# Reproducibility of intravascular ultrasound radiofrequency data analysis: implications for the design of longitudinal studies

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# Abstract

Objectives: The purpose of this study was to assess in vivo the reproducibility of tissue characterization using spectral analysis of intravascular ultrasound (IVUS) radiofrequency data (IVUS-VH). Background: Despite the need for reproducibility data to design longitudinal studies, such information remains unexplored. Methods and results: IVUS-VH (Volcano Corp., Rancho Cordova, USA) was performed in patients referred for elective percutaneous intervention and in whom a non-intervened vessel was judged suitable for a safe IVUS interrogation. The IVUS catheters used were commercially available catheters (20 MHz, Volcano Corp., Rancho Cordova, USA). Following IVUS-VH acquisition, and after the disengagement and re-engagement of the guiding catheter, an additional acquisition was performed using a new IVUS catheter. Fifteen patients with 16 non-significant lesions were assessed by 2 independent observers. The relative inter-catheter differences regarding geometrical measurements were negligible for both observers. The inter-catheter relative difference in plaque cross-sectional area (CSA) was 3.2% for observer 1 and 0.5% for observer 2. The limits of agreement for (observer 1 measurements) lumen, vessel, plaque and plaque burden measurements were 0.82, -1.10 mm<sup>2</sup>; 0.80, -0.66 mm<sup>2</sup>; 1.08, -0.66 mm<sup>2</sup>; and 5.83, -3.89%; respectively. Limits of agreement for calcium, fibrous, fibrolipidic and necrotic core CSA measurements were 0.22, -0.25 mm<sup>2</sup>; 1.02, -0.71 mm<sup>2</sup>; 0.61, -0.65 mm<sup>2</sup>; and 0.43, -0.38 mm<sup>2</sup> respectively. Regarding the inter-observer agreement, the limits of agreement for lumen, vessel, plaque and plaque burden measurements were 2.61, -2.09 mm<sup>2</sup>; 2.20-3.03 mm<sup>2</sup>; 1.70, -3.04 mm<sup>2</sup>; and 9.16, -16.41%; respectively, and for calcium, fibrous, fibrolipidic and necrotic core measurements of  $0.08, -0.09 \text{ mm}^2$ ; 0.89, -1.28 mm<sup>2</sup>; 0.74, -1.06 mm<sup>2</sup>; and 0.16, -0.20 mm<sup>2</sup>; respectively. Conclusions: The present study demonstrates that the geometrical and compositional output of IVUS-VH is acceptably reproducible.

## Introduction

Intravascular ultrasound (IVUS) imaging has been shown to provide safe, accurate, real-time, tomographic measurements of coronary vessels in vivo [1–4]. Over the past decade, IVUS has been used to describe the extent, severity, distribution, and morphology of coronary atherosclerosis [5–7]. Furthermore, several studies have evaluated the temporal effect of conventional and novel medical

therapies on plaque progression by means of IVUS [8–10].

Since the fate of coronary atherosclerotic plaques has been related to their histological composition [11], precise in-vivo tissue characterization could provide important additional information and become a target for future drug therapy studies.

In-vitro studies have shown that visual interpretation of IVUS gray-scale images for plaque characterization is imprecise, in particular when assessing heterogeneous, lipid-rich plaques [12]. This has lead investigators to explore the radiofrequency data analysis, a potential source for in-vivo tissue characterization. Indeed, a recent ex-vivo study on explanted coronary segments showed that plaque characterization using spectral analysis of IVUS radiofrequency data (IVUS-VH) was feasible and provided a high predictive accuracy to estimate the composition of atherosclerotic plaques [13]. Several in-vivo studies have been conducted thereafter using this approach [14–17]. Nevertheless, although prior knowledge about the reproducibility of measurements are essential for the internal validity of any study using this technique, to date, only indirect evidence on the reproducibility of the technique is available [18]. Accordingly, we sought to study the inter-observer and inter-catheter agreement of IVUS-VH measurements at a single time-point.

