

1 **Parallel regulation of thyroid hormone transporters OATP1c1 and MCT8 during and after**  
2 **endotoxemia at the blood-brain barrier of male rodents**

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11 **Abbreviated title:** Regulation of OATP1c1 and MCT8 by LPS

12 **Keywords:** organic anion transporting polypeptide, monocarboxylate transporter, lipopolysaccharide

13 **Word count:** 4512

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23 This work was supported by NIH grant DK-37021, a grant from the Dr. Gerald J. and Dorothy R.

24 Friedman New York Foundation for Medical Research, EU FP7 contract Switchbox (Grant n° 259772),

25 the Hungarian National Brain Research and Lendület Programs and OTKA109415.

26 Disclosure summary: The authors have nothing to disclose

1 **Abstract**

2 There is increasing evidence that local thyroid hormone (TH) availability changes profoundly in  
3 inflammatory conditions due to altered expression of deiodinases that metabolize TH. It is largely  
4 unknown, however, how inflammation affects TH availability *via* the expression of TH transporters. In  
5 this study we examined the effect of bacterial lipopolysaccharide (LPS) administration on two TH  
6 transporters that are critically important for brain TH homeostasis, organic anion-transporting polypeptide  
7 1c1 (OATP1c1) and monocarboxylate transporter 8 (MCT8). Messenger RNA levels were studied by *in*  
8 *situ* hybridization and quantitative PCR, and protein levels by immunofluorescence in both the rat and  
9 mouse forebrain. The mRNA of both transporters decreased robustly in the first 9h after LPS injection,  
10 selectively in brain blood vessels; OATP1c1 mRNA in astrocytes and MCT8 mRNA in neurons remained  
11 unchanged. At 24 and/or 48h after LPS administration, OATP1c1 and MCT8 mRNAs increased  
12 markedly above control levels in brain vessels. OATP1c1 protein decreased markedly in vessels by 24h,  
13 whereas MCT8 protein levels did not decrease significantly. These changes were highly similar in mice  
14 and rats. The data demonstrate that OATP1c1 and MCT8 expression are regulated in a parallel manner  
15 during inflammation at the blood-brain barrier of rodents. Given the indispensable role of both  
16 transporters in allowing TH access to the brain, the results suggest reduced brain TH uptake during  
17 systemic inflammation.

18

## 1 **Introduction**

2 It is well known that thyroid hormone (TH) homeostasis is altered in association with acute and chronic  
3 illnesses, a disorder commonly referred to as the nonthyroidal illness syndrome and manifested by  
4 reduced serum TH levels and an inappropriately low TSH (1-3). However, there is limited understanding  
5 about how TH availability changes at the level of specific target cells and tissues under these conditions.  
6 Local TH availability is largely determined by the presence of TH transporters that enable the passage of  
7 TH across cellular membranes, and deiodinases that metabolize TH (4, 5). Deiodinases have been studied  
8 extensively in animal models of inflammatory conditions (1), particularly type 2 deiodinase (D2) that  
9 activates T4 to the biologically more potent T3 (4). In these models, D2 expression increases in several  
10 organs (6-15), including novel expression in cells and tissues where it is not normally present (6, 8, 15),  
11 suggesting a local anti-inflammatory role for TH (6, 8, 16-18). In contrast, it is largely unknown how  
12 inflammation affects TH availability *via* TH transporters. Quantitative PCR studies reported decreased  
13 monocarboxylate transporter 8 (MCT8, coded by Slc16a2) expression in several organs of septic pigs (19)  
14 and in the subcutaneous fat of septic patients (20), while organic anion-transporting polypeptide 1c1  
15 (OATP1c1, coded by Slco1c1) and monocarboxylate transporter 10 (MCT10) mRNAs increased in the  
16 hypothalamus of rabbits in prolonged critical illness (21). Details of these responses, such as cell-type  
17 specificity, temporal characteristics, and whether mRNA changes translate into protein levels, have not  
18 yet been studied. Shedding light on these aspects of TH handling would be important to better understand  
19 TH availability during disease at the cellular level.

20 Previously, we described how inflammation affects D2 expression in the brain of different rodent species,  
21 and demonstrated inflammation-induced D2 expression in the leptomeninges, choroid plexus and a subset  
22 of brain blood vessels (15). The present study was conducted to obtain a detailed, cell-type-specific  
23 insight into the inflammatory regulation of TH transporters. Of the several proteins capable of TH  
24 transport and present in the rodent brain (22, 23), we focused on OATP1c1 and MCT8 because they are  
25 critically important for brain TH homeostasis (24). Both transporters facilitate TH traffic in multiple cell

1 types (25-30), and are indispensable for TH entry into the brain *via* the blood-brain and/or blood-  
2 cerebrospinal fluid barrier (24, 31-34). In fact, almost the entire T3 uptake into the brain is facilitated by  
3 MCT8 (32), while both MCT8 and OATP1c1 contribute to T4 uptake (24). Importantly, a recent study  
4 by Mayerl et al. (24) demonstrated that the lack of both transporters results in a severely hypothyroid  
5 brain, with T3 and T4 contents being of only 10% of wild type levels.

