



## EXPERIMENTAL

# Non-invasive or minimally invasive autopsy compared to conventional autopsy of suspected natural deaths in adults: a systematic review

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## Abstract

**Objectives** Autopsies are used for healthcare quality control and improving medical knowledge. Because autopsy rates are declining worldwide, various non-invasive or minimally invasive autopsy methods are now being developed. To investigate whether these might replace the invasive autopsies conventionally performed in naturally deceased adults, we systematically reviewed original prospective validation studies.

**Materials and methods** We searched six databases. Two reviewers independently selected articles and extracted data. Methods and patient groups were too heterogeneous for meaningful meta-analysis of outcomes.

**Results** Sixteen of 1538 articles met our inclusion criteria. Eight studies used a blinded comparison; ten included less than 30 appropriate cases. Thirteen studies used radiological imaging (seven dealt solely with non-invasive procedures), two thoracoscopy and laparoscopy, and one sampling without imaging. Combining CT and MR was the best non-invasive method (agreement for cause of death: 70 %, 95%CI: 62.6;

76.4), but minimally invasive methods surpassed non-invasive methods. The highest sensitivity for cause of death (90.9 %, 95%CI: 74.5; 97.6, suspected duplicates excluded) was achieved in recent studies combining CT, CT-angiography and biopsies.

**Conclusion** Minimally invasive autopsies including biopsies performed best. To establish a feasible alternative to conventional autopsy and to increase consent to post-mortem investigations, further research in larger study groups is needed.

## Key points

- Health care quality control benefits from clinical feedback provided by (alternative) autopsies.
- So far, sixteen studies investigated alternative autopsy methods for naturally deceased adults.
- Thirteen studies used radiological imaging modalities, eight tissue biopsies, and three CT-angiography.
- Combined CT, CT-angiography and biopsies were most sensitive diagnosing cause of death.

**Keywords** Systematic review · Alternative clinical autopsy · Post-mortem imaging · Post-mortem biopsies · Validation studies

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## Abbreviations

CA	Conventional Autopsy
COD	Cause Of Death
CTA	CT-Angiography
DE	Dual Echo
FLAIR	Fluid-Attenuated Inversion Recovery
FFE	Fast Field Echo
FSE	Fast Spin Echo
G	Gauge
GE	Gradient Echo
IR	Inversion Recovery

(MD)CT	(Multi Detector) Computed Tomography
MR(I)	Magnetic Resonance (Imaging)
N	Number
n/r	not reported
PMI	Post-Mortem Interval
PRISMA	Preferred Reporting items for Systematic Reviews and Meta-Analyses
SE	Spin Echo
SPIR	Spectral Presaturation with Inversion Recovery
TSE	Turbo Spin Echo
WHO	World Health Organization

## Introduction

### Current problem and background

Autopsy is an age-old method for identifying the underlying pathology leading to death, and/ or for detecting unnatural deaths. It is an important tool for both criminal investigations and for health care quality control. In clinical practice, autopsy contributes to medical knowledge, medical training, accurate mortality statistics, epidemiologic databases, and therapeutic and diagnostic improvements [1–3].

Despite continuing development of innovative new diagnostic techniques, there are substantial discrepancies between ante-mortem and post-mortem diagnoses [4–11]. Hence, an autopsy continues to provide medical professionals with valuable feedback on provided care and possibly new insights for future decision-making. In some cases it also leads to counseling advice for family members.

Clinical autopsy rates are rapidly declining worldwide [12–14]. To perform clinical autopsies, consent from next of kin is obligatory in most countries. Unfortunately, consent may not be requested or recommended by physicians (who are often junior staff members) and is often refused by bereaved families [15–25]. Public resistance to autopsies has increased over the years, due to negative press attention [26], funeral delay, religious or cultural beliefs, and fear of mutilation of the deceased's body. For the latter reason, non-invasive or minimally invasive autopsy methods, which were already implemented in forensic medicine, are currently being developed to substitute clinically invasive autopsies [12, 13, 26].

Over the last decades, MR imaging has been introduced in clinical medicine for perinatal and neonatal autopsy [27, 28]. Many other clinically established imaging techniques have emerged for broad post-mortem use in forensic medicine. Among these are image-guided tissue biopsies, and CT- or MR- angiography [29–34]. Forensic specialists have optimized them for postmortem settings. However, despite high diagnostic performance in that field, hardly any of the new post-mortem techniques have been implemented in clinical medicine.

### Purpose

In this systematic review we investigate whether non-invasive or minimally invasive autopsy methods could replace conventional autopsy in adults with a suspected natural cause of death. We calculate the sensitivity and agreement of non-invasive and minimally invasive autopsy methods using conventional autopsy as a reference standard, and discuss if any method may be appropriate for a clinical setting.

### Materials and methods

For this systematic review the methods of Cochrane and PRISMA were used to the extent possible [35, 36].

#### Database search

Together with a biomedical information specialist we searched the Embase, Medline, Web of Science and Cochrane databases. We defined search terms for Embase and, from those, we derived search terms for the other databases. The search terms included the following elements: autopsy, imaging, cause of death, and validation (see Appendix 1). Case reports, studies on children, and animal studies were excluded. The search was performed on the 16 July 2013 and, to see if any eligible articles had been published since the previous searches, it was repeated on the 1 April 2014 and on 27 June 2014. The second and third time we also searched PubMed publisher and Google Scholar. EndNote software was used to collect all articles matching the search terms and to remove duplicate records of the same study.

#### Article selection

The following inclusion criteria were used for article selection: (1) original prospective studies comparing the diagnostic performance of non-invasive or minimally invasive autopsy methods to that of the reference standard (conventional autopsy, not necessarily including brain autopsy); (2) outcomes defined in agreement and/or sensitivity and/or specificity of cause of death and/or detected overall, major and/or minor diagnostic findings; (3) the alternative autopsy methods covered at least an investigation of the deceased's thorax and abdomen; (4) more than five adult cases ( $\geq 18$  years of age) were studied; and (5) more than five presumed natural deaths were studied.

Two reviewers excluded the articles outside the scope of this review, based on the article titles and abstracts. Subsequently, they retrieved and evaluated the available full texts of the remaining articles and selected the articles that fully met the five inclusion criteria. A third reviewer was consulted in case the two reviewers disagreed on study eligibility.

