ ]octreotide on the secretion of rGH by cultured rat pituitary cells. Both iodinated somatostatin analogues significantly inhibited rGH secretion at 1 nM. Both radioiodinated analogues caused a similar dose-response as the non-radioiodinated counterparts (data not shown).

### Animal studies

Dynamic scintigraphy of tumour-bearing and control rats after i.v. administration of  $^{123}\text{I}$ -RC-160 and [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide showed a fast disappearance of the radioactivity from the circulation. With both radioiodinated analogues radioactivity in the blood circulation,



**Fig. 2.** HPLC-elution pattern of the ethanol fraction of SEP-PAK C $_{18}$  purification. Non-radioiodinated RC-160 is measured by UV absorbance ( $\lambda=254$  nm, broken line), radioiodinated RC-160 and free radioiodide by gamma detection (solid line). The gamma detected peak at 27 min is the di-iodinated compound

**Table 1.** Effects of  $^{125}\text{I}$ -RC-160 and [ $^{125}\text{I}$ -Tyr $^3$ ]octreotide on secretion of rGH from cultured rat pituitary cells ( $n=4$ )

| Peptide                                  | Concentration (nM) | rGH (ng/ml $\pm$ SD) (%) |
|--|--------------------|--------------------------|
| Control                                  |                    | 89.1 $\pm$ 9.0 (100)     |
| $^{125}\text{I}$ -RC-160                 | 0.01               | 91.7 $\pm$ 4.6 (103)     |
|  | 0.1                | 95.5 $\pm$ 3.0 (107)     |
|  | 1                  | 77.2 $\pm$ 11.1 (87)*    |
| [ $^{125}\text{I}$ -Tyr $^3$ ]octreotide | 0.01               | 90.0 $\pm$ 4.8 (101)     |
|  | 0.1                | 79.9 $\pm$ 11.3 (90)     |
|  | 1                  | 64.8 $\pm$ 4.6 (73)*     |

\*  $P < 0.05$  vs control

as measured above the heart with the gamma camera, decreased in less than 2 min to 50% of the highest measured radioactivity. This rapid fall in the blood activity can be explained by the phenomenon of distribution of the activity over the whole blood and the interstitial space.

Thirty minutes after injection static images showed a clear uptake of radioactivity in the liver and intestines. The left kidney was seen, as well as excreted activity in the urinary bladder. The right kidney was overprojected by the liver.

Dynamic tumour uptake in situ in the rat during the first 30 min after injection of  $^{123}\text{I}$ -RC-160 was analysed with the gamma camera. After background correction, using adjacent tissue as reference, no increased uptake in the tumour was found, whereas specific binding in the isolated tumour became statistically significant at 4 h (Table 2). As can be seen in Table 2, there was sig-

**Table 2.** Tissue distribution (% of injected dose/g tissue) and specific binding ( $\Delta$ ) of  $^{123}\text{I}$ -RC-160 in tumour-bearing rats after intravenous administration (mean  $\pm$  SD)<sup>a</sup>