6 In this study, we examined the effect of bacterial lipopolysaccharide (LPS) administration, an acute  
7 systemic inflammatory challenge, on OATP1c1 and MCT8 mRNA and protein expression in the brain  
8 using *in situ* hybridization, quantitative PCR, and immunofluorescence. Since we previously found major  
9 differences in the LPS-induced D2 expression between rats and mice (15), we performed the experiments  
10 in both species, with special attention to the rat meninges.

## 12 **Materials and Methods**

### 13 *Animals*

14 The experiments were carried out on adult, male, Sprague-Dawley (Taconic Farms) and Wistar rats  
15 (TOXI-COOP KKT, Hungary) weighing 220-260g, and adult, male C57Bl/6 mice (Taconic and Charles  
16 River), weighing 19-21 g. Animals were housed under standard conditions (lights on between 0600 and  
17 1800 h, temperature  $22 \pm 1$  C, rodent chow and water *ad libitum*). All experimental protocols were  
18 reviewed and approved by the Institutional Animal Care and Use Committee at Tufts Medical Center and  
19 the Animal Welfare Committee at the Institute of Experimental Medicine of the Hungarian Academy of  
20 Sciences.

### 22 *Injections and tissue preparation*

23 *LPS-injections:* Rats and mice were injected ip with LPS from *Escherichia coli* (serotype O55:B5;  
24 Sigma-Aldrich Co), dissolved in saline, at a dose of 2.5 mg/kg body weight to all animals according to the  
25 Guide of the American Thyroid Association (35). Control animals received the same volume of saline.

1 *Experiment for quantitative PCR analysis:* Groups of Wistar rats (n=6 per group) and C57Bl/6 mice (n=8  
2 per group) were injected with LPS or saline, and were decapitated 9 or 48h later. The brains were  
3 dissected and samples from the cerebral cortex collected and stored at -80°C until subjected to real-time  
4 PCR. In another experiment, leptomeninges of the basal forebrain were collected from 6 control and 8  
5 LPS-treated Sprague-Dawley rats 9h after the injections.

6 *Time course experiment for in situ hybridization and immunofluorescence studies:* Groups of Sprague-  
7 Dawley rats and C57Bl/6 mice (n=4 or 5 in each group) were injected with LPS and 2, 4, 9, 24 or 48h  
8 later were anesthetized with ketamine-xylazine, then decapitated. Control mice (n=5) were euthanized at  
9 9h, and control rats were euthanized at 9h (n=3) or 24h (n=2), as *in situ* hybridization and  
10 immunofluorescent signals for OATP1c1 and MCT8 were of the same intensity in 9h and 24h control rat  
11 brains. The brains were removed, snap-frozen on powdered dry ice and 16 µm thick coronal sections  
12 were cut using a Leica CM3050 S cryostat (Leica Microsystems). Sections were thaw-mounted on  
13 Superfrost Plus slides (Fisher Scientific Co), air-dried and stored at -80°C until processed for *in situ*  
14 hybridization.

15

#### 16 *RNA isolation and Real time PCR analyses*

17 RNA was isolated using the RNeasy Lipid Tissue Mini Kit (Qiagen) from cortex samples and with  
18 RNeasy Tissue Mini Kit (Qiagen) from leptomeninges according to the manufacturer's instructions. The  
19 purity and concentration of the RNA were analyzed using Spectrophotometer (Bio-Rad, SmartSpec Plus).  
20 Reverse transcription was performed with 1 µg of RNA to convert the total RNA to cDNA using the High  
21 Capacity cDNA Reverse Transcriptase Kit (Applied Biosystems by Life Technologies). Concentration of  
22 the generated cDNA was determined using the Qubit 2.0 Fluorometer with the Qubit ssDNA Assay Kit  
23 (Life Technologies). Expression of OATP1c1, MCT8 and D2 was measured by real-time quantitative  
24 TaqMan RT PCR reaction with a ViiA 7 Real-Time PCR System (Life Technologies), using  
25 commercially available TaqMan probes (code numbers are summarized in Supplementary Table 1.) on 10

1 ng cDNA template in duplicates. Glyceraldehyde-3-phosphate dehydrogenase (Gapdh) was used as  
2 housekeeping gene. Expression of the housekeeping gene did not vary between the experimental groups.

