# Sum of dilates in vector spaces 

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#### Abstract

Let $d \geq 2, A \subset \mathbb{Z}^{d}$ be finite and not contained in a translate of any hyperplane, and $q \in \mathbb{Z}$ such that $|q|>1$. We show


$$
|A+q \cdot A| \geq(|q|+d+1)|A|-O_{q, d}(1) .
$$

## 1 Introduction

Let $A$ and $B$ be finite sets of real numbers. The sumset and the product set of $A$ and $B$ are defined by

$$
\begin{gathered}
A+B=\{a+b: a \in A, b \in B\}, \\
A \cdot B=\{a b: a \in A, b \in B\} .
\end{gathered}
$$

For a real number $d \neq 0$ the dilation of $A$ by $d$ is defined by

$$
d \cdot A=\{d\} \cdot A=\{d a: a \in A\},
$$

while for any real number $x$, the translation of $A$ by $x$ is defined by

$$
x+A=\{x\}+A=\{x+a: a \in A\} .
$$

The following (actually more) was shown in 1].

[^0]Theorem 1.1. [1] Let $q \in \mathbb{Z}$. Then there is a constant $C_{q}$ such that every finite $A \subset \mathbb{Z}$ satisfies

$$
\begin{equation*}
|A+q \cdot A| \geq(|q|+1)|A|-C_{q} \tag{1}
\end{equation*}
$$

This was obtained after the works of [2, 3, 4, 6, 7]. The reader is invited to see the introductions of [1] and [2] for a more detailed introduction to this problem.

For a finite $A \subset \mathbb{Z}^{d}$, we say the rank of $A$ is the smallest dimension of an affine space that contains $A$. When $A$ is a set of high rank, one might expect to be able to improve the lower bound in (1), which is the goal of our current note. Ruzsa proved the following in [8].

Theorem 1.2. [8] Let $A, B \subset \mathbb{Z}^{d}$ be finite such that $A+B$ has rank $d$ and $|A| \geq|B|$. Then

$$
|A+B| \geq|A|+d|B|-\frac{d(d+1)}{2}
$$

Let $A \subset \mathbb{Z}^{d}$ be finite of rank $d$ and $q$ be an integer. The main objective here is to improve upon (1) and Theorem 1.2 in the case $B=q \cdot A$. In this note $O(1)$ will always depend on the relevant $d$ and $q$. Our main theorem is the following.

Theorem 1.3. Let $A \subset \mathbb{Z}^{d}$ of rank $d \geq 2$ and $|q|>1$ be an integer. Then

$$
|A+q \cdot A| \geq(|q|+d+1)|A|-O(1) .
$$

The authors would like to thank Imre Ruzsa for drawing our attention to the current problem. We remark that we do not believe even the multiplicative constant of $(|q|+d+1)$ is the best possible, and we now present our best construction. For $1 \leq i \leq d$, let $e_{i}$ be the standard basis vectors of $\mathbb{Z}^{d}$. For $N \in \mathbb{Z}$, consider

$$
A_{N}=\left\{e_{1}, \ldots, e_{d}\right\} \cup\left\{n e_{1}: 0<n<N, n \in \mathbb{Z}\right\}
$$

It is easy to see that

$$
\begin{equation*}
\left|A_{N}+q \cdot A_{N}\right| \leq(q+2 d-1)\left|A_{N}\right|-(d-1)(|q|-2(d-1)+1) \tag{2}
\end{equation*}
$$

This shows that Theorem 1.3 is the best possible up to the additive constant for $d=2$. We are also able to handle the case $d=3$.

