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# Attitudes toward animals among Spanish primary school children 

## Conflict of Interest Statement

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.


#### Abstract

Adult attitudes toward animals have received extensive research attention. By contrast, despite the importance of child-animal interactions for children's development and animal welfare, children's attitudes toward animals have not been fully explored. The aim of this study was to examine Spanish children's attitudes toward animals. A twelve-item scale named the 'Brief Attitudes Towards Animals scale for Children (BATAC) was designed and completed by 416 Spanish primary school children aged between 6 and 13 years. Analyses revealed that the attitude scale had very good internal consistency (Cronbach's $\alpha=0.75$; Revelle's omega $=0.75$; Sijtsma's glb $=0.84$ ) and three factors, referred to here as 'compassion', 'friendship' and 'opinion on ownership', explained $56.47 \%$ of the variance. The sub-scales were used in subsequent analyses alongside the total score. Demographic variables such as age, school year group, ownership of a companion animal, and children's beliefs about animal mind were shown to be associated with children's attitudes toward animals. Being older, being in a higher school year, having a dog or a small mammal at home, and scoring animals higher on sentience capabilities were associated with higher pro-animal attitudes. Other pet types (i.e. cats, birds, reptiles or fish) and children's gender were not associated with attitudes to animals. This study is the first to explore attitudes toward animals among Spanish primary school children, and it highlights attitudinal differences regarding animal species and child demographic variables.


Keywords: attitudes toward animals; beliefs in animal mind; children; companion animals; human-
animal bond; Spanish children

## INTRODUCTION

'Attitude' is a term used to describe a person's evaluation of different aspects of their lives (Baron, Byrne \& Branscombe, 2006). In the field of animal welfare, attitudes toward animals have been revealed to influence our treatment of animals, in terms of both compassion and humane behaviour, and more negative behaviours toward animals, such as cruelty (Bertenshaw \& Rowlinson, 2009; Hazel, Signal \& Taylor, 2011; Knight \& Herzog, 2009).

Adults attitudes toward animals have been the subject of numerous research studies, many focusing on the relationships between attitudes and demographic and social factors. For instance, we know that women usually report more prosocial attitudes toward animals than men (Magnani, Ferri, Dalmau, \& Messori, 2017; Paul \& Podberscek, 2000; Taylor \& Signal, 2005) as do younger people when compared with older people (Clark, Stewart, Panzone, Kyriazakis \& Frewer, 2016; Maria, 2006; Ostović, Mikuš, Pavičić, Matković, \& Mesić, 2017). Living circumstances, such as having grown up in urban areas (Kendall, Lobao \& Sharp, 2006; Serpell, 2005) and ownership of companion animals (Miura, Bradshaw, \& Tanida, 2002; Paul, 2000; Paul \& Serpell, 1993; Prokop \& Tunnicliffe, 2010; Rothgerber \& Mican, 2014) have consistently been reported as having a positive association with adults' attitudes toward animals.

Very few studies have investigated children's attitudes toward animals and what factors might be associated with them, especially in the Spanish population. Kidd and Kidd (1985) found that most of the 3 to 13-year-old participants in their study displayed positive attitudes toward pet animals, with $99 \%$ of children reporting that they wanted a pet. Nevertheless, children's relationships with animals might change throughout childhood and adolescence. Evidence suggests that children's interest in pets and in biology decreases with age (Borgi \& Cirulli, 2015; Prokop, Prokop \& Tunnicliffe, 2007), as does emotional concern for and attachments to animals (Muldoon, Williams,

Lawrence \& Currie 2018; Williams, Muldoon \& Lawrence, 2010).

A challenge in this area of research is the availability of age-appropriate child measures of attitudes toward animals. Existing questionnaires aim to measure different facets of child-animal relationships, for example, The Lexington Attachment to Pets Scale (Johnson, Garrity \& Stallones, 1992) was designed to measure attachment to pets, while the Children's Treatment of Animals Questionnaire (CTAQ, Thompson \& Gullone, 2003) was designed to measure children's behaviour toward animals. However, none of these instruments have been tested and validated for use with children growing up in Spain, who are the focus of this paper.

## Pet Ownership and attitudes to animals

Having pets in the home is consistently reported to be associated with more positive perceptions of and more positive behaviours toward animals among both adults (Paul, 2000; Paul \& Serpell, 1993; Rothgerber \& Mican, 2014) and children (Lakestani, Donaldson, Verga \& Waran, 2011; Miura, Bradshaw, \& Tanida, 2002). Research has shown that children who grow up in households with companion animals, displayed more positive attitudes toward dogs (Lakestani et al., 2011), reported greater emotional connections to living animals, expressed more empathy toward animals, and perceived more similarities between human and non-human animal emotions (Hawkins \& Williams, 2016; Rothgerber \& Mican, 2014). Furthermore, pet ownership in childhood has been shown to have a long-term positive impact on attitudes toward animals throughout life (e.g. Hazel, Signal \& Taylor, 2011; Serpell, 2004).