3

#### 4 *Generation of hybridization probes*

5 Template cDNA fragments were generated with RT-PCR using standard procedures. Amplification was  
6 performed on cDNA synthesized from rat brain for OATP1c1 and mouse or rat liver for MCT8.  
7 Fragments were cloned into pGemT vector (Promega) and confirmed by sequencing. Probe sequences  
8 were as follows: rat OATP1c1 probe corresponds to nt 375-2525 of NM\_053441.1 and has 93%  
9 homology with the corresponding mouse sequence, nt 368-2522 of NM\_021471.2; mouse MCT8 probe nt  
10 2569-3428 of NM\_009197.2; rat MCT8 probe nt 41-648 of NM\_147216.1, and has 98% homology with  
11 the mouse sequence NM\_009197.2 between nt 227-834; rat D2 probe was reported previously (15).  
12 Antisense riboprobes were synthesized using SP6 or T7 RNA polymerase (Promega) in the presence of  
13 [35S]-uridine 5'-(alpha-thio) triphosphate (PerkinElmer), and purified with Mini Quick Spin RNA  
14 columns (Roche Applied Sciences). For fluorescent *in situ* hybridization, the OATP1c1 probe was  
15 labeled with digoxigenin-11-UTP (Roche).

16

#### 17 *Isotopic in situ hybridization*

18 Isotopic *in situ* hybridization was performed as previously described (15, 36) using 50,000 cpm/ $\mu$ l  
19 radiolabeled probe concentrations. The same probe was used to detect OATP1c1 mRNA in both species;  
20 the rat MCT8 probe was used for rat sections, while both the rat and mouse MCT8 probes that are non-  
21 overlapping were used on mouse sections to increase hybridization sensitivity. Following stringency  
22 washes, sections were dehydrated in ascending ethanol series, air-dried, and placed on Amersham  
23 Hyperfilm autoradiography film (GE Healthcare Biosciences) for 6 days (rat OATP1c1) or 8 days (mouse  
24 OATP1c1 and MCT8). Slides were then dipped in Kodak NTB autoradiography emulsion (Carestream  
25 Health Inc), and stored at 4°C until developed. Exposure times were as follows: 9 days for mouse

1 OATP1c1; 24 days for mouse MCT8; two exposure times, 5 days and 9 days, were used for two different  
2 hybridizations for rat OATP1c1; 35 days for rat MCT8; and 14 days for rat D2. Autoradiograms were  
3 developed with Kodak D19 developer (Eastman Kodak Co). Sections were immersed in 0.0005% cresyl  
4 violet acetate (Sigma-Aldrich) for 2 min to obtain fluorescent labeling of cell nuclei, dehydrated in  
5 ascending ethanol series and xylenes, and coverslipped with DPX (Sigma-Aldrich). Darkfield images of  
6 the emulsion autoradiographs and fluorescent images of the cresyl violet signal were captured using a  
7 Zeiss Axioplan 2 microscope equipped with a SPOT Slider digital camera (Diagnostic Instruments).

8

#### 9 *Isotopic OATP1c1 in situ hybridization combined with GFAP immunofluorescence*

10 Sections from the control and 9h LPS groups from both species were hybridized for OATP1c1 as above,  
11 then processed further for immunofluorescence. The sections were treated with the mixture of 0.5%  
12 Triton X-100 and 0.5% H<sub>2</sub>O<sub>2</sub> for 15 min, rinsed in PBS (3×10 min), immersed in maleate buffer (pH 7.5)  
13 for 10 min, and then in 1% blocking reagent for nucleic acid hybridization (Roche). The sections were  
14 incubated overnight in a mouse monoclonal antibody against the astrocyte marker, glial fibrillary acidic  
15 protein (GFAP) (Cat# MAB360, Millipore, diluted 1:1,000), and subsequently in Alexa Fluor 488-  
16 conjugated donkey anti-mouse IgG (1:400; Life Technologies) for 2 hours. Sections were dehydrated and  
17 dipped in Kodak NTB autoradiography emulsion. The autoradiograms were developed after 9 days. The  
18 fluorescent signal of Alexa Fluor 488 was pseudo-colored to red for better visibility of dual-labeled cells.

