

1 **Title page**

2 **Microplastic moves pollutants and**
3 **additives to worms reducing functions**
4 **linked to health and biodiversity**

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16 Running head: Microplastic transfers chemicals reducing health

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18 **Summary**

19 Plastic debris can contain sorbed persistent and bioaccumulative pollutants. Although animals across
20 trophic levels ingest micrometer-sized plastic debris (microplastic), it is unknown whether eating
21 microplastic transfers pollutants to animals. Despite positive correlations reported for concentrations of
22 ingested plastic and pollutants in tissues of animals, few, if any, controlled experiments have examined
23 whether ingestion of microplastic transfers pollutants and additives to animals. We exposed lugworms
24 (*Arenicola marina*) to polyvinylchloride (PVC; 5%) microplastic with common pollutants (nonylphenol,
25 phenanthrene) and additive chemicals (Triclosan, PBDE-47) presorbed onto PVC. Ingested microplastic
26 transferred pollutants and additives into gut-tissues of lugworms, at concentrations causing some
27 biological effects, although clean sand transferred larger concentrations of pollutants into their tissues.
28 Uptake of nonylphenol from PVC or sand reduced the ability of coelomocytes to remove pathogenic
29 bacteria by >60%. Uptake of Triclosan from PVC diminished the ability of worms to engineer
30 sediments and caused mortality, each by >55%, whilst PVC alone made the worms >30% more
31 susceptible to oxidative stress. As global microplastic contamination accelerates, our findings that large
32 concentrations of microplastic and additives can harm ecophysiological functions identify possible
33 ecological impacts. It, however, remains to be seen whether these problems are significant at smaller
34 concentrations of pollutants and microplastic.

35

36 **Highlights**

37 (i) Ingestion of microplastic by animals can transfer pollutants and additives to their tissues.

38 (ii) Biochemically clean sand transferred more pollutants into tissues than microplastic.

39 (iii) Uptake of pollutants, additives and microplastic damaged ecophysiological functions.

40

41 **Results**

42 By 2050, an extra 33 B.tonnes of plastic is anticipated to be added to our planet (1) This will place a
43 larger burden on inadequate systems of management and policy that are struggling to prevent plastic
44 waste infiltrating ecosystems [1, 2]. Disintegration into smaller pieces means the abundance of
45 microplastic in marine habitats has increased [3] and now outnumbers larger debris [2, 4]. Once
46 ingested by animals, microplastic provides a feasible pathway to transfer sorbed pollutants and additives
47 into their tissues [7-14]. Here we unravel the hazards of microplastic as a multiple stressor to
48 sedimentary organisms. Using single-concentration experiments (an approach endorsed by the EPA,
49 [25]) we examined whether microplastic (PVC) sorbed and then released, pollutants (nonylphenol,
50 phenanthrene) and additives (Triclosan, PBDE-47) to tissues of lugworms and if so, whether this altered
51 the ability of lugworms to perform important ecophysiological functions. Animals from sedimentary
52 habitats are vulnerable because plastic can accumulate concentrations of pollutants a hundred times
53 greater than sediments [9] and there is 250% more microplastic in habitats that receive sewage [2] or are
54 down-wind [3].

55 Surprisingly, the relative importance of ingesting microplastic versus sediments as vectors for pollutants
56 to the tissues of animals is poorly understood. *In vitro* experiments simulating guts of lugworms indicate
57 that pollutants which accumulate from seawater to microplastic would desorb into the gut, with more
58 transfer from microplastic in sediments with less organic carbon [9]. In contrast, theoretical studies for
59 fish predict eating microplastic would not increase burdens of pollutants because concentrations of
60 pollutants will be at equilibrium with their environment [26]. Equilibrium scenarios are, however,
61 problematic [27] because they assume pollutants and organisms are evenly distributed around the world
62 and discount the (i) kinetic effects of gastric surfactants, pH and temperature on the desorption of
63 pollutants from plastic; (ii) transfer and storage of microplastics in tissues of animals. To understand the
64 actual chemical and biological impacts of microplastic experiments are required [9, 27, 28]. But
65 experiments have been unable to determine whether microplastic transfers greater concentrations of

66 pollutants to tissues than sediments, or if microplastic is capable of transferring large enough
67 concentrations of pollutants and additives to impair functions of animals that sustain health and
68 biodiversity.

