



**INTERCULTURAL LEARNING THROUGH THE OUTDOOR
EXPERIENTIAL MEDIUM OF SAIL-TRAINING
APPENDIX VOLUME**

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A thesis submitted in fulfilment of the requirements for the degree of
Doctor of Philosophy

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The University of Edinburgh

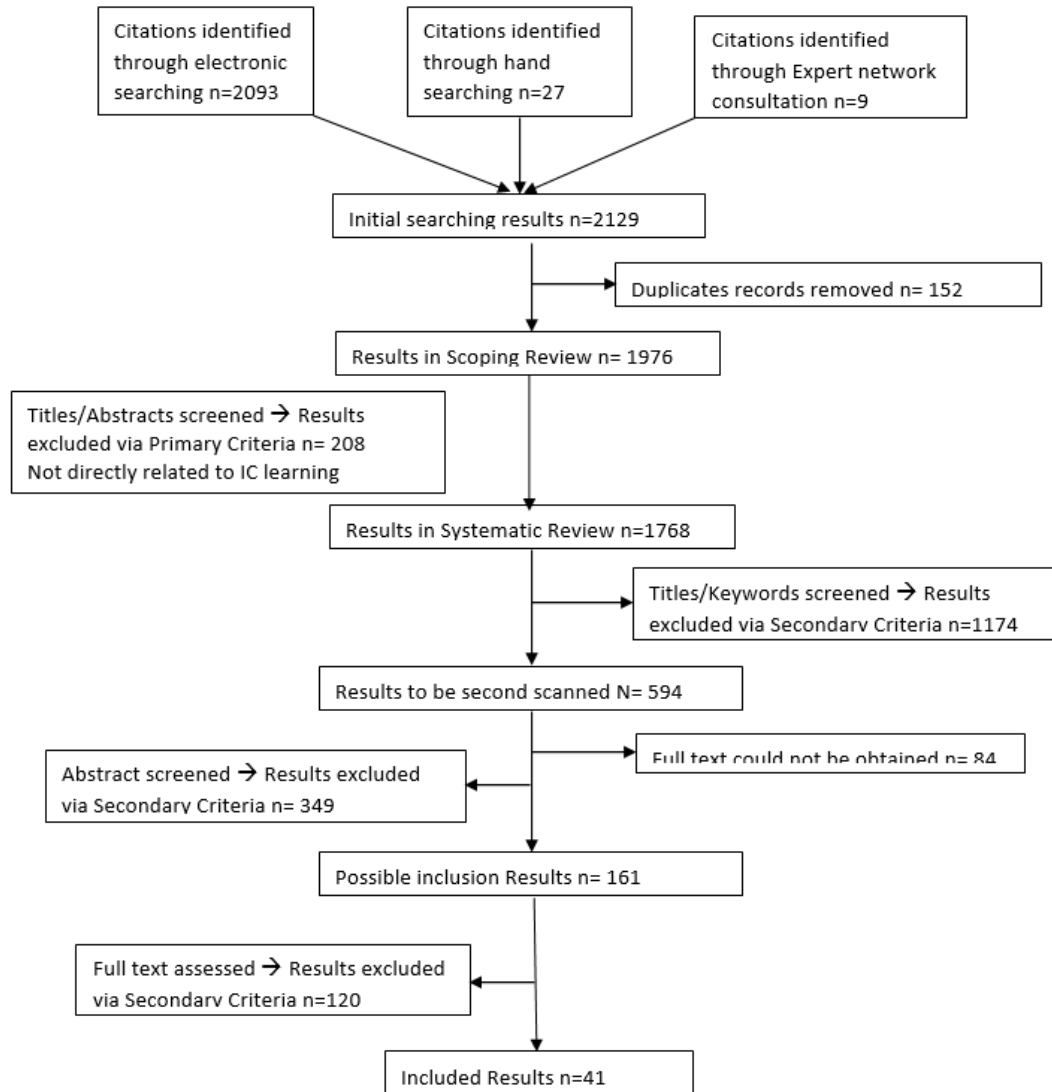
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Appendix 2.1 Systematic review flowchart



Appendix 5.1 Simulation sailing life workshop: Experiential pilot study

1. Timeframe

Date: August 14th 2016

Workshop set-up: 12:00 – 2:00 pm

Workshop delivery: 2:20 – 4:10 pm

Clear up/leader evaluation and focus group interview: 4:10 – 5:00 pm

2. Workshop set requirements

Two tables set up in the middle of the classroom, and all chairs moved away.

Food for making sandwich and fruits ready in the room next door.

3. Workshop outline

1) Introduction

6-8 min: Self-Introduction and warm up

A tool figure attached with a name tag will be wrapped in a paper ball. Each participant will be asked to grasp one and open the paper ball to announce the name (E.g. Ann) in the ball. Ann will wear the name tag/pin and introduces herself briefly. The person grasped the paper ball just now would then get a chance to ask Ann a question according to Ann's self-introduction.

2) Scene I

10-15 min: Ship building (including making a flag)

“Since we are going to sail cross the North Sea from Scotland to Gothenburg Sweden, we need a ship first. Both of your group will create a tall ship using the materials on the table. You can make whatever ship you like the only two criteria is that (1) This ship should be solid and secure enough to accommodate as many trainees as it can. (2) This ship should have its own flag. ”

Role play: public relationship leader; catering leader; deck leader; First aid leader

3) *Scene II*

Group A: Dinner cooking with instructions (including cutting fruits into slices, peel eggs, cutting eggs into slices) + Note-passing

Group B: Group discussion

4) *Scene III*

Group B: Dinner cooking with instructions (including making sandwiches with the materials prepared by Group A, distribute the food into 8 portions evenly) + Note-passing



Group A: Group discussion

5) *Scene IV*

Having dinner together

1. The deck leader got injured when setting sail, and got stomach-ache meanwhile
2. Two catering leaders serve everyone to have dinner
3. First aid leader has to help deal with the wound, with the help of the group members
4. People start to have dinner and a diary page will be distributed to each person to reflect their experience in the last hour

4. Workshop details and records

Time	Action	Materials/set up	
2.20 - 2.30 Self-Introduction and warm up	<p>Hello name badges Ice breaker / warm up Panda eating Participants' names will be taped underneath each cup. Each participant will be asked to grasp one and eat the panda chocolate in the cups and announce the name he/she sees (E.g. Ann). Ann will then be the second one to grasp the cup after introducing herself briefly.</p> <p>Possible extension: The person grasped the cut just now would get a chance to ask Ann a question according to Ann's self-introduction.</p>	<p>Name badge stickers Pens / marker pens Coloured plastic Glasses Plastic tray Table / chairs or floor/ cushions Small table with wheels (removable) Chocolate panda biscuits Paper slip with eight different colours</p>	
2.30 - 2.50	<p>Participants will be divided into 2 groups according to the instruction written besides names underneath the cup.</p> <p>Materials will be handed out for each group to build a waterproof ship. Two requirements will be announced to build this ship:</p> <ol style="list-style-type: none"> 1. A flag should be designed together with the ship; 2. The ship should have a waterproof exterior design and the size should be within half of the prepared sink; 	<p>Coloured paper Scissors Tapes Staplers Post-it Pin Waterproof material Pen Cardboard</p>	
2.50 -2.55	Put the built ship into water.		

3.00 - 3.15

Group 2 transfer to the next room to do dinner preparation according to pre-written instruction.
Group 1 remain in the classroom and a story will be handed out to each of the group members.

Group 1 members are asked to give individual ranks according to the behaviour of five characters in the story, 5- The worst person..... 1- The least bad. Then member discuss who they decided as the worst and give the reason. They do not necessary to have consensus on this issue.

Banana
Apple
Tomato
Cucumber
Boiled eggs
Plates and knives
Printed stories







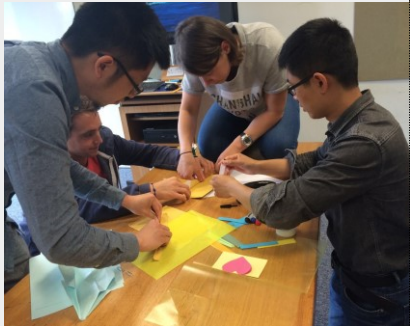

(Story) Abigale loves Tom who lives on the other side of the river. A flood has destroyed all bridges across the river, and has left only one boat afloat. Abigale asks Sinbad, the owner of the boat, to bring her to the other side. Sinbad agrees, but insists that Abigale has to sleep with him in return.

Abigale does not know what to do and runs to her mother and asks her what she should do. Her mother tells Abigale that she does not want to interfere with Abigale's own business.

In her desperation Abigale sleeps with Sinbad who, afterwards, brings her across the river. Abigale runs to Tom to happily embrace him and tell him everything that has happened. Tom pushes her away bluntly and Abigale runs away.

Not far from Tom's house, Abigale meets John, Tom's best friend. She tells everything that has happened to him as well. John hits Tom for what he has done to Abigale and walks away with her.

3.15 - 3.30	Two group swap their places. Group 1 go the next room to continue prepare dinner, and Group 2 come back to the classroom to read the story and rank characters.	Sandwich dress Juice Bread Ham Salt 8 Plates Tissues	
3.30 – 3.35	All people come back to the classroom		
3.35-3.40	Roles nomination – Chef leader, clean leader, easily injured/ most brave person, medical assistant		
3.40-3.50	Chef leader serve the dinner Clean leader clean the tables Medical assistance help the injured person to wrap the wounds	Bandage	

3.50 - 4.00	Dinner time and diary keeping	Printed diary page	
4.00 - 4.30	Collect the diary back Focus group discussion		
More pictures			

Appendix 5.2 Semi-structure framework of observation

Record of observation will involve when the activity observed took place, who was involved, what kinds of things were said, what instructions were given and what decisions and discussions took place.

The specific events I will be able to observe include but not limited to:

1. Trainees' interaction with close acquaintance ashore

- 1.1 Their arrival on board, their interaction with people who accompanied them to arrive
- 1.2 When moored in the harbour, trainees' interaction with close acquaintances came to meet them
- 1.3 They show friends or family member around the ship when returned to Gothenburg

2. The interactions in the context of the tall ship

- 2.1 The physical environment in which the projects were taking place, including the bounded nature of the
- 2.2 The flexibility around personal boundaries ship
- 2.3 Relationships between the trainees and trainers, including ice-break conversations
- 2.4 Physical contact among same gender and different genders
- 2.5 Trainees' spontaneous games and activities at leisure time aboard
- 2.6 The linguistics people use on the ship in different context
- 2.7 End-of-voyage farewell

3. Teambuilding and cross-cultural interaction

- 3.1 Ice-breaking game
- 3.2 National dinner preparation/cooking and other people's reaction when served
- 3.3 Briefings and reviewing of activities
- 3.4 Map drawing
- 3.5 Battle of the watches
- 3.6 Sailor ropes & bracelets
- 3.7 Input of the cultural diversity young people into decision-making

4. Social activity in the harbour

- 4.1 Crew parade, including preparation, the parade, and the momentum
- 4.2 Crew party, including preparation, the party, and the momentum
- 4.3 Group party in the restaurant/bar
- 4.4 Beach sports and competitions

Appendix 5.3 Sail trainee's sailing diary

1) 19-page diary design



Sailing Diary – Vega Gamleby

Your Information

- Name: _____
- Gender: Male Female
- Age: _____
- Nationality: _____ (Please list all of your nationalities)
- First Language: _____
- Second Language (if any): _____
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed _____ time(s).
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)
- Why did you decide to join this voyage?

- Did your family or friends support your decision to come sailing? Why?

- How would you describe yourself in one sentence?

August 21

How do you feel today?

(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

What's new?

Did you make new friends? Did you learn anything new?



How do you feel today?

(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

What's new?

Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

August 23

How do you feel today?
(Please circle 2 of your main feelings today)

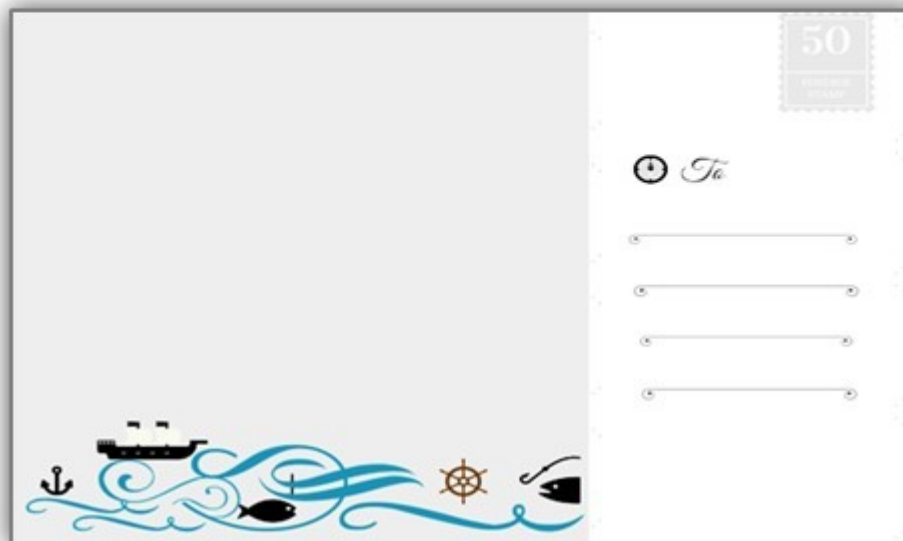
Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

Postcard

Please write a postcard to a friend or family member about your sailing experience during the last three days.



August 24

How do you feel today?

(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

What's new?

Did you learn anything new? Do you have any new plan about your future?

August 25

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

August 26

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.



How do you feel today?
(Please circle 2 of your main feelings today)

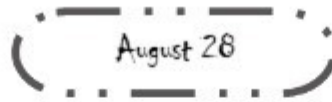
Happy 	Unhappy 	Excited 	Angry 	Helped 	Anxious 	Confused 	Impressed 	Other: _____
Scared 	Embarrassed 	Peaceful 	Sad 	Negative 	Shocked 	Positive 	Wordless 	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

Note passing

Is there anything you want to say to any of your new friends (either trainee or trainer) on board?



How do you feel today?
(Please circle 2 of your main feelings today)

Happy 	Unhappy 	Excited 	Angry 	Helped 	Anxious 	Confused 	Impressed 	Other: _____
Scared 	Embarrassed 	Peaceful 	Sad 	Negative 	Shocked 	Positive 	Wordless 	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

What's new?

Did you discover anything new about yourself during this voyage? And what about your country?

August 29

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

What's new?

Did you learn anything new? Do you have any new plan about your future?

August 30

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

What's new?

Did you learn anything new? Do you have any new plan about your future?

Some other reflection

- Have you ever been to other countries before this voyage? If yes, please give some examples here.

- Do you have any foreign friends before this voyage? If yes, how did you get to know them?

- How would you describe yourself in one sentence?

- Let's say, someone wants to join a sail training voyage like this, what would you recommend in terms of how to get along with other people onboard?

August 31

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.



September 1

How do you feel today?

(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

What's new?

Did you learn anything new? Do you have any new plan about your future?

September 2

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

Postcard

Please write a postcard to a friend or family member about your sailing experience so far.

50

To

Anchor, Ship, Waves, Fish, Ship's Wheel, Hand holding pen



How do you feel today?

(Please circle 2 of your main feelings today)

Happy 	Unhappy 	Excited 	Angry 	Helped 	Anxious 	Confused 	Impressed 	Other: _____
Scared 	Embarrassed 	Peaceful 	Sad 	Negative 	Shocked 	Positive 	Wordless 	

About yourself

Do you think you have changed in any way between the first day and now? If so, what exactly has been changed?

Can you think of reasons that have made these changes happen?

To do list

Do you have any new plans for the near future which you didn't have before you joined this voyage?

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

How do you feel being with other people on board? Can you please give some examples?

After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

2) Diary of trainee Trainee P

Your Information

- Name: [REDACTED]
- Gender: Male Female
- Age: 18
- Nationality: Swedish (Please list all of your nationalities)
- First Language: Swedish
- Second Language (if any): _____
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed 20 time(s). small boats
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate currently studying "gymnasiet"
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)
- Why did you decide to join this voyage?
New experience, adventure, love the sea, new friends.
- Did your family or friends support your decision to come sailing? Why?
Yes they did. ~~I have always~~ I guess they are into the things above too.
- How would you describe yourself in one sentence?
I'm ambitious and curious about the world, love food, reading and spending time with good people.

August 21

FEELINGS

• uncomfortable • tired

STORY SHARING

We went through alot of new things today. It's hard to keep up ~~and~~ but I try my best to remember everything.

My main problem is kind of what I should do. I feel quite uncomfortable with the whole situation - living so close to people I don't know at all.

WHAT'S NEW

Well I didn't really get to know someone new today. ~~It~~ or I guess it depends how you would define it. I don't really have a "friend" yet, ~~it's~~ it's still just smalltalk with everyone.

And of course I learned alot of new sailing related things!

August 22

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Story sharing

Why do you feel this way? What happened to you today?

Me together with Mia Frida & oliver
tried to find ice cream in shagen
but failed. I still don't really
know how to behave on the
ship in general. I find it hard
to know what to do in this
environment. But it's still fun
at moments!!!

What's new?

Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

Yes I had my first "skettime" in
a harbour. Now I think all the
new things are starting to
sink in.

August 25

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

I'm seasick. That's horrible. But
at times it disappears and then
it's not better, the whole experience.
I also feel taken care of the
crew, the chefs and the other
trainers.

Postcard

Please write a postcard to a friend or family member about your sailing
experience during the last three days.

Hi Sofia! (my friend)
So far this experience
isn't the greatest. I've
been seasick and so far
I haven't made any really
good friends. But at times
I still have a good time,
eating good food and
enjoying the pretty views.
HUGS, NLOE

Ⓞ

SOFIA
SWEDEN

August 24

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

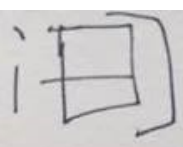
Today the seasickness has been better! that made my day alot better. ALSO WE SAW DOLPHINS ♡ And today I'm starting to know the ppl onboard better. I did some yoga and talked to Kate for the first time and she seems great.

What's new?

Did you learn anything new? Do you have any new plan about your future?

yes ~~to~~ today I have a new plan - to never do this again. Even though I feel better I just feel like this isn't worth it. I can't wait to come to Blyth and get off the boat and HAVE A SHOWER.

August 25



How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

Today was a fun day!! During watch Brandon told us about his petbat and that was so MUCH FUN. I've also spent time with Linda & Jakob and had a good time in the saloon between our watches.

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

I feel that I've actually started to get good friends now. Today I kind of want to be everywhere all the time so that I don't miss out on anything fun. That's a huge difference from yesterday when I thought it wasn't that much fun at all.

August 27

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

We had the crew parade today AND IT WAS SO MUCH FUN. Like one-of-the-best-moments-in-my-life-fun. The whole group did it together, even though we had troubles agreeing on a theme.

Note passing

Is there anything you want to say to any of your new friends (either trainee or trainer) on board?

Well I'd like to express my feelings of finding a new friend to hate. She is the best!! And Linda. Linda is WONDERRFUL. I've never met anyone that's like her, ~~at~~ not even a bit.

August 26

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Helped	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input type="radio"/> Impressed	Other: _____
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Wordless	<input type="radio"/>

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

We had tacos and it was fun. I spent time alone with Linda and felt comfortable. We did our laundry and had lunch together (Linda, Olivia, Frida & me) and had a great time.



















What's new?

Did you discover anything new about yourself during this voyage? And what about your country?

Yes I now feel much more confident actually. I think that's because I made the trip over, without makeup, mirrors or showers. And now I'm even having fun and feeling confident!!!

August 29

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								tired
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

The time in Blyth took a lot of energy and now I need to rest. Spent some time alone today which was needed, sometimes it's just a bit hard to constantly be around people.

What's new?

Did you learn anything new? Do you have any new plan about your future?

Yes today when leaving harbor and starting the race, there was a new feeling in the group. We felt like one unit in a different way. ♥

August 30

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								tired
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

The planactors this morning!!! Like a thousands stars in the waves. Had such a good time with foremost Linda & Kate in the sun on deck today between watches. We just relaxed, talked, listened to music and had a good time.

What's new?

Did you learn anything new? Do you have any new plan about your future?

I'm really starting to like this. Living on a tall ship, being at the sea, working with all the people. I'm actually starting to love it.

Some other reflection.....

- Have you ever been to other countries before this voyage? If yes, please give some examples here.

yes! Brazil, the US, Australia, Singapore, Kap Verde, Italy, the caribbean, Spain, Denmark, UK, mauritius, (spelling sorry) Norway & Cyprus.

- Do you have any foreign friends before this voyage? If yes, how did you get to know them?

Yes I have Norwegian friends. I got to ~~know~~ know them at a trip I did last summer across the US together w an organisation that handles trips for teenagers.

- How would you describe yourself in one sentence?

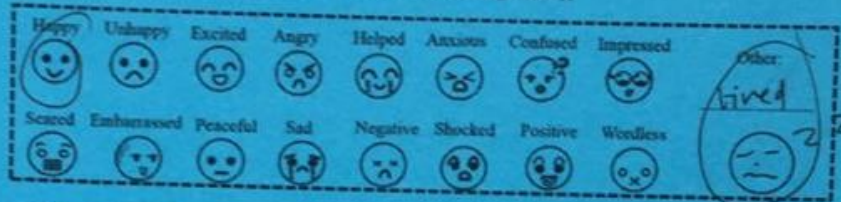
See first page, wrote that today cause couldn't think of things to write the first days.

- Let's say, someone wants to join a sail training voyage like this, what would you recommend in terms of how to get along with other people onboard?

Be openminded, remember that you spend ALL YOUR TIME with them so quickly move on from the small talk. Talk to everyone and just be yourself! People will appreciate that - they will tell after a few days if you have been holding up a ~~interest~~ false persona.

August 31

How do you feel today?
(Please circle 2 of your main feelings today)



Story sharing

Why do you feel this way? What happened to you today?

Ate candy with a lot of people, offered the man swedes a typical salty sweet. Everyone found it disgusting and that was entertaining. Had a nice cozy time with Linda.

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

We all sit so close to each other and are being intimate even though we are just good friends. That's new for me.

September 1

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

The tiredness is getting to me and that stopped me from participating too much today. I'm still happy with the voyage though.

What's new?

Did you learn anything new? Do you have any new plan about your future?

It's good to be back close to home, but I wish the time on sea lasted a day or two longer, I wouldn't mind that.

September 2

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing


Why do you feel this way? What happened to you today?

It feels so weird to be back in Gothenburg! I didn't even know these people two weeks ago, and now we spend all days together.

Postcard

Please write a postcard to a friend or family member about your sailing experience so far.

Hi Sofia!
I've had a great time even though it's starting to get hard speaking so much english... I miss being able to express EVERYTHING I want to say! I know that you want to visit me in the harbour, but I just want you to know that I also want to spend as much time as possible w my friends onboard.



September 5

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Helped	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input type="radio"/> Impressed	<input type="radio"/> Other:
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input checked="" type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Wordless	<input type="radio"/>

About yourself

Do you think you have changed in any way between the first day and now? If so, what exactly has been changed?

yes I've become more confident.
I also feel that I have a better
knowledge about how to act
socially - which also relates to my

new confidence.

Can you think of reasons that have made these changes happen?

~~Because~~ I've made a thing that's
completely new to me! I've
had so much fun and manage
to do so many new things.

To do list

Do you have any new plans for the near future which you didn't have before you joined this voyage?

Go to Ireland! see Linda! &
→ visit Kate.
Sail again!!!

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

How do you feel being with other people on board? Can you please give some examples?

I will miss everyone. My watch, the dinners, the time spent ashore. I feel so close to a lot of people onboard.

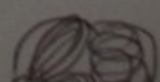
After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

YES. 1. the ocean (waves, planktons, dolphins). 2. exploring new places 3. meeting new interesting people 4. becoming a team together with the whole party onboard that was an awesome feeling.

3) Diary of trainee Trainee A


















Your Information:

- Name: _____
- Gender: Male Female
- Age: 15
- Nationality: German (Please list all of your nationalities)
- First Language: German
- Second Language (if any): English
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed lots of time(s). (In dinghy's only)
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)
- Why did you decide to join this voyage?
Because I love sailing!
- Did your family or friends support your decision to come sailing? Why?
Yes. They thought it would be a great experience.
- How would you describe yourself in one sentence?
Even better looking than Nathan!



August 21

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

I feel a little anxious, as every-
one seems to know more than
me. I am also confused about
all the sails + ropes. I think I
will get there though! At
least I hope so!


















What's new?

Did you make new friends? Did you learn anything new?

Not yet. I have talked to some
people now though, and they
seem nice enough.

August 22

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

I have gotten a bit better at the ropes already and am very proud of myself. I also know everyone's name by now, which was one of my aims. Strange, but true.

What's new?

Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

Yes I am getting closer to everyone in Skansen already. Everyone is very helpful and understanding.

August 23

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

Something about the ocean and the people on board makes me feel happy + peaceful, even when there is loads of work to do.

Postcard


















Please write a postcard to a friend or family member about your sailing experience during the last three days.

Hi everyone,
I have been sailing for three days now already + am loving it! I do feel sorry for Celine + Caitlin though, whose sea sickness just isn't getting better. See you all soon!
Mallee

Home

August 24

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

I feel happy because I have got better at the names of the ropes and also at steering. Everyone is really nice, even though we don't all understand us all at some times!

What's new?

Did you learn anything new? Do you have any new plan about your future?

I learnt some more ropes, and their uses. I really like being on a ship, but I also miss home a little.

August 25

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

I am really excited as we are getting closer to England, but I am also a bit anxious for Celine + Caitlin, as their sea sickness just isn't wearing off.


















How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

Our whole watch talked this morning and told our life stories. Jimena called it the "Atlantic Talk". I will never let myself forget what Brandon told Nathan: "You don't buy a bat, you find a broken one!"



September 1

How do you feel today?
(Please circle 2 of your main feelings today)

 Happy	 Unhappy	 Excited	 Angry	 Helped	 Anxious	 Confused	 Impressed	Other _____
 Scared	 Embarrassed	 Peaceful	 Sad	 Negative	 Shocked	 Positive	 Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

It seems like we have won our class + maybe even overall! We crossed the finish line this morning. We can only wait and pray for now, but I believe in us all!

What's new?

Did you learn anything new? Do you have any new plan about your future?

I am constantly learning more + more about this ship + sailing it. It's all slowly coming together!

September 2

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

We have arrived in Rottenburg and it looks like we have won not only our class, but overall! I would not have believed it! It seems so unreal.

Postcard









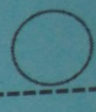








Please write a postcard to a friend or family member about your sailing experience so far.

Hallo Coco,
wie geht es dir? Mir geht es hier toll, dich & ich vermisse dich und zuhause ich finde es hier aber richtig toll und habe ein paar Freunde! Ich sehe dich jetzt bald wieder.
Bis bald, Matiel

☺ to Coco

September 3

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

About yourself

Do you think you have changed in any way between the first day and now? If so, what exactly has been changed?

Yes. I have definitely become less shy and I feel like I have friends.

Can you think of reasons that have made these changes happen?

Being around such nice people has definitely made me open up.

To do list

Do you have any new plans for the near future which you didn't have before you joined this voyage?

I will look out for another voyage like this one.

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

How do you feel being with other people on board? Can you please give some examples?

The people on board are by far the friendliest I have ever met. The people in Ireland are different and I don't really get along with them. It will be sad going back home. I will miss everyone.

After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

Definitely! I have loved everything about it! The people, the sea, the race. If I get another opportunity like this, I will definitely take it!

4) Diary of trainee Trainee Y

Your Information

- Name: _____
- Gender: Male Female
- Age: 24
- Nationality: Swe (Please list all of your nationalities)
- First Language: Swedish
- Second Language (if any): English
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed _____ time(s).
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)

















Why did you decide to join this voyage?
Need the experience

Did your family or friends support your decision to come sailing? Why?
Yes

How would you describe yourself in one sentence?

August 21

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed
							
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless
							

Story sharing

Why do you feel this way? What happened to you today?

















first day of the journey.

What's new?

Did you make new friends? Did you learn anything new?

August 22

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
								<input type="text"/>
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Proud	Wordless	<input type="radio"/>
								<input type="radio"/>

Story sharing

Why do you feel this way? What happened to you today?

Bad winds, no sail today.
The sound of the engine will
echo in my head for months if
we don't get sail tomorrow.

What's new?

Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

learned a little more about
different sails and stuff like
splitting knots, have to tell
Tab we need more experience
before setting sails.

August 23

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

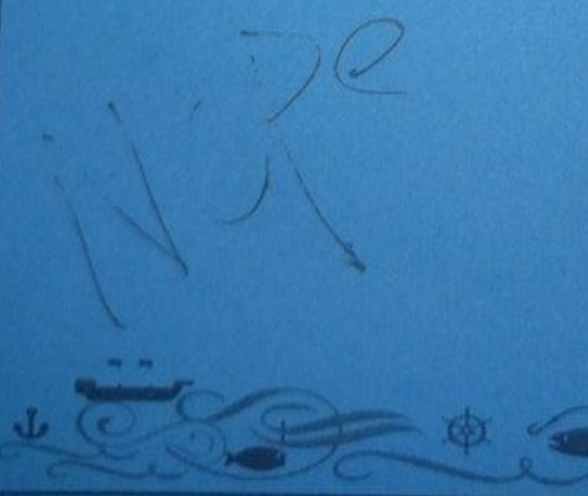
Story sharing

Why do you feel this way? What happened to you today?

Sails are set at last.
Kinda disapointed in myself
for failing to climb the
Mast.

Postcard

Please write a postcard to a friend or family member about your sailing experience during the last three days.



To

August 24

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

Still haven't managed to climb the mast, tried again though. I kinda like the flight guards and living with others, there's always someone to chill with.

What's new?


















Did you learn anything new? Do you have any new plan about your future?

Knots, more sails and more stuff about maritime life.

Nothing has really changed, though I sense the plans need more planning.

August 25

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

















Why do you feel this way? What happened to you today?

climbed the rigging twice today,
got to the first step at least.
The weather is pretty shit but
we're arriving in Blyth tomorrow
so still pretty happy.

How do you feel being with other people? Please write or draw
anything interesting that's happened between you and other people.

while I like being with the
others I'm kind of starting to miss
my family and friends.

How do you feel today?
(Please circle 2 of your main feelings today)

 Happy	 Unhappy	 Excited	 Angry	 Helped	 Anxious	 Confused	 Impressed	Other
 Scared	 Embarrassed	 Peaceful	 Sad	 Negative	 Shocked	 Positive	 Wordless	

About yourself

Do you think you have changed in any way between the first day and now? If so, what exactly has been changed?

not really sure

Can you think of reasons that have made these changes happen?

To do list

Do you have any new plans for the near future which you didn't have before you joined this voyage?

Sail more?

September 1

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

mansstrand

What's new?

Did you learn anything new? Do you have any new plan about your future?

First day on land for a while means heavy drinking.

September 2

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								<input type="text"/>
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	<input type="text"/>
								<input type="text"/>

Story sharing

Why do you feel this way? What happened to you today?
in gothenburg again, looks like the won!

friend or family member about your sailing

Some other reflection

- Have you ever been to other countries before this voyage? If yes, please give some examples here.

yes, but not for a long time

- Do you have any foreign friends before this voyage? If yes, how did you get to know them?

yes, work, internet and friends

















- How would you describe yourself in one sentence?

- Let's say, someone wants to join a sail training voyage like this, what would you recommend in terms of how to get along with other people onboard?

no clue, maybe just to care less

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed
							
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless
							

Story sharing

How do you feel being with other people on board? Can you please give some examples?

Being with the others is still nice.

After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

Yes, it's all been amazing.

5) Diary of trainee Trainee G

Your Information

- Name: _____
- Gender: Male Female
- Age: 21
- Nationality: British (Please list all of your nationalities)
- First Language: English
- Second Language (if any): _____
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed _____ time(s).
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)
- Why did you decide to join this voyage?
Friends, experience.
- Did your family or friends support your decision to come sailing? Why?
Yes, they would like me to try new things.
- How would you describe yourself in one sentence?
Easy going Shy student who likes to get involved.

August 21

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Heard	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

Today I was extremely worried about spending time with these new people. I got a little bit homesick already with how uncomfortable I am here. However, a few people have been extremely welcoming and it made me feel much better.

What's new?

Did you make new friends? Did you learn anything new?

I made 2 very good Swedish friends very quickly and got to talk to everybody and speak some Swedish!

August 22

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

After being in a terrible mood from my bed I generally became overcome with feelings of anxious excitement for sailing and getting into the watch routine. Everyone is also excited, it gives a nice atmosphere to the ship.

What's new?

Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

I am making new friends every day and it feels great, I've never had this many friends at one time before! I keep learning little bits of Swedish and how to sail too, along with ropes/sail names.

August 26

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input checked="" type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Helped	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input type="radio"/> Impressed	Other: _____
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Wordless	<input type="radio"/>

Story sharing

Why do you feel this way? What happened to you today?

we arrived in Blyth today, it feels good to be on home soil! I went for a meal and a drink with a few friends which made me feel very included. I am excited to see my mam and uncle tomorrow!

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

I feel very happy being around all of these people, we are a big happy family now and it's a very unique and special feeling. The people in skansen played cards for a few hours before sleep and it was extremely good fun, we also found out about each others tastes in

movies/books and found most of us are very similar!

August 27

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

I am happy today because so much fun stuff happened, some sports, shopping, the parade, the party, and seeing my family! I am impressed at both the sweets my family brought and how fast the crew ate them!

Note passing

Is there anything you want to say to any of your new friends (either trainee or trainer) on board?

To all my new Swedish friends I would like to say thank you for making me feel so included. To the crew I would like to say thank you for being so friendly, helpful and supportive at all times.

September 3

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

About yourself

Do you think you have changed in any way between the first day and now? If so, what exactly has been changed?

Yes, I am alot more confident and open as a person, and I feel happier with who I am.

Can you think of reasons that have made these changes happen?

The friendliness of everybody, how open everyone else is and how accepting they are, and the fact that so many people here like me for who I really am.

To do list

Do you have any new plans for the near future which you didn't have before you joined this voyage?

I am going to join more clubs/societies at my university as I have a new-found love for social events.

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

How do you feel being with other people on board? Can you please give some examples?

Extremely happy Spending my last day with all of my friends, and the crew parade was a great last hurrah. Very sad to have to leave in the morning.

After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

Yes, making this many new friends has been wonderful for me, and the sailing was so much fun as well. The only down-sides were the tiny beds and the lack of showers.

6) Diary of trainee Trainee T



Your Information

- Name: [REDACTED]
- Gender: Male Female
- Age: 20
- Nationality: Swedish (Please list all of your nationalities)
- First Language: English
- Second Language (if any): Swedish
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed +20 time(s).
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)
- Why did you decide to join this voyage?
The offer was presented, was free, good timing.
- Did your family or friends support your decision to come sailing? Why?
Dad yes, mum no (mother instinks, very protective), brother indifferent, friends very pos.
- How would you describe yourself in one sentence?
Open-minded chameleon who enjoys adventure and pushing limits.

→ once before on a large sailing boat. Otherwise only smaller boats. (1-5 man).

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How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Amazed	Confused	Impressed	Other
								fired
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Furious	Worried	
								

Story sharing

Why do you feel this way? What happened to you today?

















After having enjoyed Skagen
I am very keen to get started
sailing. ✓

What's new?

Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

August 24

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
								<input type="text"/>
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	<input type="text"/>
								<input type="text"/>

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

I cannot take living under such tight conditions. I've bumped my head several times and people are always loud in the saloon.

What's new?

Did you learn anything new? Do you have any new plan about your future?

I just really wanna get to Blyth, ASAP.

August 25

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Worried	Other
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Worried	<input type="checkbox"/>

Story sharing

Why do you feel this way? What happened to you today?

My frustration has now been made manageable thanks to ~~meeting~~ bonding with a friend onboard. A deep conversation made me feel at peace.

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

I went in with the mindset of becoming friends with everyone. The truth is that is not feasible and few close friends are better than many superficial relationships. I somewhat feel like I can ventilate with my new friends.

August 26

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Relaxed	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input checked="" type="radio"/> Surprised	Other: _____
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Winded	<input type="radio"/>

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

Blyth and ~~the~~ this creek is much larger than I expected. Felt great sailing into the harbour and being in the time-light.

What's new?

Did you discover anything new about yourself during this voyage? And what about your country?

I ~~used to~~ definitely identify myself as more Swedish outside of Sweden.

My sense of patriotism is definitely higher now.

August 30

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

The level of intensity and cooperation has really impressed me for such a short period of time. Being really exhausted in the morning today put me off, but seeing everyone else's motivation motivates me.

What's new?

Did you learn anything new? Do you have any new plan about your future?

Been speaking to the captain quite a bit, learning about navigation, sailing strategies, etc.

Some other reflection.....

- Have you ever been to other countries before this voyage? If yes, please give some examples here.

Yes. Norway, Finland, Germany, Netherlands,
France, Croatia, Italy, Czech, Hungary,
Turkey, Tunisia, Malaysia, Singapore.

- Do you have any foreign friends before this voyage? If yes, how did you get to know them?

Yes, school, travelling, etc.


















- How would you describe yourself in one sentence?

- Let's say, someone wants to join a sail training voyage like this, what would you recommend in terms of how to get along with other people onboard?

You don't have to become friends with everyone, but be nice. Over time you will form good relationships with those that you like within time.

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
								_____
Scared	Embarrassed	Pensive	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

How do you feel being with other people on board? Can you please give some examples?

It has been an experience of a life-time. Being on stage and accepting the award alongside the captain was an honour.

I did not think I would bond this much with the people onboard and leaving makes me unhappy.

After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

Yes, Yes, Yes, and Yes.
Living in such tight conditions with random people helps you learn a lot about yourself.

Tough working hours and little sleep helped me push my own boundaries, achieving ~~more~~ more things than I thought was possible for me.

7) Diary of trainee Trainee BB

Doctorate (Ph.D. or Ed.D.)

- Why did you decide to join this voyage?
To be on the ocean, meet new people and get experience
- Did your family or friends support your decision to come sailing? Why?
yes, because they know how much I love this.
- How would you describe yourself in one sentence?
I am awesome

August 21

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing
Why do you feel this way? What happened to you today?
Because I have spoken with many nice people. Been laughing alot. And tomorrow we will set sail to England and thats exciting.

What's new?
Did you make new friends? Did you learn anything new?
I learned about politics in Ireland. Kate & Nathan taught me. About the school system in Ireland.

Unit ??

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Attracted	Confused	Surprised	Other
								Tired
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing
Why do you feel this way? What happened to you today?

What's new?
Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

My plans for the future ^{are} to get a good job, where I can earn a lot of money, and a happy life.

August 23

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	<input type="radio"/>

Story sharing
Why do you feel this way? What happened to you today?
I was hanging out with kind people and the night watch was peaceful

Postcard
Please write a postcard to a friend or family member about your sailing experience during the last three days.

Hello mum and dad.

Right now I'm right between Sweden and England. The food tastes very good and everyone is kind.

Kade gott! / Mia

August 24

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	<input type="radio"/>

Story sharing
Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?
I love meeting new people so it's very fun. Sometimes I like to be alone, so I can miss that a little.

8) Diary of trainee Trainee W

Your Information

- Name: [REDACTED]
- Gender: Male Female
- Age: 23
- Nationality: SWE (Please list all of your nationalities)
- First Language: SWE / ~~Cantonese~~
- Second Language (if any): Cantonese
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed Manytime(s).
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)
- Why did you decide to join this voyage?
becuouse ther was a EU Exchange
- Did your family or friends support your decision to come sailing? Why?
no they dont care
- How would you describe yourself in one sentence?
a gay like aktivites

August 21

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

I was Ready to Sell.

We was Stay in Öckerö.

What's new?

Did you make new friends? Did you learn anything new?

get new friends,

August 22

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input checked="" type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Helped	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input type="radio"/> Impressed	Other:
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Wordless	<input type="radio"/>

Story sharing

Why do you feel this way? What happened to you today?

We are sailt to denmark (Skagen)
Never ben there.

I and charele was in kitchen helper.

What's new?

Did you make new friends? Did you learn anything new? Do you have any new plan about your future?

I wake done the Strate with
Naiten

I was tray may new bank card
and forgot the code
then may card is lockt now

August 23

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing
Why do you feel this way? What happened to you today?

We are sail from Denmark.
I feel litle bit sea sick

Postcard
Please write a postcard to a friend or family member about your sailing experience during the last three days.

Hello!
am in north Sea
way to England!

To

August 24

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

It's clear blue sky.
We have team work onboard.

What's new?

Did you learn anything new? Do you have any new plan about your future?

We learn about the sails on the boat.

August 25

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	<input type="checkbox"/>

Story sharing

Why do you feel this way? What happened to you today?

We saw dolphins jumping over the water.

We clean the side the ship and sail a little bit slow.

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

We steel have some work I don't have so much bowl shit to take

August 26

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input checked="" type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Helped	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input type="radio"/> Impressed	Other: _____
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Wordless	<input type="radio"/>

Story sharing

Why do you feel this way? What happened to you today?


















my first time in blyth. Happy to
be in new town.

How do you feel being with other people? Please write or draw
anything interesting that's happened between you and other people.

We plan how to work together.
how's in watch.

August 27

How do you feel today?
(Please circle 2 of your main feelings today)

 Happy	 Unhappy	 Excited	 Angry	 Helped	 Anxious	 Confused	 Impressed	Other: _____
 Scared	 Embarrassed	 Peaceful	 Sad	 Negative	 Shocked	 Positive	 Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

We are all in crew going to sport and have fun, a night we was in crew party and se some fire work.

Note passing

Is there anything you want to say to any of your new friends (either trainee or trainer) on board?

Hello who are you!

Good luck

August 26

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

I spend my days in wash my clothes, and my friends to, I help some in my crew, I feel help full.

What's new?

Did you discover anything new about yourself during this voyage? And what about your country?

be my self. Speak with there people how want to speak to me.

August 29

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Useful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

~~Can't~~ ~~leave~~ Can't leave the both in am, need to watch the both, and we are leaving the harbor for the Race, and not start 17:00, just wait to start.

What's new?

Did you learn anything new? Do you have any new plan about your future?

to be a boss

August 30

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Helped	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input type="radio"/> Impressed	Other: _____
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input checked="" type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Wordless	<input type="radio"/>

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

We steel in same ~~the~~ feeling.
~~we~~ we are salty ~~and~~ again

What's new?

Did you learn anything new? Do you have any new plan about your future?

~~I~~ I want to be a leader.

Some other reflection

- Have you ever been to other countries before this voyage? If yes, please give some examples here.

yes, Denmark.

- Do you have any foreign friends before this voyage? If yes, how did you get to know them?

yes. be my self, speak with he

- How would you describe yourself in one sentence?

Happy,

- Let's say, someone wants to join a sail training voyage like this, what would you recommend in terms of how to get along with other people onboard?

Recommend to just do it!

August 31

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
Scared	Embarrassed	Proud	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? What happened to you today?

~~_____~~ ~~_____~~ ~~_____~~

can't explain

How do you feel being with other people? Please write or draw anything interesting that's happened between you and other people.

peace and love

September 1

How do you feel today?
(Please circle 2 of your main feelings today)

<input checked="" type="radio"/> Happy	<input type="radio"/> Unhappy	<input type="radio"/> Excited	<input type="radio"/> Angry	<input type="radio"/> Helped	<input type="radio"/> Anxious	<input type="radio"/> Confused	<input type="radio"/> Impressed	<input type="radio"/> Other
<input type="radio"/> Scared	<input type="radio"/> Embarrassed	<input type="radio"/> Peaceful	<input type="radio"/> Sad	<input type="radio"/> Negative	<input type="radio"/> Shocked	<input type="radio"/> Positive	<input type="radio"/> Wordless	<input type="radio"/>

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

We finish the lain, in best time.
then we sail to masthead,
to have fun.


















What's new?

Did you learn anything new? Do you have any new plan about your future?

learn how to controll my ~~role~~
long-suffering.
Meef a nice girl!

September 2

How do you feel today?
(Please circle 2 of your main feelings today)

 Happy	 Unhappy	 Excited	 Angry	 Helped	 Anxious	 Confused	 Impressed	Other: _____
 Scared	 Embarrassed	 Peaceful	 Sad	 Negative	 Shocked	 Positive	 Wordless	

Story sharing



Why do you feel this way? What happened to you today?

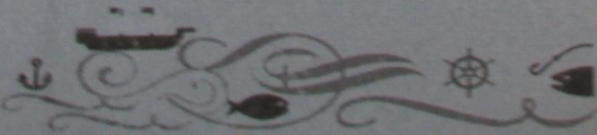
We are gona sail in to gothenburg
in a low speed.
in the kitchen, it come ~~very~~ match
Smoke.

Postcard

Please write a postcard to a friend or family member about your sailing
experience so far.

i have it
Very good.
Don't worry about
me!



September 5

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other: _____
Scared	Embarrassed	Proud	Sad	Negative	Shocked	Positive	Wordless	

About yourself

Do you think you have changed in any way between the first day and now? If so, what exactly has been changed?

~~I~~ ~~am~~ ~~not~~ ~~changing~~ my personality.

Can you think of reasons that have made these changes happen?

I'm develop like a man.


















To do list

Do you have any new plans for the near future which you didn't have before you joined this voyage?

find my freedom.

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other
								
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Envious	Wordless	
								

Story sharing

How do you feel being with other people on board? Can you please give some examples?

I do my best to ~~to~~ work together.

After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

Yes. With some of my friends.
at that was EExchange program.


















9) Diary of trainee Trainee Q

Your Information

- Name: [REDACTED]
- Gender: Male Female
- Age: 19
- Nationality: SE (Please list all of your nationalities)
- First Language: Swedish
- Second Language (if any): English
- Have you ever sailed before this voyage?
 - No, this is my first sail training voyage.
 - Yes, I have sailed 2 time(s). T/S Gunilla
- What is the highest level of formal education you have completed?
 - High school student or secondary school graduate
 - High school graduate or equivalent
 - Associate's degree (2-year college programs)
 - Bachelor's degree (4-year college programs)
 - Master's degree or professional degree
 - Doctorate (Ph.D. or Ed.D.)
- Why did you decide to join this voyage?
Because this was the longest
- Did your family or friends support your decision to come sailing? Why?
Yes of course. They thought
it would be fun
- How would you describe yourself in one sentence?
spontaneous but I still want
everything planned.

August 21

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								_____
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? What happened to you today?

because it was the first
day sort of.

What's new?

Did you make new friends? Did you learn anything new?

I make new friends everyday
and alot about new cultures

August 24

How do you feel today?

(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

I start to get comfy with everyone and we get along very well and laugh together

What's new?

Did you learn anything new? Do you have any new plan about your future?

I learnt alot about ireland because of Nathan and Kate and i'm becoming kates swedish teacher

August 29

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

Because the real race is about to begin and I want to win. Everyone on the ship seems happy and excited.



















What's new?

Did you learn anything new? Do you have any new plan about your future?

I learned more about trimming to make the ship go faster and of course more about the people on this voyage. I'm more and more thinking about continuing to sail on tall ships which I did not think before.

September 1

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:
								
Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	
								

Story sharing

Why do you feel this way? How do you feel being with other people on board? Can you please give some examples?

Because we had a nice day
in marstrand and we all
went out to eat and drink,
which was fun.

What's new?

Did you learn anything new? Do you have any new plan about your future?

I did not really learn anything
new this day maybe about
the people on the ship.

September 4

How do you feel today?
(Please circle 2 of your main feelings today)

Happy	Unhappy	Excited	Angry	Helped	Anxious	Confused	Impressed	Other:

Scared	Embarrassed	Peaceful	Sad	Negative	Shocked	Positive	Wordless	

Story sharing

How do you feel being with other people on board? Can you please give some examples?

I loved this voyage. It is something I will always carry with me and I feel sad that this is the last day.

After your experience of sailing on this voyage, would you want to go sailing again? If yes, what are the nice things about the voyage that encourage you? If not, what is it about your sailing experience which has discovered you?

I would love to continue these kind of travels. And I love sailing maybe even more than I did before. Every experience that I had here helped me a lot and made me laugh.

Appendix 5.4 Logbook



We sail together. We sweat together. We smile together.

We are friends. We are family.

We are the champion.



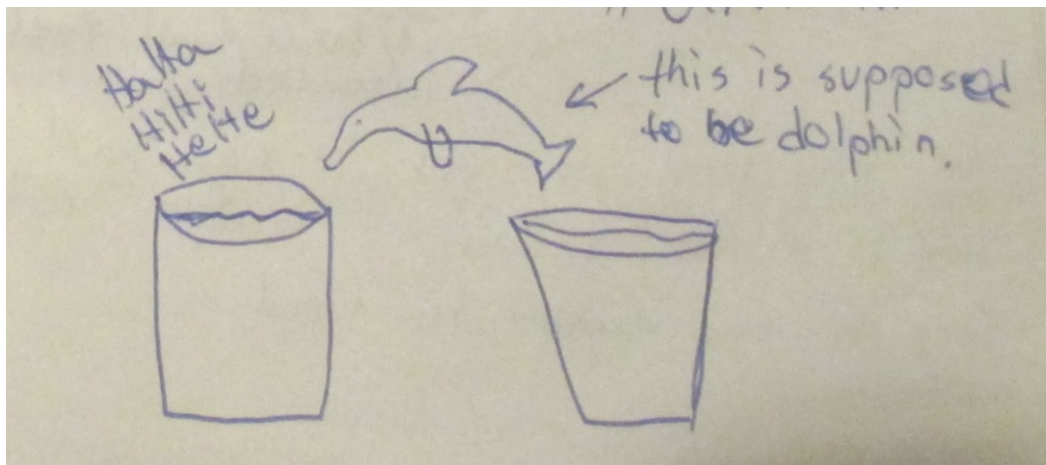
23-August-2016: Trainee N

Today it was a wonderful day. We started with a climb lesson for the rig. Then we learned about the different rope and sails are.

Because I was a galley rat so I went down with Trainee E to the kitchen for the dinner. We had to wash all the cups because there wasn't any left. Then when we were done with the dishes after eating, we got the happy news about that we were putting up all the sails and I couldn't be happier. I have learnt to have known all the different ropes and sail on the ship.

24-August-2016: Trainee Q

Today was the best watch day on this travel. We set the topgallant which I was in charge of setting. This task was fun and made me closer to the watch-leaders and showed my knowledge which I had gathered from my voyages on Gunilla. We also saw some kind of dolphin and everyone was excited. When we did the dishes also some of us were really tired and started laughing so much my stomach hurt. Some part of the day a fog came in. When it did it became all quiet and it felt like I was a part of the pirates of the Caribbean and a pirate ship was just about to come out of the fog.



24- August-2016

Serendipitous

So, now we've been on Vega since Saturday, we've travelled past different places and been ashore, but of course, 95% of the time we've spent right here, on the ocean. I've felt all kinds of stuff, but mostly I've been happy for being able to take part in this journey. The sea is so gorgeous! It's my first time on a boat like this, well honestly I've not been on too many boats at all. Just a silly cruising boat, it is, not, even, nearly, close, to how this is/feels.

THE OCEAN

Something that really stuck me was how impossible it is to feel lonely on the sea, not once have I been feeling that creeping sensation humans flee to not feel. Why? Yes, I'm surrounded by people, many very kind and thoughtful too, but we all know that one can still feel lonely. But what is it then?

DOLPHIN

We just saw dolphins, like real life dolphins, I've never ever seen one in real life. I didn't know how to react, I was just so surprised and how I'm in love with them. Things that only happen on the ocean.

Returning to what I wrote about before, I think it's the complex simplicity of the ocean, and yes, it is all about the ocean, there are so many seecil rock living beings, coexisting, eating, sleeping, (drinking?), playing and being there, sort of like I am being there. The air is filled with ocean and so am I. I just can't be/feel lonely. Sorry, not sorry ;-)

- Seasickness
- Freezing
- Not knowing when you really want to know & understand. Thick lined
- + Being rocked to sleep
- + Listening to the ocean waves
- + Watching the ocean
- + Climbing the boat
- + Learning new things every day
- + Getting to know the people better & feeling more and more relaxed with them, laughing, smiling, talking, making jokes, chilling, eating together
- + The cosiness factor on this boat is HIGH
- + Nice peopleeee
- + The fresh air
- + The warming sun after some time under the chilling clouds



Nothing lasts forever but the earth and sky, we are just big drops in the sea. Some going under while some are sometimes flying over, we change, and everything changes.

I speak English. And speak Irish English with Trainee E

I feel some seasick. To stop the seasick, I learnt to eat food and sleep well. Last time I sail to Scotland I was seasick whole way to Scotland.

I really like sailing.

24- August-2016: Trainee T

As of tonight we have seen dolphins for the first time, mastered every (almost every) line and sail, and come closer as a watch. Nights are cold, dark, and long but are made manageable thanks to good company.

I had a shower on deck today with seawater in hopes of getting clean. Was good for the first hour, now I'm all itchy. I also taste like salt.



I'm quite tired now so excuse the poor entry. Next one will be more descriptive, promise.

25- August-2016

We saw dolphins playing round the ship. Everyone was excited.



Starboard side was playing a game how's know about the rope. That team won can get a chocolate ball.



25- August-2016

Today we have learned what all the sails and ropes are called, and what they do. We also saw dolphins again and a whale for the first time. We are getting closer to England and we started to see more birds, it's kind of nice to see something else than water. People are starting to have to check their phone in order to know what day it is. We will go to land tomorrow and people are longing for the showers and the land. It feels like we have been out for a lot longer than we actually have.

It feels like we've all come much closer to each other over the past days. Living in such tight conditions and seeing each other on a constant basis usually tends to do so. I knew we'd eventually come closer to each other, but definitely not as quick as this. Conversations run freely, opinions are shared, and we've laughed a lot.

In terms of sailing I feel much more confident in terms of the concepts, names of sails/ropes etc.. I'm sure I could lead the boat to England from here ;-)

25- August-2016

Today we were all able to name every rope on the boat.

We were in the kitchen helping clean up after breakfast and did the dishes and laundry, we also practiced climbing up the lower and upper top sails in the morning and in the evening when it was very dark.

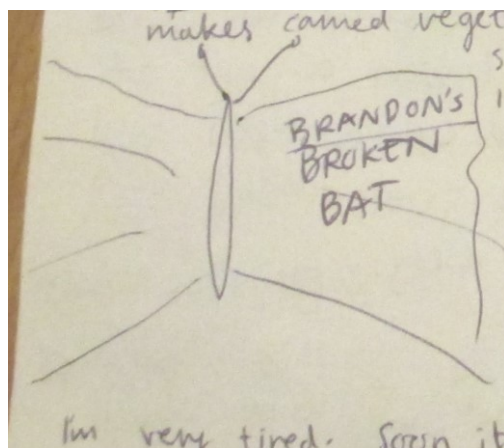
Over the past 5 days we have learned so much and we have been given more response around the boat.

It was very kind of the crew to give us the red Vega Gamleby hats as this really made us feel like part of the crew.

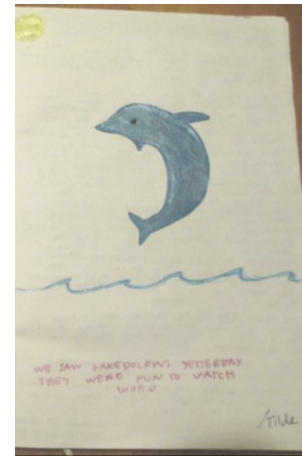


25- August-2016: Trainee P

The 4-8 watch today was the most tired one yet (the third one). We didn't have much to do. So we mainly repeated ropes and learned some knots. I was freezing as always but tried to stay warm by walking around. The best moment was around 5 am when we were talking about Trainee G's pet bat. Trainee E joined and hadn't heard the whole story so he asked "where do you buy a bat?" In his accent of course. And Trainee G answered in an Irish accent as well: "You don't buy a bat, you find a broken one!" I'm laughing now just thinking about it. Also, it's called B-something, and is named after a brand that makes canned vegetables. It's very small. Something like this I think →



It is actually “broken” since it can’t fly. Or maybe I should say “him” or it/him will feel insulted. I’m very tired. Soon it’s 10 – fika! Yay! The only thing I want more than fika right now is a hot shower. Sorry for bad English, I’m tired.



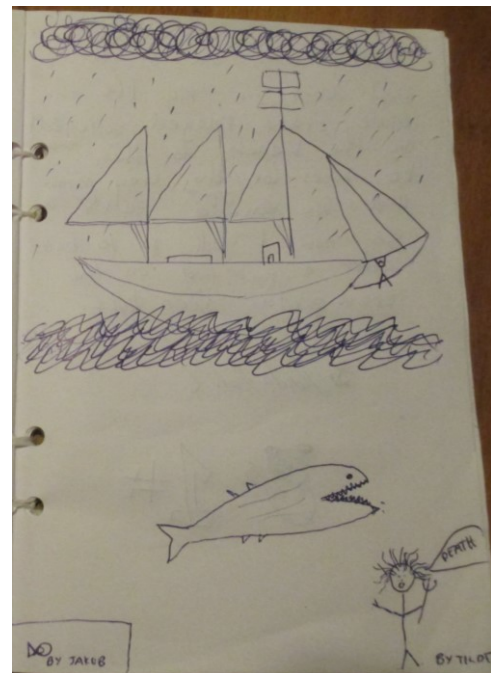
WE SAW FAKEDOLPHINS YESTERDAY.
THEY WERE FUN TO WATCH
WOHO

26-August-2016: Trainee V (Story by Trainee V/ Writing by Trainee P)

THE WATCH FROM HELL

As I walked out from the deck-saloon with my new brewed coffee I got hit by the hard and cold 4 am rain. Our watch group gathered up on deck by the helm.

I got assigned the wheel first. The rain was pouring down on my bare face when I was told to reassign myself to the bow spread. We were supposed to climb and fix the sails. When the safety harnesses were on, we started our journey out into the dark unknown. Three steps out, I felt like my whole existence were down into oblivion. Instead of placing my feet on the proper rope I stepped on an unfastened sheet. Milliseconds before I fell to my death under the boar I got a hold of the spread. Dangling and fearing for my life I slowly dragged myself up to safety. When we got back from the life-changing assignment it was pure chaos. People were puking and hanging on the railing for dear life. The storm was about to take us all down to hades and a burning eternity. However, with the skilful watch team we have, we got control of the ship and conquered the storm just as it was about to devour us all.



The storm wore off and it grew into a light breeze, with the sunrise in our faces and the wind in our hair we kept sailing towards our destination.

I looked over the crew with pride as they were worn out, bloody and tired.

To end our watch, dolphins came and cheered us on. Sun, dolphins and a happy crew, not a bad way to go to bed.

27-August-2016: Trainee N

Today was one of the best days in my life. The whole crew played volleyball on the beach. Then be mice for the crew parade and we WON! Yeah!

So now I will go to bed after a fun night on the crew party. Sleep tight.



28-August-2016: Trainee P

Yesterday we walked/rom in the crew parade. It was so much fun. We had all dressed up according to the theme “Sea mice and chefs”. Sort of.

We screamed:

1. SAY VEGA VEGA VEGA GAMLEBY
2. Ge mig ett V (Give me a V)
V--
Ge mig ett E (Give me an E)
E—
Ge mig ett G (Give me an G)
G—
Ge mig ett A (Give me an A)

A—

VAD BLIR DET? (What's that?)

VEGA

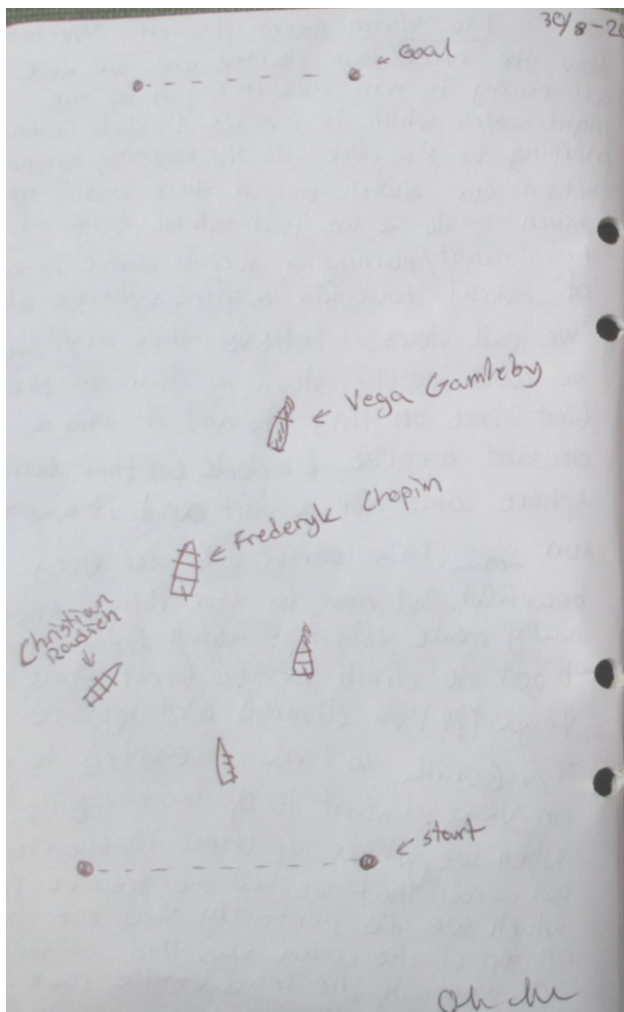
3. E Du Go ALLA!??!

4. The song "Alla heter glam I goteborg" And A Whole Lot More.

And our acting part was that the chefs were chasing us rats/mice and we ran around trying to escape. Even the real chefs were with us, Sea staff N and Sea staff O. That was so much fun as well. But after two hours running around in the heat, we were all exhausted. But- we won a prize!!! At the ship we got apples and water as fika, and then it was just to shower, and get ready for the crew party.

30-August-2016: Trainee Q

The Watch from Heaven



Now the race has started and we were all ready to win this. It began on the night watch which is for us 4 o'clock in the morning to 8 o'clock in the morning as well. When our watch began, there wasn't really much to do so we just talked, but on this night/morning a surprise came in terms of several thousand burning spheres which we call stars. I believe this night/morning we could see the stars so clear for the first time on this trip and it was a pleasant surprise. 6 o'clock another burning sphere came for a visit and it was the sun. This sunrise was also very beautiful. But now for the things that really made this watch from heaven. I got to climb for the first time on Vega!!! I've climbed a lot before

on T/S Gunilla so I was so excited to do it on Vega. I want to go back up again.

When we were up there in the rig we got a call that we had to prepare to jibe which we did perfectly. And the cherry on top of the cream was that we found out we were in the lead of the race. Both class B and A.

30-August-2016: Trainee P

This morning I was so tired after our watch. I actually usually are, but do my best to stay awake until then- because then it's fika with something sweet.

But today I followed my instinct and stayed asleep. And it turns out I have the best of friends on this boat. Trainee D from the 8-12 watch came to my bed and gave me one!

I went back to sleep and two hours later Trainee Q wake me up for lunch. IT WAS HAMBURGER!! YEAR! I love hamburgers. But to be honest my dad makes the best ones. That's what be homing for dinner the first night when I get home. Hopefully that won't be so soon though! It's so much fun on this ship. The stars, the blue sea, my small cosy sleeping space "Skansen", the glittering plankton, the delicious food, the exciting sailing and of course all fantastic friends.

It's something special with hiking so extremely close together and sharing everything. The friends I've made during these weeks are for sure the thing I will miss the most when I get back home.



31-August-2016: Trainee A

This is the first time I'm writing. As this is the first time I have had enough energy to stay awake and do so. I am always so tired after the watches! And of course, with my luck, it was the most uneventful watch yet. When Sea staff A comes to you at the start and says "We don't have much to do today." You know it's going to be quite.

The hardest job everyone had on this 4-8 watch, was trying to stay awake. I can sadly say, that not everyone succeed (Trainee P!) I am very proud that I made it, though! Especially as I hardly made it out of bed today (If you can call skansen a bed☺). What is it with sleep on this ship? No matter how much you sleep, you wake up exhausted. I am sorry that I cannot make this story more exciting, but not everyone can make up stories like Trainee V!

I climbed up the rigging yesterday, which I never thought I would be able to do. I am very clumsy and didn't trust myself at the start, but Stine was great and helped me a lot! As I reached the first yard, which was much higher than I had planned, I looked down and I know I had made it. Sometimes you just have to push yourself and do it, before you realise that you can make it. I didn't fall and I didn't give up either, which is the most important thing! So the next time I think I can't do something, I will think

of Vega and just go for it! That's enough from me then, before you fall asleep reading this!

Rigging Thoughts



I was feeling like a flag as the wind tossed me from side to side.

I viciously clenched onto the upper-top sail yard.

Underneath me I saw my ant like smiling peers.

And above me, the most spectacular theatrical performance Mother Nature had to offer.

As it does every night the ocean managed to drench the sun in its abyss.

Melancholy came over me as the world once again, went dark.

Appendix 5.5 Semi-structured interview protocol of the voyage stage

1) Semi-structured Interview (Trainee)

Introduction

Welcome. *“Welcome and thank you for coming to this focus group. Each of you has been selected to participate because your point of view is important to us. We know that you are very busy and we greatly appreciate your contribution to this project. This interview is not a test, nor should it in any way be viewed as a series of questions with right or wrong answers. Remember, we are merely interested in what you think and feel. We want to know your opinions on these issues, and you don’t have to agree with the opinions and feelings of others. There may be times, however, when you do, and it is appropriate for you to let us know that as well.”*

Purpose. *“The purpose of this focus group interview is to identify what do you learn from this culture exchange program and what are the program elements that you think have contributed your learning and development.”*

Guidelines. *“There are a few guidelines I would like to let you know. First, you do not need to speak in any particular order. When you have something to say, please do so. Second, please try not to ‘jump in’ while someone else is talking. Sometimes, the exchanges get emotional, and it is tempting to ‘jump in’, but let’s try not to do so. Third, you do not need to agree with what everyone or anyone in the group says, but you are encouraged to state your point of view without making any negative comments. Finally, because we have limited time together, I may need to stop you and to redirect our discussion. What questions do you have? ... Okay, let’s begin.”*

Warm-Up. *“Since August 20th, you have been sailed together for almost a week in this exchange program. I hope you have had a good time with these new friends.”*

Questions:

Opening - Introductory questions (1-2/ 5 min) –

1. How would you describe your expectations with the voyage?
 - (1) Do you know there will be mixed nationalities on board?
 - (2) What do you feel about this exchange program?
 - (3) What did you expect to learn from this voyage?
 - (4) Did you do any preparation about this voyage before departure?
 - (5) Were there things you were glad to get away from by going on this voyage?

Transfer questions (1-2/ 7-8 min) –

2. Can you tell me a bit about your experience on this voyage?
 - (1) How do you feel like this exchange program?
 - (2) Is there any difference to make friends on a ship from making friends in daily life?
 - (3) What did you miss, if anything, during this voyage?
 - (4) What was it like being out at sea under the complete control of Mother Nature?

Key questions (2-3/ 10-15 min) –

3. Did you learn anything during this voyage? What are these things?
 - (1) What was meaningful for you about this trip?
 - (2) Were there any surprises in this trip?
 - (3) Did this voyage change you in some way? If so, how?
 - (4) Did you have any role models aboard? Was that important to you?
4. How do you feel collaborating with people who have different cultural backgrounds?
 - (1) Do you have any foreign friends in your previous life?
 - (2) Do you feel the difference?
 - (3) Have you experienced any change in terms of the feeling during this voyage?
 - (4) Have you compared this with collaborating with people who are from same country?
 - (5) Do you feel more comfortable/ more enjoy working with people who have similar ways of thinking and values to yours?
 - (6) What verbal or non-verbal behaviour do you think we need to mind when interacting with people from different cultural backgrounds?

Specific questions (1-2/ 10-15 min) -

5. Have you come across the situation that you were unable to deal with or dealt with in a wrong way?
 - (1) For example, have you been criticized unjustly for something you did?
Have you ever been unable to make yourself understood when it is important? Laughed at for a minor mistake you have made?
Unintentionally offending a member of the other group by making a small social error?
 - (2) How did you feel and react?
 - (3) Have you ever felt that your group is being unfairly criticized by members of the other group?
 - (4) How did you feel and react to that?
6. What parts of this intercultural sailing program do you like the best?
 - (1) Why do you think so?

- (2) How would you define your own identity in this sail training program?
What about when you are in a native context?
- (3) What do you think will be the biggest difference if all trainees on board were from your country? Which situation would you prefer?
- (4) How do you feel like your relationship with trainers/mentors?
- (5) What would you suggest to improve this program?

Closing questions (1/ 3-5 min) - Final questions

7. Do you think this voyage will have some influence on your future career plan?
 - (1) What do you think this sailing experience has inspired you (in terms of career/study/life etc.)?
 - (2) Does this voyage change any of your view points?
 - (3) What were some of the significant experiences that contributed to that change? Can you give some examples of experience that stood out as being transformative?
 - (4) If you were designing a sail training program for people's intercultural learning, what activities would you be sure to include and why?

Ending warm-up and member checking: *“Unfortunately, we are close to being out of time. Let me attempt to summarize the key ideas I have heard. One key idea is that Second, Third,..... Fourth, Finally, What would you like to add to my summary?”*

Close statement: *“As we come to a close, I need to remind each of you that the audiotape will be transcribed, you will be assigned false names for the purpose of transcript and data analysis so that you will remain anonymous, and the tape will be destroyed when this research ends. Are there any questions I can answer?”*

“Thank you for your contribution to this project. We very much appreciate your involvement.”

2) Semi-structured Focus Group (Sea staff)

Introduction

Welcome. *“Welcome and thank you for coming to this focus group. Each of you has been selected to participate because your point of view is important to us. We know that you are very busy and we greatly appreciate your contribution to this project. This interview is not a test, nor should it in any way be viewed as a series of questions with right or wrong answers. Remember, we are merely interested in what you think and feel. We want to know your opinions on these issues, and you don’t have to agree with the opinions and feelings of others. There may be times, however, when you do, and it is appropriate for you to let us know that as well.”*

Purpose. *“The purpose of this focus group interview is to identify what do you learn from this culture exchange program and what are the program elements that you think have contributed your learning and development.”*

Guidelines. *“There are a few guidelines I would like to let you know. First, you do not need to speak in any particular order. When you have something to say, please do so. Second, please try not to ‘jump in’ while someone else is talking. Sometimes, the exchanges get emotional, and it is tempting to ‘jump in’, but let’s try not to do so. Third, you do not need to agree with what everyone or anyone in the group says, but you are encouraged to state your point of view without making any negative comments. Finally, because we have limited time together, I may need to stop you and to redirect our discussion. What questions do you have? ... Okay, let's begin.”*

Warm-Up. *“The sail training program has been going on for almost a week, you have been get along with trainees all these days, and many intercultural games and interactive activities have been played among trainees.”*

Questions:

1. What do you feel about the voyage till now?
2. Have you discovered any interesting or special stories about trainees to share?
3. How did you find the cross-cultural cooperation and interaction among trainees?
4. Can you share an example of one particular trainee that you believe has developed significantly?
 - (1) Why do you think he/she has developed significantly?
 - (2) Can you try to analyse the reason he/she developed? (Through any particular activity or develop gradually?)
 - (3) How does he/she get along with people from other cultural backgrounds?

5. Did you learn anything during this voyage? What are these things?
 - (1) Were there any surprises about the trainees in this voyage?
 - (2) Did this voyage change you in some way? If so, how?
 - (3) Do you think any trainee inspired you at some point? How?
6. Did you find it difficult communicate with trainees or other trainers from different cultural backgrounds?
 - (1) If yes, in which way to do find it difficult? How did you deal with this situation?
 - (2) If not, can you tell me the reason that you can interact well with different people?
7. What would you suggest trainees/ trainers to prepare in terms of intercultural areas before the voyage? Why do you think this preparation is important?
8. What would you suggestion as the most important competence that people should equip with in sail training event? What intercultural related competence do you think sail training will contribute to?
9. *What parts of this intercultural sailing program do you think is the most beneficial for trainees? Why do you think so? What would you suggest to improve this program?*

Ending warm-up and member checking: *“Unfortunately, we are close to being out of time. Let me attempt to summarize the key ideas I have heard. One key idea is that Second, Third,..... Fourth, Finally, What would you like to add to my summary?”*

Close statement: *“As we come to a close, I need to remind each of you that the audiotape will be transcribed, you will be assigned false names for the purpose of transcript and data analysis so that you will remain anonymous, and the tape will be destroyed when this research ends. Are there any questions I can answer?”*

“Thank you for your contribution to this project. We very much appreciate your involvement.”

Appendix 5.6 Information sheet and consent forms

1) Participants Information Sheet

How intercultural learning is advanced during youth sail training voyages?

What is this research about?

This project aims at exploring whether sail training experience contributes to developing trainees' intercultural competence, and how. I'm particularly interested in discovering the sail training elements that may integrate intercultural learning value that potentially contribute to young adults' intercultural development. The literature shows that the relationship between sail training and intercultural learning remains significantly under-researched. This research, hence, attempts to bridge the gap between sail training and intercultural learning by providing an original piece of research that advances sail training knowledge and the extent to which it delivers an adventure based form of intercultural learning.

What are you expected to do?

You will be asked to take part in one or two focus group interviews. Each interview will take approximately one hour. I will record the interview on an audio device for later analysis.

What will happen to the data collected?

All data will be transcribed, analysed and written up. The data collected will be kept confidentially. The access to this data is limited to merely the researcher, the supervisors and potential examiners. With regard to potential publication, the confidentiality and privacy of participants will be protected, raw data will not be shared with the public unless the data is under protection such as anonymous.

Do I have to take part in this research?

Your engagement in this study is completely voluntary. You can withdraw for involvement at any stage for whatever reason.

For further information

If you have any questions before or after this study, please feel free to contact me at s1219840@sms.ed.ac.uk. Alternatively, you can write to my contact address:

Researcher: Yujun XU (June)

3.22 St. Leonard's Land, Holyrood Road
The University of Edinburgh, Edinburgh
EH8 8AQ UK

Thank you for participating this research.

2) Participants Consent Form



THE UNIVERSITY
of EDINBURGH

Participants Consent Form

How intercultural learning is advanced during youth sail training voyages?

The following questions aim to ensure that you are aware of my role as a researcher, and how the information you share with me during our research will be used in the project. Please *tick the boxes* beside the statements you agree with, and sign and date the bottom of the page. I will leave you with your own copy of this consent form.

- I understand the purpose of this research, I am fully aware of the procedures I will be involved in, and I am able to ask questions about it at any time.
- I am taking part in this research study voluntarily and I understand that I am free to withdraw my consent for involvement with this research project at any time.
- I am willing for any focus group interview and individual interviews to be digitally recorded and transcribed for use as part of the research project.
- I understand that interview recording and transcripts will be kept securely and confidential and only the researcher, the supervisors and potential examiners will have access to it.
- I understand that my personal information will be securely stored for a period of 5 years before being destroyed.
- I am willing for anonymised extracts from the information I provide to be used as part of the research.
- I understand that anonymised extracts from the information I provide may appear in publications relevant to this area of research.

Participant (Print Name): _____ Date: _____ Signature: _____

Researcher: Yujun XU Date: _____ Signature: _____

If you have any questions before or after this study, please feel free to contact me at s1219840@sms.ed.ac.uk. Alternatively, you can write to my contact address:
3.22 St. Leonard's Land, Holyrood Road, Edinburgh, EH8 8AQ UK

Thank you for participating this research.

3) Parental Information Sheet



Participants Information Sheet

How intercultural learning is advanced during youth sail training voyages?

Your child has been invited to join a research study to look at the intercultural development of young people during sail training voyages. I hereby humbly ask you for your permission. The decision to let your child join, or not to join, is up to you.

What is this research about?

This project aims at exploring whether sail training experience contributes to developing trainees' intercultural competence, and how. I'm particularly interested in discovering the sail training elements that may integrate intercultural learning value that potentially contribute to young adults' intercultural development. The literature shows that the relationship between sail training and intercultural learning remains significantly under-researched. This research, hence, attempts to bridge the gap between sail training and intercultural learning by providing an original piece of research that advances sail training knowledge and the extent to which it delivers an adventure based form of intercultural learning.

What is your child expected to do?

- During the voyage: Keep a simple diary for approximately 10 minutes every day. Diary book will be provided by the researcher;
- At the Harbour: Join a focus group discussion or individual interview for approximately an hour;
- Three months after the voyage: Join a face-to-face or skype/phone interview, together with a close acquaintance in his/her daily life. This interview will take around an hour.

Your child's right as a research participant?

Participation in this study is voluntary. Your child has the right not to participate at all or to leave the study at any time. Deciding not to participate or choosing to leave the study will not result in any penalty or loss of benefits to which your child is entitled.

What will happen to the data collected?

All data will be transcribed, analysed and written up. The data collected will be kept confidentially. The access to this data is limited to merely the researcher, the supervisors and potential examiners. With regard to potential publication, the confidentiality and privacy of participants will be protected, raw data will not be shared with the public unless the data is under protection such as anonymous.

For further information

If you have any questions before or after this study, please feel free to contact me at s1219840@sms.ed.ac.uk. Alternatively, you can write to my contact address:

Researcher: Yujun XU (June) 3.22 St. Leonard's Land, Edinburgh, EH8 8AQ UK

Thank you for participating this research.

4) Parental Consent Form



THE UNIVERSITY
of EDINBURGH

Parental Consent Form

How intercultural learning is advanced during youth sail training voyages?

The following questions aim to ensure that you are aware of my role as a researcher, and how the information your child shares with me during our research will be used in the project. Please tick to confirm your understanding of the study and that you are happy for your child to take part. Please sign and date the bottom of the page.

- I understand the purpose of this research, I am fully aware of the procedures my child has been involved in and will be involved in.
- My child is taking part in this research study voluntarily and I understand that I'm free to withdraw my consent for my child's involvement with this research project at any time. My child also has the right not to participate at all or leave the study at any time.
- I am willing for any focus group interview and individual interviews to be digitally recorded and transcribed for use as part of the research project.
- I understand that interview recording and transcripts will be kept securely and confidential and only the researcher, the supervisors and potential examiners will have access to it.
- I understand that my child's personal information will be securely stored for a period of 5 years before being destroyed.
- I am willing for anonymised extracts from the information that my child provides to be used as part of the research.
- I understand that anonymised extracts from the information my child provide may appear in publications relevant to this area of research.

As parent or legal guardian, I authorize _____
(child's name) to become a participant in the research study described in this form.

Gatekeeper: _____ Date: _____ Signature: _____
(Print Name)

Researcher: Yujun XU Date: September 24th 2016 Signature:

If you have any questions before or after this study, please feel free to contact me at s1219840@sms.ed.ac.uk. Alternatively, you can write to my contact address:
3.22 St. Leonard's Land, Edinburgh, EH8 8AQ UK

Thank you for participating this research.

Appendix 5.7 List of transcription convention

[13:00]	Indicate the timing during the interview, e.g. 13 minutes
[Laugh]	Indicates laughter
~	Indicates the tone is raised up following particular words.
...	Silent pause of more than one second,
.../	Interruption in the flow of speech to re-cast/paraphrase/indicate the topic change.
...//	Interruption or pause of speakers.
...+	Hanging or incomplete sentence or question.
!	Indicates a strong ending of a sentence.
“ ”	Describe other conversations at certain circumstances out of the interview; or describe the speaker talk about their innermost thoughts or feelings at a certain context; Describe some terminology or some special terms and words.
[]	Additional note or supplementary information, or describe the body language and other interview verbal interaction.
[Unclear]	Indicates unclear words/phrases or pronunciations
<i>amazing</i>	Italicised language where the words are emphasised or said in a significant loud tone.
... ..	Additional speech that the content is irrelevant rambling and not essential to the question.

Appendix 5.8 Follow-up interview protocol

Research Aim:

To better understand the influence of sail-training experience on inter-cultural learning of the participants in relation to their intercultural identity and behaviour.

Research Questions:

1. *To what extent does the sail-training experience influence inter-cultural learning of the participants in relation to their intercultural identity and behaviour? What are the elements of sail training that facilitate the intercultural learning?*
2. *How the participants perceived the significance of this sail training experience 6-months after the voyage, and the extent to which, if at all, this voyage influenced their life experience in terms of intercultural identity and behaviour?*

Research Questions	Sub-research research questions	Research methods	Status
1. To what extent does the sail-training experience influence inter-cultural learning of the participants in relation to their intercultural identity and behaviour?	1.1 What, if any, are the intercultural competencies that are developed in intercultural learning programs and in sail training programs?	Systematic review	√
	1.2 To what extent, if at all, the intercultural competencies are developed during the sail training experience?	Ethnography fieldwork study (Interview and observation)	√
	1.3 To what extend the intercultural competencies are developed 6 months after the sail training experience?	Face-to-face follow-up interview	
2. How the participants perceived the significance of this sail training experience 6-months after the voyage, and the extent to which, if	2.1 Trainees' perspective during the voyage	Ethnography fieldwork study (Interview)	√
	2.2 Researcher's observation during the voyage	Field observation	√

at all, this voyage influenced their life experience in terms of intercultural identity and behaviour?	2.3 Trainees' perspective 6 months after the voyage	Follow-up interview	
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As shown in the table above, the follow-up interview ought to answer two sub-research questions: 1.3) To what extent the intercultural competencies are developed 6 months after the sail training experience? 2.3) Trainees' perspective of 'What are the elements of sail training that facilitate the intercultural learning' 6 months after the voyage?

Thereby, the follow-up interview is to further explore some of the elements of sail training that facilitate the participants' intercultural learning during the voyage. More importantly, the interview aims to answer the sub-research question 1.3 which is the core to the follow-up interview. By exploring participants' feeling and experience after the voyage, the interview will enable to discover the intercultural development sustainability and the practical application.

The themes emerged in the ethnography data are:

1. Modernization/ de-modernization
2. Space and environment (Quasi- total Institute)
3. Time and sustainability
4. Social and linguistic power struggles
5. Identification and differentiation
6. Purposiveness without purpose
7. Undercurrents of different voices
8. Self-cultivation

Each of the themes have 4-10 sub-themes. To identify which themes and sub-themes are essential for the follow-up interview depends on 1) which themes can better answer the research question and 2) which theme may contribute more to the knowledge based on the literature gap.

The literature gap:

G1. In terms of philosophical foundation, there's no Asian perspective on the European context intercultural learning (ICL), using the integration of an Asian philosophy with European philosophy to interpret the ICL in sail training. With

regard to the methodology, there's no literature suggesting how an Asian face of the researcher will influence the EU exchange ICL.

G2. Most researched intercultural programs are quite structured with a professional facilitator supervising the whole process while in the sail training exchange programs, the ICL is less structured. The dual learner-facilitator identity of the participants in ICL in the context of sail training is insufficient.

G3. Very few ICL program has referred to the connection between the confined space/ limited privacy/social media detox and IC learning.

G4. Previous studies focused more on the results while the research on the connection between ICC development and the learning process were insufficient, both in the intercultural program research and in the sail training program literature. Most of the IC competence evaluation relies on the survey, quite a few studies employed the approach of pre-post study while the 'during' stage is highly ignored.

G5. Even though quite a few studies investigated people's identity reconstruction or intercultural development, researchers seldom discuss the connection between these two issues.

G6. Among the intercultural competence that emerged from the systematic review, there are several items lack of research both in ICL programs and in sail training programs, including self-criticism, political awareness, creativity.

Thus, the central topics which will be discussed in the follow-up interview are as follow:

Research question	Literature gap	Theme
To what extend the intercultural competencies are developed 6 months after the sail training experience?	G5. Lack of discussion on participants' identity reconstruction or intercultural development	Cultural identity
		Self-redefinition and friend redefinition
		Critical thinking
	G3. Very few ICL program has referred to the connection between the confined space/ limited privacy/social media detox and IC learning.	Freedom and confinement
		The institution boundary
		Social media and cultural knowledge
	G6. Systematic review shows several items lack of research both in ICL programs and in sail training	Self-criticism
		Political awareness

	programs, including self-criticism, political awareness, creativity.	Creativity
Trainees' perspective of 'What are the elements of sail training that facilitate the intercultural learning 6 months after the voyage?	G2. Insufficient research in the dual learner-facilitator identity of the participants in ICL in the context of sail training.	Trainee-led activities; Staff's influence
	G2. Most researched intercultural programs are quite structured with a professional facilitator supervising the whole process	Linguistic discourse
		Interaction climate changing naturally
	G1. The practitioner participatory study of an Asian researcher in the context of EU exchange program.	Researcher's presence (Facilitator role, Asian, female, young people)

According to the analysis stated above and the themes emerged from the first-round of data collection, the themes and the accordant semi-structured interview question framework are designed to be as follow:

Main theme	Main questions	Purpose of asking this question?	Prompt
Intercultural influence of sail training on the participants 6 months after the voyage (Political awareness, Critical thinking etc.)	In the last interview, you mentioned when we were in the voyage, it is difficult to discover the influence of sail training on yourself, and it might be found in later life. Then have you reflected anything from the voyage now?	Starting question to remind the participants of the last interview and the sail training experience.	<ul style="list-style-type: none"> ▫ What are the changes/ influences? ▫ How can you distinguish whether the influence comes from the voyage or from other experience in your life? The connection? ▫ Are there anyone around you discover your change after the voyage? E.g. Finding you do something differently from usual.

	<p>Since you've spent two weeks with people from Sweden, Dutch, Germany, and Britain, have you ever remind your interaction with these people when you came across particular situations in later life? And what was the potential influence of the previous intercultural experience?</p>	<p>A more specific question related to the nationalities and cultures and try to focus the participants' answers on the central question.</p>	<ul style="list-style-type: none"> ▫ When you meet people from those countries; ▫ When you have discussion about political or other issues towards those countries; e.g. Brexit; ▫ When you see some news or comments relevant to those countries from the social media or other online platforms;
<p>Motivation (Cultural curiosity etc.)</p>	<p>You mentioned you were motivated to join this voyage because of knowing this is an exchange programme, what are the specific reasons that made you feel interested?</p>	<p>Explore a bit more of the participants' perception on the multi-cultural program and their attitudes towards different cultures.</p>	<ul style="list-style-type: none"> ▫ If there's a chance for you to choose the nationalities being on board, what are the countries you would like to try to experience the adventure with? And why?
<p>Staff's influence</p> <ul style="list-style-type: none"> • Hierarchy and democracy • Intercultural facilitation • Language discourse and power relationship 	<p>How will you describe the relationship between you as a trainee and the crew members? Do you think they influence the intercultural learning process? If so, in which ways?</p>	<p>To explore more about the staff's influence as an emergent sail training element that influence ICL in the fieldwork.</p>	<ul style="list-style-type: none"> ▫ What do you think is the difference between the trainee-crew relationship and the relationship between other exchange programs? ▫ What is the advantage/disadvantage of this kind of relationship? ▫ How do you think the crew's cultural backgrounds influence the ICL? What if all the crew are British?
<p>Trainee-led activities</p>	<p>Apart from the sail training and the labour work, most of the intercultural activities took place on board are spontaneously led by you trainees, what do you think make this</p>	<p>To explore more about the trainee-led activities as an emergent sail training element that influence ICL in the fieldwork.</p>	<ul style="list-style-type: none"> ▫ Will it make a big difference if most of the activities are organized by the crew/ the mentor? E.g. movie shooting, language saloon, whisper game. ▫ What role do you

	happen?		think you have played in the intercultural activities and ICL?
Researcher's presence (Facilitator role, Asian, female, young people)	Could you please tell me your first reaction of my presence on the ship? Do you think my presence during the voyage influenced the program or influenced you in some way?	1) Researcher's presence as a potential element that influence the ICL; 2) To explore the ethic issue of participatory research.	<ul style="list-style-type: none"> ▫ Do you feel surprised to see an Asian face in this EU exchange program? ▫ What if the exchange is an Asian and Western exchange? (What will be your pre-assumption? Will you do any pre-voyage research? Will you be less/ more motivated?) ▫ <i>Other more individualized question based on my experience during the voyage and on the observation.</i>
Cultural identity	A. _____ Citizen B. _____ Resident C. _____ Relevant D. Particularly interested in _____ Fill in and then rank them; after ranking them, adding an option E and then ask them to re-rank. (E. Global citizen)	To discover the potential identity reconstruction of the participants after the voyage.	<ul style="list-style-type: none"> ▫ Can you please explain a bit about your answer and the ranking? ▫ Do you think your answer and the ranking of this question can be different if this question was offered to you before the voyage? How?
Self-redefinition and friend redefinition	In the last interview, you mentioned that during the sailing voyage, you learned about yourself, do you think the hidden self that you discovered on board is still active now?	To explore the trainees' continuous self-reflection and to examine the cross-cultural friendship sustainability.	<ul style="list-style-type: none"> ▫ How did you find a hidden side of yourself? Can you give an example of the triggering of a hidden self? ▫ How do you think this emergent hidden self has influenced your later life? ▫ Have you kept in touch with some of the friends you made on the

			ship? Who are they? In which ways you kept in touch with those abroad buddies? Any difficulty?
<p>Intercultural influence of the sail training voyage</p> <p>Interactive context</p> <ul style="list-style-type: none"> • Physical intimacy • Special regulated work and sleep routine • Unified diet 	<p>Have you engaged in any cross-cultural activities since the last sailing voyage?</p> <p>The activities might be joining exchange programs, travel to foreign countries, interact with foreign people in certain occasions.</p> <p>(Some have mentioned their plan of cross-cultural experience after the voyage, some post their experience on FB, remind them about these if necessary)</p>	<p>To discover the post-voyage action of the participants and to explore the potential intercultural influence of the voyage on the trainees.</p>	<p>▫ Could you please say more about them?</p> <ul style="list-style-type: none"> • What do you think are the factors that made you join these activities? • Do you think the voyage/ last interview influenced your thinking about intercultural learning? <p>▫ Have you discussed the exchange voyage with anyone else?</p> <ul style="list-style-type: none"> • With whom? • What did you say? <p>▫ Do you have any plan to do such activities in the future, including another exchange/international sail training voyage? What are the reasons that make you want to do it?</p>
<p>Freedom and confinement</p> <p>Material context</p> <ul style="list-style-type: none"> • Confined space • At sea nature environment • No shower access • No signal and wifi access • 24/7 together 	<p>Looking back to the voyage, being locked on the ship for two weeks with the same group of people, what did you appreciate the most and would complain the most?</p>	<p>To explore more about the emergent sail training elements that influence ICL in the fieldwork.</p>	<p>▫ If the voyage is much shorter or longer, do you think it will make a big difference? (e.g. 2 days, 2 months)</p> <p>▫ What would you say is the biggest difference between an exchange sailing voyage and an exchange program on a cruise?</p>

Social media and technology	We discussed about the social media detox of the sail training voyage in the last conversation, do you think it makes a bit difference?	To explore more about the emergent sail training elements that influence ICL in the fieldwork.	<ul style="list-style-type: none"> ▫ What are the approaches that enable you to know other cultures? What are your comments on the influence of social media and mass media on cultural knowledge dissemination? ▫ Can you try to compare people's behaviour on the ship without signal and Wi-Fi and your peer friends' behaviour in the daily life?
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Other potential questions based on the previous interview content:

1. What are the elements/ reasons that make you ignore the age difference or nationality variety?
2. There are more female trainees than male ones on the ship, have you expected this? Have you noticed this? What is your comment on the gender perception? What do you think the gender equality issue in terms of the context being on board and being off board?
3. Have you got any chance to practice the Swedish/ Dutch/ Irish expression you picked up during the voyage?
4. I noticed that you are still posting the voyage pictures with the friends on board on FB/ Instagram, what made you miss the voyage? Do you think the friendship establish on the ship is special? In which way?
5. Is there any particular situations that reminded you of the cross-cultural life on Vega Gamleby? Can you recall your feeling and your thoughts at the moment?

Closing: Thank you very much, your response is very helpful. Is there anything else you want to add? I've been asking all of the questions so far. Is there anything you'd like to ask me?

Appendix 5.9 Voyage stage interview transcription

1) Voyage stage interview list

Number	Participants	Interview type	Interview Date	Interview Location
1	Trainee U	Trainee - Intdividual interview	02/09/2016	Vega Gamleby
2	Trainee G	Trainee - Intdividual interview	24/08/2016	Vega Gamleby
3	Trainee X	Trainee - Intdividual interview	28/08/2016	Vega Gamleby
4	Trainee H	Trainee - Intdividual interview	02/09/2016	Vega Gamleby
5	Trainee O	Trainee - Intdividual interview	31/08/2016	Vega Gamleby
6	Trainee D	Trainee - Intdividual interview	02/09/2016	Vega Gamleby
7	Trainee N	Trainee - Intdividual interview	03/09/2016	Vega Gamleby
8	Trainee A	Trainee - Intdividual interview	04/09/2016	Vega Gamleby
9	Trainee Q	Trainee - Intdividual interview	31/08/2016	Vega Gamleby
10	Trainee S	Trainee - Intdividual interview	29/08/2016	Vega Gamleby
11	Trainee R	Trainee - Intdividual interview	25/08/2016	Vega Gamleby
12	Trainee F	Trainee - Intdividual interview	02/09/2016	Vega Gamleby
13	Trainee P	Trainee - Intdividual interview	29/08/2016	Vega Gamleby
14	Trainee Y & W	Trainee - Pair interview	03/09/2016	Vega Gamleby
15	Trainee BB & O	Trainee - Pair interview	04/09/2016	Vega Gamleby
16	Trainee AA & Z	Trainee - Pair interview	03/09/2016	Vega Gamleby
17	Trainees N, Q, G, T, W, R, Y, S	Trainee - Focus Group	26/08/2016	Vega Gamleby
18	Trainees E, U, Z, O, AA, BB, V	Trainee - Focus Group	28/08/2016	Vega Gamleby
19	Sea staff I	Sea staff - Intdividual interview	01/09/2016	Vega Gamleby
20	Sea staff O & N	Sea Staff - Pair interview	31/08/2016	Vega Gamleby
21	Sea staff A, C, D, E, F, G	Sea Staff - Focus Group	25/08/2016	Vega Gamleby

2) Individual interview 1: With Trainee U

Date: 2016/09/02

Participants: Trainee U

Location: Deck-saloon of Vega Gamleby

Time: 10:02 pm

YX: refers to the researcher

YX: All right, so shall we start with your expectations about this voyage? Like what do you know about this voyage before you came?

Trainee U: Em... I knew the route, where we are going, I knew that there will be British, Swedish and Danish people...em, there are no Danish people here, hehe. And I've done this before, in 2011.

YX: Is that also a mixed nationality voyage?

Trainee U: Yeah, we have a lot of nationalities, yeah. So my expectation was pretty much what I have experienced in 2011.

[A Swedish trainee came and spoke to Trainee U in Swedish, and Trainee U replied in Swedish shortly and quickly came back to continue our interview.]

Trainee U: So, my expectation was what I once experienced as I said in 2011. And that was a three-week long sailing from Norway to Sweden, from Sweden to Germany, and then to Amsterdam, Holland. So that was pretty much my expectation. I don't know how to answer that question ... because I guess you will have other expectations if you've never been something like this. But what I remember from my last voyage in 2011 which I just, that was very important for me. At that time, I was 16, it's just all the people, different nationalities, speaking English, learning things, working together, forgetting about your daily life, just having good time. I mean that was.../

YX: So that voyage means quite a lot for you?

Trainee U: Yeah, it really does. That was my first time leaving home, leaving all my friends, I was there for three weeks. And even I was living with people from another part of Sweden, so I changed my DIALECT in Swedish. Do you understand?

YX: Oh, really?

Trainee U: YEAH! So I was the only people not from Halmsted, it is in the south of Gothenburg. And they have different accent, I adapted to that accent during that voyage. So when I went back home my father was pretty pissed with me because I speak like, he couldn't recognize my voice any more. [He said these with a smile face.] So that was, everything was just... a lot of things happened in that voyage, they affected me in many ways. As so many possible accents, I met people, learning English. Do you see what I mean? [00:03:05]

YX: Yeah, that sounds like an adventure for you.

Trainee U: Yeah, that was a very big adventure. That's why I signed up for this, because I remember what I experienced.

YX: So do you think this voyage is similar with that one?

Trainee U: Yes and no. Because, from my perspective, I would say no. If I would be on this voyage when I was 16, they wouldn't be the same thing. Now I'm 21, and that is, this year I've been speaking a lot of English, doing a lot of intercultural meetings in Swedish, deal with different cultural things. So this is ... not a very special thing. I don't know how to explain it. As I've told you, if I was 16 on this voyage, I'm sure that will have the same effect on me. But since I'm 21 now, I learn different things and other things. Em... I don't think this voyage influences me that much. It still influences me a lot, I learn a lot about myself, about sailing, about English, but not as much as I did in 2011. [00:04:38]

YX: In 2011, can you say something more about 2011 then?

Trainee U: You want more specifically what we were doing in the routes?

YX: It was like you have mixed nationalities on board, and why it was you adapted your accent but not other Swedish people? Is that because they have more people in their group?

Trainee U: Ok. Briefly, I will tell you... so that was one week sailing from Norway to Sweden, there were a lot of Swedish people from the city I mentioned called Halmstand. And they have special accent. And there were some Danish people, Dutch people. And from Halmstand to Amsterdam for few weeks, there were a lot of Swedish people with this accent of Halmstand, and there were British, Dutch, Danish and German I think. The reason why I was influenced so much because I was, I was forced to speak English. What was the question? You asked me how come I was influenced so much by that voyage. [00:06:18]

YX: Yeah.

Trainee U: I was forced to speak English since they were, they were like... Of course there were Swedish people on board but the crew were speaking English so I need to speak English. Here I can just speak Swedish if I don't understand. I can't do that on the other boats, there were Dutch crew... I'm from a small place, I'm from a farm in the South of Gothenburg, I lived in a forest of my life, there is no bus, there are like very bad public transport. So me and my friends will be curdles hanging out all the time because we can't go anywhere. So we were like a big group of people, hanging out all the time. We didn't meet new people, and we always learned new things as a group. While doing sailing, I was alone, not in that group any more. 16-year-old on a boat, with people I don't know, and needed to learn new thing. [00:07:25]

YX: Did you feel scared at that time?

Trainee U: No, I didn't. The reason I went to sail was because I was sitting in the school and my mum text me, she asked, 'Do you wanna go sailing from Norway to Sweden for a week?' [Raised his voice] 'YEAH! YEAH! I can do that, that sounds fun!' And then I got another trip 'Do you want to go sailing from Sweden to Holland?' [Fastened his speech speed] I was like 'YEAH~ That sounds fun!' Like that. So I wouldn't say I was scared cause I love doing this. I love meeting new people. I love speaking English. I just love ... to just try to meet all new people,

people you don't know and you can see, this will be a group but you don't know what role you are gonna play in that group. Then you slowly find yourself, I mean if there will be two of me, maybe we are to do a lot of things, maybe we climb with each other [With excited tone]. I really like that, so, no, I wouldn't say I'm scared. [00:08: 45]

YX: So you were keeping exploring yourself, your role and other people.

Trainee U: Yeah, and my mother and my father, my parents have always been very encouraging me to do that. Always 'Don't be afraid of trying new things.' 'Don't be afraid.'

YX: They are really good, they are really good parents. So do you think their support means a lot to you?

Trainee U: Yeah. My friends who were stuck up in forest where I grew up, they don't have their parents that encourage them to do things like that. And I would say, they are STUCK. Well, they are NOT STUCK. They just have never been encouraged actually to do something, to try something else. They can at least try, and then they realize 'I don't like it, so I'll stay here in my forest.' But I think you definitely should try everything as soon as you get the chance to try that, just try it. [00:09:53]

YX: So when you were 16 and were on the voyage, when sometimes you feel something is very challenging on the ship, what would you miss? Would you miss your parents? Would you feel supportive and feel more confident when you thought of your parents?

Trainee U: I was 16, that was a long time ago, a lot things happened with me so I'm not the same person any more. I think that ... I was one of the younger guys on the boat, and there were a lot of older people. And I think that the role I have on this boat wasn't the same role as what I had on that boat. No, I wouldn't say my parents gave me encourage to do things. But there were very good people on that boat who helped me, they were teaching and they encouraged everybody to do things. So I think that was a very good environment for learning, and for exploring new things. [00:11: 16]

YX: So you think you were quite encouraged and influenced by other people on that boat?

Trainee U: I need to think. ... Yeah, I would say that, I would say that. But it could also be like this: that was the first I went sailing, I didn't know what to expect. So I just went there and had an awesome voyage for three weeks, and I was pretty satisfied with that. NOW I had expectations for this trip which I didn't have in the first one, and I had something to compare with. So maybe ... maybe I never had the, I never realized that I need to be brave, to find courage on my first voyage since I didn't know what to EXPECT. But on this trip, on this voyage, I know what I can expect from this. And I want to do that, and... Wait, I lost my point, I lost where I'm going with this. [00:12:36]

YX: Just now you were thinking of is that some people encouraged you on that ship.

Trainee U: Yeah, they did. And they do as well on this ship. They do, they are very good at encouraging people to do things. But since I'm older now, I'm 21, I think that I demand more ... advanced things since I have been doing things, I want to do

more things now. But I really think I was encouraged, though. ... But I wouldn't you need encourage to do things, I mean, when people are around, just ask questions all the time. And I wouldn't say there is a point where I need to phone my mum or dad and ask her like 'Why I'm doing this? Can you tell me? Can you help me?' I wouldn't say this. Other situations are, like, happy. [00:13: 43]

YX: Well, I mean, would you think of your parents when something difficult happen? Will you think that my parents have told me to just try?

Trainee U: No, I wouldn't say so.

YX: So when you were in that voyage, is there anything else, like experience, like parents, education, makes you feel that's something support you to overcome difficulties on the ship?

Trainee U: I have experience from the other ships which makes it easier on this ship. ... I don't really, I don't know how to answer that.... What I learned in 2011, if I can apply to this trip, of course. I can do that.

YX: All right, let's look back to 2011 voyage then, if you can do it again now, what would you change? What would you do differently in that voyage?

Trainee U: As 16 years old? Or as 21 years old?

YX: As 16 years old. If time went back to 16 years old, would you do anything different from what you did in that voyage?

Trainee U: No, I don't think so. The reason why I went sailing was because I never sailed before which is a new thing I can try. I wouldn't say that I, I went to that voyage because I had the opportunity to do it and it sounds like a cool thing to do. For this voyage I'm here more because of the sailing..... So I couldn't say that I would do something differently in the 2011 voyage because as I have told you, I didn't have any expectations so anything that happened were just good things because everything was new. Yeah. [00:18: 18]

YX: Everything was new and you were constantly learning.

Trainee U: Yeah, all the time I was learning. What happened just happened, I wouldn't say I would change anything in that. The importance is that it can be whatever, it could be sailing, it could be a summer camp, whatever. The thing that I learned a lot about the sailing thing is, of course the international thing when it comes to English, meeting new people intercultural, but also as I have told you don't be afraid to try something you have never done before. I have been using that all the time when I'm looking for new jobs, when I need to work, whatever ... I'm not afraid to just try, so... / [00:19:]

YX: Do you think the first sailing voyage has any influence on your feeling that never afraid of trying new things?

Trainee U: Yeah, definitely.

YX: OK, then do you think this is one of the most important things that voyage influenced you?

Trainee U: Em... Sorry, question again please?

YX: Do you think that voyage influenced you to be more.../

Trainee U: Yeah, to be more opening. Definitely, there was a proof that you try something new and you will definitely succeed and you will have a good time. I broke away from my friends back home. I developed and learned by my own, and I was someone a bit different when I went back. So that definitely influenced me in many ways. Do you understand the answer? [00:20:21]

YX: Yeah, I understand that. And that voyage also influenced you to this voyage, to join this voyage.

Trainee U: Yeah. When I was signing up, I wasn't like 'Oh that sounds cool.' Because this time I knew what to expect. Yeah.

YX: So the last voyage in 2011, was it the first time you interacted with people with so many nationalities?

Trainee U: Yeah, I would say that. During those three weeks, yeah, I was. I improved my English tremendous as well. [00:21:06]

YX: It was a very good opportunity to improve your English.

Trainee U: Like especially since when I was on my watch, I was the only Swedish guy, so I just needed to talk in English. I was afraid to talk in English before, so that also is a big... [00: 21:38]

YX: Big, kind of development for you.

Trainee U: Yeah.

YX: So did you know any culture stuff about those different countries?

Trainee U: Yeah, we always discuss differences and similarities, and we have different dinners and performances, and we did different things of different countries. Yeah, I would say that, we learned OFFICIALLY and unofficially about different countries in other countries.

[Trainee H came to look for Trainee M, and U replied "He's not here."]

YX: OK, so what do you think you have learned from this voyage?

Trainee U: To fair, you should be doing the interviewing me when I was 16. [Laugh] From this voyage, since we are still IN it, it's hard to answer that. ... I've learned ... much about groups that you don't always need to do everything all the time. Sometimes you can, I want things to be organized, I want things to happen. But sometimes you can't do everything, sometimes people may try to have a go and see how it works. Maybe they want to organize so that sometimes I take a step back.

YX: So is that like even though you know you can do, you still take a step back to let people to have a try.

Trainee U: Yeah, and especially someone wants to do something, you may feel like 'I really don't like this, I want to change that', but then I realized that 'OK, let this person do it, and I will just follow'. This person may be end up doing something better and you just accept this is the way this can be done. I would say I learned that, otherwise, I want to do everything by myself as you may understand. I've learned sailing in Swedish because I never learned sailing in Swedish.

YX: What did you learn about yourself? Because I remember just know you mentioned the first time you learned a lot about yourself, what about this time? Did you learn anything new about yourself?

Trainee U: Its' so hard to answer that question. I could answer that question when I was 16. I can't answer it know, but when I was 16.

YX: So what did you learned about yourself when you were 16?

Trainee U: I learned... that was a good question. I learned, as I told you, English. [Speak to himself 'what did I learn about myself?'] I learned that I was a funny guy who other people like to talk with me. That's good and bad. I don't know. When I was 16, I learned more things about LIFE. I was learning about alcohol, I was learning about sailing, I was learning about English, I was learning... it was a like a process to be more mature. This voyage has been more about... I don't know, since we are still in it. [00:26:12]

YX: What about things like leadership? As I noticed from the voyage, you seemed to have played a leader role in a few cases.

Trainee U: Yeah. But I wouldn't say that I learned that in this voyage. I have been like this before.

YX: yeah, but the difference between this voyage and your daily life can be that people are from different cultural background. Do you feel any difference by leading a group of people with mixed nationalities? Is it more challenging, or it's just natural?

Trainee U: Ah ha, of course language could be a problem when you lead a group, especially when you are in the situation where you need to act quickly. But, no... yes and no. When it comes to the sailing part, that's not a problem, because we all like have the same knowledge, the culture didn't affect that. But when it comes to for example doing the cleaning or doing the dishes, especially the cleaning. I wouldn't that is about the culture but that sometimes is a problem. Because we are all from different backgrounds. Some people have never ever cleaned the toilet, and that's hard when we're all going to do this now. Everybody does your part and that will be done. That's the problem when you are from different backgrounds, from different culture. Because you assume someone knows how to clean the toilet.

YX: Then do you mean it's more of someone's personal experience rather than someone's nationality.

Trainee U: Yeah, it is, it is. I would say that.

YX: Then do you feel any occasions that you feel it so difficult to communicate with someone? Or it's so difficult to make someone understand what you mean?

Trainee U: I wouldn't say that.

YX: Because if people can't understand you in some way, you will make it clearer, is that so? Or you think you don't have any problem to communicate with people?

Trainee U: I'm thinking of the sailing and cleaning, because that's probably like the things I need to communicate and do things with other cultures on board but... NO, I wouldn't say that because we are doing things that, we are learning on the ship and we are doing basic things. It would be a difference if you to instruct people how to

do something very Swedish or whatever, or if you need to instruct us to do something very British while I'm not from England. [00:29:57]

YX: When you say that, do you mean, we are just doing things necessary in our life and there's nothing special and people are just showing human nature?

Trainee U: Yeah, exactly, I would say that. Em... we have a situation yesterday in the Pub I think. But no, that's not the culture either.

YX: Not necessary about culture, what kind of misunderstanding do you think, or.../

Trainee U: Miscommunication. I don't know, I get the feeling that I think I'm pretty, I always make sure that people understand me. And I always make sure that no body is get offended, so I would say that I don't have the problem with communication.

YX: Are you indicating the bill issue last night?

Trainee U: About the bill it was someone hasn't paid for trout, and nothing else. The people in the bar gave me a receipt and they told me like 'You guys need to pay for this. I need to sort it our and I need to find out who hasn't paid for the food. But I guess that was just, that will usually happen when people are out eating. And I had a problem with not a Swedish people, but an English people. But I don't think that's a cultural thing either. That was just, I was trying to explain that you guys had trout and you need to pay for this. Yeah, he was thinking I wanted to frame him. He thought I was just wanting him to pay. I don't think he understood what I was doing, I was just asking question to sort, asking like 'Have you been doing trout?' but he thought I wanted him to pay no matter what. I guess that was the miscommunication situation. Because of my English, I couldn't use all the words I want to use, yeah, I think that was a bit hard. [32:58]

YX: It seems that finally he got understood what you mean, but it's a struggling process.

Trainee U: Yeah, it was.

YX: Because it wasn't your responsibility to do this actually. It's like you are doing this for everyone, I was like quite inspired by what you did because I think it was quite difficult actually. No one wanna take this kind of responsibility voluntarily.

Trainee U: It's hard to, and you need, because you don't wanna, these guys are like friends, you don't wanna be like mom or whatever, like baby sitting all the time. Or like "We need to do the dishes now." "We need to pay the bills, we need to do..."

YX: And I always found that you seem always to be influential in group activities. For example, when you are doing dishes, you brought a Bluetooth speaker. Why would you bring a Bluetooth speaker to the ship? Is that because of your previous voyage experience and you think it's gonna be very useful to bring this?

Trainee U: Yeah, from other experience, not from that voyage, but from other experience. Wherever I've been doing, I always bring a speaker because music is such a good way to make friends. You can talk about it; you can just be quiet because silence sometimes can be very awkward. You can always have some music. Or you can just have fun with it doing dishes.

YX: Well, I found that people were quite influenced by you in this way because it was you used the Bluetooth speaker to play the music for the first time. This made doing dishes quite fun and people were happy doing dishes, singing and moving. And you were a very active one while doing dishes, like influencing people. Do you think you were unconsciously or purposely influencing or encouraging people around?

Trainee U: No, I just know that if you have a speaker with some nice music, people will be happy and finish doing the dishes. Then maybe we can climb the rigs. Because that was what I wanted to do. I was just wanting to finish doing the dishes as soon as possible because then we can do something fun.

YX: Ok, but people look like very happy with the music and with the Bluetooth speaker, do you feel some people were influenced by you?

Trainee U: I think that people definitely appreciate this, doing dishes more fun. I think that... the reason I do it, I don't know. Because this is also a problem for me. I always just want to have fun, sometimes I can be serious. That's not the thing, but sometimes, it's just hard to be funny guy or the guy that always doing these. So sometimes I will disappear and let someone else do it.

YX: It sounds like you like to do interesting things, is that your style of doing things?

Trainee U: En. Yeah.

YX: Like when we were doing the crew parade, you are the person leading the group. Every time when you were yelling or shouting, other people responded actively. When some others tried to copy what you said, it turned out to be different results.

Trainee U: Yeah, that's about timing. That's about confidence. I get a lot of confidence from my parents and from my friends. So ... when it comes to the parade, I guess people know I can, I mean, I can shout pretty loud, I can, for some reason people listen when I say things. Yeah, people actually listen when I say things. I don't know because especially as I was telling you within the group it's certain to forward yourself and when everybody is speaking and when nobody is speaking, it's about making noises you won't see hurt. You know, when you started it in your group, you need to be, this is complicated. I mean, if I go back to my class from my high school, I would probably the same role because... I'm just losing my thoughts right now. I'm so tired, I can't even... I don't know actually. [00:39:45]

YX: Can we say yourself was very concentrate on your role at that moment, so your own emotion influenced your behaviour? Because of your true emotion, and when people feel that's from your inner truth, and it's power, and people wanna follow.

Trainee U: So basically I know what's happening, I focused on what I'm doing, and I can answer questions people ask. Since I know what's happening, I can tell people if they don't know what to do. Is that what you...?

YX: Kind of. Can we say something about tomorrow's party?

Trainee U: Sunday, it's on Sunday.

YX: So that's on Sunday, not tomorrow. OK. Is that YOU who proposed this suggestion [to have a crawfish party on the ship]?

Trainee U: No, sometimes I do, but usually I hear suggestions from someone. Someone comes up with an idea and then I fulfill it. I think.

YX: Like you supported that idea and make it happen.

Trainee U: Yeah. I love doing that, I love someone tells me we need to do this and this and this, and then I will fulfill it. For example, when we talk about the crew parade theme, I usually don't come up with ideas, but if someone has an idea and we can go from that idea and just create things. [00:41:50]

YX: Then in this voyage, what do you think is your favourite part in this voyage?

Trainee U: For this voyage, it's being the...do you mean being part of this voyage or ...?

YX: Not really, my question is that what is the element of this sail training voyage do you like the best?

Trainee U: Em... Sailing. Using the nature transport, the wind, that's one part; other part is new people, I just love that, new people, new crew. Get into the group, you can see the group is growing, and it's forming itself, and you can understand and you can see what kind of different people they are. She's like that and he's like that, I love that. Like an experiment. And I also love the whole friendship thing you get on a boat. You just need to be HAPPY, you just need to work together because we know boat can't go anywhere [with just one person sailing on it]... that's like the main three best thing. Is that clear? Because I don't know what I'm saying sometimes. [00:44: 05]

YX: yeah, that's clear. So because you have sail training experience, so you must have expected there won't be any signal and internet on ship during the voyage. Do you think this is a good thing or bad thing for you?

Trainee U: Well, for me, I use my phone when I can, but I wouldn't say I'm addicted to it. For me, it doesn't matter if I got signal or not. I just love that you don't have a signal because when you do have the signal, you always check the Facebook, you're always doing it. Not because you have to, but if you have nothing to do, you'll just do that. Like being out at sea, you don't have the signal, you don't have all this information all the time by using social media. But I wouldn't say that's a problem.

YX: So you think it's kind of a good thing?

Trainee U: yeah, definitely. Especially in these days we get more and more comfortable of it, how relaying what we're doing, and that you can survive without Internet. I think that's very important to LEARN, especially for young people. You can survive, you can have a good time without Youtube, without... You can talk, you can play the music yourself. [45:37]

YX: To take the advantage of this, like after this voyage people can just connect each other on Facebook, friends from the voyage become connected then.

Trainee U: I think there will be, as soon as we get the signal, everybody is just all up in the phone. It's sometimes hard to do things or talk to people. I UNDERSTAND that you want to text or call or whatever. I think if we are on a boat like this, and if you are a shy person and you don't talk that much, I think you'd rather go and sit

with phone, instead of trying to make new friends. Because it's just easier to do with phone.

YX: Especially for those shy people.

Trainee U: Yeah, especially for shy persons.

YX: Did you find some people on this ship you feel they changed quite a lot because of this voyage?

Trainee U: Yeah, there were some people, particular she was pretty quiet and she didn't talk, but after almost a week, she just started talking, she was laughing, she was like that. So I really think that I saw [the change]. Maybe that's how she works, she felt more comfortable after a week and she can be .../ I'm thinking of, yeah, definitely, yes, the people change.

YX: Do you think this kind of change is related to this no-signal context on the ship?

Trainee U: Yeah, because when there's wi-fi, she could play with phone with photos and the photos can be uploaded to Instagram...

YX: That's true. Then what would you suggest if you can improve this program, this sail training voyage program?

Trainee U: more nationalities, less Swedish people. Since the crew are Swedish. Less Swedish people, more nationalities... more sail training that let trainees sail, now we had a race that was just amazing weather, that's how it is. But we had a week before England when we could do a lot more practical practice. When we practice, we will learn what the ropes are called, we know what the sailed are called. But we need to practice it, we need to pull the ropes to set the sails. So I would see more practice, more nationalities, less Swedish people.

YX: Do you think you have some stereotype towards people from like Britain, Ireland and so on?

Trainee U: Yeah, like you always get the typical stereotype that everyone is over rough. It is like the joy we always say that about the Germans, about the Dutch and Irish. When it comes to England, people from working class are harsh, you can have stereotype of how they are, they don't want to work, or they want to work, or they.../ I don't know if that was a good answer, but I do have stereotypes that what everybody knows about, they are like jokes. Such as all the German people eat apples ... and British people always drinking tea. That's the stereotype that we laugh about, but that's not about the nationalities, that's about how we think about people. [50:54]

YX: Then do you think your stereotype has been a bit changed in some aspects during the voyage, or not?

Trainee U: no, not because of this voyage. Once again, when I thought about stereotypes, when I was 16, I learned a lot about Dutch people and Holland. But I was spending, this year I was spending two years in Portugal, learning about different cultures in Europe. So I wouldn't say that I have different stereotypes because I've been living with Italian and British, you see.

YX: so you have actually had a lot of knowledge about these people.

Trainee U: I would say that. I would say that, definitely.

YX: So actually is that like you don't think this voyage brings you any dramatic influence?

Trainee U: No.

YX: But do you think it will change you in any way?

Trainee U: I think it was more because of the sailing, because I want to learn more, because I like that... so I learn more about sailing, I think that is a change. But I wouldn't say that I .../ But of course I learned something, there are new things about Holland, about England, but I wouldn't say there is a dramatic change.

YX: Do you think you may find more benefit from this voyage in a couple of months?

Trainee U: Yeah, you got time to reflect, to understand what are you doing, and maybe apply the knowledge in something else.

YX: If you had any change in your life, who would be the first person to discover that? Your parents? Or your friends?

Trainee U: Yourself. If there's a situation, I usually do it this way, and now I realize I learned this, and then do it that way. I think I will realize, OH!

YX: What about someone beside yourself.

Trainee U: I would think someone I spend a lot of time with. I'm living with two friends in an apartment, I guess they will, I mean they spend a lot of time with me. When it comes to my parents, my mum will probably, I will talk to her and explain how I think I have changed, and then she will probably see that.

YX: I think that's almost everything. Thank you very much! And I also want to ask you whether you are willing to be follow-up interviewed?

Trainee U: Yeah, I will love to, I will love to. And I will try to be not this tired. And I will try not to disappear my own answers forgetting the question. I hope I'll give you some answers because I told you I've done this before, I spent this years in different countries. So the international thing is not that kind of a big thing. [55: 00]

YX: Some people start doubt in their own national identity thing, because they become kind of global citizen when they became really really international. What do you think about this?

Trainee U: Yeah, when it especially comes to Swedish nationalism, we flag and I don't, I can't relate to that since I've learned about other countries and we are pretty like everyone, we pretty similar, we work the same way. Setting flag is separating us. And when it comes to religion, it's also another thing I think that separate people I think that's not.../ But on the other hand, when you meet a lot of people from different countries, you also realize what your country is about and we actually like about your country. So I would actually say that, when it comes to nationalism, I've learned to love Sweden, to learn to love Swedish summer which I think is amazing. When I'm explaining to people when I'm in October with my friends and my sauna and we take Berocca in Swim on that side, I will think that I really like that. Do you see what I mean? You learn to appreciate your own country. [57:22]

YX: Yeah. Just like these Swedish trainees really want to bring typical Swedish food to show to different nationalities. Because you are proud with your food and your tradition and you want to share these with your friends. From what you say, I felt it's like you are proud of your country but you don't think the nationality as a kind of boundary.

Trainee U: Exactly, you are proud of your country because you can show like. I'm proud of this this and this. I'm proud of being a Swedish because of the mid-summer, because of this crawfish party, because of a lot. I'm not proud of being Swedish because I have a flag. I'm not like American. American they are just proud of being American for no reason. They are just being proud. And if you ask them, why are you pride? Why do you like this? They can't answer this. I think that's nationalism but that's just, I don't know.

YX: I understand what you mean. Thank you very much!

Trainee U: Thank you **YX**, a nice little chat.

YX: I will hopefully have a follow-up interview in a few month time. I will try to make it coming to Gothenburg to have face-to-face interview. If I can't make it.../

Trainee U: I can go to Edinburgh. I've never been there. [Laugh]

YX: Yeah. I will plan for the next interview and then contact you on Facebook, is that all right?

Trainee U: Sure.

3) Individual interview 2: With Trainee G

Participants: Trainee G

Date: 2016/08/24

Location: By the skylight on the deck of Vega Gamleby

Time: 11:12 am

YX: refers to the researcher

This interview was initiated by a casual chat. Before I started recording, Trainee G and I was discussing about the difference between of his expectation of this voyage and the reality.

YX: What have you expected about this voyage before you come here?

TRAINEE G: I think I will just talk to a couple of people on the ship [chuckle].

YX: So you expect you're going to talk to only a couple of people in the voyage. Why do you have this kind of expectation?

TRAINEE G: [chuckle] Because it's sort of like in England.

YX: It's sort of like in England.

TRAINEE G: Yeah, very few people are easy to make friends with in England. But here, it is very different [smile].

YX: Have you ever thought of whether this is because you are on a ship?

TRAINEE G: Yeah, I think it is kind of because of that? If you're gonna spend two weeks with all these people, you're gonna be with friends with them all.

YX: So do you think if the trainees on this tall ship, they are all British guys and girls, do you think things will change?

TRAINEE G: I think it will be different. I think I've noticed Swedish people they are generally very very kind [chuckle].

YX: Ah... all right, then do you have any assumption about Swedish people?

TRAINEE G: Before I came... Yeah, the way I always in vision, they are just like very stylish, and like thought very highly of themselves.

YX: Oh, really?

TRAINEE G: Yeah, but it's not really like that. Some people are like stylish, but everyone is very modest, and open. It's just, they are like a lot more of a real person than I thought they would be. If that makes sense. [01:36]

YX: So it's like they are not faking anything. They are just very real and honest?

TRAINEE G: Yeah.

YX: So do you think this voyage kind of break some of your stereotypes?

TRAINEE G: Yes, DENIFITELY. I've got very positive view of Swedish people now. [laugh] And Norwegians [one of the volunteer crew is Norwegian].

YX: And Norwegians. Right. What about Irish people?

TRAINEE G: I already knew them. A large part of my families are Irish.

YX: Oh, really?

TRAINEE G: Yeah.

YX: So do you think they [Irish trainees on the ship] are like the Irish people you knew before, or not?

TRAINEE G: Yeah, Trainee E is exactly like a lot of my family [laugh]. His accent is a bit stronger, though. He's hard to talk to sometimes. You just can't work out what he said. When he gets excited about the topic, he gets carried away talking. I can't understand what he says.

YX: Especially when he talks faster?

TRAINEE G: yeah.

YX: Yesterday I was talking to him when he is speaking to his cousin sisters, he mentioned this is the first time he realized his accent is so strong. He didn't think so. Well, do you think you have any accent?

TRAINEE G: I have a little bit. There are some words that jodie's use that are not real words, and I picked some of them up, but I tried not to use them when I'm on the ship cause no one make sense of it. [03:20]

YX: Aha... then do you parents have any expectation on you in this voyage?

TRAINEE G: On the voyage... em...not really. They've never been much to set goals because their vision on goals is if you don't need them, it makes you failure [03:47], and if you do meet them, then it's just kind of whatever cool you did what we thought you would. So, instead, they don't set any expectations. And then, anything I do is good.

YX: Oh, this sounds really cool. So do you think whether you would have been influenced by your parents?

TRAINEE G: Yeah, my mum specifically. She's like my MAIN role model in life. It's just the only outlook on life is that, everything is about happiness, anything else is secondary. So I just like following that.

YX: Wow, that sounds like really cool, so is that also you mum that arranged the very good restaurant thing? [TRAINEE G used to have told me about his experience to have spent one day in the kitchen of a Michelin restaurant to learn cooking, that was an 800 pounds experience.]

TRAINEE G: Yeah, she bought me that for my 21.

YX: 21 birthday? And you really appreciate that?

TRAINEE G: Yeah. I did appreciate it. It's really thankful thought.

YX: And I noticed that some of the British people they are quite hesitate about going abroad and things like that, especially when they are young. So you must be very brave to decide to join this kind of voyage?

TRAINEE G: Yeah. In the last few days before coming here, I was closed to cancelling it because I was so scared.

YX: Sacred? Scared of what?

TRAINEE G: Well, travelling alone, this is the first time I've flown alone. So I had a flight to Amsterdam, and then to Gothenburg. And I had to carry all my stuff to the ship. Till then get on a ship, I've never sailed before, with a bunch of people I don't know. So I was getting quite nervous.

YX: So it's like you know no body on the ship?

TRAINEE G: No, nobody, because I don't, I have a Facebook account, but I haven't used it for about six years. So I couldn't talk to anyone beforehand either.

YX: Well, then how do you feel when you get to know there will be more Swedish on the ship than British trainees?

TRAINEE G: It made us a bit uncomfortable when we first got on the ship because everyone speaks in Swedish. I was sat at the table when I first got on board and had some coffee and stuff. And everyone was speaking Swedish so I felt a bit out of place. But then, TRAINEE M made me feel really comfortable, because he came and sat next to me and started talking to me in English. So I've got to thank Trainee M for ... breaking that boundary. That makes me feel very comfortable, very quickly. [06:16]

YX: So Trainee M is the first one [Swedish trainee] to have talked to you?

TRAINEE G: Yeah. He just came and sat next to me, started talking in English. We got along very well.

YX: That's really nice, I remember the first time when I got on board, there was only me with Chinese nationality, and other people were all from Europe. I used to get a bit anxious as well until people started talking in English.

TRAINEE G: And you find as well everyone here is very kind. It's SO nice. It's been easily, it's the nicest group of people I've spent time with. I really enjoy being on the ship.

YX: What about the sailing part?

TRAINEE G: It's interesting. It's REALLY interesting. I've having a bit of hard time learning the ropes. But ... I really enjoy it. I love looking out at the sea, setting the sails always feels, when you work as like, you know, when you have like three or four teams pulling the ropes together to set one of the gaff-sails up. It feels very accomplished when it's up. It's kind of big magnificent thing for like six or seven people to do. So I really enjoyed the sailing part. When steering, I feel like the KING when I'm steering. [laugh]

YX: The king? Like you are taking over the ship, you are taking over everyone's life?

TRAINEE G: Yeah. [Laugh]

YX: That's really cool part. So which part do you think is your favourite part in this voyage till now? Including the sailing part, like people from different backgrounds, and everything, like what would you think is your favourite thing?

TRAINEE G: Favourite part... the favourite part, making friends, honestly. Because I've always had quite a hard time making friends at any place I go. But it just happened so easily here. It was like magic. I think that is my favourite part of it. Yeah.

YX: Is that like in your daily life you were a little bit shy?

TRAINEE G: Definitely. Yeah. I'm in my third year in the uni., now I'm going to my fourth. And I could really say I only have made two friends in the university. So I'm not really good at talking to people usually.

YX: But if you got friends, they will be really really good friends [This is what he told me previous chats.]

TRAINEE G: Oh, yeah. Well, one of them has left now. He went to go travel around Europe so I can't talk to him. The other one, he's like. He's like my double.

YX: Your double?

TRAINEE G: We are, we're exactly the same. When I'm not in the middle of the ocean, we are in 24/7 contact. We're either text each other, or we're in person, or we're calling each other, or we're on Skype. We're always in contact. Cause we are just...//

YX: Is he also from New Castel?

TRAINEE G: Yeah, we're just, we just don't get bother of each other's company. When we go to university, we just sit and chat for 10/11 hours, never get bore. Then just back into it again this next day.

YX: Oh, it's really nice.

TRAINEE G: It's very good.

YX: It's like very rare friendship among boys nowadays.

TRAINEE G: Yeah.

YX: Do you think you're gonna recommend him to join the sailing voyage later?

TRAINEE G: He wanted to come, on this one. But he didn't have the money.

YX: Ok... That's a pity.

TRAINEE G: Yeah, cause we didn't know how much would it cost when it was first shown to us. So then we both want to sign up for it until he saw that it's 900 euros, and then he backed out straight away. He couldn't do that. Even after we saw the half price 450. It's still too much for him. With the flights then on top of that, and getting stuff like the coats and waterproof trousers. These are all too much for him.

YX: All right, I believe there will be much cheaper voyages in the near future. If I knew any information, I will let you know..... So he used to want to come with you.

TRAINEE G: Yeah, that's a shame we don't have signal. But I can guarantee when we get signal, he's gonna get the 15 texts I'm gonna send to him. And I'm gonna get 15 or 20 of him as soon as we get the signal.

YX: Oh my god. So you are like really really really close friends.

TRAINEE G: Yeah. It's just we share everything that happens, but I've just come back. I've been to America twice both times, with just him. Yeah. We just go to America for two weeks, travel around everywhere together. It's gonna get a lot more exciting as well, when I get back because when I'm away doing this, he's having his test of his driving licence. So when I get back from the trip we have so many things to share with each other. [11: 41]

YX: And you can talk for like 24 hours awake.

TRAINEE G: Yeah, pretty much. [Laugh]

YX: Do you think it will make any difference if he was with us on the ship?

TRAINEE G: Well, it will be definitely very different if he's here. I may stick with him, talk with him for most of the time. Yeah. It would be really different then.

YX: Would you think it's better to have him here or not?

TRAINEE G: I would be happy if he could come along, but I can imagine if we came together, I wouldn't talk too much to other people. Because that's how things happen normally. We would keep talking to each other. Yeah, this might be a problem. [Laugh]

YX: Can't imagine what do you usually say if you have so much to talk to each other. [Laugh] **YX:** So it's like you also have a very close relationship with your parents.

TRAINEE G: My mum. Yes, when I was 15, my mum and dad split up and he moved. You know usually they move quite far away, my dad moved down the street. So it's about 30 seconds walk from my house.

YX: It's not too bad.

TRAINEE G: Well, no. I get on well with them. It's not a bad relationship. Just not as well as with my mum. Em...me and my mum have been, it's always just been me and my mum in the house, so whenever there's been family problems... with anything, it's always been just me and her to deal with it. So me and my mum, we are very very close. [12:30]

YX: Do you think when you go back, your mum will discover some of your changes?

TRAINEE G: Probably, I think I might be less, I think just probably be less shy after I go back. And I think she will be thankful for that.

YX: Then do you have some foreign friends in Newcastle?

TRAINEE G: Foreign friends, er...yeah, I have one from Kazakhstan. His very nice, yeah, I've been met him a few times. He's left university now so I don't talk to him anymore. But I was friend with him for about 2 years.

YX: Like when you were shier than now, do you feel a bit hesitate to make friends with people from other countries?

TRAINEE G: Ah...it's hard to say, I hope it doesn't sound racist, but, no, for the most part, I've been fine with it. Just, I had some bad experiences with foreign people in my ... primary school. It's called Youngster School cause there were both three of them, Muslin, White, British people in my area. There were three foreign kids in my school and they were all horrible people. Completely irrelevant with the factor with foreign, but they were horrible horrible people. I hated them so that this gave me a bad opinion with to start off with.

YX: To start off with other foreign people?

TRAINEE G: Yes, when I was young, you know, cause you are a bit silly when you are young. I just assume that all foreign people were like that. But when I went to high school, the majority was foreign, so I quickly learned that it makes no difference, everyone is just a lone person. [14:26]

YX: So you have got some foreign students in your class in high schools?

TRAINEE G: Yeah, in high school there were quite a lot, and then in university. There's loads. Yeah. The majority of people are foreign in the university.

YX: Do you think there is any difference to make friends on a ship and make friends on the ground?

TRAINEE G: Yes, definitely! It's easier on the ship. I feel that you are inclined to talk to people. I feel like if we were all sat in a room, without being on a ship, just by chance we sit in a room, no one will talk to each other. So it's a lot easier to get to know with each other in the first place, to then become friends on the ship.

YX: Have you ever thought of the reason why there is this kind of difference?

TRAINEE G: Em... I don't know, I really don't know. I've learnt that it's [difference between nationalities] not there, everyone is just a lone person. But I think a lot of people still think that there are entirely different CLASS of person. But, not really. But I think a lot of people still have that kind of opinion so that will stop maybe.../ I don't know how it works on side of Britain, looking at English people, whether or not they don't want to talk to English people or not. Cause I know quite a lot of the world doesn't like the English. But I don't know. It's just, it seems a little bit harder, for foreign people to interact.

YX: Have you heard any of the stereotypes from the Swedish people on British people?

TRAINEE G: Yeah.

YX: What did they say then?

TRAINEE G: Constantly drinking tea, very posh, yeah. That was about it, really. Fish and chips, tea, and posh ware pretty much all they've got. [16:30].

YX: So is that from the Swedish people [on the ship]?

TRAINEE G: Yes, I was asking around about it before, cause they were asking me what we thought of Swedish people. So naturally I asked them back what they thought of British people. And everyone just said posh.

YX: Posh? Then what did you say to reply them.

TRAINEE G: We are not posh...[laugh] I said, actually I said, down south it's a bit posh, but we are far on north, it's very not posh, very very very not posh. Well, you are from Edinburgh now, so you should know people in Scotland and in the north of England are too different. So, you know, we are not really very posh. In the north part of the UK, we are not very posh. [17:18]

YX: So what did you say when they ask you your stereotypes about Swedish people?

TRAINEE G: Oh, well, like what I said to you before, self-absorbed, stylish, yeah.

YX: Yeah, right, so how do they feel about what you said?

TRAINEE G: Well, em... one of the... who's that? Trainee BB said that quite a few people are like that in Sweden. So it's not, it's not all fake there's a little bit of truth in it. But for the most part, yeah, it's not true.

YX: Well, it sounds like something similar, like your stereotype on them and their stereotype on British people are partially true.

TRAINEE G: Partially true. Yes, but the tea and fish and chips, that's on point. All British people love tea and fish and chips, but the posh thing, it's also partially true. A little bit. Like... Trainee F who's on the ship from Cornwall right down the south, she's quite posh, she's posh.

YX: Well, so it's like some people they are posh, and some people are not.

TRAINEE G: Yeah.

YX: I also heard a couple of times people on the ship were discussing about Britain leaves EU.

TRAINEE G: Yeah, I've been teased about Brexit a few times. [Chuckle]

YX: Oh, really? You've been teased.

TRAINEE G: Yeah, but obviously nothing harms, but...

YX: it's like joking teasing.

TRAINEE G: yeah

YX: Then what do you think about this?

TRAINEE G: I, I, I didn't know, I really didn't know, I didn't vote. I had paper in my hand on the day to do my vote and sent it off. I spent for an hour thinking and I just couldn't decide. So I just I didn't involve it. There are too many uncertainties on both of them, I don't think anyone could know for sure to choose the better one to do.

YX: Well..... there're always good way to cooperate whether or not Britain leaves EU, just like this voyage, we are still working with European people.

TRAINEE G: Yeah, definitely.

YX: After this voyage, who do you think will be the best person perceive your change? Do you think it's your friend?

TRAINEE G: My friend Mark, yeah. I think it will be him. Cause when we are out drinking or just walking around. I think we are, say, out in Newcastle, I think he will notice I will be freer to talk to people more.

YX: Well, I'm look forward to that!

TRAINEE G: I look forward to that as well.

YX: I may want to come to Newcastle to interview both of you in two/three months after this voyage. I think it will be interesting. You have a really good friend who can notice your change. Because sometimes when people say 'I developed something', it may not be very convincing.

TRAINEE G: Yeah.

YX: Well, I can perceive some of your changes but I didn't know you before this voyage. So it might be better to invite one of your friends to see how he find about your changes.

TRAINEE G: yeah, I'm pretty sure he will do the interview if I ask, so...

YX: That's really really nice! And do you think you want try the sail training twice?

TRAINEE G: I don't know, I wouldn't say it right now. I think I will know that when I've been back home for a few days. I'll know whether I want to do it again. Right now I don't think I could say.

YX: yeah, I understand your feeling, it's still at the very beginning. I remember on the fourth day of my first voyage, I was thinking 'OK, I'm not gonna do it again, not even once' because we have got like very strong storm and very bad tide, I need to work against stomach-ache and everything, I felt like 'Oh my god, I'm gonna die.' So I felt like so tough at the moment. But when the voyage comes to an end, everything became so sweet, and I miss the voyage so much.

TRAINEE G: I think I will miss this, cause when I go back home; I will talk a lot to Mark.

YX: Well, yeah, Mark, your best friend, definitely. Great, thank you for this chat, it was really interesting. And I look forward to speaking to you and Mark in the near future.

TRAINEE G: Sure. No problem at all.

4) Individual interview 3: With Trainee X

Participants: Trainee X

Date: 2016/08/28

Location: Deck of Vega Gamleby

Time: 5:12 pm

YX: refers to the researcher

In a previous chat before the interview, TRAINEE X used to mention to me she applied for a school which train people to become certificated adventure guider. On 28th August, she told me she received the reply from the school that she was enrolled by that school. She came to me and said she had made the decision to go today.

YX: You told me you've been to a school to teach English, but it was like long long ago. And you were also in a school, kind of international school with people from different nationalities.

TRAINEE X: yeah, it wasn't the same. This is what I want to do further forward in my life. To go with people hiking and stuff like that. And... I'm going to be the guide.

YX: A guide? What kind of guide.

TRAINEE X: You can take out people on hiking tours, on skiing tours.

YX: Oh, you didn't tell me this, you just tell me you've been hiking with some friends.

TRAINEE X: I can't remember what I've told to people when I'm so tired.

YX: So you've gonna be a guide of hiking.

TRAINEE X: YEAH. Guide people outside, like in the forest, like skiing.

YX: In forests?

TRAINEE X: Yeah, like climbing the mountains.

YX: Oh, really?

TRAINEE X: Yeah, I just decided this today.

YX: So you received the message today?

TRAINEE X: No, I received it when I was in Skagen, but I couldn't decide it in my mind if I'm going to do it or not. Cause I plan to be out and travel and stuff like that for two years. Then I applied and got to know that only if someone didn't want to go.../but in Skagen the teacher from that school she sent me a message that there is a spot for you now so if I want I can get it. [02:33]

YX: Oh that's very good news.

TRAINEE X: Yeah.

YX: It's just for you to decide.

TRAINEE X: Yeah, I have decided that I'm going to do it, but...

YX: You have decided.

TRAINEE X: Yeah, I have decided.

YX: Like when? Today?

TRAINEE X: Yeah, so at some point today I was like I'm going to that school?

YX: How come like you make this decision?

TRAINEE X: [Smile] I don't know, I've been like go back and forward all the way to like "Oh, yes or no, yes or no." And then today I was like "OK, I will try it, if I don't like it, if I feel like this is not something for me, I can just drop out." So, yeah~ So when I go back to Sweden, I will just...//

YX: Start a new journey.

TRAINEE X: yeah. I'll pack my bags and just go to the school immediately because it has started now... so I will miss the first days I think.

YX: It's kind of a big decision. But you can still change your mind anyway.

TRAINEE X: yeah.

YX: I think it worth trying.

TRAINEE X: yeah, I will try.

YX: Will you think being on the sea and doing some adventure influence this decision a bit?

TRAINEE X: Em...I don't know.

[Trainee M went out carrying a huge bottle of Coke which raised a lot of voices on the deck.]

[Interrupted for 3 minutes]

YX: Have you told your parents about your decision?

TRAINEE X: yeah, I my original mom about this.

YX: Then what did your mom say?

TRAINEE X: she always says that I should follow my heart and what my stomach say.

YX: what my stomach say. [Laugh]

TRAINEE X: yeah, in Sweden it's like that, you always say "Listen to your heart" and "Do what feels right in your stomach." It's like ...yeah, we say that, but it sounds weird in English.

YX: Yeah, I know, I understand that feeling. Like sometimes it's so difficult to translate some old saying of Chinese into English. And people feel "Why?"...// I remember last time, me and Sea staff G were talking about something we feel

scared of, I told her an old saying to say “Once you were bite by a snake, you always feel scared when you saw a rope.”

TRAINEE X: yeah, yeah.

YX: yeah? You’ve got that kind of saying as well?

TRAINEE X: Yeah.

YX: In some countries, if they don’t have too much ropes, they can’t understand that.

[Laugh]

YX: yeah, you are gonna be a more and more adventurous girl now.

TRAINEE X: yeah, I will.

YX: Especially you are gonna be the guide.

TRAINEE X: Yeah, but I’m scared, because I’m scared that I may not be brave enough to do all those things that you have to do in the school. Because ...

YX: You need to be a role model sometimes.

TRAINEE X: YEAH~ yeah! We are going to climb, and river cross, like when you go in a boat and cross the rivers... we can go like cross countries game. But like we are like hiking to cross the country, you go to [Unclear] and that will be like two or three weeks in a roll, so it’s gonna be a long time. [08:25]

YX: yeah, it’s gonna be two, three weeks is gonna be a long time, should be very exhausting.

TRAINEE X: yeah, and you do like, it’s very... You do like [Unclear] all the time because you do have something you have to do in two years’ time. So it’s like very exhausting occasion but you have to be focusing all the time, and when you are out to do something, you come home for two days, and then you do something again. So it’s like you go out hiking for one week and the next week you are going to kayak, then you have just Saturday and Sunday maybe to be home and then go for a new ... [09: 14]

YX: I suppose that some people will think this kind of job is kind of dream. But they can’t imagine how tiring it can be. I think something is about your inner party.

TRAINEE X: yeah, I really love to be out, when you are like close to the Mother Nature...

[Unclear]

TRAINEE X: I always feel like this, before I end or start one journey, I always start to plan a new one. [Laugh] I don’t know why I do that, I think I just need something to do.

YX: So do you think this is also one of the reason you taken this chance, you feel like you already need to plan something for the future.

TRAINEE X: YEAH~ because now I actually don’t want to be home when I come home from this. I want to be somewhere else, work somewhere else. And I don’t have the patience really to wait for the winter to start the season.../ so now I’m not going to be home at all. It’s going to be interesting, because I’m

going to be an aunt in January so my sister she's pregnant, and then I'm going to this two-years. A new life is going to come, and that's also a pity that I cannot be there and see the baby grow up in the first years. But that's my mom said that you know the first years the baby is not gonna be fun because you can't do anything with them, it will be more fun when it's two years and they could say a few words and they go to school and stuff. And I think "Yeah, that's true."

[More and more people came on the deck and the site became really noisy.]

[Trainee BB joined the conversation and had a discussion about Trainee X's new decision to go to school.]

5) Individual interview 4: With Trainee H

Participants: Trainee H (Trainee G also joined the later 1/3 part)

Date: 2016/09/02

Location: Saloon of Vega Gamleby

Time: 10:44 am

YX: refers to the researcher

TRAINEE H: So yeah, Trainee E and I, Trainee E said himself like he found it very strange because this is like once in life time opportunity to, to like talk like this freely.