| Tissue       | 0.5 h p.i. | 4 h p.i.           | 24 h p.i.          |                     |
|--------------|------------|--------------------|--------------------|---------------------|
| Pancreas     | -          | 0.91 $\pm$ 0.38    | 0.32 $\pm$ 0.08    | 0.06 $\pm$ 0.02     |
|              | +          | 0.10 $\pm$ 0.01    | 0.07 $\pm$ 0.02    | 0.021 $\pm$ 0.002   |
|              | $\Delta$   | 0.81 $\pm$ 0.38*   | 0.25 $\pm$ 0.08*   | 0.040 $\pm$ 0.019*  |
| Adrenals     | -          | 1.17 $\pm$ 0.06    | 0.54 $\pm$ 0.09    | 0.06 $\pm$ 0.03     |
|              | +          | 0.20 $\pm$ 0.06    | 0.07 $\pm$ 0.01    | 0.038 $\pm$ 0.009   |
|              | $\Delta$   | 0.97 $\pm$ 0.06*   | 0.47 $\pm$ 0.09*   | 0.022 $\pm$ 0.028   |
| Pituitary    | -          | 0.16 $\pm$ 0.06    | 0.08 $\pm$ 0.02    | 0.05 $\pm$ 0.05     |
|              | +          | 0.021 $\pm$ 0.003  | 0.013 $\pm$ 0.002  | 0.004 $\pm$ 0.000   |
|              | $\Delta$   | 0.13 $\pm$ 0.06*   | 0.064 $\pm$ 0.020* | 0.044 $\pm$ 0.048   |
| Brain cortex | -          | 0.014 $\pm$ 0.002  | 0.008 $\pm$ 0.002  | 0.0019 $\pm$ 0.0009 |
|              | +          | 0.008 $\pm$ 0.001  | 0.003 $\pm$ 0.000  | 0.0013 $\pm$ 0.0003 |
|              | $\Delta$   | 0.007 $\pm$ 0.003* | 0.005 $\pm$ 0.002* | 0.0006 $\pm$ 0.0009 |
| Tumour       | -          | 0.23 $\pm$ 0.07    | 0.20 $\pm$ 0.05    | 0.037 $\pm$ 0.021   |
|              | +          | 0.11 $\pm$ 0.02    | 0.08 $\pm$ 0.02    | 0.036 $\pm$ 0.003   |
|              | $\Delta$   | 0.11 $\pm$ 0.07    | 0.12 $\pm$ 0.05*   | 0.001 $\pm$ 0.021   |
| Kidneys      | -          | 0.74 $\pm$ 0.13    | 0.43 $\pm$ 0.13    | 0.11 $\pm$ 0.03     |
|              | +          | 0.53 $\pm$ 0.04    | 0.22 $\pm$ 0.05    | 0.10 $\pm$ 0.02     |
|              | $\Delta$   | 0.21 $\pm$ 0.13    | 0.21 $\pm$ 0.13    | 0.01 $\pm$ 0.03     |

\*  $P < 0.01$ , specific binding significantly different from zero

<sup>a</sup> Each group contained four rats: -, no pretreatment; +, pretreatment with 1 mg unlabelled RC-160 subcutaneously 45 min prior to the injection of  $^{123}\text{I}$ -RC-160

**Table 3.** Tissue distribution [with (+) and without (-) pretreatment of rats with unlabelled RC-160] and specific binding ( $\Delta$ ) in somatostatin receptor-positive organs (mean  $\pm$  SD) in non-tumour-bearing rats ( $n=4$ ), 4 h after injection of  $^{123}\text{I}$ -RC-160. The rats in the parallel experiment with [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide were pretreated with 1 mg octreotide

| Tissue       | $^{123}\text{I}$ -RC-160 | [ $^{123}\text{I}$ -Tyr <sup>3</sup> ]octreotide |                     |
|--------------|--------------------------|--|---------------------|
| Pancreas     | -                        | 0.21 $\pm$ 0.05*                                 | 1.03 $\pm$ 0.15     |
|              | +                        | 0.025 $\pm$ 0.006                                | 0.023 $\pm$ 0.002   |
|              | $\Delta$                 | 0.17 $\pm$ 0.05*,**                              | 1.01 $\pm$ 0.15**   |
| Adrenals     | -                        | 0.19 $\pm$ 0.03*                                 | 0.26 $\pm$ 0.02     |
|              | +                        | 0.042 $\pm$ 0.010                                | 0.027 $\pm$ 0.002   |
|              | $\Delta$                 | 0.15 $\pm$ 0.03*,**                              | 0.23 $\pm$ 0.02**   |
| Pituitary    | -                        | 0.066 $\pm$ 0.007*                               | 0.32 $\pm$ 0.09     |
|              | +                        | 0.0078 $\pm$ 0.0020                              | 0.0067 $\pm$ 0.001  |
|              | $\Delta$                 | 0.063 $\pm$ 0.007*,**                            | 0.31 $\pm$ 0.09**   |
| Brain cortex | -                        | 0.0052 $\pm$ 0.0014*                             | 0.0019 $\pm$ 0.0002 |
|              | +                        | 0.0019 $\pm$ 0.0003                              | 0.0012 $\pm$ 0.0002 |
|              | $\Delta$                 | 0.0033 $\pm$ 0.0014*,**                          | 0.0007 $\pm$ 0.0002 |

\*  $P < 0.01$ ,  $^{123}\text{I}$ -RC-160 vs [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide

\*\*  $P < 0.01$ , specific binding significantly different from zero

**Table 4.** Tissue distribution (% of injected dose/g tissue, mean  $\pm$  SD) in tumour-bearing rats ( $n=4$ ) 24 h after intravenous injection of 0.5  $\mu\text{g}$  radioiodinated somatostatin analogue

| Tissue       | $^{123}\text{I}$ -RC-160 | [ $^{123}\text{I}$ -Tyr <sup>3</sup> ]octreotide |
|--------------|--------------------------|--|
| Spleen       | 0.06 $\pm$ 0.03          | 0.028 $\pm$ 0.021                                |
| Kidneys      | 0.12 $\pm$ 0.03          | 0.13 $\pm$ 0.01                                  |
| Liver        | 0.17 $\pm$ 0.03*         | 0.027 $\pm$ 0.005                                |
| Intestines   | 0.2 $\pm$ 0.0*           | 0.03 $\pm$ 0.01                                  |
| Thyroid      | 320 $\pm$ 70             | 180 $\pm$ 50                                     |
| Thymus       | 0.068 $\pm$ 0.032*       | 0.016 $\pm$ 0.007                                |
| Lungs        | 0.12 $\pm$ 0.04*         | 0.033 $\pm$ 0.006                                |
| Blood        | 0.13 $\pm$ 0.08*         | 0.006 $\pm$ 0.000                                |
| Pancreas     | 0.06 $\pm$ 0.02          | 0.11 $\pm$ 0.04                                  |
| Adrenals     | 0.06 $\pm$ 0.03          | 0.04 $\pm$ 0.01                                  |
| Pituitary    | 0.05 $\pm$ 0.05*         | 0.17 $\pm$ 0.02                                  |
| Brain cortex | 0.0019 $\pm$ 0.0009      | 0.002 $\pm$ 0.001                                |
| Tumour       | 0.037 $\pm$ 0.021*       | 0.007 $\pm$ 0.001                                |

\*  $P < 0.01$ ,  $^{123}\text{I}$ -RC-160 vs [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide

nificant specific binding in all the somatostatin receptor-positive tissues analysed, i.e. pancreas, adrenals, pituitary and brain cortex, at 0.5 and 4 h, and in the tumour at 4 h after injection. After 24 h there was still significant specific binding in the pancreas. From 30 min after the administration of  $^{123}\text{I}$ -RC-160, total radioactivity disappeared rapidly from the measured organs and tumours. Statistically significant specific binding was still present 24 h after [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide injection in the pancreas, adrenal and pituitary gland (data not shown).

In Table 3 the tissue distributions, 4 h after injection, are compared between pretreated and non-pretreated, non-tumour-bearing rats. We found a higher uptake of [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide in the adrenals, the pancreas and the pituitary gland, than was found when using  $^{123}\text{I}$ -RC-160. The effect of pretreatment with unlabelled RC-160 or octreotide is evident in the somatostatin receptor-positive organs for both  $^{123}\text{I}$ -RC-160 and [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide. Significantly higher specific binding of radioactivity was found after administration of [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide in the adrenals, the pancreas and the pituitary gland than after administration of  $^{123}\text{I}$ -RC-160. In the rat brain cortex  $^{123}\text{I}$ -RC-160 has a higher uptake and specific binding than [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide.

Urine samples were obtained 30 min p.i. from tumour-bearing rats ( $n=4$ ), showing 13%  $\pm$  1% of the total radioactivity in the form of peptide-bound radioiodine. Twenty-four hours p.i. the percentage of peptide-bound radioiodine in urine and blood had dropped to 1.3%  $\pm$  0.2% and 1.1%  $\pm$  0.3%, respectively, and more than 95% of the radioactivity in the urine was free radioiodine, which is comparable with the results obtained using [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide as radioligand (data not shown).

A comparison of the tissue radioactivity concentrations 24 h after injection of  $^{123}\text{I}$ -RC-160 and [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide is presented in Table 4. [ $^{123}\text{I}$ -Tyr<sup>3</sup>]octreotide

tide had a higher clearance of radioactivity from somatostatin receptor-negative tissues, such as liver, thymus, blood and lungs, and a significantly higher binding in the somatostatin receptor-positive pituitary than  $^{123}\text{I}$ -RC-160. Only in the tumour was there significantly higher binding of radioactivity for  $^{123}\text{I}$ -RC-160 compared to [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide, but as can be seen from Table 2, this was not specific binding.