69 **Transfer of chemicals from microplastic and from sand to the tissues of lugworms.** Plastics
70 discarded into habitats accumulate pollutants, such as nonylphenol and phenanthrene [8, 24] and could
71 release these by desorption. To reproduce conditions in habitats, pollutants were sorbed separately onto
72 particles of PVC or sand (Fig 1A-B). PVC was chosen because it comprises >25% of microplastic in
73 estuaries inhabited by lugworms [3]. Total amounts of plastics and pollutants in treatments were large,
74 but not without precedent in sedimentary habitats and experiments [28, 30, S1]. Here we show
75 nonylphenol and phenanthrene desorbed from PVC and transferred into tissues (Figure 1 C-D). This
76 provides the first conclusive evidence showing transfer from microplastic and supports predictions from
77 modelling of desorption of phenanthrene that has been pre-sorbed to polyethylene [9, 12, 13]. Despite
78 particles of PVC containing 135% (nonylphenol) and 5860% (phenanthrene) larger concentrations than
79 those on sand (Figure 1A, B), worms exposed to sand (with smaller concentrations of pollutants)
80 accumulated >250% more phenanthrene and nonylphenol in their tissues than when PVC transferred the
81 pollutants. Each day worms ingested 47-74% of their mass in sediments and gastric concentrations of
82 pollutants (ingestion) were >180% greater than those found in their body-wall (sorption) irrespective of
83 whether they ingested contaminated PVC or sand (Figure 1C, D).

84 Do chemicals used as additives in plastic manufacture transfer from microplastics in a similar way to
85 pollutants? To test this, worms were exposed to microplastic with the presorbed PBDE-47 (flame
86 retardant) and Triclosan (antimicrobial) (Text S1). These chemicals are thought to improve the safety of
87 plastic articles by reducing the risks of fires and microbial growth, respectively. Quantities of additives
88 added to plastic were realistic to proportions of PBDE-47 (5-30%; [10]) and Triclosan (0-5%) used by
89 industry [15]. We did not use a sand-only treatment as we were examining the potential for additives
90 used in plastic manufacture to transfer from plastics rather than the role of particles of sand or plastic as

91 vectors for pollutants. As with pollutants, additives transferred from microplastics into tissues, leading
92 to consistent patterns of bioconcentration (Figure 2). Again, the main route of uptake for chemicals into
93 worms was sorption into the gut via ingestion. Relative to concentrations in experimental sediments, the
94 body-walls of worms accumulated up to 950% greater concentrations, and the gut up to 3500% greater
95 concentrations, of each additive (Figure 2C-D).

96 **Biological consequences of microplastic and chemical transfer to lugworms.** To determine whether
97 microplastic is capable of transferring large enough concentrations of pollutants and additives to impair
98 functions of worms that help maintain health and biodiversity, we used established bioassays for
99 mortality, feeding, immune-function and oxidative status. Previous work showed animals exposed to
100 nonylphenol and phenanthrene feed/burrow less [32-34] and are more susceptible to oxidative stress,
101 pathogens and mortality [35-38], whilst additives (e.g. Triclosan) can also be toxic [39-42].

102 Because lugworms structure faunal assemblages by removing phytoplankton and silt from sediments
103 [43, 44], we measured feeding and survival to determine if ingestion of microplastic reduced this ability.
104 Here we show exposure to PVC in clean sand with and without nonylphenol, phenanthrene and
105 Triclosan, in some cases, disrupted feeding. In treatments containing PVC with Triclosan, over 55% of
106 worms died ($F_{1,10} = 22.73$, $P < 0.001^{***}$, Figure 3D), but exposure to PVC with nonylphenol or
107 phenanthrene had no effect (Figure 2A-C). Exposure to PBDE sorbed onto PVC reduced feeding
108 although not significantly (Figure 3C). Likewise, ingestion of Triclosan from PVC, reduced feeding in
109 *A. marina* by >65% ($F_{1,11} = 19.94$, $P < 0.01^{**}$) and although not significant, worms ingesting PBDE
110 from PVC fed 30% less (Figure 4C-D). Exposure to sand and/or microplastic with nonylphenol and
111 phenanthrene did not reduce feeding (Figure 5A-B).

112 Previous experimental work had showed lugworms use phagocytosis to clear pathogenic bacteria from
113 their coelomic fluid [45], so we used an established immunoassay [6] to measure the ability of
114 coelomocytes to engulf particles of zymosan. Ingesting either sand or microplastic with nonylphenol
115 reduced the phagocytic activity of coelomocytes by >60% ($F_{1,19} = 6.70$, $P < 0.05^*$; Figure 5A), similar,

116 but non-significant patterns were shown for Triclosan, whilst phenanthrene and PBDE-47 had no effect
117 (Figure 5B-D).