However, within the general pattern of positive impacts of pets, there are variations depending on the species (Muldoon et al., 2018; Muldoon, Williams \& Currie, 2019). Even though humans seem to have more intense relationships with animals which are phylogenetically closer to themselves (Batt, 2009; Gebhard, 2013; Serpell, 2004), children would rather choose animals with which they
can interact and cuddle (Gebhard, 2013), establishing stronger emotional bonds with dogs or cats compared with birds or turtles (Hirschenhauser, Meichel, Schmalzer, \& Beetz, 2017; Muldoon et al., 2018).

## Beliefs in animal minds and attitudes to animals

'Beliefs in animal minds' (BAM) is the term used to describe the attribution of mental capacities to animals such as intellect, the ability to reason, and feelings of emotion (Hills, 1995; Knight, Vrji, Cherryman, \& Nankoosing, 2004). Such beliefs have been associated with positive attitudes and behaviours toward animals, such as caring and humane behaviour, concern for animals' wellbeing, empathy, and compassion toward animals (Ellingsen, Zanella, Bjerkås, \& Indrebø, 2010; Herzog \& Galvin, 1997; Hills, 1995; Knight et al., 2004). Hawkins \& Williams (2016) found that UK children's BAM scores were related to emotional attachment and positive attitudes toward animals. The belief that animals are conscious and capable of experiencing negative sensations and emotions is at the core of most people's concerns about animal welfare (Mendl \& Paul, 2004), and may form a moral barrier against animal mistreatment.

## The Present Study

In a previous paper (Author, Author, \& Author, In Press), we explored belief in animal mind among Spanish primary school children, and considered the effects of a child's age, school year group, gender, and pet ownership on these. The current study aimed to examine Spanish children's attitudes toward animals, and the potential associations demographic variables such as age, gender, school year, or having a companion animal, might have with them. We also examined the relationship between children's beliefs about animal minds and children's attitudes toward animals within this Spanish sample.

On the basis of previous findings, it was predicted that there would be variations in children's
attitudes toward animals related to age and school year (Prediction 1), gender (Prediction 2), and having a companion animal at home (Prediction 3). Additionally, it was predicted that having greater belief in animal mind would be related to more positive attitudes toward animals (Prediction 4).

## MATERIAL AND METHODS

## Participants

A total of 416 questionnaires were collected from children within one primary school in Cordoba, Spain, with a response rate of $97.17 \%$. The primary school was selected because of its size (three lines of primary, meaning three groups in each school year), type of centre (state centre) and location (Cordoba, Spain).

The age of the children surveyed ranged from six to thirteen years $(M=9.18 ; S D=1.73)$. Table 1 displays demographic information from the respondents, alongside with means, and median of BATAC total score, calculated as a sum of all item scores. Fifty-two children did not report their gender, nor if they had a pet at home, therefore their answers were excluded in subsequent analyses involving some of these variables.

- Table 1 around here -


## Ethical statement

This study followed Spanish ethical guidelines (Universidad de Córdoba, 2015) and the head teacher provided informed consent for children to participate 'in loco parentis'. Children were invited to participate and could withdraw from the study at any time if they did not wish to complete data collection.

## Questionnaire Design

A questionnaire comprising two sections (part one and part two) was used in this study. Part one comprised demographic questions (age, gender, school year and pet ownership) alongside the Child-BAM: Children's Beliefs about Animal Minds scale (Hawkins \& Williams, 2016) and part two comprised a new scale for children's attitudes toward animals, the 'Brief Attitudes Toward Animals scale for Children' (BATAC).

## Measures

## Children's Attitudes toward Animals (BATAC)

The 'Brief Attitudes Toward Animals scale for Children' (BATAC) was used (See Table 2). This measure comprised twelve items adapted from previously published scales (Hawkins \& Williams, 2016; Johnson, Garrity \& Stallones, 1992; Marsa-Sambola et al., 2016; Thompson \& Gullone, 2003; Templer, Salter, Baldwin, Dickey, \& Veleber, 1981) which covered topics such as attachment, compassion, treatment of animals, and relationship with companion animals. Items were selected following the criteria of appropriateness for 6 to 13 year-old children, and not causing any ethical concern or psychological distress among children.

Children were asked to rate their agreement with each statement, from 1 ('fully disagree') to 5 ('fully agree'), with the aid of an emoticon rating system of five faces displaying emotions, from very sad, neutral, to very happy. A total score was calculated for each child by summing all item scores (range 12-60). The attitude scale was coded, and higher scores represented more pro-animal attitudes.