YX: Talk this feeling?

TRAINEE H: To talk like this freely and be able to communicate like this. If it was in Belfast, we will just get with probably end up throwing bricks at each other. [00:28]

YX: Oh really?

TRAINEE H: Oh yeah. Can be very bad, you need to be careful. In Catholic cities, you need to be careful, you don't wear anything too Protestant and vice versa.

YX: too...?

TRAINEE H: so you don't wear any like Protestant clothes //

YX: Protestant?

TRAINEE H: Protestant, it's, it goes the way back. So Protestant was like ...

YX: Can you help me to write down the word?

TRAINEE H: yes.

[TRAINEE H noted down the two critical words on my notebook "Protestant" and "Catholic".]

YX: yeah, because I feel very curious about like Irish culture and everything.

TRAINEE H: yeah. Well, Northern Irish, yeah, is very interesting.

YX: So both of you are from Northern Ireland.

TRAINEE H: Yeah, we are both from... I wouldn't be a strong Protestant, but my, the area I live in will dictate that I.../ it will be stereotypes from...from if I say I'm from east Belfast, they think I'm a hard Protestant. [01: 43]

YX: You are a hard...

TRAINEE H: Well, like a serious passionate Protestant.

YX: Ah ha, so you are a Protestant.

TRAINEE H: yeah.

YX: What about Trainee E then?

TRAINEE H: Trainee E would be from the west of Belfast, and he would be, he would be Catholic.

YX: Catholic, so is this one? [Pointed at the words he wrote] C-A-T-H...

TRAINEE H: I will write neater.

[Laugh]

YX: Thank you. So you are in this [Protestant] and Trainee E with this [Catholic].

TRAINEE H: Yeah. So...

YX: Is that both of you are from Belfast?

TRAINEE H: Yes. So...//

YX: But I didn't know there are like so big difference.

TRAINEE H: yeah, well, in, in fa- , like it's amazing this opportunity that sail training gives because like... it would be never heard over the Northern Ireland for us to get along with each other. [02:56]

YX: Oh, really!

TRAINEE H: yeah.

YX: Because like when you were joining this voyage, and like Trainee A who was like quite excited because she knows there's more Irish people joining, and she was like so excited to tell Trainee E "TRAINEE H, TRAINEE H he's from Ireland as well". And she's like very excited to introduce you to Trainee E. So I was thinking you can like get along very well with each other. But actually because of the history and culture...

TRAINEE H: Yeah, so yeah. [He drew a brief Northern Ireland map and to illustrate the location of east Belfast and west Belfast.] So there are all patches but generally this will be Prot and this will be Cath. If this is, this will be Belfast, here and the east will be very Protestant, there will be Catholic patches, and the same with the west.

YX: So they can't get along well with each other.

TRAINEE H: yeah, in the city centre, everyone is generally OK with each other because it's, it's the middle ground.

YX: In the city centre, it's fine.

TRAINEE H: Yeah, if they occasionally, if something, if one of the things they are passionate about, they get change like sure the Protestant love their union Jake flag and there was, there was, a couple of years back. There was something about, they would only fly the union Jake at the city hall in the city centre, only on certain days of the year. And they kicked the hall, stirred up with Protestants, they were like protesting. But that's, but generally it's all right. Oh, and other important thing is the 12th of July, it is when the, it's when the Orangemen... [05: 16]

YX: Orangemen?

TRAINEE H: Orangemen, yeah, I don't know much about them but what they paraded about is they paraded and celebrate the Catholic like, putting Catholics down and, and that's yearly reminder of that. So... celebrate Catholic's sort of primate, no, Catholic being suppressed. ... So it's amazing for me to ... [06: 09]

YX: To get to know Trainee E in this voyage?

TRAINEE H: Yeah, yes.

YX: Even more surprised to see, than to see like other English people and Swedish people?

TRAINEE H: Yeah.

YX: Really? That's so surprise for me. So is this the first time you meet some Swedish people then?

TRAINEE H: yeah, well, yes!

YX: Like in the daily life?

TRAINEE H: Yeah.

YX: Do you have any pre-assumption to Swedish people.

TRAINEE H: The, the only Swedish thing we would generally know about it in Northern Ireland is IKEA.

YX: IKEA?

TRAINEE H: Yeah. So...that is the only real bit of information we have about Sweden.

YX: Em, so it's like very new conception to get along with these Swedish people.

TRAINEE H: Yeah.

YX: How do you feel like working with them?

TRAINEE H: Oh~ they are all good, like they are very nice, like everyone on the ship is very nice and kind to each other which is very nice.

YX: And you are also very nice.

TRAINEE H: Yeah. Thank you!

[Laugh]

YX: So it's like you don't have any kind of pre-knowledge about how the people will be, so you just come here and to experience them.

TRAINEE H: yeah, I just throw myself right here. [Laugh]

YX: Yeah, that's cool. So is this the first time you kind of cooperate with foreigners?

TRAINEE H: Em... it would be my first generally international exchange. Yeah, well, I have done a German exchange for, with the purpose of learning the language, but... [08:00]

YX: In Germany.

TRAINEE H: yes, but there's no one like this.

YX: So it's a bit different, because that's like for the purpose of learning German, and you were mainly learning the language but this time it's like, you are, everyone is trying to speak English, and trying to sail the boat.

TRAINEE H: yeah, and then you are just getting along with each other and sort of things, which is good.

YX: I find you are actually quite getting along with other people quite quickly. Because I notice you are like talking to different people even from the first day you came here.

TRAINEE H: Yeah.

YX: Is that because you feel confident to talk to different people?

TRAINEE H: Well... em... everyone seems nice enough, quite so. I just jump right in. Yeah.

YX: Is there any people like they try to approach you and talk to you when you first came here.

TRAINEE H: em... yeah, whenever I came here, I was introduced to the, to the officers.../

YX: the crew members and...

TRAINEE H: the crew members and, and I was introduced to the trainees, SHAKING hands and trying to remember each individual name.

YX: Oh, it's very difficult, it's really really difficult.

TRAINEE H: yeah, but... you know it's, yeah.

YX: yeah, but it's like because you joined the voyage from the, from the half way.

TRAINEE H: yeah, from Blyth, yeah.

YX: From Blyth, so it's like you know most of the trainees on the ship they have known each other like for a week or something.

TRAINEE H: yeah.

YX: Have you felt a bit kind of.../

TRAINEE H: Singlize, like laid on the boat or whatever.

YX: yeah, like they have known each other for a while, and .../

TRAINEE H: yeah, there was a bit of that at the start, but honestly I felt welcomed.

YX: So you just felt a bit like that from the start?

TRAINEE H: yeah, just like "That's fine."

YX: That's good then, then what do you think is your favourite part about the voyage?

TRAINEE H: Favourite part about this voyage... Oh, I wouldn't be able to tell you, there's too many favourite part of the voyage [Laugh].

YX: Oh~ you are so greedy.

[Laugh]

YX: Like for example, some people they feel like sailing with a group of people is the best thing, some people will say climb the masts, some people will say knew some friends from different cultures.

TRAINEE H: Yeah, I think that's a very good one because you get many people from all over Europe and then to get close to them for a week or two. It's pretty amazing.

YX: And you are like sleeping with a group of people, there's not too much private space.

TRAINEE H: NO, not at all. Privacy goes OUT OF the window!

[Laugh]

YX: Do you think this helps something about, about making friends?

TRAINEE H: yeah, it does, cause, cause it kind of opens you up more. [11:16]

YX: Opens you up more.

TRAINEE H: yeah, it opens you up and, and like we shows, and it gives you opportunity and you, and you can observe more, how to make friends especially from different, from not your native place. Yeah.

YX: yeah. That's true, then do you like, do you have kind of pre-assumption about English people?

TRAINEE H: em... about English people... well...I can't speak to you strongly about English people because all my family is from England. So, and England is very large, so...yeah... pre-opinion about English people...//

YX: Just like Trainee E, he will say "Generally speaking, Irish people and English people they dislike each other."

TRAINEE H: Hahaha [Laugh].

YX: But I think is it like too big concept because is it like still depends on individual people?

TRAINEE H: Yeah, honestly England is so big that people aren't bond to not get along with each other or bond to get along with each other. I, I don't really know of what my pre-assumption will be.

YX: So, there's not too much pre-assumption.

TRAINEE H: NO! I would, I, I know so many people from England with family and all, and so many different types and personalities, and everything, so ... hahaha [laugh] I don't know what to expect from a person walking down the street in England.

YX: So like we have like English people on this boat, you just don't see any too much difference, just...//

TRAINEE H: well, I can see a bit of difference, the guy from Newcastle would be, maybe a bit more rowdy [13:23] or like more social or whatever but than what I will be used to, but I, I'm fine with that.

YX: So you feel, you feel fine to get along with these English people.

TRAINEE H: yeah.

YX: And you won't say you dislike any English people.

TRAINEE H: well, NO, we are neighbors like. [Laugh]

YX: yeah, yeah. That's true, because after you came on the ship, like people will unavoidably to compare you with Trainee E, like he used to draw some like "Freedom" and flats of Ireland.

TRAINEE H: OH~ [Laugh]

YX: So it's not many people are like that?

TRAINEE H: No, well, I would be, I would go to church, and I will call myself Christian, but whenever speaking to someone, I would only say that. And if they ask if I'm a Protestant or Catholic, I will say I go to a Protestant church, but I, I don't believe in the, in the like rough hard condoning of Catholic or something. To just make it clear that I'm, I don't want to fight. [14: 41]

YX: You don't want to fight.

TRAINEE H: Yeah.

YX: That's nice.

TRAINEE H: Yeah.

YX: So do you think this voyage is kind of like what you have expected before you came?

TRAINEE H: well, I, honestly, I didn't know what to expect honestly. [15:02]

YX: Because it's a very last minute decision.

TRAINEE H: Sure, I, when was it? Today is Sun-, no.

YX: Today is 2nd of September, and it's Friday. Today is Friday.

TRAINEE H: Today is Friday, yeah.

YX: It was just last Friday or something?

TRAINEE H: So last Tuesday.

YX: Last Tuesday.

TRAINEE H: I got, my parents got this email from one of my previous sailing instructors about this tall ship thing. And I thought "YEAH~ it will be a good idea." And then race to fill in all the forms, dududududu. [Laugh]

YX: Would you say yourself is a kind of someone loves this kind of adventure stuff?

TRAINEE H: YEAH~ I, I would like adventure, yeah.

YX: Adventure about the Mother Nature, and also adventure about people?

TRAINEE H: yeah, as well as the tall ship, like I'd, I have been sailing only on dinghies, on single-handed boats, and this is just jump in WAY to the other end of the spectrum.

YX: yeah, especially on the tall ship, we will sail into the really middle of the sea and there's no signal, no wifi.

TRAINEE H: Oh yeah, it's amazing~ You look around and you can't see and LAND. It's a whole new concept to me~

YX: yeah. The first time I sailed on a tall ship, I was like "Oh my god!" I feel like myself is so tiny...//

TRAINEE H: [Laugh] yeah~

YX: And I feel like oh my god, the nature is so much bigger, and it's so great!

TRAINEE H: yeah.

YX: yeah, it's really really good experience I would say. So, but there's no signal, no wifi, do you used to that? Have you expected this?

TRAINEE H: Well, yeah. I would, I mean each time, each summer we go down to very very south Ireland, and down there, like in the very south, the roads will be only single track. So, and there isn't any wifi there, but if you really want it, you can get it from a café or something, but... the going without wifi was alright for me. I got, I got like wifi signal whenever I had it, but I wasn't like "OH~NO~" I wasn't like that. [17: 34]

YX: Oh, that's really good.

TRAINEE H: And I also think it's, it's nice because you've been stuck on your phone, you don't get socializing so much and this whole trip is about socializing basically.

YX: Like face-to-face socializing, instead of like social media stuff.

TRAINEE H: Em, yeah.

YX: So you actually feel quite enjoy some of it?

TRAINEE H: yeah.

YX: Yeah, that's quite ... like quite a few people they also say this. Like even someone they didn't expect there won't be any wifi and signal and they suddenly realize, cause some of their parents they are still waiting for their emails and, so some of them are just a bit worried about their parents 'They are still waiting for my email!' and something. But it's good. And do you think you wanna try again on a tall ship?

TRAINEE H: yeah, I will. If I have another opportunity, I will jump into it.

YX: yeah, it's a really good chance.

TRAINEE H: And I, and I think what also helped me with the ...well, with joining straight half-way through when everyone got to know each other, especially with the sailing part, because of my background, I've been a sailing instructor, I understood everything and all the basics. [19: 05]

YX: So you are kind of a very quick learner.

TRAINEE H: YES~

YX: You don't feel nervous "Oh my god, I can't catch up, I can't..."

TRAINEE H: hahaha [laugh] No.

YX: So it's a good thing to make you a bit more confident about this voyage.

TRAINEE H: yes, en.

YX: Then you won't think, yeah, that's true. This is a really good point, you have like much knowledge about dinghy sailing at least, and you roughly know the like mechanism of how to sail a big boat.

TRAINEE H: And, and like, but the boat will change, but the wind will never change, and the way it works and one key aspect to sailing is how you go with the wind, you go straight close up to it, or you go across it whenever the wind comes. Would you go down .../ and that, and that will never change whatever size a boat. [20: 02]

YX: yeah, and I remember the first time you introduced yourself, you were saying like something you are from Northern Ireland and 'I'm 16.' And you are quite honest about your age and stuff.

TRAINEE H: yeah.

YX: yeah, because you are also quite young in this group. Like most of them they are like 18, 20 or something, do you think age makes any difference?

TRAINEE H: Em... well, I think especially with pubs, I don't really have any experience, so pubs, I don't have any experience about those, but ...//

YX: I mean just on the ship.

TRAINEE H: On the ship, well, on the ship I think we are alright. I think so.

[Trainee T passed by, and TRAINEE H said "I like your hat Trainee T!" "Thank you!" Trainee T replied.][Laugh]

YX: So yeah, so you just feel everyone is like kind of equal and .../

TRAINEE H: YEAH~ especially on this trip. Everyone is friends with everyone which is brilliant.

YX: yeah, that's true, that's a very good thing. What about like boys and girls do you feel like...//

TRAINEE H: Em, yeah, we are pretty mixed together, yeah, we've been very mixed in general.

YX: Do you feel any difference like talking to girls and talking to boys?

TRAINEE H: Em, maybe I would say slightly but honestly not that much.

YX: Not that much.

TRAINEE H: No. We are in such close contact with each other this while, so...

YX: What's your watch time?

TRAINEE H: Watch time is 8 to 12.

YX: 8 to 12. So you will be waked up around half past seven, when you are still very sleepy?

TRAINEE H: Yeah, but the, the thing is we get the least sleep of all the watches. Yeah, so that's why we might often have a nap after lunch or something. But...

YX: How do you feel about that? Do you feel...//

TRAINEE H: Well, I've been generally good at getting up. So...

YX: Yeah, that's very good, it's very difficult for people to make it. Have you ever met some situations like you feel you were misunderstood by some people?

TRAINEE H: erm... what is misunderstood? Well, back to the same point, just saying I'm from east Belfast, I'm from Trainee E's perspective, he watch out, he watch out and just to make sure we don't, we won't like fight or anything or ... he just watches back against me, that's when we just met, so .../But I think that will be the main time I've been misunderstood. [23: 01]

YX: Well, actually I didn't quite get it, can you explain it again?

TRAINEE H: yeah, so the time I introduced myself to Trainee E I said I was from the east of Belfast, and he initially thought "Oh, he's Pro-, he's a very hard Protestant." Yeah, so.../ but I'm definitely not that, but that's just stereotype. We all do that, it's all right. [Laugh]

YX: So both of you, your first like kind of feeling was like "OK, he's from like kind of the opposite side of Belfast."

TRAINEE H: YEAH~

YX: But gradually you are like getting along fine.

TRAINEE H: Yeah, Yeah! Once we've chatted and discussed where we stand on the issues, then yeah we are fine.

YX: And I remember last time who told me after you came onto the ship, and then someone said "Trainee E finally found someone can understand him."

[Laugh]

TRAINEE H: yes.

YX: Because his Irish accent.

TRAINEE H: Oh yes, he would have, he would have a relatively strong Northern Irish accent, yeah.

YX: Then you know what? He said he never realized this until this voyage.

TRAINEE H: Oh, well, I guess with, with, yeah, especially in the part where he lives, he would be surrounded by strong accents. I don't have a very east Belfast accent, I would ... it's like I wouldn't have a very strong east Belfast accent, I would have, I would have part of the country and that make me sound Irish but that's because one of my friends has a very thick accent. And I would talk to him a lot. Sure, sure one of my friends who would do a lot of gaming with the person from Yorkshire in England. After he's playing for a while, you

can just hear him, you know, with the tiny bit of Yorkshire accent, and it can be quite strange especially from Northern Ireland.

[25:25]

YX: Oh yes. Is Trainee D also from Northern Ireland?

TRAINEE H: Yes! But she, she's from Omagh, which is... [He continued drawing on the notebook of the map.] so if this is Northern Ireland, Belfast would only really be, Belfast would just about be that, including the east and west. So like ... [Play with the multi-colour ball-point pen]

YX: You are good at this pen.

TRAINEE H: Haha, yeah I was, yeah, so forget about this, and Trainee D is pretty much HERE, so she would be near the border of the Republic and near Newry.

[TRAINEE G passed by and TRAINEE H greeted him "You alright TRAINEE G?" "I'm good, yeah." "Looking for your towel or?" "No, I'm just looking for somewhere to sit."] [26:25]

YX: So she's from somewhere close to your place?

TRAINEE H: Well, it's, it would be, it would be quite, it would be an hour drive, but...//

YX: An hour drive is not too far.

TRAINEE H: Yeah.

YX: So do you feel ...

TRAINEE H: Well, Trainee D is from outside Belfast, and ...//

YX: Outside Belfast.

TRAINEE H: Yeah, at Omagh, so, and she doesn't have very strong feelings about, about the whole Protestant and Catholic argument so...

YX: So there's not too much stereotypes about people from that area.

TRAINEE H: Yeah.

YX: So did you learn something about Swedish culture on this ship?

TRAINEE H: Em, first thing is like Tacos on Friday with...//

YX: Taco?

TRAINEE H: Takos on Friday with the Eurovision thing.

YX: What's that?

TRAINEE H: Will you hear for the dinner where we eat for Tacos?

YX: You mean tonight?

TRAINEE H: No.

YX: Do you know how to spell Taco?

TRAINEE H: yes.

YX: Can you write it here.

[He wrote down the word on the notebook.]

YX: Taco, then they had taco on friend night?

TRAINEE H: Yeah, they said it would be very Swedish to have tacos on Friday night.

YX: Oh, yes, that's the one we eat. Is that the one we eat?

TRAINEE H: Yeah.

[TRAINEE G was sitting beside and he couldn't resist to join our conversation.]

TRAINEE G: I would say it's more Mexican than Swedish.

TRAINEE H: YEAH~ it was pretty Mexican, but sure in Belfast there's like a, a burrito bar which...//

TRAINEE G: Zapatista [28:10]?

TRAINEE H: No, it's, it's a Belfast based company, it's called Boojum, and like they do amazing burritos and they themselves have opened up more Mexican food by just doing that, and it's in a very studenty area. And burritos are just easy to eat them all that stuff, so... [Boojum website link: <http://www.boojummex.com/>]

YX: What else about.../ did you pick up some Swedish language?

TRAINEE H: Ah, tuk.

TRAINEE G: Yeah.

YX: Tuk? What is tuk?

TRAINEE H: Thank you.

YX: Thank you, can you write it here for me?

TRAINEE H: Well, I wouldn't know the spell. I will pronounce it like that.

YX: Tuk is thank you.

TRAINEE H: Yes, that will be the pronunciation.

TRAINEE G: I thought it was TAK.

TRAINEE H: Well, like tug is for Germany "Good day." [Laugh]

TRAINEE G: Like tak.

TRAINEE H: Oh, like C-K, or?

TRAINEE G: How I would spell would be T-A-K is probably what I would write, Tak.

YX: Maybe t-A-k or t-U-k, yeah

[Sea staff G came and asked "Is there a pink towel here?" Then TRAINEE H and TRAINEE G asked her how to spell takk. "T-A-K-K."]

TRAINEE G: I was SO close.

TRAINEE H: Why did Trainee Y not go out with a towel? He will freeze to death.

TRAINEE G: Trainee Y is still drunk.

YX: Oh my god, look at him, he must be very cold.

TRAINEE H: Yeah, he's being stupid.

TRAINEE G: He's still drunk.

TRAINEE H: Oh, I know.

YX: Do you think he's even... because I have kind of stereotype about Irish people loves drinking. [Laugh]

[30:00]

TRAINEE H: Well... no, that's fine.

TRAINEE G: It's true.

TRAINEE H: yeah, well, I'm from Northern Ireland, but with especially down south end of Republic, I think yeah, pubs will be a very natural place to go.

YX: I think yeah, maybe Trainee Y is very easy to get, to get along well with Irish people.

TRAINEE H: Yeah, I'm sure in different cities in like places there will be pubs specifically state they are Irish and stuff.

TRAINEE G: Trainee E and Trainee Y were get along quite well last night.

TRAINEE H: Oh boy, they were.

TRAINEE G: Trainee E spent so much money on Trainee Y, Trainee E didn't realize how expensive drinks were and kept buying them for Trainee Y, and he's like, he spent a LOT of money. He bought a whole crab ...//

TRAINEE H: OH~ I've heard of it 10 times.

YX: 10 times.

TRAINEE H: Did you hear about the crab thing?

YX: He was sitting beside me.

TRAINEE H: Oh~

TRAINEE G: Stupid. Why did he buy it?

YX: And he asked me to taste his Irish tea or something, but it's kind of very strong alcohol.

TRAINEE G: Oh yes, he got the Irish nice tea, it cost him like 25 pounds.

TRAINEE H: In Sweden, stuff is expensive. Oh, there's a posh place in Belfast.

YX: Posh place.

TRAINEE H: There's a very posh restaurant and the fanciest restaurant you can go to. And it's called Deans. And for a while they were selling water for, for like I don't know, something 5 pounds for a glass. Because they claimed it was from, it was a bloke of ice chiselled off from the Arctic.

YX: That's too crazy.

TRAINEE H: YEAH~

YX: How can they proof that?

TRAINEE H: Officially they can't, they just go around back and turn the tap on or...

YX: Probably yes.

TRAINEE H: Well, I don't know.

YX: No.

TRAINEE G: You sound drunk.

TRAINEE H: Yeah? No, cause I'm tired.

YX: Cause you are tired.

TRAINEE H: yeah, it's just cause I'm tired.

YX: But what time did you come back last night?

TRAINEE H: About 3:30, quarter to four.

YX: 3:30, and you were not drinking anything.

TRAINEE H: I wasn't drinking anything.

YX: And you were staying with them for so long.

TRAINEE H: Yeah, I got, I got quite a few people home including this guy.

TRAINEE G: Yeah, he has got me home.

YX: Oh, really, you are so kind [towards TRAINEE H]. So you were drunken last night [towards TRAINEE G]?

TRAINEE H: Oh yeah, he was ...

YX: You promised not to be drunken.

TRAINEE G: Oops.

TRAINEE H: "Oh, just one more, just one more, just one more."

TRAINEE G: It was an accident.

YX: It was an accident.

[Laugh]

TRAINEE H: When was it, the first time you said "Just one more." I think it's about 11 Morelos or whatever.

TRAINEE G: Morelos yeah, they are too easy to drink, they don't taste alcoholic.

YX: So yeah, you are quite good at looking after people. But you are the younger brother at home?

TRAINEE H: NO, I'm the older.

YX: You are the older? So you have got a younger brother at home, so you looked after him sometimes?

TRAINEE H: Yea, I yeah, I will look after him.

YX: What's the difference between look after a younger brother and look after a bunch of like people from different cultures?

TRAINEE H: Well, as long as they don't fall into the sea, I keep them away from the sea, they are alright.

YX: That's cool. Do you feel they look more like younger than you sometimes when they get drunken?

TRAINEE H: Oh yeah, sometimes yeah.

TRAINEE G: [Laugh] Trainee E was very childish.

YX: Everyone is saying that, everyone is saying he is just like two or three years old.

TRAINEE H: well, I, I could have got away in that, like bar with, I could have got away in that bar with alcohol, but I didn't ...

YX: You don't like that.

TRAINEE H: Well, yeah, I don't want to drink heavy either.

YX: You wanna keep like clean mind.

TRAINEE H: yeah, and especially, I mean, for the same purpose of getting people home as well.

YX: It's really sweet.

TRAINEE G: Did Trainee M leave early last night?

[35:00]

YX: Very early.

TRAINEE H: He left at 12, stupid early.

TRAINEE G: I heard places in Sweden doesn't sell things past 12. But they were open till quite late.

TRAINEE H: NO~ the reason they stayed open is because we blew into so much money. That's the only reason. [35:20]

YX: Oh you think so.

TRAINEE H: yeah, they, I think they will close at about midnight or one or something.

YX: yeah, I saw something like writing on the black board to say 12 something. Even though I can't understand other language.

[Steven passed by and he proposed a question to TRAINEE H.]

Steven: TRAINEE H.

TRAINEE H: yeah, Steven.

Steven: Are you from east or west Belfast?

TRAINEE H: EAST! Get it right! STEVEN, you've asked me 15 TIMES! [35:40]

YX: [Laugh] 15 times!

Steven: Is Trainee E from west?

TRAINEE H: Aye!

YX: Aye.

TRAINEE H: Aye, that's a Northern Irish expression. [35:49]

YX: Yeah, that's also very Scottish.

TRAINEE H: Yeah.

YX: Because I came here from Edinburgh, and people always "Aye" to express "yes".

TRAINEE H: Aye, aye-aye-aye~

TRAINEE G: And in Newcastle, we say Aye as well.

YX: Oh, really.

TRAINEE G: Oh, aye~

TRAINEE H: Oh, aye~ It's a pretty, it's a pretty straightforward expression.

YX: Yes, yes. So Steven has asked you so many times where are you from?

TRAINEE H: He got, he got pretty, he doesn't show it, but he got pretty drunk last night.

YX: Oh, last night. So he asked you so many times last night.

TRAINEE H: Well, I don't really know, well, he was getting me and Trainee E mixed up as well from where we are from.

YX: Oh really?

TRAINEE H: And if we were in homeland, we will be taking major offensive or something, so...

YX: But you didn't get annoyed.

TRAINEE H: No, we're, we're pretty weak in our, in our "OH~" like fight "Unite Ireland as one!" Or to do whatever.

TRAINEE G: I'm sick of hearing "United Ireland". Trainee E doesn't stop.

TRAINEE H: I know. Anything, I mean try to do anything politically is very difficult. Because, because honestly I think they should keep it the way it is, and just let it die down for a bit. [37:26]

YX: Unless something critical issues happen or something?

TRAINEE H: yeah, unless something like super major happens.

YX: If there's something like both parts need to confront together or something, they will do that.

TRAINEE H: yeah, sure, like the Irish army joined the English army in the First World War. In the second, was it? When they joined this army, I can't remember, I'm too tired.

YX: No problem. And last time like Steven, he was mentioning about like kind of the gender equality of Swedish people, because he observed that it seems that girls' opinions were more valued in Sweden than in Britain.

TRAINEE H: Yeah, that can be sometimes the case.

TRAINEE G: I think it's very true.

YX: You think it's very true. So you also noticed that?

TRAINEE G: yeah.

TRAINEE H: I would, I would go to school in a reasonably well-off area so there will be more opinions but I can see in the rougher parts of Belfast, yeah, it will be a major problem. [38: 46]

YX: Is that like they minimize girls' opinions.

TRAINEE H: well, they might do, but ... yeah.

YX: It's kind of general truth?

TRAINEE H: yeah.

YX: So it's also true in England?

TRAINEE G: Yeah, definitely ... sadly. It's just kind of people don't valued it as much...for some reason.

YX: So do you prefer the ways people like get along with each other like girls and boys are very equal and ...//

TRAINEE H and TRAINEE G: Yeah~

TRAINEE G: It's much better here.

YX: It's much better here.

TRAINEE H: Yeah, everyone is friends with everyone, and everyone is equal with one another. It's, and that's why we make it feminine. We can poke on each other, but they can poke from us back.

TRAINEE G: Yeah, that's one of the biggest problem in England. You can't say anything to a girl because it's immediately massively offensive.

TRAINEE H: yeah, you can't, a bit like especially like you can't hug a girl or something. [40:00]

YX: yeah, so here girls are open and everyone is equal, doing something is just like among guys and makes people feel more comfortable and more natural, more human beings. Yeah, I also feel the same. Before I joined the voyages, I was quite like, I was a bit against have like too much physical contact with people, especially boys. But yeah, once people are on the ship, it's like everything is so natural.

TRAINEE G: Yeah.

TRAINEE H: Yeah, well, I think partially because we are all from different places, and we all share a bit of each other's culture, and we know generally and we all have some common sense. And we also have, we have a responsibility to stick to our culture. Sure, if Trainee E was from, if Trainee E was the only person from Belfast, you might have a very different opinion on it. [41:06]

YX: Yeah, probably yes. So it's good we have you here, as well.

TRAINEE H: Yeah, well.

YX: That's true, if there's only one Swedish people on the ship, we will have very restricted view about Swedish people.

TRAINEE H and TRAINEE G: yeah.

TRAINEE G: Well thankfully the Swedish people are everywhere. We're full of them.

YX: We're full of them.

TRAINEE H: Oh, it's 11:20, so ...

YX: People will come back.

TRAINEE H: Yeah, we have to be back here on board by 11:45.

YX: Oh, that's true.

TRAINEE G: 11:20.

TRAINEE H: Sorry I mean 20, it's 20 to 12. Yeah~ sorry.

YX: You are just too tired.

TRAINEE H: Yeah, I am.

YX: You are just like carrying too many people back last night.

TRAINEE H: Yeah [Laugh]. I've just been TOO good, I'm sorry!

YX: [Laugh] Sorry to be too good.

[Then I asked TRAINEE H to sign the consent from.]

YX: Do you think you will be happy to be interviewed afterwards.

TRAINEE H: Not an interview, if that is OK, or?

YX: That's fine, if you don't want, that's fine.

TRAINEE H: OK.

6) Individual interview 5: With Trainee O

Participants: Trainee O

Date: 2016/08/31

Location: Deck of Vega Gamleby

Time: 05:43 pm

YX: refers to the researcher

YX: So it's your headmaster.

TRAINEE O: Yeah we got emailed about this voyage, this travelling, and then I applied for it. It was like a lottery, you know, what do you call it? When you...

YX: Scholarship?

TRAINEE O: No, it's kind of when, you know, you pick... a lottery.

YX: Oh, so it's like people randomly pick people who...

TRAINEE O: Yeah, yeah, yeah. And I wasn't picked. But then after maybe two months or something. I thought "Oh, I really want to go on this, this trip." So I emailed Telious from Etabosh Company. You know that she was in Blyth, you know Telious?

YX: Telious? I don't know. So someone is in charge of this...

TRAINEE O: Yeah, yeah. And then she said it was one place over, so I could take it, I think it was really good.

YX: So she let you in.

TRAINEE O: yea.

YX: That's really cool.

TRAINEE O: Yeah. So I was really lucky that...//

YX: And it was really good to have a second try.

TRAINEE O: yea, yea, because I really want it, so... I did that.

YX: Why did you feel so want to join this voyage?

TRAINEE O: Because I, I thought it just will be so fun and I would like to sail, to learn how to sail.

YX: Because you haven't tried before?

TRAINEE O: No, No. And to meet other people, so yeah. That was probably why I did, and I like to experience new things and to, to, yeah, to do different things that I haven't done before. New experience.

YX: yeah. So do you think this voyage is like what you expected before?

TRAINEE O: yea, actually I, yeah, I think it's ...

YX: Almost like what you expected.

TRAINEE O: Yeah! It is.

YX: Do you know there will be mixed nationalities on board.

TRAINEE O: yeah, I did, that was why I think this will be really nice because it's always nice to meet other people, and to speak more English, to get more fluent in English and everything like that. So there's many good things on this, on this trip.

YX: That's true.

TRAINEE O: Yeah.

YX: So what do you think is the most interesting part about this voyage?

TRAINEE O: it's a hard question because I think it's a combination of everything.

YX: Combination of everything.

TRAINEE O: Yeah, yeah. Maybe that's not the answer what you want but I know.

YX: I think because especially you are in this voyage.

TRAINEE O: Yeah, yeah, I think simple to see that, maybe after a week or after two weeks or after a month to see back, to look back on this voyage and to say "oh, that was the best thing on this trip." Because now we are so INTO everything and we are, yeah. Because now we are looking forward to Gothenburg and to all the programs in Gothenburg there will happen the crew parade, the crew party, and to meet all the people I know because they are going to welcome us there and all boats, they come to meet the ship when we are arriving to Gothenburg. And the whole celebration of, of, of... Yeah. [3:38]

YX: Actually there was one question I was always curious: if there was no things like crew parade, crew party, would you think it's gonna be much less interesting?

TRAINEE O: No. No, I would like to do this trip...

YX: As well.

TRAINEE O: Yeah. Of course, so it's just like now we have it, of course you look forward to it, yeah.

YX: Yes. But it's still good if there's nothing like that.

TRAINEE O: Of course, I didn't know about the crew parade and crew party before, when I was like...

YX: When you first join this.

TRAINEE O: Yes, I didn't know this.

YX: But if there's something like that, it's good, it's even better.

TRAINEE O: Yeah, of course, yeah. Because people like to celebrate things, and to, to meet other people and to tell them about your trip and everything. So I think it's part of the whole thing that it'll be like a big party when we come to Gothenburg. And that's why, I think, people look forward to that. [5:00]

YX: How do you feel when you are in the harbour of Blyth? When you are in the harbour, how do you feel like the difference of being on a ship with these people and ...

TRAINEE O: Em... actually, it was not so big a difference. No, I think it was kind of similar actually. It's just you are, you are still with the same people and it was still, you were still doing the same things. So the home was on the ship, so yeah, it didn't...

YX: Especially like Blyth is also something we don't know, it's still like a strange place.

TRAINEE O: Yeah, exactly. I can imagine it will be a little more different when we come to Gothenburg because I live in Gothenburg, many people here live in Gothenburg, and like our family and our friends will come to Gothenburg to celebrate with us, just to welcome us home and to, you know, things like that. So maybe it's different for us that who live in Gothenburg, because we are even more looking forward to meeting everyone there. Yeah. That's not strange at all I think.

YX: Do you think your family member or friends they're gonna come to ...

TRAINEE O: Yeah, they are, yeah. [Smile]

YX: Oh, really? It's so nice, because I was thinking like last time when I was in, yeah, last time when I was in London, there's a like regatta in London, my friends they also want come and join like to see our parade, but they finally they didn't make it because of like different reasons. It was quite a pity. So if there're friends they are gonna come and see, it's really really good.

TRAINEE O: Yeah, there're a lot of people are coming to visit, like my family, my brothers and sisters, my mum and dad, and then my, my, my, I don't know how to call them.

YX: Like classmates?

TRAINEE O: yeah, classmates also, of course. And some other friends, and some family friends that we are, and maybe some, my grandmother and grandfather. It's a lot of...they are all coming.

YX: Oh, that's a very big group.

TRAINEE O: Yeah, it is.

YX: That's so cool, you must be very look forward to that.

TRAINEE O: Yeah, of course.

YX: It's very interesting to see like how they we are like dress very silly and shouting and yelling in the crew parade and everything. It's gonna be very interesting.

TRAINEE O: Yeah.

YX: Then do you think who, who is the one like know you the best in your daily life?

TRAINEE O: In my... here, or?

YX: No, in Gothenburg, in your daily life. Maybe your parents, your sister, your close friends?

TRAINEE O: It's a good, that's a good question, I've never think about it. I think a couple of friends they know me very well. And of course my mum and my dad know me very well.

YX: Very well.

TRAINEE O: Yeah. So I think I have, I think I'm very lucky because I have kind of many people they know me very well that I feel very comfortable with. And that, I think I'm very lucky about that because I, I really like to have close friends. I'm not like, I really like to trust people and to get close to people like I told you before like I'm not a person that has so many, many friends that I'm not close to at all. But I think I have kind of many to.../ that is so close to me. Yeah.

YX: Oh, that's good, that's really good.

TRAINEE O: yeah.

YX: So like when you go back home, and when you go back to, so you are gonna start your new semester in September?

TRAINEE O: Er... my school has already started.

YX: Oh, really, so you missed some classes. Hahaha...

TRAINEE O: Yeah, I do. But it worth it. It is of course. It will be the experience that I bring with me in my whole life, but two weeks in school, I can, I can...

YX: Yeah, you can compensate it later.

TRAINEE O: Yeah.

YX: Very easily. That's true, something very very special in our whole life.

TRAINEE O: yeah, OF COURSE.

YX: So if you go back to home, to school, and do you think if you have got some changes or some developments, you think who's gonna be the first one to, to perceive that, to find that? Do you think that's your parents, or friends?

TRAINEE O: Em... maybe, I don't think people will kind of notice that I have developed anything during this trip because it's, it's, maybe it's big for me but it's not like, maybe after a couple of years, they will look back and say "Oh, on this trip you really developed this thing." But I don't think they can see it when I come home because... no. It's, yeah, I don't think they will see, notice that so quickly. [10:24]

YX: It's like, because sometimes we will share our experience and our feelings, and our opinions on different things. Maybe some, they will find some, maybe not necessary to be development, like make some changes.

TRAINEE O: Yeah, me and my friend, yeah, I think my parents will notice how that I now know things about sailing, about some terms, yeah, that's something. But I mean personal stuff like how you communicate with people, and maybe you

get more fluent in English and stuff like that, they'll notice that. But of course, the things like terms and things like that, of course they will notice that.

YX: yeah, like your parents they may notice that.

TRAINEE O: Yeah, and of course my friends. When I talking to them and when I tell them what I learned and stuff like that, and ...//

YX: and maybe sometimes they start to discuss something about Britain and political issues, you'll have your own opinion.

TRAINEE O: yeah, of course.

YX: Because you have something new from this voyage. Yeah. Maybe we can decide it later like who's gonna interview with us.

TRAINEE O: Yeah, haha...

YX: it's gonna be very interesting because I think, yeah, they will be also very curious about your experience in this voyage.

TRAINEE O: Yeah.

YX: like when I was discussing with someone else, some of them have a very accurate answer, say "my older sister's gonna be the first one who discover my change" and Trainee G he has a very good friend he's like "we spent so much time with each other, and he will be the one". Yeah, yeah, yeah. So it's like, sounds like very interesting. It's like when you think of someone will know you very well, you really need to think back to your daily life. Em, it's ...

TRAINEE O: yeah, I think my closest friends, my family they are gonna notice that, and my boyfriend and stuff like that, so, yeah.

YX: that's very nice, it's very nice to have someone who really understand you and support you, very close to you, makes you comfortable. It's very important for our life and for our grow up.

TRAINEE O: yeah, that's very important.

YX: yeah, when I was doing my Ph.D., like Ph.D. doing research is quite a long and lonely like process because if there's no one can discuss with you about the academic problem because your family members they can't understand that.

TRAINEE O: No, they can't.

YX: So yeah, if you don't have like someone you can, can understand you and someone in some way support you is gonna be really bad. So I do understand it's so important to have someone understand you, support, and make you feel comfortable.

TRAINEE O: yeah. You need to have a comfort zone, you need to have people around you so you have a comfort zone to where you can do whatever you want. And I think you have comfort zone with people who you can really trust. You can go outside the box and do something you are not comfortable with.

YX: So it's like they are giving you the encouragement and motivation to explore the outside world.

TRAINEE O: Yeah. I think so, yeah.

YX: And you think “If I got some barrier or something difficult, at least I have someone supporting me”.

TRAINEE O: Yea, exactly, I think everyone needs this, yeah.

YX: yeah, like someone loves adventure or something, they must have something really supportive inside, either the people supportive or some like values or some beliefs or something, there must be something there to support them to at least to step out to this kind of adventure.

TRAINEE O: yeah, exactly.

YX: That’s a very good point, do you think if there’s more chance for you to sail, do you want to sail again?

[15:00]

TRAINEE O: yeah, of course I will sail again. But I think maybe I will do, do tall ship race again, but that I definitely like cause I really to do exercise and sports stuff like that. I think I will try to, to maybe to do more sport sailing. If you know what I mean, like faster boats and ...

YX: Like Olympic, like kind of...

TRAINEE O: Yeah, I’m not like but, yeah, what do we do in the ocean race and stuff like that. I think I will try different kind of boats to sail. But I think I will maybe join this kind of ship again actually because I think this has been very good, very interesting. Like Trainee BB this is like her third time here I think so, so probably I will do it again.

YX: So this is her third time on a tall ship.

TRAINEE O: Yeah.

YX: Oh, em, people became like.../ and maybe when you go back home and you will have a very, more like clearer sense about your feeling.

TRAINEE O: Yeah. Of course.

YX: yeah, because now you are still here and you are still missing home.

TRAINEE O: Yeah, I will think about what I want more about this and I think want to do that. This is kind of, it is really good you’re kind of, you know, moving a lot, and I like to move my body and to use my body, and here I’m just pull kind of some ropes and I want to do more.

YX: You are kind of very sports person.

TRAINEE O: haha, yes, I think so.

YX: yeah, so when we arrived in Blyth, you just can't wait to run.

TRAINEE O: No, that’s what I did.

YX: So that’s why I saw you, I was like “Em, they look so familiar.” Then, yes, they are familiar, they are my friends running on the street. It’s quite surprised to see that. I also think I need more exercises because I feel sometimes I easily get

seasick, I think that's also a signal I'm not strong enough. So I also need more exercises. I was thinking December maybe a good time to have follow-up interview because people may have kind of holidays.

TRAINEE O: Yeah. It sounds great.

YX: Do you live at home, or do you live in school?

TRAINEE O: No, I live at home, with parents.

YX: Oh, so actually any time at weekends will be fine for you?

TRAINEE O: Yeah. Weekends or after school, that's probably ... yeah.

YX: yeah, that's cool. So look forward to going back to Gothenburg, because I just stayed there for one extra day and I need to fly back directly after the voyage. So that's a pity I didn't spend too much time here. It's a very nice city. It's a very very nice city. So maybe next time I need to have a decent plan.

7) Individual interview 6: With Trainee D

Participants: Trainee D

Date: 2016/09/02

Location: Deck saloon of Vega Gamleby

Time: 8:45-10:45 pm [paused for over one hour in the middle of the interview]

YX: refers to the researcher

YX: Thank you for agreeing to be interviewed.

TRAINEE D: Haha...

YX: Can you tell me something about this voyage? Like what is your expectation, and is this voyage kind of satisfied your expectation?

TRAINEE D: Well, I had no idea what's gonna happen. No, cause I've never done anything like this before. So when I found about it, I just thought it would kind of be us on the boat, but not like this, not like this kind of, basically like everyone ... cause I expected almost, but like it was a shock. [00:41]

YX: It was a shock.

TRAINEE D: yeah, cause I've never been on a boat like this, I didn't, I didn't know what to expect. So ...

YX: So when you get on this boat, what was your reaction towards like other people around you?

TRAINEE D: Well. When I first got here, no one was speaking English. So I did panic a little bit, and thought I'm not gonna make it to Blyth cause no one seems to be able to speak English. And then like the first day I realized everyone does speak English so that my main issue was just completely fine. No problem. [01:18]

YX: No problem. So what about, so you feel a bit relieved when you find they can speak English.

TRAINEE D: Cause it was like when I arrived, everyone was speaking English. Then I thought this is not gonna work out as planned, I thought everyone's gonna be kind of English-speaking either from England or not, like three quarters of the crew and trainees. Swedish, I didn't expect to be that many, as many as there were on the boat, the Swedish.

YX: So have you ever been to Sweden?

TRAINEE D: No. This is my first time in Sweden.

YX: Do you have any like kind of pre-knowledge about Sweden?

TRAINEE D: Nope.

YX: It's like you know nothing about Sweden?

TRAINEE D: Nothing.

YX: So it's kind of everything starts from zero.

TRAINEE D: Just thrown in. [2:00]

YX: Well, cause I saw you are getting very well with Swedish trainees now.

TRAINEE D: Yeah.

YX: Do you think how, how can you make such a big like change, because like from the beginning you are a bit panic and people were speaking Swedish, and know you learned some Swedish. And you get along very well with Swedish...//

TRAINEE D: Yeah, I think it's because I found out they did speak English and they were actually able to have conversations in English, it wasn't really broken English, it actually was very clear, like understandable English and then that was fine. So that I wasn't as panic as the first day when I got on the boat. I just didn't hear anyone speak English and I was just like "Oh, this is not gonna be good, this is gonna be hard." [02:48]

YX: So what about, so when they started to ...

[Trainee AA came to ask TRAINEE D to do the dishes with their watch group.]

YX: Ok, we can continue later.

TRAINEE D: Yeah.

YX: Yeah, I think it's about, yeah, and you find they can speak very good English. And then, do you think they have any difference between your like, your classmates, or like friends in your daily life?

TRAINEE D: I think it's totally different because we are like living on top of each other. Like we are in a very confined space so that you can't really HIDE from anyone. Like back home like I mean I will see my friends every day, from 9 until half three, and that's it. But here it's 24 hours a day. So like we become closer in that way like you feel very comfortable around them because you know that you are gonna see them every day. So that's it, but like I think at school we are a bit more like refined almost.

YX: Refined.

TRAINEE D: Yeah, like here...//

YX: Just like you can pretend a bit.

TRAINEE D: Well, I just notice here everyone is quite happy to like sit on top of each other and not really care while back home and I went and sat on my friends' knee, they will be like 'What are you doing?' There's none of that. And then I think back home if something bad happens, here like when something happen, like when Trainee F's phone fell down, like everyone ran to help and I think coming for my school, if that happens in me and my friends' school, they would just like, "Oh, don't worry about it." But no one would offer like direct help. I don't know whether that's just my friend at school or that's cause I'm living 24 hours a day, 7 days a week on a boat with people. So I'm not really too sure how the balance is. [04:46]

YX: But it's quite a big difference for you.

TRAINEE D: Yeah.

YX: So, do you think it's you start to approach people on this boat or is there someone else try to approach you first?

TRAINEE D: I can't really remember to be honest. I know Trainee F was the first person I spoke to probably on the boat cause she is English. So that makes me kind of relaxed cause I'm like "OK, here's another English spoken here I can cope with." And then when we came back on the boat, I don't really remember ever like directly talking to someone like "Hello, my name is TRAINEE D, blablalabla-" I just kind of, think I'm just kind of having normal conversations. I don't really remember like, I don't remember going up to someone formally introducing myself. I just remember everyone kind of gradually join into conversations, they felt happy enough. [05:42]

YX: Do you think there's something like very surprising for you in this voyage, like either in your watch or during the spare time, do you feel something which is quite unusual, compared to your daily life?

TRAINEE D: Unusual as like what happened at home?

YX: yeah.

TRAINEE D: Em... I don't think so. No. I think everyone is very hard-working here. Like when we get, like when we finish breakfast, or finish the watch. We know we have to do the dishes, so like everyone is kind of get it done, I think. Back home, I think if sometimes if you tell like, if you tell my friend like "Oh, can you do this for me?" She might do it in 20 minutes. But here, when our watch leader says like "Ok, guys, it's dishes here." She says, we say "All right!" So that everyone will do it good. It's very like well productive, like everyone does it all.

YX: Do you think it's like everyone? It's just like everyone is very ...

TRAINEE D: Majority.

YX: Majority.

TRAINEE D: Someone don't.

YX: Someone don't. Then do you think they were influenced?

TRAINEE D: Em... I think we were kind of influenced by each other cause we kind of thought no one wants to do the dishes, but if everyone just does it, just does it quicker instead of like, instead of three people like being "Oh~ yeah we will do the dishes." Then everyone just says, right, we'll just do it. It will be done quicker. Like I think everyone is very good getting stuff done, instead of waiting and hoping someone else will do it. I think it's very good. [07:20]

YX: Do you think you were kind of, kind of, kind of closed in the beginning? And then you gradually opened up?

TRAINEE D: Yeah.

YX: Do you think you are like that? So it was like see how other people ...

TRAINEE D: YEAH, I didn't like, I didn't say anything to, like when they were talking, like they have a big conversation on each other's opinion, and I was like,

maybe I'll just back on. But like second day, third day, I was quite happy just like talking normally. Once I knew everyone, I was happy around everyone.

YX: So it's from the third day or fourth day.

TRAINEE D: It was the second day. Like the second day, I was happy enough to talk to everyone.

YX: Just like to talk to anyone, talk to any kind of topics.

TRAINEE D: Yeah.

[08: 08]

YX: You feel like you are open?

TRAINEE D: I feel like I can contribute to in a reasonable way, not like silly conversations. It was something I thought "Oh yes" I kind of know what I'm talking about, I think I can do that.

YX: And I find you are also like very happy to talk about like your uniform, like very long skirt ant ...//

TRAINEE D: Well, I think it's like in Sweden they don't really have that, so it's kind of funny to see everyone's like reaction to this uniform. [8:40]

YX: And when some people they, because I remember last time we have a kind of conversation like girl's school or mixed school and everything. And you weren't unhappy any way, you were just like "Yeah, people have different opinions."

TRAINEE D: Yeah, I don't know. My opinion was like very mixed by that cause I don't know any difference. I always went to, I went to all girl's primary school; I went to all girl's secondary school, so I don't know any difference from a mixed school. So when they all say "Would you not rather to go to mixed school?" I say "Well, I don't know cause I've never been to mixed school. So I don't have anything to compare with except your opinions. But you have never been to an all-girl school." So there's no way of comparing it. [09: 21]

YX: That's true. Do you think there's any difference like to either talk to or cooperate with girls and boys on this ship? Do you think there's any difference to like deal with them.

TRAINEE D: No. I've been quite comfortable talking to both.

YX: Both.

TRAINEE D: Yeah. Cause like I've grown up with boys so I'm comfortable with it. But I know like girls in my school they can't have a conversation with boys cause they don't know how to do it.

YX: but you can because...//

TRAINEE D: Yeah, because I grow up with two boys. So I kind of know how to have normal conversations without looking stupid.

YX: because I think you are doing very well because like, like just now you were playing the pSea staff Ate thing with Trainee U. You are the only girl playing with him, so you are doing like ...//

TRAINEE D: yeah, that's what, that's what I used to be like when I was growing up what I would have done. Because we went to a child minder and at the time there were two boys I grow up with, I didn't have an option to do. They were just like do what they want to do and I went with it. I didn't really have an option. So that's why I'm so mindset that way. [10: 35]

YX: So because you are, like on this ship you were like even more, talk to Swedish boys, so is that like in your eyes there's no difference whether they are from Sweden or from England?

TRAINEE D: No. They are all the same. [Smile]

YX: No. They are all the same for you. So you just like "I'm just like talking to a male, regardless of any nationality"?

TRAINEE D: No, I wouldn't say so. Like when I was talking to them, I wouldn't think I'd better talk to them for they are Swedish. The only thing I would say, may speak like more clearly so that they will understand what I'm saying. Cause they are not all like fluent English but I will never think "Oh, because they are Swedish so I have to talk differently."

YX: So just like clearly.

TRAINEE D: Yeah, so they understand.

YX: Then what about like Trainee E and Trainee H cause they are from kind of closer area with you?

TRAINEE D: I think Trainee E is really really funny, but he does get my nerves a lot more than the Swedish boys I think it's like the culture he's grown up and he's very very forward. Like he just doesn't have quiet voice which I find very frustrated sometime like we are all sitting down after dinner, everyone is tired, and everyone has their own higher conversations. You just know Trainee E's coming cause he just, he just doesn't have quiet voice. The same as Trainee H. Like when Trainee H arrived on the first day and did his first watch from 8 to 12 at night. He's coming downstairs, he was talking so loudly, and I've told him forty times, he just can't be quiet, I mean these people want to be able to be forward to talk, and you do not want to be the reason. But I think it's nice having people close to you home because it's really good cause like I know, people asked me a lot, "Oh, what's this in Irish? What you do in Ireland?" Because some of the stuff that I do wouldn't be normal, I feel like grab someone else. [12: 32]

[Trainee P came to ask TRAINEE D whether she would like to go to shop for Swedish candies, TRAINEE D asked for my permission out of respect. I let her leave and we agreed to continue when she came back.]

One hour later. I started a new recording.

YX: We were talking about Irish boy's loud voice. Do you think it's a kind of a common thing for Irish boys? Or just a few of them?

TRAINEE D: Probably just a few of them, I wouldn't say everyone is very loud. It's just Trainee E and Trainee H doesn't have a tone to be quiet voice. Like here, they would be so loud here when they know they need to be quiet. They just can't keep their voice low. Just naturally, just projected. [00:36]

YX: So you think it's just some of the Irish people, not everyone.

TRAINEE D: Just some, I'm pretty sure. And I hope it's just some.

YX: Ok, that's nice. And do you think, have you talked to some of the Swedish trainees or English trainees about their stereotype about Irish people.

TRAINEE D: Surprisingly no.

YX: No.

TRAINEE D: em... I don't think, we haven't really talked about stereotypes, they just said I'm the only Irish people they know, they don't have any assumptions, apart from the potato.

YX: apart from the potato thing. Yeah, because they were playing jokes every day.

TRAINEE D: Yeah, I don't mind, cause that's like normal. When I go out, that's the first thing I want to eat, so that's kind of normal. But they haven't made any like stereotypes. They haven't made any particular stereotypes against [Unclear].

YX: Is that they say Irish people like potatoes?

TRAINEE D: yeah, but that's like, more like, not everyone say that as a joke, it's not like, I wouldn't take it personally if someone say that.

YX: Is it a joke or is that true?

TRAINEE D: Both.

YX: both.

TRAINEE D: yeah. We are like, we do eat a lot of potatoes.

YX: Aha, you do eat a lot of potatoes.

TRAINEE D: Yeah.

[A Swedish trainee came and repeated to us "potatoes, potatoes". TRAINEE D replied the word in Swedish.]

TRAINEE D: No, that one is true, we do eat a lot of potatoes, but I don't mind everyone joked about it.

YX: This is like very neutral thing, neutral joke.

TRAINEE D: yeah.

YX: Yeah, today we were eating the quite Irish kind of style of potato. Do you feel good to eat something ...//

TRAINEE D: it wasn't really that nice. Like it's not like proper potatoes, it's like fake. It was not like fake, but it's like, it's not fresh potatoes. It's like, I don't know how to explain it, but they won't I like proper... if that makes sense, at all.

YX: Ok, cause almost every day, I can hear people connecting your name with potatoes.

TRAINEE D: haha... no, I don't mind, I'm completely used to it.

YX: And do you feel it's quite fun sometimes like actually?

TRAINEE D: I, I'm like, they say it all the time, so I just like "Yeah~" That's fine. Cause even when you go and order potatoes in English places, they would always .../ I'm completely used to like kind of quite funny one they do. So I don't really mind.

YX: Do you think you learnt something from this voyage? Except Swedish, some of the Swedish language.

TRAINEE D: Em... I think I learned like the Swedish, like your friend, like my school friends wouldn't be as nice as the ones here. So I learned like your school friends aren't like the most important in your life, if you know what I mean?

YX: Yeah.

TRAINEE D: like you know, when you go to school with the same friends, you'll come out and think... here, the people here are far nicer so I think kind of friendship goes beyond like what I'm used to back home. [04:40]

YX: It's kind of quite big, big like value change.

TRAINEE D: Yeah. Like here I think everyone is far nice than they would be at home. So I kind of think, on this ship you know, like cause I have friends at home like yeah, it's good. But like all other people here will be like nicer, and probably more understanding, and kinder, and just in general better people than back home. So I think that is more ... it's more like the friends I have back home like, I probably wouldn't see them when I leave school, but it's so... [05: 26]

YX: Yeah, I understand. So is this like the first time you meet like quite a few different, no maybe not, just Swedish people? Do you have many chances to meet like kind of foreign people in Ireland?

TRAINEE D: No.

YX: So this is kind of the first time ...//

TRAINEE D: First culture.

YX: Kind of exchange thing.

TRAINEE D: Yeah. First ever exchange thing.

YX: So you feel actually quite enjoy this kind of exchange program?

TRAINEE D: Yea. I think I will do it again.

YX: You feel really happy to make kind of international friends and you feel this kind of friendship can even be better than kind of classmate ship.

TRAINEE D: Yeah, completely.

YX: That kind of quite a big change. And I found a couple of times you were kind of quite seriously learning some Swedish language.

TRAINEE D: Yeah.

YX: What do you think have motivated you to learn this?

TRAINEE D: I thinking they are trying so hard to be patient with me speaking English, like they are like their natural language isn't English. Like their natural,

native tongue is Swedish. So the least I can do is let them, like the least I can do is learning, even though I hardly ever use it but like I think, the least I can do is to learn a bit of basic, of their language so they are not constantly having this. I know they don't mind speak in English, but I just, like kind of show that I have respected for what they do. Cause it isn't easy going from Swedish to English, and back all the time especially we are on a boat, when we set the sails, the trainees maybe want to like talk when moving the sails they will do it in Swedish. I feel quite back cause I'm saying like "What, what are you doing?" Cause I don't know what they're doing. But they take time and say, it's this, this, and this. So they, I kind of think that at least I can learn like very basic Swedish so that I'm actually contributing slightly to the conversation. [07: 45]

YX: That's a kind of very kind reflection. So do you think it's also because you are making friends with them and you feel you really enjoy your relationship, like kind of friendship...//

[08:02]

TRAINEE D: yeah, I think it was like kind of like break the ice, not break the ice, but ... Like in the first few days when I'm still a little nervous, like it's a good way like, kind of laugh of something silly, cause obviously I have no idea if I can speak Swedish. So like I kind of give them something to do. So that I'm not thinking about how they are gonna maintain a conversation if they are feeling nervous. That'll be my way of looking at that.

YX: And now you are very naturally hugging people, and if some people hug you, or lean on you, or anything you feel very comfortable with that.

TRAINEE D: yeah.

YX: but if it was happening on the ground, like in your school, it's gonna be very weird.

TRAINEE D: like you wouldn't do it. But I think it's only because we are actually confined to this boat all the time so you just, you kind of have no option. [09:00]

YX: Yeah, and what about the physical contact with boys, I feel people also feel very natural to have kind of sometimes playing jokes or hugging or something. It's also very natural. Do you think it's also because we are on the ship?

TRAINEE D: yeah, it's probably, I think it's like that.

YX: Do you feel it's a good thing for you, like from your opinion?

TRAINEE D: To come on this? Or to...?

YX: Yeah, to, to, people become more intimate. Do you think it's a good thing?

TRAINEE D: Oh, yeah, well, it's not, it's not a bad thing. Like it's not gonna...//

YX: It's kind of a good thing, it's like people just don't hide anything.

TRAINEE D: No, I'd rather that someone like talked about me behind my back rather people be like open about with something, and I'm happy with just like mumble about that, rather someone to say this is what's happening. But I think it's good to have like the close relationship on the boat because it's like it's nicer, because when you, if you want help or something, you don't have to feel awkward to ask

someone for help. You will just like, say their name, and you know that they will come over to help like pull the ropes, like tighten something or help you do something like that. I think that is good, that if you are very close with someone, you can rely on them, especially on the boat. [10: 41]

YX: Then do you think, do you think you feel more, kind of tolerant about people's behaviour, or was it's [because we are] on the boat as well?

TRAINEE D: I think I usually tolerate very well, I think. Like I think in the morning I'm really bad cause I'm always so grumpy in the morning so that people are kind of, especially Trainee AA, Trainee AA is always so happy in the morning and she's just, cause we have the same watch in the morning. At like half seven, she's just like skipping and dancing around, and I'm just like "Oh my god, please be quiet." But then like once it sets like a habit I'm absolutely fine, I think she's really sweet that way but just I don't need to be very grumpy in the morning. I'm very like 'Don't get it personal to what I said cause I'm just naturally very grumpy in the morning'. [11:33]

YX: And especially we are on the boat and we need to do the same watch and everything, so you became quite tolerant about something even you may be grumpy about.

TRAINEE D: Yeah.

YX: And I noticed there is once, Trainee V he's like playing jokes on you...is that Trainee V? Or someone, someone just like pretend to throw you into the ocean.

TRAINEE D: [Laugh] Oh, yeah, that's Trainee V.

YX: You were like "Oh my god, oh my god!"

TRAINEE D: yeah, I was like, I was like "Trainee V, that's enough, that's enough!" Joke over, that's fine.

YX: And actually you were all the way smiling, even though you feel kind of a bit nervous.

TRAINEE D: yeah. No, but I can hear he was, I hope he wasn't gonna drop me and I don't think he would have like ... but no, it was like, it is like we do, we joke as a main form of our friendship.

YX: So you feel it's definitely fine, you definitely know this is kind of joke.

TRAINEE D: Yeah.

YX: And even though at some point you feel a bit scared...//

TRAINEE D: Yeah, but I still know he's not gonna let go, like drop me in the sea.

YX: So it's kind of like you still trust him.

TRAINEE D: yeah.

YX: It's quite good I think because sometimes some girls will just get annoyed.

[13:00]

TRAINEE D: Yeah, Yeah, I completely understand, but I will think that I needed that like I was nervous at the end I thought it was really funny. So I wasn't, you know.

YX: And I think he wouldn't play with...//

TRAINEE D: He wouldn't do it unless he expected I was comfortable doing that.

YX: Yeah, if he, if he expected you are gonna be grumpy about this, he won't do this.
So it's kind of ...//

TRAINEE D: Understanding.

YX: Confirmation of friendship and trust. So in your eyes you also feel quite enjoyed,
quite funny about these because you know his thinking.

TRAINEE D: Yeah, exactly. I kind of know this is nothing. Like I know he does have
like, he's not gonna do anything drastic so I'm not really worried.

YX: It's kind of everyone is very happy about that actually.

TRAINEE D: Yeah.

YX: So do you feel this is kind of change of yourself in this voyage? Do you feel
more willing to interact with people in different kind of jokes and to play...//

TRAINEE D: Em... I think in general I'm quite like not an open person. I'll be like
quiet until I get to know someone. And then I'm quite happy to like ...//

YX: Once you are open you are totally open.

TRAINEE D: Yeah. Once I'm open, I'm happy to talk about anything. It's just when
I meet someone at the first time, I'm very kind of reformed, I'm not gonna say
anything too drastic. Like once I get to know them, I'm quite happy just to like
give my opinion on whatever the topic of the conversation is. I'm quite happy to
say that only once I get to know them. If I didn't know them before I will be very
kind of ...I wouldn't... [14:51]

YX: Kind of conservative.

TRAINEE D: Yeah.

YX: Yeah, like today when Trainee U proposed this suggestion to play pSea staff Ates
game, you were like "I want to play that." And then you just play that, everything
is very natural and you played really well. You are gonna be a celebrity.

TRAINEE D: Well, I just thought so. I kind of like when no one else is gonna do it,
like I don't mind do it, I'm quite put myself forward. But I think if it was back
home with all my friends, I'm not gonna put myself forward. I think it's cause
like it's a mixed group while back home if it's happening ... well, first of all it
wouldn't be happening cause it's a bunch of girls. But if it was happening, I will
just be like, it will be done completely different like, it wouldn't be everyone
giving their opinion, it will be like just two people taking control, and no one else
would say anything. But here like everyone's opinion is kind of taking quite
seriously. Well, not taking seriously, but... [15:50]

YX: valued.

TRAINEE D: yeah, everyone's given a chance like say what they think is the best.
And everyone researches kind of middle point. But like back home, I know they
would be doing something it wouldn't be like that you get two girls will just
come and take charge. And everyone else will just kind of sit down. Which is

really frustrating, that's why I feel that if we are doing that back home, I'll be like the last person to be expected to go up to do that. But because I feel very comfortable here. I know that no one is gonna say like anything I wasn't really worried about that. [16:19]

YX: So it's kind of environment quite influence people's behaviour .

TRAINEE D: yeah.

[Interrupted by Trainee T for 20 seconds, and I invited him to be interviewed at some point, and he felt glad to.]

YX: Do you think it's quite different to make friends on a ship and make friends on the ground.

TRAINEE D: Yes.

YX: Even if not in your school, even outside your school?

TRAINEE D: yeah, I think it's very different here, compared to school, or in general like area. I think it's completely different.

YX: it's completely different.

TRAINEE D: Yeah! Because like you see, you see everyone, every single day at some point, and because it's like quite a small boat. Like you are literally sleeping and eating and working on top of each other. So it's, I think it's a very good way that just try to get to know each other because you are gonna be here for two and half weeks, you know, as well just stuck like, you know, making the most of it. [18: 00]

YX: So before you come to this voyage, you didn't have any expectation, so did you know we won't get any kind of signal or wifi on our phone.

TRAINEE D: No, I knew that cause I knew it was going from Gothenburg to Blyth and it's gonna cross the North Sea, there's definitely being no wifi there.

YX: And when it comes to be really no wifi and no signal, what's your like first reaction to this?

TRAINEE D: I was kind of like, actually at the first time I was annoyed I couldn't check my phone for the first time. Cause like I know I won't miss anything cause nothing is really ever happens where I'm from. So... [18:40]

YX: but it's still kind of a habit.

TRAINEE D: Yeah. Well, cause it's such like especially like, this is now what I do cause it's such a natural habit. Like if someone says "Oh, I can't remember this ..." like your first reaction was like "Oh, well, I'll look it up." But here you can't cause you are in the middle of the North Sea. But actually after the first few hours, I was quite happy to just to ... [19:00]

YX: To forget everything.

TRAINEE D: Yeah. It was actually quite, it was actually quite handy to know my phone was downstairs or actually save them in my pocket right it, it could fall on the ground, you could step on it, you know. So it was good for me, to be honest.

YX: So you feel it's a kind of good thing?

TRAINEE D: Yeah, it's a good detox.

YX: Good detox.

TRAINEE D: Yeah.

YX: So when we kind of approach Blyth, the signal comes back and internet comes back, what did you do at the first time you get the signal?

TRAINEE D: Well, everyone was the same, everyone was pretty on their phone to check everything, but even after I checked everything I realized that I haven't missed anything I wasn't fascinated back on my phone. Like I wasn't fascinated to go through Facebook, go to Instagram, I was quite just to check my messages, and replied to those, and then leave it there. I wasn't like absorbed and going through everything. I was just kind of thought 'Right, I will reply and check what I need.' I'll reply the ones need to be done, but apart from that, I'm not gonna like browse inversely through my phone which was like I usually do. But I wasn't like that. [20: 13]

YX: Is that because you think, after you checked everything, then you just go back to talk to people on the ship.

TRAINEE D: yeah, I think it's nice to get internet because like you are talking to the same people here every day. So it's nice to hear from someone back home. 'Oh, yes, I've done this.' You are like 'Oh, I've have slightly different routine today apart from breakfast, watch, lunch, watch, dinner, watch.' Like nice to hear that there's other things happening, apart from just Vega. So like it's nice for that. But after that, I thought, OK, let's just carry on. [20:50]

YX: That's true, it's always good to have the check of different things. And apparently you are very close to some of the Swedish trainees, and they were so enthusiastic introducing kind of Swedish candies and everything to you. How do you feel about that?

TRAINEE D: I...em... I kind of, I quite like it because I quite like how close you become in the past two weeks cause I wouldn't, like the people I'm very close to on the boat here, I wouldn't be as close with my friends back home. Like they are completely different relationship so it's quite nice for them to say, "OK, when we get to Gothenburg, what you can do here, we are doing this, we are doing that." That's kind of put a lot of stress off me cause I have no idea where I'm going. It's so nice for them to be like so generous to be like "OK, you got to do this, we are take you here. We'll show you this." But like back home, I don't think my friend will ever say "Oh, we'll like this, we will go to this." I think it's two different relationship almost.

YX: It's kind of very new things actually.

[22:00]

TRAINEE D; yeah, but I feel the relationship I have here with my friends on the boat are a lot closer than the ones I would have back home. But I don't know whether that's from like confined on a boat for two weeks, and like I'll never gonna see them. Well, I probably I would like to be able to see them again.

YX: there's kind of feeling you, it's more difficult for you to see them again which makes you even more treasure...//

TRAINEE D: yeah, I think it's like that! And it's also, I think it's kind of, cause everyone is, once everyone get to know each other, everyone is quite comfortable around each other. While like back home, even if you are very good friends you still couldn't really rely on them for anything. But here I have friends they said, oh you know, you must do this, you must do that, they are very... They have like a plan for they know if I have to do things they will help me to do something. But like back home, it wouldn't really happen. So it is, it's nice to have that kind of friendship. [23: 05]

YX: Well, it's very special. Do you think you have come across to some situations that you find people have difficulty understanding you or something? Sometimes do you feel someone, or do you feel someone is very difficult to understand at some situation? Or do you feel someone has some difficulty to understand you?

TRAINEE D: Em... so I'm very aware of that if I don't tone my accent down, people aren't gonna understand me, so I very naturally like, I don't think I mean to do any more I think naturally, I don't feel I sound like Irish. As I don't feel I sound like Irish as I don't feel like Trainee E and Trainee H's sounds. But I think I naturally tone my accent down so I know people will understand me. Cause I used to be, when I was younger, and when we go on holidays, I wouldn't realize it because like I was too young to really understand people wouldn't understand me because of my accent. So I think here because I would naturally tone my accent down and speak quite clearly, we wouldn't have like language problems. There will only be somethings like they have a word for something in Swedish but we don't really have a word for it in English. That would be the only language problem. We haven't really come across. [24:50]

YX: Well, so you don't think there's any kind of language problem. So do you think there's any other kind of communication problems?

TRAINEE D: Just especially last night when we are all out for food, I think I got quietly and everyone like drank a lot, I noticed that. I found it quite funny like especially cause I'm close to Trainee Q, she was like, if someone is speaking Swedish, once the conversation is over she gave me like a rough overview of what happened. But there were like a few times, she was talking to one of the staff and I was like "Oh, what are you talking about?" and she said that in Swedish again. I will be like ... [with an astonished expression] I don't understand it. And she's like, she know, she was really sorry said 'Oh~ I'm sorry, I'm sorry, I'm sorry.' Or like she would say something like 'Oh, we are going to do this and the other.' She said this in Swedish and she forget maybe like... I don't mind like, we do it a lot, but for about ten minutes because she thinks she kind of like I've been with you for the last 15 days, she kind of forgot I speak English. But that would be the only thing kind of is the language barrier that as if like... I noticed it like once the crew members sitting downstairs at lunch on the table. Like they are, they naturally speak Swedish, and I'm sitting, like I don't mind sit quietly till it's over. But it was like a very long conversation, I feel bad asking someone to translate cause they'll get to do the whole thing again. That's why, that's the only time I feel kind of uncomfortable. [26:20]

YX: En, same here.

TRAINEE D: I mean there has been times happened and like Trainee Q will turn to me say “Do you want to know what happened?” but I just say, I don’t need like... cause it’s too long and we will be there all day trying to explain. So I don’t, that would be the only kind of uncomfortable situation on the boat.

YX: Is there any kind of time like Swedish trainees or crew members they unconsciously speak to you in Swedish sometimes?

TRAINEE D: Yes.

YX: And what is your reaction and their reaction after this?

TRAINEE D: Well, I kind of look at them for about 5 seconds, cause I sometimes, if it is like especially like staff will do it, and because some of the staff they don’t even say English I will understand, it’s like sailing like, something weird sailing stuff. So sometimes I actually go to my head “Was that in Swedish or was that actually in English?” and then I realized it’s in Swedish. I’ll kind of say ‘English please.’ ‘Oh, yea, yea, yea, sorry, sorry, sorry...’ So this is what I will do, but I think it’s, I think it’s quite nice .../ especially like when like my friends on boat the Swedish trainees they speak Swedish cause it’s so they are actually quite comfortable for me to be there. You know, they kind of forget I speak English, they kind of see me as part of their, not part of their culture. But they are quite happy to think that I am a ... [27:38]

YX: a group member.

TRAINEE D: Yeah.

YX: I feel that’s one of the important reasons like maybe they just regard you as their very close friend.

TRAINEE D: yeah, that’s why I quite like it when they do that. Like they say ‘Oh, I’m sorry.’ But kind of think that actually shows they are like happy to ...

YX: To be close to you, and to accept you as a member of them.

TRAINEE D: yeah.

YX: This is kind of a very happy thing.

TRAINEE D: yeah.

YX: So when you look at this whole voyage, this sail training voyage, what do you think is your favourite part? Like making new friends, sailing, climbing masts, and ...//

TRAINEE D: Em... I think making new friends will be like a huge one because it was my first time making friends of different culture. Cause like usually as I say, when we go away, we go away to English resort. So all the teenagers are English so that we will never have any foreign people so I think this is my first time like being immersed in Swedish culture. So like making friends that way I think could be good. But I do love climbing. [28:56]

YX: I feel like most of the time, you were sitting around a group of Swedish people instead of some of them are English trainees. It’s kind of quite special.

TRAINEE D: yeah, but I think they are, they are like what I say, I do, I appreciate when they sit down, they do like acknowledge I'm there and think as like 'we should be speaking English.'" And every time they have conversations in Swedish, I know that after the conversation, one of them will turn to me to say 'Oh, sorry, this is what we are talking about.' Or half way through the conversation, they will turn to say, 'Oh, sorry, everyone please...' So it's like they are very helpful in that way. [29:40]

YX: So it's like most of them they are really taking care of you, taking care of your feeling.

TRAINEE D: Yeah, completely.

YX: So you feel very comfortable with that and you really want to do your contribution about this friendship. Then you started to learn some Swedish.

TRAINEE D: Yeah. Exactly. I think it's like the least I could do. Cause like they are doing, like speaking a lot of English, and like they don't mind speak in English, but the least I can do is learn basic Swedish. So like I'm trying to do something productive.

YX: To be more involved in their community.

TRAINEE D: yeah, cause I've noticed some of the other English trainees, like Trainee E, like if he says something like everyone thinks it's funny. But he will never ask "How do you say this?" Like he never try to immerse himself with the Swedish culture, he's just kind of do his own thing, which I think is really cool. Like he's very ...

YX: kind of like say something funny.

TRAINEE D: Yeah, like he's happy to just like be himself, do that. But I'll be very "How do you say this in Swedish? How do you ..." You know, I want to like be a part of it while some people are just happy to just not bother, which I don't really mind. I think, for me, thinking that "Oh, they are like speaking English for me." At least I can do....

YX: That's really considerate.

TRAINEE D: Yeah.

[31:05]

YX: I think they will feel this so they will like give you kind of even better feeling. So it's kind of mutual things.

TRAINEE D: yeah.

YX: So what would you think if all the trainees on this ship are from Ireland?

TRAINEE D: What do I think of the Irish trainees?

YX: I mean, what do you think, what would be the biggest difference if all the trainees they are from Ireland?

TRAINEE D: Oh... em... I think it will be a lot louder. Em...everyone will speak a lot faster. Everyone is Irish...em... it's hard. That will be kind of the same thing like the majority of the trainees here are Swedish, so it's kind of like almost the

opposite. I think it will be the exact the same only everything will be kind of different accent, I think.

YX: Would you prefer this kind of mixed nationality?

TRAINEE D: yeah, I'd rather mixed... em... when I was told about the trip that it will be, when I got the scholarship for being part of the Northern Ireland of the UK, I thought it must be that this boat is just taking people from England and North Ireland. I thought all the majority will be from England. When I got here, and I saw the majority was Swedish. But I didn't really know, cause I didn't know what to expect, I didn't know like what to think. Like 'What thing should I be worried about or scared about?' cause I didn't know what's gonna happen in any way. But I would rather, I think now when I looking back the whole trip, I would rather go on a trip with kind of a lot different cultures than just one. I think you learn more that way. [33:13]

YX: So you also learned something about Swedish food and Swedish culture.

TRAINEE D: Yeah, yeah, you would like, I think that's good because you wouldn't get that if you just had everyone from Ireland. Cause everyone in Ireland knows everything. I think having this is good because you learn stuff that you will never think 'Oh, I've never thought about that way.' [33: 38]

YX: Then if you got like these kind of Swedish friends now. Do you think this will make you like this country more?

TRAINEE D: Well, I think it would. It's kind of like, the majority is from Gothenburg, it's like this part of Gothenburg, so I think if everyone on the boat is this nice, and I'm hoping that in general people are very nice, but I noticed like everyone here like once you get to know them, they are very like open, very helpful, they wouldn't distinct you are not help... they are very considerate. Like if you want help or something, they will always offer help, will always like point you the right direction.

YX: So would you like to, if there's any chance to travel to Scandinavian countries, would you be happy to...//

TRAINEE D: Yeah. I would be quite happy to... I would say I will do it.

YX: Like even more than before?

TRAINEE D: yeah, I think after doing this trip, I think I'm a bit more like aware of Swedish culture, so I'll be quite happy to do it, knowing that I have a very basic background of Swedish culture. Very basic.

YX: So do you think if there's other chance to do this kind of similar voyage exchange...//

TRAINEE D: yeah, I will do it.

YX: would you like to recommend some of your friends to do this?

TRAINEE D: I'm just thinking my friends back home, I think I don't really get a good chance to explain to the majority of friends what I was doing. Cause it was so last minute, I was too busy trying to get time off work and I was trying to pack. The last thing in my mind was to tell my friends I was doing this, but like

thinking about this entire trip and what's been happening. I think like some of my friends, I know when I go home and tell them about this. They will be like 'That's not a holiday.' I would be like 'No, it wasn't a holiday but, it is a holiday, but it's not like relaxing holiday. It's a working holiday.' I think the majority of my friends back home, when they think of holiday, they'll think like, you know, beaches, I think if I told them 'Oh, you must do this, it's really good!' All they would think about is they would get like no wifi, or all they want to do is go out, they would never think 'Oh, I got a chance to learn, like experiencing new culture.' I think my friends, some of them will be very open-minded, but I know some of them will be very, they don't really want to engage in new things. [36:22]

YX: Because some of them never get a chance to touch this kind of things.

TRAINEE D: yeah, like, cause I know when I told one of my friends, she's like 'That's really weird you are going on this trip and you have no idea who's gonna be there.' I say, 'yeah, but that's like the fun part of it. Because you are gonna have like, you are gonna meet all new people, and like...you know.' but she's like, she's like, cause she says herself she is like quite close-minded. She will never think 'I've been offered this very good opportunity', she would think 'I don't know anyone is going, therefore I'm not gonna go.' She's very, she will be very like that... which is fine, that's how she is. But she's just shocked 'Are you going by yourself?' I said 'well, I'm going by myself.' She said 'But you are gonna arrive there and you are not gonna know anyone.' I said "Yeah, but you are having a boat, you are gonna talk to someone eventually.' [37:12]

YX: It's gonna be very difficult for them to understand this voyage then.

TRAINEE D: yeah, it is. I'm gonna have trouble to explain when I get home.

YX: And they will definitely can't understand how you can establish so close friendship with people on the ship.

TRAINEE D: yeah, even I was like, I think there was one point it was like mid-way of, where we are like very close to Blyth, we were talking, we were like. This is crazy like this time last week ago, everyone was so awkward, and that was only a week ago and I would actually, like we are all, as a group we are all so close., I was like this is so weird [in a low voice]. [37:50]

YX: yeah, that's true, it is like quite magic things.

TRAINEE D: yeah, it is. It is quite weird. Like I don't remember how I like, like I don't remember everyone formally thinking while got primary friends, these people are like, I don't really remember like introducing myself. I just remember talking to them.

YX: And people like naturally and gradually talk to each other, and then became very close to each other. That's very interesting.

TRAINEE D: Yeah.

YX: Do you think if you go back home, who's gonna like be very easy to discover your change or your improvement or development in this voyage.

TRAINEE D: I think my parents will probably notice it a little bit. Cause like...

YX: “Who changed our TRAINEE D?! How can she became like this?”

TRAINEE D: yeah, exactly. Cause I’m a very fussy eater, like if I don’t like the look of the food, like I won’t eat it. But I think here, cause like you are so tired and so hungry, you just eat anything that put in front of you. So I think back home I will be more, if mum says I make this but I don’t like that, I will be like ‘Yes, I’ll try this.’ I will be a bit more open-minded that way.

YX: They will be very surprised.

TRAINEE D: yeah, I think it’s cause like here if you ask ‘what is it?’ they’ll say it in Swedish not really.../ still doesn’t make sense to me so I’ll have to eat it in any way. But I think my parents will probably notice and I don’t think my friends will really notice something like that cause they’ll be too confused when I went to this trip at the first place. Yeah.

YX: And parents will always be very happy to see your kind of good changes.

TRAINEE D: Yeah.

YX: Thank you very much for this interview. And do you think you will be willing to be follow-up interviewed?

TRAINEE D [nodded]: En, no problem.

YX: that’s super! Thank you.

TRAINEE D: Thank you, good night.

YX: Good night.

8) Individual interview 7: With Trainee N

Participants: Trainee N (The chef Sea staff N and Trainee Y jumped into the conversation for a bit)

Date: 2016/09/03

Location: underdeck saloon of Vega Gamleby, outside the galley (kitchen)

Time: 5:43 pm

TRAINEE N was doing some dinner preparation, mashing a big bowl of corn, she felt bored by sitting there and doing nothing else. Then I proposed to interview her. She agreed with pleasure.

YX: Thank you for agreeing to be interviewed. So can we say something about this voyage, I, cause I know you have like quite much sailing experience before. But did you know before coming to this voyage, do you know you will have mixed nationalities onboard?

TRAINEE N: Oh, yeah, that was like one thing I thought from the email I got.

YX: So what was your expectation? Do you think it's gonna be quite different from the last voyage?

TRAINEE N: I don't know, I just thought like, English, oh no, oh my god, it's going to be so hard to get or, to remember everything.

YX: To remember everything.

TRAINEE N: Yeah, when it said that it was English on board, I was like 'Oh my god'.

YX: 'Oh my god.'

TRAINEE N: I'm not going to this...

YX: Oh really, so it was like at the first time you were a bit kind of scared about like ...//

TRAINEE N: Yeah, that people won't understand me and I will get like falling out and just speak Swedish.

YX: Then, then what it turns out to be, like what the truth is?

TRAINEE N: Oh, it was so nice, we had both the English and the Swedish side.

YX: Yeah. And also how do you get along with these English people then?

TRAINEE N: Oh, I love ... almost everyone, no, I love everyone. So, they, they are nice, I don't find any difference of all the people. They are all cool, it's so nice to know like different culture. It's so cool to like, like Trainee D told me about all-girl and all-boy school. And I was like "Ah~ No! You can't have that, you need to change it." Or like they get embarrassed if you change clothes in front of them, and get naked and change clothes. [02:07]

YX: Do you say Trainee D?

TRAINEE N: Em, yeah, Trainee F and Trainee D told us, told me that in England it is like not that thing.

YX: So it's like not change clothes in front of other people.

TRAINEE N: Yeah, but they have learned.

YX: They have learned.

TRAINEE N: Trainee D is better. Trainee F and I was like, we going to the shower, we take the same one and get naked. It's fast.

[Laugh]

YX: So is it very common in Sweden then?

TRAINEE N: YEAH~ we are almost like sit naked in the sauna and stuff like that.

YX: So what about the language issue? Like because at the first time you know there will be English speaking on board, you were a bit nervous about this, but do you feel you have any difficulty like talking with them?

TRAINEE N: Oh, yeah~ but the understand me. So I wasn't like that afraid cause I've been in different countries, I used to like speak another language so I knew I could talk to people, it's just that maybe I wouldn't be as good as other people.

YX: But you realize people can easily understand you?

TRAINEE N: Sorry.

YX: But you finally realize people can easily understand you actually?

TRAINEE N: Oh, well, easily...em, I get some help. That's nice to have Swedish people to ask what different thing is.

YX: Do you feel, what do you think is the most different thing of this voyage and the last voyage?

TRAINEE N: That I did?

YX: Yeah.

TRAINEE N: well, I think their different is in the position you are in, cause I feel more like a family here than it does on Gunilla. Cause on Gunilla you will definitely see who are the crew and who are the trainees. That's a big difference.

YX: That's a big difference. What about among the trainees? Like...//

TRAINEE N: Oh, yeah, we have a lot more trainees on Gunilla.

YX: Yeah, and you have known each other before, you are classmates.

TRAINEE N: Oh, yeah, the first trip was we only go to school for two months, and, and they were like all new to each other and something like that.

YX: And they are all from Sweden?

TRAINEE N: yeah. But that was the first trip that we didn't know each other, that's because we only go to school for two month and I have been to different classes. And then the second trip everyone knew each other, but we also need to learn, like more of the people. Cause then they have built the confidence so don't be so, they are all ready to show their personality and instead of being shy and stuff like that. [5:05]

YX: So what about this voyage? Like you need to know people from the beginning, and ...//

TRAINEE N: Oh, it's nice.

YX: It's nice.

TRAINEE N: Well, I don't have so... I'm not that bad to make friends so I always come along, I have changed school like nine times. So making friends is easy, keeping friends is like not that good. Cause I always just forget that I have friends and go to trips like this and got like 'Oh, yeah, I have to call my friends.' So, today my best friend, we actually pick up our relation like some years ago, like three or four years, and we have known each other since kindergarten. [06: 05]

YX: Em, that's really good, so do you feel sometimes it's easier to make friends, and it's more difficult to keep kind of friendship?

TRAINEE N: yes, yeah. Definitely.

YX: Then do you think there's any difference to make friends on a ship and make friends in daily life.

TRAINEE N: Oh...well, you know, Swedish people are very shy. And...//

YX: Like in general?

TRAINEE N: Yeah, yeah, yeah. So you wouldn't like start talking to someone like on the bus or something like that. So the only way you will get knew friend is you start a new school, start a hobby, or like...

[I asked others to lower their voice a bit and explained I'm doing interview.]

TRAINEE N: Oh, yeah, so the only way to find a friend is like if your friend introduce you to ...

YX: then do you think there's any difference to make friends with Swedish people and English people, Irish people on this boat, do you think there's any difference?

TRAINEE N: Oh, definitely, cause you know that's also a cultural thing, or like a standard in Swedish thing, cause when I was talking to Trainee D and Trainee F, they were like 'Oh, my god, everyone is so quiet and stuff like that.' and I told them that 'Yeah, Swedish people don't really open up that much if you don't know them' and they were like, 'Oh my god they don't have any shape.' and I was like 'That's because you are friends with them now'. So that was different. [08: 36]

YX: So do you think Swedish people they are quite, quite...//

TRAINEE N: Oh my god Swedish people they are so quiet when they don't know the person, so...

YX: So how did you start to make friends on the ship? Is that from the beginning you started to approach different people?

TRAINEE N: Oh, yeah, because I was like on, I was on this boat, you just started to talk like 'Where do you come from?' 'Have you sailed before?'

YX: So it was like you were quite kind of proactive to speak to other people?

TRAINEE N: Yeah... I just started to talk, and like 'Where are you from?' and that kind of stuff.

YX: Do you think, especially in your watch you will quite stick to your watch group. Like you have the same time to go to bed and do everything...//

TRAINEE N: Yeah, that's kind of one thing that's like standard on boat that, you know, it feels like ages that you haven't seen the other crews cause you are always on watch and they are sleep and the other one is on, so it feel like you haven't seen each other for ages. [09:57]

YX: So when you see them, what will you feel? Like you haven't seen them for ages, will you miss them?

[Laugh]

TRAINEE N: "Oh, yeah~ hello~" kind of.

[10:10]

YX: So do you feel you like are kind of person you are quite good at expressing your own emotion, kind of?

TRAINEE N: yeah, I think everyone can see it. I'm like basically happy hour type that I don't so many emotions, happy, happy, happy, and tired.

YX: Tired.

TRAINEE N: yeah.

YX: So do you think this voyage, is there anything kind of quite special happened?

TRAINEE N: YEAH, yeah, yeah!

YX: Like what?

TRAINEE N: I felt I have learnt myself.

YX: Learned something?

TRAINEE N: Yeah, learned myself. Like how I am now cause I always change. And the way you think always change. So now I have like seen another side of me, it's new. [11:00]

YX: Like what.

TRAINEE N: Like...em, that I'm very, I'm quite a funny person, I got many compliments about how funny I am.

YX: Oh, really, so you didn't know you were funny person before?

TRAINEE N: I'm such a type of people just find me annoying. So it was quite good to be on the ship where they like me. Cause, yeah, you know, after a while when they have learned people, they try to find their faults, or like ...

[The chef Sea staff N put on some music, and TRAINEE N asked him to turn down the volume and explained that we are interviewing.]

YX: Ok, yeah, so what else do you think, you find something new about yourself?

TRAINEE N: I can go five days without shower. That's something...

YX: Hahaha, that's something really important.

TRAINEE N: And quite disgusting too.

[Laugh]

YX: but it's kind of very special experience, like you know, everyone on the ship they are also...

TRAINEE N: they are all dirty.

YX: they are all dirty as well.

TRAINEE N: I have heard from my friends like it doesn't bother if you don't shower cause everyone else will also smell shit. And I was like 'yeah, true.'

YX: Haha, that's true. Do you think it's, do you think it's kind of different to make like friends with boys and with girls, do you think is...//

TRAINEE N: My first best friend was actually a boy.

YX: I mean on this ship, when we are on the ship.

TRAINEE N: No. I think I got together with everyone.

YX: You got together with everyone. You are like kind of have kind of some common topics and interests you can just...//

TRAINEE N: Oh, yeah, I have so big a range of what I have as favourite things, so...

YX: So you have like quite broad interests.

TRAINEE N: Yeah.

YX: so you have quite many things to chat with people. So you ...yeah.

TRAINEE N: Yeah. I've been on, I've done much in my life when I'm just 18. I think maybe that's why I have so much to talk about.

YX: Yeah, do you think like on this boat, you will have some people you are particularly closer to, do you have some people you have quite close to rather than other people?

TRAINEE N: Oh, yeah, yeah, yeah.

YX: Yeah, like do you think what are the points that they attract you?

TRAINEE N: Oh, why they are close to me than others?

YX: I mean like maybe you are close to some people, but you may be even closer to other people, like...//

TRAINEE N: and what's the difference between those people?

YX: Yeah.

TRAINEE N: I think it's when you appreciate the person what they give you back, some people don't, like homework, when you have a teacher, some teachers want you to write in a digital way, short text and many pictures. And that's their type that they like, when others want a long, almost too many words homework. So I think it's like, one thing is just you feel when you click you know like you are going to be better friends. I like I feel those to Trainee Z, and...// [14: 50]

YX: why do you feel you are...//

TRAINEE N: I don't know, that's the thing. We just get together cause they don't care so much... ah, I don't know.

YX: you just feel happy to be with her.

TRAINEE N: Yeah! And same with Trainee P, she's so nice and good person. And she's so down to earth, and it is that I'd like to be with her more than others. But I like to be with others too, but it's something that make us like best friends. And I'm so good friend with Trainee V too, he's so nice to me. But we are roommates, he must be nice to me. Cause otherwise I'll wake him up with water. [15:40]

[laugh]

YX: So what about, cause I noticed like on the ship, girls and even boys they are quite natural to have much kind of physical contact with each other. Like sometimes people just lean on each other or hug each other.

TRAINEE N: Oh, yeah.

YX: Do you think it's more often happen on the ship rather than in our daily life? Or?

TRAINEE N: Oh, yeah. Because you get so tired, I think.

YX: You get so tired.

TRAINEE N: I, I, I don't find, I want to lean on my friends, just like...I, I don't know, it just happens.

YX: So do you think it's especially happen on the ship.

TRAINEE N: yeah, maybe because when you are at home, you can like stay at home and go to sleep. But here like you are like you need to be on watch, and that's one of the causes sometimes you just like lean on each other. [16: 42]

YX: So do you think is this just because you are tired, or..?

TRAINEE N: I think you try to be awake but you are so tired, so that's the thing I think. Or like feeling cold or stuff like that.

YX: Yeah, sometimes people just kind of became very natural to hug each other.

TRAINEE N: Oh, I think that happen in daily life.

YX: that happen in daily life.

TRAINEE N: yeah, or maybe that's also because you are far away from your family, so this kind of becomes your family too. That's another thing. [17: 20]

YX: So is that you feel comfortable to stay with these people, and you feel, when you have physical contact, you feel kind of rely, and it's kind of...?

TRAINEE N: Yeah, it's a story, or it was a thing that happened when a woman gave birth. The baby's heart stopped, and they told her to hug baby the last time. When she hugged him, the hearted started. So I think it's something magical.

YX: Something magical, so it's kind of good feeling between people.

TRAINEE N: It doesn't have to be like if it was a boy and a girl. It hasn't to be like love that they are in love with each other. It can just be they are friends. [18:18]

YX: Can be friendship, can be love, can be...

TRAINEE N: it can just be everything. Like...

YX: Just kind of feeling of warm and comfortable, and trust.

TRAINEE N: yeah, exactly.

YX: so what about your, like you know we don't have wifi and internet on the ship, and we don't have any signal you can't contact people.

TRAINEE N: I'M used to that, cause Gunilla is 2 and half months without internet or anything. And we just go to café internet, just to get internet, then we sit there for hours, and every time you go to a café when you need to have internet. [19:08]

YX: so what, so on this ship, you feel quite used to this kind of thing, and when...//

TRAINEE N: Yeah. I don't, like in nine grade, my phone and my computer died. And I stayed fine, I don't know how I did it but here I am.

YX: Because like when we are in the harbour now, we got the signal and ...+

TRAINEE N: oh, yeah. And then it became of thing, you just started to look at Facebook, like in Gunnila we try to find wifi.

YX: So it's like you are still trying to find some signal, but it's ok if we don't have that. Do you think it's kind of a good thing, do you think it's a kind of good thing or bad thing you just stay without signal and wifi for a while?

[20:02]

TRAINEE N: Oh, I don't think it really matters when you are all in a group that doesn't have wifi, because then you aren't alone, and that's one thing why you don't need internet cause you just want to talk to your friends. So see about other people or stuff like that, or share pictures ... so then you have to do another...

[I asked people around to speak in a lower voice.]

TRAINEE N: I think when you are in a group, it's another thing cause then you aren't alone. But when you are like, one person like you lost your phone, it becomes a much bigger thing cause you try to get to people by going to Facebook and stuff like that. And you try to find other friends and you get people open, show photos, and look at videos. So when you are in a group, you just, cause they aren't up with their phones, the you have a conversation with them. So I think it's much better to have it in a group that everyone takes that away than one person that lost the phone.

YX: So do you think like with no access to signal and wifi is a better way to make friends?

TRAINEE N: Oh, maybe, yeah, cause you interact more. Yeah, I think I have thought of that part cause it took like when we are all out in the sea, you have to talk to each other. Cause you don't have your phone, you can't ignore everyone else.

YX: yeah, that's true.

TRAINEE N: I feel so dull with this ... [dinner preparation]

YX: So what about like the culture stuff? Because like we have English people, Irish people, and Swedish people. Is there any kind of circumstances that you unconsciously speak Swedish to English speakers?

TRAINEE N: yeah, yeah. That happened to my mum too.

YX: I mean, I mean on this ship.

TRAINEE N: Yeah, that happen, all the time.

YX: All the time. So you try to speak Swedish to some English speakers.

TRAINEE N: what did you say?

YX: Did you unconsciously speak Swedish to English speakers?

TRAINEE N: Yeah.

YX: And then what's their reaction then?

TRAINEE N: "Ingelsgatak." ["English, please" in Swedish]

[Laugh]

YX: It's Trainee F, hahaha. Yeah. And what do you think make you like unconsciously speak Swedish to them. Is that because ...//

TRAINEE N: I'm not used to speak in English fluently, and maybe I have to speak Swedish with others, and then just 'Oh, yeah, you are English.'

YX: So it was like you were talking to Swedish people in Swedish, and then you turn to speak to English speaker and you didn't realize she's an English speaker actually.

TRAINEE N: Yeah, exactly.

YX: So this also happen in your daily life.

TRAINEE N: yeah. With my mum. We speak Spanish at home, and sometimes I'm just changing from Swedish to Spanish, she understands Swedish but we are used to speak in Spanish and then I just go into language like 'babababa' and she also does that. [23: 36]

YX: But it's like your mum is someone very close to you.

TRAINEE N: Oh yeah.

YX: Like but on this ship when you are trying to switch from these two languages. Is that a kind of similar feeling? Because you feel someone is close to you?

TRAINEE N: Oh, no, I just think I'm a, that stuff just happen.

YX: It's just like kind of language habit.

TRAINEE N: Yeah... I'm so surprised that you haven't speak Chinese on this ship.

YX: Oh, come on, how can I? Because there's no Chinese here, and even, like just now I met some people, like friend's friend. And she's actually Chinese, but we are still speaking English with each other because she can only speak Cantonese and I can only mandarin so we can't understand each other.

[Laugh]

YX: Then what do you think you learned from this voyage?

TRAINEE N: to accept myself as I say, and don't try too hard about things...

YX: Try too hard?

TRAINEE N: Like try too hard to be accepted. Just be yourself, and that's people will like you, you don't have to be shy. [25:13]

YX: Just like be yourself and don't try to pretend to be other one.

TRAINEE N: Yeah, or that's so crush ... that's like everyone says that, but that's so true. You finally feel like you don't need to change anything about yourself, you'll be truly happy.

YX: And you feel when you are being yourself, people still like you so you don't need to be, to pretend to be someone else.

TRAINEE N: Exactly. Exactly right.

YX: So did you learn something about other people's culture stuff?

TRAINEE N: Oh, em... I got to learn a lot of history but I can't remember it now.

YX: Haha, like what kind of history?

TRAINEE N: Oh, I had, I got to learn that Ireland actually don't want to be in the UK. That's one thing. And like the wars there was between...

YX: So is that you learn that from Trainee E?

TRAINEE N: Oh, yeah. And like, I didn't really know like they want to be free, I just thought they want ...//

YX: they don't want to be ..?

TRAINEE N: They don't want to be in the UK. I just thought there was just Scotland.

YX: You thought it's just Scotland.

TRAINEE N: Yeah, yeah, yeah, I had no idea, so that was nice to know, to learn.

YX: And what else do you learn? Like for example when we were in England, we were in the harbour of Blyth. And you've got some...//

TRAINEE N: Oh the Rome was there, the Rome, the Rome had built the wall there.

YX: The Rome has built the wall. Oh, you mean the history.

TRAINEE N: Yeah. I didn't know that they have been in England. So I was really shocked about that. So that was another thing I've learned.

YX: So did you learn something about like, did you feel something very, very different from Swedish life when you walked on a Blyth street?

TRAINEE N: oh, yeah, that people talk to you.

YX: People talk to you. How?

TRAINEE N: I hate that, they don't know you, they just start talk to you, and I was like...[With a cry smile]

YX: what did they talk to you?

TRAINEE N: They are just like 'Oh, hi!' 'Hi~' 'So what are you girls doing here?' and stuff like that. And we were like [with a frozen expression.] 'You are so nice girl.' I have been, I know it's like that in other countries. But I HATED it every time, every time I go to another country, they start talking to me, people that I don't know. It's just so weird. [27:53]

YX: Is that like people don't usually talk to you when you are walking in Sweden.

TRAINEE N: No, no, no. As I told you, Swedish people are really shy, when you don't know them.

YX: yeah, sure. So do you think from your observation, of the Swedish trainees on this ship, do you think they were quite shy in the first couple of days?

TRAINEE N: Yeah, absolutely.

YX: And do you think they were changing?

TRAINEE N: Yeah, yeah.

YX: Like how?

TRAINEE N: They just started to talk and you see like, watch the whales, and... cause then they can't pretend any more. You can just pretend for some, few days, then you have to be yourself. [28:44]

YX: So do you think they are being themselves now?

TRAINEE N: Yeah, I HOPE so.

YX: At least they were not like the previous days. So you think they are opening themselves?

TRAINEE N; Yeah.

YX: Do you think, so when you come on to this voyage, were you pretending to be someone else from the first day, or you just decide to be yourself from the beginning?

TRAINEE N: I'm just my, myself, cause I have better friends now. I didn't really have like this good friend that I have now and I become a part of my daily life. So I'm more used to be myself now. If you look at how I was before when I changed school and stuff like that, I had to like always think 'Ok, if I do this they will critique me.' and like stuff like that. And now I have real friends that know who I am, and how I act around people and stuff like that. [29: 45]

YX: So you and ... yeah, sure... but do you feel there's a kind of some situations on this voyage that you feel sometimes some people are very difficult to understand?

TRAINEE N: Oh, when Sea staff N speaks his Norwegian Danish accent, that's a really hard one.

[Laugh crazily. Sea staff N asked "what?" TRAINEE N then replied "She asked me about if I find something difficult to understand." "Norwegian?"]

TRAINEE N: Oh, Norwegian as well, so I always tell Sea staff G to go Swedish accent.

YX: Ah ha, so it's kind of language, language difficulty. Is there any other situation you feel difficult to understand then?

TRAINEE N: No.

[30:50]

YX: So do you feel, so it's like you can't understand why people come and talk to you on the street.

TRAINEE N: oh, no, I hate that.

YX: You hate that? But you are kind of very open people. Why do you...//

TRAINEE N: I, I don't like that... when I don't have to make friends, I will be like that.

YX: Is it like you just don't willing to speak to them or...//

TRAINEE N: NO~ I just hate to talk to strangers.

YX: You hate to talk to strangers, OK. Do you think girls on the ship and boys on the ship they are getting along very well with each other?

TRAINEE N: YEAH~ Absolutely.

YX: Do you think there are kind of differences among them like when they are working and when they are...//

TRAINEE N: Oh, yeah, they have another physics, so they are different in that way, but I don't think it's such a big difference any more.

YX: Do you think girls and boys they are quite equal on the ship, or they weren't, they are not equal?

TRAINEE N: well I think everyone, every person is different, that we just made up so much in that way and another, they just learned at home that 'if you are a girl, you act like this way'. So I think that's something we have made up, cause kid couldn't define what's a girly thing or boy thing if they haven't learned from their father or mother. [32: 16]

YX: So do you think there's kind of girly thing or boy thing?

TRAINEE N: For now, I think it is, but I think I've seen like an outbreak of this.

YX: Seen out crake?

TRAINEE N: Outbreak, Like it's falling apart this thing that would so excited to have made up. That we are breaking free from that you need to be this way, that's bad for guys and girls. If you cry as a boy, you are called like 'gay' or 'coward' or stuff like that. I think that's so bad.

YX: So do you think there's actually no kind of criteria for being how can you be a girl or how can you be a boy?

TRAINEE N: Yeah, I don't want you to be put your kids in that position that you have to be that way if you are a girl, if you want to be a girl you have to be that way; if you want to be a boy... I think we should do something else. Like if you see, Suicide Squad, when they had an interview like us now, the girl that's played a holly queen. She got asked 'How could you fit in those clothes? Wasn't it very tight to have those on?' And the boys, like batman, you have seen batman, that suit is really really tight, he got asked 'oh, how was the move you are making?' and stuff like that, and I was like 'What? Why do you focus so much on the clothes of a girl and on a boy, you focus on the actual moving?' Like they also have this all-girl spaceship, and they got asked 'Aren't you said that you can't wear makeup?' Like they are going a trip to the space and you ask them about makeup. Please can you just don't.../ like 'How many years have you started this' and stuff like that. I hope they wouldn't be asked in the future and focus more about their career than like, how do you call it when it's outside? [34:35]

YX: Appearance?

TRAINEE N: Yeah. Than appearance.

YX: Like care less about the appearance?

TRAINEE N: yeah, exactly.

YX: Like care more about their real self.

TRAINEE N: Yeah, like more, how they have come to be in a spaceship, it isn't like you and me can go to a spaceship every day. So like they have to do something good to become such a high...em, like... level. So I know it's a difference between boys and girls, but I think we are going slowly to get the point where we can just be ourselves. You don't need to think that because I'm a girl I need

to sit like this. [She sit herself gentlewomanly while saying this.] Or like because I'm a boy, I do need to be rough. [35:20]

YX: Yeah, so what about on the ship, do you feel people are, are like quite good at this way?

TRAINEE N: Yeah. I think so.

YX: So people are like kind of care less about like those things and be themselves. Do whatever they want whether ever.../ it's like nothing matters too much about gender.

TRAINEE N: YEAH~ I think so.

YX: So... how do you think make friends with Swedish people and make friends with Irish people, English people? Do you think you will feel more comfortable to stay with these Swedish trainees?

TRAINEE N: I don't have the difference, it's just the culture thing is so COOL.

YX: Cool? So do you feel you like to learn more?

TRAINEE N: Yeah, yeah, absolutely! that's why I go to my school, to like travel.

YX: To experience more culture.

[TRAINEE N asked the chef for salt.]

YX: so what do you think is your favourite part of this voyage?

TRAINEE N: My favourite what?

YX: Favourited part of this voyage.

TRAINEE N: Em... it's to know you!

[Laugh]

YX: Thank you so much.

TRAINEE N: Em... I don't know.

YX: Because I think like for you, you've been so good at sailing, so I don't think you can learn too much about sailing, maybe?

TRAINEE N: I think I have learned so much, because of the English.

YX: Oh, really.

TRAINEE N: like this is the guff sails, and I'm more for square sails. That's also a new thing I have learned. So actually you, you can be surprised what you can learn on the ship.

YX: Yeah, that's true. What about things outside sailing?

TRAINEE N: Em... yeah, I think it's like the other question, like what have happened, like friends, culture...//

YX: So what's your favourite part if you have to choose one?

TRAINEE N: Being in a LOVELY, or loving home. Cause this is becoming...//

YX: So you were quite loved in this big group?

TRAINEE N: Yeah, exactly.

YX: Yeah, so you feel this is like kind of very good feeling.

TRAINEE N: What do you feel about the trip?

YX: I feel like these people, like this group is like really warm and friendly and happy, and like people try, kind of positive things always influence people around. This is what I feel. I feel really good.

TRAINEE N: Yeah. It's really good.

YX: And like this morning, I was trying to interview Trainee Y, and apparently he said less than you do. It feels like, and I asked him, because I feel like, like Trainee Y he was a bit shyer than you. And sometimes I notice he, he's like smoking somewhere, and like other people who smoke will gather around there, and people become like quite...//

TRAINEE N: And you become friends with them. I get to learn Steven and Cullum, no, Steven and Diane. I get to learn them really quickly because of this habit.

YX: yes, I think it's like magic. Quickly clicked.

TRAINEE N: Yeah, exactly.

YX: Yeah, it was like similar interests makes people easier...//

TRAINEE N: Yeah, that's what I think. Like if you go and play tennis... if you have like the same interests like tennis, you will come along with those ones and talk about it.

YX: yeah, and especially when you are on the ship, and the space is quite small, and you are gonna, like you are gonna be in the same corner, and smoking. You feel you are in a same kind of community because...

TRAINEE N: Yeah.

YX: other people they don't smoke even they understand people smoke but, it's kind of quite different feeling, right?

TRAINEE N: Yeah, exactly. You, that's how I learned or got my first friend in my school, cause we smoked.

YX: Ah~

TRAINEE N: And we started to talk, that's cool, actually.

YX: So it's kind of like instantly you got to know you have like kind of similar interests.

TRAINEE N: Yeah, Exactly.

YX: And makes you a kind of, a group of people here, and you are not alone.

TRAINEE N: Yeah, exactly.[41:07]

[Casual chat for 43 seconds about how people usually conduct an interview. Then Trainee Y came, TRAINEE N asked him "Did you go for a smoke?" "Yes!" I replied then "Why didn't you invite TRAINEE N?" "She is busy with your interview." then people laugh.]

YX: I'm sorry about this.

TRAINEE N: It's OK.

Trainee Y: But when you are done with it, we can go for a smoke. [With an interesting cadence.]

TRAINEE N: I got such a cramp on my arm. That's me, I'm working. Ouch!

YX: You can get a massage from Trainee Y.

TRAINEE N: Haha, on my arm?

YX: Yeah, on your arm.

TRAINEE N: No, it's fine.

YX: Do you think you have changed something in this voyage?

TRAINEE N: My English is getting better.

YX: it's like Zi Jun. What else?

TRAINEE N: That's the only thing, no~ yeah like, no, yeah, and no. I think I have told everything.

YX: Do you have foreign friends in your daily life?

TRAINEE N: Like what?

YX: Foreign friends.

TRAINEE N: What's foreign friends?

YX: Like friends from other countries.

TRAINEE N: Oh, yeah, yeah, yeah. I have half of my Facebook friends from Chile. Cause I have been in my school there, it's a really, it's struggling actually to have friends there cause I miss them so much and I know I can't see them in some years. Cause I have school now that's our really really big thing now. Cause it's a high school and before university and stuff like that. [43: 30]

YX: So what about ...em...do you think this voyage is gonna influence your future career plan or something?

TRAINEE N: Actually this gives me enough days to get out of my AB.

YX: What do you mean by AB?

TRAINEE N: that's a certification for sailing, so I can actually work on ships now and get more money. So actually it is ...

YX: it helps your career.

TRAINEE N: Yes, it helps me to get sea days. So that's nice. And I'm actually going to Germany next week to be on another ship from 13 to 27.

YX: So do you think, if you can give some suggestions to this voyage, like exchange program, what would you suggest?

TRAINEE N: em... don't be scared to talk to people. And be yourself, be happy. And if you don't feel well, you can always talk to the captain. They will

support you and try to make you feel better. Well, I think that's like what I will tell people cause people are always like 'Oh, I'm going to miss my home.' and stuff like that. Or like 'Oh, I don't have internet, oh my god!' 'It's so small bed.' And stuff like that. So it's just easy to say to them like they always can go away if they don't feel forward and that you can always talk to the captain, he isn't like a guy like will fight you back. [46: 06]

YX: So do you have any suggestions for the crew members?

TRAINEE N: It's OK to talk to the trainees.

[Laugh]

YX: yeah sure. So I remember you can speak Spanish.

TRAINEE N: yeah, I can.

YX: and you, you are from ...

TRAINEE N: Chile.

YX: And you live in Sweden.

TRAINEE N: Yep. I came here when I was two and half years old. And I have studied there when I was 12 for one year.

YX: And if people ask you where are you from?

TRAINEE N: I told them I'm born in Chile, but I'm raised in Sweden.

YX: Okey, so will you feel a bit confused about your own identity thing, sometimes?

TRAINEE N: If I feel...?

YX: confused. Because you are quite mixed culture.

TRAINEE N: Yeah, exactly. I, people often don't get it in Chile like when I tell them that I actually is from Chile, and I was born in that city that I'm in. They are just like 'Ah ha~'

YX: Why they get that ...?

TRAINEE N: So it wasn't like that sound that they have in Chile when they talk. So it's a bit different.

YX: So when you are talking to people on this ship, is there any people feel kind of confused about where you are from and everything?

TRAINEE N: Oh, yeah, yeah, cause like Sea staff N hear me talking on the phone in Spanish. He was like 'I didn't know you were from Spain'.

YX: Who?

TRAINEE N: Sea staff N heard me talking over the phone.

YX: So he can speak Spanish.

TRAINEE N: No, he heard me speak Spanish in the phone to my mum. I was like 'Yeah, I'm from Chile actually.' He was like "What? I didn't know that.'

YX: So what about the trainees? They didn't say anything?

TRAINEE N: Oh, yeah, they also have like ‘Oh, that’s actually cool.’ and stuff like that. I don’t give so much like, I don’t think stuff like that too much. I’m just like people in general. So I don’t give so much thought about what people think when I’m, that I’m not from Sweden. I just say, you know, when someone is racist. I go UP and say my phrase like ‘I’m from Chile.’ And I got like ‘Oh, but I like Chile.’ And stuff like that. One day we came by refugees, they talk about people from the outside country, I was like ‘Yeah, I’m not born in Sweden, you know, and you are my friends.’ And they like ‘Oh, we don’t mean people like you.’ I will come up with a tone of excuses I have heard worst once ever. [49:34]

YX: So it’s like when you heard people like have this kind of conversation, you were actually trying to protect those weak groups.

TRAINEE N: yeah, exactly. Cause I don’t think it’s any different from, people who don’t travel a lot they don’t know as much as I do about other people, or like how they act. They just think they are like mad and

YX: so they have like kind of stereotype.

TRAINEE N: Yeah, exactly.

YX: On those groups of people, like refugees and kind of immigrants. So you were trying to make them aware that maybe they are wrong in some way.

TRAINEE N: Exactly.

YX: Em, that’s really good. Cause when people know I’m from the university of Edinburgh, they will always ask ‘Oh, you are from Scotland.’

TRAINEE N: Scotland?

YX: Yes, Edinburgh is in Scotland.

TRAINEE N: Oh, Edinburgh, I just thought Gothenburg.

YX: Yeah, the University of Edinburgh, so it’s from Scotland, and then people will say ‘Are you living in Britain?’ ‘Yes.’ And then ‘Where are you from?’ It’s like they will continue to ask because some of the Chinese people like they may be kind of British Chinese actually. Yeah, they will like still very insist to like work out where you originally come from. Yeah, I will just like let them know ‘yeah, I’m from China.’

TRAINEE N: And they will all?

YX: ‘Yeah, China is a good place.’ Or something.

TRAINEE N: I, I don’t have that problem because really I’m look very Swedish. Then when I go to Chile, I always get like ‘Where are you from?’ I was like ‘Oh, I’m from Chile, I’m raised in Sweden, my dad is Swedish.’ They always like ‘But your dad is Swedish.’ or like ‘Are your mum Swedish?’ Like that.

YX: Sometimes it’s very interesting to see their reaction. Especially when like people are talking about refugee or immigrants and you suddenly voiced up and then Ok, then their attitudes...//

TRAINEE N: YEAH, exactly!

YX: Suddenly like changed.

TRAINEE N: Yeah. I was actually on a date, I talked about it and he was like ‘Yeah, those refugees oh like recharged lands.’ these outside people, I don’t know we call them, not refugees but they come into?’

YX: Immigrants.

TRAINEE N: Yeah, immigrants. ‘These immigrants are doing this country so bad.’ I’m like ‘yeah~ I’m from Chile.’ Hahaha...like that. And he was like ‘Oh~ yeah~ I would love to go to that place someday, it’s really beautiful!’ I was like ‘Yeah~ Thank you.’

YX: That’s funny. Yeah. I think that will be everything. Thank you very much for the interview!

TRAINEE N: Thank you for the interview!

9) Individual interview 8: With Trainee A

Participants: Trainee A (Sea Staff E joined the interview for a bit)

Date: 2016/09/04

Location: Underdeck Saloon of Vega Gamleby

Time: 1:48 pm

YX: refers to the researcher

YX: The most curious question is I heard actually when Celine and Caitlin they left the ship in Blyth, and your mom also wanted you to go back, is that true?

Trainee A: No, she didn't want me to go back, but ... Trainee E wanted to leave.

YX: Trainee E wanted to leave.

Trainee A: But because I'm not 16 yet, I can't fly back on my own.

YX: So he has to stay.

Trainee A: Yeah. He stayed so I can stay.

YX: Oh that's the ...

Trainee A: which was nice of Trainee E. No, but my mom doesn't, my mom wanted me to stay. And I wanted to stay as well.

YX: So it's just Trainee E wanted to leave and you, he has to stay for you?

Trainee A: Yes, yeah. I made him stay.

[Laugh!]

YX: So you really want to stay here. What do you think makes you really wanna stay here?

Trainee A: I think most of all the people.

YX: The people of here.

Trainee A: yeah, the sailing was great but I think we have got such great people, everyone here is good; everyone is so friendly, easy to talk to.

YX: So is this the first time you have this kind of experience?

Trainee A: yes, definitely. I've never been anywhere on my own without Celine. So yeah, that's a big step for me already. [laugh]

YX: Yeah, because I feel like I was thinking maybe you have quite much experience like, like talk to people from other countries.

Trainee A: No.

YX: No?

Trainee A: No.

YX: So this is the first time?

Trainee A: Pretty much yeah. Cause there's...

YX: I feel so surprised honestly.

Trainee A: yeah?

YX: En!

Trainee A: See I usually don't talk to anyone. It's really strange, I'm just as bad as Celine and Caitlin. I'm really really shy normally.

YX: No, impossible.

Trainee A: No, it's true.

YX: So you used to be a very shy person?

Trainee A: until I got on the ship, yes. [Laugh]

YX: So, yeah. So you used to be very shy when you came to the ship? Especially like the first day?

Trainee A: yes. Actually I was very scared the first day. [02:10]

YX: you were very scared? And then how did you like open yourself up little by little?

Trainee A: You, of course. You helped. [Laugh]

YX: Oh, really?

Trainee A: I think so, so friendly and nice, but em... just everyone.

YX: Like people start talking to you.

Trainee A: Yeah, so in Ireland they don't start talking to you, they just, if you don't start talking to them, they won't really talking to you, so it doesn't really help a lot.

YX: You mean in our daily life?

Trainee A: So these people they just come to you and talk to you. Just talk and ...

YX: And being very nice.

Trainee A: Yeah.

YX: Because, like my first impression is like you and two of your cousin sisters, you always stay together at the first time.

Trainee A: See I'm usually always with them, but this time I was just like "No, I'll leave them there and just get out of them this time."

YX: When did you make this decision?

Trainee A: [Laugh]... I don't know, the second day or something. Cause they were just lying there on top of each other. If I just stay with them the whole time, there's nothing going to happen. I'll just be with them, then just like dying the whole time and then I just thought 'No, this time, I'll just, just go for it.'

YX: Yeah, it's a very, so it's kind of quite challenging for you actually.

Trainee A: yeah.

YX: because actually first time I thought you are a kind of a very social person because when I talk to like you three, you are always the person like having a very big smile and respond me like very protectively. But like both of them, they are just like ... smile and...//

Trainee A: [Laugh] yeah, see they just push me in front to say like “ME, you do it, you talk.”

YX: So comparatively, you were a bit better than they do, so you are the one represented them to talk to other people.

Trainee A: yeah, yeah, whenever they want something or need to ask someone, they say ‘ME, you ask, go, ask him, ask her.’ [In a quite low voice.] ‘I can’t, I can’t do it, I’m just as bad you two, I don’t wanna talk to people either.’

YX: Oh, it’s kind of you were pushed a bit to like talk to different people.

Trainee A: En, I had to, didn’t really have any choice here, then I just talked.

YX: And you can’t rely on Trainee E.

[Laugh!]

Trainee A: No, no one can rely on Trainee E.

YX: Because he always disappear sometime. Yeah, it’s quite surprised to know you were, you used to be very shy person.

Trainee A: I’ll probably be shy again when I get home, I wonder.

YX: but do you think this voyage like helped you a bit to be more...//

Trainee A: Well, it definitely has helped now but I don’t know if it still keep helping when I back home but, I hope so.

YX: At least you feel maybe more confident to...//

Trainee A: Yeah, definitely.

[5:03]

YX: And do you feel there’s difference like talk to people from English speaking countries and Swedish people?

Trainee A: Em... usually, well, from people that I know from where I live, it’s very different from people on the ship. But then, speaking to say Trainee G and speaking to Trainee P [Both of them were living in the same room with ME during the voyage], I don’t see a difference, I don’t find it harder to speak to Trainee G than to Trainee P even though they are from different countries. So I don’t know if it’s the countries or the ship itself that’s actually makes it easier to talk to people.

YX: So what’s the big difference in your country then?

Trainee A: Em... everyone just seems to, you know, get into their groups and that’s it. You know, you might be friends with, and that will be your group, then no one else is getting in there.

YX: So it’s kind of groups stick with each other.

Trainee A: Yeah, and they are shy, they don't really want to make an effort to talk to you. And then you just see me stuck to Celine and standing in the corner and, you know, if you don't make an effort, they won't, just never really been able to...+

YX: Ok, that's really a big difference actually.

Trainee A: Yeah.

YX: Do you feel like, yeah, do you feel your feeling changes after your cousin sisters left?

Trainee A: Yes... I think so cause usually I'd be with them and I wouldn't really be able to talk to anyone else because I'm with THEM. But now they're gone, it's a bit easier to talk to people, I think.

YX: And it was like you would sometimes you feel need to look after them, kind of, when they were here and being sick?

Trainee A: yeah, I know, I had to make myself look after them. [Laugh] I would, I want to stay with them, but as I said, I wouldn't get anything out of it if I just stayed for the whole time cause ...

YX: So normally you feel like to stay with them, but it's like if they are too shy and you actually want to know more people. It's kind of struggle... //

Trainee A: yeah, I just wanted to be different just for a while. Just try something new.

YX: The reason you wanted to be a bit different, is that like you just wanted to be a bit different or you were influenced by other people?

Trainee A: Em... well, both. I wanted, I want to be less shy, you know, I want to talk to people.

YX: And this is a very good chance you think.

Trainee A: Yes, I just saw the chance in front, I just leave them [with a firm tone] and just see what happens.

YX: That's very good, because now I feel like you can talk to anyone on this ship.

Trainee A: Yeah~ I feel so too! [laugh] Anyone just talked to me, even just on the Gone-way watch and people talked in Swedish and I was like English, and then talk to them so easy. How different I feel to talk to people. [08:05]

YX: It's like even when you come back to real life, to the ground, because like now you, just now you were talking to people on the Gone-way watch, it's like very natural thing. They are not like trainees or crew on this ship. It's like you can still be very confident and talk to them.

Trainee A: Yeah, yes.

YX: And they must think you are a very social girl.

[laugh]

YX: Yeah, that's a very big difference.

Trainee A: Very different.

YX: Like quite a few times, when I talk to people, interviewing, you know, because Trainee E sometimes annoyed people and you know, they always say 'It's so difficult to imagine, Trainee E and ME are from the same family.' I was like 'Yeah, true, it's very difficult to imagine.'

[Laugh!]

Trainee A: I don't even know Trainee E that long cause he always lives in Northern Ireland and we lived in Germany until six years ago. So I only know him six years, and I didn't speak to him for two years because... whatever happened, but his dad lives separate from his mom now, so we just got into a bit of fight with Trainee E and didn't talk to him for two years. So I only really know him for a short while again. [09:30]

YX: A short while again.

Trainee A: Like only since last Christmas, I've been talking to him again. So I don't really feel that close to him. Especially when he just leave me on my own the last time tells me he's hanging out and to leave me alone that I can talk to people without him, but I prefer to have him to talk to people.

YX: So actually even though he's kind of your relative on this ship, you don't really feel like he's someone you can rely on or you can turn to whenever you want.

Trainee A: No, I don't feel like ... I'm glad he stayed, but we don't really have so much choice. He stayed in Blyth, kept going on the ship.

YX: That's the best thing he did.

Trainee A: Yep. The only good thing.

YX: The only good thing... maybe the only thing.

[Laugh]

Trainee A: yeah. I'm glad he did so.

YX: So is that like sometimes he also tried to annoy you?

Trainee A: Yes. I actually didn't talk to him for two whole days because he annoyed me cause he... he insulted me and he wouldn't say sorry, so I didn't talk to him.

YX: But later you finally forgave him.

Trainee A: Yeah.

YX: Yeah, because actually I can see he's like trying to compensate something, he's like trying to compensate his mistake, but he's just like so difficult to say sorry to someone. Just say sorry, is that so difficult?

Trainee A: I know, he goes to everyone 'I even don't know what I did, she won't talk to me. And I'm not telling her, I'm not saying sorry cause I don't know what I did.' I was like 'Trainee E, you know exactly what you did!'

YX: Yeah, because just like last time I was talking to Trainee W, he was saying some, he quite likes Trainee E.

Trainee A: [Laugh] I know.

YX: Because he thinks Trainee E, he's the only one who says 'I quite like Trainee E.' I was like I'm so surprised, it's a good data, good information.

Trainee A: Oh, I love seeing him and Trainee E together cause, none of them could understand each other, Trainee W can't understand Trainee E and Trainee E can't understand Trainee W. And Trainee E just goes like "Yeah, you fucking basterd." And then Trainee W goes "Yeah, you fucking basterd!"

[Laugh!]

YX: It sounds like very difficult to understand their friendship.

[Keep laughing!]

Trainee A: It's so strange but ...

YX: Were you feeling like a little bit worried about Trainee E on this ship?

Trainee A: Yeah, but I think he handed a bit better than I expected, you know, take shower as an example, and he usually takes like two showers a day. And then go onto this ... well, I think he get on OK. Better than I expected, I though. [12:31]

YX: He's better than you expected.

Trainee A: En, especially seeing he actually stayed on the ship, we can actually convinced him to stay, just prove that he was actually enjoying it.

YX: Yeah.

Trainee A: It's different than what he's done, he's never been anything like this before.

YX: Ok, so it must be also something very special for him, this voyage.

Trainee A: Yeah. I've sailed before, and I sail a lot but ...//

YX: He didn't.

Trainee A: No, he's never done anything like that. He comes with us sometimes in the sailing club, started doing that really like that, invite each other on the plastic boats and stuff like that. They are actually sailing boats, but so bad when they sail, they put the sails on and they just sink.

YX: O-K-.

[Laugh!]

Trainee A: It's so strange but we don't sail them, we just park them there. It's good fun.

YX: But when you were sailing before, is that just one day sailing or something?

Trainee A: Em... Yeah, like racing as well, racing but never ...//

YX: but never like this. So do you know like we will get no signal and no wifi stuff?

Trainee A: No.

YX: NO. So do you think your parents were expecting you are gonna text them on the sea?

Trainee A: No, I don't think so.

YX: You don't think so. But how do you feel like you can't get in touch with anyone outside the ship?

Trainee A: I've never thought about that, I haven't even thought about my family, I'm just so into this ship.

YX: Oh, really.

Trainee A: This feels like my family, it feels like home. You know, home's got to be too strange.

YX: But it's like very intimate group.

Trainee A: En.

YX: And I saw so many times like girls lean on each other and hug and everything they can do. Like I feel everyone is so close to each other.

Trainee A: Yeah. Literarily close to each other in Skansen. [Laugh]

YX: yeah, tell me something about Skansen, even though it's kind of nightmare for you maybe.

Trainee A: No, it's good.

YX: It's good.

Trainee A: Cause everyone's great in Skansen, everyone is very nice.

YX: Everyone is very nice.

Trainee A: Even though it was like six of us, and if one just wanna try to sort out things, to get things, you just can't get in. Just need to get something really quickly and this doesn't happen.

[Trainee G came and sat close to us in the underdeck saloon.]

[15:00]

YX: Someone from Skansen came.

Trainee A: Stop saying bad things about Trainee E.

[Laugh!]

YX: yeah, so everyone in Skansen is very good.

Trainee A: Yeah, apart from ... some people.

YX: Apart from some people.

[Laugh!]

YX: Ok, I know too much a little bit.

Trainee A: Na, everyone is Skansen is good.

YX: I remember like the first couple of days, like you were... like it's so bad to stay here, like it's very small space. And like later, people started to chat with each other, and it gets to be like very nice place to stay, it seems to be.

Trainee A: Yeah.

YX: Yeah. And especially for you, because you can sleep with any noise.

Trainee A: [Laugh] yes! It's just a small space, and wake up in the morning and hit yourself off everything. Yeah, that's the only bad thing about Skansen. Everything else is great.

YX: And you've got people from England, from Sweden stay in the same place. And ... did you feel any kind of difference from their cultural backgrounds?

Trainee A: Em... yeah, I think yeah, they did things differently, and...

YX: they did things differently?

Trainee A: Yeah, they did things differently; they eat differently; everything is a bit different.

YX: But in terms of like talking to each other and be friends with each other?

Trainee A: I don't know. Cause I don't usually talk to people [laugh]. But getting to know them and starting to talk with them is definitely easier than at home.

YX: Yeah, do you feel sometimes some people is difficult to understand on this boat?

Trainee A: ... apart from Trainee E, no.

YX: apart from Trainee E, no. Oh, that's a sad story. [Laugh!]

Trainee A: I've got to know Celine's accent so I can understand them.

YX: yeah, is there any case like some Swedish trainees they unconsciously speak Swedish ...//

Trainee A: Yes! Trainee M... [Laugh] it's just in the middle of a conversation yesterday, deep conversation.

YX: Deep conversation, I saw that deep conversation quite a long time.

Trainee A: I know, he just started to talk in SWEDISH~ And I looked at him and he just didn't really like "What's wrong with you?"

YX: "What's wrong with you?"

Trainee A: "You just didn't notice?" "What?"

YX: "Respond me, respond me!"

Trainee A: And then he just, I can't believe it he didn't even notice that he started to talk in Swedish [Laugh].

YX: How do you feel that? How do you feel that when Trainee M started to talk Swedish to you?

Trainee A: I was a bit strange like, did he do this on purpose, or did he just not notice that?

YX: But apparently from your description, he didn't notice that.

Trainee A: No! He didn't notice that.

YX: Then what's your, what did you say to him?

Trainee A: I started talking in German actually.

YX: Oh, really, is that you talk in German.

[Laugh!]

Trainee A: I started talking in German cause, yeah... to confuse him.

YX: Haha, to confuse him, it's a good strategy, I like it. And then?

Trainee A: Then we just laughed I think. And started talking in English again.

YX: That's actually.../do you think it's kind of a good signal or bad signal?

Trainee A: I think it's good.

YX: It's good.

Trainee A: I think it means that comfortable talking to each other I think.

YX: comfortable talking to each other. Like he just forgot your nationality.

Trainee A: Yeah.

YX: He forgot you are from somewhere out of Sweden.

Trainee A: Yes!

YX: So it's actually quite sweet kind of... quite comfortable feeling.

Trainee A: En, yes, that's how I would explain I think.

YX: Maybe he's just lying on bed because he's always lying on bed, but that's fine.
[Trainee M's bedding area is just two meters away from the saloon and it's an open space, if he's lying on bed, he would be able to hear the whole conversation.] Is there anyone else do you think speak Swedish to you?

Trainee A: ... I don't think anyone else has.

YX: This case is like very memorable case.

Trainee A: [Laugh] Trainee P started talking in Swedish yesterday but she just couldn't speak English any more. At first everyone on the table were playing cards and she just like GIVE UP, "I'm not talking English anymore." And she just started talking in Swedish. So I started talking in German. So everyone on the table was just talking in their own languages.

[Laugh]

YX: everyone became very messy.

Trainee A: Yeah, no one know what anyone was doing.

YX: But it's very fun.

Trainee A: Yeah.

YX: And how do you feel like sail with people? Because I know you were waked up at half three.

Trainee A: yeah, that was the hard part.

YX: that was the hard part.

Trainee A: Yeah, but everything, even that was fun, you know, exciting to get up in the darkness and everyone else is sleeping. Waking up together and ...

YX: And everyone is very sleepy.

Trainee A: yeah, everyone up on deck was just “Oh~” [she pretended to droop her head to present how her watch mates looked like.], try their best to stay awake. Even all the, the hard, I don’t think they are bad. You know, when you think about them, they are just nice and ...

YX: sweet memory. And you can see the sunrise so many times.

Trainee A: yeah.

YX: How do you feel when you see the sunrise?

Trainee A: Em... I don’t know, it’s funny to see the sun rise after it already been bright. You know, you expect that the sunrise brings light. But it’s already bright, and then the sun rises. It’s been... it’s very nice. Taking lots of photos, of course.

YX: Did you climb the mast finally?

Trainee A: yeah, I did climb the mast, and I climb the mast on...//

YX: The bow?

Trainee A: the bow, no, I mean the Norwegian ship Christiane.

YX: Well, how do you feel climbing the mast? It must be something special.

Trainee A: It did feel special, but I was scared at first, I thought “Oh god, I’m not gonna be able to do this!” cause I’m so clumsy and... [laugh]

YX: So this is the first time.

Trainee A: I just let it go, you know, “Oh, wow, look at that!” I thought it would be like that, but I got up there and it Sea staff G is like “Do you wanna go further?” “Yeah, I feel like, I feel good. I feel OK.” And then I got up there and I still think “yeah, I can go EVEN higher.” And I went higher on the first yard and I was like “Yeah, this is, this is good.”

YX: Oh, that’s really cool.

Trainee A: And now I feel everything is very nice.

YX: So you are not afraid of height?

Trainee A: No, just afraid of falling. I think everyone thinks so.

YX: Yeah. Like now when you think back, you have made it to climb the mast so high, how do you feel like that? Will you share this with your parents?

Trainee A: yeah, I feel... feel better cause I did it. Cause I was thinking “Will I do it? Will I not do it?” But now I have done that, I feel “Yes, I can do this.” So I can do something else I think. “Well, I did THAT! I can do it!”

YX: Yeah, you can do it, like not so many people have done that, so it's like more confident.

Trainee A: Yeah~ I'll be more confident to do anything than I did earlier, thinking that I can do it, think of the mast.

YX: That's true, that's true. And I was thinking if you wanna, like during the whole voyage, what do you think is your favourite part of this voyage?

Trainee A: Like a single part or ...

YX: Yeah, single part, do you have? Can you find a single part?

Trainee A: Favourite memory, I will say everyone talking. It's the second day I think.

YX: En.

Trainee A: It was like 5 o'clock in the morning or something. It was dark and everyone sat in our watch up on the, the hatch. And we were telling our life stories. And Trainee G started telling up about his bat. His pet bat.

YX: Now everyone knows that know.

Trainee A: Yes! But Trainee E wasn't there for the talk, and then when he, he came later on, and I said, "Oh, yeah, Trainee G has a bat!" And Trainee E just said "Where do you buy a bat?" [Laugh] and... and Trainee G said "You don't buy it, but you found a broken one!" [Keep laughing]

YX: What does that mean? What does that mean?

Trainee A: Cause... his dad found an injured one and brought it home, so he got a "broken one". [Can't stop laughing.] And everyone just started laughing about it. I think everyone has written that sentence in their diary, Trainee P had written in their diary, and everyone just wrote that in their phone or something. That sentence just can't be forgotten.

YX: Why is it so funny?

Trainee A: It's just the moment and...

YX: Is that he's trying to say that in Irish accent?

Trainee A: yes!

YX: yes. Because I remember there's once they are even playing the same joke here.

Trainee A: yeah.

YX: And everyone laugh again, like trying to imitate Trainee G's Irish accent to say this sentence. Like everyone is like so happy and I was like "What happened, what's happening? There's something I have missed!"

[Laugh!][25:17]

Trainee A: Yeah, I know.

YX: Yeah, and everyone is very happy, and after that, like how do you feel? Because like everyone is so joyful after that.

Trainee A: It was just, it was funny. I won't let myself forget it.

YX: Then you have kind of group memory.

Trainee A: yeah.

YX: It's kind of very special, you remember at that moment...//

Trainee A: Yeah. That sentence, that moment.

YX: That sentence.

Trainee A: Yeah.

YX: Trainee G, and Trainee E, and bat.

Trainee A: It's just the way, it's just the way he came and just say "Where do you buy a bat?" [Laugh] "You don't buy a bat, you found a broken one!"

[Laugh!]

YX: Just can't stop laughing.

Trainee A: No.

YX: And actually Trainee G is also .../he changed a lot in this voyage.

Trainee A: yeah. He was, he said he was quiet as well before the voyage. He wouldn't talk to people around.

YX: Yeah, and now he's quite talkative.

Trainee A: Yeah, you just can't stop him talking. [Laugh]

YX: Yeah, it's like kind of quite magic I feel.

Trainee A: yeah.

YX: Yeah... What do you think you've learned from other cultures? Like some Swedish culture, did you pick up some Swedish language?

Trainee A: Arli-gu-e le [26:50]

YX: Arli-gu-e le... we were so suffered from Trainee E.

[laugh]

Trainee A: [Unclear]

YX: Oh, like yesterday, yesterday the dinner, the party was very good. Do you have such kind of...?

Trainee A: Not really, we don't really have anything like that.

YX: Oh, there's something, something, this ship like very suits you because it's a kind of vegetarian ship.

Trainee A: Yeah.

YX: Do you feel quite surprised? How do you feel when you know there're quite much vegetarian people on this ship?

Trainee A: It feels different because you don't really get to know a lot of vegetarian people in Ireland. I don't know [Voice was covered by abrupt background

noise.] I think I know three people are vegetarian in Ireland, and I don't know any vegans.

YX: And suddenly you know so many.

[28:03]

Trainee A: Yeah, full of the boat.

YX: And have you talked to them?

Trainee A: I've talked to ... Sea staff G and Trainee Z. I didn't talk to anyone else about vegetarian.

YX: What did you say about this?

Trainee A: I don't know, just talk to them why, why they are vegetarian.

YX: Are their reasons the same to yours?

Trainee A: pretty much yeah.

YX: Pretty much the same. Then how do you feel when you find more vegetarians?

Trainee A: It's just when you talk about it to people, like you are vegetarian, but they just don't get what you get, they just don't understand, they don't get it. And then finally speak to someone who understand. You are like "OH~YES! Exactly!"

YX: EXACTLY, I found the right person to talk to. Yeah, so you must feel like you feeling has been understood, like ... like so right.

Trainee A: Yeah, YES! It's like not just me that thinks that way. Yeah.

YX: So is that kind of, like the same catering habit will make you feel like people are closer to you?

Trainee A: yeah, it makes me feel a bit ... more normal or so, I think.

YX: Like "Oh, we are in the same group."

Trainee A: yeah, yeah, you feel so different in Ireland cause you know, barely know anyone that's vegetarian.

[Sea Staff E was not far away, she heard this part of our interview and then she raised up a question to ME.]

Sea Staff E: You don't know many vegetarians in Ireland?

Trainee A: Two I think. Yeah, there's not a lot of ...

Sea Staff E: Half my friends are vegetarians.

YX: Half your friends are...//

Sea Staff E: No, maybe not half, quite a few, quite a few.

YX: Quite a few, like I'm also quite surprised like so many people on this ship they are vegetarian. And I feel myself is quite influenced by this. I'm thinking of trying to, to do this like at least trying for a couple of months and see how things goes.

Trainee A: Yeah, you should have a try.

Sea Staff E: Yeah, it's really nice. And also people tend to think "I'm a meat eater, I eat meat every day." or "I'm a vegetarian. I would never ever go to touch meat." There's so much in between, you can have meat once a week, once a month, twice a week. It'll still make a difference.

YX: What about you, like do you like occasionally eat some meat. [Towards Sea Staff E]

Sea Staff E: I eat fish on Midsummer Eve, so once a year. Especially they make something herring, so I like it so much, I eat that in the summer. Other than that, I don't eat anything. But I mean if I happen to have a piece, or if something is offered to me and I just want to try a piece. That's fine, I'm not that super strict about it.

YX: That makes sense. [Towards ME] Do you occasionally eat...//

Trainee A: No, I never eat.

YX: Never eat, anything.

Trainee A: I don't plan to do it.

YX: so since when you've been a vegan?

Trainee A: Vegan, four years now, I think. But I'm always vegetarian.

YX: But you are always a vegetarian. Yeah, you have like, like shown really good, kind of things so this makes me think quite a lot about eating because there are so many choices of vegetables.

Trainee A: Yeah, and tofu, and soya as well that you can get instead of meat. Em... ???[31:39] it's not vegan, but it's vegetarian, you can get like pretty much every meat replaced...

YX: Yeah, that's true, I really wanna have a try.

Trainee A: yeah, you should, if it doesn't go well, then doesn't go well, but at least you tried.

YX: yeah, at least cut down the amount.

Trainee A: Yeah~

YX: And maybe start from once a week.

Trainee A: yeah, just do it slowly and slowly. You just don't need to do it completely.

YX: It's quite surprised that Trainee E is vegetarian... and I mean, I feel like being vegetarian, you need to be quite self-disciplined.

Trainee A: So even as children, if we are, like even from 4 years old everyone at school or something, and then we get like cake or something, like anything jelly sweets, we always bring them home to check if they are vegetarian.
[Laugh]

YX: Ah~ that's actually really good.

Trainee A: yeah, we don't touch anything until we know it's vegetarian.

YX: that's really good, it's kind of you try to discipline yourself when you are very very young.

Trainee A: Yeah.

YX: I think it's a very good thing, for like children and education thing. Like start from a candy.

Trainee A: Yeah.

YX: And do you know this is a vegetarian ship before you get on board.

Trainee A: En, I did.

YX: You did.

Trainee A: Cause it's said on the website.

YX: said on the website.

Trainee A: En, I found that the day before we went or something. I was like "Oh~ yeah~ cool!"

YX: "Oh~ yeah~ cool!"

Trainee A: It's a side.

YX: Did you tell some Irish culture to the trainees on the ship.

Trainee A: Yeah, to multiple people and to the chefs. And Trainee E sort of over exaggerate the war and people being so bad in Northern Ireland.

YX: And then you try to tell people that's not so...//

Trainee A: It is bad, but not that bad. [Laugh] Even though we live in different places and his place is obviously a lot worse, but still ... it's not that...seem like monsters. [Laugh][34:06]

YX: So have you ever, like when you talk to people, do you some people have kind of stereotype on Irish people.

Trainee A: [Laugh] Now they do... from Trainee E.

YX: [laugh] From Trainee E, now they do. But from you, they can break this kind of stereotype, can they?

Trainee A: I'm not really that Irish, though. I only really live there ...

YX: That's true, that is true. And I saw a couple of times you speak German to, with Trainee BB.

Trainee A: Yes.

YX: Is that she, she can speak...

Trainee A: She speaks German yeah.

YX: Is often she approach you and try to speak German?

Trainee A: yeah, yeah, she found it difficult cause she's not, you know, it's not really her language and I'm trying to speak as slow as possible. Cause usually I speak really really fast.

YX: You speak really really fast. Yeah, I heard German is a very difficult language to learn.

Trainee A: But now it's been my first language so ...

YX: You first language. Yeah, it's just like people always say Chinese is the most difficult language, I don't know because that's my first language. But how do you feel when Trainee BB speak German to you?

Trainee A: Feel so much more comfortable to speak in that language. And it's kind of sad when you see like Trainee P's like "I can't speak English anymore." Then she speaks Swedish, her own language again. And everyone else, when they go home, they can speak their own language, but when I go home, I still have to stay with English. Which is a bit...

YX: So...

Trainee A: Just makes me think "Oh, I can't go home and speak my own language."

YX: So I remember the most maybe, the most pity thing like your cousin sisters they have left is that you can't speak very fast German to anyone then.

Trainee A: German, yes.

YX: That's the one you miss.

Trainee A: yeah, speaking with Trainee BB, it's more like teaching her German, instead of just speaking to her, you know, it's like "How to say this" "How to say that"... you know.

YX: More like teaching.

Trainee A: yeah, more teaching.

[Trainee E came downstairs with grunt to the underdeck saloon.]

Trainee A: Oh, Trainee E. [Laugh]

YX: Oh, Trainee E. Surprisingly, he appeared. That's almost everything. That's a very nice chat. Thank you.

Trainee A: Thank you.

10) Individual interview 9: With Trainee Q

Participants: Trainee Q

Date: 2016/08/31

Location: Deck of Vega Gamleby

Time: 1:34 pm

YX: refers to the researcher

Before I started recording our conversation, Trainee Q told me her application for a job was announced as successful during the voyage, similar with Trainee X.