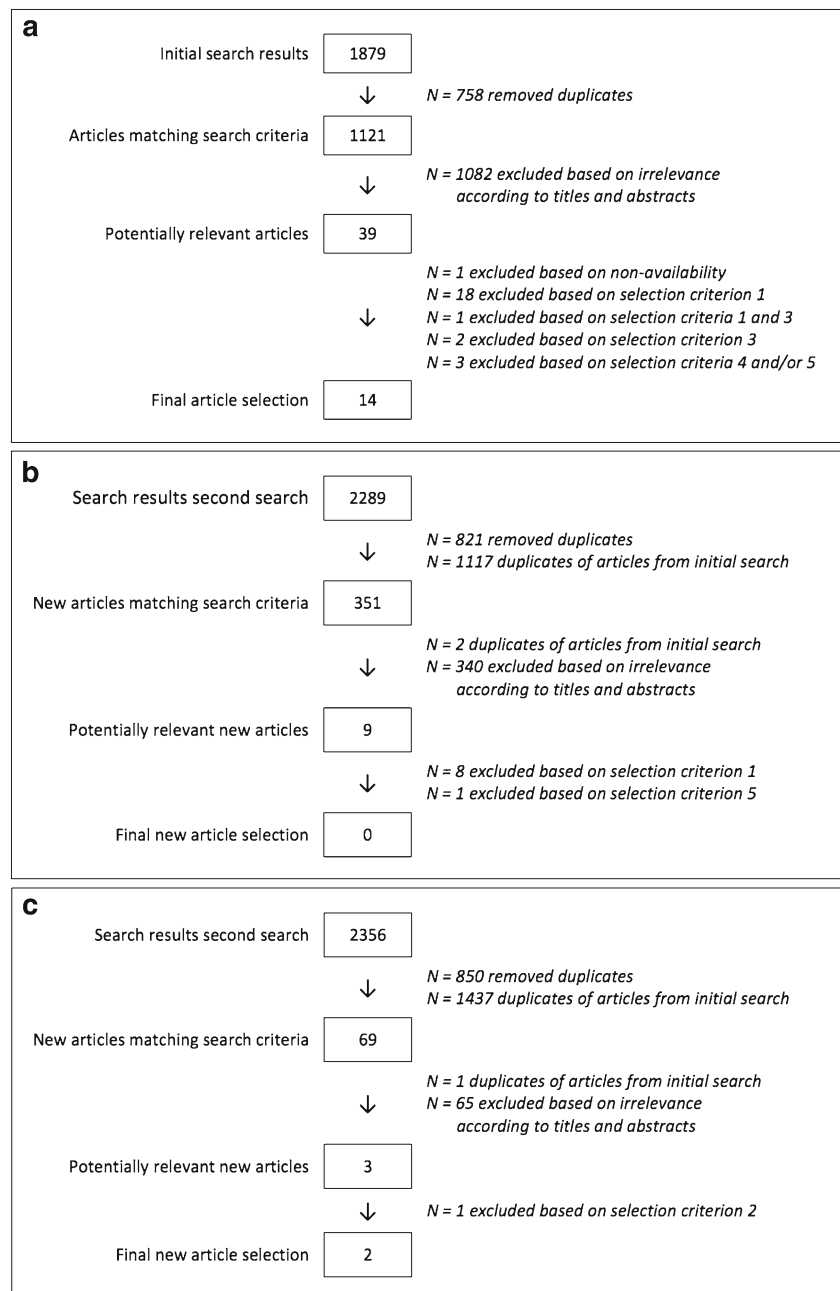
## Data extraction and analysis

Four reviewers were involved in the analyses, of which two were already for decades involved in research and scientific publication. Two reviewers independently performed the data extraction. Their interpretation was different with respect to one or two minor data points per table and these differences could easily be resolved. A third reviewer was consulted for advice on structuring the data extraction tables. Per article, the reviewers extracted data on study population, number of cases eligible for this review, study design/ methods, cost of the methods, and, if possible, data

for outcomes in  $2 \times 2$  tables. From these  $2 \times 2$  tables on cause of death and/or (overall, major and/or minor) diagnostic findings, both reviewers independently calculated the percentage of agreement, the sensitivity and, if possible, the specificity. If they were not able to extract any false positives and/or true negatives, the reviewers only calculated sensitivity. If the reviewers could not extract any data from the original article for a  $2 \times 2$  table, the reported outcome measures were quoted.

If necessary, the reviewers contacted the authors, requesting additional information in order to exclude individual cases (based on age or suspected forensic cause of death)

**Fig. 1** **a** Flowchart article selection: Initial literature search. **b** Flowchart article selection: Second literature search. **c** Flowchart article selection: Third literature search



in the articles [37–42], or to identify multiple reports of the same cases [40, 41, 43, 44]. Unfortunately, only one author responded [39].

The alternative autopsy methods applied and the case characteristics in the included studies were very heterogeneous, precluding meaningful meta-analysis of the study outcomes.

The outcomes of only two studies were pooled, since these studies seemed to be performed by the same research group, investigating the same alternative autopsy method, and even including some of the same cases [43, 44].

## Results

All database searches together provided us with 1538 articles that matched the search criteria (see Fig. 1), of which 51 were considered potentially relevant (see Appendix 2). One of these articles could not be obtained via our hospital library. Of the remaining 50 articles, 34 were not eligible for this systematic review upon reading the full text.

### Study design and quality appraisal

Sixteen articles, published from 1996 to 2014, met the five inclusion criteria (see Tables 1, 2 and 3). Eight studies included just cases of adult deaths [37, 46–52], and in seven studies the cases were only included if the cause of death was suspected to be natural [39, 42, 44, 45, 47, 48, 50]. Among the studies that registered a male-female ratio, the majority of cases were male. The available mean ages differed from 22.7 years to 74.0 years.

Seven studies examined the accuracy of non-invasive autopsy methods, and nine studies the accuracy of various minimally invasive methods. In twelve studies a conventional autopsy (reference standard) was performed on all cases within the examined group [37, 40–45, 47–51]. In only eight studies the description of the comparison between new method and reference standard could be interpreted as blinded [40, 41, 45–50].

Complete 2×2 tables for cause of death were extracted from two articles [38, 42], for overall findings from another article [50], and for new major findings and cultures from yet another article [42]. In addition, partial 2×2 tables could be extracted from eleven studies [39–41, 43–49, 51].

For each available agreement percentage and sensitivity for cause of death in Table 3, we calculated the exact binomial confidence interval. We plotted these confidence intervals in forest plots (see Fig. 2). They were often very wide, due to small study groups.

We plotted both agreement and sensitivity in a funnel plot (see Fig. 3), and could not detect any signs of publication bias.

### Agreement and accuracy of non-invasive autopsy methods

As a potential alternative to the conventional autopsy, the earliest two studies examined the use of magnetic resonance imaging (MRI) [47, 48].

Three other studies used (multi detector) computed tomography, (MD) CT [38, 39, 46].

The two most recent studies performed both MRI and CT [37, 45], but only one of them combined the results to define a cause of death [37]. This latter study included more cases than all other non-invasive studies together.

The results of these studies, except Puranik et al. [45], suggest that the non-invasive autopsies using CT perform somewhat better than those using MRI. The highest sensitivity achieved with CT was 70.8 % [39]. The one study combining MRI and CT achieved an agreement of 70 % in cause of death [37].

Other outcomes, such as sensitivity for major findings, could only be extracted from three studies. These outcomes could not be compared, due to the heterogeneity in study methods.

The criteria for case selection were various, and studies with similar patient groups investigated different imaging methods.

### Agreement and accuracy of minimally invasive autopsy methods

The oldest minimally invasive autopsy study applied a combination of tissue biopsies and post-mortem cultures, without any kind of imaging and showed an agreement and sensitivity of (almost) 60 % for the cause of death [42]. They also showed a reasonably good agreement and sensitivity for new major findings.

Two studies performing a combination of post-mortem laparoscopy, thoracoscopy and (if indicated) tissue biopsies showed very high agreement percentages for the cause of death [51, 52]. However, one of these studies included very few cases ( $n=7$ ) and the other selected cases to maximize the benefit of the studied method.