## Children's Beliefs about Animal Minds

An adapted version of the Children's Beliefs about Animal Minds scale (Child-BAM; Hawkins \& Williams, 2016) was designed to examine children's beliefs regarding the capacity of eight animal species (human being, cow, dog, sparrow, frog, otter, chimpanzee, and goldfish) to be intelligent, to
feel pain, fear, happiness, and sadness. The statements were translated into Spanish following the back-translation procedure (Brislin, 1970). Higher scores represent higher perception of animals' capabilities, including higher levels of cognition (intelligence) and sentience (aggregate value of pain, fear, happiness and sadness scores). Subcategories of 'sentience' and 'cognition' were analysed in detail, as well as total BAM scores across categories.

In Author, Author and Author (In Press), we analysed belief in animal mind of Spanish primary school children and whether they were associated with a child's age, school year group, gender, and pet ownership. In this paper, we analysed the relationship between Spanish children's belief in animal mind and their attitudes toward animals.

The Child-BAM scale is reliable within our Spanish population (Author et al., in Press): Cronbach's $a=0.903 ;$ Revelle's omega $=0.93 ;$ Sijtsma's glb $=0.85$.

## Procedure

The head teacher of the school was personally contacted by the first author, who provided information on the study (questionnaire and supplementary material), inviting the school to take part. Once consent was obtained from the head teacher and faculty of the primary school, questionnaires were distributed among teachers with an information sheet which explained the aim of the survey, and how to carry it out with their pupils. Teachers were asked not to influence the children's answers, but to offer support if a child did not understand a question.

The survey was carried out during class time. Each child completed the questionnaire individually at their classroom desk and could ask for help from a teacher if they had difficulty in reading or understanding any of the questions. The questionnaire used appropriate terminology for the age group, and no personal details were collected beyond their gender, age, and pet ownership.

## Statistical analysis

Since the majority of variables failed to fulfil the criteria of equal variance and normal data distribution (Kolmogorov-Smirnov normality test $\mathrm{p}<0.05$ ), non-parametric statistical tests were applied. Therefore, Independent sample Kruskal-Wallis test, Related-samples Friedman's Two-Way analysis of variance or Mann-Whitney U test, were performed to analyse differences between groups of those variables that appeared as predictors of children attitudes toward animals, and posthoc pairwise comparisons were performed to confirm significant differences when necessary. Spearman's correlation coefficient or Spearmans's rho were conducted to identify the linear correlation between personal variables of respondents, beliefs in animal mind and attitudes toward animals. To examine the predictive value of participant variables and beliefs about animal minds on scores for attitudes toward animals, Categorical Regression analyses were conducted, as recommended by Starkweather (2017). Successive regression analyses were carried out after excluding those predictors that were revealed as unimportant in previous analyses.

## RESULTS

## Children's Attitudes toward Animals

The mean value of the Brief Attitudes toward Animals scale for Children (BATAC) was 51.18 out of a maximum possible value of $60(S D=7.58$; Median $=53.23)$. Means, $S D$ and median values from each item are shown in Table 2. Item n. 1 "Playing with a pet is fun" was scored the highest, while item n .10 "A pet is a lot of work" was scored the lowest, demonstrating children's positive attitudes toward animals.

Principal Component Analysis

Following Hutcheson and Sofroniou (1999) criteria, our scale showed a good sampling adequacy (Kaiser-Meyer-Olkin $\mathrm{KMO}=0.778$ ), while Bartlett's test of sphericity concluded that factor analysis was appropriate ( $\mathrm{p}<0.001$ ). Initial analysis using principal component analysis (PCA) extracted three components from the attitude variables, explaining $56.47 \%$ of the variance. Table 2 shows the eigenvalues of the items in the varimax rotated matrix. Factor 1 was labelled
'compassion' and included question $\mathrm{n} .7,8,9$ and 12 ; factor 2 was labelled 'friendship' and included question n. 1, 4, 6, and 11; and factor 3 was labelled 'opinion on ownership' and included question $\mathrm{n} .2,3,5$ and 10 (Table 2). These three subscales were used in subsequent statistical analyses.

## Examining the reliability of the BATAC

In order to test the reliability of the scale, several consistency analyses were performed following Peters (2014): Cronbach's alpha (Cronbach, 1951), omega (Revelle \& Zinbarg, 2009), and the greatest lower bound to reliability index (glb; Sijtsma, 2009) using 'R' statistical software package (R Development Core Team, 2014). The BATAC scale showed very good concordance (Cronbach's $\alpha=0.75 ;$ Revelle's omega $=0.75$; Sijtsma's glb $=0.84$ ). Only one item (n. 10 'A pet is a lot of work') seemed to slightly reduce its reliability (Table 2 ).