19

#### 20 *Fluorescent OATP1c1 in situ hybridization combined with GFAP immunofluorescence*

21 Hybridizations were performed on both fresh-frozen control rat sections, and sections from four normal  
22 paraformaldehyde-perfused rats. Paraformaldehyde-perfusion was performed as previously described  
23 (36). Briefly, rats were anesthetized with an overdose of pentobarbital (50 mg/kg) and perfused  
24 transcardially with PBS followed by 4% paraformaldehyde. The brains were postfixed by immersion in  
25 4% paraformaldehyde, cryoprotected in 20% sucrose in PBS overnight, then snap-frozen on dry ice.  
26 Serial 20 μm coronal sections were cut on a cryostat, collected in cryoprotectant solution and stored at -

1 20°C until used. Fluorescent in situ hybridization for fresh-frozen and paraformaldehyde-perfused sections  
2 was performed as previously described (15, 36). The digoxigenin-labeled probe was detected with  
3 peroxidase-conjugated Fab fragments of sheep anti-digoxigenin antibody (1:100, Roche). The  
4 hybridization signal was amplified with biotinylated tyramide for 30 min using the TSA amplification kit  
5 (Perkin Elmer), and visualized by Alexa 488-conjugated Streptavidin (1:500; Life Technologies).  
6 Sections were reacted with murine GFAP antibody as above, and detected with Cy3-conjugated donkey  
7 anti-mouse IgG (Jackson ImmunoResearch). Sections were then coverslipped with Vectashield  
8 containing 4',6-diamidino-2-phenylindole (DAPI) (Vector Laboratories).

9

#### 10 *Immunofluorescence for OATP1c1 and MCT8*

11 For MCT8 immunofluorescence, mounted fresh-frozen sections were fixed with 4% paraformaldehyde in  
12 0.1M phosphate buffer (pH 7.4) for 15 min. For OATP1c1 immunofluorescence, sections were fixed  
13 with methanol at -20°C for 5 min. Sections were permeabilized with 0.25% Triton-X-100 for 30 min,  
14 blocked with 2% normal horse serum in PBS, and incubated overnight in a rabbit antiserum against  
15 human MCT8 (raised against amino acids 527-539; #1306, gift from Dr. Theo J. Visser) or a rabbit  
16 antiserum against human OATP1c1 (raised against amino acids 697-712; #3516, gift from Dr. Theo J.  
17 Visser), both diluted at 1:1,000. The primary antisera were detected with Alexa Fluor 488-conjugated  
18 donkey anti-rabbit IgG diluted at 1:400 (Jackson ImmunoResearch). Immunostaining with both antisera  
19 resulted in the same patterns reported earlier (26, 37).

20

#### 21 *Image analysis*

22 In situ hybridization signals were compared between sections from a single hybridization experiment  
23 where all conditions and exposure times were identical. Darkfield images of OATP1c1 *in situ*  
24 hybridization were analyzed with ImageJ software (public domain at <http://rsb.info.nih.gov/ij>). To  
25 maximize the analysis of OATP1c1 signal in blood vessels, hybridizations were analyzed in the  
26 hypothalamus where no significant signal was detected in astrocytes after 9 days exposure in mice or 5



1 days exposure in rats. Images were taken with a 5× objective at the level of the paraventricular nucleus  
2 (mice) or the dorsomedial nucleus (rats), and integrated density values were calculated. From the two rat  
3 OATP1c1 hybridizations, only the 5 day exposure experiment was used for quantitative image analysis.  
4 Images from both the 9 and 5 days exposure experiments were used to illustrate the magnitude of changes  
5 in OATP1c1 hybridization signal. To quantify vascular MCT8 hybridization in mice, blood vessel  
6 segments with clear hybridization signal were counted in the thalamus and hypothalamus in 3 sections per  
7 mouse at the rostro-caudal level of the median eminence. In these regions, the low neuronal hybridization  
8 signal allowed easier identification of labeled blood vessels than in cortical regions. OATP1c1  
9 immunofluorescence in blood vessels was quantified in rats using ImageJ. Images were taken with a 20×  
10 objective of an area with high density of blood vessels in the midline thalamus. The area covered by  
11 immunofluorescently labeled vessels (pixel number) was measured by subtracting non-labeled areas (i.e.,  
12 dark pixels) from the image using the threshold tool and the same threshold value for all images.  
13 Hematoxylin and eosin staining was used to facilitate the identification of arachnoid veins in rats.

14

#### 15 *Statistical analysis*

16 Data are presented as mean ± SEM. Quantitative PCR data were expressed as RQ (mean +/- SEM).  
17 Quantitative PCR data from cortex and image analysis data were compared between groups by one-way  
18 ANOVA and Newman-Keuls multiple comparison post-hoc test. Quantitative PCR data from the  
19 leptomeninges were compared by Student's t test.