There were two studies, by the same author, examining ultrasound and (ultrasound-guided) biopsies in comparison to autopsy [40, 41]. It is unknown if any of their cases were reported twice. The second study appeared to have worse outcomes than the first, but the agreement was still higher than in all non-invasive methods.

Weustink et al. [50] evaluated a combination of MRI and CT, and ultrasound-guided tissue biopsies, and showed agreement for cause of death in 76.7 %. They were the only investigators who calculated specificity for overall findings, which was 99 %.

In their most recent study, Wichmann et al. performed native CT and multiphase CT-angiography (no tissue biopsies) [49]. With the addition of the CT-angiography, the sensitivity of new major diagnoses had improved from 71.4 % (MDCT only) to 92.9 %.

**Table 1** Article details and study population

	First author	Year of publ.	Journal	Country	Inclusion via	Overall N included/ of which with autopsy	Age mean, range (years)	Sex ratio, male:female (n)	Postmortem interval	
									To alternative	To autopsy
<i>Non-invasive methods</i>	Purani [45]	2014	J Cardiovasc Magn Reson	Australia	Department of Forensic Medicine	17/17	22.7, 1.5-35	13:4*	n/r	Mean: 56.1 h
	Roberts [37]	2012	Lancet	United Kingdom	Coroner	182/182	n/r	n/r	n/r	n/r
	Takahashi [38]	2012	Eur Radiol	Japan	Emergency Department	494/20	Median: 74, 0-101 among autopsied: 16-4	306:188 among autopsied: 16:4	Mean: 21.7 m	Within 4-24 h after imaging
	Westphal [39]	2012	Virchows Arch	Germany	Hospital, Department of Pathology	29/28	59, 0-91	19:10	Mean: 50 h	Mean: 62 h
	Wichmann [46]	2012	Ann Intern Med	Germany	9 Intensive Care Units	162/47	among autopsied: 63	among autopsied: 26:21	n/r	n/r
	Roberts [47]	2003	Histopathology	United Kingdom	Coroner	10/10	n/r	n/r	Median: 2d	n/r
	Patricuin [48]	2001	J Magn Reson Imaging	USA	n/r	8/8	64	4:4	Within 12 h	Within 12 h of imaging
	Wichmann [49]	2014	Ann Intern Med	Germany	Department of Intensive Care Medicine	50/50	70, 27-84	38:12	Median: 4d	Median: 6d
	Ross [43]	2012	Radiology	Switzerland	Institute of Forensic Medicine	20/20	56, 15-80	16:4	Mean: 19 h	n/r
	Bolliger [44]	2010	Am J Roentgenol	Switzerland	Institute of Forensic Medicine	20/20	56.4, 15-82	14:6	n/r	n/r
<i>Minimally invasive methods</i>	Weustink [50]	2009	Radiology	The Netherlands	Hospital (wards)	30/30	65.7, 46-79	19:11	Mean: 9.6 h	Additional mean: 15.1 h
	Fariña [40]	2002	Virchows Arch	Spain	n/r	100/100	n/r	n/r	n/r	n/r
	Fariña [41]	1998	J Echogr Med Ultrasons	Spain	n/r	130/130	n/r	n/r	n/r	n/r
	Fan [51]	2010	Forensic Sci Int	China	Coroner	22/22	74.01, 32-96	11:11	n/r	n/r
	Cacchione [52]	2001	Surg Endosc	USA	Hospital	25/9	71.6, 44-94	n/r	All procedures completed within 24 h after death	n/r
	Huston [42]	1996	Mod Pathol	USA	n/r	20/20	13-84	n/r	Range: 3-72 h	n/r

\* originally reported as 71 % men

**Table 2** Study methods and design

First author	Year of publ.	Inclusion criteria	Exclusion criteria	Post-mortem techniques			Reference Standard	Blinded study*
				Imaging	Biopsies	Other		
<i>Non-invasive methods</i>								
Puranik [45]	2014	Consecutive patients aged 1-35 years Referred to dept. of forensic medicine Death was identified to be sudden Available scanning time and autopsy delay <24 hours Verbal and written consent	Patients with trauma, suicide or known drug overdose	1st comparison – 1.5 Tesla MRI: (3D) T1, T1 FFE, T2 DE STIR, FLAIR, FFE and IR of the brain; cardiac balanced FFE and T2 STIR short-axis; T2 STIR multiple lung axes 2nd comparison – 64-slice CT from head to pelvis	No	No	Conventional autopsy	Yes
Roberts [37]	2012	First case each study day and study days according to availability of staff	Failure to obtain consent Severe obesity (>100 kg) Undoubtedly traumatic deaths Cases that had undergone only head CT	8 or 16-slice CT from vertex to symph. pubicus. MRI: T1, DE or FLAIR, and STIR of the brain; T1, STIR and T2 FSE from neck to pelvis; fT2 short-axis of the heart	No	No	Conventional autopsy	Unknown
Takahashi [38]	2012	Subjects for whom emergency physicians could not determine COD by an external examination Permission obtained	Undoubtedly traumatic deaths Cases that had undergone only head CT	6-slice (155 cases), 16-slice (303 cases) or 64-slice CT (36 cases) from the head to the iliac bone	No	No	16 conventional autopsies (6 excluding brain); 4 forensic autopsies	Radiologists were blinded to autopsy findings. Pathologist was not blinded
Westphal [39]	2012	Deceased persons delivered for conventional autopsy (randomly selected) Manner of death due to natural cause	n/r	64-slice, dual source CT from head to toe	No	No	Conventional autopsy (1 limited to cardiac autopsy)	Unknown
Wichmann [46]	2012	Patients died at an Intensive Care Unit Informed consent	Funeral scheduled early CT scanner maintenance Medical autopsy performed before CT	Multislice CT from head to abdomen	No	No	Conventional autopsy	Yes

**Table 2** (continued)

First author	Year of publ.	Inclusion criteria	Exclusion criteria	Post-mortem techniques		Reference Standard	Blinded study*
				Imaging	Biopsies		
			Eligible for organ donation				
			Body weight too high for CT scanner				
Roberts [47]	2003	Sudden unexpected adult deaths in the community	Suspicious, violent or potentially drug-related deaths	1.5 Tesla MRI: T1, GE, FLAIR and T2 of the head; T1, FSE, FLAIR with SPIR fat suppression from neck to pelvis	No	Conventional autopsy	Yes
Patriquin [48]	2001	Consent for both MRI and (limited) surgical dissection	Medical examiner cases	1.5 Tesla MRI: turbo STIR from vertex to the knees using coronal body coil; T2 FFE or T2 SPIR from thorax to pelvis	No	7 conventional autopsies (1 excluding head); 1 percutaneous biopsy	Yes
Wichmann [49]	2014	Hospitalized patients who died unexpectedly or within 48 hours of an event necessitating CPR	Maintenance work on the CT scanner	4-slice and 16-slice native CT from head to hip joint?	No	Multiphase CTA via femoral vein and artery, from head to hip joint, using heart-lung machine	Yes
Ross [43]	2012	Scheduled forensic autopsy	Funerals scheduled before autopsy could be done	6-slice unenhanced CT from head to pelvis	CT-guided 14G needle biopsies of heart, lungs and suspected areas	Conventional autopsy	No
Bolliger [44]	2010	Consecutive cases of unclear COD	n/r	6-slice CT	CT fluoroscopic controlled 14G needle biopsies of heart, lungs and suspicious regions	Forensic autopsy	Unknown
		No signs of mechanical trauma	n/r	Scanned body parts not mentioned			
		Case circumstances indicative of a natural death	n/r				