Theorem 1.4. Let $A \subset \mathbb{Z}^{3}$ be finite of rank 3 and $|q|>1$. Then

$$
|A+q \cdot A| \geq(|q|+5)|A|-O(1)
$$

Furthermore, we can prove the following bound for all $q$, and this is best possible, up to the additive constant, when $|q|=2$. One can check the example for (2) to see that

$$
\left|A_{N} \pm 2 \cdot A_{N}\right|=(2 d+1)\left|A_{N}\right|-d(d+1)
$$

Theorem 1.5. Let $A \subset \mathbb{Z}^{d}$ be finite of rank $d$ and $|q|>1$. Then

$$
|A+q \cdot A| \geq(2 d+1)|A|-d(d+1)^{2} / 2
$$

Our basic intuition is that to minimize $|A+q \cdot A|$ one should choose $A$ to be as close to a one dimensional set as possible. One should proceed with caution with this intuition because when $q=-1$, a clever construction in [9] shows that this is not the best strategy. Nevertheless, given the evidence of Theorem 1.4 and Theorem 1.5 we present the following conjecture.
Conjecture 1.6. Suppose $A \subset Z^{d}$ is finite of rank $d$ and $q$ is an integer with absolute value bigger than 1. Then

$$
|A+q \cdot A| \geq(|q|+2 d-1)|A|-O(1)
$$

We remark that the cases $A+A$ and $A-A$ have different behavior. Theorem 1.2, which in the case $B=A$ was proved by Freiman in [5], says that $|A+A| \geq(d+1)|A|-d(d+1) / 2$. This is the best possible due to (2), which shows Theorem 1.3 is false with $q=1$. The reason that one can improve when $q \neq 1$ is simply that in $A+A$, the roles of the summands are interchangeable, while in the case $A+q \cdot A$, the roles of $A$ and $q \cdot A$ are not interchangeable. We have already mentioned that there is a tricky construction in [9], which shows $|A-A|$ can be as small as $\left(2 d-2+\frac{1}{d-1}\right)|A|-\left(2 d^{2}-4 d+3\right)$. In the same paper, the author conjectures that this is the best possible. It is curious that best known lower bound is $|A-A| \geq(d+1)|A|-d(d+1) / 2$. The case $q=-1$ is also different in the sense that it is important that when $|q|>1$, we can split $A$ into cosets modulo $q \cdot \mathbb{Z}^{d}$. This will be seen in our argument below.

Let $L: \mathbb{Z}^{d} \rightarrow \mathbb{Z}^{d}$ be a linear transformation. In this note we are primarily concerned with $|A+L A|$ where $L$ is a scalar multiple of the identity. The study of other choices of $L$ would be natural, but we do not do it here.

## 2 Proof of Theorems 1.3 and 1.5

Fix $A \subset \mathbb{Z}^{d}$ of rank $d \geq 2$ and an integer $q$ that is bigger than 1 in absolute value. Since the rank of $A$ is $d$, we must have that $A$ contains at least $(d+1)$ elements. We first partition $A$ into its intersections with cosets of the lattice $q \cdot \mathbb{Z}^{d}$. Note there are $|q|^{d}$ such cosets.

Let

$$
A=\bigcup_{i=1}^{r} A_{i}, \quad A_{i}=a_{i}+q \cdot A_{i}^{\prime}, \quad a_{i} \in\{0, \ldots,|q|-1\}^{d}, \quad A_{i}^{\prime} \neq \emptyset
$$

where the unions are disjoint. We obtain the preliminary estimate
Lemma 2.1. Let $A \subset \mathbb{Z}^{d}$ and $q \in \mathbb{Z}$ such that $|q|>1$. Suppose that $A$ intersects $r$ cosets of the lattice $q \cdot \mathbb{Z}^{d}$. Then

$$
|A+q \cdot A| \geq(d+r)|A|-r d(d+1) / 2
$$

Proof. Using Theorem 1.2, we obtain

$$
\begin{aligned}
|A+q \cdot A| & =\sum_{i=1}^{r}\left|A_{i}+q \cdot A\right| \\
& \geq \sum_{i=1}^{r}\left(d\left|A_{i}\right|+|A|-\frac{d(d+1)}{2}\right) \\
& =(d+r)|A|-r d(d+1) / 2
\end{aligned}
$$

We say that $A$ is fully distributed (FD) modulo $q \cdot \mathbb{Z}^{d}$ if $A$ intersects every coset of $q \cdot \mathbb{Z}^{d}$. Note that if $A$ is FD modulo $q \cdot \mathbb{Z}^{d}$ then Theorem 1.3 and Conjecture 1.6 are far from optimal.