20

## 21 **Results**

### 22 *Effect of LPS on OATP1c1 expression in the brain*

23 *OATP1c1 mRNA.* LPS administration similarly affected OATP1c1 expression in mice and rats.  
24 OATP1c1 mRNA levels decreased profoundly within 9h after LPS injection, as demonstrated by a  
25 striking reduction in hybridization signal across the forebrain (Fig. 1A, 1B). Emulsion autoradiography  
26 revealed that this reduction was due to a loss of hybridization signal specifically in blood vessels, but not

1 astrocytes. Vascular OATP1c1 expression decreased uniformly in the forebrain, but the course of this  
2 response could be followed most clearly in the hypothalamus (Fig. 2A) where hybridization signal in  
3 astrocytes was the lowest among forebrain regions. Hybridization signal in vessels decreased  
4 significantly as soon as 2h after LPS, and markedly by 4h (Fig. 2A). Vascular hybridization signal was  
5 virtually absent in mice 9h after LPS injection, except light labeling of the highly vascularized  
6 hypothalamic paraventricular nucleus (Fig. 2A). A similar reduction was observed in rats, where only  
7 scattered blood vessels with light hybridization signal were detected at 9h after LPS (in the hybridization  
8 experiment with the longer, 9 day autoradiography exposure). Moderate labeling remained only in some  
9 vessels of the paraventricular and supraoptic nuclei (Fig. 3A; also in Fig 1A); in fact, vessels in these two  
10 nuclei were more intensely labeled than elsewhere, even in control rats. The loss of OATP1c1  
11 hybridization signal in blood vessels is also demonstrated in images from the cerebral cortex in Figs. 2B  
12 and 3A.

13 Hybridization signal in astrocytes did not change noticeably in either species, and remained comparable  
14 to control levels 9h after LPS, as demonstrated in images from the mouse and rat cortex (Fig. 2B, 3A).  
15 Notably, OATP1c1 mRNA in astrocytes varied greatly between brain regions, confirming recent studies  
16 (23, 27). In mice, OATP1c1 mRNA was easily detected in hippocampal and cortical astrocytes, while it  
17 was not detected in hypothalamic astrocytes with the exposure time used in this experiment. In rats,  
18 differences in astrocytic OATP1c1 expression were confirmed by both fluorescent (Fig. 3B) and  
19 radioactive *in situ* hybridization. Hybridization signal was moderate to intense in astrocytes of the  
20 hippocampus, striatum, and ventrolateral thalamus, whereas it was much lighter in astrocytes of the  
21 hypothalamus, such as in the ventromedial nucleus (Fig. 3B).

22 In both species, vascular OATP1c1 hybridization signal increased above control levels during the  
23 recovery phase from endotoxemia. In mice, OATP1c1 mRNA was still below control levels at 24h, but  
24 increased markedly at 48h after LPS (Fig. 2A). In rats, upregulation of OATP1c1 mRNA in blood  
25 vessels could be observed at both 24h and 48h after LPS (Fig. 3A). Conspicuously increased signal in  
26 vessels was observed in one out of four rats in the 24h LPS group, and three out of four rats in the 48h

1 LPS group. Markedly increased OATP1c1 mRNA at 24h after LPS was confirmed in another experiment  
2 (2 out of 2 rats; data not shown). This indicates that the timing of post-endotoxemic increase in vascular  
3 OATP1c1 mRNA can vary among individual rats. Image analysis results from mice and rats representing  
4 vascular OATP1c1 mRNA expression at each time point following LPS injection are presented in Fig.  
5 4A. Quantitative RT-PCR data from cortical samples confirmed the in situ hybridization results, as  
6 OATP1c1 mRNA was significantly decreased 9h after LPS injection in both species (Fig. 4B). At 48h  
7 after LPS, OATP1c1 mRNA levels were not different from control levels by quantitative PCR (Fig. 4B).  
8 In the choroid plexus, OATP1c1 hybridization signal was consistently reduced 9h after LPS in mice (Fig.  
9 1B), but not rats. In tanycytes, OATP1c1 mRNA expression was extremely intense in rats (Supplemental  
10 Fig. 1), but conspicuously absent in mice (Supplemental Fig. 2). LPS did not affect OATP1c1 expression  
11 in rat tanycytes.

12 *OATP1c1 protein.* Immunofluorescence for OATP1c1 gave clear labeling of blood vessels in the rat brain  
13 with low background, whereas in mice the labeling was less sensitive and less clear due to higher  
14 background levels. The antiserum did not label astrocytes. Immunostaining of blood vessels did not  
15 differ between control, 2h and 4h LPS groups, but visibly decreased at 9h and 24h (5A, 5B). At 24h,  
16 when the decrease was significant by image analysis (Fig. 4A), only scattered major vessel segments were  
17 labeled in both species (Fig. 5A, 5B). OATP1c1 immunostaining in vessels at 48h after LPS was similar  
18 to controls (Fig. 5A, 5B). OATP1c1 immunostaining was intense in rat tanycytes (Supplemental Fig. 1),  
19 whereas in mice it was observed selectively in lateral beta (beta-1) tanycytes in the floor of the third  
20 ventricle (Supplemental Fig. 2). The presence of OATP1c1 immunoreactivity in mouse tanycytes is in  
21 agreement with a previous report by Roberts et al. (26) that used highly specific antibodies.