118 Because mammalian cells exposed to nanometer-sized plastic produce reactive oxygen species [46, 47]
119 and lugworms use antioxidants in their tissues to buffer the oxidative damage caused by hydrogen
120 peroxide that accumulates in tissues during summer low-tides [48, 49], we measured the oxidative status
121 of lugworms. Here we show the coelomic fluid of lugworms that ingested sediment with PVC had
122 >30% smaller capacity to deal with oxidative stress (Figure 6B), while exposure to pollutants and
123 additives through desorption from PVC, had no effect.

124 **Discussion**

125 Here we show pollutants and additives transfer via desorption from both sand and from microplastics to
126 the tissues of an important bioengineer. This is the first suitably controlled experimental evidence
127 showing that eating plastics can move pollutants and additives into the tissues of animals.

128 The principal route by which chemicals transferred was ingestion via the gut, rather than sorption
129 through the body-wall. In our experiments despite the considerable capacity of plastics to sorb
130 chemicals and the fact that only 1% of the experimental sediments were ingested during our
131 experiments, pollutants and additives readily desorbed from microplastic and accumulated in the gut of
132 worms at concentrations 326-3770% larger than experimental sediments within 10 days. When the
133 bioavailability of pollutants from sand and PVC were compared, larger concentrations transferred from
134 the sand to lugworms. Thus the extent and rate of desorption from sand was much greater than from
135 plastic, which retains more of each pollutant than clean sand. It is, however, premature to conclude that
136 sediment from habitats is likely to transfer more pollutants into animals upon ingestion. Further
137 experiments are needed to compare retention in natural sediments with more clay and organic carbon,
138 with that of smaller-sized polymers. For instance, polyethylene, polypropylene and polystyrene debris in
139 habitats have larger concentrations of organic pollutants than PVC [24], while smaller (e.g. <10 μm)

140 microplastic translocate and accumulate in cells and tissues of animals [6]. Thus certain plastics, at
141 smaller sizes, could transfer chemicals into the tissues directly, without the need for gastric desorption.
142 To determine the relative importance of desorption of chemicals from ingested and translocated [6]
143 debris as vectors for pollutants into animals requires carefully designed experiments underpinned by
144 better quality information from programmes of monitoring. This includes adequate replication and
145 quantitation at smaller scales, improved methods of detection (debris <330 µm, dull in colour and/or
146 granular [2]) and clearly articulated hypotheses. Over time this will provide the necessary information to
147 design more complex manipulative experiments (field and laboratory) that expose more taxa to the
148 sizes, types, mixtures and concentrations of microplastic, natural particulates, pollutants and additives
149 found in habitats. It will also shed light on important factors that influence the distribution and
150 abundance of microplastic and allow us to estimate the frequency at which sedimentary habitats contain
151 quantities of microplastic that exceed 5% of the sediments.

152 For now our short-term experiments with large proportions of PVC (5%) show worms eating
153 microplastic accumulated large enough concentrations of pollutants or additives to reduce survival
154 (Triclosan), feeding (Triclosan, PBDE), immunity (nonylphenol) and antioxidant capacity (PVC).
155 Reductions in the phagocytic activity of coelomocytes were caused by nonylphenol and such pollutant-
156 induced reductions in immunity can reduce resistance to diseases in terrestrial worms [50]. Because
157 mammalian cells exposed to nanometer-sized plastic also produce reactive oxygen species and less
158 protein [46, 47], we suggest the smaller capacity of worms to deal with oxidative stress could be
159 indicative of proteolysis or reductions in synthesis of their antioxidants. For Triclosan, concentrations
160 were orders of magnitude smaller than those causing mortality in crustaceans [32]. Previously it was
161 thought that sorbed pollutants are more likely to transfer to tissues of organisms than additives from
162 plastic [27], however, our findings are consistent with the concerns that some additives may be more
163 problematic [51]. Our results also agree with correlative evidence from studies in which lugworms
164 exposed to micrometer-sized polystyrene and polychlorinated biphenyls fed less and lost weight [28].

165 Given that experimental exclusion of lugworms changes the structure and functioning of soft-sediment
166 habitats [43, 44] our work raises concerns for habitats where plastics in sediments exceed 5% by mass.
167 Our experimental work advances this field by showing that ingestion of microplastic by organisms can
168 transfer pollutants and additives to their tissues at concentrations sufficient to disrupt ecophysiological
169 functions linked to health and biodiversity.