We now describe the process of reducing $A$. Applying an invertible linear transformation to $A$ does not change $|A+q \cdot A|$. Suppose there is some $a \in A$ such that the lattice $\langle A-a\rangle_{\mathbb{Z}}=\Gamma$ is a non-trivial sublattice of $\mathbb{Z}^{d}$. Let $L: \mathbb{Z}^{d} \rightarrow \mathbb{Z}^{d}$ be a linear transformation that maps the standard basis vectors to the basis vectors of $\Gamma$, that is $\Gamma=L \mathbb{Z}^{d}$. Since $A$ has rank $d, L$ is invertible. Then we may replace $A$ with $L^{-1}(A-a)$. Note that $L^{-1}(A-a) \subset \mathbb{Z}^{d}$ since $A \subset a+L \mathbb{Z}^{d}$. Since $1<\operatorname{det}(L) \in \mathbb{Z}$, each reduction reduces the volume of the convex hull of $A$ by at least $\frac{1}{2}$. The volume of the convex hull of $A$ is always bounded from below by the volume of the $d$-dimensional simplex so eventually this process must stop. Thus we may assume $\langle A-a\rangle_{\mathbb{Z}}=\mathbb{Z}^{d}$ for all $a \in A$. Then it follows that we have for all $1 \leq i \leq r$,

$$
\begin{equation*}
\mathbb{Z}^{d}=\langle A-a\rangle_{\mathbb{Z}} \subset\left\langle a_{1}-a_{i}, \ldots, a_{r}-a_{i}, q e_{1}, \ldots, q e_{d}\right\rangle_{\mathbb{Z}} \subset \mathbb{Z}^{d} \tag{3}
\end{equation*}
$$

Here we used that if $x \in A-a$ and $a \in A_{i}$, then for some $1 \leq j \leq r$ we have $x \in a_{j}-a+q \cdot A_{j}^{\prime} \subset$ $\left\langle a_{j}-a_{i}, q e_{1}, \ldots, q e_{d}\right\rangle_{\mathbb{Z}}$. We say $A$ is reduced if $A$ satisfies (31).

Proof of Theorem 1.5. By the discussion above, we may assume $A$ is reduced. We first aim to show that a reduced set must intersect at least $d+1$ cosets of $q \cdot \mathbb{Z}^{d}$, and then we will appeal to the argument of Lemma 2.1.

Observe that the linear combinations of $a_{1}-a_{1}, \ldots, a_{r}-a_{1}$ can only take at most $|q|^{r-1}$ different vectors $\bmod q \cdot \mathbb{Z}^{d}$. Since $A$ is reduced, by (3), these vectors must intersect every coset modulo $q \cdot \mathbb{Z}^{d}$. Thus we have that $|q|^{r-1} \geq|q|^{d}$, and so $r-1 \geq d$.

Then by Theorem 1.2, we find

$$
\begin{aligned}
|A+q \cdot A| & \geq\left(\sum_{i=1}^{d}\left|A_{i}+q \cdot A\right|\right)+\mid\left(A \backslash\left(\bigcup_{i=1}^{d} A_{i}\right)+q \cdot A \mid\right. \\
& \geq\left(\sum_{i=1}^{d}\left(d\left|A_{i}\right|+|A|-d(d+1) / 2\right)\right)+d\left|A \backslash\left(\bigcup_{i=1}^{d} A_{i}\right)\right|+|A|-d(d+1) / 2 \\
& =(2 d+1)|A|-d(d+1)^{2} / 2
\end{aligned}
$$

We now focus our attention to the proof of Theorem [1.3. We start with a special case. Recall that we assume $d \geq 2$.

