The role of olfactory transport in the penetration of manganese oxide nanoparticles from blood into the brain

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There is no doubt that various nanoparticles (NPs) can enter the brain from the nasal cavity. It is assumed that NPs can penetrate from blood into the central nervous system (CNS) only by breaking the blood-brain barrier (BBB). The accumulation of NPs in CNS can provoke many neurological diseases; therefore, the understanding of its mechanisms is of both academic and practical interest. Although hitting from the surface of the lungs into the bloodstream, NPs can accumulate in various mucous membranes, including the nasal mucosa. Thus, we cannot rule out the ability of NPs to be transported from the bloodstream to the brain through the olfactory uptake. To test this hypothesis, we used paramagnetic NPs of manganese oxide (Mn₃O₄-NPs), whose accumulation patterns in the mouse brain were recorded using T1-weighted magnetic resonance imaging. The effect of intranasal application of endocytosis and axonal transport inhibitors on the brain accumulation patterns of intranasally or intravenously injected Mn_3O_4 -NPs was evaluated. A comparative analysis of the results showed that the transport of Mn₃O₄-NPs from the nasal cavity to the brain is more efficient than their local permeation through BBB into CNS from the bloodstream, for example with the accumulation of Mn_3O_4 -NPs in the dentate gyrus of the hippocampus, and through the capture and transport of NPs from the blood by olfactory epithelium cells. Also, experiments with the administration of chlorpromazine, a specific inhibitor of clathrin-dependent endocytosis, and methyl-\beta-cyclodextrin, inhibitor of the lipid rafts involved in the capture of substances by endothelium cells, showed differences in the mechanisms of NP uptake from the nasal cavity and from the bloodstream. In this study, we show a significant contribution of axonal transport to NP accumulation patterns in the brain, both from the nasal cavity and from the vascular bed. This explains the accumulation of different sorts of submicron particles (neurotropic viruses, insoluble xenobiotics, etc.), unable to pass BBB, in the brain. The results will add to the understanding of the pathogenesis of various neurodegenerative diseases and help studying the side effects of therapeutics administered intravenously.

Key words: nanoparticles; olfactory transport; magnetic resonance imaging; intravenous injection.

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Роль ольфакторного транспорта в проникновении наночастиц оксида марганца из кровеносного русла в мозг

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Возможность поступления из носовой полости в головной мозг наночастиц (НЧ) различной природы не вызывает сомнения. Как уже было показано ранее, накопление НЧ в центральной нервной системе (ЦНС) может спровоцировать целый ряд неврологических заболеваний, поэтому понимание механизмов данного процесса представляет интерес как с научной, так и с практической точек зрения. Предполагается, что из крови НЧ могут проникнуть в ЦНС, исключительно преодолев гематоэнцефалический барьер (ГЭБ). Попав с поверхности легких в кровеносное русло, НЧ могут накапливаться в различных слизистых оболочках, в том числе и в слизистой носовой полости. Таким образом, нельзя исключать возможность транспорта НЧ из кровотока в мозг за счет их захвата окончаниями обонятельных нейронов. Для проверки этой гипотезы мы использовали парамагнитные НЧ оксида марганца (Mn₃O₄-HЧ), паттерны накопления которых в структурах мозга мыши регистрировали с помощью T1-взвешенной магнитнорезонансной томографии. В настоящем исследовании была проведена оценка влияния интраназальной аппликации ингибиторов эндоцитоза и аксонального транспорта на накопление Mn₃O₄-HЧ в структурах ЦНС при их введении в носовую полость или в кровоток. Сравнительный анализ полученных результатов показал, что перенос Mn₃O₄-HЧ из носовой полости в мозг эффективнее их проникновения в ЦНС из кровеносного русла, которое может осуществляться как за счет локального преодоления ГЭБ, например при накоплении Mn₃O₄-HЧ в зубчатой извилине гиппокампа, так и через захват и транспорт HЧ из крови клетками ольфакторного эпителия. При этом эксперименты с введением хлорпромазина, специфического ингибитора клатрин-зависимого эндоцитоза, и метил-β-циклодекстрина, вещества, разрушающего липидные рафты, участвующие в захвате веществ клетками эндотелия, продемонстрировали различия в механизмах захвата HЧ из носовой полости и кровеносного русла. В результате проведенного исследования нам удалось показать значимый вклад аксонального транспорта в поступление наночастиц в головной мозг как из носовой полости, так и из сосудистого русла. Это объясняет накопление в мозге субмикронных частиц различной природы (нейротропные вирусы, нерастворимые ксенобиотики и др.), которые не способны преодолевать ГЭБ. Полученные результаты будут полезны как для понимания патогенеза различных нейродегенеративных заболеваний, так и для исследования побочных эффектов терапевтических препаратов, вводимых внутривенно.