## Methods

## Patient population

This was a single-center prospective, investigatorsdriven study that sought to explore in vivo the reproducibility of spectral analysis of IVUS radiofrequency data (IVUS-VH, Volcano Corp., Rancho Cordova, USA). The study population consisted of consecutive patients that were referred for elective percutaneous intervention and in whom a non-intervened vessel was judged suitable for a safe IVUS interrogation of a vessel segment of at least 30 mm.

Exclusion criteria included the presence of severe calcification, vessel tortuosity, and haemodynamic instability. The study protocol was approved by the institutional ethics committee and a written informed consent was obtained from all patients.

#### IVUS-VH

IVUS-VH evaluates different spectral parameters of the radiofrequency data (Y-intercept, minimum power, maximum power, mid-band power, frequency at minimum power, frequency at maximum power, slope, etc.) to construct tissue maps that classify plaque into four major components. In preliminary in vitro studies, four histological plaque components (fibrous, fibrolipidic, necrotic core and calcium) were correlated with a specific spectrum of the radiofrequency signal [13]. These different plaque components were assigned color codes. Calcified, fibrous, fibrolipidic and necrotic core regions were labeled white, green, greenishyellow and red respectively.

## IVUS-VH acquisition

The IVUS catheters used were commercially available phased array catheters (Eagle Eye Gold<sup>TM</sup> 2.9 F 20 MHz, Volcano Corp., Rancho Cordova, USA). The catheter probe was advanced at least 10 mm distal to a clearly visible side-branch and angiographic cine runs, before and during contrast injection, were performed to define the position of the IVUS catheter before the pullback was started. Using an automated pullback device, the transducer was withdrawn at a continuous speed of 0.5 mm/s. IVUS-VH acquisition was ECG-gated and acquired using a dedicated console (Volcano Corporation, Rancho Cordova, USA). IVUS-VH data was acquired after intra-coronary administration of isosorbide dinitrate and data was stored on DVD. Subsequently, and after the disengagement and re-engagement of the guiding catheter, the same procedure was performed using a new catheter (Eagle Eye Gold<sup>TM</sup> 2.9 F 20 MHz. Volcano Corp., Rancho Cordova, USA) and with the same side-branches as landmarks.

# IVUS-VH analysis

IVUS-VH analysis was performed by an independent core laboratory (Cardialysis BV, Rotterdam, The Netherlands) using a semi-automatic contour detection software (IVUSLab 4.4, Volcano Corp., Rancho Cordova, USA). A region of interest (ROI) was identified using the inner side of two clear side-branches as reference and avoiding the presence of large side-branches within the ROI. Subsequently, the same ROI was identified in the other catheter's acquisition using side-by-side longitudinal and cross-sectional, contour-free views.

Contour detection of the lumen and the mediaadventitia interface was performed by 2 independent experienced IVUS analysts. The same 2 IVUS analysts re-analyzed the same cases, leading to the possibility of multiple comparisons: 2 sets (observers 1 and 2) of intra-catheter agreement, and 1 set of inter-observer agreement [observer 1 (catheters 1 and 2) vs. observer 2 (catheters 1 and 2)].

The contours of the external elastic membrane (EEM) and the lumen–intima interface enclosed an area that was defined as the coronary plaque plus media area. Geometrical and compositional data were obtained for each cross-sectional area (CSA) and an average was calculated for each ROI. Plaque burden was calculated as [(EEM<sub>area</sub> – Lumen<sub>area</sub>/EEM<sub>area</sub>) × 100]. The lumen and vessel eccentricity indexes were calculated dividing the minimum (lumen and vessel, respectively) diameter by the maximum diameter, whereas the plaque eccentricity index was calculated dividing the minimum plaque thickness by the maximum plaque thickness.

#### Statistical analysis

Discrete variables are presented as counts and percentages. Continuous variables are presented as means  $\pm$  SD. The inter-observer and inter-catheter agreement were assessed using Bland–Altman plots [19]. This method plots the mean against the difference in measurements. Limits of agreement were determined by adding two standard deviations to the mean difference for the upper limit and by substracting two standard deviations from the mean difference for the lower limit. A two-sided *p* value of less than 0.05 indicated statistical significance.