Lemma 2.2. Suppose $A$ is contained in d parallel lines. Then $|A+q \cdot A| \geq(|q|+2 d-1)|A|-O(1)$.
Proof. Suppose $A$ is contained in $x_{1}+\ell, \ldots, x_{d}+\ell$ for some 1 dimensional subspace $\ell$. After a translation of $A$ by $-a$ for an element $a \in A$ we can suppose $x_{1}=0$ and without loss of generality, we may suppose $x_{2}, \ldots, x_{d}$ are elements of $\ell^{\perp} \cong \mathbb{R}^{d-1}$. Moreover, we have that $x_{2}, \ldots, x_{d}$ are linearly independent over $\mathbb{R}$ since $A$ has rank $d$. This implies that for all $1 \leq$ $i, j \leq d$, the lines $\left(x_{i}+\ell\right)+q \cdot\left(x_{j}+\ell\right)$ are pairwise disjoint. For $1 \leq i \leq d$, let $B_{i}:=A \cap\left(x_{i}+\ell\right)$.

It follows, using (11) that

$$
\begin{aligned}
|A+q \cdot A| & =\sum_{i=1}^{d} \sum_{j=1}^{d}\left|B_{i}+q \cdot B_{j}\right| \\
& =\sum_{i=1}^{d}\left(\left|B_{i}+q \cdot B_{i}\right|+\sum_{j \neq i}\left|B_{i}+q \cdot B_{j}\right|\right) \\
& \geq \sum_{i=1}^{d}\left(\left((|q|+1)\left|B_{i}\right|-O(1)\right)+\sum_{j \neq i}\left(\left|B_{i}\right|+\left|B_{j}\right|-1\right)\right) \\
& =(|q|+2 d-1)|A|-O(1) .
\end{aligned}
$$

We remark that the lack of a satisfactory higher dimensional analog of Lemma 2.2 is essentially what blocks us from improving the multiplicative constant in Theorem 1.3 , We prove Theorem 1.3 by induction on $d$ starting from $d=2$ (the statement is not true for $d=1$ ). Note that the proof of the next lemma does not use the induction hypothesis for $d=2$, only for $d \geq 3$.

Lemma 2.3. Let $B \subset A$ and suppose that the rank of $B$ is $1 \leq f<d$. Then

$$
|B+q \cdot A| \geq(|q|+d+1)|B|-O(1)
$$

or $A$ is contained in $d$ parallel lines.
Proof. Note that the rank of $B+q \cdot B$ is also $f$. Since $B+q \cdot A$ is of rank $d$, we may find an $x \in A$ such that $B+q x$ is not in the affine span of $B+q \cdot B$. Thus $B+q \cdot B$ and $B+q x$ are disjoint. The rank of $B \cup\{x\}+q \cdot(B \cup\{x\})$ is $f+1$. We may repeat this process with $B \cup\{x\}+q \cdot(B \cup\{x\})$ in the place of $B+q \cdot B$, and so on, a total of $(d-f)$ times. Thus we find $x_{1}, \ldots, x_{(d-f)} \in A$ such that $B+q \cdot B, B+q x_{1}, \ldots, B+q x_{(d-f)}$ are pairwise disjoint. When $f \geq 2$ (so $d \geq 3$ ) we use the induction hypothesis, that is Theorem 1.3 for the sum $B+q \cdot B$ where $B$ is of rank $2 \leq f<d$ to get

$$
|B+q \cdot A| \geq|B+q \cdot B|+\sum_{j=1}^{d-f}\left|B+q x_{j}\right| \geq(|q|+d+1)|B|-O(1)
$$

Now we handle the case $f=1$ (this is the only possibility when $d=2$ ), in this case we do not use the induction hypothesis. $B$ is contained in a line. We may suppose $A$ is not contained in $d$ parallel lines. We proceed as above to find $x_{1}, \ldots, x_{d-1}$ such that $B+q \cdot B, B+q x_{1}, \ldots, B+q x_{(d-1)}$ are pairwise disjoint. Since $A$ is not contained in $d$ parallel lines, we may find an $x_{d} \in A$ such that $B+q x_{d}$ is disjoint from all $B+q \cdot B, B+q x_{1}, \ldots, B+q x_{(d-1)}$. It follows from Theorem 1.1 applied to the sum $B+q \cdot B$ that

$$
|B+q \cdot A| \geq|B+q \cdot B|+\sum_{j=1}^{d}\left|B+q x_{j}\right| \geq(|q|+d+1)|B|-O(1)
$$