22

### 23 *Effect of LPS on MCT8 expression in the brain*

24 *MCT8 mRNA.* LPS similarly affected MCT8 expression in mice and rats. The hybridization patterns in  
25 control brains were identical to what was previously described (25). Several neuronal populations were  
26 labeled with variable, light to intense signal, and scattered larger blood vessels were labeled with

1 moderate or light signal (Fig. 1C). Rat tanycytes were intensely labeled, and extremely intense signal  
2 labeled mouse tanycytes and the choroid plexus in both species (Fig. 1C). Neuronal MCT8 expression  
3 did not noticeably change at any time after LPS injection in both species (Fig. 1C). In contrast, MCT8  
4 mRNA expression in blood vessels changed markedly in response to LPS. In mice, the intensity of  
5 vascular labeling decreased gradually from 2h until 9h, when hybridization signal was no longer detected  
6 in vessels (Fig. 6A). A similar trend was observed in rats, with noticeably less numerous and less  
7 intensely labeled blood vessels at 4h, and only occasional, lightly labeled vessels visible at 9h (Fig. 6B).  
8 In mice, both the number of detected vessel segments and their signal intensity increased at 24h after LPS  
9 compared to control mice, and even more strikingly at 48h (Fig. 1C, 6A). The quantification of labeled  
10 vessels in mice is presented in Fig. 4A. In rats, labeling of blood vessels was comparable to control levels  
11 at 24h, but increased markedly by 48h after LPS (Fig. 6B). Quantitative PCR from the mouse cortex did  
12 not detect significant changes in MCT8 mRNA after LPS (Fig. 4B). In the rat cortex, MCT8 mRNA  
13 tended to decrease at 9h albeit not significantly, but significantly increased 48h after LPS (Fig. 4B).  
14 *MCT8 protein.* MCT8 immunolabeling in blood vessels was not different from control levels at 2, 4, 9 or  
15 48h after LPS in both species. Only a slight decrease in labeling was observed at 24h in mice (Fig. 5C).  
16 Intense MCT8 immunofluorescence was observed in axons in both species, in accordance with our  
17 previous description of specific axonal MCT8 labeling (37). MCT8-containing axons were present in  
18 most brain regions, but unaffected by LPS.

19

#### 20 *Effect of LPS on OATP1c1, MCT8 and D2 mRNAs in the rat leptomeninges*

21 Since we previously observed that LPS administration induces robust D2 expression in the leptomeninges  
22 of rats (15), we also studied the expression of TH transporters in this tissue. OATP1c1 mRNA-  
23 expressing cells were observed in arachnoid veins, but not arteries or in the arachnoid tissue itself (Fig.  
24 7A). Following LPS, OATP1c1 hybridization signal could no longer be detected in the wall of the veins  
25 at 2, 4 or 9h later (Fig. 7A), but returned to control levels by 24h, and remained normal at 48h.  
26 Conversely, D2 mRNA was induced in the wall of the arachnoid veins but not arteries following LPS (Fig

1 7A), which we did not previously recognize (15). Moderate to intense MCT8 hybridization signal was  
2 observed in the leptomeningeal layers between the hippocampus and thalamus (Fig. 7A), and the dorsal  
3 third ventricle adjacent to the choroid plexus. This signal did not change significantly following LPS  
4 administration. MCT8 hybridization signal in the arachnoid covering the outer brain surface was  
5 uncertain, as control hybridizations with the sense transcript also yielded labeling in this location,  
6 although less intensely than the antisense probe. By quantitative PCR from leptomeninges removed from  
7 the basal forebrain, OATP1c1 mRNA was reduced to approximately 10% of control level 9h after LPS  
8 injection, MCT8 mRNA did not change, while D2 mRNA increased 86-fold on average (Fig. 7B).

9

## 10 **Discussion**

11 While data have been accumulating on cell-type specific regulation of TH action in the brain, regulation  
12 of TH transport is poorly understood. In the present study, regulation of TH transporters was studied in  
13 the forebrain using a model of non-thyroidal illness syndrome, a condition known to evoke marked  
14 changes in tissue TH availability (1, 2). In particular, we report changes in OATP1c1 and MCT8  
15 expression in the rodent brain in response to LPS administration, with the following main findings: 1)  
16 OATP1c and MCT8 mRNAs decrease rapidly and robustly in blood vessels; 2) this effect is cell-type  
17 specific as OATP1c1 and MCT8 mRNA levels remain unaltered in astrocytes and neurons; 3) a robust  
18 decrease in OATP1c1 but not MCT8 protein levels in vessels follows hours later; 4) during recovery from  
19 endotoxemia, OATP1c1 and MCT8 mRNA levels increase markedly in blood vessels above control  
20 levels; 5) these changes occur in both mice and rats. In addition, we describe OATP1c1 expression in  
21 arachnoid veins but not arteries that respond to LPS in a similar way as parenchymal blood vessels, and  
22 MCT8 mRNA in part of the rat leptomeninges.