Table 2 (continued)

First author	Year of publ.	Inclusion criteria	Exclusion criteria	Post-mortem techniques		Reference Standard	Blinded study*
				Imaging	Biopsies		
Weustink [50]	2009	Age 18 years or older Weight less than 100 kg	No informed consent Forensic COD Known or suspected high-risk infections Open abdominal wounds Cases referred from Friday to Sunday	16-slice CT from the calvarium to the pelvis 1.5 Tesla MRI: T1 SE, T2 TSE and T2 FLAIR of the head using head coil; T1 SE, T2 TSE, T2 spectral fat saturation IR of thorax and abdomen	12G needle biopsies: Unguided biopsies of heart and lungs. US-guided biopsies of liver, kidneys and spleen. If indicated additional.	Conventional Autopsy	Yes
Fariña [40]	2002	n/r	n/r	Ultrasound of the internal organs, GI and urogenital tracts, pleural and peritoneal cavities and superficial structures	Ultrasound guided 14G needle biopsies of the internal organs (incl. brain) and lesions	Conventional autopsy	Yes
Fariña [41]	1998	n/r	n/r	Ultrasound of all organs	14G needle biopsies/ liquids	Conventional autopsy	Yes
Fan [51]	2010	Cases reported to coroner Cases ordered for autopsy examinations Cases were selected to maximize benefit of method	n/r	No	If indicated biopsies of the abdominal organs	Conventional autopsies 4 limited autopsies	Unknown
Cacchione [52]	2001	Patients who died in their institution	n/r	No	Needle biopsies of the internal organs	Conventional autopsy	Unknown
Huston [42]	1996	Patients with permission for complete post mortem examination	Medical examiner cases Fetal cases	No	Percutaneous 15G needle biopsies of heart, liver, lungs and kidneys. If indicated additional.	Conventional autopsy	Unknown

\* Unknown if not explicitly mentioned



**Table 3** Results

First author	Year of publ.	Cases for review	Cause of death		Major diagnoses		Minor diagnoses	
			Agreement (95%CI)	Sensitivity (95%CI)	Agreement (95%CI)	Sensitivity (95%CI)	Agreement (95%CI)	Sensitivity (95%CI)
<i>Non-invasive methods</i>								
Puranik [45]	2014	11	MRI: 11/11 = 100 % (71.5; 100) CT: 3/11 = 27.3 % (6.0; 61.0)	MRI: 10/ 10 = 100 % (69.2; 100) CT: 2/10 = 20 % (2.5; 55.6) n/r	n/r	n/r	n/r	n/r
Roberts [37]	2012	182 (-6) <sup>1</sup>	70 % (62.6; 76.4)	n/r	n/r	n/r	n/r	n/r
Takahashi [38]	2012	16 (-2) <sup>1</sup>	10/16 = 62.5 % (35.4; 84.8)	8/14 = 57.1 % (28.9; 82.3)	n/r	n/r	n/r	n/r
Westphal [39]	2012	24	n/r	17/24 = 70.8 % (48.9; 87.4)	death related diagnoses 23/44 = 52.3 % (36.7; 67.5)	death related diagnoses 23/43 = 53.5 % (37.7; 68.8)	21/69 = 30.4 % (19.9; 42.7)	21/45 = 46.7 % (31.7; 62.1)
Wichmann [46]	2012	47	n/r	n/r	n/r	new major diagnoses 10/14 = 71.4 % (41.9; 91.6)	new minor diagnoses 26/61 = 42.6 % (20.3; 40.2)	new minor diagnoses 26/61 = 42.6 % (30.0; 56.0)
Roberts [47]	2003	10	n/r	6/10 = 60 % (26.2; 87.8)	n/r	n/r	n/r	n/r
Patricuin [48]	2001	7	n/r	3/7 = 42.9 % (9.9; 81.6)	13/34 = 38.2 % (22.2; 56.4)	13/23 = 56.5 % (34.5; 76.8)	8/39 = 20.5 % (9.3; 36.5)	8/23 = 34.8 % (16.4; 57.3)
<i>Minimally invasive methods</i>								
Wichmann [49]	2014	50	n/r	n/r	new major diagnoses 13/16 = 81.3 % (54.4; 96.0)	death related diagnoses 6/15 = 40 % (16.3; 67.7)	new minor diagnoses 140/140 = 100 % (66.1; 99.8)	new minor diagnoses 140/140 = 100 % (66.8; 79.8)
Ross [43]	2012	19*	n/r	18/19 = 94.7 % (74.0; 99.9)	n/r	overall diagnoses 402/474 = 84.8 % (64.7; 92.4)	n/r	n/r
Bolliger [44]	2010	19*	n/r	17/19 = 89.5 % (66.9; 98.7)	n/r	n/r	n/r	n/r
	2009	30	23/30 = 76.7 %	n/r	129/140 = 92.1 %	129/137 = 94.2 %	n/r	n/r

Table 3 (continued)

First author	Year of publ.	Cases for review	Cause of death		Major diagnoses		Minor diagnoses	
			Agreement (95%CI)	Sensitivity (95%CI)	Agreement (95%CI)	Sensitivity (95%CI)	Agreement (95%CI)	Sensitivity (95%CI)
Weustink [50]			(57.7; 90.1)		(86.4; 96.0) overall diagnoses 2019/2056=98.2 %	(88.8; 97.5) overall diagnoses 255/ 273=93.4 %		
Fariña [40]	2002	81	64/81=79.0 % (68.5; 87.3)	n/r	n/r	(89.8; 96.1) n/r	n/r	n/r
Fariña [41]	1998	130	120/130=92.3 % (86.3; 96.3)	n/r	n/r	n/r	n/r	n/r
Fan [51]	2010	16	15/16=93.8 % (69.8; 99.8)	based on 18 cases "90 %" (65.3; 98.6)	n/r	n/r	n/r	n/r
Cacchione [52]	2001	7	combined with review of patients' hospital records 100 % (59.0; 100)	n/r	n/r	n/r	n/r	n/r
Huston [42]	1996	20(-1 or more) <sup>1</sup>	12/20=60 % (36.1; 80.9)	11/19=57.9 % (33.5; 79.8)	new major diagnoses 20/ 24=83.3 % (62.6; 95.3)	new major diagnoses 12/ 16=75 % (47.6; 92.7)	cultures 39/ 46=84.8 % (71.1; 93.7)	cultures 10/ 15=66.6 % (38.4; 88.2)

<sup>1</sup> Some cases should still be excluded, for these deceased were younger than 18 years of age or died from an unnatural cause of death

<sup>2</sup> Originally reported as being agreement

\* Some of the included cases seem to overlap

Two studies combined CT, CT-angiography and (CT-guided) tissue biopsies as an alternative to conventional autopsy [43, 44], resulting in high sensitivities for cause of death: 94.7 % and 89.5 %. Both studies included twenty cases of which six appeared to be duplicates, so together they actually included 34 cases, of which 33 were eligible for this review, leading to a pooled sensitivity of 90.9 % (95 %CI: 74.5; 97.6).