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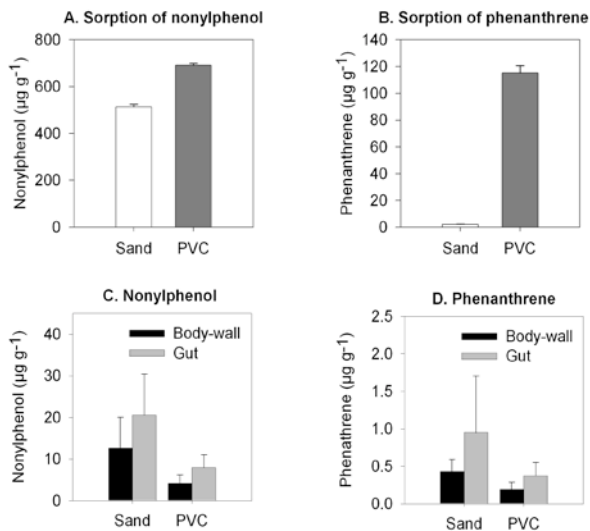
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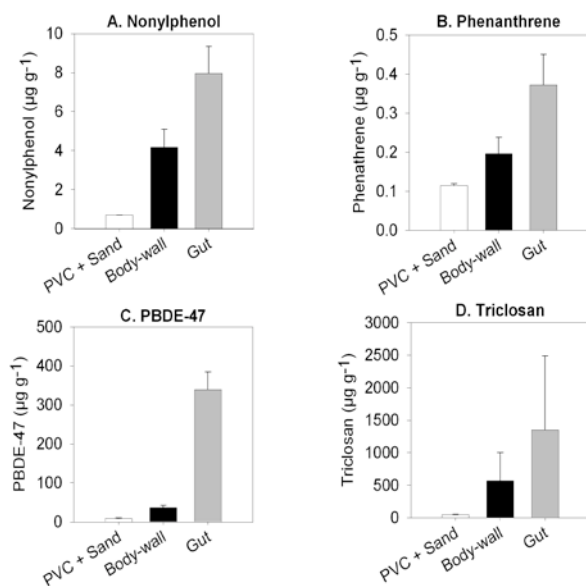
327

328 **Figure legends**



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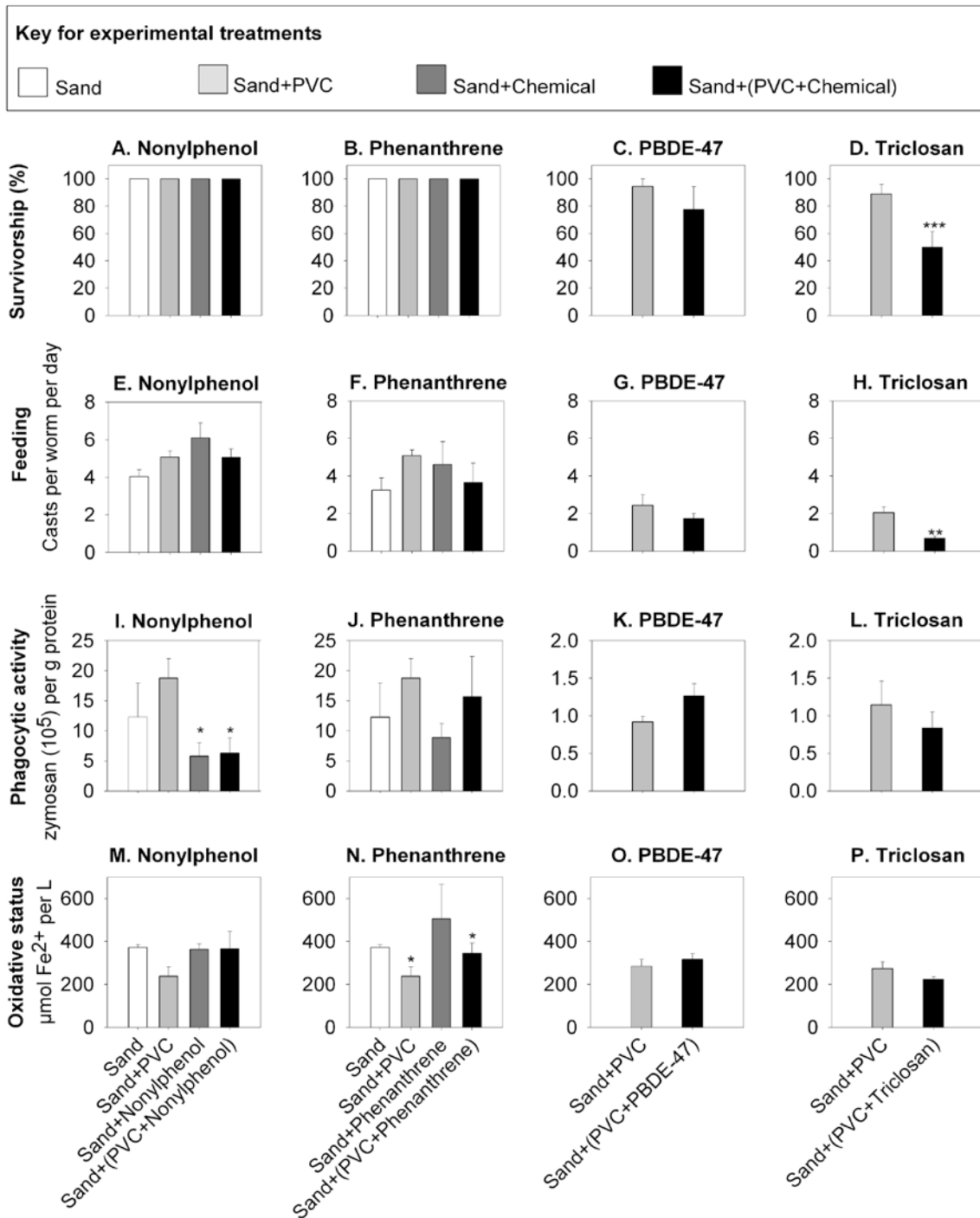
330 Figure 1. Pre-sorbed concentrations of pollutants nonylphenol (A) or phenanthrene (B) on clean
 331 particles of sand or PVC. Biological uptake of pollutants from either sand or micrometer-sized PVC to
 332 the tissues of lugworms (C, D). Transfer of pollutants from the microplastic PVC is demonstrated
 333 clearly. As expected, sand with pre-sorbed pollutants transported more phenanthrene and nonylphenol
 334 into tissues than microplastic due to the smaller retentive properties of clean sand. Interestingly, more of
 335 each pollutant accumulated in the gut than in the body-wall, irrespective of whether the worms ingested
 336 pollutants from desorption from PVC or sand. Data are means \pm S.E. (n=5).



