Valley VOICE

Volume 6 Number 2 January 23, 1997 Serving the Slocan Valley, Nakusp & Area, British Columbia Published bi-weekly

MP Jim Gouk Holds Town Meetings While Fighting Off Wrongful Dismissal Lawsuit

The Valley Voice is distributed throughout the Slocan and Arrow Lakes Valleys from South Slocan/Playmor Junction to Edgewood. Our circulation is 5,500 papers. providing the most complete news and advertising coverage of any single newspaper serving this area

Letters to the Editor page 4

Garden Column

page 5

Feature Article

Second installment of a history of indigenous people of the Slocan and Arrow Lakes Valleys

> by Mary Wagner page 9

Education

page 12

Classified Ads

page 15

Running Free. Running Scared.

No dog license? Live in New Denver? Well, after Jan 31 you'd better have a lot of money, because it's going to cost you big

Beginning Feb. 1, you will be liable for a \$25 fine if your dog is unlicensed: another \$50 for dogs running at large (even with a license); and interfering with an Animal Control Officer will net you another \$50!

Until Jan. 31, you can geta\$15 discount on your dog license fee-after that, you must pay full price

And, folks, tickets will he issued!

Jim Gouk, current Member of boundaries will also include the Parliament for the riding of Kootenay West-Revelstoke, was approved unanimously at the Reform Party's West Kootenay-Okanagan Constituency Candidate Selection Meeting Sunday, Jan. 12 at the Castlegar Recreation Complex. "I'm very happy that my candidacy was approved so overwhelmingly by the party," said Gouk. "I consider it a real honour to have represented the fine people of this region for the past three-and-ahalf years, and I hope to carry on my work through a second term of

West Kootenay-Okanagan is comprised mainly of sections of two existing federal ridings: most of Kootenay West-Revelstoke (minus the Revelstoke area), as well as all of the Boundary Country and the southern Okanagan communities of Osoyoos and Oliver. The new riding

community of Riondel, currently contained in Kootenay East.

Approx. thirty people attended a Jan. 15 Town Hall meeting with Gouk in Slocan, where he presented a booklet outlining the party's sixpoint plan which includes overhaul of government operations, tax relief, legislative support for families, reform of the criminal justice system, repairing the social safety net, and ending the uncertainty caused by the national unity crisis, as well as advocating a change in focus on government accountability.

Gouk responded to questions regarding these policies, and predicted a spring 1997 Federal election.

At the end of the meeting, he commented that he had recently read a book that claimed that less than 4% of Canadians believe in politicans. "That," he commented, "is less than

the number of people who believe in

Although no questions arose at the meeting regarding the wrongful dismissal suit brought against him on behalf of his Castlegar office ex-Administrative Assistant Sonja Garvey, we were able to ask him about it later

Gouk explained that he "had received a letter in Aug. 96 from her lawyer (Les Vandor) advising us we had 30 days to respond. But Vandor went to the press before we were served." He added that Vandor has "offered to settle [out of court]...I told them no-I've got no reason to settle, I've done nothing wrong."

Gouk dismissed Garvey when the job description changed, and transferred a staff person from his Ottawa office to the Castlegar constituency office to fill the position.

Garvey's lawyer launched a side



suit, demanding Gouk provide them with more documentation, which Gouk considered to be "privileged information between myself and legal services." Garvey lost this suit, and was ordered to pay legal costs, which Gouk said he has not yet received.

Gouk is filing a motion for dismissal of the main suit, on the grounds that "I've done nothing

Nakusp & Dist. Community Services Involved With New Ministry for Children and Families



Nakusp & Dist. Community Services Administrator and New tenver & Area Home Health Care Administrator Jan Oswoald discussing children and families in otential impacts of new Children and Family Services Centres.

The province has created the new Ministry for Children and Families (it includes elements from the Ministries of Social Services, Health, Attorney General, Women's Equality and Education), in an effort to more effectively deliver programs in support of

The mandate of the new Ministry, being referred to as McFamily, is to protect children. It will be responsible for a variety of services and programs including: adoption and related services; children-in-care; family support (including homemaker, daycare for teen parents, parent training, and family resource services); children with special needs; senior citizen counselling; services for adults with mental handicaps; health services for children including medical equipment for children in care; summer programs for the deaf/blind; adult and youth alcohol and drug treatment programs; some Family court services; child and youth mental health services; and specified Public Health programs including hearing services, speech and language pathology, nutrition services and public health nursing

Some of these programs are and will continue to be direct services, and some are contracted to service providers such as Nakusp and District Community Services (NDCS).

The Draft Service Delivery Model for Children and Family Services proposes to establish five sub-regions in our area (which match the proposed boundaries for the five new Community Health Councils): Nelson (including the Slocan Valley to Slocan); Trail; Castlegar, Nakusp (including New

Continued on Page 3

Community Honours Retiring Chamber of Commerce Manager

Nakusp and District Chamber of Commerce Manager Julie Gaudet retired after more than six years of service to this organization, and the business community turned out for a surprise roast in her honour Saturday night Jan. 18 at the Manor Restaurant. Gaudet, who also worked for the Economic Development Board and InfoCentre, was thanked grandly by Acting Mayor Sam Crockett, "on behalf of the entire Village."

Ron Balske recounted that Gaudet had been the "glue that held together three organizations working toward the same thing from different directions," which eventually culminated in the Chamber office.

Denis Stanley told of how Gaudet had traded jobs with her previous employer to wind up working for the Chamber, and said, "We owe her a tremendous debt of gratitude for what she has done for the community."

New Denver artist Les Weisbrich presented her with a framed collection of four of his prints in thanks for his invitation to join the Chamber, and her work in getting his brochures on the ferry.

Chamber Acting Manager Shannon Roberts presented Gaudet with a hat covered in buttons, on behalf of all the summer students. Lois Lillies thanked her for her long hours of work training young people in the Super Host Program. Greg Craine thanked Gaudet on behalf of the Chamber, and presented her with a retirement gift.

The Valley Voice

Box 70, New Denver, BC VOG 1S0, Phone: 358-7218 Fax: 358-7793

Publisher/Managing Editor Production

Bonnie Greensword Leah Main. Karen Harris

Published and printed in BC

New Denver Council Notes

business was transacted.

• Regional Arts Show Support: Slocan Lake Gallery Society representative Lorna Obermayr thanked Council for its Letter of Support for the upcoming regional show. She requested a grant from Council to be used toward physical preparation for the show, and reported that two area Arts Councils have pledged financial support and that she also plans to ask RDCK for funding

· Bosun Hall: Council was advised that some federal funding may be available for Bosun Hall. The Committee will meet Jan. 21.

. Public Works: With the new equipment, snow removal from Main example, "Slocan Park may be better St. now takes less than two hours. compared to 4-5 hours previously. Council will send a letter to staff for its commendable job clearing this year's record snow fall from Village streets

The cost for a two-way communications radio for the loader was reported to be under \$1,000.

• Economic Development: The RDCK Local Commission (Slocan, Silverton and New Denver Municipal

of New Denver Council the following Nygren) are exploring the possibility of establishing two Economic Development Commissions through the Chambers of Commerce in Nelson and New Denver. Meetings are planned to discuss funding options and to define boundaries.

In a later interview, Silverton Mayor and Commission Rep Roy Carlson explained that the proposal is only at the discussion stage, but that he feels "Municipalities as a group should show leadership to the Chamber, and focus on a broader base for Slocan, New Denver and Silverton." He said that Silverton supports the concept of splitting the EDC into two areas, because, for served through Nelson's Chamber." He also commented, "Nygren's position is that EDCs in rural communities are not necessarily a good way to spend taxpavers money...but we should at least look at the opportunities." All three Municipal Reps support the proposal.

· Arena Society: At Mayor Wright's request, in response to Ken Casley's letter published in the Valley Voice, Council will invite the Slocan

At the Jan. 14 Regular Meeting reps plus Area H Director Eric Lake Arena Society to the next Council meeting to consider the Society's claim to insurance monies resulting from the Arena Fire. Additionally, a motion by Roddy Reitmeier to give the old ice plant to the Arena Society was carried.

· Veterans Affairs Canada Draw: The Village of New Denver won a draw for an educational package from VAC. The six videos plus memorabilia will be donated to the Reading Centre. Letters will be sent to Lucerne School and the Legion Branch advising them of this.

· Well Head Protection Study: Acting Mayor Brookfield reported on the request (brought forward from the Dec. 10 meeting) by Jeff Bustard and Lorie Langford to share the cost of a well head study. He advised that private developers need to undertake such feasibility processes themselves, and recommended that the Village not participate in the study. Council will advise Bustard and Langford that its position remains unchanged.

• Bylaw No 487/9, Water Waste Disposal: Council gave Third Reading to the Bylaw, which is part of a new building amendment.

New Chief and Truck for Winlaw



Jay Jenkins (pictured above) was elected Fire Chief by the Winlaw Fire Dept. at its Jan. 7 AGM. He has served on the 17-member volunteer Fire Dept.

Jenkins is pictured with the team's new 1989, one-ton 4-wheel drive rescue vehicle, which arrived Jan. 1. Purchase was funded through RDCK, but insurance, licensing and operating expenses are not, and will be raised through various fundraising efforts, including a ventriloquist and magic show planned for Feb. 2 at Winlaw Hall (hall and performances donated)-great family entertainment, with hot dogs, pizza and drinks. The show will start at 7:00 PM.

Slocan Council Report

At the Jan, 8 Regular Meeting of Slocan Village Council the following business was transacted.

- · Bylaw #480: was given Three Readings to authorise the leasing of real property to the Curling Club.
 - · Budget: The Provisional Budget as presented was adopted.
- · Regional District: Committee appointee reported that a Bylaw was passed regarding Paratransit for the area, but the cost to Slocan is not known

RDCK continues to work on and support the effort to keep the Land Title office in Nelson

- Education Committee: WE Graham School has been approved as a Community School, A meeting for the public was held on Tuesday, Jan. 21 at the school:
- · Snow Removal: Heavy snow loads and a breakdown of the grader has resulted in a back log. Extra help was called in to help clean up. The added problem of vehicles on Village property has compounded the problems. A mail drop was approved to notify residents that due to the heavy snow loads. vehicles must be removed from Village streets, or people must be prepared to have them towed.

Slocan Mayor and Councillors

Nakusp Council Notes

At the Jan. 9 Regular Meeting of Nakusp Village Council the following business was transacted.

• RCMP Report: Cpl. Gerry Smith reported that at a recent meeting between Crown Counsel and RCMP. closure of the Nakusp Court House was proposed. Smith said that if that happens, all court hearings for Trout Lake, Nakusp, New Denver, etc. would be held in Nelson, and that any RCMP officers who have to testify in a case would have to go to Nelson. He cited a current case where all four Nakusp RCMP officers have to testify. If the Court House is closed, Nakusp could theoretically be left without police protection during some trials.

Council will write to the Attorney General and to MP Jim Gouk urging them to leave the Court House open.

Smith also questioned whether Council thought the current speed limits in the School Zone should be raised to avoid having to ticket so many people when photo radar is here. Council decided to leave the speed zones as they are.

Councillor Crockett requested more enforcement on the section of Hwy. o from the top of consentent Hill to Carson's. Smith said he was aware of the issue for this area and that enforcement will be beefed up.

• Fire Department: Councillor

Calancia reported that the Nakusp Fire Dept. is concerned with snow covering the hydrants, making them difficult to get at in a hurry. Council discussed ways to keep the hydrants clear, the Adopt a Hydrant plan. where people "adopt" a particular hydrant and keep it clear of snow, appeared to be the most favoured solution. There are already six hydrants in town being kept clear by individuals.

· Bylaw 241-1, Building Permits: This amendment will increase fees. Currently, building permits generate approximately \$10,000 annually. The Village keeps 10% as an administration fee, and RDCK takes the rest. This amendment will also reduce the time frame from 36 months to 18 months, and will increase the fee for renewal. The amendment received Third Reading.

• Highland Helicopters Lease Renewal: Council voted to renew the five-year lease, with changes in lease fees from \$250 a year, which is what they have paid for the last five years (the fee was low to help them get established), to \$3,000 a year.

• RDCK Requisition: Mayor Johnson has written to the RDCK Chairman, protesting the 8+% increase in the RDCK requisition from the Village in the 1997 Provisional

Budget (from \$162,441 to over \$175,000). This is in addition to the landfill tipping fees, which will increase the user fees to residents.

Also, the Rec. Commission has a surplus of over \$25,000 from its 1996 Budget, and has still requisitioned additional funds. Council wants to meet with the Commission's Chair to discuss programs and future plans.

· Wharf Snowplowing: The Village received a \$400 invoice from Glen Olsen for snowplowing and sanding the launching ramp Nov. 1-Dec. 31/96. Olsen was not asked by the Village to do the work and had no contract, therefore Council will decline to pay the bill, in fear of setting a precedent of paying for unsolicited work. Council will write a letter of thanks for services rendered, and explain why it won't pay.

• Snow Removal: From Dec. 9 to Jan. 5, the Village spent \$8,220 on snow hauling and \$1,345 on sidewalk

•1997 Provisional Budget: The 1997 Provisional Budget includes a \$2,434,121 General Operating Fund (\$134,819 Sewer Operating Fund and \$282,823 Water Operating Fund). Treasurer Susan Williams reported that the 1996 Budget appears to be "on track" to date. Final results won't be known until the end of Jan. or later.

Towns Discuss Sharing to Reduce Expenses

A joint meeting was held between the New Denver and Silverton Councils on Tuesday, Jan. 7, to discuss further ways that in a spirit of cooperation they might share equipment, facilities and services in order to reduce expenses.

New Denver and Silverton already have a joint Municipal Emergency Program, use shared equipment for water tank cleaning, and have a mutual aid agreement for fire fighting services and emergency assistance.

Any additional potential shared services have been referred to committee to report back to the next joint meeting of the two Councils.

> Roy Carlson, Mayor of Silverton Gordon Brookfield, Acting Mayor of New Denver

Nakusp Group Objects to Land Use Plan Time Frame

The Nakusp-based Arrow Lakes Land Use Committee has written to BC Environment regarding the Kootenay-Boundary Land Use Implementation Strategy regarding their concerns that the 20-year look ahead should be completed before land use planning is acted upon; that impacts of the plan in terms of employment could be devastating; and that the Strategy should not be implemented in haste.

Their major concerns focus around the apparent "fast tracking" of the Implementation Strategy, with only token community input allowed before the response deadline.

All contents of this newspaper are protected by copyright laws and cannot be used without permission.

Edgewood Negotiating Cutting Plans With RFP

by Joan Jone:

On the evening of Dec. 11, the Edgewood Watershed Technical Committee met at the Edgewood Legion. The meeting was attended by Edgewood Licensees Greg Turner, Jim Prentice, Curtis Hopp, Opal McFarlane and Hans Serrath, along with several representatives of Riverside Forest Products. Representatives from the Ministry of Forests included Chair Bill Hilton and Arrow Dist. Manager Ken Arnett.

MOF representative Warren Holoboff presented information concerning logging at the McGill Creek Woodlot (Lic. #1700), 10 miles north of Edgewood. Logging of the 596 hectare site is due to begin in Mar. 1998. An information meeting for potential applicants was held at the Edgewood Legion Dec. 19.