Further analyses or comparison between these studies was difficult, because of the heterogeneity in studied methods.

### Cost of alternative autopsy methods

Although several studies mentioned costs, only one of them compared the actual cost of the two methods investigated. Weustink et al. [50] calculated a mean cost of  $\$1497 \pm 148$  per minimally invasive autopsy, and  $\$2274 \pm 104$  per conventional autopsy. Wichmann et al. [49] stated that the addition of angiography increased cost with \$300 per case. Roberts et al. mentioned that alternative autopsies using MRI are more expensive than conventional autopsy [37, 47]. Alternative autopsies using CT [37, 38, 46] or ultrasound [40, 41], on the other hand, appear to be less expensive than conventional autopsy.

### Discussion

This is one of few systematic reviews to analyse the accuracy of alternatives to the conventional methods of autopsy in natural deaths, and the first to focus on naturally deceased adults. Although none of the alternative methods performed as well as conventional autopsy, higher agreement and sensitivity percentages demonstrated that minimally invasive autopsy methods were more accurate than non-invasive autopsy methods, especially those including tissue biopsies.

### Comparison with the literature

A similar systematic review has been performed by Thayyil et al. [53], who found better overall pooled sensitivity and specificity of post-mortem MRI in foetuses (69 % and 95 %) than in children and adults. As an alternative to conventional autopsy, however, its diagnostic accuracy was insufficient in all patient groups.

Since then, more studies have been published, and the diagnostic performance of alternative methods has improved significantly, as our study shows. With the introduction of minimally invasive autopsy methods, including imaging and tissue biopsies, remarkable improvements in accuracy were achieved. The merit of histological examination of vital organ tissue, in particular obtained under image-guidance, is also addressed in forensic studies [54].

When comparing cost, minimally invasive autopsy may be less expensive than conventional autopsy. According to the reviewed studies, a minimally invasive autopsy including both biopsies and CT-angiography costs \$1649 to \$1945, whereas an autopsy costs \$2170 to \$2378. In Switzerland each autopsy is preceded by at least CT, and Flach et al. [55] recently calculated a cost of \$820 to \$1150 per post-mortem examination including CT, CT-angiography, MRI, and forensic expert opinion.

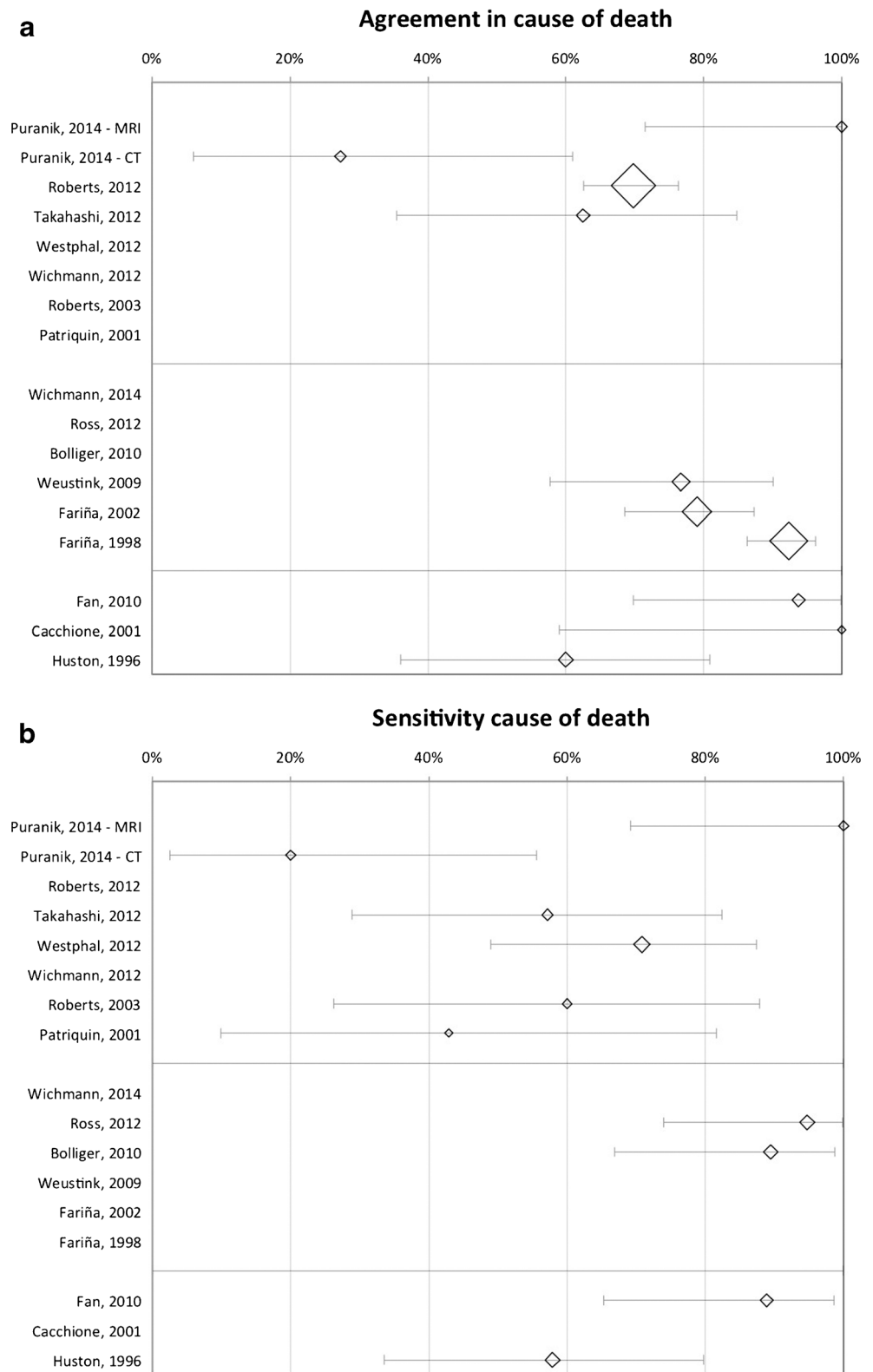
Even though post-mortem endoscopic methods (thoracoscopy and laparoscopy) appear to be very accurate alternatives to conventional autopsy [51, 52], we hesitate to draw conclusions. Both studies included a fairly small number of cases and did not report whether the examiners were blinded to the conventional autopsy findings. One study states that it induced selection bias by selecting cases in order to maximize the benefit of the alternative autopsy [51]. Avrahami et al. [56] support our doubts, and state that findings from an endoscopic autopsy are insufficient to establish a definite cause of death. They recommend performing endoscopic autopsy only in cases in which there are objections to conventional autopsy and in order to rule out or identify major thoracic or abdominal pathology leading to death.