Ключевые слова: наночастицы; ольфакторный транспорт; магнитно-резонансная томография; внутривенное введение.

Introduction

People, like other mammalians, are constantly exposed to solid aerosols, which may include a great many of xenobiotics. Sedimentation of submicron and nanosized aerosols on the surface of the upper and lower respiratory tracts is followed by their penetration into blood and migration into internal organs, including the brain. Numerous experimental studies show that the accumulation of particulate matter in the brain of an animal leads to disruption of the dopaminergic and serotonergic systems of the brain and, as a consequence, to neurodegeneration (Tranfield, Walker, 2012). In addition, it is shown that people living than 50 m apart from motorways are at a dramatically higher risk of Alzheimer's disease. Analysis of the dependence of epidemiological situations on the concentration of solid aerosols and exhaust gases in the atmosphere shows that it is the concentration of solid particles in the air rather than the components of exhaust gases that influences the risk of neurodegenerative disorders (Chen et al., 2017).

Despite this, the respiratory and cardiovascular systems are considered the main targets for nanoaerosol toxicity (Donaldson et al., 2002; Chen et al., 2008; Brook et al., 2010; Kampfrath et al., 2011). Accordingly, most of the research is focused on the portal role of lungs in the penetration of nanoparticles into blood and their accumulation in internal organs, including the brain. At present, though, there is a significant body of experimental evidence for the key role of nasal epithelium in transporting nanoaerosols directly from the environment to the brain (Kreyling, 2016). For several viruses, the main route of penetration into the central nervous system of mammals is their transport from the nasal cavity to the brain. These include: herpes virus (HSV-1, HSV-2), (Kennedy, Chaudhuri, 2002), influenza A virus (Tanaka et al., 2003), bornaviruses (Sauder, Staeheli, 2003), rhabdoviruses, including rabies virus (Astic et al., 1993), parainfluenza (Mori et al., 2004), and prions (Zanusso et al., 2003). The basis of the olfactory transport of viruses and nanoparticles (Mistry et al., 2009) from the nasal cavity to the brain, is the uptake of the particles by the endings of the olfactory nerves, followed by movement inside the axons and passage through synaptic transmissions (Mori et al., 2005).

Since the nasal cavity is densely vascularized, NPs may enter the brain from the bloodstream. To assess the contribution of this process to the formation of observable spatiotemporal patterns of NP distribution in the mouse brain, we compared the accumulation of NPs in CNS after their intranasal and intravenous administrations. In this study, nanoparticles of manganese oxide (Mn₂O₄-NP) were used as an effective particulate paramagnetic agent detectable by magnetic resonance imaging (MRI). Assessment of Mn₃O₄-NP accumulation, based on the change in MRI signals in T1-weighted images of brain divisions of mice, was carried out 12 h after intranasal/ intravenous administration. According to the literature and our preliminary experiments, this time corresponds to the maximum accumulation of intranasally introduced nanoparticles in olfactory bulbs (OB) (Khlebtsov, Dykman, 2011). To identify the role of olfactory neurons in the transport of Mn₃O₄-NPs from the nasal cavity or bloodstream to the brain, the effect of preliminary nasal application of endocytosis and axonal transport inhibitors on the level of the MRI signal in CNS was investigated.

Materials and methods

Animals. Experiments were conducted with SPF Balb/c male mice (25–32 g, age 10–12 weeks, n_{total} = 64). Manipulations were carried out at the Center for Genetic Resources of Laboratory Animals of the Institute of Cytology and Genetics, Siberian Branch of the Russian Academy of Sciences, Novosibirsk. Experimental mice were kept in unisexual family groups of 2–5 animals in individually ventilated (IVC) cells of the OptiMice system (Animal Care Systems) under controlled conditions, at 22–26 °C, relative humidity 30–60 %, and the light:dark schedule 14:10 with dawn at 01:00. Food (Ssniff, Germany) and deionized water enriched with "Severyanka" (St. Petersburg) mineral mixture were provided to animals *ad libitum*.

Nanoparticles. We used commercially available manganese oxide Mn_3O_4 nanoparticles (Mn_3O_4 -NPs, US3340, US-NANO, USA).

