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1 **Age and duration of a MIS 3 interstadial in the Fennoscandian Ice** 2 **Sheet core area – implications for ice sheet dynamics**

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14

15 **Abstract**

16 Previous assumptions of continuous ice cover of the core area of the Fennoscandian Ice Sheet, from
17 Marine Isotope Stage 4 (ca. 70 ka) to the end of MIS 2 (ca. 12 ka), have been challenged by the
18 discovery of several sites in central and northern Scandinavia with interstadial sediments of assumed
19 MIS 3 age. The sequences have often been dated by Optically Stimulated Luminescence (OSL) and
20 dates of around 55 ka are present at most sites, indicating ice-free conditions at this time. There is
21 less consensus about the timing of the build-up and advance of the last (Late Weichselian) ice sheet
22 after this ice-free stage. To address the duration of MIS 3 ice-free conditions in central Scandinavia,
23 we reviewed available dating evidence. At the few sites where multiple OSL dates are available, ages
24 indicate around 15 ka of ice-free conditions. Two studies employing cosmogenic nuclide dating of
25 preserved interstadial ground surfaces both indicate a 20 ka long period of ice-free conditions during
26 the last ice-free period before the Holocene. Our interpretation is that central Scandinavia became
27 ice-free around 55 ka and remained so until c. 35 ka, when the Scandinavian Ice Sheet started to
28 expand once again. Expansion started from a small-sized remnant ice sheet, or from separate
29 remnant ice caps in Norway. Available data limits the size of any Scandinavian ice sheet remnant
30 surviving the MIS 3 interstadial to less than 1 m of global sea-level equivalent.

31 **1. Introduction**

32 Up until about 2010, it was widely believed that central and northern Scandinavia experienced
33 continuous ice cover from Marine Isotope Stage (MIS) 4 until the final deglaciation around 10 ka
34 (Lagerbäck and Robertsson, 1988; Lundqvist, 1992, Stroeve et al., 2016). This view originated from
35 the lack of dated evidence for MIS 3 interstadials and was much influenced by the biostratigraphical
36 correlation of two interstadials documented from northern Sweden to the Brörup and Odderade
37 interstadials (MIS 5c and 5a) in mainland Europe (Lagerbäck, 1988a; Lagerbäck and Robertsson,
38 1988). Some indications of ice-free conditions in south-central Norway (Bergersen et al. 1991), were
39 largely ignored or not considered reliable. The documented interstadial sediments were interpreted
40 to postdate and overlie a glacial landscape dating to MIS 5d. This interpretation was based on
41 observations that the tills comprising the preceding glacial landscape are underlain by Eemian
42 sediment (MIS 5e) at both Finnish and Swedish sites (Lundqvist, 1971; Hirvas et al., 1981; Nordkalott
43 Project 1986a, b, c; Hirvas and Neonen, 1987; Lagerbäck and Robertsson, 1988).

44 Over the last decade, the emergence of new data indicating ice-free conditions in central
45 Scandinavia during MIS 3 has made this view increasingly untenable (Helmens et al., 2000;
46 Hättestrand, 2008; Hättestrand and Robertsson, 2010; Alexanderson et al., 2010, Wohlfarth and
47 Näslund, 2010; Wohlfarth et al., 2011; Ukkonen et al., 2011; Salonen et al., 2014; Möller et al., 2013;
48 Kleman et al., 2020). The new view, which largely rests on Optically Stimulated Luminescence (OSL)
49 dating, but also on radiocarbon dating and cosmogenic nuclide dating, clearly points to ice-free
50 conditions during the early part of MIS 3 (55-44 ka). However, the duration of ice-free conditions is
51 rarely resolved at any single locality. The issue is further complicated by strong evidence for a major
52 ice advance of the western side of a Scandinavian Ice Sheet around 41 - 38 ka (Mangerud et al., 2003,
53 2010). The location of the eastern margin of the parental ice mass in this time interval is unknown.

54 In the Scandinavian mountains there is abundant morphological evidence for preservation of
55 interstadial ground surfaces, such as polygonised surfaces and pre-Holocene ventifacts, indicating
56 long periods of cold ice-free climate (Lagerbäck, 1988a). Morphological analyses have long suggested
57 these surfaces and landforms to be older than Late Weichselian (Kleman and Borgström, 1990, 1994)
58 but dating these features has been elusive. The fact that the surfaces were not eroded during the
59 Late Weichselian and are not buried by later glacial sediments is explained by cold based conditions
60 of the ice sheet in its central areas (Lagerbäck, 1988a; Sollid and Sørbel, 1994, Kleman et al., 2008).
61 Cosmogenic nuclide dating, which for locations that have experienced ice burial is an exposure
62 duration method rather than a dating method in the strict sense, has confirmed the antiquity of such
63 surfaces (Fabel et al., 2002). However, this approach requires additional data to place the period of
64 ice-free conditions into a reliable chronology frame.

65 Reconstructing the Late Weichselian deglaciation is relatively straightforward, because the
66 youngest glacial landforms are well preserved and radiocarbon dating can be efficiently used back to,
67 and somewhat beyond, the Last Glaciation Maximum (LGM). Investigation of former ice sheet core
68 areas, however, poses several challenges. There is still no way to date ‘subglacial time’ (Kleman et al.,
69 2006), i.e. there is no dating method that can directly determine the time elapsed since, for example,
70 the formation of a subglacial till. All widely applicable dating methods, such as radiocarbon, OSL, and
71 cosmogenic surface exposure dating, are based on atmospheric exchange of living organisms,
72 exposure to sunlight, or exposure to cosmic radiation, all of which are inhibited by ice sheets.
73 Additionally, the last ice-free interval in many ice sheet core areas appears to have occurred during
74 MIS 3, at or beyond the range of reliable radiocarbon dating. Even in the cases of reliable evidence
75 for the occurrence of MIS 3 ice-free conditions, reliable data shedding light on the duration of the
76 ice-free conditions are rare.

