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1 **Effect of increasing lignin in isoenergetic diets at two soluble fibre levels**
2 **on digestion, performance and carcass quality of growing rabbits**

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14
15 Running head: Lignin and soluble fibre in growing rabbits

16

17 **Abstract**

18 To assess the effect of increasing dietary lignin in isoenergetic diets at two soluble fibre (SF)
19 levels on digestion, performance and carcass quality of growing rabbits, four diets were
20 formulated according a 2×2 factorial design: low SF-low lignin (LSF/LL), low SF-high lignin
21 (LSF/HL), high SF-low lignin (HSF/LL) and high SF-high lignin (HSF/HL). On average, in
22 HSF diets SF was increased by 49 g/kg DM, mainly replacing starch (-53 g/kg DM), and in
23 HL diets, lignin was increased by 40 g/kg, mainly reducing starch (-78 g/kg DM), with
24 increasing EE (+31 g/kg DM). Two hundred and sixty crossbred weaned rabbits (35 days old)
25 were assigned to the experimental diets, individually housed and fed *ad libitum* until 63 days
26 of age. Digestibility (from 49 to 53 days old), growth performance (from 35 to 63 days old),
27 carcass quality (at 63 days old) and caecal environment (at 63 days old) were studied in 12,
28 65, 45 and 16 rabbits per diet, respectively. High SF diets showed higher CTTAD of fibrous
29 fractions (+0.206±0.011, +0.207±0.015, +0.214±0.011 and +0.167±0.015 for aNDFom,
30 ADFom, hemicelluloses and cellulose, respectively, $P<0.001$), OM (+0.042±0.004,
31 $P<0.001$) and GE (+0.055±0.005, $P<0.001$), resulting in high DE content (10.6 vs. 9.30
32 MJ/kg DM). In contrast, CTTAD of CP was lower (-0.023±0.009, $P=0.013$), as well as the
33 DP content (96.9 vs. 103 g/kg DM). This dietary variation reduced the DM content of caecal
34 digesta (-28±3 g/kg, $P<0.001$), besides increasing its VFA concentration (+18.0±4.0 mmol/L,
35 $P<0.001$) and reducing its pH (-0.28±0.05, $P<0.001$). Feed intake and LW gain decreased,
36 with an improvement of feed to gain ratio (-13.8%, -4.7%, -9.4%, respectively; $P<0.001$).
37 The proportion of gastrointestinal tract was increased, with a subsequent reduction in
38 dressing out (+19±2 g/kg LW and -15±2 g chilled carcass weight/kg LW, respectively,
39 $P<0.001$). High lignin diets showed lower CTTAD of OM (-0.055±0.004, $P<0.001$) and GE
40 (-0.034±0.005, $P<0.001$) without affecting DE and DP contents. This dietary variation
41 increased DM content of caecal digesta (+21±3 g/kg, $P<0.001$), but did not affect the other

42 caecal digesta traits. Feed intake was higher (+4.9%, $P<0.001$), although differences were
43 dependent on the growth phase and the SF level (maximum difference at 35-49 days with low
44 SF diets, +11.0%, $P<0.001$; minimum difference at 49-63 days with high SF diets, +1.0%,
45 $P=0.689$), but did not affect LW gain and consequently impaired the feed to gain ratio
46 (+5.1%, $P<0.001$). No effect was observed on dressing out, but the dissectible fat proportion
47 increased (+6.7±1.1 g/kg reference carcass weight, $P<0.001$).

48

49

50 **Keywords:** lignin, soluble fibre, growing rabbits

51

52 **Introduction**

53 In recent years, the role of dietary soluble fibre (SF) in growing rabbits has been
54 examined in numerous studies and the object of meta-analysis or review (Trocino *et al.*,
55 2013a; Gidenne, 2015). The main practical results of increasing SF (ordinarily from sugar
56 beet pulp) in diets for growing rabbits are usually the reduction in mortality due to digestive
57 troubles and the increase in relative full gastrointestinal weight and a consequent decrease in
58 dressing out. On the other hand, an increase in lignin content in diets for growing rabbits is
59 associated with a lower frequency of digestive troubles and a faster digestive transit (Gidenne
60 and Perez, 1994; Gidenne *et al.*, 2001), and to a lower relative weight of caecal digesta
61 (Nicodemus *et al.*, 1999; García *et al.*, 2002). Accordingly, the impairment of dressing out
62 induced by high SF diets could be amended by increasing the dietary lignin content through
63 reducing the relative caecal weight. The aim of the current study was to assess the effect of
64 increasing dietary lignin in isoenergetic diets at two SF levels on digestion, performance and
65 carcass quality of growing rabbits.