Several studies have shown that post-mortem whole-body CT-angiography visualizes pathological changes in blood vessels, such as stenosis, occlusion, and injuries, and improves the accuracy of a minimally invasive autopsy method [30, 43, 44, 49, 57]. As these whole-body angiographies tend to be expensive, for heart-lung machines and large volumes of special contrast agents are required, either out-dated and therefore inexpensive equipment, or newly developed low-cost ‘targeted’ angiography methods are being used. For instance, a post-mortem coronary CT-angiography was designed to improve the accuracy of a minimally invasive autopsy method in sudden natural death cases [58, 59]. For findings in the coronary arteries, Roberts et al. achieved a correlation of 80 % between autopsy and CT-angiography. Moreover, Saunders et al. were able to reduce the time for whole body CT-scanning and a coronary CT-angiography to an average of 48 minutes.

Another interesting technique, which was not performed in any of the reviewed studies, is postmortem ventilation. In clinical practice, the detection of small lung lesions is improved by having patients hold their breath when the scan is made. To achieve a similar effect in postmortem imaging, forensic examiners simulated expiration and inspiration scans by ventilating the lungs [60–62].

When searching for validation studies of alternatives to autopsies, we also found articles about verbal autopsy. This is a WHO-method used in populations lacking vital registration and medical certification, to determine the probable cause of death based on questionnaires and/ or narratives from next of kin or other reliable informants (such as caregivers). The

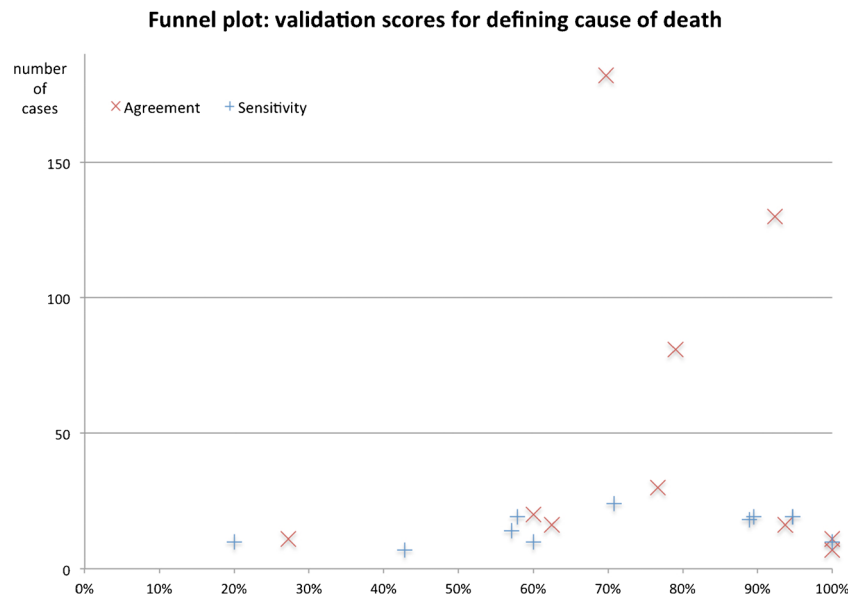
**Fig. 2** **a** Forest plot: Agreement in cause of death. **b** Forest plot: Sensitivity cause of death



method is not based on any post-mortem physical examination of the body, and not accurate for attributing cause of death at the individual level. Therefore, verbal autopsy was excluded from this review.

**Limitations**

We found very few validation studies on non-invasive and minimally invasive autopsy methods performed on

**Fig. 3** Funnel plot: Validation scores for defining cause of death

adults with a non-suspicious and supposedly natural cause of death. We therefore chose not to exclude studies that did not provide sufficient data for composing complete  $2 \times 2$  tables. As a result, the agreement on cause of death could not always be calculated, as it should be based on the combined true positives and true negatives whereas the latter was frequently missing. As we could neither extract true negatives nor false positives, we calculated only sensitivity percentages, even though the results had originally been reported as being agreement percentages.

Due to insufficient data, we were also unable to test whether the agreement percentages on cause of death were any better than chance, since, with incomplete  $2 \times 2$  tables, the chance-corrected proportional agreement ( $\kappa$ -statistic) could not be correctly calculated.

Also, variability of the investigated study groups and study methods, and the information that was reported in the articles was too large to combine study outcomes in a meta-analysis.

For example, in studies using radiological imaging, one, two, four or six (specialized) radiologists reviewed the images. Previous experience in post-mortem imaging was mentioned in six studies: it varied from no experience to 5 years of experience, and was not comparable between studies. Roberts et al. [47] found that previous experience did not result in more correctly diagnosed causes of death. Moreover, only two studies calculated an inter-observer agreement ( $\kappa$ ): Weustink et al. [50] reported  $\kappa$ s of 0.85 for CT and 0.84 for MRI, and Ross et al. [43] reported a  $\kappa$  of 0.94.

In addition, when comparing a new method to the reference standard in a validation study, the investigators performing one method should ideally be blind to outcomes of the other. This might not have been the case in eight of the studies

reviewed, in which the agreement or sensitivity percentages may have been influenced, possibly biasing their value.

Controversially, blinding induces failure to detect false positive and false negative results. Christe et al. [63] reported that both gas and fractures were better detected at imaging than autopsy. To prevent these imaging findings from being registered as false positives, they had the findings confirmed after a second look at the autopsy. The same way, taking a second look at the radiologic images after autopsy could rectify false negative results. However, in both situations the findings were not originally reported, so they may be missed again in the future.

Another limitation, which is almost inevitable due to the kind of studies investigated, is knowledge of the medical histories prior to performing autopsy. None of the reviewed studies reported that the investigators of conventional autopsy and its potential alternative were uninformed about the case circumstances. Therefore, this prior knowledge may have influenced the outcomes of agreement between the two methods, for known pathologies are more likely to be identified than unknown ones.

#### Advantages and disadvantages of the non-invasive and minimally invasive autopsy methods

When comparing radiological techniques for non-invasive and minimally invasive autopsy methods, CT and MRI are likely to be preferred over ultrasound. Both have their strengths and shortcomings, and may ideally complement each other. Table 4 gives an overview of the advantages and disadvantages of the radiologic techniques [32, 38, 40, 41, 49, 58, 59, 64–67].

