

## Inguinal Hernia Surgery- A patient centered approach.

- 1) From a patient perspective Totally Extra Peritoneal (TEP) repair is recommended over Lichtenstein repair in case of inguinal hernia. (this thesis)
- 2) Totally Extra Peritoneal (TEP) repair performed by an inexperienced surgeon leads to higher recurrence rates and risk of chronic postoperative inguinal pain (CPIP). (this thesis)
- 3) Young age is a prognostic negative factor for chronic postoperative inguinal pain (CPIP) in adult hernia repair. (this thesis)
- 4) The mesh used in tension free inguinal hernia repair does not play a significant causal role in chronic postoperative inguinal pain (CPIP). (this thesis)
- 5) The risk of chronic postoperative inguinal pain (CPIP) in the adult population can be individualized by using a risk prediction model. (this thesis)
- 6) No disease of human body, belonging to the province of surgeon, requires in its treatment a better combination of accurate anatomical knowledge with surgical skill than hernia in all its varieties. (Sir Astley Paston Cooper)
- 7) Although inguinal hernia surgery is marked as a low complex and high frequent surgical procedure, outcomes would also benefit from centralization/concentration comparable to high complex low frequent surgical procedures.
- 8) Differentiated root cause analysis of increased near miss reporting leads to better focused attention in medical handling aspects resulting in optimized quality and dramatic decrease of recurrences. (J. Benders)
- 9) Homeopathy sometimes cures because coincidence exists. (K. Kaptein 2006)
- 10) If there were only one truth, you couldn't paint a hundred canvases on the same theme. (Pablo Picasso)
- 11) None of us is as smart as all of us. (Eric Schmidt, former executive chairman of Google)