66

67 **Material and Methods**

68 *Diets*

69 Four experimental diets (LSF/LL, LSF/HL, HSF/LL, HSF/HL) were formulated
70 according to a 2×2 factorial design with two levels of SF and lignin. The composition of the
71 experimental diets is described in Table 1. From low SF diets (LSF), high SF diets (HSF)
72 were essentially obtained by increasing the inclusion of beet pulp (+229 g/kg DM) at the
73 expense of wheat (-102 g/kg DM), alfalfa hay (-83 g/kg DM) and cereal straw (-70 g/kg DM).
74 From low lignin diets (LL), high lignin diets (HL) were essentially obtained by increasing the
75 inclusion of defatted grape seed (+141 g/kg DM) at the expense of corn starch (-76 g/kg
76 DM), grape marc (-40 g/kg DM) and cereal straw (-42 g/kg DM). On average, the SF level in

77 HSF diets was increased by 49 g/kg DM, mainly replacing starch (-53 g/kg DM), and lignin
78 level in HL diets was increased by 40 g/kg, mainly reducing starch (-78 g/kg DM), with
79 increasing EE (+31 g/kg DM). Diets were formulated to have the same DE, CP, amino acid
80 and mineral contents, according to recommendations for fattening rabbits (De Blas and
81 Mateos, 2010). However, differences in DE content were found between LSF and HSF (on
82 average, 9.30 vs 10.6 MJ/kg DM, respectively). All the experimental diets included diclazuril
83 (1 ppm) as coccidiostat. No antibiotics were used in feed or water.

84 *Animals and experimental procedures*

85 The experimental protocols followed the Spanish Royal Decree 53/2013 on the
86 protection of animals used for scientific purposes (Boletín Oficial del Estado, 2013), as well
87 as the recommendations for applied nutrition research in rabbits described by the European
88 Group on Rabbit Nutrition (Fernández-Carmona *et al.*, 2005), and were approved by the
89 Committee of Ethics and Animal Welfare of the Universitat Politècnica de València.

90 Two hundred and sixty crossbred rabbits (H×LP does, inseminated with pooled semen
91 from R bucks; lines H, LP and R from Universitat Politècnica de València, Spain) delivered
92 in three batches were used. At weaning (35 days old), animals were blocked by litter,
93 assigned at random to the experimental diets and individually housed in metabolic (44 × 52 ×
94 32 cm; 48 animals) or conventional (26 × 50 × 31 cm; 212 animals) cages until 63 days old.
95 Feed and water were provided *ad libitum*. Throughout the experimental period (February to
96 April), animals were kept at 11°C to 22°C, with a photoperiod of 12 hours of light and 12
97 hours of darkness.

98 Animals in metabolic cages (12 rabbits per diet) were used to perform a digestibility
99 trial according Perez *et al.* (1995), with a 4-day period for recording feed intake and
100 collecting faeces (from 49 to 53 days old). Faeces were stored in identified sealed plastic bags
101 and frozen at -20 °C until analysis. The CTTAD of DM, OM, CP, aNFDom, ADFom,

102 hemicelluloses, cellulose and GE were determined for each animal. In addition, 20 g of the
103 individual faecal samples from each diet were pooled to obtain an average sample used to
104 estimate CTTAD of EE, TDF and SF. All animals (65 rabbits per diet) were used to carry out
105 a growth trial recording feed intake and LW every two weeks. Sanitary status was monitored
106 daily. A total of 37 rabbits (14.2%) died and another four rabbits (1.5%) were discarded as
107 declared morbid due to diarrhoea symptoms, very low feed intake or LW gain. At 63 days of
108 age, 45 rabbits per diet, non-fasted and randomly selected, were slaughtered in the morning
109 (8:00-10:00 h) by electrical stunning (90V, 50Hz, 3s) and bleeding. After skinning, the full
110 gastrointestinal tract was removed and weighed. Next, the caecum was separated and
111 weighed. Carcasses were suspended for 30 min and then cooled in a chamber at 3 °C for 24 h.
112 Chilled carcass weight (CCW) and reference carcass weight (RCW, after removing liver,
113 kidneys, thoracic viscera and head) were recorded according to Blasco and Ouhayoun (1996).
114 Scapular and perirenal fat were separated and weighed. Caecal digesta from 16 rabbits per
115 diet was collected and the pH was measured (GLP21 pHmeter, Crison, Barcelona, Spain).
116 Samples were taken for later determination of VFA and ammonia concentrations, by adding 2
117 mL 0.35 M H₃PO₄ or 3 mL 0.35 M H₂SO₄ to 1 g of caecal digesta, respectively. Caecal
118 digesta samples and the remaining caecal digesta were frozen at -20 °C until analysis.