YX: Oh, it was like so similar with Trainee X.

Trainee Q: Yeah, yeah, yeah, as well. So it's kind of ...

YX: Yeah, it's so excited! So you get a call?

Trainee Q: En.

YX: So you applied before?

Trainee Q: Yeah.

YX: When did you applied?

Trainee Q: Two months ago. So I thought I didn't make it. But they called, I think there's something with the semester or something in the holiday, summer holiday. So I think that's why it was delayed.

YX: Did you apply for a job? What kind of application it is?

Trainee Q: Em... it's building masts for boats, yachts, not this kind of big boats but yachts only, so it's a production company.

YX: for what?

Trainee Q: Building masts.

[I asked ON to write down the word she said.]

Trainee Q: Like for yachts, and stuff like that. So it's a company called Selden.

YX: It's a company called ...?

Trainee Q: Selden??

YX: I probably won't mention the name of the company, but I can Google it.

Trainee Q: They also, they do a lot of stuffs for boats and something like that.

YX: Yep, but what are you going to do then in the company?

Trainee Q: I don't really know yet. [laugh] But I'm probably going to gather everything that needs to be built, or help with building. It's in the production.

YX: Like in the production department.

Trainee Q: yes.

YX: Is everyone go to the school they will work for something about boats and ...

Trainee Q: No, no, no. Not everyone. But I think everyone, like more people do it because they are used to, they like the boat life, like ...//

YX: Because they like the boat experience.

Trainee Q: Yeah, exactly. So I think that it's more likely that people from my school do continue to work on something in accordance to boats and ... So I think it's more likely that they do but...

YX: But not everyone.

Trainee Q: not everyone.

YX: Then what, what, what, how did you know about this voyage?

Trainee Q: Em... it's circled around by my friends, and they all applied, and then they were like 'ON, you should apply as well.' And then I did, I didn't think I could like asked to be a volunteer as Trainee Z did. If I knew that, I would have done that instead, I think... Yeah, I found out this by my friends and they, one got through on Thalassa, but otherwise it was only me. [3: 30]

YX: Oh, really?

Trainee Q: Yeah. So I was picked.

YX: So it's not like everyone wants to go they can go.

Trainee Q: No, no. Not at all.

YX: So when you apply for this chance, is that like what you mentioned, the most important reason you applied for this voyage is because of the race [She mentioned this to me before].

Trainee Q: YEAH!

YX: Yeah, because you are quite confident about your sailing skills.

[laugh]

Trainee Q: Well, I don't know, it's always fun, I, I want to try to race big boats, because I only raced with like dinghies.

YX: Oh, you raced with dinghies?

Trainee Q: Yeah, I did a lot when I was younger, but not so much now. Now I only teach.

YX: Now you are teaching dinghies.

Trainee Q: Yeah.

YX: Like what kind of teaching?

Trainee Q: It's both in the summer and Sundays in the week, in the week after the children get off school and something like that they can... it's more like close to football training, like sail training.

YX: That's really cool.

Trainee Q: So I teach as the best as I could. Hahaha... yeah.

YX: So after you get on board, do you think it's like something you expected, like tall ship sailing.

Trainee Q: Yeah, it is.

YX: So you have imagined it will be like this?

Trainee Q: I think em... I'm more.../on Gunnilla there were more rules, and this is more loose like. Well, we don't know really what's gonna happen. So I like it but I'm not used it, I'm used to have like a strict schedule, you have like more schedule and like more planning than now. I thought it would be more like that. I like this one cause it feels like, we just let the happy things happen, sort of. And I like that side of thinking.

YX: Yeah, so like you have said there will be more classmates on Gunnilla and all people speaking Swedish.

Trainee Q: Yeah, I know of one more, but she's on Thalassa but I don't know any more, but there could be more from the school, but I don't know everyone that go to the school so I didn't know Trainee N would be here, and Trainee Z as well so it could be more people.

YX: but do you feel it's quite different like the life on this boat, like except the freedom part.

Trainee Q: Yeah, it does.

YX: Because like on the way we came, actually we were not racing yet, just like practicing and everything, things you may have been very familiar with.

Trainee Q: Yeah, yeah.

YX: And so I think you and Trainee N would be two exceptions like if some people say they learned a lot sailing, sailing must be the least thing you have learned from this voyage.

Trainee Q: I learned, no, when we started the race, the real race, I learned a lot more about trimming.

YX: About trimming?

Trainee Q: Yeah, like you know, about adjust to make it go faster. There were some ...

YX: How to spell trimming?

Trainee Q: Trimming. T-r-i-m-m-e-n-g. Like that, I don't know.

YX: So in this voyage you mean?

ON: Yeah, I knew, we learned a little bit on Gunnilla but I learned more here, so you can always learn a lot more than you know. I actually have learned a lot about it.

YX: So what about the intercultural part? What do you think is quite interesting for you?

Trainee Q: I think it's about how people like, how we can interact with each other so good!

YX: So good?

Trainee Q: Yeah, cause I feel like we are getting so much closer because we're only here for maybe a week, maybe a little bit more than a week now. So it's good that we become so close on this short time, even though we are from different nationalities. [08:58]

YX: And especially the people live with you in the small Skansen.

Trainee Q: [laugh] yes, exactly.

YX: I remember like the first couple of days you were like saying 'Oh my god, it's not even a bed.' But later you found that, you gradually started chatting with each other and found it like very good atmosphere in it.

Trainee Q: Yeah, I did.

YX: So what do you think make this change happen very quickly?

Trainee Q: You, I think when you get to know another person, everything gets easier.

YX: people on your same watch.

Trainee Q: Yeah, exactly. Someone with you like all the time. But it's good actually because then you get to know how they are all the time, and how they interact .../ cause then you see both the bad sides and the good sides when you are with them like so often and then you learn how to ...// [10: 28]

YX: Because like you have so limited space, it's very difficult to hide anything.

Trainee Q: Yes, exactly.

YX: Then you know how to interact with them better?

Trainee Q: En!

YX: And do you thing some of their bad parts are sometimes annoying?

Trainee Q: Sometimes I do, but I think everyone has been a little bit grumpy. I feel like everyone has been a little bit grumpy later, lately, I mean. [11:05]

YX: Lately, like everyone is very tired.

Trainee Q: Yeah, so I've been like that as well. But now I don't think... so much about the bad side, I think more about like.../yeah, I don't know. I try not to think about the bad side.

[Paused for 45 seconds]

YX: Have you ever talked to someone, British or Irish trainees about their country or something?

Trainee Q: En, yeah, Trainee D has told me a LOT about her country.

[Trainee D passed by "Better not, better not insult my culture." Played jokes on our conversation]

YX: Do you think you learn more about...//

Trainee Q: Yeah, yeah, yeah, definitely. There's much things I didn't know before I came here, about both the UK and Ireland.

YX: Do you think what's the biggest, like a couple of the biggest things you learned from them?

Trainee Q: Em... more about how the people are, they explained a lot about how the people are in the country. Yeah, I learned a lot about the relation between Northern Ireland and the UK.

YX: Yeah, me too.

[Somehow other people heard our conversation and started to join the chat.]

Trainee H [Northern Irish boy]: well, you need to be careful...I'm, I'm peaceful.

Trainee D [Northern Irish girl]: Where are you from again? [Laugh]

Trainee N: Trainee E was like "Don't say I'm English, I'm from Ireland."

Trainee H: We just say we are from Belfast...//

Trainee D: to avoid kind of conflict.

Trainee H: yeah, well, you need to be very careful by asking a Northern Irish people if they are Irish or English.

YX: Well, yeah, that's a very tricky thing. I remember the first day when we came here, Swedish people and British people were, they can't stop talking about Brexit. It's also interesting. But like a couple of days later, they stopped talking about this because their interests come into some other topics.

Trainee Q and Trainee H: En, yeah.

[15:04]

YX: Did you learn anything new about this topic?

Trainee H: One topic about Northern Ireland with Brexit is that we ... [Towards Trainee D] "Trainee D, did you get an Irish passport?"

Trainee D: No, I need to get one.

Trainee H: No, so if you are born in Northern Ireland, you are entitled...//

Trainee D: if you are born in anywhere of Northern Ireland, you are entitled to get an Irish passport. That's why when we found out we were leaving, everyone with an Irish passport was like 'Shit, I'm not going to wait in the big long line, I'm still going the EU one.'

Trainee H: Yeah, so you have a British AND an Irish passport.

YX: So even Northern Irish people they can get an Irish passport? Wow, that's really cool.

Trainee H: Yeah.

Trainee D: So that makes everyone leaves EU waiting frustrated in the line and we are like "See ya!"

[laugh]

Trainee Q: yeah, stuff like that... every day. [laugh]

YX: Do you feel like you've, just like what people said in the focus group, like someone they can't really aware this like change or development in the voyage, they should be discovered a bit later in their life actually. So actually sometimes it's quite difficult to ask people "how do you feel your change?" "It's so difficult to feel my change, because that's me. And sometimes it has to be found or reminded by people around you.'

Trainee Q: yeah.

YX: So is that like you're going to work directly after this voyage?

Trainee Q: yes, I'm gonna...//

YX: When did you reply them?

Trainee Q: In Skagen. Hahaha...

YX: Oh, you replied them in Skagen? So you get their call in Skagen?

Trainee Q: Yeah.

YX: Wow, it's like so... if it's one day later you can't receive the call.

Trainee Q: YEAH~ Exactly!

YX: Oh, that's so cool! So and then you answered them to say "Yes!"

Trainee Q: yeah, exactly.

YX: Did they say when you should go to work?

Trainee Q: Em, 7th of September. So it's quite close.

YX: It's like soon after.

Trainee Q: Yeah, it's soon after.

[18: 06]

Trainee Q: So it's quick.

YX: Yeah, anyway, it's really quick. You even don't have any time to prepare. Anyway, it's just like end this voyage and start your new life.

Trainee Q: [laugh] yeah, exactly. It's gonna be fun.

YX: It's gonna be fun. If I can make it to interview you a bit later, you must have been an office lady already. It's such a big change! If you are gonna invite someone to interview with you, do you think who's gonna be the person like best discover your change? Would you say one of your friends or your parents?

Trainee Q: Probably my sister.

YX: your sister?

Trainee Q: yeah, I think so.

YX: Is she your sibling sister?

Trainee Q: Yeah, she's my older sister. She's older than me.

YX: Are you like very close to each other?

Trainee Q: Yeah, we are very close.

YX: Is it like, like siblings in Sweden they are always quite close to each other?

Trainee Q: I don't really know if they are that close to each other but me and my sisters are. But I don't think.../ I think it's very different from each family. It can be very different.

YX: yeah, because I see like Trainee V and Trainee Z they are quite close. They can play with anything, so they seem to be very close.

Trainee Q: yeah.

YX: So you may invite, if we're gonna invite someone else, you may invite your older sister?

Trainee Q: yeah.

YX: En, that's nice. Yeah, maybe I'll ask you in October or something and say 'Excuse me, office lady ON, can you check your schedule, do you have any time in November or...' yeah you have to check your schedule at that time. 'Oh my god, I'm so busy in December, I need to have a double check.' or something. It's gonna be so interesting.

[Laugh]

Trainee Q: It's gonna be fun, it's a kind of adventure as well.

YX: Yeah, it's gonna be adventure, I quite look forward to that.

Trainee Q: Yeah, yeah, me too.

11) Individual interview 10: With Trainee S

Participants: Trainee S (Sea staff N as a guest appearance at the later 1/3 conversation)

Date: 2016/08/29

Location: Deck of Vega Gamleby

Time: 9:19 pm

YX: refers to the researcher

YX: Do you feel you really like sailing now?

TRAINEE S: Yeah, but I really like sailing before, so...+

YX: You really like sailing before.

TRAINEE S: yeah, as well, but I like, I think I, maybe I even liked it more now. I don't know.

YX: So you sailed before?

TRAINEE S: yeah, but just, you know, like small family boats, with my family, or mostly with my dad.

YX: So it's like quite different from this kind of tall ship.

TRAINEE S: yeah, VERY different.

YX: Very different. Which one is more interesting, for you?

TRAINEE S: I would say this is more fun.

YX: This is more fun.

TRAINEE S: VERY much more fun. And... yeah, it's like much more to learn on this ship as well.

YX: En, some of my friends they sailed on a tall ship and they wanna be working on a tall ship then, I think it's a quite big decision for them.

TRAINEE S: Yeah, but, yeah, so are they.../where are they from?

YX: Em... there's one from Belgium, he's now working as an engineer on a tall ship. And another one is from Malta.

TRAINEE S: Malta?

YX: En.

TRAINEE S: That's cool.

YX: She went to a kind of sailing school and got certificated, her dream is to be a first mate on a ship.

TRAINEE S: Yeah, that will be really cool. So I was thinking of becoming, I want to do something on the sea.

YX: Like what?

TRAINEE S: Like my current plan is to study sea captain in Gothenburg.

YX: wow.

TRAINEE S: then you will be like on the, how would we say that, you would be on tankers that just go with the containers, and really long trips.

YX: Is that your plan before you come here?

TRAINEE S: Yeah, but I think that's still my plan. But before I go and study that cause that's four years at the university.

YX: Yeah, it's quite a long time.

TRAINEE S: But then you can do like, you can do one year, and you have the, with just one year, you got some time at sea.

YX: Ah, like practice.

TRAINEE S: And you have course so that you will still get some jobs to take one or two years off, and being working on, for example, tall ships or something. And then you can continue with the education.

YX: So are you in the college now?

TRAINEE S: No, I just graduated from the high school. [3:28].

YX: So is it like after this voyage you are gonna almost start the college?

TRAINEE S: No, after this voyage, I'm going to work for a while.

YX: Like kind of gap year.

TRAINEE S: yeah, exactly.

YX: yeah, that's cool.

TRAINEE S: yeah, that's cool, it will be really fun.

[Being silent for 1 minutes]

YX: Is there any friends know you come to this voyage?

TRAINEE S: My friends know I'm here?

YX: Yeah.

[5:00]

TRAINEE S: yeah, yeah, yeah, all of them know I'm here.

YX: Oh really, they must very look forward you to go back and share some experience with them.

TRAINEE S: Yeah, but I tried to, to bring some of my friends, to make them like ... damn, my English is terrible right now... try to get a spot on the boat

YX: A spot?

TRAINEE S: Like to try to get on the boat with me, like to the application to get on the boat.

YX: yeah.

TRAINEE S: But no one... my friends aren't like really into sailing, so they, they don't want to. It's also kind of sad. But then I think that there're a lot of benefits with going by yourself as well. Then you get to practice your social skills a bit more.

YX: yeah, well, you are quite sociable.

TRAINEE S: Thank you~ ... but I have done like sort of this before cause I've been living in Kenya for one and a half years.

YX: Kenya?

TRAINEE S: Yeah. The Swedish school in Kenya. And the second year there, I was.../like I went one year with my best friend, and then he graduated, then I had one year left, so then I went one half year by myself.

YX: One and a half year by yourself?

TRAINEE S: Half year.

YX: Wow. [6:36] so only by yourself?

TRAINEE S: Yeah. But I lived at the school with others. But like I went there without knowing anyone. [06:46]

YX: That's a very big challenge then.

TRAINEE S: Yeah, I was a bit nervous.

YX: Do they speak the same language?

TRAINEE S: Yes, it's Swedish.

YX: Ok, so that's kind of better.

TRAINEE S: Kind of. I guess so. Yeah, I'm thinking we are getting somewhere I think.

YX: Did your parents know you come here?

TRAINEE S: Yeah, I live at home, I'm just 20 years old.

YX: En, en, do you think they will get kind of worried about you.

TRAINEE S: Well, dad has been very much on the sea.

YX: Very much on the sea.

TRAINEE S: Yeah, and worked on the boat, small boats. So he's like really happy I'm here. And I've been at sea with him quite a lot as well. But mum is just, as usual, she's quite worried, but that I have been in that like really dangerous city and I managed that, so she's like, she's used to me being [Unclear][8:13]

YX: Used to you being too wild.

TRAINEE S: No, not too wild, but being like yeah, she was a bit worried when I was a kid... You have been travelled quite a lot yourself, right?

YX: yeah, I also, I'm very curious about the outside world. [Laugh]

TRAINEE S: yes. I'm guessing that Swedish culture is very different from Chinese, right?

YX: Yeah, I think so.

TRAINEE S: And what would you say as the biggest difference?

YX: The biggest difference.

TRAINEE S: Between our cultures.

YX: Em... I haven't like known Swedish culture very well yet, but from what I know, is like Sweden they really try to have kind of gender equality.

TRAINEE S: Yeah~ you don't do that?

YX: em... we, we, we do that, we try to do that but not as good as Sweden.

TRAINEE S: No. I think we are one of the like best in the world.

YX: Best in the world, yeah.

TRAINEE S: I think, at the moment.

YX: I think so too.

TRAINEE S: But then we still have, even in Sweden we have a really long way to GO. Like when compared to the world, we are quite good. But compared to how we want to be, or how we should be, there's still a long way to go.

YX: Yeah. But you have been very good, and been like role model for many countries already.

[10:00]

TRAINEE S: Yeah, yeah. So that's good, but there's still a long way to go. I think it's good actually to be equal.

YX: Like the actual equal.

TRAINEE S: yeah.

YX: I've got a small question, and about kind of Swedish habits or Swedish tradition, I don't know, it was like in this voyage I notice like some girls they can be very quickly to be intimate and they can have very intimate physical interaction.

TRAINEE S: You mean like hugging and stuff?

YX: Like hugs or lean on the legs, or something, and so do boys. Like...//

TRAINEE S: yeah.

YX: Yeah, is that like very common in, in...//

TRAINEE S: Well, between me and my friends, we are quite PHYSICAL intimate. But I know a lot of friend groups they were not like that. It's more like...

YX: Ah, so it still depends.

TRAINEE S: yeah. But so I guess that's ... but mostly I think when you like...

YX: become close.

TRAINEE S: yeah.

YX: you will have kind of ...//

TRAINEE S: It's like showing you are comfortable with each other so that you can hug and stuff. [11:30]

YX: I think that's also one difference from like our Asian culture.

TRAINEE S: You are not that intimate?

YX: intimate, yeah, em... I would say yeah, like especially boys, they are not, they will not very quickly, or they don't usually for example sometimes you hug someone or someone hug from the back side. It looks like very cheesy.

TRAINEE S: So it will be like, how was it in China with homosexuality and bisexuality and stuff? Is that like accepted or is it like taboo?

YX: em... it's not, it's not legal.

TRAINEE S: It's not even legal.

YX: How to say, it's not illegal, but it's like we don't have kind of law to protect these people, they can't get married.

TRAINEE S: So if they are exposed, then they are ... How would you say, can you compare with the situation in Russia?

[Sea staff N was sitting around and he joined this discussion somehow.]

Sea staff N: No, no, no, it's different.

YX: It's actually quite different.

Sea staff N: Because in Russia it's illegal. But in China they don't...//

TRAINEE S: But in Russia it's not illegal to BE homosexual, it's just illegal to do ...//

Sea staff N: To practice it. So it's the same.

TRAINEE S: No, actually to do homosexual propaganda, that's illegal in Russia, not to actually BE homosexual or bisexual... cause I actually have a friend of mine who move to Russia like a week ago to study in St. Petersburg. That's actually the situation that it's just illegal to do propaganda, but the one who decides what's propaganda or not is the government, so it's like really really hard to know what you can do or not.

YX: I think there are groups like they quite support homosexual group in China. And there are kind of Feminism group as well. It's just like, I think it's more like some of the community, they don't, they can't accept this because of old thoughts.

TRAINEE S: Yeah, China is quite conservative.

YX: En?

TRAINEE S: Quite conservative.

YX: We can say some of the Chinese they are quite conservative, because we can't say everyone. [Laugh]

TRAINEE S: no, no, no, exactly. Cause I mean in the, in Kenya, they are actually illegal to be homosexual.

YX: Is that like they will be caught?

TRAINEE S: Yeah, if you got like someone calls you out and being, if there's like proofs as you are homosexual. But then Kenya is very corrupt. The government is VERY very corrupt. So, so like you can't really trust anyone if you are poor and go up against with someone with a lot of money. You will lose no matter what...+

YX: That's true.

TRAINEE S: Cause you can buy your way through everything.

[15:16]

YX: Oh, that's really bad.

TRAINEE S: Yes, and Kenya is like really upfront if compare it to most other African countries. Cause Kenya, South Africa, Egypt, Tanzania, and like Uganda. It's like, it's gonna quite good they are like close to becoming industrial counties, they are like developed countries.

YX: More developed.

TRAINEE S: They will be look like countries like maybe Sudan, or Somalia, or Congo. Really big differences... yeah.

YX: I think western, European people, most of them, if they haven't been in China, they would have like quite big stereotype.

TRAINEE S: yeah~

Sea staff N: Absolutely.

TRAINEE S: yeah, I think I have that, haha... [With a wee embarrassed smile on his face]

YX: Yeah, I understand.

TRAINEE S: You have to kill me from those.

YX: No, no, I won't.

Sea staff N: Chinese, so many differences.

YX: I have been, I have been so used to that. Because people will ask me like different very strange and weird questions. I would say 'No, that's not, China...'

TRAINEE S: Will you be offended, or will you like...?

YX: some, at the first time, like when I was first asked this kind of questions. I would feel like 'Oh my god, why do you have this kind of impression on China?' but gradually I started to understand because like the videos on YouTube, or like the mass media, they are like kind of ...//

Sea staff N: You have your own culture, you have your QQ, and all that stuff you use.

YX: Yeah, em... no, it's like it's kind of unavoidable because European people they were sometimes misled by the media, and yeah, and things like that. Just like

in China, you know, because of the war, so many Chinese people they have stereotype towards Japanese people even though they haven't met any Japanese people, they will think 'Japanese people they are not good.'

TRAINEE S: But the relation is still really bad.

YX: You mean among people?

TRAINEE S: Among Chinese and Japanese people.

YX: I couldn't say they are still really bad, like me, I have quite a few Japanese friends and we get along well with each other.

TRAINEE S: But if you take like the average Chinese person, and his or her view on Japanese people.

YX: Em... it's very difficult to take a very average Chinese person, probably like older generations especially those victims' generation of the war, they will like have worse, worse impression on Japanese people. Like I have got a friend, his sister lives in Nanjing, do you know Nanjing? It's a city in China.

TRAINEE S: Nanqin?

YX: Nanjing.

TRAINEE S: Not yet.

YX: Japanese people used to kill loads and loads of Chinese people there.

TRAINEE S: Was there where the massacre was? Where they got cutting down people on the street with sword?

YX: yeah. That's the city.

TRAINEE S: During Second World War.

YX: During Second World War. Yeah, it's like really bad. So most old generation live in Nanjing they really hate Japanese people. So my friend's sister's parents didn't allow her to go to Japan to further her study, because they hate Japan.

TRAINEE S: Yeah.

YX: But like younger generations, we are much better educated, we know politics and people they are different.

TRAINEE S: but of course you have to like this obvious reason for the hatred from the old generation.

YX: Yeah, they are actually hating the history, but now we can't, we can't put the mistake of the history...//

TRAINEE S: Yeah, that's true, but their hatred is, you can understand that.

YX: Yeah, we can understand that. And like last time Trainee E asked me whether the air pollution in China is really bad so that everyone needs to wear a mask? Hahaha... I would say it's not that bad, it's just like...//

TRAINEE S: In Beijing?

YX: In Beijing it's kind of quite bad, but not every day, but most time the air pollution in Beijing IS quite bad. Some people they need to wear kind of special mask to get fresher air.

Sea staff N: This is in some area because of the weather also, if there's no pressure, down, down, you get smoke, smoke in Beijing is terrible, smoke in Guangzhou is terrible; but, but else is OK. Sometimes you have smoke in Mexico City, you have smokes in all of the other cities.

TRAINEE S: Yeah, even in Gothenburg, we have these two mountains around the city so that the air got tracked between them, you know. But I think it not as big scale as it is in Beijing.

YX: That's true. And Beijing has like too big population, and like too many cars and everything.

[Sea staff J came with the watch group to have meeting in the saloon, we had to stop our conversation.]

12) Individual interview 11: With Trainee R

Participants: Trainee R

Date: 2016/08/25

Location: Saloon of Vega Gamleby

Time: 16:19

YX: refers to the researcher

YX: Is this your first voyage on a tall ship?

Trainee R: yes, this is my first voyage on any ship at all.

YX: So first voyage on any ship.

Trainee R: Yes, I've never sailed in my life.

[The background noise is quite loud so that SA suggested to move to other place, I suggested to stay for a bit and see.]

YX: how did you find the information of this voyage?

Trainee R: Em... I don't remember completely, but it was on the internet.

YX: It was on the internet.

Trainee R: Yeah, I think it was on Facebook.

YX: Facebook.

Trainee R: Yes.

YX: Have you mentioned this to your parents about this? About this voyage?

Trainee R: Mentioned? So like this can be secret?

YX: Yeah.

Trainee R: Really? No, they know that I'm on the ship. But they weren't so pleased with it, they didn't like the idea. My father actually tried to like make me not go here, like say get my passport... am I talking too fast?

YX: That's fine.

Trainee R: I can talk more slowly. [Laugh]

YX: What did your father do, you say? What did your father do?

Trainee R: He like went to internet, and, and he, he said like "Oh, SA, your passport doesn't work. You need to get a new one. You won't have time to get a new passport."

YX: Is that true? Or just kidding?

Trainee R: It's not true, he's just trying to scare me. Like he, he could be, but yeah, like I checked a couple of times so it wasn't like that. So things like that. But he really, it was out of his control, so he couldn't really do anything, so he just tried to do things like that. Well, I think that's because they are scared of

something will happen. They can't see me and I can't call them.../ They are probably really worried now. Cause they thought I will be able to contact them or something, there will be internet on this boat, they asked me if there was wifi here, and I said that I didn't think so. But they say 'OF COURSE you'll have wifi, so you will email me./ [Laugh] There's no wifi, so it's gonna kill me.

YX: So... your parents didn't very like this idea actually.

[The background is too noisy for us to hear each other clearly, we moved to my cabin to continue our conversation.]

[5:15]

YX: So you didn't pay anything about this voyage?

Trainee R: No, nothing. I'm sponsored.

YX: By whom?

Trainee R: I don't remember the name now. Don't worry about that. But we got an email from tall ships that we're gonna get email from them. I think they want to report something about our experience.

YX: Is it like Gothenburg government something? So your sponsor can be related to some government institute?

Trainee R: En, probably. Something like that, and then media will want to talk to us.

YX: Who?

Trainee R: Media.

YX: Media.

Trainee R: yeah, I don't know what kind of media. Probably not television, but like newspaper. But I don't think they are sponsoring. I don't know, I'm not sure.

YX: So will you be interviewed by the media.

Trainee R: maybe, when we come to Gothenburg, there will be like media there.

YX: Do you think this voyage satisfy your expectation? Or is it quite different from what you have imagined?

Trainee R: Yeah, it is.

YX: In which way?

Trainee R: First I thought we're gonna be fewer people, like a LOT fewer people. I thought we are gonna be like 14 or something. And we are not, we are a lot more people. Then I thought the crew, like the real crew, they would be here all the time, but some of the people have come like the same day that we came. So they don't know each other like for example. Sea staff G, Sea Staff E, Trainee Z, like all of them [They are volunteer crew]. They, they didn't know the crew from before. They just arrived like we did. So I thought we are gonna be like big crew group here. That will be different, you know, like if the crew knows each other, then it's like they know, I don't know how many of them who are working here have been through to tall ships like this.

YX: So what about ...//

Trainee R: So that changes the atmosphere I think, I don't know.

YX: If you know this is an exchange program? So do you know there's other nationalities on board?

Trainee R: yeah.

YX: yeah, you know. How do you know that?

Trainee R: Well, they speak different languages. For example...//

YX: I mean before you came.

Trainee R: yeah, I did know that. I did know.

YX: How did you know that?

Trainee R: By, we got information from ...

YX: So you've got some information about this program actually.

Trainee R: yeah. But they made it sound like we are gonna be very very... like I thought this boat, when I saw it, I thought it was small, but now it's pretty big because the amount of people. But I thought it's gonna be... I REALLY saw a small sailing boat, like a really really small sailing boat, like half of this boat. That's what in my mind. I don't know how that would fit with anything, how we would win competition with that. [08: 40]

YX: Let's come back to our point. It's, it's about nationality.

Trainee R: Nationality?

YX: yeah, I just asked whether there will be different nationalities on board.

Trainee R: But before you asked me about my expectations.

YX: yeah.

Trainee R: So I was answering that question.

YX: OK.

Trainee R: Cause it's a big answer.

YX: That's true. So do you know about the nationalities before you come here?

Trainee R: Yeah.

YX: So have you been a bit worried because there will be people from other countries came?

Trainee R: No, like the opposite, I was very curious.

YX: very curious.

Trainee R: Yeah, curious and... happy, I guess. I like to talk to people from different places, like what they've seen where they've been, and they usually have a different kind of way of seeing things because of the way of their societies. So...

YX: So do you know like most of them will be from Britain.

Trainee R: the ones they are coming?

YX: En.

Trainee R: yeah.

YX: Then have you ever, have you got any like pre-impression about British people before you meet these trainees?

Trainee R: No, like if I had, if I thought about something like stereotype, like...

[10:03]

YX: yeah, something like that.

Trainee R: No, not at all.

YX: Why? Is that you didn't get much information about this country?

Trainee R: No, I read actually a lot about UK.

YX: You read a lot about UK?

Trainee R: Yeah, I've seen a lot of movies, read a lot of books, like I'm really interested, and I met a lot of people from UK but I don't know, I like to keep my levels off presuming things about people on the lowest level.

YX: What do you mean by lowest level?

Trainee R: Like you know, some people presume a lot of things by someone's heard issue, like for example, 'Oh you are from Peru, so you must eat a lot of potatoes.'

YX: So you try not to have any kind of stereotypes.

Trainee R: yeah, like presumptions about anyone. So yeah~

YX: Do you think why you have this kind of attitude about different nationalities. Is it because you are influenced by your parents, or?

Trainee R: NO~ my parents presume a lot of things, about a lot of things. So no, it's not from them. I just dislike the way that affects people and I know that presuming things about someone isn't gonna make anything easier when you get to know them. And I want to get to know a person without having my own picture of them, like the wrong picture. So try to keep my mind still. But of course, I have presumptions because I'm a human and I've learned to have them, but try to keep them at a low level like I said before. I DON'T know why that is ... really. It's really weird actually cause my parents they are not like that.

YX: So what do you think makes you be quite open-minded to different cultures? Is that the movies and the books you read, or is that because the friends you have had in your daily life?

Trainee R: Well, I think it's mixed everything. But mostly it's me... I haven't, I haven't thought about this, but I don't know... maybe it is because I, I'm born in Sweden and raised there with culture and everything, but my mother is from Peru, so South America, and my father is from Kurdistan, Sea staff Aq. So it's like huge difference between all these three countries. [13:08]

YX: How to spell Peru?

Trainee R: Kurdistan?

YX: How to spell Peru?

Trainee R: Peru? P, E, R, U.

YX: I'm so unprofessional.

Trainee R: [laugh] No.

YX: And your father is from?

Trainee R: Kurdistan. So it's like not an existing country in the map.

YX: how to spell?

Trainee R: K, U, R, E, D, S, T, A, N. yeah. No, KUR, that's D after R, and then after D there's I, Kurdistan. From the part of north Sea staff Aq.

YX: North.

Trainee R: northern Sea staff Aq. Like it's part of Iran, Syria, Turkey and ... //

YX: I think you mentioned this to me last time.

Trainee R: yeah, maybe, I do talk to a lot of people so they understand if they don't... yeah.

YX: so when, when, when did your parents move to Sweden? So you were born in Sweden?

Trainee R: yeah, born and raised.

YX: yeah, OK. Born and raised, yeah, sure. Yeah, so it's kind of your own national identity is quite vague sometimes.

Trainee R: ...well, yes and no. Cause I'm mostly raised by the Swedish society. Cause I've been so much in school and like they care everything, and my mother she left me when I was really really small. So, I'm pretty Swedish, let's say. But still cause my parents, like their culture and their language and their stories and their music that made me part of their country as well. So I'm not completely Swedish, I can notice that when I'm with my friends. Most of my friends are like 100% Swedish. And they make jokes and they their parents follow the traditions Swedish traditions, my parents don't. They don't care... that changes a lot about my way of viewing things I think. Because, well, I don't know really why. I don't know open-minded, what is open-minded? How do you know someone is open-minded? [15:52]

YX: open-minded is like you will not be restricted in one particular country like culture and everything, you have a kind of open horizon to look at different people instead of putting him or her in a frame first.

Trainee R: Ok, yeah.

YX: If you put someone in a frame, it's kind of closed.

Trainee R: put someone in the box.

YX: It's like you are putting your own opinion on the real person. It's not open-minded.

Trainee R: No.

YX: So do you think you have like some special experience because of your kind of mixed cultural backgrounds?

Trainee R: cause I don't know how it would have been if they weren't like that. I don't know, but I've been through many experiences when people have like they haven't been sure about how to treat me. It's like they wanted to put a label on me but they couldn't, because it was so mixed. So I've been a target for people trying to put me on, put label on me. And they are like put colour, and then they put Iran, and they put Indian, and they put Swede, and you know all kinds of labels like girl, boy, dog, popular... you know there are all kinds of labels. Tall, short, then...// [17:]

YX: So they wanna give you a tag to say you are like kind of Swedish or Peru or something. But it's, none of them are a full picture of you because you are mixed.

Trainee R: yeah, so they can't really put one. They can't say you are Peru and Iran Swedish.

YX: So it was like some people will get confused about your nationality.

Trainee R: yeah, and of course, of course I get the question 'Where are you from?' 'No, where are you REALLY from?' Like 'where are you from from?' Like I'm not stupid, I get it, but it's really... we've talked about this before.

YX: yeah. But... but it's like very strange because you can speak very fluent Swedish language, but they still feel curious about this.

Trainee R: yeah, they feel, like ... yeah, it's like I'm obviously Swedish, can't you hear it? Like 'Hello, I don't know what's wrong with you.' I understand they can be curious, but like the first thing when they meet me has to be my look, you know, why is that so important? Because they want to LABEL me. And I think maybe, maybe they can be actually something that make me dislike it, and understand how people feel about being labelled.

YX: Yeah, so every time if people say something, for example they say something to me, you are quite sensitive about the words ...//

Trainee R: Like the time when we said on the table?

YX: Like the time when people they are saying my English is good...//

Trainee R: For a Chinese person.

YX: Most Chinese people are not speaking very good English. You are like, you are the person to like spot 'Em~' it's like... kind of...//

Trainee R: Yeah, I'm sorry for that like, what's wrong...

YX: No, no, I mean just like the last time the chef asked me whether Chinese people eat insects. Yeah, I feel you are quite like ... sensitive in a positive way, to sense like what kind of potential stereotype in people's mind.

Trainee R: OK, you present it in a really good way.

YX: Yeah, I think it's ... because it also reflects some of my cases, I will also be sensitive in some ways, so it's easier for me to, if there's something like this happens, I will easily point it out. And it's like you were, you have been labelled for so many times and you really hate the feeling, and you understand if people were labelled, how would they feel. [20: 08]

Trainee R: yeah. It's about privilege. Well, so that you can, that's also a label, privilege like having different privileges, the way of talking about it, but ... I think there's like some...

YX: Do you think there's anyone on this ship has tried to label you or something?

Trainee R: Yeah, probably, now that I've thought about it, actually I'm quite surprised that not so many people have asked me where I'm from. Maybe that's because I haven't have so much, so many one-to-one conversations. When I talk to someone, it's been in a group so that people don't really ask you that. They just "Lalalalallala..."

YX: yeah, I know. So what's the greatest motivation to make you join this voyage? Because you've never been on a tall ship before.

Trainee R: Greatest motivation... like I'm trying to find the most honest answer... Just so want to feel things, and I'm so curious about many things, I don't know, I just wanna see more, and experience more. Like I've never sailed.

YX: But you know sailing is gonna be a little bit dangerous.

Trainee R: Yeah~ I knew, but it's like just it was in the back of my mind, I didn't really care. Yeah, of course I thought it can be a bit dangerous maybe, but like many people do it.

YX: yeah, like what is the most attractive part for you, like for example, we have got like sailing on the sea, on a tall ship, and making new friends, especially making friends with people from different countries, cooperating with people you don't know. Which one would you think would be the most important trigger? ... Do you think it's more like sailing skill wise or social skill wise?

Trainee R: It's a combination. But here on this boat, I'm actually surprised about, like at first I cared about my social skills, like how am I doing this. But later on I don't feel the need to try really, just try to ...//

YX: Just be yourself.

Trainee R: Yeah, just relax and talk whenever, and talk to whoever. [23:17].

YX: So do you think you have like kind of... try to fake a bit, like don't show your real self at the first one or two days like to pretend yourself in way to be not a real self like in a certain in the first couple of days, and then gradually changed your behaviour and everything. Or you are always like this?

Trainee R: It's not... it's not like I'm faking it or making a face or something, cause I'm, like what I'm feeling, I'm always like that, I can't really hide anything. But of course when I feel like I wanna be goofy, I don't feel safe being goofy because I can be a bit of sensitive. So if I'm goofy and like how I usually with

my friends I was like when I feel happy and energetic, I will do faces and say weird stuff, then maybe I don't feel safe doing it around some people, because I feel like they don't really respond. They maybe just look weird at me and maybe freeze me out and talk to someone else. Like if I keep saying something like 'Can you speak to me?' they just ignore and just turn around to someone else and say something. That happened a lot in the voyage. [24: 29]

YX: A lot?

Trainee R: Yeah, many times.

YX: So will you feel kind of hurt emotionally?

Trainee R: Not hurt, but like, it's just ...

YX: Disappointed.

Trainee R: yeah, disappointed. I thought people would be more ... I don't know, it's weird like that, maybe it's because they are also insecure cause... they are in the place where they are supposed to do so many things and when I talk to the crew, like even the people that joined the same day as we did, it's so different to talk to them, they feel more safer themselves. They know what to do in here. But the people, the trainees, it's like dissolution, some insecurity that's very genuine for everyone. Like general insecurity that you can feel from most people. I don't know what it is and why. [25:37]

YX: Do you feel they still feel insecure now?

Trainee R: I think people always feel insecure sometimes. Em ... And yes I think.

YX: Have you ever thought whether it's because of your own insecure, so you have kind of impression on other people? It's like you stand on other people's stands? And then you look at things through your own eyes. So you feel people are insecure, but actually they may not. Do you that's one possibility as well?

Trainee R: you mean like a mirror, like I see what I feel?

YX: Well, I mean you feel people can be insecure, but maybe is there any possibility that they actually feel secure, just because you think they will be insecure because you were insecure?

Trainee R: yeah, I thought about that, there're a lot, I don't want to put my feelings on anyone else, I don't want to be, so I try to be like, sometimes I feel like completely myself I feel it's just normal, I just observe, I like to observe a lot so, that's not why I'm here to observe but it's just something that I do cause I'm curious. [26:43]

YX: yeah, do you feel any difference when you have interaction with Swedish trainees and British trainees?

Trainee R: yeah.

YX: Can you feel the difference?

Trainee R: Yeah.

YX: What kind of difference?

Trainee R: Yeah, you really notice the culture differences because Swedish people have like more, they are more self ... they notice more like how they do like, you can go to Sweden then you can notice how many people they are there, they are very ... I don't know if I can find the word, when you really, like I say something now, then you think about it twice what I said, then you can be really like do something with your hand and like 'I did this with my hand.' They'll be like self-conscious, self-consciousness, you noticed that it's a very Swedish thing.

YX: self-conscious.

Trainee R: Yeah, self-conscious, I don't why that is, and I heard there's stereotype that a lot Swedish people, Swedish people can be very shy, and ... yeah but self-consciousness is better. I don't know why that is, maybe it's something about how they teach in school. Like... I don't know.

YX: What about yourself?

Trainee R: I'm very self-conscious. And I've talked to many friends, they are all self-conscious. And we go to the same school, and like we've gone through similar stuff, but at the same time we live in different homes of course. But we are all self-conscious, and I notice when I go to like Peru, I was living in Peru for a month, my self-consciousness decreased... and it was something about the way people work, the way they talked about things, the way they thought about things. It was SO different. Of course it's different because the political systems were different. They don't have time or energy to think about like useless feeling. Sometimes it's useless to think about who am I? What am I? It can be interesting, but sometimes it can be too much. [28: 56]

YX: Have you ever thought of any answer for who are you?

Trainee R: Answer?

YX: For yourself.

Trainee R: Never had an answer, just like very... like a lot of answers and sometimes I get very... like uncomfortable with myself, and then I try to choose one of the answers that I have to make me feel comfortable for the moment. But I know it's not true, I don't know what's true. Like what is my true self? So I try to not care, be whatever. [29:28]

YX: Sure, so do you still feel you will be a bit sensitive towards other people's reaction?

Trainee R: Yeah, I'm sensitive on people's reactions. I try not to be, but...//

YX: Do you, do you, like we were discussing about the difference between three/four different cultures, then what's your feeling of talking or working with people from England and Ireland...//

[30: 10]

Trainee R: Ireland, I haven't spoken too much to them. It's like only two people here or three people?

YX: Quite a few people.

Trainee R: Quite a few?

YX: Yeah.

Trainee R: Oh, I'm confused so I don't have any picture at all, really. But the English people like Trainee F, she's from UK, I talked a lot with her, since she's in the same room with me. And I met other people from UK and they have similar way of speaking. And Trainee G, you know, [Lower her voice], can he hear? Well, Trainee G, for example, he's, he was a bit shy in the beginning, but then when you start talking more and more, like talk more and more, I don't need to ask questions he just talk by himself. That's something I've noticed like people's change... Yeah~ but like if it's a person in Sweden, this is maybe a stereotype but like most of the shy person in Sweden, they don't let themselves go like that... [31:08]

YX: Do you feel it's because...

Trainee R: They don't bloom as fast.

YX: Do you think it's the magic of sail training or something else?

Trainee R: That I don't know.

YX: You've never thought about this?

Trainee R: Yes~ but like sailing, I don't know how other people think about it.

YX: Yeah, because I think if someone changes so quickly, there must be some reason hidden behind that.

Trainee R: No, but I met people from UK before, that's the same thing. They've been shy and then they are like very fast can come level of...//

YX: Even before the sail training?

Trainee R: Yeah, so I don't know how to explain it, but ...

YX: I think it's very difficult to summarize then, because you meet them in different environment.

Trainee R: Yeah.

YX: but do you think like making friends on the ship is just the same as making friends on the ground?

Trainee R: No, not at all.

YX: Like how different you think it is?

Trainee R: First of all, on a boat, and like ... we haven't met before; we've been with each other constantly every day; and like most of the people here has some previous experience on boats. So if I could explain like this, if I could do a comic about sometimes when I'm in the scenario with people, I can sit there, and we just talk, and someone just started to talk about boat, and stuff with boat. And everything goes with ocean and stuff like that, that I know zero about. And just like boat, and just like "Talking about boat" bubble here, it's a boat talk. And then other persons' boat talk, more boat talk, and then the third person, boat talk, ocean, boat talk, boat talk. So it's like, for me it's like talking

about boats so I can only see is like boat talk, boat talk, boat talk, even more boat talk, and then there's something they mention that I can recognize with. So like I try to come in the conversations when they're talking about stuff I don't know at all. But it's really hard, because they are so into it. You know? And they are also like, not conscious about.../yeah sometimes they asked me something when they are in the conversation, but you know when we are in the conversation, it's like the flow is really good, you don't want to interrupt it. And you should not explain it to someone who don't know because it's more fun to have a conversation with someone understands what you are talking about. So I don't have to explain everything, everything... and that makes a big difference like when you get to know someone else outside, you don't have to talk about boats, you can talk about anything. But here it feels like people always return to boats, and sailing, and things go with that. [34: 06]

YX: I think they also talk about something Europe, political things.

Trainee R: yeah, they do. But there's a lot of boat talk here.

YX: Because we are on a boat.

Trainee R: yes! We stand on the boat. [34:20]

YX: Do you feel like, do you feel something like about the language thing on this boat.../because it's quite interesting, all the crew say Swedish and most trainees are Swedish. And when Swedish people they get together, they started to speak Swedish.

Trainee R: yeah~

YX: yeah.

Trainee R: It's kind of confusing sometimes, and some kind of sad and stupid because sometimes there are sitting people that don't understand Swedish, and they are still talking in Swedish. Like they can just say something with English, like talking in English, and then suddenly they think about something talk in Swedish, then they talk in Swedish, and then 'Oh, yeah.' And started talking in English again. So we are on an international boat right now, so I think we should try to focus on speaking more English. Like if we are in a group with someone English, they should be like ...

[35:24]

YX: So you think the situation is a bit different like when people are on the watch and when people are casual like have their own flexible time? Do you think people will speak more English while they are in a watch group?

Trainee R: I don't think there's any difference. I think it's the same.

YX: It's the same.

Trainee R: yeah.

YX: So it's just like sometimes they realize something, they just started to speak Swedish even though there're some English speaking people ...//

Trainee R: EXACTLY!

YX: What's your feeling about this?

Trainee R: Well, my feeling is that people get frozen out because they can't understand ... some people don't care, maybe, Oh yeah, they understand that what happened to them if it was maybe in their home like the other way round. But some people can like 'What can I do?' Like 'Hello, can you talk English please?' but not everyone can speak out like that. So I think it's ...

YX: kind of sad?

Trainee R: yeah.

YX: So just like if Swedish trainees they can imagine they are in kind of either Spain or Italy and everyone is speaking language they don't understand, they are gonna be quite sad as well.

Trainee R: yeah.

YX: So do you think you have tried the best to realize there are some English speakers around, and not to speak Swedish.

Trainee R: I don't know how good I am at that, but I'm thinking about it and trying to have it in my mind all the time, so I don't wanna make that mistake. [37:00]

YX: Have you ever like seen some British people or me or Irish people they do something like you feel quite weird in Sweden?

Trainee R: Not really.

YX: Not really. Then do you feel you have made some kind of silly mistake?

Trainee R: Silly mistake...no, not yet.

YX: Is any occasion like if you were gonna say that again or do that again, you wanna change something you've ever said or you've ever done?

Trainee R: Oh, that I don't wanna think about, cause what I've done, it's done. And of course if I do a mistake and hurt someone, if that's what you mean, yes, I try to change it. I DON'T hurt anyone. But it was like if I say something in a certain way and it sounds really weird, it comes a wrong way. I'm not hurting anyone, just sounds really weird like 'Why did you say that?' like I can just, like before I had a fever and I said something before I left the table cause everyone is looking at me like they expected me to say something . I don't know why, so I just said something, it's really like... it's like so... someone else. And they are like looking at me like... 'What the fuck?' 'What do you mean?' like 'What, what's up with you.' So if I think of that kind of stuff, but I don't think about that kind of stuff because... [38: 20]

YX: because past is past.

Trainee R: Yes, and I am who I am, and I'm weird sometimes awkward, so... I just try to embrace that or whatever. I'm an awkward person and behave in my way, and ...//

YX: What's our question just now? It was like about the difference of making friends on the ground and on a ship.

Trainee R: before that, you asked a question about....Oh I don't know, looking at the door, I get distracted.

YX: that's fine, let's talk about the difference of making friends on a ship and in daily life. Do you think what's the main difference of these two?

Trainee R: daily life and sailing on a boat, the main difference?

YX: of making friends.

Trainee R: Wow, that you are on a boat to begin with. You can go wherever, you can say 'Oh, I need to go home now.' We can change the place to be in, and then by changing the place, you can change what you have, like internet connection makes a difference. Sometimes people are very on their phones. You know, like here, they can't be so much on their phones. They are on their phones, it's like looking at pictures, or noting down things, not much more. But like normally people are on their phones like if they sat next to each other, when silent moment comes, they take out their phones and started Facebook or Instagram or whatever.

[40:30]

YX: So what do you think is the best advantage of sail training on a boat?

Trainee R: Best advantage of sail training?

YX: yeah, like making friends on a boat, is it a disadvantage or advantage?

Trainee R: The disadvantage is that some people, usually people look up to people that they know stuff, so for example, if I don't know anything about boats, and I'm on a boat I'm supposed to know things like basic stuff but I don't know them. People won't really understand it, and if there's someone that knows a lot, they can talk about things about this and this and this, people are like 'yeah, yeah, yeah!' People get interested in that person, because they think they know a lot which they do. I think that's certain area, like it's not very, like when people talk about movies which I know a lot about, or theatre or like music. It happens a lot, there's more like things about ocean and the boat.

YX: especially for, from your experiences, it's like ...//

Trainee R: yeah, and languages of course, like people change... that's fun into changing languages.

YX: Then, the advantage then?

Trainee R: the disadvantage?

YX: The advantage.

Trainee R: advantage... would be when they do things together. I don't know what the advantage is really... just doing things together like, yeah, the advantage is when we are, for example we are on a watch, it's not very, it's very hard to get that kind of space you can live with someone. Like, you don't have phone, you don't have much to see when we are in the ocean and not much else, and you sat there with someone and it's silent, and there are so many things to talk about, so many things to think about. And you can just talk about anything, you can just have this person right beside you, you can just ask anything, the person

can't just walk away, go home, put up their phone and start Facebooking or whatever. Nothing like that, and it's yourself, that's very hard to get on land. Cause there's internet, there's place to go, there's time. Here we are on a watch for example, if we don't have anything to do, we just sat and like not do anything special. That's a very big advantage, some people and sometimes when you wanna have like one to one like really one to one, you know what I mean? That's a good way to get close to someone. Like imagine being locked in a room, locked inside a room with someone, just having food and a toilet and nothing else. That's very ... dramatic, sort of being that way. Do you understand what I mean? [43: 46]

YX: Yeah I understand, that's what I think as well. Then do you think you have learned something in this voyage, like in any way?

Trainee R: Em... yeah, I learned a lot about loneliness.

YX: loneliness?

Trainee R: yeah. Cause I could often feel lonely ... back home in Gothenburg, even when I was with people...//

YX: Parents?

Trainee R: no, I feel very lonely at my house... my parents are completely distracted and so if I don't wanna feel lonely, I'll go for my friends. But here, not even once I felt lonely, at all.

YX: You never felt lonely?

Trainee R: No. It was SO weird, I like CAN'T feel lonely. It's so weird, I don't know what it is.

YX: have you ever worked out any reason about this?

Trainee R: Em... I thought about it like I said, and looked at the ocean, and it's about the ocean, I know it's about the ocean, but I don't know WHAT it is about the ocean, I can't put a finger on it. It is so big and it's like... I don't know what it is like, I just feel lonely. I feel so CALM.

YX: So you like this kind of feeling?

Trainee R: yeah, I do. And I really wish that I have one of my friends here. Like someone knows me well, that will be really good.

YX: So that you can share your feeling with them?

Trainee R: yeah, sort of.

YX: Like more deeply.

Trainee R: Yeah, like we have common memories and stuff like that. And I just like "Can I help you?" It won't be weird. Like if I asked someone, I don't know how they would react, and sometimes if I wanted to know someone better cause I like them, I have to use tactics. I can't just do anything that I do with my friends, because I now they wouldn't accept it. [45:44]

YX: Yeah, because like people will have kind of safety distance or something.

Trainee R: And I'm really open actually, I was like "Yee~" [make a face] but...

YX: So you were saying it's better to have a close friend on this ship?

Trainee R: yeah, at least one, I miss that sometimes.

YX: You miss that.

Trainee R: Or like my dog, I love her so much.

YX: But it was like, if you have a very close friend on the ship, there's a possibility that you are gonna always talk to him or her.

Trainee R: yeah, this is the possibility. That could be. It's just like moments that sometimes I just wish that I had ...

YX: the moment, like not always.

Trainee R: exactly.

YX: Sometimes you feel good, just like this. Sometimes, like occasionally you feel 'Oh I really wanna share this with my close friends who, who, who.'

Trainee R: yeah, I know how they will react and I know that they won't judge me on my reaction. And that's just feeling free, like completely feel free. Here, I will feel even more free with them.

YX: Then have you ever met anything on this ship, in this voyage that you feel quite surprised?

Trainee R: Em ...yeah. I thought it will be easier to understand, there're so much, they are so hard for me to understand, I don't know why.

YX: To understand what?

Trainee R: Like the boat and how it works and the wind and the sails.

YX: Like the sailing skill part?

Trainee R: yeah, like of course it's the first time so of course it's confusing but it's like when they explain things, I don't know if they gave like a basic level for me. Or it's for someone that already knows the basics. I feel them just like don't think in that way. They are really focus when they talk, and I just don't get it. When they do, when we do like some practices, like 'SA, loose the flying jib sheets.' Ok, like it's practical and the theoretical stuff just get into my mind like 'if you do this, then we will get there, and this will happen.' And I when I see it happen, and I do it, then everything comes together that I don't understand. And I was like 'What! How can I understand this?' So that surprises me of course like how can I not understand before, but then afterwards, it's just frustrating like ... I used to do everything they say, like...//

YX: yeah, this is like about sailing stuff which makes you feel a bit unexpected.

Trainee R: Em?

YX: Expected, like you didn't realize it's gonna be quite be difficult.

Trainee R: I thought it was gonna be difficult but I thought ...

YX: people won't be difficult to understand?

Trainee R: yeah, and I thought it would be more, there will be more explanations like ... [Laugh] if they asked 'Do you understand this?' Like I don't wanna be the one that always says that 'I don't understand, can you explain it again?' cause obviously they can't explain it again, they have to continue with the next step. It is a polite thing to ask, like of course you can ask something, you can ask a question, like ask questions about something, but if you don't understand how you are supposed to ask this question? [49: 00]

YX: So what about, so do you think sometimes feel tired to discuss with, like have conversation with people?

Trainee R: tired?

YX: yeah, like ...

Trainee R: Left out?

YX: left out, do you feel left out sometimes?

Trainee R: Sometimes. Because, but I understand it, it's an understandable way of being left out... I just imagine someone.../if I'm doing theatre for example, and someone comes into the group and know nothing about theatre, I try to always explain for them the basic things, basic basic things, always being 'Do you really understand?' 'Can I continue?' or like that. And here some of them are maybe not so used to explaining like that. You know, they just hoked things, they get excited, you know, so we will like it, we will like to talk about this and this and this. Yeah, of course it's very fast sometimes.

[50:08]

YX: Do you think it's because of language because sometimes they explain in English?

Trainee R: yeah, sometimes it's confusing when they say something in English they don't know, they talk in English and then they are like don't remember the name of it, and they say it Swedish and someone else said the same thing but in English. And then half from Swedish to English. I think if we stick on one language it will be easier for everyone.

YX: then what about like do you feel someone on this ship you feel he or she is kind of very good role model that you can learn from?

Trainee R: like anyone?

YX: anyone.

Trainee R: trainee, anyone?

YX: Trainee, crew, volunteer.

Trainee R: Em... yeah of course you inspire with the people that know so much... just like I just want to know as much as them, like when they talk about things and they know how it works, I just want to know these them. It's always inspiriting when you hear someone talk really ... knowing about something.

YX: so, it's like your role model is like someone who knows about the ship and ocean?

Trainee R: yeah, no, just someone that has some interest, and yeah, they have the interest and they, you can see they like it.

YX: yeah.

Trainee R: But I also thought your way of talking about the things and ... I don't know, I envy you way of being able to put things in words. You are really good at putting things in words.

YX: Really?

Trainee R: yeah.

YX: Thank you. I don't know.

Trainee R: yeah, I think you are... I think it's very hard to put things in words. Sometimes I just have to speak...

YX: Do you mean sometimes you feel a bit difficult to express your feeling in a right way?

Trainee R: yeah, I'm so frustrating. People always want to express themselves, and this is the most normal way to do so, and when you can't, the words just goes like this, it just doesn't come out in right ways, it's like you are not expressing what you feel?

YX: Do you feel sometimes like language skill will kind of make you feel less confident when discussing with people?

Trainee R: Language skill is very important for me. I feel a lot more confident when I speak more fluently in any language.

YX: Yeah, sure.

Trainee R: Like the vocabularies, the grammar and like the flow, and just everything.

YX: yeah, true.

Trainee R: language is important.

YX: Like when you are, you are in your watch group, you have to cooperate with people, you have to set sails and everything. How do you feel like cooperating with British and Irish people or Netherlands people, how do you feel like that? Or you didn't, do you feel they are foreigners for you or do you feel they are just group member?

Trainee R: Group members.

YX: Just group members, you can't really tell the difference?

Trainee R: Not that, like other than language, not much more, and experience is but that's not about if they are from UK or Ireland, that's just people.

YX: So what about your feeling change? Is it like you gradually feel less lonely, less lonely, less lonely or once you get on board, you don't feel lonely all the time?

Trainee R: all the time. That's constant. I don't know why.

YX: Constant? That's so magic!

Trainee R: It's so weird.

YX: You can't tell the reason why?

Trainee R: No, I just...

YX: You are a mysterious girl.

Trainee R: [laugh] Like if I was in Sweden somewhere on land, I could have been feeling lonely now. But I don't feel it. I would understand if I feel lonely now, but I don't feel it, I don't feel lonely at all.

YX: So usually when you are in Sweden, what can make you feel lonely?

Trainee R: Like when I think about stuff and I feel very small.

[55:00]

YX: yeah, but like when you are on this boat, you are also, you used to feel a bit down.

Trainee R: yeah.

YX: Even though you were a bit down, you still don't feel lonely?

Trainee R: No.

YX: You just feel confused and like... yeah, you just don't feel lonely. And you try to figure out some answers why you became down suddenly. Do you think you have recovered from that down period?

Trainee R: I have problems with anxiety, so I feel it every day.

YX: An-?

Trainee R: anxiety.

YX: anxiety.

Trainee R: anxiety, yeah exactly. It just like comes naturally. But I just try to be nice to myself and beat myself all the way and try to be something else. When I don't feel like smiling, I don't smile, and that's when my smiling comes it's very weird, like Ok, go, I'll let myself do whatever my face likes. [55:51]

YX: yeah, you are always smiling actually.

Trainee R: yeah, you know, but it's like the most opposite way, it's like when I left myself do whatever when someone says something, I can't help myself.

YX: Then how do you decide just let yourself go whatever you want? Is that the second day on the boat? Or the third day on the boat? Or the first day on the boat?

Trainee R: Em... probably after the first one.

YX: After the first one.

Trainee R: Yeah, you know the first day was like a bit nervous, and you, you try to feel where am I, everything is so new.

YX: and everyone is new.

Trainee R: so to sort out...

YX: yeah, it's good ...yeah, when you put off your poker face, you feel happy, yeah.

Trainee R: I can't do a half poker face, that's the thing. I'm so bad at it, I just can't.

YX: Maybe it that, is that like you are really really like natural feelings and natural experience like natural express so that's why you love the feeling being in the middle of the nature.

Trainee R: could be also, something like that. I don't know.

YX: like what triggered you to decide you just wanna be yourself?

Trainee R: Hehe... just trying to be nice to myself. Like I can be very mean to me and beat myself around for thinking thing, and doing things, so I just try to do me at least one favor and that is not to push myself into something uncomfortable and that way of trying to be pleasing to someone because actually when I was smaller, they bullied me, maybe I told you that they bullied me and left me out. Then I became like a people-pleaser because I wanted to have friends. So even though I didn't want to be nice, I was nice. [58: 11]

YX: It was like you force yourself to be nice so that people will be more willing to make friends with you?

Trainee R: yeah. I force myself to do a lot of things.

YX: But sometimes it can be tough psychologically.

Trainee R: yeah, it was very tough and sometimes I was just didn't go to school and stayed at home and did stuff I will just do myself, you know.

YX: yeah, I think I can understand that kind of feeling. Kind of losing yourself in a certain way.

Trainee R: Yeah.

YX: So is it the first time that you release your natural quality?

Trainee R: [laugh] no, on this boat you mean?

YX: On this boat.

Trainee R: No. I've done it before. I don't know when I started but it's coming gradually.

YX: Yeah, but do you think that things coming gradually is it because of the environment and atmosphere and people around or something...?

Trainee R: Probably everything.

YX: Probably everything.

Trainee R: yeah.

YX: Just like can't say it in one sentence because things are like mixed.

Trainee R: yeah.

YX: Just like right at that place with the right persons, and with the right wind and right waves and everything.

Trainee R: It's just like ... just like.

YX: I feel like to do that at that moment, just let it go.

Trainee R: Yeah.

YX: That's really cool.

Trainee R: I try to be completely like that but as I said before, I have to use tactics sometimes. Because if I like people and I want them to like me back. It's very hard with that, it's so, SO hard when you like people and sometimes I like all the people and I know that all the people can't like me. It's just they can't...//

[01:00:00]

YX: When you like look back on this almost five days voyage...

Trainee R: Wow, time just passed so FAST!

YX: yeah, so fast, so fast, just too fast.

Trainee R: What! We are already in Blyth tomorrow.

YX: Tomorrow!

Trainee R: I feel like kind of stressed cause I feel like I haven't got, like you know I wanted to read my book, read my study, talk more to people, learn more about the boat. But I still don't know a lot about the boat, I haven't read my studies, like I had a lot of things to do. You know, a list of things in my mind. So I feel like 'shit! Time just passed away, what did I do?'

YX: just enjoy the right moment.

Trainee R: yeah, that's what I am doing. But it's like what happen with the time.

YX: Time's just flying.

Trainee R: What?!

YX: We are flying on boat.

Trainee R: well, this boat is something else.

YX: Something else

Trainee R: yeah, probably something mysterious that time can go so fast, it's impossible.

YX: I was like thinking when you look back on these five days, what will say as your favourite part?

Trainee R: ...

YX: suppose not be sailing thing?

Trainee R: the sailing is... I like the sailing a lot... but I don't know if it's the sailing itself, but I like, oh shit... [Her stomach made some sound.]

YX: not shit.

Trainee R: no, it's my stomach makes some noise.

[We had a short chat about the reason Trainee R's stomach made some sounds just now. She mentioned the lunch spaghetti is a bit strange.]

YX: Hello, you are being interviewed, let's forget spaghetti.

Trainee R: [Laugh]

YX: That's fine, let's come back to the favourite thing in this voyage. Something has happened, or some elements of sail training, or like making friends with people from different cultural backgrounds, or something you can't do but you really want to do? Like different things.

Trainee R: yeah, there are a lot of things that I feel like weird about this and I can't get from any other place. Like everything we are doing here. Like of course you can do something in somewhere else as well. But here it's very different because like it's...

YX: There's even no mirror there.

Trainee R: There's not a mirror and like you can't sit normally because everything is jumping around and you are sitting like this, and when you stand up you almost fall. It's like you want to take a paper and like this sometimes when you are on a boat, you are like jumping and can't take shower so like sweating. I don't know, it's so weird. You won't ever get experience like this IF you are not on a boat. Like you haven't been on a boat, before you are on a boat, on a training part.

YX: Then what's your favourite part?

Trainee R: my favourite part, I don't know what my favourite is, I like different parts of everything. I like sitting, how weird it is just sitting there and looking out at the sea, sitting there is just like, just looking at the same thing...//

YX: I was curious maybe you're gonna say like watching the dolphins jump out of the sea or something. [laugh]

Trainee R: OH~ that moment was really, I've NEVER seen a dolphin, and then we saw them. It's like a new feeling came. I've never had that feeling before, it's like curiosity from childhood.

YX: curiosity has been totally satisfied.

Trainee R: [Laugh] yeah, it's just like, YEAH~

YX: I can just jump into the sea to play with the dolphin.

Trainee R: YEAH~ YEAH~

YX: Come here, come here.

Trainee R: Yeah, don't go! It was just like 'They are REAL~' 'They are SO real.'

[01:05:30]

YX: "They are SO real."

Trainee R: And then they are jumping so close, I was like 'What's...!'"I was really like 'What this is?' It's just magic! So weird. Yeah that was one of my favourite parts during my journey.

YX: At least today.

Trainee R: Today and yesterday. Was it yesterday?

YX: yesterday and then today, yeah.

Trainee R: Yeah. Yesterday was like, the first moment it was like ‘Dolphins? For real?’ They were so close to the boat. And also there’s something that is magical moment like yesterday when I’m on the watch, the water has on fire.

YX: I know that. Did you see that?

Trainee R: YEAR~

YX: It’s like green ones.

Trainee R: Yeah! And we washed, like washed everything. We took out... what you call it...

YX: I know that.

Trainee R: Yeah, some of the water, and the dish water was still, when we took it out, it was still glittering. So I my put hand there and move it around and I can see the glittering stuff around my hand. Like those kind of things. Someone can explain to me it’s logical like scientific like this is blinking because of this.../it’s kind of animal. But it’s still so AMAZING how it can be like that. Those kind of things really astounded me like when you think about that you are on a boat, and that made of wood, made of trees. Then on the ground, so you chopped the trees, and you’ve made trees into something like this, and you put your minds together, you put something apply to it so that it can float when many people are on it. You make sails of some materials...// [01:07:20]

YX: So... I was thinking you kind of like very natural stuff. Like mysterious things in the environment. The Mother Nature thing.

Trainee R: [Laugh] I feel so excited. I don’t know. It’s so weird.

YX: I remember you were like very eager to climb the mast again and again. Is it because ...why... is it because of your personality, being kind of wild?

Trainee R: yeah, I’m spontaneously, I have to do stuff that’s really I don’t know, like I’ve never done that. I’ve just imagined climbing so high up. And the ocean is just right down, and you can’t go anyway. If you fall, you fall. I don’t know what it is. It’s just like I wanna feel more up there, it’s high up and just holding there, and I have climbed the whole way up, and the ocean is all around me, and I can see so far and so tall. [01:08: 24]

YX: yeah.

Trainee R: I don’t know.

YX: So is there any kind of group activity which makes you quite impressed? Because till now you are talking about like everything is about your individual feelings. Like watching dolphins and magic green water and climbing the mast. Is there any group like teamwork memory which you think it’s also very nice or...yeah?

Trainee R: Em... I haven't really connected with people here. Yes, I feel like I can talk with you and Sea staff G, she's really really nice. I don't know but she's like so nice, she's like a people-person. She can easily talk to anyone. She's like happy and open ... but yeah, it's surprising because I don't feel connected with people. I've spoken to a lot of people, but I don't really feel that connected with them sit like this and talk with them like just "Bla-bla-bla-bla." I've tried, but people are very, they just wanna talk so much about themselves.
[01:09: 41]

YX: They don't want...?

Trainee R: they just want, they really want to talk a lot about themselves.

YX: So they don't want to listen.

Trainee R: Em. And they, if they listen, they want to hear something to laugh about or something really .../ like they don't find the small things interesting.

YX: So you mean on the ship?

[01:10:00]

Trainee R: yeah, I'm sure there's some of them... but ... I've been tried to speak to a lot of people but like I don't know, I don't feel I've met someone that has the same way as I do. Like I feel curious about, I can just smile about the way people talk. You know, it's so charming how people would have different talking, walking and moving ... that's something I've enjoyed a lot from this ship a lot is observing people. And I feel that's creepy...// [01:10:30]

YX: Did you learn anything from your observation then?

Trainee R: Yeah.

YX: like what?

Trainee R: like what I said before, about their insecurity.

YX: Insecurity.

Trainee R: Yeah, I don't know if it's ... like a mirror thing like you asked me about, or if it's like that. But I don't mean insecurity in a bad way, insecurity it's like it's genuine.

YX: Uncertainty.

Trainee R: yeah, it's people they are here but they don't really know why they are here. I've talked to some of them, and they sound so confused. That's not the only thing I've observed. I've observed... just so many things. The way people talk, the way people react to things... how they make jokes, what they say.

YX: yeah, I was just like also curious like if, we say if, all the trainees on this ship they were Swedish people, do you think there will be a big difference?

Trainee R: There'll be some difference, but I don't know in which way.

YX: That's true. Do you think you'll feel more secure if all other trainees are Swedish? Will you feel more secure? Or maybe not?

Trainee R: I don't think it will make such a difference in my security. Maybe sometimes when security about the language, like you want to express yourself and in English you don't know how to. I think it's easier in Swedish, but you see it as a challenge too. For me, it's just try to explain myself in any ways. I don't... it's not a big thing. It wouldn't make such a big change for me at least. [01:12:20]

YX: So what about, do you think this voyage has given you some inspiration about your future plan? Like in the near future, will you have like, like what?

Trainee R: like I wanna sail more.

YX: You wanna sail more.

Trainee R: yeah. Maybe I wanna be ... maybe I won't become crew cause that will take a lot of time. And I like to do a lot of things so ... but I want to sail a lot more. I want to understand how it works. And I want to know the jargon stuff, the ropes and names for that, in Swedish and in English and like, yeah. How to sail small boats, big boats. So I wanna look into that. And then I felt more inspired to enhance my language skills. And I want to be in more situations where I meet people I don't know.

YX: So do you think you'll like kind of, is there any change or development in your intercultural competence? Like your competence of being in a foreign environment or talk to foreign people or work together with foreign people. Do you think you have developed some skills related to like different cultures?

Trainee R: no, cause I haven't really spoken enough to people from other countries to develop some cultural exchange skills.

YX: yeah, but why? Why don't you have chance to talk to them?

Trainee R: I have chances. But like there's, the percentage of Swedish people is huge so the chance you could speak to someone that speaks English is smaller than someone that speaks Swedish. But I try to like, talk to them as well, like if I see them, then I sit beside them and talk to them. And also Sea staff G, she is Norwegian, so when I speak to her, I speak with her in Swedish. Sometimes it's hard for me to understand Norwegian cause I don't understand it completely. But I try to like learn by talking to her. Turn to understand her way of speaking Norwegian and also Norwegian itself. Like by asking if I understand something right.

YX: yeah.

13) Individual interview 12: With Trainee F

Date: 2016/09/02

Participants: Trainee F

Location: Saloon of Vega Gamleby

Time: 2:19 pm

YX: refers to the researcher

YX: Thank you for agreeing to be interviewed.

TRAINEE F: Fine~

YX: Can you tell me something about this voyage? Like your feeling, like general feeling and your expectation.

TRAINEE F: Ah, it's like surpassed my expectation. It's AMAZING! I thought it would just be AVERAGE but I really enjoyed being a part of the exchange. I love just learning about the culture.

YX: Learning about the culture.

TRAINEE F: Yeah.

YX: So did you know there will be mixed nationalities on board before you came?

TRAINEE F: Em, yeah, I rarely found out it literally a week before I was coming but I knew it's a Swedish boat. But I was surprised there weren't more English people, but there is now I guess.

YX: Yeah, so what do you think make you feel like very satisfied about this voyage?

TRAINEE F: Em... I finally got to see Sweden.

[Sea staff G came to ask us whether we had any towel hanging out side.]

TRAINEE F: Yeah... What do you mean? Sorry, I got lost in towels.

[Laugh]

YX: That's fine. What do you think is like out of your expectation? Which part?

TRAINEE F: That I will fit in so well, everyone makes such an effort to speak English. I found that really enduring, really nice.

YX: And, yeah... because you are getting along quite well with like Swedish people...

TRAINEE F: Yeah.

YX: Do you have any kind of pre-assumption about like Swedish people, how would they be before you came here?

TRAINEE F: No, I just, we are just... I don't know.

YX: Like you don't know too much about Swedish people before you came actually?

TRAINEE F: No, I knew that there was a monopoly on alcohol and I know that they are quite reserved until you get to know them. Because I have of Swedish friends in England. Yeah, I was really excited to come out cause they told me that I would love it and fit in. I really like their attitude and I've been really interested in more Norway, but Norway and Sweden, because of their environmental views so it's always been an interest of mine.

YX: Yeah, this is your, this is not your first tall ship voyage?

TRAINEE F: No.

YX: No.

TRAINEE F: I usually sail, well, I've only done one tall ship before and that was one of the sailing project in Meiland.

YX: Is that all English trainees on board?

TRAINEE F: Em, basically about, there was a few of us that I don't really well race in that summer, so as a treat, the commodore of our sailing club, the captain of the Maryland checks out, and we check out some younger junior sail training kids from our school, so I don't, I didn't get the full tall ship experience cause everyone on that boat was basically my brothers and sisters cause we grow up in a tiny village together, so...//

YX: So it's quite different from this one.

TRAINEE F: yeah, everyone is best friend, well, best friends or more fighting like brothers and sisters. [Laugh] So we knew each other inside out before we got on the boat.

YX: Em, so it's quite different from this one. Do you feel your feeling, is there any change in your feeling? Like when you first get on board, how did you feel? Did you feel like a bit kind of nervous?

TRAINEE F: I was quite nervous because the last time it wasn't a tall ship race but when I sailed South America for science, I found it quite hard because I was on the boat as a watch leader sort of thing, and I was in charge of women. It was a crew of women, so I found it got a little bit of bitchy, and because they were all thirty or forty, I found it quite hard there was a power struggle. I would try to explain and help them do stuff but then they would turn around to me. And they were quite mature, they were like 'I'm not cleaning out the bilges.' 'I'm not washing up.' 'I'm not cleaning the sail.' 'I'm not...' and then they will do like 'We are not here to sail, we are here to do the science.' I was like if you want to go to the middle of the ocean on the boat, that's fine, but you chose to come on a sailing boat, so you have to sail out there.

YX: Oh, it's so annoying.

TRAINEE F: yeah. It was an amazing experience, but I really didn't enjoy the crew. So as, and the higher crew were a bit lazy and bitchy and I didn't have the nicest time.

YX: yeah, so you didn't have like very much high expectation about this voyage actually.

[05:00]

TRAINEE F: yeah, I just, I was like more, for me I was like ‘Oh my god, I get to go to Sweden and I’ll get some more night watch hours under my belt for my yacht masters.’ So that’s what I thought, and I like racing, so...

YX: yeah, so when you come here, you feel like everyone is like, not, not like those people.

TRAINEE F: No, definitely not.

YX: they are very friendly.

TRAINEE F: yeah.

YX: Like from which day, like the first day or third day, like second day, you started to feel you get quite along well with them?

TRAINEE F: Em... It was within the first five minutes.

YX: First five minutes?

[Laugh]

TRAINEE F: Yeah. Trainee N and I clicked instantly, and Trainee AA... Yeah.

YX: Like how, how do you feel like you have clicked instantly?

TRAINEE F: Em... Trainee N was, well we all decided that we’re gonna go out in a group. And Trainee N just turned around to me and said, ‘Let’s go, on our own.’ So that we just went off and had an adventure, and she showed me loads of different places, and then everyone is really open and similar in that positrons and happiness.

YX: yes, yeah, so that you feel you are quite influenced?

TRAINEE F: yeah... and, yeah!

YX: And because yourself is also very happy person so you started to become like instantly quite open-minded to them.

TRAINEE F: yeah.

YX: Do you have any kind of ... experience about this voyage you feel really special, or do you feel very surprised about someone or something? Some of the experience during your watch you feel so interesting or so funny or so memorable?

TRAINEE F: Em... I just, I found it more special before more English people boarded on the boat. I was, I’ve been quite shocked at the divide in England. Everything has been amazing and memorable, but something that really stood out to me was the divide, I never realized how that divide was in England between the south and the north.

YX: England?

TRAINEE F: Yeah. So it’s more, I’m more kind of shocked about where I come from looks like this little perfect bubble. I was a bit shocked of that. But... I don’t know what’s my most memorable... EVERYTHING!

[Laugh!]

YX: That's a good point...Like do you feel is there anything has been changed you in some way, like something?

TRAINEE F: Em... I was having a little bit confidence issues because in my third year, I put on a lot of weight and I just... I don't know, I just feel like people will always judge me like 'She's fat now, I don't wanna talk to her.' But coming on this trip was really helped with my confidence, because I've been like 'People don't care about your weight.' 'They don't care about like how bad you look.' Or whatever. So I realize that ... I can still make loads of new friends that genuinely like me and ... I think that's been really nice for me.

YX: So you weren't like this confident like, at the beginning.

TRAINEE F: Em, I'm always confident, but it's just back in my mind like I always think, I always feel like people like looking at me like "She's not healthy." But that's cause I now I'm not quite healthy at the moment. It's just like a little bit... I don't know how to describe. Sometimes it gets me really down, but most the time I just brush it off.

YX: So whatever they are from, England or Sweden, they are all the same, do you feel their attitudes are the same, like all very friendly regardless of anything?

TRAINEE F: Em... from where I'm from, yes. We are very open-minded. I feel like that we are quite the same in the way that we are slightly reserved, we wouldn't do things like one lady in front of people we don't know but as soon as you cross the barrier we're completely open-minded, not reserved at all.

YX: So what about the boys, because at the first time...

[Sea staff B came and announced that we are about to leave so all hands on deck.]

YX: Maybe we should stop a bit and then continue.

TRAINEE F: Yeah.

[10:00]

YX: So you think you feel a bit more confident.

TRAINEE F: yeah.

YX: Actually you were confident before. Yeah, but it's like...//

TRAINEE F: Yeah, I just feel happier. I never lost my confidence but I feel happier in myself.

YX: Yeah, just like confident in a more comfortable way. Em...Just like talk with people on the ship makes you feel very comfortable and ...

TRAINEE F: Yeah.

YX: It's like last time, Steven was mentioning about ...the equality between boys and girls. He found like in Swedish culture seems like gender equality was more valued and girls' opinions were more valued than, than like England.

TRAINEE F: I completely disagree with that.

YX: you completely disagree with that.

TRAINEE F: yeah~ Cause he, he comes from an area, this area is where there's a "benefit's culture". Have you seen that?

YX: Benefit's culture?

TRAINEE F: yeah~ so a lot of people, a lot of young girls they know that the government will pay for them and give them a house if they have a baby and don't like earn more than a certain amount, they know that they'll have an easier life almost. So I think it's not necessarily a feminist thing, because like you can feel yourself, I think it's not to do with gender. If you know what you are talking, you'll be respected; and if you are confident on what to learn more, you will be respected. But I think there's a proportion of women that are just lazy and don't want to move forwards.

YX: Do you mean in somewhere near Steven's hometown?

TRAINEE F: yeah.

YX: But he's also saying like sometimes like women's opinions even though sometimes they are really like good opinions, they were not like so respected as men.

TRAINEE F: En~

YX: you don't think so.

TRAINEE F: No, I think it's take away gender, it's just a power who, I think it's more a power thing. If you are more confident of what you saying, you will be listened to. I don't think it's necessarily a gender thing.

YX: So you don't think the gender equality is quite different like in these two countries?

TRAINEE F: No, I think there's a slight more divide in working class, but definitely I think it's girls that used to play down and do things like that, that don't move forward, but if they want to, they could, and there's nothing holding them back.
[00:13:12]

YX: OK, that's quite different opinions.

TRAINEE F: yeah.

YX: So what about like do you feel miss anything when you are on this boat? Do you feel miss any of the like life...//

TRAINEE F: I miss my PHONE [Laugh] ... NO~ I'm, I just going to boat mode and I did really enjoy having time to just focus on sailing. It's kind like my meditation. I don't really miss anything, I just get into it.

YX: you don't miss anything. Like, like what about ...

[My cabin mate Cullum came to get his camera and the interview was interrupted for 30 seconds.]

YX: Like what about the life without signal and wifi? You don't think that's a problem?

TRAINEE F: No.

YX: So do you, have you expected this?

TRAINEE F: Yeah~ definitely. ... We usually, on the boat I sail, they tell you it will be a waste of electricity, what's the point of running the generator? Why do you need your phone at sea? I think it's stupid. [Laugh]

YX: yeah.

TRAINEE F: but it's quite nice being able to charge my camera to take pictures, but ... he's taking too many pictures, he should be concentrating on sailing. He might break his camera.

YX: Do you mean him? Cullum.

TRAINEE F: yeah.

YX: Actually he's kind of, he works as a part of photographer, yesterday I asked him. So he's like kind of photographer and trainee.

TRAINEE F: yeah, OK.

YX: Yesterday I asked him, I also feel quite confused about his identity on this ship.

TRAINEE F: yeah, I think he's meant to be crew but he's identifying himself as a photographer.

YX: Yeah, I'm not very very sure, because he's telling me he's also a photographer. But he also wanna be a trainee.

TRAINEE F: Yeah.

[15:57]

YX: So do you feel it's a good thing to.../ we can't use phone for a couple of days?

TRAINEE F: yeah, it's like a social media detox.

YX: detox.

TRAINEE F: yeah.

YX: Do you feel like usually you spend quite much time on phone and social media and things?

TRAINEE F: em... if it's necessary I will, when I'm at work, I don't touch it. I don't need to. And if I'll meet Bob [her boyfriend] in the evening, I will do it. It's just I'll just use social media more of... I use my Instagram as a diary, so I just memorize pictures.

YX: So can you say you are actually normally quite self-disciplined in terms of social media?

TRAINEE F: Yeah.

YX: Yes, that's good. And I find sometimes social medial can also be a good thing like after this voyage like people can connect each other.

TRAINEE F: Yeah, that's what I use it for. Cause I, I have friends are in New Zealand now and I have family in Canada. So I use it more of an open diary to

keep people updated, and I've got my grandma going on Snapchat and social media. It's just, I just think it's a nice way of communicating, then they can feel like they are involved to see what you are doing. Cause my grandpa lives up in Manchester so it's quite hard for me to explain what I'm doing, and they can't always necessarily make it down and see what am I up to. So, it's just a nice way for them to feel involved with me growing up. [00:17: 26]

YX: Yes, that's a nice thing. Then what about the sail training friends? In which way do you connect with them, like in Facebook or Instagram or something?

TRAINEE F: We've all followed each other on Instagram and Facebook. But at this moment, there's no necessarily to be Facebook messaging each other. It's a bit pointless.

[Laugh]

YX: yeah, that's true, just like a bit later, people will be sharing pictures and everything.

TRAINEE F: yeah.

YX: yeah, and I remember last time you mentioned to me, you and Trainee N and Trainee BB have already planned something of your future meeting up.

TRAINEE F: yeah, yeah. And even Trainee U mentioned that he'll really like to come to Cornwall and... Sea Staff E, we're gonna meet up, she's gonna come to the Sea Shanties in Cornwall.

YX: Oh, really?

TRAINEE F: yeah, so we're gonna carry on the cultural exchanges.

[Laugh]

YX: Oh, that's really cool. It's like sometime next year or this ...//

TRAINEE F: Yeah, I think Sea Staff E wants to come over September cause that's when the Sea Shanty's on, or maybe August. I'll work out when it is. And Trainee N wants to come over for a rugby match cause she wants to see the drinking culture. [laugh]

YX: to see the drinking culture.

TRAINEE F: yeah.

YX: When?

TRAINEE F: In February, it's when one of the oldest rugby matches in England. So it's quite traditional.

YX: Wow, it can be quite messy.

TRAINEE F: Yeah.

YX: Wu~ so many people like trying to catching up.

TRAINEE F: Yeah, they wanna, so I have my Swedish experience, and now they wanna have an English experience and see my world sort of thing.

YX: Oh, yeah. So some people will just, you mean Sea Staff E is coming in September?

TRAINEE F: yeah, we've all planned to keep in touch...

YX: September is just this month.

TRAINEE F: No, next September.

YX: next September. That's very nice. So did you, do you have any plan to come back to Sweden like...//

TRAINEE F: yeah, even before this trip I was obsess with the midsummer. I REALLY like the idea of the Festival and I've always been interested in Scandinavian countries. [00: 19:43]

YX: Ah~ so next summer sometime you wanna come back for a holiday or something?

TRAINEE F: yeah. To celebrate the summer with everyone.

YX: that's really nice.

[20:00]

YX: Do you think there's any, any one on this ship like you feel he or she has something you wanna learn from?

TRAINEE F: I wanna learn Swedish now. [Laugh]

YX: Swedish. [Laugh] Like except language, what else like some skills, competence or attitudes, or like personality thing?

TRAINEE F: Em... I found... one of my like biggest issues is, I don't mean to be nasty but I don't like big problems, and I have to FIX everything INSTANTLY. And a term my friends use is "I trump the bin, and I jump the gun." [20:50] So I draw my own conclusions and I'll go and be like "What the hell this is?" "What's going on?" "How do we fix it?" and I'm learning to take a step back and relax and just watch the situation for a moment, longer before I go in all gun's blazes. [00:21:12]

YX: How did you learn this?

TRAINEE F: Em... well they, I got very frustrated cause they seem to have a meeting about a meeting about a meeting. So everything is like, so for example with the crew parade, in England I find we would say 'OK, so the theme is this and we need to be ready for this time. and you will take yourself immediately to go and get dressed, do your own make-up and then be ready to go.' Whereas they seem to have a MEETING about what the theme should be; a meet to check if everyone's OK with the meeting; and then a meeting to check that everyone has the right stuff; and then a meeting to check that everyone's getting dressed; and then a meeting to check whether they are doing their make-up~ I found that frustrating but it kind of taught me that you need to make sure everyone's happy in the group whereas usually if there's a majority, I don't think about the minority and I'll just say 'This is the plan, sort yourself out, be ready, if you are not ready, we are going.' [00:22:15]

YX: So, yeah, so it's like kind of more group spirit instead of doing things individually.

TRAINEE F: Yeah.

YX: Whatever you prepare, we just like leave at what time.

TRAINEE F: Yeah. I'm such a little princess, but not in a mean way, but I just see as "Oh, Ok, if they don't wanna do that, I'll go by myself and do it." So I found it, I found it quite strange how if one person says "Oh, no, I don't want to do." they stay together and then they won't do that whereas I match off and do it cause I want to do it and then come and find everyone later. [00:22:55]

YX: So you started to realize like you have such kind of "Princess" problem.

TRAINEE F: Yeah.

[Laugh]

YX: And you wanna like kind of step a bit back to see ...//

TRAINEE F: I need to work on my teamwork, I'm very headstrong and independent, and I'm quite happy to go off on my own in a lot of the time, or do my own stuff. I didn't notice because I'm used to knowing my place on the boat and knowing what my job is inside out. Though earlier I struggled with, when Trainee U took charge, I don't mind, it was quite nice I knew he wanted to do it, so I just left him to do it. But I found it quite hard when I knew what I was doing and I would do it, and then he was yelling the command like not in a principle way but just so I could hear. He will be like "Take the halyard off." I was standing without a clue, it's just standing. [00:23:50]

YX: That's a bit confusing then.

TRAINEE F: It's not confusing, he will just say the commands but I'm just so used to everyone knows what they are doing and just no one telling you to do it, and I was like, I found that quite hard to be told to do something I know what I'm doing. It's just quite like they are repeating everything.

YX: it was like following other people's instruction, especially like your peer friends' instruction, do you feel it's a bit kind of difficult to ...//

TRAINEE F: No, I'm happy to follow instructions, but I don't need to be told 10 times. [Laugh] it's just that I noticed there's a lot of like a meeting for meeting for meeting sort of things going on, so let's say, get ready to tack, and then I would, with the sheet I would brace it ready so it was towards where I can stop pulling it over. And they will be like "Make sure you are doing it."

YX: Yeah, people are like keep checking things.

TRAINEE F: yeah, I don't, I think I realized I don't know, it's hard to pick up the culture all people just don't know what they are going so they need to be reminded. But it's just...

YX: yeah, because maybe someone, maybe they think some of the ...//

[25:00]

TRAINEE F: I can see where these were coming from, but I just feel very 'Be quite, just doing it, why you say it 5 times!'

YX: So do you feel you are more tolerant about this now? Like ...

TRAINEE F: I'm getting there.

YX: Like compare to the first time you feel like ... do you think you are like more and more tolerant about this?

TRAINEE F: yeah. I'm just, I'm finding my coping strategy is to don't take the lead, and just step back and watch how they want to do it. And then I know, just know what I'm doing, and then just don't answer back what they say, do that, and then do that!

YX: It seems that you are quite kind of a self-reflective person.

TRAINEE F: yeah.

YX: You are like trying to see how are you feeling, and to see what, like sometimes criticize yourself, like some of the aspects, and try to kind of improve yourself.

TRAINEE F: yeah, my mom always tells me of, she says I'm very black and white in my thinking.

YX: Then do you think so?

TRAINEE F: yeah, definitely.

[laugh]

YX: So you are quite black and white sometimes, like to make some judgements and to do something, do or not do. Just make a decision like very soon.

TRAINEE F: yeah, I snap my decision like...

YX: Do you think it's a good thing or bad thing?

TRAINEE F: Em, when I'm right, it's a good thing but if I don't think about the situation thoroughly enough and make a wrong decision, this is bad.

YX: So is that also the reason why you wanna try to learn to step a bit back, to think of things more, and to make something not so black and white?

TRAINEE F: yeah.

YX: That's really cool... Do you think there's any like difference to cooperate or interact with people from different cultural backgrounds and to cooperate with people from the same cultural backgrounds? Do you think there's any difference to work with these groups?

TRAINEE F: Em... I haven't noticed the difference, culture, do you mean within Sweden different cultures and within England different cultures?

YX: yeah.

TRAINEE F: Em... The Swedish people I don't really, their backgrounds haven't really come through to me. Everyone is very similar in the way thinking. With the English and Irish people, we are all very different in the way we handle situations.

YX: Individually, you mean?

TRAINEE F: Yeah, so stereotypically people in the North has a different way of acting about things to the people in the South, and then the Irish. I would say, you've got like, you can see between Trainee D and Trainee E. There's a big difference as well. This is funny.

YX: Yeah, and Trainee E and Trainee H they are all quite different actually.

TRAINEE F: yeah, yeah, we are all very different I think.

YX: So it maybe not necessary because of like which country you come from, just because people are individuals?

TRAINEE F: Yeah.

YX: So if there's a chance for us to choose, do you prefer to have these mixed nationalities on board? Or do you prefer all people come from maybe England?

TRAINEE F: Em... I really like the mixed nationality, yeah.

YX: Which part do you like the best about this mixed nationality?

TRAINEE F: Em... it's just interesting to learn about different cultures.

YX: To learn about different cultures. So what did you learn then?

TRAINEE F: About midsummer, then about Holland, just a little bit of history, and how...//

YX: History about Sweden?

TRAINEE F: Yeah. I don't know what I meant to say, am I meant to talk too much or talk less? [laugh]

YX: That's fine, just talk whatever you want.

TRAINEE F: Oh, it's just been interesting to look how ... kind of the average view of the country reflex on people and if they like to identify their nationality or if they don't like to. I found it quite interesting Trainee AA doesn't like to identify she's from Amsterdam, so she would often say she's from Dutch land.

YX: Why?

[30:00]

TRAINEE F: Because she doesn't agree with the Red Light District and the weed smoke. She gets quite offended if she said she's from Amsterdam, that the first two things they identify with. And she gets quite frustrated and she was saying she really doesn't like, I can't remember the, they have special Christmas thing, and it's quite racist. All the white people painted their faces as black and be Santa slaves.

YX: Oh really.

TRAINEE F: yes, and it originated from when they were chimney slaves. But they carried on and reinterpreted it, it's quite bad. Because it's their tradition and they wouldn't get rid of it. And then she's really upset so she doesn't really want to be identified with Amsterdam.

YX: yeah, because people have kind of stereotypes on particular...

TRAINEE F: yeah.

YX: yeah, I also heard from a couple of trainees, they mentioned about their identity confusion sometimes, because some of them they came from different like, very different cultural backgrounds. Some of them they come from, they are born in Sweden but their parents are come from like not so advanced countries. And their identity was quite confused and sometimes they were like asked again and again their original.../ "Where are you from?" like "Where do you come from?" like that, so it's kind of a bit sad.

TRAINEE F: Yeah.

YX: yeah, I think like identity thing is quite ... what about you? Do you feel like confused about your own identity thing?

TRAINEE F: I think everything is so international now, everyone is an individual. I don't really see an identity, I don't really see identities, I just see that "Oh, they can speak another language." "Oh, they were born in this place." If that makes sense.

YX: yes. What about yourself? How would you define yourself? Would you define yourself as a British girl?

TRAINEE F: I don't know~ I'll just say... I'm from England, I wouldn't say I'm British really that much. I really, I've never really said I'm British. I've only, I've only really said on this boat because everyone's saying "I'm Swedish." So I just kind of mirror their reaction. [Laugh]

YX: Yes. So what about your family, are there any family member they are from different...

TRAINEE F: My... so my grandma she divorced my granddad and then married granddad Harvey from Jamaica so my uncle is half-caste. So it's a bit of mixed race I guess in the family. But yeah, I don't know... [33:03]

YX: yeah, so especially you must have travelled around different countries and stuff.

TRAINEE F: Yeah.

YX: And when you are travelling, and when you are on this ship with different cultural backgrounds, would you think about people's national identity and international identity stuff?

TRAINEE F: No, not really. I just think about don't to be stupid or sensible. That's what I really...

YX: That makes sense... what would you think is the best part of this voyage that you like the best?

TRAINEE F: the sailing, the sailing part.

YX: The real sailing part, like your watch.

TRAINEE F: Year~ my watch is so lovely, I like that, we can have fun, have the job done most of the time [Laugh]. And I've just thought it really interesting looking a completely different way of rigging the boat than what I'm used to.

YX: Oh really. So it's quite different.

TRAINEE F: Yeah.

YX: But did you sleep quite little for this watch?

TRAINEE F: [in a very low voice] I sleep a lot.

YX: You sleep a lot!

[Laugh!]

TRAINEE F: I usually go to bed after dinner and wake up in the morning.

YX: Oh yeah, that's a very good strategy. SO you quite enjoyed the watch time with the group.

TRAINEE F: yeah... I worried that I treated it too seriously sometimes though, and didn't spend enough time socializing.

YX: Do you mean treat the sailing part too seriously?

TRAINEE F: Yeah, it's like I make sure I got enough sleep so I could work hard during my watch. I found that most people were only getting like a few hours, like 4 or 5 hours sleep because they want to stay up and socialize whereas I wanted to make sure as functioning. Cause I know I can't function without sleep. So rather than staying up and making an effort to talk to people, I'll just go to bed and make sure I'm set up. [00:35:24]

[35: 25]

YX: yeah, but when you are socializing, you are very effective.

TRAINEE F: yeah~

[Laugh!]

YX: Yeah, you are like very warm to people. Like yesterday when Sea staff C and Jock were leaving, like you were, you gave Sea staff C a really big hug and makes people feel really happy and feel like sweet.

TRAINEE F: yeah.

YX: Is that your... this is like kind of your personality, and then that's how people always feel happy when you appears. Because when I see people, some people when they are calling people's name, when people they are calling your name, they always try to call your name in a very ...

TRAINEE F: strange way [Laugh]

YX: Like you are very good friends already. Like "TRAINEE F" "TRAINEE F" "TRAINEE F" "TRAINEE F" [in different tones]. Just like in different tones.

TRAINEE F: yeah, I've never thought about that. I just thought we are just missing around.

YX: Because I have noticed for a couple of times, I feel maybe this is kind of reflection. Like how you treat people and then people will feel comfortable to be with you in that kind of way.

TRAINEE F: yeah.

YX: I think this is really good. Do you think there's any kind of difference to make friends on a ship and to make friends in your daily life?

TRAINEE F: ... I'm really good at socializing, so I bond with people quite quickly. But I do find it, you do cause you spend quite a lot of time to get quite close.

YX: Do you find any trainees on this ship, like they were not good at socializing and they were changing a bit?

TRAINEE F: yeah... Trainee D, she was quite inside herself, but I've seen her, I watch her confidence grow which was really nice, and she make comments to me which I found quite sad but I found I just thought it's an AGE thing cause I found my friends when I was 16 were the nicest friends. I feel you need your real friends when you are older cause when everyone's mature and not obsessing with boys but just stereotype the boarding school girls. So she found that when she's at home, they don't really look after each other, they are more boy-orientated. If that make sense? And she found it really enduring when I dropped my phone in the water or whatever down the gunnels of boat, then everyone turned about to me, they are just trying to give me their phones and being like 'Are you sure, you are sure you don't need my phone?' And she came up to me, she's like 'My friends will never do that for me, they will just be like 'Oh, you dropped your phone.' [00:38:38]

YX: Oh, really, that's kind of sad.

TRAINEE F: Yeah, I found that quite shocking.

YX: Yeah, maybe because she's in a girls' school.

TRAINEE F: yeah, so watching Trainee D, and I've been watching her try to mirror the way that she usually socialize and she comes across condescending quite a lot. And you can see that's her security, she's just trying to make herself feel involved but she don't real-, I don't feel she realized she's putting people down to try and bring herself into the conversation. [00:39:05]

YX: Oh, really sometimes?

TRAINEE F: yeah.

YX: Is she changing?

TRAINEE F: She's changing, getting better. She's becoming nicer in the way she speak to people now.

YX: And do you think she's just like unconsciously doing something?

TRAINEE F: I think it's, it's not, I don't think she's a bad person at all, it's not like I think she's nasty. She's just insecurity.

YX: Insecurity.

TRAINEE F: yeah.

YX: It does make sense because of people's environment of growing up.

TRAINEE F: yeah. My best friend does that all the time, I will just tell her to shut up. [Laugh]

YX: And many people mentioned about Trainee M and Trainee G, they also changed quite a lot.

[40:00]

TRAINEE F: YEAR~ Trainee G is coming up a bit shy.

YX: To my surprise, today when I was talking to Trainee H, Trainee H think Trainee G is quite talkative. I was like “He wasn’t like this.”

TRAINEE F: No~

YX: Many people changed a lot, and people like you, like you have already been like quite socialized, and maybe you will learn things from different ways, like...

TRAINEE F: Relaxing. Not taking charge constantly.

YX: yeah, I think sailing is quite magic.

TRAINEE F: Yeah.

YX: Do you think this voyage has changed you, or have some influence on your future plans, except those travel plans?

TRAINEE F: Em... I don’t know, I’ve been used to that, I was towards my yacht masters, I can travel more, sailing. I’m working towards my yacht masters at the moment, building up hours. So got a few more hours towards my master’s making. [41:20]

YX: So you are gonna get a yacht master’s certification so you can do more sailing stuff?

TRAINEE F: yeah, you could be a watch officer or try to be a first maid.

YX: that’s really cool.

TRAINEE F: yeah.

YX: If you are a yacht master, can you work on this kind of ship, tall ship?

TRAINEE F: I’ll need to update my offshore, but yeah...

YX: that’s really cool. Thank you very much for the interview conversation. Do you think you would like be follow-up interviewed?

TRAINEE F: Yeah, definitely.

YX: That will be cool.

[Then I invited TRAINEE F to join the follow-up interview, and she agreed.]

14) Individual interview 13: with Trainee P

Participants: Trainee P

Date: 2016/08/29

Location: Deck of Vega Gamleby

Time: 2:40 pm

YX: refers to the researcher

Trainee P: I don't know why that we don't do that, like my closest friends, we are really good friends but we don't hug that often. Cause in Sweden it's very common when you meet someone in the city or if you meet up for a Fika or lunch, you give each other a hug and then you do that when you are leaving, like we hug a lot in Sweden, but ... yeah, I don't know.

YX: Then do you think it's a normal thing like this happen on the boat like sometimes they get quite intimate like very quickly.

Trainee P: Yeah, I don't know, I don't know.

YX: Like if there're some other girls on the ship they lean on your leg, how would you feel?

Trainee P: Well...em... I think it's more, because I think that happen quicker because we live so close to each other actually, I think so. Because we, because, yeah, so it's like my friends at home we don't really, we are not that intimate with each other. Although we are very good friends, but maybe that's because we haven't lived with each other in this way, maybe. I don't know.

YX: Maybe, because I also see boys like Per and Trainee V and Trainee T, sometime they are like, even though sometimes they are like just joking or something, but it feels like 'Oh my god, boys are so intimate with each other.'

Trainee P: Yeah. It's like that at home as well.

YX: Oh, it's like that at home? So boys always, also like quite physically intimate with each other.

Trainee P: Yeah, yeah.

YX: What about girls and boys, like between girls and boys. Would you think they are quite easily to get physically intimate?

Trainee P: It's so hard... because when it's, when you say easy, it's like it's hard to specify or it's not a fixed word. If you understand what I'm saying. So it's, it's hard to say, because it depends on what you compare it with. I would say, maybe, maybe.

YX: Like on the ship, like sometimes girls and boys they will sit like very very close to each other. And they, it seems that they don't mind to get very.../sit very close to each other.

Trainee P: Yeah. I think that it's the same at home.

YX: It's the same at home.

Trainee P: I think so. I think so, if you are good friends.

YX: If you are good friends; it makes sense.

Trainee P: It's so hard because we don't, it's not very often that we spend so much time with this...em...a big group of people, and we all spend so much time together. So it's hard to have something to compare with. Cause in my class, my classmates we aren't that close, like we are not very good friends at school in my classes in general, so I can't really compare it with that either.

YX: What are you going to do after this voyage?

Trainee P: I'm going STRAIGHT back to school.

YX: Straight back to school.

Trainee P: Yes, and I have my last, my third year at high school. So I graduate in June. So I'll just keep, try to compensate for the week that I've been missing. And yeah, get a great start with all the school work. So that's my No. one priority, school! Haha... but I also, I'm going to start my Yoga, I go to yoga class twice a week, not during the summer, but I'm going to start that as well. And going to continue with my running, I did, I went for a running yesterday and I loved it. It's so nice, I've been missing that. And yeah, then I'm actually going to travel again in this autumn.

YX: Oh, to where?

Trainee P: Sri Lanka.

YX: Sri Lanka. Oh really?

Trainee P: Yeah! So we will leave in the end of October, stay for one and a half weeks, me and my family.

YX: Ah~ it's nice.

Trainee P: So I will, until then, it will be school, well, 90% school I would say. Cause it's the last year and it's very important to get everything right. We also have a, in Sweden, when you are during your last year, you have to make a big, you have a big assignment to work on during the whole year; and sort of to prepare yourself for the university. So you make...you ...em... well, you work two hours a week with the teacher, and it's a very big assignment and I mean, I have applied with two of my to go to Kenya and work with our project there as well.

YX: Kenya?

Trainee P: Kenia, yeah.

YX: It's like voluntary work?

Trainee P: Yeah, because at my school, when you read social studies and have the special, yeah, when you do social studies, you have to do some hours of voluntary work, yeah, to work as a volunteer, for some, for a certain amount of hours. And we hopefully will, we will do that in Kenya, Africa. And also I...

YX: That's so cool! When is it?

Trainee P: Er... it's the city is called Kipela [maybe Kapenguria] I think.

YX: And when is it?

Trainee P: When? Oh it's em... I think it's in February.

[6:02]

YX: Next year.

Trainee P: yeah. So it's during the spring term. I think it's in February. But also we will, hopefully we will work with this assignment, huge assignment in Kenya as well. So... because we have an organization at my school that I'm a part of, that's called Power Women's Friends [laugh with cheer]. So the Power Women is another organization in Kipela with the women that have, that have AIDS or high HIV positive living in the slam. You know, so they are very poor, and we are trying to collect money for them and help them in some ways from Sweden.

YX: So many interesting things. That's really good.

Trainee P: Hahaha...

YX: Could you, so will you think of your future plan during the voyage sometimes?

Trainee P: Em... Mainly about school, I would say.

YX: About school, and to compensate the week.

Trainee P: What's that?

YX: I mean you were saying "I need to compensate the week".

Trainee P: Oh, yeah~ My friend texted me some things that they have been doing at the class, but I was like 'I don't want to hear that yet!'

YX: Haha, no.

Trainee P: I don't want to think about it now, I want to think that when I get home.

YX: Did you share some of the voyage pictures with your friends?

Trainee P: Oh yeah! I actually uploaded a lot of pictures on Instagram.

YX: Oh really, how's their response?

Trainee P: Em...well, I got a lot of, I got some comments from the DOLPHINE picture, and also some comments, when I, I actually took a picture on the second day when we were in the harbour at the island outside Gothenburg, and I got some replies like 'Have a nice trip.' And 'Hurry back.' [Laugh] sort of ... and what I, yeah, I posted the picture of the sunset, oh, the sunrise, and I got some comments on that as well, so... [08: 16]

YX: Yeah, it's really nice to have the chance to show friends and let them know what you are doing.

Trainee P: Yeah, and also it's nice to get to know what they are doing. But I, yeah, I want to know more when I get back cause there are a lot of things. Like I want to be present, present in the moment here, but not have my thoughts elsewhere. I, actually that's why I think it's really nice that we don't have any internet or

any signal when you are out at sea. Cause then you can just shut everything off.
[8:45]

YX: yeah, I think the words that you use is very exactly right, like here and this moment. Because like last time, I was like try to organize a focus group discussion with some of the trainees. I asked them like ‘Do you think this voyage is gonna influence you in some way or in some of your like future plans?’ and many people say, usually it’s very difficult to find what’s the influence like maybe you need to take 2/3 months after this voyage. And you yourself and our friends around us they will find the influence of this voyage on us.

Trainee P: Yeah, cause I did, I think I’ve told you about it, a trip similar to this one, kind of, last summer when we, so it’s an organization that organizes language trips they are called, so you go to English speaking countries most of the time and sometimes you have classes, and you learn English and live with other Scandinavian people. But I did the adventure, or the experience, language trips, so we went in a van, from St. Francisco to Washington, on the other side of the US. So we went across the US and we passed four different national parks and quite a lot of cities, saw so many interesting like crazy things. [With a smile on her face]And I did that together, in my van we were 12 teenagers from Sweden and Norway. And also there are other van that joined us when we, we stayed at the same place at night but we didn’t really see each other that often during the days. But and we slept in tents and hostels, I think, I felt like my life sort of changed RIGHT AFTER that voyage actually.

[11:00]

YX: What kind of change?

Trainee P: Like because I, I was kind of forced to go, to do the trip by my dad.

YX: By you dad.

Trainee P: Well, I wasn’t forced. But he has been ...

YX: Like persuasive?

Trainee P: Yeah, yeah, very, and he, he has been like during the last five years or something, he has been ordering the catalogue from this company that organizes this in my name. To me, so I got all this catalogue, and I was like “Why do I keep getting this?” [Laugh] Apparently he has been, he didn’t tell me that he was the one who’s ordering them, he wanted me to go so he just ...//

YX: He wanna influence you.

Trainee P: Yeah! So, but then I was like “Yeah, why not? I will just do it.” And I did it, and I’m so happy that I’ve done that because otherwise, I think it open my eyes also to travelling, but also to new experiences. Like I wouldn’t be here if it wasn’t for that trip, like at all.

YX: Oh really.

Trainee P: No, no. I will never attend this. Or maybe my dad, again, force me to go.
[laugh]

YX: Force you to go this one?

Trainee P: Yeah, but he, like he influenced me so much to go to that trip. Maybe he would have done the same thing with this trip. And I would have gone it.

YX: So is that like your dad encouraged you to come to this one or...//

Trainee P: Yeah, yeah, but I really wanted to go here as well.

YX: So the situation has totally changed.

Trainee P: yeah, hahahaha.

YX: Oh, that's really really nice. At least he's doing the right force.

Trainee P: yeah, yeah, I think so. And yeah, so...

YX: But this voyage must be quite different from the last one.

Trainee P: Yeah, it is, I would say, yes. Because during the last trip, yeah, it is.

YX: like last one you've got Scandinavian people and this voyage you've got like British people and ...//

Trainee P: yeah, that's true. And also what I think is different is that during the last trip, we went to new places, every day.

YX: Every day!

Trainee P: So, yeah, so we ke- because it's it's a lot of miles between ...

[Then crew and other trainees were gathered on board to set sails so that the interview had to be stopped here.]

15) Pair interview 1: With Trainee Y and Trainee W

Participants: Trainee Y and Trainee W

Date: 2016/09/03

Location: deck of Vega Gamleby

Time: 11:46 am

[Interrupted for a couple of times because of the unmanned aerial vehicle hovering over, making crazy noise during the interview.]

YX: refers to the researcher

YX: so I was talking about the expectation of this voyage from the beginning. Because like TRAINEE Y was expecting how to learn to sail a boat. That was his like initial purpose. And he felt, can you say something about this again?

TRAINEE Y: Yeah, you have learned quite a lot about how to sail. But it's not like I've mastered it, still as a trainee. [Laugh]

YX: But do you think you have the confidence to sail a boat now? With your friends.

TRAINEE Y: Em, yeah.

YX: yeah?

TRAINEE Y: yeah.

YX [towards TRAINEE W]: what about you?

TRAINEE W: My experience, I have learned about how to communicate in English.

YX: Yeah. I remember the first day you were saying the purpose you come here was to improve your English.

[All laugh]

YX: That was really an interesting point. Do you think you have improved something?

TRAINEE W: Yeah. I have, I know how to introduce myself.

YX: What about something else? Like except learning English, learning how to speak English better. Do you learn something new?

TRAINEE W: New? Not really, because I have sailed before. So I know, I have the experience. I've already got the sailing experience.

YX: Yeah, you've got sailing experience, but do you think you have been very mastered at sailing already?

TRAINEE W: master? Not really.

YX: So did you learn something new from this voyage?

TRAINEE W: Yeah, I have learned something about the English name of the ropes, you know, and yeah, how to sail in English. I haven't done that before. So that's my first time.

YX: So last time you were sailing in Swedish.

TRAINEE W: Yeah. That was a Swedish boat, and there were only Swedish on board.

YX: So that must be quite different. Because this voyage we have mixed nationalities on board.

TRAINEE W: Yeah.

YX: Do you know this before, like before you came?

TRAINEE Y: Yeah.

TRAINEE W: Yeah, I know. Like other ships, they are mixed nationalities, and I already know they have other kind of sailing boats, and other trainers. They are from other nations so they are more English speaking on the boat.

YX: So how do you feel like sail a boat with people from different cultural backgrounds?

TRAINEE W: We are a bit funnier, and not speak so much Swedish, you will learn English faster.

YX: What about TRAINEE Y, how do you feel there are like mixed nationalities on board and how do you feel like the communication with them?

TRAINEE Y: Em... I usually speak a lot of English at home, so I don't, it's not really something new for me.

YX: Yeah. I remember like every time like we have lunch or dinner, you are always surrounded by quite a few English people.

TRAINEE Y:[Laugh] yeah.

YX: Yeah. And the other table is quite Swedish. And you are always talking English with British people, that's what I found. Is that because you are quite confident and comfortable to speak English? So is that like you have quite a few British people to speak to in your daily life?

TRAINEE Y: yeah.

YX: Do you have any kind of pre-assumption about how British people will be?

TRAINEE Y: no, not really.

YX: So, what about you TRAINEE W? Do you have any kind of pre-assumption about how British people?

TRAINEE W: Yeah, I got other experience from when I was sailing to Scotland, the people were more sociality. And if you just say Hi, they can speak with you for five minutes. Then they can leave you. They can just speak with you like they know you.

YX: And then leave you?

TRAINEE W: Yeah.

YX: Do you feel that's strange?

TRAINEE W: No, I think that's more sociality.

YX: So do you think people on this ship from Britain they are like those people you know before?

TRAINEE W: yeah, it's, it depends on where they come from. Like Trainee E he's a very open person.

YX: He's very open.

TRAINEE W: He speaks very open, yeah, and he can speak to who else he see.

YX: do you think it's a good thing or bad thing?

TRAINEE W: this is a funny thing.

YX: It's a funny thing? Funny in a good way or bad way?

TRAINEE W: Good way, to know, to start a communication with people. Then if you go too far, the person can be a little bit angry.

YX: well, so you think it depends on where do they come from? Do you think so?

TRAINEE W: Yeah.

YX: So do you think maybe some people from Scotland or England they will be a bit different?

TRAINEE W: Yeah.

YX: Because like on our ship, there are people from Newcastle, people from England, what do you think of them?

TRAINEE W: they have different sociality, I think, life you know, in their normal life, they are ... I don't know how to explain.

YX: do you mean they have different social habits and that's because they are influenced by their own daily life? Is that what you mean?

TRAINEE W: Yes! Yeah!

YX: So you think they are quite different actually, or do you think they are different or ...?

TRAINEE W: A little bit different but not so... they are not the same. They are different. We people are not the same at all. We are all different in other ways.

YX: So do you think they are different from Swedish people, or you don't...

TRAINEE W: Yeah. They are different from Swedish people.

YX: So you think English people are different from Swedish people?

TRAINEE W: It's much easier to communicate with English person, if they understand you, your English accent, accepted. And the Swedish people, you can say what you want, but you can say...

YX: So do you mean if you feel English speakers they are easier to talk to than Swedish people.

TRAINEE W: To work with, yeah.

YX: What do you think TRAINEE Y, do you agree with this?

TRAINEE Y: I didn't really notice that. I didn't notice that.

YX: Maybe you don't feel the same thing.

TRAINEE Y: No.

YX: then what do you feel? Do you feel it's all most the same or do you feel it's kind of different but...//

TRAINEE Y: No, I think they are pretty much the same social, as we do, they are...

[Interrupted for 10 seconds: Trainee E came to ask TRAINEE W to say hello to his mother through skype.]

TRAINEE Y: There are some differences, but they have pretty much the same social habits as we do.

YX: Do you think the differences are because of nationality, or it's not because of nationality?

TRAINEE Y: I don't know actually.

YX: So you don't think it's something about nationality.

TRAINEE Y: No, I didn't even notice any way.

YX: So you actually you didn't notice there are quite much differences.

TRAINEE Y: No, not really.

YX: I think maybe it's because your own experience, because you are like so experienced to talk to different people from different nationalities.

TRAINEE Y: yeah.

YX: So is that like you just treat everyone as a person instead of someone from England...

TRAINEE Y: Yeah.

YX: have you ever unconsciously speak Swedish to someone?

TRAINEE Y: Yeah, of course I have.

YX [towards TRAINEE W]: have you? Like unconsciously speak Swedish to English speakers sometimes?

TRAINEE W: We speak Swedish words? Some words, yeah.

YX: Like why do you think you have this kind of...

[Gripwn 39 sept hovering over our head, making great noise so that we had to pause our interview.]

YX: Yeah, so sometimes you unconsciously speak Swedish to some of the English speakers.

Z & K: Yeah.

YX: why do you think you have this kind of unconscious conversation?

TRAINEE Y: Because it's our native language, we do, it's the normal thing for us to speak. Sometimes we are not thinking about it, we just speak Swedish.

TRAINEE W: yeah, this is automatically the thing you'll just speak.

YX: Kind of language habit.

TRAINEE W: yeah. Like I don't know the English words, so you take out Swedish words. But I don't know how to explain that.

YX: Oh, so it's like you purposely speak Swedish. So have you ever unconsciously speak Swedish to them?

TRAINEE W: Yes. Not exactly Swedish, but you try to speak English with Swedish accent.

YX: I can't understand that.

TRAINEE W: You know how would Swedish people speak English?

YX: No, my question is have you ever unconsciously speak Swedish to English speakers?

TRAINEE W: No.

YX: OK, so you did [towards TRAINEE Y].

TRAINEE Y: Yeah.

YX: So do you think it's from the first couple of days, or in the later part of this voyage?

TRAINEE Y: Equal.

YX: Equal. Just like kind of language habit?

TRAINEE Y: Yeah, it is. When you do something, you are just not thinking, you start to speak in your native language.

YX: Did you do this in your previous life?

TRAINEE Y: yeah.

YX: Yeah. You also did it sometimes, like without conscious, without purpose. So what's English speakers' reaction to you then?

TRAINEE Y: they usually look very confused.

YX: Do you mean on the ship?

TRAINEE Y: on the ship? Yeah, they just look confused and then I switched to English.

YX: Will they remind you "TRAINEE Y, you are speaking Swedish to me!"

TRAINEE Y: Well, I start speaking English as soon as I see they're confused so ...

YX: So you recognized, you realized "Oh, I'm speaking Swedish."

TRAINEE Y: yeah. So then I'll just switch the language.

[Laugh]

YX: So do you feel there's any kind of difference to make friends on a ship and to make friends on the ground.

TRAINEE Y: yeah, it is different. Because when you are on board, you can't leave so they have to stay, so you have to be together whether you like them. So you can't stay away with other people. So you have to learn to do them.

YX: You have to learn to get along with them.

TRAINEE Y: Yeah.

YX [towards **TRAINEE W**]: What's your feeling about it?

TRAINEE W: My feeling is if you are all in the same area all the time, automatically you will connect with you like to spend time with. Like you want to share your experience to who you speak with. So like our guys, we rarely contact with the girls because they are separate.

YX: No, you can't say you present everyone.

TRAINEE W: Ok, not everyone, but mostly I thought.

YX: So do you think some of the boys they can't get very involved with girls?

TRAINEE W: Yeah.

YX: Do you think the same, **TRAINEE Y**?

TRAINEE Y: really, no.

YX: no. [towards **TRAINEE W**] So you feel a bit difficult to communicate with some of the girls on the ship?

TRAINEE W: yeah. Because we don't have same interesting to talk about.

YX: interests. So what else? What do you think is the difference of making friends on a ship and make friends in your daily life? Like on a ship, just like what **TRAINEE Y** said, we are on a ship, and we can't get off the ship whenever we want, because we are at the sea, so sometimes we have to talk to people around you. How do you feel about this?

TRAINEE W: It's ...em... I don't understand.

YX [towards **TRAINEE Y** and said in a low voice]: Can you explain it for me?

[Then **TRAINEE Y** explained the question in Swedish to **TRAINEE W**.]

TRAINEE W: Oh, I think it's similar.

YX: It's similar?

TRAINEE W: yeah. How to, you want to communicate with people, if they see it's interesting, they will still talk with you, and yeah, be friends with you and hang out sometimes.

YX: But you can't hang out on the ship.

TRAINEE W: it's not a matter. You can go away on the boat. It's like if you want to hang out with the boys and the girls, they are sitting here, and talking about ship. Then you don't find any interest about them. You will leave them automatically.

YX: So for you it's the same. It's quite similar to make friends on the ship and making friends ...

TRAINEE W: On land.

YX: yeah, let's say, because you have got a very close friend Trainee T on the ship.

TRAINEE W: yeah.

YX: Is that like you have discussed to be on the same boat before?

TRAINEE W: Yeah.

YX: So you want to be on the same boat? Why do you want to be on the same boat?

TRAINEE W: Because I just ask him if he want to sail with me. Because I'm interested in sailing. Well, we choose the same boat because we are friends. We can have the same memory, we can, yeah.

YX: So you and Trainee T choose the same boat to sail because you want to share the same experience, the same memory.

TRAINEE W: Yeah.

YX: Do you think things will change if Trainee T is not on the ship. Do you think what will, is there anything will be changed?

TRAINEE W: yeah, if sometimes I'm boring, and I don't know what to do, I can go to Trainee T and speak with him, and find something to hang out, to do.

YX: Can I understand this as, Trainee T is on the ship so this makes you feel more comfortable sometimes. Because if you feel other people are boring or you feel yourself is quite lonely you can go, walk to Trainee T and talk to him.

TRAINEE W: yes.

YX: But you are in different watch time.

TRAINEE W: But it don't matter. Because when you are on watch, not on watch, you have the free time, then you can go and have a chat and hang out.

YX: That's true. **TRAINEE Y,** do you think there's any difference to make friends with Swedish people and people from other countries.

TRAINEE Y: No, not really.

YX: Not really. And make friends with girls and boys, any difference?

TRAINEE Y: No, not really.

YX: well, so do you have some people on this ship you are closer with?

TRAINEE Y: well, you do get closer to the ones in your watch. Because you always wake up at the same time.

YX: And you work together.

TRAINEE Y: yeah.

YX: So you feel you are closer to people in your same watch.

TRAINEE Y: Yeah.

YX: What about you? [towards **TRAINEE W**] do you think except Trainee T, is there any other people you feel close to on this ship?

TRAINEE W: Trainee E!

YX: Trainee E.

TRAINEE W: yeah.

YX: Because of what?

TRAINEE W: Because he's social and funny and he's open-minded. He can share something with you.

YX: So you feel you quite like his personality?

TRAINEE W: yeah, yeah. Sometimes. But sometimes he's going too far. Then you just ignore him.

YX: you just ignore him! [Laugh] If you ignore him, what will be his reaction?

TRAINEE W: Reaction like, he will, he was like lost you, and he will think 'Oh, I lost TRAINEE W, I want to...'

YX: What do you mean by "lost"? So he will say that?

TRAINEE W: No, he wouldn't say that, but he will feel like that.

YX: So when he feel you were a bit kind of annoyed by him, then you will just ignore him, and he will feel he may did something wrong. And then he will come back and behave better?

TRAINEE W: Yes.

YX: What do you think of people in your watch? Do you think people are getting closer? And you share like very limited space and people will show their bad traits and, so they will show their good parts and bad parts. There's something you'll feel that's good, and there's something you'll feel 'Oh, my god, I don't like that.'

TRAINEE Y: [Laugh] yeah, probably because we live together, we see everything, we do, we sleep together.

YX: There's nothing to hide.

TRAINEE Y: Exactly.

YX: What would you do if there's something you dislike?

TRAINEE Y: Probably I would have to ignore it.

YX: Ignore it.

TRAINEE Y: Yeah.

YX: Would you say you try to tolerant that?

TRAINEE Y: When you do ignore it, you will still get used to it, so you will have to learn to live with it. So ...

YX: So what if we are not on a boat, and there's something some people like that, what would you do differently?

[23:00]

TRAINEE Y: Well, if we are not on boat, I would probably not hang out with them. Because then you would have the options to do other stuff. But now we are on a boat so we have to learn to live with this. [23:18]

YX: Well, so, if I understand it in a right way, it's like even though some of the people you do not really like them, but you are still going to spend time with them because you have to. And if we are on the land, if you have the choice to spend time with people, you may just walk away. You may just 'OK, I'm not gonna be friends with you guys.'

TRAINEE Y: Yeah~

YX: So what about before this voyage, you (TRAINEE W) have experienced such kind of voyage already, so you know there will be no wifi, no signal on the ship. Did you (TRAINEE Y) know this?

TRAINEE Y: I assume.

YX: You assume.

TRAINEE Y: Yeah.

YX: When it comes to be true, what was your reaction? Like you find you can't get in touch with people and you can't use your phone.

TRAINEE Y: Oh, yeah, it's kind of common.

YX: kind of ...?

TRAINEE Y: Common.

YX: So do you think it's kind of good thing for you or bad thing?

TRAINEE Y: Yeah. It's good.

YX: It's good. How do you (TRAINEE W) feel?

TRAINEE W: I feel very happy we had electricity on board cause you can charge your phone. You need to use your phone.

YX: yeah. For what kind of purpose?

TRAINEE W: Like take pictures, and when you are in the harbour, you can go and surf with your phone. That's the thing you can do, and the other ship I had sailed before, they don't have electricity. So this is a new thing. [25:28]

YX: OK. So TRAINEE Y, is this the first time you live for a couple of days without signal and wifi?

TRAINEE Y: No.

YX: No. So you've experienced like kind of similar experience.

TRAINEE Y: Yeah. I lost phones a lot of times, so...

YX: OK. But it's kind of a bit different because we are on the sea.

TRAINEE Y: well, I have been at sea, but I haven't been without phone.

[26:00]

YX: Well, when we are at sea and can't use phone because like you know in our daily life, if you lost your phone, you have much other things to have fun with. But when we are on board, sometimes we just don't have any things to do.

TRAINEE Y: No, I think it has been like nice to just put your phone away, I don't use it and then leave it there.

YX: And then what do you do then?

TRAINEE Y: Just do something else, I just don't use the phone.

YX: don't use the phone and you start to talk to people or stay alone?

TRAINEE Y: Yeah, just talk to people, maybe try to get some sleep or ... something else. [26:42]

YX: And I notice there are couple of times you were, you were like smoking, and other people they also smoke, they will come to you and talk to you, and becomes like kind of a common interest.

TRAINEE Y: Yeah. [Laugh]

YX: Do you feel it's kind of good to have some friends on board they have the similar kind of habit?

TRAINEE Y: Yeah, it is.

YX: It is, because otherwise if it's just you smoking in the corner, it's kind of you will feel a bit kind of 'Oh, my god, it's only me.' Do you feel...

TRAINEE Y: it's not as good as with others who smokes, so...

TRAINEE W: but when you smoke, do you think other people don't like smokes?

TRAINEE Y:

TRAINEE W: Do you feel that sometimes?

TRAINEE Y: Sometimes.

TRAINEE W: You don't think about that?

TRAINEE Y: try not to.

[TRAINEE W proposed a quite sensitive question to TRAINEE Y which sounds a bit offensive, I choose to interrupt to avoid negative influence of this topic.]

YX: But it's kind of personal choice, you can choose to smoke or choose not to. So it's nothing about like or dislike.

TRAINEE W: But people around you they can feel the smoke, and...

YX: but it's like there will always be people in your life they smoke, so people will get used to that.

TRAINEE Y: Yeah.

YX: And I feel it's kind of good, it's kind of a special community. Like there will be people like playing cards on the ship, there will be people like candies like Trainee M he's always very enthusiastic about candies. Yeah, so I think it's kind of neutral thing.

TRAINEE W: And the British trainees they like beer, and bar. They were actually searching for beer and bar when we came to the harbour.

YX: So you think British people they like bars and beers.

TRAINEE W: Yeah.

YX: So you do you think Swedish people dislike bars?

TRAINEE Y: We do.

TRAINEE W: yeah, they like, not in the morning after a.m., and afternoon. People going to the bar after their work. You know, after work. But the British people they are going often to the bar.

YX: When you say British people, who are you referring or just like.

TRAINEE W: British people, people from United Kingdom.

YX: how do you know that?

TRAINEE W: because they have bar open 24/7, mostly 24/7.

YX: Do you mean in Blyth?

TRAINEE W: no, whole England.

YX: So it's your impression about British people, they like bars and beer, like 24/7?

TRAINEE W: they like beer, yeah.

YX: What's your opinion, TRAINEE Y? Because you talk to, you've got quite a few like foreign friends, what do you think?

TRAINEE Y: Yeah. I really haven't talked that much about it, so...

YX: So you (TRAINEE W) have stereotype towards British people.

TRAINEE W: Not stereotype, this is just my, how I look ...how I know.

YX: It's kind of what you observed, your knowledge about British. And what else, what else do you know about British people?

[30:00]

TRAINEE W: People from small areas like ... em, Blyth, exactly.

YX: people from Blyth ...?

TRAINEE W: Just from England. It's not stereotype, I don't think so.

YX: So you think it's, yeah, I was just like kidding. So you think people from Blyth at least they fit your knowledge about British people, they like beers and bars.

TRAINEE W: yeah.

YX: So we also have Irish people on the ship, like Trainee E, Trainee H, and Trainee D. Do you think they are similar or they are quite different?

TRAINEE W: Yeah, the girl is a little bit different. She's not so hyper at the bar about beer.

YX: Do you mean the girl?

TRAINEE W: yeah.

YX: What about the boys? But Trainee H also didn't...//

TRAINEE W: Trainee H he's not 18, right?

YX: That's true, he's 16. Do you think there's difference on the ship between boys and girls?

TRAINEE W: Yeah.

YX: Like what's the most...//

TRAINEE W: the interest, they don't have the same interest. What they have the same interest is only the sailing. But the other things is the other things.

YX: Then do you think girls' opinion and boys' opinion were taken as quite equal seriously? Or do you think boys' opinion is even more important than girls'?

TRAINEE W: It's... I don't, I think girls' opinions are more valued.

YX: More valued?

TRAINEE W: em... I don't know. I don't understand that question.

YX: like do you think boys and girls they were treated equally?

TRAINEE W: It depends on which country you are.

YX: Like on the ship.

TRAINEE W: On the ship, yeah.

YX: What about in Sweden?

TRAINEE W: Sweden, they are quite the same.

YX: They are quite the same. What about your knowledge about English people?

TRAINEE W: Em... I don't heard about it, I don't have the experience.

YX: So what about, do you think girls will be better at something and boys will be better at something? Like do you think boys will, like generally speaking, will you think boys will be better at sailing than girls?

TRAINEE Y: No.

TRAINEE W: Not really.

YX: So you think it's kind of girls can also be very good, and boys can be worse than girls sometimes.

TRAINEE Y: Yes.

TRAINEE W: Yeah, it's true.

YX: so what do you think is your favourite about this voyage? Like we've got sailing part, like climbing the mast, and work together.

TRAINEE W: Win the sailing, we win the race.

YX: So you think the race part is the most interesting thing for you.

TRAINEE W: it was more exciting.

YX: well, race, if we didn't win, what if we didn't win the race? What if we are not in a race?

TRAINEE W: we get the experience of sailing.

YX: Yeah, we just get the experience of sailing, what do you think, except winning the race, what do you think?

TRAINEE W: You just have the sailing experience.

YX: Experience and like what experience do you think it's the, is your favourite part?

TRAINEE W: Experience... em... I have sailed, and have other international trainees to speak English. And to learn the other cultures.

YX: What did you learn about other culture? What did you learn?

TRAINEE W: Like British people they like beer, they like to drink.

[TRAINEE Y and YX laugh]

YX: What else, is there any kind of positive things?

TRAINEE W: And they like potatoes.

YX: They like potatoes.

TRAINEE Y: That's the Irish ones.

YX: That's Irish ones. What about, what else like, what Irish people like.

TRAINEE W: They just, they like potatoes.

YX: How do you know that?

TRAINEE W: Because they tell us.

YX: Who tell you?

TRAINEE W: Trainee D, Trainee E. [35:00]

YX: Oh, Trainee E also likes potatoes.

TRAINEE W: yeah.

YX: What about you, what's your favourite part of this voyage, TRAINEE Y?

TRAINEE Y: The complete experience.

YX: The complete experience, like the whole thing, it's very difficult to separate them do you think?

TRAINEE Y: Yeah. Nothing would be the same if not all of it was the ... yeah, you know what I mean?

YX: Yeah, I know what you mean. Let's assume what if we are not in a race, we are just a sailing, sail training boat, and we are just in a voyage from Gothenburg to Blyth, and then from Blyth to Gothenburg 2 weeks training. And not race, not competition, do you think it will make a very big difference?

TRAINEE Y: Yeah.

TRAINEE W: Yeah, it will be more different. We will like sail more and we like take up the sails, take down the sails to train how to really control this boat. If we just spend time sailing, we will just learn how to control this boat. When we do the race, we just learn to how to trim the sails and how to use the wind in the best way.

YX: What else?

TRAINEE W: What else?

YX: What else, like other difference would it be like if we are not in a race? What do you think (TRAINEE Y), what kind of difference it will be?

TRAINEE Y: it will be a lot more adjustments of the course to make it more training and less speeding.

YX: I mean if we are not talking about the sailing part what do you think about people, people's attitudes...//

TRAINEE Y: yeah, it will be different because now everyone is super happy because we won, and everyone is celebrating.

YX: Yeah, and I mean during the voyages, before we win. Before we win, we were sailing the boat, and what do you think people's attitudes or people's opinions will change when we are sailing the boat. Because...

TRAINEE Y: If we weren't in the race and just sailing, people wouldn't be as happy and excited. We have the parade, we have EVERYTHING. And we have this huge event both in Blyth and here which get everyone happy, so everyone's super excited all the time. [38: 01]

YX: So does that mean you think people won't be so...

TRAINEE Y: They probably will still be happy but everything helps.

YX: Maybe the finally question is 'what do you think if there's a chance to improve this program?' If we are gonna arrange another program like this, what do you think you will suggest to change to improve this program?

TRAINEE Y: Nothing really.

TRAINEE W: I don't know, you just came naturally how to, we gonna... nothing then.

YX: No, you think it's perfect.

TRAINEE W: It's good, not perfect, just good.

TRAINEE Y: Yeah, it's been good.

YX: So you don't know there's anything we can change.

TRAINEE W: I don't know how to make it perfect. No one know how to make it perfect. Because we are people, we are all normal, we are different all people.

YX: Oh, I've got a final question for you TRAINEE W, because like sometimes when people are gathering, sometimes you will disappear, can you explain a little bit about your...//

TRAINEE W: Why?

YX: Because sometimes you just maybe go to bed or something, and people start looking for you.

TRAINEE W: I don't feel that.

YX: You don't feel that.

TRAINEE W: I don't feel I disappear. I think I'm staying in the group but I just come a little bit late, not perfect timing. They were just searching for me.

YX: Do you think, because sometimes you'll maybe prefer to stay alone sometimes maybe.

TRAINEE W: No, no... maybe... cause when I do something, I don't think about we have a gathering, and nobody tells me we have a gathering, when to have a gathering. So that's why I'm late. [40:34]

YX: So you still prefer to stay with a group?

TRAINEE W: Yeah. I prefer we have a plan or you say what the time we should have a gathering. Because you don't, when you are sailing on the boat, I don't hold a watch or my phone so I don't have watch all the time. So it will be hard to know when we have the gathering. [41: 01]

YX: So it's not like you prefer to stay alone sometimes, it's just like not the perfect time.

TRAINEE W: Yeah.

YX: Ok, I got it. Thank you.

TRAINEE W: you are welcome.

16) Pair interview 2: With Trainee BB and Trainee O

Participants: Trainee BB and Trainee O

Date: 2016/09/04

Location: Bow of Vega Gamleby

Time: 10:11 am

YX: refers to the researcher

YX: How do you feel know about this voyage and everything?

TRAINEE O: I feel very good.

TRAINEE BB: Yeah, same here.

TRAINEE O: It has been a so good experience. Yea, that's good.

TRAINEE BB: It's been very fun, it feels like even though it's very very fun, I think if we would be doing this for like every day for two month, it might be a little bit too much. So I think that, yeah, I think it was a very great time. I think we end this on top.

YX: So you think like two week is very good.

TRAINEE O: Yeah, maybe two weeks and then you can have a rest and do something else.

[00:45. Per started playing guitar at the bow, so there's background music on air of the first part of this interview.]

TRAINEE BB: Yeah, exactly.

TRAINEE O: I mean, two weeks is quite good.

TRAINEE BB: Yeah, yeah.

YX: so what do you enjoy the most from this voyage?

TRAINEE O: I think it's like, as I said before, it is a combination of everything, it's not like you can say 'Oh, this is the best part of the journey.' I think, like meet new people and you are sailing during the whole journey. So I can't find 'Oh, this if the best thing of the...' cause everything is a combination.

YX: I was thinking if we were not sailing, we were not racing, do you think it's gonna make a bit difference.

TRAINEE BB: You mean if we would have done something else?

YX: if we were just like sail training, we were just in voyage and we...//

TRAINEE O: No, actually I don't think it will be such a big difference because when we went to Blyth, it was kind of the same. And during the racing time, you know what you should do and yeah. [01:48]

TRAINEE BB: Yeah, I think it's pretty much the same.

YX: It's pretty much the same.

TRAINEE BB: It's the same kind of social life. And it's the same, yeah, it's mainly the same.

YX: But do you think because like now we are in a race, and we win the race, and everyone is very happy. Do you think this makes a difference between people's kind of team unit and everything?

TRAINEE BB: No, I don't think so.

YX: So you think it's still quite similar.

TRAINEE BB: I think they would be the same kind of, I think that everyone would be just as happy even though if we wouldn't have won. Because that I think the happiness is not 100 percent IN n the fact that we won. I think that, the happiness is that we get along with each other, and that we think this is... yeah... this adventure is so much fun. [02:48]

TRAINEE O: But of course it's a happy BONUS.

TRAINEE BB: Of course, well, yeah, it's a happy bonus. Definitely. But it's not that we would be, it's not that we would be unhappy if we wouldn't have one. I mean the main happiness for me is that we, this is an ADVENTURE and that's we get along very well, all of us. That's my main happiness, I would say. Even though, of course it made me happy that we won, but it's not the main, the main thing that makes it good. [03:20]

YX: How do you feel like the friends you made in this voyage? Are they mainly from your own watch group?

TRAINEE BB and TRAINEE O: No!

TRAINEE O: TRAINEE BB is not from my watch group.

TRAINEE BB: TRAINEE O is not from my watch group.

YX: Well, so how you click on each other?

TRAINEE BB: we were on the same boat, so ...

TRAINEE O: How do we click with each other?

TRAINEE BB: Yeah...

[Laugh]

YX: Like because I know both of you are very interested in rowing.

TRAINEE BB and TRAINEE O: Yeah.

TRAINEE O: But we didn't know that before.

TRAINEE BB: No, we didn't know that before.

TRAINEE O: So that was just a bonus.

TRAINEE BB: that was a bonus, yeah.

YX: It's a bonus.

TRAINEE O: Another bonus.

TRAINEE BB: yeah.

TRAINEE O: if you don't expect something, you can, you'll have... it will be bonus, bonus, bonus.....

TRAINEE BB and TRAINEE O: Bonus, Bonus, Bonus.

TRAINEE O: [Laugh]... during the whole journey.

YX: So is there any kind of, kind of not that positive thing happened during the voyage? Is there anything other than the bonus?

TRAINEE O: I think everything has been very good. The only thing that was a bit scared was when Trainee E was puking, and I thought 'Oh~ we are like forty people, they are gonna puking on one boat. We only got two toilets.' That was the only think that I know, that was really disgusting.

TRAINEE BB: Yeah.

YX: On which day is it?

TRAINEE O: That was like four or maybe?

TRAINEE BB: One and half week.

YX: One and half week?

TRAINEE BB and TRAINEE O: ago.

YX: So one and half week ago.

TRAINEE BB and TRAINEE O: Yeah.

[5:00]

YX: So Trainee E was puking in the toilet?

TRAINEE O: yes, in the night.

TRAINEE BB: Not in the toilet, he was puking over board.

TRAINEE O: and it's not seasickness.

TRAINEE BB: No.

TRAINEE O: So that was why I thought like 'Oh, shit, we are like 40 people!'

TRAINEE BB: yeah.

YX: So you used to be a bit scared of puking.

TRAINEE BB and TRAINEE O: No.

TRAINEE O: no, I'm not scared, but it's not fun to be sick when so many people in so ...

TRAINEE BB and TRAINEE O: SMALL area.

TRAINEE O: And you just want to have fun and if you are sick, you can't have fun in the same way [5:29].

YX: Have you been sick?

TRAINEE BB and TRAINEE O: No, not here

TRAINEE BB: Well, I had a little bit of cold, but not seasickness or anything like that.

YX: yeah, yeah, I remember that, there's once you had a cold.

TRAINEE BB: Yeah.

YX: And how do you feel when you have a cold? How other people come to you and ...?

TRAINEE BB: I think people are very helpful with everyone. When they are noticing that doesn't feel very well, I think that everyone helps each other and everyone asks 'How are you doing?' 'How are you?' 'Can I help you?' I think people are very understanding. When it comes to seasickness or having a cold or whatever, I think people are very understanding. And everyone knows that we can't have a disease on the boat so we need to really help each other out so that everyone can feel as good as possible... [06:25]

TRAINEE O: Yeah, I agree with you.

TRAINEE BB: Thank you.

YX: So have you made any friends out of Sweden?

TRAINEE BB and TRAINEE O: Yeah.

YX: Like?

TRAINEE BB and TRAINEE O: Trainee AA.

[Trainee AA happened to pass by and said "hey, what's up?"]

YX: we were mention about like they make friends with you.

[Trainee AA replied very actively "Hi guys, hey~ hey, friends!"]

[Laugh]

YX: Yeah, so how do you feel make friends with people from other countries and from your own countries?

TRAINEE O: well, I have to think about that.

YX: Yeah, ok.

TRAINEE BB: Yeah, well, I think that it's very nice because maybe there are some fun cultural differences that you can discuss.

YX: Have you discussed any?

TRAINEE BB: Yeah. A little bit about the food here and there. And like experiences from their country and from our country. And how the school system works there and how we works here. So I think that is very fun to get friends from other countries because you can always have so many like things to talk about. [07: 40]

YX: New things to know.

TRAINEE BB: Yeah. New things to know, and how their country is working. It might not be a big difference, but it's always fun when you find there's this little small differences. Like in Sweden we have crayfish party and all like this,

this is common. But in Ireland they don't have that. They can discuss that a little bit or so. And also you get practice English as well. And it's also fun to, to, to, to know people in other countries, because you might travel sometimes or something... and it's also nice to have people living outside your own home area. [08:25]

YX: Yeah, what about you (TRAINEE O), what do you think?

TRAINEE O: I think it's just the same, it's very fun to have other people in other countries you can visit, but, yeah. So that's really good. But it may be even funnier if there were more, more people from other countries.

TRAINEE BB: Oh, yeah! I agree

YX: like more nationalities. It will be more interesting.

TRAINEE BB: I think so as well. Yes.

TRAINEE O: yeah. Because it's really good to know more Swedish people, but if we have not less Swedish people, but more...

TRAINEE BB: I think so as well. Because there's a big group of Swedish people, a big group of Irish people, a big group of English people. So maybe it will be more fun if it is more mixed. [09:07]

TRAINEE O: I don't know if I know someone, maybe, yeah, maybe a couple, maybe zero, maybe one more, I don't know if I know them so well that I can like call them when I'm in ...

TRAINEE BB: No, the same, yeah.

TRAINEE O: I don't know them so well that I can do this, I think. Maybe Trainee AA, maybe Trainee AA I can do, but not many more that I can do that.

TRAINEE BB: I agree, I agree.

YX: Can you say a little bit more about that.

TRAINEE O: Em... like I know that people here kind of well, but not so well that I can call them, and I can visit them, and I can just say "Hi, can we meet?" Or "Hi, can I stay at your place?" Like I don't think I know them so well that I can do that. That's maybe something that I... it would be really nice if people were like, yeah...[09:54]

TRAINEE BB: But at the same time, it is like that in life in general. I mean, some people you get to know more, and some people you get to know less.

TRAINEE O: Yeah.

TRAINEE BB: So I mean it's the same thing with your classmates, I mean some classmates you are closer to and you can call whenever you have to, and some classmates you can't. So it's the same thing on the boat, I mean, some people you naturally become more friends with than others. [10: 18]

YX: And what do you think make this kind of difference? Is that because just like...

TRAINEE BB: I think it maybe...

TRAINEE O: you get along with other people simpler than others. That's just how it is.

TRAINEE BB: yeah.

YX: So it's like... Do you think it's not too much about nationality, it's just about...

TRAINEE O: No, I don't, don't think so actually. It's only because I, you get along with some people than others. And now it has been Swedish ship, there're more Swedish people that I get along with. But, yeah...

TRAINEE BB: And it's the same thing with people who smoke, who are smoking. I mean, they become a little group as well, so maybe they become a little bit closer to each other as well. [11: 11]

TRAINEE O: Yeah, you are looking for something that is similar to, to ...

TRAINEE BB: To yourself, yeah, exactly.

TRAINEE O: That's how it works. That's only how it is. Yeah, of course you can go outside a box and try just to learn, to, to, to ...

TRAINEE BB: Cooperate.

TRAINEE O: yeah, with other people. And of course we have done this here, but always you are going back to what you feel comfortable with. And that's how it works, and if you don't do that, you don't have like a comfort zone or something that you can move it. So I think it's good that you move to that how you feel .../ this is where I want to be. But of course you just try to go, to cooperate with other people or so, and I think we have done that. So we, yeah... [12:00]

TRAINEE BB: yeah.