77 Given the substantial evidence that central Scandinavia was indeed ice-free during MIS 3, we
78 regard it as pertinent to move on to additional questions for understanding ice sheet dynamics in this
79 time interval. Both the age and the duration of ice-free conditions in central Scandinavia are
80 important because they place constraints on the speed of ice-sheet build-up towards the LGM, and
81 they are important parameters for validating numerical ice sheet models. The number of ice-free
82 periods in Scandinavia during MIS 3 is a complex question, strongly dependent on location. It can be
83 assumed that moderate expansion phases of restricted ‘Norwegian’ ice sheets likely reached
84 temporary standstills somewhere in western Sweden, hence leaving morphological and
85 stratigraphical evidence for two or more interstadials in western Sweden, but for only one further
86 east.

87 Limiting the duration of ice cover during the MIS 4 to MIS 2 interval has implications for
88 understanding the dynamics and erosional impact of the apparently rather short-lived Late
89 Weichselian ice sheet. New data allows us to assign a maximum size for any MIS 3 ice sheet remnant,
90 thereby facilitating more firm global ice sheet budgeting.

91 The overall objective of this study is to shed light on the age and duration of a MIS 3 interstadial in
92 central Scandinavia and to discuss implications for Weichselian ice sheet dynamics. We use an
93 approach that entails:

- 94 • review of recent work presenting dating evidence for MIS 3 ice-free conditions in central
95 Scandinavia,
- 96 • consideration of the duration of ‘ice-free time’ based on information from cosmogenic
97 nuclide dating of re-exposed interstadial ground surfaces,
- 98 • compilation of a simple spatio-temporal model for advance and retreat of the eastern margin
99 of the Fennoscandian Ice Sheet.

- 100 • a discussion on how our findings relate to evidence from the southwestern and western
101 margins, i.e. Denmark and the Norwegian coast.

102 We focus primarily on the eastern ice sheet margin, because due to the much larger swath
103 between maximum and minimum conditions spatial constraints there more strictly constrain the
104 volume of the ice sheet than evidence from the western margin. However, at least one western-
105 margin event, the Skjonghelleren stadial (Mangerud et al., 2003), which was a major advance of the
106 western margin of the ice sheet during MIS 3, may have consequences for interpretations on the
107 eastern side of the mountains.

108

109 **2. Data reflecting the age and duration of MIS 3 interstadials in central Scandinavia**

110 Arnold et al. (2002) aimed to establish the minimum Fennoscandian Ice Sheet size during MIS 3. The
111 radiocarbon database they utilise has relatively few sites located centrally in the glaciated area, but
112 still suggests ice-free conditions in northern Sweden 42 – 32 ka. Of considerable importance are their
113 acceptance of the thermoluminescence (TL) ages by Bergersen et al. (1991), which indicate ice-free
114 conditions in central southern Norway at 40 – 37 ka. Their reconstructed MIS 3 minimum ice sheet is
115 of very small area and volume.

116 The comprehensive reconstruction by Hughes et al. (2016) reaches back to around 38 ka, with one
117 time-slice map showing approximate ice extents 34 -38 ka, the time of the Ålesund interstadial
118 (Mangerud et al., 2003). The reconstruction thus does not fully embrace the entire MIS 3 period we
119 discuss here. For 34 - 38 ka it gives two alternative ice extents, a single elongated ice sheet with its
120 eastern margin approximately 100 km into Sweden, and a minimum alternative with one ice sheet
121 remnant over the high plateaus of southern Norway and a second, narrow ice sheet over the high
122 northern parts of the mountain chain.

123 In the following, we combine new and relatively recent studies employing OSL dating and novel
124 work employing cosmogenic nuclide dating, with regional overviews summarizing older data. OSL
125 and radiocarbon dates reflect the age of subaerial sediment deposition at ice sheet margins and in
126 ice-free landscapes, while ages received from cosmogenic nuclide dating are a measure of total ice-
127 free time since deposition. The most important data for the scope of this paper are summarized in
128 Tables 1 and 2. Table 2 lists the individual ages and uncertainties for data sets summarised in Table 1.
129 In reviewing this data, two things stand out. The first is that localities with few dates can give clear
130 answers to the ice/no ice question for *some* period in MIS 3. However, only a few have so many
131 dates and such a data structure that they have a bearing on the duration of the ice-free period(s).
132



133

134 **Fig. 1.** Locations of interstadial sequences discussed in the text. R (Riipiharju), O (Ontoharjut) and T (Takanenmännikkö)
 135 mark sites investigated by Lagerbäck and Robertsson (1988). The location of data from the populations by Ukkonen et al.
 136 (2011) and Borgström (2017) are shown by stippled yellow polygons. Illustrated are two 'modes' of glaciation, restricted
 137 mountain-centred ice sheet, thought to characterise moderately cold periods throughout the Quaternary (dashed line,
 138 Kleman, 1992; Porter, 1989), and sub-continental ice sheets thought to characterize the last few glacial maximum stages
 139 (solid line, Kleman et al., 2008). Dotted blue line indicates the approximate elevation axis of the mountain chain. White
 140 lines correspond to lines of expansion, along which length from inception areas is indicated in Fig. 3.

141
 142

143 2.1 Single-site studies (Fig. 1 and Table 1)

144 Alexanderson et al. (2010) reinvestigated sandy sub-till sediments in a stratigraphic section at the
145 classical Pilgrimstad site, central Sweden. Nine out of a total of ten OSL dates indicate ice-free
146 conditions during 52 – 36 ka. A sensitivity analysis specifically excluded an Early Weichselian age for
147 this site.