### Results

Fifteen consecutive patients with 16 non-significant lesions were included in the study. Baseline characteristics of the patients included are depicted in Table 1. The study vessel was the left anterior descending in 9 patients (60.0%), the left circumflex in 5 (33.3%), and the right coronary artery in 1 patient (6.7%). There were no peri-procedural complications.

#### Inter-catheter agreement

The studied length determined by landmarks was  $19.71 \pm 10.5$  mm for catheter 1 and  $21.01 \pm 11.1$  mm for catheter 2 (p=0.32). Geometrical and compositional data of matched ROIs interrogated with IVUS-VH using 2 subsequent 20 MHz catheters are extensively depicted in Tables 2 and 3. The relative inter-catheter differences regarding geometrical measurements were negligible for both observers. Of note, the inter-catheter relative difference in plaque CSA was 3.2% for observer 1 and 0.5% for observer 2. Only other less common indirect measurements such as plaque eccentricity and plaque minimal thickness showed relative differences >5%. Compositional measurements showed higher relative differences, although not

*Table 1*. Study population (n = 15).

	n (%)
Age (years $\pm$ SD)	$63.1\pm8.6$
Male sex	8 (53.3)
Diabetes	2 (13.3)
Hypertension	11 (73.3)
Current smoking	1 (6.7)
Previous smoking	5 (33.3)
Hypercholesterolemia	8 (53.3)
Family history of coronary disease	9 (60.0)
Lipid lowering agents	11 (73.3)
Clinical presentation	
Stable angina	14 (93.3)
Unstable angina	1 (6.7)
Study vessel	
Left anterior descending	9 (60.0)
Left circumflex	5 (33.3)
Right coronary artery	1 (6.7)

Table 2. Mean CSA geometrical measurements of matched ROI with two subsequent 20 MHz IVUS imaging catheters (n:16).