**Table 4** Advantages and disadvantages of non-invasive and minimally invasive autopsy methods using radiological techniques

	Advantages	Disadvantages
Ultrasound [40, 41]	<p><b>Logistics:</b> High availability Operator friendly</p> <p><b>Cost:</b> Inexpensive</p>	<p><b>Image quality and diagnose:</b> Inferior to MRI and CT in image quality Inferior to MRI and CT in biopsy guidance Limited visualisation of the vascular system (no flow) Operator dependent</p>
CT [38, 64, 65]	<p><b>Logistics:</b> High availability Rapid whole body examination Repeated scanning possible Possibility of biopsy guidance</p> <p><b>Cost:</b> Relatively inexpensive (compared to MRI)</p> <p><b>Image quality and diagnose:</b> Good visualization of bone (e.g., fractures), lung parenchyma disease, calcifications (stones, atherosclerosis), acute haemorrhage, air/ gas (e.g., pneumothorax, pneumatosis intestinalis, free air) High in-plane resolution (e.g., small lung nodules) Isovolumetric multi-planar and 3-D reconstructions</p>	<p><b>Logistics:</b> Limited availability during regular working hours (interferes with scanning of the living)</p> <p><b>Image quality and diagnose:</b> Limited visualisation of pathology in soft tissues and organ parenchyma Limited differentiation of normal postmortem changes (e.g., clotting, sedimentation) and pathology (e.g., pulmonary thromboembolism) Limited ability to diagnose cardiac causes of death (e.g., patency of coronaries, acute myocardial infarction) Image artefacts (e.g., metal from dental filling, prosthetic valves)</p>
MRI [38, 65, 66]	<p><b>Logistics:</b> Possibility of biopsy guidance</p> <p><b>Image quality and diagnose:</b> Good, detailed visualization of organ parenchyma (e.g., brain, heart and myocardial infarct age), soft tissue (e.g., muscle injury), fluids (e.g. pleural/ pericardial), nervous system (e.g., spinal canal disorders), bone marrow disorders, metabolic diseases (e.g., hemochromatosis), large vessels (e.g., aortic dissection) Good differentiation between postmortem changes and pathology</p>	<p><b>Logistics:</b> Limited availability during regular working hours (interferes with scanning of the living) Relatively time consuming examination (depending on scan protocol) Requires dedicated postmortem scan protocols (e.g., adjusting scan parameters for the body temperature) Requires MRI compatible body bags (e.g., no metal)</p> <p><b>Cost:</b> Relatively expensive Requires dedicated training of technicians</p> <p><b>Image quality and diagnose:</b> Image artefacts (e.g., metal from dental filling)</p>
CT Angiography [32, 49, 64, 65, 67]	<p><b>Image quality and diagnose:</b> Good detection (of the origin) of haemorrhages (e.g., aortic rupture) Good detection of cardiovascular conditions (e.g., coronary stenosis)</p>	<p><b>Logistics:</b> Limited availability of dedicated equipment and contrast agents Time consuming and complicated examination (e.g., achieving optimal contrast timing and full enhancement is difficult)</p> <p><b>Cost:</b> Expensive (longer procedure time, contrast agents, dedicated equipment*)</p>

**Table 4** (continued)

	Advantages	Disadvantages
Targeted CT (coronary) angiography [32, 58, 59]	<p><b>Cost:</b> Relatively inexpensive equipment (compared to whole body angiography) Cannulation and scanning can be performed with minimal training</p> <p><b>Image quality and diagnose:</b> Less expensive than whole body angiography</p>	<p>Requires dedicated training</p> <p><b>Image quality and diagnose:</b> Differentiation between post-mortem clotting and embolus is difficult Lack of circulation and insufficient mixing of blood and contrast</p> <p><b>Logistics:</b> Time consuming examination (e.g., positioning catheter, turning the corpse)</p> <p><b>Image quality and diagnose:</b> Images restricted to coronary arteries Limited visualisation of internal mammary grafts, due to balloon position in the ascending aorta</p>

\* Less expensive if out-dated equipment were used

Both radiologic techniques and scopic techniques are generally used in medical practice for the living. Hence, they are not available for autopsy cases during busy working hours. If a technique were to be purchased for post-mortem investigations only, the costs may not outweigh the benefits. The more advanced an alternative autopsy technique is, the higher is its price, but, in general, the better are its diagnostic capabilities (if the reviewed studies had used all available techniques, their results would inevitably have been better). Yet, those capabilities are not always required for each individual autopsy case. For example, MRI should preferably be used to examine congenital abnormalities or neurologic pathology in neonates, infants and children, whereas CT is required to examine lung pathology in adults.

Without reliable criteria for selecting those techniques or protocols required based on individual case characteristics, it is impossible to minimize cost and enable investigators to identify or rule out specific pathologies. In order to determine an adequate strategy, that is not unduly expensive, more studies should be performed on large study groups that represent patients with all causes of death.

According to the articles reviewed difficulties remain, even with the advanced minimally invasive autopsy techniques. The main difficulties are in detecting small metastases [49]; in diagnosing cardiovascular disease, such as (localized or massive) acute myocardial infarction and endocarditis [43, 44, 46, 50]; and in distinguishing post-mortem clotting from true thromboembolic material, especially in the pulmonary arteries [43, 46]. On the other hand, in certain cases post-mortem imaging has a diagnostic advantage, since some death-related findings are better depicted on imaging than with conventional autopsy. For example, a pneumothorax was diagnosed on imaging only and missed at autopsy [50, 68].

To achieve the highest diagnostic accuracy we think an alternative autopsy method should at least be minimally invasive. Even though the minimally invasive autopsy method is not yet as accurate as conventional autopsy, some of its other features favour this alternative method.

The first is that imaging data can easily be stored and subjected to a second reading, and used for clinical feedback and teaching purposes, whereas macroscopic autopsy findings have to be photographed or organs have to be preserved in order to do so.

Another benefit of a minimally invasive autopsy is the possibility to take tissue biopsies under precise CT-guidance from very small lesions. It is known that in patients who died from metastatic disease, scarcely enlarged lymph nodes could be detected at conventional autopsy.

Just as in conventional autopsy, one could collect extra tissue biopsies that can be frozen and stored in a tissue bank. Such frozen samples could be used for further diagnostic analyses on a molecular level, and be used for medical research [69].

A logistic advantage of minimally invasive autopsy is that a specialised radiologist is able to read the images from another location and even plan the exact coordinates of the biopsy trajectories for a robot to precisely place the introducer needles [31, 70]. If multiple biopsies are routinely obtained, certain advanced techniques will minimize procedure time and eventually help reducing cost. From a technological point of view, Lundström et al. [71] see no obstacles to introducing minimally invasive autopsies on a larger scale.

Fryer et al. [68] emphasize the benefit of using a minimally invasive method for screening prior to conventional autopsy in cases with high-risk infections. Among a group of suddenly deceased drug users with a known category 3 infection (such as Human Immunodeficiency Virus or hepatitis-C virus), they identified the cause of death through a minimally invasive



examination in a considerable percentage of cases, thereby achieving a two-thirds reduction in the number of high-risk invasive autopsies.

Last but not least, clinicians would gain more information from an alternative autopsy than from no post-mortem investigation at all.

## Conclusion

Non-invasive or minimally invasive autopsy methods could serve as an alternative to conventional autopsy. However, it should be remembered that these alternative methods are still less accurate than the reference standard, and that taking image-guided tissue biopsies for histological examination (and therefore performing a minimally invasive autopsy) is essential for achieving the best possible diagnostic accuracy.

To improve the technical aspects of minimally invasive autopsy methods and to test their potential in larger study groups, including patients who died in hospital with a broad spectrum of diseases, there is a need for more extensive studies. Such studies should not just examine the practical use and accuracy of the alternative autopsy method, but also take into account the cost of implementing the alternative method. If possible, an alternative to conventional autopsy should be developed that is suitable for implementation in academic and non-academic hospitals. Such alternatives to conventional autopsy should ultimately contribute to increasing autopsy rates, improving medical feedback to clinicians, and better overall health care quality control.