RFP representative Harold Waters led a discussion of the Yellow Creek/Valley Creek drainage area, which is due to be logged in 1997. Edgewood licensees found that the degree of Mountain Pine Beetle attack in parts of the site did not warrant the proposed scale of logging. They also expressed concern about the visible impact of more logging in that location, which can be seen when driving west from the Needles Ferry on Hwy 6. MOF and RFP feel that battling further Mountain Pine Beetle infestation is of the utmost importance. More studies of the contentious areas will take place in mid-Jan.

Glen Dyck of RFP asked the Edgewood licensees for support in applying for Forest Renewal funding to upgrade RFP's inventory information. The project would take place during the summer of 1997, and local residents would be hired.

Nakusp and RDCK Trying to Solve Recycling Problems

by Mary Wagner

RDCK held an Open House Jan. 14 at the Nakusp Arena to discuss with approx. 40 residents the Landfill User Fees coming up in Mar. RDCK Recycling Co-ordinator Michael Jessen and Services and Waste Management Supervisor Reinhard Trautman explained the necessity of user fees and showed how many pieces of garbage can be recycled. On tables loaded with everything from purchase receipts to egg cartons to tin cans, Jessen demonstrated how these items could be packed together and dropped into appropriate bins. He said, "In a recent study of the RDCK Office in Nelson, we found that 33% of the waste was paper towels. We now have two waste buckets in the washrooms and the paper towels are recycled."

An issue brought up often by Council and others is the recycling facilities in Nakusp... "a mess," "not emptied enough," "space is too limited," etc. Ace Recycling of Castlegar holds the contract, and they have said that the response from Nakusp was higher than anticipated, thus the problems. Councillor Sam Crockett said "RDCK accepted the lowest bid, so we have low quality service."

Jessen responded, "RDCK is trying to get the best bargain for taxpayers' bucks, so we quite often take the lowest bid—but sometimes that backfires. We got the message loud and clear that the people of Nakusp want better recycling facilities, and they will get them, hopefully by the start of the new contract." (Ace's contract is up in Feb.)

Trautman said, "I'm working on a new contract, a whole new proposal now, taking into consideration the first contract (with Ace), new info, and the fact that Nakusp produces more garbage than anticipated... If the new contract is a continuation of what there is now, those bins will have to be committed to be emptied twice a day, or there could be a different system such as "roll-off containers," which are metal containers 20' long by 8' wide, divided into compartments. There's a lot more room, and the whole container can be loaded onto a truck."

Also being discussed is moving the recycling facilities from behind the Village office to the Arena grounds.

Jessen concluded, "Last year Nakusp dumped 8,000 cubic meters of garbage in the landfill, 40% (3,200 cubic meters) of that was recyclable, which could have reduced the amount to 4,800 cubic meters."

Children and Family Services

Continued from Front Page

Denver, Needles, Edgewood, Galena Bay and Trout Lake); and Grand Forks.

Special considerations are acknowledged regarding access to services, travel time, winter road conditions, and limited public and private bus transportation in rural areas.

The Draft proposes the development of Children and Family Services Centres "in locations where the populations are clustered," providing a single site from which numerous services can be delivered, which would be run by a contracted Community Development Officer operating under direction from a Social, Health and Education Planning Committee comprised of Ministry staff, a contractor representative, client group representatives, municipal and/or regional district, police, and service club representatives. This Committee may link directly with Community Health Councils, in an effort to ensure that there is "community partnership in a real way in the management process..."

NDCS Administrator Doug Orr met with the new Ministry's Operations Manager Tim Stiles to discuss anticipated program delivery changes. He said, "This is certainly going to change the way we do business, because it will be an integrated model where direct service staff will work from the same location as contracted staff. The concern of NDCS, which is owned by the community, is to provide open access to our counselling and community programs, while combining with the mandate of the Ministry to protect the child."

Stiles indicated to Orr that they plan to survey clients of all the programs under the new Ministry as an aid to determining how to deliver services—and where to deliver them from. NDCS is lobbying to have two centres: one in the hospital annex in New Denver, and one in the NDCS building in Nakusp.

Orr anticipates that running multiple programs out of these centres would provide huge administrative savings. "There's no question," he said, "that reducing administration costs of running 12 individual contracts...if reduced to one contract would mean we could redirect that money into services."

He concluded, "We had the model for these services already developed by the community. I am optimistic that we can adapt the Health Council community based program model to McFamily."

ICBC Reform Options Unveiled—Decision Due After Feb.

At a Jan. 21 press conference, Andrew Petter, Minister Responsible for ICBC, released the KPMG report on the auto insurance system. KPMG, the consulting firm hired by the province, had concluded that the current insurance system is no longer affordable because of soaring costs (up 158% in the last 10 years). They have offered a number of options for reform of the system, plus recommendations for a comprehensive approach to road safety, product reform and cost-saving strategies that may help extend the ICBC rate freeze.

Insurance options detailed in the report included two "liability" insurance options (including the current system); two "injury" insurance options (commonly referred to as "no-fault" insurance) that limit litigation and two options that combine elements of both liability and injury insurance systems.

These recommendations will be reviewed by Doug Allen, appointed by Petter in Dec. to consult with stakeholders and identify options for ICBC. His report is expected by the end of Feb. No changes will be made to the insurance system until after this report is completed.

Village of New Denver

Residents are reminded that there is a \$15.00 discount on all dog licenses purchased prior to January 31, 1997. All dogs within the municipality are required to be licenced. Numerous complaints have been received in the municipal office regarding dogs, both licensed and unlicensed, running at large. The village will begin an active program for Animal Control under its Municipal Ticketing Bylaw commencing February 1, 1997. The following offenses are subject to fine:

 1. Fail to obtain a dog license.
 \$25.00

 2. Dogs running at large.
 \$50.00

 3. Fails to wear current numbered tag.
 \$25.00

 4. Interfere with Animal control Officer.
 \$50.00

EVEN DOGS WHICH ARE RESTRAINED ON YOUR OWN PROPERTY ARE REQUIRED TO BE LICENSED



ELECTORAL AREA K THE ARROW LAKES DRAFT RURAL LAND USE BYLAW

OPEN HOUSES

The Regional District of Central Kootenay has completed a second draft of a Rural Land Use Bylaw for lands within **Electoral Area K - The Arrow Lakes.** The Bylaw identifies general objectives, policies and regulations for the future development of lands within the Bylaw Area.

Public Open Houses are scheduled in the following communities: (All open houses are scheduled from 4:00 P.M. to 8:00 P.M.)

Monday, February 3, 1997 Edgewood Legion Hall - Edgewood

Tuesday, February 4, 1997 Nakusp Seniors' Centre - 8th Avenue N.W., Nakusp

> Wednesday, February 12, 1997 Burton Community Hall - Burton

Thursday, February 13, 1996 Fauguier Community Hall - Fauguier

Copies of the second draft have been sent to all rural addresses within the Plan Area. Additional copies of the Draft Bylaw may be obtained from the Regional District of Central Kootenay at 601 Verono Street, Nelson, B.C. V1L 4E9, or from the Village Hall office in Nakusp.

For more information, please contact Dave Wahn at (250) 352-8159 or 1-800-268-7325



ARROW LAKES BUS LINES

BUS LINES

Earl (Tom) Hawkins

Mondays, Wednesdays & Fridays New Denver to Vernonvia Nakusp

LEAVES

6 AM New Denver
7:20 AM Kuskanax Lodge
7:45 AM Burton
8:10 AM Fauquier
8:45 AM Edgewood Junction
ARRIVES VERNON 10:45 AM
LEAVES VERNON 3:15 RETURN

BUS DOES NOT RUN ON STAT HOLIDAYS 358-7109



Your gift to the Canadian Cancer Society

supports research, prevention-awareness programs, and help for cancer patients and their families through work done by the B.C. Cancer Agency, the BC Cancer Foundation and the Society. Please include name of deceased, name/address of next of kin and name/address of donor for tax receipt. VISAMC accepted.

Box 821, Nakusp, B.C., V0G 1R0



PLEASE RECYCLE
THE VALLEY VOICE

Letters to the Editor

Opinions expressed in published letters are those of the authors and not necessarily those of the Valley Voice.

To the Editor

The junk mail situation in this town is serious, and getting worse. Piles of junk mail fill the Post Office, crying like little puppies for someone to take them home. The new tipping fees at the dump may force the Village into receivership. Something must be done!

Many people believe that the junk mailers should send about 100 fliers and stick them on the shelf under the UIC news—anyone who wants one can get it. This solution, however simple and costeffective, is short-sighted. Advertisers want us all to read the stuff, and the Federal Govt. wants money for shoving it down our throats.

My solution attacks the problem from the opposite direction—simply print all the coupons on rolls of toilet paper (the good stuff, not recycled steel wool!). Put a coupon on every fifth sheet. Now, you can't just leaf through and throw it away. You have to go slowly so you don't miss anything. Have some free 2-for pizza coupons to get the teenagers interested. Lottery tickets? The list is endless.

The advertisers are happy, because almost everyone who can read uses toilet paper; and the Post Office gets paid to deliver it. Plus, it won't fit into my box.

Every theory must be tested, of course. The Post Office could do this by placing a case lot of toilet paper next to an equal weight of conventional junk mail—come back at the end of the day and see which one is gone. Try it the next day, too. I'm almost out.

David Haslebacher New Denver

To the Editor:

I'm compelled to write concerning the Dec. 19 report Truck Passes Car on Foggy Road—Fatal Accident Results. The...paragraph struck me a bit oddly: "It is believed that the logging truck was attempting to pass another southbound vehicle when the oncoming car emerged through shifting fog." It seemed to be saying that the appearance of the car was an unexpected occurrence. In fact, for the car to be northbound in the northbound lane was entirely appropriate. For the truck to be southbound in the northbound lane was not.

Please be careful not to write history from the perspective of the victor—ie, the survivor. It puts a subtle but unfortunate bias on a very sad and preventable event, and shifts the focus from where it should rightly be

To the Editor:

As the 21-year-old youth coordinator representing Turtle Island Earth Stewards (in Winlaw), I'm writing in regards to government's apparent lack of concern to fulfill their obligation to educate and inform the public on critical issues that directly affect ecosystems and the forest industry, for our generation and many more to come.

After realizing the implications of the Kootenay/Boundary Land Use Plan, Implementation Strategy on our community, our organization, dedicated to responsible husbandry of our lands and resources, felt compelled to ask that government use the extended time period (Feb. 28/97) to implement, and listen to, community and focus groups with extensive knowledge pertinent to the potential impact of the draft Implementation Strategy.

Governments' blatant disregard for education is not only demonstrated by actions involving the Implementation Strategy, it has forced itself into education programs designed for the youth in our area

STEP (Skills, Training, Employment Project) at Six Mile, Nelson, is a perfect example of this. This organization has an outstanding history of safety education and training youth inforestry...I believe that with proper awareness of this project, its extinction wouldn't be a consideration.

Education, negotiation, and cooperation are the fundamental building blocks of our society. In order for us to ensure a solid future for ourselves and generations to come, we must be educated, given a say, and be heard! Please educate yourselves on these issues; call me at 355-2341 or Turtle Island Earth Stewards at 226-7031, and help give our children a voice.

Loretta Thomason

To the Editor:

My friend and neighbour Jim Demers is confined to jail awaiting trial. Let's examine his "crime." He is separated from his family and treated like a criminal for peacefully stating that "Every human being has the inherent right to life" (UN International Covenant on Civil and Political Rights). He also stated that "The (right to life) shall be protected by law and, in general, from conception." (Organization of American States' Declaration on Human Rights). In discussions with others about Jim. I've heard him called a fool and "worse than in infidel" because he isn't at home looking after his family. Those who are aware of what is at stake, support, admire and respect Jim and his family.

So what are the issues: Jim is feeling the full force of the State because he dared to obey his con-

science rather than its authoritarian dictates. Iim exercised his freedom of expression and peaceful assembly in defense of the innocent unborn child in an area where the NDP decreed he could not do such (the bubble zone). The socialists responded like Nazis (national socialists). They lock him up and attempt to silence him. Common sense tells anyone willing to listen that a fetus is a human being from conception. It is wrong to arbitrarily terminate human life one month after conception or 70 years after conception. Both Divine and Natural Law are against such selfish and arbitrary acts.

...By taking a stand, Jim Demers is doing everything he possibly can do to look after the future of his family and the society we are all a part of.

Brian Zacharias Nelson

To the Editor:

My name is *Buddy*, and my head hurts. The Vet says I can go home in a few days, but I'll possibly never see out of my left eye. I can't hear very well in my left ear, and my shoulders hurt...all because I'm a dog and I chase things.

I didn't know that loose rabbit was somebody's pet, and really what do I know about fences? It was fun, right up to the time that the human hit me three times on the head with that hard thing (they called it an axe). After he hit me, I didn't know where I was or who I was. I just had to get away.

Luckily, my owners called me with their familiar voices, and through the haze I headed for them.

The large thing (still holding the axe) was shouting human noises at my master, who was trying to comfort me.

I tried to walk with them to "home," but I could hardly stand up.
They finally got me into "my" yard and "my" shed. From there, I was taken to the Vet.

Hope I get to see that familiar place again soon.

Buddy Stabler Slocan

PS: I'm home again, with a plastic plate in my head, a shunt to take away the drainage and 12 stitches to hold it all in.

MATTIE'S
FAMILY RESTAURANT

Mattie's Creative Juices are going WILD!!

Clubhouse Spectacular!!

served with your choice of Soup, Garden Salad, Caesar, Potato Salad or Fries

Mediterranean Pepperoni Club Shrimp House Chicken Club Vegle Club Greek Club



IUST CHICKEN BURGERS

Santa Fe Burger • Hawaiin Cordon Bleu Teriyaki Chicken Burger • Cajun Chicken Burger

WATCH FOR LOTS OF <u>NEW</u> CREATIONS

Now closed at 2 pm MON. & TUES. ONLY

BChydro @ PUBLIC NOTICE

Please be advised BC Hydro crews will be hazard tree marking in the Silverton, Red Mtn. Road, New Denver, Hills & Summit Lake areas.

FOR FURTHER INFORMATION CONTACT NAKUSP OFFICE AT 265-3626







Province of Ministry of British Columbia Forests

NOTICE OF PUBLIC MEETING

Arrow Forest District

The Arrow Forest District invites all interested individuals and groups to view and comment on Watershed Restoration Program Plans.

Public viewing will take place on the following dates and locations. Please note that Watershed Restoration Plans include works that may impact historic road access. In addition to these viewing opportunities, plans are also available for viewing at the office of the Ministry of Forests, Castlegar office, written comments concerning these plans must be received by April 14, 1997.

LOCATION	TIME	AREA OF CONCERN
Castlegar Sandman Inn	3:00-9:00 pm	Bowman, Michaud & Cinnamon Creeks
Edgewood Legion	1:00-5:00 pm 7:00-9:00 pm	Inonoaklin & Eagle Creeks
Nakusp Legion	3:00-9:00 pm	Fish River, Fullmer-Marlow Creeks, Wilkie Creek
Nakusp Legion	3:00-9:00 pm	Fish River, Fullmer-Marlow Creeks, Wilkie Creek, Wilson & Hoder Creeks
Slocan Silvery Slocan Hall	3:00-9:00 pm	Hoder & Wilson Creeks
Castlegar Sandman Inn	12:00- 7:00 pm	Erie Creek
	Castlegar Sandman Inn Edgewood Legion Nakusp Legion Silocan Silocan Silocan Castlegar	Castlegar Sandman Inn 3:00-9:00 pm Sandman Inn

For further information please contact George Edney, Watershed Restoration Forester, the Ministry of Forests, 845 Columbia Ave. Castlegar, B.C., V1N 1H3 or by telephone at (250) 365-8600.