The next lemma is a higher dimensional analog of Lemma 3.1 in [1].
Lemma 2.4. Let $1 \leq i \leq r$. Then either $A_{i}^{\prime}$ is FD modulo $q \cdot \mathbb{Z}^{d}$ or

$$
\left|A_{i}+q \cdot A\right| \geq\left|A_{i}+q \cdot A_{i}\right|+\min _{1 \leq w \leq r}\left|A_{w}\right|
$$

Proof. Suppose

$$
\left|A_{i}+q \cdot A\right|<\left|A_{i}+q \cdot A_{i}\right|+\min _{1 \leq w \leq r}\left|A_{w}\right|
$$

Fix $1 \leq w \leq r$. Since $A_{w} \subset A$, we find that

$$
\left|\left(A_{i}+q \cdot A_{w}\right) \backslash\left(A_{i}+q \cdot A_{i}\right)\right|<\left|A_{w}\right| .
$$

Translation by $-a_{i}$ and dilation by $\frac{1}{q}$ reveals that

$$
\left|\left(a_{w}-a_{i}+A_{i}^{\prime}+q \cdot A_{w}^{\prime}\right) \backslash\left(A_{i}^{\prime}+q \cdot A_{i}^{\prime}\right)\right|<\left|A_{w}^{\prime}\right|
$$

Thus for any $x \in A_{i}^{\prime}$ there is a $y \in A_{w}^{\prime}$ such that $a_{w}-a_{i}+x+q y \in A_{i}^{\prime}+q \cdot A_{i}^{\prime}$. It follows that there is a $x^{\prime} \in A_{i}^{\prime}$ such that $a_{w}-a_{i}+x \equiv x^{\prime} \bmod q \cdot \mathbb{Z}^{d}$. We may repeat this argument with $x^{\prime}$ in the place of $x$, and so on, and for each $1 \leq w \leq r$ to obtain that for any $u_{1}, \ldots, u_{r} \in \mathbb{Z}$ there is a $x^{\prime \prime} \in A_{i}^{\prime}$ such that

$$
u_{1}\left(a_{1}-a_{i}\right)+\cdots+u_{r}\left(a_{r}-a_{i}\right)+x \equiv x^{\prime \prime} \quad \bmod q \cdot \mathbb{Z}^{d}
$$

Since $A$ is reduced, this describes all of the cosets modulo $q \cdot \mathbb{Z}^{d}$ and it follows that $A_{i}^{\prime}$ is FD $\bmod q \cdot \mathbb{Z}^{d}$.

We are now ready to prove Theorem 1.3. We start with $|A+q \cdot A| \geq|A|$ and improve upon the multiplicative constant iteratively.

Proposition 2.5. Suppose $A \subset \mathbb{Z}^{d}$ such that $A$ has rank d. Let $q \in \mathbb{Z}$ such that $|q|>1$. Then for every $|q|+d+1 \leq m \leq(|q|+d+1)^{2}$, one has

$$
|A+q \cdot A| \geq \frac{m}{|q|+d+1}|A|-O(1)
$$

where $O(1)$ also depends on $m$.
Proof. Observe that $m=(|q|+d+1)^{2}$ is precisely Theorem 1.3. For convenience, set $S=$ $|q|+d+1$. We prove by induction on $m$, where $|A+q \cdot A| \geq|A|$ trivially starts the induction. Suppose now that Proposition 2.5 is true for a fixed $S \leq m<S^{2}$, and we prove it for $m+1$.

If $A$ is contained in $d$ parallel lines, then Lemma 2.2 immediately implies Theorem 1.3, and so Proposition [2.5 is especially true for $m+1$ as well. Thus we may assume $A$ is not contained in $d$ parallel lines.