	Catheter 1	Catheter 2	Absolute $\Delta$	Relative $\Delta$ (%)
Observer 1				
Lumen CSA (mm <sup>2</sup> )	$11.08\pm3.5$	$10.94\pm3.5$	$0.14\pm0.5$	1.3
Lumen max. diameter (mm)	$4.03\pm0.7$	$4.01\pm0.6$	$0.02\pm0.1$	0.4
Lumen min. diameter (mm)	$3.37\pm0.6$	$3.34\pm0.6$	$0.03\pm0.1$	0.9
Lumen mean diameter (mm)	$3.69\pm0.6$	$3.67\pm0.6$	$0.02\pm0.1$	0.6
Lumen eccentricity	$0.84 \pm 0.0$	$0.83\pm0.0$	$0.00 \pm 0.0$	0.5
Vessel CSA (mm <sup>2</sup> )	$17.40\pm4.0$	$17.46 \pm 4.0$	$0.07\pm0.4$	0.4
Vessel max. diameter (mm)	$4.92\pm0.6$	$4.93\pm0.6$	$0.01\pm0.1$	0.3
Vessel min. diameter (mm)	$4.36\pm0.6$	$4.37\pm0.6$	$0.01 \pm 0.1$	0.2
Vessel mean diameter (mm)	$4.63\pm0.6$	$4.64\pm0.6$	$0.01\pm0.0$	0.2
Vessel eccentricity	$0.89\pm0.0$	$0.89\pm0.0$	$0.00 \pm 0.0$	0.1
Plaque CSA (mm <sup>2</sup> )	$6.32 \pm 2.0$	$6.53 \pm 2.1$	$0.21\pm0.4$	3.2
Plaque max. thickness (mm)	$1.01 \pm 0.2$	$1.02\pm0.2$	$0.01 \pm 0.1$	0.7
Plaque min. thickness (mm)	$0.09 \pm 0.1$	$0.09\pm0.1$	$0.01 \pm 0.0$	8.2
Plaque eccentricity (mm)	$0.09\pm0.1$	$0.10 \pm 0.1$	$0.01\pm0.0$	10.0
Plaque burden (%)	$36.80\pm9.9$	$37.77 \pm 9.9$	$0.97 \pm 2.4$	2.6
Observer 2				
Lumen CSA (mm <sup>2</sup> )	$10.66\pm3.8$	$10.67\pm3.8$	$0.01\pm0.4$	0.1
Lumen max. diameter (mm)	$3.90\pm0.7$	$3.91\pm0.7$	$0.01 \pm 0.1$	0.2
Lumen min. diameter (mm)	$3.34\pm0.6$	$3.33\pm0.6$	$0.01\pm0.1$	0.3
Lumen mean diameter (mm)	$3.61\pm0.6$	$3.61\pm0.7$	$0.00\pm0.1$	0.0
Lumen eccentricity	$0.86\pm0.0$	$0.85\pm0.0$	$0.01\pm0.0$	0.6
Vessel CSA (mm <sup>2</sup> )	$17.76 \pm 4.0$	$17.80 \pm 4.0$	$0.05\pm0.4$	0.3
Vessel max. diameter (mm)	$4.95\pm0.6$	$4.96\pm0.6$	$0.01\pm0.1$	0.3
Vessel min. diameter (mm)	$4.41\pm0.6$	$4.42\pm0.6$	$0.01 \pm 0.1$	0.1
Vessel mean diameter (mm)	$4.68\pm0.6$	$4.69\pm0.6$	$0.01\pm0.0$	0.1
Vessel eccentricity	$0.89\pm0.0$	$0.89\pm0.0$	$0.00 \pm 0.0$	0.1
Plaque CSA (mm <sup>2</sup> )	$7.10 \pm 2.1$	$7.13 \pm 2.2$	$0.03\pm0.4$	0.5
Plaque max. thickness (mm)	$1.05\pm0.2$	$1.04\pm0.3$	$0.00\pm0.1$	0.2
Plaque min. thickness (mm)	$0.16\pm0.1$	$0.16\pm0.1$	$0.01\pm0.0$	4.7
Plaque eccentricity (mm)	$0.16\pm0.1$	$0.17\pm0.1$	$0.01\pm0.0$	6.7
Plaque burden (%)	$40.75\pm10.7$	$40.93 \pm 11.2$	$0.19 \pm 1.8$	0.5

LCSA, VCSA and PCSA refer to lumen, vessel and plaque CSAs. Plaque burden was calculated as [( $EEM_{area} - Lumen_{area}/EEM_{area}$ ) × 100].

exceeding 10%, except from calcium (11%) for observer 1 and fibrolipidic tissue (13%) for observer 2 (Table 3). Indeed, Bland–Altman plots showed a good inter-catheter agreement for geometrical (Figure 1) and compositional (Figure 2) measurements. The limits of agreement for (observer 1 measurements) lumen, vessel, plaque and plaque burden measurements were 0.82, -1.10 mm<sup>2</sup>; 0.80, -0.66 mm<sup>2</sup>; 1.08, -0.66 mm<sup>2</sup>; and 5.83, -3.89%; respectively. Limits of agreement for calcium, fibrous, fibrolipidic and necrotic core CSA measurements were 0.22, -0.25 mm<sup>2</sup>; 1.02, -0.71 mm<sup>2</sup>; 0.61, -0.65 mm<sup>2</sup>; and 0.43, -0.38 mm<sup>2</sup> respectively.

#### Inter-observer agreement

For the assessment of the inter-observer agreement, a comparison between the same matched cross-sections (653 frames for catheter 1 and 663 frames for catheter 2) were analyzed by 2 independent observers. These 2 datasets were merged resulting in a paired inter-observer agreement evaluation of 1316 frames.