Ken E. Arnett District Manager Arrow Forest District

Patricia McGreal

The Valley Voice welcomes letters to the editor on any topic of interest to our readers. All letters must be signed and have a daytime phone number. We will not knowingly publish any letter which is derogatory, defamatory or libellous. Letters are subject to editing for clarity and brevity. Opinions expressed in published letters are those of the aron and not necessarily those of the Voicel is our policy to publish letters on any given subject, for only two issues of the paper. Please limit your letters to 150 words.

The best business is local business.

Garden Column

I had such a good time doing this week's column -gardeners are so enthusiastic about their seed companies and their special varieties of seed

My first contact was with Janet Spicer, who, with her father Chris, has the most wonderful organic vegetable market garden in Nakusp. I know of no one else who devotes so much time to ensure her crops are grown with the very best seed, fertilizer and soil conditions.

One of Janet's favourite suppliers is Shepherd's Seeds (30 Irene St., Torrington, Conn., USA, 06790, phone: 860/482, 3638). The seeds are expensive, but each variety has been researched to be the very hest For instance Janet orders their Jericho lettuce, which was developed in Israel to withstand tip burn, and to be very tender. They also have indepth information on how to grow everything

Janet finds Stokes Seeds Ltd. (39 James St., Box 10, St. Catherines, Ont., L2R 6R6, phone: 905/688-4300) to be very affordable, and in the last few years they have expanded their untreated seed offerings. Janet particularly likes their cabbage and carrot varieties, and enjoys trying the new varieties they offer every year.

Another Canadian supplier is Vesey's Seeds Ltd. (York, Prince Edward Island, COA 1P0, phone: 902/ 368-7333). Janet mentioned that

maturation dates in Canadian catalogues are almost always right, but with American catalogues she usually adds two weeks to the date, except those for cool season areas. Vesey's high points are their maturation dates and their new releases each year.

Johnny's Selected Seeds (Fosshill Rd., Albion, Maine, USA, 04910-9731, phone: 207/437-4395) is great for salad and squash varieties.

For flower lovers, the ultimate catalogue is Park Seeds (Cokesbury Rd., Greenwood, South Carolina, USA, 29647-0001, phone: 1/800-845-3366), with great photos for almost everything.

Territorial Seeds (8475 Ontario St., Unit 206, Vancouver, BC, V5X 3E8, phone: 604/482-8800)is Canadian and takes an organic approach to horticulture. They have wonderful descriptions of green manuring, and soil health and care. Seeds developed for Coastal BC (which has similarities with our area), with interesting greens and salad varieties are high points of this company. Janet also stressed that she chooses her vegetables for taste, not for how well they ship.

William Dam Seeds (PO Box 8400, Dundas, Ont., L9H 6M1, phone: 905/628-6641) is the catalogue of choice for Trudy Broughton of New Denver The seeds never fail. always germinate, and, being of Dutch heritage, Trudy likes the fact that they have European bean seeds. She describes the beans as "meaty. slender, and they don't go to seed too quickly." She particularly mentioned a variety called Montano which is described as "an improved Dutch princess variety."

Carma Sherrod of Hills, like myself, is an avid plant collector and landscaper. Her catalogues reflect this, with Pickering Nurseries Inc. (670 Kingston Rd., Pickering, Ontario, L1V 1A6, Phone: 905/839-2111) carrying hard-to-find, rare and antique roses.

Ferncliff Gardens (8394 Mc Taggart St., Mission, BC, V2V 6S6. phone: 604/826-2447) has a wide variety of dahlias, daylilies, iris, gladiolas and peonies.

Carma's favourite catalogue for browsing and buying is Rainforest Gardens (13139-224 St., RR #2, Maple Ridge, BC, V2X 7E7) Advertised as primarily a "shade" perennial catalogue, it also contains an excellent list of companion plants for sun. It has Latin names, very detailed plant descriptions and, best of all, plants arrive in excellent

For herb plants and seeds, with plants again arriving in good condition, Carma uses Richters Herb Catalogue (Goodwood, Ontario, LOC 1A0, phone: 905/640-6677).

Just a little plug for Salt Spring Seeds-this is the book for serious gardeners, with incredible lettuces, a huge selection of drying beans, and various grains with no hulls for easy threshing. The catalogue also goes into detail on how to save your own seeds. A very ethical business.

I'm afraid that's all the interviewees I can fit into this column. I know, along with our magazines. we can fill weeks reading and browsing.

Ray Nikkel is landscape designer with Valley Landscape Nursery.

Valley Landscape Nursery & Aquatics Hwy 6, Hills

STOKES & TERRITORIAL PLANTING SUPPLIES SEEDS ARRIVING SOON ~ Potting Soil

Fertilizers ~ Bulk Fish Food

OPEN Hours till Mar. 1 TUES. - SAT 12 - 5 closed Sun & Mon

rouse

other seeds now in

FLOWERING PLANTS

· Bouquets ·

• Gift Baskets •

• Tropical Plants •

Bobcat Service Peter Fischer 265-4773

- Excavation Landscaping Water & Power Lines Sewer Systems
- Snow Removal AND MORE...

There's no business like snow business.



• FREE Expert Testing Proper Sizing

368-9402 367-6643 AFTER HOURS

 Expert Installations Service To All Makes

Clean 368-9402

S...We soften, filter, remove iron and sediment S...We have R.O. and U.V. drinking water systems ..We rent and lease to own for a low monthly charge

Village Bread & Pastry Shoppe

Fruit Slices

- Mincemeat
- Cherry
- Apple
- Coconut

 Walnut 45¢

265-3114

614 - 4th Ave NW, NAKUSP

Nakusp Pumping & Septic Service FOR ALL YOUR PUMPING NEEDS. A Royal Flush Boats a Full Hou Art Dunn

Bobcat & Backhoe

Services

Aqua

McKE

pet & Upholstery Cleaning



358-2500

· Certified Stainmaster Technician · Environmentally Friendly System

Serving Burton to South Slocan

LOOK FOR FRESH **BREAD & PASTRIES** AT LOCAL RETAIL STORES from



"Your Local Wholesale Bakery"

104 Silica St., Nelson 354-4428

PLEASE NOTE:

In support of Recycling, the Valley Voice does not charge for classified ads offering items free of charge

Recycling—It Doesn't Alway\$ Pay in the Short Term

Recycling can cost money, according to Ace Disposals owner Dean Kattler. Ace holds the recycling contract from Castlegar through the Slocan Valley into Nakusp. "It's tough," stated Kattler. "It's been like this the better part of a year. The recycling industry is losing millions of dollars...a case of virgin paper can be purchased for less than recycled. Mixed paper, which is the majority of paper re-cycled, was \$100 a ton a year and a half ago-now it's \$50, so you're paying to get rid of it."

"Cardboard and newspaper was the gravy," he continued. "Newspaper was at \$210 US-now it's down to \$40 a ton."

He said that while tin and glass never gave a "high return," it is now actually costing him to dispose of it. "I've got 50,000 pounds of glass. Instead of the company sending me a cheque for it, now I get an invoice to pay.

Kattler is very frustrated, and said, "In Nelson, the RDCK funds the whole recycling program, and it doesn't make any difference how much they make back because the taxpayers pay in the end. But what I sell a product for does matter, since I'm only paid the same amount [on contract] per month."

RDCK Recycling Co-ordinator Michael Jessen said, "We do want to sell the stuff we take in to offset what the taxpayer pays." He agreed with some of Kattler's points, but pointed out, "Recycling is very cyclical-in every 10 years, three will be a seller's market, and seven will be a buyer's market. It's a very complex issue. One example is cardboard: in 1990, net revenue was \$30.30/ton, in 1991, it was \$38.62, in 1992 \$33.42...by 1995 it was up to \$148.92...and in 1996 it was \$22.56. There was a downturn in 1996...there was not as much manufacturing and demand for cardboard boxes. Another influence is the Pacific Rim-countries such as Japan, Taiwan and China...have cut down all their trees and go on a buying spree every 2-3 years..."

Jessen did agree wholeheartedly with Kattler that there needs to be more use of recycled paper, and said,

"The government can do things to encourage the industry, like putting Recycled Content legislation in place..." and added, "The problem with recycling plastics...revolves around our attitude. We have always been the resource basket to the world, and our tax structure is for continued use as a resource extractor. Industries engaged primarily in resource extraction pay a lower tax rate than those involved in the production of secondary (recycled) materials. A study by the Canadian Council of Ministers of the Environment concluded that the Canadian tax system subsidizes the production of virgin materials at the expense of recycling."

He suggested that ending the system of tax breaks that makes it cheaper to produce virgin metal and paper than to recycle it, would make secondary materials competitive and would "improve recycling markets, start new manufacturing industries, create jobs, stimulate economic growth and lower the cost of products made from recycled materials."

An All-Bach Evening at the Bonnington

An evening of Bach, played by flautist Robert Bick and pianist Roslyn Frantz, is in store at the Bonnington Saturday, Feb. 8. The original concert (posted in the brochures) was cancelled due to severe illness of one of the performers, but Miss Frantz was preparing another series of concerts with Bick, and the Arrow Lakes Arts Council was able to get them instead.

Miss Frantz, aresident of the Okanagan Valley, is well-known throughout the Kootenays. She will perform both as a soloist and accompanist in the all-Bach evening.

Bick is new to the area, having moved to the Slocan Valley from Toronto in 1993. He founded the Galliard Ensemble, which for 10 years was one of Canada's foremost chamber music groups. He will perform with Miss Frantz, as well as presenting some pieces for

Bick has performed and recorded a wide array of music from Baroque to avant garde, and has received rave reviews throughout Europe and North America.

Come join us at the Bonnington Saturday, Feb. 8 at 8:00 PM.



Prepare Now for Valentine's Day Poetry Passion-fest by Caroline Woodward

Cold hands, warm heart? Cold feet, hot lips? Anyone possessing any combination of these qualities is invited to the Third Annual (more or less) St. Valentine's Poetry Confessional at Silverton Gallery on (yes!) Feb. 14. The Slocan Lake Gallery Society is proudly sponsoring this no holds barred passion-fest as one of its fundraisers. As in the past, brave soul can sing, dance, mime, recite, juggle, fire... whatever it takes to get the point across to your loved one in four (4) minutes flat!

Prizes, sweet treats and a guaranteed good time for all. Please register in advance, or ask for more information at the Motherlode Bookstore by Feb. 12.

Winter Blues Boogie Your Chance to Shake the Winter Blues by Fran Wallis

Dance those blues and that flu away, at the Winter Blues Boogie with Dr. Fun and the Nightcrawlers, Feb. 1 at Silverton Memorial Hall.

This is the fourth annual Winter Blues Boogie with this eight-piece rhythm and blues group from the Grand Forks area. Appealing to all tastes, this high energy dance band features a hot brass section that does well with the good acoustics in the hall. This year, Hills resident Helen Davis will appear as a guest vocalist. She is a member of the Euphorics, a Vancouver a capella group.

Dancing begins at 9:00 PM, and refreshments will be available throughout the evening. All proceeds from this event go to the Slocan Lake Gallery Society.

The Winter Blues Boogie promises to be sold out, so get your advance tickets early-from the Broadway Deli in Nakusp, The Apple Tree and Motherlode Books in New Denver, and Silverton Hotel in Silverton. This is an adults only event.

Ground Hog Day Celebration Will Help Support Seniors Housing

Want to hear some old time fiddling, roast a hot dog on the bonfire, watch the ground hog show up to see his shadow? Then put it all together and come out to celebrate the donation of land for a seniors' housing project in Passmore on Sunday, Feb. 2, Ground Hog Day, 1:00 to 3:00 PM, with a short ceremony at 2:00. The party is for everyone of all ages, and the Hall will be open to keep warm and visit inside as well as out.

It's a great occasion—the first major step toward building seniors' housing in the southern Slocan Valley. A group of families has donated 2.5 acres right next to the Passmore Hall for the project. Woodworking students at Mt. Sentinel are working on a big sign to mark the future building site. This sign will be erected at approx. 2:00 PM on the afternoon of the celebration. Rumour has it the Ground Hog may wake up from his long slumber to look for the sun and show his support for the project.

This event marks the efforts of many people in coming this far; thanks the community for its support; and thanks the families who donated the land. Please come celebrate with family and friends

Silverton Gallery Plans for Regional Juried Show in May

The 18th regional juried art show, Celebrate Kootenay Boundary Regional Art Exhibit, will be held at the Silverton Gallery, opening May 3 and remaining on exhibit through May 11. Plans being made for the Gala Opening Weekend by the Slocan Lake Gallery Society, host arts council for this year, include studio visits, demonstration workshops, a tour of the Nikkei Japanese Memorial Centre, critiques and an open discussion with jurors on Art in Nature in Art. Jurors this year are Eli Bornstein, Professor Emeritus and former Chair of the Art Dept. at the Univ. of Saskatchewan; and Courtney Anderson, faculty member of Kootenay School of the Arts.

Some changes have been made in this year's show. As a part of the restructuring of the BC Festival of the Arts Images & Objects show (now to be called ArtWORK), only three pieces may be chosen from each regional show, with the remainder to come from submissions of slides by individual artists. The Exhibition Committee decided that participation for this year was not in its best interest. Artists still have the option of entering slide submissions directly to ArtWORK, BC Festival of the Arts, 300-764 Yates St., Victoria, BC, V8W 1L4. Entry deadline is Feb. 10.

At the regional show, jurors will select several works of merit for a tour of the Kootenay Boundary region, as well as awarding some cash prizes.

The regional show is open to all artists and media, although there will be some size limits due to the exhibition space. Entry forms will be sent by the end of Feb. to all artists who submitted work last year in Grand Forks. Any other interested artists may contact their local arts council or write to Silverton Gallery, Box 123, Silverton, BC VOG 2B0, Entry deadline will be Apr. 11. For further information, please call Lorna Obermayr at 250/358-7965.

Visual Arts Alliance Second Meeting Planned

The Alliance of Pacific Visual Artists will hold its second meeting at the Kootenay School of the Arts, 503 Front St., Nelson, on Sunday, Jan. 26, 6:00 PM. Any visual artists interested in being part of a brave new province-wide organization run by artists to promote and support the visual arts in BC are encouraged to attend. The provincial and regional future of APVA will continue to be discussed, and there will be an opportunity to brainstorm what, where, who, why and how artists want to be represented.

For more information or to contribute ideas please call APVA regional rep Jessi Ellingson at 1/250-352-1743.



CRAFT CLASSES

TOLE PAINTING

TEENS & YOUNG ADULTS WILL LOVE TRICIA'S **Jewelry Making**

NEW BEADS IUST ARRIVED Come In &

Register Soon!! 265-3336

AN EVENING OF FLUTE & PIANO

playing Bach, performed by Robert Bick & Roslyn Frantz

BONNINGTON ARTS CENTRE 8 pm •Saturday, Feb. 8

ALL SEATS \$15

Tickets available at Broadway Deli or the Door SPONSORED BY ARROW LAKES ARTS COUNCIL



Books! Kites! Games & Cards!