337

338 Figure 2. Bioconcentration of pollutants and additives within the tissues of lugworms from treatments
 339 with pollutants pre-sorbed onto PVC and mixed into clean sand (A-D). The body-walls of worms
 340 accumulated up to 950% greater concentrations, and the gut up to 3500% greater concentrations of each
 341 chemical. Data are means \pm S.E. (pollutants n=5, PBDE-47 n = 6, Triclosan = 2-6). Figure 2A-B is
 342 different to Figure 1A-B because it provides the total concentrations of the pollutants that the worms
 343 were exposed to in the experimental sediments, whilst Figure 1A-B provides concentrations on the
 344 particles of sand or PVC alone.

345



346

347 Figure 3. Effect of microplastic, sand, pollutants and additives on the survivorship (A-D),
 348 feeding (e-H), immunological (I-L) and oxidative functions (M-P) of lugworms. Triclosan reduced survival (D), and
 349 PBDE-47 (G) and Triclosan (H) reduced feeding. Ingesting either sand or microplastic with sorbed
 350 nonylphenol reduced the phagocytic activity of coelomocytes (I), similar, but non-significant patterns
 351 were shown for Triclosan (L). The coelomic fluid of worms that ingested sediment with PVC had a
 352 smaller capacity to deal with oxidative stress (M, N), while exposure to pollutants and additives through
 353 desorption from PVC, had no effect (O, P). Data are means \pm S.E. Statistical significance at $P < 0.05^*$,
 354 $P < 0.01^{**}$, $P < 0.001^{***}$ with $n=5$ (experiments with pollutants) and $n=6$ (experiments with additives).
 355 Large numbers of worms died in treatments with Triclosan so there were fewer animals to measure their
 356 phagocytic activity and oxidative status of their coelomic fluid ($n=2$).

357 **Supplemental Information**

358

359 **Microplastic moves pollutants and additives to worms reducing functions**
360 **linked to health and biodiversity**

361

362 Mark Anthony Browne, Stewart J. Niven, Tamara S. Galloway, Steve J. Rowland, Richard C.
363 Thompson.

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365 **Supplemental Inventory**

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367 **Supplemental Experimental Procedures**

368 1. Sorption of chemicals onto microplastic and sand

369 Table S1

370 2. Plastic debris in sedimentary shores

371 3. Husbandry and experimental design for bioavailability and toxicity experiments