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## Appendix 1: Search terms for systematic review on non- or minimally invasive alternatives to autopsy

### Embase

((((autopsy/de OR 'posthumous care'/de OR (autops\* OR preautops\* OR necrops\* OR necroscop\* OR obducti\* OR

postmort\* OR (post NEAR/1 mort\*) OR posthumous):ab,ti) AND ('imaging and display'/exp OR 'minimally invasive procedure'/de OR 'computer assisted tomography'/exp OR 'nuclear magnetic resonance'/exp OR endoscopy/exp OR ((mini OR minimal\* OR non) NEAR/1 (invas\*)) OR tomograph\* OR CT OR CAT OR MSCT OR PMCT OR 'magnetic resonance' OR MR OR MRI OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging OR radiolog\* OR alternative\*):ab,ti) AND ('cause of death'/de OR (((cause\*) NEAR/3 (death)) OR deathcause\*):ab,ti) OR (((alternativ\* OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging) NEAR/3 (preautops\* OR autops\*)) OR virtops\*):ab,ti) NOT 'case report'/de NOT ([animals]/lim NOT [humans]/lim) NOT ((child/exp OR newborn/exp OR fetus/exp OR 'fetus death'/de OR 'perinatal death'/de) NOT (adult/exp OR aged/exp OR 'middle aged'/exp)) AND ('comparative study'/exp OR 'validation study'/de OR 'feasibility study'/de OR 'quality control procedures'/exp OR reliability/exp OR 'diagnostic accuracy'/de OR evaluation/de OR 'sensitivity analysis'/de OR (compar\* OR validat\* OR feasib\* OR qualit\* OR sensitiv\* OR specific\* OR reliab\* OR accura\* OR evaluat\* OR intermethod\* OR Reproducib\*):ab,ti)

### Medline OvidSP

((((autopsy/ OR (autops\* OR preautops\* OR necrops\* OR necroscop\* OR obducti\* OR postmort\* OR (post ADJ mort\*) OR posthumous).ab,ti.) AND (exp "Diagnostic Imaging"/ OR exp "Surgical Procedures, Minimally Invasive"/ OR ((mini OR minimal\* OR non) ADJ (invas\*)) OR tomograph\* OR CT OR CAT OR MSCT OR PMCT OR "magnetic resonance" OR MR OR MRI OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging OR radiolog\* OR alternative\*).ab,ti.) AND ("cause of death"/ OR (((cause\*) ADJ3 (death)) OR deathcause\*).ab,ti.)) OR (((alternativ\* OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging) ADJ3 (preautops\* OR autops\*)) OR virtops\*).ab,ti.) NOT "case report".pt. NOT (exp animals/ NOT humans/) NOT ((exp child/ OR exp infant/ OR exp fetus/ OR exp "fetal death"/) NOT (exp adult/)) AND ("comparative study".pt. OR "validation study".pt. OR "feasibility studies"/ OR "Sensitivity and Specificity"/ OR "Reproducibility of Results"/ OR "Evaluation Studies".pt. OR (compar\* OR validat\* OR feasib\* OR qualit\* OR sensitiv\* OR specific\* OR reliab\* OR accura\* OR evaluat\* OR intermethod\* OR Reproducib\*).ab,ti.)

### Cochrane

((((autops\* OR preautops\* OR necrops\* OR necroscop\* OR obducti\* OR postmort\* OR (post NEAR/1 mort\*) OR posthumous):ab,ti) AND (((mini OR minimal\* OR

non) NEAR/1 (invas\*)) OR tomograph\* OR CT OR CAT OR MSCT OR PMCT OR 'magnetic resonance' OR MR OR MRI OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging OR radiolog\* OR alternative\*):ab,ti) AND (((cause\*) NEAR/3 (death)) OR deathcause\*):ab,ti)) OR (((alternativ\* OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging) NEAR/3 (preautops\* OR autops\*)) OR virtops\*):ab,ti) AND ((compar\* OR validat\* OR feasib\* OR qualit\* OR sensitiv\* OR specific\* OR reliab\* OR accura\* OR evaluat\* OR intermethod\* OR Reproducib\*):ab,ti)

### Web-of-Science

TS((((autops\* OR preautops\* OR necrops\* OR necroscop\* OR obducti\* OR postmort\* OR (post NEAR/1 mort\*) OR posthumous)) AND (((mini OR minimal\* OR non) NEAR/1 (invas\*)) OR tomograph\* OR CT OR CAT OR MSCT OR PMCT OR "magnetic resonance" OR MR OR MRI OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging OR radiolog\* OR alternative\*)) AND (((cause\*) NEAR/3 (death)) OR deathcause\*)) OR (((alternativ\* OR endoscop\* OR scop\* OR laparoscop\* OR thoracoscop\* OR virtual OR imaging) NEAR/3 (preautops\* OR autops\*)) OR virtops\*)) AND ((compar\* OR validat\* OR feasib\* OR qualit\* OR sensitiv\* OR specific\* OR reliab\* OR accura\* OR evaluat\* OR intermethod\* OR Reproducib\*)) NOT ((animal\* OR swine OR rat OR rats OR dog OR dogs OR cat OR cats OR monkey\* OR donkey\* OR horse\*) NOT (human\* OR patient\*)))

The literature search in these databases was performed together with a biomedical information specialist. The search terms included the following elements: autopsy, imaging, cause of death and validation. These were translated into thesaurus terms (mesh or emtree) and free text words in title and/or abstract. Case reports, studies on children and animal studies were filtered out.

Initially, we reviewed 1121 articles (see Table S1 in appendix 2).

Using EndNote specific software commands, we identified which search results were duplicates of articles reviewed in the initial literature search, 351 of the 1468 articles in Table S2 remained to be reviewed in the second literature search.

Using EndNote specific software commands, we identified which search results were duplicates of articles reviewed in the previous literature searches, 69 of the 1506 articles in Table S3 remained to be reviewed in the third literature search.

## Appendix 2: Overview of the number of results in literature searches per database

Table S1

Table S1 Initial literature search results on the 16th of July, 2013

	Total	After deduplication
Embase	624	614
Medline OvidSP	604	214
Web-of-Science	646	293
Cochrane	5	0
<b>Total</b>	<b>1879</b>	<b>1121</b>

Table S2

Table S2 New results from repeated literature search on the 1st of April, 2014

	Total	After deduplication
Embase	691	687
Medline OvidSP	630	242
Web-of-Science	707	325
PubMed publisher	55	54
Cochrane	6	1
Google Scholar	200	159
<b>Total</b>	<b>2289</b>	<b>1468</b>

Table S3

Table S3 New results from repeated literature search on the 27th of June, 2014

	Total	After deduplication
Embase	713	709
Medline OvidSP	649	249
Web-of-Science	732	338
PubMed publisher	56	53
Cochrane	6	1
Google Scholar	200	156
<b>Total</b>	<b>2356</b>	<b>1506</b>

## Appendix 3: List of potentially relevant articles in literature searches

1. Westphal SE, Apitzsch J, Penzkofer T, Mahnken AH, Knuchel R. Virtual CT autopsy in clinical pathology: Feasibility in clinical autopsies. *Virchows Arch* 2012; 461:211-219.

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