Knock 'em down! Drag 'em out! 20% off everything in the store SALE!

Friday & Saturday. Feb. 24 & 25 ONLY

* No rain checks. LOTS OF IN-STORE 30%-40% SPECIALS!

※ Winter Hours ※ 12 Noon - 5 PM - Monday - Saturday

in small-is-beautiful New Denver 358-7274

Wanted:



Make a date with Decorating Den and take advantage of special savings now through January 25:

Venetians: 40% off Pleated: 35% off Honeycomb: 35% off

ONLY 3 DAYS LEFT!!

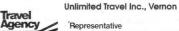
DECORATING TIP: Customize venetians Enliven your rooms by having several slats done in the accent colour. For example: in a Glacier white blind have a stripe of six slats done in Pompeian Red.

Call us at 265-4011 or 352-6060 for blinds and all your interior decorating needs.

TRAVEL AGENCY SERVICE Caribbean Cruise from \$773. Canadian Funds

KELOWNA - MEXICO departures still available

Call 1-800-661-6001 BOOK NOW FOR EUROPE • (Special Spring Fares)



Representative



Effectiveness and efficiency are not the same thing and although these terms are often used interchangeably, they

have different meanings. In business we measure efficiency in terms of quantity, quality, time, cost and profit margin. People who are really efficient will produce or sell more than their peers. Efficient people need less supervision because they understand the task at hand.

Work methods, procedures and systems can also be rated for efficiency. For example, using the X method we can produce 20 widgets an hour at a cost of \$1 per widget; but by using the Y method we can produce 25 widgets an hour at a cost of 75¢ per widget. We can agree that Y seems a more efficient method production. But is this effective?

Effectiveness focuses on defining the probelm to be solved and then ensuring that efforts are aimed at the correct end result. The required goal or target has been clearly defined. Then everything we do leads us to that goal along the most direct path. Effective people find out what needs to be done and then achieve it. Being effective means identifying what we really need to do, and then sticking to it.

The difference then between effectiveness and efficiency is this:

Effiency is doing the thing the right way. There is no better way to do the thing that you are doing, the method or system cannot be improved upon.

Effectiveness is doing the right thing to begin with. It is knowing clearly what you want to achieve first, then your efforts are applied to solve the right problem.

In business we should concentrate on being effective first and efficient second. Because, it really doesn't matter how efficiently you can produce widgets if they are the wrong widgets to start with.

Until next time, good business to you.

Sandon Power to be Supplied by Silversmith

BC Utilities Commission Secretary Rob Pellatt confirmed that Silversmith Power & Light Corporation (SPLC) owner Hal Wright purchased the Silversmith generating station and distribution system in Sandon from Treminco Resources Ltd. in Nov. SPLC will provide electrical power to approximately seven homes in Sandon. Pellatt advised that planned upgrades include refurbishing the method of getting power to customers.

Residents will be required to pay \$150 interest bearing security, the cost of inspected upgrading (from pole to home) to install meters, and a \$100 connection charge. The cost of the meters will be born by SPLC. A flat monthly rate of \$75 will be charged during the transition period. Power will then be supplied at a metered rate of .075¢/kilowatt hour, with a minimum monthly charge of \$75.

Mr. Dow at Nelson's Safety Engineering Services (Electrical Inspections) advised that residents will need certified, registered and bonded trades persons to do the electrical upgrading. Poles will be put in and there will be joint poles with BC Tel. Dow advised that all utilities are inspected annually through an Annual Utility Permit application. Costs for upgrading the system are submitted in an application to BC Utilities for approval and, if approved, amortized over a number of years and passed back to the consumer.

Chamber Has Decisions to Make at AGM

The Slocan District Chamber of Commerce will hold its AGM on Wednesday, Jan 29, at 7:00 PM in the Silverton Gallery. 1997 memberships will be available, and only paid-up members will be allowed to vote.

Before the election of officers for the new year, a short business meeting will take place. A final vote will be taken on whether to change the name of the Chamber from Slocan District Chamber of Commerce to New Denver and Silverton Chamber of Commerce. It will also be decided whether to move the southern boundary of the Chamber's area from Lemon Creek to the Cape Horn Bluffs.

Reports will be given on Rosebery Bluffs signage, 6th Ave. bike racks, and Forest Renewal BC.

Membership rates will remain the same: Individual, \$25; Non-profit organization, \$35; Business with 1-2 employees, \$45; with 3-6 employees, \$55; over 6 employees, \$65.

As a small group of volunteers the Chamber accomplished a lot in the last year. Only with your participation can

Columbia Trust Seeks Input for Long Term Planning

The Columbia Basin Trust is now creating a first draft of its long term management plans, and seeks public input These plans will provide criteria for how the Trust will invest its capital funds, and how it will re-invest or spend the money earned from these investments.

The Trust has developed a workbook which explains the history and purpose of the Trust and outlines some draft policy for comment. It also has a section on social, environmental and economic benefits where the Trust has not yet developed policy. The Trust wants people to give their ideas on developing criteria for delivering these benefits to their communities, and to the Basin as a whole. The workbook, which was originally developed for use in facilitated community outreach sessions, is easy to get—call 1/800-505-8998, and one will be mailed to you.

It is also easy to use—once you have reviewed the material, write down your ideas on the coloured tear-out sheets in the workbook and send them back to the Trust. If you have questions about the information in the workbook, call the toll free line and a staff person will assist you. Input received by Feb. 15 will be combined with ideas received from people around the Basin, and will be reflected in the draft plans.

The first draft plans will be presented to the public at the next Symposium, scheduled for Apr. 11-13 in Revelstoke. The contract for planning and delivery of this Symposium has been awarded to a team of consultants who are resident in the Basin. A group from Community Futures Development Corp. (CFDC) Enterprise Centre in Revelstoke are working with Susan Mulkey and Assoc., based in Argenta, as joint partners.

Medical Expenses—How to Make Them Deductible

by Mark Adams, CGA

Many people give up trying to claim medical expenses on their tax returns because they think they don't have enough to qualify. The first 3% of your net income is not deductible—for example, if you have an income of \$30,000, the first \$900 of medical expenses is not deductible. This is true up to \$1,614 in medical expenses, and then the threshold doesn't go any higher.

There are a few ideas that might make your claim deductible.

Since we live in a remote area, we often have to drive long distances to get the medical services that we need. Trips of over 40 km each way are deductible. Revenue Canada allows a flat rate of 31¢/km for the first 5,000 km, and 25¢/km after that. A trip from Silverton to Nelson and return, for instance, is worth \$62. Those trips can add up! Of course, the travel is only deductible if you have to make the trip; it's not deductible if you just like a dentist in Nelson better. For trips of over 80 km one way, you can also claim meals and accommodation.

If you're married or common-law, put all the family's medical expenses on the lower income earner if they are

COLUMBIA BASIN TRUST WORKBOOKS AVAILABLE

The Columbia Basin Trust is providing an opportunity for people to give their ideas on how the Trust should invest its capital funds, and re-invest or spend the money earned from these investments to provide social, economic and environmental benefits to the residents of the Basin.

Easy to use workbooks provide information about the Trust and its current direction and asks you to provide your comments on coloured tear out sheets by February 15, 1997.

TO GET A WORKBOOK CALL TOLL FREE 1-800-505-8998

NOW IS THE TIME TO GIVE US YOUR OPINION ON HOW THE TRUST BENEFITS SHOULD BE DELIVERED IN YOUR COMMUNITY AND IN THE BASIN

New Denver Insurance Agencies Ltd.

wishes to announce that ANDERSON INS. from Castlegar has purchased the business.

I WOULD LIKE TO THANK ALL MY **CUSTOMERS FOR THEIR SUPPORT** FOR THE PAST THREE YEARS AND WISH ANDERSON INS. ALL THE BEST.

Louise Scheerschmidt



PROPOSED FOREST DEVELOPMENT PLAN, FIVE YEAR SILVICULTURE PLAN AND WATERSHED RESTORATION PLAN PUBLIC REVIEW

Notice is hereby given that Slocan Forest Products Ltd, Slocan Division, will hold a public viewing of their proposed development plan, five year silviculture plan and watershed restoration plan for Tree Farm Licence #3 and Forest Licence A20192.

These draft plans show the location and orderly development of proposed harvesting; road development, maintenance and deactivation. The plans also include information on the maintenance and protection of other resource values in the area. They are available for review by resource agencies and the public before approval is considered by the Ministry of Forests. All approved operational plans and higher level plans that encompass the development area will be made available for viewing at this time.

The plans will be available for review at the following locations:

discuss the proposed plans and receive comments.

The plans will be available for review at the following locations:

Licence Location Date Time
T.F.L. #3 Silvery Slocan Social Centre Feb. 13, 1997 3:00 pm -9:00 pm
Representatives from Slocan Forest Products Ltd. will be available to

If any interested parties are unable to review the proposed plans during these times, arrangements can be made to view the plans at a mutually agreeable time at Slocan Forest Products Ltd.'s office. For those unable to travel to Slocan Forest Products Ltd.'s office, the plan can also be viewed at the Arrow Forest District office after the initial public review. All comments must be submitted to and received by Slocan Forest Products Ltd. by March 20, 1997.

Please contact Alex Ferguson, R.P.F. at (250) 355-2100 or in writing at Slocan Forest Products Ltd., 705 Delany Ave., Slocan, B.C., VOG 2C0

Ready to RAM your computer?!

Arrow Lakes Computer Services For computer sales and service.

Call John in Nakusp @ 265-0090 "Sove yourself a trip to Vernon."

SLOCAN DISTRICT CHAMBER OF COMMERCE

Annual General Meeting

Wednesday, Jan. 29 7:00 pm Silverton Gallery

taxable. This reduces the threshold amount.

You don't have to claim on a calendar year basis. You can claim for any 12 month period that ended in the tax year.

Remember that medical expenses include payments to chiropractors, optometrists, acupuncturists and naturopaths, and payments for eyeglasses and contact lenses.

The Valley Voice January 23, 1997 Page 8

Anderson Insurance Agencies Opens Office in New Denver



Anderson Insurance Agencies Ltd., now on New Denver's Main St., purchased New Denver Insurance and opened for business Jan. 2. The family has owned and operated an insurance agenciy for years—they just celebrated the 50th anniversary of their Castlegar office last Sept.

Family member Scott Moorey explained, "This was a good business opportunity—the price was right, and there was no other agent in the trading area."

At AIA, you can get full ICBC coverage, general insurance (homes, businesses and recreational), and Motor Vehicle office services—you can renew your driver's license, for instance. They have "a great home-based business package: you can add it on to regular house coverage, and increase the liability and business contents coverage for less than having two different policies."

They also have a very knowledgeable life insurance representative, who will travel to the customer's home to discuss their insurance needs.

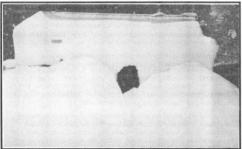
Other options they now offer at the New Denver office include temporary vehicle operating permits, senior's discount packages, new home claim free discounts, and travel insurance.

Moorey said, "We are an independent insurance broker, representing seven different insurance companies—so we can offer lots of selection, and can tailor a policy to suit the needs of each individual or business. We are committed to the community, and we're here for the long haul."

Not only that, but they are set up to take pre-authorized monthly payments.

Do check out Anderson Insurance Agencies in New Denver for all your insurance needs.

Avalanche Danger Rated Extreme...



by Mary Wagner

Kevin Koester returned home in the early morning hours of Jan. 8 to stare in befuddled amazement at the solid sheet of snow that had slid off the roof and covered the entire front of his house. Koester kicked an entrance hole through the sheet of snow and spent an good portion of the day sharing this interesting looking effect with no-less-impressed friends.





Saturday February 1

Beach Party



Finally, we have escaped the long and cold Canadian winter. It is Feb. 1st—imagine we are travelling somewhere in Mexico. The heat is extreme and the only

place to be is **WYLIE'S PUB**, right on the beach. It's Saturday and a great beach party is on today. People are friendly and relaxed. Everybody is having a good time. The Beach Boys seem to have made another comeback and *Cuba Libre* is the drink of the season. Surfin' and Scuba Diving have become

everybody's passion.

WYLIE'S PUB is packed with sunworshippers and

WYLIE'S PUB is packed with sunworshippers and beachbums alike, craving for exotic refreshments and hot foods Mexicali-style. Wish you were here!

Bring your pail & shovel for the sand box! DON'T FORGET A BEACH BALL SNORKEL & FLIPPERS ADMISSION: Beach Party Clothing Required









Recycling Depots are open in:



Slocan • Mountain Valley Service • Silverton • Municipal Office • New Denver • Municipal Office • Nakusp • Municipal Office • Please Use Them!

he Sinixt, a semi-nomadic people considered the Mother Tribe to people of the surrounding areas, inhabited this region since time immemorial. They had an extensive material culture, their own form of government, and spiritual beliefs integrated into their daily life.

By the late 1700s, a series of catastrophic events would occur that would shatter the Sinixt Nation.

discovered in BC. While this is a

period of time much touted as a

'glorious" and "unsurpassed" era by

such historians as Bill Barlee (Gold

Trails and Ghost Towns, CHBC), it is

a time in Sinixt history of brutality

ment at Fort Vancouver had been

receiving dispatches from Fort

Shepard, a Hudson's Bay Co. fort

near Waneta, which mentioned the

growing tension between the Sinixt

and the gold miners. "We must exer-

cise great caution and vigilance in

that quarter, as I fear there is likely to

be trouble between the gold diggers

and the natives," was the message

received in 1857 from Sir G. Simpson.

Officials sent back orders to "be care-

ful not to encourage them to resist the

influx of gold diggers or we may

become embroiled in serious diffi-

culties." (1857, Hudson's Bay Co.

mid many tales of horrific ex-

periences passed down among

the Lakes people is this one by

Carmelita Campbell (Sinixt),

recorded in a taped interview.

Campbell was telling the story of

how her ancestors had guided some

white people up into the BC mountains

to find gold. "That night, white people

came back and started slaughtering

the Indians so they won't tell anybody

the Colville Reservation was split in

half. It was originally called Fort

Colville, and consisted of several

different co-federated tribes. "There

is no Colville Tribe," said Robert

Watt, Caretaker of the Sinixt Burial

traditional Sinixt territory which

crosses the US/Canada border. The

Lakes people have never acknow-

ledged, and do not now acknowledge,

of the 48th Parallel, 1,500,000 acres

were opened up because of the

discovery of gold in the northern part

of Washington State, pushing the

Lakes people back and cutting them

Gold Commissioner for the colonial

government, arrived in the interior in

people attempting to defend their

homeland against the miners from

the south. Cox warned the miners and

the Sinixt not to bother each other,

and posted the area at the mouth of the

Kootenay River on the north side of

its confluence with the Columbia, as

established Lakes village called

This area was already a well

the Brilliant Reserve.

When W.G. Cox, acting as the

off from the rest of their territory.

In the North Half, located south

this border

This area includes part of the

It was also around this time that

else...I heard it from my folks."