372 4. Pilot study

373 Figure S2

374

375 **Supplemental References**

376 Supplemental Experimental Procedures

377

378 **1. Sorption of chemicals onto microplastic and sand.** We produced microplastic with similar
379 concentrations of nonylphenol and phenanthrene to those found on plastic debris in the environment [8,
380 56]. 375 g of virgin PVC (230 μm ; Goodfellow Cambridge Ltd) or certified clean sand (260 μm quartz
381 silica sea sand; Fisher Scientific) was added to solutions of phenanthrene (7.524 mg) or nonylphenol
382 (7.429 mg) dissolved in 400 mL absolute ethanol (Fisher Scientific). Particles of sand were within the
383 size-range found on shores worldwide (114-697 μm) contaminated with microplastic [2-4]. Ethanol was
384 evaporated in a fume cupboard and then contaminated PVC or sand was washed three times in Milli-Q-
385 purified water to remove ethanol and unbound pollutants. Preliminary work showed that PVC treated in
386 this way did not reduce the survival, feeding or immunity of worms (see Pilot study below, Fig. S1). For
387 experiments with additives (Triclosan or PBDE-47) used in plastic manufacture was sorbed onto PVC
388 by adding 375g to separate solutions of ethanol (400 mL; Fisher Scientific) with either Triclosan (411.7
389 mg) or PBDE-47 (60.5 mg), allowed to evaporate in a fume cupboard at room temperature and then
390 washed as before to remove additives not bound to PVC. Chemical analyses confirmed 98 and 100% of
391 PBDE-47 and Triclosan sorbed to PVC. Quantities of additives added to plastic were realistic to
392 proportions of PBDE-47 (5-30%; [10]) and Triclosan (0-5%) used as an antimicrobial by industry [S1].
393 Although this does not mimic exactly the manner in which all additives are incorporated during
394 manufacture, our approach is pragmatic since plastic with known concentrations of additives could not
395 be sourced from suppliers due to issues of confidentiality.

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402 Table S1. Concentrations of additives and pollutants on experimental particles (sand and PVC) and in
 403 treatments (sand+PVC), in relation to concentrations found on plastic articles and debris, and sediments
 404 from habitats.

Chemical	Source		Experimental concentrations ($\mu\text{g g}^{-1}$)			Environmental concentration ($\mu\text{g g}^{-1}$)			
	Additive	Pollutant	Sand	PVC	Sand+PVC	Plastic article	Plastic debris	Sewage	Sediment
Nonylphenol	Stabilizer	Detergents	512.60 ± 12.86	692.00 ± 7.09	0.69 ± 0 .01	<500- 3300[S2]	0.13- 16.00[S3]	450- 2530[S4]	0.05- 30[S5]
Phenanthrene	n/a	Combustion	1.97 ± 0.34	115.32 ± 5.53	0.11 ± 0 .01	n/a	Σ PAH <1.90[S6]	0.25- 1.76[S7]	<0.13 [S8]
PBDE-47	Flame Retardant	n/a	n/a	158.11	9.49 ± 1 .94	50000- 300000[S9]	0.59- 1.13[S10]	<0.05- 0.21[S11]	n/a
Triclosan	Antimicrobial	n/a	n/a	1097.8 7	57.30 \pm 6.01	1000- 50000[S12]	0.55- 12.8[S13]	0.49 \pm 13.87 [S14]	n/a

405

406 2. Plastic debris from sedimentary habitats.

407 Five replicate samples of debris were collected from the strandline at Plym Estuary (UK) and placed
 408 into a 500 mL foil containers. Material was separated, dried, identified and mass recorded using
 409 published methods [1] and the amount of plastic ranged from 13-29%.

410 3. Bioavailability and toxicity experiments.

411 *Model organism.* Lugworms were used because (i) they alter the physical and ecological structure of
 412 mud-flats by ingesting sediments [43, 44]; (ii) populations can comprise up to 32% of the biomass in
 413 food webs [52] and they provide food for predatory fish and birds [53, 54]; (iii) suffer large mortalities
 414 [55]; (iv) governments use studies of lugworms to evaluate the bioavailability and toxicity of pollutants
 415 [56, 57]; (v) ingest microplastics [4, 28]; (vi) the physico-chemical properties affecting gastric transfer
 416 pollutants from particulates to tissues are well studied [57, 58]; and (vii) tissues can be dissected [59].