Inter-observer differences were larger than the inter-catheter measurements (performed by the same observer). This was particularly noticed in indirect measurements such as plaque CSA (10%), plaque minimal thickness (53%) and plaque

	Catheter 1	Catheter 2	Absolute $\Delta$	Relative $\Delta$ (%)
Observer 1				
Calcium CSA (mm <sup>2</sup> )	$0.17 \pm 0.3$	$0.16 \pm 0.2$	$0.01 \pm 0.1$	8.0
Calcium (%)	$4.27\pm5.2$	$3.82\pm3.8$	$0.45\pm2.6$	11.1
Fibrous CSA (mm <sup>2</sup> )	$1.96 \pm 1.0$	$2.11 \pm 1.1$	$0.16\pm0.4$	7.7
Fibrous (%)	$60.37 \pm 9.2$	$62.15 \pm 8.7$	$1.78 \pm 10.0$	2.9
Fibrolipidic CSA (mm <sup>2</sup> )	$0.66\pm0.4$	$0.63\pm0.3$	$0.02\pm0.3$	3.5
Fibrolipidic (%)	$21.10\pm9.8$	$19.58\pm7.0$	$1.53\pm8.3$	7.5
Necrotic core CSA (mm <sup>2</sup> )	$0.40\pm0.4$	$0.43\pm0.4$	$0.02\pm0.2$	5.7
Necrotic core (%)	$11.27\pm6.8$	$10.87 \pm 6.6$	$0.40\pm5.4$	3.6
Observer 2				
Calcium CSA (mm <sup>2</sup> )	$0.17\pm0.3$	$0.16\pm0.2$	$0.01\pm0.1$	8.7
Calcium (%)	$4.08\pm5.0$	$3.74 \pm 3.4$	$0.34\pm2.4$	8.7
Fibrous CSA (mm <sup>2</sup> )	$2.21 \pm 1.1$	$2.28 \pm 1.2$	$0.07\pm0.4$	3.1
Fibrous (%)	$58.12 \pm 10.5$	$60.63\pm7.9$	$2.51\pm10.1$	4.2
Fibrolipidic CSA (mm <sup>2</sup> )	$0.88\pm0.6$	$0.77\pm0.4$	$0.11\pm0.4$	13.1
Fibrolipidic (%)	$22.97 \pm 11.7$	$20.95 \pm 10.8$	$2.01\pm9.6$	9.2
Necrotic core CSA (mm <sup>2</sup> )	$0.42\pm0.4$	$0.45\pm0.5$	$0.03\pm0.2$	6.1
Necrotic core (%)	$10.75 \pm 6.9$	$11.02 \pm 6.5$	$0.26 \pm 5.5$	2.4

Table 3. Mean CSA compositional measurements of matched ROI with two subsequent 20 MHz IVUS imaging catheters (n:16).

LCSA, VCSA and PCSA refer to lumen, vessel and plaque CSAs. Plaque burden was calculated as  $[(EEM_{area} - Lumen_{area} / EEM_{area}) \times 100]$ .

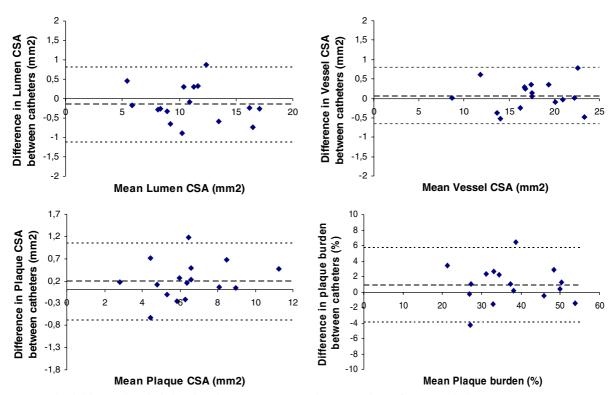


Figure 1. Bland–Altman plots depicting the (observer 1) agreement between catheters for geometrical measurements (n = 16).