119 *Chemical analyses*

120 Methods of the AOAC (2002) were used for DM (934.01), ash (942.05), CP (990.03,
121 Dumas method, CN628 Elemental Analyzer, LECO, St. Joseph, MI, USA) and EE (920.39,
122 with acid-hydrolysis of samples prior to the extraction). Starch content was determined
123 according to Batey (1982), by a two-step enzymatic procedure with solubilisation and
124 hydrolysis to maltodextrins with thermostable α -amylase followed by complete hydrolysis
125 with amyloglucosidase (both enzymes from Sigma-Aldrich, Steinheim, Germany), and the
126 resulting glucose being measured by the hexokinase/glucose-6 phosphate

127 dehydrogenase/NADP system (R-Biopharm, Darmstadt, Germany). The TDF content was
128 determined by a gravimetric-enzymatic method, AOAC procedure 985.29 (2002), with α -
129 amylase, protease and amyloglucosidase treatments (Megazyme Int. Ireland Ltd., Wicklow,
130 Ireland), correcting for ash and CP. The aNDFom, ADFom and lignin (sa) fractions were
131 analysed sequentially according to Mertens *et al.* (2002), AOAC procedure 973.18 (2002)
132 and Robertson and Van Soest (1981), respectively, with a thermostable α -amylase pre-
133 treatment and expressed exclusive of residual ash, by using a nylon filter bag system
134 (Ankom, Macedon, NY, USA). Hemicelluloses and cellulose were calculated by difference
135 [aNDFom-ADFom and ADFom-lignin (sa), respectively]. The SF content was determined as
136 proposed by Van Soest *et al.* (1991), by subtracting the aNDFom corrected for CP from the
137 TDF content. The GE content was determined by adiabatic bomb calorimetry (Gallenkamp
138 Autobomb, Loughborough, UK).

139 Determination of VFA was based on the method described by Jouany (1982). Samples
140 were filtered through 0.45 μ m cellulose syringe filters. Next, 100 μ L of an internal standard
141 solution (0.4 g of 4-methylvaleric acid diluted in 100 mL of deionised water) and 0.1 mL of a
142 preservative (5% H₃PO₄ and 1% HgCl in deionised water) were added to 0.9 mL of filtrate.
143 One μ L from each sample was injected into a gas chromatograph (Fisons 8000 series, Milan,
144 Italy) equipped with a split/splitless injector and FID detector. The separation of VFA was
145 made in a DB-FFAP capillary column (30 m x 0.25 mm x 0.25 μ m of film thickness, J&W
146 Scientific, Folson, CA, USA). The carrier gas was N₂ at a constant pressure of 120 kPa.
147 Injector and detector temperatures were set at 200 °C and 245 °C respectively. The initial
148 oven temperature was set at 110 °C, held for five min and increased to 230 °C at 8.5 °C/min
149 and finally maintained at that temperature for 10 min. Finally, VFA were identified by
150 comparing their retention times with a standard (46975-U from Supelco®, Bellefonte, PA,
151 USA). Ammonia concentration was determined according to procedure 984.13 of the AOAC

152 (2002). The VFA and ammonia concentrations were expressed as mmol/L of the liquid phase
153 of caecal digesta.

154 *Statistical analyses*

155 The data were analysed using the GLM procedure from SAS (2009) according to a
156 model including the SF level, the lignin level and their interaction as main effects. In the case
157 of growth performance and carcass traits, litter as block effect and weaning weight as linear
158 covariate were also included in the model. When interaction was significant ($P<0.05$), the
159 least square means of diets were compared by t-test.

