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HCOM 434: Creative Publishing and Critical
Storytelling

2021

Lockdown

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Madison Mederos

5/7/2021

Lockdown

It seemed as if the world stopped turning
And I stopped living
The independence I had built
Came crumbling down

I didn't just feel isolated this time
I truly was all alone
Forced to be trapped inside
With my thoughts to keep me company

Leg shaking
Nail-biting
Heavy breathing
My anxiety is through the roof

Constant worrying
A million thoughts
Running through my head
Of the past, of the future

My thoughts seem to be everywhere
Yet nowhere at all
I can't focus
I want to sleep

To sleep until it's over
Put me in an induced coma
I'm tired of doing nothing
Of my life going nowhere

It feels as if my days are endless
Never meeting anyone new
Never leaving
Never growing

My college experience is fading away
Just as my life seems to be
My chance at independence lost
The fear grows inside me

When life eases back into normal
I may be done with school
My last shred of adolescence
Torn away from me

I will be thrown into adulthood
By myself with no friends
No social skills
And more introverted than ever

I will feel alone
Maybe more than I ever have
Maybe the same as I always have
I'm no good at making friends

Impressing bosses seems impossible
Making work friends seems unthinkable
Taking care of myself seems impractical
I will waste away

I feel as though my time is running out
I may be young but my life is slipping away
Covid may be the death of me
But in a different way than you think

-Madison Mederos