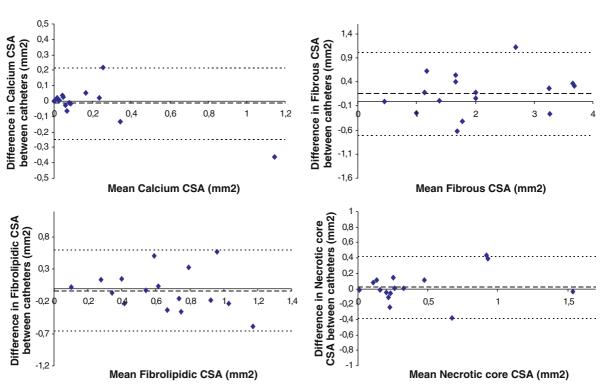


Figure 2. Bland–Altman plots depicting the (observer 1) agreement between catheters for compositional measurements (n = 16).

eccentricity (54%). The largest relative difference was found in fibrolipidic measurements (Table 4).

Narrow limits of agreement and few outliers (Figures 3 and 4) were found between observers both for geometrical (limits of agreement for lumen, vessel, plaque and plaque burden measurements of 2.61,  $-2.09 \text{ mm}^2$ ;  $2.20-3.03 \text{ mm}^2$ ; 1.70,  $-3.04 \text{ mm}^2$ ; and 9.16, -16.41%; respectively) and compositional (limits of agreement for calcium, fibrous, fibrolipidic and necrotic core measurements of 0.08,  $-0.09 \text{ mm}^2$ ; 0.89,  $-1.28 \text{ mm}^2$ ; 0.74,  $-1.06 \text{ mm}^2$ ; and 0.16,  $-0.20 \text{ mm}^2$ ; respectively) measurements. It is noteworthy that the fibrous and fibrolipidic CSA measurements were highly accurate when assessing cross-sections with small fibrous or fibrolipidic content (Figure 4).

## Discussion

Over the past few years, IVUS has been employed as a tool to assess the temporal effect of conventional

and novel drug therapies on coronary plaque size in longitudinal studies [8, 20]. More recently, the discordance between the beneficial clinical effects of secondary prevention strategies and their effect on plaque volume had lead investigators to explore a potential significant effect on plaque composition [21].

Tissue characterization by means of IVUS radiofrequency (RF) data analysis is a potential tool to enable an accurate evaluation of the composition of coronary plaques [13]. Several investigators have explored the potential of RF data analysis in vivo and reported promising findings [15–17, 22, 23]. This technique has the potential to detect temporal changes in plaque composition and therefore studies have been conducted to assess the effect of conventional drug therapies on the phenotype of coronary atherosclerosis [18, 22, 23]. In addition, there are currently several large trials being conducted with the aim to assess the natural history of high-risk plaques by means of this technique.