Spearman's correlation analysis showed that the three factors were correlated (Table 3). Nonetheless, Related-samples Friedman's Two-Way analysis of variance showed that they were scored differently ( $\mathrm{p}<0.001$; pairwise comparisons Adj. $p=0.001$ ). Factor 2 'Friendship' achieved
the highest scores ( $M=4.672$; $S D=0.575$; Median $=5$ ), followed by Factor 1 'Compassion' ( $M=$ 4.33; $S D=1.067$; Median = 5) while Factor 3 'Opinion on Ownership' achieved the lowest ( $M=$ 3.782; $S D=1.006 ;$ Median $=4$ ). Regarding their reliability, only Factor 1 showed greater consistency than the whole scale (Table 3).

- Table 3 around here -

Demographic Variables, Attitudes toward Animals, Beliefs about animal minds and.

Categorical Regression analysis established that the independent variables school year, having a dog, having a small mammal, and Child-BAM scores, significantly predicted children's attitudes toward animals ( $F_{391,6}=11.228 ; p<0.001$ ), explaining $13.6 \%$ of the variance. The independent variables age, gender, perception of animals' intelligence, having a cat, a reptile, a bird or a fish, were not significant predictors of children's attitudes ( $p>0.05$ ). Table 4 shows categorical regression analysis by sub-scales (factors).

Age and Gender differences in attitudes to animals

Being older and being in a higher school year were related to higher scores on BATAC, 'compassion' (Factor 1) and 'opinion on ownership' (Factor 3), and therefore, higher concern for animals. By contrast, gender was not related to BATAC or any of its factors. Independent sample Kruskal-Wallis test showed that there was a significant variation among school year groups ( $p<0.001$ ). Children in first (age $M \pm S D=6.35 \pm 0.48$; Median = 6) and second year (age $M \pm S D=$ $7.38 \pm 0.49 ;$ Median $=7$ ) of primary school displayed significantly poorer attitudes toward animals than those in third (age $M \pm S D=8.37 \pm 0.51$; Median = 8), fourth (age $M \pm S D=9.48 \pm 0.6$; Median $=9)$, fifth (age $M \pm S D=10.33 \pm 0.51 ;$ Median $=10$ ) and sixth years (age $M \pm S D=11.58 \pm 0.64$;

Median $=12)($ Figure 1$)$. Pairwise comparisons established that the differences were due to first vs third, fourth, fifth and sixth year (Adj. $p<0.001$ ), and to second vs third (Adj. $p=0.015$ ), fifth (Adj. $p$ $=0.005)$ and sixth year (Adj. $p=0.015$ ). Fist year scores and second year scores were similar (Adj. $p=1.000$ ), as would second and fourth (Adj. $p>0.05$ ) (for Means, $S D$ and median values of BATAC total scores, see Table 1).

## Pets and attitudes to animals

Children who owned a dog displayed more positive attitudes toward animals $(M=52.02 ; S D=$ 7.42; Median $=53.73$ ) than those who did not $(M=50.55 ; S D=7.66 ;$ Median $=53$; Mann-Whitney U test $p=0.039)$, as did children who owned a small mammal $(M=53.87 ; S D=6.09$; Median $=$ 55.5) compared with those who did not $(M=50.86 ; S D=7.68$; Median $=53$; Mann-Whitney U test $p=0.01$ ).

## Beliefs about animal minds (Child-BAM) and attitudes to animals

There were significant associations between scores for beliefs about animal minds (Child-BAM) and attitudes toward animals (BATAC). However, there were differences in this association depending on the type of mental capabilities. Scoring animals higher on sentience capabilities (aggregate of pain, fear, happiness and sadness) was significantly related to scoring higher on total attitudes (BATAC), as well as the sub-measures 'compassion' (Factor 1) and 'friendship' (Factor 2) (see Table 4). However, intelligence capabilities of animals was not related to attitude scores, for either total scores (BATAC) or any sub-measures (factors).

Looking at the individual animal types, scoring dogs, humans, sparrows, frogs, otters and chimpanzees higher on all mental capabilities (total BAM scores) was related to higher total attitudes toward animals (BATAC) scores (see Table 4). Beliefs in mental abilities on all surveyed animal species were related to higher levels of 'Compassion' (Factor 1). Scoring dogs' or
chimpanzees' mental capabilities higher was also related to more positive attitudes toward 'Owning' a companion animal (Factor 3). Plus, scoring human, frog, otter and chimpanzees' higher on mental capabilities were related to higher levels of 'Friendship' attitudes (Factor 2).