160

161 **Results**

162 *Digestibility*

163 The CTTAD of DM, OM and GE were higher in HSF than in LSF diets
164 ($+0.034\pm 0.004$, $+0.042\pm 0.004$ and $+0.055\pm 0.005$, respectively, $P<0.001$, Table 2). Similarly,
165 the CTTAD of the fibrous fractions were higher in HSF than in LSF diets ($+0.206\pm 0.011$,
166 $+0.207\pm 0.015$, $+0.214\pm 0.011$ and $+0.167\pm 0.015$ for aNDFom, ADFom, hemicelluloses and
167 cellulose, respectively, $P<0.001$). On the contrary, the CTTAD of CP was lower in HSF than
168 in LSF diets (-0.023 ± 0.009 , $P=0.013$). Average CTTAD of TDF and SF, determined by
169 analysing the faeces pools, were higher in HSF than in LSF diets (0.368 vs. 0.184 and 0.648
170 vs. 0.444, respectively). Thus, the DE content resulted higher and the DP content lower in
171 HSF than in LSF diets (10.6 vs. 9.30 MJ/kg DM and 96.9 vs. 103 g/kg DM, respectively;
172 Table 1). On the other hand, the CTTAD of DM, OM and GE were lower in HL than in LL
173 diets (-0.051 ± 0.004 , -0.055 ± 0.004 and -0.034 ± 0.005 , respectively, $P<0.001$). However, the
174 CTTAD of hemicelluloses was higher in HL than in LL diets ($+0.062\pm 0.011$, $P<0.001$).
175 Average CTTAD of EE, determined by analysing the faeces pools, was higher in HL than in

176 LL diets (0.833 vs. 0.699). The DE and DP contents were very similar in HL and LL diets,
177 having the same SF level (Table 1).

178 *Growth performance and carcass traits*

179 Compared to LSF diets, HSF diets reduced intake (-13.8%, $P<0.001$, Table 3) as well
180 as, to a lesser extent, LW gain (-4.7%, $P<0.001$) and therefore improved the feed to gain ratio
181 (-9.4%, $P<0.001$). Compared to LL diets, HL diets resulted in higher feed intake (+4.9%,
182 $P<0.001$), but did not affect LW gain and consequently impaired the feed to gain ratio
183 (+5.1%, $P<0.001$). Differences in feed intake between LL and HL diets were dependent on
184 the growth phase and the SF level (Figure 1), being more relevant in the post-weaning phase
185 (35-49 days old) than later (49-63 days old) and with LSF than HSF diets (maximum
186 difference at 35-49 days with LSF diets, +11.0%, $P<0.001$; minimum difference at 49-63
187 days with HSF diets, +1.0%, $P=0.689$).

188 Compared to LSF diets, HSF diets led to a higher proportion of the gastrointestinal
189 tract (+19±2 g/kg LW, $P<0.001$, Table 4), as observed mainly in the caecum (+9.4±1.2 g/kg
190 LW, $P<0.001$), lower dressing out (-15±2 g CCW/kg LW, $P<0.001$) and higher reference
191 carcass yield (+5.5±2.1 g RCW/kg CCW, $P=0.010$), but no differences were observed in the
192 proportion of dissectible fat compared to the reference carcass. Additionally, with regard to
193 LSF diets, HSF diets improved the feed to chilled carcass and feed to reference carcass ratios
194 (-9.5% and -10.1%, respectively, $P<0.001$). Compared to LL diets, HL diets reduced the
195 proportion of the caecum (-6.0±1.6 g/kg LW, $P<0.001$) and gastrointestinal tract (-8.3±3.0
196 g/kg LW, $P=0.006$) only in LSF diets, did not affect the dressing out and increased the
197 reference carcass yield (+16±2 g RCW/kg CCW, $P<0.001$) and the proportion of dissectible
198 fat in the reference carcass (+6.7±1.1 g/kg RCW, $P<0.001$), by increasing the proportion of
199 the two considered fatty depots. Additionally, with regard to LL diets, HL diets impaired the

200 feed to chilled carcass (+4.2%, $P<0.001$) and feed to reference carcass (+2.1%, $P=0.033$)
201 ratios.