23 MCT8 and OATP1c1 have complementary functions in the blood-brain barrier, and work in tandem to  
24 allow TH access to the brain (24). The parallel changes in OATP1c1 and MCT8 mRNAs in brain vessels  
25 during endotoxemia further corroborates the functional link between these transporters, and suggest a  
26 common mechanism regulating the expression of these genes during inflammation. The mechanisms by

1 which rapid downregulation of both transporter mRNAs occurs is unknown, but could be a direct effect of  
2 cytokines or other associated inflammatory signals that are associated with endotoxin administration.  
3 However, this response was specific to cells comprising the brain vasculature, such as endothelial cells  
4 known to express these transporters (26, 34, 38) and possibly also pericytes, while OATP1c1 and MCT8  
5 mRNA levels remained unchanged in astrocytes and neurons. One possibility to explain the latter  
6 phenomenon is that the extracellular signal that down-regulates MCT8 and OATP1c1 expression in  
7 vessels has limited access to astrocytes and neurons inside the blood-brain barrier. Alternatively, the  
8 signal may be present in the brain parenchyma, but due to intrinsic properties of astrocytes and neurons,  
9 has no effect on OATP1c1 or MCT8 mRNA. The latter might be explained by the lack of receptors for  
10 the signal molecule, or that the signaling pathway activated is not coupled to the mechanism that changes  
11 the transcription of the transporter genes.

12 The marked increase in OATP1c1 and MCT8 mRNAs during the recovery period from endotoxemia may  
13 be secondary to low intracellular TH levels in microvascular cells, supported by data that OATP1c1 in rat  
14 brain microvessels is upregulated by hypothyroidism (28). However, regulation of OATP1c1 and MCT8  
15 mRNAs by TH was not observed in congenitally hypothyroid mice (25), raising the possibility that  
16 increased OATP1c1 and MCT8 mRNA expression may be a rebound effect independent of TH  
17 concentration.

18 At the protein level, OATP1c1 decreased in brain vessels in a similarly robust manner as OATP1c1  
19 mRNA, but only several hours later. This delay likely reflects the turnover rate of OATP1c1 protein in  
20 cells of the blood-brain barrier. In contrast, only a modest decrease in vascular MCT8 immunostaining  
21 was observed in mice. A possible explanation is that the half-life of MCT8 may be substantially longer  
22 than that of OATP1c1, and in our model, the inflammatory state may have been too transitory to see a  
23 significant decrease in the MCT8 protein. Thus, an inflammation model of longer duration may be  
24 necessary to more definitively address whether MCT8 decreases similar to OATP1c1. Since our analysis  
25 did not provide information on the subcellular location of the transporters, it is also conceivable that

1 internalization of OATP1c1 and/or MCT8 from the cell membrane could result in a more rapid decrease  
2 in TH transport before a decrease in protein levels is realized.

3 Access of TH to most of the brain parenchyma primarily occurs *via* the blood-brain barrier, and much less  
4 via the blood-cerebrospinal fluid barrier (39). Since deficiency in either OATP1c1 or MCT8 is sufficient  
5 to reduce brain TH uptake (24, 32), downregulation of these transporters in brain vessels during  
6 inflammation suggests diminished TH uptake into the brain parenchyma and may contribute to common  
7 symptoms associated with illness such as fatigue, depressed mood, and impaired neurocognitive function.

8 In support, a recent clinical study reported that certain OATP1c1 polymorphisms are associated with  
9 fatigue and depression in a population of patients with adequately treated hypothyroidism (40).

10 Inflammatory regulation of OATP1c1 and MCT8 was strikingly different from that observed for D2 that  
11 is highly inducible by the inflammatory transcription factor, nuclear factor-kappa B (NF- $\kappa$ B) (11, 41).  
12 LPS induces D2 *via* NF- $\kappa$ B in tanycytes (7, 15), and probably in meningeal fibroblasts (15). In contrast,  
13 OATP1c1 and MCT8 expression did not increase following LPS in any cell type in the brain, and  
14 markedly decreased in cells of brain blood vessels. The opposite regulation of D2 and OATP1c1/MCT8  
15 by inflammation raises the possibility that during inflammation, TH availability may not be uniform  
16 throughout the brain. The downregulation of OATP1c1 and MCT8 at the blood-brain barrier suggests  
17 decreased TH availability within the brain parenchyma, whereas induction of D2 suggests increased TH  
18 availability in the leptomeninges and choroid plexus (15). Therefore, inflammation may result in both  
19 “hypothyroid” and “hyperthyroid” compartments in the rat brain. As we previously hypothesized (15),  
20 increased TH levels in the leptomeninges and choroid plexus, where the proinflammatory reaction is the  
21 most intense following LPS administration (42-47), may serve to control inflammatory processes and  
22 improve macrophage function (6, 8, 16-18). It can be also speculated, however, that at the same time  
23 decreased TH levels might be adaptive for cells in the brain parenchyma. While further research will be  
24 necessary to understand the pathophysiological role of these changes, the present findings underscore that  
25 TH availability may differ significantly for different cell types of a single organ during the non-thyroidal  
26 illness syndrome.