	Observer 1	Observer 2	Absolute $\Delta$	Relative $\Delta$ (%)
Geometrical data				
Lumen CSA (mm <sup>2</sup> )	$10.83\pm3.8$	$10.51\pm4.0$	$0.26 \pm 1.2$	2.5
Lumen max. diameter (mm)	$3.96\pm0.7$	$3.86\pm0.8$	$0.08\pm0.4$	2.1
Lumen min. diameter (mm)	$3.34\pm0.6$	$3.31 \pm 0.7$	$0.01\pm0.3$	0.2
Lumen mean diameter (mm)	$3.65\pm0.7$	$3.58\pm0.7$	$0.04\pm0.3$	1.1
Lumen eccentricity	$0.84 \pm 0.1$	$0.86 \pm 0.1$	$0.02 \pm 0.1$	2.3
Vessel CSA (mm <sup>2</sup> )	$16.90 \pm 4.2$	$17.22 \pm 4.3$	$0.41 \pm 1.3$	2.4
Vessel max. diameter (mm)	$4.84\pm0.6$	$4.87\pm0.6$	$0.06\pm0.4$	1.1
Vessel min. diameter (mm)	$4.30\pm0.6$	$4.35\pm0.6$	$0.08\pm0.3$	1.7
Vessel mean diameter (mm)	$4.56\pm0.6$	$4.61\pm0.6$	$0.07\pm0.3$	1.5
Vessel eccentricity	$0.89\pm0.1$	$0.89 \pm 0.1$	$0.01 \pm 0.1$	1.1
Plaque CSA (mm <sup>2</sup> )	$6.07\pm2.3$	$6.72 \pm 2.3$	$0.67 \pm 1.2$	10.3
Plaque max. thickness (mm)	$0.96\pm0.3$	$1.01\pm0.3$	$0.03\pm0.2$	3.4
Plaque min. thickness (mm)	$0.09\pm0.1$	$0.16 \pm 0.1$	$0.07 \pm 0.1$	53.3
Plaque eccentricity (mm)	$0.09\pm0.1$	$0.16 \pm 0.1$	$0.07\pm0.1$	53.6
Plaque burden (%)	$36.62 \pm 12.2$	$40.07 \pm 12.5$	$3.63\pm6.4$	9.5
Compositional data				
Calcium CSA (mm <sup>2</sup> )	$0.12 \pm 0.2$	$0.12 \pm 0.2$	$0.00 \pm 0.0$	2.9
Calcium (%)	$3.66\pm6.4$	$3.51\pm6.0$	$0.13 \pm 2.4$	3.7
Fibrous CSA (mm <sup>2</sup> )	$1.86 \pm 1.3$	$2.05 \pm 1.3$	$0.20\pm0.5$	10.2
Fibrous (%)	$61.48 \pm 18.2$	$60.05 \pm 18.2$	$1.10 \pm 14.3$	1.8
Fibrolipidic CSA (mm <sup>2</sup> )	$0.60\pm0.5$	$0.75\pm0.7$	$0.16\pm0.5$	23.5
Fibrolipidic (%)	$22.34 \pm 14.0$	$22.09 \pm 15.3$	$1.86 \pm 11.8$	8.8
Necrotic core CSA (mm <sup>2</sup> )	$0.35\pm0.4$	$0.37\pm0.4$	$0.02\pm0.1$	6.3
Necrotic core (%)	$10.45\pm10.1$	$10.22\pm9.8$	$0.17 \pm 5.7$	1.6

Table 4. Geometrical and compositional measurements of matched CSAs between different observers (n:1316).

LCSA, VCSA and PCSA refer to lumen, vessel and plaque CSAs. Plaque burden was calculated as [ $(EEM_{area} - Lumen_{area}/EEM_{area}) \times 100$ ].

As the impact of drug therapies on the atherosclerotic plaque burden and composition over time is relatively small, highly reproducible IVUS-VH measurements are essential. Despite such pivotal need for reproducibility data to address the stability of the technique, such studies are lacking. Only indirect evidence of reproducibility has been reported such as a study conducted by our group to assess the 6-month change in plaque composition with no controlled therapeutic intervention [18], and the study conducted by Kawasaki et al. who reported the intra and inter-observer variability of measurements performed using the same pullback [22].

The present study has a unique characteristic since we used two catheters of the same kind at the same time-point, thus simulating the scenario of a longitudinal study.

The main finding of the present study was that IVUS-VH measurements had an acceptable

reproducibility. As expected, compositional measurements were more variable than geometrical measurements. Nevertheless, it is noteworthy that inter-catheter differences were predominantly lower than 10%, highly correlated and showed a good agreement. Of note, necrotic core measurements, probably the most relevant component of coronary plaques and currently subject of intense research, showed an excellent inter-catheter and inter-observer agreement. This has a major importance since the temporal change of such component could potentially become an imaging endpoint of longitudinal studies. Similarly, calcium measurements, another important component of atherosclerotic plaques, showed good inter-catheter and inter-observer agreement. The relatively high inter-observer variability of some IVUS-VH variables raises some caution and should be taken into consideration when performing longitudinal studies analyzed by

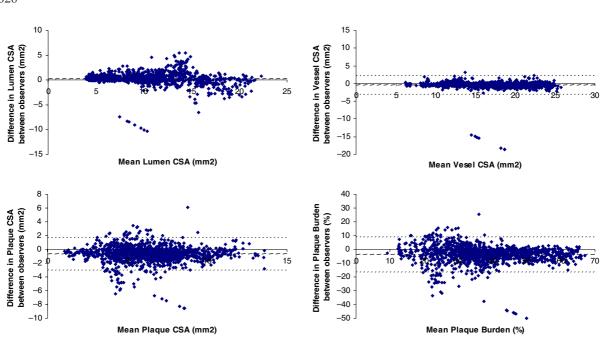


Figure 3. Bland–Altman plots showing the inter-observer agreement for geometrical measurements (n = 1316).