202 *Caecal environment*

203 Compared to LSF diets, HSF diets induced lower DM content (-28 ± 3 g/kg, $P<0.001$,
204 Table 5) and pH (-0.28 ± 0.05 , $P<0.001$), besides higher VFA concentration ($+18.0\pm 4.0$
205 mmol/L, $P<0.001$), without affecting the molar proportions of acetate, propionate and
206 butyrate, as well as the ammonia concentration. Compared to LL diets, HL diets increased the
207 DM content ($+21\pm 3$ g/kg, $P<0.001$), more clearly in the HSF diets ($+30\pm 4$ g/kg, $P<0.001$)
208 than in LSF diets ($+12\pm 4$ g/kg, $P=0.011$), but did not affect the other caecal digesta traits.

209

210 **Discussion**

211 *Soluble fibre replacing starch*

212 In the last two decades, great efforts have been made in researching the effects of
213 increasing SF in rabbit diets. However, the dietary changes involved varied widely among the
214 different experiments. For this reason, it is mainly experiments where SF equivalently
215 replaced starch without important changes in the dietary levels of insoluble fibres, CP and EE
216 that are taken into account in the following discussion.

217 In the current study, increasing SF at the expense of starch also involved important
218 simultaneous changes in the origin of both soluble and insoluble fibre, resulting in higher
219 CTTAD of SF (determined from pools of faeces), aNDFom, ADFom, hemicelluloses and
220 cellulose. Trocino *et al.* (2013a) emphasised that faecal digestibility of both soluble and
221 insoluble fibre increases linearly with the dietary SF level (as well as with the level of
222 inclusion of beet pulp in the diet) due to the high faecal digestibility of all the fibre
223 constituents from sources of SF (mainly beet pulp). Although starch is almost completely
224 digested in rabbits (Blas and Gidenne, 2010) and the CTTAD of SF in the current study was

225 lower than those usually reported (0.70-1.00; Trocino *et al.*, 2013a; Gidenne, 2015), increases
226 in CTTAD of the different fibrous fractions explain the higher CTTAD of DM, OM and GE
227 as well as dietary DE content (+14%) when SF replaced starch, as also observed in other
228 experiments (Grueso *et al.*, 2013; Trocino *et al.*, 2013b). In contrast, Xiccato *et al.* (2011) and
229 Delgado *et al.* (2018, 2019) found no effects on the CTTAD of DM and GE, as well as on
230 dietary DE content, as no differences or lesser increase in CTTAD of SF and lesser increase
231 in CTTAD of aNDFom were observed when SF replaced starch, probably because the dietary
232 changes in these studies involved different variations in the proportion of fibre constituents
233 coming from wheat bran or from alfalfa and straw, respectively. The effect of SF replacing
234 starch on the CTTAD of CP would be also dependent on the influence of the concomitant
235 changes in the nature of the dietary CP, associated with variations in the contribution of the
236 diverse ingredients. In the current study, increasing SF at the expense of starch slightly
237 reduced the CTTAD of CP, in parallel to increased neutral detergent insoluble CP (37 and 8
238 g/kg DM in HSF and LSF diets, respectively). These results agree with those by Grueso *et al.*
239 (2013), where no data on neutral detergent insoluble CP are indicated, and Delgado *et al.*
240 (2019). Conversely, no differences were found in CTTAD of CP in studies where changes in
241 neutral detergent insoluble CP were negligible (Xiccato *et al.*, 2011; Trocino *et al.*, 2013b).

242 The amount of TDF apparently digested in the gastrointestinal tract during the
243 growing period averaged 23.1 and 12.0 g/d in HSF and LSF diets, respectively. Consistently,
244 fermentative activity estimated as the VFA concentration in caecal digesta was 26% higher in
245 HSF than LSF diets. This effect of SF replacing starch has been also previously reported
246 (Xiccato *et al.*, 2011; Martínez-Vallespín *et al.*, 2013; Trocino *et al.*, 2013b; Soler, 2014;
247 Ocasio-Vega *et al.*, 2018), in accordance with caecal VFA concentration increasing linearly
248 with dietary SF content (Trocino *et al.*, 2013a). Higher VFA concentration in ileal digesta
249 when SF replaced starch has been also reported (Ocasio-Vega *et al.*, 2018). The effect on the