417 *Experiments.* Two experiments examined the bioavailability and toxicity of presorbed chemicals from
 418 PVC or sand (Text S2). This first investigated the potential for microplastic to transport phenanthrene
 419 and nonylphenol from the environment to the tissues of worms, using the following replicated

420 treatments (n=5): sand only, sand+PVC, sand+contaminant, sand+PVC+contaminant. The second
421 examined whether ingested microplastic transfers additives (PBDE-47, Triclosan) to tissues with
422 replicated treatments (n=6) consisting of sand+PVC, sand+PVC+additive (see S3 for more details).
423 After 10 d worms were transferred into clean glass beakers containing clean seawater, so they could
424 remove sediment from their guts. On day 11, worms were removed from beakers for bioassays and
425 chemical analyses. For both experiments, each replicate was prepared in acid washed 2 L Pyrex[®]
426 beakers by adding 1500 g of the appropriate sediment mixture. Earlier attempts to quantify the route by
427 which pollutants transfer from habitats into animals rely on experimental designs that expose infauna to
428 pollutants with and without sediment [S15], however, maintaining animals without sediment is likely to
429 stress them confounding the comparison. We fed worms by mixing 750 μ L *Isochrysis galbana* (Reed
430 Mariculture) into the sand with 500 mL of clean filtered seawater to form homogenous slurry.
431 Controlled amounts of food were used because animals deprived of food are more sensitive to pollutants
432 [7]. A further 1 L of seawater was added over a clean steel spoon to avoid disturbing the homogenous
433 mixture of sediment. Beakers were randomly arranged in the laboratory to remove bias associated with
434 environmental gradients. Tanks were covered with pre-cleaned (acetone/dichloromethane) ceramic tiles
435 and aerated, via glass pipettes inserted through a hole in each tile. Treatments were kept at 15 °C under
436 12 hr light/dark cycle. Salinity was maintained, via addition of Mili-Q-water to a pre-marked level. For
437 each replicate, three lugworms were randomly chosen, mass recorded and carefully added to each
438 beaker. The mass of individual worms for experiments with pollutants was 2.9 ± 0.4 g, whilst for
439 experiments with additives it was 4.6 ± 0.8 g (mean \pm S.D.). Dissolved oxygen, pH and salinity were
440 measured daily and faecal casts counted and collected each day, freeze-dried and weighed.

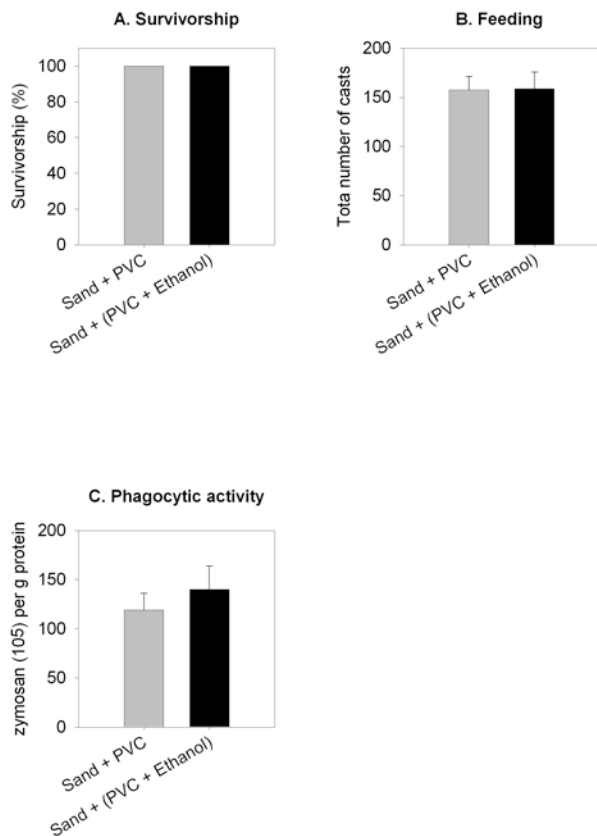
441 *Bioassays.* Feeding (number of casts, their mass) [56] and mortality were recorded. Coelomic fluid was
442 used to quantify the phagocytic activity of constituent coelomyctes and the ability of antioxidants to
443 reduce ferric ions (or "antioxidant power", [6]). This antioxidant assay provided an inexpensive tool for
444 measuring antioxidant status that did not require an understanding of the genetic and protein