- Table 4 around here -
- Figure 1 around here -


## DISCUSSION

The aim of this study was to examine Spanish children's attitudes toward animals and to examine the potential associations with demographic variables such as age, gender, school year or having a companion animal on these. We also examined the relationship between children's attitudes toward animals and Child-BAM, for the first time in a Spanish population. Firstly, it is important to note that Spanish children in this study displayed highly positive attitudes toward animals (a mean of 51.18 out of 60 ), these attitudes differed depending on demographic factors but overall, were predicted by children's beliefs about animal minds. In a previous paper (Author, Author \& Author, In Press), we found widespread beliefs about animal minds in this Spanish child sample, and now in this paper, their relation to pro-animal attitudes have been highlighted. These findings are similar to those found in children in Scotland, UK (Hawkins \& Williams, 2016; Hawkins et al., 2017). Both findings are promising for the welfare of their companion animals, and other animals children may interact with, given the association between Child-BAM and acceptance of animal cruelty (Hawkins \& Williams, 2016). This study further highlights the importance of targeting BAM within education programmes to promote children's positive attitudes toward animals (Hawkins \& Williams, 2016) Some established human-animal interaction questionnaires have been developed to decipher complex child-animal relationships, but none with a comprehensive perspective on attitudes to animals that is brief enough to be used with younger children in classroom settings. The Lexington

Attachment to Pets Scale (Johnson, Garrity \& Stallones, 1992) was neither designed for children nor validated for its use among them and although validated for measuring attachment to dogs and cats, there is no information regarding other types of pet. The Children's Treatment of Animals Questionnaire (CTAQ, Thompson \& Gullone, 2003), was designed for children but has so far only been validated for use among 8 to 10 years-old children, and only to test their behaviour, not feelings or attitudes toward animals. Marsa-Sambola et al. (2016) published a scale to examine children's attachment to pets. However, none of these instruments, nor other existing measures, have been completed by children growing up in Spain, who are the focus of this paper. This study utilised a new short measure of children's attitudes toward animals, the 'Brief Attitude Toward Animals Scale for Children' and its validation for use with children Spain has been demonstrated in the present study. Although the BATAC scale showed good reliability as a whole, it is important to note that the scale appeared to have three principal components, referred here to as 'Friendship', 'Compassion' and 'Opinion on Ownership'. This finding is important since some demographic and other personal variables related to some of these components but not to all. This tool is therefore promising, but further work is required to validate its further use using the three sub-scales. Additionally, the use of its sub-scales might provide further important information regarding children's attitudes toward animals and potential cultural differences. The results presented in this paper reveal that Spanish children's attitudes toward animals are influenced by a range of demographic variables, in line with findings from UK populations.

## Age differences for attitudes to animals

This study revealed that attitudes toward animals differ depending on children's age. In this study, age and school year influenced children's attitudes scores, with older children and those attending a higher school year, displaying more pro-animal attitudes compared to their younger schoolmates. This is in line with previous findings that older children have been reported to score BAM
differently than younger children (Knight et al., 2004; Hawkins \& Williams, 2016). However, age differences for BAM seem to be inconsistent across studies with some finding the opposite result to the present study, although not all are focused on children (Byrd, Widmar \& Fulton, 2017; Driscoll, 1992; Furnham \& Pinder, 1990; Kellert \& Berry, 1981; Maria, 2006) . Moreover, some studies found no age difference for BAM (Köhler, 2001; Kılıç \& Bozkurt, 2013). Children appear to lose interest in biology (Prokop, Prokop \& Tunnicliffe, 2007) and pets (Borgi \& Cirulli, 2015) as they grow up. Older children report more negative attitudes toward animals compared with younger children (Muldoon, Williams, Lawrence, Lakestani \& Currie, 2009) and children's attachment to pets seems to weaken with age (Hirschenhauser et al., 2017; Muldoon et al., 2018). Nevertheless, there are also findings that contradict these. For instance, Williams, Muldoon and Lawrence (2010) found no differences among 9 to 13-year-old children for attitudes toward animals in a UK population, however, reductions in pro-animal attitudes may reduce as children develop through adolescence. Our results show more positive attitudes among older Spanish children compared to the younger children. Age differences in children's attitudes toward animals are therefore still not fully understood, and there may be other factors, not included in these studies, which might be affecting their attitudes. Children of different ages can interpret questions in different ways especially when the question is ambiguous. For example, Question n. 10 "A pet is a lot of work" was considered as a negative attitude when participants rated it high, but it might be argued that pets are indeed a lot of work if you consider the responsibility of having one as their welfare is up to you, but this may not necessarily reflect a negative attitude toward that pet.