[12:00]

YX: That makes sense.

TRAINEE BB: Yeah.

YX: What about, do you think the, the, the friendship with boys and with girls, is there any difference, do you think?

TRAINEE O: No, I'm talking just as much to boys than with girls, I think.

TRAINEE BB: Yeah. Same here.

YX: And I remember last time, Steven was kind of having conversation with you about like the gender equality in Sweden, do you think their opinion is correct? Or do you think...

TRAINEE O: What was his opinion?

TRAINEE BB: That it was more equal in Sweden. He saw on the boat that females on opinions on how to do thing were more, just as valued as the males. But in where he came from, he works politics a lot. He said, he said that the females, even though they might have something very good to say, their opinions are not as valued. [13:00]

TRAINEE O: Well, OK.

TRAINEE BB: And well, what was the question again? Sorry.

YX: Do you agree with his opinion?

TRAINEE BB: Well, I think there's truth about what he says. I mean on the boat here I would say that it IS very equal. I would say that the females and the males had just as much as how to say their opinion and give their voices heard. So I think that there's truth in what he says. I don't know much about England, but when he says that, he says that it's equal here, I can agree with him about that. [13:45]

TRAINEE O: yeah. Swedish are, they are good to develop the gender equality, so...//

TRAINEE BB: yeah.

[Trainee Q came to give an announcement, the interview was interrupted for 8 seconds.]

YX: So what about when you first come to the ship, would you say you are very open from the first day, or do you feel...//

TRAINEE O: yeah, I think I was.

TRAINEE BB: yeah, yeah, yeah. I mean you don't have to say everything about yourself. But you can always be like social.

YX: But will you say you were a bit conservative at the beginning and then open more? Or you were, do you think you were more like equally open from the beginning to the end?

TRAINEE O: I think I was very open in the beginning, and then you pick your, who you want to be with a little bit more, and then you get a little bit like closer with some people. And then you, maybe get a little bit more like, not to avoid people, but you are more with other people. [14: 50]

TRAINEE BB: yeah, yeah, yeah. And then you might...

TRAINEE O: So first you open to everyone, and then you opened a little bit more to another, to another group of people.

TRAINEE BB: yeah. And I mean after a while, you develop like, you realize say you have similar interests maybe and you started to joke more in certain ways maybe. And so, so... yeah. I was just as open-minded as the first day, but of course you change your way of communicating after two weeks because you know people in another way than the first day. So the first day might will be a little bit more... [15:28]

TRAINEE O: You were talking about more general things...//

TRAINEE BB: yeah, exactly.

TRAINEE O: And then in the end of the thing, you have like made up stories with them. And then you can joke about the things you have done together on the trip. So, yeah, you have more things that is ...//

TRAINEE BB: Yeah, then you have common with people that you, you, you can talk from another platform than you do in the beginning.

TRAINEE O: yeah, of course, yeah.

TRAINEE BB: In a more friendship platform, kind of.

YX: what, what about people, like people you are living together in the same cabin? Because you have, kind of you're gonna share the ...

TRAINEE O: NO, no, it's not like you are only with them, with the people in the same cabin. I talk a lot with TRAINER BB. We are not in the same cabin. I talked a lot with Per, we are not in the same cabin.

YX: I mean, how do you feel with, like living with people in the same cabin?

TRAINEE O: Of course, it's ...em... it's a little bit close, but you don't think about it.

YX: like physically close?

TRAINEE O: yeah, but you don't think about it you, you get used to it. I don't think, I think it was like 'Oh, this is a little bit... a little space.' But then I don't think about it. You will just to, to like the situation.

TRAINEE BB: yeah, you'll always get yourself into it. We get on a boat like this, you know like you won't get a big room for yourself.

TRAINEE O: Not as like a queen size bed like you have at home.

TRAINEE BB: Yeah, exactly.

TRAINEE O: And that's what you have picked this on your own, of course you want to do that. And then you have to like the situation. You do the best on everything. [17:06]

TRAINEE BB: yeah.

YX: yeah, because like when we are sharing a very small room, people will show their like very true parts, like bad parts and good...

TRAINEE BB: Like true colours, do you mean?

YX: yeah. Would you say, yeah, how you feel like, because you will see people's good part and bad part and there's nothing to hide in a very small space?

TRAINEE BB: No, I don't think...

TRAINEE O: I think we chatted a little bit about this [in the last individual interview] a couple of days ago do you know. I think we are in Sweden, we are more comfort with change in front of other people. You know it's kind of a big difference because in a shower, you have nothing that separate like...//

TRAINEE BB: you to the next person.

TRAINEE O: next person. That's which we have from our kindergarten. You are showing naked with other people. And you have nothing to separate, and you are changing together.

YX: So this is kind of tradition, like...

TRAINEE O: Haha... yeah.

[18:13]

TRAINEE BB: Yeah, tradition, tradition. It's simply the way it is. I mean, you can change to Bikini on the beach with just a towel or... Yeah, and also we got shower like this, not that you go into a separate cabin or anything. Usually it's just a big wall and you just hang your stuff up. [18:30]

TRAINEE O: Yeah, you're talking about other stuff, you'll just share thenothing with that. But it was like a huge thing that they were, they had nothing to separate them. So it's kind of interesting, maybe it's...does it make sense?

TRAINEE BB: Yeah, and also there's no question that like a boy and a girl share the same cabin. I mean, I know some of the other boats they have separated. But I think that on a Swedish boat, it's like there's no question or ...

YX: It's quite normal.

TRAINEE BB: Yeah, it's very, very, very normal.

YX: So what about the signal and wifi thing? Because we don't have any on the sea.

TRAINEE O: You are happy when you have it. But it is really nice to be without wifi also, for a couple of weeks.

TRAINEE BB: That's part of the experience as well, I think. It's always to get wifi when we are in the harbours. But I think that when you are out on the sea, I mean, I mean everyone is in the situation and I mean, I mean we are not here to check our phones 24/7. I mean, we are here to have this experience, so I think that when you are out on the ocean, I think that's how it supposed to be. [19:50]

YX: So do you prefer without those signal things on the sea?

TRAINEE O: What do you mean by that?

YX: Do you think it's a good thing?

TRAINEE O: yeah!

TRAINEE BB: Yeah, I think so too.

TRAINEE O: It's a good thing for 2 weeks but I like my... it's a good thing to experience, but I, I, I want to have it here.

TRAINEE BB: yes, exactly. Yeah, when you are in the harbours I mean...

TRAINEE O: It's much simpler to have a phone and to do whatever you want but ... [20:16]

TRAINEE BB: But it's part of the, it's part of the trip to not have wifi while we are in the middle of the ocean. And it's the same thing for everybody, so I mean, I think that it's how it supposed to be, I think that, you know, it also makes it more adventurous. I mean, if you could constantly be on Facebook all the time even though we are on the water, I mean. I mean maybe you would feel, maybe you wouldn't get that feeling of being away from home as much maybe. [20:50]

YX: Yeah, that's true actually, that's a good thing actually for a short period.

TRAINEE BB: Yeah, Yeah, Yeah.

YX: So what about... because there are like quite many Swedish trainees on the ship, and sometimes Swedish trainees will speak Swedish to Swedish trainees, and will there be any occasions like you unconsciously speak Swedish to English trainees, English speakers?

TRAINEE BB: yeah.

TRAINEE O: Yeah, of course.

TRAINEE BB: I mean, sometimes if you ask a question or ...//

TRAINEE O: Or in a hurry or something, you have to do something very quickly like ...//

TRAINEE BB: Yeah, EXACTLY.

TRAINEE O: you have learned it from when you are a little kid, when you are born. So of course you do that.

TRAINEE BB: Yeah, yeah, yeah.

TRAINEE BB: It can be the smallest things like 'can you pull the rope here?' you might say that in Swedish, and then you will go like 'Oh, yeah, sorry, can you pull the rope here?' in English instead.

TRAINEE O: Yeah, there's nothing strange.

TRAINEE BB: No. And I mean they understand as well. So it's not like they go like 'Oh, why do you speak Swedish to me?' It's like, I mean they understand, they are, we just laugh about it.

YX: Do you think you learn about like English culture, Irish culture and stuff?

TRAINEE BB and TRAINEE O: Yeah.

TRAINEE BB: I learn that in Ireland, in the north part of Ireland and the south part of Ireland, there's like a big conflict or culture-wise and maybe some political issues and something like this. And I also learned that the difference between Ireland and England is much bigger than what I thought. Maybe I haven't been thinking too much about it but that's bigger than, THEY want to separate themselves a lot more than I thought. And yeah, and also picked up some British expressions, and maybe that in England, in the north part of England, I mean the south part of England has a little bit more money than the north part. I mean, yeah, so a few things here and there, I learn.

TRAINEE O: yeah. I think you learned a lot but you don't think ...

TRAINEE BB: Exactly, you'll realize it later.

TRAINEE O: yeah, you have that in your kind of, I think in your backpack and bring with you.

YX: So next time when you go to Ireland or go to Britain, or meet some English people, you will some of the things you picked up on the voyage?

TRAINEE BB: yeah. Maybe.

YX: So do you think if there's some way to improve this voyage, what do you, would you suggest to improve this experience, like exchange program and voyage?

TRAINEE BB: Maybe a few more nationalities.

YX: A few more nationalities.

TRAINEE BB: And maybe not as many, maybe not as many Swedish people, and maybe... Yeah, more nationalities.

TRAINEE O: yeah, I agree.

YX: more nationalities. That's nice. I think that's almost everything I want to ask now.

TRAINEE O: Thank you.

YX: Thank you very much!

TRAINEE BB: Thank you.

17) Pair interview 3: With Trainee AA and Trainee Z

Participants: Trainee AA and Trainee Z

Date: 2016/09/03

Location: Underdeck saloon of Vega Gamleby

Time: 11:31-12:26 am [paused for over half an hour]

YX: refers to the researcher

YX: Thank you very much for agreeing to be interviewed.

AA & Z: No worries.

YX: Can you say something about this voyage and your expectation? Do you think till now it's something you expected before you came here?

TRAINEE AA: I didn't really have expectation so that to make things easier. I just want to do a trip out of my comfort zone and to get to know new people. So yeah. But I think till now it's been a great experience. And it's been lovely to meet everyone and very fun to be on the ocean and stuff.

TRAINEE Z: Yeah, I think this trip mostly to learn how to sail more.

YX: To how to sail more.

TRAINEE Z: Yeah, to sail more. Like to know everything cause I have been interested in sailing.

YX: Have you sailed before.

TRAINEE Z: Yeah, I sailed with my family a lot.

YX: Like on this kind of big boat?

TRAINEE Z: Oh, no, small, like family boat.

YX (turn towards TRAINEE AA): Have you sailed before?

TRAINEE AA: I've sailed before with my family as well.

YX: On like kind of family boats?

TRAINEE AA: Yeah. That's why I decided to do this sailing as well.

YX: Is it quite different on that sailing?

TRAINEE AA: Yeah, you do actually much less here than on the small sailing boat. Because you are less people on small boat, and here everyone is to have a chance to do something.

YX: Yeah, do you think it's a kind of good thing or bad thing to have more, less chance to sail?

TRAINEE AA: I don't think... em... I don't know.

TRAINEE Z: Em... well, I decided to go for this trip two weeks ago, and I could have decided to go to other boat. But just before one week, I chose this one

because it's two weeks so that I can learn more. And I like this is a smaller boat, so you can learn everything, instead of big boats.

TRAINEE AA: And like the first week we really learned about the ropes and what everything meant so that we knew the terminology before we knew how to/ before we practice how to sail. So that was a really good positive thing cause now when leaving this boat, I feel like I know what to do when I have to sail on my own. [02:30]

YX: That's cool.

TRAINEE Z: Like last week we learn more about the wind, and trimming. [2:42].

TRAINEE AA: And the balance, how to balance the boat when the wind is hitting the sail.

TRAINEE Z: And balance, yeah. If I would go on a small family boat, I wouldn't feel that I know what I am doing more than just pulling ropes.

TRAINEE AA: So you know what rope you are pulling.

TRAINEE Z: About how to trim.

YX: And then except sailing part, what do you, do you think there's anything in this voyage which is quite surprising for you? Or like, you feel really enjoyed? Something interesting?

TRAINEE AA: Surprising, what do you mean?

YX: have you ever thought you are gonna make really good friends on this voyage?

TRAINEE AA: I wasn't really worried about that.

YX: Worried about that.

TRAINEE AA: It wasn't a thing that was really on my mind. It was more to just be on ocean and to get to know the sailing, and then the friends will come. [3:43]

TRAINEE Z: I know that the trainees are from 15 to 25 and I'm 24. So I knew that there's gonna be a lot of young people on the boat, so I don't know, I didn't really feel like I have to meet people...

TRAINEE AA: That wasn't like a priority.

TRAINEE Z: No.

YX: But did you know there will be mixed nationalities on board?

S&L: Yeah.

YX: So do you have any kind of assumption about that?

TRAINEE AA: Any what?

YX: pre-assumptions about the voyage.

[TRAINEE AA asked some trainees to move a bit because I'm recording.]

YX: Like have you ever thought of, have you ever been involved in this kind of exchange program before?

TRAINEE AA: No, I haven't.

TRAINEE Z: No, not really. But I have been volunteering. Then it's been mixed, like people. So...//

TRAINEE AA: I don't think, for me, in my situation, I've travelled a lot, and moved a lot for my family swap in my family. So for me, meeting people from different nationality it wasn't a problem. I didn't think it was going to be a problem. You know, I know there's people I won't get along with on the boat, and that's fine, and there will be people I will get along with, and some people that are in the middle. You kind of have to swap your way from there. [5:15]

YX: yeah, I understand that's not a problem, but it's kind of a different thing from our daily life like especially make friends on a boat is kind of special experience.

TRAINEE AA: yeah, because you are stuck in the same situation and you can't get off the boat.

TRAINEE Z: Yeah, but we all have the same interests, like sailing. So it makes things easier to talk about. Yeah. So we have something to talk about, we have some interests.

YX: So do you think, is there any other difference between making friends on a boat and making friends in our like normal life?

TRAINEE AA: I think it's been pretty interesting personally. The first two days were super awkward. You know. The first few days were a bit like 'I don't know if I should be myself or not'. And...//

TRAINEE Z: Try to be someone else, ha! 'I had a chance to be someone else.'
[laugh] no, but.

TRAINEE AA: But you know when we were in Blyth, and the new trainees came on, you felt that that same tension that we had on the first day. And then it was quite, I thought it was quite interesting to feel like we feel so much closer than FOUR days ago. It was basically four days ago. You know? So it was quite, quite, it was quite amazing to see I think. I'm opening, feel like, cause you are forced to be in the same space, have the same breakfast, have the same lunch and dinner.

TRAINEE Z: Work together.

TRAINEE AA: Even though you guys don't know each other, you get to have this more intimate, intimi-... intimate sorry, kind of bound. Then if you were to meet someone in a bar, or friend's friend, because you can always leave that. And here you are forced to come back together, so even if you don't want to talk to them, you will see them in the morning again.

[Laugh]

TRAINEE Z: It's true! You are stuck.

YX: So do you think this makes you feel a bit more tolerant about the surrounding, about people, about people you are not so fancy.

TRAINEE AA: Well for me, it's I open my way of being with people, I'm quite naturally positive, I'm quite easy to talk to people, but I realize that I don't

have to be friends with everyone, which has actually been my lesson to this trip I think. Cause I've been forcing to be friendly with everyone. It would be so tiring for me. That I was like 'I'm not doing that in this trip.' Like NO! [Laugh]

YX: no. So you choose to be yourself.

TRAINEE AA: Yeah. And it worked out for the better I think.

YX: And do you think on which day you started to decide to be yourself?

TRAINEE AA: I think like after the first day actually.

YX: after the first day.

TRAINEE AA: I really knew since I come to that trip that it doesn't matter, it's just two weeks. And you know, there are people, the crew who know what they are doing, otherwise they wouldn't be on the website. You know, and you can trust the crew even if you don't like them, which I like all of them. But you know, it's just two weeks, so even if you are the only one that don't get along with other groups, there's crew you could talk to. So it's always a bit. I don't think it's gonna be problem. [08:45]

YX: What do you think, like, because on the first day, at the beginning everyone is a bit conservative, and then slightly opened a bit, and then became really open-minded to other people? Which day do you think ...?

TRAINEE Z: I think you realize pretty quickly, like which people you click with, or not. And so probably the second day you realized where do I fit in I would say, yeah.

YX: So it's like quite quickly.

TRAINEE AA: especially in the small space, it takes small time for you to realize who you click with or not. It sounds, may sound a bit wired, but a stupid thing, a stupid thing like morning in the breakfast, the first thing they say, and if that doesn't click with you. You know that person doesn't fit. And you only notice that when you are on a boat on very small thing like making a lot of noise for unnecessary reason. And you will say personally you are not going to click with them. [10: 00]

TRAINEE Z: You see like everyone 24/7, so you can notice their body language, and...

TRAINEE AA: and their bad habits and bad traits, and good habits and good traits. You see that all so quickly. That is...em... I think it's fun. I think it's super fun to experience that cause it's so, it's so tight, you know? Like you say, it's usual thing to do something like this. But because of that, it's fun to do it. Because not many people do that, you can be like 'Well, I've been on a boat, with a bunch of people, half of them I won't see again, another half maybe, I don't know.'

TRAINEE Z: And you know you have to work together, you have to work together, like doing the dishes, with the watches and things like that. You have to like, back up each other. So ...

YX: there's nothing to hide.

TRAINEE AA: yeah, that's very interesting as well, like even if you guys don't click, you are forced to work together which is amazing if you think, if you think like in the "normal world", in business world, that doesn't happen often. If you are not like each other, you are not going to work together, so it's quite, it's quite special. [11: 13]

YX: So is there any kind of situation you find someone you don't click with, but after working with, after being forced to work with them for a while, and you find maybe they have something kind of interesting for you?

TRAINEE Z: Em?

YX: Like for example, there's someone you don't feel really like, but you're still forced to work with him, and then did you find something like he's kind of interesting, he's not as boring as what you thought at the beginning? Is there this kind of situation?

TRAINEE AA: Not with me.

YX: No.

TRAINEE AA: I'm pretty, I'm pretty advanced in my way of seeing people I like and not like, there's some people in my group that I just don't understand them, but that's not a problem, well, OK, maybe one person. There's someone, one person that I just don't understand, you know creepy in my eyes, but we are forced to work with them so you just, you just try to help a person. [12:26]

TRAINEE Z: and try to do as quickly as possible. Get it over with them.

TRAINEE AA: "Come on, come on, let's do the dishes NOW, NOW, let's do the dishes!"

TRAINEE Z: Do it quicker and quicker, and then you can relieve.

YX: So if there's someone who is not so, kind of active, not so willing to do something, what would you do to influence them?

TRAINEE AA: You kind of just keep pushing.

TRAINEE Z: Or, if the person is like, you know, who is really bad at doing it, then you will just, OK, step aside, I can do it.

TRAINEE AA: Take it over.

TRAINEE Z: Yeah, take it over. You can, you can.

TRAINEE AA: for example like making fastening while hauling, there's one person he just doesn't know how to make FAST, and then we lose like two meters of the string, so...

TRAINEE Z: And we all like sweating so ...

TRAINEE AA: So we are just like TAKE it over, and then like, and then the person is of course like, he wanted to know what he does wrong but he just doesn't understand. And then I said 'OK, what am I doing...' and you keep trying to train that person.

YX: So you were explaining to him.

TRAINEE AA: so you'd explain to the person like 'Look, make fast, TIGHTEN. Make fast, tighten.'" Keep tidying up, make fast make fast and tighten. But ... [14:00]

TRAINEE Z: But sometimes they don't have this strings within ...//

TRAINEE AA: But sometimes there's people you are just in the situation, for example, I don't feel what I have said has helped. Because I don't think that person CARES. I think that person just on the ship for, because I think he's been forced to do this trip. In my, if I'm saying out freely. Cause I don't want to destroy but I think he's been forced to do this trip and he just doesn't want to do anything. [14:30]

YX: So do you think this person has changed a bit now?

TRAINEE Z: Maybe.

TRAINEE AA: Maybe. I think he will probably, he will probably notice when, once he's left the boat, I think then he would be like 'Oh, I should have done this, not that!' But I don't know. It's not my, it's not my space, I tried what I can do and the rest is up to the family.

YX: so do you think you have some, do you think this is about gender, or nationality, or it's just individual personality.

TRAINEE AA: I think it's about the way the family's brought the person up.

YX: So it's kind of family background.

TRAINEE Z: Family background. Yeah, so...

TRAINEE AA: I think whatever the situation is, it's never gender, it's never ... em...

TRAINEE Z: nationality.

TRAINEE AA: Nationality, it's always the way your family's brought you up. Whatever you do, that irritate people so much can't because of that situation.

YX: We were talking about some people's changing in the voyage. Then do you think, do you think, to collabourate with people on this ship, do you think is there any difference from people to people? Like, do you think?

TRAINEE Z: If you mean, like ages?

YX: Maybe like age, nationality, gender.

TRAINEE AA: I don't understand that question.

TRAINEE Z: I don't think it's, like if you get along with ...?

YX: Yeah, just like we are in the, especially in the watch group, and you need to cooperate with different people, they are different ages, different genders, they are from different cultural backgrounds.

TRAINEE Z: I think it's only the person, it's not ages, or anything like if they are English or Swedish.

TRAINEE AA: No, you could be, you could be 17 but you could still 22 in maturity.

TRAINEE Z: yeah. Or, or the other way round.

TRAINEE AA: Yeah, that will balance you to 20. So I don't think in that sense it matters.

YX: But is there any case like you feel someone is very difficult to understand?

TRAINEE AA: Yes, there are a few, that's always the case. You know, that's OK. You always find people you can't understand. That's OK, you just have to make sure that they know you mostly don't understand.

[Laugh]

YX: So if you don't understand some of them, will you make it clearer?

TRAINEE AA: I will. For sure I will. I'll ask them, you know, if they could repeat what they are saying, or explain differently.

YX: Do you think it is because of language or because of the way they express things?

TRAINEE AA: I think it's both. I think language has a big impact on it. Cause for me, I mix up all three languages in vocabulary. But I think your ... what did you say first?

YX: Yeah, have some difficulty in understanding people.

TRAINEE AA: Yeah, and then difficulty in understand people is just experiencing more development. You have to find ways to, find ways to get along with them.

YX (towards TRAINEE Z): What about you? Do you think there are some of the case that you feel people difficult to understand?

TRAINEE Z: Oh yeah, sometimes of course. But it's depending on what you are talking about. If it's just a subject that I don't have an interest in, then I'll probably like 'Oh~ I don't have the effort to understand you.'

YX: do you think language is kind of a big issue?

TRAINEE Z: Not really. Well, for me, sometimes. Cause you can say the words, express yourself, it's always easier to express yourself in your OWN language cause you have so many different words to choose from.

YX: Is there any kind of occasions like you unconsciously speak Swedish to English speakers?

TRAINEE AA: Yeah.

TRAINEE Z: Sometimes yeah! Of course it happens.

TRAINEE AA: That's normal, we are on a boat full of Swedish people, and a few English. Less than ten people we speak fluent English.

TRAINEE Z: And, and the crew is Swedish, as well. So it's easier to speak Swedish cause... I think they speak Swedish to each other. Like the crew, yeah. I understand them.

TRAINEE AA: The only thing that I think that could have been different is, well, I wouldn't want to cause I like the crew too much, is to have half Swedish half

English. Cause I feel like English people like the girl in my room she felt very uncomfortable at certain course whereas this is the way it is. This is, you know, what you expected, that's their own language, it's easier to express this. Whereas if you would have half English half Swedish, then it would have been a proper EU exchange thing. [04: 45]

TRAINEE Z: and say when we are up on deck, and when they get stressful.

TRAINEE AA: Yeah, like yesterday. It's yesterday when we came into the harbour.

TRAINEE Z: so they just started Swedish, and the English guys don't understand what they are supposed to do. Do you hold? Do you ease? I understand but ...

TRAINEE AA: I just ask her.

TRAINEE Z: Yeah.

TRAINEE AA: But like yesterday in the harbour they were all speaking Swedish when they are all super stressed which is fine. But for me it's really difficult to know what to do. So I just kind of, I want to help but I'm always that kind of person that I want to do stuff but if I don't understand what they are saying, I push myself away because I don't know that's gonna happen. [05:23]

TRAINEE Z: You don't want to be in the way.

TRAINEE AA: I don't wanna pull the wrong rope. So I think if they would have half English crew, I think it would have ...

TRAINEE Z: make a difference.

TRAINEE AA: it wouldn't have that problem. Because then an English person who speaks Swedish you know then they can repeat what they say, instead of the trainees going like 'Oh, they say this.' 'They say that.' Cause it's boring for them to repeat.

TRAINEE Z: And it's no point of you like the Swedish words for sails and ropes, but it's interesting for me to learn it.

[6:10]

YX: So what do you think, do you think you learned about some new culture stuff in this voyage?

TRAINEE AA: A few things. For instance, apple sauce in porridge, I've never seen before.

YX: Apple sauce in porridge, is that very common?

TRAINEE Z: yeah.

TRAINEE AA: But I like it, I like it a lot.

TRAINEE Z: Or lingonberry porridge.

YX: Lingonberry porridge.

TRAINEE Z: Lingonberry porridge, the, the, the...

YX: The berry one.

TRAINEE Z: The berry one. For the meat balls. There's a lot of people use it in porridge

TRAINEE AA: like yesterday, we had that yesterday.

YX: Yeah, I remember that.

TRAINEE Z: Yeah, it's delivered with porridge.

TRAINEE AA: So what have I learned from Swedish?

YX: Yeah, like from Swedish trainees.

TRAINEE AA: Oh, well, in there. But I'm really easy like, I like to analyse and see, so I'm really easy to understand. And I, I'm not surprised what I've learned. Like you could have expected it, you know? And certain words, always, when you have two different languages, you always interact with different words and different meanings, and different ways of saying it and stuff like that. But, I don't know. [07: 20]

YX: Then, because you've got like mixed with three languages, and you have experienced a lot, so when people ask you "where are you from?" what would you reply?

TRAINEE AA: I say I'm Dutch, because of my passport, my nationality, my passport. But my first language is English, cause I always speak English.

YX: Well, so you are like more confident in English?

TRAINEE AA: I'm confident in both languages really, I think my English is easier, but if I sit down and make, for example writing Dutch, I can do that. It might take a bit longer, but I think I can do that. [08: 06]

YX (Towards TRAINEE Z): what about you then?

TRAINEE AA: Just English and Swedish, right?

TRAINEE Z: Yeah, language, yeah!

TRAINEE AA: I always think it's super interesting like I always like, the reason why I chose this boat is because I know I get along with Scandinavian people. So it doesn't matter where for me, I just ...//

YX: How do you know you get along with Scandinavian people?

TRAINEE AA: Because they are super calm, positive people, they always keen to help people but not too kind, you know? English people tend to be too kind, but they are too fake. And these are just real people and they just say that they think.

YX: Did you meet some more Scandinavian people?

TRAINEE AA: Yeah, one of my best friends she is Norwegian and when I was younger in Spain and there's another Norwegian girl in my school and we are best friends at that time as well. So I've always known like Scandinavian people they are very, you know, they are fun, polite, cool people, and not boring.

[Laugh]

TRAINEE AA [laugh]: What else do you like? What else do you need kind of ...

YX: Is there any kind of exception?

TRAINEE AA: Exceptions?

YX: Yeah. Do you think, have you met any people they are not like this?

TRAINEE Z: It's always exceptions.

TRAINEE AA: Of course there's gonna be people who... but like overall that's how I feel. Maybe it's because I meant to be Swedish?

YX: You meant to be Swedish. Then marry a Swedish man.

[All laugh]

TRAINEE AA: Maybe. [laugh] But I don't know, I just, it feels good. It feels like I'm not in any one's way. I know I can do my own thing, I can sleep if I want to, I can be with any people, any one, any crew, and it's fine. Everyone is super kind. And that's what I like, I don't like people who are grumpy? And if they are grumpy, then I make them ungrumpy.

[10:17]

YX: Is that this kind of some cases? People are grumpy and you ...

TRAINEE AA: Yeah, a few people on our watch.

YX: So they tend to be, they generally are quite grumpy? And then you try to cheer them up?

TRAINEE AA: Yes.

TRAINEE Z: I think it's...

TRAINEE AA: I know it's my talent; it's my secret talent.

YX: It's so secret.

[Laugh]

TRAINEE AA [laugh]: it's so secret talent!

YX: But actually it's really good like, because I feel it's so amazing like every morning, you wake up to be very happy and start singing songs.

TRAINEE AA: I don't even realize, I... I like the minions, you know, while wake up feeling grumpy when you are tired, it's like she is being a tired happy one.

TRAINEE Z [laugh]: tired happy one.

TRAINEE AA: Oh, come on, or tired call, don't be grumpy, what's that going to do?

YX: So it's like when you wake up and then some people were being grumpy, and you were trying to like cheer them ...//

TRAINEE AA: Of course I have grumpy days too, but I don't really let them to affect my day to day.

YX: So what about TRAINEE Z? Because you came on board with your brother, do you think there's kind of things change, like between your communication with your brother? Do you tend to talk to him more in the first couple of days?

TRAINEE Z: Maybe, but I'm trying not to and me and my brother are very close to each other.

YX: I can see.

TRAINEE Z: So we are like best friends. So I know that like, I get along with his friends, he get along with my friends. Sort of thing. It's not really a problem or anything like that. We CHOSE to be on the same boat, we are like, we want to make sure we are on the same boats. [12: 33]

YX: The reason you want to be on the same boat is because ...?

TRAINEE Z: Because if you just find out that you wouldn't get along with anybody, you always have someone...

YX: It's kind of make you feel safe and comfortable.

TRAINEE AA: back up.

TRAINEE Z: Yeah, kind of back up, yeah.

TRAINEE AA: But also you can tell they are such close siblings, they don't have to talk to each other for like so long, and then when they see each other, they are like "Oh~~Wu~~Huhu~~".

[Laugh]

TRAINEE Z: And it's good we are on the different watch as well.

TRAINEE AA: I don't think that, it makes the ship more interesting to see that there was a sibling that they were that close. It's my perception.

TRAINEE Z: Yeah.

YX: Yeah, that's true.

TRAINEE Z: It's a lot of people like this kind of comedy that we are pretty close but "How can you be that close to your brother?"

YX: So do you also feel very well to see this kind of very close ...?

TRAINEE AA: Oh, I love seeing these things, because I think it's the way it should be. I have a brother as well, but because our family divorced, we've been split half way through. We are still super close with my brother, but not as close as that. So it's always, it's, I love seeing that cause I was like "Oh~ people do have that!" You know? And that's, it brings us now, like even on the rainy days, they brings us now we are pleased to see that. [14:00]

YX: And I can see that both of you became very click on each other, what do you think it's the thing, like...//

TRAINEE AA: She's super calm, and I'm super hyperactive. So...

TRAINEE Z: Yeah.

[laugh]

TRAINEE AA: We are so balanced to each other.

TRAINEE Z: we found each other!

YX: So you are actually quite different in some way. But are you also very similar in some way?

TRAINEE Z: We found the balance.

TRAINEE AA: No, we are similar minded as well.

TRAINEE Z: Yeah.

YX: mind?

TRAINEE AA: Minded. So we have the same, more or less the same opinion and like same way of thinking, and you know...

YX: I feel I'm like someone interviewing some people they are dating.

[Laugh]

TRAINEE AA: I could understand that. Yeah~ I don't know.

YX: Well, say something like the first time like you are really, that's the one.

TRAINEE AA: It was after she spoke to you, remember?

TRAINEE Z: Yeah.

TRAINEE AA: I saw you were having problems with the mentoring, and I saw **TRAINEE Z** reading papers, I kind of realize, cause I like to analyse like I said, see everything, and I feel everything, and I'm very sensitive so like it might sound silly to some people, but I can feel that one person is down before other person knows. So I kind of like work my way through that. And I saw that you were struggling being vocal. You know what you want to do, but you couldn't say it so loud because these are loud people, and you have to go OVER them, and your voice just doesn't, your voice doesn't pitch it. So I saw your guys talking and I was like "If you need any help with games and stuff like that, ask me~" "You know, we need just to be a fun group, not like official watch team". And it worked I think, I don't how we did it, but it worked. [16: 24]

YX: Is it like after you seen her been very calm, reading the program and then you go and approach her.

TRAINEE Z: You realize ... like I need help, then you came to help.

TRAINEE AA: I like to help.

YX: And then you feel helped?

TRAINEE Z: Yeah. And it was like that's the connection. I need your help, you helped.

TRAINEE AA: You've been calm!

[Laugh]

YX: and can I say she's like offering help in a kind of very proper way for you?

TRAINEE Z: Yeah.

YX: Sometimes people offer help in a very strange way we can't accept. It seems she offered in some way very suits your style.

TRAINEE AA: Well for me, it's like, the way I help people is that I don't emphasize on my problems, cause they don't care about my problems when they need help. You know, when I need help, I'll ask for help. So when I see people who need help, I just say "What's up, are you OK?" and everything that's wrong with me, I just put behind, like covered it for some time when I need to be open, then open. That's my tactics, and it works, it's been working for L~O~N~G time! [17: 46]

YX: So is that after your first conversation, you became closer and closer. And you are in the same watch.

TRAINEE Z: Yeah, we are in the same watch, in the same group.

YX: Is there any romantic thing happen the watch time?

TRAINEE Z: Any?

YX: Romantic things?

TRAINEE AA and TRAINEE Z: romantic things! [Laugh]

TRAINEE AA: cute things you mean?

YX: Yep.

TRAINEE AA: I don't know. We are just very hands on, like our watch is pretty like calm, and lazy.

TRAINEE Z: Well, yeah, cosy.

TRAINEE AA: Yeah, cosy, we are two people who are like "Ok, we are on our watch, we might need to do something". So we just went to the crew, and ask the crew whether we need to help, you know if they need pulling. So we were basically on the back, we were miss on gaff holders. We are always doing that, or like if we need to pull, we will be there the first, everyone was slow. I think that's what made us realize that ... [18:50]

Z & AA: we are really a good team!

TRAINEE AA: And everyone was holding together, "How's that?" "No, keep going!"

TRAINEE Z: One hand on, yeah, it's like a system.

YX: Yeah, it's like encourage each other, and inspire each other, and influence each other.

Z & AA: Yeah.

YX: So can you talk about what's the thing like she influenced you the most?

TRAINEE Z: I don't know, always really happy I think. Cause like I'm a really calm person, so I often need someone to like bring me up.

YX: Like kind of energy?

TRAINEE Z: Yeah, exactly. I need someone like to bring up my energy. I think she does that really...

YX: what about TRAINEE Z.

TRAINEE AA: Well, I don't know, I think ...

YX: Like she's very calm.

TRAINEE AA: Yeah. But that's why we click cause we are just... em... and I think the way she handles things is very ... bright. It may sound silly, for me, I always go the hyperactive way "Come on, go, go, go~" and you need to bring me to a little bit down. And she's like balance it out, I think. So it's... [20: 20]

YX: So do you think she has very like proper leadership Trainee AAills?

TRAINEE AA: Yeah, proper way, I think so. Even Trainee T think so. Like Trainee T was part of the watch yesterday and he has to go down and ask TRAINEE Z. [Towards TRAINEE Z] Yeah, you are the best, you are the leader.

YX: So who said?

TRAINEE AA: Trainee T.

[Interrupted for 10 seconds]

TRAINEE Z: There was the same thing when we were doing the Ropes Safari and everyone wants to be with me. I was like 'Guys, don't think I know so much!' People always think I know so much, but I think I don't.

YX: Rope?

TRAINEE AA & TRAINEE Z: Rope safari.

TRAINEE AA: So people, when we were getting to know the ropes, then they had tests and stuff. We, at the beginning of the watch, we have rope safari to get to know, to remember them.

YX: Can you help me to write down the name of rope safari?

TRAINEE Z: yeah.

YX: So it's kind of quiz. Is it a kind of quiz?

TRAINEE Z: Yeah. You go through all the ropes.

YX: So everyone wants to be with you?

TRAINEE Z: yeah. Because we do the competition. We had, we were divided in two teams, so one on the starboard side and one in the port side.

TRAINEE AA: Because, I think it's because she's just super calm and serious, in a fun way, you know? She's like [imitate TRAINEE Z's voice] "OK, this is this, that is ..." Like she amazed it in enthusiastic, that's why like everyone was like "Ok, I want be with TRAINEE Z. TRAINEE Z! TRAINEE Z!"

TRAINEE Z: It wasn't like... then they think I know everything.

YX: So it's like you give people a kind of impression like you are ...//

TRAINEE AA: So it's like she gives positivity in a calm way, and I give positivity in a hyperactive way.

YX: So that's why you are so clicked.

TRAINEE Z: Because we both are very positive.

YX: You meant to be with each other. [laugh] So what about Trainee V? Do you think he will get a bit down because you spend most of the time with **TRAINEE AA**?

TRAINEE Z: Well, he told me that like he can see me, like I'm really clicked with **TRAINEE AA** and Trainee O, and he didn't really find that same click with anybody. Like he can be fun with Per, Trainee U, or some other guys, or I think he mostly like clicked with like Sea staff B and some of the crew members, instead of the trainees. Cause he's really mature for his age. [23: 16]

TRAINEE AA: That's a problem. We are all quite mature for our age. You know, I'm 22 but my experience makes me more mature of course I can be younger. That's not a problem. But mentally I'm very mature.

TRAINEE Z: And I think my brother is very mature.

TRAINEE AA: And so as Trainee V, and so as **TRAINEE Z**. And I actually saw that since like the first, the second day, I noticed that they are SUPER mature. They're, yeah.

YX: Ok, I need to come back to something serious. Which part of this sail training program do you think you like the best?

TRAINEE AA: The race part.

TRAINEE Z: yeah, the race.

TRAINEE AA: We started sailing, and we started actually haling a lot.

TRAINEE Z: Yeah, and trimming. Like you know there's difference if you only like trim for a couple of centimetres I think. And you know the difference.

YX: So is it like...

TRAINEE AA: On the way, we had to get to know the ship, to know the ropes. But it's not just that, it's also the crew you have to get to know, you have to get to know the people you are with. If you like this person or not. So that was all a bit like, it was all like squish you know, wasn't comfortable. You know, and when we were in Blyth, we had a night out, we got to know each other more, with the crew, we got to know more, and then we had a lot more fun, so when we do the rope safari, I mean when we finish the rope safari, we started pulling and like, being active while these people racing, everyone started like CHANGING. Like everyone brains just lifted up. So then "OK, this is the race" you know? Since they want, we determined to win. And we won! [25:18]

TRAINEE Z: and you were more, like you knew the ship, you knew what rope are supposed to be called, and you are more COMFORTABLE, sort of thing.

YX: And you feel yourself involve the ship more, and you know the ship more, and it was like, it's more like this kind of...//

TRAINEE Z: well, I feel, I feel like, if I pull some rope, you are not like looking like “OH! what did I do? What did I do?!” Cause now you know what rope you need to pull, you are like lay on everything.

TRAINEE AA: Well, I mean, yeah, of course every ship has different ropes, but what is really interesting was the fact that they really explain everything. They took their time and they make sure we understood. If we didn’t understand, they will repeat it again, you know, AGAIN and again. And that’s what made us really understand the ship and how to sail. And like the square sails are quite complicate to explain, I don’t think I can explain it, but I understand them.
[Laugh] [26: 27]

TRAINEE Z: I have understood how it works but ...

TRAINEE AA: I get it all but I don’t know how to explain it. And I think the crew has a massive and massive proud of this. Without them, we wouldn’t know any of them, I feel like that. Cause they really really emphasized on TEAMWORK, getting to know each other, they make sure no one was left behind. Yeah, they were just really good at what they do and they ENJOYED it. Because they enjoyed it, we enjoyed it.

YX: That’s true. Then before you get on the ship, do you know we are not going to have signal and wifi on the ship?

TRAINEE Z: Yeah.

YX: What’s your reaction then?

TRAINEE AA: I love it.

YX: You love it.

TRAINEE AA: I usually do once a year two-week holiday with not internet.

TRAINEE Z: You do? Interesting!

TRAINEE AA: Because it, it drives me mad, internet, I love it cause I understand the greatness it has but it drives me mad.

YX [Towards TRAINEE Z]: What about you?

TRAINEE Z: Em... well, when I have now internet back, I don’t, I don’t need it as much as I need it before I went onto this voyage.

TRAINEE AA: Like for example, Snapchat, I used to constantly look new Snapchat stories.

YX: Snapchat story?

TRAINEE AA: Yeah. But now I’m like if it’s something interesting they’ll text me otherwise don’t tell me, you know...

TRAINEE Z: and like Instagram, I make sure that I didn’t miss anything, so like constantly like, at lunch, at dinner, before I went to sleep, first thing I did when I woke up. And now I go like, so I was like, five pictures like “Ah~no~” [28: 28]

TRAINEE AA: Haha... it’s too much!

TRAINEE Z: I'm not even interested in these things, it's just ...

TRAINEE AA: I think it's ... I think it's very important, that's why I do this two-week thing, because we get addicted to it without even realize it, and it's, it's ... kind of sad, I think. What does that matter, you were posting a picture of us smiling, but does that really show how we feel on the day? I don't think so. Cause that can be a happy moment of your day, but whatever happened after?
[29: 02]

TRAINEE Z: Or not even a picture from that day.

TRAINEE AA: Yeah, exactly. So you can be FAKING the way you feel, you know. And just for you to get more "like" from social media, whatever.

TRAINEE Z: yeah, like fix, like taking pictures just because ...

TRAINEE AA: That's what everyone doubt. And I just think it's sad, and I, I understand it, I do. But I think people need to be more aware of what they are actually doing. You know, you are posting your life online, and it's going to be online forever. And I think that's why it's good to stay away from it sometimes for you to refresh your brain. To feel like you don't need it, it's only a benefit internet, not something like you have to be on. [30: 00]

TRAINEE Z: And it's always nice to do something like this. Without internet, we really realize what people like back home, who you miss, or like who you really have a connection with.

TRAINEE AA: And you can tell your friends next time that, you know, do it, get off your phone. We are having clearing or talking, like get off your phone, what's the point? Otherwise leave. And I'm really good at that.

TRAINEE Z: Sometimes, cause sometimes you like having in a discussion, the phone always comes up, like I just have to ...like... [30:40]

TRAINEE AA: It breaks the communication. The feeling you have with each other breaks because this thing is in the middle.

TRAINEE Z: yeah.

YX: Now with this kind of voyage, you realize more of the benefits of no wifi, no signal.

TRAINEE Z: Or like social media, cause you always want to have signals, you can always like call your friends, or like text them to like, when we need. But social media just destroys this. Like Facebook, Instagram, Snapchat, Twitter, all those kind of things.

TRAINEE AA: Of course it's nice to go on it on your relax day. To be home, you know, have a cup of coffee, play some music, with the newspaper. That' nice! But what people do is that they post something every day, every day of how great their life is. [31:48]

YX: How great their life is.

TRAINEE AA: It's not great. The moment they do that you know is just shit life.

YX: So it's just like everyone knows this, people are just like faking.

TRAINEE AA: And I think a lot of people here on this trip noticed that too. Cause the moment they left Sweden, they were like “AH~” ... And then I got connection cause I have a English phone, “My god, you have connection!!” But, there’s nothing we can do about it, it’s the world, and the world needs the internet. And it has a lot of positives, a lot of positives, and it has a few negative. But...

TRAINEE Z: But we need it.

TRAINEE AA: we need it. What if we are in emergency, like I was locked up in the bathroom?

[Laugh]

TRAINEE AA: I was locked up in the shower room yesterday, and I had no phone with me, I was like FUCK!

TRAINEE Z: Fuck the odd... [32:33] What did they do?!

TRAINEE AA: And I was like we gave the cluster the phone, we kept that in the cabin, and I was like “WU~ what should I do?!” Then then someone like, I just thump the door like “Let me out, let me out!” at the end I realized “Oh, Phone, phones can be handy!” cause then I could have just called someone to let me out.

YX: And do you think kind of making friends on this ship, like making friends with each other, do you see like each other as a kind of friend, regardless of the background, the cultural background, and ...//

TRAINEE Z: You mean all of us?

YX: Like especially the ones you are close to. When you are making friends with them, do you think it’s just kind of experience similar maturity, similar values, instead of like culture background and everything. Which thing do you think is the most to click on other people?

TRAINEE AA: It sounds silly, but for me, it’s when someone has a good quality, I click with them. [33:59]

YX: Good ?

TRAINEE AA: Good ?? good soul, good person, you know?

YX: Like good deeds.

TRAINEE AA: YEAH~. Like sure you can be negative, but there’s always positive people. There’s no need to be negative, in my perception. And I think that’s, that’s where I click, if someone is a happy person, or like has a good soul. I don’t know how to explain it, but like when you feel they’re, they are good people.

YX: Like positive power?

TRAINEE AA: Yeah, like good power, not necessary to be positive but just say good power.

TRAINEE Z: But I feel like, the person I met here that live in Gothenburg. There's some are younger than me. Like here on the boat, that doesn't really matter. But like in the real life off the boat, it matters. [34: 48]

TRAINEE AA: It matters a lot.

TRAINEE Z: Cause like we go out, like I want be with people in my age. Like clubs they can come in, like we are sort of in two different part of life. Cause they go to school, and I work, So I don't think we are gonna like hang out. Like we might go out for a cup of coffee to see like what's up. But I don't think it's gonna happen.

YX: So it's like, age is quite a difference on the boat and off the boat.

TRAINEE AA: It's not, I think it's just the maturity makes the difference, you know like some people just take the STUPID things, not serious.

TRAINEE Z: But for example with Trainee O, I clicked with her here, but she's 18, 19? And I'm 24. So it's like huge...

TRAINEE AA: they have different goals in their life at the moment, Trainee O is still studying, and she's 19 so she still want to do a lot of parties and going out, and like...

TRAINEE Z: And I'm done that really.

TRAINEE AA: I have the same feeling with her. Like she's great girl, and that's fine, but I don't know what's gonna, if she's in London, of course I'm gonna see her like, whoever here is in London, of course I'm gonna see them. But I don't think there will be a big effort between Trainee O and I to like stay in contact. Cause I think it's just like if we see each other again, it will be fun.

YX: What about TRAINEE Z and you? What's your plan to continue your relationship?

[Laugh]

TRAINEE Z: Hahaha... What's your plan? We haven't come to this ...

TRAINEE AA: Do you want to get married? [Laugh]

TRAINEE Z [laugh greatly]: We haven't, we haven't talked about this yet.

Z & AA: Wu~~Huhu~ Hahah~ [can't stop laughing for 10 seconds]

TRAINEE Z: It would be great to come and visit you.

TRAINEE AA: Yeah, I think I will be make sure to contact. Of course it's gonna be hard cause I'm not in Sweden, but, yeah. I'm not worried that nothing's gonna happen, because something will like...

TRAINEE Z: Yeah, I would love to stay in contact.

YX: because the chemical thing is always there.

TRAINEE AA: chemical ~ Wuho~ getting high in it!

TRAINEE Z: Wuho~~

YX: Actually I'm also very happy to see there are like very close friends, like two people, two weeks ago stranger, but now they are so close. They can lean on each other, on top of each other, and play any kind of jokes on each other.

TRAINEE AA: Give massages and stuff...

YX: yeah.

TRAINEE AA: but I feel like it's THE BOAT, the impact of being on a boat does that too. Cause you are forced to share the same space, and someone like me I love my own space. I'm not gonna lie, I love to have my stuff everywhere, as you can probably tell. I love to be on my own but like THIS, in the space and share with a bumpy, in a living room. I have been used to that. [38: 12]

TRAINEE Z: Like if we were only met at a party or something, then we would probably play at that time, but then maybe nothing more, because now we are like we know each other more.

TRAINEE AA: we talk to each other more.

YX: Do you think you are kind of a conservative person in the beginning? Or you are ...

TRAINEE AA: I think so, for me, personally I probably...

TRAINEE Z: Yeah.

YX: at the first time you will be a bit kind of conservative?

TRAINEE AA: I'm always more quiet than I actually am in real life.

YX: And then you gradually like ...//

TRAINEE AA: Show my crazy self.

TRAINEE Z: Well, you kind of have to, or like you can't stay you... you can't be like uptight all the time. And then if something happens...just being you self.

TRAINEE AA: Like you know how much energy I have, like I can't just like constantly bursting out all my energy. Cause that's gonna be a bit weird...

YX: You may need a massage or something.

TRAINEE Z: You give me some energy!

TRAINEE AA: But I can't just, because the first interaction is always awkward. It will always be awkward, it doesn't matter ...

YX: Do you have the first impression on TRAINEE AA? Your first impression on TRAINEE AA?

TRAINEE AA: Ah-Ou~

TRAINEE Z: Haha... my first impression...

TRAINEE AA: You know we don't really have this!

[Laugh]

YX: So maybe not like very strong first impression, but like when you gradually became close, then you really became closer. Because sometimes first impression may not be that strong.

TRAINEE Z: Well, I think that this was really strong connection.

TRAINEE AA [simmer with laughter]: You know what connection is!

TRAINEE Z: [Laugh]...Love on the first side!

YX: well, not necessary to be, because first impression, cause there are like too many people here, it's so difficult to have...

TRAINEE AA: Yeah, it takes, it's like...

TRAINEE Z: it take a while to you really know.

TRAINEE AA: And it take experience as well. Like you know, I saw since day 1 with people I wasn't gonna click with.

TRAINEE Z: yeah.

TRAINEE AA: Since day one, which people I wasn't going to click with, I SAW that, I knew that and that's fine.

TRAINEE Z: yeah, and like I travelled alone as well, so you see people...

TRAINEE AA: You see people by their manners, or their ...

TRAINEE Z: like their body language, and everything.

TRAINEE AA: Like "Err~" [with a dislike expression] I don't know, certain moves that you see and then you know it's...

TRAINEE Z: Yeah, some people they are like "No~ it's not gonna work!" Even if I TRY to, it's ...

YX: difficult to try?

TRAINEE Z: Yeah.

TRAINEE AA: Cause you know when you try, it's fake. I've done that a lot before I came on the ship. I've always try to be nice to people even I don't like. It's SO tiring! Why I would even do it? Like you know. You can always, you always have to stay polite which I am, but I'm straight to the pint. If someone doesn't do the dishes probably, I tell them. Cause I don't want to do it. You know, I'm not gonna do the job; that's their job. And you just have to, yeah, I don't know. [42:00]

TRAINEE Z: And that's good impact on me. You tell them, I'm mostly like "Oh well, I'll do it later."

[Laugh]

TRAINEE AA: We have someone who just dries one plate for 30 minutes, 30 seconds when they...

[Interrupted for 40 seconds.]

YX: Yeah, I think that's almost everything for our interview, I've got quite interesting information. And I quite enjoyed talking to you.

TRAINEE AA: And you know if you need any more help, if you want me to write something, that's not a problem, you message me and say "hey, can you answer this question" and I'll write it, it's easy for me.

YX: Do you think you would like to be follow up interviewed like in two, three month time?

TRAINEE AA: by you?

YX: yeah.

TRAINEE AA: yeah, sure!

YX: because I want to know like how would you, like may change and like and also your connection with people on this ship. Because like you said, it's very difficult to see from this moment like your own change in this voyage. So maybe after a few months, you'll find something life in your daily life

TRAINEE AA: Not a problem, always happy talk to you. It's your birthday, OF COURSE!

YX: Oh my god!

TRAINEE AA: Of course.

YX: Thank you very much.

18) Focus group 1: With trainees

Focus group interview – Number one

Date: 2016/08/26

Interviewees: Trainee N, Trainee Q, Trainee G, Trainee T, Trainee W, Trainee R,
Trainee Y, Trainee S

Location: Deck saloon on Vega

Length: 1h15min

YX: refers to the researcher

YX: When you look back to the voyage for the last few days, do you feel this voyage is like what you have expected or it's quite different from your expectation?

Trainee G: Very different.

Trainee N: It's, it's much easier than I thought.

Trainee Q: I thought it will be more rules.

Trainee G: Yeah, I thought it will be a lot stricter.

Trainee Q: Yeah! Stricter.

Trainee W: I thought there's more English people (on the ship).

Trainee G: I also thought there was more English people.

Trainee W: This was a youth exchange program, so that's why I choose this voyage.

Yujun: So do you mean you prefer more English trainees joining this voyage.

Trainee W, Trainee Q: En, yes.

YX: So, what about else? (Looking at other participants with a smile)

Trainee S: Me?

YX: En.

Trainee S: Well, my expectations were very high. But it has been really really really fun so my expectations were fulfilled. I'm really satisfied actually. It was pretty much like what I expected experience.

Trainee T: Yeah, em, definitely. Great, it's what I expected. One thing I didn't expect was the water is to be this calm.

Others: Yeah!

Trainee T: And I expected to sail a lot more than we have so far. But people are very fun. It's been very calm as well, and relaxed. That's more or less what I thought it would be.

YX: All right, for the expectation, the sailing part and making friends with new people, which one do you think is more interesting for you?

Trainee G: Friends, definitely friends.

Trainee Q: Yeah. Friends.

Trainee N: I think it's equally important.

Trainee S: Yeah, I put great value in both of them.

Trainee G: I will say that 90 to 10 for friends.

Trainee W: I think fifty-fifty.

Trainee Y: Yeah, roughly fifty-fifty for me too.

YX: Then, do you feel make friends on a tall ship in a voyage is different from or similar with making friends on the ground?

Together: Different, very different. Yeah.

Trainee S: We are around each other 24/7 and you are forced to work with each other.

Trainee N: Even if you don't feel like to. And then maybe you will see they have another side. For sometimes people is strange in the beginning, and then you will think they are like that all the time and don't change. But because you need to be with them, maybe you will see that they are unlike the first time you saw them.

Trainee T: I agree with that completely. If you meet someone in town or on the street or wherever, if you don't like the person at the first impression, you can just walk away. But here we are bound to live together, so you can't really walk out for where you are living on the North Sea [Laugh]. So I mean, you HAVE to work with them. After a while, you reach a point that "Oh this person isn't as bad as I actually thought." So that you...

Trainee Q: yeah, yeah!

YX: So is it like this voyage gives you a second chance to know someone you may have understood?

All: Yeah.

Trainee T: Yeah, a lot of people I knew from the start I thought they were a specific way, but I got to know them more.

YX: OK. Shall we say.../ Is it because sometime even before you know someone, you have some kind of pre-assumption on particular person? Is this the case sometimes?

All: Yeah.

YX: Like especially towards people from different backgrounds? OR...

Trainee G: No, I would say less so. I would say for people from Sweden, I understood less, I had less assumptions.

YX: You have less assumptions.

Trainee G: I was more open to believe they'll be different to what I think they would be.

YX: What about others? Do you feel you came here with a kind of something stereotypes but were broken during the voyage?

Trainee N: No. Maybe because I travel a lot, I don't really, I don't think of the person like anything behind they look like. And then I get to know them.

YX: Do you have any?

Trainee Y: Not really.

YX: So it was like you come here with an open mind to accept new friends and just like how they are?

Trainee Y and others: Yeah.

YX: Ok, before this voyage, did you do some preparation before this voyage?

Trainee N: Packing.

YX: Except packing and cloth-wise, like have you tried to, for example, do you know there will be different nationalities on board?

All: Yeah.

YX: So will you try to read something like the social media says "How British people are" or "How Swedish people are"?

All: No.

YX: So you come here just with very blank ...

Trainee T: Oh, we did our Facebook group.

Trainee N: We did?

Trainee T: Yeah.

Trainee Q: Yeah, but there wasn't so much. [laugh]

Trainee T: We were meant to meet before, but... (turn to other Swedish trainees) did we finally meet?

Trainee Q: No, we didn't meet.

Trainee W: No, it was Trainee V he was asking if someone wants to take a beer at the town.

Trainee T and Trainee Q: Yeah.

Trainee W: But someone couldn't go.

YX: So you didn't go.

Trainee W: No.

Trainee Q: No, nobody goes.

YX: So it's the first time you meet each other when we came...

Trainee W: On board, yes.

YX: Then do you think it's gonna be a bit different, like for example, Trainee W and Trainee T you know each other before, what if the whole ship is like you don't

know anyone on this ship and you were on different ship, do you think your feeling of this voyage is gonna change a bit?

Trainee W: No.

Trainee T: Yeah.

YX: No and Yes? Then what's the reason that you feel may make the difference, or not?

Trainee T: Well, I mean, at the start for example when we didn't know everyone, I could just, I wouldn't have to go and talk to people, I could just go and talk to Trainee W. Cause I know this is kind of comfort cause we know each other. And then I wouldn't have to put into any effort to talking to other cause I already have someone to talk to. Whereas I think if it's on my own, I would put more effort from the start to talk to people.

YX: So can we say it's because Trainee W's existence make you a bit more comfortable at the beginning of the voyage.

Trainee T: Yeah.

Trainee S: But also that can be something negative since maybe then Trainee T and Trainee W would spend a lot of time together, while the others are socializing and becoming friends, and ...

YX: But apparently he's already fallen in love with you now.

Per: Yeah, but maybe, that takes a few days, that's nice but if Trainee W is not with him, maybe he will fall in love with me at the first day.

[People laugh]

YX: Yeah, that's true. Well, what about else, if you come here with one of your best friends, do you think things will change?

Trainee G, Trainee Y and others: Yes.

YX: Do you think it's gonna change greatly or slightly?

Trainee G: Greatly. I think I wouldn't talk to anyone as much as I did.

Trainee Q: But I think it will be like, it takes some time. Cause in the beginning you trust, like you are only with the person you know. But later on you decide to talk to others, so I think it will take a bit longer but I don't think it will be that sort of great difference.

YX: So it's maybe like, it still varies from person to person.

Trainee Q: Yeah. I feel it became you can easily get tired for one person speaks to only one person, even if you are around each other like 24/7. But that can easily become a problem if you are only two persons you know each other, and you meet up with each other, and then it becomes natural to inapt to others. Because you become a bit tired of that, sort of. [9:55]

YX: So is there anything that you are glad to get away from escape from to join this voyage? Is there anyone feels "If I come to this voyage, I can escape something from my daily life?"

Trainee Y: Yeah, like Social media. Yeah...[10:30]

Trainee W: Yeah, I can escape from my job, and my town, Gothenburg, yeah.

Trainee Y: I can escape from the comfort of being home. Always knowing everyone and having someone to call, but ...[10:59]

YX: Is it like self-challenging to step out of your comfort zone.

All: Yeah.

YX: Do you feel a bit tough at the beginning?

Trainee S: Yeah, of course, I think most people have been nervous at the beginning when you know that you'll have to be together with these people for 16 days. So you will have to really act up and behave and be nice because everybody wants to be liked.

YX: But will you feel sometimes when you need to like everyone, and you need to try to cooperate with everyone, will this kind of feeling make you a bit tired sometimes?

Trainee N: Well, I think you should be yourself. Just like go with the flow, if they don't like you, it's OK. I know you are on a boat, but maybe you can go somewhere else. And you can separate like when you are on the watch, being with team and being like friends. Maybe I just like used to go through when you are a citizen, so many kinds of different friendship, so I'm used to like getting to know people so that I'm like, yeah

Trainee T: Yeah, I mean, sometimes you can like very small minor moments, not that much at all. But like for example in the mornings, if someone wakes you up, you shouldn't scream at them or get annoyed or something. You are in the bad mood in the morning, you should be friendly...

Trainee Y: You have someone snoring all night. [Laugh]

Trainee T: Yeah, no, but I don't think it's anything major, though, just maybe some small things, but otherwise it's not ...//

Trainee Q: It's maybe because it has been like 6 days. It could develop into something bigger. You never know, but I think what's important is that you don't go and hold it inside yourself if you bother with something, because then it grows, so it's better to tell everyone when it happens, then you can avoid any...

Trainee N: misunderstanding.

Trainee Q: Yeah, yeah, yeah, exactly!

YX: Have you ever come across to such kind of situation that you feel you were misunderstood sometimes?

Trainee Q: there are, yeah, a lot of times.

YX: A lot of times?

Trainee Q: On *Genila* there were quite a lot of times.

YX: What on this voyage then?

Trainee Q: Not yet.

YX: What about others? DO you feel sometimes you were a bit misunderstood, for something you say or something you did? [Silence for 8 seconds] Well, let's say when you were waked very early in the morning, do you feel more tolerant of all these things because you know it's like this is your work, so it's like your tolerance of these thing is growing actually? Can we say so?

All: Yeah.

YX: Do you think if you go back home and your parents wake you up, are you going to get angry again?

Trainee S: Yeah. Probably.

Trainee W: No.

YX: So we have been on the sea for such a long time, and you have left your comfort zone in your country, is there anything you quite miss, or someone, or something?

Trainee Q: I miss a shower.

YX: You miss a shower.

Trainee N: I think it's been beautiful to miss people, I don't know like miss them, but I like the feeling that I think I'm missing them.

YX: It's like you like the feeling you feel you're missing them. That's quite romantic.

Trainee N: Yeah, so it's like a beautiful (feeling) like I care about people, but I can be out in the sea for one year. And I will feel like feel missing, I will like call home and send them postcards, but it's the thing when you are outside, you just ...//

Trainee Q: I think you appreciate things you never think you'll appreciate before, easy things like just being with your family or something like that. When you easily get those, you don't really know what they worth, but when you don't have them, you know what they worth. Sort of...

Others: Yeah.

YX: So is it like in some way you miss your family?

[Trainee R joined half way]

Trainee R: Yes, we have just talked about, can I?

YX: Yes you can join us.

Trainee R: Like what I talked to you yesterday, I miss people sometimes just like my friends, they know me for who I am, and sometimes I can just feel so relaxed in the ocean, and you want to share something with someone. But then you don't know anyone here, and you don't what to react. Like if you have a friend that you know, you know how they will react in your way because you are friends, so of course you can get along So sometimes I just miss that just having that person sometimes just to...[17:25]

YX: just to share your feelings and...//

Trainee R: Yeah, and sharing the moment. I know that we will share things together.

YX: DO you think it's about sharing the feeling and experience on the ship that makes you miss someone?

Trainee Y: Yeah.

Trainee R: like this person would say this, like...

Trainee Y: Yeah.

Trainee T: Sometimes I can feel I have a damn idea or an idea that I thought isn't really THAT relevant or THAT interesting, and I want to share it but I don't like, for sharing with someone here it won't be, they won't care that much, I had to be with a good friend of mine, they would be, they WOULD be interested, and I know they would be interested. So I don't share it because, yeah, I kind of I'm not that familiar with them, they don't care what I had for breakfast like, or like something a quick thought or an idea, they wouldn't find that interesting AT ALL. Whereas maybe a close friend I have, if I share with them...

YX: So can I ask are you interested in other people's experience then? Like if someone on this ship is gonna tell you something, it's like if you stand on other people's position to look back, do you think you are gonna show very big interest in other people's saying or words, or ideas?

[19:00]

Trainee N and Trainee R: Yes.

Trainee S: I think maybe if you hang out with one of your best friends, and you tell them a story, they will probably be quite HONEST if they are interested or not. But if you are here, I don't think anyone will actually say to you that they don't think this is interesting. They would be...

All: Yeah!!

Trainee N: You would see it on their face.

Trainee R: Yeah, but they won't say it.

Trainee S: They will kind of act like "Yeah, this is interesting." But really they are like "What the fuck he's talking about". Do you know?

YX: What do you think?

Trainee Y: Not sure.

Trainee G: Yeah, I agree with everything. [Laugh]

YX: So is this the first time you sail with people from different countries?

Trainee W: no.

Trainee N: Kind of.

Trainee S: Different countries, yeah.

Others: yes.

[20:00]

YX: Then what do you think is the most unexpected thing to cooperate with people from different culture backgrounds?

Trainee Q: The English.

Trainee R and Trainee N: Yeah.

YX: Like the language thing.

Trainee Q: cause you notice, you notice on the crew as well, when there's a command, they often speak, like we can easily start speaking Swedish, cause we are not so used to speak English, and when there's something like stressed or something you need to happen quickly, then we think it in Swedish then we say it in Swedish. So it's sort of like that.

YX: So you think language is very important factor.

Trainee Q: Yeah.

YX: I also have the same feeling, because sometimes there are Swedish trainees they unconsciously or unpurposely talk to me in Swedish, and then like two seconds later, they suddenly realized I'm not a Swedish speaker. Have you met the same situation?

Trainee G: Yeah, that happened a lot of times.

[Laugh]

Trainee N: Or like, for Swedish people, cause they have been speaking English for all day, they just go from English and then like "Oh, yeah, you are Swedish."

YX (towards Trainee G): So what's your feeling when people try to speak to you in Swedish?

Trainee G: I wasn't annoyed at anything, it's not, I thought I'll just try to put a bit of puzzled look on my face so they would realize faster without interrupting them.

YX: yesterday I also had a focus group with the crews, and they realized this thing, there are two opinions in their groups, one opinion is to say because you generally, like gradually getting closer and closer together, so when you just regard someone on this ship as a friend, you kind of forget his or her nationality, you feel he or she is very close to your culture as well; and the other one is just say it's just very instant reaction, it's just they haven't realize this thing; so which would you think would be your case if you speak Swedish to English speakers?

Trainee S: I think that if you started speaking, for example, I will start speaking English to Swedish with Trainee G I would show that there's like no difference in the matter of Swedish person, cause I was like using my language for him...

Trainee G: That is something I felt like that, when it happens, whereas it's a bit strange, it does feel quite INCLUDING.

YX: You feel like including?

Trainee G: Yeah.

Per: Yeah. Like no difference between us.

YX: So is it also like you feel like he's actually quite close to your own group?

Trainee S: Yeah, not different in any other way with any of my Swedish friends.

YX: then what about others? If you unconsciously speak Swedish to English speakers? What would be the reason you unconsciously say this?

Trainee R: It's like a habit. English is not my mother tongue, so if I have something that I want to express, the first language that comes to my mind is Swedish. And sometimes I talk Swedish to a English speaker person. One second later, I realize that, OK, English. But that's fine, it's like no change at all. It just happens.

YX: So do you think you have learned something in this voyage?

Trainee S: Absolutely.

YX: Yeah, like sailing skills, and what else?

Trainee N: English. English terms, and a bit Irish, but I don't think I will use it somewhere.

[Trainee Y and Trainee N whispered something and laughed]

YX: what about else? Language, yeah.

Trainee R: So many things.

YX: Like for example?

Trainee R: I can't come up with an example like that, sorry, I'm not good at putting stuff like that. But it's just like, every time you are in a situation where you don't know anyone, you have to get along with guys, we have talked about this earlier, I think you asked something, just, I don't know, just get more skills to understand people, the more you, the more you are with people, the more you understand them. I don't know that explain...

YX: So it's like when you get to know people more and more, you feel more and more secure? So you feel you learn from this process that how to communicate with people, with new friends.

Trainee R: Yeah, so if you go to another boat, you're gonna start again somehow with different people. Because you learn, you know, it's always new things, new people.

Trainee Q: And you also learn a lot about yourself.

YX: about yourself? In which aspect of yourself do you mean?

Trainee Q: your limits. And just about how more you are supposedly? I think just basically learn more about yourself.

YX: Is that because you try to think of yourself and reflect yourself in this voyage once and again?

Trainee Q: I think it's because you expose to situations that you have never been exposed to before, maybe that's why you learn how you act in that situation, sort of. As well as we have been so close to each other ... [someone coughed to have covered the voice] you learn a lot about how you act, how you ...

YX: How you act, how you interact with different people.

Trainee Q: yeah, I think as well.

Trainee T: I think another thing I've learned about myself that I feel like I have on this trip is the people that I've spoken to. Because basically, they say, your friends are the best representation of you. So just knowing who I began speaking to, or who I bonded with, or who I approached, or who I got along with, I feel like this tells me a lot about myself, what kind of preference I have on people, and it happens all the time talking to new people and getting to know them about myself as well.

[Trainee BB came and interpreted by talking in Swedish to us, saying "we are going to gather all the puking ropes.", Trainee N and Per had a short chat with her for 20 seconds explaining here's an interview going on.]

YX (towards Trainee T): So what you say, does that mean like you feel more comfortable to stay with someone is similar with you?

Trainee T: No, really not. Like talking to people that I'm not that, that I wouldn't expect myself to bond with, or become really good friends with tells a lot about myself. That I didn't think I would get along with a lot of people that I have kind of get along with very well. And that kind of tells me a lot about myself, and what actual preferences I have for my friends rather than what I thought I did. If you know what I mean.

YX: So you gradually realized your previous friendship criteria is not true.

Trainee T: It's not my current one, yeah.

YX: So it's changing through this voyage?

Trainee T: Yeah.

YX: Is there any kind of nationality or gender criteria in your mind? Like will you prefer to make friends with certain, like people from certain countries? Or male people, female people? Or just like something else?

Trainee T: no, I think it's not that, it's not based on gender or nationality I think, it's more of personality-based. Yeah.

Trainee G: I think for the getting to know more about yourself. For me, for the last quite a few years, I'm always around the same people, and kind of fall into like a template of what my friends, kind of. So being on the ship, when **no one knows me**, like kind of **clean slate**, kind of letting you be yourself. So I've kind of by not caring about what I do, I've kind of learned more about how I naturally am.

YX: then when you do you think it's a ... because initially when you get on board, you may have different feeling, so on which day do you think you gradually want to behave yourself?

Trainee G: Probably on the start of the second day. After, after I really struggled with the sleep on the first night. I kind of opened up a bit for, trying to seek friends cause I thought it will be more comforting. So I started sitting around and talking to people, and acting as myself.

Trainee N: That's why I know you have a really cool bat.

[31:00]

YX: Have a really cool what?

Trainee N: Pat, he has a bat.

Per, Trainee R and others: Oh, you have a bat!

Trainee N: That's really cool.

YX: I still didn't really get that.

Trainee G: A bat, a little furry thing like usually like this big, flappy wings.

Trainee N: Like vampires.

YX: Oh, do you have it in your home?

Trainee G: Yeah.

YX: Woo, that's so cool!

Trainee Q: Yeah, exactly.

Trainee G: It's in, it's in a big cage in one of the rooms.

Trainee T: So they have to be in the dark rooms.

Trainee G: yeah, we have to put big towel on everything.

Trainee S: What's it's name?

Trainee G: Bofrore.

Trainee T: Should call it a zoo bat.

[Laugh]

YX: Yeah, so people get to know you more and more, do you feel like, when people know more about you, how will you feel about this kind of change?

Trainee G: I felt very good about it because when I did start acting like myself, everyone was very positive towards me, very lit up, very happy about who I am.

YX: So can we say this is kind of a surprising thing for you in this voyage? Kind of late birthday present.

Trainee G: Hahaha... Yeah.

YX: So what about else, do you feel like there's something surprise to you in this voyage? Either in a good way or in a bad way. Like someone's behaviour, or something you haven't expected? Yeah, something like that.

Trainee R: You already know but they don't know. I can't feel lonely here. I don't know what it is, like if I'm by myself or if I'm alone. I can't feel lonely, I don't know what it is.

Trainee N: Oh I got like, it is Goosebumps.

YX: Oh, that's so sweet. So you can't feel lonely, you just feel so companied.

Trainee R: It's when I'm a student like I can feel loneliness when I'm back home, for here, NEVER, not even once.

Trainee G: Yeah, I completely agree with that.

Trainee R: You do?!! You do!

Trainee G: Yeah, haha...

YX: Do you want to shake hands or something?

[Trainee R and Trainee G shake hands and everyone laugh.]

YX: What about else? Like do you feel surprised about something, or surprised about yourself? (Towards Per) I think you should be surprised by yourself.

[Everyone laugh]

Trainee S: I'm not.

YX: Like transfer from a musician into a rope master or something.

Trainee S: Yeah. I don't really know what's going on here, but it feels good.

YX: So do you feel something like quite surprised? For example, when you carried your guitar playing on the ship, there are so many people automatically gathered around you. How do you feel with that?

Trainee S: That's, that's fun of course, but then you have to act, you know, then you have to try to be good.

YX: You did a very good job!

P Trainee S er: Thank you.

YX: So do you feel surprised? Or do you feel like it's always, when I play with my guitar there will be people around me?

Trainee S: No, I don't know, mostly I just play by myself, I have a couple of friends playing that. But I don't used to play in front of people. But it feels good to do with people.

YX: yeah, especially they were singing with your music, and it's kind of good interaction.

Trainee T: it's a nice atmosphere.

Trainee W: We should do that again.

Trainee S: Yes.

YX: Yeah, let's do that again.

Trainee N: I wonder like we want to do like "Anda" (Swedish word)

Trainee Y: "Anda"?

Trainee N: It's like you play music, and candles.

YX: And we are gonna have our fireworks every night.

All: Yeah!!

Dlamar: Not Sunday.

YX: Not sure, almost every night. It's a tradition in tall ship race and regatta. What about else, do you feel surprised about something? What about the relationship between girls and boys? Do you think there's kind of a very clear boundary? Like when you communicate or interact with opposite genders? How do you feel?

Trainee G: No difference, everyone is just friends.

YX: What about you? What do you think? Everyone is just friends?

All: Yes.

Trainee R: yes, of course, we are like free and go on a deep level, it's like a society, of course like there are things between I do something ingredient in my mind, and the way I speak to people sometimes that is affected, affected by I'm knowing, like unconsciously. [36:30]

Trainee T: Yeah, it is I think.

Trainee N: It is? Never know.

Trainee R: Brain wash. It's like we learn how to be depending on our genders.

Trainee N: I think maybe it's because I got so many feminists as friends. I had smashed my head with brain wash so I have seen myself like kind of whole order way than before. So I think like that.

Trainee T: I don't think it's a deep for me. It's just unconscious, it's normal that I usually tend to feel more comfortable, not necessarily comfortable, but I go and approach a guy and talk to him more likely than I would approach a girl and talk to her. I don't think that is anything I think of extremely deeply. It's some, it's just because it is that way. (Turn to Per) Do you ... say it's exactly the same?

Trainee S: No, I won't think it's exact the same. But I have lots of girl friends, mostly, I think I have more friends that are girls than the guys actually... Well, at least as many girls as boys. But then of course sometimes if you are attracted to guys or girls, when you get attracted to someone, then that will be another relation and another tension between you and that person. And I do think that's, just being human, I think? [39: 03]

YX: Well, being human. Because we are on board, and all boys and girls do the same things. So do you think this is a different thing from your daily life?

Trainee S: How do you mean?

YX: Like do you think girls will tend to be more girly, and man tend to work on more boyly things?

Trainee S: No, I don't think we have a lot of like stereotypic of those things going on that. Because in Sweden at least, we are really doing good progress on the gender thing, so there's not a lot of like the things going on this boat.

[40:00]

YX: So do you think there's kind of awareness of gender equality is because of the atmosphere in your country as a whole background?

Trainee Q: Can you say that again?

YX: So is it like you were influenced by this kind of things when you were little, gender equality?

Trainee R: Yeah, like it's always been the way, the way of teaching, and just continues and you are exposed ... [unclear].

YX: So do you think you have a kind of a role model on this ship from he or she you feel you can learn a lot?

[Interrupted for 30 seconds]

Trainee N: Not really like a role model. I think you should be just yourself.

Trainee T: I think Sea staff I is really cool.

All: Yeah.

Trainee S: Me too.

YX: Sorry?

Trainee T: Haha. Sea staff I is really cool.

YX: Sea staff I? Like in which way?

Trainee T: Like the way he moves, the way he talks, like he's very smart as well, like he's very responsible, and he's very YOUNG as well. He's almost my age and he knows a lot about the boat, he's been sailing a lot.

Trainee W: And he's very soft like a person.

Trainee Q: How old are you?

Trainee T: I'm 24. And he's 22 I think.

Trainee S: Yeah, there're a lot of cool people on this boat. There're a lot of, I don't think you have single role model, but they can be like single abilities of someone that you think is nice.

YX: Like what?

Trainee S: Like, for example, Trainee R is very good at this specific thing.

YX: Like what?

Trainee S: Like talking about genetics that I could be like "yeah, that's really cool", I would like to have that in my personal personality as well.

YX: What about else? What else single capability that you feel is very good and you want to learn from them?

Trainee Q: Yeah, I think so, I have learned a lot of things, there're a lot of people on this ship that you can learn from.

YX: Can you give a specific example?

Trainee Q: For example, your calligraphy. Cause that's so cool!

[Laugh]

Trainee N: Yeah, that's so cool!

Trainee G: I think, other people's confidence.

YX: People's confidence.

Trainee G: Yeah, it's a good one to take away. Cause I wasn't very confident before, I feel quite confident now.

YX: Do you feel the confident in which way? Like confident in communicating with different people?

Trainee G: Just about confidence in every way, confidence to go up and do a task in front of people, or even on your own confidence of your belief to do something, and to talk to people, confidence to, even just to approach someone. I feel it will be OK with them.

YX: So do you mean you were influenced by those confident people to be more confident yourself.

Trainee G: Yes, definitely!

YX: What about Trainee Y, do you have any like, do you feel someone is good at doing something or ...?

Trainee Y: No, I'm just impressed like everyone has SOMETHING, everyone does something good, like there's no one I can dislike cause ...

YX (smiled towards Trainee W): What about you?

Trainee W: I don't know, actually I don't know.

Trainee R: First of all, I don't know anything about the boat, so whenever someone tells me something about the boats, I'm very amazed. It's not like, I'm impressed by everyone, I really like people. And I'm just very interested in listening to everyone. I'm impressed like it's not any personal characteristics that I'm actually impressed by, not really. Just people...people...

YX: So did you find any situation that you find very difficult to deal with? Like you come across something you don't really know how to handle this thing, you feel a bit anxious?

Trainee G: Skansen.

Trainee Q: Yeah! I agree with you.

YX: Can you say a bit more about the Skansen.

[The small beds, the crowdedness. There are six people in there but you can only really have two people stand up. Everyone else has to stay in their bed. And having the door hatch, lock shut is very, place on you mind, it makes you feel like you can't get out of the room quickly.] [46:17].

Trainee N: Now you can.

Trainee G: I can now, yes.

YX: So what about, because you have six people in the Skansen, do you talk a lot?

Trainee Q: Yeah, last night we played cards.

YX: You played cards in Skansen?!

Trainee G: yeah, it was very hard.

Trainee T: It looks cosy.

Trainee Q: Yeah... Em... I think the first night we didn't really talk. We just want to sleep.

Trainee G: everyone shuts up, we just want to sleep.

Trainee Q: Yeah, yeah. But now, the last two nights we talked to each other and joked with each other. So it's quite much fun.

Trainee G: Yeah. I really like it now. I used to be very scared of it. But I really like the room now.

YX: So you like the room now. If we give you a chance to change the bed.

All: Yeah. I want more space.

Trainee W: I want to change my watch. I don't want to be at 12 to 4 o'clock.

Trainee T: You want to be with the people, but you don't want to be at that time.

Trainee W: I don't want to be at that watch, at that time.

Trainee T: Yeah, but you want to be with the people from your watch.

Trainee W: People is not the problem, but that is the time and the job.

YX: So can we say living in the Skansen somehow establishes your friendship in that small room?

Trainee G: Yeah, it helps to work over the hardship together, cause we can talk about the same struggles.

Trainee Q: yeah. Cause you have to cooperate. It doesn't work if you don't cooperate; it doesn't work if everyone goes out, let's say, at the same time, and try to put on your clothes at the same time. It doesn't work. So you have to this in turn, you have to cooperate.

Trainee G: If anyone in that room didn't like anyone else in that room, it would make it very hard, because we all get along, it's a really good room to live in.

Trainee Q: yeah, YEAH, yeah.

YX: En, you really need to like communicate a lot, like who's gonna stand up first and everything.

Trainee G: Yeah.

YX: OK. So how many nationalities are there in your Skansen?

Trainee Q: Three to three. So three from Sweden and three from England.

Trainee T: Isn't Trainee E in your room?

Trainee G: But he's from Britain. England and Ireland are very similar.

Trainee N: Aren't they trying to ...

Trainee G: People wise are very similar. Politic-wise is a lot going on. But people are pretty much the same.

Trainee T: But are the other girls are, the German girls are?

Trainee Q: Yeah, well, it's only Trainee A. And she's also from North Ireland I think?

Trainee G: Yeah.

YX: Like German North Irish.

Trainee Q: Yeah, exactly.

YX: So do you think you are getting along well with each other?

Trainee Q and Trainee G: yeah.

YX: Even though you suffered, from the day before yesterday, you started to talk more, to play cards. And in the first two days, you are ...

Trainee Q: we were kind of stressed because we have to live there, and we are kind of scared.

YX: Scared?

Trainee Q: yeah, because it's quite scared to sleep there.

Trainee G: When I was in the room, there wasn't a matter of thinking about with the factor I was with other people in there at all. I was just trying to get my head around to get in my bed and go to sleep.

Trainee Q: yeah, exactly.

YX: But you are in the same watch group, are you?

O & B: Yeah.

[50:00]

YX: So it's like you experienced like so similar feelings, both in terms of accommodation and in terms of watch hours.

O & B: yeah.

YX: If you are gonna choose, what's the part of the international sail training voyage do you like the best? For example, we have sailing skills training, climbing the mast, doing dishes, sleeping on a boat, getting rid of wifi and making new friends of different countries, and being yourself, freedom and everything? What do you think is the most important for you? Or what do you think is the best thing you've experienced in this voyage?

Trainee W: sailing the boat.

YX: Sailing the boat, like sailing itself.

Trainee W: Not the sail part, with a team. And win the race.

Trainee T: Do you say working together as a team, right?

YX: So you enjoy more about the teamwork, and doing something together?

Trainee W: Yeah. And let us trainees navigate the boat, without the captain.

Trainee T: and the responsibility.

Trainee W: Yeah, get more responsibility.

YX: What about else?

Trainee G: Making friends.

Trainee S: I like the whole situation.

Trainee G: Yeah, I think everything about it has been very good, but the whole, how things come together the way you are on your own, there's no wifi, you have to live with all these new people, and there're different nationalities, those combination is very good. I think that's good.

Trainee Y: The at sea experience, being along with a lot of people, we don't know each other, sailing, I think the at sea experience.

YX: At sea experience, and know everyone from the start point.

Trainee Y: Yeah.

Trainee R: I think it's hard to choose one thing,

YX: You can choose two.

Trainee R: Oh, no!! No!

[People laugh]

YX: Or, then choose two and half.

Trainee R: I can see stuff like... I see everything like one complete thing, like, it's not like, it's the whole thing.

YX: What about others?

Trainee Q: I agree with that. It's the whole thing.

Trainee S: yeah.

Trainee N: I don't think so much.

YX: Because like Trainee Q and Trainee N, you've got quite much sailing experience.

Trainee Q: Yeah.

YX: So I was wondering maybe sailing will not be so much fun for you as for other people?

Trainee N: Oh my god, yes, it's so lot of fun!

Trainee Q: Yeah, yeah, yeah, yeah! It's so much fun! That's why we are here.

YX: Ok, my bad.

Trainee N: you can just go to a camp or something. But this is like so ...

YX: You just like sailing. But because before you are sailing with your classmates, so it's quite different from this voyage actually. What do you think is the biggest difference for you?

[54:00]

Trainee N: You are like *be structured* with your class, so on the days sometimes you need to be with your classmates because you have these courses, you need to be there and that means that, like in my class, we do 1h45min work after our watch, and then we can sleep cause we have another course, and the other one is science that we go and travel with. And that's the same thing, they can go and sleep after. One day they have slept, we are tired, and we need to sleep. That's like the difficult thing. Cause here you have more free time, and you don't have like that much obligation, and I don't know, you don't know many thing about this before....[unclearly]

Trainee Q: I also think about the age difference. When you are with your class, it's just there with the same age, and then there's crew and that's all. It's stronger hierarchy between the crew and the trainees, but here it's more like mixed. So it's more like you cooperate easier. It's kind of easier to cooperate with people from different ages, I think. Because then you can, sort of.../ yeah, the age difference is very important.

YX: And you also feel more free on this ship, and have more spare time.

Trainee Q: Yeah, of course.

Trainee T: I, I don't pay attention to the age on this ship.

Trainee N and Trainee Q: No, no, it's just...

Trainee T: That's nice as well, that's nice that there is a big age difference between everyone. But like we are all here to do the same thing, and like it doesn't really, I don't put much notice to that actually.

Trainee Q: That's what I mean.

Trainee N: No. That's like such a difference now to tell about that with *Ginella*. Like we have a trainee who is 24 years old. And now that I'm here, I thought about it yesterday, I was like "He's 4 years older than me". Should I mention this?

YX: Do you mean the crew or the trainee?

Trainee N: Trainee. And I was like "Damn it!" We get to know each other, we are like close group.

YX: Like peer friends.

Lind: Yeah, we are just like have so much fun. And it's so different cause in *Ginnela* that will be weird that you are with someone that's so OLD.

Trainee Q: Yeah, that's what I mean.

Trainee W: But *Ginnela*, that is a school boat, and there's like high school age, yeah, if you are a little bit older, then you'll forget the school, and not going to school.

Trainee T: You are not in the school.

Trainee W: Yeah, you are not in the school, that's why ...//

Trainee Q: Yeah, there's big difference between the crews and trainees.

Trainee T: Did you two go on the same class?

Trainee N: No, she's one year older than me. So I was in a class lower than her. So I'm still in the school and I'll take my graduation and stuff.

YX: So if I'm gonna try to summarize what you said, can we say it's like you can sometimes realize, at least you know there are age differences, like age gaps among the trainees. But when you started to communicate with them, and started to live together, and started to say something, actually you have forgotten this kind of things.

Trainee N and Trainee Q: Yeah, exactly.

YX: This age gap seems to disappear any way, and you didn't feel like someone is age-wise senior than you because sometimes you can be more expertise than other people who are senior than you.

All: Yeah.

Trainee Q: It's exactly what I mean.

Trainee N: Yeah, and I thought it was so WEIRD, do you feel like the same person that I didn't know why, it's hard to explain, why...

YX: why this can happen.

Trainee N: yeah.

YX: What do you think?

Trainee G: About age?

YX: yeah, about age and other things.

Trainee G: For me, the age definitely doesn't make any difference. Well, look at the little circle formed with Trainee Y, and Trainee M was 24, 21 and 15. It means, it means nothing. It's just who they are.

YX: Well, so actually our original question is "which is the favourite part"?

All: Oh, no! Hahaha...

YX: Haha ... That's fine, I'm just, just...//

Trainee N: I mean the favourite is the freedom. It's the fun.

Trainee T: I'm gonna say there's not that much freedom.

Trainee N: The wind blow in your hair, seeing the ship just moving, seeing everyone just going to the ropes and putting up sails. Yeah, looking up the compass. It's such a freedom! [laugh]

Trainee T: But you are like locked on the boat. You can't leave the boat.

Trainee N: That's a freedom!

Trainee T: That's enjoyable, but I don't think it's...

Trainee N: That's a freedom for your head that you don't need to worry what's outside.

Trainee T: Yeah, yes.

Trainee N: Unless you are scared of the dark or what's in the sea.

YX: Do you think in the last few days, is there any case that you were laughed at? Like either in a friendly way or not.

Trainee Q: I don't think you are laughed at, I think you are laughed with.

YX: Laughed with?

Trainee Q: Yeah. That's the thing like keeping joke. But I don't think ...

Trainee N: You just mess around with each other.

Trainee Q: That's how we get close to each other.

Trainee N: yeah, that's a part of life.

YX: It's like you try to, you have like common fun, and you laugh with each other even it's yourself...//

[interrupted for 30 seconds.]

YX: Ok, I'm gonna finish the last two questions then. So the question is sometimes we were talking about the stereotype about a certain country, like Swedish people may have stereotype on British people, Irish people. Do you think you used to have such a bit of stereotype towards these foreign countries?

Trainee Q: No, I didn't have any stereotype because I didn't really know so much about kind of knowledge to bring into sort of stereotypes. So...

Trainee G: I had one about Sweden, but definitely it's been broken.

All Swedish trainees: What's that?

Trainee G: It's kind of, I think quite a lot of people in England think this, we get the idea that Swedish people are very self-observed and stylish. Sort of thing, all about fashion and looks.

Trainee N: Well, this is the worst place to find out that. [Laugh]

Trainee S: We are.

Trainee T: No, but I've lived in both Britain and Sweden definitely say that dress and , it's a big difference in dress and, clothing matters a lot more in Sweden than in Britain.

Trainee G: Well, I understand stylish bit, faire enough, doesn't really apply when we are on a boat. But the self-observe bit, really doesn't see. No one seems selfish, everyone is very about to take care of everyone else as much as themselves which is very against it. So ... But my stereotype of Irish is definitely the same.

[Laugh]

Trainee G: No, it's not really stereotype, it's just ...

YX: Kind of pre-assumption?

Trainee G: yeah.

YX: do you think if this ship, all the crews they are Swedish, and all the trainees they are Swedish, and there's only you who are the English speaker. Do you think it's gonna make a big difference?

Trainee G: the first day I did, I felt very, I felt distant and disconnected. Everyone was speaking Swedish, and they were all doing their own culture, and everyone knew what the food was when it was served. People had small misconceptions, there were just all Swedish things. I felt a bit, it was very different, but it's, it's gone now. I have learned most of the ways Swedish people do. So it's, it's not very different from English, just a few small changes.

YX: So if we're gonna say like one most important change in this voyage, if there's any, what do you think would be your change or development?

Trainee N: My English.

YX: Your English. What about Trainee Y?

Trainee Y: I'm not sure.

Trainee G: Definitely my confidence becomes over the roof.

Trainee Q: For now, it's the English, but for now it's just half the trip, so I can't really answer for the whole ship. For now, it's English.

Trainee R: Everything changes.

YX: You always have so abstract answer. [Laugh]

Trainee R: No. But like, everything changes, like people get to know each other better, the food is less, the water is less. Like new problems come up, new ...

YX: OK, cool! So you think it's like the overall thing. Do you think you are changing during the voyage?

[Trainee N explained this sentence in Swedish]

Trainee R: No, I don't know, of course I learn new things, experiencing the ocean like this make me, like being on my watch 12 to 4, like when it's completely dark, and you don't see anyone's face. So, I don't know.

YX: So you are in the same watch group with Per.

Trainee S: Me and Trainee W.

Trainee R: Like yesterday we saw... it's just you experience weird things with people, I don't know. First we were watching the ... the shining stuff in the water, it's like stars. Yeah, first we were looking at that and trying to make it more shining, and then suddenly we went down to the machine room, we are like sweating, we talked about that in the machine room. It's so weird like how you can experience that together. And then... what's the question again?

[Laugh]

YX: That's fine.

Trainee N: Let's go on.

YX: what about Trainee Q?

Trainee Q: er... I also forget the question.

YX: Your change or development. Oh, you said English, what about you Trainee W?

Trainee W: something changing? Yeah, that time I wake up and go to work, not every time I wake up at 12 and go to the job, sometimes we have night jobs. I'm actually melting in the atmosphere in the boat.

YX: So what do you think you are changing?

Trainee W: like a person, I have not changed.

YX: You have not changed, you just feel like to be at that atmosphere, even though you need to wake up at midnight.

Trainee W: even that.

YX: What about you?

Trainee T: What's the question?

YX: Do you feel you are changing or developing in this voyage?

Trainee N: My friendship to you. (In a special tone)

YX: Oh, that's so sweet.

Trainee T: I think it's, I guess I am, but it's such a short time, like only the period of six days. But I think small things, yeah. I become more open-minded, learn more about myself, Change in that way, yeah, stuff like that. But I think it will be more apparent, it will become more clear at the end of the trip when we go home, and then we will be able to reflect ourselves, we see the contrast when we go back. I think that's when we will notice it. But as it now I don't think I've seen any DRASTIC changes. [01:10:28]

Trainee S: Very good answer!

YX: Well, what about yourself?

Trainee S: I think that's pretty much like what I would like to say.

YX: That's how soul mate called.

Trainee S: What?

YX: That's why we call you soul mate.

Trainee S: Ah, soul mate, yeah.

YX: maybe you can add one point or two? Because you are not in the same watch group, are you?

Trainee S: I think of course we are developing, since we're doing new things, and you develop honestly. But then that's been a very short period of time, six days, but that are very good sailing practice, very good social practice, so of course we develop in social ways.

YX: like sailing skills and social skills.

Trainee S: Yeah, exactly.

YX: Do you have foreign friends in your daily life?

All: Yeah.

Trainee T: Most of my friends are foreigners.

YX: Is it different to make foreign friends in your daily and on the ship?

Trainee N: I don't know.

Trainee R: I mean like you live in the different parts of the world.

Trainee N: Yeah, that's so hard, and you need to skype and keep in touch. And it's awful.

YX: So the final question is if there's something you can change, what do you think you are gonna improve this sailing program?

Trainee N: Just get to know what the words for everything so everyone has the same name for the same things. But not like that watch has that name for foresails and forestaysail and other ones have formast staysail. Yeah, so that we have all the same names.

YX: Like everything all the same names in English or in Swedish?

Trainee N: In English.

Trainee G: Yes, please.

Trainee N: Yeah, cause that's so difficult, and not like changing from, you call something in Swedish and then you call something in English. You used both and just go and mixed up.

YX: What about you? Do you think there's anything you want this program to be changed?

Trainee T: No, I think everything goes very smoothly, the only thing I would say is like sleeping in the saloon is pretty annoying, but other than that...

Trainee Q: You are welcome to the Skansen.

Trainee W: If you want, you can change with me. (He also sleeps in the saloon area)

Trainee N: Do you think it's Fika time?

YX: Yep, I think that's everything for today. Thank you very much!

All: Thank you, **YX**.

[Plause]

19) Focus group 2: With trainees

Focus group interview – Number Two

Date: 2016/08/28

Interviewees: Trainee E, Trainee U, Trainee Z, Trainee O, Trainee AA, Trainee BB
(Joined halfway), Trainee V (dropped out half-way)

Location: from bedding area to underdeck saloon

Length: 40 minutes

YX: refers to the researcher

YX: Can you say something about your expectation on this voyage? We have sailed for a week, do you think the voyage is kind of what you've expected or not?

Trainee U: Like expectations for what? For the people? For the boat? Or for everything?

YX: For everything.

Trainee E: A shower would be nice.

[laugh]

Trainee Z: I try to not have any expectations cause I didn't know what's gonna happen.

Trainee O: Yeah, it was the same for me, so...

Trainee Z: Yes, I try to not think about that, yeah. Cause then you can ...(couldn't hear)

Trainee U: Same thing, I don't have any expectations. I've done it before, but I thought we're gonna have more like bad weather, like more wet things, and people will be like wearing wet clothes all over the place, that will be a hard thing to like, I mean like, you guys got a room here, but in our cabin, we wouldn't fit like having wet clothes all over the room. And that would be like big things to have thought about.

Trainee E: Luck thing than I thought, than I assume, I thought everything will go everywhere.

[People came and told us lunch would be ready in 5 or 10 minutes.]

YX: Did you know there would be mixed nationalities on board before we came?

Everyone: Yes.

Trainee O: I didn't know.

YX: You didn't know?

Trainee O: Yeah, I knew that but I didn't know where.

YX: You didn't know where.

Trainee Z: But I thought it would be like people from all over Europe first.

YX: Like very mixed.

Trainee Z: Yeah.

Trainee E: Ireland.

Trainee U: I read that there will only be people from Sweden, the UK and Denmark.

Trainee Z & Trainee O: Yeah.

Trainee U: But there's no Danish people here.

YX: The chef.

Trainee U: Yeah, the chef he's from Denmark, but he actually lives in Norway.

YX: Oh, yeah. When you decided to come to this voyage, is there anything you want to get rid of from your daily life?

Trainee V: What do you mean?

Trainee AA: Like do you come for this trip for any specific reason?

Trainee E: I feel a lot more grateful of what I had, shower, and shower regularly.

Trainee U: But I think, I think you don't know what you're gonna get rid of. Like you don't know it before the voyage. Now we have done it for a week, I think we all know that "OK, it's pretty good that to be not have internet all the time, everything is relaxed. We can't do social media, we don't get news all the time, not all the information, the only information we get is like the weather. And that's pretty much it. Yeah I mean that when we wake up, we don't do the phone thing, we just get the weather and what time it is. And that's it. And that's, I really like that."

YX: So do you feel it's a good thing to get rid of the wifi?

Trainee O: Yeah.

Trainee Z: And I did this trip because my trip is sponsored, so I didn't pay anything, so that was like saving money for two weeks.

[Laugh]

Trainee U laugh crazily: Saving money? No way!

[People came to say the Vegetarian food has been served and Trainee V left to have lunch in case to miss the lunchtime.]

Trainee O: And I really want to learn sailing. So that was kind of my, why I'm here. Meeting new people and do the sailing.

Trainee U: The reason I join this was because I have done it before, and apart from that, I don't save money going here.

YX: When you did it before, is that also mixed nationalities?

Trainee U: Yeah, I did it when I was 16. That was, I think that was 5 or 6 nationalities, and that's why I want to do it again. The whole sailing experience, people from different countries, know new people, new discussions about politics and everything, it's just different views of everything. I really like.

Trainee E: I don't really meet anybody from different nationalities, Ireland is just really Irish, I don't know anyone else. This is the first time to meet Swedish in any ways.

Trainee U and others: En, yeah.

Trainee AA: I did this, I want to go back to the ocean, clear my brain from London stress. And meet new people. Because we have no Wifi, we kind of get bored half way time, so we have to find things to do.

Trainee U: This, I guess this is the old way to do it.

[laugh]

Trainee AA: It's a nice way to do it, though.

Trainee Z: Yeah. Now we know how our father and mother would meet.

Trainee U: This is the aliens. I mean like, we are old in nighties, we need to talk to each other.

[People can't stop laughing]

Trainee E: I'd rather message.

YX: So do you think social media is the main reason to make a difference between making friends on a ship and making friends on the ground?

Everyone: Yeah.

Trainee O: Yeah, I think it's the main difference.

Trainee Z: Yeah. Because now if someone ask you something, you can't just go to the internet and just look for the answers, so it's more like a discussion about it.

Others: Yeah.

Trainee O: Yeah, it's like ...

Trainee AA: You can't google it.

Trainee Z: Yeah, exactly, you can't google it.

Trainee U: And you can't have fight with someone. Like you can't be angry with someone because you are all on the same boat. Literally, you can't just go away because you are on a boat.

[People laugh]

Trainee E: I haven't really got angry with anyone.

Trainee U: No, because... [Interpreted]

Trainee Z: You can go to the other side.

Trainee U: That's pretty much, yeah.

Trainee AA: Now, you go to the back and I go to the front.

Trainee O: And don't look at me.

YX: But when we get ashore, then we get some signal and wifi. Do you feel eager to get wifi again?

Trainee E: That's life. Civilization.

Others: yes, but...

Trainee AA: Yeah. Because you know ...//

Trainee Z: Yes, just for like for 10 minutes, just to go through like what happened.

Trainee AA: Of course, like you have friends and they have messages sent to you, and you want to know what's happened.

Trainee Z: Yeah.

Trainee O: Look at the news at home and stuff like that.

Trainee Z: Friends or family.

Trainee AA: It's always like, it's actually for me, it was quite, I'm not addictive but I was quite always on my phone, but now I'm here. Even though I have signal on my phone, I just use it like 50% less than what I usually do. So, it's pretty.

Trainee Z & Trainee O: Oh, yeah.

Trainee U: And I guess that's not a new phenomenon to like when I see what happened, when you step shore. Oh you will be away for a long time, I mean, they've always been sending postcards, always waiting news, as soon as you step ashore. So I don't think it's just because we get cell phones, we want to see what happened back home, I think it's a natural thing that always been going on.

Trainee AA: And it's our world now. You know, you can't just say, no, we don't want to have a phone. You have to have a phone, so we are kind of stuck on it.

Trainee O: And you of course you want to say hi to your family and stuff like that.

Trainee AA: Yeah. My mom was super worried.

Trainee U: I haven't told my mom.

Trainee AA with a horror and almost cry voice: OH, you finally arrived in Blyth, [can hear clearly @7:50]

YX: Maybe social media can a good way like for sailing friends to keep in touch after the voyage.

Trainee U: Yeah, the work I've done that. People I met when I was 16 sailing. I still like, when I'm out in Europe, or have some people in Sweden but not my hometown, I meet those people when I'm there.

YX: Still, like till now?

Trainee U: Yeah, it's a good thing.

June: Do you think you have any plan to have future gathering?

Trainee U: I don't know actually, I've been doing a lot of exchange like this. We always get close to each other.

Trainee AA: It's always hard.

Trainee U: It's always hard. It is.

Trainee AA: Even though you really want to get all together, it's not going realistically.

Trainee O: Did you mean all, like everyone?

YX: No, like very close one, for example like you three maybe. Are you gonna arrange some small trips or something like that?

Trainee AA: When you are both in the same country, like that's where you base. Like I'm based in London and they are all based in Sweden. So for sure, they are gonna see each other again.

Trainee E: That's sad.

Trainee U: But usually when you do things like this. Anyone who meet other people after the voyage when the adventure's done, the magic isn't there anymore. Because the good thing was what you share ...//

Trainee AA: was where we were.

Trainee U: Yeah, where we were and what we were doing and we were in the same situation. But then, I guess the magic isn't there anymore. Sometimes you feel like "we're gonna meet up again." No, it's not the same I think.

Trainee E: My English has improved. I know how to pronounce myself. [9:44]
[People laugh]

YX: Congratulations.

Trainee E: Thank you very much.

Trainee AA: That's great news.

[People kept laughing, because Trainee E has strong Irish accent]

YX: So you really think your English has improved?

Trainee E: Yeah. People won't understand me in Belfast any more!

Trainee U: They will think you are like living in London or something.

YX: So did you expect this before?

Trainee E: No one understands me anyway, so I expected all of them.

YX: Last time you mentioned to say you didn't realize your accent is so difficult to understand.

Trainee E: Yeah, I didn't realize that. I don't know. So they keep saying "what" "what" "sorry". I'm actually quite funny, just found people repeating themselves, it's annoying.

Trainee AA: But you are kind of get used to that, right?

Trainee E: Yeah. I'm used to it now.

YX: But did you get a bit frustrated when people always ask you.

Trainee E: That's why I don't really speak any more.

[People came to tell us the lunch is ready. Hence, the interview was paused for the trainees to have lunch, and continued in 20 minutes.]

YX: Alright, we were discussing about Trainee E, he has developed his English speaking competence. What about you guys, what do you think you maybe have learned something?

Trainee AA: They are forced to speak English.

Trainee Z: I don't think my English has been improved.

YX: Then what about something else? Do you think whether you have learned anything else?

Trainee BB: Maybe some new expressions here and there. Like "what's the crack?" But in general, I haven't improved really, but practice is practice, but I mean, maybe a bit more British (accent).

Trainee U: Yeah, sort of British.

YX: What about anything other than language?

Trainee E: Swedish eat pasta with a spoon.

Trainee U [laugh]: Italians eat pasta with a spoon, expect British, or people from Ireland.

YX: Is that like Swedish people eat pasta with the spoon.

Trainee E: Spoon or fork.

YX: Is that true?

Trainee E: In Ireland, we don't do that.

Trainee O: I think you learned many many different things. But I think it's kind of hard to say exactly what you have learned. Cause I think it's the whole experience.

Trainee U: I think since we are still IN it, it's hard to realize sort of what we learned. I think when we get back home, talk to friends and family about this, and then we will say "Oh, the British people they are like, the Ireland people they are like this and this and this." And that's when we'll realize what we've learned.

Trainee O: Yeah.

Trainee E: Gone forever.

YX: Then would you think your ways to communicate with people from your country and other country is changing?

Trainee AA: Not for me. That's because I'm really used to talking to people, but maybe for others, I don't know. For me it's quite, I enjoy talking to people. Get to know people.

Trainee U: yeah, I've been around different countries, and I've been working, and my work is to talk to people, so I wouldn't say I improved that.

YX: Then do you think there's any kind of surprise happened during the voyage?

Trainee U: I know that we are going to be on a boat, and there's not much room. But we are a lot of people like in a really small space and that's something I, I mean like, I know we're on a boat, but we are, I don't know how much room, that's what I'm surprised. Because the first time I was sailing we had a lot more, I think we even had a wardrobe to put clothes in.

Trainee O: You had what?

Trainee U: everyone had a wardrobe you can lock whatever, to put your clothes in. Which we don't have now.

[Trainee T came to check who's on the watch and told people if we're done, just come upstairs.]

YX: Do you think any of your opinion has changed in this voyage? Like your opinion towards British people, towards Irish people.

Trainee E: Britain is not Ireland, Ireland is Ireland. Do you think Ireland is a part of England?

Others: No.

Trainee E: No, no, no, no.

Trainee AA: What's the question, sorry?

YX: Oh, the question is do you think whether you have changed any of your opinions towards different countries.

Trainee AA: No, I always like Swedish people.

YX: Well, then what's your idea about Swedish people before you came here.

[17:00]

Trainee AA: Well, I know that every Scandinavia people are very respectable and they are very polite and fun, and joyful. And, yeah, so I knew it wouldn't be a problem on the ship cause I knew people from Sweden would be fun.

YX: Then do you think there's any one or anyone's competence, do you think there's a role model for you, or do you think anyone has a particular skill or attitude which makes you feel very good?

Trainee BB: Say the question again.

YX: On this ship, do you think she or he is doing really well and you learn from...//

Trainee AA: The things inspire you.

YX: yes, things inspire you and you also want to be such kind of person in a certain way, or you can learn something from them.

Trainee AA: I think it's quite hard cause like we all get along, people know each other. In my opinion, I think to answer that question, because I like everyone but I don't know them well enough, so.

YX: Well, I can give an example, for example like Trainee AA, everyone thinks you are very optimistic, positive, this is something a personal attitude, this is someone maybe want to learn from you.

Trainee AA: I don't know, if they do, it will be great.

YX: Well, this is an example, what else then?

Trainee AA: I think everyone is very positive and very joyful.

Trainee BB: I think so too, I think that most people...//

Trainee AA: People also try their best, if someone is not feeling well, they make sure, you know, whether they are Ok.

Trainee E: Elle gu alla.

Trainee BB: And I think that most people going on this trip are quite positive and open-minded, and willing to get to know new people, and so I think that it's a group of quite similar minded people as a pool, at least. We all know that we need to, in order to make this as good as possible, we know that we need to get along, we need to find a way to get along, and I think that, oh yeah.

Trainee O: Yeah, I agree with Trainee BB.

Trainee U: How would this, I'm just curious now, if we are not on a boat, how would this be, we're like a company or whatever. I mean if we are forced to get along.

Trainee O: And it works really good.

Trainee U: What will happen if we were not on a boat, and we still have comfort zone, we have friends...

Trainee E: We will probably just be in different circles instead of one; you know what I mean?

Trainee U: Yeah, I guess so.

Trainee Z: Probably. It will be easier to just go by yourself and stay with your phone.

Trainee O: But now you can maybe open your mind for other people, like people that you maybe wouldn't talk to... //

Trainee Z: Wouldn't talk to like in real life.

[Laugh]

Trainee AA: I think people like me, people join this trip, they want to experience something different, and meet new people, and they have to be open-minded. You can't do a trip like this being close-minded because you are on a boat and you stuck there. So ... I think yeah.

YX: What do you think if all the trainees on this ship are from like your own country, do you think it's gonna make a big difference?

Trainee AA: I don't think so.

YX: If all the trainees are from your country, your own country?

Trainee BB: Ooh, OK. I've been sailing on one vessel last year, and we all came from Sweden, so there is a difference I think. I think it's more social actually when it becomes more international. Because I think that people...

Trainee Z: They could express themselves easier in their own language.

Trainee BB: Yeah, exactly. That's true, but I think when it's more international, I think that people find it quite joyful.

YX: So do you mean people feel more curious in an international group?

Trainee BB: Yeah, exactly, exactly, exactly. I think so.

Trainee O: Because people are curious about the culture, politics, and stuff.

Others: Yeah, yes.

Trainee BB: More curious.

Trainee U: Otherwise we just feel like we are at another workplace, another team whatever. With the same culture, we just ask each other about, I don't know.

Trainee BB: Yeah.

Trainee O: The family maybe?

Trainee U: Yeah.

Trainee BB: And when it was all Swedish boat, it was just like we didn't get to know each other really, we didn't talk very much in the same way. Because it was like, it wasn't as...

Trainee AA: Interacted.

Trainee BB: Yeah, exactly.

Trainee U: My sister she was on a boat. It was Norwegian and Swedes on that boat, she said it was that, and I was on a different boat with different nationalities and stuff. It wasn't the same thing. I mean, yeah, they talk to each other, but I mean, Norway and Sweden they are so look alike in terms of culture.

Trainee BB: Language.

Trainee U: Yeah, language and everything. So yeah, I think it's been different.

Trainee BB: Yeah.

YX: Yeah. I'm very interested in one point is that the first day when we met each other, people started to talk to each other, like some political issue as you mention. I was wondering, you are all from the same country, do you think you are still gonna talk a lot about political things.

Trainee U: I think so.

Trainee Z: Yeah.

Trainee U: Especially since Brexit has been talked for a while now, especially like we Swedish people are going to England, we're sure we will discuss Brexit.

Trainee AA: Yeah.

YX: So even if they are only Swedish trainees?

Trainee U: Yeah, sure.

Trainee BB: Well, I'm not sure about that really. I think that...//

Trainee U: If people are about to sail to England, and we are going to England.

Trainee BB: Yeah, maybe, but I think that if it was an all-Swedish boat, I think that we wouldn't discuss it in the same way because now we start this, we bring this question by asking other nationalities what they think about this question because that's the discussion. But I think if it was an all-Swedish discussion, I think that it wouldn't...

Trainee U: I don't think we can say that it's not ...it's yes or not. Because it really depends on the people.

Trainee BB: Of course. Of course it's a very hard question to answer.

Trainee U: Like I always discuss politics, I always do it. So I guess I will discuss in the same way ...//

Trainee AA: But it depends also, because like in a group of people, for example, England and Brexit, right? They are there. You are **naturally** interested to see what their ...

Trainee BB: Exactly.

Trainee AA: Then I think if it comes to for example, a group of Dutch people, you don't really care, you know, it's not the same feeling if you were to speak to an English person.

Trainee BB: I think so, too. Definitely.

Trainee AA: You want to know what it means to them because they actually live in the UK.

Trainee BB: And it brings a lot of interests, to join the discussion.

Trainee AA: yeah, it brings interesting factors. I don't know.

YX: So what about collaboration thing? Do you think it make a difference to collaborate to sail together, or eat together, share the cabin together with people from different nationalities?

Trainee U: yes, definitely. Well, are you saying like if we are on the boat or generally this kind of projects?

Trainee AA: I don't get your question.

YX: It's like, because now we are kind of mixed nationality, so you need to have the watch time, like do the watch, sleep, share private space, and do everything with people from different nationalities. Do you think it's gonna be different if people around you are just from similar cultures.

Trainee O: No, I think it's not.

Trainee Z and Trainee BB: No.

Trainee AA: No. I think it's really same principle.

Trainee O: Yeah, the way to, to try to learn new people.

Trainee U: And it's always been the same even if you are in the harbour, for example, in Sweden, going for camp or whatever, and you lived together with people for a week who you don't know. It's always, like, it's always good. I mean even if you come from different countries or not.

Trainee Z: Yeah, like when people know people, if I want to change, I would change.

YX: What do you think, Trainee E?

Trainee E: About the boat?

YX: If everyone is from Ireland?

Trainee E: Then I will be able to speak the way I want to speak.

Trainee AA: yeah, but what do you think? How do you feel like you would be like?

Trainee BB: What would you prefer?

Trainee E: I prefer different nationalities, there's not any different nationalities in Ireland. Just Irish.

Trainee AA: but why would you prefer different nationalities than Irish?

Trainee E: Em... just nice to meet new people.

YX: So can we say you all prefer to collabourate mixed nationalities?

All: Yeah.

Trainee U: Yeah, but the question was would it be a problem sharing space, private space with people from the same culture or not. Is that the question?

YX: yeah, that's the question. But if we ask this question: do you prefer to have different nationalities or do you prefer with more similar culture?

Trainee U: more fun with different nationalities. But sometimes it's just good to have someone from the same culture doing the same thing. You understand each other much easier in what language in the way you were.

Trainee BB: Em. And it's not as much as ...//

Trainee O: Effort.

Trainee BB: yeah. I think the whole experience, the whole adventure.

[Interrupted for 30 seconds because people came to check the watch group.]

Trainee BB: I think that everything gets more adventurous when there are a lot more nationalities because if it's only Swedish, for example, then it would be an adventure but I will still feel like I was in Sweden, I will still feel like I was ...//

Trainee E: Home!

Trainee BB: Home, kind of. Yeah, exactly. So for me, it's a lot more. Yeah, it gets more international, for me, it becomes a bigger adventure by stepping in this international environment, and speak in a different language than I usually do.

YX: So it was like...//

Trainee BB: It's like leaving home a lot more. Then it would be like, if I only spoke Swedish, again. Are you getting what I am saying?

YX: Yeah, I'm getting. It's like step out of the comfort zone.

Trainee BB: Not necessarily comfort zone, but I'm stepping into this new environment, and I feel further away from home. I feel like it's a bigger adventure for me. The it will be like, if I spoke Swedish, and then spoke Swedish again, it wouldn't be as much of difference. Of course, it would be an adventure, but it wouldn't be as different, it wouldn't be as international. Like, yeah.

[30:00]

YX: So, do you think whether you have experienced any change in your feelings in this voyage? Like, for example, like some people may get a bit nervous or anxious before the voyage because everything is uncertain, and everyone is new.

Trainee E: Everyone here is very approachable in any way. No one is really giving bad reaction or so. I'm able to go forward and have a conversation.

Trainee O: As we said before, I didn't have so much expectation, cause I didn't think about that so much because I want to be like here and now. If you understand what I mean?

YX: Have you come across to any situation that you feel you were not understood in any situation?

Trainee O: Yeah, but you always figure out later.

Trainee AA: The question that you asked is very difficult to answer.

Trainee Z: But that's the thing like we have a discussion over it. So it's not a question, it's a discussion.

YX: Yeah, like sometimes people may feel confused about something, and they may ask you what does it mean, or whatever.

Trainee AA: Yeah, sometimes.

Trainee Z: I feel sometimes if people don't understand me, then I'll probably go away. "Fuck it then, you don't understand."

Trainee E: That's me all the time.

Trainee Z: That's must be nothing interesting if you can't understand any way so.

[Laugh]

Trainee U: Especially, I mean like there will be another Swedish crew on this trip. When we are all Swedish, we can always speak Swedish and use Swedish to ask if there's a problem or whatever. I guess it's harder for British people.

Trainee Z: I think it will be a big difference, like if the crew was English, but not Swedish. Because if I have any question, I can always ask in Swedish. And I can always understand easier than in English.

YX: Then what if there's a very strict rule to say that you can only speak English on board, do you think it will make difference?

Trainee AA: It won't happen. It's not going to happen. Because that's their language, you can't tell them you can't use your language.

YX: Well, some ships do.

Trainee AA: Yeah, but it's not...

Trainee E: They're not speaking to English people directly. [33:49]

Trainee AA: I think it could be better maybe if to have half of the crews as English, maybe.

Trainee U: Yeah.

Trainee BB: Oh yeah, I agree.

Trainee AA: But I don't have a problem with it, because I'm quite easy, but maybe some people might. Besides, you know, it's hard to say that, because for Swedish, it's their language.

Trainee U: And it's so weird to say that you have to speak English. I mean like, everyone...//

Trainee AA: Everyone speaks English...//

Trainee U: I think it works now if everyone speaks English when we need to, but if we are allowed to speak Swedish then of course we do. I think that if you would say that you have to speak English, it's hard for Swedish people. I think they will be more like irritating, more than it actually helps.

Trainee O: Yeah.

Trainee BB: I think so too. Cause sometimes it's just nice to do things in Swedish, lie turn to another Swedish person to just say "Blablabla" to just like ...

YX: Have a quick discussion.

Trainee O: Yeah.

Trainee BB: Yeah, exactly, just a quick discussion on how to organize something or how to do the dishes or whatever. It would just be much more annoying if I knew that I have to speak English with Trainee O if I'm only talking to Trainee O.

Trainee AA: Cause you know she's Swedish.

Trainee BB: And I know that she's Swedish.

Trainee O: That will be weird.

Trainee BB: That will be just weird. Exactly.

Trainee E: and it is exhausting how you have to pronounce yourself all the time.

YX: And I realized there's a couple of times that English speaking people they were talking to Swedish people. People will unconsciously speak Swedish to English speakers.

Trainee U & Trainee O: Yeah.

YX: What do you think may be the reason you unconsciously speak Swedish to English speakers?

Trainee AA: Cause they don't know the words in English while they are thinking in Swedish. So they just think they are ...

Trainee E: They are rather comfortable.

Trainee Z: I think they are comfortable.

Trainee AA: They are comfortable with their language. When they are talking, they just want to say what they think.

Trainee O: No, I think, I think it's just like when I wanted to tell you something and I thought this in Swedish and started to speak Swedish, I meant to speak English. I think it's like that.

Trainee BB: Yeah, and also we know each other now, so it's like most people that I do know are Swedish, so when I know someone now, it's like before like "Oh yeah, she doesn't speak Swedish", and it's like, yeah, sometimes, yeah.

Trainee U: It's like sometimes like, if you are organizing something, and you speak like really fast in Swedish, you need to think at the same time, also you need to switch into English. That's hard. Because, you are doing everything at the same time, and it's just natural when you do it two languages. [36:30]

Trainee AA: And you can't come on to a course like this, or trip or whatever, and not expect people to speak Swedish.

YX: can we say that there are two main reasons, the first reason is like people do that unconsciously without any purpose.

Trainee BB: Yeah, after the words comes faster, then ...//

YX: Yeah, then you just have the habit to speak Swedish, and the second reason is that you are getting closer and closer, and you just didn't realize that's someone out of your own country.

Trainee BB: Exactly. Yeah, you don't look at someone "Oh, she's a Dutch girl" I mean, it's like...

Trainee U: He's the Irish boy.

Trainee BB: No, no, exactly. It's like, it's someone I know, it's someone that I... yes, sometimes you just don't think about it.

YX: There's nothing like country boundary or something, it's like so naturally, just like my friends, regardless of nationality.

All nodded.

YX: OK, let's ask the final question. What do you think is your favourite part of this sail training program?

Trainee U: To meet new people, discussing new things, understand and see how other people think, and, yeah, learn from that.

Trainee Z: I think it is really fun, cause like, you see people 24/7, you should really learn. You got to know like, you see their body languages and everything.

Trainee AA: You get to know each other in the watch group.

Trainee E: See people's different manners.

YX: sorry.

Trainee E: Can't pronounce it.

Trainee AA: different manners. And you see that, and then you adjust... [38:23]

Trainee E: It's nice.

Trainee AA: Yeah, it's fun.

Trainee BB: yeah, I think that it gets very, it gets very fast until you know which jokes whether it's funny, who would like this jokes, who wouldn't. Who can I express myself, and this, and this, and stuff. I guess you get to know people in that way very very fast.

[People laugh]

Trainee O: And of course, the sailing, and the competition thing.

Trainee BB: Oh, yeah, that's true!

Trainee Z: Oh, yeah, the sailing part.

Trainee O: Yeah, and I would love to compete, so...

[People keep laughing]

Trainee Z: Like that's why we are here.

Trainee BB: Yeah! Let's crack some jokes, buddies!

YX: Yeah, like Trainee E mentioned the parade yesterday.

Trainee E: I enjoy that.

Trainee AA: I got tired afterwards.

Trainee U: So tired.

Trainee AA: My neck was hearting.

Trainee U: Me and Trainee Z ran back to set up the music because we think like people will be on deck to celebrate. When people were back, they were like (with an exhausting expression). "Ok, no music then."

Trainee E: I don't think I can say "Vega" any more. Vega!

Trainee Z, Trainee BB & Trainee O: Vega, Gamleby! Vega Gamleby!

Trainee BB spoke towards me: Can you say "Vega Gamleby" (Swedish pronunciation).

YX: Vega Gamleby.

All: Yeah!

Trainee BB: Great! That was kind of good.

YX: Thank you. Thank you very much.

All: Thank you June. Sorry for being rush.

YX: That's no problem, I know, I understand the situation, everything on the ship is quite important, the sailing and work should come first.

20) Individual interview with Crew Sea staff I

Date: 2016/09/01

Participants: Sea staff I

Location: By the helm, on the deck of Vega Gamleby

YX: refers to the researcher

YX: Thank you for agreeing to be interviewed.

SEA STAFF I: No problem.

YX: The main purpose of this interview is about to ask your opinion about trainees, like the trainee's change or development during the sail training voyage.

SEA STAFF I: OK, yeah.

YX: What do you feel about the trainees till now? Because we have different nationalities on board, how do you feel they cooperate with each other?

SEA STAFF I: Thinking about the different nationalities coming on board, I think they are cooperating just fine.

YX: Just fine.

SEA STAFF I: yeah, but of course there are some people more or less willingly to cooperate, but it's not, not, em, nationality.

YX: So you think that's not about nationality.

SEA STAFF I: No, that's about personality. And there's always someone in a group, people just gonna take their role, either they're not willing to cooperate, or if they're more or less willing to cooperate. In other situations, someone will always gonna be the one who is less willing to cooperate. It's been in a group, then stand out the one not willingly to cooperate. That's what I got that, that's what I feel. But I, I think they are cooperating very good, so far.

YX: Like before they get on board, do you have any kind of expectations about them.

SEA STAFF I: Well, yeah. Of course I have expectations from them, of them. Cause I'm sure they will be here, so I've expected them to be willing to learn, and also I expect them to be willing to cooperate. So, that's what I expect from them. And I expect them to want to sail, basically.

YX: Do you find some of the trainees from your watch group, they change quite a lot during this voyage?

SEA STAFF I: I don't know really. I think it's very, it's very short period of time, so make, make a well-founded statement about it, cause what I see as a change, what I would say as a change in one person, it might not be a change I think. It could just be that they are coming to relaxed in a group so that they can, they can be more open or something like that. It takes some time for people to find their role in a group. I don't know that is something like a change. But that's what I...

YX: So do you mean some people they became more and more open-minded, but that not necessary to be a change, it's just kind of natural situation.

SEA STAFF I: yeah, exactly. Yeah, exactly. So that I might see as a change, it's someone in the beginning is quite shy, but it's normal, well I might not see as a change that when they leave the boat. They are friends with everyone, they know everyone, they are not shy any more. Because they've lived with them, and stuff like that. That might just be that they got a *custom* to the group more than that they've changed.

YX: Well, either that's a kind of natural situation or they are really changing, it's still they are doing something in slightly a different way.

SEA STAFF I: Yeah, yeah, of course. That's a practical change. I don't know if there's any like individual change. That's what I want to say.

YX: Well, it's very difficult to see. But do you think there's something on this ship of this voyage make this kind of change happen, like...

SEA STAFF I: well, I don't know what kind of change, but bring it back to the cooperation, of course it's cooperation training to be on a boat like this. So that might change people to cooperate more. Cause we rely on each other, especially when we are at sea, we need to, like no one can take more than the other one of like...

YX: Like equality.

[5:00]

SEA STAFF I: Yeah, exactly. And we have to work as an organism to get everything to work. And, so, yeah... what was the question?

YX: Haha ... the question is what do you think is the, something on this ship of this voyage make this kind of things change, happen.

SEA STAFF I: First of all, I don't know what kind of change, but cooperation is one kind of change.

YX: And you think everything on this ship should be very equal and everyone is equal so this makes people.

SEA STAFF I: Oh, everyone seems to be equal, that's, depends on how you see it. Of course there's like a captain, more responsibility and something like that. So there's a hierarchy. There's unequal responsibility. Because also we need to be effective on our decision. So we can't be democracy when sailing, cause then we are not effective. But, but, but still we need to cooperate, even though there's different layers of hierarchy.

YX: Like at least in each layer of hierarchy, people's responsibility is equal.

SEA STAFF I: Yeah, exactly.

YX: I've heard quite a few trainees they think the crew members are all very interesting, that's their feedback. Like as what I have mentioned and you heard from other people. They, trainees see you as someone like a role model on this ship, and you are like quite friendly and being very humorous when you are interacting with the trainees. Is this kind of your style of training?

SEA STAFF I: Yeah. I guess so, yeah.

YX: And what's your, like, deeper purpose? Or this is just your personality and ...

SEA STAFF I: Well, it's more, it's more, it's my working personality.

YX: It's your *working personality*?

SEA STAFF I: I guess so, it's, it's how I, how I ... cause once I'm here doing this kind of sail. it's my work.

YX: It's your work.

SEA STAFF I: Then that's kind of my working personality. And it's the way I manage to tell people things. Everyone has their different working personality. And that's kind of mine. So I can be different under social situations. But I take on that way (in working situation), cause I think it's, it works for me.

YX: Ok, so it's your working personality.

SEA STAFF I: Yeah, I would say so.

[8:00]

YX: So is that you are behaving quite interactive and quite humorous and quite like, yeah. So do you think this kind of interaction with trainees works quite well?

SEA STAFF I: yeah, em, year, I do. Well, of course I try to, try to ...

YX: Influence the trainees?

SEA STAFF I: Yeah, yeah, but I also, of course Like, play to be..... [8:30] I try to find out what works best. Like what's the most effective learning, and stuff like that.

YX: What do you find is like, works better in training.

SEA STAFF I: I don't really know, because I haven't really thought about it in the theoretical sense. But I'm just guessing now, that's how I come to be like this, cause I want to, I want to give them, and of course I want to be at my best. So that's where I'm trying to be. And that's how I come to be like this. Does it make sense?

YX: Yeah, it makes sense. For example, if you are trying to say something in a very humorous way, you are trying to create a relax atmosphere so trainees can be more acceptable to, to listen to what you are saying, and be more cooperative to do what you are instructing.

SEA STAFF I: Yeah. Exactly.

YX: So do you think is there anything you have learned from the trainees?

SEA STAFF I: Well, yeah, a lot I think. But I don't really know what it is. I can't really, I can't really, I don't know any points like this. Points I mean practical things.

YX: For example, like do you think there's any attitudes, positive attitudes from trainees you have learned, either attitudes, or language skills, or ways to communicate with people.

SEA STAFF I: Well, I don't know... I don't know if I like, I can't really think of sort of things outside myself if I have learned something. But...

YX: But you feel you have learned something, just feel difficult to say that it is.

SEA STAFF I: Yeah, that's what I, I just think I learned things all the time, it's impossible not to learn things if you are not actively not try to learn, but Like if you try to do something, whatever it is, you're trying to do something, then you will learn stuff, but I don't really know what I have learned.

YX: Like you are learning a lot of things, and you are not very sure whether one thing is from this voyage or from something else.

SEA STAFF I: Yeah, exactly. Something like that.

YX: Yeah. But you know, like we have other nationalities on this ship, do you think you have learned something about other cultures?

SEA STAFF I: Oh, year, definitely. Like it is the first time that I'm actually, that I've been England.

YX: Oh, this is the first time you've been England?

SEA STAFF I: Yeah. So, so, of course it's a country experience from this one, and interacting with other cultures and stuff like that.

YX: Like, do you have some kind of pre-assumption about like English people, or like Irish people?

SEA STAFF I: of course.

YX: Then do you think these people they are just like what you think, or?

SEA STAFF I: At some points, some stereotypes of course fit in, but, but, but those stereotypes fit in because they are there. If it make sense. But otherwise, I don't know...

YX: but is there any stereotypes they are not that true anymore?

SEA STAFF I: I don't know really. I don't really have other than like how that they are, more, for example, more people with red hair in Scotland. Stuff like that. Other than that, I really don't have any. I don't have any assumptions that I know off I can explain.

YX: So for example, have you, have you ever thought of how can Irish people be like? Have you ever thought of that before you really know an Irish people?

SEA STAFF I: no.

YX: No, you don't have any pre-assumption.

SEA STAFF I: Of course I have, but I don't really know. I don't know what they are, but I have them. Everyone has them. It's impossible to not have them. You can, so, but I don't really know, I can't explain it. I don't really know, but if you would do like a series of tests on it, how I do react on different, I don't know. But you can find out that I have assumptions, of course.

YX: So you think you have, for example you have like pre-assumptions about Irish people and we have Irish trainees on this ship, do you think they are like, in your eyes typical Irish people, or do you think they are slightly different?

SEA STAFF I: I don't know, it's really hard to tell. It's really hard to tell.

YX: It's really hard to tell. What do you mean by "hard to tell"? Is that because actually you don't really know what is your pre-assumption? You just know something about it, but ...

SEA STAFF I: yeah. I was thinking about, for myself like, when I walked on the street of Blyth, for example, I thought people looked very British. Like...

YX: you thought people looked very British.

SEA STAFF I: yeah, like they look like how my assumption of British people, or like, but other than that, it's really hard to... I think.

YX: Can I explain this as, even though you have some kinds of pre-assumption or stereotypes towards different culture, but actually you don't have kind of judgements on these things.

[15:00]

SEA STAFF I: Oh, no, I try to actively stay away from judgements.

YX: So that's why it's very difficult to tell your feeling, that's because you don't think anything, or any person apparently is good or bad, you just know some of them they exist in your brain but it's very difficult to say which is right which is wrong.

SEA STAFF I: Yes, exactly; yeah, that's exactly. I don't, I try to actively stay away from, from, from judgements on pre-assumptions, stuff like that.

YX: Especially before you really meet these people.

SEA STAFF I: Yeah, exactly. Cause it's dangerous path.

YX: But is there any occasions on this voyage that you find it a bit difficult to communicate with some of the trainees?

SEA STAFF I: Em.... Yeah, sometimes I stammering my English because it's my, it's my, it's not my first Language.

YX: Second language.

SEA STAFF I: Yeah, it's not my first language, it's second language. So, so that's one, of course communication flaw. But other than that I don't know. Then after that becomes more of a matter of, again like, personal chemistry or personality. Like if, like my personality don't fit with everybody else. Then will fit better with some while some will fit less good. You see what I mean?

YX: Yeah, I see what you mean.

SEA STAFF I: cause some people I can communicate very good because we think alike, we have like same base of understanding of the world, and then we are faster, we can communicate faster. But some people come from different,

totally different spectrum of looking at the world and then it becomes much harder to communicate with them.

YX: So one possibility is like maybe, like the personality is not so similar; and the other possibility can be the second type of person they are more difficult to communicate with generally.

SEA STAFF I: yeah, of course, there are people like that. People are easier to communicate with 80% in the world, I think it's uneasy to communicate with 10% people.

YX: Yeah, that's true, that's unavoidable. But like you are a trainer, when sometimes you find some trainees they are difficult to communicate with, but you still need to talk with them.

SEA STAFF I: Yeah.

YX: What should you do then?

SEA STAFF I: Er... well, sometimes keep trying, like to communicate with them.

YX: like to keep patient.

[18:00]

SEA STAFF I: Yeah, exactly. But I like, I'm also human, so I also lose my patience. So you can feel like if there's nothing meet in the half way, then at some point I give up.

YX: Some point you give up. So some people they are just too difficult to deal with?

SEA STAFF I: Yeah, exactly. At least for me. So if I try ... at some point I just stop trying, cause then it's, it's more about wasting energy on something that doesn't give anything. I can point to, towards other things that actually doing good, or lead them.

YX: So when you are dealing with trainees, and communicating with trainees. Did you see any difference between genders, like between girls and boys?

SEA STAFF I: I don't know, it's hard to say.

YX: For example, do you think you will be more attractive for girls so (that) girls will be more easy to follow your instruction?

SEA STAFF I: Maybe, but I think women in general are more open to communicate. But I don't know if that affect my efforts to communicate. It's really difficult to say.

YX: But there're kind of slightly different things between...

SEA STAFF I: Yeah, of course there are some differences, but they are hard for me to ...? [19:46]

YX: to see whether that's the difference between genders or that's just difference between personalities.

SEA STAFF I: Yeah. Exactly. Especially in the, in the individual cases. Casue you can see the difference in the statistics, but it's very hard when it comes down to

individual cases. It's also, I think, dangerous to make judgements from the statistics when it comes down to individuals. So I try to keep keys ??[20:23]

YX: Because we are human beings, every individual can be different situation. Have you found like, when you are not with the trainees, and you are looking at the trainees they communicate with each other, do you think people from different cultural backgrounds may have difficulties or may have something like, do you think like Swedish people they prefer to stay in one group, or the British people or Irish people want to stay with each other?

SEA STAFF I: Yeah, there are, of course many example of this. But on this journey I think people managed to really integrate with each other. I don't see any group dividing based on nationality, more based on like, whether people like each other. [couldn't hear clearly] whether there's two group or three, people take more or less like each other. But I've not seen any signs of the nationalities grouping together. I've seen that before, when there, we had like four different nationalities, with Finnish, Danish, Norwegian and Dutch. And then like Finnish were just talking to themselves.

YX: You mean the Finnish people?

SEA STAFF I: Yeah, but that's not because they are Finnish I think. That's because that's who they were, they want to talk to each other. But it became obvious that they had a hard time speaking English with each other. Yeah. But in this trip I think everyone is really mixed up. But I don't know like, is half of us English and half of us Swedish speaking?

YX: Yeah, at least on the way back, we've got like several more British people (in Blyth).

SEA STAFF I: There were more Swedish people.

YX: Yeah. On the way we go there, we have more Swedish people.

SEA STAFF I: But still, even that, people were talking a lot of English and stuff like that. That's hard for us also in the crew to speak English. Sometime we *regress* to speak Swedish. But sometimes that's me, sometimes we can work on and involved people around. I think we did a good job that everyone speak English.

YX: Is there any situation that you unconsciously speak Swedish to an English speaker trainee?

SEA STAFF I: Oh yeah, if I'm stressed. Then of course you might speak your fist language. First, cause it comes to mind, if you express your emotion, then I think ...[strong wind covers the voice] speak the first language. But otherwise, of course, I try to speak English so everyone can understand. All the Swedish people understand English, and all the Irish, English people understand English, so we try to speak English.

YX: Then do you think age is something of your concern? Because you are very young and some of the trainees they are maybe a bit older than you, do you think this is a bit of challenging sometimes.

SEA STAFF I: yeah, yeah, it can be challenging, of course.

YX: How do you deal with ...

SEA STAFF I: cause the norm is that the older one is the one who teaches the younger one. And when it comes the opposite the round. It might get hard for some people to handle that.

YX: Then how do you deal with this kind of situation?

SEA STAFF I: I don't really know. It's different. Sometimes you have to be patient, and like theoretical, like prove them on everything that I have more competence in this area. You might not have as much competence than me. In others, of course you have, but in this area I have more competence, you just without aggression or losing your temper. Just pointing out, show it. Sometime, of course, you lose your patience; just say that I know better in this.

YX: That sounds reasonable.

[26:00]

SEA STAFF I: But, yeah, that's something I experienced.

YX: So then shall we say do you prefer to deal with young trainees?

SEA STAFF I: very different. There are also some young trainees that they don't want to learn, or there are someone think they know more. There's problems everywhere. And there's people were willing to learn as well. So we are like, I don't know if there are some ...

YX: So age is not the very key issue, it still depends on individual person's personality.

SEA STAFF I: Yeah, exactly. That's, my view. They cause different problem. Like the problem someone who is older than me, therefore they think they have better, wider competence because they are older. That's one problem. That's the situation that, the problem that won't occur if someone is younger. But there's like, I don't know, there's problem with communication everywhere for different reasons. So I can't really say that I have more, that I like to, I have younger trainees and older trainees, more or less.

YX: So what about, what do you think when people say, like many of the trainees, they all like you quite much, they all think you are quite cool. What do you think is the most important kind of competence on you that you want to deliver to the trainees? Or?

SEA STAFF I: Em... I don't know.

YX: You don't know.

SEA STAFF I: I just try to teach them to sail as fast as possible so that they can handle the ropes and try to teach them to be at the right level of confidence. Because some people get over confidence that's a problem, some people come under confident that's also a problem. Cause if they are not confident enough in handling the ropes themselves, then they won't do it, they might ...? [28:27] taking ... And then it takes very long time to master the courage to do it. Some people have over confidence, they know more than they did, then might take own initiative to see what they did. So I try to teach them to be, to ...

YX: To balance their confidence.

SEA STAFF I: and have the self inside or outside.

YX: Like, like to have self-awareness of their own abilities.

SEA STAFF I: Yeah, exactly. Yeah, exactly.

YX: OK, then what do you think is the very important competence for the trainees to communicate and to interact, and to cooperate with people from different nationalities? What do you think is a quite important issue?

SEA STAFF I: I don't really understand that question.

YX: Like what do you think is an important competence for trainees to ...

SEA STAFF I: to be able to cooperate?

YX: Yes, to be able to cooperate with people from different cultural backgrounds.

SEA STAFF I: Well, they need to be open-minded.

YX: They need to be open-minded.

SEA STAFF I: Yeah. Open-minded and non-judgemental.

YX: Non-judgemental, like no stereotype, like not stereotype for judging.

SEA STAFF I: They exist but the competence not to activate them.

YX: Not activate them, no.

SEA STAFF I: Yeah, exactly. Or to see them but not activate them. That's what I mean. But I don't know, it's, it's, it's very amateur analysis, I don't really know, I don't think about these things a lot, with, with, with nationality, integration. That's not really my main worry, you understand? I focus more on the sailing.

YX: you focus more on the sailing.

SEA STAFF I: Yeah, of course that's my ... what's it called... em... con---...

YX: concentration?

SEA STAFF I: no, can be a con--- that I focus on my sailing can be a ... what's it called...em... conbredi? No..con---.... Contributing! Year, it might be a contributing factor for integration.

YX: a contributing factor for integration, you mean sailing itself?

SEA STAFF I: Yes, exactly. Because it's training and cooperation.

YX: it's training and cooperation. Then do you think, because sailing it has so many activities, sometimes people get their confidence by climbing the mast; sometimes people feel happy when they holding, pulling the ropes together; and sometimes they may navigation together, or like they may stay a very late watch together; experience the same suffering of sleepless.

SEA STAFF I: Yeah, exactly.

YX: What do you think is the most important elements among these things.

SEA STAFF I: that *we are on a boat*.

YX: We are on a boat?

SEA STAFF I: Yeah, that's the most important thing. That we are on a boat, and that we are a group as I said, we are a gang of people with *the same goal*. So that will make us like we are we. And take away like pre-assumption and stuff like that, like *we Swedish people are we and they are they*. you know what I mean.

YX: Yep.

SEA STAFF I: So really we are substitute like we are we, not like with different boats and stuff, so we are Vega and they are Christian Radich.

YX: So do you mean like when people are on a boat, like people throw away their national identity, they gain a kind of new identity that's a member of Vega Gamleby.

SEA STAFF I: Yeah, exactly. Yeah, exactly.

YX: And then, at this time, others... like we became Vega, and others became other ships.

SEA STAFF I: Yeah, exactly.

YX: But this is based on when we are racing.

SEA STAFF I: Yeah, exactly, I think it's, yeah, it's a bigger community, yeah it's not like we are hostile to Christian Radich, it's when we are racing, it's a bit like we and them. But then when we are in ...goal [33:40] then everyone like talk to different people from different boats and see how things are on this boat and this is how on that boat. So this is still like a "we" feeling, but over the whole sailing community.

YX: So what about, what about when people have sail training, when we are not racing, when we are not racing, what do you think?

SEA STAFF I: it's still, sailing in general is, or living together in one restricted area is some, it's some lesson in cooperation, whether, how you put it up. Whether it's sailing, or whether managing like just like doing dishes and stuff like that. So it's... but I don't know whether that's an answer to the question.

YX: So maybe when we are just sailing, when we are not in a race, people on the ship may feel we are a special small community.

SEA STAFF I: Yeah, yeah.

YX: And people living on the shore they are others.

SEA STAFF I: Yeah, there are a lot of people with that kind of view.

YX: Because when people have the same group as others, they will unite even more, because they think we are we and they are others, and we have our own special way and we are special for them.

SEA STAFF I: Yeah, exactly, that's also that can be good but it can be dangerous. It's border life.

YX: What kind of dangerous do you think?

SEA STAFF I: It's border life, it's good and dangerous. The they and the other, they may kind of against the other group.

YX: But at least for the people they are on the boat it's a good thing, cooperate better, they can unite better.

SEA STAFF I: yep, for most, for most of people I think it's a good thing. For maybe 90% I think it's good. But there are always gonna be people who are not, for which this is just a super way to ... to live for one short period of time. For which, this is not them, or they are not ..us [36:40]. It's always gonna be like that, it's not everyone. But it's for almost everyone. If they are open-minded, and if they want, if they want to take part of it. And then it works.

YX: Sure. Thank you very much.

SEA STAFF I: No worries.

YX: Do you mind if I ask how old are you?

SEA STAFF I: Yeah, I'm 22 years old.

YX: And you are Swedish.

SEA STAFF I: I'm Swedish.

YX: That's nice. Do you mind to leave me your email address, so if I have some information from this is not very clear I can email you.

SEA STAFF I: Yeah, sure.

YX: Thank you.

21) Pair interview with Sea staff O and Sea staff N

Date: 2016/08/31

Participants: Sea staff O and Sea staff N, Chef of the ship

Location: Deck saloon of Vega Gamleby

YX: refers to the researcher

[One]

Sea staff N: People can sometimes take the responsibility inside the group now.

YX: Responsibility inside the group?

Sea staff N: Yeah, in a way, try to care of the things, some more than others.

YX: But how do you say, at the first they don't, leave them there, and...

Sea staff N: There was a piece of paper on the deck, there's nobody go and say "it's mine".

YX: When did you see this?

Sea staff N: This is for a week ago. I can see all they do is the same. But now, you do not have to tell them; they just do it, automatically. Small things, they change, they talk to each other. "Are you OK?" "How are you today?" "Can I help you?" Just chat to each other, "Are you OK?" I think that's a big difference.

YX: Big difference.

Sea staff N: Yeah, big difference. [Speak towards Sea staff O and asked] You see the same?

Sea staff O: ... I don't know.

Sea staff N: You don't know?

Sea staff O: I think a lot of them are back in [very low voice, can't hear clearly] When I first came on board, they were very shy, very shy on board.

[People came to get something from the deck –saloon, the interview was interrupted for 1 minute]

YX: So you feel they were, some of them were quite shy then they came?

Sea staff O: Yeah, sure. It's, for one thing, it's there, they meet people that they never met before. They are, some of them, they are kind of seekers? [5:16] to talk to everyone. Some are shyer, they mostly step back, listening and observing. Everyone was talking this, I mean, the sail, it become more, the group, they had to listen.

YX: They had to listen.

Sea staff O: Yes. Yeah. And they had to do what they were told to do. They did that with optimise and cheerfulness. I don't think, maybe one or two do. For the others did what they told to do, they did that with kindness, happiness. And I

also think that it is a change label because they fall into their old habits from home.