Officials of the colonial govern-

and murder

Archives)

"When the British Crown decided," recounted Marilyn James, Spokesperson for the Sinixt Nation, "that they needed the territory ...needed to assimilate the Indians ...needed more control...Who do you suppose they're going to attack first? They're going to attack the strongest leadership role in the community ...those are the people they want to break the back of first. So when the authorities decided to break the back of the Sinixt People, they decided to commit genocide...and conducted the first germ warfare, by sending in smallpox blankets..." The blankets were brought in along the greasy trails, trails used by the Sinixt people themselves

"When the first of five shipments of blankets arrived," continued James, "my people were diminished by 50%. People were dying everywhere, left and right... It wiped out entire villages. Then another wave of blankets arrived, and again 50% died...and anothershipment...My people started to leave. They were absorbed...into other communities.'

By the early 1800s, a decimated population of Sinixt was still evident in the Arrow Lakes and other areas.

In May of 1814, a fur trader named Gabriel Franchere met a small band of Sinixt on the banks of the Columbia River near the head of Upper Arrow Lake. He wrote, "The women at this camp were busy spinning the coarse wool of the mountain sheep. They had blankets or mantels, woven or plaited of the same material, with a heavy fringe all around. I would gladly have purchased one of these, but as we were to carry all our baggage on our backs across the mountains, was forced to relinquish the idea."

In 1823, John Work wrote of the same camp in his John Work Journal, "They had a number of small dogs. Some beaver skins were traded from them. Also a few dried salmon...a little dried meat...some very good nuts were also got from them.'

In April 1827, a Lakes camp of three lodges near Deer Park on the Lower Arrow Lake was noted by David Douglas, who wrote, "Purchased of them a little dried reindeer meat and a little black bear, of which we have just made a comfortable supper. They seem to live comfortably, many skins of black tailed, rein and red deer being in their possession. I purchased a little wool of mountain goat as a specimen of the quality of the wool; gave seven balls and the same number of charges for

These are only a few of the stories

Catastrophic Events Shatter Sinixt Nation in 18th Century recorded from this era. By the mid-1850s, gold was

Government Declares Tribe Extinct

This is the second of a three-part series on the history and current status of the indigenous people of the Slocan and Arrow Lakes Valleys. by Mary Wagner

1911, the Sinixt burial grounds overlooking the junction of the two rivers was used to inter the remains of Marie Ann Christie (Sinixt).

Archaeologist James Baker found evidence in 1983 that shows that this village was occupied for at least 4.500 years.

This first reserve at Brilliant was so short-lived that none but the Sinixt, who had lived there for over 4,000 years, mourned its passing.

When W.G. Cox was replaced as Gold Commissioner by J.C. Haynes, the reservation at Kp'itl'els was mysteriously transformed into the "Townsite of Haynesville." A 1915 document from the Inspector of Indian Agencies states that Haynes "must have committed fraud to obtain the 198 acres "

In People of Terra Nullius, Boyce Richardson wrote, "In 1911, a new law allowed that any reserve adjoining a town of at least 8,000 people could be expropriated, even against Indian opposition. This was a complete rupture with the traditional trust relationship, but the Minister of the Interior, Frank Oliver, said the government should never allow Indian rights 'to become a wrong to the white

Bv 1914, the Lakes people had been forced to retreat to the far edges of their territory and beyond. The government recorded only one family of Sinixtremaining in Canada, that of Alexander Christie, who resided at Brilliant and wrote the following to the Royal Commission on Indian Reserves:

am one of the few survivors of the band of the Lake tribe living at the mouth of the Kootenay River ... I have heard that our Indian Agent, Galbraith, has said that I have come here lately from parts unknown...I was born there...my ancestors have belonged there as far back as I can trace...My parents were born there. For about 16 years...my father...my brother...or I have been speaking to our agent about this. We have also had the matter brought before the Indian Department and were promised 1861, he encountered a desperate a reserve, but nothing has resulted.

"However, until last year we have been unmolested...then the Doukhobors sought our land, and we learned ...that they bought it from a white man...who claimed ownership of it...I know of four graveyards close to our houses...there are older burials I can't pint out. I know that Indians burying their dead there often came on the bones of other dead... In one of Kp'itl'els. As recently as March 9, these cemeteries are...my two

children...my brother...my sister... and my cousin. This graveyard has not been plowed up yet. On another gravevard are buried Frank's wife and some old men and women. The Doukhobors have plowed this grave-

This plaque

stands near

the RC Hydro-

nissioned totem

pole in Edgewood.

Christie's request that a reserve be created at the junction of the Kootenay and Columbia Rivers was never fulfilled

Within this time period, the British Crown decided to enlist some people to survey Indian Land and start negotiations with the Indian People in the province.

Marilyn James wrote, referring to a major British Crown study done over a period of several years, "Since we were a main target and they knew we were diminished, the (Sinixt) were the first people they surveyed. They knew we'd moved away and they knew my people were waiting to go back. They sent in their crew-not once, but five times-to survey our territory, but only found a few Sinixt."

The Lakes people, it turned out, were more numerous than the government realized, but they kept to the wilderness and avoided census takers

One of these people was Annie Joseph, who stayed at Oatscott (a 1902 reserve on the west side of Upper Arrow Lake) because she wanted to protect a burial site. Annie Joseph was the last Sinixt the government recognized, and upon her death in 1956, the Sinixt were declared extinct.

There is another woman, Lois Goodman (Sinixt) who was registered at Oatscott and was still alive and well in 1994. Goodman resides at Bonner's Ferry, Idaho, and is not acknowledged by the Canadian government. Oatscott has been visited by the Lakes people as recently as summer 1996.

In the late 1960s, BC Hydro commissioned a totem pole and plaque commemorating the Sinixt to be erected in Edgewood. This pole is an affront to the Lakes people because as well as declaring them extinct, "it was raised without the proper ceremonies," and "it was not requested by the Sinixt people.'

There are actually two plaques,



one on the bottom of the pole and a much smaller one at the base, which is from BC Hydro, concerning the relocation of Edgewood.

The larger plaque reads: "This protohistoric pole depicts the life habits of the Lake tribe of Indians (Senatcheggs) who made the Arrow Lakes their home. The Senatcheggs, now extinct, were water travellers, hunters, fishermen and basket weavers who believed in a mythical God, the Coyote. Their pit houses and pictographs are now covered by the waters of the Arrow Reservoir.'

The pole was designed by Dorothy Crabbe and carved by Jim Wilkinson

Senatcheggs is just one of many spellings used for Sinixt over the years.

There is at least one pictograph still visible on the cliffs on the east side of Lower Arrow Lake, near Deer Park. It can be seen when the water is

Al Geissler, BC Hydro Community Relations and Field Manager at Keenleyside Dam, said, "BC Hydro has no connection with the totempole and plaque in Edgewood. Hydro did' put up the smaller plaque at the base of the pole that speaks about the relocation of Edgewood. I have researched the matter, and can find nothing in writing that says BCHydro had any connection to the pole."

However, Dorothy Crabbe, who designed the plaque, based on what information she was able to gather at that time, and was Chair of the Edgewood Development Committee when the pole was made, said, "Hydro paid Jim Wilkinson to carve the pole. They supplied the pole and the materials. I went with Vaughan Mosher to Vernon to discuss the deal with Jim"

Mosher was the Project Manager for the totem pole. He was employed by BC Hydro, and was the Project Engineer for the Columbia and Duncan Reservoirs from 1964-71. He said, "The totem pole was a BCHydro project. Hydro commissioned Jim Wilkinson to carve the pole, and Hydro paid for the materials and supplied the pole. I have it all written down in my diaries."



Brrr...boy I'm chilly; time to get nice and warm inside and out. So as well as stoking the fire, I'm going to make soup and add that well known, easy to grow, hot little pepper named cayenne.

The fire in cayenne comes from capsaicin, which acts on pain receptors, not taste buds in our mouths. The capsaicin is mostly in the white membranes of the peppers, often sending its heat to the seeds as well.

One of many studies has found that capsaicin is beneficial for people suffering from migraines, as cayenne has the ability to eliminate mucus and relieve pain. It can be taken in a concentrated capsule form. Cayenne is particularly effective against shingles, and as a blood coagulant for such ailments as bleeding ulcers.

This red hot little pepper has been known to excite the spirits, induce perspiration, promote urination, increase appetite, promote digestion,

Touch Healers

Raise Funds for

Gabriel Family

On Jan. 11, several local Reiki,

Reflexology and Acupressure practitioners joined forces with

Huckleberry's Natural Foods (on

Broadway in Nakusp) to raise money

to help the Gabriel family recoup some

of the financial loss of the Dec. 29 fire.

by Mary Wagner

Country Health Column

Myrrhiah is a nutritional consultant at Evergreen Natural Foods.

soften blood vessels, and what I am looking for on a day like todaycavenne warms our internal regions.

Cayenne promotes circulation; is known to be good for the prevention of hypertension; and good for the relief of arteriosclerosis.

One fresh cayenne pepper can supply as much as 4,800 international units of vitamin A, about 105 mg of vitamin C, B1, B2, B3, calcium and notassium

We use cayenne in cooking and seasoning, and they are great eaten on pizza, scrambled eggs, cornbread, tomato sauce, salsa-in fact, almost

If by chance you swallow too much cayenne, do not drink water, as water cannot put out the fire in vour mouth-it will only spread it around. Drink milk. Research from a taste and smell clinic shows that dairy protein acts like detergent, literally washing away capsaicin and quenching the inferno. Eating a slice of bread can sometimes help to absorb the capsaicin too.

One of the most incredible qualities cayenne has is of being a vasodilator. It opens blood vessels and is known to clean the plaque off blood vessel walls, helping remove blockages from narrowing arteries, and regulating blood pressure. Some herbalists consider cayenne as first aid treatment for heart attacks.

I know that my hands and arms would go numb after working in the bush all day long with a chainsaw. So I decided to eat up to six capsules of cayenne daily, before, during and after work. My body felt much better, I seemed to have more endurance and energy, and my hands and arms were no longer going numb on me.

I'm warm now, so I'm going out for a walk, but just to make sure my feet stay warm, I'll sprinkle some cayenne in the bottom of my boots up where my toes are. A good friend who's always traversing the snowy mountains showed me this one. Just be careful when you come in from outside; make sure you put your cayenne-soiled socks right into the laundry and wash your hands immediately; I've known people to suffer greatly after getting cayenne onto sensitive body parts.



From left: Jan Burks, Bev McClinchey, Ien VanHouten, Eleanor Quirk, Marilyn Pasieka

Reiki practiioners Eleanor Quirk (for appointments, 358-2559), Jan Burks (265-3787, beep 8540), Reiki and Reflexology practitioner Ien VanHouten (265-3242), and Jin Shin Do (Acupressure) practitioner Bev McClinchey (265-3198) gave treatments, the money from which was all donated. Huckleberry's, as well as supplying the space for this fundraiser, donated all revenue from beverage sales for the day.

Supporting CNIB a Good Gamble

Supporting the Canadian National Institute for the Blind won't make you a millionaire but the odds are better than one in 12 that it will make you richer. For those who have not yet purchased a 1997 CNIB lottery calendar, it is not too late to cash in on prize money totalling \$58,400.

The CNIB lottery calendar looks like any other calendar—glossy, full colour, features photographs of locations throughout BC. The difference is that for \$30—just 8¢ a day—it provides the purchaser with 665 chances of winning prize money ranging from \$50 to \$5,000. An early bird draw for \$1,000 will take place Jan. 31. Calendar sales cease Feb. 7, and on Feb. 14, numbers will be drawn covering all the daily winners from Jan. 1 to Valentine's Day. after Feb. 14, winners will be announced daily.

The odds of winning are one in 12 if all 7,500 calendars sell. Every ticket is eligible for every draw so an individual can win more than once. To order a calendar, contact the CNIB toll free at 1/800-565-9970. Proceeds fund services to local residents who are blind, visually impaired and deaf-blind.

Alzheimer Society Offers Support Services and Research

In 1997, over 40,000 British Columbians will be affected by Alzheimer Disease or a related dementia. In 1997, all 40,000 of these individuals will be faced with the possibility of forgetting their own names, where they live or who their children are. The Alzheimer Society of BC provides: support to those with dementia and their caregivers; a volunteer respite program; funding for research into the causes and the cures and awareness about this devastating and debilitating disease.

January is Alzheimer Awareness Month. If you have any questions or concerns about any facet of Alzheimer Disease or related dementia—give them a call. If someone you know might be concerned about someone having Alzheimer Disease—give them a call. at 604/681-6530 or 1/800-667-3742—support is only a phone call away.

A Subscription to the Valley Voice costs just: • \$45 per year plus cst •

(COVERS THE COST OF POSTAGE & HANDLING) Phone the office at 358-7218 to order your subscription



© COUSCOUS € MILLET ##RICE MARKET

For Your New Year's Resolutions

Herbal Solutions For Living Well

FEND OFF THAT WINTER FLU

Flora Echinacea - Capsules \$7.95_{45 capsules} \$14.95_{90 capsules}

FloraGuard® - Echinacea Tincture \$23.50 100 ml

THE NATURAL ALTERNATIVE TO MELATONINI St. John's Wort Oil Extract \$12.95 90 capsules \$23.95 180 capsules

Udo's Choice® Ultimate Oil Blend \$15.95 90 capsules \$28.75 180 capsules \$13.95 500 ml \$7.95 250 ml

EVERGREE NATURAL FOODS

OPEN: Monday - Sat. 9:30 am - 6:00 pm; Sun. 11 am - 5:30 pm

mile N. of Hwy 3A on Hwy 6 in Crescent Valley 359-7323 • Toll Free 1-800-554-0345

BEACH AVENUE PHARMAC



Hetty Gabriel is here to serve you

The insulin molecule is quite fragile. If you are using insulin like NPH in which the insulin must be suspended evenly you are using insulfinite NFFF in Which the insulin must be suspended evenly before injection, gently roll the insulin vial back and forth between your hands for a uniform mixture. If bubbles are produced during this procedure, you are being too vigorous! You can actually damage the insulin molecule that way.

Cola drinks contain high amounts of Cola drinks contain high amounts or phosphate which can increase the risk of osteoporosis. If that cola drink contains caffeine, the risk increases.

What is the best time to take calciur supplements? Here's the definitive wer: if you are taking the least expensive and most concentrated form, calcium carbonate, take it with your meals. This form of calcium needs an acid environment for best absorption Calcium citrate, on the other hand does not.

It has been shown that Hormone Replacement Therapy(HRT) is effective for lowering a woman's risk of osteoporosis. However, only 20% of vomen eligible for this treatment are actually on it. Check with your doctor if you are concerned about this very debilitating disease.

265-4455 Nakusp

SLOCAN COMMUNITY HOSPITAL & HEALTH CARE CENTRE

INDONESIAN, THAI, ORIENTAL (BA) GARDEN SUPPLIES

Nutrition Consultation Services will again be available the 1st FRIDAY OF EACH MONTH, initially February through June. To book an appointment please call the hospital at 358-7911

Monday to Friday between 8:30 am and 3:30 pm. A physician referral is preferred. The nutritionist will assist with consultation regarding diabetes, high cholesterol,

and other nutrition related health concerns.

KOOTENAY BORN BOTANICALS LTD.