250 caecal fermentation profile is controversial, as depending on the studies no changes (Trocino
251 *et al.*, 2013b; current study), an increase of butyrate at the expense of acetate (Martínez-
252 Vallespín *et al.*, 2013; Soler, 2014), and the opposite (Xiccato *et al.*, 2011; Ocasio-Vega *et*
253 *al.*, 2018) have been observed. The discrepancies are probably due to methodological
254 differences between experiments or/and to concurrent dietary changes induced by increasing
255 SF at the expense of starch, which varied greatly between experiments, particularly those
256 affecting the origin of the dietary soluble and, particularly, insoluble fibre. Decreases in the
257 ammonia caecal concentration reported when SF replaced starch (Xiccato *et al.*, 2011;
258 Martínez-Vallespín *et al.*, 2013; Trocino *et al.*, 2013b; Soler, 2014) could be explained by an
259 increase in ammonia uptake for microbial protein synthesis supporting the enhanced
260 microbial activity, but this effect was not detected in the current study. In addition to the
261 methodological differences mentioned above, interactions with changes in caecal proteolytic
262 activity due to variations in the origin of protein cited above can be hypothesised. Caecal pH
263 was lower in HSF than LSF diets, as found in some experiments (Xiccato *et al.*, 2011;
264 Martínez-Vallespín *et al.*, 2013; Trocino *et al.*, 2013b, Delgado, 2017) but not in others
265 (Martínez-Vallespín *et al.*, 2013; Soler, 2014; Delgado, 2017). Caecal pH decreases linearly
266 as SF increases (Trocino *et al.*, 2013a) but VFA and ammonia concentrations in caecal
267 digesta explain only 12% of caecal pH variability, also depending on physicochemical
268 characteristics of caecal DM (García *et al.*, 2002).

269 The DM in caecal digesta decreased when SF replaced starch, probably because of the
270 high water holding capacity of pectins (Gidenne *et al.*, 2010). However, this effect would be
271 dependent on the dietary lignin content, as this reduction was greater in LL than HL diets
272 (averaging 42 g and 82 g lignin/kg DM, respectively) and was also observed in 4-6 week old
273 rabbits when diets had 57 g lignin/kg DM, but disappeared in diets containing 97 g lignin/kg
274 DM (Martínez-Vallespín *et al.*, 2013; Soler, 2014). This interaction could be explained by

275 faster digestive transit of fine particles (and probably liquid phase) and not of large ones, as a
276 result of increased dietary lignin content (Gidenne and Perez, 1994), as well as by the
277 hydrophobic nature of lignin, which could reduce the water holding capacity of caecal
278 digesta.

279 Higher DE content in HSF diets compared to LSF diets explains lower feed intake and
280 improved feed to gain ratio. These effects have previously been reported (Martínez-Vallespín
281 *et al.*, 2011; Trocino *et al.*, 2013b; Soler, 2014; Delgado *et al.*, 2018). However, the effect of
282 SF replacing starch on LW gain is controversial and would be dependent on protein supply.
283 Thus, while DE intake was very similar with HSF and LSF diets (1.44 ± 0.02 vs. 1.46 ± 0.02
284 MJ/d, $P=0.224$), DP intake was clearly lower in HSF than in LSF diets (13.1 ± 0.2 vs. 16.1 ± 0.2
285 g/d, -23% , $P<0.001$). In fact, the usual recommendation for the DP to DE ratio for growing
286 rabbits is 10.5-11.0 g/MJ (Xiccato and Trocino, 2010) and HSF but not LSF diets would be
287 unbalanced (9.12 vs. 11.0 g/MJ, respectively). In this line, lower LW gain has been observed
288 when SF replaced starch in low protein diets (144-147 g CP/kg DM) but not in high protein
289 diets (172-179 g CP/kg DM) (Martínez-Vallespín *et al.*, 2011; Soler, 2014) and when DP
290 intake was hardly reduced while SF replaced starch (Trocino *et al.*, 2013b; Delgado *et al.*,
291 2018). Logically, no effects on feed intake, LW gain or feed to gain ratio were observed
292 when SF replaced starch without altering the dietary DE content and the DP to DE ratio
293 (Xiccato *et al.*, 2011).