## Discussion

RC-160 is, like octreotide, a somatostatin analogue with potent hormone secretion-inhibiting characteristics in vivo and in vitro. However, discrepancies with octreotide have been described, especially with regard to binding to a number of human cancers, like those of the breast, ovary, exocrine pancreas, prostate and colon [14–18, 21]. Therefore, radioiodinated RC-160 might be an important radiopharmaceutical, having potential advantages over radioiodinated octreotide for the in vivo detection of the aforementioned somatostatin receptor-positive tumours. In the literature no data are available on tissue distribution of the somatostatin analogue RC-160, either in animals or in humans. In the present study, therefore, we evaluated the potential use of radioiodinated RC-160 for somatostatin receptor scintigraphy. There was significantly higher uptake and specific binding in somatostatin receptor-positive organs, such as the pancreas, the adrenal and the anterior pituitary gland, of  $^{123}\text{I}$  after administration of [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide than after  $^{123}\text{I}$ -RC-160.

In brain cortex of control rats we found at 4 h a low, but statistically significant specific binding of  $^{123}\text{I}$ -RC-160. However, this was caused by a very low amount of tracer (0.0052% of injected dose per gram) in comparison with other somatostatin receptor-positive tissues, such as the pancreas (0.21% of injected dose per gram). Since we found a significant difference between the uptake of radioactivity in saturated and non-saturated brain cortex, these data suggest that, in contrast to octreotide, RC-160 and radioiodinated RC-160 are able to cross the blood-brain barrier, as has also been reported for cold RC-160 and radioiodinated RC-160 by Banks et al. [21, 24]. The presence of the C-terminal amino acid tryptophan in RC-160 (see Fig. 1) enhances the lipophilicity of the molecule, and this might also explain its increased blood-brain barrier permeability and reduced clearance from the tissues and blood.

During the first 30 min after the injection of  $^{123}\text{I}$ -RC-160 there was no statistically significant uptake in the tumour as measured by gamma camera scintigraphy, nor was there any after background correction. This finding is in contrast with the results of the experiments with [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide as described by Bakker et al. [6]. However, 30 min after the injection of  $^{123}\text{I}$ -RC-160, statistically significant specific binding in the isolated tumour was found. Since there is no significant difference

between the uptake or specific binding after the injection of [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide and  $^{123}\text{I}$ -RC-160 in the isolated tumour at 30 min, the relatively low tumour to blood ratio in these experiments is probably the reason for this discrepancy.

To conclude:  $^{123}\text{I}$ -RC-160 does not seem to have advantages over [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide as a radiopharmaceutical for somatostatin-receptor scintigraphy, despite the fact that  $^{123}\text{I}$ -RC-160 shows specific high-affinity binding to various somatostatin receptor-positive organs. In contrast to radioiodinated [Tyr $^3$ ]octreotide and octreotide, which do not pass the blood-brain barrier, our experiments confirm that RC-160 and radioiodinated RC-160 indeed do pass the blood-brain barrier. However, this occurs in low quantities, and consequently the application of radioiodinated RC-160 in nuclear medicine for visualizing somatostatin receptor-positive brain tumours with an intact blood-brain barrier is hampered. In comparison with [ $^{123}\text{I}$ -Tyr $^3$ ]octreotide, the main disadvantage of  $^{123}\text{I}$ -RC-160 is its relatively low tumour to blood (background) ratio, implying poorer in vivo tumour detection.

Apart from the discussed data, it must be emphasized that several authors have reported that in comparison to octreotide, RC-160 has superior binding characteristics in some human tumours. Therefore, RC-160 and, in spite of its disadvantages,  $^{123}\text{I}$ -RC-160 could open new diagnostic and/or therapeutic applications in patients bearing such tumours. Consequently, in analogy to the development of the indium-111 labelled [DTPA-D-Phe $^1$ ]octreotide analogue,  $^{111}\text{In}$ -labelled [DTPA-D-Phe $^1$ ]RC-160 is being prepared and investigated.

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