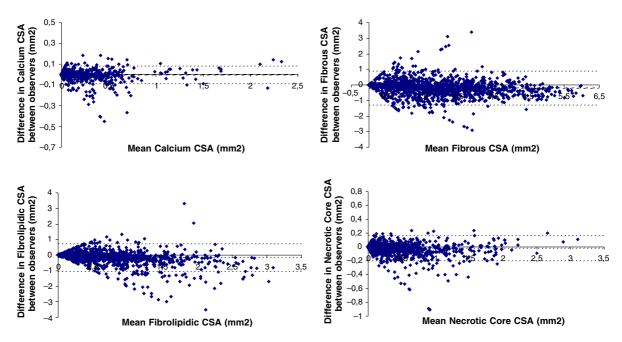


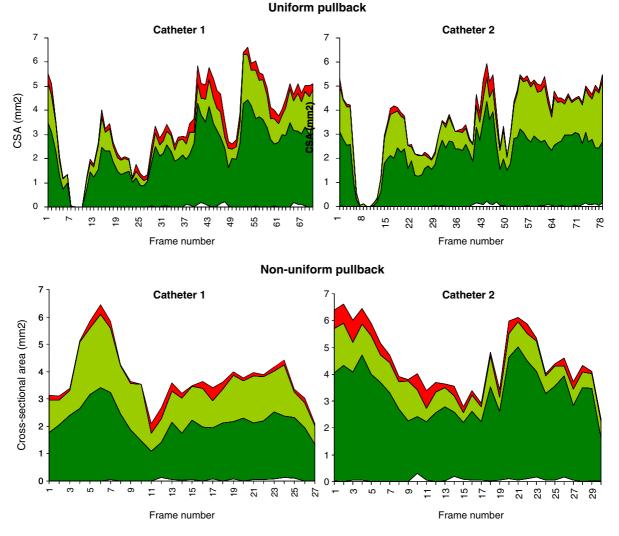
Figure 4. Bland–Altman plots showing the inter-observer agreement for compositional measurements (n = 1316).

628

core laboratories. Overall, the inter-catheter and inter-observer differences shown might provide boundaries over which changes are statistically significant.

It is evident yet worth mentioning that precise contour detection probably has an essential role in the reproducibility of IVUS-VH measurements. The inter-observer relative difference in plaque CSA measurements was 10%, the commonly accepted threshold. This gives an additive value to our study, since it provides a "real-world" scenario that can aid investigators to perform precise power calculations for longitudinal studies.

Finally, although we aimed at studying nontortuous and non-severely calcified vessels, phased-array IVUS imaging catheters are devoid from a covering sheath and pullbacks are therefore occasionally prone to be non-uniform. This clearly has an impact on determination of the size and composition of atherosclerotic plaques and needs to be taken into consideration for the design of longitudinal studies (Figure 5).



*Figure 5.* Sequential plotting of a matched ROI interrogated with two catheters. The mean CSA (*y* axis) of each plaque component is colour-coded (calcium: white, fibrous: green, fibrolipidic: greenish-yellow and necrotic core: red). This figure shows an example of the impact of non-uniform pullbacks on geometrical and compositional measurements.

#### Limitations

The studied population was relatively small. Nevertheless, the conductance of large in vivo studies of this nature is complicated due to obvious ethical issues. The selection of a population of patients with non-tortuous and non-severely calcified vessels was driven by the aim to study the reproducibility of the technique itself, not of the pullback device. Nevertheless, as shown in Figure 5, the impact of non-uniform pullback speed was not negligible potentially influencing the results.

## Conclusions

The present study demonstrates that the geometrical and compositional output of IVUS-VH is acceptably reproducible. In addition, by providing a "real-world" scenario, this study can aid investigators to perform precise power calculations for longitudinal studies.

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#### 630

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