Consider a set $B \subset A$. If it is $1 \leq f<d$ dimensional, then Lemma 2.3 shows that $|B+q \cdot A| \geq S|B|-O(1)$. If $B$ is $d$ dimensional, then by the induction hypothesis on $m$, we have $|B+q \cdot A| \geq|B+q \cdot B| \geq \frac{m}{S}|B|-O(1)$. In either case, using that $m<S^{2}$, we have

$$
\begin{equation*}
|B+q \cdot A| \geq \frac{m}{S}|B|-O(1) \tag{4}
\end{equation*}
$$

First, assume there is an $1 \leq i \leq r$ such that $\left|A_{i}\right| \leq \frac{1}{S}|A|$. We have by (4) and Theorem 1.2, that

$$
\begin{aligned}
& |A+q \cdot A| \geq\left|A_{i}+q \cdot A\right|+\left|\left(A \backslash A_{i}\right)+q \cdot A\right| \geq \\
& \quad \geq\left|A_{i}\right|+|A|-1+\frac{m}{S}\left(|A|-\left|A_{i}\right|\right)-O(1) \geq \frac{m+1}{S}|A|-O(1)
\end{aligned}
$$

Thus we may assume that every $A_{i}$ has more than $\frac{1}{S}|A|$ elements.
Suppose now that every $A_{i}$ is strictly less than $d$ dimensional. Then Lemma 2.3 shows that

$$
\begin{aligned}
|A+q \cdot A| & =\sum_{i=1}^{r}\left|A_{i}+q \cdot A\right| \geq \sum_{i=1}^{r}\left((|q|+d+1)\left|A_{i}\right|-O(1)\right) \\
& =(|q|+d+1)|A|-O(1) \geq \frac{m+1}{S}|A|-O(1)
\end{aligned}
$$

Thus we may assume that there is an $A_{i}$ that is $d$ dimensional. If the corresponding $A_{i}^{\prime}$ is not FD modulo $q \cdot \mathbb{Z}^{d}$, then by Lemma 2.4, (4), and by the induction hypothesis for $A_{i}$ we have

$$
\begin{aligned}
|A+q \cdot A| & \geq\left|A_{i}+q \cdot A\right|+\left|\left(A \backslash A_{i}\right)+q \cdot A\right| \\
& \geq\left|A_{i}+q \cdot A_{i}\right|+\min _{1 \leq w \leq r}\left|A_{w}\right|+\frac{m}{S}\left(|A|-\left|A_{i}\right|\right)-O(1) \\
& \geq \frac{m}{S}\left|A_{i}\right|-O(1)+\frac{1}{S}|A|+\frac{m}{S}\left(|A|-\left|A_{i}\right|\right)-O(1)=\frac{m+1}{S}|A|-O(1) .
\end{aligned}
$$

Similarly if $A_{i}^{\prime}$ is FD $\bmod q \cdot \mathbb{Z}^{d}$ (and $A_{i}$ is $d$ dimensional) then by Lemma 2.1 and (4) we have

$$
\begin{aligned}
|A+q \cdot A| & =\left|A_{i}+q \cdot A\right|+\left|A \backslash A_{i}+q \cdot A\right| \geq\left|A_{i}^{\prime}+q \cdot A_{i}^{\prime}\right|+\left|A \backslash A_{i}+q \cdot A\right| \\
& \geq\left(|q|^{d}+d\right)\left|A_{i}^{\prime}\right|-O(1)+\frac{m}{S}\left(|A|-\left|A_{i}\right|\right)-O(1) \geq \frac{m+1}{S}|A|-O(1) .
\end{aligned}
$$

Note that the only place where we have used the hypothesis of the induction on $d$ is the $f \geq 2$ case of the proof of Lemma 2.3, what we do not use when $d=2$ thus this argument also proves Theorem 1.3 in that case.