The crystal structure of the purchased manganese nanoparticles was determined by X-ray powder diffraction on the VEPP-3 accelerator complex with the following synchrotron

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Fig. 1. Physicochemical characteristics of Mn₃O₄-NPs.

a – characterization of the crystalline phase in a sample of Mn₃O₄-NPs analyzed by powder X-ray diffraction; b – the values of the hydrodynamic radius (d) and zeta potential (ζ) of Mn₃O₄-NPs assessed by dynamic light scattering; c – dependence of the reciprocal of the relaxation time T1 on manganese concentration in the Mn₃O₄-NP samples; d – high-resolution TEM image of the Mn₃O₄-NPs.

radiation parameters: monochromatic beam wavelength $\lambda = 0.1516$ nm and angular range 20 from 45° to 75° (Fig. 1, *a*). The hydrodynamic diameter of Mn₃O₄-NPs in a colloidal solution was determined by dynamic light scattering (angle 90°, temperature 22 °C) and the zeta potential using electrophoresis in a U-shaped cell as recommended by the manufacturer Zetasizer NanoZS (Malvern, England) (see Fig. 1, *b*). The morphology and shape of the nanoparticles were studied by transmission electron microscopy (TEM). The JEM 1400 microscope (JEOL, Japan) was equipped with a digital camera Veleta (SIS, Germany) (see Fig. 1, *d*).

As shown in our previous work, relaxation values (R1, ms^{-1} , see Fig. 1, *c*) of Mn_3O_4 -NPs correlate with manganese concentration in the samples (Romashchenko et al., 2017). *In vivo* experiments showed that the amplitude of the MRI signal in OB 12 hours after the intranasal application of Mn_3O_4 -NPs was directly proportional to the manganese concentration in the tissue (Romashchenko et al., 2017). OB were taken for calibration, since the concentration of nanoparticles after the intranasal or inhalation administration is the highest in this region (Moshkin et al., 2014). Earlier, we demonstrated low solubility of Mn_3O_4 -NPs at different pH (4–7), which entitled us to regard the observed changes in the MRI signal in mouse brain divisions after intranasal/intravenous administration of

 Mn_3O_4 -NPs as a result of accumulation of insoluble manganese rather than Mn^{2+} in the nervous tissue (Romashchenko et al., 2017) and use the level of the T1-weighted MRI signal to assess NP accumulation in the tissue.

Experimental design. Animals were injected with 10 μ L of a colloidal solution of particles (5.5 mg/mL) in one nostril or 100 μ L of Mn₃O₄-NPs intravenously (retroorbital sinus). Five minutes before use, the NPs were dispersed for 1 min with an ultrasonic homogenizer at 20 kHz and 300 W. It had been shown in pilot experiments that the values of the MRI signal in olfactory epithelium (OE) and OB reached their maximum in both intravenous and intranasal injections 12 h after the NP injection. To determine the patterns of Mn₃O₄-NP accumulation, MRI of the mouse brain was performed twice: 24 h before and 12 h after administration. Comparison of the obtained values of the MRI signal before and after the presentation of the NPs made it possible to assess the significance of manganese accumulation in brain divisions.

In order to investigate the role of olfactory neurons in capturing and transporting manganese nanoparticles, mice were treated with 10 μ L of the following compounds before intranasal/intravenous administration of nanoparticles into each nostril:

chlorpromazine (C8138 SIGMA, Sigma-Aldrich) is a spe-

cific inhibitor of clathrin-dependent endocytosis (Wang et al., 1993; Boucrot et al., 2015). The drug was administered at a dose of 0.4 mg/kg;

- methyl-β-cyclodextrin (332615 SIGMA, Sigma-Aldrich) destroys lipid rafts (Brownell et al., 2011), participating in the capture of substances by endothelium cells. The drug was administered at a dose of 0.4 mg/kg;
- zinc chloride (229997 SIGMA, Sigma-Aldrich), inducer of olfactory epithelial cell death (Burd, 1993). The drug was administered at a dose of 20 mg/kg;
- colchicine (C9754 SIGMA, Sigma-Aldrich) inhibits tubulin polymerization, endocytosis and cellular transport (Castel, 1990). The drug was administered at a dose of 0.2 mg/kg. For each substance, eight animals were tested. Colchicine and chlorpromazine were injected 20 min and zinc chloride solution 24 h before the intranasal application of Mn₃O₄-NPs with respect to the onset of the effect.