294 A negative impact of increasing SF at the expense of starch on dressing out was
295 observed, associated with higher relative weight of the gastrointestinal tract, mainly as a
296 result of the effect on caecum, in line with other studies (Martínez-Vallespín *et al.*, 2013;
297 Pascual *et al.*, 2014; Soler, 2014). However, no effects of SF replacing starch on dressing out
298 have been reported (Trocino *et al.*, 2013b), even in spite of increasing the relative weight of
299 the gastrointestinal tract (Xiccato *et al.*, 2011). Trocino *et al.* (2013a) underlined that

300 elucidating the effects of fibrous fractions on gastrointestinal weight and dressing out can be
301 difficult due to differences in age and LW at slaughter, as well as in pre-slaughter conditions
302 (fasting or not, transport and wait length, etc.) among experiments. On the other hand, SF
303 replacing starch increased the reference carcass yield, as also reported by Pascual *et al.*
304 (2014), who detected a concomitant reduction in the relative weight of liver. No effects of SF
305 replacing starch on dissectible fat in the reference carcass have been reported in studies where
306 neither LW nor chilled and reference carcass weight were affected (Xiccato *et al.*, 2011;
307 Trocino *et al.*, 2013b). Similarly, Delgado *et al.* (2018) found no differences in fat content of
308 the carcass estimated *in vivo* by bioelectrical impedance analysis when SF replacing starch
309 had no effect on LW. However, Pascual *et al.* (2014) observed less dissectible fat when SF
310 replaced starch, impairing LW as well as chilled and reference carcass weight. In the current
311 study, SF replacing starch also impaired LW (-71 ± 21 g, $P=0.001$), CCW (-74 ± 13 g, $P<0.001$)
312 and RCW (-52 ± 10 g, $P<0.001$), but no effect was observed on dissectible fat in the reference
313 carcass, probably because of the above commented low PD to DE ratio in HSF diets,
314 resulting in poor protein supply and more energy for the synthesis of body fat. In this
315 situation, the lower body fat associated with lower carcass weight would be compensated by
316 the higher body fat associated with low PD to DE ratio (De Blas and Mateos, 2010).
317 Interestingly, the feed to chilled or reference carcass ratios remained noticeably improved in
318 HSF diets compared to LSF diets.

319 *Lignin and fat replacing starch*

320 In spite of much effort in research on rabbit nutrition involving changes in dietary
321 levels of lignin, fat and starch, to the authors' knowledge no experiments have approached
322 the effects of increasing the dietary lignin and fat contents, replacing starch in growing rabbit
323 diets with negligible variations in the level of other insoluble or soluble fibrous fractions.

324 In the current study, this dietary change reduced the CTTAD of DM, OM and GE, but
325 the dietary DE content was unaffected, mainly due to the higher GE content in HL than in LL
326 diets. On the other hand, in spite of the higher CTTAD of hemicelluloses in HL than in LL
327 diets, probably associated with changes in the origin of this fibrous fraction, the amount of
328 TDF apparently digested in the gastrointestinal tract during the growing period was similar in
329 HL and LL diets (averaging 18.4 and 17.1 g/d, respectively), explaining the lack of
330 differences in VFA concentration and pH in caecal digesta. However, Martínez-Vallespín *et*
331 *al.* (2013) found higher a VFA concentration in caecal digesta when ADFom, essentially
332 lignin, replaced starch without changing fat content, although in younger animals (5-week
333 old) sampled in the evening.

334 The role of lignin in stimulating the rate of passage of fine particles (and probably
335 liquid phase) and not of large ones, as well as its previously cited hydrophobic nature, would
336 explain the DM content of caecal digesta being higher in HL than in LL diets, particularly in
337 HSF diets. These results closely agree with those reported by Martínez-Vallespín *et al.*
338 (2013). However, the consequences on caecal weight are controversial, as increasing lignin in
339 the current study reduced caecal weight in LSF diets, but not in HSF diets, whereas Martínez-
340 Vallespín *et al.* (2013) found the opposite. Age and diet dependent differences in the role of
341 lignin affecting feed intake and stimulating the digestive transit can be hypothesised to
342 explain discrepancies between both studies. During the post-weaning period (4 to 7 weeks of
343 age; Martínez-Vallespín *et al.*, 2011), lignin similarly increased feed intake with high and low
344 SF diets, whereas the reduction in relative caecal weight of 5-week old rabbits was detected
345 in high but not in low SF diets (Martínez-Vallespín *et al.*, 2013), suggesting a greater effect
346 of lignin stimulating caecal rate of passage in high SF diets. In contrast, during the late
347 growing period (7 to 9 weeks of age; current study), lignin increased feed intake (194 ± 3 vs.
348 185 ± 3 g DM/day, $P=0.027$) and reduced relative caecal weight with LSF diets, but did not

349 affect feed intake (167 ± 3 vs. 166 ± 3 g DM/day, $P=0.689$) and relative caecal weight with HSF
350 diets, paradoxically suggesting the persistence of the specific role of lignin stimulating feed
351 intake and caecal rate of passage in low SF-low DE diets but not in high SF-high DE diets,
352 where feed intake seemed essentially regulated by a chemostatic mechanism to maintain DE
353 intake constant (Xiccato and Trocino, 2010).