YX: They fall into their old habits, what do you mean by that?

Sea staff O: I mean that you can see that they “This is my territory...” or something. [6:33]

Sea staff N: Em.

Sea staff O: Well, they, they... difficult to explain it. I mean the first week they could not really show who they really were. But that shows after one and half week, it shows more who they are, their real personality.

YX: So the nice things and the bad things.

Sea staff O: Em... yeah, both, I think it works both ways, but I think that some of the bad behaviour, they show more bad behaviour now than they used to be. But they are still helping out in the group context, helping each other, doing the sailing, doing the dish washing, helping out. They still ask, I mean, they still ask. And that’s the positive thing they will have deep in mind that’s what we can see as growing up. But some, some of them have back in the youth manners.

YX: Back in the youth manners.

Sea staff N: EN.

Sea staff O: Yeah, dropping things and not take them. That’ a few, not much. And also have this ... I don’t know what it is in English. When animals have, when animals have an area they live in.

YX: Animals?

Sea staff N: Yeah, we are animals.

Sea staff O: Yeah, “Don’t touch my things.” “Don’t go in to my terrify? [8:25].”

Sea staff N: “This is mine, keep away.” You have your territory.

YX: Like you have your belongings.

Sea staff O: No, not belongings, like...

Sea staff N: “It’s my area, keep away!”

YX: Like...

Sea staff O: For instance, if I went up there now, and went to pull the ropes for the group, they will be disturbed by that. You understand?

Sea staff N: em... “Because that’s my duty. Go away, that’s my duty.”

Sea staff O: Yeah.

YX: Do you think so?

Sea staff N & Sea staff O: Yes.

Sea staff N: They have their own little things, but that’s normal, I think.

Sea staff O: sit at a special corner ...[9:10], put their things so that no one else can take the corner.

YX: So they try to occupy some special spaces for themselves.

Sea staff N: Yes.

Sea staff O: Yeah, because it's easier for them. And all people do that. All people create their own space, for comfortableness??.

Sea staff N: We see yesterday evening. I turned off because they were really back when we eat yesterday. For a long time, they have seen after each other "Oh, have everybody eat now?" "Have everybody eat enough?" There was a group yesterday, they just "Kue~" "We want first." And they really eat (a lot) so there wasn't anything left to others. It was the first time because we have cooked exactly the same.

[10: 10]

YX: I notice sometimes people find there will be some like left overs and they will be allowed to eat those left over.

Sea staff N: Yes, but they starts to do it; that was the first group come in and eat.

YX: So the first group they eat a lot.

Sea staff N: Yes, that's a group, small group, lead group. They can do what they want. And they do this.

YX: It sounds a bit disappointing.

Sea staff N: Yes, it is, but we are just animals.

Sea staff O: That's what I mean that turning back to the youth behaviour. In many aspects, they are gaining grow ups, they have grown up behaviour. But of course they will fall back again as a part of growing. That's my opinion.

Sea staff N: em, there's a tendency.

YX: It's kind of human nature instead of personality.

Sea staff O: Yeah. I think it is.

YX: Maybe they will kind of grow up a bit and fall, and then grow and fall, and maybe it's a kind of a long way to go.

Sea staff N: Yes, you can't change a human in a week. You can give them something, you can bring them further in their life, but you can't change them quick. But some of them have really grown, some single person have really grown. You can see that.

Sea staff O: A lot of them have been taking step out of their comfort zone. But after a while, they fall back to their comfort zone. And still from time to time on the ship, for a while, make another try to become a grown up, leaving their comfort zone.

YX: Like, do you feel they are leaving their comfort zone?

Sea staff O: Yeah, they are trying to all the time. Sometimes they fall back.

[Trainee M came and communicated in Swedish for 30 seconds with two chefs.]

Sea staff N: I feel they are really, really growing. “Hue~”

Sea staff O: But one thing that’s really positive is ...

YX: Could you please sit a bit closer, because I’m not wearing my glasses, I can’t hear you very clearly. I need to see people’s lips when they speak.

Sea staff N: OK.

Sea staff O: One thing that I think is positive is that Swedish guys and girls speak English.

YX: They try to speak English.

Sea staff N: Yeah, all the time.

Sea staff O: And they even speak English within the Swedish groups.

YX: Sometimes?

Sea staff O: Very often, I think.

YX: Very often.

Sea staff N: A lot of the Swedish people speak English to us also, all the time.

YX: to you?

Sea staff N: Yes, constantly.

YX: Like from when?

Sea staff O: From the very beginning, I think.

YX: From the very beginning.

Sea staff N & Sea staff O: yeah. More or less.

Sea staff O: Maybe three/ four days before.

YX: Three or four days. Yes, they try to speak more English.

Sea staff O: Well, most of them, beside a few individuals are very, are very bright.??
[14:22]

YX: Bright?

Sea staff O: Yeah, they, no problem, they do what they were told to, and they know what they should do, maybe they forget at times, but if you just remind them, they will do it, no problem.

Sea staff N: EN, they are very positive. Most of them. And some of them try to break borders all the time.

YX: To break...

Sea staff N: the borders, the rules.

YX: The boundaries?

Sea staff N: Yeah, the rules a little bit, stretch out a little bit. “Can we have ...?”
“Can we have ...?” Or “Please can we have...?” They want a little bit more.
“Can we...?” I see them on deck also. The stretch...?? [15:10]

[15:10] Interrupted for 10 seconds by Sofia, and then Trainee M came to speak Swedish to the chefs.

[16:00] Trainee M turned to me and Spoke some Swedish. I paused for two seconds and replied: “Are you speaking Swedish to me?” Trainee M was regretted: “Oh, shit!” Two chefs laughed. “Are they supposed to be there?” “Well, they can be there, yeah.” “All right.”

Sea staff N: He’s only 15, but he’s growing...

YX: Like in which way do you think he’s growing?

Sea staff N: Like his confidence.

YX: His confidence.

Sea staff O: Yeah, he makes friends, among the other, more with English guys.

YX: More with English guys.

Sea staff O: He’s kind of, a little bit of ..., he was very unsure of himself the day he came on board.

Sea staff N: He came from a totally other ... [16:55] I think. Yes.

Sea staff O: He’s from very much different background, I think. I think he was put here, his parents put him here. I think so. I hope I’m wrong, but I think so.

YX: What do you think has made him change? Like do you think it’s the sailing part, or the...

Sea staff N: He was very sick the first days.

Sea staff O: Yeah, working together, it’s more of the working together part.

YX: Working together part.

Sea staff N: He can see he can do something.

Sea staff O: Because you have to help each other. I think that’s the way that’s kind of growing.

YX: Maybe sometimes he feels he can do something for someone else?

Sea staff N & Sea staff O: Yes.

YX: And he feels his own value?

Sea staff N & Sea staff O: yeah!

Sea staff N: And you can see the result immediately, of what he doing.

YX: the result, immediately?

Sea staff N: Yes, that’s the meaning what he’s doing.

YX: Yes, I also find that, I find he’s like trying to speak new people.

Sea staff O: Very much.

Sea staff N: There, there other also in the group, it was the same way. It's good, it's nice to see. Some are just going back. Yeah. But I think if we are on the ship a week more, I think it will go back and stabilized that [18:53] a little bit.

YX: Do you mean if people stay on the ship for longer?

Sea staff N: Yeah, for longer time.

YX: They will, like their development will be stable.

Sea staff N: Yes, I think that they are very, I don't remember even what I said before.
[Laugh]

[20:15] [Interrupted for 40 seconds by galley rats]

Sea staff N: Say something.

Sea staff O: Yeah, sure. I mean when they all got on board, they actually took a step out of their comfort zone. But now they are trying to, in a way that, you couldn't see that on the way over, everyone was trainee, doing their things and doing together with other people. Now when you get back, it's kind of, I think some of them are trying to create a comfort zone.

YX: Oh, someone.

Sea staff O & Sea staff N: Yeah

Sea staff N: Yes, there's people are new on board.

Sea staff O: some of them on board are trying to create new comfort zone.

Sea staff N: Yes, because now they are sure what they are doing, they are more confident what they are doing here on board. They know much more about the ship, much more about the people around, they started to sit back and ...

YX: Yeah, that's a very good point.

Sea staff O: And one thing that I haven't seen, maybe that's because I don't spend time with the trainees all the time, it's the girl and boy friend. If they fall in love, they are attracted by each other.

Sea staff N: It's a little bit, but...

Sea staff O: It still can be major disturbance.

YX: All right, so is this the first time you see this?

Sea staff O: No, I haven't seen it before.

Sea staff N: There's a little bit, but it's OK.

Sea staff O: Yeah, it's not sure also.

YX: Yeah, actually I also found this, I also observed this and I find quite disturbed for other people cause we have very limited private space.

Sea staff O: It could easily be a competition between two girls interested in the same boy or someone else.

Sea staff N: Yeah.

YX: Yeah, so that's why it's not good to have a relationship on a ship.

Sea staff O: Well, if the community, all the others accepted it.

YX: Everywhere is public space, so people need to respect each other.

Sea staff O: As far as I see, they do it very well. I'd like to believe that they came on board by themselves, so just no one else push them to say "you are going to sail."

YX: Well, the good thing can be some ones were persuaded by their parents but they finally feel they really like this voyage.

Sea staff O: Yeah, sure. We like it. We had a lot of fun. I see them laugh, I hear them laugh, every day.

YX: That's almost of the opposite of my situation. I want to go to get on board, but my parents they don't like that.

[All laugh]

Sea staff O: Well, That's true for some of them as well. They made their own choice. But for those who were persuaded by their parents or by their friends or something, maybe they will make it a better choice. They will feel this was actually a good choice that they didn't know. Because this is quite common as well.

YX: Like there's something hidden inside.

Sea staff O: Yeah. Or you get fascinated by working together with other people, and you have to do it.

Sea staff N: You are a small community on board, you have to work together.

Sea staff O: Alright, Fika!

YX: Fika! Very nice talking to you!

Sea staff O & Sea staff N: Same here.

[The chef left for preparation Fika and the first part ends here.]

[Two]

YX: What do you think is the biggest difference...

[Interruption: Trainee F passed us waved to us, Sea staff O, Sea staff N and I said good night to her.]

Sea staff O: What do you say, big difference between?

YX: between when they came and now, of the trainees, or of most of the trainees? What would you think is the biggest difference, or biggest changes, or kind of development?

Sea staff N: I don't know they developed, but they change. They are more freedom, they are open, they are open-minded.

YX: They became more open-minded?

Sea staff N: yes, yes, of course, much more ...

Sea staff O: I think it's difficult, it's kind of difficult to say since we know that when they came on board, obviously some of them are very shy, as a part of their personality. But the shyness has kind of disappeared. Those, those boys and girls are very shy, they are not very shy any more, and that's part of being, having to do something, like taking care of the sail, and taking care of cleaning as well. That makes it quite, I think that makes it easy for them to be part of a team, without having to make the contact themselves. On the other hand, since they got this kind of start with things they should do and they have to do with, they grow and they, I mean their shyness kind of disappears in that context. But I think they *will still be shy* if they, when they get back. They are very shy for meeting new people.

Sea staff N: it will be so difficult for them to go in to another situation, I think. I think it will help them.

Sea staff O: Yeah.

Sea staff N: Some, some of the, the trainees are still shy person, silent person, but not shy in the same way, I think.

Sea staff O: no.

YX: So do you mean on the ship, some of the shy person, they were forced to do something together with other people so that they don't have to create some topics to discuss with, to chat with other people. So this makes them more comfortable and confident to communicate with others.

Sea staff N & Sea staff O: Yeah.

YX: And this may also help them to be more confident to talk to others even they go back to daily life, but they are still shy, but this may help them to be a bit more confident, is that so.

Sea staff O: Yeah, it might be. That's a good interpretation.

Sea staff N: Yeah, you can see some of the shy person on board, when he came on board. They always came and ask, ask, and ask again "Is something we can help you?" "Are you sure we can't help you with something?" And that's a very good sign for me, I think.

Sea staff O: Yeah, sure, that's a good way to get away from their shyness or from being unconfident. Asking...

Sea staff N: And if you, if you watch them on deck and every other situation. Don't talk very much still, but they want to help and are not afraid to go into the duty and others also. It's how I see it.

YX: It's like they want, they became more involved.

Sea staff N & Sea staff O: Yes! Absolutely.

[5:00]

Sea staff O: It also helped that the other boys and girls kind of were invite them to take part, I think. You can see that in the crew parade, for instance.

YX: Crew parade.

Sea staff O: yeah. And there were shy people in the crew parade grow or dared to, to put on this act.

Sea staff N: And some of them are, some of the shy persons are actually very good in cooperation, if you see.

Sea staff O: yeah.

YX: What kind of cooperation do you mean? For example?

Sea staff N: No, I just watch them when they go around and when they are down by us, and when I cross the deck see how they work, and you can see, they want to work. They can work and they want to do.

YX: So what about some of the trainees they were quite, kind of, open, or kind of people-person from the beginning. Some of the person they personalities are like kind of quite.

Sea staff N: yeah, some of them yes. But still inside the game and they are very, what to say, willing to cooperate.

YX: Do you think there's any change happening on them?

Sea staff O: Kind of difficult to judge, or ... but of course... I don't doubt that they, I think they benefit from this. Even, even those boys and girls are kind of ... have an initiative to do things without being asked to do things. Even, even they gain some kind of maturity, or something like that.

YX: Maturity.

Sea staff O: It, it, it's difficult ... I think that everyone that takes part of this two-week adventure are becoming more mature.

Sea staff O: Yeah. Even it's not a huge difference, it's still a difference. It's a difference for me, of course.

YX: Like for you, so you think you learn something from the trainees?

Sea staff O: Yeah, sure.

YX: Like what?

Sea staff N: It's difficult to say a single, but we do, we get small things here and there, and in a positive way I think, all the time.

Sea staff O: well, yep. In every, in every, in all the things that happens when I'm involved, I can *see on their reaction* if I do good or if I do bad. Maybe not that black and white, but something in between. That gives me something to think about. It gives me a boost to my self-confidence. So, I think *that works* in a way, *both ways*. They help out, and me and Sea staff N are satisfied with what they do, they grow, they gain more self-confidence, and they know why because they've been helping out. So maybe that, I would say maybe that is the big difference between them before they come on board and when they will, they are leaving in a couple of days. By helping out, by helping other people, you get friendly smile, and well, that's really important.

Sea staff N: Good feeling.

[10:00]

YX: So what about the like different culture wise, there are different nationalities on board. You have the chance to talk to them and work with them. What do you think is the, have you expected...?

Sea staff N: I don't think there's a big difference in culture, but the social difference.

YX: The social difference?

Sea staff N: yeah, I think they are bigger than the culture.

Sea staff O: Yeah.

Sea staff N: Yeah, I think so. If you watch it a little bit.

YX: can you, can you, can you say again?

Sea staff N: There's bigger difference between social levels than cultural level.

YX: Social level than cultural level? What do you mean by that?

Sea staff N: somebody is upstairs and somebody is downstairs. The difference is bigger than the culture difference.

YX: Well, I don't really get your point to say social level. What do you mean by social level?

Sea staff N: some of the trainees came from very... em...

Sea staff O: Working class.

Sea staff N: high education families with good economy, and others came from working class, lower working class, with bad economy, you have to fight for everything, and you see the difference is bigger than the culture one.

YX: Really?

Sea staff N: Yes, it's my experience.

YX: But how do you see the difference? How can you tell which class they are from?

Sea staff N: All the behaviours and how they act to each other, there's all difference all the time you can see.

Sea staff O: En.

YX: Do you think their behaviour is because different social levels they come from?

Sea staff N: Yeah.

Sea staff O: In the beginning, yes, but after two weeks, it's more levelled out.

Sea staff N: Yeah, in that, cause recently I think they learn much more about each other, get more respect of each other in that way.

Sea staff O: Many of these boys and girls would never have met each other outside this ship. I don't think they would ever have socialized with many of them. But they had to, on this ship.

YX: Do you have, actually, somehow I can't like very easily tell like their social levels. I think that's because like my experience at the society is too little, still.

Sea staff N: En.

Sea staff O: Maybe that's good, that you can't see it, then you can, you don't have any pre-values on the kids. You don't kind of have something in the bad that will disturb you when you are doing your observations. Because it could be a really bad thing having this ideas or this kind of thinking that there are differences in behaviour between the working class people and another social lever.

YX: Oh, both of you find this difference.

Sea staff N: yes. We see them

Sea staff O: Yeah, sure.

Sea staff N: But it's, we have them every day so we see them so we can guess. I think we can tell where they came, each of them. I don't know, it's difficult to explain, but, but we live in the system.

YX: But even those British trainees?

Sea staff N: Yeah, also them. Because the cultural difference between Swedish and English is not that big. There is cultural difference, yes, but not that big. The social levels, that bigger. In England, it's even bigger than us. Social Lever.

YX: In England? The social lever? Do you mean the ...

Sea staff O: The difference, between working class and higher society class.

Sea staff N: I don't think there's some from the high society here but there's middle class here, yeah.

Sea staff O: Yes, it is.

YX: Em, that's a very interesting point.

Sea staff O: And the way the English boys and girls are more polite. Or we see them or we react, because they are very polite, they say, they often say thank you and they are very grateful for everything we do. That is to say, the Swedish boys and girls are also grateful but they don't show it in that way that the English do.

YX: Is that, so this is kind of cultural difference, do you think?

Sea staff O: yeah. Sure it is, sure it is.

YX: is that because in Swedish tradition, people don't usually express that much? Or?

Sea staff O: No, we don't. We don't say "thank you" all the time but that doesn't mean we are ungrateful or thankful. We are thankful but we don't express that much.

Sea staff N: You don't tell it and show it in the same way.

[17:00]

Sea staff O: I mean, asking for something in England, you always use the word "please". It's not so common in Sweden.

Sea staff N: No.

Sea staff O: But, but, some do actually, but it's not very common. It doesn't mean that we are rude.

YX: That's true.

Sea staff O: But still, as I told you before, I still think Swedish boys and girls are very polite because they, they do speak English with the English spoken people.

Sea staff N: It's a very good thing. You hear them speak English to each other, all of them, when somebody around them. So in that way, it's very good.

Sea staff O: It would be interesting for us. Because we don't know why they came on board in the first place. Their thoughts and their ideas of this sail trip. Was it because it was an adventure, was it because they want to educate themselves, or meet other people from other countries? Make friends? It might not be only one reason, it could also be, it could be many reasons. But that would be kind of interesting. Because if you, if you got on board, because you like to make friends. The question could be "after two weeks, did you make any friends?" Well, I think they are making friends.

Sea staff N: yeah, I think they have make friends for life time.

Sea staff O: Well, if they want to keep it. If they want to keep them. The people they met here, they can keep them for life time as friends.

YX: But like there's once I have a focus group discussion with them, and we were talking about the friendship thing. And there's one trainee he said he used to experience this kind of tall ship sailing before. Even though he was having very good friendship with other trainees and they kind of keep in touch. But he said sometimes it's difficult to, especially for people from different countries, it's very difficult for them to meet again. Sometimes, and when people meet again, yeah, it's kind of different feeling.

Sea staff N: yes, it is what we were talking about before, the difference, not culture. Because they need a platform to meet up, and the boat is a platform, where else they can meet?

YX: So if they want to keep in touch with each other, then the boat is a good place. Trainee M, do you want to join the discussion?

[20: 37] Trainee M came and sat in the saloon and I decided to invite him to join us.

Trainee M: Yeah, sure. What's the discussion about?

Sea staff N: You!

YX: Actually we were talking about you. Like because...

Trainee M: If someone ask about the missing cookies, I haven't taken any.

[People laugh]

YX: You are so cute. Yeah, because when I talk to a couple people, they mentioned about you, say they saw your grow up in this voyage and they feel you are a really good boy.

Trainee M: Ok, very kind of those people.

YX: Because at the first time we came on board, it's like you were a bit kind of seasick yourself. And later you became so helpful and you try to talk to people who are alone. And it was like very mature. Very more than 15 years old.

Sea staff N: yes, you are very young but you are very mature. You grow from you were very shy boy sat [two-22:42] became a know what to do by yourself, you hand on everything. Now you can do everything. It's fantastic to see how you grow.

Trainee M: I think that's kind of thing that I also want to distance a bit from like others from my generation, since a lot of things that my generation is doing, I'm not comfortable with. I think if I would have like, I think none of my classmates could be able to do this.

Sea staff N: You are probably right.

[Three]

Sea staff O: They make, they are, they need to have a very big space.

YX: A big space.

Sea staff O: A big space. That's the only word I can come up with. [Laugh] They are kind of ego. Ego tactical.

YX: It's like they want a kind of stage?

Sea staff N: Yeah.

Sea staff O: That's a good (interpretation). That's true.

YX: They want to show other people they are doing things.

Sea staff O: ... Yes, getting attention.

YX: Like a few people when they are in their young age, they want to attract people's attention. Yeah, that's true, I also felt that when they feel they are losing attention in a group of people, they feel bored about the conversation very soon.

Sea staff O: Yeah, that happens in all kinds of groups, in the football team, or theatrical team, or work-place team, you are trying out asking, trying to find your place in this group. I think that is, it's still going on, that kind of process is still going on in this voyage. Because it has changed from the leisure sailing of the first week, being together, learning each other, and eating and laughing. And now it's something, I think completely different.

Sea staff N: Yeah, seriously.

Sea staff O: A serious competition, like. But they still keep up the ... very good faces; they still have fun, I think. I think they have fun as a group. To me, it looks like no one is excluded from the group. I haven't seen anything in any way.

Sea staff N: No.

Sea staff O: Of course you see things like today, one of our meal, one of the tables were packed with Swedish girls, maybe Trainee F (an English girl) was there. And then you had Trainee M and the English guys around another table. One of the Swedish girls got down... [2:30], took her food. And there were plenty of space at Trainee M and English guys side. She moved in and made herself in this crowded table. I guess you can interpret this in many ways. Or maybe it doesn't meant anything. We don't know, well, I don't know. I, I, I,

Sea staff N: They have a big group. As I see, they have a big group that include a lot of them. Inside the group, there's smaller groups. I don't know how it's fun, but there's a group in the corner, there's a group in the middle, there's a group at this side of the table. You can see them.

YX: So it sounds like the Swedish group is the main stage, and they want to be involved in this main stage.

Sea staff N & Sea staff O: NO! We can't say that.

[Trainee W came and interrupted for several minutes. Then it became sleeping time and everyone needed to keep silent, our interview had to stop here.]

22) Focus group with Crew members

Date: 2016/08/25

Participants: Sea Staff E, Sea staff A, Sea staff G, Sea staff B, Sea staff F, Sea staff D, Sea staff C

Location: Deck saloon of Vega Gamleby

YX: refers to the researcher

YX: Thank you very much for agreeing to attend this focus group interview. We're going to discuss about several questions about this voyage. What do you feel about the voyage till now, like with trainees from different countries? What do you feel about this voyage generally?

Sea Staff E: shall we take turns to answer?

YX: No, it's just like who want to say something then they say something.

Sea staff A: very open question.

YX: So, does this voyage satisfy your expectation? Or is it a little bit different from what you expected?

Sea staff E: I can start to say. I don't really have many expectations, I didn't really think about it. It was kind of a spontaneous decision to come along. I have been possibly positively surprised at how nice it has been, and how fun everybody seems to be. And I'm having a lot of fun as well.

YX: Is there any other opinions about this question? Like expectation and reality.

Sea staff G: I've only sailed with this type of international group so I have nothing to compare with. But I think it works very nicely because people tend to ...em... like going to the culture stuff really fast. There are also like political issues, people are really good at that. So I guess it just happened automatically when people meet, like this.

YX: So is it like you used to work on tall ships but you haven't work with like mixed nationalities?

Sea staff G: Oh yeah, I always have the mixed nationality trainees with this.

YX: You only?

Sea staff G: yep. So that's all I know really, but sometime people can be a bit more like shy and tend to be with their own sort of nationality country group. But here I find they are regularly mixing.

Sea staff A: Yeah, it went really quickly with the mixing because actually I was participating in making watches. Then you were thinking that you need to have some English speaking people in the watch, and I think it works really fine with the English, and everyone is sort of talking English all the time even though sometimes that you realized you do that when you were talking to maybe five people who speak Swedish, they just started talking to each other in

English. That's a very nice way, you can tell everyone is... It is important to invite, em ... include, yeah, include everyone. I think, it's, it's nice.

YX: Right, then have you discovered anything interesting or any special stories about the trainees so far? Is there any interesting thing happen or like meaningful stories in your watch group which impressed you?

Sea staff G: I'm not sure this is a signal. But in our watch we have one person climb up for a bit, and then he came down, and then he did it to come even further. And he felt very happy about that, so I felt very happy about that as well. So I guess seeing progress, seeing people challenging themselves. It's a cool thing.

Sea staff E: Yeah, I've been talking a bit to two of the more shy people in our watch. They haven't talked that much with the rest of the trainees. And I sat with them in one watch and spoke to them for quite a while, yeah, that was interesting they told me a lot about why they are here, where they came from.

YX: So do you think they are changing or they keep being quite shy?

Sea staff E: Yeah, I think they are changing, they have a long way to go, but they started at the right time.

YX (turned around smiling): What about you guys? In your watch group is there anything make you feel quite interesting?

Sea staff A: Yes, I agree with Sea staff G, when you see the guy who is trying to climb higher this makes me really good as well.

YX: What about the teamwork on the ship?

Sea staff G: When we are downstairs, when someone carries something (climbing the stairs), it's always like, people almost touching the person to help them going down stairs.

Sea staff E: Yes, this is a really really nice group, very friendly, very open, and very helpful with each other.

[5:35]

Sea staff A: Yeah, I think I have been sailing for quite a while. I've seen many different groups. I also have seen sail trainees from different countries before, but I think this is a group that is very special in that way, very helpful towards each other, more including than other groups I see. Yeah, they are also like, they really want to learn, they are on different levels of their knowledge and skills, but they are all, almost all very interested in learning. I think it's a fun group to sail with.

Others: Yeah.

Sea staff A: And I think that's also about climate, or the group thing. Like everyone... It could go the other way round, if it would be a couple of people that have been more negative. The group could have moved towards negativity. But now, it's just like a value in the group that it's fun to sail and everyone should help with each other. So you would be included, you would want to do that. That's very good actually.

Sea staff E: It's very nice atmosphere.

Others: Yeah!

YX: Atmosphere? Do you think whether there's any kind of positive role models in the watch so that others are influenced?

Sea staff A: Yeah, I think yes.

Sea staff B: I don't think there is like only one or two individuals they are positive role models. I would say like pretty much everyone.

YX: Everyone?

Sea staff B: Yes. I can't sort out, at least in our watch, like one or two people are the most positive...

Sea staff A: No, I mean, like the crew and also, I think especially that we have volunteers, like you guys (face towards volunteer crews), you are here, you are still learning a lot and want to be.... I think they can relate to themselves like Sea staff G, she's been here before as a trainee and now she's come back, she's volunteer, and I think that's like, I guess that's like being inspiration. Your energy, I think is a bit different because she's been doing this for a long time, it's more... I don't know, there are other expectations maybe. But I think they can relate them to identify more maybe. And you've been all very inspiring for everyone.

Sea staff B: And I also think that people in this group are quite like, they are quite fast to pick up the circumstances that we actually have to help each other out to do things. And it's also quite ... em... its' quite obvious that you can see you can't do this by yourself, you need to cooperate. And you need to sort of filling the gaps, you need to help each other, you can't set the sails yourself. Yeah, the whole group just pick up that quite fast, as well as I guess that's about sailing in general, like in some ways coming together on the boat, you live together for 24 hours, you can't get away from the fact that you have to...(get along with each other)

[9:30]

YX: Just like when you divided people into different watch groups, you purposely divided people from English speaking countries and Swedish speaker into one group. Did you find any trainees have any difficulty to communicate with each other?

Sea staff A: I know from our watch, they are very good at keeping speaking English all the time, and includes everyone, and remind each other when we, if someone started to Swedish. So I think it's, it's not a problem at all in our watch group.

Sea staff E: I agree, I haven't seen any English speaker being left out because of language.

Sea staff F: Even the Swedes speak English to each other know, so we are like...

Sea staff E: And maybe many of the Swedes have learned a lot of boat terms, sailing terms in English know, I think it will be harder to go back to Swedish because part of the vocabulary now is just in English.

YX: Can you compare the first couple of days and now, is there anything changed?

SEA STAFF D: I think everybody picked up English pretty fast actually, and like when we talked in English, everybody try to speak in English. SO...

Sea staff E: Yes, I think we started up very good but there are so many improvements.

YX: Do you mean their awareness of speaking has been more *focused*?

Sea staff E: Yes, I think it's always been good, but getting even better.

Sea staff B: I don't think it's been more focused, it's just been more normal. And I also see, I think I see that from the very beginning, but there is a group of only Swedish people, if there's anyone coming who doesn't speak Swedish, they swop quite fast, started to speak English. I'm very happy to see. I think I only noticed one time, when was one person speak English but others were speaking Swedish. Just one time in a week, so I think that's pretty good.

Sea staff A: Yeah, I really don't need to work with the group like that, they are really handling well on the social things themselves. Sometimes you need to help some watches more to become... But I think, I think that's a little bit because of the crew, the trainees are from different countries. Because I think that creates more of like curiosity, a little bit. I think that's different from other group that I have. But I also find it interesting to see the Swedes are keen on learning English, and the English speaking people try to speak some Swedish as well. They really have a nice exchange of Swedish and English. They are improving their English and also teaching a bit Swedish.

Sea staff E: Yeah, and especially the Irish trainees also taught the Swedish trainees some Irish typical expressions. And the Irish girl showed me a list of all the words and expressions she learned in Swedish. She was very happy with them.

Sea staff B: That's what I said. They are really doing the social things, they are like, we don't need to get in for. Just give them time during the watches, just sit down and talk to each other. And they do bring up with topics themselves. They just pass along while working along. For example, "what's your favourite music?" and so forth.

Sea staff A: yeah, I think quite, yeah, I've been sailing with very many groups. It's just this group, I've never, I don't think I've ever seen groups like really handling that themselves. Sometimes we have to be more activate with that, making them paly more together because otherwise they will stick with certain people. Things like that, but at least in our watch they always all together.

Sea staff E: Very friendly and very social.

YX: So do you think the situation will change if all the trainees are Swedish?

Sea staff A: Yeah, I think it may have a bit difference.

YX: Like do you think they will be all together for most of the time, or they may not be so cooperate?

Sea staff G: I think they will be less curious. I think they will be just like “Oh, you are from there, I know something about that place.” Like, it’s easier if you are like, from different countries. There are more to ask about.

Sea staff E: You know when you are learning new things, about a new country, you feel you just become a little more open. So yeah, I think mixed, international people improves.

YX: Do you think language is a critical thing in the communication and interaction among these different nationalities? Do you think language is an important issue, or do you think it’s not, it’s just like as important as everything else?

Sea staff E: Do you mean if it’s a problem?

Sea staff G: Like a barrier?

YX: yeah.

Sea staff B: I don’t think in the situation like this when you gather like a bunch of Swedish people and a bunch of British people. But it would have been in a situation that like, let’s say they would have been, with most English people and a few Swedish people, I think that would be a problem. But as there’s also almost a majority of Swedish people on board but we still keep speaking English. I don’t think there will be a barrier. But I think if a few people, the minority of people to make friends with British or English speaking people, that would be a big problem. But as there’s pretty as many native as non-native, that’s not the problem because then the level of the language, what they are talking about to make sure everyone can be a part of it, and everyone has an opportunity to influence what we are talking about. As well as we are aboard on a boat in a different world where you can’t really relate to common things if you’re home when you are talking about as you are at home.

YX: well, I noticed that a couple times, me and other trainees were joking about sometime Swedish trainee or Swedish crew they unconsciously speak Swedish to us English speakers. Some people say they did this because they kind of ignored the nationality because they just see each other as a whole family group; others think it’s just a habit of speaking mother tongue language.

Sea staff E: I think maybe the switching between languages becomes more and more a habit, so sometimes you just forget to think about what language you should use. I know I spoke Swedish to you earlier today.

YX: Right, not only you, because a couple of trainees also mentioned this experience.

Sea staff A: I had that experience when I get to know someone that I’m communicating with English, after a while, I started speaking Swedish to them, something we became friends and then you started to speak Swedish because you kind of know you are my friend so you know what am I saying. [laugh] So I haven’t noticed here but I have done that before. So it’s ...

YX: So do you mean this can be something like kind of a signal showing you are getting closer?

Sea staff A: For me it’s like that, yep. Then I tend to forget that the other person can’t understand Swedish.

[20:04]

YX: What about others? How do you think? Like if you unconsciously speak Swedish to English speakers, what would be the reason besides the difficulty of transferring language?

Sea staff C: I think it's just you forget sometimes. Because like if you are really tired and then you would probably speak Swedish.

YX: So sometimes just because of tired.

Sea staff E: I think maybe it has to do with less aware of the fact we have mixed crew. Maybe at first we're like, OK, we're gonna have a bunch of British people, we're gonna have to speak English to them, we're gonna make sure they are not gonna be left outside. When we get more comfortable with it and used to it, you kind of, when I constantly thinking about it, and sort of sometimes we forget to switch. Yeah, I guess it's a sign that we are more used to the international group.

Sea staff A: but I think the language question is also that most people in Sweden are very good at speaking English, I think it will be different if you'd have been Spanish speaking people here, for example. Cause I think like everyone is sort of fluent in English and that makes things a lot easier, it would be harder if it would have been another language. So I think that makes difference.

SEA STAFF D: When I started speaking Swedish. That's self [21:50] What you do with your hand and what you are saying is so connected in Swedish, because when you do something, it popped out.

YX: You mean, it's just because of your own habit, and ...

SEA STAFF D: yep, you are so used to it, it's getting so habitual, and you have to write down and read in.

[Disturbed for 1 minute]

YX: Is there any particular trainee in your watch group that you think he/she really developed a lot?

All: Yeah.

YX: Can you give an example like why would you think so?

Sea staff A: Some of them have been talking more to each other as opened up quite a lot. That's the main difference in the social area.

YX: So does he or she start to talk more to the home nation group or to different nationality?

Sea staff A: Different.

YX: different nationalities.

Sea staff A: Yeah, I think it's more different about other people, it's, I don't think, I don't know, cause it's not me, but I would say it's not about different nationalities or different cultures. It's more about keeping kind of feeling of this person. But I don't know, I think it's more about the environment which forces you to talk to anyone, and you work together, you sleep together, and, so

I think it's more about sailing and you have to live on the ship together with mixed nationalities and mixed cultures.

YX: If I understand it in the right way, do you mean the trainees became very familiar with other people on the ship, they live together and they built up kind of special relationship so that they tend to communicate with people around, regardless of nationalities in that case?

Sea staff A: Yeah.

Sea staff E: I think you get pretty special relationship to your watch group. Because you watch together, you sleep at the same time, and you eat together, so I guess the form of watch groups can be more important than the nationality form.

Sea staff A: And you spend a lot of time with each other.

Sea staff F: And also you can't really take anyone outside the boat, so your whole life is around here, you can't keep contact with your other friends. I think that's very big difference.

Sea staff A: You really get into the moment right here right now. This is your life and the world in front of you is smaller and you became a bit more open to the moment I think.

Sea staff E: yeah, I think you give people a bigger chance to become your friend because you are isolated from your best friend. So the person in front of you is the person you have to talk to. So you think, why not, I will just talk to them.

Sea staff A: How to sail with my best friends. [laugh]

YX: so if there's wifi on the ship, do you think it will make any difference?

Sea staff A: I think it will make a big difference.

Sea staff G: The very second the boat comes into the harbour, and people just disappear.

Others: yeah.

Sea staff G: It's like Burger King over there, whatever over there. It's like everyone just disappear.

YX: Searching for wifi.

Sea staff G: yes, they do.

YX: What about other watch groups? Do you have anyone that developed a lot, for instance someone tend to be shy at the beginning?

Sea staff E: Yeah, I don't know if we are thinking about the same person, but there is one, he or she was very shy in the beginning, and we sat down and talked about our lives, he/she opened up a bit more and more, now the person is now more open, not shy any more.

YX: what would you think can be the reason helped he or she to open the mind.

Sea staff E: because people always ask you questions. And you are stuck on the boat, so you have to interact with everyone, and people also share their own experiences. Yeah, so...

Sea staff B: I guess like as you are given space, you will take it, even if you don't want take it by yourself. But as you sit down, and everyone is to talk about themselves, and you will also talk about yourself. I guess also while talking about working on deck, it really comes to us to make sure everyone get this space by sort of leading them into direction like "you are on this task". They are sort of given space. For us is to make sure everyone is getting things to do. [28:57]

YX: well, it sounds like the environment is quite important on the ship. If we told the trainees "if you don't want stay on the ship, we can send you home right away" or something, do you think it will make any difference?

Sea staff A: I don't know, everyone is here volunteer.

YX: I mean, for example, some people may suffer from sickness if someone felt the life on the ship is too tough. If there is a way for them to escape.

Sea staff G: I think some people like to do it, manage it, cause they give them some sort of ...//

Sea staff E: yeah, like challenge.

Sea staff G: Yes, it's a challenge. When you complete it, you will feel like proud. And you might be nervous before but when you actually manage to do something like this, I think you are gonna feel great. And I think you know even when you have seasick. Like when you overcome that, even though it's shit right there and then, you are gonna have your whole life to think about that you managed that shit thing.

Sea staff D: I would like to talk about another trip in summer, some of the girls just want to get off the ship during the first couple of days, hated everything, and don't want to cooperate everything, and they were crying "I want to go home". And the last days, they were also crying because in two days they are gonna leave, they don't want to leave. They really opened up to life more and to others.

Sea staff A: I've seen that many times as well. I have that experience as well. Different trainees I sailed with, that happens quite often actually.

Sea staff D: So if it was escape the first days, probably it's gone. I think it's better to just go, because people in the end of the trip don't want to go.

YX: What do you think made them want to stay here?

Sea staff D: I think, it's people. Cause they get special bound.

Sea staff C: new spirits.

Sea staff E: Yeah, I think special spirit, like you hang out so much with the small group of people and you are isolated from pretty much everything else. You do all those weird stuff together, you learn experience together. So it's full of special bound within the group and you come up with your own jokes and your own ways, you know, your own games even. It's just leave all these behind and go home to normal life, it can be pretty rough.

Sea staff A: I think it's also, I found about this quite a lot, but on the ship everyone is needed, and I think this makes a big difference for many people to feel like they have a place, they have a place in a group, they are needed, we can't set the sail if we couldn't do it together. I have been sailing with kids who haven't elementary school when they are 18 and to come onto a ship, then they actually be able to manage something, to be part of something, I think that's very important for many people sometimes maybe lost in the society. In general, I think for some people that's a really big experience.

YX: Kind of like a sense of achievement on the ship.

Sea staff A: Yeah. Achievement, purpose, and being a part, feel needed, I think everyone has that need. Even if you are in the beginning, kind of setting yourself aside, when it gets to you, it's really powerful force, I think, for people to change. I've seen people stop using drugs and things like that, because they get into another group in other ways.

Sea staff G: I also think it's, at the first time when everyone comes, they have their own type of clothes, and everyone has their own personality, I guess some people may have like "this is what I want to be." And then you get tired, and you may be hungry for dinner, and it's dark or whatever, it might be raining, and then you don't have the energy to hold that and then you will just be yourself. And then everyone is just themselves. And everyone realizes it's really cool to be yourself.

YX: from my observation, it seems to be a quite quick process for people to put away their poker face.

Sea staff G: right.

Sea staff E: Yeah, I thought about that too. Probably not on this trip, but on other trips. People come to the ship with nice clothes and make-up on, and in the first few days, people are like "Oh, I really need a shower!" and use a lot of perfume and stuff like that, and the more days pass, the less people think about it. And they just more become themselves.

Sea staff A: I think that's a good thing that there's not so many mirrors on board.

Sea staff E: yeah! [laugh]

Sea staff A: The one we have broken [Laugh] but I think it makes a difference. It affects me quite a lot on the ship where there's no mirror to stop you thinking your looks. I like that.

YX: It also shortens the time people stay in the toilet actually. [Laugh] Then do you think there's anything you think you learned from the trainees in this voyage? In terms of personality, life attitude, or social skills, anything?

[36:24]

Sea staff A: I think it's very hard for me to separate, I think I've learned from doing this and sailing with trainees. So I can't say I learnt something in particular. But I know I learned very much from doing this.

YX: well, I heard you are a psychologist, do you think sailing voyages have any influence or inspiration on your psychology area?

Sea staff A: Yeah, definitely, I think, it's always been a lot about psychology. Not only I love the sailing, but also I love being on board and keep thinking these things quite a lot. So sailing has inspired me to become a psychologist, but it also inspires me in my work, to meet different people, and I feel like I'm a much more open person than I started sailing and I think that's very helpful. And I met so many different people, I think that's also helpful when I meet people in my job. And I also kind of get a type of knowledge which is hard to separate from who you are, so I can say, when I'm on board, I really enjoy, actually I don't actually tell the trainees that I'm a psychologist cause I want to have that, you know, being myself and don't have "oh, so you can read my mind" stuff, which quite nice to be myself cause when I work as a psychologist, it's a different role, and *here I'm more me*. And I enjoy that very much. ... [30 seconds irrelevant chatting]. I noticed that people tended to *listen more to my opinions now* than before, even though I have the same opinions. [Laugh] Five years ago, there are some people in the crew on another ship that I worked that I felt like they listen more to me know. Which I think it's good. But still the same opinions, though. [Laugh]

YX: Right. What about others?

Sea staff E: Yeah, I feel like I always learn from meeting new people, especially people from other places and other countries. But I can't really come up with specific example.

YX: Would you think the experience of interacting with trainees from your own country and from other countries will influence your style of communicating with other people in the future?

Sea staff A: for me, the answer is already, it's already changed me, 15 years ago. [40:35]

YX: It's been so long ago.

Sea staff A: Yeah, but I remember before and after actually with my openness to people, that also is to do with age, but I really think it has a lot to do with sailing, I'm much more open to different people, I'm very happy with that, I'm pretty that influenced my life quite a lot.

Sea staff E: Yeah, I think if you are in this type of situation at the first time, it will definitely change your way of interacting with people, but if you experienced more and more, you can strength it. But not significant change.

Sea staff A: Yeah, exactly.

YX: So, have you experienced anything that made you feel surprised about this voyage? For example, do you think you have kind of stereotype on particular culture? Like someone may say British people are like this, British people are like that. Do you think this voyage influence your stereotype in some way? Or maybe you don't have any stereotype towards people from different culture backgrounds?

Sea staff A: I don't think, for me, it's not such a big difference like British people must like Europeans, maybe it's kind of *similar_way*, similar cultures. So I didn't expect people to be very different.

Sea staff E: Yeah, we joked about stereotypes really friendly, like the girl from Ireland loves potatoes.

Sea staff G: People talk to me about trolls, so I guess people, they know that about Norway. The big ones, and the small ones they live in the mountains, they live in the forests.

Sea staff A: Norwegian thing. [Laugh]

YX: So do you think it's kind of stereotype.

Sea staff G: It is, but I don't mind, like that's what we have, we are gonna show it off. [Laugh]

Sea staff E: Yeah, I feel like many people are embracing their stereotypes, they are half serious half joking, like the potato thing, we were laughing about that people in Ireland, of course they love potatoes.

Sea staff B: I think the stereotypes are put aside a bit as we get on board, because we got a reason not to focus on the stereotypes. Because we do get to know each other around different things. I would have travelled to England, what have been more, sort of, I guess have been more common to talk about the stereotypes. For example, I was an exchange student in England two years ago. I mean I'm not in the same situation as the trainees, but when I went to England, I felt there were loads of stereotypes. I don't find it that much going on board. And I think that's because we are getting to know each other, around the thing about sailing, and around thing about doing work together, to be gathered together to do the cleaning. That another way that you are actually getting to know people by working together rather than just sitting down chatting, around the dinner table. And I think that takes away the stereotypes.

Other: I agree.

YX: Do you think this kind of situation will help to reduce the stereotype a bit as a result.

Sea staff B: Yeah, I will say so.

YX: So, do you feel a bit difficult to communicate with the trainees, do you feel it difficult for some trainees to understand, for example, your instructions?

Sea staff A: I think the difficult part is that I don't know all the words, all the sailing terms in English, that makes it hard to communicate some things because you don't know the word for it in English. Otherwise... [Interrupted]

Sea staff E: Yeah, I know, I had to learn a lot of English sailing terms.

YX: In this voyage?

Sea staff E: Yeah.

Sea staff B: I totally think that it like, put, em... I don't know how to put this with ... not make it sound strange, but if I would have been on board in Swedish, and I

do better in Swedish than in English, and as well as I can make myself understood in a way in Swedish than in English, it's also easier to ... I'm not too sure what I mean.

YX: Do you mean you will be more confident if you are fluent in that particular language?

Sea staff B: Yeah, I think so, I get a bit less confident when talking in English, and especially when I know the people I'm talking to are native in English. And in a position, we are supposed to lead people, I don't want to put it that way cause it sounds like I'm sort of, I want them to show me respect cause that's not, that's not what I mean

YX: I understand what you mean.

Sea staff B: But I felt a bit less confident which I also think the fact, the relationship between me and someone who's native English speaker, or Swedish as well cause we are doing this in English which is sort of ...em...

Sea staff E: Do you mean humble? Do you feel more humble?

[48:24]

Sea staff B: No. It's, it's I think it's more about the feeling of being confident in what you are doing and the way how that affects the people you are working together with.

YX: Do you think it's a good effect or not?

Sea staff B: ... I guess good in some way, less good in another way. I can't say it's a problem. I wouldn't say it's a problem. It's just more, it's interesting, how it affects, just ... [interrupted]

Sea staff A: Well it's interesting, but for me, it's different cause I feel like, well, it's not my native language. So I think I'm good at speaking English because that's not my first language. That makes me feel confident in speaking it. For me, it doesn't actually affect my confidence.

Sea staff B: No. I'm not sure whether if it's about, if it's about being confident, or not confident, but in some way I feel it does affect. For example, there were some morning when I was very very tired, and I didn't find the words at all trying to explain something, and I just messed everything up, and it's not about being not confident, but maybe get a bit annoyed because I didn't manage to explain what I want to explain. And, yeah...

Sea staff A: Yeah, I can recognize that, like I feel like that I'm better at explaining things in Swedish, cause I feel, yeah, I would have made myself more understood if I could take this in Swedish, but it's not the way. That's sort of ... Maybe that's what you mean. You can feel that you are not as good at explaining things as you used to

Sea staff B: Yeah, that's what I mean. Which is a challenge, and it's not, I think affects to the dynamics in the group but not necessarily to the value.

[51:30]

YX: If we are gonna have another voyage with new trainees from different nationalities...what kind of preparation would you suggest to trainees.

Sea staff E: I think it's part of experience to prepare to come as like a blank page.

Sea staff A: we tell all of them to have rain clothes, and all of them have full equipment with them. But ... I agree with Sea staff E, blank page.

YX: Blank page. So what about, would you recommend them to read more about other trainees' countries' culture or something?

Sea staff B: No, I wouldn't, cause I think that will grow the stereotype thing.

YX: So just come with blank mind, and see how things happen?

Sea staff A: Yeah.

YX: Is that all of you agree with this? [All nodded.]

Sea staff B: And you rather give the people from the country the opportunity to be the *ambassadors* for their country, rather than you as a trainee gets there with loads of ideas.

YX: Then what would you think is the most important competence for young people to sail in an international voyage?

Sea staff E: I think is to include each other. I mean everyone has different level of knowledge, everyone is gonna lean in different pace. To just include each other, to explain if somebody doesn't understand, if yourself doesn't understand then you will be able to ask. It's include each other and help each other, I think.

Sea staff A: But I think also, if don't have that in the beginning, it's something you might develop. So I don't think I would say there's any special competence. I think it's all about what they develop, they make it together with other differences and stuff. But of course something makes it easier, to form nice atmosphere and stuff.

YX: So you don't think that kind of competence is very necessary because sail training is going to develop that. Then what kind of competence do you think the international sail training can develop sail training.

Sea staff B: The ability to put yourself aside and see the purpose of, what's important for the group, and what's important for other people.

YX: like less self-centred?

Sea staff B: yeah, to make sure that everyone got food before you have the second part, which totally have improved. You can see that in these days.

Sea staff A: There's even bread left.

Sea staff B: Yeah, you can totally hear people making sure over and over again "if that's alright if I have more". And you get sort of happy to see that improvement and development.

YX: Like taking care of others rather than satisfying their own interests.

Sea staff A: yeah, I think to experience the power of the group, it's also, I don't mean it's selfish, but it's also good for yourself being a part of a group, really

enjoyable and you don't feel it if the group is not OK. I think also that's an experience what it is actually be part of the group, and how much fun that can be, and how strong the fun can be. I also have talked this with other friends, from sailing, I have very strong relationships with the groups and some of my friends would say "well, I never really..." [20 seconds irrelevant] What realized we experienced different groups and it's different what a group can be. I think it's also very good experience how group can work together, how one plus one can be three, and I don't think that everyone has experienced that. And I think sailing is a very good way to experience that.

YX: What about you guys? Especially like in international sail training voyages, people from different backgrounds, what do you think sail training can develop them.

Sea staff G: I guess like more curiosity. Like first I sailed, I sailed with a bunch of Dutch people, I knew literally nothing about Netherland. And a few months after, I went to Netherlands, and I kept in touch with a few of them. So I was asking "what happened in Netherland today?" Like I wouldn't really care about that if I hadn't spent like the summer with them. And also when we were downstairs on the second day, people were talking a lot about Brexit and EU. Like I don't think people will google themselves if they didn't have people around to ask, so maybe like because the information is there so close. And you can ask actual people what's going on. You are a lot more prone to seek that information.

YX: So do you think the young people raised their political awareness in the sail training voyage.

Sea staff G: Yes, yes, because I believe everyone has heard a bit about stuff like Brexit and political issues. But then going into that deeper is like not so normal for very young people. Therefore, it's good to have people with first-hand experience of what's going on.

Sea staff A: It becomes more personal.

YX: Like instead of the national stage, they tend to talk personally?

[01:00:00]

Sea staff A: Well, I mean, it becomes personal. Cause when you meet someone who is, I mean, we are all affected by Brexit. Maybe you are not interested in what's going on, but then you need someone whose country is very much more involved. Then I guess it becomes a personal interest. Because you are interested in the person, you are interested in their world, and that makes political issues become more personal.

Sea staff G: People all very honest, people are like "yes, I voted in, and my parents voted out." people are very like, don't mind talking about that. So, then you can ask, "why did you vote in?" "Why did your parents voted out?" That's all on the internet, but it's more fun if you hear from people you care about.

YX: Do you think sail training is special compared with other sports? Do you think what sail training develop on the trainees is special?

Sea staff G: We are more isolated than other sports. And I guess on a football field it's always be one person dribbling and others just stand there. But here it doesn't work like that at all. [1:01:43]

Sea staff E: Yeah, there's no point in going out on your own and do thing. You are really dependent on your teammates I guess. And there's no, Ok, we're gonna win the race but on the ship, there is no competition. Everyone gains from helping each other out.

Sea staff A: And so living together so close. It's different like now we have experienced very rough weather, it's always helpful for bringing a group together, like having really bad weather, having tough time together which I think also makes a difference from other sports.

Sea staff G: Holding someone's buckets, then you are really close, just like that. And also just waking each up, having a personal wakey up, it's so nice.

Sea staff A: And quite intimate.

Sea staff G: Yeah.

YX: The last question, what parts of sail training is the most beneficial for trainees?

Sea staff E: like what specific aspects of sailing that it so good?

YX: yes. Like the best and most important elements that contributes to people's change and development.

Sea staff G: I think it's a magic of combination.

YX: So it couldn't be isolated.

Sea staff A: no.

YX: So it should be sail training itself. Well, do you all think it's kind of a combination to make all these changes happen?

Sea staff B: I think if you would have compared this kind of sail training, if you sail on a small boat, you go ashore every night, I think it's definitely special in the way that you do the cleaning, you do the cooking, you do the sailing, you sleep together, you need to respect other people who are sleeping while you are awake and so on and so on.

YX: So do you mean being away from the shore for a few days is very important.

Others nodded.

Sea staff A: Yeah, I think it's very important. And I also think important that I know some of the ships they don't really teach very much sailing and don't include trainees so much, and I think it's also important that everyone feels included, and they are a part of the crew, and Vega is their ship, and everyone has to be good for Vega. That's also I think that sailing part is important. The crew team is interested in actually training them.

YX: So this makes them feel the ship is sailing because of everyone's effort. Ok, thank you very much.

Appendix 5.10 Follow-up interview transcription

Number	Participants	Interview type	Interview Date	Interview Location
1	Trainee Y	Intdividual interview	24/03/2017	Gothenburg, Sweden
2	Trainee BB	Intdividual interview	25/03/2017	Gothenburg, Sweden
3	Trainee W	Intdividual interview	27/03/2017	Gothenburg, Sweden
4	Trainee R	Intdividual interview	27/03/2017	Gothenburg, Sweden
5	Trainee Q	Intdividual interview	28/03/2017	Gothenburg, Sweden
6	Trainee U	Intdividual interview	28/03/2017	Gothenburg, Sweden
7	Trainee O	Intdividual interview	29/03/2017	Gothenburg, Sweden
8	Trainee P	Intdividual interview	29/03/2017	Gothenburg, Sweden
9	Trainee X	Intdividual interview	30/03/2017	Gothenburg, Sweden
10	Trainee N	Intdividual interview	30/03/2017	Gothenburg, Sweden
11	Trainee G	Intdividual interview	03/04/2017	Newcastle, UK
12	Trainee D	Intdividual interview	05/04/2017	Northern Ireland, UK
13	Trainee H	Intdividual interview	07/04/2017	Northern Ireland, UK
14	Trainee T	Intdividual interview	16/04/2017	Aberdeen, UK

1) Follow-up interview 1: With Trainee Y in Sweden, March 24th 2017

Participant: Trainee Y

Date: 2017/03/24

Time: 7:00 pm

Venue: Airbnb dining room, Gothenburg, Sweden

YX: refers to the researcher

I gave the interview introduction and handed out the information sheet and consent form for Trainee Y to read and to sign.

[00:04:55]

YX: I think the first thing I would like to do is to remind you or we can remind each other about the voyage happened six months ago. We use a map includes 10 stage of the voyage, the first is the Exchange Program application, so how did you get the information of this Exchange Program?

TRAINEE Y: I was actually following the Gothenburg Tall Ship Race Facebook page. Because that's what's gonna happen so I started like, "Ok, I'm gonna go there, there're cool ships." And they put up like, they were looking for more exchange students, so I applied. But then I didn't get the role, but then I saw like the ships still have places to sell, so I bought one.

YX: So you bought one.

TRAINEE Y: Yep.

YX: So the first one you applied is kind of you can get on board for free?

TRAINEE Y: Yeah.

YX: I heard it's quite competitive. Like first come, first serve?

TRAINEE Y: No, I think they just picked some.

YX: All right. So how would you describe your feeling when you first applied and got that one? The process of applying.../

TRAINEE Y: It was fine.

YX: It was fine. Then if the score is from 1 to 10, how would you score it?

[00:06:55]

TRAINEE Y: 5. It was really just booking and stuff, it wasn't really that fun but it wasn't bad obviously.

YX: Right. Then the journey starts. Before we start sailing, did you when to the ship from your home? Did you go by yourself?

[00:07:20]

TRAINEE Y: Yes. It's basically a 3.

YX: 3?

TRAINEE Y: Yeah, I had all the luggage walking between trains, and train stations and... so it was kind of awful.

YX: Yeah, unlike those who came with parents?

TRAINEE Y: Yeah, yeah.

YX: And the experience of initially getting on board, how did you feel that?

[00: 07: 49]

TRAINEE Y: Probably a 7.

YX: 7.

TRAINEE Y: Yeah. It was really fun. You finally got to the place to put my bag away.

YX [Laugh]: Yeah, that's quite good. And then we started sailing, people on the ship got closer from strangers. There were people from Sweden and from other countries, the process of getting to know and getting closer, how do you feel like?

TRAINEE Y: Well, the first part was really amazing.

YX: The first part?

TRAINEE Y: No, well, no, like probably like all the rest of them, except for the last one there (Stage 8 & 9). Because between here (Stage 3) and here (stage 7) I had an amazing time.

YX: So like above 7?

TRAINEE Y: Yeah, above 7 all the time until, of course, leaving the ship.

YX: Leaving the ship? So do you think leaving the ship is a bit sad?

[00:09:03]

TRAINEE Y: Yeah, I think a 4. Because I still miss family and stuff. I still want to go home to my own bed and... [Laugh]

YX: But is there any difference between getting to the Blyth harbour and getting to Gothenburg? Like you've been staying on the ship for a week and then when you got to the harbour, you got signal and got access to social media and stuff. Like some trainees mentioned, when it came to the harbour of Blyth, it didn't mean really a lot of change for them because it's still somewhere else. But when it became to the harbour of Gothenburg, and then they think it's kind of... maybe because this is their hometown. It's kind of a big difference for some of them.

TRAINEE Y: Yeah, I probably like going to Blyth a little bit more because Gothenburg is somewhere I usually go, so it's not that fun of the city itself but Blyth is somewhere I didn't know before and I've never been there, so ...

YX: So you feel more exciting.

TRAINEE Y: Yeah.

YX: So are they going to get different score then?

[00:10:30]

TRAINEE Y: Gothenburg was probably an 8 and Blyth was probably a 9 because in Blyth because it was my first time in Blyth.

YX: So what about ... the second half of the voyage?

TRAINEE Y: That's a 7.

YX: And then after the voyage, I got to know people that they kind of connected each other on Facebook and Instagram and stuff, they started some online interaction.

TRAINEE Y: Oh yeah, that was actually kind of fun, I would give it a 6.

[00:12:22]

YX: So actually for you the most fun part was in Blyth.

TRAINEE Y: yeah, I had an AMAZING time in Blyth.

YX: Can you give an example?

TRAINEE Y: We were out like every night hanging out so we were having a great time.

YX: With, with whom?

TRAINEE Y: Someday I went with Trainee T, the other day I didn't really know, well, I went with people, and we were just doing stuff. It was fun.

YX: Have you ever come across to any situation that you felt "Oh, it's so different from Sweden here"?

TRAINEE Y: Not really.

YX: Not really?

TRAINEE Y: No, it was of course, it was different. The food is different, the prices have been different. They are both like small town, working class area, so it was a lot like at home because we are still a harbour town, so it's kind of the same. Yeah. Different language.

[00:13: 29]

YX: yeah, but you speak English anyway, so...

TRAINEE Y: yeah [Laugh]. So it was kind of like home but there are still differences.

YX: Well, it makes sense.

[00:13:43]

TRAINEE Y: The only thing that I could think of was that the day I was walking around the town and I tried to going to a church, an English church. It ended up being a bar. So that was kind of fun.

YX: Do you mean you went into a church but it ended up into being a bar?

TRAINEE Y: yeah, they have remade an old churches because there was a lot of churches in that town.

YX: So is this kind of situation is very difficult to happen in Sweden?

TRAINEE Y: YEAH. You don't turn a church into a BAR!

YX: Is there any particular reason, is that because the religion is very strict here?

TRAINEE Y: NO, it's not, but we do have a lot of respect for old buildings. You can probably find some bar or something in some church but I didn't find one. So...

[00:14:40]

YX: So you felt it was quite shocked for you?

TRAINEE Y: Yeah, YEAH!

YX: What about other people, other Swedish trainees who went to the church with you?

TRAINEE Y: No, I was alone.

YX: You were alone. Right, then have you mentioned this to those British trainees later?

TRAINEE Y: I can't remember. Maybe.

YX: But at that time, it was quite shocked for you.

TRAINEE Y: yeah.

[00:15:08]

YX: Did you feel it difficult to understand this?

TRAINEE Y: no, no, I was just very very surprised.

YX: Very surprised. Because for you it's like different situation in Sweden?

TRAINEE Y: Yeah. The thing was I tried to go to different churches, they look rather old. But one was a bar, one was closed, and one was turned into an info stuff about the tall ship races. So I never actually found a real church.

YX: All right. That's a pity.

TRAINEE Y: yeah.

YX: So do you often go to churches?

TRAINEE Y: No, no, I'm not religious. I just like the architecture.

[00:16:00]

YX: I remember in the last interview, you mentioned that when we were in the voyage, it was kind of difficult to find the influence of this sail training process on yourself, and it may be able to be reflected in the later life. Have you found any?

TRAINEE Y: Maybe I used to want to go out to the sea all the time, but a little more. Maybe that's the biggest difference.

YX: So you want to go out to the sea?

TRAINEE Y: yeah, I've actually been sailing over last Christmas and New Year.

YX: Oh, where?

TRAINEE Y: Las palmas Canal [00:16:43]. Outside the west coast of Africa.

YX: Africa?

TRAINEE Y: Yeah, it's a part of Spain though.

YX: Wow, do you mean last Christmas?

TRAINEE Y: Yeah, like three month ago.

YX: Did you go by yourself?

TRAINEE Y: No, we were three friends going on a Dutch sailing ship.

YX: On a sailing ship?

TRAINEE Y: YEAH.

YX: You are attached to the ships now.

TRAINEE Y: Yeah, I actually found the voyage through Windseeker.

YX: So is the last voyage, I mean the voyage with us your first voyage?

TRAINEE Y: Yeah.

YX: Yeah. And after that you just can't stop from going on the ships.

TRAINEE Y: Kind of. [Laugh] But I wanted to go on the ships before, so...

YX: So you feel like the sail training voyage kind of make you feel more curious about the outside world?

TRAINEE Y: Yeah, definitely.

YX: And then what about your decision to move to Australia?

TRAINEE Y: Oh, yeah, it does have a lot to do with that also. I kind of bored with Sweden, I've been here for too long now. So you get restless.

YX: So do you think the voyage influenced you in some way?

TRAINEE Y: yeah, it gave me a very positive idea about the sailing and sea life overall.

YX: Sea life overall?

TRAINEE Y: Yeah, like life at sea seems pretty fun, so...

YX: Then what are you going to do in your new work?

TRAINEE Y: Well, not really sure yet. [Laugh]

YX: Not really sure yet.

TRAINEE Y: No, I'm just gonna be working on a shrimping boat a lot.

YX: So how long are you going to work there?

TRAINEE Y: Every year has two season, each season is ten weeks. Once you go out, you stay at sea for 10 weeks straightly.

YX: Is this the first time you decided to leave Europe? For like quite a while?

TRAINEE Y: Em... yeah, this is the first time I leave Europe at all.

YX: And it's gonna be two years.

TRAINEE Y: yeah.

YX: In Australia.

TRAINEE Y: Yeah. [Laugh]

YX: Have you ever thought of going to any European countries maybe?

TRAINEE Y: yeah, but it's so close. So easy.

YX: It sounds like you have been a bit wilder.

TRAINEE Y: yeah, yeah, but I've got plans.

YX: So you've got some plans before the voyage already?

[00:20:00]

TRAINEE Y: yeah, I started getting the idea of the plans before I went on Vega. But part of the reason I went to Vega was basically to calm myself down and stay at home probably. But that did not work, so I went to the Canary Island to sail there, but that did not work so that I'm going to Australia.

YX: So you even wanted to use Vega to calm it a bit down.

TRAINEE Y: Yeah. It did not work well.

YX: It's very interesting. Then are there people around you that discover any of your change after you come back from the voyage. For example, your mother, your college?

TRAINEE Y: Not really.

YX: Not really. Then was your mum surprised about your idea of moving to Australia?

TRAINEE Y: Em, yeah! She was.

YX: What did she comment?

TRAINEE Y: Well, she was having some plans for like Christmas or something next year and asked me if I would like to do something. Then I said, no I'm gonna be in Australia because I'm moving there. So her first reaction was "WHAT?" [Both Laugh]

YX: Oh yeah... did you explain something to her?

TRAINEE Y: Yeah, I did later that evening.

YX: And then as you've mentioned before, she's quite supportive about this idea.

TRAINEE Y: Yeah.

YX: That's good. That's nice. When we were on the boat, we spent two weeks with people from Sweden, Netherland, Germany and Britain. Have you ever reminded your interaction with these people after the voyage in your daily life? Like when you met some people from those countries again. Will you remind your previous interactions on the ship?

TRAINEE Y: Well, I was on a Dutch ship, so I did when I went there. I remember the waffles that looks like little cakes.

YX: Yeah, I know what you mean.

TRAINEE Y: Yeah, so we got that and I was like start thinking about Vega because we had some on Vega.

YX: Oh yeah, because Sofia, she bought some... That's kind of sweet memory.

TRAINEE Y: Oh yeah. [Laugh]

YX: Have you had any kind of discussion about political issues or kind of social issues about those countries?

TRAINEE Y: Oh yeah, we did actually, I think it was on our watch. Some of the groups got into politics discussion it was kind of fun to listen to. But that was between the Swedes actually, so nothing to do with others.

YX: Between the Swedes? So what did they say?

TRAINEE Y: They had been discussing about Swedish politics because we started discussion about the difference of politics between the countries, so I was sitting there to translate to someone because they started to speak Swedish when the discussion got intensive. [Laugh] I can't remember what was being said, but I was laughing a lot.

[00:24:00]

YX: You were laughing a lot. Well, do you think people will talk about political issues a lot in daily life?

TRAINEE Y: It happens sometimes, but not that much.

YX: What do you think that makes the trainees have this kind of topics about politics on the ship?

TRAINEE Y: No, no, we talked about everything. We were at sea for two weeks, spent a lot of time speaking, politics were bound to come up.

YX: Then after this voyage, have you ever had any political discussions with other people?

TRAINEE Y: Oh yeah, I usually do. With close friends and such but it happens.

YX: It happens. Then when you saw some news or comments relevant to for example England or Northern Ireland from social media or online platforms, what would you feel or comment, or?

[00:25:12]

TRAINEE Y: I actually do see a lot of British politic stuff coming up on my Facebook page probably because I have Steven there. [Laugh] But I don't react that much to it. But it's a lot of difference.

YX: So do you mean because Steven posted quite many .../

TRAINEE Y: yes, he is a politician so... so he does post a lot of political stuff there.

YX: yeah, so it's kind of you unconsciously read some of those?

TRAINEE Y: yes, yeah, I also have other friends living in England, so I see stuff from them as well.

YX: En, do you have any discussion with them?

TRAINEE Y: No.

YX: No. You just prefer not to give any comments on that.

TRAINEE Y: No, I prefer not to.

YX: Sounds like wise.

TRAINEE Y [Laugh]: Yeah.

YX: And you've mentioned you are interested in this voyage because you feel tall ship is quite cool.

TRAINEE Y: yeah, it's amazing!

YX: Have you ever thought of the exchange part cause like a tall ship with a group of people from Sweden and a tall ship with a group of people from different nationalities can be different experiences.

TRAINEE Y: Yeah, that was FUN. I would like to sail whether it's an exchange program or not actually. But like the last one, we were three Swedes and like 50 Dutch people.

YX: 50 Dutch people? Five zero?

TRAINEE Y: yeah!

YX: And three Swedish people?

TRAINEE Y: Yeah. [Laugh]

YX: Can you understand some Dutch?

TRAINEE Y: I can pick up some words but that's pretty much it.

YX: So how long was that trip?

TRAINEE Y: We left 22nd of December and came back around 5th of January. So it was roughly two weeks.

YX: Two weeks. Is that during Christmas time?

TRAINEE Y: yeah. So we were on the boat both Christmas and New Year's Eve.

YX: Wow.

TRAINEE Y: Yeah.

YX: Do you feel any differences between these two voyages?

[00:28:05]

TRAINEE Y: Yeah, it was, when we were down there, it was more like a cheer, it was not like a race. There were a lot of old people on board.

YX: Old people?

TRAINEE Y: yeah, and it's a very different type of ship. Very modern, there's more technical things to sail than Vega which uses a lot of muscle.

YX: Which one would you prefer then?

TRAINEE Y: Well, they have different good sides, the actually sailing on Vega was funnier.

YX: The actual sailing? Like to use the muscle part?

TRAINEE Y: Yes, but on the Dutch ship they had a bar on the ship, so there was a lot of, like after every shift, we took a beer before we went to bed. When we go to port, they open up the tap on the back of the boat, we had beer tap so there was a lot of beer. So it was more like party and then sail. But Vega was like we had party when we were in the harbour but when we were sailing, we were racing.

YX: Is it like more structured?

TRAINEE Y: Yeah. It was more of sailing while the other one was more like “well, enjoy yourself!”

YX: Well, if the purpose of the voyage is to kind of develop young people’s cross-cultural ability, which one would you think will work better?

[00:30:08]

TRAINEE Y: Vega’s. Partly because there were a lot of nationalities on Vega, so that was not as much people speaking one language that someone don’t understand. Even though on Vega was mainly a lot of people speaking English while on the Dutch ship people mainly spoke Dutch partly because some people didn’t know English.

YX: Okey. But can you understand some of Dutch?

TRAINEE Y: Some, very little. I can pick up words, not whole sentences.

YX: Yeah, it makes sense. So how will you describe the relationship between you as a trainee and the crew members? Do you think the crew members also influenced the cross-cultural learning process?

[00:31:15]

TRAINEE Y: Maybe a little. Well, it was more structured who were the crew and who wasn’t. So when we were sailing and when we weren’t sailing... /because when we were sailing, it was pretty clear who were the crew and who were the trainee. But when we were like in the harbour, it was more unclear and everyone was just getting along. Er... the second part of the question was?

YX: Do you think they influenced the cross-cultural learning?

TRAINEE Y: Oh, yeah, DEFINITELY! Mostly due to everyone being Swedish and knowing the part of the ship being Swedish and forgetting some words in English, so I remember what did you call it? One of the staysails, I think they’ve changed name on it three times. I’m not complaining, it was just FUN. So that was a little hard for the English people. So then I sailed with some Dutch in English but not in Swedish.

YX: Well, if there’s any way to improve this kind of situation, what would you suggest?

TRAINEE Y: Maybe sail more with international crews, but that’s maybe for the crew to know (the English names of the sails) and it’s hard. They used to sail on their

ship and they used to use their names (in their native languages) for things. When we were on the Dutch ship, they just used Dutch names instead of translating at all.

YX: Oh.

TRAINEE Y: Yeah, so we had to learn the Dutch names.

[00:33:18]

YX: I remember some people suggest that it's gonna be much better if half of the crew are kind of British.

TRAINEE Y: YEAH! Yeah, that could work.

YX: Yeah, so you think when we were sailing, actually the hierarchy was quite clear.

TRAINEE Y: yeah, I think it has to be.

YX: It has to be.

TRAINEE Y: Yeah.

YX: So you think crew's cultural background also influenced the cross-cultural learning because of the language?

TRAINEE Y: Oh well, a little, not that much though.

YX: I remember one British trainee mentioned there was once she's .../ because most time if there's English speaker sitting in the group, people will try to speak English, but she remember there's once she was there and the crew had a very long discussion in Swedish. And she felt kind of bad to ask people to translate because it's a very long chat. So that part can be difficult for English speakers.

TRAINEE Y: Yeah, that is true.

YX: Do you think whether there's any way to ... or do you think it's just difficult?

TRAINEE Y: I think it's just difficult. Or maybe because all the crew were not English so they don't have to take discussion in English. I think Vega had their own volunteers working as crew on the ship so that they didn't like hire people so they don't have to get any English people.

[00:35:00]

YX: Do you think the crew were doing well in the way they communicate with different people or not?

TRAINEE Y: They were doing fine. I think so at least. But I'm also a Swedish speaker so they could speak Swedish to me. It might be not that easy if they are not speaking your native language.

YX: So if you imagine, if all the crew members are British.../

TRAINEE Y: Then I'm supposed to understand them because I can speak English.

YX: That's true. That's true. Apart from the sail training and the labour work took place on the ship, most of the intercultural activities actually took place spontaneously were led by trainees yourself. What do you think have made this happen? How people spontaneously came up with ideas of cross-cultural games and stuff.

TRAINEE Y: I have no clue. I think it was just we are out at sea for a long time so we were meant to do something. So it's mostly that I think.

YX: What if these things are organized by the mentor? If it was always the mentor saying that "Now, we are gonna play some games." Do you think people are gonna.../

TRAINEE Y: I don't think people will like that though.

YX: No?

TRAINEE Y: Because if it's spontaneous, people who wants to join will just join. Those who don't want don't have to.

YX: Do you feel the feeling of joining the game will be different.

TRAINEE Y: Yeah! I'm one who doesn't like to do what I'm told to but I can usually do stuff if not told. So I'm a lot more likely to join those games if I'm not told to.

YX: Well, that makes sense. Have you ever suggested any games to play?

TRAINEE Y: I don't think so.

YX: You don't think so.

TRAINEE Y: No, I'm not such a game player.

YX: So which kind of games or cultural political discussions have you joined?

TRAINEE Y: yeah, I think so.

YX: What kind of role you would identify yourself in this group?

TRAINEE Y: I have no clue. What role was it? Sorry, what's the question again?

YX: Like some people would like to lead, some people they would like to just follow the instructions and stuff.

TRAINEE Y: Em... I have no clue actually. I'm not a leader in those kind of games at least.

YX: You are kind of a .../ correct me if I'm wrong, you just want to do something if you feel like to?

TRAINEE Y: Yeah, YEAH! Really, so I'm basically a by-stander or follower in those kind of games, I'm not gonna lead.

YX: No. Ok, the next question is about me here, could you please tell me your first impression and reaction of my presence on the ship? Because most people know this will be an EU exchange program, but apparently I look like an Asian.

TRAINEE Y: Oh yeah.

YX: Yeah, what do you think?

TRAINEE Y: I can't remember, I don't really know this is an exchange program.

YX: Oh really, so you didn't really care too much about this exchange program, the description of this program?

TRAINEE Y: No, I actually wasn't on the exchange program because I was taking this trip directly from Vega. So I didn't have the info before, so... [Laugh]

YX: Alright. Then during the whole voyage, do you think me as an Asian mentor or participant on this ship influenced something?

TRAINEE Y: I don't think so. Maybe, I don't know.

YX: So do you have any kind of knowledge of China, Asia.../

TRAINEE Y: Yeah, I actually was about to move to China because I had a friend worked there and stayed there working as a teacher. He was like "Come here, you can teach English with me." I was like "Yeah, let's do it!" But at that time my girlfriend did not want to move so this never happened. I did look at something when I spoke to him when he was there, so...

[00:41:00]

YX: So you know quite many things about China.

TRAINEE Y: A little. Not that much, it's a large country.

YX: Then at least it's not something new for you, so you are kind of easy to accept this.

TRAINEE Y: I think so.

YX: Then what if this exchange is an Asian and Western exchange so that half of the trainees are Chinese, Korean, Japanese and other people from Asia. What do you think.../

TRAINEE Y: That could be very much FUN actually! But also gather some from Africa, from Northern and Southern America. Yeah, that will be super fun.

YX: Do you think it's gonna be even more fun than the last one.

TRAINEE Y: Yeah, it could be, it also depends on the trip, the people. There are a lot of stuff that have to like come together.

YX: So do you mean the idea sounds like fun but it still depends on people?

TRAINEE Y: Yeah!

[00:42:30]

YX: If I would like you to fill in these small questions, how would you fill them?

I am a

A. World/Ocean Citizen

My citizenship belongs to the world, I've never considered myself as a Swedish, so maybe the world or the ocean, I don't know.

B. Swedish Resident

C. Swedish Relevant

I'm 100% Swedish I think. I have sometimes been to other countries, but not like to be relevant to my background and family and everything that is like Sweden.

D. Particularly interested in everywhere

I just want to go everywhere.

Ranking: A/D→B/C

[00:45:10]

YX: Do you think your answer and the ranking of these questions can be different if these questions were offered to you before the voyage?

TRAINEE Y: No, not really.

YX: No. So before the voyage, you've already thought you are an ocean citizen?

TRAINEE Y: Em.. I think I was pretty sure but not completely as sure.

YX: So you kind of became more sure?

TRAINEE Y: Yeah, that I wanna go to the sea.

YX: OK. Then did you feel you learned something during the last voyage on Vega?

TRAINEE Y: Well, I did lean that I'm afraid of heights. That's one thing.

YX: You are afraid of heights.

TRAINEE Y: Yeah. That's one thing I learnt about myself.

YX: So did you feel surprised about that?

TRAINEE Y: Yeah, because I've never really been afraid of heights. I used to love heights. But then I haven't really been to really high place for a couple of years and now it happened. [Laugh]

YX: Except the height, did you learn anything new about yourself, like you've never thought you will be like that? For example, someone came on board very shy and then became very talkative.

TRAINEE Y: I don't think I learn anything new, might have done but nor realized yet.

YX: Well, then have you met any people you think I will never make a friend like this and finally you made friends with such kind of people?

[00:46:05]

TRAINEE Y: Oh, YEAH! That would be Steven, a Politian.

YX: A Politian?

TRAINEE Y: yeah, it's the biggest surprise.

YX: So you never thought that you would make a friend with a Politian?

TRAINEE Y: Yeah.

YX: Is there any particular reason?

TRAINEE Y: I am a flag anarchist so...

YX: anarchist is?

TRAINEE Y: We don't believe in laws or regulations.

YX: All right, so then what made you find you can make friends with Steven then?

TRAINEE Y: Oh, well, I didn't know that he was a politician, that's why... [Laugh]

[00:48:00]

YX: All right! So you didn't know. Then were you surprised when you knew that?

TRAINEE Y: Yeah, I was very surprised.

YX: Surprise of what?

TRAINEE Y: Because, I don't know why. Mainly because we were at sea and you could never see a Politian dress like we did in working clothes, working a lot with the body and hang out, smoking.

YX: It sounds like he broke your stereotype about politician.

TRAINEE Y: Yeah, a lot!

[00:49:00]

YX: Yeah, that's something new. So you haven't kept touch with these trainees after the voyage?

TRAINEE Y: No, I haven't spoken to them, well, I think I have spoken to someone I can't remember who. But I do have everyone on Facebook.

YX: And you usually read their posts and see their .../

TRAINEE Y: Yeah, have a laugh when they do something, remember some stuff.

YX: Do you think you just don't feel like to keep in touch or do you feel it's just quite difficult to keep in touch once the program finishes?

TRAINEE Y: Em, well... the thing is I've been so busy doing stuff.

YX: Yeah, you've been busy recently. You've been to the two-week voyage again. Have you mentioned this to any of the trainees?

TRAINEE Y: Some of them have seen that on Facebook so some of them do know at least. I actually ended up, we were next to Christ Radish in Blyth. I ended up being on the ship next to Christ Radish in Las Palmas.

YX: Oh yeah?

TRAINEE Y: Yeah. [Laugh]

YX: Wow, that's such a coincidence!

TRAINEE Y: Yeah!

YX: So do you think last voyage influenced you something in joining this second voyage?

[00:51:06]

TRAINEE Y: Well, I wanted to sail a lot more, so YEAH.

YX: Have you discussed the exchange voyage on Vega with your friends, your mum and so on?

TRAINEE Y: Not as an exchange program, more like a voyage.

YX: More like a voyage. Right. So when we look back to the voyage, being locked on the ship for two weeks with the same group of people. What did you appreciate the most and what would you complain the most?

TRAINEE Y: I don't know, what I appreciate the most was mainly like being with people, it was the sailing, it was everything come together to one great thing. The worst part was probably it was too short. It wasn't long enough.

YX: You think it's not long enough?

TRAINEE Y: No.

YX: Then how long will be good for you?

TRAINEE Y: Three months I think.

YX: Three months?

TRAINEE Y: Yeah.

YX: Without wifi and signal?

TRAINEE Y: YEAH!

YX: How would you think you can survive without wifi and signal for three month time?

TRAINEE Y: It would probably be pretty FUN. I guess I would learn more on the boat down there.

YX: Learn?

TRAINEE Y: When I'm on the boat in Australia cause I'm sailing there.

YX: yeah, that's true. I quite look forward to seeing how you will become.

[Laugh]

[00:53:00]

TRAINEE Y: Yeah.

YX: I remember last time you mentioned that without signal and wifi, without access to the social media is actually sometimes good for you?

TRAINEE Y: Yeah, it is.

YX: You quite enjoy this kind of feeling for a while.

TRAINEE Y: Yeah...I think the hardest part to go for me is to go without access to music.

YX: To music?

TRAINEE Y: Yeah, it's the hardest part for me.

YX: When we were on Vega, there was quite much music going on actually.

TRAINEE Y: Oh, yeah, but still like normally I will just like "Oh, I want to listen to that, I will take my phone and search for them." I have it there. But I can't do that on a boat.

YX: So you can't listen to the music you really want.

TRAINEE Y: No, only what I had on the phone already.

YX: Yeah, that makes sense. So you think music means a lot to you during the voyage.

TRAINEE Y: Actually I ended up listening to very little music. But it is an important part for me if the voyage would have been LONGER though. I started to miss music on the way back home basically.

YX: All right. So what would you say is the biggest difference between an exchange sailing voyage and an exchange program on a cruise?

TRAINEE Y: Em... I've never been to a normal cruise, I've only been the sailing cruise down there.

YX: The last one you've been on was more like a cruise, was it?

TRAINEE Y: It's a training slash cruise, it was a more cruise-like, but you are still on a sailing boat. So that's the closest thing to a cruise I've been on.

YX: So just as you've mentioned just now, you feel the hierarchy is a bit vague.

TRAINEE Y: No, on the cruise it was a lot vaguer, like you couldn't notice that much who were the crew and who were not.

YX: Do you think the age makes any difference?

TRAINEE Y: Yeah, it does, but it mainly because we were partying a lot, so you did get different (age group) to drink with. Like sometimes we drinking with 18 years old, sometimes we drink with someone like 40. So there were a lot of differences.

[00:56:00]

YX: That's actually very interesting, because like Trainee N and Trainee Q, they used to be on another tall ship.

TRAINEE Y: yeah Gunilla.

YX: Yeah, that's their school program. They feel the hierarchy there is much stricter .../

TRAINEE Y: On Gunilla? Yeah! I can imagine, because there are teachers as well.

YX: yeah, they feel that program is too structured and less freedom compared to Vega.

TRAINEE Y: Yeah.

YX: I just can't imagine if you go on that ship.

TRAINEE Y: On Gunilla? I would actually love to go there, but I'm slightly too old.

YX: They mainly take high school students.

TRAINEE Y: YEAH! People usually go to that school I think like 16 or 15 so I'm SIGHT too old.

YX: Just a wee bit.

TRAINEE Y: yeah.

[Laugh]

YX: Then we discussed about the social media detox about the sail training voyage. Do you think it makes a big difference or just a bit difference? For example, if there was wifi access on the ship.

TRAINEE Y: Yeah! It will be a lot different. Because everyone has to be social because they couldn't be social with anyone else, so they just have to make friends. They couldn't contact people from back home when out at sea.

YX: So can you try to compare people's behaviour on the ship without signal and wifi and your peer friends' behaviour in the daily life?

[00:58:08]

TRAINEE Y: No, not really. Most of my friends we are like, when we hang out no one checks the phones, so...

YX: Oh, really, that's good. I remember in the last interview, you mentioned that you weren't really aware that much about age difference and nationality difference on the ship.

TRAINEE Y: No, but everyone was like between 16/17 to 25. I think Steven was the oldest and I was the second oldest. It was like that about the difference.

YX: What about nationality then?

TRAINEE Y: I don't notice that too much I think.

YX: Yeah, you've mentioned you didn't notice that too much. What do you think makes you kind of ignore this on the ship?

TRAINEE Y: I don't know, I just don't like to think of it that much.

YX: so you kind of have this kind of habit to just treat everyone just as a person.

TRAINEE Y: yeah, at least I tried to.

YX: Have you expected that there were more female trainees than male trainees on the ship

TRAINEE Y: Was it? I thought we were roughly the same.

YX: Yeah, we were roughly the same.

TRAINEE Y: I didn't think about it that much.

YX: You didn't think about it that much. Do you think the gender equality in terms of the context being on board and off board is different?

[01:00:14]

TRAINEE Y: I'm not sure.

YX: Quite a few trainees mentioned the gender equality is quite good in Sweden.

TRAINEE Y: yeah, it is.

YX: And like last time, Steven had a discussion about gender equality, he thought it was like huge difference on the ship and what he could see in the daily life.

TRAINEE Y: yeah, that might be more difference for someone who's not Swedish because we are like that in the usual life so I didn't think about it.

[01:01:00]

YX: Have you picked up any foreign language during the voyage?

TRAINEE Y: No.

YX: have you taught any people Swedish then?

TRAINEE Y: I think I might have done that.

YX: Like a little bit interesting things.

TRAINEE Y: Well, I did learn some Irish from the Irish and I did teach the Irish some Swedish. But that's it.

YX: It's just like you never get the chance to practice it in the daily life.

TRAINEE Y: No.

YX: I notice that people are still posting voyage pictures with friends on board on Facebook even after 6 month time. Do you think it was because people still miss that voyage?

TRAINEE Y: yeah, of course, and people may find pictures they forgot to upload and "Ah, I can upload that one!" and some memories are also doing it.

YX: So what do you think makes people miss this voyage then?

TRAINEE Y: Well, it was an amazing voyage, so... [Laugh] I don't know what else though.

YX: And I noticed some people for example Trainee D, Trainee Q and Trainee P they are quite close on the ship, and they posted picture of each other on Facebook and Instagram and kind of trying to memorize their friendship during the voyage even though they can't really physically meet.

TRAINEE Y: yeah, that might be true. I don't know, it was just an amazing voyage with amazing people so of course we really gonna miss it.

[01:03:06]

YX: Do you think the friendship established on the ship is kind of special.

TRAINEE Y: Yeah, it is. It's different from learning to know someone for two weeks. It's very intensive and short. Like you usually hang around with the people around the clock every day and you don't have a choice so you have to learn to live with them and now it's not like "OK, I dislike this person", so we have to learn, to like each other. It's very intensive bound.

YX: As you have mentioned, it's kind of intensive and short.

TRAINEE Y: Yeah.

YX: Like some people mentioned people also have to tolerant other people's sides that they dislike. But if the voyage is gonna be three months as you suggest, do you think it will also have any negative side?

TRAINEE Y: it might have, I haven't been on one so I don't know. But it also has a intensive start at least and then you still have to hang out with them for a long period. So it starts to be intensive and long. I don't know.

YX: When you were on the ship during Christmas time, have you ever reminded the first voyage at some point?

[01:05:00]

TRAINEE Y: A little.

YX: A little.

TRAINEE Y: Yeah, but it was different people, different ship, different types of ship, it was different type of sailing, different part of the world.

YX: Yeah, you sailed to.../

TRAINEE Y: A Spanish island outside the west coast of Africa. So that's south Morocco I think.

YX: So in terms of the area, that is quite new for you.

TRAINEE Y: yeah, I've been there once before, but I was just a kid to have tourism there. Now I went sailing between these islands.

YX: So it's kind of different feeling of travelling there and sailing there.

TRAINEE Y: Yeah, it is.

YX: As you mentioned just now, you feel sometimes if people do something spontaneously, they will be happier to do that.

TRAINEE Y: Well, if people wanna do something, let them do something. It's fun.

YX: So do you think if the mentor always led the activities, it's gonna be very different situation?

TRAINEE Y: Yeah, I think so.

YX: Do you have any mentor on the second voyage?

TRAINEE Y: No.

YX: No, it's kind of very free.

TRAINEE Y: Yeah. We have watch leader and that was it.

[01:07:07]

YX: it feels like if there's someone leading activities, it's gonna be more clear hierarchy which will make some people uncomfortable?

TRAINEE Y: yeah, it will.

YX: Especially in this very small and confined space.../

TRAINEE Y: Yeah, I'm fine with that when you are on your own watch. Because that's what you need to do, so...

YX: So you are doing some labour work and doing some sailing.../

TRAINEE Y: yeah, and someone leads or shouts and I know what he's doing so I know I don't have to think about that twice. Whereas if we are not on our watch and we're gonna play some games and I was told to join by someone all the time, it won't be the same thing.

[01:08:00]

YX: So do you think if the group are told to do some cross-cultural activities, it will not necessary be a good thing for learning?

TRAINEE Y: No! I think it's better to just let them find out something to do. Like leave them tools to but not to tell them to do it. Give them a book of games they can play and let them find something to do.

YX: yeah, that sounds quite fair. Just like when we were having the crew parade. They just leave us to have group discussion about the themes we want to do. Do you think it's better than a decided theme?

TRAINEE Y: yeah. Like the ones before us in the parade were dressed in their fancy clothes. It would be a lot of difference than us like running around as rats and chefs.

YX: Yeah, chefs. There are also two chefs on the ship, except the trainees and the crews. Do you think they kind of influence the learning process in some way as well?

TRAINEE Y: Maybe, I don't know. I just know I have had a hard time in understanding one of them, when he was speaking Swedish. It was like a combination of Swedish, Norwegian and Danish in one. I can't understand Norwegian or Danish.

[01:10:00]

YX: Sometimes we have difficulties speaking to people who's closer to your country, do you feel which is easier to communicate, people from close countries or farther ones?

TRAINEE Y: Well, if you are far away, you usually meet and talk in English because that's something we both know. But when a Norwegian and a Swede meet, one speaks Norwegian and one speaks Swedish and then no one understands, well, a

lot of people don't understand. But also a lot of people do understand. So people just keep talking their native languages. So it's very different in that way.

YX: It sounds like someone from Shanghai keeps talking in Shanghai dialect and someone from Hong Kong keeps talking Cantonese. Is that something like that?

TRAINEE Y: Maybe, I don't think we have that much difference. We still can understand if they speak slowly. Just like Sea staff G, she was speaking Norwegian, but when she spoke slower and made sure she didn't speak with too much accent, I could understand her PERFECTLY. But when she got excited and spoke faster, I couldn't understand a word she said. And the chef was speaking a mixture of Norwegian, Danish and Swedish. That was just...

YX: Have you ever noticed that during the voyage was there anyone occasionally left out of the conversation.

TRAINEE Y: I didn't really notice, I think.

YX: Then have you ever noticed anyone was quite alone that they don't really wanna join the group?

TRAINEE Y: Well, maybe sometimes because people would want their lone time. But that's pretty much it, I think... I didn't notice that at least.

YX: So you would prefer a longer voyage and regardless of the small space and everything.

TRAINEE Y: Yeah, I kind of like it.

YX: So the next step you will leave Sweden in July and to live in Australia for at least two years.

TRAINEE Y: Yeah. That's the plan.

YX: That's the plan. So have you ever thought of any further plan? Are you coming back or...?

TRAINEE Y: We were speaking about that what we can do when we are done. But no, we don't have a plan yet. He doesn't want to go back to Sweden at all, I'm like "Well, let's leave for a couple of months."

YX: Is he your very good friend?

TRAINEE Y: Yeah.

YX: Is he the one who wants to buy a boat with you?

TRAINEE Y: YEAH! That's the one! So we're actually looking to save a lot of money there so maybe if we can find a boat we can buy one when we are done with these two years.

YX: Wow.

TRAINEE Y: yeah, but if we can't find one, we'll have to keep working, if we're gonna work in Sweden or Australia or somewhere else we don't know.

YX: Who has this idea first to go to Australia?

TRAINEE Y: Another friend's friend was there was drinking with us and told us that. We were like "That's super cool!" That was a couple of months before Vega, then we spoke about it and we just decided "Fine, let's go!"

YX: Is that you encouraged him after coming back from Vega?

TRAINEE Y: yeah.

YX: Can you tell me something about his reaction when you came back because you had this responsibility to learn how to sail for your both dream.

TRAINEE Y: Actually where we were in Gothenburg, I was going out drinking. I was testing him "Come on, join us!" he was like "Fuck now." [01:15:00] So I didn't feel that much pressure because he did forget I went to the trip at all.

YX: Oh, yeah. So he didn't ask you how's your sailing skill now.

TRAINEE Y: No. And then we went sailing on the second trip together.

YX: So he was on the second trip actually?

TRAINEE Y: Yeah.

YX: is this his first trip?

TRAINEE Y: yeah.

YX: Is that he wanted to go for that one or did you find that opportunity?

TRAINEE Y: I found that one and asked him and another friend to join.

[00:15: 55]

YX: So it's kind of you encouraged him and influenced him.

TRAINEE Y: Yeah.

YX: Did he like that?

TRAINEE Y: Yeah. He did. He's like "Let escape from the Swedish winter. Let's go to somewhere warm."

YX: it's really good to have a close friend like this. You can share the dream and the same targets.

TRAINEE Y: yeah.

YX: So till now, do you think at least the future plan will be something you'll discuss together?

TRAINEE Y: yeah. Of course. And now we actually live together, so I kind of have to talk to him about stuff.

YX: Oh, right. So he didn't notice too much about your change after the voyage?

TRAINEE Y: No.

YX: Do you talk a lot to each other?

TRAINEE Y: When we meet. We can go without speaking to each other for a month. That's OK, it happens.

[01:17:10]

YX: When did you firstly decide you are actually going to Australia?

TRAINEE Y: We actually decided 19th of January then I have been thinking of that for roughly two weeks.

YX: It seems like shortly after the second voyage.

TRAINEE Y: yeah.

YX: So when you finally decided you are going, were you kind of a little bit shocked by yourself?

TRAINEE Y: No, not really.

YX: So by this July you will be in Australia.

TRAINEE Y: yeah, probably.

YX: so you are gonna move together.

TRAINEE Y: That's why he moved into my apartment so he doesn't have to pay for the rent last month so that we save on that kind of stuff.

YX: Right. I think that's pretty much everything. Thank you for your time. Is there anything else you want to add?

TRAINEE Y: I can't think of anything.

YX: I've been asking questions so far, is there anything you'd like to ask me?

TRAINEE Y: I can't think of anything, we've spoken of everything I think.

YX: OK, thank you very much!

2) Follow-up interview 2: With Trainee BB in Sweden, March 25th 2017

Participant: Trainee BB

Date: 2017/03/25

Venue: Airbnb dining room, Gothenburg, Sweden

YX: refers to the researcher

Before I started asking question about Trainee BB herself, we chatted a bit about Trainee BB.

Trainee BB: We talked about it, and I think that he also had a tattoo on his finger or on his arm?

YX: On his finger, yeah.

Trainee BB: Oh, on his finger, yes. An anchor. And I asked him if he had been out sailing before or if he had any connection to the sea? If that tattoo meant something? He did say that no, he really has this dream of being a sailor and being out on the ocean. But this journey was his first time out sailing. But yeah, he always had this dream of being out at the ocean so that's why he got this tattoo to symbolize his dream of being out at the ocean.

YX: So even he's like very seasick?

Trainee BB: yeah. I think he realized that during that journey he got really really seasick. He didn't day that?

YX: he didn't mention seasickness, but he mentioned this was the first time he realized he's not good at the height.

Trainee BB: Yeah, as I remember, he got quite seasick. But I don't think he wanted to be so open about it.

YX: Maybe his passion about sailing just overcome.../

Trainee BB: yeah, exactly!

I gave the interview introduction and invited Trainee BB to create a pseudonym for herself in my research. At the meantime, I handed out the information sheet and consent form for Trainee BB to read and to sign.

[00:07:30]

YX: The voyage was six month ago, so to help you something from the voyage, we will start from.../

Trainee BB: The very beginning!

YX: Yeah, the very beginning. So there are around 10 stages of this voyage. So the first thing is to find this voyage and to apply for this exchange program. How did you find it?

Trainee BB: It all started actually from 2011 and the competition was the tall ships races. They were in Halmstad and I live quite close to Halmstad so I was helping out

in the harbour as a liaison officer. It was the final harbour for that year. And then I was sailing in the tall ships races 2014 and 2015, and then I knew what tall ships races was all about. Then I knew they would sail to Gothenburg to Sweden. So I applied. I think I sent an application. And then the sponsors they wanted young people from the area of Gothenburg because they want people who live in the municipality to go on that trip. But then they had two spots over in the end, two of them dropped out or something and then I got an email "You send us an email as fast as possible, we've got 2 spots available. So the first two ones who email me will get them." And then 8 minutes, I remember I was sitting on the train when I got this email. I was like "OH, MY GOD!" So I replied the email 8 minutes after I got the email, and then she emailed me that I got the spot. So that's how it was.

[00:10:08]

YX: So it's like before Vega you have been involved in sail training activities.../

Trainee BB: Yes! Exactly! My aunt told me about the competition, the tall ships races in 2011 because she knows I like sailing and the ocean. And then I contacted, because they need volunteers to help out in the harbour. So I contacted the group in charge of the competition in Gothenburg.

YX: The organization.

Trainee BB: The organization. Exactly! The organization in Halmstad.

YX: So in 2011 you were a liaison?

Trainee BB: Yeah! Liaison officer exactly. And then I wanted to sail in 2012 and 2013 as well, but I had summer jobs and other things, that took time. Oh, YEAH! Then I applied to the Sail Training Association of Sweden, so you apply to the sail training association of the country you are living in. Because they can fix sponsors, they always have spots available each other. So I applied.

YX: So the first voyage was in 2014?

Trainee BB: Exactly. That was my first journey.

YX: Then what were the nationalities on board?

Trainee BB: It was an EU exchange, just as last year, and it was also with Vega actually.

YX: Also with Vega!

Trainee BB: Yes. This was the second time I was sailing on Vega.

YX: Oh, I didn't know that!

Trainee BB: Yes! So the captain was the same captain, and the crew some of them are old, some of them are new. I knew some of them from before. Yeah~ and then there were people from Netherland, Sweden, Finland, Norway, yeah! We also had a mentor there just as you were with us.

YX: Where was the mentor from?

Trainee BB: We had two mentors actually. One Swedish and one from the Netherland.

[00:13:07]

YX: Then what about the one in 2015?

Trainee BB: Then it was a Swedish ship called Ingo.

YX: Do you have other nationalities on board?

Trainee BB: No, all Swedish. But it was my only option I had.

YX: OK, then you applied for the one last year. How did you feel when you applied it and got the chance?

Trainee BB: When I applied it, I really really really wanted it because I know how fun it is and I love the international environment both on the ship and in the harbours. Since I've been involved for a few years in the tall ships (Races). I knew that I really really really wanted to sail so I really kept my fingers crossed when I applied. Once I got the email that I told you about, I was like "I want the spot!" I think I just emailed quite fast like "I would like to have the spot, smiley!" Sent! And then I got really happy and excited when I got the email back.

[00:15:06]

YX: How would you give a score to this stage then? From 1 to 10.

Trainee BB: If 10 is very very happy and 1 is like average happy or what do you mean?

YX: So 5 is like average happy.

Trainee BB: Oh, ok, so it's like a scale. Em... I would say ... 7. Yeah. I was, of course, really really happy. But I think the happiness decreased a bit because I already know what is going to happen. So I think of course I got really really happy but I didn't get like 10 because I knew what to expect, I knew what's coming up, and I knew even if it was an adventure, I have been on similar adventure 2 times before, so the excitement decreases a bit. So I would say 7.

YX: 7. Right. And then after a while, you need to go to the ship, you need to start the voyage. Did you go to the ship from home?

Trainee BB: yeah. And also what might be good to know is that I got this email that they got two spots available only 4 days before the voyage. So it was very close to the departure day.

YX: Wow, 4 days. Very last minute!

Trainee BB: Yeah, very last minute! So I only.../ Yes, I have to prepare everything, to fix my passport, a copy of my passport and fix everything and all the papers. It was quite hectic.

YX: That's true. That kind of remind me; that was the case indeed. And then you pack everything and go to the ship. Did you go by yourself or .../

Trainee BB: No, my dad drove me.

YX: Your dad drove you. How did you feel on the way to the ship?

[00:17: 45]

Trainee BB: I was excited but at the same time I was also a bit like .../ Yeah, I was mainly excited, mainly happy and a bit nervous as well. Because you know, I've never been to England and ... Yeah, meet so many new people and live together with them and I didn't know which watch I was going to be in and how the crew was going to be. So I was a bit nervous, a bit excited, and also a bit like, you know when you are in the car on the way, then also ... you know, I got also thoughts like "Should I really do this? I will be away for like 2 weeks, I don't know... Is it a really good choice?!" Blablabla, you know, so... I would say a mix of everything.

YX: Ok, then which score would you give to this stage? On the car and going to the ship.

Trainee BB: I would say, it had decreased to a 6, because your nervousness kicks in and being a bit confused. I think it decreased a bit because once I got the spot, I was like "Wow, I got it, I got it!" and then you got happy from just getting that answer. But, so, yeah, a 6.

YX: Right, and then you got on board Vega.

Trainee BB: Yeah.

YX: You kind of saw who you are going to be with for the 2 weeks. How did you feel at that time?

[00:19:56]

Trainee BB: I remember I spoke with one of the crew members, and she's really, really sweet so that made me happy and I looked around the rest trainees and I .../ yeah! I felt excited.

YX: Then which score would you like to give?

Trainee BB: yeah, still a 6.

YX: After that, you just got to know the crew and the trainees, it's kind of a process of getting to know people. How did you feel to establish these interactions with people from Sweden, Britain, and Germany? How did you feel the process of getting to know people and establishing friendship?

Trainee BB: How long that took?

YX: yeah, how long that took you to get to know people, to get a bit closer?

Trainee BB: I think when you live together and work together on a ship, and you have to rely on each other, I think it goes faster than what you would do if you meet up with some friends in a city, for example, because we are all like... yeah, it's like the expression "We are all in the same boat". We are all in this place together. So I think it goes faster, it speeds up the friendship, and the getting to know each other process because you HAVE to know each other, you HAVE to know what kind of experience people have when they come sailing. So I think it went quite fast and everyone WANTED to know each other. Everyone WANTED to talk to each other. I wanted to talk to everyone. So people were all open-minded, so I think that speeded up the process of getting to know the others. So it wasn't difficult to anything, you know, because people wanted to know you and get to know you. And I wanted to talk to them, so I think that it was very hard-less process.

YX: So getting to know people is quite smooth.

Trainee BB: yeah, yeah.

YX: Then which score do you think that will be?

[00:23:00]

Trainee BB: I think that is an 8.

YX: 8.

Trainee BB: Because it went very smoothly. Of course when you are divided into watches in the quite early stage, you don't get to know the others, the other watches as much as the ones in your own watch because they might sleep when you were off watch. They might be sleeping so that you can't talk to them, and then I sleep when they... you know sometimes you don't have the time to talk to the other watches.

YX: Yeah, that's true. Then it takes around 5 days, a week, for us to arrive in Blyth. And then that's something new for you. Like the experience of being in a British city.

Trainee BB: Yeah, I think it was really fun because I have never been to any English city. And I think Blyth is a very typical English city, with the houses and the roads and everything. It looked very English.

YX: It looked very English?

Trainee BB: Yeah, It looked very English, from what I've seen from movies and TV shows and stuff like that. It really looks like England with the houses next to each other and they all look the same and the roads, and the people walking on the roads and everything. It looks very English. And I liked it, I LIKED it!

YX: What was your favourite part of that?

Trainee BB: My favourite of being in England?

YX: Yeah.

[00:24:00]

Trainee BB: I think that... was ...

YX: For example, people, food, architecture, road, and the weather and everything.

Trainee BB: Yeah, the weather was actually very good! I think it was, it's hard to just pick one thing.

YX: That's fine.

Trainee BB: yeah, I think, I think everything. Because I was really excited of .../ Yeah, I really wanted to explore the city, not necessary to go to the museums and stuff. But I really wanted to just walk around and to explore how it looks like. And I also remembered one day, me and ... another guy from my watch, we went to the beach and looked around and everything, I remembered that. That was the first time I was off the ship and had some free time to walk around. So that was very fun. Yeah! I also remember when we went to the crew party, I think that was quite typical English because we got this food ticket, you know, we got this bracelets with food ticket that have "1,2,3" on it. You use number one at the entrance and you have number 2 and number 3 for food and something to drink. And then I remembered

that I was really really hungry and the food was delicious. But we got this tiny, tiny, tiny little bowl of rice and some chicken mixed sauce thing. It was really good, it tasted really good! And then I wanted some more food because it was like ... it wasn't much, I wanted more food because I was so hungry and I was expecting like.../ Since I have told you, I have been sailing before, I've been to crew party before. Usually you can eat as much as you want to, or at least you get a big portion of food. So I went back to the lady who handed out the food and I was like "OK, can I have more food?" And she was like "No! No! Do you have another ticket?" "Well, yeah~ I've got another ticket, but I need that ticket to have something to drink." "No, then you can't have more food." And THEN, THEN they just threw out like CAKES, you know those chocolate CAKES... Yeah, as desert, they handed out the cake after cake after cake after cake, and THEN you can eat as much as you want to! And the actual FOOD, then you couldn't eat as much as you want to! Because that was very, very small portion. But the cake.../ I believe that in England, I think that the youth they eat a lot of like stuff with a lot of sugar and maybe in school lunch and stuff like that, they might eat lots of ... yeah, so I think the organization behind the crew party in Blyth thought that "En, what does young like?" "Ah, they like sugar and cakes! Right!" So they handed out lots of cakes, but they were just... You remember that, right?

YX: yeah.

Trainee BB: Yeah, they have like the cake after cake after cake. But I wanted the actual FOOD! But I think that was like the priority 2 for them because I believe that they thought that all the young people they want to eat all the cakes! But when I got to Gothenburg, there was a crew party in Gothenburg. Then they didn't even HAVE a desert! Then they just had food, and you can eat as much as you wanted to. And they also had some rice mixed with shrimps, but you can eat as much as you wanted to. So that was a difference for me because I think that in England, they might, not everyone in England but in England in general, they eat more sugary stuff when it comes to breakfast or ...like in general. What do you think?

YX: I think British people they quite like kind of deserts.

Trainee BB: Yes, even if they might not know it, they eat a lot of sugar because their food contains a lot of sugar.

[00: 30: 00]

YX: You can buy quite sweet deserts in the supermarket.

Trainee BB: yeah, I'm not saying that is completely wrong all the time but it really gives me a wake-up call that that's their priority in England, their priority at the crew party was not the actual food. It was all the cakes. And then you could eat as much as you wanted to. But in Sweden the priority was to make some really good food for all the sailors. But in England it was like cases and stuff. That was a difference for me. And it's also something that gave me a wake-up call, not wake-up call, but gave me some thoughts. Because when I do think about England, when it comes to food and stuff, I think yeah, they eat a lot of sugary stuff. I'm not saying that.../There're also healthy people in England as well, but I think that a lot of their food does contain a lot of sugar and fat. So I think that's more of their lifestyle comparing to Gothenburg when they thought more of handing out actual food.

YX: Then if you can try to look back to the whole experience in Blyth, how would you say your general feeling of this kind of cross-cultural experience.

Trainee BB: I love hanging out with people from other countries, and get to know them. Even though English people and Swedish people they are quite similar in general, but it's also very fun to speak with English native speakers. Yeah, I find these small little cultural differences even if it's just smallest things, you know, in daily life. And also I got to know there were conflicts between Ireland and England. I got a little lesson that there are political differences and they don't really think alike and ... and also.../ yeah, there are differences.

YX: Which score would you give to this experience then?

Trainee BB: I will give it a... it was really really good, I cannot complain, there's nothing in particular that I didn't like. I really enjoyed it. The weather was great, and the people were great. I'll give it a 9.

YX: And then after everything finishes in Blyth, we sailed back to Gothenburg. The how do you feel the second half of the voyage being on the ship for another week time?

[00:35:00]

Trainee BB: On the way back, I remembered that we reached a point where people started to see like negative things in others.

YX: Negative things?

Trainee BB: Yeah! You know, like "Oh, when she does this and this and this, she really bugs me." Blablabla...because once you get to know them so well and also when you live together, you started to see negative things and it's not just all the positive things bubbly amazingness of being out on the ship. Once you get to know each other and everything, it happens. You know, you live with people, and you start to get to know people, who wants to work, and who doesn't want to work, who wants to smoke and who wants to climb the rigging. Yeah, since we DO live together, and on the way back, you get tired of people, a little bit, a little bit. Not SUPER tired. I would say that didn't bother me very much but I could definitely tell that "She doesn't like that when this person does this and this and this." and they don't like them, they don't like .../ you know, even if we were all friends.

YX: There were kind of subtle things happened.

Trainee BB: yeah, yeah!

[00:37:00]

YX: So how do you feel the overall experience?

Trainee BB: I would still give it a.../ what did I give to the journey to Blyth? [Laugh]

YX: The first voyage was an 8.

Trainee BB: 8, yeah, 8, I would say it's still an 8. Because, I mean I could give it a 10, but at the same time, I still have to the fact that I hated waking up at the middle of the night, I hated when I heard that there's rains outside and it's freezing cold. And even though I hate it, I LOVE it at the same time. Because I love the experience and I love that I have experienced that. But at the same time, once I'm in it, it's not

super fun, you know.../ I mean, even if you wanted to be on the ship, and you got a bit seasick and then your happiness might not, it wasn't a 10, maybe. Because you got the seasick, so even if you really like the experience, maybe it was a bit less because you got the seasickness. You know?

YX: yeah.

Trainee BB: yeah.

YX: And then we arrived in the Gothenburg harbour, how do you feel the experience there? It's like so close to home now.

Trainee BB: Yeah~ I think that it was fun, but I think it was more fun in Blyth. Because I love the feeling of being in another country, I love the feeling that I was away from home because I love exploring, and I love being away from Sweden and meet people from other countries and cultures. So I think I like being in Blyth than in Gothenburg because I know Gothenburg. I knew where we were, and everyone spoke Swedish so that I think that it wasn't as exotic so to speak as it was in Blyth. So of course it was still fun, but it would have been nicer if it was somewhere else, more far away from home because it was so close to my hometown so that it felt like home. You know, so you lose the ...

YX: curiosity?

Trainee BB: Yeah, exactly, you lose the curiosity and you lose the .../ yeah, you get comfortable because you were home so it felt like the journey was over when we reached Gothenburg. Of course we went to the crew party and everything, but it was still so close to home so it wasn't as much excitement even if it's still fun I think.

[00:40:10]

YX: Then which score are you going to give?

Trainee BB: Er... a 7. But at the same time, even if I don't give all these a 10, I'm SUPER super, super happy that I did this. And I'm super, super happy that I met all the people that I met! So I'm really, really happy that I've been to all of this. But I try to put it in some way realistically. I could give them all 10, but I'm trying to be realistic and like "What could have been better? And how did I feel? What will make me super super happy, 10 point happy." NO! because of this and this and this, to give you a story, I give it a 7 or 6 or 8.

YX: Like a very critical story.

Trainee BB: yeah, exactly! Even though all of the memories and everything, it is a 10. But to be realistic, it's yeah~

YX: Yeah~ and then the final stage of the voyage is to say goodbye to everyone. How was that experience?

Trainee BB: Em... it's always sad to say goodbye especially to the people that when you really got to know someone and someone you know you won't see them maybe ever again. That's hard. But the person, the friend that I got close to, she lives in Gothenburg so I know I could always see her again. And we are friends on Facebook, most of us and YEAH~ and also we didn't have this official goodbye where everyone was crying, everyone hugs everyone. I think that during the last day, people

drop off one by one throughout the day. So we didn't have this official goodbye moment which I think made it a bit easier. It didn't affect me as much as the first time I was sailing back in 2014. We had this more official goodbye, you know, when EVERYONE said goodbye, then everyone went separate ways, but now we were like "OK, I'm gonna catch my bus, so I'm gonna leave at 8." Then the next person like "OK, my flight departures at 12 so I have to leave now." You know, so I think that made it easier because you still had friends left.

[00:43:10]

YX: Then how would you score that experience?

Trainee BB: Em... a 5. Because I wasn't happy, I wasn't sad. I was quite average.

YX: And then after going back home, as what you have mentioned, you still keep in touch with people on Facebook, and have you ever met anyone offline?

Trainee BB: Well, no, I don't think I have actually.

YX: Then have you kept in touch with anyone online?

Trainee BB: yes, I have. For example the girl who lives in Gothenburg who became my best friend on the ship, we've been constantly talking about "Oh, we have to meet up again!" "Oh, we have to meet up again!" But then she's in school and I can't and then this and then that and then she works. For example today when I come to Gothenburg "Oh we can meet up there today because I will be in Gothenburg." And then she was like "Oh, I would love to but I can't, I have to work." So we will meet up again, for sure. But so far we haven't even though it has been 6 months, but we keep in touch on Facebook. And I think she is the only person I kept in touch with on more regular bases. Let me check the phone... yeah, no, I think she would be the only one I talked to.

[00:45:03]

YX: Other people they are just like Facebook friends and you can see their posts.

Trainee BB: yeah, and most of them have Snapchat, so I get their snapchats. So maybe I've sent some snapchats to someone or they have sent one to me.

YX: It's just a bit difficult to keep.../

Trainee BB: Yeah, yeah, yeah! And I know that in 2014 and 2015, it's always like "OH, we're gonna keep in touch FOREVER! Oh my gosh!" and then you know, one month after, it's like "OK, we won't see each other again!" You know, everyone was so ambitious. But it was the third time now when was sailing on Vega, you get more realistic that you know we probably won't see each other again.

[00:46:08]

YX: Yeah, there was another participant also mentioned this, he also had this kind of sail training experience before. People become more realistic after they experience more sailing trips.

Trainee BB: But I do have to say that, if you met on the tall ships, you know that you can contact them. For example, if I come to Netherland, I could contact some of them and we can meet up for a coffee or something like that. I mean, even if you do not write to each other every day, I know that if they came to Sweden, they can

contact me and I will be glad to see them, or if I went to England for example now, I will meet some of my new English friends. I know they will probably be happy to see me as well and we could meet up. So I think it's that type of friendship when you are friends but you are not friends in the way that you update each other every day. But since you share the same experience and you can always contact them if you go to their country. Just meeting you now, it's not weird because we have known each other even though we haven't been talking everyday on the phone or something. It's not wired to see you again because we share the same experience even though you were a mentor and I was a sail trainee. We still share the same experience, it's not wired to meet up again.

YX: No. Not like some people just meet once in a pub or party.

Trainee BB: YEAH, EXACTLY! That's totally different. That's totally different. Because we've lived together, so it's the difference.

YX: When we were on the ship, you mentioned it's quite difficult to find if you have learned something from this voyage in terms of cross-cultural learning, change or development. Then after the voyage, you went back to the daily after, have you noticed anything that you've learned from the voyage?

Trainee BB: Er... I don't think that I changed as a person. But of course, the experience you get it shaped you. But I can't say that I changed. But of course I love that I had this experience and when I .../Well, it changes me in a way that now I wanted more than ever to live abroad, or work abroad or study abroad or .../ because the more I meet people from other cultures or other countries, the more I'm outside Sweden, the more I feel how much I want to experience more, and see more of the world. I mean there's so much more than Sweden, you know?

[00:49: 55]

YX: So do you feel the voyage made you feel more willing to or curious about other countries?

Trainee BB: yeah, more curious and more open-minded to see other countries and to talk to other people.

YX: Yeah, I remember in the last interview, you mentioned the word Adventurous a few times. You feel like the fact we are leaving the home country made the voyage more adventurous.

Trainee BB: YEAH! YEAH! DEFINITELY! It makes the journey more adventurous because.../ Yeah, it's also so exciting, the environment, the people, and everything! Because you don't know what to expect next! And get back to what we were talking about earlier, I lost that interest in Gothenburg because I knew the environment, I knew what kind of people I was surrounded by.

YX: So do you mean in this kind of adventurous context, you become, you open yourself more to everything?

Trainee BB: Yeah, I think so.

YX: Then during the voyage we had people from different nationalities, after the voyage, have you met people from those countries later in your daily?

Trainee BB: I think I've met someone from Germany maybe.

YX: Do you think the experience of being on Vega have any influence on your ways of talking to people from foreign countries?

Trainee BB: Well, in one way it does. Because it might bring up, if I talk to someone from England, of course I put the person in the same box as the other people that I met from England, and then I might have some .../and it's also good because then if I talk to a new person from England, then I can be like "Oh, I've got a friend of mine is also from England, and she said that in England this, this, this and this; and they say this, this, this and this." "Oh, I've learned this slang expression from blablabla..." So I think it's a bit, I think it's quite a good icebreaker when you get to know a new person from that specific country if you have some experiences from talking to people from that countries before because then you can bring up memories and stuff like that. And then you can start talking about it. Do you understand me?

[00:53: 28]

YX: Yeah. And you mentioned sometimes if you meet one from that country, you can put them in the boxes you've already got. You kind of created some broad images of people from .../

Trainee BB: Exactly. And also talking to you, if you said something very typical Chinese, I can be like "Oh, but I've got another Chinese friend, she said in China it's like this and this and this." And then we can have something to keep on talking about.

YX: Is there any occasion that you find people from the same country say the same thing in two different versions?

Trainee BB: Yeah!

YX: Then what will you do with this kind of situation?

Trainee BB: I think that is quite interesting, then I will probably say that "Oh, really!".../ For example like this cookie, if one person says that this cookie is so unpopular and another person says it's super popular. And then I can be like "I got a friend of mine said it's not popular at all!" And then you get to know the culture, I think it's quite fun in that case. I wouldn't be up to start any conflict or anything, but maybe I'll bring up the fact that someone else told me this and this.

[00:55:23]

YX: Then would you believe in .../

Trainee BB: Oh you mean if I would believe. I think I would stay quite neutral to it. Or create my own opinion.

YX: Yeah! Then have you ever seen any.../ for example, when we were on the ship, we had some political discussions about Brexit and everything. After the voyage, have you ever come across to some situations to start a political conversations with friends in daily life?

Trainee BB: Maybe a little bit about Brexit. No, not that much. Maybe a little bit in general.

YX: Then after you come back from the voyage, have you discussed with your friends or.../

Trainee BB: If I have discussed the journey?

YX: yeah, like share your memory and your experience with your friends or family members about the experience of making friends with people from different countries.

Trainee BB: Since the first time I've been sailing on a tall ship and realized what amazing experience it is. I've been trying to sell it to, to really tell my friends all about it and really inspire them to do something similar. And also this journey, when I talk about it, I really talk about it in a way like "Oh, you should really really really do this too!"

YX: Because?

Trainee BB: Because it's such an amazing experience and you get to know so many amazing people. I think the most common question that I got is that "But don't you have to be a sailor then?" "Oh, I've never been on a ship." And I was like "No, no, no, no, no, no! You'll never ever know how to sail in your entire life." because the tall ship races is all about bring young people together from different countries, different cultures, different backgrounds together through SAILING. So it's all about that. So they'll teach you how to sail. Like most people on Vega, they didn't know how to sail.

[00:58: 46]

YX: Are there any friends they are just afraid of being on a ship with different nationalities?

Trainee BB: yeah, yeah! Well, I think that some people they aren't very out-going. I've got friends that they wouldn't like this type of experience. Because you do have to be comfortable in a situation where you have people around you 24/7 all the time and you have to be comfortable being in watches, being out-going and constantly being ready to help out. You have to be somewhat out-going in order to be in a journey like this. But of course, from the previous journey that I've been on, there are always one or two people they aren't very out-going and they are very shy and I haven't seen any type of bullying, not at all. I haven't seen anyone being mean to someone else. Of course you can dislike or you can be annoyed, but I've never seen any actual bullying or someone is freezing out someone else. Not the people that doesn't say very much either, I think they are well taking care of. I think it's mainly very nice people on journeys like this.

[01:00:37]

YX: So if we go back to the question of keeping in touch with people on Facebook after the voyage, how would you score that experience?

Trainee BB: I'm happy that I have them, I'm happy that I can follow their lives on Facebook or Snapchat. Yeah, I'm happy that I can follow their life so I can say that... a 6 maybe. It's hard to say, I mean if it comes to the scale of happiness, it doesn't make me super happy, doesn't make me sad but it makes me happy that I have them.

YX: Then if you have the chance to choose the nationalities which are involved in the exchange voyage, do you have any interested countries?

Trainee BB: Ah! Interesting! FUN question. What kind of mix I would prefer?

YX: Yeah.

Trainee BB: I think that I would like to be the only Swedish person.

YX: The only Swedish person?

Trainee BB: Yeah~ I would like to be the only Swedish person. Maybe one more Swedish person, but no, only me, the only Swedish person, and maybe people from Germany because I have learned a little bit of German and I also have been study in Germany. So I think maybe 2 or 3 Germans. Yeah, they can teach me more German. And China is also nice.

YX: Thank you!

[02:03: 00]

Trainee BB: Because it's so different from Sweden, so .../ and America, maybe, now with Trump and everything going on over there, I think it will be fun to meet someone from America. And maybe people from some countries that you don't know much about, like countries that you don't ...

YX: Do you mean some countries you may even never heard of?

Trainee BB: Yeah, like someone from a country that you don't know how that country is working. You know it's on the map but you don't know anything about it. Maybe ... from Latin America, or someone from Brazil, yeah, Brazil.

YX: yeah, we've got enough, I think. [Laugh]

Trainee BB: I want one person from all the countries in the world.

[01:04:56]

YX: But then you know, in the last interview, you've mentioned sometimes it's also nice to have someone to talk to Swedish with on the ship?

Trainee BB: Yeah, yeah, Trainee O can join as well. [Both Laugh]

YX: OK.

Trainee BB: Well, it's true, of course if something happens and if you want to just .../but of course if it's a Swedish person that you don't get along with, then it doesn't matter if that person is Swedish or not. But I think it will be nice if it was a Swedish person that I knew well so if we were going on a ship or something like this, maybe it's GOOD to have a friend like Trainee O, for example. So if something happens or if you have some thoughts or whatever, we can always talk with each other, so maybe it's good to have someone else from Sweden as well.

[01:06:15]

YX: Then how would you describe the relationship between the crew members and the trainees? Do you think the crew members they kind of help influence the intercultural learning process?

Trainee BB: I don't think that they influenced. No, not really, they quite focused on the process of sailing. And I also know that Vega they are very ambitious and they know they have a chance of winning. They know this, so I think that they are very focus on the competition. Some vessels they know they won't win because they know that they are in a Class where the competition is so tough. I mean some vessels ARE faster than other vessels because they are BUILT in another way. So it doesn't matter how much wind you have. You have the same amount of wind, and you win if you sail in pretty much the same way, some vessels ARE faster than others because they are built differently. And I know that Vega, for example, is in Class B. They are just on the edge of almost making it to the Class A group. But they don't want to be in the A class group because they know then they don't have a chance of winning. So they are in a B class because they have a potential .../ because there are some calculations that they regarding how fast the vessel is comparing to the size. I don't know, it's not about making it fastest to the finishing line, it's about making it faster to the fastest to the finishing line with the handicap they have because they try to even out all the vessels, and Vega knows that they have a very good chance of winning. So I think the crew were very focus on winning so they were not focused on encouraging us to talk to each other or bring up different topics about differences or like that we've been talking about. Whenever talking to them, it was about sailing, it was about sailing, and how to set sails, how to race the sails and how to work on the boat.

[01:09:03]

YX: Then do you think whether their cultural background might influence the intercultural learning process in some way. They are all from Sweden and we have trainees from Britain and other countries. Since the crew member all speak Swedish, do you think the language can be something affect the process in some way?

Trainee BB: Oh, I think that since I understand them when they speak Swedish, I think that.../

YX: For you, that's not a problem.

Trainee BB: It's not a problem because I understand them when they say something in Swedish. And you switch between two languages constantly because when I talk to my Swedish friends, I speak Swedish; when I talk to you for example, I speak English. We all switch between two languages constantly. So when they speak Swedish, I don't really reflect on the fact that they said something in Swedish. So for me that is not a problem. I know, for example, sailing in 2014, the crew spoke a lot of Swedish until a point where the Dutch people said that "Hello~ we don't understand. English, Hello~?" But for me, I didn't see that because I understood. You know?

YX: Then as you have mentioned, you don't feel the crews were interested in the cross-cultural learning and stuff.../

Trainee BB: No, No, No. Vega is very into the competition. Even though the crew members are very nice and I think this time they were a lot more interested in actual teaching us how to sail. But when it comes to the core, they wanted to do well in the competition.

[00:12:08]

YX: It makes sense then.

Trainee BB: It makes sense of what?

YX: They taught a lot of sailing.

Trainee BB: Yeah. They really are. Because they know they have a chance of winning and they wanted to do well. And it's a way of marketing themselves. So ... for example, I was sailing on Morgenstern, it was a Dutch vessel in 2015 after Ingo. They were a lot more into having fun. And the captain was a lot chillier than Sea staff K for example.

YX: Chill?

Trainee BB: Yes, relaxed, like lay back. Because they know that they won't win the competition and they just did it for fun. So I think that the captain was a lot more

YX: I noticed that on Vega the crew members were not leading many cross-cultural stuff, then the trainees they were very creative themselves. They led many activities themselves.

Trainee BB: Yeah! For example the crayfish party that we had in Gothenburg.

YX: Oh, yes!

Trainee BB: That was our idea, but not the crew members.

YX: Yeah, and these things happened spontaneously, leading by the trainees. Do you think comparing to Morgenstern, most of the cross-cultural activities were led by the crew members and stuff, which way do you think make the trainees learn better? So one way is led by the crew members or mentors, and the other way is led by the trainee themselves.

Trainee BB: I think that if you want to really learn about sailing, then Vega is better than Morgenstern because Vega have very experienced crew and they are very good at sailing and I think that they will help you.

YX: Then if it is in terms of cross-cultural learning?

Trainee BB: AH~ Then I think that Morgenstern was more .../ Yeah, I think so.

YX: You think the trainees had better cross-cultural learning experience?

Trainee BB: Well, yeah, because I also remember we also did some competition and we were in teams. We also had one Swedish Evening and one German evening. The country of that day decided what to eat and made up, created some activities, some competitions. I knew the German, they made a quiz about Germany, and they gave us some German food. But that was an EU exchange as well so I think it was supposed. This was an EU exchange as well but I think that Morgenstern encouraged to learn more facts about other countries. But I think that when it comes to the friendship side of it, Vega and Morgenstern are the same. Because this is just like I'm talking to you now, I can talk with you on Vega, and I can talk with you on Morgenstern in the same way. So I think the friendship level and the friend aspect of it it's the same. But when it comes to learn more facts, it was Morgenstern because we ate their food and they talked about their countries and they had a little presentation about their country. For example, when we had our Swedish evening, one of us dressed up as a Pipi Long stocking, and we had this competition when they

were in different teams so that they had to guess our questions about Sweden. So I think that we learn more facts about the countries on the Morgenstern.

[01:17: 35]

YX: Well, some trainees felt like on Vega, some of the activities were organized by the trainees themselves, and some of them mentioned if these activities were led by the crew or the mentor, they may not be that interested in joining.

Trainee BB: Yeah, Definitely, DEFINITELY! I think that's another side of it that I think if it's something that we come up with ourselves, then of course we are all more motivated because we wanted to do the certain activity or something. So I think that's true. Because for example, when I was sailing on Vega, the mentors they had like some activities and we were going to some quiz and we were going to do this and that. And then you got to a point where people don't want to participate. You know, they just wanted to lay in the sun, or just talk, or do something else. You know? Of course mentors they just want to have all these activities done, because they wanted to be nice of course, because they wanted us to do something. But sometimes I think it's better to just let all of us do what we want. Not exactly what we want, but I mean talk to whoever we want to talk to. I think that will encourage intercultural learning because then you are more interested. I mean if I talk to you because I want to talk to you, then I might be more interested in getting to know you, and I might be interested in remembering what you are telling me. But if I'm forced to talk to you because the mentor is telling me to talk to you, then I might not pay as much attention because maybe I'd rather talk to my German people over there. You know what I'm saying?

[01:20:20]

YX: Yes.

Trainee BB: So I think that when the intercultural learning gets too forced by the crew or the mentors or something, I think people take a step back and try to avoid it because they are like "We don't care, alright?" so I think that it's sometimes good when you get to talk to the people you want to talk to. For example, I learned lots of things about Ireland, England and their differences and stuff like that. Because no one forced me to learn about this. It was just about starting talking to some English people and Irish people. And then we started talking about that and then it becomes fun. You know? Then also I remember it a lot more because it's fun and I was interested.

[01:21:10]

YX: I was wondering, if we were also going to organize a Northern Irish night, and maybe Trainee D or Trainee H would give a presentation. Will you still be interested? Or would you prefer to just talk to them in person?

Trainee BB: I think that people on the journey like this, they don't want to be reminded of school, of work, or like when you have to sit and listen, you have to pay attention or take notes or whatever. They don't want to be reminded of home life, they want to be out at the ocean and ... / So I think if for example, Trainee D gave us a presentation, I think that she shouldn't bring a PowerPoint and have a lecture for 20 minutes. I think it's better if ... [Laugh]

YX: I think she will also refuse this idea “I don't wanna give a presentation.”

Trainee BB: Or maybe what is this machine called when you have a presentation?

YX: Projector?

Trainee BB: Projector, yeah! If for example, she brought that, “Well, we are gonna have a presentation now”. Well, obviously electronic stuff doesn't work here...

YX: Yeah, I think I got that!

[I made some tea for **Trainee BB** before we continue.]

[01:23:25]

YX: I feel that on the ship you were kind of quite active because your personality is quite open and what kind of role do you think you took when involved in the trainee-led activities. For example, the crayfish party, is that you who proposed the idea?

Trainee BB: Oh, no, it wasn't my idea, it wasn't my idea. It was Trainee P. I think it was her idea.

YX: Were you excited about this idea?

Trainee BB: Yeah, I was excited about this idea, but I thought that I didn't want to be in charge of it. I didn't want to be the planner of it.

YX: Then what kind of role did you use to take in this kind of activities?

Trainee BB: I think that.../ I don't always want to be the leader because then you have to be in charge of so much. But often, I become the leader anyway because you know, people count me because they know if I do something, it will be done, it will be fixed. So sometimes, I became the leader indirectly. But on Vega, I didn't want that much responsibility cause I wanted to have fun and I wanted to just talk to people. In the harbour I wanted a lot of free time. So the crayfish party, I don't want to plan so much, I can be a part of it, but I didn't want to have too much responsibility. Because in school, I'm often the person that people can count on, so when I'm on a journey like this, I just wanna have fun. You know? I don't have to take much responsibility. I can have some responsibility if I WANT to have the responsibility. It's fun! But I don't want too much... too many eyes on me because I want to feel a bit freer.

[01:26:35]

YX: Then could you please tell me of your first reaction of my presence on the ship? Because this is an EU exchange program but apparently I look like an Asian. Did you feel that “Why there's an Asian people here?”

Trainee BB: No, I didn't feel that. I feel that I want to talk to you just as much as I want to talk to others; and get to know you just as much as I want to get to know others. And I thought that when you gave us the books, I thought you wanted to do a serious job and that you wanted to collect as much info as possible since this is a part of your study. For me, I just felt glad to help and I also felt from the other younger trainees like 15, 16 or so, they didn't understand that this is important for you. So I can see some of them didn't care if you ask them some questions about intercultural experiences and how their views on this journey. And they didn't fill the books so I

felt that in order to make it easier for you, I thought that I could write in that book and try to give you as many answers as you needed so it can help your studies.

[01:28: 35]

YX: From what you told me, I felt as what you have mentioned, maybe people just really don't want to be reminded of their school life on the ship?

Trainee BB: YEAH! I think so, I think so. I don't know it's a bit challenging for some 15 year old, 16 year old people. If they don't want to do it, they won't do it.

YX: yeah, I kind of expect that because not everyone have the willingness to keep a diary, so it makes sense. Then can I ask you to fill these small questions?

[01:30:50]

I am a

A. Swedish Citizen

I think that I have to say Sweden, because I think that, for example, when I was studying in Germany, they don't know many cities in Sweden, they might know Gothenburg and Stockholm but they don't know my hometown. You do get a sense that "Oh, she's Swedish." You know? Because they don't know Swedish cities and everything, so you are Swedish, you are Norwegian, or you are Danish. And also with the international environment, I think that you get a ... it's the country that matters, not a city.

B. Swedish Resident

C. Germany Relevant

Since I have been living in Germany and I have been trying to learn German, I think that even though Sweden and Germany are quite similar, when it comes to the language. You are much more polite when you speak German than you are, I mean you are polite when you speak Swedish as well, but I mean you have certain words that you use in German to sound more polite when you speak to older people. So that's a cultural difference. So I think that in order to learn German, you also have to know the culture that you have to speak more politely to older people.

I've been in Germany for 6 month from September 2015 to February 2016, it was an Erasmus exchange program. I applied through my university. And then I've been visiting Germany.

D. Particularly interested in all cultures.

I think I'm interested in all cultures

Ranking: A/B → C → D

I think that I AM Swedish and I see myself as Swedish, and it's the word what I've been using a lot when I'm going to describe myself that I am a Swedish. And that indirectly tells people that I can speak Swedish, so I think yeah, Swedish comes to the first priority

[01:37:20]

YX: Then during the voyage, have you ever found any hidden self, like you've never thought you can be like that, or have you made any friends that you never thought you would have made of?

Trainee BB: Em... I think of course you became friends with people who maybe you normally wouldn't talk to as much. For example, at school or at class, we probably won't talk to them as much as we did on Vega. So of course I made a few friends that I normally I wouldn't talk to. And also on the ship, people are also quite accepting of other people's background, other people's opinions, and other people's way of dressing. You are still invited in conversations and jokes whatever. Because at school, there are so many people to choose from, it's very easy that you fall into the box that you feel comfortable in. And you find people that are kind of like you, dresses in the same (way), and talk in the same (way) and so on. So I think that you do get close to people that normally you wouldn't talk to.

[01:40:16]

YX: That makes sense.

Trainee BB: yeah.

YX: Then after the last voyage, have you ever joined in any other cross-cultural activities? For example, have you ever been in other countries or joined any other exchange programs, or interact with any foreign people?

Trainee BB: No, I don't think so. Of course I talk, but I talk to people from other countries through social media.

YX: Through social media?

Trainee BB: Yeah, social media. When I talk to my friends from Germany, and I talk to English people. But I haven't been to any meeting or activities in an international environment.

YX: Do you have any future plans about such activities? Like another exchange program, another sailing trip?

Trainee BB: yeah, I want to sail this year as well.

YX: Is that they are going to Halmstad this year?

Trainee BB: Yeah, Halmstad will be the first harbour. They will go from Halmstad to Finland, and then to another city in Finland, and then to Lithuania or something like that.

YX: Right.

Trainee BB: yes, I'm also planning of moving abroad.

YX: Moving abroad?

Trainee BB: yeah, moving to somewhere else.

YX: When?

Trainee BB: Em, I don't have any... (Specific plan yet)

YX: But you have this kind of idea.

Trainee BB: yes, as I told you before, all these activities really encouraged me to explore even more, to meet even more people from other countries.

YX: In the not very far future? Maybe in a couple of years?

Trainee BB: No, I think if I find something suitable for me, I may need somewhat clue of what I'm gonna do. But in the near future, I hope so. In a year or something like that.

YX: So you wanna live abroad?

Trainee BB: yeah, I wanna live abroad.

YX: So you have any targeted country?

Trainee BB: Maybe Germany since I've been there before. Or Austria.

YX: Is it a European country?

Trainee BB: yeah, it's a European country, you can go skiing there, it's quite close to Switzerland. It's between Germany and France, I think.

YX: So you have the plan of living abroad for a bit while.

Trainee BB: Yeah, for a bit while, for six months or a year or something like that. But I need somewhere to live and I need some income. So I don't have any clear plans yet, but hopefully I can move somewhere. Or just to maybe not Norway, but I think for me with everything going on, I think I wouldn't dare to live in London at the moment because I think it's quite scary regarding with the recent news. It feels a lot of tension going on, so I probably I don't dare to live there.

[01:45: 35]

YX: Do you prefer some countries inside Europe?

Trainee BB: I think I would prefer a country with the culture that is SOMEWHAT similar to Sweden.

YX: At least to start with.

Trainee BB: yeah, exactly, to start with. I think that, if I move to China for example, I think it will take a while to get to know the culture. Just to get to know the way of living. I feel like I want to be comfortable. I think I won't go too faster. You know?

YX: yeah, it makes sense. Then when we look back to the voyage, being locked on the ship for two weeks with the same group of people, what do you appreciate the most and what would you complain the most, if any?

Trainee BB: I think what I appreciate the most was... the kindness from everyone.

YX: Do you have anything to complain about, for example, small space, confined space?

Trainee BB: yeah, maybe this is the fact that you do have people around you 24/7 all the time so maybe it's nice to be a little bit alone sometimes. Sometimes it's good to lay in your bed or read a book or something on your own, or just go for a walk by yourself.

[01:48:12]

YX: Then what would you say is the biggest difference between an exchange sailing voyage and an exchange program on a cruise maybe?

Trainee BB: On the cruise they don't have to sail. I think that when you have to sail as well, when you have to work as well, I think they get to know, kind of, who's the leader, who's the follower and who wants to be in charge, who wants to work as little as possible. You get to know the personalities because people are counting on each other when setting sails so I think that you quite fast see who's the leader, who just follow the instructions and who wants to come up with their own ideas, who wants to stay in the back and who wants to ... so I think when you are in the cruise, I think it will take a longer while to get to know what kind of person they are.

[01:50:23]

YX: yeah. And we also discussed about the social media detox during the sail training voyage. Do you think it makes a big difference on the ship?

Trainee BB: Yeah, I think so, I think so. Because in order to be social, you have to actually talk to people that you have who are around you. If you had your phone and had reception all the time, you can just update your friends from home all the time. That interact with others on the ship is good I think that we don't have signal and wifi so we have to talk to each other. Has anyone said anything else? What do people answer that question?

[01:51:20]

YX: Some people say that people get bored if you don't talk to other people, so sometimes people are kind of forced to talk to each other. And they say especially for the people who are quite shy, if they had their phone and social media, they might just sit in the corner and check Facebook all the time.

Trainee BB: EXACTLY! Exactly! So I think it's good that they have to interact, and I think it's a good lesson especially for people who are shy, because then they have to step out of their comfort zone instead of sitting in the corner with their smart phones. They have to interact, I think it's a very open environment, people are very friendly on the ship. So I think especially for shy people to try to become a little bit brave and then they can take that with them when they go back home.

[01:52:45]

YX: So you've picked up some German and maybe some Irish during the voyage?

Trainee BB: Yes.

YX: Have you got any chance to practice them later in your life.

Trainee BB: I haven't practiced them, but I have told my friends about them. A little bit. Maybe not Germany, but I learned Irish like you can say "What's the crack?" and that means "Hey, what's up!" It is a VERY very common slang.

YX: You told your friends? Swedish friends?

Trainee BB: yeah, I told my friends, one German, I just told my German friend that "When you are in Ireland and meet an Irish friend, do you know what you can say?"

You can say ‘Hey, what’s the crack?’ and it means “What’s up!” But I haven’t used it though, I haven’t met any Irish friend.

YX: But for your friend, it’s good to know.

Trainee BB: Yeah, it’s a bit funny to know this slang, because it does define, you get insights of a native person and get more things than what the tourist get to know.

[01:54:11]

YX: You feel more inclusive.

Trainee BB: Yeah, Yeah, I feel I get to know EXTRA things.

YX: That’s true. So after this voyage, making all these friends, will you become more interested in topics when you see some news from the social media, when you see some news about Northern Ireland, England, Germany, will you feel “Oh, I have friends from there and...”

Trainee BB: yeah, I do think about that sometimes. Also in daily life, when I meet people that they’ve only been in Sweden for their whole life and they only know Swedish speaking people, and .../ I know that one friend of mine was so amazed that I have so many friends on Facebook from other countries. He was like “how come you have so many on Facebook from other countries?” I was like “yeah, I’ve been out sailing. I’ve been an exchange student. You know, you get to know people.” And then for him, he was born in Sweden; he’s raised in Sweden; he went to a Swedish school; he was at a Swedish university. You know? It feels like, the experience makes my life richer that I have all these friends and I feel like I know so much. Different views of life and different views of living in different countries. It gives me a lot of happiness that I have so many experiences across countries and cultures. It’s like my back pack with me all the time. So comparing to some Swedish people who only live in Swede... but maybe they are all fine with that, maybe that’s what they want. You know, I’m not saying because I want to live in another country, I want to know other people, that’s the only right thing to do. I mean if you are comfortable with having only Swedish friends, if you are comfortable with living in a Swedish city that everyone speaks Swedish. That is all FINE. Definitely all fine. I mean we are all different. But for me is that all the experience makes my life richer!

[01:57: 18]

YX: yeah, I can see that.

Trainee BB: What do you think? For you, being outside China and being in the UK?

YX: I actually feel the same.

Trainee BB: yeah!

YX: Like I also have friends who are just happy to stay for example in Shanghai. Maybe they would like to have some holidays abroad or something, but some of them may not really want to experience different cultures, they don’t feel that comfortable to be in another country. Maybe some people are OK to be in Japan or Korea which is close, but to live in Europe for a couple of months or even to study abroad, it’s very difficult for some people and they may prefer to stay in their comfort zone.

Trainee BB: Comfort zone, exactly!

YX: So I think it's just different people have different priorities.

Trainee BB: Exactly.

YX: We are the similar type of person. [Laugh]

Trainee BB: yeah, yeah!

YX: I think that's almost everything, your response is very helpful. Is there anything you want to add?

Trainee BB: No.

YX: I've been asking all the questions so far. Is there anything you would like to ask me?

Trainee BB: I mean it's nice to see, I mean you are interviewing me and I tell my opinions all the time, it's also fun to see your views. And what you would answer all these questions. So it's interesting to see your view.

YX: Do you have any particular question you want me to answer?

Trainee BB: Oh, yeah!

[**Trainee BB** started to look at the interview protocol and look for questions to me.]

[02:00:00]

Trainee BB: How did this journey affected you? Have you become more open-minded to something or?

YX: I think this journey definitely affected me. The first thing is that the journey made me think a lot about the food I eat because that's a vegetarian ship and quite a few people are vegetarian or vegan. Some friends on the ship suggested that "You can actually have a try, maybe just for one day a week." And then I really tried. [Laugh]

Trainee BB: Wow, OK.

YX: I felt it's quite good. And the Northern Irish part is very interesting. Because I live in Scotland, I remember there's one trainee said "I always thought that only Scotland wants to leave the UK, I never know Northern Ireland wants to be independent" or so. That also made me think of the political tensions between these places in the UK. And also it's kind of, this is the first time that I came across to such a group of Swedish people, my first impression was really good so it made me think that I really want to come back to have face to face interview with people. As you have mentioned, the voyage made me feel more curious about the outside world, I feel more comfortable to reach out. You know it's always challenging, but the challenges always come with happiness and surprises. So the voyage made me more adventurous and more look forward to future cross-cultural experiences.

Trainee BB: I think I can add to this is that I love language. When I was on Ingo, that was a Swedish ship and everyone speaks Swedish. I like the experience of having people from different countries so that I can learn a little bit of Chinese, I can learn a bit German, I can learn a bit Dutch, I can practice my English. So that's also very fun for me since I like language.