MRI studies. The accumulation of paramagnetic nanoparticles in brain divisions of the mouse was investigated using MRI on the Ultra-High-Definition BioSpec 117/16 USR Tomograph (Bruker, Germany) – 11.7 T. MRI scans and the subsequent processing of the obtained images were carried out in accordance with previously developed protocols (Romashchenko et al., 2017).

Statistics. To compare the two means, we used the Mann–Whitney U test. Multiple mean comparisons were performed using the LSD test (Least Significant Difference). Data are expressed as mean \pm SE.

Results

To analyze the patterns of Mn_3O_4 -NPs distribution with two routes of their administration, we selected mouse brain regions demonstrating a significant increase in MRI signal amplitude 12 h after the administration in comparison to control (Fig. 2, *a*). In both groups, injection of Mn_3O_4 -NPs resulted in a statistically significant increase in manganese accumulation in OB and OE (see Fig. 2, *b*). In experiments with both intranasal and intravenous Mn_3O_4 -NPs administration, the maximum signal level was recorded in OB (see Fig. 2). The level of MRI signal in OE and OB was higher when Mn_3O_4 -NPs was injected into the nasal cavity than in the retroorbital sinus, and manganese accumulation in the dentate gyrus of the hippocampus (DG) was higher after intravenous administration of Mn_3O_4 -NPs (see Fig. 2, *b*).

Thus, the propagation of Mn₃O₄-NPs after intranasal or intravenous injection was limited mainly by the structure of the olfactory system (see Fig. 2). This raises the question of the role of the olfactory epithelium in the penetration of nanoparticles into the brain from both the nasal cavity and the vascular bed. Data from the literature suggest that the mechanism of nanoparticle nose-to-brain transport is their endocytosis by olfactory neurons with subsequent axonal transport into the glomerular layer of OB, where they cross the synaptic contact and migrate to the mitral cells. We hypothesized that Mn₃O₄-NPs accumulate in OB and areas of the olfactory tract through the uptake of NPs by olfactory neurons from blood. To test this hypothesis, we used an inhibitor of clathrin-dependent endocytosis (chlorpromazine), an inhibitor of axonal transport (colchicine), a substance that destroys lipid rafts involved in the uptake of substances by endothelial cells (methyl-β-cyclodextrin, (András et al., 2012)) and zinc chloride, an inducer of the death of olfactory epithelium cells. Both the inducer of OE cell death and the inhibitor of axonal transport almost completely prevented the accumulation of Mn₃O₄-NPs in OB during their preliminary intranasal application (Fig. 3). The inhibitor of clathrin-dependent endocytosis, being introduced into the nasal cavity, reduced the accumulation of Mn₃O₄-NPs in OE and OB only after their



Fig. 2. Patterns of Mn₃O₄-NP accumulation in olfactory bulbs (OB), olfactory epithelium (OE) and dentate gyrus (DG) with their intranasal (*a*, top panel) and intravenous (*a*, bottom panel) administration.

White arrows indicate hyperintense sites corresponding to the accumulation of Mn_3O_4 -NPs. The patterns of manganese particle accumulation on the MRI scan were visualized by pseudo staining; *b* – quantitative assessment of changes in the level of MRI signal in OB, OE, and DG 12 h after intranasal (i.n.)/intravenous (i.v.) administration of Mn_3O_4 -NPs. To assess the accumulation of nanoparticles in the region, the MRI signal normalized relative to the reference was used. Intact. – averaged values of the MRI signal in OB, OE, and DG in animals before intranasal/intravenous injection of NPs. A–F – the significance of differences in mean values (LSD test, *p* <0.05).



Fig. 3. Effect of intranasal application of inhibitors of endocytosis and axonal transport on the accumulation of Mn_3O_4 -NPs in olfactory bulbs (OB), olfactory epithelium (OE), and the dentate gyrus (DG) of a mouse 12 h after their introduction into the nasal cavity (*a*) or the bloodstream (*b*). To assess the accumulation of nanoparticles in the region, the MRI signal normalized relative to the reference was used. Intact. – averaged amplitudes of the MRI signal in OB, OE, and DG in animals before intranasal/intravenous injection of NPs; * – significant differences compared with the control group, which was administered only NPs (Mann–Whitney U test, *p* < 0.05); # – significant differences compared with intact animals, before the introduction of the NPs (Mann–Whitney U test, *p* < 0.05); colch – colchicine; chlorp – chlorpromazine; mβcd – methyl-β-cyclodextrin.

presentation in the nasal cavity. Intranasal administration of methyl- β -cyclodextrin significantly reduced the accumulation of Mn₃O₄-NPs in OE and OB only after their intravenous injection. None of the inhibitors applied to the nasal cavity had a significant effect on the level of MRI signal in the dentate gyrus (see Fig. 3). The results indicate a significant role of olfactory transport in the penetration and propagation of nanoparticles within the olfactory tract from both the surface of the nasal cavity and the bloodstream.