## Gender differences for attitudes to animals

This study found no gender differences in Spanish children's attitudes to animals. This is in contrast to research with adults where gender differences are frequently reported. Adult women have consistently been reported to display more pro-animal attitudes (Apostol, Rebega \& Miclea, 2013;

Menor-Campos et al., in press; Colombo, Crippa, Calderari, \& Prato-Previde, 2017; Knight et al., 2004; Ozen et al., 2009; Paul \& Podberscek, 2000; Sánchez-Muñoz, 2017; Serpell, 2005; Taylor \& Signal, 2005). However, the reasons why this gender difference exists remains unclear but some speculations have been made, for example, some authors suggest that it is due to differences in biological pathways (e.g., Maria, 2006), while others argue that society and cultural norms have an influence on attitudes and behaviour toward animals (e.g., Peek, Bell, \& Dunham, 1996).

The lack of gender differences in attitudes toward animals that we have found in our Spanish child sample is similar to previously reported in UK child research (Hawkins \& Williams, 2016). A key concern for research on attitudes to animals is to explore how and when gender differences emerge. Hastings, Zahn-Waxler, Robinson, Usher and Bridges (2000) found that girls, from the second year of life to adolescence, displayed higher concern for others than boys. More recently, Tardif-Williams and Bosacki (2015) reported that after a humane education in summer camp, all children reported sharing significantly closer bonds and friendships with their companion animals but interestingly, these results were more pronounced for girls compared to boys, and among younger children (aged 6 to 8 years) compared to older children (aged 9 to 12 years) children. Furthermore, the older boys scored lower on measures for humane treatment of their companion animals compared to the younger girls. Nevertheless, the potential mechanisms underpinning the development of attitudes toward animals, including the role of society and social processes and biological/genetic factors requires further research.

## Pet Ownership and attitudes to animals

The current study shows that having companion animals in Spain is associated with more positive attitudes to animals, in line with a wide range of studies. Having pets at home has typically been reported to be associated with more positive attitudes toward, and better knowledge of animals in a range of previous studies (Miura et al., 2002; Paul, 2000; Paul \& Serpell, 1993; Prokop \&

Tunnicliffe, 2010; Rothgerber \& Mican, 2014). Children who grow up in households with pets have been found to hold more favourable attitudes toward animals as adults (e.g. Serpell, 2004).

Likewise, adults owning pets hold more positive attitudes toward animals (Hazel, Signal \& Taylor, 2011). For instance, Lakestani et al. (2011) found that children with pet dogs displayed more positive attitudes to dogs than children who did not have a pet dog. More recently, Rothgerber \& Mican, (2014) found that children with pets displayed greater connections to living animals, expressing more empathy toward animals and perceiving greater human-animal similarity for both primary and secondary emotions. These findings may be explained by the strong bond that is usually established between dogs or cats and their owners (Mariti, Ricci, Zilocchi, \& Gazzano, 2013), or because taking care so closely of an animal such as cats or dogs might change people's perceptions toward animal issues (Mariti et al., 2012; Mariti et al., 2017).

The results presented in this paper suggest that having a dog or a small mammal at home is related to higher pro-animal attitudes. This finding is interesting because it provides insights into Spanish children's pet preferences and may be explained by children's preference for animal species that can be touched and cuddled and those which can facilitate physical activities such as play, supporting anthropomorphic play activities (Gebhard, 2013).

## Attitudes to animals and Beliefs about Animal Minds

This study revealed that children's attitudes toward animals were predicted by children's BAM scores. Beliefs about animal minds have been associated with caring and humane behaviour, concern for animals' wellbeing, empathy, compassion and attitudes toward animals, (Hills, 1995; Herzog \& Galvin, 1997; Knight et al., 2004; Ellingsen et al., 2010). Recently, Hawkins \& Williams (2016) found that Child-BAM was related to children's emotional attachment and positive attitudes toward animals.

Aggregating values of children's beliefs about animals' abilities to feel pain, fear, happiness and sadness allowed us to distinguish a relationship between children's beliefs in sentience capabilities of animals and children's attitudes toward animals, compared to their beliefs about an animals' cognitive abilities (intelligence). There was no relationship between beliefs in animal intelligence and children's attitudes toward animals. By contrast, sentience beliefs are highly associated with children's attitudes toward animals. This finding has implications for animal welfare education programmes, which should aim to reinforce messages relating to both emotional and cognitive abilities of animals, but particularly emotional capabilities, which in turn could positively influence children's attitudes toward animals.

Beliefs in the minds of cows or fish were less likely to be related to children's attitudes toward animals compared to belief in the minds of humans, dogs, chimpanzees, sparrows, otters or frogs, which seemed to be highly influential. Interestingly, these species achieved the lowest scores on Child-BAM scale (Author et al., In Press), and it is likely that children had lower contact with these species, potentially explaining these results.