3) Follow-up interview 3: With Trainee W in Sweden, March 27th 2017

Participant: Trainee W

Date: 2017/03/27

Venue: Coffee shop, Gothenburg, Sweden

Time: 3:18 pm

I gave the interview introduction and handed out the information sheet and consent form for Trainee W to read and to sign.

[00:03:00]

YX: I think the first thing I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to apply the Exchange Program application, so how did you get the information of this Exchange Program? From the website or ...?

Trainee W: From a mentor, she recommended this sailing program. Then I contacted someone from Gothenburg city, then we got into a meeting that people in the meeting introduced how many boats would be at the event and everything about the tall ship race in Gothenburg harbour.

YX: So you had a meeting?

Trainee W: Yeah, before we chose which boat we wanted to go with.

YX: Then did you have to pay for it?

Trainee W: No.

YX: So it's free.

Trainee W: yeah.

YX: That's nice. Then how do you feel the first stage of applying for the chance and then getting the chance to be on the ship, for example 10 is very happy about the process, which score will you give?

Trainee W: 8.

YX: 8. And then it came to the day to go to the ship, did you go there by yourself?

Trainee W: No, my brother drove me.

YX: Then how did you feel when you were in the car on the way your brother drove you to the ship?

Trainee W: Very excited. Showing to my brother what am I doing.

YX: OK, then did you feel nervous?

Trainee W: No, just happy.

[00:05:45]

YX: Just happy. Then how would you score that?

Trainee W: 10.

YX: 10! And then you saw some trainees and crew in the harbour, except Trainee T, you don't know any of them.

Trainee W: Yeah.

YX: How did you feel at that moment? Getting on the ship, seeing different people there and you don't know them. Some of them are from Britain, some are from other countries, how did you feel at that time?

Trainee W: I feel I will know new people.

YX: So is that a good feeling or bad feeling?

Trainee W: It's a good feeling.

YX: Good feeling. Then how would you score that stage.

Trainee W: A 7.

YX: 7. Then you got to know the people on the ship, and you got close and closer, how do you feel that?

Trainee W: Very good, very good.

YX: Very good? Can you give me some examples of getting to know people from other countries?

Trainee W: You got to know their background and why they went sailing. You know, in Sweden, most people who go sailing are rich people, you can see that most of the people on the ship are not from rich families because they haven't sailed before. They haven't sailed with families before. If the parents don't sail, then the children will never get the chance and interests to sail.

YX: Do you mean you find the difference of people's backgrounds on the ship? Some of them are from rich family so they have some sailing experience before, some of them never had the chance to sail because their parents haven't got the chance to sail before. So you kind of found the differences of the social classes on the ship?

Trainee W: Yes.

[00:08:53]

YX: Did you find it interesting?

Trainee W: Yes, it is very very interesting.

YX: OK, then how would you score that stage.

Trainee W: A 7.

YX: A 7. So from Gothenburg to Blyth, we spent 5 days on the ship, you got close to some of them. I remember in the last interview, you mentioned you quite like Trainee E's personality.

Trainee W: Yeah.

YX: So you got along with Trainee E and maybe someone else?

Trainee W: yeah, he was a little bit special.

YX: Ok, did you make any other close friends on the ship?

Trainee W: Not really.

YX: Not really. But you got close to Trainee E any way. Then how do you feel making friends with people from outside Sweden?

Trainee W: It's like new experience. You knew new people from other countries and spoke different language.

YX: And you felt he's a bit special in your eyes. What kind of special do you mean?

Trainee W: Exotic.

YX: Can you give some examples of him being exotic? There are also other people from different cultural backgrounds, why do you feel he is so special for you?

Trainee W: Because he was more open and he also has sort of Hip-hop styles. He was easier to communicate.

YX: Then do you think his style of communicating with people influenced you in any way, or do you feel you learned anything from him?

Trainee W: No.

[00:12: 00]

YX: No?

Trainee W: But he's the kind of person that you can say bad words to him but he will not be angry to you.

YX: Then which score will you give to this stage that you got close to people and maybe found interesting people like Trainee E.

Trainee W: 7.

YX: 7. Then how was your experience in the harbour of England? We went to Blyth and spent two nights there.

Trainee W: It was good, it was an 8 but I didn't have enough time to see the city.

YX: Did you take a walk on the street?

Trainee W: yeah, I took a walk around the sailing race festival area but not the city.

YX: Have you got to know some of the native people there? What's your impression on that city?

Trainee W: A very small city. I don't think they have a lot of jobs for people. And people like drinking beer.

YX: Then after the crew party and crew parade, we went back and sailed again to Gothenburg. So you do you feel the second part of the voyage that we spend another 5 days on the sea?

Trainee W: That was special but we were more active because we were racing back to Sweden so that we need to accelerate.

YX: To speed up.

Trainee W: Yeah, to speed up a little bit.

YX: Then how do you feel like to score that stage?

Trainee W: A 7.

[00:14: 45]

YX: A 7. Then we arrived in Gothenburg. Do you feel if there's any difference between being in the harbour of Blyth and being in the harbour of Gothenburg?

Trainee W: Yeah, of course, because in Blyth a lot of shops were closed but in Gothenburg, I know where to go and spend my time because I live here. And you didn't have so many things to do in Blyth.

YX: So do you feel even better when you went to Gothenburg?

Trainee W: I feel like I'm home.

YX: You are home. Then how would you score that?

Trainee W: 9.

YX: 9. Very happy to go home. Then after we did some activities in Gothenburg, people need to leave the ship and need to say goodbye to each other and go back home, how do you feel like that stage?

Trainee W: Very sad. I need to go to work.

YX: OK, then how would you score that stage?

Trainee W: 8.

YX: 8?

Trainee W: Yeah, 8.

YX: After this voyage, you became Facebook friends with some people.

Trainee W: Yeah.

YX: Then have you ever spoken to anyone on Facebook?

Trainee W: Yes.

YX: Who did you speak to?

Trainee W: Trainee E.

[00:17: 00]

YX: Trainee E?

Trainee W: Yeah. He sent some videos and photos to me.

YX: What kind of videos and photos?

Trainee W: Like ... just weird things, yeah.

YX: Like strange things.

Trainee W: yeah.

YX: So you still kept in touch with Trainee E. For how long?

Trainee W: Some weeks. Then he tried to be open-minded.

YX: Do you still keep in touch with him now?

Trainee W: Not really.

YX: OK. What about any other people?

Trainee W: Trainee T.

YX: [Laugh] Of course Trainee T. So just they two, not any more people?

Trainee W: NO.

YX: Then how would you score this stage of having friends on Facebook, not talking to them frequently but still kept in touch with some of them?

Trainee W: 6.

YX: 6. So this is the lowest score at the moment.

Trainee W: Yeah.

YX: Then do you feel it difficult to keep in touch with people after the voyage?

Trainee W: Yes. People need to go to school; or people need to work. And you need some events like that to make people meet with each other again.

YX: So do you mean you need for example another sailing voyage to gather people?

Trainee W: yeah. The event that people share the same interest in.

YX: That's true. Then do you think after the voyage, have you told any of your friends or family members about this voyage?

Trainee W: Yeah, they asked me and I explained to them.

YX: What did you explain?

Trainee W: I showed some friends around the boat when the ship sailed to Gothenburg. Do you still remember I took some friends on board?

[00:20: 06]

YX: Yes!

Trainee W: Yeah, they were exciting!

YX: They were exciting. Did you encourage them to join as well?

Trainee W: Yeah, I explained to them that they could join this kind of voyage as well.

YX: Were they excited to be on this kind of voyage as well?

Trainee W: yeah.

YX: En. Do you think any friend or family member found you become a bit different after this voyage?

Trainee W: No.

YX: No? Not at all?

Trainee W: Not at all.

YX: Did you find anything new about yourself then?

Trainee W: No.

YX: No. What about your English then? Do you think your English has been improved?

Trainee W: A little bit better.

YX: Did your friends notice that?

Trainee W: Yeah.

YX: Yeah? I remember you went to the States and you had to speak English there. Did you find your English has been developed during the sail training voyage through that trip to the States?

Trainee W: Yeah. To choose some English words, to write correct and to explain what I mean.

YX: How did you feel speaking English in general in the United States?

Trainee W: Good, but not good enough.

YX: How do you think the voyage affected your communication in English in the United States?

Trainee W: If I didn't join the voyage, I will not be so open-minded to speak English to everyone in America.

YX: So you become quite open-minded in Speaking English.

Trainee W: Yeah.

YX: To some for example American people?

Trainee W: Yeah.

YX: It sounds like you became more confident in speaking English.

Trainee W: Yeah.

[00:23: 05]

YX: Then what did your friends say? I noticed there were some friends went to the States with you.

Trainee W: I don't know.

YX: Are they good at English.

Trainee W: No.

YX: Do you think you are better than them or not?

Trainee W: We are at the same level.

YX: Ok. So when you went out together, sometimes there will be one person in charge of speaking to others, will you be the one?

Trainee W: Not really. But I will help them, if someone doesn't want to speak or doesn't know how to speak, I will go and help.

YX: Ok. So will you do this before the voyage? If you didn't join the voyage? I mean do you think it's because of the voyage that influenced you to be more confident to help other people speak English or .../

Trainee W: Yes.

YX: Ok. Then can you tell me a bit more about the experience in the United States? For how long have you stayed there?

Trainee W: Five days.

YX: Five days. And you were in New York and went to China town.

Trainee W: yeah, and Korean town.

YX: And Korean town! They even have a Korean town?

Trainee W: Yeah, in the centre of the city.

YX: Ok. Have you ever met any situation that you felt difficult to deal with in the United States?

Trainee W: Yeah, when you went to the shop, you know, you need to give tips for anything you buy.

YX: Everything?

Trainee W: Not cloth shop, only restaurant and coffee shops.

[00:26: 30]

YX: Oh really.

Trainee W: yeah.

YX: So you don't have to in Sweden?

Trainee W: No.

YX: Only if you want to.

Trainee W: yeah. If you don't give tips in the United State, they will be angry

YX: Wow, then how did you feel about that?

Trainee W: WOW!

YX: It was like shocked.

Trainee W: Yeah.

YX: Then what about your friends?

Trainee W: They were also shocked. I didn't get that experience really but one of my friends got that experience.

YX: So they experienced this but you didn't, you heard from them?

Trainee W: yeah.

YX: So is this the first time you went to the United States?

Trainee W: yeah.

YX: How do you feel American people there?

Trainee W: They are more fatter and shorter people (compared to Sweden).

YX: Are they friendly?

Trainee W: yeah.

[00:28: 10]

YX: Do they like beer?

Trainee W: I don't know really. They like Starbucks and bacons.

YX: OK. After the voyage, have you met any people from the UK, or Dutch people or Irish people in your daily life?

Trainee W: No.

YX: Then have you noticed any news about any of these countries, from TV or Facebook?

Trainee W: yeah, I heard in London there was a terrorism attack because I watch the Hong Kong news and I got to know the news from there.

YX: Yeah. When we were on the ship, we were talking about Brexit, and the relationship between the UK and Northern Ireland. Then have you mention these to your friends after the voyage?

Trainee W: No, I don't care about those political things.

[00:30: 48]

YX: Ok, then have you chatted to Trainee T after the voyage?

Trainee W: yeah. Right after I came back to America, he went to America as well.

YX: He also went to America.

Trainee W: yeah. I borrowed him my phone card because there are still some credit on the card.

YX: Then after the voyage, have you chatted to each other?

Trainee W: Not so much, because he's now studying in Scotland.

YX: So you didn't say too much about the voyage.

Trainee W: No. But he asked me if I'm interested in taking a new voyage this year.

YX: So are you going to have a new voyage again?

Trainee W: I hope so. If we can get the chance.

YX: Do you mean this year? This summer?

Trainee W: Yes.

YX: It will be great. I heard some other friends for example Trainee BB she's also interested in going for another voyage.

Trainee W: yeah.

YX: The last voyage was an EU exchange voyage, so we've got some different nationalities from Europe on the ship. If you have the chance to choose the nationalities, which countries would you like to have on the ship?

Trainee W: International! Like one person from each country.

YX: For example?

Trainee W: For example, maybe someone from Africa, and South America.

YX: And then?

Trainee W: Maybe India.

YX: Why do you feel you are interested in these countries?

Trainee W: Not interested in any particular countries, but I would like to have people from mixed backgrounds.

[00:33: 30]

YX: So you like to make it very international?

Trainee W: Yeah.

YX: Have you ever met anyone from these areas?

Trainee W: Yeah.

YX: Do you feel it may make it challenging to talk to people from all these different backgrounds?

Trainee W: yeah, it will be challenging if they can't speak English.

YX: OK. Will you treat these people just as how you treat Swedish people or you will try to be careful when you talk to them?

Trainee W: I will treat them like a human.

YX: Like a human. So can you tell me the reason you want to meet people from these places? Is it because you are curious about these countries?

Trainee W: Not curious. But I want to learn about new people from other countries that you've never been to.

YX: If it is not curious, then what it is that makes you want to learn from other cultures?

Trainee W: You want to get more experience from other countries.

YX: Then why would you want to get the experience?

Trainee W: Because you are learning something new every day.

YX: So you want to learn something, not because you are curious about them, you just want to learn more about other countries.

Trainee W: Yes.

[00:35: 35]

YX: OK. How will you describe the relationship between you as a trainee and the crew members on the ship? How did the trainees and crew members get along with each other?

Trainee W: I don't really know.

YX: I mean do you feel the crew member are strict or not? Do you feel if there's any obvious hierarchy on the ship?

Trainee W: Yes.

YX: For example, if we are in a company, there will be boss and stuff; in the classroom, there will be teachers and students. On the ship, do you feel the crew members were like teachers or do you think they .../

Trainee W: They are like teachers and boss at the same time.

YX: Do you feel they are also like friends?

Trainee W: Not really.

YX: Not really. OK. How do you feel like that? Would you prefer they become more like friends?

Trainee W: Yeah.

YX: So you hope the crew members can be more like friends to the trainees and the hierarchy can be looser?

Trainee W: Yeah.

YX: Do you feel the crew kind of help contribute to the trainees' cross-cultural learning? We had different nationalities on the ship and the communication with each other is also learning from each other. Do you feel the crew members also help facilitate this? Or do you feel they are more focused on sailing?

Trainee W: They were more focused on sailing. When you were sitting in the under-deck saloon, they never sat with us. They didn't spend much time with us. They were busy planning that they would like to win the race. But when we had some activities like volleyball, they were open and joined us

YX: The volleyball game was in the harbour instead of being on the ship. So do you mean on the ship they were quite like teacher and boss, but in the harbour they were more open?

Trainee W: Yeah.

YX: Since all the crew members are Swedish and they sometimes spoke Swedish on the ship, whether do you think their cultural backgrounds have impacted the cross-cultural learning process?

Trainee W: Not really. Because I understand what they say. But the British people may feel outside.

[00:40: 40]

YX: You think the British people may feel outside?

Trainee W: A little bit when we spoke Swedish because they didn't understand what we were talking about. Sometimes they warned us to speak English. The crew members sometimes spoke Swedish to Swedish people, but if there was anyone in the group was British, they would change the language.

YX: All the time?

Trainee W: Not all the time, but people would try to remind each other.

YX: As you've just mentioned, sometimes British trainees may feel a bit outside because of language. Do you think it will make a big difference if all the crew members were British?

Trainee W: Yeah. They will speak English but we people from Sweden, we don't really understand British English. You know, for example some slangs they use.

YX: Ok. You feel the crew members were more focused on the sailing part, then it's mainly the trainees found some activities to do by themselves. Some cross-cultural games or activities. For example, there's once, Per played guitar at the bow, many people just automatically gathered around him and singing there. And the Swedish trainees also prepared a crayfish party in Gothenburg. So mainly it's trainees came up with ideas like this, how do you feel like this?

[00:43:48]

Trainee W: When we got to the harbour of Gothenburg, we had this Swedish Day. Most of the British trainees went to Liseberg and some of them disliked the food.

YX: I mean this Crayfish party presents sort of Swedish culture, then the Swedish trainees would like to show the Swedish culture to other trainees on the ship which was good. And some other activities were also organized by the trainees. What do you think if these activities were led by the crew members or the mentor on the ship? Which do you think will be better?

Trainee W: It would be better if the crew members propose the ideas because they are the mentor or teacher. If they can come up with some ideas that we can choose or we trainees can add some ideas and we find some common interests to do.

YX: So do you mean if the crew members come up with some ideas and the trainees also add some of their interests and they discuss to do something together.

Trainee W: Yeah.

YX: So your suggestion seem to be a middle point, not the trainees do something themselves, not the crew members tell the trainees to do something. Instead, they come up with something together.

Trainee W: Yeah. They need to work together to find a point that they both like. Then they will get closer to each other.

YX: For example, if we have two situations here. The first situation is Trainee T came up with an idea and said "Hey guys, let's play this game together!" Some people who want to join the game will just join. The second situation is Sea staff J said "OK guys, let's play this game." Which way do you think you will be happier to join?

Trainee W: In the group, if people are open-minded to play the same game and do the same activity to learn from each other...

YX: OK, let me explain more about this. Some of the trainees mentioned that if it was the crew or the mentor to organize some games, they may not feel so motivated to join because it sounds like the teacher gave them some assignments. But if it was their friends who tried to come up with something, they would like to do more because they don't feel any pressure and have more freedom. What do you think about this opinion?

Trainee W: Yeah, it makes sense.

[00:49: 18]

YX: For you, do you think it's the same situation or do you think it's not?

Trainee W: Yeah, I choose not to play football but I chose to join the rowing competition.

YX: I mean when we were on the ship, for example, when we were sailing at sea. We did some activities on the ship, for example, do you remember there was once Trainee D brought the topic about her school uniform, and people started a conversation about the uniform and all-girl school and mixed school and stuff like that. So people spontaneously came up with these ideas instead of crew members giving them any topics to discuss. So one is that things happen naturally and the other is that the crew members give them something purposely. How would you compare these two ways of doing activities and having conversations?

Trainee W: Naturally.

YX: Naturally? You feel like doing things naturally on the ship?

Trainee W: Yeah. One day I woke up from a nap on the boat, and I saw other people doing Yoga

YX: Yoga? I saw the picture, and you joined them, did you?

Trainee W: Not really, but I took some photos. In our (watch) group, they didn't know what to do, then I also did that with my group.

[00:52:00]

YX: With your group. OK. Before you got on the ship, did you know this is an EU exchange program?

Trainee W: Yeah.

YX: Because I was on the ship as well as an Asian. Then did you doubt whether there's a Chinese people here in this EU exchange program?

Trainee W: Not really, because I knew you were from the University of Edinburgh. And you were studying here on the ship.

YX: So you thought I'm also in Europe?

Trainee W: Yeah.

YX: Then what if the exchange program is an exchange between Asian and western exchange, do you think it will be a difference?

Trainee W: Very big difference.

YX: Very big difference? Then how do you like this idea?

Trainee W: Very exciting and I think we will learn from each other. I think the food culture will be a big difference.

[00:54:00]

YX: The food culture?

Trainee W: Yeah.

YX: OK. You just mentioned something about Hong Kong, I would like to ask you something about your cultural identity.

Trainee W: OK.

[00:59:13]

I am a

A. International Citizen

Because I have both the Swedish and Chinese backgrounds.

B. Swedish Resident

C. More Chinese (Cantonese) and less Vietnam Relevant

I'm also relevant to Vietnam a little bit because my mom and dad were born in Vietnam. So mum and Dad bring in Vietnam culture at home. My dad listens to Vietnam every day and mum can make Vietnam food. I can't speak Vietnam but I can speak some Cantonese.

D. Particularly interested in France

My grandfather used to have a friend from France and I think he could speak French in Vietnam.

Ranking: A → C → B → D

The reason I put C before B is that if you ask a Swedish people "Do you think I'm Swedish?" They will usually say "No." It's like fifty-fifty. Some people may say "Yes and no." I sometimes also confused about this and not sure about my own identity, this is also the reason that I put myself as an international citizen instead of Swedish citizen.

YX: Ok, since you have sailed for not only once, have you ever come across to any situation that some people feel confused about your identity on the ship?

Trainee W: Not really.

YX: How do you feel about this mixed identity? Do you think whether it brings you some good things or some bad effects?

Trainee W: It will be a good thing if we are more international. I didn't really see the miscommunication in the group (I didn't come across to the situation being misunderstood or misidentified), but it will be a good thing if we are more international.

YX: So is this the reason that you prefer a more international group of people on the ship?

Trainee W: Yeah.

YX: Maybe you will feel more comfortable and people will care less about where you are from very detail.

Trainee W: Yeah, EXECTLT.

YX: As far as I understand, Trainee T may have the similar issue with you on this topic because he also has mixed family background.

Trainee W: Yeah

[01:01: 15]

YX: Have you ever chatted with each other about this topic?

Trainee W: No, we don't need to talk about that, we already know that.

YX: Then how would you say about Trainee T's identity.

Trainee W: He has a little bit of confusion.

YX: Do you think this is a kind of common problem in Sweden among the generation whose parents are from different backgrounds?

Trainee W: Yeah.

YX: During the voyage, have you ever done anything that made you surprised by yourself? For example, you never thought you would do anything like that?

Trainee W: No.

YX: Or do you feel a bit surprised of making friends with Trainee E?

Trainee W: Yeah, I was a bit surprised about that.

YX: Would you also like to be a person like that, like Trainee E?

Trainee W: No.

YX: You just like his personality? So do you have any other friends are like him?

Trainee W: No.

YX: No. So he's the only one. It's like you found a new friend type in your life. If you met a person like him in Sweden, will you become friends with this kind of person?

Trainee W: No, I will think he's weird.

YX: Then because you were on the ship, you made friends with Trainee E but if it was in the daily life, it's very difficult for you to make friend with a person like that?

Trainee W: Yeah.

[01:03: 50]

YX: So except going to the United States, have you joined any other cross-cultural events after the voyage?

Trainee W: No, I haven't got so much the time.

YX: Ok, I was also wondering what time did you plan the trip to America? Before the voyage or after the voyage?

Trainee W: After the voyage. It was one month before we went to America.

YX: Then what made you want to go?

Trainee W: It's a new place and new things to see.

YX: Is that your friends suggest to go with you or you suggest to your friends? Who came up with this idea?

Trainee W: My friend.

YX: Your friend. Then what was your first reaction?

Trainee W: She asked if we wanted to join her. We said "Yeah, why not?!" Then we went.

YX: If you didn't join this voyage, would you make the same decision? Do you think the voyage has any impact on the trip to the States?

Trainee W: No, I don't think so. Because I'm a person who loves travelling and seeing new places

[01:06: 36]

YX: Ok. You also have the plan to join more exchange voyages in the future.

Trainee W: Yes. Maybe in May I will go to London because the son of my father's friend is going to get married. My father was invited to participate the wedding.

YX: So you may go to London. But it's not a voyage, it's for travel and stuff.

Trainee W: yeah.

YX: Do you feel excited to go to London.

Trainee W: Not really. Because of the terrorism attack.

YX: So you feel a big nervous about going there?

Trainee W: Yeah.

YX: Then looking back to the whole voyage, being locked on the ship for two weeks' time with the same group of people. What do you think you would appreciate the most and what would you complain about?

Trainee W: Maybe get closer to the friends.

[01:09: 30]

YX: Do you want the relationship to be closer?

Trainee W: Yeah, if you wanna do that kind of travel again for the voyage, yeah. (If there's a chance to sail again, I would love to get closer to people on the ship.)

YX: Like time you mentioned you quite like the fact that we don't have wifi and signal on the ship. We didn't have check our phone and the social media. And you feel it's the same thing to make friends with people on the ship and on the ground.

Trainee W: Yeah.

YX: Last time you also complained a bit about the time of the working hours on the ship because you sleep very little in that case.

Trainee W: I was on the night shift, I proposed to change the shift but we didn't do that.

YX: So you think it will be better if we can change the shift on the way back?

Trainee W: yeah.

YX: Then what would you say is the biggest difference between an exchange program on a sailing ship and on a cruise? On a cruise we don't need to sail, we just need to do some cross-cultural activities. Do you think it will make a big difference?

Trainee W: yeah.

YX: Like what kind of difference?

Trainee W: We don't need to ... focus on sailing, we just focus on having fun and communicating with each other.

YX: What do you think is the advantage and disadvantage?

Trainee W: The good thing is that we are sharing our (sailing) experience.

YX: So do you prefer to be on a sailing ship or not?

Trainee W: I prefer we stay on a sailing ship and sail with the group of people. When we are on the ground, I prefer to do the activities, together with the crew. 完全答非所问。

[01:13: 20]

YX: So if you have to choose, will you choose to be on a sailing ship or on a cruise?

Trainee W: I prefer to be on a sailing ship.

YX: Then how do you think the time of two weeks? Would you prefer it to be shorter or longer?

Trainee W: Longer time.

YX: How long?

Trainee W: A month.

YX: A month. Ok. We also talked about the social media detox, can you try to compare people's behaviour on the ship without signal and wifi and your friends in the daily life? Do you think people behave differently?

Trainee W: Yes. If you have wifi or signal on the phone, people will be more friend with the phone instead of with people.

YX: more friend with the phone, that's an interesting expression. Do you think phone is sometimes not a very good thing for young people to make friends?

Trainee W: Yes.

YX: Then how would you get to know different cultures? Before you went to the voyage, you may already know something about the UK and maybe China. Where did you get the information and knowledge? From the online platform, the social media or some news?

Trainee W: Yeah. All these platforms

YX: Do you think this knowledge helped you to understand people from these countries?

Trainee W: It helps in a bad way.

YX: In a bad way?

Trainee W: Yeah, because the social media mainly shows the bad sides of a country.

YX: Do you think so?

Trainee W: Yeah. Because if anything bad happened in a city, the news will directly expose this.

YX: I know what you mean. Do you think meeting people from these countries helped you to recognize what's actually going on?

Trainee W: Yeah.

[01:16:30]

YX: That's good. Do you miss the voyage sometimes?

Trainee W: Yeah, maybe some time when you get out from your hometown, when you want to go out and see the world.

YX: Do you feel this voyage makes you feel more want to get rid of the hometown sometimes?

Trainee W: Yeah.

YX: Did you feel even eager to go outside for the next trip after the voyage?

Trainee W: Yeah. It made me want to travel more.

YX: It made you want to travel more.

Trainee W: Yeah.

YX: Then what's your next travel plan then? Except going to London this May.

Trainee W: Maybe China.

YX: Maybe China. And as you've mentioned maybe another sailing voyage this summer?

Trainee W: Yeah. I don't care what kind of country (that we are going to sail to), but if you sail, you're gonna go somewhere, when you sail, the wind will blow you there.

YX: The wind will blow you there. The expression is very romantic.

Trainee W [Laugh].

YX: Thank you very much. I think that's almost everything. Your response is very help. Is there anything you want to ask me or anything you want to add?

Trainee W: Not really.

YX: OK. Thank you.

4) Follow-up interview 4: With Trainee R in Sweden, March 27th 2017

Participant: Trainee R

Date: 2017/03/27

Time: 6:00 pm

Venue: Airbnb dining room, Gothenburg, Sweden

I gave the interview introduction and handed out the information sheet and consent form for Trainee R to read and to sign.

[00:03:26]

YX: Since it has been six months after the voyage, so first I would like to remind you something about the voyage. This is the 10 stages of the voyage [hand out the 10-stage map to her], we can use this as a reference. Could you please try to recall the experience from the start point? How did you find the information of this Exchange Program? I remember last time you mentioned you found it on the internet.

Trainee R: Yes, I found it on the internet and ...

YX: And then you applied for it?

Trainee R: Yeah. I didn't really think about it. I was just like "Oh, what's this? It sounds really cool." But I've never thought I would actually be in it. They were just like "Hello, welcome, this is the first meeting, come here at this time." Then I was like "What!" So that's a big surprise for me.

YX: Then how would you score this stage? Your happiness or satisfaction of this stage, the whole process of getting information, applying and getting the chance.

Trainee R: It was pretty high, I would say it was an 8. I really look forward to this.

YX: And then how did you go to the ship? Did you go to the ship by your own or your parents brought you there?

Trainee R: My mother's ex, we still have contact with him. He has a car and drove me there.

[00:06:00]

YX: How was the feeling in the car?

Trainee R: I was like "What am I doing?" [Laugh] No, seriously, I didn't get it at all, I've never been on a boat like that before. I was just like I don't know, don't know what to expect. The stronger feeling was when we got to the boat and when he left. I was like "I don't know anyone and I've never been on a boat. How shall I get onto this boat?"

YX: Then did you feel happy, excited, nervous, scared?

Trainee R: For?

YX: When you were on the car, on the way to the ship.

Trainee R: I don't know, I just feel confused. But I think I was a bit nervous.

YX: A bit nervous, then how much score will you give it to this stage of your way to the ship?

Trainee R: It actually was kind of low, it was a 4 I would say.

YX: It was a 4.

Trainee R: yeah. I'm really bad at this, when something important is gonna happen, and I only get REALLY nervous the moment before. It was like a shock, like "I'm going there and lalalala, then the moment before, I would be like 'what am I doing?!'" That's how it works so I would say a 4, yeah.

[00:07:42]

YX: Yeah, and then you were told how you could get onto the ship. And then it's like you initially got on board, everyone is new for you, you don't know what's going to happen in the next two weeks' time. The person who drove you here has left. How did you feel like that?

Trainee R: Well, I don't care about him. I was just like I can speak to them anyway, it's just like I don't know anyone. So I don't know, I didn't think so much about what's gonna happen in the two weeks.

YX: because you don't know what to expect?

Trainee R: Yeah, exactly.

YX: So how would you score that stage, getting on the ship for the first 10 minutes, 20 minutes?

Trainee R: It's always like when you meet something new, I always become calm because I usually get nervous in the middle because I don't know anyone and I guess people don't know each other as well. It's just like to start a new journey.

YX: Then do you think it's still a 4? Or do you think the feeling gets a little bit better or even worse?

Trainee R: I guess it would be a 5 because I'm still pretty neutral.

YX: OK, then the trip started and you needed to spend 5 days with the same group of people on the ship. But gradually you got closer and closer to people on the ship. How do you feel that process?

[00:10:05]

Trainee R: At first, I didn't think I got any close to anyone. I was just trying and talking to them and everything. I don't know, I got friends in the LAST days from the trip. Friends like the people you can hang out with. But at the start, I didn't really.../I felt like I didn't feel very close to anyone. Well, except you, because I really liked talking with you!

YX: Thank you [Laugh].

Trainee R: And anyone else was like, I don't know if it's the same kind of thing besides Trainee T and Per. They were the ones that I ultimately hanged out with the most.

YX: So they were kind of close to you.

Trainee R: yeah, I lived in the same room with Per, and we were both Swedish so we spoke Swedish in the room. And he slept over me so obviously we had a lot of discussions. And Trainee T we also hanged out.

YX: And then if you didn't get very close to other people, you may get to know them more and more, get more familiar with people there and the surrounding there. How do you feel like getting to know everyone and getting to know the ship and everything?

Trainee R: I really like, I'm so curious when (I'm) in a new place and meet new people, I really want to know you (new people), I want to know how things work. I'm interested in so many new things. Because my brain needs all the new impressions, I love travelling.

[00:12:28]

YX: Then how would you score this stage?

Trainee R: 7.5 if that's OK.

YX: That's OK, 7.5. What about the feeling of getting a bit closer to people like Trainee T and Per? How do you feel to have some closer people on the ship?

Trainee R: When I got to know new people better, of course I feel great about it because I obviously like them a lot. So when I start to feel like it's mutual, I get very happy. So that's the best feeling for me.

YX: Then how would you score that?

Trainee R: 9.

YX: 9. Is this the first time you went to a British city, to Blyth.

Trainee R: Yeah, I've never been to the UK before.

YX: All right. Then how do you feel the experience in Blyth harbour?

Trainee R: I was actually a bit surprised because I heard it's a boring place and not many people (are living in that city) so that my expectation was low.

YX: You heard from?

Trainee R: I don't remember, just from everywhere.

YX: everywhere?

Trainee R: Yeah, when I really went there, it was actually .../ because we had the festival thing, and we walked in the town, and to the beach, that was so nice. The town is huge, it isn't small at all.

YX: Do you mean you heard the city (Blyth) is a bit boring, or do you mean you heard British city is a bit boring?

Trainee R: No, Blyth.

YX: Blyth. OK. So you feel it's quite nice experience there?

Trainee R: Yeah, I like Blyth.

YX: OK, then have you get any impression on the people there?

Trainee R: Not so much actually. OK, maybe a bit cause we went out so we met some Swedish people and they were really like talkative. It seems to be normal that they went out with their parents.

YX: They went out with their parents?

Trainee R: Yeah, we met a couple of siblings, the sibling of one of them came with parents. They came to the same place and drank with them. "Let's buy a bottle!" And then we talked to someone else, he said this is like pretty normal that people went out with their parents.

[00:15:50]

YX: So do you feel the British people are more talkative than Swedish people in general?

Trainee R: Yeah, but people are always different, I mean Swedish people can be talkative as well, but in a different way, I don't know how to explain. But in Blyth I got a good impression there once I spoke to people there.

YX: Then did you feel surprised to see people being talkative there?

Trainee R: No, not really. It's just positive surprise, I didn't expect any bad or good behaviour s.

YX: OK, how would you score the experience in Blyth then?

Trainee R: ... I would say 7.5.

YX: Then after the festival finished, we departure for the second voyage. How do you feel the second 5 days on the ship?

Trainee R: You know the routines, you know .../ at first you were confused but people didn't expect as much of you (to have basic sailing knowledge and skills). While the second week, you were supposed to know more about the boat so it was a bit more stressful than the week before. But at the same time, you can talk more with people and we knew stuff about everything. It's a different way of discovering. I don't know. Like if you ask me which part of the journey I like the most, I wouldn't know, like just different parts of the beginning and everywhere.

[00:18: 24]

YX: Then how would you score this part? The racing part.

Trainee R: I would score it an 8 all in all.

YX: So it's a bit better feeling than the way going to Blyth?

Trainee R: No. Maybe. I'm not sure, I don't know.

YX: That's fine. Like you know, on the way back we are going back to Gothenburg, your hometown. When we arrived in Gothenburg, how did you feel? With all the activities happened in Gothenburg and the interactions happened in the Gothenburg harbour.

Trainee R: I was looking forward to those things like hang out with people in Gothenburg. But at the same time, I knew that after this, what am I going to do? I'm going to study which is a bit stressful. I have other things in my mind at the same

time. And I just wanted it to keep going. So it was a bit .../ I didn't hang out so much at the festival, I went to the town when I had free time. I don't know, it felt weird just like I quit school or something and I was going to clean up my stuff. That sort of feeling. I don't know if you can understand?

[00: 20:00]

YX: Do you mean at the final stage of this voyage?

Trainee R: Yeah, people were starting to go back, some people left earlier than others, it feels like people is over or so now. And the adventure we had on the ocean was just sipping away. I wanted it to continue. I felt that I was so willing to be on the ocean sailing, discovering new things, continuing to learn.

YX: Well, then except for this kind of feeling of being a bit down. We also had some Swedish trainees organized crawfish party and other stuff. How did you like this experience?

Trainee R: I really like when people try to show others something from their countries with enthusiasm. But the thing is that on the other way, some people don't really care.

YX: Some people? What do you mean by some people here? From Sweden or?

Trainee R: Some Swedish and some English people. The attitude of some of them was like "I don't care." The contracts made me feel like .../ when we were in the Blyth, the British people and Swedish people, most of the British people hang out together.

YX: Do you mean in Blyth or in Gothenburg?

Trainee R: In Blyth and in Gothenburg, overall. They were like two groups.

[00:22:19]

YX: Do you mean in the harbour?

Trainee R: Yeah.

YX: then how would you score the experience of being in the Gothenburg harbour?

Trainee R: A 6.

YX: 6. And when all the activities ended, people needed to leave the ship, say goodbye to each other and go back home, how would you.../

Trainee R: Score that? 3.

YX: OK. I noticed that you've been Facebook friends with most of the trainees on the ship. Have you kept in touch with any of them?

Trainee R: Not really. Per and Trainee T, we spoke a lot last year, like we spoke and talked about life and stuff, but since you don't meet.../ I met with Trainee T at Christmas when he came back to Sweden since he lives in Scotland. But it was like we were going out with his friends and my friends, and then he had to leave a couple of days later. So that's that, and he's in Scotland and he's busy and I'm busy. You know? It gets sort of distant. And people on the boat and live in Gothenburg, we

didn't connect (very much) on the boat so it doesn't so feel weird that we haven't met really.

YX: Yeah, people also mentioned it's quite difficult to keep this kind of connection when the voyage comes to an end.

Trainee R: Yeah.

YX: yeah, so it's like you used to keep in touch with Trainee T and Per for around 2 or 3 months after the voyage.

Trainee R: yeah, until like January, but I haven't spoken so much with them recently. So it's like speaking to them less and less and less. So I just like wait for Trainee T comes to visit or I will visit him or Per. I don't know. Cause Per didn't like here now, he moves to Africa.

YX: Yeah. Then how would you score this after-voyage stage? Like after the voyage, you contact with some friends online for a while, but not very intimate.../

Trainee R: I felt that it was funny, but it was sort of to realize that connections that you could have had stopped. Oh, and I also had a good connection with Dana, the English girl. We spoke a lot on the ship and we had a lot of fun together. Bu her connection with me stopped earlier than Per and Trainee T. I don't know, it's hard because it's like ups and downs so it's hard to just say one for everything.

[00:26:52]

YX: Can you try to have an average.../

Trainee R: yeah, I try... well, I would say a 5 because I really want to know them but when you can't, it's like sad. So 5.

YX: So it's like the best stage you feel is getting close to a couple of the trainees.

Trainee R: Yeah, AND YOU.

YX: Thank you.

Trainee R: You weren't one of the trainees but you were sort of one of the trainees.

YX: yeah, I think I'm kind of one of the trainees.

Trainee R: yeah, you are one of the trainees.

YX: And Trainee T, Per and Dana.

Trainee R: Yeah.

YX: It's good! Then what do you think is the biggest difficulty for people to keep the connection after the voyage?

Trainee R: Well, I don't know. But I would say that since people live separately then you don't see each other. For me, one of my theories (principles) is that when you don't see people or meet them, you can't really feel them the same way. When you write, you just write those words, you could be writing with anyone, but when you don't see the person, you don't know how they react. You can express happiness with words but you can't communicate with people in the same way. So you don't really believe it unconsciously.

[00:29: 26]

YX: Like you can't feel the person very truly.

Trainee R: No, you can't. And that kind of memory of them just disappears or fades. If you don't meet them, if you don't see them, if you don't do stuff together, then ... I talk it stays somewhere. Talking to people through phone is actually better because at least you can hear their voice. But you have to have some secureness to speak to them on the phone. I don't know, this trip was short. I think some people really got close, but if you didn't, it's hard to talk on the phone. And you need to put time, energy and effort to keep contact with people. If you both don't try, or if one tries but another doesn't response actively, you can just try try try but the other one is just flip out all the time. There are a lot of reasons I think. Sometimes people just get ill or something, they get sad or they get difficulty trying to keep in touch for a long time. I have some sort of period last year that I went from bad to good all the time. And then it affects everything.

YX: And like you've mentioned the trip of two weeks is a bit short?

Trainee R: yeah. I would have loved it if it's a bit longer?

YX: Like how long would you prefer?

Trainee R: A month.

[00:31:24]

YX: A month. Do you think if it is longer, is it going to be better? In which way?

Trainee R: Especially everyone will get to know each other better, or maybe worse. I don't know. I don't know when you are in the situation like this. Usually you move from situation to situation, you have school, you have job or something with different kinds of people. Being on a boat, then you would sort of create a life because one month is less of a trip and more of a living. You live one month in a boat. Do you know what I'm trying to say?

YX: Yeah.

Trainee R: Cause two weeks feels like a vocation. Sort of, depends on what you are doing.

YX: Then in the last interview, you mentioned when we are in the voyage, it's very difficult to see whether you were changed in any way, you learned anything from the voyage. You mentioned it may be found in the later life. Like the way of doing things or saying things. Did you discover anything you picked up from the voyage? For example, did your parents or your friends notice you come a bit different in any way?

Trainee R: Well, my close friends usually don't like "Oh, my god Sabi, you changed so much!" When I'm with my friends, I'm just I am and I change a lot all the time, depends on what am I doing and who am I hanging out with. So my mode and my mood can change a lot, so my close friends don't question that, they just see me as I am. My parents, HAHA, they don't know me very well at all! So they wouldn't notice anything. MAYBE if I tattoo my face, they will be like "What have you

done?!” But no, they wouldn’t notice so much. If I’m more positive or sadder or more outgoing, they wouldn’t notice.

[00:35: 20]

YX: Then did you reflect something by yourself about what you have done on the ship? For example, did you do anything you feel “Oh, I’m so surprised that I’ve never thought I would do something like this”?

Trainee R: yeah, well, yeah, of course.

YX: Like what?

Trainee R: Everything I did on the boat, I never thought I would do (that) in my life. I never thought I would be on an ocean, climbing the masts and climbing so high up, this kind of thing.

YX: What about the social part?

Trainee R: The social part, yeah, it was two weeks, but I think I grew somehow cause I had to make it to be with a group of people I never met in my life for two weeks.

YX: And from different cultural backgrounds.

Trainee R: yeah, but that wasn’t so ... I think that wasn’t the hardest part. I actually get along better with British people. Maybe that’s because I’m not completely Swedish myself. I’m Swedish but my parents aren’t, so I’m affected by that. So I guess I feel sort of outsider even if I’m with Swedish people especially if they have parents are both from Sweden... I guess I surprise myself a lot, like all the time. Sometimes I stopped caring, it’s a good feeling for me, but it comes and goes. Some days I felt I really care what everyone thinks about me and some days I felt like I want to have attention and I want people’s acceptance. So I try more to make them see me or like me.

YX: So the feeling became more and less, and more and less.

Trainee R: yeah, it goes like this. But I’ve grown a lot of my secureness this last couple of years. Because I was really insecure before.

YX: So do you mean you generally get along better with British people than with Swedish people?

Trainee R: Oh, no, it’s just like any person from other countries than Sweden. It could be Denmark. Seriously. It’s really weird but it’s just I don’t know why. It’s just like that at first. But of course my best friends are Swedish people so of course I get along with Swedish people. But it’s just in the beginning...

YX: Then did you make any friends who were out of your expectation on the ship?

Trainee R: Yeah! I didn’t think I will be close with Per or Trainee T at first because we didn’t talk so much at the beginning but I didn’t really have a picture of who I would be good friends with. Like I came on the boat and saw everyone, I was like “OK, I don’t know anything.”

[00:39:28]

YX: But if you didn't talk too much in the beginning, then how you gradually became closer to each other.

Trainee R: I don't know. I guess that's also Trainee T who showed some interest and spoke to me and that made a huge difference. Of course if someone shows interest in you, show interest back. For me, it's like that. But with Per, we lived in the same room, he slept over me, and he played the guitar and we had a lot of discussions and we talked about a lot of things, we are in the same watch group, we hang out all the time. So it was sort of inevitable. Not inevitable, but it's about to happen.

YX: OK, then do you have any types of friends that you are particularly interested in or are you just open to any type of person?

Trainee R: yeah, I'm very very open to that. I think so. Because all of my friends, some of them didn't get long because they are so different. But I get along with this group and I get along with that group. But of course, they have to have some sort of ways of thinking because I can't get along with them if they don't agree with some stuff.

YX: Yeah. When we were on the ship, there were quite a few nationalities, not only British or Swedish, there are also Dutch, German, and others? Later in your life, have you ever met anyone from these countries?

Trainee R: Not really.

YX: Then did you talk to your friends about this voyage?

Trainee R: I used to. Since they weren't on it so I showed them the pictures and told them this happened to me, and that happened to me. But since they weren't with me, they can't really understand my feelings or things that happened. But of course many of them were happy for me.

[00:42:50]

YX: Then have you come across to any situations that when you were watching the news or seeing something about those countries and this reminded you of any people from the voyage?

Trainee R: No, not really.

YX: I noticed you posted something on Facebook that "10 charities that you can help Syrian people" last December.

Trainee R: See, you are like one of those few people who would actually care about that. Like people here in Sweden, people play the ignorance game that people try to ignore the "trying to help" thing. And I actually started to give up on Facebook, I used to, if you go to my History, I shared almost every day about human rights.

[00:44:20]

YX: From when?

Trainee R: From high school.

YX: Yeah, I noticed you are quite interested in these topics like helping people, showing humanity.

Trainee R: Yeah, but now it's not much. Actually now I'm working with kids.

YX: Working with kids?

Trainee R: Yeah, I'm a teaching assistance for 10 and 11 year olds, grad four.

YX: is this an organization or school?

Trainee R: School.

YX: Oh, you are a teacher now!

Trainee R: Teaching assistant. So I try to do something to them and everywhere I go, if someone said anything racist, I try to talk to them about it; and react when there's something wrong. I feel that I need so much energy lately to involve myself.

YX: What do you think made you lose this kind of energy lately? Is that because of the ignorance game you mentioned just now?

Trainee R: No. I don't know. Before I got this job, I was sort of in a limbo state that I felt out of place, and I started to get sort of, not depressed, but I've been depressed before. So I sort of get into the same pattern. Getting lost, get anxiety and stuff like that. So I still have some of that even though I'm working. At least work makes me feel that I can do something. But still this kind of work is quite stressful so it's not the best kind of thing for me, really. But I'm trying to do it and get outside of the negative mood.

YX: When did you start being a teaching assistant?

Trainee R: Middle of February.

[00:46: 45]

YX: This year?

Trainee R: Yeah. About more than a month.

YX: Then how did you decide to work like this?

Trainee R: it was an opportunity.

YX: Opportunity?

Trainee R: Yeah. My best friend's mother works in that school. They talked a lot about they needed that someone new and someone good for the kids. They asked around and she said "Maybe I think I know someone." So she asked me, I had to get a job so that this could be good for me. But I worked with kids before, and at that time I thought I would never go back to it. But it's OK, I still wanted to have a try, so I did. Then I went to the school, talk to the principle and everything, and they said OK. And now I will not quit until the end of this term, until June. Yeah, they asked if I wanted to continue work, but I wanna study.

YX: You wanna study?

Trainee R: Yeah, I will start apply for some schools. I haven't been doing that much and now I want to try that again, I know more what I should study instead of what I did before. I think I have to do something with theatre, music, drawing or movies or photography. I have to do something creative like this because I can't just completely sit and write, I can't do that. It doesn't work for me.

YX: Do you think after this voyage, you've done quite a few things, especially you made quite a few decisions for your life. Do you think the voyage influenced you of making these decisions in any way?

Trainee R: In the beginning, it did. It was really weird actually. I went to a library and I borrowed all the books about boats and sailing. I was like "I'm gonna learn."

[00:49:20]

YX: Like after the voyage, you try to learn how to sail a boat? That's so cute!

Trainee R: I looked for courses and programs, but they told me there was not program like that, you just have to sail. But I thought at least I can learn something like the names of parts on a boat or stuff. And I was actually considering to go on a boat, and go on another boat and just continue like that. Then I don't know what happened and I didn't think so much about that. I thought maybe I will forget everything in my life and just sail, to be a captain in the future or something.

YX: What about now, is the feeling still there?

Trainee R: Now, no, it's not.

YX: It calms down.

Trainee R: Yeah! I'm usually like that when I come across something new and I really like that, then of course I want to continue it because I get the feeling that it's good. Then when I don't do it, the feeling fades.

YX: Then how long does it take you to, for example, borrow books and have the plan to work on boat or something like that?

Trainee R: I think I did it for like one or two months. But I was also doing other things, I was working and ...

[00:51:11]

YX: And then when did you decide you want to quit the university?

Trainee R: Oh, I did that quite soon after I came back. Maybe a few weeks afterwards, when I went to school, I went to some lessons, read some of the stuff and talked to people, it didn't feel right. I was really interested in the things I was going to read about sexuality and things like that, everything about identity and how the society sees people based on sexual identity or ...

YX: Do you mean gender equality?

Trainee R: GENDER! Yeah, with gender. It really interests me but it's very scientific. The things we have to read are boring and so far away so that I did get enough passion. The reading was kind of plain and many things were difficult with the texts. I got bored and I couldn't understand, I thought "Am I going to put all my time in this?" It didn't feel right so ...

YX: Is that the first year in the university?

Trainee R: Yeah, because I took one year off school after I quit high school to have worked and travelled.

YX: So it was a few weeks after the voyage that you quit the university. Do you think this will maybe slightly influenced by the voyage as well?

Trainee R: Yeah!

YX: In which way?

Trainee R: because I had this kind of feeling that I felt so uneasy being still. I didn't want to sit in the school reading, I didn't want to be that. I wanted to travel, to meet people and to get more adventures sort of things. So after I came back and I quit the school, I started working full time again to earn money. With that money, I had a lot of fun with my friends. I went out with my friends, I met up with people, and had fun.

[00:54:35]

YX: It sounds like the momentum of sailing influenced you something in your life, so it's like your brain was still very active after the voyage, it's still seeking for something adventurous instead of being quiet sitting in the classroom.

Trainee R: Yeah, but I've always been like that. But sometime if you have a trip when is so close to the school, then it's (impact is) more, it's bigger

YX: Let's imagine, if you didn't join the voyage, do you think whether there's any chance that you will continue .../

Trainee R: the school?

YX: Yeah.

Trainee R: I think the chance is bigger than I wouldn't continue. But maybe I would have been the same ultimately.

YX: But this time you have had the idea again to start the university.

Trainee R: yeah, but now I know I should try something .../I know the courses better.

YX: I feel like this time you are kind of doing self-exploration, to find what you are really interested and then you have the passion and drive to start and finish it.

Trainee R: Yeah! That's what I want to do something that I'm going to finish!

[00:56:19]

YX: I can feel you have the passion about the theatre and music and everything when we were in the ship. And you were so good at dancing in the bar!

Trainee R: No.

YX: That's true, really. I was very impressed by your movement and everything.

Trainee R: Seriously?

YX: Seriously! I was like "Look at her, she's a star!" It would be really good if you can do something in the field of music, dancing and theatre. You will be good. I would strongly recommend you to do something in this area!

Trainee R: [laugh] Thank you June, it's so kind.

YX: I will always try to keep an eye on your updates and see how things go.

Trainee R: Well, I would keep my Facebook open then. But I haven't been posting so much lately.

YX: That's fine. And if I find anything interesting about theatre study or anything else, I will send it to you.

Trainee R: Well, that's so kind of you! That's seriously too kind!

YX: Because I really have the confidence in you.

Trainee R: Well, I will definitely do something in my life, to do something for myself.

[00:59:56]

YX: When you signed up for the program, did you know this is an exchange program?

Trainee R: yeah.

YX: Do you know there will be mixed nationalities on board?

Trainee R: Yeah.

YX: If there's a chance for you to choose the nationalities that can be mixed, which countries will you choose?

Trainee R: In the whole world?

YX: In the whole world, yes.

Trainee R: Since I speak Spanish, it will be nice to meet people who can speak Spanish. But, anyone really, no one makes me less or more curious.

YX: no one can make you feel less or more curious?

Trainee R: No, I'm curious about everyone. For example, even though Japan is more far away from Sweden, and like Lithuania, I'm curious about people in Lithuania even though their culture may be closer to ours than Japan. But I'm still as curious. And I expect people to be so different.

YX: Then how would you describe the relationship between you as a trainee and those crew members?

Trainee R: I thought most of them are very nice and kind. But I don't know, I thought they are sort of quirky and weird people. They are like boat people.

YX: They are like boat people?

Trainee R: Like the way they move, the way they express themselves. I don't know. You just know they fit very well with theatre somehow. The same things go with people who like draw and hand crafters. They also have special ways of expressing themselves, I get along very well with people that do theatre and arts. And the boat people are very similar with people who do theatre and arts.

YX: Then how do you think of the relationship between the crew member and the trainees?

Trainee R: That's the thing that I thought was a bit sad because it felt like here's the crew and here's the trainees, and they felt much separated. I understand that they have to have meetings themselves. But I think they should have planned it somehow

better, for example, they can eat with us, get to know us. Because we have to get to know each other. But maybe they have to be focused on the sailing and everything else and they are responsible of us.

[01:04: 25]

YX: Then do you think if they influenced the cross-cultural learning and communication on the ship?

Trainee R: Of course they influenced, but I don't know how.

YX: Do you think they try to contribute to this kind of cross-cultural learning or do you think they are more focused on sailing?

Trainee R: Yeah, that was my impression. But they seemed to be enthusiastic about us to have intercultural communication. I don't know.

YX: And you feel there's a kind of boundary or hierarchy between the crew member and the trainee?

Trainee R: Yeah, something like that. Yeah, I did. There is a kind of feeling, I didn't like it so much, I felt like somehow we have to prove ourselves in a way. You know, it's not completely not understandable because they work with boat, and the boat and sailing is sort of their life. Many of them have done that for a long time and some haven't. For example, Sea staff G was one of those that actually was a lot with the trainees. She talked more to us.

YX: Did you find the crew members in some way remind you of the school life? So they were a bit more like teachers?

Trainee R: Yeah, they were kind of different from us. It was like US and THEM.

YX: So do you prefer they can be more like friends instead of teachers?

Trainee R: Yes, because we are all teachers of some kind. We all learn from each other in different ways. Especially with the sailing, I don't know anything about it so I don't have anything to teach them. But there are so much else.

YX: So do you mean they were not contributing to the cross-cultural activities and stuff?

Trainee R: I guess they were, but I just got the feeling that there was some difference between us. For example, on the crayfish party, they were with themselves at first. And when we went out eating, it was we sitting on the table with trainees, and the crew went somewhere else to eat together. I feel like they didn't want to hang out with us sometimes. Some of them yes, but not all of them. I'm always scared when people think higher of themselves. I'm scared of that feeling when someone maybe look down you somehow. I don't know if that's what they were doing, I don't think so. But sometimes I felt like that. But they were nice and I like them, but I just want to get more contact with them.

YX: And me as a mentor and they as crew members didn't really many cross-cultural activities. It were the trainees actually came up with loads of ideas about this, and you were also leading some games and activities sometimes. It's kind of spontaneously to come up with these ideas. How do you feel of this part? What do you think this can happen?

Trainee R: I guess people want to get to know each other so that we just do something automatically. Obviously you are there and you know that you are gonna talk to people who you don't know. So if you don't want to do those things, it will be kind of weird. ... We are animals, we need acceptance, we need to socialize with people especially when you don't know anyone, you want to get to know each other. When you are on the boat and you know there are people from different places and then you...

[01:11: 13]

YX: Like you try to find some ways to get to know each other better?

Trainee R: Yeah, to get along because it's fun.

YX: Yeah. Sometimes when we chat to people, we get to know each other better, but when we are on the ship, there are quite a few times people had these activities, doing games and activities instead of just chatting. Why do you think people try to create things instead of just chatting?

Trainee R: Oh, I think it's because sometimes it's not the talking that makes things happen. It's like we can just play a game now and .../sometimes when you speak, maybe you can't find anything to talk about. So when you do something, for example, if both of you think it's fun, maybe you can get more ideas of talking, and maybe we can laugh at the same time and get the same sense of humour. Having fun together! It could also be talking of course, but sometimes when you don't know each other, you may not know where to start.

YX: How do you feel this kind of activities? Do you feel enjoy or ...?

Trainee R: I LOVE activities, I LOVE games.

YX: What if, let's assume, it wasn't the trainees come up with these ideas, it was the mentor or the crew members came and said "Ok, now let's play this game or that." What would you think will be better way for the trainees to interact better? Would you prefer trainees spontaneously come up with ideas themselves or organized by the crew?

Trainee R: Both.

YX: Both.

Trainee R: Yeah, I think everyone should be IN it. EVERYONE!

YX: So you hope to include the crew members?

Trainee R: EVERYONE. I don't think there should be any difference between anyone. I think that if you are on a boat together and you don't know each other. Then it doesn't matter if you are a doctor or a cleaner or anything.

YX: Then do you want someone to lead the game? Or do you feel it's better to just have the game very naturally?

Trainee R: It depends on what kind of game it is. If you need someone to lead.

YX: I mean, if there's a person, for example I as the mentor, says "OK, let's play a game together because I'm the mentor so I want to guide you to play some games." How would you feel that?

Trainee R: It will make me feel, not forced, but somehow like uncomfortable. I like the way that you don't make anyone do it, instead, you should put it like an idea, you say, "This is the idea, and we can do this because of this and this, would you like to participate? And if you don't want to, you don't have to."

[01:15:00]

YX: So do you feel it will be better if the mentor or crew can come up with an idea and then the participants can have a discussion and then play together.

Trainee R: Yeah, that could be something. And also, I don't think the crew should have some ideas, I think the trainees and mentor have the responsibility to come up with ideas and everyone did. "I have this, I have that game which I think everyone may like."

YX: So is it like for you, you think everyone on the ship can come up with ideas but not in the way because that person is the crew or this person is the mentor. Instead, any person on the ship can come up with an idea to start a game.

Trainee R: Precisely. And then anyone can be the mentor, the leader or whatever, depending on what kind of game it is.

YX: Yeah, that makes sense. Then because this is an EU exchange program, did you feel unexpected when you see me as an Asian people on the ship?

Trainee R: No, not at all. No, I didn't think of that because you could have been from any country. People look different and they are different.

YX: So just like what you have mentioned, it will be nice to have Japanese people on the exchange program.

Trainee R: No, I didn't say that, you misunderstood me.

YX: Then what is that?

Trainee R: I said it didn't matter for me, for me it will be the same if there are Japanese people (or people from any other country). It was just an example, I didn't mean I like Japan (in particular).

[01:17: 30]

YX: So you don't prefer any country?

Trainee R: No, no, no, I didn't.

YX: So what if the exchange program is kind of Asian and Western exchange, do you think it will be a big difference from this one.

Trainee R: Yeah, I think it will be, but not very big difference. Er... I think it's hard to tell, I could imagine it will be different because there will be a lot of moments. For example, maybe people speak English and don't understand Swedish may feel outside (when others talk in Swedish). That creates something about (the sense of) security. You may not feel safe when people KNOW that you don't understand but they still don't CARE enough to try to avoid speaking Swedish.

YX: Do you mean on our ship?

Trainee R: Yeah, and then they would say “Oh, it’s OK, it’s OK. It’s all right.” What can they say? “Hello! It’s really frustrating when you speak the language I don’t understand.” Especially I think that no one has said that Swedish is the main language on the boat, actually English is the main language on the boat.

YX: OK. Do you mean it doesn’t make any difference for you what the exchange countries are?

Trainee R: No.

YX: No. But would you prefer an exchange program instead of all Swedish people on the ship?

Trainee R: I think I prefer international one. Well, I don’t know, I think it would have been different if there are only Swedish people, I think. I would be in some way easier, but at the same time, it will not be the same thing.

[01:20:25]

YX: Let’s try to fill these questions on this card about your cultural identity.

<p>I am a</p> <p>A. <u>Global</u> Citizen</p> <p>I would probably say I’m a global citizen because I feel at home here but I don’t feel comfortable saying I’m this or that in the national wise. But I have sort of Swedish privileges compare to other countries.</p> <p>B. <u>Swedish</u> Resident</p> <p>C. <u>Peru and Kurdistan</u> Relevant</p> <p>My father is Kurdistan and my mother is Peru. I’m more relevant to my mother’s than my father’s country. Because in terms of language, I know Peru much more than Kurdistan. And I’ve been to Peru a lot of times while I’ve never been to Kurdistan. I have some relatives from Kurdistan here in Sweden but I seldom contact with them. I have better contact with the family in Peru.</p> <p>D. Particularly interested in <u>everywhere</u></p> <p>Specifically, I’m curious about everything. There’s not a place I don’t wSea staff C go to.</p> <p>Ranking: D→B→ A → C</p> <p>I will actually not use any of them when I present myself. I’m born in Sweden, it’s part of my identity but it’s not how I would first prefer to identify myself. So I would say that I’m interested in everywhere. Then “Swedish resident” and then “global citizen”.</p>

[01:26: 20]

YX: In the last interview, you mentioned you learned a lot about yourself during the voyage, do you think that what you've learned about yourself is still there now?

Trainee R: yeah, I think so, I think everything we've gone through is part of us.

YX: Then how did you find the hidden-self coming out?

Trainee R: I don't know if it was hidden or if it was just something new that I've learned and it became a new part of me.

YX: Have you ever thought of the identity issue during the voyage and afterwards? Like your cultural identity.

Trainee R: I did think of that during the voyage because it was a part of how people saw me. Usually, like my closest friends, they see a Kurdish Peru or someone different from them because of my looks. On the boat, I felt that somehow.

YX: I felt (what)?

Trainee R: Maybe not completely but like a bit, I was a bit conscious about how I look. With the brown skin and everything.

YX: But on the ship there were other people have the similar situation as you do. For example, Trainee W and Trainee T.

Trainee R: But we are few compared to others. We don't look like westerner, you know?

YX: Do you feel that affect during the voyage?

Trainee R: It always affects, it's always a problem because of the social structures that have been created during the history that makes people think unconsciously.../Consciously yes, but unconsciously also act and choose without knowing the meaning behind it. For example, the research has shown that in a room with people from different cultural backgrounds, the ones take the most space are the white ones because they get the most space in the society because generally people don't have white skin have some kind of disadvantage because of the history.

[01:30:45]

YX: Do you have any example that happened on the ship?

Trainee R: The typical example is when people ask "Where are you from?"

YX: Are there people asking you this question on the ship?

Trainee R: Yes, they did, not so many. But they were like automatically asking "Where are you from?"

YX: And then you said "I'm from Sweden, from Gothenburg."

Trainee R: Yes, then they will be like "I know, but where are you from?" On the boat, I don't want to have any discussions that make people irritated or something, so I skipped and just said "Kurdish Peru" because that's what they want to hear. You know.

YX: Are there anyone on the ship asked this question as well?

Trainee R: Not only that, I also feel insecure about my .../ that they could be thinking that I'm different than them just because my parents are not Swedish. I always feel like that.

YX: And you mentioned you didn't feel any longlines during the voyage, have you thought about that after the voyage.

Trainee R: Yeah, for a long time after the voyage, I really missed the ocean so much. And sometimes just because of that feeling I got calm and peaceful.

YX: Where do you think the peace came from? Did it come from the ocean, or from the people on the ship, or from the combination?

Trainee R: I don't know where it comes from, I just know that I felt that.

YX: So you haven't figured out why it is.

Trainee R: No. Sometimes I feel I'm more peaceful when I'm surrounded by people that I feel good with. That makes me feel comfortable, just think and get lost in my world. Sometimes it's when I sit by myself in the nature with the animals, the trees and the wind and everything. It's nice. So I don't know why. Maybe I will figure out if I go on to another trip on the ocean with another group of people.

YX: Do you have the plan to go for another trip?

Trainee R: Actually I did, I applied again for this year. But the plan was changed because I want to study, I don't feel like working again. I want to start new a life and meet people. You know? Then I won't be able to visit my family in Peru. So the best time to go there is the summer.

YX: Before the study starts?

Trainee R: Yes, that time was when the tall ship voyage is going to be on. Yeah, but I hope so, I want to do it again.

[01:34: 28]

YX: Then after the voyage, have you experienced any cross-cultural events?

Trainee R: Not really. But there are a lot of different cultures here in Sweden. I've been to festivals and meet people, they are all kinds of cultures and backgrounds. But nothing like that (exchange sailing program). And you?

YX: Maybe some workshops at school since there are people from different countries in the school. Not any exchange programs. But I was also thinking going for another voyage this summer. But I haven't decided yet because it's also depends on my study and school schedule. ... Are you currently work with Swedish children?

Trainee R: Yes. They are Swedish, not all. There's actually one kid is a refugee. He's been here for 2 years.

YX: Is there anything special about him?

Trainee R: Yeah, his parents aren't here although he has a foster mother.

YX: Then will you pay more attention to him after knowing he's a refugee.

Trainee R: Sure, he needs to be cared and to feel that he's not alone. But it's hard because I'm working with one class and he's in another class. So I don't always meet

him and he's not always in school. So it's hard, but when I'm close to him or when I get the chance to talk to him, I try to.

YX: It feels like you are quite interested in these social issues, as you've mentioned, you used to be quite active on Facebook posting those stuff. Do you feel you get a bit tired now doing these?

Trainee R: Yeah, I don't feel I get so much response when I do it. So I don't know if people can see my posts or if they read them when I write something at all.

YX: Did you do something else other than posting on Facebook?

Trainee R: Yeah, Yeah, Yeah. I was working in AMNESTY international volunteering there from 2013 to 2014.

YX: What did you do there when you were volunteering there?

Trainee R: I tried to share information to people. They are like go out on the street and meet people to tell them about what they do. So they are like "This is the case of someone such as a journalist from one country who was put into the prison because he or she wrote something bad about the society."

[01:40: 00]

YX: So is it something like social justice?

Trainee R: Yeah, there were a lot of cases around the world. So that's what I did. Because I agree more with the left politics than any other politics.

YX: I also remember you had some political discussion on the ship with the trainees. Such as Brexit and feminism.

Trainee R: Yeah, I don't remember so much from them though.

YX: Do you think those discussion influenced you anything?

Trainee R: Me? No, not anything new.

YX: Right. And we also discussed about social media detox on the ship. Can you try to compare your friends' behaviour on the ship without signal and wifi and your friends' behaviour in the daily life? Do you think if there's any big difference?

Trainee R: I really like that kind of, I LOVE that kind of connection with people when there's no computer or television or phones in the way. For me it's IN THE WAY! It feels distracting to have these things when you are with someone. I wonder how it would have been if people I knew were on the ship instead of people I didn't know.

YX: Have you ever thought of that?

Trainee R: Yeah, it will be weird if the people I knew were on the ship.

YX: Do you think it will be a good thing?

Trainee R: It will have a LOT of fun. Because we know each other and we are comfortable with each other. Yeah, it's different.

[01:43:30]

YX: In your daily life, have you ever missed the life on the ship or missed the life on the ship?

Trainee R: Yeah, I missed it all the time being on a boat.

YX: What do you think made you miss the ship most?

Trainee R: When I'm stressed or when I long for the sense of peace. I also miss the routines we had.

YX: The routines we had?

Trainee R: Yeah. I'm really bad at having regular sleeping patterns, food patterns. I felt physically better on the boat than I do now. Because on the boat you wake up at that time, you had some free time, you had working time. Sometimes you could be frustrated because you just want to do something (freely). But I hope to have kind of both because if I don't, I get too much in one thing. I have to change. I have to have the routine sometimes, and sometimes (live) freely instead of living in one way.

[01:46: 10]

YX: OK, I think that's almost everything, thank you very much, your response is very helpful!

Trainee R: I hope that helps.

YX: Yeah, sure! Is there anything else you want to add or is there anything you would like to ask me? About the research, about the trip and everything.

Trainee R: How did you feel on the boat? How did you feel the contact with people? And do you agree with anything that I've said? What do you agree and what do you disagree?

YX: Actually I wouldn't disagree with anything you've mentioned.../

Trainee R: Really?!

YX: As a researcher. But as a person, I can say everything you've mentioned, I can understand because I have known you for quite a while. And in some way I know what kind of person you are. So when you say something, I can kind of understand why you think so rather than just listening to a stranger. For example, if someone tells me "I get along with non-Swedish than Swedish people." Some people may feel it not easy to understand, but for me, I think I can understand because of my knowledge of your whole cultural background, your cultural identity and the environment you grow. So I can understand why you feel in this way. When I try to put myself into your position, I think I will probably think the same. Tell you what, in Britain, there are so many Chinese overseas students. Sometimes there are international social events, many Chinese students would prefer to speak to people from other countries rather than speak to a person with an Asian look.

Trainee R: Why?

YX: Some of them don't feel like to be identified as some other Asian people because some Western people may not have good impression on certain Asian culture. And also I know a few Chinese Scottish people, their parents are Chinese but they are grown up in Scotland. When they are in the school, if the teacher has a question about China, they will be asked. But actually they may not know that

answer as well because they were born in Scotland and raised up in Scotland. Then how can they know more than their classmates. But because of their look, their appearances made the teacher taken it for granted that they are “Chinese”.

Trainee R: That was stupid.

YX: Yeah, it happens everywhere. That’s a very typical global issue of the identity confusion because of migration and the world has becoming more and more global anyway. The identity exploration becomes an inevitable topic. Who I am? How I can live better in the society with all what I have, my appearance, my language, my knowledge and everything. It is a very interesting topic.

Trainee R: It is very interesting, and I agree with you completely.

5) Follow-up interview 5: With Trainee Q in Sweden, March 28th 2017

Participant: Trainee Q

Date: 2017/03/28

Venue: Airbnb dining room, Gothenburg, Sweden

Time: 5: 35 pm

I gave the interview introduction and handed out the information sheet and consent form for Trainee Q to read and to sign.

[00:02:50]

YX: Because the voyage has been passed six months ago. Now I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to the Exchange Program application, so how did you find this chance to get on board and to sail with people? You mentioned it was because of your classmates?

Trainee Q: Yeah, it was my classmates circulated this information.

YX: Then you applied for this one, did you get that right away?

Trainee Q: Yeah, I got it right away.

YX: Then how did you feel this process?

Trainee Q: Everything went very smoothly. And I didn't have any problem with anything about the application. It worked very easy. But some of my friends didn't get any place after sending the application. So I think I was lucky. And maybe just because I chose Vega but not another ship. Because when I was going to choose which boat I wanted to be on, I chose Vega because it sounded closer and more interesting that we would have two weeks instead of having just one week.

YX: So some ships just had one week?

Trainee Q: Yeah. Some ships just had one week, so that made me choose Vega.

[00:05: 20]

YX: Then if the highest score of your satisfaction or happiness is 10, then how would you score it from 0 to 10.

Trainee Q: It's a 10 of course.

YX: It's a 10, very high.

Trainee Q: [Laugh] Yeah, I didn't have any problems.

YX: After applying for this, maybe you did some preparation and then it comes to the day to go on the ship. How did you go to the ship? Did you go by yourself?

Trainee Q: My family went with me because they had to drive me there. Because I'm always close to my family so that we always do stuff together.

YX: So your parents or?

Trainee Q: My parents, my sister and her boyfriend came as well. And because I've sailed before, both me and my sister have sailed before. So she has been away for two months and I've been away for two months. So we are quite aware that we have to say goodbye for (not seeing each other for) quite a while.

YX: How did you feel when you were on the way from home to the ship?

Trainee Q: I was excited.

YX: You were excited. Did you feel any nervous or anything?

Trainee Q: No, not really. I'm maybe a little bit of nervous, but not about the sailing because I've done that before, but maybe a bit nervous about the people I think. Which people am I going to live with?

YX: Then how much would you score the trip from home to the ship? Your excitement, your nervous, how would you score this experience in general?

Trainee Q: ... Maybe a 5, just in the middle (of the score range).

YX: A big jump though. [Laugh]

Trainee Q: Yes.

YX: And then your family all left and it was only you left there and you needed to get on board. You may have a first impression on what kind of people you are going to get along with for two weeks. Then what's your feeling at that time?

Trainee Q: It's always nervous when you meet new people. You always try to show your best, you always try to perform your best. I also remember it was easier for me because I knew two people that worked on the ship. Sea staff J, the watch leader for he was my watch leader as well when I was on Gunilla. And I also knew Trainee Z a bit, and Trainee N, I knew as well. So it was easier when I had those (people that I knew).

[00:09: 20]

YX: And how would you score that experience?

Trainee Q: I always love to meet new people so ... an 8 [cheerful voice].

YX: After meeting new people, you just spent 5 days with them on the sea to learn how to sail a boat together. Then you gradually got close to the people who you don't know before. How do you feel the experience of getting to know different people and get familiar with them?

Trainee Q: I think that was very fun because you heard different stories. In the beginning, you were quite tense all the time especially in the cabin that you slept. So I think in the beginning it was quite, I didn't really know what to talk about, it was harder in the beginning because you had to learn but you didn't want to be always asking. So it took quite a bit especially for me to learn about some people that weren't in my watch, wasn't in my sleeping area. But after a while, I think all of us opened up more. But it went FASTER for opening up on the SHIP than it would be back in the town or somewhere outside the ship. Because everyone had to be close, had to learn from each other. So I think it went faster.

YX: Then how would you score the stage of the process that you get to know people but not get close yet?

Trainee Q: Maybe around 7.

[00:12:12]

YX: Then how do you feel when you got close to those people on the ship, some people from Sweden and some from other countries? Everyone started to open up and get close to each other, how would you score that stage?

Trainee Q: I would score that around 9 because then you feel so.../like you know each other. I remember that was when we started laughing together about different stories and about different people. So I think that was the time I started having more fun!

YX: Ok. Is this the first time you sail with people from other countries?

Trainee Q: Yes.

YX: Do you feel it a quite difference for you, or have you experienced similar things before?

Trainee Q: Yeah, it's quite different. One difference is that you had to speak English which I wasn't used to. And the other is ... maybe not so much at all, like Sweden and the UK have big differences, I think we are quite similar so it wasn't any clash. I think it worked. So maybe it was a bit easier when there were Sweden and the UK, and Ireland, maybe Northern Ireland I don't know. Because we were quite similar, yeah. But mostly I remember the English-speaking part was very impactful. We had to speak English, when we had to turn (the language) into English from Swedish, you have to think twice before you speak. So ... those imports of thoughts maybe you can say in Swedish, you can't speak it in English then you have to translate it, then you started to realize "Oh, maybe that doesn't work." [Laugh]

YX: Is this the first time you when to a British city, to Blyth?

Trainee Q: No, I've been to London before.

[00:15: 04]

YX: You've been to London before.

Trainee Q: Yes, and I've been to Portsmouth.

YX: For tourist?

Trainee Q: For.../ I've been to London twice, both of the two times were tourists. And (When I went to) Portsmouth, it was with Gunilla.

YX: Wow, you've been to Portsmouth with Gunilla. When you go there again, it was in Blyth. You may get some experience in British cities, what was your impression on the city of Blyth?

Trainee Q: It was a very cosy city.

YX: Very cosy city?

Trainee Q: Yeah. Because both London and Portsmouth were a bit bigger. Portsmouth maybe isn't that big, but it's bigger than Blyth. So it was nice to come to

a nice British town. And I felt that the festivals in Blyth was really big. That was a big event that was very fun to see everyone gather around when this was happening.

YX: Then how do you feel the people there? Have you got any chance to experience?

Trainee Q: No really. We didn't speak to a lot of people. As I remember, I remember now

YX: Is there anything in Blyth made you feel it's quite different from Gothenburg?

Trainee Q: One thing I noticed was that.../maybe it's a strange thing to notice but in Sweden or in Gothenburg, when there is big event, not everyone gathers because it's a big town. That's the thing I think what makes it different. But, I don't know.

YX: Do you mean there were many people gathered for the festival in Blyth.

Trainee Q: Yeah, I think everyone has something more in common in Blyth than people have in Gothenburg.

YX: What do you mean by in common? For example?

Trainee Q: Maybe it's (because that is just) a small town, but they know a lot more people, maybe... but I don't know because I didn't speak to anyone who lives in Blyth.

YX: Ok, that's fine. But at least you quite enjoyed the Festival in Blyth, how would you give the overall score of the experience in Blyth then?

Trainee Q: Maybe around 7.

YX: When the Festival finished in Blyth, we went back sailing, how do you feel the second half of the voyage? Compared to the first half.

Trainee Q: I remembered we had more people coming on the boat, and that was fun. This is one. I think the second half was more fun than the first half.

YX: More fun?

Trainee Q: Because everyone was excited about the race, especially I think the crew made the excitement go up because they were so into it. "Come on, let's do it!" So I think everyone was a bit happier and more excited during the second half.

YX: Then how would you score this second half of the voyage?

Trainee Q: About a 9 maybe.

[00:20: 03]

YX: And then when the race part finished, we went back to Gothenburg. How do you feel the experience in the harbour of Gothenburg? Because you came back to your hometown, then it can be something different from the experience in the harbour Blyth. How do you feel the overall thing in Gothenburg?

Trainee Q: I was proud of Gothenburg when we came in. Because I remember everyone was but I've never sailed on a tall ship. I kind of feel proud, and also I feel I have the telling "Gothenburg is so pretty" when we sailed in. I've never sailed in on a tall ship before but I've just sailed in on yacht with my family but I've never sailed in on a tall ship. I kind of proud of the city. And I also feel a bit the responsibility to show people of Gothenburg, to show Trainee D how Gothenburg looks like.

YX: Yeah, I remember. You brought her to buy some Swedish sweets as well. She was very excited about that.

Trainee Q: Yeah.

YX: And you also helped to organize the crayfish party.

Trainee Q: YES! That was really fun!

YX: Very fun. Then how would you score the experience in the Gothenburg harbour?

Trainee Q: Maybe around 7 as well.

YX: 7 as well. Then everything finished, and people needed to leave the ship and say goodbye to each other? How do you feel like that stage?

Trainee Q: Of course it's quite sad that everyone has to leave. I remember we were quite positive that we will stay in touch with each other. So it's always good that everyone asked each other's Facebook, Snapchat and other social media accounts.

YX: So when we were leaving the ship and people were saying goodbye, people also exchanged their contact information. So how would you score the stage in general?

Trainee Q: Well, it's always sad to say goodbye, so maybe a 4.

YX: 4. After this, you went home and then are you still keeping in touch with some of the trainees? You connected most of them on Facebook, and maybe share pictures you've taken during the voyage? Do you still keep in touch with any of them?

Trainee Q: The person I kept in touch the most is Trainee D. I have been in touch with her by Snapchat a lot of the times. But recently we haven't kept in touch. Maybe that's why because I'm so bad at Snapchat. I don't use it that often.

YX: How long have you kept frequent touch with Trainee D?

Trainee Q: Until Christmas, I think, and a little bit after Christmas as well.

YX: Maybe around Christmas and January?

Trainee Q: Yeah, I think so.

[00:24: 30]

YX: What about other people?

Trainee Q: I've met Trainee V here in town by coincidence. We bumped into each other.

YX: Trainee W also bumped into Trainee Z once on the street.

Trainee Q: Oh~ I always keep in touch with Trainee Z because we are sort of in the same friend zone. I heard about her. I also know what everyone is kind of doing because of the social media of course. But the closer ones, I think just Trainee D.

YX: What do you think have motivated you to keep in touch with Trainee D for quite a while?

Trainee Q: I think that's because Trainee D and I really, really...

YX: Click with each other?

Trainee Q: Yeah, we click with each other on the ship. And I felt it was quite fun that she lives in another country as well. So it's always fun to have friends from all over the world. [Laugh] I also remember she told me and Trainee P that she thought Swedish friends were more opening and caring than her friends back home. I think that made us know, I always have kind of, I always want to help people, sort of. And I kind of found, I wanted to help her open up a bit more because I want to see how things going and stuff like that?

YX: Then during the voyage, how did you find Trainee D? Do you feel Trainee D changed a bit or?

Trainee Q: I don't really know, I don't have the confidence to say whether she changed or not because I don't really know. But I could notice on the trip that she opened up and that she.../ well, I think she remembered something me and Trainee P told her. But it's quite hard because we didn't really speak about stuff like that when we kept in contact.

[00:28: 06]

YX: Yeah, that makes sense. Then what do you think the experience of going back home and keeping in touch with some people on the social media and maybe still seeing people's posts on Facebook and stuff. How would you score that stage?

Trainee Q: I think that's a 6.

YX: So the highest is the application actually. [Laugh] Then what about yourself? Since when we were on the ship, since we were still in the voyage, we couldn't really whether we were influenced or changed or learned anything. Did you find anything later in your daily life?

Trainee Q: Not anything that I remember now, not anything that has big impact.

YX: Then is there any friend or family members noticed you were doing something or saying something unexpected.

Trainee Q: Haha, I remember when I told my family about Trainee G's joke, it was not a joke, but he told me, like the bat story.

YX: Yeah, yeah.

Trainee Q: I told my family about that and they found it hilarious. I think they notice because I was talking about people from the UK more than people from Sweden. I talked a lot about Trainee G and Trainee D. I think maybe I changed by telling others stories which I wasn't used to, possibly. Otherwise, I don't really know, my family didn't say anything about it.

[00:30: 45]

YX: What about your friends?

Trainee Q: No, I don't think so. They didn't say anything either.

YX: During the whole voyage, have you noticed that you did something you never thought you would do anything like this?

Trainee Q: On the trip or?

YX: On the trip.

Trainee Q: No, I don't think so.

YX: Have you made any friend that you never thought you would make a friend like that? On the ship.

Trainee Q: Trainee E [laugh]. Yeah, Trainee E. I don't know. Of course, it was quite interesting to make friends with different ages, I know I was one of the younger ones, or in the middle maybe. And it was fun to become friends with such as Trainee F who was a few years older than me. So that was about the age difference.

YX: Have you ever made any friend who are older than you in your daily life before the voyage?

Trainee Q: yeah. Because my sister is older, I always hanged out with her friends who are more mature for my age. I always find it easier to become friends with older people.

YX: Did your sister say anything after the voyage?

Trainee Q: She always tells me after I come back from any voyage that I clean up better and stuff like that. Because that's kind of our joke. I think she noticed I had more to talk about. Because in our family dinner, when our family sitting together to have dinner, my dad talks about his job, my mum talks about her job, my dad talks about his boat, my sister talks about her school and stuff like that. And I didn't have many things to say a lot of times. But after the voyage I had more to talk about, they also asked a lot about the voyage so that I had to tell them about everything.

[00:33: 55]

YX: For how long?

Trainee Q: For how long of the period? Maybe a month or so.

YX: A month or so.

Trainee Q: Yeah. Because then they get tired of me telling all the stuff. [Laugh]

YX: I remember when we were on the ship, people had discussions about Brexit and some political issues. And you also joined some of the talks. Have you also come across to these political issues or social issues about these countries after the voyage?

Trainee Q: Yes, I think so. Because maybe that's also something big happened as well. It was quite impossible not to talk about it. And it was fun to hear from people who actually live there about their actual thoughts instead of what you read on the news. Because then it's always about things from Sweden's perspective of the issue but not from their perspective. So I was interested to hear their own perspectives. I think when I read something about the UK on the news, I don't know why, but I always think about Trainee F. [Laugh] Especially something about the ocean because she's very interested in saving the ocean. So I always think of that... But I don't think I've really talked anything about those things after the voyage.

[00:36: 25]

YX: So it's mainly when you read some news about UK and stuff, you will remind your friends on the ship.

Trainee Q: Yeah.

YX: After the voyage, you started your current job right away.

Trainee Q: yes.

YX: How do you feel about that?

Trainee Q: It was my first job. So it was quite fun how I got the job because I got the call in Skagen. I was really lucky that we were in Skagen.

YX: yeah. Exactly.

Trainee Q: I don't know, it was really right after the trip. I was thrown into another scenario. Maybe it made me forget a bit more about the trip as well. Maybe if I didn't start my job right away, if I didn't start something new right after (the voyage), maybe I would think about the voyage, the journey for longer than I did. It could be so. Because I remember then I turned into talking more about my work (at the family dinner) than the trip. I think so.

YX: So you think maybe if you were in school, you would talk more about the voyage.

Trainee Q: yeah, I think so, yes!

YX: Then do you feel it's easy to just get into work or do you feel it's difficult to do something seriously after the adventure?

Trainee Q: Personally I thought it was really good that I got to do something right after. Because if I don't do anything for a while, I'll get REALLY bored. I am a very active person, I have to .../ If I go from something to another thing. I want that to be (happening) directly after. Or maybe have sort of a week in between. I want to be very active, so I think it was good that I started to work so tightly after the travel. Because otherwise I will have to sail again. No, maybe not. [00:39:30] I think I will notice the ending of the experience more than I did.

YX: Do you mean you would feel the momentum of the voyage more?

Trainee Q: yeah, maybe in a negative way that I will miss the travel too much. If I didn't work, I think I would think about the travel, think more about that I want to be on it again. Then I want to go back. But then I will realize I can't go back, then I will become sad that it was over. Yeah, I think so.

[00:40: 35]

YX: Then have you discussed with your family members or friends about general topics for example how British people or British are like or Northern Ireland or China or whatever?

Trainee Q: I think me and my family talked a bit more about Northern Ireland. Because my whole family have been to the UK for a few times, but none of us have been to Northern Ireland. So we talked about that a lot, they wanted to know more about Northern Ireland. So I told them a lot about Trainee E, because he's like a typical (Northern Irish person). [Laugh]

YX: And what was their reaction then?

Trainee Q: They found it interesting. I remember they asked more about Northern Ireland than the UK, so they were more interested in the Northern Ireland. And they

asked a lot about Trainee D as well because I told them I was close to Trainee D. I remember I started thinking about maybe visiting Northern Ireland for a while, but I didn't really have any time. So... that also made them more interested about it. Because they want to travel there or maybe visit Trainee D or maybe let her show me around. I was REALLY close to doing it! But then some other stuff happened.

YX: So do you still have the plan maybe to do it in the future?

Trainee Q: In the future, Yes. I have another travel plan going on right now, though.

YX: Going to Spain?

Trainee Q: No, I'm going to first Hong Kong actually.

[00:43:02]

YX: Hong Kong?!

Trainee Q: Yeah, then Thailand and then Japan, and then South Korea. Then I will stay in South Korea for a year.

YX: When?

Trainee Q: 20th of June. So it's end of June.

YX: This year?

Trainee Q: This year! So it is quite soon!

YX: Are you going by yourself?

Trainee Q: No, the travel part is with a friend of mine. But I will stay in South Korea by myself. So I'm studying Korean (now).

YX: So you are going to visit a few Asian countries. What time did you get this plan?

Trainee Q: I wanted to do this for a long time. But I didn't want to go to Vietnam which almost a lot of my friends have been to Vietnam right now. A lot of people go to South-eastern Asia. But not a lot of people go to Japan and South Korea. I'm always interested in those two countries.

YX: Then when did you decide to go this year?

Trainee Q: Em... me and my friend decided that we wanted to travel, around a year ago.

YX: a year ago.

Trainee Q: Yeah, but it was more serious this fall, after this voyage.

YX: Is there anything triggered you to make the serious decision to say "Right, I really want to go..."

Trainee Q: I always love to travel. Also because my sister lived away in New Zealand for a year. I also want to live apart for a year in another country.

YX: so you are going to live in .../

Trainee Q: I'm going to live in South Korea for a year.

[00:45: 11]

YX: From?

Trainee Q: From the end of August to August next year.

YX: To 2018?

Trainee Q: 2018, yes.

YX: Wow, you are going to live in South Korea for a year.

Trainee Q: [Laugh] I'm quite nervous about it!

YX: 안녕하세요(a nyeon ha se yo).

Trainee Q: 안녕하세요(a nyeon ha se yo). [Laugh]

YX: It's interesting to live in South Korea, I've never visited there before. I'll definitely keep looking at your updates on Facebook.

Trainee Q: yes! [laugh]

YX: That will be great! Do you think if there's a link between the voyage and the plans and everything? Have you ever thought of these kind of plans during the voyage?

Trainee Q: During the voyage, I want to keep continuing to be Vega. I remember after the whole trip was finished. They were about to sail back to East coast, to Stockholm. They asked me if I wanted to follow. I REALLY REALLY wanted to! But I couldn't because of the work. And I want to go back to another sailing ship in the future. I do, I really do. But right now, I had a lot of plans in my head what I want to do. [Laugh] But I think that I WILL return to a ship in the future, I definitely will and hopefully it's Vega. It not, maybe it's Gunilla. Or maybe another country, maybe I think there are a lot of ships in Holland, in the Netherland. So maybe there as well. But I really do want to go on another ship. That's the inspiration I got from the ship during the travel on Vega. Because I remembered how it was too sail on a ship.

[00:48: 28]

YX: It feels like you really want to go outside. And the feeling of being outside to explore more cultures and stuff... do you think if the exchange program influenced this in any way?

Trainee Q: yes, it did. Because I haven't really thought of visiting Northern Ireland or Scotland, but now I want to visit Northern Ireland and to visit Scotland with my father. So I've always been more into new cultures that I haven't run into, but I also found it more interesting about countries that are quite similar to Sweden. Even though they can be similar, they can be different. It's still interesting to see. That's what I think the experience (sailing voyage) opened up for me that maybe you don't need to go to a faraway place, you can go to somewhere a bit closer as well. You don't have to do everything so big. You can do small trips.

YX: So when you joined this voyage, did you know it's an exchange program?

Trainee Q: I didn't know this is an exchange program. I knew there were going to be people from other countries. But I didn't know it was going to be like it actually was.

YX: Did you feel it motivated you to choose this ship after knowing there will be people from other countries?

Trainee Q: yeah. I think so.

YX: So you prefer mixed nationalities on board?

Trainee Q: yeah, definitely.

YX: If we have got the chance for you to choose the nationalities can be chosen, which countries you would like to have?

Trainee Q: [laugh] I think a lot of different.../ some European countries, some Northern American countries, some African as well, like from different parts of the world. So I think it will be perfect to have the mixture from everything. Sort of. Because then it will be interesting to see how things work out. Because I haven't been in such a mixed place.

YX: So you want to explore new things?

Trainee Q: yeah, and see how people react to each other who are from so many different nations. So maybe it will be fun to have not only European, maybe to have people from other countries. It could be European as well, it could be Spanish, people from Spain. And ... just more.

[00:52: 25]

YX: More nationalities.

Trainee Q: yes.

YX: During our voyage, actually I'm an Asian people on the ship. Do you think this might influence something during the voyage?

Trainee Q: yes, I think it did. Because I got to hear more about China from you which I haven't heard before. And I think I became more interested in China. [Laugh] because I've always been interested in China, South Korea, Japan. So I think it's really good to have you there as well. Then you had a little bit of tastes from different nationalities. Even though I want more differences, but (at least) I got some differences.

YX: In your first impression, do you think Asian people will be more different from Swedish people than British people? For example, the first time when we got to know each other. Would you feel a bit cautious to speak to me or ...?

Trainee Q: Em... yeah, maybe I was a little bit, Yes. In the beginning, but I don't think I was the one who, I think it was quite a bit easier for me because I have been interested in your culture or so, so I knew a little bit more, so it was easy for me to talk to you about that. But I didn't really see any difference between to you and to people from the UK.

YX: Have you ever met any Asian people before the voyage?

Trainee Q: yes, I have. I have some friends in Gothenburg and also when I travelled around, I stayed in a hotel and knowing some Asian people.

YX: Yeah, so you had some experience about Asian People.

Trainee Q: yeah.

YX: have you got any stereotypes towards Asian people?

Trainee Q: I think a lot of people have (the stereotype) that you (Asian people) are very quiet, sort of; that you are very polite. From who I've met, it's ... [laugh] it's, it's kind of true. And I also hear the stereotype that you are very smart, that you study a lot. But I don't, I don't think that's true from what I can see. It could be true, but it can also be very different from who I met.

[00:56: 30]

YX: Then when we were on the ship, is there anything I did that made you feel that doesn't fit your stereotype you have about Chinese people or Asian people?

Trainee Q: I was that you tried to learn about the sailing. I didn't think you would do, and you also was more into tasting different thing in the crayfish party, you wanted to try things and also when we ate food, you were more open to it than I thought you would.

YX: So you felt maybe Asian people can be a bit cautious about tasting new things.

Trainee Q: yeah, I think so. I don't know, it's quite hard to talk about stereotypes.

YX: That's true. But that's good to know. [laugh] What if this exchange is an Asian and western exchange, for example, half of the trainees were from Asian. Do you think it will make a big difference?

Trainee Q: Yes, I think so. It will make a very big difference.

YX: For example?

Trainee Q: I think that we will be more separated. I think we Swedish people will stick more to Swedish people if there would be more Asian people. Maybe I'm also thinking about language barriers. But if everyone is at the same level of English, I think it could be more mixed. But if it became an obstacle, then people will be more separated. And I think it will be more cultural difficulties as well. Like some simple things.

YX: Then how do you feel the relationship between the crew members and the trainees?

Trainee Q: I think I was more close to the crew than a lot of people were. I remember some people thought I was the crew in the beginning. Maybe that's because I had more experience. And I felt the connection with the crew as well. Whenever they talked about sailing (among their crew group), I wanted to listen as well. Because I wanted to hear what they say. So I was also asking if I could be part of the crew as well. So I was really glad when they asked if I wanted to keep on sailing with them (from Gothenburg to Stockholm when the voyage ended). So I had a really good relationship with the crew.

[01:00: 42]

YX: Then what about the relationship between other trainees and the crew?

Trainee Q: I think for those who haven't sailed at all, they saw sort of gap, because they (the crew) knew about it and they (the trainees who doesn't have any sailing experience) didn't know how to sail and stuff like that. It's hard to say.

YX: Do you think whether the crew members were more focused on sailing or they tried to facilitate the cross-cultural activities stuff?

Trainee Q: it was very different, but I think they were more into the sailing. I would say so.

YX: Then do you feel there can be any gap between the trainees and the crew because of the sailing knowledge? For some of the trainees, do you think the crew may seem like a teacher?

Trainee Q: Definitely.

YX: Do you think that's a good thing for them? Or do you think it will be better if the crew members can be more like friends with them?

Trainee Q: I think it's very important to have the bosses that they are higher because they are hired to/ they get paid to do what they do. And they are responsible/ they have more responsibility (than the trainees). I think maybe also because they had different roles on Gunilla. It was very like you have to listen, there was very high (level of) hierarchy on Gunilla. That's very important on a boat because the captain has less words, because if anything goes wrong, it would be her/his fault. That's what I've learned all my time so I think that's very important and that is something goes with the sailing as well. It's (the hierarchy is) a part of the sailing. I think it could be good as well if they have sort of friendship but it had to be friendship with respect. You can still be friends but you have to realize they are more .../ you have to look up to them.

[01:04: 10]

YX: In that case, the crew members were not organizing many cross-cultural activities, actually it was the trainees including you who came up with cross-cultural ideas and activities on the ship. This is kind of spontaneous activities. How do you feel like that?

Trainee Q: Em... It was very good as well because you took part of it yourself, you showed more interest in it because you wanted to do it yourself.

YX: Do you feel you can learn something from this process.

Trainee Q: Yeah, definitely.

YX: What if these games or activities were organized by the crew or the mentor? Do you think it will be the same thing or?

Trainee Q: I DON'T think you will put so much enthusiasm in it. I think you will just do it but you do it because you were told to do it instead you want to do it. So I think that's what made it so more interesting that you got to do it yourself. And you got yourself involve everyone. So you sort of made it your own task to get everyone involved.

YX: So it's like sometimes you became actually a mentor, like a temporary mentor?

Trainee Q: YEAH! YEAH! EXECTLY!

YX: So things happened more naturally and you were kind of following your tempo instead of being led by someone.

Trainee Q: Yeah, exactly.

YX: So do you feel it's like when you were leading the activities spontaneously, it would make people involved. How did you feel then?

Trainee Q: I feel happier because people would be more into it and then I would feel "Oh, they want to do something that I planned." They are sort of acknowledging my work. So I think that would make it more fun for everyone as well.

[01:07: 35]

YX: And I also remember sometimes people also have spontaneous chat on particular topics, for example Brexit, and Trainee D's uniform.

Trainee Q: yeah! [Laugh]

YX: Yeah, people get quite interested in that. Do you feel if it was someone, either the mentor or the crew saying that "Ok, let's have a chat about something", will it be different?

Trainee Q: yes, it would. Because then you would have some people are not interest in it and some are. But if you raise up the topic by yourself (the trainee themselves), then everyone who is interested in it would be involved in the conversation. I think this might involve more people in this case because those who aren't interested in that may find something interests in the conversation. So that's the way to find people with the same OR with different opinions.

YX: So do you mean people will join the conversation more voluntarily and more happily?

Trainee Q: yes.

YX: Do you think this is important for cross-cultural learning and communication.

Trainee Q: Yes.

YX: I remember one participant mentioned that the reason why it worked better is that people really didn't want to be reminded the life in the school.

Trainee Q: EXACTLY!

YX: You feel the same? You don't want to be told to do something?

Trainee Q: Yeah.

[01:10:05]

YX: Then here's some questions for you to identity your cultural identities.

I am a

A. Gothenburg Citizen

B. Swedish Resident

C. More Norwegian & less Finland Relevant

I'm part of Norwegian. My mother is Norwegian and my grandfather is from Finland. But I don't feel very much relevant to Finland, though. I can't really speak Norwegian and Finnish.

D. Particularly interested in South Korea

Ranking: A →C →B→D

[01:14:00]

YX: If it was before the voyage, do you think the ranking will be the same?

Trainee Q: Yeah.

YX: During the last interview, you mentioned we can learn something about ourselves from the voyage. Did you learn something about yourself, especially in the social interaction with other people?

Trainee Q: Em...

YX: Did you find yourself ... for example, there was once Trainee D was quite sick on the ship, you were like really taking care of her. Were you like that in the daily life?

Trainee Q: Not that much. No. That was the first time that I had encountered someone who really didn't want anyone else to close to her other than me. I was the only one who was allowed to be in that room when she was sick. I was thinking about that at the moment, as well. Maybe I noticed that I was wanted and needed by someone, and I became a person who was ...

YX: trusted?

Trainee Q: Trusted, yeah! That was actually the first time that someone trusted me that much!

YX: How did you feel about that?

Trainee Q: I felt very good!

YX: Very good!

Trainee Q: Yeah, I think my self-confidence boosted a bit and I also think I was the one what I wanted to be. So that was quite helpful that it did happen that I really became the person I want to become.

YX: So that was the kind of person you want to become.

Trainee Q: yeah, she trusted me that much.

[01:17:03]

YX: As you have mentioned, you actually did more than usual at that moment, were you surprised by yourself?

Trainee Q: yeah, I was surprised how I handled the situation, I was surprised me accepting her requests and doing what she wanted me to do but also what I thought was the right thing to do. I also sort of convinced her to let it go a bit.

YX: Do you think things happened here also influenced your friendship with Trainee D later?

Trainee Q: Yeah, I think so. Because then I know she and I got much closer and whenever I saw something Trainee D wrote on Facebook, I always thought should I comment or something? Should I ask how she's doing? That still lingers all this time. That doesn't lingers, it's just for Trainee D. Because we became so close.

YX: Have you ever been so close to anyone else?

Trainee Q: Yeah, yeah, of course. Similar situation happened on Gunilla; a lot of similar situations happened to me before maybe because I really want to help people. I remember my best friend, her self-confidence was very low when we became friends then it became my goal to raise her self-confidence. So it has risen a lot. So that's very me, I always want to make it (things and people around me) better. Since I'm this type of person, I encountered this kind of situation a lot, but not in such a short time. Usually it's (it will happen) when we know each other for a long period of time. Here was very surprising that it was just after two weeks and that really shocked me.

[01:20:33]

YX: What do you think made this happen in this short period of time?

Trainee Q: Maybe (because of) the closeness that everyone was close to each other. Or maybe it was for her to open up to me was a bit easier as well because she was away from home, she didn't need to think about reputation and other people knew me so they could ask me about Trainee D. She knew that if she told me, it would just stay with me. Because I was so far from (her) home. I was not connected with any of her other friends.

YX: So you think she's comfortable to show her weak side to you because she will not worry too much about that?

Trainee Q: yeah.

YX: Then after the voyage, have you been involved in any other cross-cultural activities lately?

Trainee Q: No.

YX: Have you had any political discussions with other people?

Trainee Q: Yeah, with my friends from school.

YX: What did you discuss?

Trainee Q: We talked about a lot of stuff. But I think now when I discuss something about another country with them, I discuss it in a different manner.

YX: What do you mean by different manner?

Trainee Q: I discussed with an open mind, instead of seeing it from only my perspective, I want to see from their perspectives as well, more than I did before.

[01:23:17]

YX: Can you give an example?

Trainee Q: For example, (when discussing about the topic) of Trump. We always talk about Trump. When they say “Everyone lives in the US is down because of Trump.” But I start to think about how it REALLY is in the US instead of how WE see it, how does it really look like. So I want to talk about more from how the American citizens see from that side. Just about this topic, I remember I talked to one of my friend who lives there, he lives in Florida. I haven’t talked to him for a while, but when Trump became the president, I asked him how it looks from his point of view. That was the first time I actually asked someone from their point of view from another country, and it was a big discussion about the country.

YX: So did you think this is something different you are doing?

Trainee Q: yeah, it is.

YX: Then how do you think make you have this kind of changes?

Trainee Q: yeah, it’s a change.

YX: what do you think can be the reason that has made it happen?

Trainee Q: I think that it could be partly from the experience, and partly because of me being interested in it.

YX: when you say the experience, do you mean the voyage experience? Like the political discussions and seeing other people’s.../

Trainee Q: yeah, other people’s views.

[01:26:10]

YX: Look back to the voyage, being locked on the ship with the same group of people for 2 weeks, what would you say you appreciate the most and what you would complain about?

Trainee Q: The most fun thing was when we laughed together, when we .../ For instance, when we just sit and talk and when we laugh at each other’s stories, talk to each other. Just those SIMPLE things made it a lot more fun. I don’t have anything to complain about actually. [Laugh]

YX: I remember when we were on the ship, you mentioned being on the ship gave us a chance to change our first impression of a person. How do you feel that happens?

Trainee Q: Because you were so close to each other, because you need to depend on each other. Then you need to learn how to accept, you need to see a person for who they are in order to cooperate with each other. It’s hard to avoid a person you don’t like in a ship. So you need to accept each other for who they are. I think it only can be fun on the ships where you are so close together.

YX: Yeah. The group is mixed with different nationalities, and with different ages. You mentioned it’s easier to cooperate with people of different age groups. Why do you think it’s easier?

Trainee Q: Because then you can learn more about the person I think... I don't really.../ I just personally feel it's easier when you are with very mixed group.

[01:29: 40]

YX: When you say easier, do you feel you learn more? Maybe not in terms of sailing, because you can be senior in terms of sailing skills and experience. But maybe social part or cross-cultural part, do you feel you can learn more with a different age group?

Trainee Q: yeah, definitely. Because then you hear a lot of different stories. For example, if I was to talk to a person a lot older than me, he or she started talking about their childhood and I started to compare that with my childhood. It is going to be very different. So I think it's something very important when you work together. Because you need different views of everything if you try to solve a problem, you need different points of views. I think it's easier in a mixed group.

YX: Like mixed in different ways.

Trainee Q: yeah. It could be age, be nationality, be gender, any mixed is good I think.

YX: Then how do you think the length of the two weeks voyage? Do you think it's good or do you prefer it to be shorter or longer?

Trainee Q: I think it could be longer.

YX: Could be longer. As long as?

Trainee Q: As long as a month.

YX: What do you think it will be better?

Trainee Q: Because then you can develop deeper friendship with people.

YX: Deeper friendship.

Trainee Q: If it was longer, I think I would still be in contact with a lot more people who I'm not contacting now. I think so.

[01:32:00]

YX: Then what would you think is the biggest difference between cultural exchange program on a sailing ship and on a cruise?

Trainee Q: On a sailing ship, you are sort of responsible to keep the ship going. You are there for a reason. You are there.../ you are needed! But on a cruise ship, you are just there, you are just there.

YX: Maybe just do some cross-cultural activities.

Trainee Q: yeah. But here, you mix it together. And it's also important that when you are mixing cultures, you are supposed to do something together. That's easier to do when you have a task. Then you have to do; you have to make the dishes; and then people will gather around to make the dishes, then they will talk NATURALLY.

YX: naturally?

Trainee Q: yeah. And then you will learn about each other naturally when we have more task and share the responsibility.

YX: And we also discussed about social media detox of the sail training voyage. Do you think it will make a big difference with or without wifi and signal for people on the ship?

Trainee Q: yeah, it makes a difference. Without wifi, you talk more and engage more. If you encounter a discussion about something, it's easier to kill the discussion when you have your phone so that you can just search. For example, if it's (a discussion about an issue which was happened in) this year or that year, you can just kill that discussion by searching the answer (right away) which happened in the daily life. But if you don't have wifi, then the discussion keeps on going. ... I think if we had wifi or connection, we wouldn't be that connected with each other, we will just be sitting with our phones when we were talking, and that will be very boring I think. We wouldn't come so far as we did with all the discussions and conversations and stuff like that. Si I think it makes a big difference.

[01:35: 10]

YX: Then have you picked up any Irish expressions or English slangs during the voyage?

Trainee Q: I remember Trainee D taught me how to say my name. But I don't remember how to say it now.

YX: In Irish?

Trainee Q: In Irish, yeah. And I remember Trainee E taught us some Irish slang words but I don't remember any of them now.

YX: That's fine. Since you don't have the chance to practice it so it's hard to remember.

Trainee Q: yeah.

YX: Then later in your life, have you got any moment that you felt you really miss the voyage, you really miss these people on the ship?

Trainee Q: YEAH! As soon as I see someone posting something (relevant to the voyage and adventurous activities) on the social media, I started to think back to the trip. For example, if Trainee X post something about her school up in the north, I will think about we play cards in the cabin. So that is kind of nice to have it because then you refresh your memory about the trip.

YX: What do you think makes people miss the voyage, like I still see someone posting the voyage pictures on Facebook even recently, for example?

Trainee Q: It's quite different from (person to person and it depends on) a lot of stuff we have done.

YX: Like someone says she/he miss the voyage when she feels the pressure from the work. For you, what do you think then?

Trainee Q: Yeah. I think it's every day, not just because of work stress or something like that. You just get reminded of it when you see something. And it doesn't make me feel more relax or something. It's just NICE to see.

YX: Like nice memory.

Trainee Q: yeah. I also still remember the voyage with Gunilla, they also come up sometimes.

YX: I think it makes sense.

[01:38: 55]

Trainee Q: yeah.

YX: That's almost everything. Thank you very much. Your response is very helpful. Is there anything you would like to add or you would like to ask me?

Trainee Q: No, I don't think so.

YX: Otherwise, is there anything you may want me to ask other participants I'm going to interview in the future?

Trainee Q: Em...

YX: Do you have any message you want me to pass? I can be an ambassador.

Trainee Q: [Laugh]

YX: We've got some card here, I can bring the message to whoever you want. I mean if you don't have anything to write, you don't have to.

Trainee Q: yeah, I will write something to Trainee D! [Laugh]

6) Follow-up interview 6: With Trainee U in Sweden, March 28th 2017

Participant: Trainee U

Date: 2017/03/28

Venue: Airbnb dining room, Gothenburg, Sweden

Time: 9:25 pm

I gave the interview introduction and I handed out the information sheet and consent form for Trainee U to read and to sign.

[00:04:00]

YX: I think the first thing I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to apply the Exchange Program application, so how did you get to know this Exchange Program?

Trainee U: It starts with my sailing experience when I was 16 and I wanted to do it again. So I found out they will be here in Gothenburg this year, so I applied for this scholarship but I didn't get any. So I basically bought my place on the ship because I really wanna go. So I bought my place from Sail Training International. I wanted to go on a boat with square sails because I like climbing. I was a on a big boat last time, and then I saw this boat Vega had a two-week voyage for the same amount of money. Because I want to get most sailing for less money, so that's how I did this.

[00:05:38]

YX: Then how was your feeling during the process of applying and buying this trip, how would you describe your happiness and satisfaction?

Trainee U: At the moment I was extremely satisfied.

YX: If there's a score from 0 to 10, which score will you put?

Trainee U: I should put this clearly, at the moment I booked the trip, I was in New York with a friend. So if being in New York was an 8, I would say booking this trip was definitely a 9. I think that booking this trip felt better than being in New York.

YX: So it's even better than being in New York.

Trainee U: I felt that way when I booked it. It changed after the journey but when I booked it was like that.

YX: Yeah. And when it came to the day of departure, how did you go there? Did you go by yourself? From home to the ship.

Trainee U: No, my mother gave me a lift by car.

YX: How did you feel when you were sitting on the car?

Trainee U: I felt that I was 16 again when I was going to my first ship. And I was a bit nervous over all the people I would meet. A bit scared of.../ because I remember how hard it was to wake up to do the watches but I also remember all the good things about meeting new people and all that. So I felt nervous, but EXCITED!

YX: Then how would you general score that feeling?

Trainee U: If 10 is like “Oh, I just made the best choice of my life and I would go to something that will make me so happy!” and 0 is like .../

[00:08: 30]

YX: 5 is like the average and neutral.

Trainee U: I think it will be a 7.

YX: 7. Ok, and then you got on board initially, you had an idea who you may get along with, who you are going to spend the two weeks’ time with. How did you feel the first 10 to 20 minutes on the ship?

Trainee U: Since I was late, I felt a bit lonely.

YX: A bit lonely.

Trainee U: But I knew it will be better. Then I met people I would share room with. That made me feel a bit safer but I still felt a bit of unsure or uncertainty of how this will follow up.

YX: Then did you feel that your happiness and satisfaction decreased at that time?

Trainee U: Like the first minutes on board?

YX: Yeah, like the first few minutes on board.

Trainee U: No, I don’t think so. I think I was still pretty excited.

YX: So it’s still a 7?

Trainee U: yeah.

YX: And then you got to know people around you, and got to know the ship. How did you feel this process of getting to know people and starting talking to people?

Trainee U: I was a bit disappointed because there were a lot of Swedish people. In my experience of international exchange is that the few Swedish people there are, the better the exchange is, for me. More English speaking, and more intercultural it will become.

YX: So which score will you put at this stage?

Trainee U: A 5.

YX: 5, Ok. Then the voyage started, you were in your watch group and spent so much time with people for 5 days to Blyth. Maybe you get close to some of them? How did you feel when you got closer to some of the people, trainees or crew members?

Trainee U: I think it will still be at 5.

[00:12: 10]

YX: Still at 5. Ok.

Trainee U: Or...

YX: During the voyage from Gothenburg to Blyth. At the beginning you felt a bit disappointed because there were too many Swedish people on board. Then you accepted this reality maybe?

Trainee U: Maybe because I accepted it... so maybe it's back to 7 because I think it maybe is like my last voyage. Maybe it's like that, I haven't thought too much about this. I think I was pretty excited then.

YX: So after the disappointment, you got to be more excited.

Trainee U: Yeah, so back to a 7.

YX: Back to a 7. Then we arrived in Blyth. Is this your first time came to a British city?

Trainee U: yeah.

YX: How did you feel the experience in the Blyth harbour?

Trainee U: Cosy, and ... I would's say it's exactly what I would have imagined, but I could imagine a British small port town looking like that. So when it comes to my expectations that it would be, if we are on this scale, I think it would be an 8 or 9. Like I really like there?

YX: You really like there? Then would you say you were even happier than when you booked the trip when you were in Blyth? Or equally happy?

Trainee U: Maybe I'm equally happy because that really pushed my expectations to where I found all English people and all intercultural things, I mean it's a lot more English which is for me more intercultural than Swedish.

YX: Yeah, and we also got more trainees on the ship in Blyth.

Trainee U: Oh yeah, we did.

YX: From Northern Ireland and England.

Trainee U: Yeah, we got some .../ yeah, there was a Politian as well.

YX: Yeah.

Trainee U: He was weird, he was like a big baby!

YX [Laugh].

Trainee U: I mean he didn't wanna help out, he didn't wanna do anything, he just wanna sit and .../ He was like ten years older than me but he couldn't behave himself on the boat. He was on my watch.

[00:15: 25]

YX: He was on your watch.

Trainee U: Yeah.

YX: Well, then we sailed back from Blyth to Gothenburg. How did you feel the second part of the voyage?

Trainee U: I started to be very frustrated.

YX: very frustrated?

Trainee U: Yeah.

YX: Why?

Trainee U: Because we were not allowed to sail. Because the crew was doing all the sailing.

YX: Really?

Trainee U: I felt so. People don't ask a lot of questions, some people do. I do. I want to learn, I want to be a part of it, I want to climb, I want to do everything. I did everything, I did the washes, I did the .../ I even helped one of the crew members to clean up the toilet. But I didn't feel that I get appreciation for that. Especially the 8 to 12 watch, they have been climbing for 2 hours and at night they have seen the dolphins. When we woke up, we were not allowed to do that because it's dangerous. This is when I thought this is really unfair. So my excitement is much lower because of this. I compare this with the other boat I've been sailing on. They've been very helpful and they wanted us to learn; they wanted us to be a part of it; they wanted us to climb. My experience on Vega wasn't the case.

YX: OK.

Trainee U: I'm here for the sailing, and of course for the international exchange. Then I also wanted to sail.

YX: Then what about the international part during the second voyage?

Trainee U: I don't really know because I remember that I was a bit frustrated about this so that I think I forgot a bit about the international exchange.

YX: Then how would you score this stage?

Trainee U: So we had the first part was, was it a 5?

YX: Yeah.

Trainee U: And when we were in Blyth it was a 9, so I guess we drop down to ... /the international experience didn't change very much, and there were some more English speakers joined, I would say it's the same. A 6. I guess it's a bit better though maybe because there were more English people.

YX: Then we went to Gothenburg, to the harbour. We did some activities, and you also organized a crayfish party and everything. How did you feel the experience in the Gothenburg Harbour?

Trainee U: Yeah, the weather was beautiful, and we were playing the football tournament.

[00:20:05]

YX: Yeah, and we won.

Trainee U: Yeah! We WON the football tournament. And we... but when it comes to the international experience, I would say that since this is my HOMETOWN, but the tournament was a very nice experience because we did that in English. So I found that was pretty good. But when we did the crayfish party, a lot of the British people that embarked in Blyth didn't attend the crayfish party. The politician was not there, the girl who I don't remember her name, tall and blond.

YX: Dana?

Trainee U: Dana! I don't think she attended either.

YX: So do you mean those ones who joined in Blyth.../

Trainee U: Those who I would love share my culture with weren't there. And the same thing came to the girl with a good accent from down South England?

YX: Trainee F?

Trainee U: Trainee F! She wasn't there when we were doing something that I was a bit.../I told her that I thought it will be good if she could be here but she said she would be doing something else on the day. So she wasn't that either.

YX: She was with her boyfriend at that moment.

Trainee U: Ok, so for me it was like .../ but then of course there were some other people there are international but I still thought that it wasn't like "Oh, we are here to learn from each other through the international experience!" It was more like "Oh, this is a trip where I can go and have some vocation and go for parties." When we were in Gothenburg. But people who attended the crayfish party, they liked it. So that's good. So I still make it a 6.

YX: 6. Then we need to leave the ship and say goodbye to everyone because the voyage comes to an end. How did you feel that?

Trainee U: Since my expectation didn't fulfill in the level I wanted, I felt pretty good of leaving the ship. Because I was frustrated about the crew because I wanted to do more than allowed, but they just wanted to race and they didn't care about the trainees. So I felt pretty good leaving the ship. But then of course the people you met on board, some people you would love to keep in touch with which I DIDN'T. These people were hard to leave. Like me and Per went to a cafe and had a coffee, we were talking there for around 2 hours because we couldn't (say goodbye very easily), we had such a good time!

YX: When was that?

Trainee U: It was straight after we left the ship.

YX: The day?

Trainee U: The same day, we went to a cafe and just talked. So that was nice... so in terms of the score, let's still make it a 6.

[00:24:45]

YX: After leaving the ship, did you become Facebook friends with some of the trainees?

Trainee U: Yes, I did.

YX: Did you keep in touch with any of them?

Trainee U: No!

YX: Do you feel not motivated to do so or you don't feel like to do so?

Trainee U: Em... I would love to but I didn't feel motivated. As I've told you, that was my third abroad experience, international and cultural things. So I think I was a bit, not tired of it, but almost. And I experienced too many times that you put really high expectations of having reunion but nothing happens when it comes down. I think I went into some sort of mode that I didn't want to hope that that will happen. Otherwise, if I want it to happen, I need to make sure it happens.

YX: yeah.

Trainee U: Because I usually DO that. So I didn't want to put a lot of hope like "Oh, we will meet again." because I've been through it for (a couple of times). So I think I lack of motivation.

YX: Then what do you think is the most difficult thing for you to keep in touch with any of the friends on the ship?

Trainee U: I think that when I did my first sailing, I would love to keep in touch with people. But I think that is a part of the life when you meet people, you had wonderful time, and then never again... / It's good but I think that I have enough friends (who I keep in regular touch with) so I think that's why it's difficult to keep in touch. But especially since we are living in the same city where most of my friends are based in, but I'm sure if I go to London, I'm sure I will try to visit Trainee AA. Or at least I will ask her out for a couple of coffee or whatever. Or if I will go to Edinburgh, or if I go to .../ I have some friends in Holland since my last sailing.

YX: yeah, then how would you score this post-voyage stage? Having some friends on Facebook, maybe you can still see them posting things but maybe not messages or everything. How would you score this stage?

Trainee U: I would say that even I didn't keep in touch with them, I would say that I got more international friends now than I had since my previous sailing. So this should have made this score a bit better somehow... It's really difficult.

YX: So if you don't have any strong feeling about this, it can be a 5. If you feel .../
[00:30: 00]

Trainee U: I feel that other experience has given me more because of different circumstances. Should I compare this to other experiences?

YX: For example?

Trainee U: For example, I was living in Portugal for two months and my other sailing experience. My experience in Portugal gave me a whole lot of perspective of intercultural exchange. Our conversation right here when I asked you about China gave me A LOT of, a TOTALLY different view of (perspective that breaks) a picture that I thought was the only right thing to believe. So compare to our conversation today to this sailing trip, I would say I got more feelings into intercultural of that than the voyage. So my feeling of the sailing will be 3 or 4.

YX: 3 or 4, do you mean the post-voyage feeling?

Trainee U: The post-voyage feeling. 4.

YX: I still remember that on the day we left, the captain gave you an award of the best trainee on the ship. I can kind of feel the crew members kind of appreciated what you have done during the voyage.

Trainee U: I don't know if they did. I don't know. I've been thinking of that, A LOT. I was a bit grumpy because of the Fika that we ate all the good pastries at 10 o'clock when my watch was asleep. And I was nagging about that all trip. Do you remember that? Like 10 o'clock every day, every morning there were something sweet to eat with coffee. And my watch was all sleeping at that time and I wondered why we can't have that in the afternoon. I was nagging about this because I think that's very important thing for the whole team, for the whole ship, for everyone to be part of this because everyone likes sweet stuff. And I thought that I got that basket because I was nagging about this. I thought it was because of that and they were a bit, they were marking me. I don't know why I took it like that but that's how I thought it was.

[00:33:40]

YX: From my perspective of view, just as a part of the voyage not as an interview. I definitely don't think so.

Trainee U: En?

YX: Because first thing is that I didn't hear your nagging and I don't think they will just gave this basket to you because of your complain. There are also other people complain about other things, then why they didn't compensate other people? And apparently, there are also younger people suffered from other stuff, it will make more sense to just give this as an encouragement or compensation.../

Trainee U: Marking!

YX: Ok, marking to someone who's maybe younger, weaker? Especially everyone can see you are doing very good leadership on the ship, I think this award is given to who really contributed to this voyage. And I also feel like, you were contributing so much into many events, such as the Friday night.../

Trainee U: The Friday night tuckles.

YX: yeah, you were kind of leading everyone and organizing everything. The crayfish party and the crew parade, you were really vocal and I think everyone can see that. And if they want to give an award in front of so many people, that needs to be convincing because everyone wants an award. If they just gave it to you because you were nagging about something, I don't think other people will feel convinced. But when they gave this to you, everyone was like "Oh, yeah, he deserves that." So I think that's leadership's choice and also people's choice. That's what I understand.

Trainee U: Yeah, I also talked to Trainee BB about this and she also told me that's not the case, she said "Because you were doing a really good job." But the moment they deliver the basket to me, some crew said that "Now you can have your own sweet stuff." Something like that. I guess that was a joke. I usually not get offended but really felt that.

[00:37: 25]

YX: I guess the crew member said that may because he thought you were kind of close to each other in some way, compared to other trainees. He may feel it's OK to play a joke on you because you may not mind.

Trainee U: I guess so. I usually don't get offended.

YX: I guess that's also the impression you left to people. And that's why...

Trainee U: I haven't thought of that. Ok, good. Yeah, maybe they just wanna be nice. ... Thank you June for that, for explaining it.

[00:40: 05]

YX: Well, that's really what I understand. You know it doesn't make any sense if I lie or something. I always tried to observe as an outsider and that's what I observed from the situation there.

Trainee U: Right.

YX: Ok, then after the voyage, do you feel yourself influenced by the voyage in some way?

Trainee U: I was scared of sailing again.

YX: Scared of sailing again?

Trainee U: Yeah.

YX: Why?

Trainee U: Because of the crew.

YX: Because of the crew.

Trainee U: Because I thought that they were doing all the sailing. I thought that I would definitely never go on Vega again, for sure. And I was a bit fed up with international exchange things because this has been my third exchange experience. But I haven't got time to think about it because I've been doing so many other things, I've been studying and working. But now when I think about that, I feel it was pretty long sailing, I mean it was from Gothenburg to Blyth and then back to Gothenburg again.

YX: Do you think 2 weeks is too long.

Trainee U: No, I don't think it's too long. No, I don't. I mean it was long in a good perspective. I mean it's quite a trip, it's like remarkable, something like that.

YX: So at this moment you don't have any plan to do any other exchange program?

Trainee U: Last week I was looking at the new Tall Ships Races.

YX: [Laugh] But you just said you're fed up with this.

Trainee U: [Laugh] yes, but I think I am. Because I didn't get a (free) place this year either. I need to buy a place again if I want to join. But I wouldn't do that.

YX: Do you mean this year?

Trainee U: yeah. But now I want to learn better English. I wanna learn maybe another language and I want to live in another country as well. But I don't know if it

has anything to do with this trip. But I definitely have the interest of doing that from my FIRST sailing experience. So it definitely has something to do with the sailing.

YX: The tall ship sailing.

Trainee U: yeah, with the tall ship sailing because that was my opportunity to go international for the first time in my life.

[00:43: 43]

YX: Yeah.

Trainee U: So my cultural experience from this voyage wasn't my best cultural experience.

YX: It makes sense.

Trainee U: So I wouldn't say that this particular voyage has influenced me to do some more international exchange but me personally will definitely do it again.

YX: So you want to do it again in the near future or in the long term?

Trainee U: If possible, I would love to go this autumn to live in another country or whatever, but... then I have a girlfriend here. [Laugh] And I don't like that being an obstacle for me because I promised myself that it would never be the case. But now that's the reality. Before I was planning to, me and her did a serious study to live in England this autumn.

YX: Live in England.

Trainee U: Yeah, actually half a year in Sweden in an English school and half a year in Britain.

YX: So when you signed up for the voyage, you kind of knew this is an EU exchange program?

Trainee U: Yeah.

YX: Do you think it motivates you being an exchange program? If it was just a Swedish sailing program, will you feel as motivated?

Trainee U: No, I don't think so.

YX: You don't think so. Now if we have a chance for you to choose the nationalities being on board, do you have any ideal countries would you like to be sailing with?

Trainee U: In Europe?

YX: Not necessary. Any country.

[00:47: 00]

Trainee U: I would like to have someone from China because I want to discuss more politics or just more ways of seeing things. I would love to have American because you rarely found Americans out of America. [Laugh] I would love to have someone from East Europe.

YX: East Europe.

Trainee U: Yeah, from Ukraine maybe, I don't know, and I want someone from Russia as well. Because then we will get different perspectives. It will be very

interesting to have someone from South America, maybe from Brazil. And of course someone from Africa. YEAH! Maybe someone from Middle East. IMAGINE the discussions you can have with all these different nationalities, without being like this country stick together. American can stick together maybe, maybe with me because I'm from Sweden but ... maybe China and Russia because something (going on there). And then Americans and Middle Eastern maybe have something to discuss that could be so interesting.

YX: You mean discussion between American with Middle Eastern.

Trainee U: Yeah, yeah, yeah. I'm just imaging different views and discussions you can have and you can learn.

YX: [Laugh] It's gonna be very interesting, very international, and very ambitious.

Trainee U: Very ambitious. You want something less ambitious?

YX: No, I like this idea. And as you have mentioned the crew members on the ship were quite focused on sailing, then do you think they also tried to facilitate the cross-cultural communication and learning?

Trainee U: I've never been on a Swedish ship before and I think that's the problem because you can always use Swedish when you talk to the crew. That made it very convenient, very easy but very boring. I didn't use English all the time when I talked to the crew because it was easier for me to speak Swedish. So I got the sense that they couldn't apply the cultural thing in the same way to someone with international perspective. So me as a Swedish, I think they didn't manage to apply the cultural thing.

[00:51: 26]

YX: So is it because all the crew members were from Sweden?

Trainee U: Yeah, there were a lot of people from Sweden.

YX: So do you think it will be better if the crew group has mixed nationality as well?

Trainee U: Yeah, for sure. Less Swedish people and more nationalities.

YX: Then how do you feel the relationship between the crew members and the trainees? Do you feel the relationship is very casual or there's very apparent hierarchy there?

Trainee U: I guess it depends on which crew member. I still think it wasn't hierarchy. It wasn't.

YX: It wasn't hierarchy.

Trainee U: No. No, it wasn't. I still think they were pretty simple and ... it wasn't a hierarchy. That I can tell. But maybe because I'm Swedish that I didn't get full intercultural experience because the crew members were Swedish.

YX: When we were on the ship, apart from the sail training and labour work, most of the cross-cultural activities took place spontaneously with the trainees themselves, including yourself. What do you think have made this happen?

Trainee U: Because you are excited, you are curious of knowing how other things work. You ask questions and the other trainees explain. I guess it was just the curious of humanity. I think that is why it happens.

YX: Like sometimes people will have some discussions about Brexit, and there was once we had a discussion about Trainee D's uniform and all-girl school in Northern Ireland. And we also played some other games on the ship. You also lead a few games, for example, on the final day, the movie shooting of Pirate.

Trainee U: Movie shooting?

YX: You and Trainee D at the bow.

Trainee U: YEAH! YEAH! I was 'Fighting' with Trainee D. Yeah! I wonder where that movie is. That film clip. Yeah~ [Laugh] Ah, that was so much fun.

YX: Yeah, it was really interesting. And some Swedish people were teaching us some Swedish and they also asked us to teach them some Irish expressions, Chinese and other stuff. These all happen spontaneously among the trainees. What if all these things were organized by the crew members or the mentor. Like being a bit more official, which way would you think will be better?

Trainee U: I guess, I guess... I don't know. You know, on a boat, with people you don't know who are from different countries. I mean you just have to speak to each other, you have to talk, you have to do something. So I mean spontaneous intercultural things are meant to happen in that kind of context, unlike being in a forest where we got loads of space, unlike we are in the city. So on a boat, I guess the spontaneous things are the best compared to if you are in another environment, if you are in another project somewhere else, in another situation, maybe you need more ... it may be better if you prepare activities and games. But now we are on a boat and it's not very much here, we need to do something, alright, let's talk. "All right, let's talk politics." Or "How is it where you are from? How is the school?" and I guess for the situation being on a boat, this was good. I mean you don't need to have more planned activities.

[00:57: 50]

YX: Then what you think can be the disadvantage of having the planned activities on the ship?

Trainee U: I guess that if you got people that don't want to talk or afraid of starting a conversation, a planned activity could be better for those people, if you are not there mainly for the international experience. For those people, I think it's better to have planned activities. But if you are curious, if you wanna know, if you wanna learn and if you have the courage to ask, I think that spontaneous things are better.

YX: When answering this question, there was one person mentioned, it may be because when you were on a ship sailing, you really don't wanna be reminded the life in the school. That's why people wanna be.../

Trainee U: Yeah. I mean, if you are in school, I guess you don't wanna experience more (school life type of thing). But for me, I'm not in school, I would love to feel sort of being learning or experiencing.

YX: Because when you were learning sailing, it's kind of school, because the crew members were like teaching us how to sail.

Trainee U: Yeah, but you will be doing it with your hands, pulling or some other practical things. So I guess that's not something negative for me.

[01:00:20]

YX: So for you it's just better to have spontaneous activities on the boat but it can be the different situation in other environment.

Trainee U: Yeah, and especially when you are ASHORE! When we are not in the boat, I think it's good to have more activities planned. Because of course people should be allowed to go and see and explore... So I think spontaneous activities are the best thing when we are on board but when we are ashore, I think that planned activities will be better.

YX: Then when we have got people from European countries in this voyage, but we also have got one Asian people. Do you think me being on the ship influenced anything?

Trainee U: I wish that I asked you the question (today that I can ask you) before. I wished I had asked you the question on the boat because I think that would have given me more experience and another dimension on the intercultural experience. So there's potential of having someone from a variety of parts in the world, with various perspectives. And we did the Chinese writing and that gave me a great point of view of how different can it be between different cultures. That's why I wanna different nationalities mixed on the ship.

[01:03:00]

YX: Like what you have mentioned, you've got a rough picture about how China or some Asian countries can be on the media. And then this may be some stereotypes created by the media?

Trainee U: Yeah.

YX: Do you think some of these stereotypes were broken because of.../

Trainee U: Definitely. And I mean especially TODAY when we are talking. But we talk because we are on the same boat. We just happen to have this conversation here today but it could happen when we were on the boat. So I definitely think this trip made me think about the stereotyping thing about Asian and Asian people definitely.

YX: Do you think if we didn't get the chance to meet today, will you ask the same question on social media, on Facebook or something?

Trainee U: No.

YX: No.

Trainee U: Not on Facebook. Oh, do you mean to you?

YX: To me, yes. Like sending messages to ask me.

Trainee U: Em... maybe, maybe if something happens. But now since we were meeting and I saw something news about China so that I wanted to ask about that.

YX: Did you see something about China?

Trainee U: Yeah, it was one or two weeks ago, there was a congress or I don't know what's it called in China, but they have like a big meeting and there were more billionaires than ever that people sit in the congress. I don't say that.../ we still have billionaires here in our government in the western, but I was just curious when it comes to China since China has the Communist and yeah.

YX: I may not be able to give you a very satisfactory answer because I don't know much about this either.

Trainee U: Yeah, but I don't want anyhow to offend anything, I'm just curious.

YX: Yeah, I know you are very political sensitive so you are curious about any interesting political topics. Then did you see any other interesting news maybe about Britain, Northern Ireland after the voyage?

Trainee U: News...Of course I relate that to.../ I didn't know much about Ireland, almost nothing. And when I heard anything about Ireland I relate that to Trainee D especially because I talked a lot to her (on the ship). And some British news maybe but ...

[00:07: 52]

YX: Sometimes we were just have this kind of relation maybe you didn't think too much.../

Trainee U: Next time when I meet Trainee AA who I really hope I will meet, I will ask her about the election in Holland. Because I'm interested in that.

YX: The Dutch election?

Trainee U: yeah, they have big right wing party who are almost racist people, I would like to discuss politics with her when it comes to Holland. I know she lives in London but I still think she's from Holland.

YX: So you would love to discuss this with her when you meet her?

Trainee U: When I meet her, I guess. Because I'm not very fan of using Facebook to talk because I like to talk in real life.

YX: In person.

Trainee U: Yeah, in person.

YX: Yeah, it makes sense. And then how would do define your own cultural identity?

[01:09:25]

I am a

A. European Citizen

I would say that I'm .../ Of course I feel (myself) very Swedish but I really like to try new things and endorse new cultures. So yeah, my passport says Sweden. But maybe European citizen, because I noticed that especially when I was in America, when I talk about things and try to compare things, I usually say "Like we do in Europe." Or "This is how it works in Europe." So yeah.

B. Swedish Resident

I happen to be living in Sweden, not that I'm just Swedish. I'm resident in Sweden. I mean if I have some intercultural experience, I guess someone (from other countries) who I talk to will be interested in Swedish culture as well. So I will still say I'm resident in Sweden.

C. Portugal/USA Relevant

I don't have any family members from other countries, I would love to have that. My family is very bare Swedish. But I would say that ... like I spent a month with my relatives in America. That was a, it gave me a lot. I have known whatsoever I thought what a good America is. It's a bit harsh, I'm generalizing the whole nation of people, that's not OK. But I think they only think of themselves. I would think the United States is a great country and they are always striving to learn and stuff. But they are very conservative, and they think their country is the best and don't accept that other countries can be better than them in any areas. When I was there, I tried to explain to my relatives that we use the mobile for the internet, for the bank and for everything, we rarely use bills any more to pay. But he didn't believe, he's like "It can't be that good."

Yeah, I mean I met a few people like this and I'm generalizing 300 million people, of course it's very, I'm being very non-scientific. But that's the feeling I've got. But when it comes to there are very nice and very open-hearted people, they asked questions and they wanted to know. But sometimes they asked questions to be polite rather than being interested in the actual question.

I've been to American for 3 times, and this was my first time there. We had the relative way back, you know 300 years ago Sweden had a lot of poor people immigrated to America. My grandmother's aunt immigrated to America and my grandmother has been in touch with her aunt's sisters ...// And now I asked if me and my friends could come over and see how it is. So me and my friends were living in their family with them for a month. That was fun. And then we got to know some sort of American, not all American families. And that was very interesting to see.

D. Particularly interested in all cultures.

I think I'm interested in all the cultures. I mean the best thing ever that could have happen is to/ if someone that lives in a country and know it... because they are born and raised there and if I can have one day just being there maybe just see when they go to school, just to see the school, and have some typical food and have that person explaining, trying to give some sort of another point of view of how is the life being living there. That is ... I'd love that. You can go to the hotel and do the tourist, you can see the sun and you can see almost everywhere in the world, but you can't/ of course you can learn about cultures that way, but usually you don't, you just sat in the hotel/ but for me, to learn about the culture is to be with the local, with people from the country. And that is to open your eyes and to see other things. [01:20:30] If you go to another country, usually you just live the way that you always live; you usually go to the western hotel, have the same coffee, eat the same food, and maybe you go to a market to buy something and then you go back to the same hotel and have the same coffee. As you are back at home. I don't think this is my style, that's why I think all cultures are interesting.

Ranking: D → B → C/ A

[01: 22: 55]

YX: During the voyage, you mentioned that you learned something about yourself, like when you were sailing, you kept reflecting and learnt more about yourself. Do you find that during the voyage, you've done something or said something that you thought you were surprised that you actually did that?

Trainee U: If I was surprised by what I did in the voyage?

YX: Yeah, like you didn't expect you would do something like that?

Trainee U: Let me think.

YX: If there's nothing like that, that's fine. Or did you make any friend on the ship that you never thought you would make a friend like that?

Trainee U: Yeah! Yeah!

YX: Can you give an example?

Trainee U: Someone like Trainee D. I think we would never have been talking to each other (if we were not on the same boat) because I got the feeling that we were very, very different.

YX: Very different, in terms of?

Trainee U: In terms of ... even if Ireland and Sweden are pretty similar to each other, I think that we are just different. I think. (It is) the same thing when it comes to Trainee F. We are from very different backgrounds. I would have a lot of.../ She's from very wealthy area, I understood England. And I would have very a lot of, I would think a lot of her even before I talk to her because she's from a wealthy area, I would think she's probably snobby and all that. But when I talk to her about that I'm from not very wealthy place/ Maybe Sweden is wealthy overall but anyway/ when I talk to her about that, she was very condescending, she very negative about POOR people. So I think that if we had met somewhere else, I think it would be... we haven't crossed the same levels.

[01:26: 23]

YX: Do you mean the background you grow up makes you feel you are different type of person.

Trainee U: En.

YX: You wouldn't make friends with them if you meet them in the daily life?

Trainee U: I guess so.

YX: So in the case of Trainee F, maybe it was because of she's from the wealthy area and something like that. And what about Trainee D?

Trainee U: About Trainee D, it was just because, I don't know... / We spoke a lot, and it was very nice, I believe it was something different. But I just got the feeling that she's just not the type of people that I come across.

YX: So you were surprised that you finally get along with each other on the ship?

Trainee U: Not that we get along because I would that that I get along with a lot of people, but that we actually talked and we had things to talk about. But maybe I can't

explain Trainee D, I'm thinking of someone else. but I guess Trainee D, she was, she was talking to a lot of people I guess. I mean once you got on a boat, you don't have so much to do. You just have to talk to each other, and that's the nice thing about it.

YX: So after this voyage, you've been keeping working?

Trainee U: Yeah, I was studying Rhetoric, it's pretty much about teaching you how to speak, for example how you put up an argument, when you want to appeal, if you want to use logic.

YX: I think I get what you mean.

Trainee U: Yeah. I studied, and now I'm working in the amusement park.

[01:31: 13]

YX: Did you join any cross-cultural activity after the voyage?

Trainee U: No, I didn't.

YX: Did you discuss this voyage with any of your friends or your family members?

Trainee U: No, oh yes. Because before this voyage I was abroad for three months abroad, two months in Portugal and one month in USA. I think I talked more about that to my family and friends.

YX: Which two months were you in Portugal?

Trainee U: March and April in Portugal; May in the United States. And then in the August we went sailing.

YX: Yeah. Looking back to the voyage, being locked on the ship with the same group of people, what would you appreciate the most and what would you complain the most? Like your favourite part and what did you dislike?

Trainee U: I dislike that the crew were Swedish, because I'm a Swedish... that was like the biggest disappointment, I knew that when I bought the trip but it was a bigger disappointment than I thought it would be. But what I thought was the best, as always, discussing politics, cultures, how do you do things in another country, being close to the history when I climbed up on the mast when we were sailing approaching Gothenburg. The city was full of sailors in history, and a lot of my ancestors have been sailing the same route that we were sailing. It was such an emotional thing to be up and fix these sails when we were sailing through Gothenburg. And I think that was the...

YX: the thing you appreciated the most.

[01:34: 45]

Trainee U: Yeah.

YX: And we also discussed something about the social media detox, what's your comments on the influence of social media? For example, your current knowledge about China or any country you've never been to may be based on the media or something like this. When we were in the trip, we didn't have access to these recourses, how would you find this?

Trainee U: That makes the spontaneous things even better, because you can't check everything, you just assume that people don't lie about how it is in the countries, but I think that it gives even better discussions. I think. And if you have something you can't explain, if you don't know what it is (called in English or how something looks like), but you want to show it, you can't just google it and show a picture. You just need to try and explain it using pen and paper.

YX: That's true. Is there any situation that makes you miss this trip in any way? Or not?

Trainee U: It seems like I don't miss it because I had some negative experiences compared to other things. But I'm pretty sure, the longer time goes, the more I will miss it. The negative thing will vanish and the good things will last. Of course, I will miss the sunset of Scotland, I mean it's impossible not to miss that. That's beautiful in my memory.

YX: Ok. I think that's almost everything. Thank you very much. Your response is very helpful. Is there anything you want to add or is there anything you would like to ask me?

Trainee U: No, I don't think so. I think that I have better experience from my first sailing that I can answer these questions better. I hope that you (can get useful answers) in anyhow.

[00:01:38: 10]

YX: Yeah, definitely. Because any answer will make my study richer, so there's no right or wrong answers. It's just the true feeling is the most important thing. This research is not to convince people sail training is so good or it's worth trying for everyone. Instead, I'm trying to present a picture that sail training can be good but it can also be not as good as expected in some ways for some people. So I just want to present a true picture, instead of saying sail training is the only good way. I'm not promoting sail training, I'm doing research in the education and learning area and to explore what can be the best way to people's development. Or how can we maybe adjust or improve these programs to suit into other fields.

Trainee U: Yeah.

YX: Thank you very much!

7) Follow-up interview 7: With Trainee O in Sweden, March 29th 2017

Participant: Trainee O

Date: 2017/03/29

Venue: Airbnb dining room, Gothenburg, Sweden

Time: 10: 00 am

I gave the interview introduction and I handed out the information sheet and consent form for Trainee Q to read and to sign.

[00:02:30]

YX: Because the voyage has been passed six months ago. I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to the Exchange Program application. As you've mentioned, you got the information from the school and it was like they randomly chose some people from the applicants. You didn't get the chance at the first time, then you contacted the sailing organization to get the chance.

Trainee O: yeah.

YX: How do you feel the whole process, your satisfaction and happiness of the process of application and then you got it? Like 10 is very happy and excited, 5 is just the average.

Trainee O: I think it was a kind of quick decision. I thought I emailed them in the morning and then I got the answer in the afternoon. So I thought it was a very quick answer. So I felt it was really nice. I was like a 9, I was very excited at that time.

YX: Then it came to the day of travelling. How did you get to the ship? Did you go by yourself?

Trainee O: No, I live very close so it takes around half an hour to go there. So my mum, my family drove me there.

YX: How did you feel when you were on the car to the ship?

Trainee O: Of course I was a little bit nervous.

YX: A little bit nervous?

Trainee O: Yeah. Because I didn't know what I should do, so ... yeah, a little bit nervous, it was a good thing.

YX: then how would you score the general feeling about that.

Trainee O: I would say an 8.

[00:05: 00]

YX: Then what was your first impression when you got to the harbour, see the ship, and see people around?

Trainee O: Of course I was thinking “Oh, I’m going to stay here for two weeks, this is a really long time, it’s better to get to know someone really quickly.” I thought it would be really fun to meet people from England, from Scotland, and from other countries. I was wondering when they are coming. How do they look? And all that. I think everyone was like very excited to start a journey.

YX: Then how would you say your general feeling of that stage?

Trainee O: I would say an 8, too.

YX: And then you got on board, your family felt the harbour, and then you were left on the ship and started to chat with some people on the ship, the trainees and crew members, try to know more about your new trainee friends. Do you feel it’s easy to start a conversation?

Trainee O: yeah, yeah, I think that’s kind of simple because I’ve been on a lot of other similar things, maybe not on a boat, but I’m used to talk to people who I don’t know before. So I think that was good for me.

YX: Do you still feel a bit nervous at that time?

Trainee O: yeah, of course I felt a bit nervous because how would the other people be like before you meet them.

YX: Then how would you feel that stage?

Trainee O: Maybe 7 because that’s the moment that you felt a bit uncertain.

YX: Like you are not very sure how these people would be like or react.

Trainee O: Yeah.

YX: Then the voyages started and you were divided into your watch group and you may gradually found some people who you felt more click with. You got closer and closer to these people. How do you feel at that time?

Trainee O: I thought it was really good because I met a couple of people that I really click with, and that was a really good moment that I think during the journey you started to know them better and better.

[00:08:05]

YX: Are they mainly Swedish?

Trainee O: Yes, but NO! Yeah, yeah, yeah, they were because there were more Swedish people on the boat, but one of them wasn’t Swedish so I don’t think it was like “I’m Swedish then I look for Swedish.” I think it was like there were many Swedish people so that’s why.

YX: Then how do you feel this stage of getting to some of the people on the ship? How would you score that?

Trainee O: An 8, I think.

YX: Then the first part of the voyage came to an end and we arrived in Blyth. Is this your first time of being in a British city?

Trainee O: No, I’ve been in London and Birmingham kind of many times before. But I haven’t been in North England so that was a new experience to me to hear the

accent there and to see the north England. That was interesting. Because in London it wasn't so close to water so it was nice to see people in Blyth.