265-3787 ext 688 after beep

HOMEODATHIC BOTANICALS "Superior Quality Through Spagyric Processing"

AVAILABLE AT:

Evergreen Natural Foods, Crescent Valley
 Earthborn Organics, Passmore
 Ann's Natural Foods, New Denver
 Eldorado Market, Slocan

Nature's Way

& Huckleberry, Nakusp

Even the TINIEST ad gets noticed!



The Fund Raising Campaign was a huge success.

Our "not yet final" total is \$4,588.06. This will enable us to purchase the Holter Monitor which will assist residents of our community. Any balance of funds after this purchase will be put towards much needed equipment for our patients.

Thank you to all who volunteered, promoted, and donated!

NOTES FROM THE RCMP

New Denver Detachment



New Denver RCMP attended a residence in Hills on Jan. 20 to find a marijuana grow operation set up in two of the bedrooms. Subsequent search of the residence uncovered 72 plants and approximately one pound of dried marijuana; estimated street value is

Charged with Cultivation, Possession for the Purpose of Trafficking, and Possession of Marijuana are 42-year-old Sidney George Mengler and 42-year-old Marilyn Ann Knopp. Both have been released to appear in Provincial Court in Nakusp on Mar. 13.

Nakusp Detachment

reported in the past week, mostly due laid. to weather and road conditions.

An accident on Jan. 17 at the Galena Bay ferry approach left the highway closed for about two hours. A tanker truck and pup trailer belonging to Hooker Shell jackknifed on the icy downgrade, and was rear ended by a 1-ton service truck. The fuel truck was empty at the time

Anumber of accidents have been There were no injuries or charges

Please leave yourself extra room when parking in a lot or on the streetthe icy road conditions make tight navigating more difficult. Leaving yourself more "breathing space" may save you the stress of an accident or a hit and run, of which there have been a number reported recently.

With the excessive snowfall,

there have also been a number of minor accidents reported at intersections where visibility is limited by piled snow, and stopping ability is reduced by icy road surface. Please brake farther back than usual from stop signs, and use extreme caution when edging forward to enter the intersection.

Nakusp Auto Parts



WE'VE GOT EVERYTHING YOU NEED TO VINIDERIZAD

· Antifreeze · Coolant System Power Flush · Batteries Block Heaters • Waxes & Finishes to protect from harsh winter chemicals



TOP CHESTS

PROTECT YOUR TIRE INVESTMENT Wheel Alignments \$37.95

* UAP NAPA Auto Parts

* Licenced Mechanics • Custom Exhaust • Free Estimates

265-3131 or 265-3355

301 Broadway Street, Nakusp



O K WELDERS



Special Price

Industrial Chests & Cabinets

6 Drawer, Drop Front (T0044103)	\$263.65	\$179.95
10 Drawer, Drop Front (T0044102)	\$348.17	\$249.95
12 Drawer, Rear Locking (T004410	1) \$389.72	\$259.95
ROLLER CABINETS F	Regular Price	Special Price
ROLLER CABINETS 3 Drawer with Storage (T0044111)		Special Price \$265.95

Regular Price

O.K. WELDERS' SUPPLIES (1993 LTD.)

Castlegar, BC **Fax: 365-3320** Tel: 365-2422

Jelson **Detachment**

On Jan. 15, culprits entered a residence in the 4000 block of Little Slocan South Rd. at Vallican by forcing a back door. Along with some interior damage, thieves made off with rolled coins, a small bag of silver coins, two coin sets (1980/81), a roll of Canadian uncut \$1 bills and some jewellery. Total loss is estimated at several hundred dollars.

Thieves also entered a residence on the 4000 block of Langill Rd. in Crescent Valley. It has not been determined how they got into the home, but they made off with assorted items including jewellery, CDs, a watch, compass, backpack, camera and binoculars.

Both break-ins occurred during daylight hours. Police don't believe they are related. Anyone having information regarding these incidents is asked to call Nelson RCMP at 352-2156, or Crime Stoppers at 1/800-

Continues in Slocan Valley Deer Hunt (

by Adam Christie, Conservation Officer, Nelson

Each winter the deer in our area, forced into areas of human population and weakened by the snow, are pursued by domestic dogs whose owners choose not to exercise control over their pets. For the deer this has dire consequences. Some suffer brutal deaths being eaten alive by dogs, others escape the dogs only to succumb to starvation caused by the energy loss of the chase, or abort their fawns. This year the carnage may be worse than usual due to deep snow with a hard crust that supports dogs but not deer.

Conservation Officers are receiving many reports of dogs chasing deer in the Slocan Valley and have already confirmed two deaths caused by dogs in the Winlaw/Vallican area. It is sadly ironic that this area is one of the worst in the Nelson District for the problem, because Slocan Valley residents are generally held to be responsible

There are two things people can do to address this issue. Firstly, control their own dogs. This means keeping them leashed or otherwise restrained when they are not under their direct personal supervision. Secondly, report any instances of dogs chasing wildlife to

Under the Wildlife Act owners of offending dogs are subject to penalties ranging from \$100 tickets to court-imposed fines of up to \$5000 for a first offense. Conservation Officers may also destroy dogs they find chasing wildlife. We all hope this will not be necessary because it means the dog is paying for its owners' negligence. However, having seen the suffering dogs can inflict on helpless deer, I for one will not hesitate to put their interests ahead of the dogs

Incidents of dogs chasing wildlife in the Slocan Valley should be reported to Nelson Conservation Officers at 354-6397.



NEW DENVER VOLUNTEER **PARAMEDICS** ARE **URGENTLY** NEEDED

REQUIREMENTS: Unrestricted Class 4 Driver's Licence; **OFA Level 3**

FOR FURTHER INFO CONTACT Ray Lahner 358-2653

ALL APPLICATIONS ARE SUBJECT TO A CRIMINAL CHECK

Import Car Experts

REPAIRS TO ALL MAKES OF CARS & TRUCKS New and Used Parts Auto body & Glass repairs ICBC claims handled promptly Towing & Welding Rust Proofing Government Inspections

ORGANIC MECHANIX ESTABLISHED IN 1974

359-7625

3626 Pass Creek Road



Valentine Advertising Now 358-7218

for info call 355-2223

JANUARY 25 Ladies' Pool Courney



Conservation Officers

in such a way to prevent them from falling or jumping out.

- Cpl. John Porter Nelson Sub/Division Highway Patrol

CRACK DOWN ON THE DING DEVIL



If NOVUS can't repair vour windshield, no one can!

265-3252





Community School Program Funded in Slocan



WE Graham School in Slocan has just received \$75,000 funding for community schools. School Principal Marion Hunter (pictured above) first heard about this program at a 1995 summer conference, and started gathering information after that. She said, "Our Child and Youth Group started with the Youth Centre. Then we looked into what else we can do. We are already doing the program as volunteers."

Hunter wrote up the grant proposal, got it approved by the School Board, then sent it on to the Ministry and to School Finance. Although it is currently administered under Education's Social Equity Branch, the program will be transferred to the Ministry for Children and Families for the 97/98 school year.

A community school is more than "just for kids"—it is intended as a fulluse school, operating year-round, and offering programs for people of all ages. Businesses would be able to use the school for employee upgrading; Selkirk College might offer some services through the school Hunter said, "What is important is that there is no duplication of services—the focus would be on services not being offered."

Hunter explained, "We are going to become a non-profit society and form a Community School Advisory Board with a Board of Directors. This Board will be made up of businesses, parents, school representatives, community groups, police, mental health—and there must be more of other representation than of parents." The Advisory Board will meet and share information, and then may bring recommendations to the Executive Board for action.

"We will advertise and hire a Community Co-ordinator to oversee programs," continued Hunter. "The Co-ordinator would assist with the development of a project, involving teachers in the development of the program. The Co-ordinator will work out of the Youth Centre, and we will have close liaison."

Edgewood School Temporarily Closed By Snow Load by Joan Jones

On Jan. 9, Edgewood Elementary School staff noticed damage to the walls and floor of the building. Although weight measurement of the snow on the roof indicated that the building was not threatened, Maintenance Supervisor Bill Penner hired a crew to remove the snow and arranged for a structural engineer to

School Superintendent Dan Russell decided to close the school Jan. 10 while crews worked and damage was assessed. The school was reopened Jan. 13, after snow removal was completed. Bill Penner, Structural Engineer Ely Kazakoff, School Trustee Verna Blanchette, and Marcel Blanchette inspected the school Jan. 13. Kazakoff concluded the building was sound and the only snow-related

problem was the widening of an

existing crack in the floor, which

closed after the snow had been

removed. Some parents kept their

children home from school until after this examination and report were

concluded.

examine the building.

Lucerne Elementary Environmental Club Working Toward a Cleaner World

by Siri Hastings

Besides doing community work and going on field trips, the Lucerne Elementary School Environmental Club members also do recycling projects such as making notebooks out of good-one-side recycled paper, and other things like potholders, which we will make in the future.

We are also going to enter a contest for recycling in which you have to make a toy out of *completely* recycled materials.

The Environmental Club does the sorting of school recycling, in turn with two other classes.

In all, the Lucerne Elementary Environmental Club plays a big part in the community's recycling system.



Silverton Building Supplies





7.49 ft

BATHROOM VANITY COUNTERTOP

4', 6', 8', 10', 12' Assorted Patterns Reg. 14.95 foot SALE

Reg SALE 4' 59.80 29.95 6' 89.70 44.95 8' 119.60 59.95 10' 149.50 74.90 12' 179.40 89.89

12' 179.40 89.89

CHROME PRIVACY LOCKSET



#1013 Reg. 6.95 SALE 1.99 ea

CHROME PASSAGE

#1012 Reg. 6.95 SALE 1.99 ea



NOTICE OF PUBLIC HEARING AND PRE-HEARING CONFERENCE

A Hearing into the Issue of Retail Access and Unbundled Tariffs

Time: Pre

Date: Location: Pre-Hearing Conference 8:30 a.m. January 24, 1997

B.C. Utilities Commission Hearing Room 6th Floor - 900 Howe Street Vancouver, B.C. Public Hearing

8:30 a.m. March 10, 1997 B.C. Utilities Commission

Hearing Room 6th Floor - 900 Howe Street Vancouver, B.C.

The Application

On November 27, 1996 West Kootenay Power Ltd., filed with the Commission an Application for Transmission Capacity Service and Ancillary Service for its wholesale, industrial and large general service customers and the creation of an Independent Transmission System Operator. In addition, on December 2, 1996, certain British Columbia Hydro and Power Authority (*B.C. Hydro') Rate Schedule 1821 customers requested that the Commission require B.C. Hydro to file amendments to its Wholesale Transmission Service Tariff to permit use of that service by Rate Schedule 1821 customers. In response to these two events, the Commission has decided to hold a hearing into the issue of retail access and unbundled tariffs.

The Regulatory Process

As outlined in the Regulatory Timetable attached as Appendix A to Order No. G-125-96, the Commission will hold a pre-hearing conference on January 24, 1997 to discuss the phasing and scope of the hearing along with other issues requiring clarification in advance of the March 10, 1997 public hearing.

Interventions

Intervenors and Interested Parties who wish to take part in the Hearing are to advise the Commission Secretary, in writing, of their intention to participate in the proceedings no later than January 17, 1997.

Participant Assistance

All parties intending to apply for Participant Assistance must file a budget by January 27, 1997 consistent with the Commission's Policy and Rate Sheet as outlined in Order No. G-103-96. Copies of the Participant Assistance Policy and Rate Sheet are available from the Commission upon request.

Clarification

Persons intending to participate in the Pre-Hearing Conference and who are uncertain as to the manner in which to proceed, may contact Mr. Robert Pellatt, Commission Secretary or Ms. Deborah Emes, Manager, Strategic Services by telephone at (604) 660-4700, or B.C. Toll Free at 1-800-663-1385, or in writing to the above address or by facsimile at (604) 660-1102. The Commission can also be reached on the Internet at bcuc@pop.gov.bc.ca.

BY ORDER

Robert J. Pellatt Commission Secretary

Sixth Floor, 900 Howe Street, Vancouver, B.C. V6Z 2N3 Canada Telephone: (604) 660-4700 Fax: (604) 660-1102

Nakusp Skaters Do Well in Competition



ow from left: Natasha Black, Brooke Lythgoe, Melissa Roberts, Michelle Gren Tabel Front Row from left: Carly Thorn Cassey Adams and Darci Martin (missing is Mandy Fraser)

The Nakusp Figure Skating Club placed third out of nine clubs at the Rossland Competition on Jan. 12.

Carly Thorp, at her first competition and without music, won second place in the Pre-Preliminary, 7 Years -way to go Carly!!

Cassey Adams won first place in the Pre-Preliminary, 10Years.

Melissa Roberts took second place in the Preliminary, 9Years.

Michelle Grenier placed first in the 11 & 12 Years Preliminary. Darci Martin took third in the 11 & 12 Year Preliminary.

The next competition is the Kootenay Regionals Jan. 31, Feb. 1-2 in Invermere

Nakusp Sports Complex (January 6/97 to March 30/97)

PUBLIC SKATING

Day & Time: SATURDAYS 6:15 pm - 7:45 pm (except Saturday, March 8/97)

SUNDAYS 3:15 pm - 4:45 pm Cost: Admission collected by the Nakusp Figure Skating Club

ADULT SKATING

Open to adults & seniors-children under 5 years of age are welcome Day & Time: WEDNESDAY 11:30 am - 1:00 pm Cost: \$1.00 per person

ADULT SHINNY

Open to all players 18 years & older Day & Time: MONDAYS 12 noon - 1:30 pm (except Monday, March 17/97) FRIDAYS 1:30 - 3:00 pm (except Jan 24 & Feb. 21) Cost: \$5.00 per player

SHINNY RULES

- Minimum equipment requirements are a hockey helmet, hockey gloves, skates and stickfull equipment is recommended
- NO SLAPSHOTS OR BODY CHECKING

Lucerne Lady Lakers Basketball Action

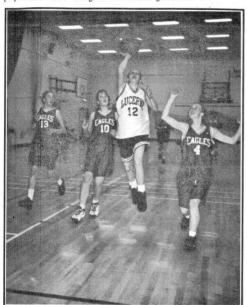
On Friday and Saturday, Jan. 10-11, Lucerne Lady Lakers (Senior Girls) Invitational Round Robin hosted teams from Kaslo, Trail and Winfield.

In Friday's action JV Humphries from Kaslo lost to JL Crowe of Trail 55-14. Winfield's George Elliot grabbed its first win against Lucerne 77-49. On Saturday, George Elliot took its second win against JL Crowe 77-39. Lucerne won its second game against JL Crowe, with Lakers' Lila Zack having a great game and scoring 16 points, Shani Sherrod 12, Liane Morrison 11, Alex Mark 6, Jenny Rudrum 3, and Colleen Murphy 2 to beat JL Crowe 50-31.

George Elliot won the grudge match against the Lakers in the final game 47-27. Lila Zack scored 8 points; Alex Mark added 7; Jenny Rudrum and Liane Morrison scored 4 each; Colleen Murphy and Shani Sherrod added 2 apiece.

The team hosted a game against Kaslo Eagles on Jan. 14. Lucerne took the first quarter with a score of 12-3, then gained another 15 points by the end of the first half. By the third quarter the score was 40-11 for Lucerne. The final score: Lucerne 49-Kaslo 22. Lila Zack had another great game scoring 18 points, Liane Morrison 14, and Alex Mark added 12.