445 composition of worms. The FRAP assay determines the antioxidant capacity of coelomic fluid to cope
446 with oxidative stress, e.g. reactive oxygen species that can reduce survivorship potential. Coelomic fluid
447 (10 μL) was pipetted in triplicate in microtitreplate wells. Aqueous solutions of known Fe^{II}
448 concentrations in the range of 0-600 $\mu\text{mol L}^{-1}$, were used for calibration. 200 μL of reagent (300 mM
449 acetate buffer, TBTZ (2,4,6-tripyridyl-s-triazine) was placed into each well. The plate was incubated at
450 25 $^{\circ}\text{C}$ for 10 min and read at 593 nm. The phagocytosis assay [6] measures the ability of coelomocytes
451 to clear bacteria through phagocytosis of particles of zymosan to give an indication of whether the
452 immune-function has been damaged. For this haemolymph containing coelomocytes (10 μL) were
453 transferred in triplicate into a microtitreplate and agitated using a plate shaker (1400 rpm for 60 sec).
454 The plate was covered with a plate-sealer and incubated at 10 $^{\circ}\text{C}$ for 50 min. Aliquots (50 μL) of
455 suspended neutral-red-stained and heat stabilized zymosan suspension (containing 1×10^5 particles mL^{-1}
456 in phosphate buffer) were added to each well and the plate incubated for 2.5 hr (10 $^{\circ}\text{C}$). The cells were
457 washed to remove residual coelomocytes using 100 μL phosphate buffer (pH 7.4) and a series of
458 zymosan standards were added. The dye was resolublized via addition of 100 μL of acetic acid in 50 %
459 ethanol. The microtitreplate was covered with a plate-sealer and incubated for 10 min at 20 $^{\circ}\text{C}$, and then
460 read at 550 nm. 190 μL was removed from each well and series of protein-standards (0, 0.2, 0.6, 1.0,
461 1.4, 2 g L^{-1}) added. BSA protein reagent (200 μL) was added to each well and left for 20-30 min.
462 Protein assays were used to determine the number of zymosan particles phagocytosed per g^{-1}
463 1 coelomocyte protein [6]. Both assays have been used to measure changes in immune-function and
464 oxidative stress in experiments with microplastic [6]. For the exposures involving phenanthrene and
465 nonylphenol, formal comparisons of toxicity were made using two-factor ANOVA, where “toxicant”
466 had two levels (present and absent) and “sediment” had two levels (sand and PVC). These were treated
467 as fixed orthogonal factors. Formal comparisons of toxicity for PBDE-47 and Triclosan were made
468 using one-factor ANOVA. For both Triclosan and PBDE-47 here “toxicant” had two levels (present or
469 absent). Where necessary data were transformed to achieve Statistical analysis was done using GMAV
470 (General Models of Analysis of Variance; EICC, University of Sydney, Australia). *Post-hoc* analysis of

471 significant interactions was done using SNK tests. Prior to experiments, worms, sediment and food did
472 not contain detectable concentrations of the pollutants and additives. Worms were dissected using
473 published techniques [59] to provide samples of body wall and gut (alimentary tract from pharynx to
474 anus, including cecum, esophagus, stomachs, intestine, rectum). Coelomic fluids were removed from
475 body-wall and sediment was removed from gut by rinsing with milipore water. Preliminary histological
476 work showed microplastic was not attached to tissue samples.

477 *Chemical analysis.* Quantities of pollutants and additives in sediments, gut and body-wall were
478 quantified using GC-MS. This was done using published methods [S17, S18], using nitrogen-dried
479 extracts of Triclosan and nonylphenol, whilst PBDE-47 and phenanthrene were done by re-dissolving
480 samples in 1 mL dichloromethane prior to analysis by GC-MS. The efficiency of the extraction was
481 >80% and was determined using standards and spiked sediments (Triclosan 95%, PBDE-47 82%,
482 nonylphenol 90% and phenanthrene 91%).

483 **4. Pilot study.** Experimental treatments consisted of either sand+ PVC (control), and sand + PVC which
484 was treated with ethanol and then washed three times. For both experiments each replicate was prepared
485 in acid washed 2 L Pyrex© beakers by adding 1500 g of the appropriate sediment mixture. To maintain
486 the animals throughout the exposure, 750 µL of *Isochrysis galbana* (4-7 µm; 8% dry mass); was mixed
487 into the sand with 500 mL of clean filtered seawater to form a homogenous slurry. A further 1000 mL of
488 seawater was added over a clean stainless steel spoon to avoid disturbing the mixture of sediment. For
489 each experiment, the spatial arrangement was randomized to remove bias associated with possible
490 environmental gradients in the temperature-controlled room. Tanks were then covered with pre-cleaned
491 (acetone/dichloromethane) ceramic tiles and aerated, via a glass pipette inserted through a hole in the
492 center of each tile. Treatments were kept at 15 °C under 12 hr light/dark cycle for 10 d. Salinity was
493 maintained, via addition of Mili-Q-purified water to a pre-marked level. For each replicate, three
494 lugworms were chosen at random, their mass recorded and carefully added to each beaker.



495

496 Fig. S2. Pilot study investigating whether treating PVC with ethanol and then washing it three times
 497 affected the survivorship (A) and feeding of worms (B), and the immunological functioning of their
 498 coleocytes (C). Data are means \pm S.E. There were no significant differences and $n = 5$ for each.

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