148 Möller et al. (2013) studied till covered sediments in a river valley at Idre, west-central Sweden. A
149 series of nine OSL dates from one unit (Unit A) range from 54 to 41 ka, supporting ice-free conditions
150 at the site during at least part of MIS 3, even though the ages are not in stratigraphic order. The
151 complicating factor of one date from Unit A of 70 ka and a number of stratigraphically overlying
152 dates in the range 180 – 130 ka was explained by incomplete bleaching of these sediments prior to
153 deposition, so that dating would not give actual ages of deposition, but too old ages. Due to the
154 possible problems with incomplete bleaching of the sediments the interpretation was that the data
155 indicates deposition at the site at or after 41 ka. The mean age of the datings are 44+/-7ka. The data
156 and the comments by the author do not allow calculation of interstadial duration.

157 Kleman et al. (2020) investigated a marginal moraine at an upland site near Idre and on the basis
158 of OSL dates of waterlain sandy sediments within the moraine concluded that it was formed at
159 approximately 55 ka. Six ¹⁰Be dates from boulders embedded in the moraine crest indicate an ice-
160 free duration of ca 30 ka since moraine formation. Subtraction of a Holocene exposure of 10.1 ka at
161 this location, derived by analysis of ice retreat maps in Stroeve et al. (2016) and Hughes et al.
162 (2016), leaves 20 ka of exposure before the last glaciation. Hence, this indicates ice-free conditions at
163 this site between 55 and 35 ka. No calculated uncertainty can be assigned to the deglaciation time of
164 10.1 ka, but we estimate the maximum error in deglaciation time to be 500 a, not materially affecting
165 the 30 ka total duration estimate derived from cosmogenic nuclides.

166 This upland site is located only 10 km from the lower elevation site of Möller et al. (2013).
167 Pilgrimstad and Idre are at a comparable distance from the main mountain chain and we regard the
168 data by Alexanderson et al. (2010), Möller et al. (2013) and Kleman et al. (2020) as mutually
169 supportive.

170 Lagerbäck and Robertsson (1988) report 38 radiocarbon dates on humic material, peat, and plant
171 remains from kettle holes in eskers formed by a pre-Late Weichselian ice sheet. 14 of these dates are
172 infinite, >40, >45 or >50 ka respectively. The remaining 24 of the dates are finite, clustering between
173 30 and 45 ka. Some of the reported errors are very large but a number have 'normal' errors.
174 However, the main part of the dates are not in stratigraphic order. On biostratigraphical grounds, the
175 authors correlated the ice-free events analysed, the Peräpohjola and Tärendö interstadials, to Brörup
176 (MIS 5c) and Odderade (MIS 5a). Partly because of problems with reversed ages, but also based on
177 comparisons with studies of interstadial sites in northern Europe, they argued that *all* dated samples

178 were likely older than MIS 4 and beyond radiocarbon dating range and that the finite ages were
179 artefacts of contamination. 24 of these finite dates were listed by Wohlfarth (2010). She selected
180 seven of the dates, with estimated errors less than 3 ka, and absolute calibrated them. These are the
181 dates reported in Table 2.

182 In the original work of Lagerbäck and Robertsson (1988) it is apparent that at the Riipiharju and
183 Onttuharjut sites, the majority of dates below the till separating the two interstadials are infinite, but
184 all but one date above this till is finite. At face value this sub-set of data therefore supports ice-free
185 conditions in northern Sweden between 35 and 50 ka. The dates could, as the authors suggest, be
186 infinite ages that through contamination erroneously yielded ages in the MIS 3 interval. But we
187 cannot discard the possibility that at least some of the dates are correct. The difficulties surrounding
188 this data set are quite similar to those in the compilation of ^{14}C , TL and OSL dates by Mäkinen (2005)
189 in northwestern Finland. The guiding question for Mäkinen (2005) was the age of Peräpohjola
190 sediments. He reported a large number of both finite and infinite ^{14}C ages. TL and OSL ages were
191 systematically younger than the expected >74 ka, and the difficulty in trusting ^{14}C data so near the
192 limits of the method was noted. Neither Lagerbäck and Robertsson (1988) nor Mäkinen (2005)
193 contradict the conclusions drawn in this article but we hesitate to invoke them as a strong support
194 for long-lasting MIS 3 ice-free conditions.

195 Salonen et al. (2014) documented interstadial fluvial sediments from the Hannukainen mine,
196 Finland, overlying a MIS 4 till. A thin till was interpreted to indicate that the ice-free interval was
197 interrupted by a glacial event. OSL dates were taken from fairly similar sediments both above and
198 below this thin till and these dates indicate an age for the fluvial sediments of 55 – 35 ka.

199 Sarala et al. (2016) investigated an interstadial sequence regarded as relatively complete at
200 Kaarreoja, northernmost Finland. Two radiocarbon dates from the same peat bed gave radiocarbon
201 ages of 35 and >45 ka, respectively. An OSL age of 52 ka from fluvial/lacustrine sediments underlying
202 the till was reported. The study lends support to ice-free conditions during MIS 3 but does not allow
203 any conclusions about interstadial duration.

204

205 *2.2 Overviews, based on multiple dates within a broader region (Table 1)*

206 Ukkonen et al. (2011) compiled and evaluated over 100 radiocarbon dates on mammoth bone
207 material from Northern Europe. They concluded that mammoths were widespread up to 65° N
208 latitude (i.e. north-central Fennoscandia) during MIS 3 (50 – 30 ka). Most of the dated bones are
209 reworked and not in primary position. Seven dates from north central Sweden (see Fig. 1 for area)
210 are of special geographical relevance to the present work and they form the basis for age and
211 duration estimates presented in Table 1. The ages range from 29.7 to 44.6 ka.