The girls placed fourth in a six-team tournament in Enderby last weekend. They lost to Salmon Arm; beat Kelowna Secondary; then lost to a second team from Salmon Arm. Coach Bruce Morrison said, "The girls played hard and did well against other much larger schools."



West Kootenay Realty Ltd.

Chahko-Mika Mall, Nelson, B.C. V1L 5Z3 Phone 352-6888 - Fax: 352-6995



Ken Palmer 355-2235

beautiful log home in a secluded park-like setting on 5 acres featuring 2 bedrooms, 2 baths, vaulted ceiling and loft, and a full daylight basement. Accents include river rock walls, creek, with spectacular views of the Valhallas and the Slocan River.

Call Ken at 355-2235 \$275,000

HILLSIDE MOBILE HOME PARK

Very cozy 2 bedroom 12' x6' — a storage addition, sundeck and appiances as included. This home is located in a quiet park overlooking the Village of New Denver and offering fantastic views of New Denver Glacier and Slocan Lake. - a storage addition, sundeck and appiances are

Call Ken at 355-2235 \$21,900

SLOCAN WEST RIVER ROAD

Gorgeous riverfront location. This property offers a 3 bedroom, 2.5 bath home and a 2 bedroom guest/rental cottage. Accents include heated workshop, double carport, covered RV storage, rock fireplace, huge sundeck—all on 2.18 acre property.

Call Ken at 355-2235 \$244,500

WEST SLOCAN RIVER ROAD

WEST SLOCAN RIVER ROAD
This 66' x 270' building lot is located on the west side of the Slocan River within walking distance of Village amenities. Water line is on the property. It's a beautiful spot for a new home and affordably priced!!

Call Ken at 355-2235 \$20,000



Colleen Underwood

WAPPIFROAD

Peaceful river views are yours from this 1.2 acre treed and landscaped property only a short drive from Nelson. The 2-storey home features 3-4 bedrooms, 2.5 baths, 2 fireplaces, hot tub, wet bar, 2-car carport and a master with a private sundeck.

Call Colleen at 359-7966 \$210,000

101 CHATHAM STREET

WHY PAY RENT? This home features one bedroom on the main and two bedrooms in the basement in-law suite. All appliances are included. The home has a newer gas furnace, updated wiring and includes a storage shed. Quick possession is available. Call now for details.

Call Colleen at 359-7966 \$95,000

Business Opportunity



The Slocan Lake Golf Club invites proposals by FEB. 15 for operation of food & beverage service, restaurant, lounge facilities (80 seats), 9-hole course on Slocan Lake, New Denver.

For further details on facilities and equipment write Box 297, New Denver, BC V0G 1S0 OR PHONE 358-2456 OR 358-7728

AIR MILES Just got Better!!

CENTURY 21 West Kootenay Realty Ltd., is giving away 1000 AIR MILES Travel Miles each month from January through to April 30, 1997.

Call your Realtor at CENTURY 21 West Kootenay Realty to see how your name can be entered into our monthly draw to win 1000 free AIR MILES Travel Miles

YOU COULD HAVE FOUR CHANCES TO WIN - CALL NOW!! This bonus draw is exclusive to CENTURY 21 West Kootenay Realty clients AND is in addition to our regular AIR MILES Travel Miles program and the Bonus List & Sell Event. Call for details.

THE MOST RECOGNIZED NAME IS REAL ESTATE. THE BIS'T TRAINED SALESTICKLE THE WORLD'S LAKEN'S RELIEVED, NEIWORK FOR YOU FROM THE POWER TO WORK FOR YOU

Take the Chill Out of Winter

Slocan Valley Recreation Commission continues to offer a wide selection of recreation programs to make the winter a little more bearable. Upcoming programs include:

CORE Hunter Training: A mandatory program for anyone wishing to obtain their first BC Hunting Licence.
 Brent Kennedy School; Jan. 29-Feb 20 (Wednesday and Thursday), 7:00-9:30 PM; Fee, \$75/8 sessions; Instr. Ron Milton. Register by Jan. 24.

• Something Fishy Going On: Learn all you need to know about fresh water aquariums from a family with over 15,000 fish and 600 aquariums. Brent Kennedy School, Jan. 27, Winlaw School, Jan. 29, WE Graham School, Jan. 30; Fee, \$7; Instr. Amstutz family. Register today!

 Considering Renovations? A two-session program offering realistic and practical assistance for homeowners wanting to re-design their homes. Winlaw School, Feb. 3 and 10, 7:00-9:00 PM; Fee, \$5/2 sessions; Instr. Paul Wilkinson and Gil Gerard. Register by Jan. 30.

Introduction to Self-Hypnosis: Spend a day learning the many beneficial applications of self-hypnosis.
 Crescent Valley Hall: Saturday. Feb. 15, 9:00 AM-6:00 PM; Fee. \$60: Instr. Tony Smoch. Register by Feb. 7.

Serging Workshop: Learn all the intricacies of using your serger. Slocan Park Hall; Saturday, Feb. 8, 9:00 AM-4:30 PM; Fee, \$30; Instr. Ruth Horney. Register by Feb. 3.

Family Self-Defense: Learn practical strategies for avoiding assault and enhancing personal safety. Pro-rated admission for late entrants. Winlaw School Gym; Wednesdays until Apr. 23, 6:30-7:30 PM; Instr. Scott Kavanagh.
 Women's Volleyball at WE Graham School: Every Wednesday, 7:00-9:00 PM. \$2 drop-in.

For more information about these and all the other great programs, please phone Craig or Kathy at 226-7744.



Kootenay Big Game Harvest Allocations Announced

Allocations of the annual allowable harvest in the Kootenays of big game species to resident and non-resident hunters (guide outfitters) have been made, the Ministry of Environment, Lands and Parks announced in late Dec. Decisions were made following consultation with the East Kootenay Wildlife Assoc., the East Kootenay Hunters' Assoc., the Southern Guides and

Outfitters' Assoc. and the West Kootenay Outdoorsmen.

The rationale for the allocation decisions is based on First Nations right to hunt for sustenance and ceremonial use, conservation measures and ministry policy regarding fair and appropriate allocations to resident and non-resident hunters. Typically, the allocation to resident hunters is 75% or more of the animals available for harvest of a given species. Decisions follow consideration of harvest levels appropriate for each species and the current conservation status of each species as determined by regional wildlife biologists. The allocations will be in effect for the next three years, with the exception of species which merit special consideration and are allocated on an annual basis.

PeeWees Play Excellent Hockey—Walk Away Proud

Nakusp PeeWees played in a tournament Jan. 11 and 12 in Enderby. They played very well, and even though they lost they had a good time.

The first game was tied until Nakusp pulled ahead in the third period, but Summerland scored in the last minute of the game, resulting in a 3-3 tie. Nakusp scorers were Kris Scott (assists to Jesse Wilcott and Jesse McDonald); Jesse Wilcott (assist to Jesse Martin); and Travis Rebman (assist to Jesse Wilcott).

The second game ended in a 7-5 win for Armstrong. Nakusp goals were scored by Jesse Wilcott (three, the first unassisted; assists from Nolan Beingessner, Jesse McDonald and Dorian Turner on the others); Aaron Anderson (assist to Jesse Martin); and Phillip Chwachka (unassisted).

Nakusp lost its third game to Winfield 6-4. The first two periods ended in ties, and Winfield only managed to pull ahead in the third. Nakusp goals were scored by Dorian Turner (2); Philip Chwachka; and Jesse Martin. Assists were awarded to Jesse Martin, Kyle Grenier, Travis Rebman, Jesse Wilcott (2), Bryan Hewat, Aaron Anderson and Kris Scott

The PeeWees play in Castlegar the weekend of Jan. 18-19; Nakusp Jan 25-26; and Nakusp Feb. 1-2.

Nakusp Blazers Hockey Report

Most Sportsman-Like Team Winners in Tourney

Teams from Kaslo, Rossland, Nelson, Vernon, Trail and Nakusp participated in the Initiation "C" Tournament Jan. 11 and 12 in Nakusp. The Blazers tied their first game Saturday against Kaslo Alpine Logging. They lost to tournament winners Trail All Star Sports in their second game, but defeated Rossland in the third.

The Most Sportsman-Like Team, voted on by all participating teams, was a two-way tie between Nakusp and Rossland. Nakusp's name was drawn to take the trophy, presented to Coach Darren Wethal. This is an important acknowledgement by the player's peers. If you win, you win fair and square. If you lose, you've also lost fair and square. A clean game is a game of skill and it's hockey at its finest. Congratulations!

Blazers Play Great Hockey in Back-to-Back Games with Castlegar



Brandon Allard in goal for the first time

In the first game on Jan. 18 the Nakusp Blazers scored the opening goal and led 4-1 at the end of the first period. Nakusp was still ahead 7-2 at the end of the second period. In the third period Castlegar turned on the heat and scored five goals, but it wasn't enough to catch the Blazers who scored four of their own to beat Castlegar 10-7. Goals: Jeremy Roberts, Riley Weatherhead and Robert Rogers scored three each and Daniel Dunn donated one.

In the second game Castlegar opened the scoring and led 2-1 at the end of the first period. By the end of the second period Castlegar scored four goals to Nakusp's one and it was 6-2. In the third period Nakusp picked up the pace and scored five goals to Castlegar's three, but it wasn't enough to catch up. Final score: Castlegar 9 to Nakusp 7. Jeremy Roberts scored three goals, Zac Wethal got one and Daniel Dunn and Riley Weatherhead added a goal each.

Brandon Allard was in goal for the first time and he made some fantastic saves. Troy Waldron was out due to a skiing injury; he's fine and will be back soon.



Ecardo

THE HULK IS HERE

The **Nakusp Hulk Burger** has arrived in Nakusp and is offered exclusively at Picardo and Wylie's. If you can't finish it you are no exception, but if you do, you will be rewarded with a second **Gourmet Burger** of your choice free of charge.



CAN YOU DO IT?

(Only the very hungry should try it)

PICK UP THE CHALLENGE January 16 to 31

Kick Off

Super Bowl Sunday





January 26th

Big Screen TV • In-House Refreshments • SPECIALS ALL DAY
 DOORS OPEN 11 AM

265-3331 • BROADWAY ST., NAKUSP



Alpine Adventures Ltd

at the pass on Hwy 31A between New Denver and Kaslo

We look forward to your enjoyment of our exceptional Alpine Adventures...

• CROSS COUNTRY SKIING

Relax in our first class lodge Sauna, Dinner...stay overnight. OUR SPECIAL B & B RATE (Book in advance) \$70 + taxes/person/day

• SNOWCAT ACCESSED SKI TOURING (Book in advance)

\$130 + taxes/person/day
Includes guides, safety equipment and lunch

• SNOWCAT SKIING local standby rate \$175 + taxes

*Includes guides, safety equipment and lunch*Must be at the lodge by 8:00 AM

• SPECIAL B & B OFFER for standby skiers \$70 + taxes

• ALL SEASON RESTAURANT Open to the public 7:00 AM - 9:00 PM Dinner reservations recommended

Please phone 358-2777 or 1-800-330-1433

ASSIFIED

Slocan Valley Concrete Finishing: Specialty Concrete Finishing, Paving Stone Driveways, Sidewalks. Gerry Wolf 358-2834 tfp

Custom Select Logging & Landscaping, Consulting & Marketing, 450C John Deere, Phone Bunty Maxfield 265-4572, Nakusp and Slocan Valley area. tfr

ACTIVE SEPTIC PUMPING: Call 353-2008 for 24-hour service. og

ANDEX SEPTIC SERVICE, 40 years experience, environmentally friendly-treatment plant dumping ONLY, call the professionals 352-6291. tfn

DETAILS: Give your life a magical touch. House, vehicle cleaning, gardening and more. Be an angel, call 265-3198. tfn

WEB PAGES FROM \$50: Tutorials for Basic Windows 95 and HTML 355-2592 23/01

Protect your investment with a custom made boat top, cover, tarp, awning or shelter. Kootenay Tarp & Canvas. 226-7539. tfn

New and Used

Helen's New and Used at 520 Harold St. in Slocan: check out our new and expanded selection of jewelry, furniture, clothing and collectables. Open 10 am-4 pm Mon. thru Fri., closed Sat. for winter. the

Vehicles

1994 GMC SL 4 x 4 extended cab, low highway kilometres, very clean, excellent condition. Asking \$22,000 obo. 265-4575, 20/02

RED 1976 DATSUN 280Z: fast, runs well, 5-speed, looks good, little body work needed, new winter radials, summer mags & tires, stereo. \$1,200 obo. 362-5104. 23/0

Birth Announcements

Don & Barb Broughton are extremely pleased to announce the arrival of the world's cutest grandchild. Peter was born Jan. 7 to proud parents Brianne and Seamus. He weighed in at 71b9 oz. Everything went well and all are healthy

Misc. for Sale

FOR SALE: Electrolux vacuum cleaner \$150 265-4575. 20/02

JUST CAN'T

I KNOW ... IT'S BEEN DREADFUL

0

CONTINUING

POWER

BELIEVE THE

POWER OUTAGES THIS YEAR

7/45

AROMATHERAPY is an alternative in health care using the essential oils of plants. Used with massage it is a gentle & effective way to treat muscular problems, respiratory disorders, blood circulation & digestion, headaches & insomnia, menstrual & related problems as well as stress, nervous tension & emotional problems. For more information or a massage treatment call 358-7750, PATTI SEBBEN, Certified Clinical Aromatherapist, Silverton, 06/02

> ASTHMA CLINIC 7:00 - 9:00 pm Wednesday, January 29 **Arrow Lakes Hospital**

Property for Sale or Rent

ACCOMMODATION AVAIL-ABLE at Silverton Hotel, with or without kitchen, weekly or monthly basis, reasonable rates. Phone 358-7929 after 11 am. tfn

FOR SALE: 1976 Colony mobile home 12' x 68', dishwasher, fridge and stove, \$16,000 firm. For info phone 265-4270. tfn

Building lot for sale in Silverton. Phone 250-359-7722. tfn

WORKSHOP/CRAFT SHOP. ART SHOP, for rent: electric heatwater, Main St., Silverton, \$225/ month. Phone Douglas 403-762-3622 PM, 23/0

NEW DENVER MAIN STREET BUILDING for rent with one bedroom apartment in rear. 358-7106, 23/0

WHY RENT?

For \$1350 down, rent size payments, you can own your own mobile home in Nakusp \$27,000 Call 265-3499 or 269-7425 in

APARTMENT FOR RENT: 3bedrooms, unfurnished. 358-7158, New Denver. 23/01

Miscellaneous

STRESS REDUCER Our MORTGAGE can slash your payments, or provide cash. You only require EOUITY in property or mobile. Member Better Business Bureau, Call Intel Financial Inc. at 1-800-663-4150. tfn

BUT WHAT I

WHEN IT

50.

DO YOU

FEEL ANY

BETTER

NOW ?