## Limitations and future approaches

Sampling children from just one primary school might have contributed to a biased data set, and it was not possible to examine the influence of a wider range of personal attributes which could impact children's attitudes toward animals. Schools may differ for example, on what animal topics they already teach, some teachers may be more interested in animals than others, there may be differences between rural and urban schools, and other factors such as school size could also have an impact on results and so should be included in future research. Cultural, education, living conditions and personal background have been associated with different attitudes to animals in previous studies. Even parents' attitudes are crucial for children's attitude development. This may explain the amount of variance unexplained, which must encourage further research on issues such
as family influence on attitude development.

Secondly, the Brief Attitude Toward Animals Scale for Children (BATAC) needs to be validated in other samples. The term 'animal' seems to be widely generic, while 'pet' appeared in seven out of twelve statements, so the scale might be measuring attitudes toward companion animals rather than animals as a whole.

The high average BATAC scores have to be taken cautiously, as they can be the result of a ceiling effect due to a social desirability bias (see Randall \& Fernandes, 1991 for further explanation). Are children answering the way they think they should or the way they really feel about animals? It would be helpful for future research to relate children's attitudes toward animals to direct observations of child-animal interactions. Triangulating reports from different sources including the children, teachers and parents in future research may also be useful, although parents tend to highlight their children's kindness and might be influenced by social desirability bias as well.

Another limitation is that only measuring whether a child has an animal within the home does not mean that particular child have any role in their daily care, or are attached to that animal. Future research should explore children's relations with their companion animals in more depth, including indicators of children's engagement with their pets and attachment to that pet, which may impact upon their attitudes toward animals.

## Conclusions

Spanish primary school children in the current study reported highly positive attitudes toward animals, similar to other countries. The new brief animal attitude scale used (BATAC) seems promising and analysis has revealed three main components, explaining more than a half of its variance. Components have been referred here to as 'Compassion', 'Friendship' and 'Opinion on Ownership', and are influenced by various demographic variables including age, school year, having
a dog or a small mammal at home. Children's belief in animal mind was related to their attitudes toward animals, but only for sentience abilities, not cognitive capabilities, and not in relation to all animals. This study highlights important implications for animal welfare education, but further research is required on the development of children's attitudes toward animals throughout childhood and adolescence, and how such attitudes may impact upon both positive and negative behaviours toward animals.

## NOTES

1. We use the term 'animal' throughout this article to mean all non-human animals.

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## TABLES

618 Table 1. Summary of respondents' variables alongside with means, SD and medians from BATAC total scores.

| Variable | Number | \% | Mean | SD | Median |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Gender |  |  |  |  |  |
| Female (F) | 179 | 43.03 | 50.78 | 7.74 | 53.00 |
| Male (M) | 185 | 44.47 | 52.01 | 6.94 | 54.00 |
| Non reported | 52 | 12.5 | - | - | - |
| School Year Group |  |  |  |  |  |
| 1 | 46 (14F/11M) | 11.06 | 44.71 | 8.07 | 44.00 |
| 2 | $\begin{gathered} 42 \\ (20 \mathrm{~F} / 20 \mathrm{M}) \end{gathered}$ | 10.10 | 46.19 | 10.25 | 48.00 |
| 3 | $\begin{gathered} 101 \\ (45 \mathrm{~F} / 52 \mathrm{M}) \end{gathered}$ | 24.28 | 52.33 | 6.71 | 54.00 |
| 4 | $\begin{gathered} 81 \\ (30 \mathrm{~F} / 27 \mathrm{M}) \end{gathered}$ | 19.47 | 51.71 | 7.38 | 53.45 |
| 5 | $\begin{gathered} 70 \\ (35 \mathrm{~F} / 33 \mathrm{M}) \end{gathered}$ | 16.83 | 53.20 | 5.70 | 55.00 |
| 6 | $\begin{gathered} 76 \\ (33 \mathrm{~F} / 42 \mathrm{M}) \end{gathered}$ | 18.27 | 52.77 | 5.86 | 55.00 |