212 Borgström (2017) reported cosmogenic exposure durations for six pre-Holocene polygonised
213 surfaces (Fig. 2) in the southern Swedish mountains (see Fig. 1 for location) These data can illuminate
214 the duration of the last period of ice-free conditions but not its age. We used this data set, which can
215 be regarded as a “floating” (i.e. the absolute age is unknown) measure of ice-free *duration*. We
216 extracted the six samples labelled ‘polygonised surfaces’ from the collection of Borgström (2017).
217 After subtraction of 10.1 ka for Holocene exposure, on the basis of the deglacial retreat maps in
218 Stroeven et al. (2016) and Hughes et al. (2016), a mean ¹⁰Be pre-Holocene exposure duration for
219 these polygonised surfaces is 19.5 ka. Errors for the individual dates are notably large. The method
220 and approach cannot resolve whether this accumulated time represents one or more events.
221 Kleman et al. (2020) describe that the flank of the moraine hey dated is covered by sorted boulder
222 polygons, similar to those measured by Borgström (2017). We therefore consider the exposure
223 durations measured by Borgström to have the same first exposure (starting point) as those in Kleman
224 et al. (2020) and have “anchored” Borgströms cosmogenic data to the same start exposure at 54.9
225 ka.

226 The data sets of Kleman et al. (2020) and Borgström (2017) rely largely on cosmogenic nuclide
227 dating of surface boulders. The two studies give similar duration estimates of around 20 ka. The
228 cosmogenic nuclide method (Phillips et al., 2008) is a direct and cumulative exposure duration
229 method which , however, requires a substantial set of assumptions, additional data, or modelling, to
230 be used as a dating method (Applegate et al., 2012).

231 Wohlfarth (2010) focused specifically on the question of MIS 3 interstadials and made a thorough
232 quality analysis and sorting of older, mostly radiocarbon, dates. The majority of dates reported for
233 this area by Wohlfarth are from Lagerbäck and Robertsson (1988), Alexanderson et al. (2009), and
234 Ukkonen et al. (2011). They are here listed under the original publications, but in the analysis and
235 discussion of these dates we have paid attention to Wohlfarths (2010) quality sorting and acceptance
236 of certain data as probably reliable.

237

238

239 **Table 1.** Age and estimation of duration of MIS 3 ice-free conditions at sites in central Scandinavia, based on retrieved dates
 240 from sites east of the mountain range (central and northern Sweden, northwestern Finland). Duration measures are
 241 differences between oldest and youngest dates for localities or populations.

	<i>Number of dates</i>			<i>Youngest</i>	<i>Oldest</i>
	OSL	¹⁴C	Cosmo	(ka)	(ka)
<i>Single-site studies</i>					
1 Pilgrimstad, Alexanderson et al. (2010).	9	-	-	36	52
2 Idre airport, Möller et al. (2013.)	9	-	-	41	54
3 Idre/Städjan, Kleman et al. (2020). 15 samples were measured. These were extracted from three field samples obtained in one sedimentary bed. 30 – 45 aliquots were measured per sample. Mean of all 15 samples was 54.9 ±4.1 ka. Mean with three outliers removed 54.9 ±1.7 ka.	3	-	9	Not applicable	
4 Riipiharju, Ontoharjut, Takanenmännikkö, Lagerbäck and Robertsson 1988. We here report the subset of data that was quality assessed and absolute calibrated by Wohlfarth (2010).		7		36	50
5 Hannukainen, Salonen et al. (2014).	5	-	-	35	55
6 Kaarreoja, Sarala et al. (2016).	1	1	-	35	52
<i>Regional compilations</i>					
7 Central Sweden Ukkonen et al. (2011) (Geographical subset of Ukkonen et al. (2011) data).	-	7	-	30	45
8 West-central Sweden, Borgström (2017).	-	-	6	Not applicable	

242
243

Table 2

	<i>ka</i>		
	OSL	¹⁴ C	Cosmo
1 Pilgrimstad, Alexanderson et al. (2010).	43 ±5 45 ±4 48±8 52 ±4 49 ±4 38 ±3 39 ±3 36 ±3 46 ±3		
2 Idre airport, Möller et al. (2013).	44 ±3 45 ±3 40 ±2 41 ±2 52 ±5 42 ±4 43 ±2 41±3 48 ±4 54 ±4		
3 Idre/Städjan, Kleman et al. (2020).	56.2 ±3.8 54.1 ±3.6 52.9 ±3.4 52.9 ±3.7 62.4 ±4.2 55.8 ±3.6 54.2 ±3.7 45.4 ±3.0 55.6 ±4.3 54.3 ±3.6 56.6 ±3.7 55.5 ±3.6 53.8 ±3.2 58.8 ±4.0 65.4 ±4.1		36.4 ±1.8 27.6 ±1.3 26.9 ±1.2 32.1 ±1.4 31.7 ±1.5 31.0 ±1.4 29.8 ±1.4 27.6 ±1.3 21.8 ±1.0
4 Dates from Riipiharju, Ontoharjut and Takanenmännikk, Lagerbäck and Robertsson 1988. We here report the subset of data that was quality assessed, found reasonably reliable, and was absolute calibrated by Wohlfarth (2010).		50.0 ±1.0 42.5 ±1.6 35.6 ±1.1 36.0 ±1.0 37.9 ±1.3 39.0 ±1.4 39.2 ±1.7	
5 Hannukainen, Salonen et al. (2014).	35.3 ±4.1 55.7 ±8.7 39.0 ±5.0 50.6 ±6.7 46.8 ±7.2		
6 Kaarreoja, Sarala et al. 2016	52	34.8 ±0,2	
7 Central Sweden Ukkonen et al. (2011) (Geographical subset of Ukkonen et al. (2011) data).		44.6 ±1.0 29.7 ±0.4 34.3 ±0.4 42.3 ±0.4 30.7 ±0.2 34.1 ±0.5 40.7 ±1.4	
8 West-central Sweden, Borgström (2017).			31.5 ±3.6 29.3 ±6.7 24.3 ±2.2 37.4 ±4.5 28.3 ±7.8 27.0 ±2.7