## 3 Proof of Theorem 1.4

Let $A \subset \mathbb{Z}^{3}$ of rank 3 and $q$ be a positive integer such that $|q|>1$.
The proof of Theorem 1.4 is almost identical to that of Theorem 1.3. The only difference is that we have to strengthen Lemma 2.2, The reader is invited to check that it is enough to prove Lemma 2.2 in the case where $d=3$ and $A$ is contained in two parallel planes or 4 parallel lines and then the proof of Theorem 1.3 goes through in an identical manner. Indeed, if one was able to prove Theorem 1.3 in the special cases for each $1 \leq f \leq d-1$, and $A$ is contained in $2(d-f)$ translates of a $f$-dimensional subspace, then this along with the proof of Theorem 1.3 would imply Conjecture 1.6 .

Lemma 3.1. Suppose $A$ is contained in two parallel hyperplanes. Then

$$
|A+q \cdot A| \geq(|q|+5)|A|-O(1)
$$

Proof. Suppose $A \subset H \cup(H+x)$ for some hyperplane $H$ and some $x \in \mathbb{Z}^{3}$. Since $|q|>1$, we have that

$$
(H+q \cdot H),(H+x+q \cdot H),(H+q \cdot(H+x)),((H+x)+q \cdot(H+x)),
$$

are disjoint Let $B_{1}=H \cap A$ and $B_{2}=(H+x) \cap A$. Then we have that

$$
\begin{equation*}
|A+q \cdot A| \geq\left|B_{1}+q \cdot B_{1}\right|+\left|B_{1}+q \cdot B_{2}\right|+\left|B_{2}+q \cdot B_{1}\right|+\left|B_{2}+q \cdot B_{2}\right| . \tag{5}
\end{equation*}
$$

Suppose, without loss of generality, that $\left|B_{1}\right| \geq\left|B_{2}\right|$. We separately consider several cases.
(i) Suppose $B_{1}$ has rank 2. Then by Theorem 1.3, we have $\left|B_{1}+q \cdot B_{1}\right| \geq(|q|+3)\left|B_{1}\right|-O(1)$. Furthermore by Theorem 1.2, we have $\left|B_{1}+q \cdot B_{2}\right|+\left|B_{2}+q \cdot B_{1}\right| \geq 2\left(\left|B_{1}\right|+2\left|B_{2}\right|-3\right)$. Lastly, by (1), we have $\left|B_{2}+q \cdot B_{2}\right| \geq(|q|+1)\left|B_{2}\right|-O(1)$. Combining this three inequalities with (5) yields $|A+q \cdot A| \geq(|q|+5)|A|-O(1)$. Note that this case applies when $B_{2}$ consists of a single point.
(ii) Suppose $B_{1}$ has rank 1 and $B_{2}$ has rank 2. By (1), $\left|B_{1}+q \cdot B_{1}\right| \geq(|q|+1)\left|B_{1}\right|-O(1)$ and by Theorem 1.3, $\left|B_{2}+q \cdot B_{2}\right| \geq(|q|+3)\left|B_{2}\right|-O(1)$. We have that $B_{1}$ lies in a translate of some line, say $\ell$. Suppose $B_{2}$ lies in some distinct lines $x_{1}+\ell, \ldots, x_{m}+\ell$ such that each $x_{j}+\ell$ intersects $B_{2}$ in at least one point. Note that $m \geq 2$ since $A$ has rank 3 . For each $1 \leq j \leq m$, let $B_{2}^{j}=B_{2} \cap\left(x_{j}+\ell\right)$. Then by the one dimensional Theorem 1.2, we have

$$
\left|B_{1}+q \cdot B_{2}\right| \geq \sum_{j=1}^{m}\left|B_{1}+q \cdot B_{2}^{j}\right| \geq m\left|B_{1}\right|+\sum_{j=1}^{m}\left(\left|B_{2}^{j}\right|-1\right) \geq 2\left|B_{1}\right|+\left|B_{2}\right|-2 .
$$