Discussion

In this work, we investigated the patterns of accumulation of Mn₂O₄-NPs in brain divisions of mice after their intravenous and intranasal presentation. The presence of manganese in brain tissue is apparent from the enhancement of the signal in T1 weighted MRI images, whose amplitude directly depends on manganese concentration (Lin, Koretsky, 1997). In particular, the microelement analysis of OB isolated from mice immediately after the MRI study showed a very close correlation between the intensity of the tomographic signal and the Mn content in the tissue (Romashchenko et al., 2017). All these observations provide grounds for considering the MRI signal amplitudes a semiquantitative indicator of the saturation of the brain tissue with manganese. The particles used in the work are practically insoluble in blood and slightly soluble at a pH corresponding to the acidic medium of lysosomes (Romashchenko et al., 2017). Therefore, the patterns of MRI contrast recorded in the first 12 h after Mn₃O₄-NPs administration are likely to reflect the accumulation of NPs but not manganese (II) ions, known to penetrate into the intracellular space (Lin, Koretsky, 1997). The Mn₃O₄-NPs used by us had a sufficiently large hydrodynamic radius (~130 nm), limiting their ability to force BBB. Therefore, after intravenous administration of Mn₃O₄-NPs, we observed the localized rather than the distributed nature of T1-weigthed MRI signal, associated with the accumulation of particles, only in OE, OB, and DG. Similar accumulation patterns were observed after the intranasal application of Mn_3O_4 -NPs. Based on the level of the MRI signal, the highest concentrations of particles after injection in vein or the nasal cavity were recorded in OB and OE. In both cases, the MRI signal amplitude in OB was significantly higher than in OE, and this difference can be attributed to features of OB anatomy. Each globule in OB is innervated by several olfactory neurons (Dhuria et al., 2010), which can cause concentration of the intranasally administered contrast in OB. The congruence of the accumulation patterns obtained with two routes of NP administration convinced us that in both cases the olfactory transport plays an important role in the nose-to-brain transport of NPs, which is possibly due to the endocytosis of particles by nasal epithelial cells and their subsequent axonal transport (Mori et al., 1995; Dhuria et al., 2010; Munster et al., 2012; Hopkins et al., 2014; John et al., 2014).

It had been shown that the application of dissolved zinc salts (5%) to the surface of OE led to the almost complete death of olfactory neurons and supporting cells during the day (Burd, 1993). In our experiments, a preliminary (24 h before) introduction of zinc chloride solution caused the almost complete abolition of the MRI signal increase in OB. Subsequent experiments with the provision of colchicine, inhibiting axonal transport (Ribak et al., 1978), confirmed the hypothesis of the key role of olfactory neurons in the accumulation of Mn₃O₄-NPs in OB in both routes of administration. Also, experiments with the introduction of chlorpromazine, a specific inhibitor of clathrin-dependent endocytosis (Wang et al., 1993), and methyl- β -cyclodextrin, an inhibitor of lipid rafts (András et al., 2012), demonstrated differences in the mechanisms of NP uptake from the nasal cavities and bloodstream.

The application of inhibitors did not affect the accumulation of Mn_3O_4 -NPs in DG. A statistically significant increase in the MRI signal in this region after intravenous administration of Mn_3O_4 -NPs can be associated with intense neurogenesis in DG requiring additional structural (membrane) and energy resources. As a result, the trapping of substances from the bloodstream, partly by endocytosis, may increase. In turn, this process may increase the intensity of nanoparticle uptake.

Conclusion

We demonstrate a significant contribution of axonal transport to the entry of nanoparticles into the brain, from both the nasal cavity and the vascular bed. This explains the accumulation of various submicron particles (neurotropic viruses, insoluble xenobiotics, etc.) unable to permeate through BBB in the brain. The results will add to the understanding of the pathogenesis of various neurodegenerative diseases, as well as to studies of side effects of drugs administered intravenously.

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