244 From Table 1 it is evident that there is a clustering of oldest (and only) dates in the 55 – 52 ka
245 interval. We regard the evidence for ice-free conditions in central Scandinavia during the early part
246 of MIS 3 as solid. The late date of 30 ka for renewed ice cover implicit in the data by Ukkonen et al.
247 (2007, 2011) relies on two dates of around 30 ka. We conclude that most studies, including all based
248 on OSL dates, support a start of MIS 3 ice-free conditions at about 55 ka, and most indicate that the
249 ice-free conditions lasted to around 35 ka.

250

251 **3. Discussion**

252 Existing data from stratigraphic sequences are in good agreement that MIS 3 ice free conditions in
253 central Scandinavia started about 55 ka. The onset of glacial conditions at about 35 ka, after
254 approximately 20 ka of ice-free time, is more uncertain. The support for ice-free conditions as late as
255 30 ka largely rests on two debated (Wohlfarth 2010) mammoth dates (Ukkonen et al., 2011),
256 whereas other lines of evidence support 35 ka as the approximate time of ice expansion out from the
257 mountains and over central Sweden. Regarding Ukkonen et al. (2011), the problem that the bone
258 material reported (Ukkonen et al., 2007, 2011) was rarely *in situ*, was pointed out by Wohlfarth
259 (2010). In our view, this does not seriously detract from its chronological value for the interstadial
260 duration question in the spatial setting of central Scandinavia. The preservation of identifiable bone
261 material suggests short transport distances. Known ice-flow indicators exclude glacial transport of
262 mammoth bones into north-central Sweden from the east. A more serious problem is the reliability
263 of the youngest dates. Wohlfarth (2010) maintains that inadequate pre-treatment procedures may
264 have made the youngest dates too young, thereby also creating a conflict with their stratigraphic
265 context which indicates higher than reported ages. The data of Borgström (2017) and Kleman et al.
266 (2020) suggest around 20 ka duration of ice-free conditions. The large spread and errors in the two
267 cosmogenic data sets makes the evidence for renewed glaciation at 35 ka temporally more uncertain
268 than the more precise dating of the start of ice-free conditions.

269 The duration of ice-free conditions can be expected to have been shorter in western Sweden than
270 in more easterly areas. This is a natural consequence of the location of the supposed inception and
271 initial growth area, the mountain chain. It is likely that ice sheets expanded out of Norway on many
272 occasions through the Quaternary. However, they only reached true Fennoscandian dimensions on
273 relatively few occasions (Kleman et al- 2008). An ice-covered westernmost Sweden, with the coast to
274 the Bothnian Bay and the Baltic ice-free must have been a recurring configuration.

275 Of the two alternatives for ice-sheet size at 38 – 34 ka shown in Hughes et al. (2016) only the
276 smaller one is compatible with the ice-free conditions at Idre documented by Möller et al. (2013) and
277 Kleman et al. (2020), indicating an ice sheet volume of less than 1 m of sea-level equivalent.

278 For the MIS 3 questions, a key issue is the ice dynamics on the east side of the mountains during
279 the Skjonghelleren stadial. The advance documented by Mangerud et al. (2003, 2010) must have
280 come out of a substantial ice mass. The evidence for the Skjonghelleren advance is solid, and the
281 event was apparently driven by the cold climate of Greenland stadials 10 and 9 (41-38 ka). However,
282 the effects of 3000 years of colder climate, and likely reduced precipitation, on ice volume and
283 frontal advance are difficult to evaluate. Today the ratio in precipitation between the Ålesund area
284 and west-central Sweden is around 3 or 4 to 1. There is no reason to believe that this ratio was
285 radically different in glacial times. Reduction in ablation during 3 ka of cold climate was sufficient for
286 rapid build-up of mass and a major frontal advance in the west, despite likely reduction in
287 precipitation. *Some* advance in the east is likely, but the magnitude is entirely unknown. In this
288 context it should be noted that there are more pre-Late Weichselian end moraines and other
289 evidence of ice marginal positions in west-central Sweden than has previously been known. The only
290 such moraine that is dated, at Idre, is reported in Kleman et al. (2020). It is clearly older than the
291 Skjonghelleren advance. Other moraines at slightly lower elevation are mapped in Kleman et al.
292 (2020), and further examples occur at Långfjället, on the Swedish border to Norway (Borgström,
293 unpublished data). The multitude of glacial channel generations described from the Transtrand
294 Mountains (Kleman et al., 1992) have never been correlated to specific events described elsewhere.
295 It is conceivable that some of them are related to an oscillating MIS 3 ice margin in westernmost
296 Sweden.

297 The OSL dates reported by Kleman et al. (2020) differ from many interstadial OSL dates in that
298 there is strong evidence that the dated material was deposited and exposed precisely at the ice
299 margin as indicated by the landform, a marginal moraine, to which the dated sand is integral. A key
300 question for this data set is whether it is reasonable to assume a lack of inheritance at the onset of
301 the MIS 3 interstadial, in the boulders sampled for cosmogenic nuclide dating.

302 At least two factors suggest that exposure of nearly all the boulders sampled in Kleman et al.
303 (2020) indeed started at the onset of the last interstadial. The first is that a content of erratics from
304 the northwest indicates that the material was transported to its present mountain-shoulder position
305 by wet-based and eroding ice (during MIS 4) along a lowland path. The second is the good clustering
306 of dates. Any random collection of previously exposed boulders would likely show a much larger
307 spread. The simplest explanation for the structure of the dates in the study is that the exposure of
308 most of the sampled boulders started at the same time, when the ice withdrew from the newly
309 formed moraine, and that they have received all their exposure in their current position.