YX: When you were in Blyth, is there anything that you feel "This city is so different from Gothenburg"?

Trainee O: Of course it's different, but the weather I think it's kind of similar. And we have water here also (we are a harbour city as well). Maybe culture is a little bit different, and the city is very small, even smaller than Gothenburg although Gothenburg isn't that big. So that was the difference. But we didn't meet so many people who live in Blyth so I think it's kind of hard to say the big cultural differences before you've been there for a longer term because we just saw many things on the ship.

[00:10:40]

YX: And we also had the crew party and crew parade, and visited some other ships and stuff. How do you feel all these experience?

Trainee O: I think it was really nice, it was like we were looking forward to the crew parade and crew party. I think it was good for the crew to connect each other. I think it's good to do something together, like rowing and volleyball and the surfing. I think it was really good.

YX: Then how would you give it a score of the experience in Blyth?

Trainee O: I think it is maybe an 8.

YX: Then the second half of the voyage started, how do you feel the voyage on the way back?

Trainee O: Of course you was looking forward to going back to hometown Gothenburg again, a little bit. But you were also looking forward to starting the competition finally. But it was a very quick competition because it was only two or three days. It was really quick if you compare to the journey TO Blyth. That was really a big difference. And we had a good weather (on the way) back home. And that was really good I think.

YX: Compare to the first half of the voyage, do you feel the same or somewhat different?

Trainee O: I think the crew was more used to all the people who they are working with, and all of us on the boat were more used to the boat life. So I think it was more flow on the boat.

[00:13: 13]

YX: So do you feel the social environment is better than the first voyage?

Trainee O: yeah, I would say that.

YX: Then how would you score the experience of the second half of the voyage?

Trainee O: Maybe 8 too. I think it was very good on the way to England, and to go back.

YX: Then we arrived the harbour of Gothenburg which is the hometown again.

Trainee O: Yeah.

YX: Is the feeling a bit different when you were in the harbour of Gothenburg and in Blyth?

Trainee O: Yeah. It was like “Now we are home again.” I think it’s a different feeling when you are home again, then you can see all things that are going on in the harbour, the sail training festival. Then you wanted to show other people a bit more of Gothenburg. You can also show your parents the ship. A lot of things like that.

YX: And you also helped organize the crayfish party and everything. In the harbour of Gothenburg is like a better chance to show people around your culture.

Trainee O: Yeah, I would say that. In England, it wasn’t our culture but here we can show, for example, the crayfish party.

YX: Then how would you feel the whole experience .../

Trainee O: When we came home?

YX: yeah.

Trainee O: I would maybe say 9.

YX: Then what about the final part, when we came back to Gothenburg, the voyage came to an end. Then everyone need to leave, go back to school and say goodbye to everyone on the ship. How do you feel that stage?

Trainee O: I have to go to school Monday morning. I think we had the crew party in Gothenburg (the night that I leave). Maybe it wasn’t a best goodbye because I had to leave when the party was going on. That was a pity for me. Because if I leave on Monday morning, I would be missing the school. But I have already missed the school for two weeks so I have to go to school on Monday morning. So maybe it would be better if I could leave on Monday morning, but it’s a good thing.

[00:16: 50]

YX: And then how would you score the experience of saying goodbye?

Trainee O: It was like I feel that’s the final of the journey. But it feels strange because you have been on the ship with very small area and nothing around so when you came home again, it feels almost like nothing had happened. I felt like “Now, home again, let’s start normal life again.” So it was like that.

YX: So how would you score that experience?

Trainee O: Maybe 7. Say 7.

YX: You may have become Facebook with the friends on the ship?

Trainee O: Yes, I became Facebook friends with a lot of people. BUT I think the only one I’m talk to is Trainee BB. And yeah, I’ve contacted with her but I don’t think... and a little bit with Trainee AA, a little bit with Trainee N. No one else.

YX: Then how long have you been in touch with Trainee BB and Trainee AA?

Trainee O: With Trainee BB, I was talking to her last week actually. But Trainee AA, it's only like when I have birthday, she had birthday we said congratulations.

Maybe if she would come to Sweden or if I will go to London maybe I will contact her too. But not more than that.

YX: So the last time you contacted with each other was your birthday?

Trainee O: It was January.

YX: January. Even though you are not contacting some of them, but since you are Facebook friends with others, you may still see their posts and updates.

Trainee O: Yeah, I can. [Laugh] That's good!

YX: How do you feel this stage then? Like those friends were not so close in daily life but you still have them on Facebook.

Trainee O: I was really close to them in the trip. But it's like when the normal life starts again, it's very hard to stay in contact because you have nothing (in common) except that journey. That is .../ What do you call it when ... it's the only thing we have the common interests so we have nothing else to talk about because ... I would say that I would like to talk to other people (who I met) in the trip. But when the normal life starts again, you don't have the time and everything is just going on. That's very sad actually.

[00:20:45]

YX: Then how would you score this stage?

Trainee O: I think it's a little bit sad actually because you know, I would like to keep in touch with MORE people than I do now. But we don't, so I would say maybe 5. Maybe we should let all people meet sometime and talk, maybe to stay in contact more. Maybe that will be good to have dinner (together) or make something up (for us to do together).

YX: So do you mean if there's someone organizing some event for all these people to have a reunion?

Trainee O: Yeah, maybe that will be good. Or maybe you will meet these people again if you go sailing. But if you want to stay in contact with people, I think you need to have something organized because two weeks (isn't long enough to establish strong connection) ... yeah, I think so. I think I stay in contact with Trainee BB because we had more things, more similar interests like the rowing and sailing, I think that's why we are still in contact.

YX: So do you feel two weeks voyage is long enough? Would you prefer it to be shorter or longer?

Trainee O: I think that was PERFECT.

YX: It was perfect.

Trainee O: yeah.

YX: So actually the highest score is when you applied and got on board.

Trainee O: yeah, I think so. Because then you have all the expectations and you think about the journey and everything. You have so high expectations. And when you are doing the things, you are not thinking about how much fun you really have,

you are just doing all the things, and when you come home, you reflect about all the things and you think about everything. I think that's how the human works.

YX: how the human works.

Trainee O: Yeah.

[00:23:40]

YX: Do you think the voyage in some way changed you? Or do you think you learned anything from the voyage unexpectedly?

Trainee O: I think that all these kinds of experience develop me as a person, in language and culture and in talking to other people I don't know, to socialize with people I didn't know before, and to see other part of England, and to learn a lot about sailing. And YEAH~ it's like a new world, to see a new sport and everything.

YX: Have you chatted with your family members or friends about this voyage?

Trainee O: Of course I talked about it and they felt it's really nice and everything.

YX: Did they say you look like a bit different in some way after the voyage?

Trainee O: I don't think they can see.../ Of course I became a little bit different after the voyage but I don't think they can SEE that. I was also talking to them when we were in England. Maybe it's like something growing inside and I develop all the time so I don't think they can see that even if it's a good difference. The only difference they can see is that "Oh, you have nice tan when you are back."

YX: Since when we were on the ship, we had Swedish people, Dutch people, people relevant to Germany, and Britain, of course. Have you ever your interaction with these people when you came across different people or situations later in your daily life?

Trainee O: In my daily life, my normal routine is that I go to school every day. When I'm at school, I'm not meeting new people. But I work at the weekend, I meet a lot of new people every day. I think maybe this trip has developed me to talk to people who I don't know. So maybe I'm better at my job.

YX: When you say develop. Do you mean you feel more comfortable or confident when you.../

Trainee O: yeah, yeah, that's exactly what I mean. I mean I feel my confidence that I can talk to people I don't know. I think Swedish people are a little bit closed.

[00:27:40]

YX: Self-cautious?

Trainee O: yeah. but we don't talk to people we don't know. But if you experience a lot of things like this, we will be more and more.../ Like if you compare to Spanish people, they are like more open and talk to people on the street and talk to everyone.

YX: So you feel yourself a bit more comfortable to start a conversation with people you don't know when you are working part-timely in the supermarket.

Trainee O: yeah. Actually last week, we actually had a Spanish people living in our home. I think this trip may have developed me to be more confident to talk to him, to help him to be at our home and all that.

YX: So you were like helping everything?

Trainee O: Yeah, he was like an exchange student for one week in my home so that he is coming this summer again and my brother is going to Spain too. So maybe I can help them to get to know each other.

YX: So the Spanish person lives in your home for a week?

Trainee O: Yeah.

YX: Is it like you were the main person who helped him in your family?

Trainee O: yeah, I did a lot and my brother did something as well because they were in the same age. That was a part of the project that they should talk to each other.

YX: So did you make a start to talk to him?

Trainee O: Em... I don't know actually but ...

YX: But you feel quite willing to offer some help?

Trainee O: yeah, yeah, yeah!

YX: Can you give some examples of what you have been doing?

Trainee O: We were playing games together and we've been talking about his culture like what we did on the trip (sail training voyage). We were talking a lot about his culture and what his opinions about things and about the economic crisis in Europe and a lot of things.

[00:30: 00]

YX: Political issues like we were talking about Brexit on the ship.

Trainee O: yeah.

YX: Do you feel like talking about this kind of political issues and stuff?

Trainee O: yeah, I think it's fun to talk about that.

YX: When you were playing games with him and having this kind of discussions with him, have you reminded the life on the ship?

Trainee O: No, I don't think I was thinking about the life on the ship. But I think the trip has taught me a lot to be confident in this kind of situations.

YX: After the voyage, have you joined any other cross-cultural activities?

Trainee O: I think these two (Working in the supermarket and communicating with the Spanish student) can count, and in November we spent 10 days in Spain with my dad, he's a referee of football so we have 150 people to Spain every two years. So we are 150 people going to Spain, we were training together, swimming together and doing a lot of things. That was a really good time to talk to other people too.

YX: So you went to Spain last November for a week?

Trainee O: yeah. I think maybe this trip has also helped with ... my boyfriend is 4 years older than me so that I have to talk to a lot of older people. And you know you have to adapt to what they are talking about and get to know everything. Actually tonight we are going to Budapest together.

YX: Tonight?

Trainee O: yeah! So I think maybe this trip has also helped me with that.

YX: Do you mean help your communication with your boyfriend?

Trainee O: No, not with my boyfriend, but with his friends.

YX: With his friends. So you are going to Budapest with him and his friends?

Trainee O: Yeah.

YX: For how long are you going to be there?

Trainee O: Fortnight. So it's not a very long journey but I think it will be really really fun!

[00:34:00]

YX: What makes you think this trip can maybe help you communicate with older people?

Trainee O: because during the trip, we have in different cultures, and we are in different ages. The people I talked a lot on the ship were a lot older than me.

YX: How do you feel talking to many people who are older than you?

Trainee O: I kind of used to it now.

YX: Some people mentioned they feel easier to have mixed ages in the group so that they can learn more in that case. Do you agree with this?

Trainee O: yeah, I do.

YX: And some people are aware of this kind of age difference while some people forget this when they were talking to each other. Which will be your case then?

Trainee O: I think I forget about that I'm younger.

YX: So you are kind of communicating quite well?

Trainee O: yeah.

YX: Your boyfriend and his friends, are they also Swedish?

Trainee O: yes, they are. Everyone is talking in Swedish but one is from Germany. And someone from Norway but it's very close to here anyway.

YX: So some are from another European country but they are all talking in Swedish.

Trainee O: yes, they are. And they are all living here in Sweden.

YX: When you choose this voyage, you've known this is an exchange program?

Trainee O: yeah.

YX: So you realize there will be mixed nationalities on the ship?

Trainee O: Yes. I saw that. “Oh, there are people from other countries, then I can maybe more of English and a bit about their life.” So I thought it was perfect.

YX: So you were kind of motivated when you knew there would be mixed nationalities?

Trainee O: yeah.

YX: We’ve got people mainly from Europe, let's say if there’s a chance for you to choose the nationalities being on this international voyage. Which nationalities would you like to choose?

Trainee O: I would like to have more nationalities than the last voyage. I would take other countries more far away from Sweden, maybe United State and Australia, of course England, and maybe Spain and I would like to have very very mixed (nationalities). With a lot of cultures will be very very interesting. Because now it was very much like the northern part of Europe. I wish to have more (mixed) people.

YX: More mixed nationalities.

Trainee O: Yeah.

YX: Since the crew members were all Swedish. Would you prefer more mixed nationalities in the crew group as well?

Trainee O: Yeah, I would say the same toward the crew, I would have more nationalities in the crew group.

YX: What kind of difference do you think it will make? For example, if the trainees were still the same, we are gonna change the crew members, then how would you change them?

Trainee O: I think the most important is that we trainees are from different nationalities. Because I think the crew are really, really good. They were speaking English when they should speak English, and they were really fun and confident in what they were doing. So I think the most important is that the trainee have more mixed nationalities actually because I have nothing to complain about the crew. They were excellent.

YX: So you think the crew member and the trainees have quite good relationship on the ship?

Trainee O: yeah.

YX: Then how would you describe this relationship?

Trainee O: You can talk to them if you have a problem, or if you just want to talk to them. They taught us a lot of things and ... yeah.

YX: Do you think there is any hierarchy between these two groups of people?

Trainee O: I think it’s more like, when it compares to the big boat, what does it call? The Norwegian boat Christian Radish, I think it’s a lot more there. Of course it has to be a little, but it has to be. It’s like the teacher and the ... it has to be so.

[00:41:05]

YX: Ok. Do you think if the crew members were helping or trying to facilitate the cross-cultural learning on the ship or do you think they were more focused on the sailing part?

Trainee O: The crew? I think they focused on both but of course but of course someone has to focus more on the sailing because if no one focuses on the sailing we would have ... it was a sailing trip so I think someone has to be focused on sailing to make the ship go forward.

YX: So you feel they were more focused on the sailing part which is understandable?

Trainee O: yeah.

YX: the trainees have cross-cultural activities spontaneously to have fun themselves as well.

Trainee O: yeah.

YX: I noticed that you and some people were leading some cross-cultural games or activities.

Trainee O: yeah.

YX: For example, you have had yoga and played card or taught people Swedish.

Trainee O: yeah!

YX: it seems that you are doing all these things spontaneously, with a small or big group of people. How do you feel you can come up with these ideas and .../

Trainee O: No, it's just kind of spontaneous. Like "What should we do now?" "Shall we do this?" "Shall we do that?"

YX: If it was the crew or the mentor to lead the activities, to say "Let's do some game." Or "Let's teach some Swedish." Would you prefer to have them leading or just do these things spontaneously?

Trainee O: I think maybe it's good to have someone organized game, maybe a little bit more than it was. But I think everyone .../ you were working in groups in the shifts. So maybe that was enough because then you could talk to the other people between the shifts. It's hard to say. But of course someone has to lead the game, someone has to take the role.

YX: Then would you prefer the trainees to lead the game or would you prefer a mentor or crew to lead the game?

Trainee O: I don't know.

YX: For example, some people say they prefer the trainees to spontaneously lead the games, for example one comes up with an idea, maybe next time another person comes up with an idea and then this person can lead the activity.

Trainee O: Maybe the crew can start a game, then maybe the trainees can do it by themselves. I think it's good to maybe have someone from the crew to introduce something new.

[00:45:30]

YX: Some trainees mentioned, on one side, it would be good if the crew or the mentor can give some ideas of the games and activities. Then the trainees can discuss what they like.

Trainee O: Yeah, maybe that will be good. Because if you don't know someone, it may be hard to do games you don't know.

YX: Do you mean at the beginning?

Trainee O: yeah, at the beginning. But I think this training group solved that very well. In this situation they went very well.

YX: And some trainees mentioned they don't really like it if the crew mentions will lead a game because they thought it sounds like the teachers giving some tasks of playing games and stuff like that.

Trainee O: yeah, I understand. But maybe they don't have to do it all the time.

YX: So you feel it may be good to have some organized games but not every time.

Trainee O: no, like the rowing and the volleyball were also organized. I think it went very well.

YX: The rowing and volleyball took place at shore. Like when we were in the harbour instead of being on the ship. So do you prefer the organized games in the harbour?

Trainee O: No, you can have organized games on the ship too. But maybe smaller (scale ones), you can't play volleyball but you can do other things. Like the dishes, that was organized. That went well, maybe you can have games organized in that way, too. But I think everyone was kind of tired also after working for 4 hours so maybe it will be like "Oh, not a game again!" So maybe it's really good to be like how it was.

[00:48:00]

YX: So let it happen naturally, when people are not tired and they would like to have some games.

Trainee O: yeah.

YX: We mainly got European trainees on the ship, I was on the ship as an Asian, and do you think my presence influenced anything?

Trainee O: Yeah, of course! Thinking of most people are from Northern Europe, and you are not even from Europe. I think it was really interesting when you were drawing with the pen which I don't know what you call it.

YX: The brush.

Trainee O: Yeah, that was really fun and a lot of people liked it. It was very interesting when you talked about the cultural difference and there are a lot more differences in the countries when it's more far away from Sweden.

YX: So if the exchange is between the western and Asian exchange, do you think it would make a big difference?

Trainee O: yeah, yeah! I think it will be better, even better!

YX: Even better.

Trainee O: yeah. There will be more discussions and more cultural differences. Yeah, it will be more interesting.

[00:50:00]

I am a

A. Gothenburg Citizen

I've been living in Gothenburg my whole life, but I have been travelling a lot. And I love a lot of countries and I would like to live in other countries for half a year, or a year, or two years. But I think I always belong to Sweden, and I would say today I'm a Gothenburg citizen.

B. Swedish Resident

C. Finland Relevant

I've been to Spain for a few times, I know a lot about Spanish culture and some English culture, and I've been living in a United State family for a week, I've been in China for a while. I'm very interested in different cultures but I would say that they are not that relevant to me.

My father is from Finland, and my mother is from Sweden. But my father's sister is living in Birmingham and her husband is from Egypt. So I have some connections with different cultures and my best friend Lisa is in the United States in Pennsylvania last year. So last summer I was living with her family there for a week.

So I'm half Finish because my father is from there.

D. Particularly interested in all cultures

Ranking: A →D→B →C

I think I'm most comfortable with the first identity because I've been living here in Gothenburg for my whole life. Then I'm interested in all cultures.

[00:55: 22]

YX: If we look back to the voyage, being lock on the ship for 2 weeks' time with the same group of people. What would you say you appreciate the most and what would you complain about?

Trainee O: Before the voyage, I was thinking this would be a very nice trip and journey, I was really looking forward to everything. I think the trip went out to be very well on the boat too, you met a lot of new people and everything so I think that was really, really good and you learned a lot about the sailing! But when I've been thinking of that after the journey, I was like "Oh! Wasn't I a little bit scared that I had to adapt to ... like I would be on the water, ALONE! With no one I know." I was like...

YX: So you started to feel scared after the voyage.

Trainee O: yeah. I was like “What did I do?!” but yeah, everything could have happened, I didn't know anyone. So I was thinking about that. Like if I didn't make any new friends there and if something would happen to the ship. Yeah, something like that.

YX: So after the voyage, you started to feel a bit scared for yourself?

Trainee O: Yeah. [Laugh]

YX: Then is that something you would complain or you would appreciate?

Trainee O: No, I appreciate that very much. And I don't have anything to complain about, I think that was amazing.

[00:57:20]

YX: So what you appreciate is that.../

Trainee O: I mean I appreciate everything that I/ that I had experienced this voyage and that I met knew people and that I learned a lot about sailing and that I had a really good vocation. Yeah, it was like two weeks of vocation. But a very different vocation from (the usual definition).

YX: yeah. What would you say is the biggest difference between an exchange program on a sailing ship and on a cruise?

Trainee O: Oh, I don't think I would talk that much to other people like I do now. Because now we had to work together and we had to work a lot. I think we wouldn't go up at midnight to do what we had to do if we... yeah. So, it wouldn't be the same.

YX: So what would you prefer?

Trainee O: I would prefer what we did.

YX: On a sailing ship.

Trainee O: yes. In this case.

YX: Do you feel the friendship you established on Vega is in anyway special compared with other friends you made in the daily life.

Trainee O: I mean all friendship is different from each other because you have different interests with (different) people, so of course this is different from another.

[01:00: 00]

YX: then is there any moments in your daily life made you feel quite miss the voyage or miss anyone from the voyage?

Trainee O: Yeah, as I said a little bit before that it is bad that you haven't stayed in the contact with more than 2 people after the trip. I think I talked to a lot more people than I liked there.

YX: As you mentioned it's actually quite difficult to do that because of the reality and distance.

Trainee O: yes.

YX: And we also talked about the social media detox of the voyage. Do you think it makes any difference with or without signal and wifi on the ship?

Trainee O: yeah, I think so because we couldn't check our phone all the time and when we have the embarrassing moment, you would normally pick up your phone. But you couldn't do that on the ship, so you have to solve that problem by yourself. So I think that's very important situation.

YX: important situation?

Trainee O: Maybe very learnful situations.

YX: SO how would you deal with the situation?

Trainee O: I think that many people are doing that today. I mean if you meet a new people and you are talking for 10 minutes, about what are you working with, what's your family doing and where are you living. Then that's it. Then you have nothing more to talk about, then you pick up your phone. I think people are doing that! I think you can't do that when you were on the boat and you don't have the access.

YX: Do you think that also relates to sometimes people create some games or activities to kill the time?

Trainee O: yeah. [Laugh]

YX: Have you had the chance to pick up any Irish expression or any other language on the ship?

Trainee O: Not anything I can think of right now but maybe I used to have learned some.

YX: Just don't have the chance to practice.

Trainee O: Yeah. But you remember Trainee AA, she has special cookies from Netherlands, we have that at home now. So I think that was the only thing I can think of right now.

YX: Do you mean recently you are eating that?

Trainee O: yeah, we bought them so we had them at home now.

YX: When you eat the cookies, you reminded Trainee AA.

Trainee O: yeah.

YX: When we were on the ship, did you do something unexpected?

Trainee O: NO, I think that I'm kind of "I do what I want."

YX: yeah! Then have you met and friend on the ship that you never thought you would make a friend like that?

Trainee O: No, I don't think so actually. Because I don't actually have like "This is the way I make friends with".

YX: You are open about this.

Trainee O: Yeah, I'm open!

[01:05:00]

YX: We had some political discussions on the ship, do you usually do this in your daily life or .../

Trainee O: Maybe not that much as we did in that two weeks. But of course we are discussing it here too, when it's ...

YX: When it's a big thing happens.

Trainee O: Yeah, of course, if something happens, of course we discuss it but maybe not that much.

YX: Do you think the discussions on the ship have given you some impacts or influence in your later life when you start a discussion about political issues?

Trainee O: Maybe it has, but it's nothing I can remember right now.

YX: For example when you were having a discussion with the Spanish exchange student?

Trainee O: Yeah. Of course you have wider perspectives about other opinions from England and Scotland and things like that. But since I have only heard it from two or one people so it's not like I can say "English people think it like that." I need to hear from more people.

YX: yeah. I think that's everything. Thank you very much. Your response is very helpful. Is there anything else you want to add or is there anything you would like to ask me.

Trainee O: Not now. But thank you! I think it's really fun to talk to you.

YX: Thank you very much as well!

8) Follow-up interview 8: With Trainee P in Sweden, March 29th 2017

Participant: Trainee P

Date:2017/03/29

Venue: Airbnb dining room, Gothenburg, Sweden

Time: 5: 44 pm

I gave the interview introduction and handed out the information sheet and consent form for Trainee P to read and to sign.

[00:02:40]

YX: Because the voyage has been passed six months ago. I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to the Exchange Program application. How did you get to know about this voyage?

Trainee P: My school consoler uploaded the link of the application. In our school, we have a system that we can log into everyday to see the news about the school, to see if the teachers uploaded any news or assignments or something. So I logged into that and my school consoler has lined the (sail training exchange program) application with the Gothenburg city. So I applied for that but I didn't get a place at first, but then they relied that they would get back to me if anyone doesn't want to go later on. And I don't know how much this affected that I finally got the chance to go on the boat, but actually my mum knew someone worked with the application process or someone close to the application process, and she said (to the person) "My daughter is on the waiting list." And then late June I got the place on Vega.

YX: So how long did it take you to.../

Trainee P: I think I had applied in the early spring or maybe even later. But I don't really remember.

[00:05:03]

YX: That's fine. Then how do you feel the whole experience of finding the information, then applying, then being on the waiting list and finally getting the chance?

Trainee P: Well, I think the process was kind of good because that I know that I will be working during this period, so that I just want to DO it. Then if I didn't get it, it's OK, I will find something else, it's OK, it's only a week. It's also free so that I didn't pay anything because that was funded by Gothenburg city or something. So when I found out that I was accepted, I was super happy but I just wrote a page to apply which was not too complicated, and this year I actually want to go to the tall ships regatta again, this time is much more complicated, and it's in the middle of the summer, I don't think that I will be able to get free time from work, and they are very slow to answer the emails and you have to find the sponsors yourself and it's not like the process was just sending your application and they say "OK, you could go." If you understand what I mean.

YX: So this time you need to apply through the ...

Trainee P: I actually applied through one port that would host the race which is Halmtad. So I applied through that city this time, but then they wanted you to get the sponsor by yourself, because there weren't so many greater chances to get a free space so that you may need to pay by yourself. The final announce who can get the space will be in late May which is very late and I don't think it will work with the work that I would have this summer, because I want to be able to have some free time. But I'm looking at applying through the ships but then you have to pay for the full cost. It sounds like I just want the very convenient way that I don't have to pay anything, I can just apply and then get the place. But it's hard to make everything work as you want. And if you find you don't get a place after application and still have to pay .../ I don't really understand that you have to apply for a place and then you have to pay, when it works that way, I think that's so weird, I think either you .../

[00:09: 00]

YX: I think people can just buy a place if they want.

Trainee P: yeah, maybe some ships do this. Because I want to find some sailing to do in the late summer, that would be perfect.

[00:10:00]

YX: Then how do you feel the whole experience about Vega in the last voyage?

Trainee P: It's a long ago now. But the first two days, I didn't enjoy it at all.

YX: What about the experience before, during the application process?

Trainee P: OK, I just applied and didn't know what ship it is, but then I got to know that I would go on Vega and that is would be two weeks and I thought it would be one week. I thought I would have to fly to Blyth.

YX: If there's a scale from 0 to 10, how would you score that whole process?

Trainee P: it's hard.

YX: For example, 5 is an average and neutral score.

Trainee P: I think maybe an 8 because I think the lady who was responsible for it was very good and friendly so I think it was good. Even though I didn't get much information about what to expect, for example I have brought a way too big suitcase. I don't understand that it was too big because they didn't say anything. I didn't understand how it would work on board because the first time I stood on Vega was the first time I stood on a ship, ever. So I didn't know what to except and how I would sleep, I didn't know the toilet situation, what I should bring with me. You know, what kind of towels should I bring? Whether there will be showers? I thought there would be showers but actually there wasn't. So I think the information about that wasn't very good. But it worked anyway.

[00:12: 30]

YX: On the day of departure, how did you go to the ship? Did you go by yourself or your parents drove you there?

Trainee P: My parents drove and actually my sister was in the car too with some friends because they were going to somewhere else after dropping me off. But yeah, my parents drove me there and said goodbye and stuff.

YX: Then how did you feel when you were in the car on the way to the ship?

Trainee P: I was kind of nervous of what to expect. And also because I just, I've just been on another trip that I biked, if you remember, from Gothenburg to Copenhagen.

YX: Yeah.

Trainee P: Yeah. So I got home, I was home for one day, I actually turned to 18 that day. So it's kind of a big thing! I was SO tired after the biking because it was like physical challenge so I was kind of worried "How could I manage to do this two and half weeks?" I don't think that I thought too much about the school because I missed the first two weeks of school, so I didn't think about that, I decided to worry about that later on. But I was nervous and kind of excited, and tired. But I wasn't too/ I wasn't so excited actually.

YX: On the way to the ship?

Trainee P: No, I was just like "OK, let's do this." That's all that I think.

YX: Then how would you score the general feeling of that stage?

Trainee P: Maybe a 6.

YX: A 6.

Trainee P: But I felt more than going to school or doing something that I've been used to, but I felt it was much more racking and nervous. I was much more excited when I started the biking trip. Because I got my mind into it and it was nervous starting it but I didn't realize what was I about to do before doing the sailing part, so I wasn't.../ If I have a few more days to think about it, I think I would have felt more stuff (of expectation and excitement). But it was just like "OK, now I don't know what I'm doing but I will just do it in anyway." sort of.

[00:15: 36]

YX: Then what was your first reaction when you first impression when you got to the harbours, when you saw the ship and you saw people around, how did you feel about that?

Trainee P: I think I thought the ship was kind of narrow but long, so I thought it was kind of smaller than I expected it would be.

YX: And you also saw some of the trainees.

Trainee P: yeah. I think at that point, I started talking to Trainee X earlier on and we talked on the harbours and on the deck for a bit, but I didn't really realize who were the trainees or who were part of the crew, who were just the parents waiting? So I didn't really take it in. But I guess doing stuff like that, meeting a lot of new people, I wasn't super comfortable in that situation. So when I talked to Trainee X, I was kind of "OK, I found someone to talk to. I will just talk to her and see what's going to happen. I'm not going to walk around and say hello to everyone." But I tried to look happier than I were, I think, just to look more excited.

YX: Then what's the score going to be at this stage? The first 10 or 20 minutes?

Trainee P: Maybe 4 or something.

YX: 4?

Trainee P: yeah, I think so because I didn't know what's going on and I didn't feel there was a proper greeting from the crew. And that was uncomfortable, I was like "What should I do?" It was before they brought some Fika. Maybe a bit higher though, because I met Teresa in the harbours before and she greeted me there so that I felt kind of welcome, but I ... maybe a 5 then because I felt I knew something or what I was supposed to do even though I didn't have the whole control of the situation.

[00:18:45]

YX: Then we just carried all the luggage downstairs and had a brief meeting, and also talked to different people. We got to know more about different people and got to know more about this ship, how do you feel this stage of getting more familiar to the surrounding and people around you?

Trainee P: That felt better I think. Even though it was uncomfortable everyone was sitting so close to each other... it's hard to explain but I think it's like I want to have some sort of control over the situation so I felt like, or I think I often feel like that I want to look around everyone and sort of "OK, now I know what people I have around me, and I know those are the trainees and those are the crew." But you know you can't sit and look at everyone. So it was kind of uncomfortable but it still felt good to get to know everything and get things in a bit more of control. So maybe a 7.

[00:20:15]

YX: Then you stayed in Skansen with other people, the space was a bit crowded.

Trainee P: Yeah, very. [Laugh]

YX: At the same time, you also got to be closer with the people especially in your watch and some others?

Trainee P: I think that didn't really happen until after 3 or 4 days. Even though I think I talked to everyone, but the first three days I don't think I got to closer to anyone until after 4 days. Also because that was when I started to feel comfortable.

YX: Do you mean physically comfortable?

Trainee P: yeah, both. Comfortable with sitting so close to everyone, having lunch (together all the time) and also usually I wear make-up every day, for example. Noting being able to/ it's so hard not being able to maintain your routine because I don't know how to handle not being able to go to the bathroom and stay there for 15 minutes in the morning. And you know, there's also a skin-care routine that I do in the morning and then I have my make-up routine. So I always do that at the start of the day. But when you got waked up at 3:30 in the morning, it's like you don't go to the bathroom, it smells very bad and it's very dark. You don't go there and stay there for 15 minutes. You just go up and get dressed. So I just had a hard time coping with these circumstances. And also I wasn't so well prepared both mentally but also what I knew what's going to happen, but mostly mentally I think. So it was kind of hard to

get into the mood of talking to everyone and finding out what the sails are called which I should do, find some excitement for that I hadn't found before the trip. Because sometimes I just felt going to Skansen and laying my bed and relax for an hour or so. But instead, you were kind expected and it was actually more fun to go around and talk to people. But for me at least I need to go (through the process and) find the point that I can get into the mood.

YX: So it's until the fourth day or something

Trainee P: Yeah, the fourth day, that's when I felt really comfortable and got closer to everyone and some persons in particular I guess.

[00:24: 30]

YX: Then how would you score the process of getting close to people on the ship?

Trainee P: I guess it would be kind of low because I wished it could have been earlier or that I would have been more prepared.../

YX: I mean after you get close to people?

Trainee P: Well, it was much more fun, so I think it would be a 9.

YX: It would be a 9.

Trainee P: Yeah.

YX: Is this the first time you go to Blyth, to a British city?

Trainee P: I've been to London three time before but not anywhere else.

YX: How did you find your experience in Blyth harbour?

Trainee P: I think it was very good even though I didn't really get to experience Blyth that much as I got to experience the port as a part of tall ships race. Because I mostly stayed within the ... the port area except for the parade. Then I actually walked around to the gym one day so I got to see somewhere of the not the city, the town, or the village of Blyth, I don't know what to call it? I think it was good.

YX: Oh, yeah.

Trainee P: I think that would be a 9 or a 10 actually. If it's a 10, the crew party wasn't that much fun but the crew parade was so much fun, maybe it takes the whole experience to a 10. I think I have to say a 10 because of the parade actually. The parade is SO much fun and everything else was very fun, I mean most of the things.

YX: So you enjoyed the parade quite much?

Trainee P: Yeah, it's very much fun!

[00:27:08]

YX: After that, we went back from Blyth to Gothenburg. How do you feel the second voyage?

Trainee P: I think because I was sea-sick going over the first few days, I actually took the medical thing you also had, but that made me very tired so I was super tired but at the same time I think it went a bit too fast because I wanted to enjoy the sea. But I think it was a very good experience overall and we were all very good friends.

It was good weather and we climbed the mast. So I would give it a 9. It would have been better if I wasn't that tired.

YX: And then we arrived at the Gothenburg which is your hometown, how do you feel? Whether the experience is different or similar with the experience in Blyth harbour?

Trainee P: First it was weird to have gone to Mastrad for one or two nights. Because it was so close to home but not really home. But I had my 3G there, I had connection. I had connection in Blyth but I didn't have my internet because I had unlimited internet anywhere in Sweden. But I think the harbour in Mastrad was much less crowded than Blyth which was very nice that I really like it. But at the same time, it wasn't as much fun and it was hard to know what to do there because in Blyth you always had something to do or to explore. But in Mastrad, everyone was tired and we just walked around and visited the castle and sat on the grass and talked and it wasn't too much fun. Even though the dinner was kind of fun but it wasn't too much fun neither. But then in Gothenburg I think it was fun meeting my friends that they came to visit the ship, and my family came to visit. It was fun showing Trainee D around Gothenburg. Yeah, I was in the city with Trainee E once, I don't really remember what exactly I did with whom, but it was fun to come here even though it was as big as in Blyth. The Harbour and everything around, like the fireworks were huge in Blyth than it were in Gothenburg. So it was more fun in Blyth I think.

[00:31:08]

YX: Then how would you score the general experience here?

Trainee P: I think a 7. Also because it was kind of stressful that my friends wanting to visit me and my family coming, at the same time I wanted to spend as much time as my friends (on the ship). So it was hard (to stay) on board Vega so it was a bit stressful on the day we arrived in Gothenburg.

YX: When you say stressful, do you mean you wanted to spend time with people on the ship but you also wanted your friends and family?

Trainee P: Yeah. And they also text me "Can I come this time?" "Can I come for a few hours?" Or "Do you want to have lunch with me?" and I was like "I don't know, I think I have to stray on the ship when I had my gone-way watch for the (tourist) people to come on board". I didn't know what time I should be there and how important it is to be there and I was like it was kind of stressful. Because in Blyth it was like we did everything sort of going with the flow, we did whatever together. But in Gothenburg, people were spreading off more, someone went to Lisberg, some went into the city, some went to play the football tournament, I was like I want everyone gather and I want to spend time with everyone before everyone goes. I also want to show my friends around and meet them. So it was hard to do and stressful to ...

YX: Because soon after that, we need to leave and say goodbye to everyone. How do you feel like that?

Trainee P: Em... well, I think the goodbyes weren't too hard because it was sad that everything was over but at the same time it was kind of nature because we had stayed in the harbour for a few days, I was going back to school because the school had

started. I went home on Monday in the morning or something around 10 or 12. And then I went to school on Tuesday, so I got used the fact and I met my friends and I was ready to start (my school). I felt that I was done with the ship.

[00:34: 18]

YX: Then how would you feel saying goodbye and everything?

Trainee P: It's hard but at the same time I know that everyone... because what was so special about the trip is that everyone becomes such a good team. I wouldn't be seen everyone again but I think I got very good friends with Trainee D and Trainee N. And Trainee N lives in Sweden so I've seen her actually for a few times afterwards.

YX: Trainee D and Trainee N?

Trainee P: yeah, Trainee D and Trainee N. But Trainee D lives in Ireland so it's harder to meet her. But we were kind of "Yes, we are going to see each other again!" But at the same time, I felt like even though we were very close friends during that period. I was very confident that we were going to see each other again, but still I realized that our friendship might not be the same when we meet again because we are not on the ship together with all these people, having our jokes about everything. We were friends under those circumstances and it's hard to be friends like if we meet in some other situations.

YX: Then how would you score the experience of saying goodbye?

Trainee P: I think a 5.

YX: A 5.

Trainee P: Because it was sad, but I felt like every certain time that I do certain thing for the last time, I think it's very hard. For example, I was running in my mum's car that she has had for 4 year this morning. And she was getting a new car. I think it was sad but this is the last time that I was sitting in the seat (of that car) and I've done it for so many times. So I think it's hard to say goodbye in general, but at the same time, I felt that I'm ready for what's ahead. So I was looking into the future more. So it think why it's only a 5 but not lower.

YX: Then does that mean you are happy with the two week long voyage?

Trainee P: yeah, I think so.

YX: Would you prefer it to be a bit shorter or longer?

Trainee P: Well, I think it would have been, not shorter, at least. And we have become so good friends because of the whole long time we spent with each other. I actually want to do some longer sailing like to sail across Atlantic, that would be so much fun or sail to somewhere warmer or stay out sailing for a month or so. But at the same time, I need to go back to school. I still had my mind set that I was going back to school and meeting my friends again. So when we reached the Gothenburg harbour and people said "You can stay on the ship for two extra weeks if you want." If most people said yes, I don't think that I would have said yes. Well, if everyone would have said yes, then it would be like "OK, I need to be on this boat for a longer time because we were having so much fun!" But at the same time, if there were only a few people would have stayed and some new people would have got on, then I ... it

all depend on the people that I was with. So I was done with the sailing but I might like to spend more time with my friends.

[00:39:30]

YX: It sounds like being on a ship, friends means more than sailing itself for you?

Trainee P: I really want to sail again even though it was just for a few days, I want to make very good friends with everyone. But I think it was easier to leave the ship than to leave not necessarily my friends, but the whole situation and the whole team and the ... the unit we managed to create on board and of course the ship was a big part of it. We are the Vega crew, and I was staying in Skansen that was a big part as well, and my watch and everything. It was harder to leave that, and (to leave) my friends of course. But I really enjoyed the sailing too.

YX: After the trip, you became Facebook friends with most of the trainees.

Trainee P: yeah.

YX: How many people are you still in touch with at this moment?

Trainee P: I actually had daily contact with Trainee N and Trainee D.

YX: Daily contact?

Trainee P: yeah. Because we Snapchat

YX: everyday?

Trainee P: yeah. So we have been Snapchating each other every 24 hours since we got off the ship. So I think it was 180 days now. Me and Trainee N have almost had daily contact but there was something wrong with her Snapchat account, we haven't Snapchatted for a few days but now it's OK. Even though some days we just wrote "Hello." Or "My mum and I is on the way to school now." "Me too." And then we don't talk for the rest of the day. So we don't really have CONVERSATIONS every day but we still keep in touch in that way. ... But I think to be friends on Facebook doesn't really mean that much if you don't comment or like or stuff. I'm not every active on Facebook even though I'm logged into Facebook a lot at the moment. But it's only because I like to watch funny videos and people had tagged each other and stuff. So it's not really to see what everyone is doing. Because no one ever uploads anything. But I still follow a few people on Instagram and common and like and stuff. And I met with Trainee N (for) 2 or 3 times I think since we left Vega and I called her and we talked on the phone for a bit. I also skyped with Trainee D for a few times, not so much lately. I think I haven't skyped with her for 2 or 3 months now. But we still have talked a bit, we talked a LOT on Snapchat and (we) skyped in the beginning since we talked so much on Vega, then we just continued talking. We really had a conversation going for at least the first two weeks after Vega on Snapchat and kept in touch really good but ... that kind of (communication) stopped or /I've actually turned my notifications off on Snapchat because I got so stressed of getting the notifications. So I don't use Snapchat that often so we don't talk that much. But I hope we will meet again somehow. I tried to/ I was planning to go to Ireland this winter, but then when it got closer to the actual date, I realized that I had so much in school and my Christmas break was going to be super busy. So I talked to

Trainee D and she understood the situation. That was two month before the trip we planned. But I hadn't booked any ticket.

[00:45: 15]

YX: So you were planning to go to Ireland in December?

Trainee P: I think it was the first week in January. But then we cancelled that because I thought it was too much.

YX: Yeah. Christmas time is quite busy.

Trainee P: Yeah, it was. And then we have tried to make it work so I could go there, I think I get two different times, over the Easter or sometime I don't remember now. I felt like maybe it is possible (for me to go at these two times) and she was like "Yes, it will be so much fun if you come here." I think it will be so much fun to go to her place too. Then I just realized I had so much to do and I felt like such a big thing to go somewhere. Because I have my friends here that I want to meet and I felt like I don't enough time to spend with my friends here. Then going somewhere for a few days just feels too stressful to do, and missing out of school and stuff. So I think that's why it hasn't happened.

[00:46: 40]

YX: Then have you visited anywhere else after the voyage?

Trainee P: Yes, I was in Sir Lanka.

YX: yeah!!

Trainee P: yeah, that was this autumn.

YX: With your family.

Trainee P: yeah, for one and a half weeks. Yeah! You sent me a message when I was there. [laugh]

YX: I think so. I remembered you told me about this trip before so that I was thinking "I want to know how things are going?"

Trainee P: Yeah. And then I haven't been anywhere else abroad I think. But I've been to, we have another house which is common in Sweden to have a summer house, in Stramstard which a city is like two hours away from Gothenburg.

YX: Is it a harbour city as well?

Trainee P: yes, it is.

YX: Yeah, I think you've mentioned that to me before.

Trainee P: yeah, on my huge white jacket it says "Stramstard" on the back so it is possible we had talked about that. Because people have been asking me why do you have this Jacket with on the back?

[00:49:00]

YX: Then how do you feel the whole experience after the voyage? You have some friends on Facebook and you've been in touch with Trainee N and Trainee D. How do you feel the whole thing?

Trainee P: I think it's hard because I've been thinking about that to keep in touch with your friends, texting and Snapchatting and stuff, because it's so hard to maintain proper friendship when you only texting and stuff. One of my best friends here, we don't text (each other) very often, we don't talk to each other every day, but when we meet which is like every other week, we are very good friends. We can send each other some random texts and talk about something for half an hour or so. And it's not like we don't care, I respond a few hours later, we still know we are good friends no matter what happens. And I have another friend that (is) travelling right now with her school and she would be away for a couple of months, and I still know that we will be good friends when she comes back. But it's so hard when you only know someone for two weeks and spent time with them for two weeks, and then to maintain that friendship when you don't know when to meet again. Like me and Trainee N have seen each other 2 or 3 times, we've been ice-skating and having sushi. But it's still hard to.../when you are not on board Vega, it's hard to find natural things to do. It's hard to explain, and also like keeping in touch with people on Skype or Facebook or Instagram. Because it's just different when seeing my friend uploading a picture of her with her brother who I've seen a few times when they are at their summer house where I have been a few times in the summer. Then it's like totally different thing watching that picture (from watch a picture of) for example Trainee F up loaded a few pictures yesterday with her friends. It's like it's so hard, those two pictures are so different, take Trainee D for another example, I really got to know her, when I see a picture she posted a picture together with her friends who I've never who I don't know their names and in a place I've never seen. It's easier to just slip away from each other, I guess, when you don't know all the other... Because I still feel like that I know Trainee D very well about her personality, but I don't know her parents or everything around that. I know that she plays tennis and I know that she has a horse, but I've never been vising her horse or seeing her play tennis. So it's hard to keep in touch and remind good friends on social media.

[00:53: 13]

YX: then it's difficult to give a score maybe?

Trainee P: yeah, I think I was good in the beginning because I was keeping in touch with Snapchat but now I have turned my notifications off because I think it's just too much and I felt like, I WANT to have a lot of friends, but it's so much work to maintain every friendship and being very good friends with everyone at the same time. It's natural not to talk to someone for a few weeks and then meet again, but when keeping .../ for example, if I stop talking to Trainee D now and not talk to her for a few weeks, then it wouldn't be so natural to talk to her again. I've experienced that with a friend from another travel as well. I did a trip in December 2015, and we have met for three or four times for now and the last time was autumn. It was like when you Snapchat or text each other, it was easy in the beginning to find something to talk about, it felt natural. Then we stopped talking so much and then it was harder and harder to just find a natural to talk to her again. Because it's like I can send her a text saying "Hey, it's been a long time since we talked, what you have been up to?" But it feels much more natural to send a picture or something, "Hey, look what I did today or do you remember what we did, hahaha." You know, talking in that friendship way. I feel it so formal to say (something) like "What have you been doing (during the past) the few months?" You don't really treat your friends so.../ if

I were to grade my experience of keeping in touch with people through social media after the voyage, I think it would actually be a 7. It's quite high. I still talk to Trainee N and Trainee D every day and we are still good friends. Even though it's hard and maybe we are not as good friends as we were on the boat.

[00:55:50]

YX: Then what about other people, are you still in touch with any other people?

Trainee P: I don't think so. I'm friends with them on Facebook and followed them on Instagram and we liked each other's pictures but I didn't really talk to anyone else. Some people I don't follow on Instagram or I don't comment their pictures since I got to some people better than others.

YX: OK. When we were having a discussion on the ship, you mentioned it's quite difficult to see whether you have learned anything or changed anything during the voyage, then when you came back to the daily life, have you reflected anything?

Trainee P: Yeah, I think of course I'm much more confident in speak English freely, maybe the pronunciation, maybe that's a bit better and my flow is better, not necessary my grammar but I think I 'm more brave to talk. I think I'm also a bit more independent because even though there were crew on board, and I wasn't alone in a totally new environment, I still was in some kind because I didn't know anyone before. And I still had to look after myself in a different way than I do in other situations. Yeah, so I think I might have been more independent now. And I feel more independent after the sailing and the biking but I don't know if it was because of the biking or the sailing. But I think the biking trip didn't really make me a lot more independent but the sailing did make me a lot more independent, like going to Blyth and everything else.

YX: The context of biking and sailing seem to be a bit different.

Trainee P: Yeah, I think after the sailing (voyage), I'm much easier to talk to different people or just talk more in general because it feels so natural to go and talk to someone even though you weren't so good friends. If someone was sitting there lonely, you could just go and sit beside and just talk about whatever. And we were also in different ages and from different places so I was forced to talk to everyone, and now it's easier for me to just talk to anyone. Because I had some experience of that, in my life I never talked to anyone that are in their 20s. I realized that after the sailing because I just never encountered people in their 20s except my cousins. So I think it's easier for me to talk to different people now.

[01:01:30]

YX: So you feel more comfortable to talk to more senior ones?

Trainee P: Yeah, and also maybe, I don't know, it's hard to explain, but like if I compare myself with my mum that I think is very social. Like when we were walking in our neighbourhood, she can just randomly starts talking to someone or commenting something "Oh, you have such a cute dog." And then they started talking about whatever, then they can start having a conversation for 15 minutes but that would never happen to me because I never/ I'm not so interested in talking to people like that. But I feel now I'm getting closer to her way. I'm still not like can start a conversation with anyone, not talk randomly but I can talk with a stranger

which is not something you do in Sweden by the way, you don't really talk to strangers or talk to someone you don't know.

YX: Is that you become more interested in different things? If you feel more comfortable to start a conversation now, and you mentioned you were not interested in those things before, then is that you feel more interested in those now?

Trainee P: Yeah, I think it is! I think I'm more interested and also sometimes I feel like "OK, I need to say something now because it would be awkward if I don't." For example, if someone walked in front of me on the street and dropped something and I had to stop and maybe I helped them, it's easier now for me to just say something like "Hope you have a good day." Or comment something or just say something to them.

YX: Just to say something to make the situation less awkward.

Trainee P: [Laugh] Yeah, before I found it much easier to just stop and don't help them and just walk away quickly. Because I just want to avoid ... those kind of encounters, but now I think it's easier not to have that kind of feeling that "I should do something but I don't know what to do." So I will do something instead of just walking away. I'm now just becoming more social, and also for example if I'm in a restaurant where you can ask something about, I think it's easy for me now to walk to people in a store and ask "Do you have this in another size?" or some advanced question that they have to look into. Otherwise, I would just not feel like to talk to them. Now I feel more comfortable in those situations.

[01:05: 15]

YX: You just mentioned that you feel more comfortable to speak English as well? Have you got any chance to speak English?

Trainee P: In Sri Lanka I did because there were quite a lot of people in the house we live, there were like 15 people living together and having dinner together and doing things together. It was people from Germany and Australia and the United States and Norway. So we talked in English. So I practiced English there and I also have two and half hours of English class every week. Most of the time I don't talk in class but we still have the teacher this year, we have a lot of seminars and discuss a lot so we have talked a lot, so I feel more comfortable and confident to talk during these events.

YX: I remember we used to have some political discussions on the ship, like Brexit discussion, and Trainee D, Trainee E and Trainee H also gave us some introduction about how thing going on in Northern Ireland. So everything was like so new for us. Then after the voyage you have got any chance to discuss any political issue or social issues with anyone about things happening in the world.

Trainee P: I think we had some kind of discussion actually in Sri Lanka, one girl that lives in Australia, one Norwegian and one German, we talked about political issues but I can't remember what but I remember that we did.... I think I have had that with my friends as well just in general.

[01:08: 30]

YX: Do you think you are interested in these?

Trainee P: I guess I'm a bit, not super into it. Even though I might not discuss that much, I still think I like to reading and listening to what other people, following the debates. So I still know what's going on even though I don't necessarily have opinions about it, I still have a feeling about what's happening.

YX: So do you think you have any difference before and after the voyage about the political issue interest?

Trainee P: Well, my interest, so not my opinion, only my interest?

YX: For example, someone may not be interested in any political issue or what's going on other countries, then they may gradually develop their interest in that. Someone may be interested in that all the time while others may not change in any way.

Trainee P: I definitely was interested in that too even before the voyage because I study this social studies.

[01:10: 10]

YX: Oh, yeah! You have this Power Girl...?

Trainee P: Power Women's Friends. Have I told you about that? [laugh]

YX: Yeah! And I was super interested in that. So you have this social study and you even used to plan to some volunteer in Kenya.

Trainee P: Yeah, that didn't happen though, and I actually left the organization (Power Women's Friends) so that I'm not a member of that any more. That was because our cooperation didn't go well.

YX: So it's like internal complicated issues happened.

Trainee P: Yeah. But I'm still interested in this type of thing and during the sailing or after the sailing; I think I become more interested in things happened abroad, especially about what happened in Ireland. Because here in Sweden, religion isn't a huge thing, I think if there is a religious conflict going on now, it's basically a lot of Muslims have moved into Sweden while some (Swedish) people don't like that, then they think Muslim should stay where other Muslim people are. They have bad values and people shouldn't walk with the hijab. But we don't have the same religious conflict as they have in Ireland with Protestant and Catholics. I've done some work in school now, in my religion class (I was) learning about Protestant and Catholics. Now I understand much more of the difficulties they have in Ireland so I think it's very interesting. I think I'm more interested in these things now about things happening outside Sweden and my perspectives were kind of broadened.

[01:13:05]

YX: Did you start the religious class before the voyage?

Trainee P: No, it was after (the voyage).

YX: Is it an optional class?

Trainee P: No, I had to.

YX: Then do you think if it will make a difference if you didn't know Trainee D?

Trainee P: Yeah, I think maybe I would have/ Because actually that exact paper that I wrote when I learned more about Catholics, I compared Buddhism and Catholics on some subjects like man and woman, the marriage, and their god view or how they see god. I chose Buddhism because I've just been to Sri Lanka and I actually interviewed Trainee D for a bit for the Catholic because they have different view of marriage. I think it was after the voyage, when I told her how many friends of me have separate parents, she thought that was a lot because it's (not) accepted to separate? Do you say that?

YX: Get divorced.

Trainee P: Yeah, get divorced.

YX: She said it's a lot here?

Trainee P: Yeah, she said it was a lot of divorces in Sweden when I said how many of my friends whose parents are divorced and have siblings that we call plastic siblings here in Sweden. That's siblings that are not connected with each other.

[01:15:03]

YX: It sounds like you had quite many cross-cultural conversations with Trainee D?

Trainee P: Yeah, YEAH! Not right now though, we don't talk as much as we used to in the beginning. Because now we haven't talked for a few days.

YX: As you've mentioned just now, you even noticed what's happening in Sweden, like the Muslim and other cultures coming into Sweden and how other people react to this. It seems you are quite sensitive in these issues.

Trainee P: Yeah, it's also because I go to a school where people from a lot of different places (come to this same school). I don't know if I have told you earlier but Gothenburg is a very segregated city and I learned this from the school, things blew into my mind. Because I knew that Gothenburg is a segregated city.

YX: Segregated?

Trainee P: Yeah, segregated is the opposite of integration. Because my school is very different from other schools because we have people from all over Gothenburg. For example, when I was 15, I went to my school, I only went to the school with people who lived in my area. We are all very similar and have the same backgrounds and we are all Swedish, having Swedish parents and share the same economic standard. But now I go to the school in the city, we have students from all over the city, so I have friends whose parents are from Poland or Iran or Kurdistan, well, not friends but classmates or people that I know.

[01:18: 12]

YX: Do you mean these classmates' are based in Sweden?

Trainee P: Yeah, for example, one friend her parents are from Kurdistan and they moved here 10 tend before she was born. So she felt she's Swedish but her parents are from Kurdistan. I talked to her how she felt about that, because when she is in Sweden, she isn't accepted as a Swedish, but when she goes back to Kurdistan, people see her as Swedish so she doesn't belong to Kurdistan either. So it's like she doesn't belong (to) anywhere. So I still have this kind of meetings in my everyday

life and people in my class do come from different cultures even though we live in the same city, because Gothenburg is so segregated and people are from all over the city. For example, to give you some understanding of how different it is. The average income there is about 10,000 Swedish Kron per month but if you go half an hour by tram to another place where the average income per month is 70,000 Kron. So it's 7 times.

[00:20:11]

YX: It's a huge difference.

Trainee P: Yeah, it is.

YX: so it's like you have different social classes in your school?

Trainee P: Yeah, we really do! And I have classmates from all over the city. So I encounter different cultures in my school too, apart from the sailing trip.

YX: So it's kind of your everyday life.

Trainee P: Yeah, even though we get some different cultures in my school too.

YX: On our ship, the nationalities were mainly European, is there any specific reason for you to be interested in this exchange program?

Trainee P: When I started applying, I didn't know if there would be not only Swedes on the ship. I only got an email a few weeks before (the voyage) and got to know there would be an intercultural program but not when I applied. But I think it's very interesting to meet people from different cultures.

YX: OK, if there's a chance for you to choose the nationalities being on the ship, do you have any ideal nationalities in your mind?

Trainee P: OH! I think, the first thing is that I don't want to be the only Swedish among...

YX: You don't?

Trainee P: It depends on/ if it's 20 people from India or something and I was the only Swede on the ship, it would be interesting and we can have a lot of fun. But I think it would be very hard to get into the group especially if they don't speak English to each other. So first of all, if I would have an ideal group of people on the ship, I think it would be nice to have some nice mixed, but not me being the only Swedish. If everyone else is American or Norwegian, it will be OK because I think we are close to each other.

[01:23:40]

YX: American?

Trainee P: Maybe not American, more Norwegian I guess. But I still watch a lot of American TV and stuff so I think it will be easier to connect them and get into the group and understand what they are talking about. It's also based on the language. But I don't know if I have any nationalities that I would like to have on board very much.

YX: You just want it to be very mixed?

Trainee P: Yeah. ... but maybe as I said, maybe people from Norway and from UK and from the United States. These three countries are the ones I feel most interested in and I had a lot common with. That could also just because I don't know anyone from Finland or Denmark but I have friends from all of the three countries. So maybe it's because of that factor that I want these three countries.

[01:25:20]

YX: Then how would you describe the relationship between the crew and the trainees?

Trainee P: That kind of varied I think. My relationship with the crew was that I didn't become friends with anyone and it wasn't. I don't know, because they didn't have, they didn't decide a lot and they weren't super hard (strict) on us. For example, when I fell asleep on watch, they didn't care too much, and even though they wanted us to behave (well). I think they were deciding what we should do or not, they were a bit older than us that they did some leadership role. I became friends with some of the volunteers because they were closer to my age. But I don't know how to describe the relationship otherwise.

YX: Do you feel they are more like teacher and student, boss and staff, or friends?

Trainee P: I feel like actually in the middle. Because they are still/ when they talk to each other, they were very friendly, and I still lived with them (and I can see the interaction inside the crew group) so I wasn't scared of them. They were still teachers but they weren't like very strict teacher. So I feel like I saw the people on board Vega a bit more as normal people, just like I can talk to teachers at my school that I don't have a class with, teachers at my school that I have class with I feel like I know them so we can talk a bit like friends. So it's kind of in between.

[01:27:48]

YX: Then do you think the crew members tried to facilitate the cross-cultural activities or they were more focused on sailing?

Trainee P: I think they were mostly focused on sailing; that was my experience at least. But they only talked in English and they didn't really do anything except teach us about sailing. I would say that.

YX: I noticed there were many activities were actually led by the trainees, for example, you were sometimes teaching Trainee D and us Swedish, sometimes doing yoga or other interesting games on the ship. You were doing these spontaneously and people just came and join. How do you think this could happen on the ship?

Trainee P: I don't know, I think it was just ...it was just the way to don something fun and also/ for example when I started doing yoga with Trainee F for example, I had never really talked to her before but it was just kind of to get to know each other better or to see some people doing yoga, I don't know them, but we are on the same ship and I know she's the person stand in the corner and she's on my watch so at least I know her a bit. It's just felt natural to go and talk to them.

YX: And you were also teaching some Swedish and everything. How do you feel that? And sometimes we were also having conversations about Brexit and Trainee D also told us a lot about her uniform and all-girl school and.../

Trainee P: Well, I felt that interesting and I felt it natural to talk about those things because it's so different from what I experience here. And of course it's interesting to hear about their reality and their experience and how different that is and the uniforms and everything that I've only seen on TV or in movies. So it was of course interesting and fun to see the real ones. Like before Trainee D was talking about her uniform and before we talked about Brexit and the whole situation about Ireland and Northern Ireland. I got to know her before we talking about things so it was like I was talking to a friend. Then she told me about things. It wasn't like I walked to her and said "You are from Ireland, tell me your experience about..." I felt what was so interesting is when I ask "DO YOU have a uniform?" "Do you have one of those?" I felt she was one of US when we became friends so I felt she was like me. But when I heard a school uniform, I was like "What?!" She goes to a Catholic school and her school is super special because they sit in the library during the breaks and study, and I was like "Really?! Does this kind of school really exist and you go there every day? Do you do this and that?" So it was interesting that I knew her first before I got to know her experience and culture so that I got such a great understanding, because it was different than reading things online.

[01:32:40]

YX: So what if the games or activities were led by crewmembers or mentors, do you think it will make a bit difference? Would you prefer to .../

Trainee P: I think it would be (different). I think it felt natural to just to do these together (among the trainees) and I didn't see it as activity I just think we were hanging out sort of. During one of the first nights, I think Trainee V and Trainee Z organized some sort of thing that we were supposed to tell three things about ourselves and I didn't think that was so much fun to sit and talk in that way. And I didn't enjoy that moment. I didn't know what to say because I didn't feel natural to talk like that. So even though that was helped by not crew members but still some authority because they were appointed by someone to do that activity, the structured activity. I think it was fun but we didn't feel that natural.

[01:33:45]

YX: OK. Then on the ship most people were European people and I am an Asian on ship, do you feel if I have any influence on this program?

Trainee P: A bit I think, because I see that you have been writing stuff here and that felt like very different from something we would have in Sweden and Ireland. But I don't know, because we still knew that you lived in Scotland and were going to university so maybe you were seen a bit Scottish as well, we still saw you someone from the UK a bit. If you were only living in China and doing research, maybe that would have been different I think. Because then we would be like "What are you doing here?!" or "Why don't you do this research in China?" I don't know, I didn't really think about it like that. [Laugh]

[01:35:20]

YX: Now can you please answer these four questions?

I am a

A. Gothenburg Citizen

B. Swedish Resident

C. Norway Relevant

I do have family in Norway, so I still feel kind of at home in Norway.

D. Particularly interested in America

Deep down I think I'm more interested in America than other countries even I don't go around and have a dream of moving there, I've been there for four different times, staying there. And I also noticed that I became more interested in Norway when I watched a Norwegian TV show. And I think it's natural to become interested in America when you watch so many TV series and movies from America.

Ranking: A →B→C →D

America is very far down because I don't feel (myself) American.

[01:37:52]

YX: During the voyage, have you ever done anything you've never expected on the ship?

Trainee P: Well, maybe to feel comfortable to be without any make-up and stuff. I think that's one or without having my routine as I told you earlier or not showing or not having my dry shampoo and not washing my hair for five days and don't care about how I looked. I think I was very surprised that I actually felt comfortable in the end not thinking about how I look like too much.

YX: Then have you felt surprised that you had made friends with such kind of person? Like have you made any friend you haven't expected?

Trainee P: Yeah. I think me and Trainee N's friend was kind of unexpected actually. Because I'm not friends with one kind of like her which is kind of weird but I think it's true.

YX: Like what kind of ...?

Trainee P: Like her personality, and also because she studied a totally different program than I do. My friends are studying pretty much similar as I do. Because that's the thing that I wouldn't have met Trainee N somewhere (in my daily life). My friends either live where I live or we go to the same school. And we are similar in other ways I guess. Me and Trainee N are not that similar in some ways but we are still good friends.

YX: So is it like if it wasn't on the ship, it will be very difficult to make friends with people like Trainee N?

Trainee P: Not necessarily, because they can still go to my school. But it would be harder but it would still be possible. But it's still hard to say (to make a friend with) a person like Trainee N.

[01:40:10]

YX: Yeah. Then what would you say you appreciate the most during the voyage? And what would you complain about the voyage?

Trainee P: I appreciate the, I think just the whole experience maybe. Because I just felt everything is a part of my experience and thankful for everything that I got this experience. But the thing I'm not too happy about might be / basically I think it's just my mind-set before. Every time I go something, I just need time to think through what I'm going to do and then get into the mood as I said earlier to just get prepared what I'm doing. I was feeling I'm prepared in the beginning, but if I would have been more prepared, maybe I would have had a better experience.

YX: Does that mean you think it was your own issue?

Trainee P: Yeah, I think there's nothing I think they should change or some big improvements.

YX: And we don't have signal and wifi on the ship, how do you feel this kind of social media detox?

Trainee P: Yeah, I think that was very interesting to experience that because I've never had that. And I actually unfollowed (around) 100 persons on my Instagram when I reached Blyth.

YX: Unfollowed?

Trainee P: YEAH! Because I had this / when I got wifi in Blyth, there are a few days that I had it for only a few hours during the day, I realized that I actually followed a lot of celebrities' accounts. When I scrolled Instagram, I just skip those pictures to find the pictures that my friends had uploaded. So I unfollowed a lot of persons because I felt that this is just ... like I don't want to see these pictures, I have no interest in them.

YX: Do you think this is because of the feeling you got from the voyage?

Trainee P: Yeah, because I realized when I didn't have my wifi/ because now I can check my phone very often, I check it every an hour, check the Instagram to see something new. But I hadn't had wifi for such long time (during the voyage), I just looked at it because I wanted to see what my friends were doing. So like my (habit of) use social media has changed after not having wifi.

YX: Then do you think it has any impact on making friends on the ship and the cross-cultural communication?

Trainee P: Yeah, I think so, I think so. Because I was FORCED to participate more maybe.

YX: If you have this on the ship, how would you behave?

Trainee P: I don't know, but maybe I'll be more concerned about uploading pictures to Instagram, and Snapchatting with friends from home, or answering texts, participating in group-chats or discussing something. So I think I would have

participated less or at least (I would pay) less attention on what's going on if I would have had wifi.

YX: Great. OK. Thank you very much! Your response is very helpful. Is there anything you want to add or you want to ask me?

Trainee P: Thank you June! No, I think I've talked non-stop for a long time. [Laugh]

YX: Thank you very much.

9) Follow-up interview 9: With Trainee X in Sweden, March 30th 2017

Participant: Trainee X

Date: 2017/03/30

Venue: Airbnb dining room, Gothenburg, Sweden

Time: 10: 30 am

I gave the interview introduction and handed out the information sheet and consent form for Trainee X to read and to sign.

[00:02:58]

YX: Because the voyage has been passed six months ago. I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to the find the Exchange Program and apply for that. How did you the information about this?

Trainee X: I was out on a boat in my hometown with my job. The captain on that boat asked my colleague if she knew somebody who is between 15 and 25 that want to go on a voyage. So I was just asked and I said “Yeah! OK.”

YX: So you were working on a boat?

Trainee X: No, I was doing my job with kids, and we had a day or two that was out on a boat with the kids. And then the captain of that ship asked my colleague.

YX: And then you got this chance?

Trainee X: yeah.

YX: So did you get on board without paying anything?

Trainee X: Yeah.

YX: Wow, that’s perfect.

Trainee X: Yeah! That was perfect! So that was how it went. Before I got on the boat (Vega), I thought that everyone got the place like that, but I soon realized that some of them had paid for it and some had applied for it and had to pay a small amount of money.

[00:05:05]

YX: So for you the process of getting the information and getting the chance was quite smooth.

Trainee X: yeah, I didn’t know anything about that.

YX: Then if the scale of the feeling of satisfaction and happiness is from 0 to 10, how would you score it?

Trainee X: I was very happy to get the chance, I was really happy especially when I got to know how much other people had to pay to get to join. So I got very happy. So I would say a 10.

YX: 10. Is this the first time you sailed?

Trainee X: The second time, the first time was with my job with the kids.

YX: Is that also a sailing.../

Trainee X: No, it was just like a house off the school the students can come until their parents come (to pick up them). Then during the weekend, we have two days out at sea with a few kids on the boat to sail for a few hours. But to be on a real sailing boat and set sails and all the stuff, this was the first time.

YX: Did you know this was an exchange program?

Trainee X: No, I didn't know.

YX: Then on the day to go to the ship, did you go by yourself or your parents drove you there?

Trainee X: My mum drove me there.

YX: How did you feel when you were sitting in the car on the way to the boat?

Trainee X: I was so nervous. I told my mum maybe I'm the oldest one, maybe there would be only 15 year-old people on the boat. But she told me like "No, you've been working with these kids in that age so it would be fine". But it ends up good. The first one I met when I went there was Trainee P and her parents. And Trainee Q, yeah. So I was a bit nervous before.

YX: Then how would you score the feeling in the car before you arrived there?

Trainee X: Er... maybe a 7 or something like that. Because I was happy, nervous, and a bit stressed. But it was kind of good feeling.

[00:08: 30]

YX: Did your mum left right away or?

Trainee X: Yeah, she dropped me off and chatted with other mums and dads, with Trainee P's parents like all parents do. Then she left.

YX: Then how do you feel the first 10 or 20 minutes when you arrived in the harbour and first met some of the trainees and crew members and got an idea how the ship is like. How do you feel at that time?

Trainee X: it was good, it was exciting... Yeah, it was happy feeling... and a bit nervous because I've never been on a boat and I was thinking what if I get seasick and how would everything goes?

YX: So do you think your general feeling is still a 7 or it changed?

Trainee X: It depends on what feeling it is, if it is the happy feeling, I think it's a 10.

YX: If it is a general feeling, the combination of happiness, nervous, uncertainty and stuff like that.

Trainee X: Em... Maybe 7, 8 or something like that.

[00:10: 30]

YX: Shall we say 7.5 then?

Trainee X: Yeah.

YX: Then the crews lead us to get on board and get our luggage and everything and you had more chance to talk to people and got to know more about the trainees and you realized this is an exchange program because there were people from other countries?

Trainee X: Yeah, I thought that was funny to have people can't speak Swedish as well because it means a lot more challenging for you, and it was because you need to speak English and explain everything in English. At that time, you may need to speak a bit Swedish because some may not understand all the English words. But I think it was fun, you see that as an opportunity to practice and speak English.

YX: Then how do you feel this stage? You realized something you didn't know and you realized there were English-speakers. What's your general feeling in this stage? Did it change?

Trainee X: I think it was higher because I thought it's an opportunity so I think it's maybe a 10.

YX: a 10?

Trainee X: yeah, because of the challenge so I was happy to be on the boat.

YX: Then you were staying in Skansen with a group of people, and you started to work, started to your watch. People got closer and closer to each other, how do you feel about that?

Trainee X: At first I was a bit nervous, because I know in the front of the boat it was not like this. And to be in that small cabin and stay there, knowing that if you get seasick, it's hard to get out. And I was thinking more of other people, if I need to throw out, then I will throw up on them. Otherwise, I didn't think too much because I sleep with other people a lot of times so for me that's like nothing. So I think it's fine, it's cosy. I mean it's a bit smaller so you need to talk a bit more especially when you are in front of the ship, it's small so you need to cooperate a bit more with all the bags and stuff. Keep it clean and to have the talk and to have more conversations. Like "Ok, can I come down?" "No, it's not." "Ok, I'll wait a bit."

[00:14: 30]

YX: Did you get closer to some people?

Trainee X: yeah, I think so. I think I get closer to everyone in there except for Trainee E. I just need to breathe a lot when he was in the cabin to just calm myself down and stuff like that. [Laugh] So he was the only one that I didn't catch up with or talk a lot, otherwise, I think I talk a lot with all of them. But may most with Trainee Q and Trainee P.

YX: how do you feel the stage generally, from you don't know them to get close to them in a couple of time?

Trainee X: I think it's fun, I like to get to know new people, so it's almost the feeling when I firstly got on the ship.

YX: So is it a 7.5, or 8, or 7?

Trainee X: yeah, something like that. I'll put an 8 there.

YX: But you feel there are sometimes we don't feel so click to some of the people there, what do you think is the most difficult thing to deal with Trainee E?

Trainee X: I think the difficult one is when I live in that small (space), I'm very structured, and I have my things in order and all the stuff, and when I see people doesn't have that, I got frustrated, I would be like "Oh, come on you are old enough to fix all the stuff (in order)." So I think it was the most (important thing) to have my feelings under control and not to get angry at him. Because I know it's not his fault that he's like that because it's parents that have raise him like that, because you can't blame him like that, so I think it was like the strongest feeling I need to control is not to be frustrated and just to leave him alone.

[00:17: 35]

YX: So do you think the reason why that he's different from you is because of his family background or his culture or ...?

Trainee X: I don't know, I know so little about Scotland.

YX: Northern Ireland.

Trainee X: Oh, sorry, yeah. So I don't know how people are in his countries. But (from what I can see from) what he was talking and how he behaved, I think his background definitely has some impact.

YX: Do you mean his family background?

Trainee X: yeah, and he didn't know how to dish the plates and something like that, so it was, I think/ I don't know but maybe he had lots of things planned for him and he may not have been doing so much at home. It was the feeling I got.

YX: Actually Molly is also in your cabin.

Trainee X: Yeah, Molly.

YX: Molly is also his cousin sister.

Trainee X: yeah. [Laugh] I thought that was so funny because Molly was behaving so well while he was so... I think it's interesting.

YX: Is this the first time you came to a British city?

Trainee X: yeah, it's actually the first time I came to England, I've never been to England before.

YX: how was your feeling when we arrived in Blyth and we had everything like the crew parade, crew party and sports going on?

Trainee X: I was so excited, I was most excited to see how it looks, like the houses and everything. Because I would like to see how it looks like, I don't mean I like the architecture. But I like to see how houses are like in different places. I think it's so interesting. So I think that was the biggest thing to see the houses, the buildings. Like how big or how small they are, the doors and everything like that. I think it's fun.

[00:20: 45]

YX: Did you find anything?

Trainee X: YEAH! You know, when we went from the boat to the beach, it was a long road with small houses, I see stuff like “Oh, that’s very very small door, they’ll never get the furniture in that door!” Then I started think about “Ok, then how the hell do they get the furniture into the house if they built so small door?” So those are things that I think is interesting thing to see. [Laugh] And of course the crew parade and all that are also interesting, and the crew also did everything very good. It was also very nice to hear the background of the city and I heard it's normally quite dead, they didn’t have so much there, and this thing (Sail Training Regatta) comes to Blyth is like SO big thing. Comparing Gothenburg with here, it feels like no one knows about it (in Gothenburg) but everyone knows it there (in Blyth).

YX: So the general feeling is good?

Trainee X: yeah, a 9 maybe.

YX: After everything finished, we sailed back to Gothenburg. How do you feel the second half of the voyage?

Trainee X: It's very fun because it’s the race part. But it’s also sad because you know that in a few days we will split up everyone on board. And I have the difficulty to say goodbye to people. Because when you met new people, you think it’s interesting, and then you just say “Bye bye!” then you will never see them again maybe. I think that is sad.

[00:23: 30]

YX: So it's like fun but also sad?

Trainee X: yeah.

YX: Then how was the things going on with friends on the ship? The interactions and everything.

Trainee X: You could see that people get closer and (people) start to build small groups on the way back.

YX: OK.

Trainee X: And especially in the shifts group, you can see that “OK, we stick together.” And “We stick together.” A bit more like that. But of course because you sleep and wake up (together) and you spend time more with each other.

YX: Do you think in the small groups they are mainly Swedish people become a group or they are mixed?

Trainee X: Yeah, maybe a bit. Because I think the Swedish people are a bit older, maybe than the English people. Trainee AA was the oldest one that speaks English, I think. But I think the Swedish people were good to speak almost all the time so everyone could know what we were saying. But when we didn’t do that, maybe the English people would feel a bit outside. But I don’t know, I felt that I was speaking English all the time, even when I was just speaking to Swedish people. We used to speak English to each other.

YX: That’s very nice. Then how would you score the general feeling of the experience during the second voyage?

Trainee X: Er... I think it was interesting because I do think about it a lot. So I think I learned more on the way back. And people also tend to show more of themselves and stuff like that, so maybe a 7.

[00:26: 50]

YX: Then we finally arrived in Gothenburg, how do you feel the experience in Gothenburg harbour, compared to Blyth harbour?

Trainee X: I think in Gothenburg the crew and the trainees just disappeared because they come home, to the hometown, some of them maybe go home and change clothes. But In Blyth it was more like "OK, now we are here together and we don't know where to go so we need to stick together." But in Gothenburg, more people did go by themselves because it felt like comfortable to walk around and stuff like that.

YX: And the Swedish trainees also organized that crayfish party. Some Swedish people also tried to show other people around the city and buy some Swedish candies and everything.

Trainee X: Yeah, that was nice, I was walking around with the (trainee) crew to the town.

YX: with the British crew?

Trainee X: Yeah, like all of us together.

YX: to show them around.

Trainee X: Yeah.

YX: Then how do you feel the whole experience in Gothenburg harbour?

Trainee X: I think it was good, I was a bit disappointed at Gothenburg that how they had arranged the toilets and the showers, I felt Blyth did a better job. Because it was real showers in Blyth but in Gothenburg it was just some shower equipment putting there. The water is cold and not fresh at all. So that was a bit disappointed. And also with the activities that you need to go so far to do them then they didn't give other people the opportunities to come and watch them. It feels like it's so complicated. So I think it was more negative than in Blyth. I think Blyth did a lot better than Gothenburg. But maybe that's also because that was a small town and not so many things happening.

[00:30:18]

YX: Would you give it a 5, 4, 6?

Trainee X: Yeah, 6 maybe.

YX: 6. Then it comes to the moment for you to say goodbye to everyone when the voyage comes to an end. How would you give it a score at this stage?

Trainee X: I want to give it a high score, because it was a really nice voyage and everyone was the so nice, and the crew on the boat said "You are all welcome back." And stuff like that. I think I will give it an 8 or 9 even though it was said to say goodbye to everyone.

YX: 8 or 9?

Trainee X: Say 9.

YX: Then when you go back home, you still have these friends on Facebook or Instagram or stuff like that, have you kept in touch with anyone?

Trainee X: I haven't talked to any of them. But I see their posts and things on Instagram and Facebook. So in that way, yeah, I have seen what they do but I haven't talked to them.

YX: Do you feel not motivated to talk to anyone?

Trainee X: Yeah, I could feel easily motivated to talk to Trainee Q, Trainee P, Trainee BB and people who I was hanging out a lot with (on the ship). And I could also keep talking to them now, but I have so many else things to do. So I have to have my mind focused on something. And I also know that I can talk to them but I can't see them because I live far away and it take almost 15 hours by car to go down. But I would love to have talked more to them, especially Trainee BB because we were closer in age. We are almost at the same age so that I could talk to her more while Trainee Q and Trainee P were a bit younger than me. (It is) not anything wrong with that, but I think maybe Trainee BB and me have more in common.

YX: Do you think age difference is kind of a big thing for you when we were on the ship?

Trainee X: No.

YX: No.

Trainee X: Not on the ship. Because on the ship you need to talk to everyone and it's also nice to have different age (groups) because you can see that even if you are younger than others, you can (still) take more responsibilities. You can see that you don't have to be old to take high responsibilities so that you can be old in your mind but young at age.

YX: So you don't feel it's a problem when we were on the ship.

Trainee X: No.

YX: But when we are off the ship?

Trainee X: It's not a problem here off the ship also, but I don't often hang out with people that are much younger than me. Because I don't have any friends that are in that age group. I always have friends in my age or older.

[00:35:00]

YX: Ok. You also mentioned the crew members were kind of doing well?

Trainee X: yeah.

YX: Then how would you describe the relationship between the trainees and the crew members?

Trainee X: I think you could very quickly realize that the crew members were very tight and had known each other for a long time. Sometimes you felt hard to stand next to the crew and have a normal chat with them because they were like (always) talking to each other. So I think it could be funnier if they could be more open/ they were open and they invited but maybe not that "We and Them", more like "Us". But

I heard that they have been better on that because it used to be worse. But I think they did well, they were very friendly and no question was too bad. They were talking to us open-minded about seasickness and like “Everyone shouldn’t feel bad to have seasick.” And “We have thrown out for hundreds of times for the first voyages” and something like that.

[00:36:50]

YX: Would you describe the relationship as more of teacher and student, boss and staff or more like friends?

Trainee X: No! More like teachers and students.

YX: Do you think they were more focused on sailing, or do you think they also try to facilitate cross-cultural communication and learning?

Trainee X: I think they tried to combine that because you can realize their biggest passion is sailing, and I think maybe sometimes, not all the time but sometimes they forgot to teach us to sail in English. But otherwise I think they did very well to have people together and explain things in English and Swedish.

YX: I noticed that there are quite a few times that the trainees spontaneously come up with some ideas to do some cross-cultural games or activities, doing yoga, doing braids, teaching Swedish and everything. So the cultural exchange seem to happen naturally among the trainees themselves. Do you know how this could have happened?

Trainee X: I think it may because we were interested in learning about each other. Because we were like a group and the crew was one (another) group, they were there more for sailing than to be integrated the different (cultures), so I think that was mainly why the crew didn’t be so active on that.

YX: Then why do you think the trainees could automatically come up with these ideas and activities?

Trainee X: I think it may because of curious, maybe if we said something in Swedish, someone else was like “Oh, what did you say? Can you explain it to me?” Or “How do you do that in Sweden or in Ireland?” So I think we were more interested in each other’s culture.

[00:40: 18]

YX: Do you think it will make a difference if it was either the mentor or the crew members lead any discussions or activities? For example the trainees were told to play a game or to have some discussions, which way do you think is better?

Trainee X: I think it is good and bad about everything, good to have someone leading the activities is that you can control a bit of what are saying and are doing in a right way, if you understand what I mean to avoid anyone is hurt... no one say something to hurt anyone else. I think it’s easier if someone can lead and put directions for what is going to be talked about and stuff like that. But if no one is leading, people have the opportunities by themselves, I think it might be easier for someone gets hurt by feelings. Maybe some topics or something is not good to discuss. And also if you start a conversation by yourself, it can have limited topics to

talk about if no one leads certain topics. I think it's a good balance to have both of them.

YX: When you say have someone to lead, do you think it will be better to have someone among the trainees to lead or do you think...?

Trainee X: I think the mentor or someone out of the group is better. Because if you have someone in the group that leads could easily make the person feel ... take too much responsibility of what they say. And other person may feel "OK, that person is going to say what we're going to do." Or something like that.

YX: There were mainly two different opinions on this questions. The first group of people think it more fun if the trainees lead the games and activities because they have more freedom to express everything and they don't need to be led by any official person. The second opinion is that it's better if the mentor or the crew comes up with ideas and the trainees can have some discussion and decide together what to do. What would you prefer?

Trainee X: I think maybe a combination in that way because it also depends on what kind of activity you are talking about. If it's a discussion, it may be better to have someone outside the group to lead, but if it's a game or something like that, the trainee members may do it well by themselves, and may have fantasy in their mind that they can come up with. I think it depends on what kind of activities you are going to have.

[00:46:18]

YX: So your main concern is not to hurt anyone so that we need to have some control of what's going on here? And don't make anyone feel too pressured under the responsibility of leading the group?

Trainee X: Yeah. Because I've seen this in the job that I used to work with. When we put more responsibility on a few of the kids, sometimes other kids say hurtful things and stuff like that. I think it's also good when it's a new group not to mention a leader from the beginning because that person may take the leadership role for the whole trip. That may not be the best way.

YX: Like when we were in the group, sometimes this person comes up with this idea then he/she can lead this activity for now. And sometimes that person comes up with that idea, then he/ she can be a temporary leader for that activity. Do you think this could be better?

Trainee X: Yeah, but it also totally depends on the group and how is the person in the group? And how the group members are normally used to be led by somebody who are their friend? So that kind of stuff.

YX: Since we've spent two weeks with people from different countries, have you ever reminded your interactions with people in your later life? Have you met any people from those countries recently?

Trainee X: No, I haven't met any after the voyage.

[00:49:22]

YX: When we were on the ship, we had some political discussions and everything, do you think this gave you any impact? Did you feel more interested in those topics or do you feel your interests in what's going on around more after the voyage?

Trainee X: Not especially about the voyage. I feel it's like I don't watch TV and I don't listen to the news because there are always so many bad things going on.

YX: So many bad things?

Trainee X: Yeah, like there's war here and there, blablabla. I'm kind of an emotional person, so if I hear a lot of negative things all the time, I get very negative by myself. So I try to not listen to that so maybe that's why it didn't affect me so much. So no, it hasn't affected me so much.

YX: Then have you learned anything from this voyage? Like after the voyage came to an end, you started a new life, do you think there's any impact on you?

Trainee X: I think it is to be more open-minded about people, and to take the first step to talk to say "Hi" and stuff like that. I think that's the main things.

YX: have you tried to do that?

Trainee X: Yeah [Laugh].

YX: Can you give an example?

Trainee X: I did that when I started my school. That was a week before, it was a girl was going to say "Hey" to me and take care of me at the school, and I was supposed to meet her on the bus. I didn't know which she was, but I did see a girl on the bus that did look like the description I got how she was going to look like. So I said "Hey" to her, and it was her!

[00:52:15]

YX: So do you think normally you will not do that?

Trainee X: No.

YX: If this happened before the voyage, it won't be like that?

Trainee X: No, I will never do that!

YX: Never do that?!

Trainee X: No, I will never go to a strange person to say "Hi, is that you?"

YX: Oh, really?

Trainee X: No, I will sit there and wait, and maybe look at the person and think "Can she come and say hi?"

YX: Is she a Swedish person?

Trainee X: Yes.

YX: Have you ever come across any foreigner at your school?

Trainee X: Yeah. I had an internship in a mountain camp, there were a lot of German people and French people.

YX: When did you start the internship?

Trainee X: It was 4 weeks ago. It was a three weeks internship in the end of February, the beginning of March.

YX: There were people from other countries there?

Trainee X: Yeah, there was a girl was from Argentina was there working for a month.

[00:54:25]

YX: how do you feel like working with foreign people?

Trainee X: I think it was fun. Because you always have something to talk about.

YX: are you also talk to them more than before?

Trainee X: yeah. After the voyage, I think that I'm trying to be more open and trying to be more social because you realize that everyone you meet have so much to say and to learn. Everyone has their own story and stuff like that.

YX: It sounds like you get more interested in people who you are talking with.

Trainee X: It's like building up all the time. Because before the voyage I was doing the long hike and it started to build up there and the voyage ... yeah, it's really nice to meet all the new people. It's nice and you always see that people have new stuff to learn.

YX: when you come back from the voyage, have you got the chance to share the voyage experience to your family members and friends?

Trainee X: They were really interested. And everyone was like "WOW, have you been sailing in North Sea?" "Yeah, I have."

YX: Did they notice anything you have been different from before?

Trainee X: I don't know, I haven't asked them. Maybe they see me want to and sail again more. Maybe that's something they can see. But otherwise I don't think they see so much.

YX: If there's a chance for you to choose the nationalities been involved in the international voyage, which countries you will specifically want to have?

Trainee X: I think I would like to have a mix because it's more fun. For me, it doesn't matter where they come from or anything like that. So I think it's just interesting to have people from different countries. I don't care if they are from Iraq, USA, Argentina or whatever, it's just interesting to meet new people.

[00:57:50]

YX: On our voyage, we had European people mainly, and me as an Asian people, do you think me being on the ship has any influence in this kind of cross-cultural interactions?

Trainee X: Yeah, I think so, I think if you have more different people from different countries, it give more than having just a few. So I think it was good to (have you on the ship), I was a bit disappoint to have only England and Ireland, and you. But I hope to have more people from different places as well.

YX: So for example if the voyage is an Asian and Western exchange program, do you

Trainee X: Yeah, I think so. Because European (countries) is more similar (to each other) but people come from longer way, so it's more different.

YX: Ok, so how would you define your own cultural identity?

I am a

A. Nature Citizen

Now I feel I belong to the Outside, in the mountains, in the woods... so it feels I'm belonging to the nature.

B. Swedish Resident

C. Sweden Relevant

D. Particularly interested in France

I have also been wanting to go to France, so that could be the country I'm interested in. I don't know why I'm interested but I have met a few people from France during the past few years. I think they are the opposite of how I thought French people are. So I think that's why I'm so interested in France. The opposite is a good thing that I always thought that people from France are boring and they only think about themselves and they almost hate everyone else that can't speak French/ they think they are super and stuff like that. But the people I have met have said to me that "Only if you try to speak a bit of French, we will accept you. Because then you have tried." But if you say "No, I will not even want to try to speak French." Then they would be like "OK, then why don't you try" and get a bit pissed off (the person) for not being trying to (speak French) and they are very friendly. The guys I met among the group of people are very gentle. They opened the door to let you go in first. When we were out drinking wine or beer, they always waited for you to drink up yours first and then they would buy a new one. So I had very good impression on them.

Ranking: B/C → A → D

[01:05:00]

YX: Have you got any moment that you felt surprised by yourself of doing something or saying something during the voyage or afterwards?

Trainee X: Afterwards, I was surprised that I did go, that I chose to really be on a boat. During the voyage, maybe to hold the course when I was standing with the Capitan holding the wheel to...

YX: To steel the ship.

Trainee X: Yeah.

YX: So how did you feel when steeling?

Trainee X: I felt very important.

YX: Important!

Trainee X: yeah.

YX: Like someone has mentioned, “When I’m steeling, I feel like I’m the king!”

Trainee X: Yeah! It feels like you have/ the captain and the crew they trust in you so you have an important job. If you do wrong, it will be very wrong. So it feels like they really trust you and let you steel.

YX: Like huge responsibility.

Trainee X: yeah! Exactly! Because it’s like there’s a small baby in your hands.

YX: So you feel that’s something big for you during the voyage?

Trainee X: yeah, you are allowed to steel.

[01:07:05]

YX: Then have you made any friends on the ship that you never thought you would make friends like this?

Trainee X: I don’t know.

YX: Like you just mentioned, for example, you’ve made some friends who were younger than you, maybe?

Trainee X: Yeah, maybe that can be something.

YX: So it’s like if it was in the daily life, it would be difficult for you to make friends with them.

Trainee X: yeah, (it will be) difficult because I don’t hang out with younger people, and I don’t have any occasions that I can meet them. So that’s why it would be difficult for me.

YX: then would you prefer this kind of mixed age group or do you feel it’s better to have similar age groups?

Trainee X: No, I think it’s fun.

YX: It’s fun?

Trainee X: yeah, and I think it’s important to have different age groups.

YX: For what kind of reason?

Trainee X: because I think that everyone has the opportunity to be on that kind of boat, everyone who is older than me may see that the younger people also can take that responsibilities and they can fix things. And I think it’s important for the younger people to see persons like me who are a bit older than them doing the stuff they want. They will get to know that the opportunities are still there even if you get older.

YX: So it’s kind of mutually learn from each other?

Trainee X: yeah. So they will get more motivations or keep doing what they like.

YX: When we look back to the voyage, we were kind of locked on the ship with the same group of people for two weeks, what would you say you enjoy the most and what would you complain about?

Trainee X: Em... I think the best was to stay on a boat, maybe to be locked in the boat with a group of people is good because you get to know the people more and better. That is good if you are going to work together. So I think that is important. The bad thing could be for those people who need to have some alone time, it could be a bit difficult for them to be on the boat for two weeks, being unable to stay by themselves for a while. Otherwise, I think it's good.

[01:10:10]

YX: So generally it's good.

Trainee X: yeah.

YX: And when we were on the ship, we don't have social media access, we don't have signal and wifi. Some trainees mentioned we were actually doing some old fashioned style of communication, "I can even imagine how our parents met and date in the old times." Do you think this kind of social media detox have any impact?

Trainee X: yeah, I think it's always good to have social media detox. To show people that you need to communicate, that you can actually be social by talking to each other, not with your phones. So I love when we don't have wifi or we can't use the phone. And I even think that if you are outside doing things, you don't need the phone because the purpose of being outside is to be with each other so that you don't need to check the phone all the time.

YX: Yeah. So can you tell me a bit more about what you were doing after this voyage?

Trainee X: After this voyage, I started a school in the North of Sweden.

YX: In the North of Sweden. 15 hours by train.

Trainee X: Yeah, and you still have 6 hours by car to go. But when I finish the school, I can be a mountaineering guide. I will be someone who can take people out in mountains, in the forests and stuff like that. So that's what I plan for now.

YX: So at this moment you are going to school, and you also go to loads of adventures.

Trainee X: yeah, we do. So this semester we only have two week in school, all the other weeks we have been outside, most of the weeks we have been sleeping in the tents.

YX: Do you go by yourself or you go in groups?

Trainee X: yeah, in groups. We have 15 persons in my class.

YX: are they all Swedish?

Trainee X: There's one from Finland but she speaks Swedish. We are all together and the week after next, we will be out for three weeks at a time skiing. We are going to live by the snow where no people are there.

YX: Wow.

Trainee X: That's going to be interesting.

[01:15: 20]

YX: That's so cool!

Trainee X: So that's what I'm up to next. Otherwise I'm mountaineering, or skiing or hiking or something like that.

YX: Are there any moments when you were doing these outdoor adventures, you reminded any moments on Vega?

Trainee X: Em... not so much but I always think about the voyage. Vega that I wanted to go on again because I'm from the west coast area so I want to have the sea with me as well. So I think about Vega and I think about the people were on the boat and what we were doing, if they were out sailing and something like that.

YX: So you do have any future plan of going sailing again?

Trainee X: Yeah, I was actually accepted to be on a voyage for this time (this summer) as well.

YX: Really? Is the voyage that starts from Halmstard?

Trainee X: Yeah, but the boat that I'm going to sail with from Halmstard was just an ordinary sailing boat. That is not interesting to sail with so ...

YX: You are not interested in sailing with a sailing boat?

Trainee X: No, not an ordinary sailing boat. I want to be on like the kind of boat like Vega.

YX: Like exchange sailing boat?

Trainee X: yeah, it was the thing that other people being on the boat I was applying (expecting) for. I asked if Vega was going to be in the competition, and then the contact person said the ship is going from Lithuania to Poland. I need to take the transfer there by myself and I was accepted first, but when I started to look at the flight and stuff, it was too complicated for me to go there. So I need to say thank you, but no thanks.

YX: So you are not going sailing this summer?

Trainee X: No, I'm not.

YX: Why don't you feel like to go to the other sailing ship? I didn't really get that.

Trainee X: It's like an ordinary, it's just not a big ship with a lot of masts.

YX: So is it a smaller ship?

Trainee X: yeah, like you can go with your family and stuff like that. A plastic boat. I'm not interested in sailing on that kind of ship.

YX: It makes sense. Do you have any future plans to join some other exchange programs or cross-cultural activities?

Trainee X: yeah, if I find something and I'm not too OLD to it, of course. But next year, I will be 25 and almost everything when you are over 25, you can't apply for it. So I don't think it's going to be possible for so much longer.

YX: Then maybe you can try to be on board as a mentor or something, especially you have the experience of these outdoor adventures and you used to be a teacher as well.

Trainee X: yeah. My thought is that I'm going to be out sailing again and hopefully have trainees from other countries on it.

YX: And you will also be a mountaineering guide in the future. Will you guide people mainly from Sweden?

Trainee X: yeah, the course I'm going that only allows us to guide people in Sweden. But we are also trying to get the certification and when you go that course you can be allowed to be a guide also in different countries. But we have a lot of German and French in the Swedish mountains so I think I will have lots of opportunities to guide people from other countries as well.

YX: Do you have any plans in the future to travel abroad or to hike abroad or anything?

Trainee X: Yeah, I want to buy a camp van and just go out in the world, and just take my bicycle. I have a new adventure that I'm starting to think about, to bike down to France, and walk across Santiago, travel from France to Spain.

[01:21:20]

YX: Oh my god, how long will it take.

Trainee X: I don't know how long the bicycle will take, but maybe a few weeks. And the trail will take one or two months to high. So that will be a few months away.

YX: Why do you feel motivated to do so?

Trainee X: I like adventures! [Laugh]

YX: you like adventures.

Trainee X: yeah, and I like to do long trips by myself. So this feels like something could fit me.

YX: Last time you mentioned, you were such kind of person that you would like to have something planned for the future before one adventure ends.

Trainee X: yeah.

YX: When did you start to be like that?

Trainee X: I don't know. I think I have always been like that somehow. I think it's the same thing when I say goodbye to someone. I don't like it so that I want something new to start. But I think I need to train myself to be able to say goodbye and just be relaxed and satisfied with that.

YX: Thank you very much. I think that's almost everything. Your response is very help. Is there anything you want to ask me or anything you want to add?

Trainee X: No, I don't think so. I think it's really fun that you do this follow-up thing a while after and talk about it again and to reflect it and stuff like that.

YX: thank you!

10) Follow-up interview 10: With Trainee N in Sweden, March 30th 2017

Participant: Trainee N

Date: 2017/03/30

Venue: Trainee N's home, Sweden

Time: 4:26 pm

I gave the interview introduction and handed out the information sheet and consent form for Trainee N to read and to sign.

[00:02:30]

YX: I think the first thing I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to apply the Exchange Program application, so how did you get to know this voyage?

Trainee N: Well, it was actually my school that has participating the tall ships (events). I was like "Oh, nice, I don't need to practice." By the time they called me, I was in Bernuda so I couldn't answer. They gave me two weeks to answer that and when I came back home two weeks have passed. And I was working full time on a job from Monday to Friday so I didn't think too much. But two weeks before the voyage, they sent me an email "We have a place and everything goes for free if you want to take the chance." Then I was like "YES! I want to GO!" Then they reserved a place for me. And then I told my boss, he agreed.

YX: It seems to be quite surprising at the final stage?

Trainee N: yeah.

YX: Then how would you say your feeling of getting the information and getting the chance to go on this voyage, if there's a scale from 0 to 10, how would you score your general feeling of that stage? 5 is on average, not any strong feeling of good or bad.

Trainee N: I think it's an 8 or 9. Because I love going sailing. My only concerns was that I have a driving license test over the summer, that's one concern, the other is that whether I can leave my job for a while. So I love to be part of it, but there are some others things made me concern. But everything was finally sorted and I was really excited to go there. I was so happy.

[00:06:30]

YX: So it was an 8 or 9?

Trainee N: Yeah.

YX: So shall we say 8.5?

Trainee N: Yeah.

YX: Then it came to the day we were going to get on board.

Trainee N: Oh my god, I was so stressed, I didn't pack anything and I was drinking the day before, so I was like "Oh my god!" And my sailing stuff was locked in a place that my mum forgot where the keys are. I was like "Are you kidding me?!"

YX: So the day of departure was actually quite hectic.

Trainee N: Yeah.

YX: Did your mum drove you to the harbour?

Trainee N: No, the thing is that I missed the bus and my friend couldn't take me to Gothenburg so my uncle drove me there,

YX: How did you feel when you were in the car?

Trainee N: I was like "Oh my god, (the ship please) don't depart, don't depart!" and when we arrived at the harbour they told me "No, we are not departing until tomorrow."

YX: So you were a bit nervous at that moment?

Trainee N: yeah.

YX: how would you score that stage?

Trainee N: a 6 because I was really stressed out.

[00:08: 48]

YX: Then you met some of the trainees and saw how the ship looks like, what was your first impression?

Trainee N: "Oh, it's guff sail, I haven't sailed on this (kind of) ship, this would be interesting!" (Seeing) the other people, I was like "Ok, we are not only Swedish, we are speaking English. OK." This will be interesting because I already learned from my school about how to sail in Swedish, to know that you are going to sail in only English and have to do everything in English, I was like "OK."

YX: Then how would you put a score at that stage?

Trainee N: 9.

YX: Then you've got some chance to talk to people, you talked to Trainee F and others, how did you feel like that?

Trainee N: First of all, I was like "Oh my god, I don't know any people, then I saw Trainee Z and Trainee Q who were from my school as well, then I was like 'NOW I have friends!' then I spoke to them first because I have the little comfort zone." Then I spoke to other people. They are all very beautiful people in the world and I miss them so much!

YX: So how would you say the first stage of the communication before you got close to anyone, just talk to people and get to know a bit more of the group members?

Trainee N: I think it's a 4. I don't mean it's bad but it's such an awkward situation so you get nervous and started to think whether they would like you or not. "Maybe I will be alone the whole trip." Or things like that.

YX: Then once you got close to some of them, then how did you feel?

Trainee N: A 10! (They are) SO wonderful people, I love them!

[00:12:00]

YX: Like really good experience.

Trainee N: Yeah.

YX: Do you mean Swedish people, or British people, or ...?

Trainee N: Everyone! Awesome!

YX: Is this the first time you went to a British city?

Trainee N: No, it's my second time (going to Britain) with a boat.

YX: then how would you describe your experience of being in the harbour of Blyth?

Trainee N: It wasn't like the usual type of harbour, we went to more popular harbour in my school (the half-year sailing-based school life). It's somewhere not that famous, it's more like you know, (it feels more like) you go home to grandma's and get some cookies than you go to the Starbucks. You feel like (this place) is a warmer and cuter city instead of an empowered city.

YX: The city made you feel it a warm place?

Trainee N: yeah.

YX: I remember you mentioned people in the city would come up and speak to you sometimes.

Trainee N: yeah. It was always like that when you go to other countries. Because Swedish people are very reserved, and it takes long for them to speak up or they need more social experience to talk to you. I as a Swedish person feel uncomfortable with that because I feel like to get to know people from my friends or through a club, not just come forward and speak to me. That's like a part of the Swedish culture.

YX: In Blyth, we also had the crew party, crew parade, and the beach sports, and we also got some free time to walk around. How do you feel the whole experience? Which score would you give?

Trainee N: I was really surprised that there wasn't any shopping centre, there were more mini shops, and there weren't many supermarkets either. I felt surprised that they didn't have a big store. I love it to be there with the people. I think the people made everything! So I would say a 7 or 8.

YX: Do you mean people in Blyth, or people from our ship?

Trainee N: From the ship.

[00:15:45]

YX: So it's a 7.

Trainee N: yeah.

YX: Then we left Blyth and sailed back to Gothenburg.

Trainee N: The competition STARTED!

YX: The competition started, yes.

Trainee N: I was so excited! You can feel the team spirit, everyone was working on everything they have learned and tried the best. Oh, it was so wonderful!

YX: Do you feel any difference from the first part of the voyage?

Trainee N: yes, really! Because now everyone has learned (how to sail the boat) and now it's our time to shine. And I'm such a competitive person so it was super. It's like a 10.

YX: A 10. Then we arrived in Gothenburg. How did you feel the experience when you were in the Gothenburg harbour, it's almost your hometown there?

Trainee N: To know that you have won, to be back to my home country, it was so wonderful to see everything, it was also so nice. I would also say a 10!

YX: a 10.

Trainee N: And the crew parade and the crew party was also nice.

YX: Then what about the final stage.../

Trainee N: That was like a 3 because I need to say goodbye to so many people who maybe I will never see them again. So that was a 3.

[00:18:20]

YX: then after you went back home, you still have some friends on Facebook and Instagram.

Trainee N: yeah, I have the most contact with two people. One is coming to see me from England in the summer.

YX: That's great! So one in England and one in Sweden.

Trainee N: yeah.

YX: Are you still keeping in touch with anyone else?

Trainee N: I'm in touch with you! [laugh] But I have so much to do in my school. After the voyage, I spent one week at home to work on my driving license. And then I went out on the other boat for two weeks. Then I went home again and then started to work till October. Then I went to school, then I had two accidents in November.

YX: Did you say you had a car accident in November?

Trainee N: One on 19th of November, and one on 21st November.

YX: And then you had a car accident in March?

Trainee N: Yeah, we took the bus on (19th November) because we thought it's safer, but then the bus cracked on the pipe, all the glass crashed. We had minor injury but it wasn't a big deal. It was more shocked. And then (21st November) I was on the bus going to school, a car crashed in us right at where I sat. Then my head got injured so my teacher suggested me stay at home for a while. I went back to school in January, and then in March I had another accident. So I haven't had time to recover and to be active with my friends. But I have met some friends that live in Gothenburg.

YX: And you were chatting with Tilda using Snapchat almost every day?

Trainee N: yeah.

YX: how frequent do you contact Trainee F then?

Trainee N: Well, about once a week. It wasn't like "Hey, how's everything going?" Instead, we have long conversations once a month, preparing (our gathering) for mid-summer. We also send photos to each other on Snapchat once a week.

[00:22: 00]

YX: then how do you feel the whole thing like having some friends on Facebook and also keeping in touch with some of them. How do you feel that experience?

Trainee N: I love it! But I think it's impossible to have everyone at the same time, and to have everyone to go to another trip. I think it would be a 7 because I learned so much and I still have someone to talk to.

YX: When you look back to the voyage, do you think you've learned anything?

[00:23:02]

Trainee N: Yeah, I learned many sailing terms in English. And try to cope with people from different ages because I only sailed with people at my age, I got to know that sailing ships are different from each other, you don't have to be .../you can be friends with the captain, for example. So that was quite nice to see something different from my previous experience.

YX: So you feel like the age difference on the ship made you feel you can deal with these different age groups later in your life?

Trainee N: yes, exactly.

YX: have you got any chance to meet some older people lately?

Trainee N: I have met some of the crew of Gunilla on the street. I have seen pictures as well. So it's nice.

YX: Then when you come back from the voyage, do you think if your friends or your mum have noticed you being a bit different in some way.

Trainee N: Haha... No. I went to work soon after the voyage. And I went to school as well.

YX: have you chatted or discussed your experience on Vega with anyone?

Trainee N: Yeah, many people were asking "How was the trip?" "What did you do?" "How was it different (from Gunilla)?" Everyone was talking about their experience and I had two different boats to talk about. They were fascinated by hearing that we just had English as the language on the ship. They were so happy for me that I can sail in English now.

YX: Yeah. Then have you got the chance to speak English to some people after the voyage?

Trainee N: Trainee F and you.

[00:26:18]

YX: Yeah, you have a chat with Trainee F every week or every two weeks.

Trainee N: yeah, it's really difficult to write in English.

YX: Then have you got any chance to join any kind of cross-cultural activities after the voyage?

Trainee N: no. I have been in school and working.

YX: What kind of work were you doing?

Trainee N: It's wrapping paper factory.

YX: wrapping paper factory, so there are mainly Swedish people working there, is that so?

Trainee N: Polish.

YX: Polish? So you need to work with Polish?

Trainee N: yes. We have a senior worker who brought his friends to work there, and we also have refugees who can also work there. And we have some Swedish students as well. We younger people will work on harder works because we work better than older people.

YX: So will you talk to them inn Swedish or in English.

Trainee N: In English.

YX: Then is this the first time you worked with people from other countries?

Trainee N: No, actually to be on Gunilla, we had homework, we need to interview people and we need to do like research like you do. So we will talk to people from different countries.

[00:29:05]

YX: So shall we say working in this factory is the first time you worked with foreigners after the voyage? To work people including refugees, did you get to know something about the refugees' background and everything?

Trainee N: No, I don't think so. Because you don't chat so much at work. You just do your own things and sometime you ask "Where are you from?" but for most of the time we only had conversation about the work, "Do you have this wrapping paper?" "Oh, you can take that one." Like that.

YX: Some people also mentioned they feel Swedish people are a bit shy when they meet strangers. Some felt that after the voyage, they felt braver to speak to people or to start a conversation proactively. What do you think? Do you this also happen to you or you don't feel any change in this way?

Trainee N: well. I have worked with it (to be an open person) since I was little because I change schools so many times, I tried really hard to be more open and I think I did a really good job. [Laugh] But I think I need to work on this a bit more.

YX: So do you think this voyage has any impact on you or you are not sure.

Trainee N: Well, I start conversations with the people on the boat (easily) but not necessary out of the boat, so it's like Swedish culture that people have the little space so I think it hasn't worked that well. But maybe it will get better in the long term.

YX: Ok. Now you have made friends with people from England, also met people from other countries on the ship, and after the voyage, did you become interested in the news about these countries?

Trainee N: Oh. I don't think so. Oh, yeah! Maybe a little! Yeah! Because I will notice that when I tag my friends, I will say Scotland or England (instead of saying the UK).

YX: Do you mean on Facebook?

Trainee N: yeah, Facebook is like a big social media where they put news as well. So maybe I have (been affected) without knowing it. Now when you mention it, I think maybe I have.

YX: So you become more interested in what's going on in these places.

Trainee N: yes, I think so.

YX: when we were on the ship, we had discussions about political discussions for example Brexit and also .../

Trainee N: The all-girl school.

YX: the all-girl school.

Trainee N: I hate that. OH MY GOD! I can't understand HOW?! Why are you/ why other countries are unlike Sweden? I don't get it. The only one big difference between girls and boys are the breasts and the genitals, but the capacity of the brain is the same, we have the same heart, we have the same feelings.

[00:33: 38]

YX: Is it because you grow up in Sweden so you are very advanced in this way in terms of gender, so it makes you feel difficult to understand why it's not happening in other countries?

Trainee N: Yeah, well, I have been in Chile and studied for one whole year when I was 13. There weren't so many feminists at that time, but now in Sweden you can see what I have never seen before. For example, why should I stay at home with my kids when the man can do the same thing? The mum just need to stay with the babies at the early age because of the breeding. But he father can do the same in other things. That's why they (the national policy) allow the fathers to take more days off to take care of the children. Because the mum and the father should share the same responsibility.

YX: So for you it's quite interesting for you know there's something different happening there?

Trainee N: yeah.

YX: When you apply for the voyage, did you know this is an exchange program?

Trainee N: No, I didn't until I came to the ship.

YX: Oh, so it's something you didn't expect at all.

Trainee N: No.

YX: Then do you think it's better than your expectation or.../

Trainee N: Yeah. Because now I have learned so much. You see much on the TV but you don't know exactly what's real or what's fake.

YX: In other countries do you mean?

Trainee N: yeah. And now you have the answer right in front of you. People who are from these countries, cultures in this problem or this issue, they can they how they look at it. On the social media, it's so easy to get misled but now you have these real and different opinions.

YX: Then if we get a chance to choose the nationalities on board, which countries will you like to sail with?

Trainee N: I would like to sail with people from Korea because I want to know how they think about the (government)/ because they are very conservative.

[00:37: 05]

YX: Do you mean South Korea or North Korea?

Trainee N: South Korea. I think. Where is Kim Jone-um?

YX: North Korea.

Trainee N: Ok, then North Korea. Because I want to know how they think about this when they don't have the borders (on the ship) so that they can speak freely about anything. Any some where there are refugees so there would be people to speak for the weak people. And I would like to have some American because they have another point of view that they don't want to pay the taxes, I want to know that kind of stuff. And someone from Cuba and someone from Africa Kenya or something like that so that they can say how they see women and men, why do they think so and how they have learned it. And maybe Algeria I want to know more about these Muslim countries.

YX: So it seems like the countries you choose are because you are interested in their social issues or political issues, is that because you are always interested in political issues?

Trainee N: well, not so much political, but social issues.

YX: Well. When do you think you've start these interests?

Trainee N: I think it's from recent years.

YX: Recent years.

Trainee N: Yeah, because in my schools I have learned much more about politics and I have so different views of how a world should be. And I have learned to be in other countries, and being places where we don't expect other countries to come to because it's such a small city.

YX: Then do you think there's any cross-cultural activities or discussions have any impact on that?

Trainee N: No, but I think things like the all-girl school and how they looked at it. That's their culture so they can't do anything about it. But I'm like "Yes, you can. You can make some difference, maybe not this year, but maybe next year. In small steps you CAN make something from your act from now to then to show that boys

need to be separate with girls.” That’s not like that in Sweden, you can be transgender.

[00:41: 43]

YX: I noticed that on the ship, you were quite open to others. How would you describe the relationship between the crew and the trainees?

Trainee N: I love it, they were so wonderful. It was really friendly relationship. It was like king and slaves relationship, it was more like father and daughter, or brother and younger sisters and stuff like that.

YX: What about teacher and students?

Trainee N: Yeah. We can say that.

YX: Would you say it’s more teacher and students or more like friends?

Trainee N: I think it was a good amount of both. Because it was like this time I need to be a teacher and that time I need to be like a family member. So they have specific roles in ...

YX: In different situations.

Trainee N: Yeah, exactly.

YX: So sometimes you are like teachers and students, and sometimes they are like senior family members.

Trainee N: Yeah, exactly.

YX: Do you feel whether the crew members tried to facilitate the cross-cultural interactions on the ship or they mainly focus on sailing?

Trainee N: Well, I think they mostly think about the sailing, but I know that they (also try to) show this is the Swedish boat with the food and for example the Fika.

YX: Well, I also noticed that the trainees were quite creative in having cross-cultural activities and discussions. You were leading some of the games or activities, sometimes teaching Swedish language or even have some Spanish discussion with people.

Trainee N: Yeah.

YX: How do you think this kind of things happened spontaneously without anyone leading you to do this?

Trainee N: I think the more you experience with these people, the only difference is the language you speak, the skin colour you have or the eye colour you have, these are the things you can put aside. You are ALL made of blood and skin and the only difference is how we have learned to use it. I think when you just put these aside, you learned that we could do so much more than we thought we could.

[00:45:15]

YX: I mean then how did you try to do these cross-cultural activities and why did you come up with these ideas? Do you think it’s a better way to have these cross-cultural activities organized by the trainees or do you think if the mentors or the crew members can lead these activities?

Trainee N: I think you need have one way or another, maybe you can have both.

YX: Both?

Trainee N: Because they have different view than we have.

YX: So do you mean it's better if the crew members can, for example, join the discussions or join some of the games and activities?

Trainee N: Yeah.

YX: So do you think it's good to have someone lead the discussions and activities?

Trainee N: I think it should be like when you feel for it.

YX: when you feel for it?

Trainee N: Yeah. So it isn't just one person, it can be like not only one particular.

YX: So is it like you prefer sometimes the trainee lead or sometimes the crew lead, instead of only one person leading.

Trainee N: Exactly.

YX: Why do you think it will make things better if it works both ways?

Trainee N: Because if it is just one person, then it may be always the same kind of stuff. But when you have different (people lead), maybe you know the team better, you know what they want. You can have chance to know people in different ways, and the crew can also get to know the trainees in different ways (when the activities were led by different people with different styles).

[00:48:23]

YX: So for example sometimes, you would like to be a leader for some activities, but you don't want always to be the leader?

Trainee N: Exactly.

YX: Sometimes you feel like to be led by others.

Trainee N: Yes! EXACTLY. I think it is important for people to change the roles so that people can take turns to have the ...power. To just let it go sometimes and let people do their own thing.

YX: So do you mean it's important to go with the flow to let things happen naturally?

Trainee N: Yes, exactly! I think that's the best way to learn from one another.

YX: During the voyage, we have people from European countries, and we also got one Asian participants. Do you think me as an Asian people being on board had any impact on the cross-cultural learning and interaction?

Trainee N: I have learned really much about the Chinese script.

YX: Chinse script, do you mean Chinese calligraphy?

Trainee N: Yeah. It was so interesting! I didn't know that before. I have seen it, but I have never get to know it myself or to experience it. So I think it's SO wonderful to learn about it. How other people grow up, not just in Europe, and knowing how

things going in the places you don't know much about. You know more about the other part of the world.

[00:51:20]

YX: Next I would like to have a discussion about your cultural identity.

I am a

A. Swedish Citizen

I will be happy even not to be ever identified about something, but I know that I feel I'm a Swedish person.

B. Swedish Resident

C. Chile Relevant

D. Particularly interested in culture in general

I don't have any specific one, I think. I just have a lot of small things that I like about different cultures.

Ranking: A → C → B → D

[00:54: 43]

YX: During the voyage, have you done anything that you felt unexpected?

Trainee N: I think I was surprised about speaking English in general.

YX: Speaking English in general?

Trainee N: yeah. I thought everyone would speak Swedish and it turned out to be not like that.

YX: Have you made any friends that you never thought you would be friends with such kind of person?

Trainee N: There was one person that was from Scotland.

YX: Northern Ireland do you mean?

Trainee N: Yeah, Northern Ireland maybe.

YX: Boy or girl?

Trainee N: A boy. And he taught me Scottish (Irish). I never thought of that, I thought he is childish at first, but then I noticed that he was a good person.

YX: So Trainee E taught you some Irish?

Trainee N: yeah, some words that I would never say (use) them. I thought he was a really childish person, I thought he was like 12 or 15 years old.

YX: Oh, you thought he was childish.

Trainee N: yeah, and I learned that he was older than me. [laugh] I was like “What, you need to grow up.” He was like “No, I want to be a kid all my life.” But he was really good hearted. I never thought I would meet anyone like him.

YX: So you changed your first impression on him?

Trainee N: yeah.

YX: So if it was not on the ship, do you think.../

Trainee N: I will never, never speak to him. NEVER ever. I don't think I will hang out with him even if we are in a team (if it wasn't on the ship). But now you are in the same ship and you must be in a group and need to work together.

YX: So you got a second chance to know more about him.

Trainee N: yeah.

YX: That's interesting. Then we were kind of locked on the ship with the same group of people for two weeks. What would you say you enjoy the most and what would you complain about?

Trainee N: To get to know the people, to know the ship.

[00:58:12]

YX: When you say to learn about people, in which aspect do you mean?

Trainee N: Like where they come from, what they do for living, why they are here, what they are expecting about the voyage.

YX: Then do you have anything that make you feel not so happy with or you would like to complain about the experience?

Trainee N: The shower. It is the worst thing. And I was always concerned that we would run out of the water. That was everything that I fear.

YX: All right. Our voyage is actually two weeks, do you think it's a bit too short or a bit too long?

Trainee N: I have been on a ship for 2 and half months, so I think that was... I would have one week more, just to be with the people for one more week.

YX: What do you think it will make any difference if it is one more week?

Trainee N: I think you can go deeper with the people, or to have more ...because the first priority is the people in your watch group, you get to know them first and then you get to know the other people a little bit. But during the voyage, you don't speak much to other people because you don't (have many chances to) see the others until you get to the harbour because of different watch time. So I think maybe we can go to some small Island for three or four days just to have the people for more time and then go to Blyth.

YX: And when we were on the ship, we actually don't have any signal and wifi, we can't contact the outside world and we don't get any news. Do you think if this has any impact on the cross-cultural interaction on the ship?

Trainee N: Yeah. Because you can do so much more if you don't have signal and wifi, you talk to people. Otherwise, people are used not to talk to each other anymore.

The phone has become a huge distraction for people. That (Putting aside the phone) brings us more together because we have to learn from one another.

[01:02:18]

YX: So what do you think if we have the signal or wifi on the ship, what do you think it will be different?

Trainee N: For example, in Gunilla, we can send one mail every day and that's the only thing. But when I went to Fjord One we had wifi all the time, that's a bunker ship.

YX: So they have wifi?

Trainee N: Yeah, the difference there was that I was like "I didn't need to learn about other people". And when I have (free) time, I went to my bed and using wifi. That's really sad.

YX: So it's kind that you go back to your routine when you were at home.

Trainee N: yes, exactly.

YX: Is there any particular situations later in your life that reminded you of the life on Vega, your interactions with people from different countries and everything? Any moments you missed Vega.

Trainee N: When I'd like to get out of my bubble.

YX: Then do you have any plan to go for more sailing voyages in the future?

Trainee N: yeah, I want to sail around Asia, around Russia, China, and the New Zealand and others, I want to experience that culture. Because I know they are more conservative, or you have more cultures in different parts. Like in China you have more developed cities with advanced technologies and you also have rural areas that people live in very old life styles.

[01:05:55]

YX: Then how would you get access to these sailing ships then?

Trainee N: there's an international sailing group on Facebook, sometimes they put up things like that.

YX: Then do you have any other plan for not necessary sailing but other cross-cultural activities or events?

Trainee N: Yeah, I just want to explore the world and to learn about things. I hope to be a sea captain if my dream comes true, but then you will come across to people of the highest class because in other countries, I know that to study in good schools you need to have scholarship or you need to have rich parents or good income so that they can go to the schools.

YX: Sorry, I lost the point why you were mentioned the schools?

Trainee N: Because when I travel around, I can see that my dream job is to be a sea captain, only people from high class can have the money to go to the school and get to that position.

YX: Do you mean on the ship?

Trainee N: Yeah, when I'm a sea captain because I will be interacting with people and then maybe I won't be able to go to the lowest class.

YX: Do you mean if you work as a sea captain, you will only get access to those rich people or high-class people who can have the chance to get on board?

Trainee N: If I want to interact with the other countries, I may not be able to talk to many poor people, for example. But I want to see every point of view, not just like the very high-class...

YX: But why do you have this kind of impression that if you were a sea captain, you can only meet those higher class of people?

Trainee N: Because I know for example here in Sweden, you need to go to a school first and then you need to another school, then you go to another high school from that school you can go to the university. That takes really a lot (of money) and I know if you...

[01:09:30]

YX: Then what's the connection between this and you being a sea captain then?

Trainee N: Like when you interfere with the other captains, they won't be so much of the lower class. I think.

YX: When you were on the ship, is there anyone asked you questions like "Where are you from?" or have you ever felt confused about your own identity?

Trainee N: Sometimes, because I was born in Chile and I have lived my whole life in Sweden. I feel I'm from Chile and I have the culture too, I only speak Spanish at home actually. And my father is from the Swedish part but he passed away a few years ago. So I was born in Chile but raised up in Sweden, so I don't know if I would say like "Yeah, I'm Swedish but I was born in Chile." It's like a little bit confusing for people.

YX: As you have mentioned, maybe sometimes people won't doubt too much because of your appearance looks quite Swedish.

Trainee N: yeah. But that also makes me speak up more.

YX: speak up more?

Trainee N: yeah, Swedish people like to talk about refugees and immigrants. They are called "Invandrare" in Swedish. There is one political party says that you need to have three generations being Swedish to be called a Swedish person. When people say "I hate invandrare!" and then I was like "Oh, hello, I'm invandrare."

YX: So sometimes they actually didn't realize you were .../

Trainee N: Yeah. And then they will say "Oh, we don't mean people like you!" And then I will be like "Yes, but you said invandrare that include all the people including me! You can't say not me because I'm in that group, even if you don't want me to be and even if I don't look like you think how they will be like." I'm a part of the group. For example, a few years ago, it was very popular to go to Thailand as a Swedish person to live there and have a family. Then when they came back to Sweden, they were seen as invandrare because they have left the country and lived in another place

so that they are called invandrare. People were misled by the media and the racist people.

YX: So do you feel sometime you have thought about these issues during the voyage?

Trainee N: No, I just thought of the people in the voyage.

[01:15:49]

YX: When do you think is the most memorial moments on the ship?

Trainee N: I think the most memorial moment was when the other ship (Maybe) shot water blooms at other at the start of the race. That was one of the most memorial moments on the ship.

YX: Ah, yeah, and we were just trying to fight back.

Trainee N: yeah.

YX: Why do you think it's so funny?

Trainee N: because we just left everything aside and just being an inner kid. And we got the feeling that "We are starting the race and maybe we can win."

YX: Do you see them as a competitor?

Trainee N: I think so. Well, in the race we need to be competitors.

YX: Yeah. Thank you very much. I think that's almost everything. Your response is very help. Is there anything you want to add?

Trainee N: That I'm very very glad to have been a part of this voyage, and to have met you and other people and to help you with the studies.

YX: Thank you so much, it's really sweet of you. Is there anything you would like to ask me then?

Trainee N: How was your experience? What do you think afterwards?

YX: Can you give me some more specific questions? [laugh]

Trainee N: How do you think this have changed your point of view or what have you learned?

YX: When I look back at the voyage at this moment, I think there are at least two or three things I would like to mention. The first thing is the gender issue. Because before I came, I already knew that Sweden is very advanced in terms of gender equality and everything. During the voyage, I also heard people having discussions about gender equality in Sweden and in Britain. I'm really glad to see Sweden is doing well in this way. And the second thing is about the eating habit. Because the ship is a vegetarian ship and I met so many vegetarian and vegan people on the ship which is quite rare for me to meet so many. After the voyage, I myself actually tried to be vegetarian for a couple of days each week. I think that's influenced by the voyage. The third point is for example, I feel life has so many surprises, sometimes friendship can be there when we were on the ship but it also seems to be difficult to maintain. This time I came back here to have met so many people, I was so surprised that people can make so many decisions in their life in just six months. So this made me even curious about the outside world, how there can be so many possibilities in

other people's life and in the outside world. That makes me feel even my research about intercultural learning can be, in some way, meaningful in the future. So I just feel positive things this voyage has brought to me. Even six months after the voyage, I'm still learning things from the participants. I really appreciate that everyone is so nice. Like this time when I came back to Sweden, I've got more chance to experience the city of Gothenburg more. I found people there are really nice, they are so kind to offer help when you are lost. So I just feel, as what you have mentioned, people have so many similarities in themselves, when you don't see them as Other, it will make things easier.

Trainee N: Like if everyone was blind.

YX: Yeah.

Trainee N: But how is your point view of gender, what is your concern and what do you think about it?

YX: About the gender?

Trainee N: yeah, because you have the other view than I have. Just say what you think fully.

YX: I think, I feel I really appreciate the idea of gender equality, especially I'm been educated in the western context for a few years, I can see the gender issues around the world, not only in Asian countries but also in western countries. And I also read some articles about the comparisons of gender equality for example LGBT issues. I think at this moment, the word Feminism has been misunderstood by a large group of people, that's why there are quite many big group of people were kind of against feminism. So I used to feel I'm kind of a feminism but I feel quite hesitate to .../

[01:23:35]

Trainee N: use the word.

YX: To use the word, yes, because some people may not understand as how I understand it. People may just understand it as against masculism. But actually it's not. It's just difficult for some people to understand what it really is. People are just trying to promote gender equality instead of saying women are the best. I always feel if my research or my work can promote a little bit of this kind of social issues, I will be really glad. Because we really hope the society can help to develop these ideas.

Trainee N: I have been thinking of these for so many times, to make a Youtube video called "Feminism that you haven't heard about". Because I don't want my kid as a boy to feel like he can't wear a pink shirt because he will either be gay or he will be a girl. Or like that he can't cry, he need to be a tough guy and fight, he can't be fashion. I don't want to see that either women can do something better or men can do it better, I hope this doesn't exist. We just have our powers as ourselves to be better in something, rather not because of our gender. So I would love to make a video of that. But I don't know if many people will be interested in that. And I also want to make a video about racism to speak about the skin-colour or the history made us think that we can be better than someone else.

11) Follow-up interview 11: With Trainee G in the UK, April 03rd 2017

Participant: Trainee G

Date: 2017/04/03

Venue: Life Centre cafe, Newcastle

Time: 15:53

I gave the interview introduction and handed out the information sheet and consent form for Trainee G to read and to sign.

[00:02:36]

YX: I think the first thing I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to apply the Exchange Program application, so how did you find the information about this sail training program?

Trainee G: I used to do a lot of volunteering for the university and I was going to be a liaison officer in Blyth for the tall ships regatta, but then my university emailed me, said "Windseeker are actually taking people on board to be on the ships. It sounds a lot more interesting, since you've already signed up for the regatta so feel free to join in." So I applied after that.

YX: Alright, so what kind of organization were you involved in before you signed up for the voyage? Is it a voluntary organization?

Trainee G: yeah, within the university. That is a section in the student union that organizes a lot of volunteering work.

YX: So is that you got the chance right after you apply for that?

Trainee G: yeah, you give them all of your student information, and then they send you newsletter and you emailed back any opportunity you are interested in. So I've already signed up for the regatta liaison office then they offered me this better opportunity to be on board.

YX: Oh, that's nice. So how did you feel the experience then? To get to know this opportunity, then got this after applying for it. If there is a scale from 0 to 10, what would your satisfaction with all that?

Trainee G: I would say probably a 9. The only reason that doesn't make it a 10 was because sometimes the languages in the emails were a bit ambiguous that confused me so that I had to ask all the questions. But apart from that, it's fine.

[00:05:45]

YX: I remember on the day you went to the ship, it was you by yourself from Newcastle to Gothenburg? And you transferred in another country.

Trainee G: yeah, in Amsterdam.

YX: in Amsterdam. And it was the first time in your life to fly by yourself.

Trainee G: yes, it was terrifying.

YX: And you were almost closing to cancel the trip before departure.

Trainee G: yeah, it was really, really scared but I'm so glad I did it!

YX: How was your general feeling on the whole way from home to the ship?

Trainee G: The night before, I got very little sleep. But once I got on the first plane from Newcastle to Amsterdam, I was still quite scared because it's quite a short flight so that I couldn't sleep. And when I got to Amsterdam, it's a famously confusing airport so I was very scared of that. But then when I got on the second flight to Gothenburg, it all settle down. I realized I couldn't go back any more. I felt a lot better at that moment. Then everything I was scared for turned into excitement, apart from finding my way to the ship which I was scared for and it was proved to be very difficult.

YX: Did you take the bus there?

Trainee G: yeah, but the driver didn't speak English which was very very confusing because I had to change the bus at some point which is hard to find it myself. And I have to get on the right bus which were all marked in Swedish and no body spoke English, so...

YX: So your first impression on Sweden was you didn't find many people who can speak English.

Trainee G: yeah, it was very tough to communicate with anyone. But I got lucky, I got very very lucky, when I got off the bus, I walked towards a huge bridge, I really didn't want to carry my luggage to go over the whole bridge, which I did twice because I got lost.

YX: Me too!

Trainee G: yeah. BUT on the way over the second time, I found the English representative of the ship, she pointed to me where to go. If I didn't find her, I think it would be horrible situation. I really don't know what I have done then. But I found her so everything was OK.

YX: So how would you describe or score the whole experience of this process, from home to the ship?

Trainee G: Probably a 6. I think the worst part was definitely find the way around (to the ship) in Sweden. But the excitement was very good. And I did enjoy being in a new place seeing all the new things because it's very different. So it was fun, it was sort of an adventure of being lost.

[00:09:25]

YX: [Laugh] An adventure of being lost. Then when you got to the ship, there were some trainees there already.

Trainee G: Yes. But not one was on the deck which confused me. I got there but I didn't know if it's the right ship because there was a ship, but there was not boarding platform so you have to jump. And there was a bike show close to the ship, I didn't know if that's the ship I want to be on or if that's related to the bike show because it's right next to it. So I stayed outside for a while, I rang Sea staf K but he didn't respond, and then I had to talk to some people from the bike show to see if they knew

anything about the ship. About 5 people didn't want to speak to me in English until a nice little woman came and told me that they have no idea what the ship is about. And then finally Trainee V came up on deck, I think he just came up to get some air or something. He saw me and he saw my bag and helped me get on board. I'm very glad that happened because he was very welcoming. He was very, very friendly when he came up and saw me lost.

YX: So do you mean everyone was on the ship at that time?

Trainee G: Everyone apart from Trainee E and Molly I think they showed up late. I was told that if there anything went wrong, I can ring Sea staff K, but he didn't respond. It turns out it was because he was giving all of the trainees who were there already a talk so he didn't answer his phone. After I got on the ship, he rang me back.

[00:11:36]

YX: So then you met every trainee and crew members?

Trainee G: Not straight away, again, everyone was speaking in Swedish. I think I talked to you about this in the last interview, I sat there on my own but Trainee M came over and started talking to me which was very nice.

YX: So how would you score this initial stage of being on the ship?

Trainee G: For the first five minutes, I would say it was really unpleasant. I was thinking I'm not going to get along with anyone because everyone was Swedish. Because my experience with the bus and the people on the (bike) show. I thought not many Swedish people even knew English. So I thought I'm not gonna be able to talk to anybody. But when Trainee M came over and start talking, and shortly after Trainee M came over, Trainee Y came over. And the crew started to address everyone, it was all in English. I felt MUCH much better. So I think it went from horrible to fantastic. I even told a few of them that I felt uncomfortable and then everyone was really helpful.

YX: So how would you score the horrible stage?

Trainee G: It would be probably one or two. BUT it was only for about 5 minutes. Then it went up to a solid 10. Everyone was just so nice really. So overall, I would say an 8.

YX: Ok, 8. Then the voyage started, and you got to know, to talk to people, what would you feel the process of getting to know people and getting familiar?

Trainee G: It's sort of in-between because Trainee M and Trainee Y have been so nice to me so that I basically spent all my time with them. But then when the real watch start, it became fantastic, great. Everyone on the watch became best friends over night. It was really good.

YX: What about the process that before you got close to other but when you get to know more people and got familiar with them?

Trainee G: I think it was OK because of the differences between the Swedish things and English things made it easier because there were a lot of talking points. So there was a mutual interests that everyone wants to know more about each other.

YX: yeah.

Trainee G: So it was very easy, it was very good. So the score will probably be a 9 because everyone was friendly, everyone wanted to know everything. So it was just really good.

[00:14:35]

YX: Then we just got close to each other especially when the watch started. How do you feel when you got very close to each other?

Trainee G: It was REALLY really nice! I think I said as well when we were on the ship, I've never been doing anything with that many people in one place. And I generally didn't have that many friends back here (Newcastle) at the first place. It just happened so fast, it was just so nice that everyone became good friends. It was REALLY really nice process. It happened so fast in our watch as well because the first night there was nothing to do so we all just sat around and talked to everyone. That's very nice.

YX: Then how would you score it?

Trainee G: Probably an 8, I think the only it's not high it's Trainee E. I ended up being quite good friends with him, it was just he put everyone on an edge, he annoyed everyone, it kind of broke the mood a little bit.

YX: Then we went to Blyth which is so close to your hometown. How would you feel the experience in Blyth then?

Trainee G: I was very very happy how we went to Blyth because Blyth is not a very nice place, BUT with the tall ships festival being on, it brought out the best in the area, so it was all of the not very nice people didn't have much interest in there, and all of the best people from all over the country came over. Because when we went out at the night time in Blyth, I was speaking to people from all over England. So it really really brought the best in the area. I was really happy with the trip to Blyth. It was good to be able to show people around and explain the custom in England, after they've done that for me in Gothenburg.

YX: Your parents even brought some British candies for other people to share.

Trainee G: Yeah, my mum and my uncle.

YX: All right. So do you feel kind of hospital when we arrived in Blyth?

Trainee G: Yeah. It was really nice that I really enjoyed when they came and visited. They met you as well, you came and said hello when we were (talking).

YX: Yeah.

Trainee G: Yeah. It was very nice, it was very good.

YX: I remember quite a few people came and asked you a few questions because they felt curious about this city and Newcastle.

Trainee G: Well, we got so many people had so much interest, I tried to organize the trip to Newcastle but it just fell through, we didn't have enough time which is a shame but I would love to do that. It was very nice to see so many people have so much interest ... which made me think my little doll city might actually be a little more than it is. I didn't really think much of Newcastle living here my whole life.

When everyone else thought it was so wonderful, it kind of made me realize how nice it is.

YX: that's great. When some participants mentioned this kind of things, they said sometimes you are not necessary interested in a certain place, but you are interested in that place because your friend is there.

Trainee G: Yeah!

[00:18:15]

YX: Do you have the similar feeling?

Trainee G: yeah, but I also think the city is a large part of it as well. Because I think I talked about it a lot.

YX: On the ship do you mean?

Trainee G: yeah. I talked about the city a lot which is strange because as I said I didn't think much of it, when I got to talk to other people about it, I got excited about talking about Newcastle, so I think it is a large part why everyone else is so interested. Because I got so excited about it.

YX: Alright. So is that like normally you didn't think too much about your hometown but when you were on the ship, you felt kind of proud of your hometown?

Trainee G: yeah. Definitely! Which is nice.

YX: How would you say the general score of the experience in Blyth?

Trainee G: 10, Absolutely 10. It was just fantastic for them to be interested and for the place itself to be as good as it was. To be as well behaved as it was.

YX: Then how did you feel the second part of the voyage when we sailed back.../

Trainee G: I LOVE the second part. The first awkward was that there were still some people spoke Swedish and slowly everyone tended to talk in English, and there were a few people I didn't know, Trainee E was still a bit apprehensive. But then on the second part back, everyone was speaking English, everyone knew each other, the watch had friendly competition going on. It was REALLY nice. I love the second part of the voyage, not to mention the competitiveness of the race. I mean, knowing how well we were doing, I felt fantastic. Feeling useful, as well. Feeling like I actually contributed to the race was a very good feeling.

[00:20:20]

YX: I remember you were describing the feeling of steering the ship. You felt like you were the king. [Laugh]

Trainee G: Yeah! [Laugh] Holding the helm and looking down all the people. That's a very fun memory. It was only really really windy one night and it was the night I got to steel and it just felt incredible. Pushing the ship around in the really strong wind, watching all the people bustled by the wind.

YX: it feels like you are a hero. [Laugh]

Trainee G: Yeah! Pretty much, it felt fantastic! [Laugh]

[00:21:00]

YX: Do you think this kind of experience has any impact on your personality or change?

Trainee G: I think... the whole thing has improved just about every aspect of me, I'm a lot more talkative with people. Before that, I rarely talk to anyone I didn't know and now I'm perfectly fine with that. The flight over has basically taken any fear away. Because when I compare with that, this is nothing now to compare with how scary when I did the flight by myself.

YX: Yeah.

Trainee G: The teamwork is a huge part of it. Before that, I've probably been a bit selfish because I always thought/ I always want to do everything on my own. But it has shown me that working as a team can be good, provided you have a nice team. Yeah... it improved me just about everywhere. I felt fantastic after I came back. I still feel the benefits now.

YX: Ok, that's great! How would you score the second half of the voyage then?

Trainee G: 10. Fantastic! Something I forgot to mention earlier was something a bit sad at the first half was that I always really, really sorry for the two girls who were always seasick. I always felt very sorry for them which kind of brought the mood down for the first half bit. I tried to help them loads of times, I just.../ you know, you really want them to have a good time. It was just a shame they went all that way. That was the experience which was kind of sad.

YX: Alright.

Trainee G: But it was nice to know, after talking to Molly, they were home safely. Then I'm much happier for the second half.

YX: It sounds like you are quite considerate. How did you feel the experience in the Gothenburg harbour then?

Trainee G: All in all, it was very very nice, but very expensive.

YX: Very expensive.

Trainee G: Everything cost much money, I wasn't prepared for that. You know, when we were on the ship, we were a little bit deprived of luxury. So when we got off, I wanted to order all the food, go to all the stores, candies and all the stuff in the harbour, and it costs so much money. But apart from that, it was really really nice. I think they were better organized than in Blyth. There were more events going on, and more people taking part in everything. The area where there was a big stage was much nicer in Gothenburg... Seeing all the ships as well. Because the ships were scattered all over the place in Blyth, it's like three long piers completely separate and the ships are all along there. So you couldn't see all of them once, you had to visit each individual ship. But in Gothenburg, it was just one whole true harbour, and that was a beautiful site.

[00:25: 00]

YX: Then how would you score the experience in Blyth harbour?

Trainee G: 10. The only reason it wasn't a 10 was that everyone spoke Swedish.

YX: Everyone spoke Swedish.

Trainee G: Well, they would talk to me in English if I talk to them first. But I couldn't take part in some of their conversations because everything was in Swedish. Well, it wasn't that bad. But it was kind of awkward when I was doing work on the ship, I can't remember the name of the job.

YX: The Gone-way watch.

Trainee G: Because everyone came up to me and asked me in Swedish and I had no idea what to do.

YX: Do you mean the tourists?

Trainee G: Yeah. Which was a bit awkward. Trainee X was at the bottom of the gone-way basically. I was doing the job of letting people on and off, and every time when people came up and talked to me, I looked at them clueless because I had no idea what they said. So instead of one person doing this, we basically had two. But again, it wasn't particularly a bad experience, it was just kind of taking of Trainee X's time.

YX: Well, yeah, when everything finished in Gothenburg, everyone had to leave the ship and people had to say goodbye to each other.

Trainee G: That was very sad!

YX: It was very sad?

Trainee G: It was very sad, it's hard to say goodbye to everyone. Because I knew that communication over distance will never last very well. You know, people say, "We'll talk, we'll talk." It's never gonna last longer than a week. So it was very sad even knowing that. So... it was nice to see everyone cared about each other, though. Everyone got very emotional, there wasn't a big group goodbye but it's definitely a sad experience. It made it a lot easier by the fact that, I don't know if you knew that, me, Trainee E and Molly all got a lift to the airport from the Windseeker woman.

YX: Oh~

Trainee G: yeah. Because for some reason, Molly's sisters had left some stuff on the ship so that Molly and Trainee E had to carry a black carrier bag. Halfway down the harbour, it starts to split. I had my massive bag on my back, Molly had a massive bag. It was just all go wrong basically. The woman just walked off the ship and she came and passed us and said "I'm going to the airport now as well, do you want a lift?" So she took us to the airport which was absolutely a life saver. I don't know what we would have done without that. And then because that was quite a while until the flight so that I chatted with Molly and Trainee E at the airport for a while. That made the experience a lot easier, having people there before you actually got on the airplane. So that was nice, I would have hated it to do the journey back alone, walking over the bridge and taking the bus by myself.

[00:29:05]

YX: Then how would you score it?

Trainee G: 9. 8, 8. Because it was definitely very sad. I felt really bad to leave Trainee M more than anything. It was.../ well, he was my best friend on the ship, wasn't he? We were always doing stuff together so I was definitely sad. I mean even

the day we went to Liseberg that was much fun, then we came back to the Swedish dinner, the crawfish thing for the summer festival. After that, me and Trainee M went back to Liseberg again. That day was fantastic, that was my best memory. Me and Trainee M got the matching key chains with the picture of me and Trainee M on one of the roller coasters screaming there. That was the best memory for the whole thing. Then leaving Trainee M was very sad.

YX: Yeah. Are you still in touch with him at the moment?

Trainee G: No. I think we have each other on Facebook, I'm not sure about that. I don't use Facebook (that much).

YX: And he's not active on Facebook as well.

Trainee G: I don't know. I don't use it. But what we were going to do was that, do you remember I had a brace band which belongs to a game I was really into. It turned out Trainee M was as well. So we going to add each other on that, talk on that. But he never did it. You have to do it by putting in someone's name. He never gave me his but I gave him mine. And then he never added me on it. So I lost his contact. It's a shame.

YX: Yeah. At that time, I remember many people added each other on Facebook, but you don't use Facebook.

Trainee G: I still added everyone because they added me. But I don't use it so I don't know ... I use the Messenger on my phone but I don't use Facebook myself.

YX: So is that like you haven't contacted anyone after the voyage?

Trainee G: No. The only thing with Trainee E was a bit unpleasant. I talked to you, and that's it. Oh, actually there were small bit of messages about the Dropbox that Trainee P set up. It was a shame I haven't put the picture of the bat in. But actually it was my stepfather's bat, he lives in my house but it's his bat, shortly after I got back, I got a bit falling back with them so it was a bit awkward to ask him to go to take a pictures of his bat. I felt a bit awkward to ask my stepfather to take out his bat to take a picture. So I let everyone down (because) I never get the picture of the bat to put into the Dropbox which is a shame. I might still do it if people still have that Dropbox.

YX: Otherwise, we can also post it in the Facebook group.

Trainee G: Yeah. I might do that because people were very interested in the bat.

YX: yes. So many people mentioned this funny story. You mentioned Trainee E has been sending some annoying messages to you, for how long has it been?

Trainee G: He did it for about a month until I got my new phone 23rd October, so it was a bit over a month. He kept messaging me and when I got my new phone, I just didn't add him again so he stopped that. That was basically it.

[00:33:50]

YX: When he sent you some annoying messages, you just didn't reply or?

Trainee G: I was actually talking back to him because I want to be friendly. But less and less I replied and he kept doing that.

YX: How do you feel the whole experience of having some friends on Facebook but you don't really use it, and have some contact with a couple of people. How do you feel the experience after the voyage?

Trainee G: I feel that it would have been better if I'd used Facebook. I almost started to use it again to contact people but I really struggling dislike Facebook so I never did that. So it was quite bad, but again I think it was my own fault. It was my fault of not using Facebook. I think that was everyone's chosen method of keeping contact and I put myself out of it. So not very good afterwards, I was definitely sad afterwards for missing people. Because I still have some holidays left after that, going back to my house again and spent the next week in the house on my own, after being on a ship with 25 people to completely be on your own, it was definitely sad. So not very good, probably a 3 or 4. Say 4. Because it was nice to be able to do things with my own time in my own way and have my own food again. But it's sad that the experience was over, the adventure was over.

YX: Why do you think it is difficult for people to keep in touch after the voyage?

Trainee G: Because it's.../ I don't know, I'm not very good at it at all. I don't know what people will do, I don't know what people will talk about. It's just my self's problem with it. It's a lot easier to meet up and do things.