354 Feed intake during the overall growing period was higher in HL than in LL diets,
355 although HL and LL diets were iso-energetic in terms of DE. Consequently, DE intake was
356 higher with HL than with LL diets (1.48 ± 0.02 vs. 1.41 ± 0.02 MJ/d, +5.0%, $P<0.001$),
357 although LW gain was unaffected and, therefore, feed to gain ratio was impaired in HL diets
358 compared to LL diets. On the other hand, the above mentioned effect of lignin decreasing
359 relative caecal weight with LSF diets was paralleled by decreasing relative weight of the
360 gastrointestinal tract, although dressing out did not improve significantly. Moreover, contrary
361 to what was hypothesised, increasing lignin did not improve dressing out in HSF diets due to
362 the lack of effect on relative caecal and gastrointestinal weights. As fat content and
363 digestibility was higher in HL than in LL diets, the amount of digested fat and its contribution
364 to DE intake were greater with HL than with LL diets (averaging 8.2 and 3.5 g/d, 21.6% and
365 9.6%, respectively). Higher DE intake and digested fat with HL than with LL diets without
366 affecting LW (-4 ± 21 g, $P=0.856$) and CCW ($+1\pm13$ g, $P=0.919$) would lead to higher carcass
367 adiposity, as suggested by the higher dissectible fat proportion in the reference carcass with
368 HL than with LL diets. Fernández and Fraga (1996) reported that dietary fat replacing starch
369 increases the body fat content and reduces the relative weight of liver, probably as a
370 consequence of higher availability of dietary fat and lower extent of hepatic lipogenesis.
371 Higher fat accretion would explain higher reference carcass weight ($+24\pm10$ g, $P=0.013$) and,
372 together with the hypothetical reduction in relative liver weight, higher reference carcass

373 yield (+16±2 g/kg CCW, $P<0.001$) with HL than with LL diets. Nevertheless, the feed to
374 chilled or reference carcass ratios were still impaired in HL diets compared to LL diets.

375

376 **Conclusion**

377 With respect to low SF diets, high SF diets with SF replacing starch with minor
378 changes in insoluble fibre level, but involving important changes in the origin of both soluble
379 and insoluble fibre, showed higher CTTAD of all fibrous fractions, OM and GE, resulting in
380 high DE content. This dietary variation also affected caecal environment, reducing DM
381 content of caecal digesta besides increasing its VFA concentration and reducing its pH,
382 reduced feed intake and impaired LW gain but improved feed to gain ratio, and had negative
383 impact on dressing out.

384 Increasing lignin and fat replacing starch reduced CTTAD of OM and GE without
385 affecting DE content. This dietary variation increased the DM content of caecal digesta,
386 increasing feed intake except for high SF diets in the late growing period, without affecting
387 LW gain and, consequently, impaired feed to gain ratio. Increasing lignin and fat replacing
388 starch failed to improve dressing out in high SF diets, but increased carcass adiposity.

389 The research over the last two decades has shown that the use of diets enriched in
390 soluble or insoluble fibre is of interest to reduce the incidence of digestive problems in
391 growing rabbits, in the context of a rabbit production that aims to eliminate or at least
392 minimise the use of antibiotics. However, such diets can reduce the animals' performance. In
393 the current study, the negative impact that the increase of soluble fibre replacing starch had
394 on dressing out could not be corrected by increasing lignin and fat replacing starch. More
395 research is needed to provide diets that simultaneously optimise digestive health and
396 performance of growing rabbits.

397

398

399

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403

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499 performance of growing rabbits. *Animal* 5, 1179-1187.

500 **Figure caption**

501

502 Figure 1. Effect of diet on feed intake in rabbits during (1) the post-weaning phase (35 to 49
503 days old) and (2) the late growing phase (49 to 63 days old). LSF: low soluble fibre; HSF:
504 high soluble fibre; LL: low lignin; HL: high lignin. ^{a, b, c, b} Means not sharing any common
505 superscript are significantly different ($P<0.05$).