310 The data from Borgström (2017) on polygons in surfaces classified as relict, are potentially
311 associated with additional error sources compared to the data set in Kleman et al. (2020). Sorted
312 polygons, by nature, indicate rotation and vertical and lateral migration of material. This sorting

313 process will take time and we can expect that full exposure to cosmic radiation only started when the
314 boulders reached their present position. The time needed for the sorting, and the degree of
315 positional stability of these boulders over the long durations of an interstadial, the period of ice-
316 sheet coverage, and the present interglacial, is difficult to evaluate. The extreme Holocene stability of
317 these relict surfaces was noted by Kleman and Borgström (1990), but interstadial conditions are
318 unknown.

319 The morphological integrity of both the marginal moraine and the polygonised surfaces speak
320 against any complex history of burial by sediment and re-exposure of the sampled sites.



321
322 **Fig. 2.** Polygonised relict surface at Fulufjället. Cosmogenic exposure measurement (^{10}Be) indicates that these polygons
323 received 14.2 ka of pre-Holocene exposure (Borgström 2017).
324

325 Different methodical approaches to the age and duration questions for the last period of ice-free
326 conditions have been reported here; single site studies relying on OSL dates in a stratigraphical
327 sequence, a combination of OSL (for age) and cosmogenic nuclide dating (for duration), studies
328 relying entirely on ^{14}C -dating, and combinations of OSL and ^{14}C -dating. It is encouraging that these
329 different data sets and approaches give largely convergent results regarding the primary question,
330 the existence of prolonged ice-free conditions in central Scandinavia during MIS 3. Only one of the
331 studies, Salonen et al. (2014), give evidence for more than one ice-free period in this time interval,
332 but it is difficult to judge if this is simply geographical dependence, a restricted advance may have
333 reached their site in the far north, but not more southerly sites.

334 The data set of Lagerbäck and Robertsson (1988) is enigmatic. They stratigraphically documented
335 two distinct interstadials. However, the glacial advance responsible for the intervening till has never
336 been regionally identified and is therefore of little help for correlations. It also illustrates the
337 uncertainties in interpreting radiocarbon data near the limit of the method. The authors themselves,
338 in basing their correlations and thereby age assessments mostly on biostratigraphic evidence, in

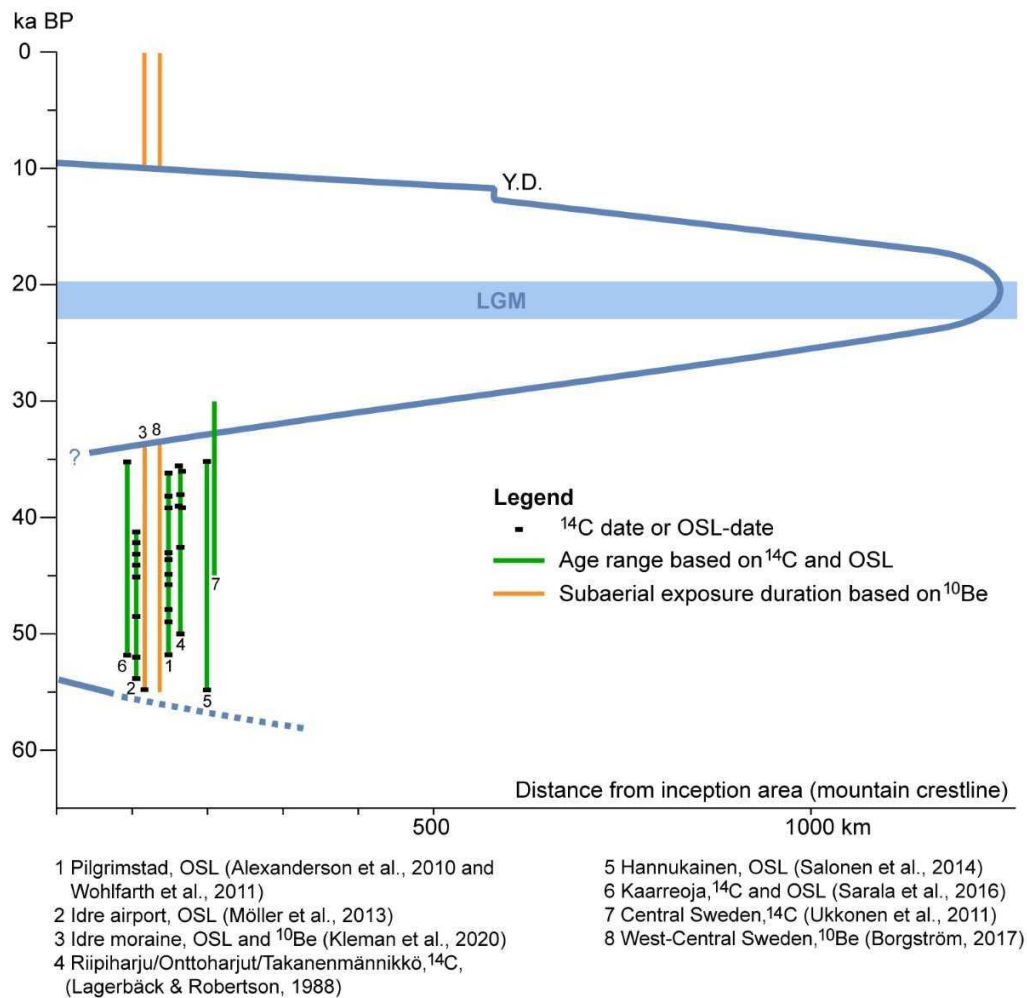
339 effect invalidated all their finite radiocarbon dates, but later authors (Wohlfarth, 2010) have partly
340 “resurrected” them. Hättestrand and Robertsson (2010) suggested that the upper younger
341 interstadial at one of the sites (Riipiharju) would correlate to MIS 3 and that the lower and older
342 interstadial would correlate to Odderade (MIS 5a), based on new interpretations of the Weichselian
343 interstadial conditions in northern Sweden and correlations with the Sokli record in NE Finland (e.g.
344 Helmens et al., 2000). After discussions with Robert Lagerbäck they also renamed the interstadials in
345 order to give both interstadials Swedish local names to avoid problematic and uncertain correlation
346 with interstadial sites in Finland. Now the names Tärendö I and Tärendö II are used where Tärendö I
347 is the older interstadial (previously Peräpohjola) and Tärendö II is the younger interstadial (previously
348 Tärendö). Fluctuating climatic conditions were identified in the Tärendö II interstadial sequence
349 which would fit well with rapid climatic shifts seen in the ice core records during MIS 3.