YX: Meet up and do things.

Trainee G: Yeah, which you can't really do overseas. I don't know, just Messenger people just a little bit everyday feels sort of trivial... I don't know. I will never start Messenger anyone because I always feel like I'm making them respond. So I will never start, if it was other people do that to me that would be fine. I think it's more of I'm bad at doing Facebook relationship.

YX: No, it's not only you, that's for others as well, they also feel it difficult to keep in touch just on line.

Trainee G: It feels very detached. It's not very personal when it's online. If you have someone you are only kind of friends with, maybe it's an OK thing to do, but actually you've been such good friends with these people, it feels like it's a shame to go from such good friends to that sort of in the middle, talking on line kind of friendship. Like if you had very very good friendship in a short period of time; that would sort of slowly die out. You would (rather) keep much higher respective memories for the people if you don't talk on line. I mean that's not the reason, I would still have talked to them, but I do think that as well.

YX: Do you mean you feel it's in some extend, a better way to protect the memories?

Trainee G: YES! Definitely. I think, again, it's not been very personal online, it could be anyone, you know. He stops being that special person you met on the ship with all that amazing experience. It's just another online person, you just do kind of meaningless chic chat with. Whereas now, when I think of Trainee M, the first thing comes up into my mind was the whole Liseberg thing rather than "That time we talked about online something." It does keep it nicer.

YX: Very interesting. You just mentioned the voyage has some impact on yourself?

Trainee G: Definitely, yeah!

YX: Can you give some examples?

Trainee G: Very recently, me and my friend Mark went out to a nice little pub here in Newcastle a couple of weeks ago. A few people came over and started talking with us. USUALLY I will never go to pubs because if anyone talk to me, I couldn't talk back, I was just really bad at it. Now I was sitting there chatting with them for almost an hour. I mean it's just an example recently, it's been like that since I come back. I used to hate public transport because there's a chance that someone will talk to me. And now, again it was a month ago, I was about to go to the cinema, and I sat at the bus stop and started talking with a man and chatted the whole time. It's really really open up my confidence, I can talk to people, I can do more things now. It's been helpful in the university as well. Because if I got stuck, I used to .../ I will never ever ever ever ask for help. But now I always go and see my lecturer. I've become friends with someone now in the university by helping each other on the assignments.

[00:41:00]

YX: Oh? With other classmates?

Trainee G: Yeah, one of my classmates, so that help us to make friends. It helped with the teamwork as well. Before I went (sailing), I had a group project in the university, which was horrible because none of us ever talk to each other. So it was terrible, we got awful mark on it because it just didn't work. However, SINCE I (came back from the voyage, I started to) organize people to work together and, you know, it was easier to put myself into a position of a leader to get things happen. I mean, before the journey, I would never have done that ever. It's been absolutely fantastic for me.

[00:42:00]

YX: What about the members in your project group, are they are English people or?

Trainee G: Yeah, everyone in my course is English.

YX: Ok, have you ever come across to any cross-cultural events after the voyage? Like having some interactions with people from different backgrounds?

Trainee G: Yes, yes, I have. My cousin has recently had a baby with a guy from South Africa.

YX: South Africa?

Trainee G: Yeah. And my family is really close, it's not like distant family because she came over and visited all the time. So now we had to make friends with his South African relatives which is very.../ I did meet them beforehand but I didn't like them very much. I never wanted to have anything to do with them. I just ignored them! Since I got back, I've been open and talked about all the things they would do back at their hometown and everything about the state of South Africa and all that stuff. It's given me a lot more interest in that kind of thing. A lot more/ Yeah, I've got a lot more interested in different places. It wasn't that I thought everywhere was uninteresting, it's just I realized how interesting the rest of the world is.

YX: Do you mean you feel more interested in their culture so you feel more willing to talk to them?

Trainee G: Yeah, but it's not even only willing, it's that I REALLY want to, I want to find out more about them. So it definitely has helped. Because we've known each other for about three months and I talked with them once. Then after I got back, I talked to them time and again easily.

YX: So do you think your interest in different cultures is the make thing that made your attitudes towards them?

Trainee G: Yeah, I think so. Because I have never thought negatively about other people from other places, so that hasn't changed. So it's just .../ the thing from before as well, I can talk to people more easily because combine with the fact that I wasn't interested in them and back then now I want to know about them and I have the confidence to talk to them.

YX: So it's like two ways?

Trainee G: Yeah.

YX: One is confidence and one is the interest.

Trainee G: Yeah.

YX: It's open with my family as well, it's been very helpful with my family. Because now I can connect and talk to half of my family. So it's been very very beneficial for the family as a whole.

[00:45: 22]

Trainee G: Yeah. That's true.

YX: Is there anyone, for example mum or Mark noticed your change or difference.

Trainee G: Yes, my mum has definitely. Because it (the sailing voyage) is such a big thing for me. So everything scary seems smaller in comparison. My mum's noticed that definitely because every time when I do anything, usually I would get scared, but now I'm fine. But she's still constantly make me feel better even though I'm OK. SO she's definitely noticed that. And Mark, I mean the thing I said before, when I was in the pub with Mark, the He's noticed that for sure because it's like that all the time. Every time when we go anywhere, I'm the first to talk to people now.

YX: So it wasn't the case before.

Trainee G: No, it wasn't. I wouldn't go some places because I didn't want to talk to people. But now I can absolutely do anything so Mark has absolutely noticed that.

YX: Then have they ever mentioned this to you?

Trainee G: Yeah, actually. I don't think my mum has but it's sort of we both know it. We don't have to say it but me and my mum we both know it. But with Mark, he's mentioned it, half the time he doesn't want to talk to people but he got drag into because I'm talking to them, which never ever happened before. So he's definitely felt been affected by that.

YX: So he's kind of influenced by you because of your change?

Trainee G: Yeah.

YX: That's really interesting. Do you think this makes him feel better or do you think...?

Trainee G: Em... I don't know, he's strange, he's hard to read on that. I think so. I would never tell me if he did, but I think he does.

YX: So do you think this change comes from the voyage?

Trainee G: Definitely, absolutely! Like even the first day, before I left to the first day, I was totally different. As soon as I got to the airport, I was really thirsty, I didn't want to go to the café because they (the staff in the café) were so slow, they were talking to everyone and I didn't want to get involve in that. On the way back, I ended up sitting down, talking to people who were traveling back to England as well. So it was literally after the voyage I instantly felt much better about everything.

YX: That's very interesting. So did you start a conversation with people in the café?

Trainee G: Yeah, I can't remember how it started, I don't think I started, but I was OK to talk back which makes a difference. ... Actually I forgot to say when you were asking me if I had any other intercultural experience, they were both not from England, I forgot about that.

YX: Do you mean ...?

Trainee G: The two people I talked to on the airport, they were both from Netherlands.

[00:50:00]

YX: Since we've spent two weeks with people from Sweden, Germany and Britain. Have you ever reminded your interaction with these people when you come across particular situations in later life?

Trainee G: Actually it's pretty much every time when I had liquorice.

YX: liquorice?

Trainee G: I don't really had it, maybe once or twice before I went to Sweden, and you know in Sweden liquorice is huge, it was like all the sweets in Sweden is liquorice. So every time now (when I eat liquorice), it reminds me of Sweden.

YX: All right.

Trainee G: And then the very strange food we had, that was like chopped bits of hot dogs and tomato sauce. I went camping not that long ago, being as smart as I am, completely forgot bringing every about food. So we ended up making something like that after I remember how tasty it was; how easy it was to make.

YX: Is that a Swedish food or Northern Irish food?

Trainee G: I think Trainee M said it was quite common food in Sweden. I don't think it's like famously Swedish but I think they do eat a lot. There was the festival thing as well, the crayfish, every time when I have, not every seafood, but things shrimp that kind of things that you need to get in there to get it, it reminds me when I was sitting there, Trainee P was showing me how to eat properly. That was nice.

YX: And we were also having some kind of political discussion on the ship.

Trainee G: Everyone teased about Brexit.

YX: After that, do you think your political awareness has been impacted?

Trainee G: I didn't care about politics, I don't care about that, I just tried to stay away from it. So not really, I stay as far away from politics as possible. [Laugh]

[00:53:00]

YX: Then what about the social issues? For example, when we were on the ship, we sometimes also had some discussions about gender equality .../

Trainee G: With Trainee R.

YX: With Trainee R, and others, yeah.

Trainee G: I mean, it all in line with my views anyway, it hasn't really changed, it's just now I know some Swedish people agree as well.

YX: When you see some news or comments relevant to these countries, how would you feel? For example, if there's some news about Sweden?

Trainee G: Well, I would just get excited that they mention Sweden. Because I will be like "Wooo, I've been there." But if there're people there that I'm friends with, it immediately starts me talking about Sweden for hours. But if it's just by mine own, it will just make me smile regardless / I don't really care about the news that's going on. It's just it is Sweden that makes me grill.

YX: When you signed up for this voyage, you've already knew this is gonna be an exchange program?

Trainee G: Yeah.

YX: Do you think this give you some motivation to join this voyage or do you think you just want to go sailing?

Trainee G: It definitely gives me some motivation .

YX: Really?

Trainee G: Yeah, I really do want to force myself to do something different!

YX: What made you feel you want to do something like this?

Trainee G: Well, as I was saying before, there are those places I couldn't go and if my friends go there with friends who I didn't know, I always not go because I don't want to talk to them. And it was just starting to get really bad.

YX: Then you realized this is actually something not good so that you wanted to change the situation?

Trainee G: Yeah, it really worked. I'm so glad I did! It was also I'd had a Chinese student worked with me on something in the uni. years ago.

YX: Chinese student?

Trainee G: Yeah, it was really, really hard communication. He was a Chinese student and he had autism. It was extremely hard to work with him. But he was very, very nice when you could get him talking. And that made me interested in that sort of thing as well.

YX: That sort of thing?

Trainee G: Like intercultural sort of learning about what other people did. When he spoke about what he used to do in his house as a child, it was SOOO really interesting. I mean I only really talked to him once, he was really, really very hard to talk, but...

YX: Even hard than how you used to be? [Laugh]

Trainee G: Yeah. [Laugh]

YX: Now if we had a chance to choose the nationalities being on board, what are the nationalities you would prefer to have on board?

Trainee G: I would love to learn a lot more about Asian countries.

YX: Asian?

Trainee G: Yeah. From everything I've seen, it's fascinating, from the guy I was talking about, the stuff he was talking about, and there was a Chinese girl in my math class, she's always talking about the stuff that she did as a child. It sounds wonderful. Go and see what everything is like; it sounds like a totally different world so that I would love to experience more. I think I know about South Africa again, I don't want the same ones again, so I think I would avoid Sweden and South Africa, and America, I've done that. I'm quite interested in Canada because a small part of my family is from Canada. Actually I'm very very interested in Ireland, actually I've planed a trip to Ireland with my family soon. One or two of my relatives live in Ireland, and Trainee E and Molly made it sound.../ Well, Trainee E made it sound like a war zone but Molly made it sound quite nice. Well, I'd love to see just everywhere in the world. Oh, a few places in America as well, when I went to America for the tournament for the games thing, I met a few people from Peru, a few from Philippines. So maybe quite interesting to have some people from these places as well. The Philippines are actually very interesting. ...Mexico as well, I met a few Mexico people not that long ago. Basically the whole world, I want to make everything like...

YX: As international as possible.

Trainee G: Yeah! I absolutely just want to travel now. I want to do a lot of travelling.

YX: Is that also somehow related to this voyage as well?

Trainee G: Oh, yeah! Definitely, it was so great this voyage, even the short time in Skangen, I love it, just experience new places.

[01:00:10]

YX: I also remember you've been to the United States for twice already.

Trainee G: Yeah, that's not too different from England though. It's very, very similar. I mean it was to go, but it wasn't very interesting culturally. It was basically like Newcastle. Everything was the same, but I'd love to try out places that are particularly different, like some places in Asia. Yeah, South America and Asia are two biggest ones I think.

YX: If the voyage is a western and Asian exchange, do you think it will make a difference?

Trainee G: Yeah! I think it would be very interesting way to do it. A lot of people will be interested in doing that as well because I know a lot of people are ... because all over England there are a lot of Chinese exchange students anywhere, so a lot of people have been friends with people like that are interested in their culture. Based on England again, I feel like a lot of people who are already sort of interested in having Chinese friends will be interested in meeting a lot more on the ship. Because you get a lot more personal on the ship.

YX: Personal? Do you mean even though some people may have some, for example, Chinese friends in their daily life. They still love to experience the culture on the ship?

Trainee G: Because it's a lot/ there's something very, very different to make friends on the ship, it's a lot more personal, everyone is much more open, it's just everything flows better. It's easier to learn about different things in a short period of time.

YX: Then how would you describe the relationship between you as a trainee and the crew members?

Trainee G: Very, very good. I didn't talk to Sea staff I or K very much, but apart from that, they were very friendly, very inclusive. You know, there was a night before we went to Gothenburg in Mastrad we went to the restaurant, we went to the pub? I spend most of the night talking with Sea staff A. So you didn't feel there was a disconnection between the trainees and crews. Everyone is just friends which is very nice, apart from Sea staff K. But of course K is the captain, he stands above than everyone else.

YX: Ok.

Trainee G: Well, not in a bad way, it's just everyone respected him so much. So he was sort of on another level, you know. No one would ever argue anything with him because he was obviously much respected because he was the captain. But he's also such a nice guy.

[01:04: 06]

YX: Do you feel any disadvantage of being like this?

Trainee G: Maybe if he did anything wrong, I think people might be a bit apprehensive to say to him. But he didn't do anything wrong which was one of the reason why everyone liked him so much because he was so good at what he did. But I do think because he was in such a high state, people wouldn't bring it up to him if there's something went wrong.

YX: Then do you feel the crew members were trying to facilitate the cross-cultural communication on the ship?

Trainee G: Definitely! I mean I can't speak for the other watches for particular, but Sea staff A was the leader of our watch, she was very, very keen on getting people from different nationalities to talk together. If anyone starts speaking Swedish, she very quickly told them to speak English. Not "told" them, that's a bit strong, you know, reminded them to speak English. She promoted it a lot.

YX: In terms of speaking English.

Trainee G: yeah. And if two people will be together to do a task, for example the galley rats, she tried to make it with a mix of British and Swedish a lot. I mean, we sort of organized it but she encouraged that.

YX: Generally speaking, do you think the crew members were more focused on sailing or cross-cultural activities?

Trainee G: I think sailing, but I think they have to be. You know, when the situation became very intense, they didn't take the time to make sure it's very cross-cultural, they just get that done now. But when everything is slower, they definitely have the time to encourage it. So I think they had a good balance between the two.

[01:06:40]

YX: You think they have a good balance?

Trainee G: Yeah.

YX: So they were focused on sailing a bit more, and trainees themselves actually come up with loads of ideas and activities spontaneously.

Trainee G: Yeah, that was very, very good, I think that was very helpful to the voyage. Things like the crayfish party that was a great idea. On our watch, we came up with a game when we sat down in a circle, one person said a topic, and other people said things they like about that topic. So if someone said music, then everyone will tell their favourite type of music. Like "Where you live", then everyone talked about the best things where they live. And food as well. I mean that was the best thing for cross-cultural learning because I learned so much about everyone.

YX: So is that like someone trainee came up with the idea

Trainee G: Yeah. It was sort of, it was a mixture between me and Trainee Q came up with that idea to get everyone speak.

YX: And everyone was very happy to join that?

Trainee G: Yeah, apart from Trainee E. I mean, you can sort of discount him from things because he's a little bit different. But everyone else was very willing to join in. Molly was embarrassed what she did. She did join in but she was scared to mention anything. But she did in the end which is very good for her I think.

YX: So you feel it's really good that the trainees came up with those things.../

Trainee G: More than anything, it shows how interested we all were. Because Trainee Q was obviously interested in learning more because we came up with the idea and everyone has been so eager to join because we only mentioned it once and then in 5 seconds, everyone was sitting in a circle. So everyone was very interested in it.

YX: If these activities were led by the crew members or the mentor, which way would you prefer?

Trainee G: I think I liked how it was the trainee's idea, I think it would still be great if the crew would have come up with that idea. But the fact that we came up with the idea and we would do it ourselves made it feel more special. It wasn't a pre-thought

game, we were just kind of doing that to pass the time. It was the special thing we'd invented.

[01:10:00]

YX: Something you invented, so this is some idea you came up, it's not any existing games.

Trainee G: I think this starts with the music idea. I think it was me, Trainee V and Trainee Q to start with, we were just talking about music in general, and we kind of wanted to talk to more people about it. Then we just very quickly came up with the idea that we can do this with more topics and we can get everyone involved.

YX: Right. Since you came up with idea, you were kind of a co-leader of this game.

Trainee G: Yeah~ that wasn't really a leader, but as a starter. For the first one or two rounds, me and Trainee Q were telling everyone what to do. But very quickly everyone was just going on with that.

YX: Then maybe in other games, you joined the games of other people's idea. Some people say they don't really hope the crew or the mentor to lead the game because it's not always good to have the same person to lead the activities.

Trainee G: That's true. That's very true! I haven't thought of that, but that's a good point. If someone was doing that all the time, it would be different, it wouldn't be as good. To be fair, actually a lot of the time, the leader was Trainee N, she was very/ she wanted to be the person in charge a lot. But it did switch around a bit. It does feel better when different people go and do it.

YX: Ah ha. There's another person also mentioned another point that when we were on the ship and we learn how to sail, but when we were not sailing, we just want to have fun, we want to enjoy ourselves and we don't want to be reminded of the school life so that we don't want a teacher, we don't want someone to tell us what we should do. How do you feel about this?

Trainee G: I don't think I agree with that. I think there's no point it feels school for me. It was very different things. But I think it would be different for them because a lot of the girls were all part of sailing schools, so being on a ship and learning the ropes feel like the school for them. But for me it's...

YX: I think I've explained it in a wrong way. I mean the person said if there was a mentor or leader when we were playing games, it's better to have things naturally instead of having re-organized things.

Trainee G: Oooh, I got it. Yeah, yeah, I agree, I agree with that. Yeah, I understand what you mean know, the feeling of being like school. It is better (to be done by the trainees), if it's done by one of the crew members, it feels like it's pre-planned, it's forced activities rather than if it's us to come up with it. It feels like friends having fun, rather than friends doing something they were told to do. Yeah. I see what she means.

[01:14:45]

YX: Then can you please fill in this form?

I am a

A. UK Citizen

I think I'm most comfortable with UK. It feels like that in my mind that's home, and apart from that, it's me being somewhere else. And then

B. UK Resident

C. Ireland, US Relevant

I feel close to Ireland because I have family there. Apart from that, you know, I haven't been there for long enough to be super confident in it. I think maybe I feel relevant to US as well because it's so similar to here. I've been there for a few times, I think it's pretty (similar and relevant).

D. Particularly interested in Sweden, China, South Africa

I think I'm very much interested in Sweden. I think I'm also interested in China from talking to a few people. I think it's a fascinating place. South Africa doesn't sound very/ it's interesting but I don't want to go because it sounds a bit unpleasant. But it's definitely interesting to hear about. Yeah, I'm interested in South Africa but I don't want to go. I think those are ones that I'm most interested in.

Ranking: A/B →C→D

[01:19: 30]

YX: Do you think these answers will be different if asked before the voyage?

Trainee G: "Particularly interest" bit would have been different but I think the other three will stay the same.

YX: What would you be interested before the voyage then?

Trainee G: I've always been interested in China, I had Chinese friends. I think I've gained the interests in Sweden since the voyage, and I only got to learn I was interested in the South African culture because of the confidence I got from the voyage.

YX: So these two ones (Sweden and South Africa) were different.

Trainee G: Yeah.

YX: During the voyage, have you done anything that made you feel surprised about yourself? Except talking to people and opening up yourself? And steeling the ship as a hero.

Trainee G: [Laugh] When I signed up to do the basketball, it's a shame it got cancelled in the end. But I was very willing to do it which was very strange and different.

YX: So it was before the voyage.../

Trainee G: I would never have done that.

YX: You would never sign up for a basketball game.

Trainee G: yeah. Both because there was people I didn't know and generally doing sports is not a strong point.

[01:21: 16]

YX: In Gothenburg.

Trainee G: yeah, it was.

YX: Have you have made any friends during the voyage that you never thought you would make any friends like that?

Trainee G: Trainee N.

YX: Trainee N.

Trainee G: Yeah, being such a strong presents and energetic person, I never thought I would make a friend like that. She was very fun to be around.

YX: So if it was in the daily life?

Trainee G: If it was in the daily life, I don't think I would have become friends with Trainee N. Definitely I'm very glad I did.

YX: So she's a type of person you think.../

Trainee G: I'm not very compatible with.

YX: compatible?

Trainee G: Yeah, usually me and that type of person wouldn't get along.

YX: So do you think it was the ship that makes the difference?

Trainee G: Definitely! And Per as well. I would never expect to be friends with Per.

YX: For what kind of reason?

Trainee G: He was sort of/ I don't know, he was too cool, he's like the cool kid in school. You felt like I shouldn't be friends with them because in a way the popularity, and ... he's very cool anyway.

YX: You think he's a cool guy.

Trainee G: Yeah, you know there are always the section of the top coolest kids in the school you will never go near. And then Per was just so nice and friendly to me which was so nice.

YX: If it comes to the daily life now, do you think you will possibly be friends with this type of person?

Trainee G: Yeah~

YX: Maybe more possible?

Trainee G: More possible, definitely!

YX: So do you feel like it's not like "I can't get along with anyone who are this type of person"?

Trainee G: Yeah. I start not thinking like that, now I think it's more I've stopped putting people into groups, now it's more person to person. Very individual.

YX: So is that like you used to put.../

Trainee G: Yeah, I used to do it. I used to group people a lot. I used to put them in standings. I'd already thought/ I think I already know something them even before I talked to them. But it's not there anymore. I think it's been very individual bases now from person to person.

[01:24: 55]

YX: Do you have any further plan of joining this kind of voyage?

Trainee G: I don't think I will do the voyage again anytime soon. I might (do it) in the future, but not in a couple of years because I want to .../ Since doing that, I realized how much I'd like to do different things, and I want to try more stuff. It's cancelled now but I nearly went to Madagascar for a couple of months to help volunteer.

YX: So you were planning to do so?

Trainee G: It got cancelled though.

YX: What time did you plan to do this?

Trainee G: It was going to be the start of 2018, I think it's February or March for 6 weeks.

YX: Then when did you decide to go for this?

Trainee G: It was after the voyage. Because I love it (the voyage) so much and before the university work got too intense that summer, I started planning what I'm gonna do next summer. And that ended up not being next summer but I came up with the idea, try to follow through it. But it's a shame to fall off. Now I'm too busy to plan anything else with all the university work. But I would like to do more interesting thing like that which I wouldn't like before the voyage.

YX: Have you talked a lot of this voyage to your mum and.../

Trainee G: Yes, A LOT! I didn't shut up for a month.

[01:26:50]

YX: What's the comments of the audience?

Trainee G: Well, again, Mark being strange as always, he's just kind of/ he doesn't really give you much feedback. So not a lot from Mark, but from everyone else I talked to, they were fascinated and very happy that I did it because it was just so different for me. So they were very proud of me as well. A lot of them have been very very proud of me even go there at the first place. So they were very happy I'm a lot more confident. Because as well, the fact that I was talking to them about it was different. Because I wouldn't have talked to them about myself before the voyage. I wouldn't have the confidence to do so. So the fact that I was talking to them at the first place is a big thing. And then they were very interested in hearing about the voyage.

YX: Well, mainly positive feedback.

Trainee G: Very very positive, yeah!

YX: When we look back to the voyage, we were actually kind of locked on the ship for two weeks with the same group of people. What would you say that you appreciate the most and what would you complain about?

Trainee G: (What I) appreciate the most is you can't argue with people. You know, even if you have a very strong disagreement.../

YX: Is that appreciate?

Trainee G: Yeah, it is. It's good thing. Because you both know that if you argue, it's going to go very bad. And it forces everyone, force is a bit of a bad word. It makes everyone very much more friendly and it creates a very very very positive atmosphere. It has sort of/ it's nice to have the little nice group form but no one is totally separate so they are always mixing around. So if you woke up late or had a nap then you came up on the deck, there's always something happening. There are always that group of people over there are doing that and this group over here doing this. So you will never get bored because everyone has these mixed friendships. The worst thing though, what would be the worst thing? ... Maybe running out of the things to talk about, I think it would be the worst thing, with a couple of people. Like with Trainee M, I could talk to him for ages because we're kind of really clicked together so that, you know, you can talk for hours for nothing with people like that. But with other people, I was sort of, you know, I was friends with them but not super close with. Like Trainee T and Trainee BB, you know, this kind of people, it was really good fun to talk to them, but half way through the race, we kind of sat down and said hi to each other, and then we will kind of don't really have anything to talk to each other. So that's the worst thing. Near the end of the voyage, it limited the people you could talk to because there was just nothing to say.

[01:30:20]

YX: So how do you think the length of the voyage, the two-week voyage? Do you prefer it to be shorter or longer?

Trainee G: I think it's about right. Because the thing I was saying before about everyone being friendly might start to fall off if it's too long, people might start to get sick with the other people on board. But if it was too short, it feels like you just get really friendly with everyone and then it will be cut off. So I think two weeks is a very good length. Everyone was friends with others, nobody got sick with anyone. Everyone would have experience with everyone else, so it was OK time to leave it. So I think two weeks was a very good length.

YX: Right. So do you feel this voyage has any negative impact on you in any way? Like other impacts?

Trainee G: Negative... I think...the upset about (it was) at the end, leaving everyone has been kind of bad because it makes me a little bit scared to get too good friends with people if they don't live right next to me because I know it will just fall off. I think that's probably it.

YX: Right. And we don't have signal and wifi on the ship so it was kind of a social media detox of the sail training voyage. Do you think it makes any difference?

Trainee G: well, I don't use any social media anyway so that I couldn't say what affected happen on other people.

YX: We don't have signal and wifi and don't have the access to the outside world, and we can't contact friends and don't have news coming to us. For example, you and Mark.../

Trainee G: Well, I mean I had a bit of signal. I was text Mark [Laugh]! At night time, I could usually sent him a text when I went to bed, by the morning it would have usually sent. So I mean it was fine for me. You know, I would send this massive message to me at night, and then I would get the huge message as well. So I was in contact with Mark and I didn't really keep in contact with anyone else. So it didn't really change for me. But it might have affected people but I couldn't say.

[01:33:42]

YX: I notice that some people are still posting pictures about the voyage even recently sometimes.

Trainee G: Really?! It's good.

YX: Some people, as you mention, they also miss this kind of voyage and miss the friends on the ship. But actually most of people they have stopped contacting each other. What do you fee makes these people miss the voyage and people even though they have stopped contacting each other?

Trainee G: I'm not sure... how big of an experience it was is definitely a part of it. Because it was so unique. So many things can happen in everyone's life that remind you of it. But the friend's thing, as I said before, it feels a bit wrong and strange to contact people just on line. But it's always gonna be a special thing. So the disconnect of people talk and people still bring them up the voyage, talking to people is a bit over-whelming, but bring up the voyage/ because it's a memory, it's still special. It doesn't matter how much you do it. I think that's probably the reason.

YX: What else do you think this voyage has influenced you in any way? Being more confident and more open to talk to people.

Trainee G: yeah, that's definitely the main thing.

YX: More curious and interested in other cultures... And more interested in joining the similar cross-cultural programs such as the volunteering opportunity outside the country.

Trainee G: Yeah, it really open my eyes how big certain experience can be. It makes me want to do more big things.

YX: More big things.

Trainee G: Yeah. It really made a very big change for me. I would say it's the biggest change I've ever had was the voyage.

YX: So you feel it was like the greatest major event in your life?

Trainee G: Yeah. I think, for positive impact, yeah.

YX: Yeah. Thank you very much. I think that's almost everything. Your response is very help. Is there anything you want to add? Or is there anything you would like to ask me then?

Trainee G: No, I think I've just talked about everything.

YX: OK, thank you!

Trainee G: No problem.

12) Follow-up interview 12: With Trainee D in the UK, April 05th 2017

Participant: Trainee D

Date: 2017/04/05

Venue: Trainee D's home, Northern Ireland

Time: 2:06 pm

I gave the interview introduction and handed out the information sheet and consent form for Trainee D to read and to sign.

[00:02:36]

YX: I think the first thing I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to apply the Exchange Program application, so how did you find the information about this sail training program?

Trainee D: At the sailing club that I was working at. The woman who helped our courses came to us said that three people have dropped out of this voyage, and they need people to fill the space. And I was like "Then what should I do?" "Just put the information on the website and fill this (form)." So I filled that (form) two weeks before (the voyage). And a few days later they said "Yes, you are in!" I was like "Oh, yes! I've never get anything like this before."

YX: So you don't have to pay for this?

Trainee D: The one I went on this time I have to pay I think was 200 pounds, and everything is cover with this Oman bursary because I've never been on a tall ship before. This covers the main cost.

YX: So you only need to pay 200 pounds?

Trainee D: Yeah, and the flights as well. But apart from that... I thought it was a really good deal.

YX: Yeah, exactly. Then how would you describe the process of finding the information, applying for that and then getting that opportunity. If there's a scale from 0 to 10, 5 is the average, what is your happiness and satisfaction of your experience in this stage?

Trainee D: I think the booking is like 8 or 9 because there are still somethings that we kind of found it difficult. But apart from that, I think it was really well done.

YX: So was it an 8 or 9? Or 8.5?

Trainee D: 8.5.

[00:05:40]

YX: Then did you fly to.../

Trainee D: So getting there, I flew from Dublin to London and then I spent a night at the airport and then flew from London to Gothenburg.

YX: Is this the first time you flew by yourself?

Trainee D: it was the first time I've done a big flight like that by myself. I've done smaller flights just like to England to see my family. There are always someone there at the airport picking me up. But this was the first time, a big solo journey. Because I never thought I'm gonna do it and I would never do it. So I thought I just go and get over.

YX: Then when you arrived in Sweden, you need to find a way to get to the ship.

Trainee D: Yeah... Windseeker has provided the information of where to go, so I just went to a stand with the printed map (and asked people) "How do I get here?" "Oh, you need to get this bus." And when I got off the bus, I asked the bus driver "Where do I go from here?" "Just keep going that way." So they (people in Gothenburg) were really really helpful. They weren't like "Oh, no, I've got to go, I need to do this." Instead, they were really helpful, showed me where to go, which was good.

YX: So at this stage, how would you feel the general feeling from home to the boat?

Trainee D: I'd say it was like a 7 because it was pretty grim staying at the airport over night because I was like "Oh, my god, if I fell asleep on my own, someone might take my passport and I wouldn't be able to go anywhere."

YX: Then what's your feeling when you initially got on the boat and see people there?

Trainee D: I didn't know what to expect, because I've only seen one photo of the boat but that was like I knew it wasn't gonna be like that because that was sailing so it would not be stationary. So I didn't really know what to expect so I had open expectations. And I think when I got there, everyone was really relaxing, they were no rush to go anywhere. Because on the email they were leaving the doc at around 1 o'clock so I thought "Oh my god, I'd better not to be late". But we didn't leave till 7 at night. Then I got on the boat, and I didn't hear a word of English. Then I was like "Oh my god, oh my god! I'm not gonna make it to go anywhere." And then Sofia came on the boat, even though she is a Dutch, she spoke English. I was like "Oh, I'm not the only person (that is English-speaker)." Then Sharon came, then I was like "Yes, more English, this is brilliant! I have someone to talk to." And then when they gave the talk during lunch time, I realized they all spoke English, and then I was SO relaxed when I knew that everyone actually knew how to speak English.

YX: Then how would you say the experience, the feeling of the first 10 or 20 minutes on the ship?

Trainee D: Just really nervous actually. Because I don't know anyone so that I thought I need to make sure that I don't make myself / I do make sure that I try to talk to people.

YX: Then how would you say the score of that?

Trainee D: Probably a 6 because of the nervous.

YX: Yeah, it makes sense. Then you kind of got to know each other and got the chance to talk to each other, to the English speakers and Swedish speakers.

Trainee D: Yeah.

YX: And you noticed that actually they can speak English.

Trainee D: I think the activity you do with us, gave us all the post-it notes and say that “What you hope to get from the trip?” and “What you like to do on the ship?” I thought that was really good because that kind of broke the ice a bit because no one really knew where to start talking. So I think the questions like “Where are you from? What you want from this trip?” I thought that was a good way to actually learn everyone’s name first. Because I was like “I don’t know anyone’s name here.” So I think that was really good because everyone started talking and went into details like “Where are you from?” “What you want to do on this trip?” I thought that was actually a good way to learn everyone’s name, and everyone started talking what they are doing and I think that was really interesting. Because I go to all-girl school, but like others, or like the volunteer crew they were like working or doing stuff, Trainee F is in university and Trainee P is in high school. So there were lots of backgrounds so I thought it’s very nice.

[00:10: 47]

YX: Then how would you feel this stage?

Trainee D: I thought it should be a 7, to actually get to know people and know they actually speak English.

YX: Yeah. Then you gradually became close to some of the trainees.

Trainee D: Yeah.

YX: Then how would you feel and how do you think this can happen?

Trainee D: I think one of the reason that we became close because the boat was small, like it wasn’t a huge boat. I remember when we were back in Gothenburg, some of the boats were huge, and they had over a hundred trainees on them. I was thinking living on it, I was definitely talking to Trainee P but I would definitely leaving the ship not knowing half the people. Because if they are not on your watch, you wouldn’t even get a chance to talk to them. But I think I like our boat which is smaller so that you would always see someone from different watch all the time. So you always got to know everyone so I thought it was good.

YX: And I also remember you mentioned that this kind of close friendship is very special for you to have been established.

Trainee D: yeah, because my school is an all-girl school, so the girls can be a little bit annoying sometimes, it was very difficult to develop very close friendship because all they want to do is to talk about other people and be really really annoying. So I’m like “Oh, I can’t really cope with this.” So it was nice to have no boundaries, so they weren’t talking about other people and just be yourself and give your own opinions. I thought it was nice because going to the all-girl school, we have boys come to our school (sometimes) for classes. Some of the girls, I just don’t understand why they bother, they just come with so much make ups because boys come over and they just talk about the boys. I’m like “They are just boys!” So it was nice because the girls of Swedish trainees they grow up with boys and girls, when boys talk to them, they were just really really relaxed. I was like “Yes, I like it here!” So it was good!

YX: Then how would you give it a score of the general feeling of this stage?

Trainee D: It was like a 9.

YX: Ok. Then we sailed to Blyth. Is this the first time you've been to Blyth?

Trainee D: Yeah, it's the first time I've been in that area. I have to Newcastle before when I was really really young. It was my first time to be in that kind of small area (in England). So when we arrived there, I was like "Oh, I haven't been here before."

YX: So how was your experience in Blyth harbour, we have the crew parade, crew party, and some leisure time.../

Trainee D: I think the first time when I saw the land, everyone was just so excited.

YX: You saw the land? [Laugh]

Trainee D: [Laugh] yeah, I was so happy, I was like "Oh my god, YES!" That was such a relief, I felt it was so nice to see the land, and know that we would have the shower, that kind of feeling. I didn't realize how strict they are gonna be to that they made us line up to make sure our passports are 100% correct. I didn't realize it's gonna be that strict. And I thought the parade was really good, the mice and the chef thing was really good, and I think look back at the photos, I think it was really well done, we had the ropes and the wingspans and the chef costume. It was very good. I think it was funny because the group in front of us, they were like really really serious, they were just like marched along. [Laugh] They were like marched along and they had the uniforms on and they were really like seriously walking. And I was like "God, look at us, we look so silly compared to them!"

YX: Have you shown some people around of some British cultures?

Trainee D: Yes, but the guys I have been walking along with, I had to stick my hand out at one point and said "Guys, remember the cars are driving on the different side." Because they (the Swedes) are naturally look at the right side and then left.

YX: So their traffic regulation is different from us?

Trainee D: yeah. We drive on the left side of the road in England and in Ireland, but I know in Sweden they drive on the right side of the road. So when we crossed the road, everyone looked at the wrong way, I was like "NO~ stop!" And some of them, they are like the first time in England so they want to try different candies and chocolates and stuff. I was like "Oh, yeah~ I can show everyone the best stuff." For example, Trainee P was so enthusiastic, she was like "I need to try absolutely everything." And I was like "Ok, all right." So when we went to the shop, she basically just took one of everything, and I was like "You are really really adventurous." And then when she came back and tried some of them. She said "This one is disgusting!" I said "I did try to warn you but you wanted to try everything, so ~" But it was really good to be in Blyth because like all our clothes were really smelly so when we knew there was laundry I was like "YES!" And then got the shower as well. Er... so that would probably a 9.

[00:18:10]

YX: Yeah. Then how do you feel the second voyage?

Trainee D: That was the race, wasn't it? I was kind of excited but kind of nervous at the same time meeting new people. Because we've seen on the parade, they had this grape for the new trainees coming in. So we knew that looking around, some of them are going to be on our boat. Then I met Trainee H, he recognized / I feel like I don't have a very strong Irish accent but when was speaking to Trainee P once "Do you think I have an Irish accent?" She said "Yes!" I was like "Oh, Ok." So Trainee H came and told me "I can tell you are from Northern Ireland." I was like "Oh, OK." So it was nice to have someone who was also from the same area as me. He lives in a completely different area from Trainee E, so it's nice to have someone from the same country there. And some of the English trainees came on, they were much older than me. They were like into their 20s. They were really nice but I found it hard to find common grounds with them because I was only 18 at that time. But I think it was so nice to have new people on the boat because it's not that we were sick of each other, but we've heard of everyone's stories so we knew what's happening. So it was nice to have new people on board. ... Er... I think the second half you can tell that, Sea staff K especially was like have a serious face on because when we are getting there, he's like steer the boat a lot. He was happy enough to take over, you know, when it was the first half of the voyage, when you fall over he was happy to fix it. But when it comes to the race, he was like "No one's allowed to touch it."

YX: Who?

Trainee D: Sea staff K. So you can tell he really wanted to win. And then Sea staff J, our watch leader, he was upset during the entire race, he said "We really like to win!" I think we got this call thing (from the ship radio) to say we are number overall, they were like having this celebration about it. So you can tell all the crew have done their 100% forward to win this. They got really really competitive. And even the stuff they were doing to learn the boat and ropes, even during the watch they became very competitive. We have 4 girls and 4 boys in our watch and we were doing this rope safari on each side of the boat to see who can do it faster. I've never seen Sea staff J been so competitive, he was like jumping back and forward and making sure everything is right. He was so determined to/ even though it doesn't really matter who won because we were in the same watch/ but he's like "No, I want this to win, I want this to win!" I was like "Er... calm down, please just sit down." [laugh] So he became so competitive which I think it kind of makes things a bit more interesting because sometimes when there's really nothing to do, you need to do something to fill the time, especially when you are getting tired it's a good way to kind of wake you up and keep you motivated before you go to bed. And I think on the way back we were tacking more, turning the boat more, doing a lot more than we were on the way to Blyth. So I think it was good that we got to experience more in the second half of the voyage. Because the first half was very relaxed basically but the second half was like "Ok, we need to jibe." "We need to really quickly do this, really efficiently." I think the crew were really good at keeping us in order because they knew exactly what's going on so they were like "Don't touch that until I said that!" So I got like "Ok, don't touch it." So I think the second half was definitely a lot more excited than the first half because there were just so much more going on. And crossing the finishing line was really big as well. So there were so much more going on which made it more interesting.

[00:23:00]

YX: Then how do you think the experience in the Gothenburg harbour then?

Trainee D: I think we went to an island first, I think it was nice not to go to Gothenburg straight away so that we got to see a bit more of the little island. Trainee P said she had been there before so that she showed me around. I thought it was nice to get a break before you go back to the Gothenburg harbour, it was nice to see around the different things. And then we spent an afternoon by the big castle. Everyone was so relaxed to get off the boat because during the race we were so stressful. So it was nice to have a day to just sit down and relax which is good. And then on the way we were going back from the island to Gothenburg, I like how the crew were just “OK, you can just take over the boat, control it.” We know the race is finished, they let us steer the boat, put someone in charge, I think that was good. Because that was actually show off how much we had actually learned. I was surprised that I actually managed to routine so much information because you do forget what they say because all the stuff was in Swedish, I was like “I can’t remember this.” But everyone was helpful because someone would just point the right direction if I feel confused what should I do. So I think it was fun getting the sail back to the Gothenburg harbour to let the trainees show off what we have learned. I think it was a good way of finishing off the trip definitely. And then I remember the parade in Gothenburg, we had the big long rope, everyone was holding on that. But I think the weather was so warm and everyone was just so tired before we got half way, everyone was just exhausted midway. I didn’t expect how big is this event was going to be in a sense because I remember especially in Gothenburg, they close all the roads just for us to walk along, I got this is really a huge huge thing. So I think this is like so so big, they are closing the roads for us. That is BIG. I think the free time in Gothenburg was nice as well, because there were no tides in Gothenburg, so you don't need to worry about the gone-way fly up and down so you don’t really need many hands on the boat. You can just make sure you do your watch and then you can go half a day doing something which is so nice. ... That was probably a 10 because that parade I thought was so good because I realized how big the whole thing really was in the end.

[00:27:00]

YX: Yeah. I also remember Trainee P showed you around Gothenburg and introduced you some Swedish candies.

Trainee D: And that was when we had the cray fish party.

YX: Yeah, after the crayfish party.

Trainee D: I wasn’t a big fan of that.

YX: You weren’t a big fan of that?

Trainee D: No. I don't know. Trainee P told me that “This is the crayfish.” I was like “Er... No.” “You have to try it!” “Er... No.”

YX: So you didn’t try that?

Trainee D: I did, I did try a little bit of it. I didn’t even know where to begin. “Where do you begin to eat this?” Trainee P then did it for me. “You must try it, this is really good!” I was like “Oh, this is absolutely disgusting!” I tried a bit and “This tastes like salt, and no, I don’t like it.” She is like “You have to like it!” “I’m sorry, I

have tried my best, but I don't like this crayfish." But I still have the hat we had at the crayfish party, and the lanterns, I have those in my room on the wall. So even though I didn't try the crayfish but I did try to keep it in my memory. But I didn't like crayfish.

YX: So you don't like the food but you like the other elements of that celebration?

Trainee D: Yeah. I thought it was very nice that the Swedish trainees got these for us English and Irish people because we never had it before. So I think it was really nice that they spent their own money/ like they didn't have to do it, but did do it/ which was very nice. Because they thought we'd never experienced this before, so I think their hearts were really sweet. So even though I didn't like the crayfish, I did appreciate the offer bit.

[00:28:30]

YX: Then how do you feel saying goodbye to everyone when it comes to the .../

Trainee D: Aweeee... that was so sad, I don't want to leave. I don't want to leave because I knew once I leave, I had to go straight back to my school. So I was like "Em... OK..." I just thought in just two weeks, it's so strange how close you became with people because you see them every single day 24/7. I think that was the big thing. I think going home and realizing you don't have to be woken up and to do something. Because in my house there's only me and my mum and dad, so it's always so quiet. But when you were on the ship, there were always some weird conversations going on so that you can join into. So I think it is the most difficult thing for me like when I knew when I go home, it will be so much quieter. So the first I do when I go home, I woke up the next morning, mum and dad went to work so that I was in the house and it was SO quiet. It's quite to adjust to it almost. Because we do get quite close to people I was like "I don't want to leave!" I was so jealous because a lot of them were living so close to each other in Gothenburg, they didn't really realize until now (approaching the end of the voyage). Because they could meet up quite easily, maybe half an hour bus. But for me it's like across the sea which is like very sad. I think it was really generous when I told Trainee P, I need to print my boarding pass but there was no way I could print them, Trainee P let me sent to her dad and her dad printed it for me. He dad even took me to the airport, so I got to meet her dad, he was really, really nice and he gave me a lift to the airport. It was kind of out their way but they did it out of kind which was really sweet. Then we got to the airport, her mum works in the lounge and she let me sitting there until my flight. I was like "Gosh, this is such a sweet family, I feel so bad to say goodbye to them!"

[00:30:40]

YX: Her mum made you some lunch?

Trainee D: Her mum works at the airport so that she owns a private lounge room where you can sit down before your flight. So once I checked in, I got to go in and sit down there which I thought was so sweet. Because usually you need to pay for it. "No, don't worry about it, just sit here." I just felt this was so nice! But even saying goodbye to Trainee P, because she's definitely one of the persons I became closest to on the ship. I was saying goodbye to her for 10 minutes, her dad was like "We have to go." And Trainee P's like "No, we're gonna stay here." So I think it was like the

hardest thing to say goodbye to her. And Trainee Q, I was close to her as well. So I think it was really really said to say goodbye to people on the ship.

YX: Then how would you score this experience? Would you say it's quite low?

Trainee D: yeah. It was like a two. It was because I felt the disadvantage. Well, I can easily go and see Trainee H, but I wasn't as close to him as I was to Trainee P or Trainee Q. But me and Trainee P made sure we would meet again, and we do talk every day, but it wasn't like the same as meeting someone in person which I thought would be nice. So hopefully this summer I'll go sailing and see her again which I think will be very nice. But saying goodbye was the hardest part of the trip. Even harder than getting on the trip. Because it's like "I'll never see these people again."

YX: Did you manage to add a few people on Facebook actually?

Trainee D: Yeah, I think the majority of us were quite good. We all added each other on Facebook or Instagram and Snapchat. Even though that hasn't been such a good way to stay in contact with people. I talked to Trainee Q on Snapchat, she sent me things, I think she's away on some trip so that she sent me a few photographs, and obviously I talk to Trainee P every day. And as I said I have them on Facebook so you can always see what they are up to, see what interesting things they are doing. And I feel like I'm not doing anything really at the moments. But like Trainee P is always going around cafe and stuff, she always sending me nice photos with very nice Fika, I'm like "Stop it! Stop it!" So she always sent me a lot of pictures, cakes and breads.

[00:33:23]

YX: So you mainly kept in touch with Trainee P and Trainee Q?

Trainee D: Yeah, Trainee Q was like the old time but Trainee P would be like every sing day. We talk every day on Snapchat since the trip, which has been really nice. Especially when I'm at home, it can be quiet just being by myself, so I just like to talk to her. We even had skyped a few times which is really nice. Because when I'm texting her, I forgot she had Swedish accent, so that when we skype and she spoke, and I was like "Oh my god! Swedish accent, I forgot this." On my birthday, she skyped me and I answered it. She started singing Happy Birthday in Swedish but I didn't know that she was singing happy birthday because she didn't announce what she was doing. And then she had the blooms up in the background, they were still in her room until last week they practically needed to flay up the ash, she said "I had to take your birthday blooms down." "It's Ok, it's Ok, they have been there for almost six months. They've had a good run."

YX: That was so sweet.

Trainee D: That was really nice especially my mum and dad were both away at that time. So I said "Oh, I'm home alone on my birthday." Trainee P was like "I'm gonna skype you, it's gonna be brilliant." I said "Yes!" So it was really nice to talk to her about that. I mean we've also skype because she's done a lot of English projects as well. She did one on the election of Trump, she had a big presentation on that, but it had to be in English so she sent me her PPT and she was like "Does this sound right?" "Is this good English?" I was like "You need to change this and change that." So that I helped her a lot with that. And obviously she's sending me texts asking me

about her religious classes, she asked me about my school and religion which I'm quite happy to talk about. She asked me "What happened in your school?" So she asked me a lot of questions about then she wrote stuff on that. And then she was sending me this little message "Don't worry, you are fully credited on this." I was like "No, it's ok, I don't have to be credited on it." She's like asking me all the time "Am I saying this right?" I'm like "Yes!" And sometimes when we were chatting very late at night and she got really tired, her English will make absolutely no sense. I will be like "Er... What? What do you want to say?" She will be like "I don't know~ I will talk to you in the morning." Because she got up at 6:15 in the morning while I'm not even functional at 7:30, so she's like so tired when it got to 10 o'clock her time. That would be 9 o'clock my time, so I'm like awake, she had to go to bed.

[00:36:45]

YX: And you also kind of kept in touch with Trainee Q for a while?

Trainee D: Yeah, sometimes she goes for some trips and she sent me some photos of where she is, that's always very pretty. I'm like so jealous. And she knew that I had a surgery so when I was in the hospital, she sent me a picture to wish me get well soon! I thought that was so sweet because she didn't have to do that but she did that. So I think out of all the trainees, the one I talked to the most will be Trainee P, and a little bit of time will be Trainee Q. And then I just see the others on Facebook but I didn't talk to them as much. I wish I could. Well, it would be nice to talk to everyone all the time, but we have other things to do and you just keep updated their information.

YX: Do you remember what the last time you talked to Trainee Q was?

Trainee D: It was the past Friday or Saturday, she sent me a picture of where she was, with nice trainers. I think she was with her family or something. I think it's always nice to get those pictures, it's so pretty over Sweden. Yeah, it was nice to keep in contact with some of them.

YX: Then how would you feel the whole thing of the online contact and Facebook connections and .../

Trainee D: I think it's probably a 6.5 because it's nice that I'm still talking to Trainee P, obviously ideally I would like to talk to everyone, but I know that that wouldn't be possible. I'm really glad that I have kept in touch with Trainee P because it's always nice to have someone like that but I think at the same time, I'd like to talk to Trainee Q all the time or Sea Staff E. And even randomly seeing Trainee H in Northern Ireland last time in the sailing club last weekend. I was like "Oh my god, hello! What are you doing here?" "I'm on my sailing course." "All right!" I think Ireland is so small, you can bump into people by chance. So I think it's good that way. I think keeping in contact with people in Sweden was definitely harder but I like that keeping in contact with Trainee P for a long time.

[00:40:00]

YX: And you also mentioned you've exchanged some gifts during Christmas. Can you say a bit more about that?

Trainee D: yeah, for my birthday, she sent me a little card, and some Swedish sweets and stuff; at Christmas, she sent me like same kind of stuff really, Swedish candies and chocolates, with a piece of paper with loads of random Swedish stuff on

it. I put it up in my room on the wall. And she sent me potatoes as well. She also sent me those awful ones (salted candies), I don't even know why she sent those. But then I brought them to the school and said "Guys, you should try these, they are so nice!" "Oh, where are they from?" "They are from Sweden, they are so good!" "Are you not gonna take one?" "Oh, no, I'm full." And then they had it, they were like "THIS IS DISGUSTING!" I was like "I know." [Laugh] And then for Christmas, I sent her a tea pot that I bought. Because I heard she didn't really make proper tea, I sent her a teapot, I sent her the sweets that she bought in England, and she liked, with a card in it. So it was something similar. But it was nice to get it because even though you kind of know what you are going to get from the post, it's gonna be still really really interesting to guess what's gonna be in it.

YX: So she was planning to come last January, and you planned it for actually a long time.

Trainee D: yeah, we planned it for ages. It is hard because she really wanted to come to my school, so I said if you want to come to the school, then you can come and join us this week. And then when she booked the flight, the flight was really really expensive, it was getting back and forth for her, she couldn't fly here directly. She was like "What am I going to do?" I was like "You actually have your rest of the life to come to Ireland, I'm not going anywhere, just relax!" Then hopefully I go over this summer to see her. And maybe before I go to university in September, maybe she can come and visit in September. She really wants to come, especially when I sent her the pictures. She's like "I want to go there, and there~" "I really want to come over!"

[00:43:22]

YX: So you were planning to go for the tall ship sailing again this summer?

Trainee D: yeah.

YX: What about her?

Trainee D: I think she wanted to do the tall ships again but she couldn't go with the same company that I did. She had an interview but she hadn't heard from it yet. I hope she does go. If we go to the tall ship (sailing together again), it will be better so that we can stay for two weeks.

YX: So you have decided to go? You have applied already.

Trainee D: Yeah. Which is good. I think she wants to go. I'm like "Well, if you do go, please tell me!" If she heard back from the interview and she can go, she and me may not be on the same boat, but even if we can meet in the dock it will be very nice.

YX: So which ship are you going to be on?

Trainee D: I'll be back on Vega [Laugh].

YX: Vega? Oh really?!

Trainee D: Yeah. I really want to, I just really want to go back for another voyage.

YX: Is this voyage also going to be an exchange or?

Trainee D: No, this one is just like/ I think obviously there will still be people from Sweden and England, it will be a good mix of people as the last time. I don't really

mind because I really enjoyed the last one. When I was talking to my mum, she told me “No, it’s not going to be as good as the first time you do it.” I was like “I know that but I really want to go back and do it again.” I know it will never like the first time you do it, I feel it’s Ok, I’ll just go and have a good time.

[00:45:30]

YX: When you mention your mum, it reminds me last time you mentioned your mum would notice some of your change after the voyage. Did she?

Trainee D: yeah, well. When I came home, she noticed that/ I speak very fast normally, when I was in the school environment where everyone speaks in the same way, I naturally speak very fast. But everyone can understand me so it’s fine. When I got on the boat in Sweden, people like did not understand so I had to make a mental note to myself to say “S-l-o-w d-o-w-n ~” Trainee E was just like “blablabla...bibibi...” I can see the guys looking at me seeming like “What is he saying?” I will be like “I don’t know.” So I think that helped me to slow down speaking so that people can understand me. And then because I had to do it three weeks in a row, it stuck so well. When I got home, I was speaking kind of slowly and with less Irish accent./ So that my mum noticed that I speak a lot more slowly and more clearly. She’s like “If you can keep this till the rest of your life would be great.” And then (after) a week back to school, I back to the old speaking habit. My mum was like “Oh, what’s how long it lasted.” Apart from that, there wasn’t huge changes but it was the first time my mum and dad experienced home alone time because my sister is in the university. She’s like “It’s pretty good not having you here, we got a really good break.” I was like “Thank you!”

YX: Last time you mentioned because you used to be a picky person in terms of eating.

Trainee D: Oh, yeah. I’m bad at it. I think I’m still picky but not as bad (as I used to be). On the boat, because they only made a thing for each meal so you can either eat that or wait (for the next meal). So there was the same soup, we all hated it. I remember me and Trainee P looked through the window to see (we are going to eat today) and we would be like “Wuwu... not the soup again.” But because I was really hungry so it doesn’t really matter. Sometimes they served the food I was really skeptical and I don’t even know what’s the food called in Swedish. So I asked Trainee P what was that, she was like “Just eat it!” “Right, I will eat it.” After that, she told me what that was, I was like “I don’t like having stuff like that.” She then said “But you just ate it.” “All right, OK, I get your point.” But I think that has helped me become a bit better in terms of eating.

YX: So do you think this also helped you something later in life?

Trainee D: Yeah, I think so, I think it probably makes me more open-minded. For example about the food, if something doesn’t look good, I don’t feel like to try that. But I think it opens me up a bit more so that I kind of think if I don’t like it, it’s not the end of the world, it’s not gonna poison me. So I became a bit more adventurous, try to do things a bit more spontaneous.

[00:49:30]

YX: Then did you find anything you feel surprised about yourself in doing anything after the voyage?

Trainee D: Em... I wouldn't say that. I think I just became more confident especially in school. Because I got these girls who are really, really annoying at school, so when I told some of the girls in my class about the voyage, they were all like "Why would you go and do that?" "It's a bit silly. You had to get up early in the morning, you had to go to bed late at night." "There's no internet, no TV, why would you do something like that?" So usually if I heard something like that, I will be really embarrassed, but I was like "Oh, yeah, this is a really good trip! Why would I not do it?" I think I became less self-conscious about doing something, which is so different from my school. Because all the girls at my school they just want to go for holidays for two weeks in Greece or that kind of party place. But I would much rather do something like that (sail training) that they may think it really weird. But after the trip, I was like if they find it weird, I don't care, I enjoyed it so much! Why that matter how they think about it. So I think that is a big change really.

YX: So you used to care what they comment?

Trainee D: yeah, because of the self-consciousness. Because they all want to go out for parties and I'm like "I'd rather save money and go to do a tall ship voyage again." They felt that "That's so weird, why would you bother?" I'm like "Well, that's what you like while this is what you like." But we are in an all-girl school, I feel like it's kind of shame call out to say "I don't want to do that." I think that (voyage) kind of helped me (to think) "It's OK not to follow what everyone else is doing exactly." I think it's pretty good.

YX: So you used to feel a bit embarrassed but now you feel it's very good?

Trainee D: Yeah, I used to feel like I have to do what everyone else is doing. It's kind of following the social norm. But now I was like I'm going to do what I'd like to do. I don't care. So I think it helps me to be less self-conscious about what I'm doing and care less of what people think.

YX: That's very cool! Then after this voyage, have you ever joined any other cross-cultural activities or events?

Trainee D: We don't really have that kind of thing here, it is a really small city here so we haven't got many different cultures as well. But hopefully with the tall ship again this year, I will be able to go and see more cultures, which will be nice!

YX: And it's really nice that you have this conversation going on with Trainee P.

Trainee D: Yeah, oh, yeah, that's kind of the only kind of contact I have internationally with. But I have told some of the girls in my school about it. They are actually quite interested in this sometimes. They actually got really excited when she thought Trainee P would come over. "Oh, guys, I may hopefully have my Swedish friend come over in January, I don't know what's gonna work but can you please show your best behaviour and not be really really weird." Because one of them was like "Oh, can I do a really weird Swedish accent." I'm like "No, she's here as a guest!" So they were really excited and see what she's up to. Because especially our school runs so differently from what they do in Sweden. Trainee P sometimes

Snapchat me at 1 pm “Oh, I’m home.” But for us, it’s like we don’t get to leave from 9 to 15:30. So I think they would like to hear the cultural differences about the school.

[00:53: 46]

YX: So your friends at school got quite interested in.../

Trainee D: yeah, my small group of friends they would be like “Oh, that’s so weird, they can leave school so earlier, they have so much freedom compared to us.” And they got really excited and they were like “If she came here, you have to show her our school, you have to show her around.” I’m like “If she does come, yeah~” When I told them that she can’t come over, they are like “Oh, no!” I’m like “Sorry, it’s the way it is.” When I told them I would have this interview with you, they asked me “Are you going to show her around our school?” “I don’t think she has time for that.” “No, but I bet she wants to see our school.” “I don’t think she has time for that, guys!” “All right, it’s ok, it’s fine then.” They were really interested in you especially because of the big cultural difference. They were like “It’s crazy!”

YX: So on one hand they feel it’s crazy and on the other hand, they are quite interested as well.

Trainee D: Yeah, so the girls I’ve been quite close to at school were like “That’s very weird that they do this compare to we do this.” But there are mixed opinions among them but they’d like to hear the differences and comparisons.

YX: Do you think they would love to have a try, have a go in the future as well or they still feel quite hesitate to do this?

Trainee D: I don’t know, some of them like it in a sense but they still feel it very difficult. For example, I told them Trainee P was on 4 to 8 watch, woke up at 3:30 in the morning, getting ready (for the watch). They were like “No, I wouldn’t want to do that.” “Yeah, but if you get put in that watch, you have to do it.” So maybe like one or two would be more adventurous but overall I don’t think anyone else in my school would do that.

[00:55:55]

YX: It sounds like they feel a bit scared of some of the uncertainties there.

Trainee D: Yeah. The sports that are dominant here are Gaelic camogie, hurling, and football. They are like really Irish sports. So the majority people in this small area are from GAA which is like a sporting club. So it’s so dominant here. A lot of the sports (I mentioned above) are like all the money will go to them as the funding. My sport is like, you know, sailing isn’t a very Irish thing. My club doesn’t get much funding, like tennis isn’t very Irish (as well) so we didn’t get much money. So as horsing riding. So GAA is like very very dominant thing. If you start playing football at the age of 5, you will be playing that right up until university age, 18, 19. It’s so like in their DNA because it’s almost like if their parents do GAA sport and then they do GAA sports naturally. But I don’t know why our family don’t really do it. I think we just never get interested in it. We are like one of the few families in this village that don’t do any GAA sports at home. But obviously we have other things to do.

[00:58:18]

YX: You have been living in Northern Ireland and in some way also affected by Brexit. Can you tell me a bit more about that?

Trainee D: Yeah~ When we realized we are leaving the EU, I just finished my school exam and we were in Germany for a holiday. We just found we left, my mum and dad are both opticians, they own their own business so when they order glasses, they order all the fancy glasses from France, or Germany and all that kind of interesting mix. So when they found out we are leaving, they realized it's gonna change a lot of things because if you transport the stuff in European Union, it's easier to transport a hundred glasses over a reasonable price. But now we are not going to be in EU, they are gonna transport glasses with more expensive prices. EU also gave us so much money to rebuild Northern Ireland; I think half of the Titanic building was funded by EU. And all the farms around here are getting some sort of money from EU. Now they are leaving, they just don't know how it's gonna affect them. And I think that any of us, we don't know what's gonna happen until we really leave..... But I think whatever it happens, we should be able to manage it somehow.

[01:02:20]

YX: When we were on the ship, Trainee H also asked you about the Irish passport or something like that.

Trainee D: yeah, Irish passport is definitely necessary when we left. Everyone in Northern Ireland is basically like flew to the post office to get an Irish passport. And I think I need to get an Irish passport because of the airport security, otherwise you will have to wait for 5 hours on the airport. So the Irish passport is definitely demanding if we are leaving EU..... I think everyone in Northern Ireland who doesn't have an Irish passport will want to have an Irish passport.

[01:04:16]

YX: Have you discussed this with Trainee P.

Trainee D: Well, no, the only big discussion I have with Trainee P was Trump. She was doing her school project. At one point, I tried to explain to her Irish politics. I don't really understand fully myself, so I try to break it down to make it really simple. She's like "If you live in Northern Ireland, why Southern Irish people have the rights to your politics?" I was like "I don't know~" I think Northern Irish politics are so complicated so it's very hard to explain.

YX: Then if we have a look at these small questions here, which citizenship do you think you belong to?

I am a

A. Irish Citizen

We just had a conversation on this last Sunday, me, my mum and dad and my cousins were having dinner together. My dad asked, “Do you think if you are Irish or Northern Irish?” I said “Irish.” “But you are living in Northern Ireland.” I was like “Yeah, but this is like the identity crisis all over again.” Then my mum was born here so her parents and grandparents were Irish. And my dad has an Irish dad and a Dutch mother. He was born in England. But when someone asked me where I’m from. I would say Ireland before I say Northern Ireland. So I think I’m kind of an Irish citizen.

[01:07:00]

B. UK Resident

I’ve got a UK passport.

C. ___ Relevant

My dad was born and lived in England. His dad is Irish but his mum is Dutch. I wouldn’t say I’m relevant to Dutch because I was born and bred here so I would say I’m very Irish.

D. Particularly interested in Dutch

I’ve always been interested in Dutch because my grandmother was from the Netherland. She was born in the Netherland and she used to be able to speak Dutch but she stopped it when she got older. So I never got to learn very much about that. I know that my dad’s older sister used to learn Dutch because she was the child born so my granny used to teach her Dutch. So I would say I’m interested in the Dutch culture because I’ve never learnt much about that. So I was curious to see how she grow up and where she grow up. I think she lived at least 25 years in Holland but I never got the chance to ask her questions about that. I got to hear her family stories but I didn’t hear how she grew up and stuff like that. She was an artist. She painted all the plates over there. She was a really talented artist.

Ranking: A →B →D →C

[01:11:50]

YX: When you applied for this voyage, did you know this is an exchange program?

Trainee D: yeah, I think it was quite clear that type of thing. Because I was asked what passport I have when I applied, to tell what my citizen ship is. And then it was very clear in their advertisement this is an EU exchange voyage. When I got into the Facebook page, it was like “EU voyage exchange”. So I was pretty aware there would be a mixed culture type of thing.

YX: So do you apply it because of knowing it is an EU exchange program or is it because you are interested in this kind of sailing program?

Trainee D: Em... I'm really interested in meeting loads of different people but I would go for the sailing first because I know I'm gonna meet a lot of people on the voyage, I don't really mind where they came from. But sailing is really attractive thing across the North Sea and stuff like that. It's something you can write down like "Yes, I did that." But you do get to know so many different cultural backgrounds. So even though I look at sailing first, I still have it back in my head that I'm gonna meet so many different people along the way.

YX: Then if there's any chance for you to choose the nationalities on board, do you have any particular cultures you are interested?

Trainee D: Well I think I'm so biased towards Swedish people now because that was the first trip that I did. Because the majority of the crew were Swedish and they were just so friendly, they show me around, show me their culture and show me what they do. Especially Trainee P has been contacted me and told me what they do during the Christmas, they were like singing songs and dressed up and things like that. So I learnt about their culture and I know that I will never know that until I go on that trip. Because I never thought of going to travel to Sweden. But keeping contact with Trainee P let me learn so much more than I expected. So I think Swedish people are my biased choice if I go on another voyage.

[01:14:55]

YX: So you are particular interested in Swedish trainees?

Trainee D: Yeah.

YX: Is there any other .../

Trainee D: No, I'm not like hugely a cultural person, I don't go to a country for their culture which is really bad. My mum and dad were like "Oh, let's go to Germany and see all the roads." But I was like "No, let's go and just cycle."

YX: Then you also just mentioned you are interested in Dutch?

Trainee D: Yeah, I was hesitate then. I wouldn't really want to go to Holland, but I would like to ask my granny more questions about how she grew up.

YX: Just about her own experience?

Trainee D: Yeah, just her own experience. I wouldn't be interested in knowing huge amount of the culture there.

YX: You also mentioned you felt the crew members were quite nice.

Trainee D: Yeah. I think that's what made me feel very comfortable on the boat. No one was very judging, everyone was kind of accepted. Everyone was just so open with each other.

YX: And how would you describe the relationship between the crew and the trainees?

Trainee D: I think it was a very good relationship especially for our watch, we had Sea staff J as out watch leader. He's always really optimistic, positive, and kind of funny. He's always very good at making sure that we knew what we were doing, and making sure we don't get left out..... There are so many times that Trainee Q and Trainee P started to speak to me in Swedish and then they realized "Oh, sorry!" So I think it was quite nice that they forget almost there was a boundary between the

languages. They forgot that I couldn't speak Swedish. I sometimes did feel bad that I felt they were forced to speak English, which is not their first language. But they always say they don't really mind speaking English. So I think that was good.

YX: So would you think the trainee and crew members were more like teacher and student; boss and staff; or .../

Trainee D: I'd say it's more like kind of/ I wouldn't say we are like teacher-student, we got on well but there was boundary. They sat in different areas from us, even when we went out for that meal on the island, they didn't sit with us, which I thought is fair enough. Because we are not like friends. I think it's like teacher-student but a bit more relax. We don't have to call them sir or miss.

YX: Do you think the crew members were trying to facilitate the cross-cultural communication on the ship or do you think they focused more on sailing itself?

Trainee D: I think they mostly focused on sailing. Since we were doing a race, I think the crew were very focused on sailing while the trainees were learning about each other more. Because we had more free time to do that. Because the crew are in charge of the entire boat, if anything goes wrong, they need to fix it. So I think the trainee crew were more focused on the actual talking and getting to know each other while the crew were more like this is the race, we want to win, let's go!

[01:21:10]

YX: Then as you mentioned here the trainees were good at coming up with ideas about the cross-cultural activities and some discussions.

Trainee D: yeah. I think the big one is that when I showed them my uniform, they were like "This is so weird." I think because we are so culturally different from where I grow up. Even Trainee H lives an hour and half away from me, and he leads a completely different life to me. And that's only an hour and a half on the road. So I think I can notice there are so many differences between me and Trainee H and the Swedish trainees. There are so much to talk about, even when we got off the boat. So looking back on it, there was a very heavy bias towards the trainees talking about each other's' backgrounds and where we came from. Because I thought I live in such a small country no one's gonna take any interest where I'm from but actually everyone was very interested. Even we've got the white board to show the difference, where Trainee E live, where Trainee H lives, and where I live. So I think our country being so small actually attracted so much interest, I was so shocked by everyone's interest in our country. "But you guys live in such a cool country, you got free of everything". They are like "We haven't heard about you that much." I found myself like "God, I've never spoken to anyone about this before." Everyone from Sweden wants to know how my school worked, you know, like what sports we do which I thought was interesting.

[01:23:23]

YX: And sometimes you were trying to teach them some Irish dancing and leading some exercises.

Trainee D: I think here in where I live, Irish dancing is quite cultural to do Irish dancing. I was forced to do it. A lot of girls do Irish dancing, they go to big competitions and stuff like that. But I think it's more popular in the south of Ireland

but it's still hugely popular here. There is a huge competition during the Easter. The world's best Irish dancers head up to Belfast. I have Irish dancing that kind of thing in my head but I never think that I'll come up with a conversation on the boat. Obviously, they were asking about it, I was like "Oh my god, I have absolutely no idea" but I managed to put my fingers together.

YX: how do you feel this kind of cross-cultural interactions can happen on the ship?

Trainee D: I think I was a bit shocked of the system. I've never been anywhere exciting almost. That was my first time in Sweden, on any holiday I've gone to, it's been like everyone speaks English and all the stuff is in English. But this was completely like cultural shock, you know different languages being around. So I think learning about the trainees almost made me think I was living inside a bubble maybe. Because here is so Irish, there's very few cultures in this small village. So I think getting on the boat made me realize this part of Ireland has this kind of accent and that part has that, so it's much more to my world than just this small village.

YX: So it's exciting for you to have all these things?

Trainee D: Yeah, I think it opens me up a bit more, maybe there's more life than a few shape.

YX: What do you think if all the things were led by the crew members or the mentors, which way would you prefer?

Trainee D: I really liked how the trainees were doing it. I think we were really good. I think the crew member won't very focus on the whole EU thing. They won't take as big interest as the trainees were. I mean they were still very sociable, but I feel like it was mostly run by the trainees, getting to know each other through the different backgrounds. But I don't know if it will make a huge difference if it was run by the crew.

YX: Some people would prefer activities led by the trainees because they felt if it was led by the crew or the mentor, it will make them feel .../

Trainee D: yeah, I can see where that's coming from. I think it was good that was done by the trainees. Because there was no leader, everyone was kind of open with their opinion. No one's like "Ok, now you stopping talking; now you talk." I think if had been that, it would be more like a lesson. Well, they teach us how to sail, but I think having that just with the trainee crew was good because there was no boundary. Everyone was like quite happy to talk, to express their opinion freely. There was no age boundary.

YX: Then most of the people on the ship are European, do you think my presence on the ship as an Asian people has an impact or something?

Trainee D: I think it was good, I actually learnt so much when you had the oil painting. The calligraphy. You were showing us how to do all the things. I thought it was so cool because it looked so easy when you did it, and you did it so perfectly and when I do it, it feels like a 4-year old girl. Things like that was interesting. And you showed us how to do it with the paint brush on the little red paper with names on it. I think it was so good because it wasn't very strong European culture but I still get to learn about your culture, and show us how to do all the writing and you know when you asked us about our languages compared to yours. I think it did add more to the

boat. It wasn't EU exchange, but it's still nice to learn even more cultural stuff. Your drawing was so good!

[01:30:00]

YX: Oh, that's sweet. That's nice. So do you think if it will make a big difference if it is an exchange between Asian and Western trainees?

Trainee D: Maybe learn a bit more of each other's culture. I think European culture is a bit similar in some ways, maybe compared to yours. But I think having Asian people wouldn't make a big difference.

YX: Then have you ever been surprised by yourself during the voyage? Have you done anything that made you think "I've never thought I could do this."?

Trainee D: I think even having the confidence trying to learn Swedish, to learn different language and stuff. You know when you say something wrong, they started laughing. I still have all those notes posted in my room. I think that's good to have. And climbing as well, I'm not afraid of heights. But I think once we got on the top up on the sail, I never thought in a millionaire I would do something like that. Like I wouldn't be afraid of doing that, but I just never thought I would be on a big boat even though I've been doing sailing.

YX: Right. Then have you made any friends on the ship that you never thought of making friends like this?

Trainee D: Well, no. But when I got on the ship, I haven't thought after going home I will talk to them that much. Like Trainee P and I are very different people, we like completely different things. She's very into Yoga, drinking tea and I'm completely different. Looking back onto it, I never thought I will be keep in contact with them. I never thought I would come home with a permanent contact. I thought I would just come home with a few friends on Facebook.

[01:33: 25]

YX: You are still in touch with Trainee P while some people just stopped contacting anyone because they just felt it difficult to keep in touch with.

Trainee D: Yeah, I think the main motivation for me and Trainee P to keep in touch was the opportunity to see each other. I think that's what helped us keep in contact. I know that some of the guys live very close to each other in Sweden, that was actually easier. Like one point Trainee P came across to Trainee Z and Trainee N. I just don't have the opportunity to do that here. Even more, I never thought I would come home with a permanent contact. I thought we would keep in contact for a week but afterwards we drift away. But actually I've been talking to Trainee P for six months. Oh my god! We are still really good friends. I think this is really good to have but I never thought that would happen. I never had something like that happened before.

YX: Then when we look back at the 2-week voyage, we were kind of locked on the ship with the same group of people. What would you appreciate the most and what would you complain?

Trainee D: I think the thing I love (when I was on the ship) is that no one judged any one. Because in my school, the all-girl school, everyone is kind of judging someone does something. Like "Oh, look at her." You were stuck on the boat for two weeks,

you think about what we are going to talk about for two weeks, but actually we were talking about really random stuff. Everyone is just so easy to talk to, no one was really closed off. Everyone wants to join the conversation, even if when we were playing the games. There was one guy brought the dices to play the games with, everyone wants to play; everyone was sitting down and join in. The only thing I would really sad is that I wish there could have been shower on the boat. That would be nice. Getting to Blyth and realized we haven't had shower for around 5 days is a wee bit disgusting. When I got back to school and told my schoolmates. They were like "Don't you have shower on the boat?" I was like "You couldn't!" "So you didn't have shower for six days!?" That's absolutely disgusting." And maybe another toilet would be nice because there were only two toilets. But overall, I think no one judges, everyone was just so open. No one was really bossy which is really nice.

[01:36:40]

YX: Then what about the social media thing? We've got no signal and wifi on the ship during the voyage. How do you think the influence on cross-cultural communication?

Trainee D: I think it stopped naturally checking your phone, you know, if you are having a conversation with someone, you always have your phone on hand. It was the first time I learned that just leaving my phone on my bed. Usually I always have my phone with me, I always check. ... I think took the pressure of social media off, you don't need to live through your phone, you can talk to someone face to face. I think it also stopped people from (being) anti-social. You know on the first day everyone was a bit nervous, being on their phones to avoid any confrontation, but I think having no signal, no television, no wifi, it helps people to socialize instead of sitting in the corner being anti-social which is really good. I think it was really a good detox. You know there was no signal 24/7 on the ship, you don't want to even try it. So just leave your phone downstairs.

[01:38:28]

YX: Thank you very much. Your response is very helpful. Is there anything you would like to add or you would like to ask me?

Trainee D: No at the moment.

YX: Is it possible that I can take a picture of the things Trainee P sent to you?

Trainee D: Oh, yeah, I will show you!

YX: Thank you very much!

13) Follow-up interview 13: With Trainee H in the UK, April 07th 2017

Participant: Trainee H

Date: 2017/04/07

Venue: Trainee H's home, Northern Ireland

Time: 6:54 pm

I gave the interview introduction and handed out the information sheet and consent form for Trainee H to read and to sign.

[00:02:36]

YX: I think the first thing I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to apply the Exchange Program application, I remember you got the information about this sail training program at the very last minute.

TRAINEE H: Yes, I was rushing to fill all the forms and everything.

YX: And how would you feel the whole experience of the application process?

TRAINEE H: It was generally very good. Yeah.

YX: If the scale ranges from zero to ten, how would you score your happiness and satisfaction?

TRAINEE H: It would be 8.

YX: And then it comes to the date you joined the voyage. How did you get to the ship?

TRAINEE H: So from Northern Ireland, my dad and I drove to the Republic of Ireland, then we took a ferry to Scotland and then Northeast England. Then we drove across to Newcastle. It took like half a day.

YX: So your father actually went there with you.

TRAINEE H: Yes. He drove me all the way there and all the way back. It was challenging for him because he needed to get to the return ferry. Because in Blyth, the traffic was very bad almost the city centre because of the tall ship event. So that made it very challenging.

[00:05:42]

YX: Alright, so how did you feel when you were on the car of your father, about to start your first tall ship voyage?

TRAINEE H: I guess I got slight nervous at the moment, but honestly fun will be just fun! Exciting!

YX: Then how would you score it at this stage?

TRAINEE H: At this stage, I would say 7. It was just (because) the drive was a bit long. There wasn't any really problems.

YX: So did your father see the ship there?

TRAINEE H: yes, he saw the ship, he went on board to speak to my watch leader Sea staff J.

YX: So how did you feel when you firstly get on board?

TRAINEE H: Well, everyone was very welcoming. Everyone was coming to say “Hi” and “Hello”. I could remember no one’s name but [Laugh]... the first couple of days were quite strange because everyone general had gone from Gothenburg to Blyth, I joined in the last leg. So everyone (else) knew each other quite well. For a couple of days I was really feeling that but on the third day, I felt pretty good.

YX: So how would you day your general feeling in the first half an hour on the ship?

TRAINEE H: Half an hour? I think my first half an hour was getting on board, getting my bed sorted and all that. I think I was talking a bit with the Northern Irish people and a bit to the Swedish people. It was kind of strange because I really thought I’m going to out of blue but I just realized there are other Northern Irish people. I was like “WHAT?” So I think that would be an 8.

[00:08: 40]

YX: What about the first two days, before you get very home to that ship?

TRAINEE H: First two days, first day I think I came on board, it was just a relaxing day. I came the day before the crew parade or after the crew parade. I think it was good that we stayed in the port for two days, but by that time, I was really... on the first day, it was kind of strange, I was just making my way to all around the ship to just get to everywhere, like where are all the ropes, how many sails there are. But the second day... Oh the first night I remember I was sleeping against the side of the ship, that was kind of strange with the water slashing and the bed was a bit funny but I guess that’s always the case.

YX: How was the feeling communicate with the people there?

TRAINEE H: Communication on the first day, I was generally getting to know everyone on the first day and I was just finding out where everyone was from. Generally, it was very BASIC communication and just getting to know each other. The general feeling of the first two days, to sum up with one word, I think I was just relaxing into it.

YX: Relaxing to it.

TRAINEE H: Yeah, just getting used to everything. By the end of the second day, I was feeling good.

YX: How would you score it?

TRAINEE H: 8, I guess.

YX: Then how did you feel when you got close to people there?

TRAINEE H: Oh, yes, as I said in my last interview, the privacy goes out of the window. But no, I got used to it.

YX: Then what about the relationship with other trainees?

TRAINEE H: I think I got especially close to Trainee M because I found he was the only one with me under 18. So... I got along with him very well. Yeah.

[00:12:20]

YX: Then how do you feel making friends with people?

TRAINEE H: It was quite special because no one else on the ship was at my age that I could chat with. How I feel that? I would say a 9 because it was really special 70% of the trainees are from Swedish. This Swedish guy who has the same general ideas with me.

YX: So you feel it quite special. How do you feel the voyage from Blyth to Gothenburg then?

TRAINEE H: Blyth to Gothenburg, well, I think then you are on watches, generally a couple of people on one watch are always sleeping (while I'm on my watch). But I watch was very good, Sea staff J was a very good watch leader as well. He was a lot of fun. The watch was fun. It's also very educational.

YX: What do you mean by very educational?

TRAINEE H: Very educational. Well, we all wanted to know what was happening in the boat at the moment and what rope is for what.

YX: So you are very motivate to learn more about sailing.

TRAINEE H: Yes!

YX: What about people's interactions with each other on the ship? You have a mixed group with Swedish, Irish and British.

TRAINEE H: Yeah, I think it was very mixed.

YX: And you have some spare time, people may play with each other.

TRAINEE H: Yeah, I think it was mostly chatting. Because we were all so different, it's nice to chat and to learn more about other cultures.

YX: Then how would you score this voyage from Blyth to Gothenburg?

TRAINEE H: a 9.

[00:16:00]

YX: Do you remember the experience in the harbour of Gothenburg?

TRAINEE H: YES!

YX: Is this the first time you've been to Sweden?

TRAINEE H: It was quite amazing. I remember the harbour was quite sizable but I think it could, like I know some ports are absolutely massive, compared to Gothenburg. But Gothenburg harbour was quite nice.

YX: Then you joined the crew parade and crew party. The Swedish trainees also organized some crayfish party.

TRAINEE H: Yes, that was amazing, I remember the crayfish party, I especially remember the Swedish people conflicting about which part of the crayfish to eat. ...

It was FUN! And also it was good because I got to know people from other boats and stuff.

YX: Before we arrived in Gothenburg, we also went to an island.

TRAINEE H: We just won the race, and everyone was generally celebrating and glad to be back home I think. I remember we went to the grassy area and we had Fika on the grassy area. Everyone was happy.

YX: So how would you feel the end of this voyage, getting to the island, and Gothenburg?

TRAINEE H: Oh, also the whole docking process was quite interesting, especially they let down the small rescue boat for guiding the returning and mobility, and everyone was in charge of buoys to stop the pin scratching the harbour. Because I'm about to start a dingy instructor course very soon in a month. Because in a harbour a dingy just bump into the side but the big massive boat you need to be very careful when it's running against the harbour.

[00:20:06]

YX: So you kind of learned something from that. How would you give it a score?

TRAINEE H: Coming into the harbour. Let's say a 9. Oh, no, 5. Oh, I remember on the island the weather was amazing and it was at that point I climbed the rigging by myself. It was good. And I was able to go up to the top and actually viewed the whole town, it was amazing. So a 9.

YX: And then it's time to say goodbye to this journey and say goodbye to your new friends.

TRAINEE H: Yeah, it was quite sad. I gave everyone hugs and ... it was the day after the crew party I remember.

YX: How did you go back?

TRAINEE H: How did I go back? I went to the bus station in Gothenburg, I walked there and took the bus to the airport, and flew to Brussel airport. I remember Brussel airport because the shape of it is a U, it took about 25 minutes to half an hour from this end of the U to walk to the other terminal.

YX: How do you feel the final stage, saying goodbye to everyone and then going back home? You got a bit sad.

TRAINEE H: Yeah, it was, because we all got to know each other so well over the week. If we need to give it a score, I would give it a 1.

YX: Then have you been in touch with any of them?

TRAINEE H: I haven't really kept in touch, but I have been seeing people's post on social media.

YX: You've added each other on Facebook

TRAINEE H: Yeah, I followed people. I think it was nice because each time you see a picture of that person, you just remember the time back to this amazing trip, it warms me up the happiness.

[00:23:10]

YX: You were quite close to Trainee M on the boat, and would you feel it a pity that you are not in touch with each other?

TRAINEE H: yeah, I guess it is.

YX: You haven't kept in touch with other trainees. Is it because you don't have the motivation to do so, or it's just difficult to ...

TRAINEE H: I think it's just difficult, kind of. I think it was just a lot has happened after I got back, I was straight into school, and classes begin and I just kept going to school.

YX: Yeah, so it's just like you went back to the normal life.

TRAINEE H: Yeah.

YX: The which score will you give it in this stage after the voyage, you are not in touch with people but you can still see their posts and everything.

TRAINEE H: a 3 because I've been seeing them online. There are still some kind of connection there.

YX: Do you have any plan to go any future sail training voyage?

TRAINEE H: I would love to do it again. Yes, I would love to do it again. But I don't think I will be there next summer though. But I think I very want to do another tall ship sailing in the future.

YX: What makes you want to do it again?

TRAINEE H: It's just the experience of going away, because I have so many fun memories with Vega Gamleby. I remember each Fika, the coffee break between every single meal. And the cooks as well, just getting to know other people's culture as well. Interesting.

YX: Did you know there will be other nationalities when you applied for this?

TRAINEE H: I knew there would be quite a few other nationalities.

YX: Do you think if this give you any motivation to join this trip?

TRAINEE H: YEAH! Because I told myself it gave me insight into other people.

YX: So you kind of having this kind of curiosity about other cultures?

TRAINEE H: Yes.

YX: So what would you say if there's a chance for you to choose the nationalities that you will be sailing with.../

TRAINEE H: I honestly want to do it on Vega Gamleby again. The trainees, I think it doesn't matter. Anyone.

YX: Anyone? For example, would you prefer people from Europe, from South Africa, China?

TRAINEE H: I think one thing I would say is just be not all from my place. I want to get experience of what other people's places are like. So it doesn't matter where they are from.

YX: Just different from your place.

TRAINEE H: Yeah.

YX: Do you think it will make a very big difference if that's a kind of Western and Asian exchange?

TRAINEE H: I think it will make a difference culturally but I don't know really. I won't be able to say.

[00:28:20]

YX: Ok, then you know on the ship there are mainly European people, and I'm from China, do you think my presence on the ship has any impact on anything?

TRAINEE H: Well, I think because you are the only person from China on our ship, obviously we will get a general view of China, but I think you brought us a very positive view of China.

YX: Good to know that.

TRAINEE H: No, but I think it didn't make a major difference.

YX: So you think it's quite general.

TRAINEE H: En.

YX: Then do you feel yourself has any change after the voyage?

TRAINEE H: After the trip, I notice I was a very hard worker because I have been on lots of watches and doing that kind of stuff. Especially just after the voyage, I was working hard as such.

YX: So do you feel you work even harder?

TRAINEE H: Yeah!

YX: So you realize you can be an even hard worker.

TRAINEE H: Yeah. It is like a momentum from the sailing voyage.

YX: Then do you have any specific example?

[00:30:15]

TRAINEE H: yes, I remember just washing and doing the dishes for example, and I remember on the Vega there was just ... we were the 8-12 watch so we were tasked with washing dishes, I remember, that would be fun!

YX: that would be fun?

TRAINEE H: Well, it turned into fun games because there will be always music on the deck, we are always just joking around, persistently going ... we were giving each other positive criticism joking way.

YX: So it make you enjoy working more back home. And is there any other things, for example in terms of social?

TRAINEE H: Yeah, I think back here, I think I've definitely been more social and I notice that I was able to start up conversations with generally my friends. Because I remember we were there just be long period of silence between me and my friends

although we are still good friends. But we were just be... but we were able to keep conversation going longer and we were able to start up our conversations and I'm just generally a more social person. I go on phone a lot, but (the trip on) Vega Gamleby taught me not to go on phone that much because there was no internet. I remember there was may be some signal from Danmark or some islands we passing close by, but there was it. Oh, and I remember the oil field, whenever we passed the oil field. And I also remember all the stars, and the sky!

[00:33:00]

YX: Yeah, so you remember this kind of experience of not using phone on the ship, and you also kind of apply this to your daily life?

TRAINEE H: yes, I do. I do try to be more social and just keep conversation going.

YX: Does that mean before when you have a chat with your friends, you are easily brining up your phone or something like that?

TRAINEE H: Maybe, yeah.

YX: Does there any friend or your parents have noticed your change in any way?

TRAINEE H: My mum has notice I'm very hard working after the voyage. [Laugh]

YX: Oh, is there any specific moment she mentioned this?

TRAINEE H: I think it was with myself doing the dishes.

YX: Have you got any chance to be involved in any other cross-cultural activities after the voyage?

TRAINEE H: Not necessarily cross-cultural. I was up to be a committee member for the local youth group I go to, and I think it's good for me as well to be more social and being able to start conversation. That helps me. It's a Christian youth group so our general theme is some fun games and then the message of God after.

YX: So you are now a local youth group committee member.

TRAINEE H: Yeah, I'm a leader in it.

YX: A leader! So do you think if there's any impact from the voyage on this role in this committee?

TRAINEE H: Well, I think just being more social and starting up more conversations. It would be generally secondary school age children, so like 11 to 18 kind of age.

[00:36:03]

TRAINEE H: So this voyage has helped me make games more fun just by interacting with the youth group.

YX: Are you good at making games before?

TRAINEE H: Well, I haven't really tried before. But I think it has affected me being more socially able to start up conversations and stay what's happening.

YX: Then have you ever taken any leadership role before?

TRAINEE H: En, I have with sailing instructing, only as an assistant instructor, so I've been only leading small demonstrations of how to tack to the wind in dinghies. All that kind of stuff.

YX: Are you still doing this?

TRAINEE H: Yeah, I'm still doing this and I'm also planning to be a dinghy instructor over the next two months.

[00:38:40]

YX: And you mentioned you quite like the crew Sea staff J and the crew there. How would you describe the relationship between the crew and trainees?

TRAINEE H: The relationship was very respectful, I think the crew looked up to us as well.

YX: Would you think this is kind of teacher and student or boss and staff, or friends kind of things?

TRAINEE H: Yeah, I think it'd be kind of between teacher and friend. Because you really get to know your watch leader at the time. Because you are generally communicating with them and they are generally the crew member you got to know the most, and you certainly develop a stronger relationship with them than the others. I remember just being a friendship relationship in the harbour but kind of teacher at sea as well.

[00:40:18]

YX: Do you feel the crew member were trying to facilitate cross-cultural communication?

TRAINEE H: Yes, they did! I remember English was the main language spoken on board but there were often there might be Swedish, as I said there was about 70% Swedish on board. They try to speak English wherever possible.

YX: Is there anything else?

TRAINEE H: I think they split the Northern Irish up.

YX: Do you feel they are more focused on sailing or this kind of cross-cultural activity?

TRAINEE H: I think I've been more focused on sailing because that's automatically what they are doing. But I think they enjoyed. I think the cross-cultural thing just comes naturally. It's just a consequence of getting everyone on board. It almost happens naturally. Because I think by splitting people from different countries really challenges you to get to know how other countries work. And it really does.

YX: I noticed on the ship, the trainees spontaneously come up with some games or discussions. For example, some people will ask you about political issues as well, about Ireland and Northern Ireland.

TRAINEE H: [Laugh] It's very complicated.

YX: Yeah, people also discussed about Brexit.

TRAINEE H: Yes, especially with the guys from England as well. I think they were very interested in our views and we were very interested in their views as well.

[00:43:00]

YX: You feel things just happen naturally.

TRAINEE H: Yeah!

YX: How would you feel if the crew members or the mentors try to lead all the activities? Which way would you prefer?

TRAINEE H: I think if it was the watch leader did everything, it might become a bit stale.

YX: Do you mean to control the topic?

TRAINEE H: Yeah. So if the watch leader was leading everything, it might get a bit boring, but he would make sure everyone was included. When we were in the watch group, there was things like where each rope is, what each rope does. And also the navigation.

YX: So do you mean if it was the watch leader or the crewmembers lead this kind of cross-cultural activities, it can be a bit boring.

TRAINEE H: yeah, it can be. But in the first couple of days. They can drive communications and such.

[00:45:28]

YX: Some trainees also mention they prefer the way trainees do it themselves, otherwise they may feel being at school. How do you think this kind of view?

TRAINEE H: yes, yes, I think that's quite true because by the end of the voyage we were each going through the different ropes and masts, we were helping each other and remember where they are.

YX: You also mention the fact you were not using the phone during the voyage. Do you think it makes a difference?

TRAINEE H: Yes.

YX: And before the voyage, you went down south every summer to have holidays and the signal there is very bad.

TRAINEE H: Yes, there's like ... we would go to one place with wifi, but the wifi is rubbish there.

YX: Do you feel this kind of experience is similar or different from.../

TRAINEE H: Well, I think it's a wee similar in terms of not having your phone available. But I think it kind of helped me. The holiday down south is completely different from sailing across the North Sea.

YX: Then you feel this kind of social media detox also gave you some impact on your later life?

TRAINEE H: Yes! Because our relationship can be simply so close just on board the ship. Especially on the ship everyone is SO close together, you got to know each

other so well. Like if you go on a camp, people might split into their own wee bubbles pools. Everyone's together.

YX: So on the ship everyone's bubble has been broken.

TRAINEE H: Yeah! [Laugh]

YX: So being on a ship for a week, it's kind of being locked with the group of people. What would you say you appreciate the most?

TRAINEE H: Appreciate the most? Sailing. I think the just friendship between all the trainees, and all the crewmembers as well.

YX: Then what would you maybe complain a bit about?

TRAINEE H: No. I think it's just so good! I think especially the friendship was so important. How many of us were there? At least 30. Oh, I remember the counting, Trainee L was number 4, was it? "Where was number four?" [Laugh] I think I was number 17. Do you remember what number are you?

YX: I think I was... OH, I can't remember.

TRAINEE H: I think I was number 17. I don't know.

YX: Then looking back to the voyage, have you done anything made yourself very surprised about yourself during the voyage? Like "I've never thought I would do anything like this!"

TRAINEE H: Em... I don't really know, because I just threw myself on the boat and everything happened like that. And it's just amazing!

YX: What about the friend you made on the ship? Have you ever thought "I never thought I would make a friend with this kind of person"?

TRAINEE H: Yeah. I really did. Because you became friends with everyone. Like Sofia, I personally don't think I will become friends with because of personality.

[00:51:42]

YX: I also remember you and Trainee E was getting along. Steven always mistakenly mixed the place you are from.

TRAINEE H: Yeah. We have to say, you have to be very careful (if you were in Northern Ireland) [Laugh].

YX: When I interviewed some Swedish trainees, many of them said, "We never know the relationship between Ireland, Northern Ireland and the UK is like that. We got some political awareness or knowledge."

TRAINEE H: Well, it's good to have that knowledge because if you go up to the north of Ireland and you speak a lot about down south, you might put yourself in a difficult spot. And vice versa, if you speak a lot about up north when you are in down south.

YX: Let's now try to fill in this form then.

I am a

A. Northern Irish Citizen

I think I'm a citizen of Northern Ireland, I will never put I'm a citizen of Ireland or the UK. I would say I'm always from Northern Ireland. Because you need to be... when you are asked, "Where are you from?" If I say I'm from Ireland, or I'm from England, I'm from down south in the south of Ireland, it's ... It's just a safe place to say you are from here. Yeah.

[00:54:02]

B. UK Resident

I've got a British passport. So with the Brexit, with the people of Northern Ireland, if you were born in Northern Ireland, you can get an Irish passport, Republic of Ireland passport. I was actually born in Blyth, no, in Newcastle and I moved over here when I was one. My brother was born here so he can get an Irish passport as well as a UK passport. He hasn't got one yet, but he could.

[00:55:36]

C. Northern Ireland Relevant

I would say I was most definitely from Northern Ireland. All my mum's family and my dad's family are from England, and the reason we moved to Northern Ireland was because my dad got a very good job at the Queen's. I think I like Northern Ireland, I did. And I think one thing (I appreciate) is that it is so green compare to some of the England parts. If you go driving for ten minutes or something, you will come across the fields. Yeah, I like it.

[00:57:00]

D. Particularly interested in Germany

I've been to Germany. I think Germany was fascinating. Because it was my first .../ I've gone to different places with my family, like we've been to Italy, Spain and France. But it was with my family. To Germany, it was an exchange program. I went there a week with my school where I was only with my exchange partner at the end of the day, in the morning we had school. That was OK. But I went back for a week just with his family and that really exposed me to their culture. I think I'm particularly interested in Germany, yes.

Ranking: A →B →D →C

[00:58:50]

YX: You mentioned in the last interview, you mentioned the Germany trip is mainly a language exchange program. And the voyage gave the chance to interact with people from different countries on the ship. How do you feel the difference?

TRAINEE H: I think it's very different to Germany. Being in Germany, my main purpose there was to learn their language. Although I got some sense of culture, I think the voyage on Vega was a more special thing because we.../ generally everyone was speaking English and people could understand what other people's culture is about.

[00:59:48]

YX: Then would you like to join more of this kind of exchange program?

TRAINEE H: Yeah, I would!

YX: Have you discussed this voyage with your friends?

TRAINEE H: Yes, I remember I did this a lot with my friends after school. And that was also because I arrived three or four days behind everyone else. So the class has been settled already, they were all like "Where have you been?" Then I was like "I did a lot of sailing on a tall ship." They got "Wuhooo!"

YX: For how long have you been quite enthusiastic talking about that?

TRAINEE H: I think I've been enthusiastic about the trip since, but it was really a week after the trip that I stopped talking to everyone.

[01:01:00]

YX: Is there any occasion in your daily life that reminds you of the life on the ship?

TRAINEE H: I think the T-shirt when I look at the draw, the Vega Gamleby T-shirt and the beanie, the red hat, I wear that a lot during the winter. That brings me back to Sea staff G with her old Vega Gamleby hat.

YX: You helped her rescue the hat.

TRAINEE H: She was just screaming! [laugh] What other members? I think just seeing big ships in general.

YX: Do you miss the voyage?

TRAINEE H: Yeah, I do sometimes.

YX: When would you start missing the voyage? Any specific context? For example, when you feel very relaxed, or when you feel under pressure?

TRAINEE H: I think just when I was talking to people about that, I wish I could be back on the boat or that. I don't think there is any specific context.

YX: There is one person mentioned the reason why it is difficult for people to keep in touch was because the friendship established on the large boat is kind of special, it happens in the special context, when the context changes, the friendship wouldn't be the same.

TRAINEE H: Yeah, I see why she says that. Yeah. Because on the ship you are used to general life and getting on with each other, but then as I said, I go back to normal

life. That's quite difficult. Because we haven't been in the situation with each other as trainees, I think, as well as ship stuff and all that.

YX: So you feel the experience being on the ship is different from your daily life.

TRAINEE H: yes, definitely. I think during my daily life, I just go to class and stuff. I think I'm more engaged with my subject than I used to be. But that might be because I'm doing what I like. I'm doing GCSE. But I think the voyage inspired me get more engaged with the activities I was doing, getting more active and more open-minded.

[01:05:50]

YX: have you got any chance to speak to any foreigners or anything?

TRAINEE H: Not really.

YX: I also remember the topic about protestant and Catholic. Is any story in this area happening?

TRAINEE H: In my case there wasn't much because I am on the board between south Belfast and east Belfast. Some areas in East Belfast is very protestant and North Belfast can have some very Catholic areas.

[01:07:30]

YX: So mainly just on the ship, it's been a big thing for you to.../

TRAINEE H: Yeah! Well... I know I would have definitely not met a person like Trainee E if it wasn't for the voyage.

YX: Stay with Trainee E on the ship for a week.

TRAINEE H: Yeah.

YX: And Trainee D also went to a Catholic school.

TRAINEE H: yes, she told me at the very beginning. Because I was playing on a game one time, and I was chatting in the lobby as such. Someone said, "I'm from NI!" I was like "Me TOO!" "Where are you from?" "I'm from Belfast." "TOO!" Then next question: Protestant or Catholic? ... But not everyone would... I know Trainee E had a very strong Irish accent and I can certainly understand people would have trouble understanding him, especially 70% on the boat were Swedish. But in Northern Ireland, it's key information to know if a person Protestant or Catholic.

YX: So have you mentioned this to your parents that you've met someone like.../

TRAINEE H: Yes, I think I did.

YX: Do you remember their reaction?

TRAINEE H: Not really. Our family is not strong in anything. We go to what would be classified as a Protestant Church. However, as a kid I did a bit of hurling which is an Irish sport with a stick. Have you seen them played?

YX: On the TV, yeah.

TRAINEE H: yeah, I did a bit of that. That got me mixed with some Catholic people. But my parents are very much "Let's all get along" Type of thing. But officially in Northern Ireland, I would have to define myself as Protestant, but I always follow up

with “I’m not hard Protestant, I believe in the work and cooperation” and that kind of thing.

YX: Do you think your younger brother is going to get an Irish passport in the future?

TRAINEE H: It depends on “Article 50”.

YX: Article 50?

TRAINEE H: The whole Brexit thing. “Article 50” is triggered by the Brexit to leave the EU.

[01:11:20]

YX: Oh, yeah. So it depends on how things go in the future.

TRAINEE H: Yes, especially with Brexit, it worries people living on the border between the south of Ireland and north of Ireland. No one wants a really hard boarder. People can go to work from one side to the other, and family can be on one side and the other. This is quite something to think about.

YX: Thank you very much. Your response is very helpful. Is there anything you would like to add or you would like to ask me?

TRAINEE H: Thank you very much for being my mentor, very nice to meet you too.

YX: Thank you!

14) Follow-up interview 14: With Trainee T in the UK, April 16th 2017

Participant: Trainee T

Date: 2017/04/16

Venue: University Garden, Aberdeen University

Time: 5: 38 pm

I gave the interview introduction and handed out the information sheet and consent form for Trainee T to read and to sign.

[00:02:35]

YX: Because the voyage has been passed six months. I would like to go through the whole process of the sail training voyage to remind you happened six months ago. We use the map includes 10 stage of the voyage, the first stage is to the Exchange Program application. Can you tell me about how did you get to know about this program and how did you apply for it?

Trainee T: OK. Essentially what happened was Trainee W had applied for it and he let me know about it, the way we were both recruited was from a previous employer.

YX: A previous employer?

Trainee T: Yes, because we were sponsored, the previous employer recommended us.

YX: So is it sponsored by the government?

Trainee T: Not sponsored by the government, it's sponsored by an organization. To be honest, I don't know which organization it is. But from my understanding, our previous employer has recruited us to sponsor us, based in Gothenburg. I think the majority of the people joined the trip had their trip sponsored were based in Gothenburg.

YX: So you got paid, so you didn't pay anything for this voyage?

Trainee T: I didn't pay anything which is great.

YX: You applied for this and then you got the chance?

Trainee T: Yeah, Trainee W told me about it, he asked me if I'm interested in it, "Yes" (I replied) so that he contacted our previous employer, the employer then called me. She said if you want to go, these are the forms to fill in, and there's informational meeting in Gothenburg. That's where I met Per, Trainee V and a lot of other people. Yeah, then I got all the information. They asked which boat I would like to travel on and I put Vega Gamleby as my first option, so as Trainee W because we wanted to be on the same ship. Then we got accepted.

[00:05:12]

YX: That's great. How would you feel the general feeling of this process? If there's a scale from 0 to 10 and 5 is kind of average. Which score will you give?

Trainee T: Probably a 10, because I did very little myself to go on this trip. I think the third parties such as my previous employer and Trainee W all made this process extremely easy for me. So I would say a 10 because I was extremely satisfied with the ease of actually applying.

YX: Then how did you feel about this voyage, this is a sailing voyage and maybe this is your first time.../

Trainee T: NO, I actually did sailing last year as well on a Swedish boat with Trainee W. Then if you remember, when we came into the harbour of Gothenburg, there was another sailing boat that people said was Swedish? It was called Atlantika.

YX: Oh, so you sailed with Trainee W last year?

Trainee T: Yeah, under Gothenburg sailing organization.

YX: Is that a only-Swedish boat?

Trainee T: Yes, so there were only Swedish people on the boat. So it was definitely more interesting this time travelling with International European people.

YX: Then how did you get to the ship on the day? From your home to the ship.

Trainee T: My dad drove me.

YX: How did you feel when you were in the car on the way?

Trainee T: To be honest, I wasn't really thinking too much because we were very stressed, we actually arrived 20 minutes late. I was the last person to arrive. I don't have any rain clothes, so my dad and I were stressed to go to the ship and buy rain clothes because my old ones become too small. The only think I can think about is to get some clothes and arrive. So I didn't really have time to absorb what's going on until I actually got there. And as soon as I arrive, we were going around in a circle introducing each other.

YX: So you didn't think too much about that on the way to the boat.

Trainee T: Not on the way, but the days leading up to, I definitely did.

YX: How did you feel then?

Trainee T: I felt excited. I didn't know what to expect but I was very excited about that opportunity. I thought it was nice that it was an Erasmus project; I thought it would be nice to meet new people. So I was very excited. Trainee W and I spoke a lot about it when we met up. So I thought it was nice to have someone to go back and forth with and see how would they think about the trip.

YX: Then how would you say your general feeling, your happiness and satisfaction of this stage?

Trainee T: I think it's hard to say... I was actually a bit nervous, yeah, a bit more excited than nervous. I was a bit nervous; usually sailing tends to be more of an upper class of sport, so I was kind of nervous about only being with a lot of upper class people. But that wasn't really the case. Because on my last voyage, the majority of people were from very wealthy background. A lot of the times, their behaviour was sort of one-sided so it was hard to interact with. That was one thing I was

nervous about. Being on the boat for two weeks, maybe a bit stuck up with people. But that definitely wasn't the case.

[00:10:00]

YX: Then how do you feel the general thing at this stage?

Trainee T: The journey from home to the ship? Like the intensity of the feeling?

YX: Yeah.

Trainee T: Probably a 7, mostly because I was stressed.

YX: Then what was your first impression when you got to the harbour? By then you got to know how does the ship really look like and who you were gonna.../

Trainee T: it's actually funny because we were driving on the way and we met Trainee N, she ended up in the wrong place, so we picked her up. So Trainee N was the first person I actually met. Then she's been talking about "Oh, I've been sailing so much before, I've been on Gunilla, I've done this and that~" I was like "Oh, wow, I don't have so much experience. Hopefully I've not the only one who has limited experience." But getting on board initially, the first thing I thought was "wow, this is crowded, it was quite tight downstairs." I thought most people would be Swedish, but there were actually quite a few British people. I thought it was interesting, I thought it was good that the language on board was English as well because English is my first language. (I'm) not saying I'm not confident in speaking Swedish but I feel more comfortable with English so I was really glad.

YX: Then how would you give it a score of this stage, initially getting on board?

Trainee T: I would say 8.

[00:12:30]

YX: Then how did you feel when you start to talk to people on board, the first impression of talking to people, to the trainees and crew, how was that?

Trainee T: Yeah, it was nice. I got pretty close to Per very quickly for that we bind very quick. He told me he had a background in South Africa as well. He lived in Kenya, which I thought was interesting.

YX: what do you mean by "as well"? Are you relevant with South Africa as well?

Trainee T: No, no, no.

YX: You are interested in that.

Trainee T: Yeah, I'm interested in that as well. And I have family live in Africa as well, we have an uncle and a lot cousins live there because it is close to Somalia which is from my mum's side. Basically, in reality I just thought he doesn't have any association to South Africa, but interestingly he does. So I guess that kind of broke my stereotype that he may have no connection to South Africa so whatsoever. It was interesting to hear his perspective of things.

[00:14:00]

YX: Then how would you give it a score by initially talking to people and interacting with people?

Trainee T: Well, overall, most of the conversations were kind of superficial. Like what do you do? What do you study? All that kind of stuff. I think Per was the only first interaction that really stuck out. The rest of them were more generic and normal. Generally, I think it's a 5 or 6. Let's go for 5.

YX: Then you got close to some of the trainees, for example Per. And you had quite many conversations with each other and interactions. How did you feel that?

Trainee T: Yeah, I felt like it was nice not just to scratch the surface to get actually to know the person. I felt like the more we spoke, the more intimate and deep the conversation became. We quickly shared a lot of private information. He told me he had been diagnosed as cancer a couple of years ago and the addition to alcohol, I think him telling me something like that personal made it a lot easier for me to tell him something personal throughout the trip. I think that made us open up a bit more, share more personal things with each other, which is nice.

YX: Is there any other people you got close to?

Trainee T: Yes, Trainee R as well. She ended up being very close (to me). And Trainee V as well. Yeah, initially I didn't think I would become that close to them. But... I think it's just having not that much to do on the boat, you kind of HAVE to talk to people. It was interesting.

[00:16:30]

YX: How would you say the general feeling of getting close to these people?

Trainee T: It was nice. It was nice to know that you had someone you actually have a closer relationship to than just normal superficial "How are you?" "How is your day?" or something (like that). It was nice to have someone to come back to full back at the end of the day and say, "Ah, that's such a terrible day, it sucks." Just being honest with them. I think what was hard initially was you never had that established relationship with people so you never know how comfortable it could be. You wanna say things but you don't know if people actually care. So you don't wanna say personal things, you don't know if people actually care about that or not. But being able to establish a relationship with people, you can say anything to the other person. That was nice!

YX: So you will give it a ...?

Trainee T: I will give it a 9, 9.

YX: Is this the first time you've been to Blyth?

Trainee T: Yeah.

YX: You've been living in England for how many years?

Trainee T: England for 7 years.

[00:18:02]

YX: 7 years. How did you feel the whole thing in Blyth, including the sports, crew parade, crew party any everything?

Trainee T: I think the city of Blyth was very similar to other part of England. I think the difference was the environment that was close to the harbour. But in terms of the

people's attitudes and restaurants, pubs, bars and all that kind of stuff, I felt like they are actually very similar to England.

YX: Anything new for you?

Trainee T: No, no, not really. But I thought the parade and the activities we did stuck out a lot. The parade was a lot of fun, I didn't think I'd have experienced anything like that. Running around like mice and chasing. I think that was very fun. That's probably one the few things actually was new for me in Blyth. What else? Yeah, otherwise, I would say anything stuck out.

YX: Did some of the Swedish trainees ask you something about this English city and stuff?

Trainee T: Yeah, yeah, especially Trainee W. I felt like I was Trainee W's mentor when we were in England, kept asking me questions. "It's so strange they do this!" "British people get so drunk." Sort of a lot of these questions.

YX: Have you explained these questions to Trainee W, towards his kind of stereotypes towards British people?

Trainee T: Yeah, yeah, yeah, I think so. I think because Trainee W and I have known each other for so long that I can explain things to him in a way .../ Obviously because I've lived in England and in Sweden/ I can explain to him in a way that makes sense (to Trainee W). So think personally I feel like I explain things quite well to him and he got quite good understanding. Because it wouldn't be one side. I wouldn't have said "OK, they do this because that's their culture, that's the way they do things." I think I probably have gone into depth to explain like why a pub is so integral to English culture. Like why so many people.../ because he was really shocked when we went to a pub to see all those old people. He said, "Where are the young people?" I said, "Drinking culture in Britain is very different to drinking culture in Sweden. If you go to a bar or pub, there are a lot more old people, there are a lot more families, children going there. It's more community thing. But in Sweden, it is more of a cosmopolitan thing going to pubs and bars. If you drink, you'd rather drink at home with friends. But going to the city, drinking in the pubs and bars is more of a youngster thing to do in general."

[00:21:22]

YX: Like young people's lifestyle?

Trainee T: Young people's lifestyle! And places for drinking are very divided for older people and young people. But in Britain, you know like Whether-spoon, all these big bars and pubs are very mixed in terms of age group and demographic.

YX: So you gave some information to Trainee W to make him know more about British culture and the background behind the British culture.

Trainee T: Yeah, exactly. Why things are the way they are!

YX: How did you feel being a mentor like that?

Trainee T [Laugh]: Yeah! You felt kind of good, you know, to be able to tell someone, be able to give ACCURATE information to someone. I felt good. It was not only with Trainee W, I was also with a lot of Swedish people, and I don't

remember in my head what we talked, there were a lot of small things. It felt nice as well when we went to public places or something, I felt very confident to speak English, so I was sort of leading people, taking initiative and being quite assertive, which is nice.

YX: It sounds like you were acting like semi-host or something.

Trainee T: Yeah!!! Yeah, yeah, yeah! I kind of like that obligation as well, to be a semi-host because I do partly have the identity towards England as well. So...

YX: How would you say the general feeling and experience in Blyth harbour?

Trainee T: I very much enjoyed it actually. And I felt like being one of the crew members also kind of giving you the authority walking down the street. Everyone was like "Oh, they are from Vega!" So it was a bit cool being an actual crew member especially winning the parade and being announced. I'd say, I'd give it a 10, I'd give it a 10! It was one of my best experiences.

YX: And how would you feel the second half of the voyage? The second half of the voyage is actually the sailing part, we also got a couple of new trainees on board.

Trainee T: I really liked it; I thought it was interesting. I need to refresh my memory. Start in Gothenburg, and then we sailed ... Yeah, I'd say the sailing part was very good! My memory is quite fuzzy actually. I think it was a slow start, I felt we were not doing enough sailing. But as soon as the race started.../It was nice we got to have practiced a bit how to sail before the race was actually started. I thought that was actually very nice. I think it mostly only became that interesting, the sailing part really kicked in once the race started.

[00:25:40]

YX: Can you remember some of the social part on the ship? How did you feel the social dynamic on the ship during the second half of the voyage?

Trainee T: The second half of the voyage, does that include leaving Blyth as well?

YX: Being in the race.

Trainee T: I thought it was really good, I thought it was intensive with the shifts as well. Waking up in the middle of the night. I think at first I was really frustrated.

YX: Why?

Trainee T: Just close proximity, like how tight everything was and strict wake, like wake up, quickly change, going to bed with dirty clothes, waking up with dirty clothes. But I think when we pick up speed and the more I got to know the actual sailing, when I was introduced the navigation and speaking to the crew members about strategies of sailing was really interesting. That was when sailing became most enjoyable. Learning about ropes as well. I would say that is the most interesting thing of the second half of the voyage.

YX: So how would you score the second half of the voyage?

Trainee T: Em... I would probably say 8.

YX: What about the experience in Gothenburg harbour then? We arrived in Gothenburg harbour, which is your hometown.

Trainee T: It was great. It was really really good! After having been sailing for so long; it's **SO nice to come back to familiar place**. You recognize things you know well. And it was also very nice arriving as champion as we won the race. So that was also really nice. I was also looking forward to seeing friends from home, introduce and show them around the ship. Meeting my family. It was amazing experience, I would say, coming back being winners. We already know that, everyone was in a good mood; finally coming back to familiar place. It was definitely nice.

YX: Did you show some British trainees around?

Trainee T: yeah, yeah, yeah... what did we do when we got back?

YX: We had a crew parade, we also got some spare time, we also had a crayfish party.

Trainee T: Oh, Yeah! Yeah, yeah, yeah. We also had a football tournament.

[00:29:00]

YX: Oh, yeah, and you won that!

Trainee T: Yeah! Oh, that was great fun! That was GREAT fun! I love that, it was GREAT fun in the football tournament. We got quite a few nice goals as well, which was nice. It was nice to ... I can't remember the name, the captain, not the captain, but the other long beard, ginger kind of looking, one of the crew members.

YX: I kind of know who you are saying.

Trainee T: he played football in the tournament with us. And the bus journey was great fun as well because we got all the English people chatting and singing. We also got to know a lot of different people through the football tournament from different countries. We met a few Dutch people, a lot of British people. It was nice to get to know people from the football tournament.

YX: So was the football tournament kind of the highlight of the activities in the harbour?

Trainee T: I would definitely say that. Because it's a mix a well, it's girls and guys although Trainee R is the only girl. She played really well actually. It's nice to have a girl on the team. We had a really nice day out there. We did other activities as well, didn't we?

YX: We also had crew party, some gone-way watch, and people also went to Lisbon entertainment park.

Trainee T: Oh, yeah! It was nice to show the British crowd, Gavin, an Irish girl...

YX: Trainee D?

Trainee T: No, an English girl.

[00:31:30]

YX: Dana?

Trainee T: Dana, yeah, and Steven, and an Irish guy...

YX: Trainee H?

Trainee T: No, the loud one.

YX: Trainee E?

Trainee T: Yeah. It was difficult to remember all these names. But yeah, it was nice to show them around.

YX: And you feel you are the host again?

Trainee T: Exactly, yeah! It was nice to point them the direction where to go. That was really good.

YX: Did you feel they enjoyed this country?

Trainee T: Yeah, yeah, I think they did. It was a shame because I really want to hang out with them, but they want to do all the tourist stuff in Gothenburg. Trainee R, Per and I, we live in Gothenburg so we've done most of the tourist stuff so in that aspect, we left earlier and came back to the crayfish party but they didn't come.

YX: yeah, the crayfish party also showed other people some of the Swedish culture.

Trainee T: Exactly! It was great initiative Trainee U and Trainee BB and ...

YX: Trainee Q.

Trainee T: Trainee Q, yeah.

YX: how would you say the whole experience of being in the harbour of Gothenburg? Enjoying the football, being a host...

Trainee T: Give it a 10.

[00:33:30]

YX: Then it came to the end of the trip and people said goodbye to each other and left the ship, how was that experience?

Trainee T: Sad, it was very sad I would say. I mean, even being in Gothenburg, coming back to Gothenburg, I couldn't enjoy it fully because I knew that this was the end, this was the last chapter. But I think it was **a bit easier as well there wasn't an official goodbye**. It was a bit more wide spread, people left at different hours. So I think the fact that it was more spread out made it easier, than making it more emotional "Oh, I'll miss you! I miss you guys!" So, that was nice. But in the same sense, I missed saying goodbye to some people I think which is a shame.

YX: So would it be a very low score?

Trainee T: I think in my experience personally, I build a lot of short-term relationship, friendships with people. And because of that, it's not that hard for me to say goodbye because it's such a common thing. I do different things abroad. Like I can form friendship very easily but unfortunately I don't always maintain them unless I feel like there are a lot of... [sigh]... there are a lot of benefit for me. So I don't think it was that hard for me to say goodbye to people I didn't go that close to. But I think the three or four people that I got very close to, I knew that we are gonna see each other. We have exchanged our numbers, we made efforts to see each other, and we DID! Me, Trainee R, Per and Trainee V, I met up with all of them quite a few times during Christmas, in the summer. That was nice.

[00:36:00]

YX: But at that moment, how would you give it a score?

Trainee T: Say 4.

YX: 4. As you have mentioned, you still keep in touch with some of them, and you are also Facebook friends with some of other people there.

Trainee T: I went to visit Trainee V at his work place in Gothenburg and we went out for drinks during this summer holiday. He actually also met a few of my friends. I introduced him to a few of my friends; he introduced me to a few of his friends. It was nice because it was two way (of mutual initiative), you know, it wasn't one of us to say "Let's meet!" Both of us were very interested in meeting. I also met Trainee R straight after the trip. We went out, she introduced me to her friends, I introduced her to my friends. It was great fun. I think one of her friends and one of my friends started talking to each other and they formed relationship together. [Laugh]

YX: Oh, really?

Trainee T: Yeah. I don't know how long it lasted but they formed relationship. So that was nice, mixing the groups of my friends and her friends. Actually, I haven't met Per after the trip. But he's the one I kept the best contact with almost because we write to each other a lot. He kept updating me his African trip.

YX: So are you still in touch with each other now? You still write to each other?

Trainee T: Yeah, we did. Maybe not that regularly, but yeah, we write to each other one or twice every month.

[00:38:55]

YX: With just Per?

Trainee T: With Per, and Trainee R as well. Trainee V is more ... we don't write to each other but when we are in Gothenburg, we see each other.

YX: So do you keep in touch with any other people on board?

Trainee T: Trainee W obviously, but that's different. Who else? Trainee E, he sent me some interesting photos sometimes, some funny stuff. But we don't really have any deep friendship, yeah. Let's see, anyone else?

YX: How would you feel like this stage? Like having some friends on Facebook, and met some of them, how would you give it a score?

Trainee T: I think it was good. I would probably give a rating of 7.

YX: 7, ok. Do you feel it's kind of easy for you to form a friendship but difficult to maintain it. Or sometimes you don't feel motivate to maintain this friendship. Can you say a bit more about this?

[00:41:00]

Trainee T: I think because in my life, I've moved around a lot and being exposed to a lot of new environment. I feel like, it may sound a bit philosophical, but I feel like I've built evolutionary behaviour to try to adapt and quickly become friends with people as a survival (skill). So I'm very good at initially forming relationships. I

guess I can be very accommodating to different people because I have such a mix of cultures and backgrounds. So I think regardless of the situations, I CAN usually accommodate my behaviour to match other persons and we can often find a lot of interests. I think I do that a lot, but if later on I really decide I think this person is interesting or I see something long-term with that person, I can decide to maintain it or not. I used to always sort of being nice to everyone, trying to talk to everyone, and accommodating everyone. But nowadays I kind of feel like I take a step back from my social chitchat and those superficial kind of things unless I see something long-term with that person.

YX: Do you remember when was the turning point that you realized you don't need to talk to everyone?

Trainee T: I think it was when I started forming more personal and genuine relationship with people. Because then I can categories "Ok, these are people I'm close to." And there are people that I should probably invest more time in rather than try to spread my time with everyone. Maybe I can invest more in this particular people because relationship will be stronger. I think it was when I became close to one person, it's when I started thinking "OK, I can start ... prioritizing my time to the people who mean more to me." If you understand what I mean.

[00:43:57]

YX: So is it kind of recent years or ...?

Trainee T: I think it was after the first year of my uni. Because in the first year, you came and knew no one, you tried to become friends with everyone, everyone was so new, they wanna make friends. They would be as socialize as they can. But after the first semester, you sort of realize who your close friends are and who are just like colleague. So I think after my first year, after I moved out from the student accommodation, I started making important decisions like "who I thought are my best friends". I think that's when I started investing more time in some people instead of having a lot of friends.

YX: you also mentioned the impact of this sail training voyage on yourself. You feel that when we were in the voyage, it was difficult to find to impact, then after the voyage, have you discovered anything had impact on you?

Trainee T: yeah. I think one of the biggest impacts was actually my structure.

YX: Structure?

Trainee T: Yeah, and discipline.

YX: Oh, do you mean the routines?

Trainee T: Yeah, the routines. Because just having routine and doing things so systematically helped me realize that how important routine is in my daily life. I think I adapt a lot of the routines like cleaning the stuff, cleaning methods and things like that into my daily life. I felt like I'm more disciplined as well. Before I think it was impossible to wake up at 8 o'clock in the morning every day, but here I was waking up at midnight, at 4 am, getting ready to do labour work. So I think doing things that systemic with a routine helped me with my own routine.

[00:47:00]

YX: Did you have this kind of routine on the Swedish ship during your first voyage?

Trainee T: yeah, we did, but I feel it more structured and organized this time on Vega.

YX: And this is also the first ship that has accommodated different nationalities in your experience.

Trainee T: yeah.

YX: Do you think if this has any impact on yourself?

Trainee T: Yeah. I think so.

YX: In which way?

Trainee T: Do you mean interacting with different cultures on board?

YX: yeah, interacting with different cultures on board and being in two different cities.

Trainee T: I know it influenced me but I can't find the explanation.

YX: For example, after this voyage, have you come across to any other cross-cultural activities?

Trainee T: That related to sailing or?

YX: Not necessarily.

Trainee T: Yes, I went to Slavic Bom Fire night, it was by the beach and had fires on, they had the tradition to burn the evil witch. Then we had some Slovic sausages. That was fun.

YX: That was to have experienced some other cultures.

Trainee T: Yeah.

YX: Anything else?

Trainee T: I went to the US that was definitely eye opening. I've never been to America before, it was interesting to see how the American people are. And it was interesting to see the east and west coast and how different they are even internally within the country.

YX: What triggered you to go to the US then?

Trainee T: I think it's just the Americanization of everything and my daily life being a European. You know like everything is American, like the text we read in school, a lot of media, a lot of music, a lot of brands, a lot of arts, a lot of scholars. Everything is just so American based. So it was nice to actually see it first time by myself. I went to a lot of popular areas, like New York and St. Francisco. It was nice to actually see it for myself and interact with American people. Because obviously I had this one interpretation which is based on media, so it was nice to see it for myself what it actually like. It was very similar to what I expected but also very different.

YX: I remember when we were on the ship, you were kind of involved in some political and social issue discussions, like Brexit or gender equality. Do you think if these conversations have given you any inspiration later in your life?

Trainee T: Yeah. Definitely. I think speaking to Trainee R in particular, it really stuck out. Because she's very philosophical and she's very interested in gender study and feminism. Just talking to her made me really reconsider the thing I say and the way I say things. Because she's very critical of how we say things and why we say things. A lot of time, she would ask me "why do you say that?" or "What makes you think that way?" Just her asking these questions really made me reconsider a lot of gender issues in particular.

YX: gender issues?

Trainee T: yeah. And also I remember I said something like "I think I have some mild ADHD because I can't concentrate sometimes." And she said, "You shouldn't really associate yourself with having a disorder when it's not (that severe) because you are devaluing that disorder by saying that. It's such a casual thing in your everyday interactions." She means by saying "I think I have ADHD", I'm actually devaluing people who have serious disorder. That actually made me think, when people say "I have a bit of autism" or "I'm a bit like this" "I'm a bit like that". By using those terms casually, we are actually devaluing the seriousness of people who have these disorders. That's something I never thought about. So that really made me think.

YX: Ok, have you had any chat with some British trainees and Northern Irish trainees?

Trainee T: yeah, I spoke to Trainee E quite a lot. He was very passionate about the division of the Catholic and Protestant in the Republic of Ireland, the separation of Ireland. He's very pro ROI which is obviously not a good thing, but I think he's just searching for some sort of identity within Ireland. He feels very strongly about being from Belfast. And it's interesting to hear about the history of Ireland from him as well. It was very eye opening. He's very opinionated which is very interesting.

[00:55: 26]

YX: Do you think if you have broken any stereotype or established some stereotypes toward some cultures during the voyage?

Trainee T: Yeah. I think I built up my stereotype towards Irish people as heavy drinkers. But again, Trainee D and Trainee H weren't heavy drinkers. Only Trainee E made me think that Irish people are very heavy drinkers. But at the same time, the presence of Trainee D and Trainee H also made me reconsider that. Stereotypes... No, I don't think I have that many stereotypes towards British people, to be honest. I think that's because I spent a lot of time in Britain.

YX: Then do you think if you have broken some stereotypes towards yourself then? For example, do you think you have done anything out of your own expectation during the voyage?

Trainee T: In terms of anything or specifically cultural related?

YX: specifically cultural related.

Trainee T: I actually think that my interaction with Swedish people was actually improved a LOT and I think that I became a lot more comfortable. Despite the fact that I spent half of my life in Sweden, I've always been going to International

schools, most of my friends in Sweden are not actually Swedish, they are more of international. So we always speak English and the community is so international. So I rarely hang out with actually Swedish Swedish people. Being on this trip, I actually speak to Swedish people, it made me break a lot of stereotype towards Swedish people, thinking that Swedish people are quite closed, reserved and shy people.

YX: So even in Sweden, you had this kind of stereotype towards Swedish people?

Trainee T: Yeah, yeah, definitely! I think that comes from me not spending my entire life in Sweden. Yeah, always kind of “Oh, Sweden people are very nice people but they are a bit too reserved to my taste.” I’m a bit more open. Yeah, that was definitely broken through talking to the people on board. And I think what made it easier for me to break this stereotype was the presence of other non-Swedes such as people from the UK. Obviously, I am Swedish, I think being the one who wasn’t the least Swedish made it easier. It’s kind of having a buffer of the people.

[00:59:16]

YX: You mentioned you’ve been doing some work with the refugees. Was that before the voyage or after the voyage?

Trainee T: It was just before the voyage, I just ended the day before the voyage. We had a final day and a closing dinner. Then straight after that, I went to the ship.

YX: It feels like, would you say you are quite interested in this kind of cross-cultural activities?

Trainee T: Yeah, definitely. I’ll definitely say that. I’m interested in group dynamics as well. How cultures integrate and work together. I always find it interesting when I introduce one group of my friends to other group of friends. Sometime you sort of feel nervous if they will get along. I have two different behaviours with these two groups of people. I always find it interesting to have mixed cultures. My workplace with refugees was a very unique workplace being in Sweden because most people working there were from a foreign background because they were looking for people who can speak different languages. So it was very interesting to work in Sweden at a workplace that were pre-dominantly immigrants, like 90% immigrants. There must be at least 20 nationalities.

YX: You applied the one for this year as well.

Trainee T: Yeah. I applied for the exact same project, they got back to me saying that the entire project has been reduced on the funding so they are waiting for responses. But hopefully I will get it.

YX: have you ever connect this voyage with the refugee work at any point? Have you ever relate these two events, two different experiences together to have some thoughts?

Trainee T: yeah. I think it’s just two completely different worlds. Working with the children in the asylums, and the day after being on the ship and travelling. I think it’s just the contrast because they happened so close to each other that made me think how great opportunities I have to be able to take part in a sailing trip like this for free and being funded whereas these children who come from extremely tough backgrounds. I think the contrast made me appreciate my social cultural situation.

And how glad I am that my parents immigrated to Sweden in the 80s from authoritarian countries, just seeing that contrast made me appreciate lot more of my situation. It made me acknowledge that the reason my life is so good and the reason I have these many opportunities is because of Sweden, because of the government.

YX: Does this appreciation attitudes drive you to do something?

Trainee T: Yeah, definitely, definitely. I think a lot of that is why I'm studying psychology and why I'm interested in helping people especially those from disadvantage backgrounds because I've been so privileged to have such a good childhood and upbringing. That really hurts me to see people don't have that rights simply because they were born on the other side of the world or because their government isn't feasible or strong enough to support them to go to school. Basic human rights there are not valued. So that's why I kind of wanna improve the situation of those in Sweden who don't have the same opportunities. I can't improve the situations of foreign countries.

YX: Especially you have the linguistic advantage to offer this kind of help. You can speak Persian, Somalian, Swedish and English. Are you fluent in all these languages?

Trainee T: Yeah. Em. I'm sort of losing my Somalian, I can read and write in Somalian. But I can't read and write in Persian because it's different letters you need to learn. But I can speak fluently and confidently.

[01:05:55]

YX: So it sounds like quite big contract between the sailing voyage and working with refugees who have less privileges.

Trainee T: Yeah, and I think a lot of studies what I'm learning in the university and a lot of research I want to go into is sort of raising the awareness of these problems, sort of doing something in the large scale to tackle the problems.

YX: Based on your background and your experience, if we are trying to look at this, how would you fill this form?

I am a

A. Sweden Citizen

Obviously I have a Swedish passport, I'm registered to be in Sweden. Any time I see something.../it's funny because **every time when I'm out side Sweden, I become more Swedish**. I mean like we have Nordic society. Any time I heard context like Sweden in the university, I was always very (conscious), I'm very more Swedish outside of Sweden than in Sweden. I think a lot of people are like that, I think that's because people wSea staff C kind of their unique identity. So I feel like me being outside Sweden become more Swedish. But when I'm in Sweden, I am like "Oh, no, I'm a global citizen".

B. Swedish Resident

C. UK, Sea staff An and Somalia Relevant

D. Particularly interested in home culture, Africa

I'm particularly interested in my home cultures, like Sea staff An and Somali where my parents came from because I've never actually been to their home countries. But I've heard so much from them, I kind of really really actually connect with my roots, like original roots where I'm from. I mean biologically where my parents are from. I really want to see where my present have brought up. Because essentially that's what formed me and made me who I am.

Other than that, I'd say Africa as a very big continent. Africa is very interesting because it's such a large continent and such diverse cultures. I feel it's not presented that much on the media but it's a very interesting place, with a lot of tribe music, I don't know it's just somewhere very interesting and I'd love to go there. The vegetation, the agriculture, the animals, the traffic vehicles, all of these are something really attract me to go to Africa.

Ranking: A → B → C → D

[01:12:30]

YX: When you signed up for this voyage, did you now this is an exchange program?

Trainee T: Yeah. I think when we went to the meeting, they said that the majority of the people are going to be Swedish. The international students will be the minority. So I was aware that there will not be as many other Europeans as Swedish but I knew there would be some.

YX: Do you feel this is kind of motivation for you to do this or not that much at that time?

Trainee T: The mixed nationality, I think it made me more interested than the others. Because we had several options, I think just seeing Erasmus and international those buzz words made it a lot more interesting. International events are a lot more attractive for me, it's easier to meet new people. I mean, generally, when I see "Erasmus" "International" "Exchange" they usually make me wanna click in.

YX: If we have a chance for you to choose the nationalities on board, which nationalities would you like to sail with?

Trainee T: That's a good question! I want all the nationalities. Everyone from each country.

YX: A bit greedy. [Laugh]

Trainee T: I think I'd like (to have) cultures I haven't really bonded that much. I think I like eastern European countries because I'm not too familiar with those. When I think of Europe, I know a lot of Germans, I know a lot of central Europeans and quite a few Southern Europeans, Spanish, Italian, but I don't really know that many Balkan and eastern Europeans.

[01:15:36]

YX: Those are the countries you are most interested in.

Trainee T: In Europe, those are in Europe. Outside of Europe, I would probably say East Asia, Southeast Asia, also Mid East, Africa of course, West and East Africa. I'm kind of tired of America, so I wouldn't say America. South America definitely, I've heard the Hispania cultures are most empathetic cultures from Psychology. So South America and Central America, not North America.

YX: North America.

Trainee T: North America like the US and Canada, it's just because I feel that I already know so much about them. So I'm kind of tired of that.

YX: Do you think if this voyage is an Asian and Western exchange, do you think it will make a difference?

Trainee T: Definitely. I think there's a bigger difference in culture between Europeans than there is between East and European. I think the difference in culture and customs is more defined.

[01:17:50]

YX: In our voyage, it's mainly an EU exchange program, but I was on the ship as well as an Asian. Do you feel my presence on the ship has any impact on this intercultural voyage?

Trainee T: Definitely, definitely! I was going to say you as well but I thought you were only asking me for (my opinions on) the crew members. So of course, I think one of the most influential people on board was you. Of course I found it really interesting comparing and contrasting Chinese culture and everyone else's. I think, for example, there are a lot of cultural differences between me, Trainee R, Trainee D, Trainee BB, all of us together, but the cultural difference was more defined from for you. It was much more interesting for us to listen to your culture and how it is for you. Sorry, what was the original question?

YX: The original question was “what was the impact of my presence on the exchange voyage”.

Trainee T: Em...

YX: So do you feel the difference was actually quite big?

Trainee T: Well, personally I feel like you are very Chinese but you are not representable for all Chinese people.

[01:20:00]

YX: What do you mean by I’m very Chinese?

Trainee T: I mean, you have a Chinese culture, but because you’ve been in Europe for some time, you’ve also adopted a lot of European customs and behaviour . So I think .../Oh, No! To be honest, I don’t really think you are that Chinese, to be honest. Now when I think of you, I don’t think you are Chinese at all. [Laugh] I don’t know why I said that. But when I speak to you and you talk about your experiences in China, that kind of makes you more Chinese. But it’s more based on your experience. But when I interact with you, I don’t at all think you are very Chinese. That’s why I say I don’t think you are that representable for Chinese people as a whole. Because I think at least your experience being in European countries has made you more European. But I think what makes you more Chinese is when for example you were explaining calligraphy and the history behind that. I think your sharing of experiences is more Chinese than your actual personality, than you as a person. So I think that because Chinese culture is so different to European, your presence on board kind of brought all of us together to get interested in what you had to say. Because the cross-cultural difference was more apparent in your Chinese culture than it was between Swedish and English or Swedish and Irish. So I think that’s why when you were doing calligraphy fair for everyone and explaining it, it really attracted a lot of people and brought everyone together. And it’s kind of ironic because your differences are bigger than our differences, so those two differences brought us together to be interested in Chinese culture, Chinese calligraphy because it obviously looks very different to Latin letters or whatever.

YX: Ok, last time you mentioned you feel surprised you made some friends on the ship who you’ve never thought of. Can you say a bit more about this?

Trainee T: Yeah. I’d like to say that I’m very glad we became friends. I don’t really have a lot of Chinese, Trainee W is Chinese obviously, but he was born in Sweden, he’s definitely more of European. I just think it’s so eye-opening talking to you because I think you have sort of a mix between European and Chinese philosophy and mentality. So it’s always interesting to hear your perspective on things because you are aware of both of them. I think it would have been different if you were just a Chinese, Chinese because then you probably would understand me less. But because you have both of these cultures, just like I’m having Swedish and English, how can explain to Trainee W when we were in England. Because you are familiar with both, it's much easier to talk to you and understand Chinese culture, compared to someone who’s just Chinese.

[01:24:25]

YX: Is there any other people you can think of who you got close to that were surprising? Trainee V, Per, Trainee R?

Trainee T: Trainee R, I would probably say. She is very sort of free spirit. She's very open, she's very like "Oh, be yourself and do whatever you wanna do!" I don't think that would be exactly the kind of person I hang out with but I think because we were forced to live with each other, I think those initially steps.../I think it makes it a lot harder to be picky when you are on a boat. You will start like "Ok, fine, I can talk to her." "Sure, I have to." But then that helps me understand this person actually IS interesting.

YX: As you said, you were kind of forced to be live with each other, we were kind of locked on the ship for two weeks. What would you say you appreciate the most and what would you complain about?

Trainee T: I think one thing I dislike was living in such tight conditions, I slept in the main area and there's absolutely no privacy there. People who waked up early in the morning, having breakfast, being very loud walking past. It was quite hard to sleep. I mean I was sleeping with two girls as well, that kind of made it uncomfortable to get change sometimes. So those kind of small miner things towards the start. But I think becoming close to the people made those things go away because you start feeling more and more comfortable. Space didn't become that much of an issue because you were sleeping besides people you are friends with. So I wasn't that hesitant any more to intrude them. I felt more comfortable and felt more natural. So I just became more comfortable with people. Cross that barrier was a massive thing.

YX: So is this something you appreciate, getting close to them and ...

Trainee T: Just not to constantly worry about what they think or ...

YX: And you feel like after two weeks, when you arrived in Gothenburg, you felt very comfortable because you get back to somewhere you are familiar with. So do you feel the period of two weeks is right length or would you prefer it to be shorter or longer?

Trainee T: I actually prefer it to be longer to be honest.

[01:28:22]

YX: Like how long?

Trainee T: Like a month.

YX: Because?

Trainee T: Because I felt like towards the end of the trip was when I really started becoming close and good friends with those people I mentioned. It was such a shame because it feels like the trip peaked at the end. The fact that everything was so good towards the end/ Maybe it's a nice thing though because maybe if we went on for longer, we would have got tired of each other, it would become boring. So in one way, maybe it's good that it's two weeks so that we don't have time to hate each other. But at the same time, I feel like had we had more time, we could have built so many better friendships and relationships. Had it gone for longer, we probably would have been closer today than we are right now.

YX: How would you describe the relationship between the trainees and the crew members?

Trainee T: It varied. But unfortunately, it was a lot more hierarchical than I thought.

YX: Would you think it's more like student and teacher, boss and staff, or more like friends?

Trainee T: I would say the majority was student- teacher, but some of them weren't. what's the guy with a pony tail called?

[01:30:05]

YX: Sea staff B.

Trainee T: Sea staff B, yeah. Sea staff B and Sea staff I were pretty cool, but I felt like the rest of them, the majority were very much "I'm teaching you this, and then when we are done, you can do whatever you want." At spare time, we talked to other trainees on board, the crew were on their own, and the trainees were on their own.

YX: Do you feel they were more focused on teaching sailing or do you think they were also trying to contribute to facilitating cross-cultural communication and activities.

Trainee T: I don't think they were facilitating cross-cultural communications. I felt that a lot of the time they were "Ok, June, it's June's responsibility to do that. She can organize the cross-cultural things, you do what you want to do." "When it comes to actual sailing, that's what we do." Which I thought was a shame because I thought they can bridge the gap between teaching and bringing different cultures together. I felt that's something they didn't do that much. But at the same time I can understand their position because it is stressful job and it is hard with that many people on board and it's also kind of hard to establish that kind of friendship with people. Because if people become too comfortable with the crew members, their authority would be less important. Because I felt like anytime when you became too comfortable with the authority figure, that's when you become lazy and sloppy and don't do thing exactly as the way they should be. So I don't think they did the job bridging the gap between teaching and cultural awareness but I can understand why they didn't do it.

YX: In this case, I noticed most of the activities were led by the trainees themselves, games, yoga exercise, music session and political discussions. You were sometimes involved in these activities as well. How did you find these things happen spontaneously by trainees on the ship?

Trainee T: yeah, I think most of the time, these happen spontaneously. I think they happened because, just because we are bored really. [Laugh] I think there's not that much happening on the boat and we want to do something fun, we want to bring everyone together. When the sun's out, when there's positive atmosphere, when everyone's happy, then things like that just come naturally.

YX: What if most of these activities were led by the crew members or the mentor organized these activities, which way would you prefer then?

Trainee T: Good question. I think the crew members could have done more to create activities, but at the same time I feel that because they came naturally, because they were spontaneous, it became more **genuine and people became actually**

voluntarily want to take part. I think that made it more fun compare to say “Ok, 5 o’clock we are going to have cross-cultural talks” I think when it come spontaneously, it’s more of your own personal will to do it. So it becomes more real and genuine.

[01:34: 30]

YX: We also mentioned things about the social media detox. We’ve got no signal and wifi on the ship during the voyage. Do you think if this had any impact on the cross-cultural communication, the friendship establishment?

Trainee T: Yeah! Yeah. I think it definitely forced people to talk more. A lot of time in conversations or in social settings, people seek refuge on their phones if they feel uncomfortable, they go to their phones and just look down. I feel like not having access to internet made it a lot easier for people to avoid doing that. I think it brought up my focus a lot more as well.

YX: Your focus?

Trainee T: Yeah, my focus. Because I feel like when I’m on my phone and I have my phone constantly bling and getting updates or whatever, I’m very ... what’s the word?

YX: You easily lose your concentration.

Trainee T: Yeah! I easily lose my concentration, I’m easily distracted, I’m always waiting for something, always waiting to do something. But not having access to any social media kind of made me more calm and relax, made me listen and focus more than when I am locked on my phone.

[01:36:10]

YX: After this voyage, is there anyone posted you changed in any way? Your parents, your peer friends?

Trainee T: Well, physical appearance. My mum said “You look a lot more black!” when I came home. That was one thing. [Laugh] but in terms of behaviour , I slept a lot less at home. I was a lot more active and disciplined, yeah. Otherwise, I wouldn’t say anything obvious.

YX: Since you’ve been involved in so many different cross-cultural activities.

Trainee T: Yeah.

YX: Thank you very much, that’s almost everything. Is there anything else you want to add or you’d like to ask me?

Trainee T: Em... I just want to say that was a great trip, I had a very enjoyable time. It was really nice we have people from different cultures. It’s definitely something I will do again! And I’m looking forward to hearing more about your research because I think it’s very interesting.

YX: Thank you very much! I will keep you updated. So are you planning to go with Trainee W this summer for another voyage?

Trainee T: I don't think so, because it's a bit late notice now. Last year we applied a bit earlier. I think we will try to do something sailing related together. Something smaller maybe. But I don't think we will be doing tall ships again.

YX: Like at least this year.

Trainee T: Yeah, at least this year, but in the future definitely. I think one thing we want to do is to rent a sailing boat.

YX: Rent a sailing boat? Sounds cool! With two of you?

Trainee T: With two of us, or a few more friends. Maybe five people or six people just go and sail in the Mediterranean, and just live very simplistic, just fish.

YX: Shrimping boat.

Trainee T: Yeah, maybe get Trainee Y on as well! [Laugh] I actually had spoken to Trainee Y as well, he's very interested in renting a sailing boat and do something spontaneous. I think I just want to do something with very little resources, live very simplistic. Just go out and travel.

YX: Do you think this kind of idea to live very simplistic comes from this sailing voyage or that's just your attitudes towards life?

Trainee T: I think earlier before the trip, I like to live simply, I like backpacking idea but I think being on the sailing boat made me understand how easy it can be, just like cook on the boat and do all these things.

YX: So it made you feel it's more possible.

Trainee T: Exactly, yeah! Like I can do it too, if other people can do it.

YX: Yeah, I know what you mean.

Appendix 6.1 Intercultural satisfaction across 10-stage sail-training process