Similarly, $\left|B_{2}+q \cdot B_{1}\right| \geq 2\left|B_{1}\right|+\left|B_{2}\right|-2$. Combining these four inequalities with (15), we obtain $|A+q \cdot A| \geq(|q|+5)|A|-O(1)$.
(iii) Suppose $B_{1}$ and $B_{2}$ are both rank 1. Then the sets $x+q \cdot B_{1}$ and $B_{1}+q \cdot x$ where $x \in B_{2}$ are all disjoint. Using (1), we obtain (the extremal case being $\left|B_{2}\right|=2$ )

$$
|A+q \cdot A| \geq(|q|+1)|A|-O(1)+2\left|B_{1}\right|\left|B_{2}\right| \geq(|q|+5)|A|-O(1)
$$

We now have to consider the case where $A$ is contained in four parallel lines.
Lemma 3.2. Suppose $A$ is contained in four parallel lines. Then

$$
|A+q \cdot A| \geq(|q|+5)|A|-O(1)
$$

Proof. Suppose $A$ is contained in four parallel lines, all parallel to some line through the origin $\ell$. Then $\mathbb{Z}^{3} / \ell \cong \mathbb{Z}^{2}$ and say $A^{\prime}=\left\{x_{1}, x_{2}, x_{3}, x_{4}\right\} \subset \mathbb{Z}^{3} / \ell$ are the 4 cosets that intersect $A$. Note that $A^{\prime}$ must be a 2 dimensional set since $A$ is 3 dimensional. We want to show $\left|A^{\prime}+q \cdot A^{\prime}\right| \geq 14$. By the argument of Lemma [2.1, we may assume that $A^{\prime}$ intersects at least 3 residue classes modulo $q \cdot\left(\mathbb{Z}^{3} / \ell\right)$. If $A^{\prime}$ intersects four residue classes, then $\left|A^{\prime}+q \cdot A^{\prime}\right|=16$. Otherwise let
$A_{1}^{\prime}$ be the intersection of $A^{\prime}$ with the residue class that contains 2 elements of $A^{\prime}$. Since $A^{\prime}$ is 2 dimensional, it is not an arithmetic progression, so $\left|A_{1}^{\prime}+q \cdot A^{\prime}\right| \geq\left|A_{1}^{\prime}\right|+\left|A^{\prime}\right|=6$. Then $\left|A^{\prime}+q \cdot A^{\prime}\right|=8+\left|A_{1}^{\prime}+q \cdot A^{\prime}\right| \geq 14$.

Let $A=B_{1} \cup \cdots \cup B_{4}$ where $B_{i}=\left(\ell+x_{i}\right) \cap A$. Then $B_{i}+q \cdot B_{j}$ are all disjoint, if we drop at most two pairs $\{i, j\}$. We do not need to drop a pair in the form $\{i, i\}$ because an equation in the form $x_{i}+q x_{i}=x_{j}+q x_{j}$ is not possible in $A^{\prime}$. That means, any set $B_{i}$ can appear in a dropped pair at most twice. Then

$$
\begin{gathered}
|A+q \cdot A| \geq \sum_{i=1}^{4}\left|B_{i}+q \cdot B_{i}\right|+\sum_{i \neq j \text { not dropped }}\left|B_{i}+q \cdot B_{j}\right| \geq \\
\geq \sum_{i=1}^{4}\left((|q|+1)\left|B_{i}\right|-O(1)\right)+\sum_{i \neq j}\left(\left|B_{i}\right|+\left|B_{j}\right|-1\right)-2|A|=(|q|+5)|A|-O(1) .
\end{gathered}
$$

Finally we can express the analog of Lemma 2.3. Note that the proof uses Theorem 1.3 and Theorem 1.1 rather than any induction, otherwise identical to the proof of Lemma 2.3.

Lemma 3.3. Let $A \subset \mathbb{Z}^{3}$ of rank $3, B \subset A$ and suppose that the rank of $B$ is $1 \leq f<3$. Then

$$
|B+q \cdot A| \geq(|q|+5)|B|-O(1)
$$

or $A$ is contained in two parallel hyperplanes or four parallel lines.

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