350 The application of cosmogenic nuclide dating to pre-Late Weichselian large-scale polygonised
351 surfaces (Fig. 2) opens a new and more direct approach to the study of interstadial ice-free
352 conditions. Polygons, being a subaerial landform, unequivocally demonstrate ice-free conditions and
353 also offer a strong indication of permafrost conditions, while cosmogenic nuclide dating offers a
354 direct method for determining the length of the subaerial exposure. Given the patchy but
355 widespread occurrence of relict polygonised surfaces along the Scandinavian mountain chain
356 (Kleman and Borgström, 1990, 1994, Borgström, 2017), a more complete spatial picture than offered
357 by a small number of stratigraphical sites should be attainable.

358

359 *3.1 Spatio-temporal model*

360 Figure 3 summarizes our findings, focusing on the advance-retreat history of the eastern FIS margin.
361 Our conceptual model rests on the assumption that every time the FIS grew from small initial ice
362 volumes, it nucleated over, and expanded out from the mountain chain.



363

364

365 **Fig. 3.** Date ranges and duration estimates for the MIS 3 interstadial in central Scandinavia (see Table 1). Data
 366 are plotted at their approximate distance from the nucleating grounds in the mountain range, shown in Fig. 1.

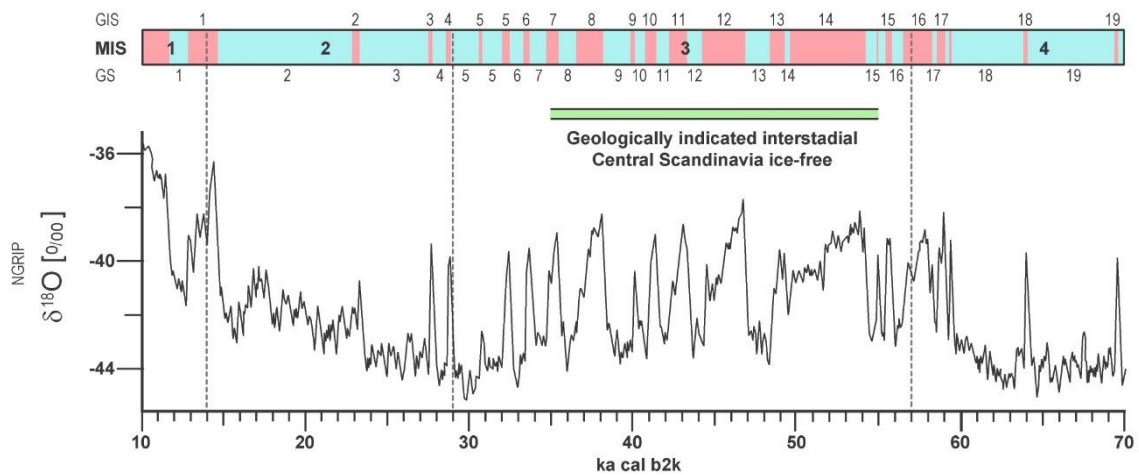
367

368 3.2 Glacial dynamics

369 Our results have profound effects for our understanding of the dynamics of the ice sheet. The most
 370 striking feature in Fig. 3 is that build-up from a very small ice volume at 35 ka to the LGM size and
 371 volume was achieved in less than 15 ka, depending on the definition and age of the LGM (Hughes et
 372 al., 2013). This is surprisingly fast, given that the event was driven by an insolation minimum that was
 373 less extreme than those driving build-up during MIS 5d and 4. We acknowledge major uncertainties
 374 on two points. The first is that although OSL dates are well dispersed over the 55 – 38 ka period, it is
 375 possible that the interstadial was interrupted by advances also east of the mountains. There must be
 376 a sizable parental ice mass for the documented Skjonghelleren 41 – 38 ka advance (Mangerud et al.,
 377 2003), but the location and dynamics of the eastern margin in this time interval is unknown.