| Age |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 6 | 30 | 7.2 | 44.24 | 8.57 | 43.27 |
| 7 | 42 | 10.1 | 47.71 | 8.98 | 48.00 |
| 8 | 79 | 19.0 | 50.42 | 8.41 | 53.00 |
| 9 | 80 | 19.2 | 51.36 | 7.34 | 53.00 |
| 10 | 80 | 19.2 | 52.55 | 6.78 | 55.00 |
| 11 | 60 | 14.4 | 52.76 | 5.31 | 54.00 |
| 12 | 36 | 8.7 | 53.20 | 6.07 | 55.50 |
| 13 | 5 | 1.2 | 53.25 | 5.38 | 55.00 |
| Pet Ownership |  |  |  |  |  |
| Yes | 302 | 72.60 | 51.69 | 7.50 | 54.00 |
| No | 62 | 14.90 | 49.82 | 7.67 | 52.00 |
| Non reported | 52 | 12.5 | - | - | - |
| Type of Animals at home |  |  |  |  |  |
| Dogs | 183 | 43.99 | 52.02 | 7.42 | 53.73 |
| Birds | 75 | 18.03 | 51.15 | 7.92 | 54.00 |
| Cats | 53 | 12.74 | 51.27 | 7.76 | 54.00 |
| Small mammals | 42 | 10.10 | 53.87 | 6.09 | 55.50 |
| Turtles and other reptiles | 41 | 9.86 | 52.46 | 7.26 | 55.82 |
| Fish | 32 | 7.69 | 49.75 | 7.60 | 52.50 |

Tables

Table 2. Mean, $S D$, and median values; Principal Component Analysis - Eigenvalues of a varimax rotated matrix - values higher than .5 are in bold; and Reliability analysis - Cronbach's alpha, Revelle's omega and Sijtsma's glb reliability coefficients excluding each item - for each item of BATAC.
[Original statement in Spanish]. * item was reverse scored.


[Me siento mal cuando molestan o asustan a los animales]

Tables

Table 3. Spearman's rho correlation and reliability analysis - Cronbach's alpha, Revelle's omega and Sijtsma's glb reliability coefficients- of BATAC factors.

| Factor | Spearman's rho | Reliability study |  |  |  |
| :--- | :---: | :--- | :---: | :---: | :---: |
|  |  |  | alpha | omega | glb |
|  | Factor 1 | Factor 2 |  |  |  |
| Factor 1 'Compassion' |  |  | 0.870 | 0.840 | 0.870 |
| Factor 2 'Friendship' | $0.376^{* *}$ |  | 0.680 | 0.600 | 0.680 |
| Factor 3 'Opinion on Ownership' | $0.256^{* *}$ | $0.272 * *$ | 0.700 | 0.650 | 0.710 |

Tables

| Variable | Statistic | BATAC | 'Compassion' Factor 1 | 'Friendship' Factor 2 | 'Opinion on ownership' Factor 3 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | $r_{a}$ | 0.212** | 0.126* | 0.038 | 0.197** |
| Gender | $r_{b}$ | 0.073 | 0.063 | 0.039 | 0.049 |
| School year group | $r_{a}$ | 0.221** | 0.131** | 0.036 | 0.203** |
| Total BAM | $r_{a}$ | 0.186** | 0.218** | 0.239** | 0.035 |
| Cognition | $r_{a}$ | 0.028 | 0.034 | 0.090 | 0.030 |
| Sentience | $r_{a}$ | 0.185** | 0.239** | 0.158** | 0.056 |
| Dog | $r_{a}$ | 0.156** | 0.129* | 0.081 | 0.132** |
| Cow | $r_{a}$ | 0.092 | 0.137** | 0.081 | 0.013 |
| Child Human | $r_{a}$ | 0.138** | 0.159** | 0.158** | 0.057 |
| BAM Sparrow | $r_{a}$ | 0.108* | 0.130** | 0.097 | 0.059 |
| Frog | $r_{a}$ | 0.117* | 0.168** | 0.122* | 0.031 |
| Otter | $r_{a}$ | 0.160** | 0.214** | 0.180** | 0.074 |
| Chimpanzee | $r_{a}$ | 0.213** | 0.197** | 0.163** | 0.126* |
| Goldfish | $r_{a}$ | 0.074 | 0.113* | 0.093 | 0.038 |
| Age | $B$ | - | -0.43 | - | - |
| Gender | B | - | 0.116 | - | - |
| School year | B | 0.304 | 0.588 | 0.204 | 0.282 |
| Dogs | B | 0.088 | - | 0.093 | 0.125 |
| Birds | B | - | - | - | - |
| Cats | B | - | - | - | - |
| Small mammals | B | 0.114 | 0.074 | 0.137 | - |
| Turtles and other reptiles | B | - | - | - | - |
| Fish | B | - | - | - | - |
| Child-BAM | $B$ | 0.143 | 0.187 | 0.196 | - |
|  | Adj r2 | 13.6 | 12 | 12.2 | 8.7 |
|  | F | 11.228 | 4.572 | 13.314 | 8.583 |
|  | $p$ | $<0.001$ | $<0.001$ | $<0.001$ | $<0.001$ |
|  | $d f$ | 6;391 | 12; 315 | 4;357 | 4;397 |

a. Pearson correlation b. Spearman's rank correlation coefficient.**. Correlation is significant at the 0.01 level (2-tailed) *. Correlation is significant at the 0.05 level (2-tailed).