REALLY MISS ARE THE TY AND RADIO IT'S SO DEPRESSING NOT KNOWING WILL END! РИНИЯ ШИЯ 2 2000

DEADLINE for the next issue of the Valley Voice

SELKIRK COLLEGE, Nakusp and (lower) Slocan Valley, will be running a 5-week daytime Computer Skills Training Course for persons receiving Employment Insurance or who have had a UI claim within the last 3 years or a maternity/paternal benefit within the past 5 years. Applicants will be interviewed and screened for suitability. For information about the Nakusp program: Feb. 3 - Mar. 7, call 265-4077 and for information about the (lower) Slocan Valley program: Feb. 17 - Mar. 27, call 359-7564. 23/01

Fly Tying Club meets on Mondays at Lucerne School, 7:00 to 9:00 PM in Room 126. Newcomers welcome! We have the materials to get you started. Inquiries 358-7181. 23/0

WINTER BLUES BOOGIES: Dance to Dr. Fun & the Nightcrawlers, Feb. 1 at the Silverton Hall. \$10 AdvanceTickets only from Motherlode, Apple Tree and Silverton Hotel,23/01

Goat Mtn. School presents Scottish Country Dance Workshops, 4 weeks starting Feb. 5 at Silverton Gallery, \$25. Great fun for all ages. Phone 358-2466 to register. 23/01

SELKIRK COLLEGE (lower Slocan Valley) Continuing Education course start dates: Beginner Driver Training, Feb. 3; At Ease with Computers for the First Time User, Feb. 3; Meditation & Massage, Feb. 4; Retirement Planning, Feb. 6: Transportation Endorsement, Feb. 7: Airbrakes, Feb. 7; How to Prepare for an Interview and Win, Feb. 11; Introduction to Computers Using Windows, Feb. 12; CPR "A" (Heartsaver), Feb. 19; Taking the Fears out of the Stock & Bond Market, Feb. 20; Menopause-Women at the Edge of Two Worlds, Feb. 6; Surfing the Net, Feb. 22. Registration and information, Selkirk College 359-7564, 23/01

ARTWORK (previously Images & Objects) the Visual Arts Component of the BC Festival of the Arts, application forms are available at: phone 226-7347 or pick up at Sol Terre. Deadline for receipt of entries is Feb. 10. 23/01

Lost and Found

FOUND: Sleeping bag & pillow between New Denver & Silverton. Phone 358-2407. .n/o

LOST: Prescription glasses, leather case with clip; Chilton GM X-Body book. 358-7108 n/s

CASH REWARD: Missing Rottweiler, 3-year-old midsize female, black with tan markings. Last seen Dec. 19 in Winlaw area. If you have seen this dog please call 226-7679 or 226-7908. Any info received will be confidential.n/c

· Children Access Rights: Are your children being denied their courtordered access to you? For more information phone 358-7139 or 357-2515, evenings please. tfn

Al-Anon Meeting, 8 pm Sunday, Nakusp. Phone 265-4909. tfn

15% off all coffee beverages through Jan. 31 at Sol Terre in Passmore, 226-7080, 23/01

As of Feb. 1 Slocan Valley Auto Parts will be open Monday thru Saturday, 8:30 am to 5:30 pm. Phone or fax 226-7034, 23/01

COMMUNITY SERVICES WISHES TO APOLOGIZE for our Ski Bus not in service on Saturday & Sunday, Jan. 11 & 12. We encountered a late afternoon breakdown on Friday, Jan. 10 and had hoped service would be restored for the weekend. Unfortunately it was not and we are sorry for any inconvenience people may have experienced. Your understanding is appreciated.23/01

The Annual General Meeting of Slocan Lake Arena Society will be held on Wednesday, Jan. 29, 1997 at the office at 713 Josephine Street (above the Liquor Store), New Denver, BC at 7:00 PM. 23/0

Performance Opportunity

Experienced Entertainers and Artists with potential for excellence wanted by new Agency. North of the Horn, Silverton. 358-2760. 20/03

Card of Thanks

The family of the late Tony White send thanks for all the help and support during a difficult time. We appreciate all the flowers, cards, food, phone calls and kind words that were expressed. A special thank you to the doctors and nursing staff at the Hospital; also thanks to the Hospice Society. 23/01

Announcements

Marigold Consignments: End of January 50% Off Sale, Open again Jan. 29, Thursday, Friday, Saturday 10 - 5, 23/01

CONGRATULATIONS TO WES PROCUNIER, winner of The Motherlode's 9,000 piece jigsaw puzzle! (Good luck, Wes!) 23/09

EALES BUILDING **DESIGN** (formerly Alternatek Modelmakers), new phone/fax 250-825-2017 or 1-800-423-6006 for CAD design service, 2000

Help Wanted

ATTENTION SILVICULTURE WORKERS: Silver Tip Forest Ecosystem Management is looking for experienced silviculture workers and forest technicians. For further information please call Sean Butler at 358-2234. tfn

Snowmobiles

1994 V-Max 600, GYT, Pipe, 2" paddles, skins, 2,500 km on sled, 500 km on motor, cover, \$6,000 obo. Phone 358-7954. 23/01

An Open Letter to Express A Sincere Attitude of Gratitude to All of the People of New Denver, Silverton & Hills, BC:



My belated appreciation to the Lucerne school administration (especially Mike "it's okay, let's go for it" Lesnik), students, teachers, custodians, bus drivers and secretaries for the timely and meaningful lessons that you guided me to learn during my three (3) year visit. I also want to acknowledge the kindness and friendship to the people of rural and downtown New Denver, Silverton and Hills.

You gave me the privilege to share

The following statement is an excerpt from my second book, Pappa, Please Tell Johnny You Love Him...It summarizes my lessons that I learned in your communities.

"I am of the attitude that we as humans like to live in love and harmony, not in aggression and conflict...most all of us have been conditioned/ scripted to live in a dominant patriarchal culture in which relations are perceived mostly as instrumental for gaining dominance in a continuous power struggle

The majority of the discussions that take place in competitive, political arenas are framed in adversarial language, the language of "us versus them." It seems that we have created a culture of adversarial thinking that distracts us from the important agenda of improving our way of life.

The "virus of versus" that prevents us from working as a TEAM (the acronym for TEAM is together, everyone, achieves, more) and precludes the nurturing of a healthy, happy and rich body of thought and action that is necessary if we are to create a prosperous, loving and spiritually uplifting environment to live a limitless and genuinely fulfilling lifestyle. The internationally renowned biologist, Dr. Humberto Maturana in his workshop titled, Love, Play, and Intelligence, the forgotten foundation of education, states that, "Indeed, love is the emotion that expands intelligence and opens awareness. One sees more, hears more, touches more, smells more, and understands more when it.'

My observation and insightful experiences during my three (3) year visit inspires me to state that I have had satisfying conversations, met intelligent, wise, loving, authentic, responsible, earthy people and what I gained will stay in memory and has touched my heart for life!

A Happy, Healthy and Spiritually Fulfilling 1997 to All of You! With honour, respect, and unconditional love and friendship... Positively.

Jon-Lee Kootnekoff

BUSINESS DIRECTORY

AUTOMOTIVE AND SMALL MOTOR REPAIRS

CRAFTS & HOBBIES

Smokey Creek Salvage

24 HR TOWING
NEW & USED AUTO PARTS,
CERTIFIED WELDING & REPAIRS WE BUY CARS & TRUCKS

359-7815 3453 YEATMAN RD., SOUTH SLOCAN



R & L Repairs

Automotive Repairs, Computer Scannings Fuel Injection Cleanings 358-2652

New Denver, BC



COMPLETE BODY REPAIRS
ICBC CLAIMS
GLASS INSTALLATION

SLOCAN LAKE

Appliance Service

WARRANTY SERVICE FOR ALL MAJOR BRANDS

New Denver Nelson 358-2624 354-4322 Maytag Factory Trained Technicians

ARVIN'S MALL
REPAIRS TOTOR

SALES & SERVICE 98 - 1st Street, Nakusp 265-4911 OPEN 6 DAYS A WEEK TRIMMERS
• Homelite
• Stihl • Toro
• Husquares

CHAINSAWS StihlHusqvarna

MOWERS

SMALL ENGINES Snapper
 Homelite Jacobse Tecumseh
 Briggs & Stratton

Slocan Valley **Auto Parts**

Tues thru Sat 8:30 am - 5:30 pm 226-7034 Bel Maintenance, fire # 5643.



ICBC & PRIVATE CLAIMS Custom Body & Paint . Wine 265-4012

CROOKED SKY Arts & Crafts Ltd. Craft supplies - Art supplies Unusual quality gifts

Serving the Kootenays Broadway Street, Nakusp Phone (504)265-3336 Fax (604) 265-3244

Lester's Hobbies Lester Koeneman

Phone 265-3128 or 24-hour Fax 265-4808

Broadway St., Nakusp

RECREATION

🍔 ski-doo

359-7111 Fax 359-7587

MEDIA SERVICES

Steve's Barn

AUDIO PRODUCTION

358-2258 Multi-track Digital Recording, Mixing and Editing Studio, ette Duplication, Location Recording

stlegar -

(0



REFR & WINE SUPPLIES ON-PREMISE BREWING 208 Broadway, Nakusp

265-4784

CONSTRUCTION/HOME & GARDEN

Slocan Lake Disposal

serving Hills to Red Mountain including rural New Denver

358-2467

Bryan's Heating

e Repair • Servicing • Installa Residential • Commercial • Restaurant Equipment LICENSED BONDED INSURED Bryan Brown

352-7910 · 358-2789

Arrow Refrigeration Services

COMMERCIAL—RESIDENTIAL REFRIGERATION · APPLIANCES · AIR CONDITIONING · HEAT PUMPS Certified Journeyman
OZONE FRIENDLY RECOVERY SYSTEMS

CAL-GRS

"PROPANE SERVICE"





SERVICING

Refrigeration All Appliances Microwaves All Vacuums

Glacier View Service 358-2445

SALES
Appliance parts
Central Vacs Sys.
DSS Satellite Sys
Programming
Metal Detectors

YOUR WOOD PELLET DEALER

Delivery Available • New Denver



FOR ALL YOUR WETHAL BUILDING CONSTRUCTION LTD. PROPANE NEEDS 359-7373

Quality Homes, Renovations & Additions PLANS......ESTIMATES serving Nakusp & area for over 20 years Your local bulk dealer & service centre VIRGIL WETHAL 265-4064 FAX 265-4307 STEVE WETHAL 265-4109

SILVER ARROW

CHIMNEY SERVICE

Clean•Inspect•Repair•Install•Certified Sweet

Awnings . Boat Tops . Custom Covers

• Truck Tarps & Nets • Portable Shelters

KENT 226-7539

Jim Pownall & Co.

Crane Service

Log & Timber Frame Construction

Box 368 New Denver BC

358-2566

David Rutt (604) 358-2479



Nakusp Home Hardware

• ONE HOUR FILM PROCESSING •

. LAMINATING . 265-3658

TARP & CANVAS FERGUSON SAND & GRAVEL Drain Rock • Redding Sand • Concrete Gravel

TUN

• Road Crush • Pit Run • • TRUCKING SERVICES • LOW PRICES CALL COLLECT 604 355-2582

Bonanza Creek Excavating

General Excavating Property Development ph/fax 358-7749

Wayne Witwicki's Plumbing & Heating Ltd. B.C. Qualified (Licenced)

265-4901

•OIL SERVICE •WATER PURIFICATION
• PLUMBING • DRAIN CLEANING



Eagle Drywall

 Boarding • Taping • Textured Ceilings
 Insulation • Interior Painting "BUILD YOUR NEST WITH THE BEST" 265-4020 NAKUSP

Timber's Timber

(604) 265-3857

HEALTH FOODS

Ann's Natural Foods

ANN BUNKA

-358-2552-

309-6th Ave., New Denver



LIBRA ACCOUNTING

SERVICES
Income Tax, Accounting, Faxes,

Flyer Setups, Letters, Resumes

H & J READY MIX

1-800-471-5630

PLIMPTRIICK . ALL AGGREGATE WASHED . 265-4615 • 265-4328 eves

KARJACK HOLDINGS LTD. Steel Sales . Heavy Equipment Wear Parts

Weekly Delivery Monday to Friday 8 am to 4:30 pm THE MAN OF STEEL 359-7963 1011 Playmor Road, South Sloce

MEDICAL/VETERINARY

Nakusp Agencies Ltd

For all your INSURANCE

-800-665-601n

Slocan Valley **Veterinary Clinic** IST & 3RD THERS. EACH MONTH 9:30 AM = 11 AM

#5832 Cedar Ck. Rd

Appts: call 352-2999

CHIROPRACTORS-

Dr. Debra Grove & Dr. Peter Grove FAMILY PRACTICE

Nakusp 265-2200

Valhalla Veterinary Service

HIGHWAY 6, NEW DENVER (MOUNTAINBERRY FOODS) Wed. 9:30-12:00 LOCATION

358-7100



Earthborn

REAL ESTATE/INSURANCE/LEGAL/BUS. SERVICES

Are you reading this ad? So are your potential clients

ANTIQUES

Tim & Sandy's Antiques GOOD USED FURNITURE, APPLIANCES, COLLECTIBLES & INTERESTING STUFF turn north at Carson's Corner, go 2 km turn west onto Nakusp East Road 265-4454

Mark Adams

Certified General Accountant P.O. Box 279 BUS. 604-358-2411 New Denver, BC FAX 604-358-7900 V0G 1S0

COLDWELL BANKER

Primo Villanueva na you from Edgewood to Sum

Bus. 352-3581 Res. 265-2248 (ph/s "Expect the Best

ES Y Enterprises OFFICE SERVICES - FLEXIBLE HOURS

WORD PROCESSING + PHOTOCOPYING + LAMINATIN + Faxing + Newsletters + Brochures + Etc. + 1007 JOSEPHINE ST. (BOX 298) NEW DENVER 4 DMF - 358-2435 PHONE / FAX: 358-2607

> COLDWELL BANKER

> > Expect the Best

RANDY ANGRIGNON

ROSLING REAL ESTATE

Slocan Valley Properties

RES: 358-7101 FAX: 358-2516

BUS.352-3581 FAX: 352-5102

CTJ & Associates

Bookkeeping, Income Tax Financial & Business Services ph 358-7147 fax 358-2348

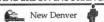
Linda (Avis) Miller **Notary Public**

Hwy 6. Winlaw Ph 226-7866 Fax 226-7818

SURGENOR & ROGERS

Certified General Accountants Nakusp 265-3601

ANDERSON INSURANCE



ALL CLASSES OF INSURANCE Phone 358-2617 • Fax 358-2524

Hilary C. Bitten

515 Arthur St. Ph/Fax 355-2288

RR #1 New Denver, BC V0G 1S0 Bus (604) 358-2378 The Mutual Gr

Slocan, BC

Jan Oswald

BAKERY/GROCERY/RESTAURANT

ELDORADO MARKET

New Denver

LUCKY-DOLLAR

In-Store Bakery • Fresh Custom-Cut Meats

• Deli • Japanese Food • Animal Feeds OPEN 7 DAYS A WEEK: 9 AM - 6 PM MON - SAT; 10 AM TO 5 PM SUN Wayne & Theresa Gerow 358-2443 Fax 358-2718

LOST LEMON KITCHEN

15 ice cream flavours, milkshakes fish & chips, homemade burgers & finger foods

S: 11:30 AM - 9 PM DAILY 355-2713 at Lemon Cree

Palmers) or TO GO

EAT IN DELIVERY

WINTER HOURS: Fri, Sat, Sun 5-9 pm Main St., New Denver 358-7171

SILVER SPOOM Bakery Café

8 AM - 5 PM • TUES - SAT Main St., New Denver 358-2855