378 Also, we cannot ignore the possibility of abortive ‘instantaneous glacierization’ in the sense of Ives et
 379 al. (1974), i.e. the accumulation of thin and short-lived ice fields outside the coherent perimeter of a
 380 mountain ice sheet. Climatic candidates for such events are the time periods 49 – 47 ka, and 42 – 38

381 ka (Fig. 4). It is not known if such events occurred but if they did, they would complicate the
 382 interpretation of the cosmogenic results due to their shielding effects. Specifically, they would push
 383 back in time the onset of exposure to prior to the time when OSL data suggest the start of the
 384 interstadial. Similarly, they would reduce the available time for ice build-up towards the LGM even
 385 more.
 386



387
 388
 389 **Fig. 4.** Climate evolution as reflected in the NGRIP oxygen isotope curve for the 10 – 70 ka interval (Seierstad et
 390 al., 2014). GIS/MIS bars according to Rasmussen et al. (2014). The green crossbar indicates our preferred
 391 interpretation of ice-free conditions in central Scandinavia. The time interval 55 – 35 ka was characterized by
 392 long climatic interstadials, in which time was sufficient to efficiently reduce ice sheet size. Only after 35 ka was
 393 climate dominated by long stadials and infrequent and short interstadials, the state necessary for ice sheet
 394 growth. The figure also illustrates the general problem of correlating interstadials in the climatic sense with ice-free
 395 periods (interstadials in the geological sense). The large number of climatic interstadials (as directly
 396 reflected in ice core data), cannot be directly correlated with individual ‘ice-free events’.
 397

398 In central and northern Scandinavia, the predominantly ice-free but highly variable climate of MIS
 399 3, is recorded in some stratigraphic sequences (Helmens et al., 2000; Wohlfarth, 2010, and possibly
 400 at the Veiki moraine zone which defines a former ice marginal position during the Early Weichselian
 401 according to Lagerbäck (1988)). If reassigned to MIS 3, as previously suggested by Hättestrand (2007)
 402 and Hättestrand and Robertsson (2010), the Veikizone likely indicates a period of climate-induced
 403 standstill or readvance within the MIS 3 interstadial.

404 Our results are at odds with the reconstructed MIS 3 evolution in the southwestern part of the ice
 405 sheet (Houmark-Nielsen, 2010; Lüthgens et al., 2020). Two advances (figure 8 in Houmark-Nielsen
 406 2010) are proposed to have occurred at time intervals which are problematic given our evidence for
 407 ice-free conditions in the central Scandinavia.

408 The earlier advance, at 54-46 ka should have occurred at a time when the data reported here
 409 gives strong evidence for major deglaciation from the MIS 4 ice sheet, and a very small remnant ice
 410 sheet with no Swedish – Finnish extent. We regard FIS advances reaching Denmark during the time

411 interval 55–49 ka as climatically implausible (Fig. 4), dynamically highly unlikely, and not supported by
412 data from the ice source area. Difficulties also surround the younger advance postulated to have
413 occurred at 35–30 ka. This advance is inferred to have passed through the Baltic Basin. Such an
414 advance dynamically requires an ice sheet with a large eastward extent, otherwise a Baltic trajectory
415 cannot be explained. This advance would have occurred at a time when an eastern ice sheet margin
416 at the Swedish-Norwegian border or in north-central Sweden is indicated (Alexanderson et al., 2010).
417 Further, it is also difficult to reconcile with the mammoth data of Ukkonen et al. (2011). The two
418 advances (Fig. 8 in Houmark-Nielsen, 2010) are proposed to have occurred at time intervals that are
419 not in phase with climatic forcing as reflected in NGRIP data and are out-of-phase with advances
420 reconstructed in Norway (Mangerud, 2004).

421 In this context it is important to note that Houmark-Nielsen (2010) based the chronology entirely
422 on OSL dating, using large multigrain aliquots, where the OSL signal was averaged from c. 5000
423 grains. As discussed by Wallinga (2002a), the use of a large number of grains on an aliquot may cause
424 masking the spread of individual palaeodose values that are used to identify the effect of partial
425 bleaching (cf. Wallinga, 2002b). Partial bleaching represents the incomplete resetting of the OSL
426 signal prior to deposition and will cause overestimation of the calculated OSL age. It is expected to be
427 a common problem in the dating of glaciofluvial sediments (cf. Fuchs and Owen, 2008; Thrasher et
428 al., 2009) and it can be avoided by using small aliquot or ideally single-grain techniques (Duller,
429 2008).

430 The picture of the Late Weichselian Fennoscandian Ice Sheet that emerges is that of an ice sheet
431 that in its advance-retreat behaviour was more dynamic than previously thought, with rates of ice
432 sheet growth prior to the LGM possibly rivalling rates of ice sheet retreat during deglaciation. In
433 terms of another aspect of ice sheet dynamics, erosional capacity, we postulate that it was probably
434 less efficient than has been thought. The total life span of the Late Weichselian Fennoscandian Ice
435 Sheet was only 25 ka at most, and this short duration together with evidence for a partially cold-
436 based ice sheet (Kleman and Hättestrand, 1999), makes the rather restricted erosion of landforms
437 and older glacial deposits less surprising.

438 439 **4. Conclusions**

440 A substantial body of OSL data, with radiocarbon and cosmogenic nuclide data in supporting roles,
441 indicate that central Scandinavia was ice free between 55 ka and ca. 35 ka. The age range is near or
442 at the limit of reliable radiocarbon dating, and our conclusions are mostly based on OSL data. The
443 evidence comprises stratigraphic sites dated with OSL dating, as well as cosmogenic nuclide dating of
444 delicate subaerially formed landforms that were not eroded by the last ice sheet in the area.

445 The duration of ice-free conditions experienced by the latter far exceeds the Holocene, with the
446 excess exposure, around 20 ka, interpreted to reflect interstadial subaerial exposure, dovetailing
447 with and supporting evidence provided by sediments dated with OSL and radiocarbon techniques.
448 A simple spatio-temporal model indicates that ice sheet build-up from fully ice-free conditions, or
449 from a small alpine ice caps in Norway, towards ice sheet maximum conditions at the LGM (21ka,
450 acknowledging non-synchronicity of margins and dating uncertainty of the LGM) was achieved in less
451 than about 15 ka. Hence, the speed of ice sheet build-up after a long MIS 3 interstadial matched the
452 speed of deglaciation. During the warmest MIS 3 phases, any possible Scandinavian ice sheet
453 remnant was likely equivalent to less than 1 m of global sea-level.

454

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457

458

459

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