1 In conclusion, OATP1c1 and MCT8 expression is downregulated in the blood-brain barrier during  
2 inflammation, suggesting decreased TH uptake into the rodent brain. TH uptake studies in inflammation  
3 models will be essential in the future to test the importance of TH transporter downregulation on TH  
4 delivery to the brain.

5

## 6 **Acknowledgements**

7 We thank Dr. Theo Visser for generously providing the MCT8 and OATP1c1 antisera.

8

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**Figure legends**

**Figure 1.** X-ray film autoradiograms of isotopic *in situ* hybridizations for rat and mouse OATP1c1, and mouse MCT8. (A) OATP1c1 mRNA expression in the rat forebrain in the function of time following LPS injection. Hybridization signal decreases after LPS injection; at 4 and 9h, the remaining visible signal in the hypothalamic paraventricular and supraoptic nuclei is vascular, while in other regions, such as the hippocampus and cortex, is primarily astrocytic. (B) LPS has the same effect on OATP1c1 mRNA in mice as in rats. In mice, OATP1c1 mRNA decreases even in the choroid plexus at 9h. (C) MCT8 mRNA in the mouse brain following LPS administration. Neuronal labeling remains unchanged. The bottom panel shows magnified views of the diencephalic area, where several labeled blood vessels (arrowheads) are visible at 24h and 48h, but none at 9h after LPS. cp, choroid plexus; Hip, Hippocampus; PVH, hypothalamic paraventricular nucleus; tan, tanycytes; SO, supraoptic nucleus; VMH, hypothalamic ventromedial nucleus. Scale bars = 2mm.

**Figure 2.** (A) Darkfield emulsion autoradiography images demonstrate the time course of OATP1c1 mRNA expression (silver grain accumulation, white) in the mouse hypothalamus after LPS injection. Hybridization signal labeled only blood vessels but not astrocytes in the hypothalamus. The signal virtually disappears by 9h, when only light signal remains visible in the paraventricular nucleus (PVH). At 48h, OATP1c1 mRNA increases significantly. Scale bar = 200µm. (B) Combination of *in situ* hybridization for OATP1c1 (silver grains) and GFAP immunofluorescence (red) demonstrates that LPS did not affect OATP1c1 mRNA expression in astrocytes. Images were taken from the piriform cortex (control) and adjacent cortical amygdala (LPS). White arrows in the overlay images indicate astrocytes

1 with OATP1c1 hybridization signal, open arrows point to blood vessel segments. Note that hybridization  
2 signal labels vessel segments in the control, but not in LPS-injected brain. Scale bar = 50µm.

3

4 **Figure 3.** (A) Darkfield emulsion autoradiography images illustrate the effect of LPS on OATP1c1  
5 mRNA in the rat brain. The decrease in OATP1c1 mRNA levels at 9h is demonstrated in hybridizations  
6 with longer exposure time, while shorter exposure was necessary to visualize the increase at 48h. The top  
7 panel shows the dramatic decrease of OATP1c1 mRNA in vessels of the hypothalamic paraventricular  
8 nucleus (PVH). Middle panel demonstrates the effect in the cortex, where hybridization in vessels is  
9 almost completely absent 9h after LPS, and the remaining signal labels predominantly astrocytes. Arrows  
10 indicate longer vessel segments in the control cortex. The bottom panel demonstrates the robust increase  
11 in OATP1c1 mRNA levels in blood vessels at 48h after LPS; images were taken from the hypothalamic  
12 dorsomedial nucleus. PVH, hypothalamic paraventricular nucleus. Scale bar = 100 µm. (B) Fluorescent  
13 *in situ* hybridization demonstrates OATP1c1 mRNA in different astrocyte populations in the rat.  
14 Hybridization on paraformaldehyde-perfused sections shows high levels of OATP1c1 mRNA (green) in  
15 astrocytes of the hippocampus, cortex, and striatum. Note the numerous intense green puncta denoting  
16 OATP1c1 mRNA in the cytoplasm and proximal processes of astrocytes, which were identified by  
17 immunofluorescence for GFAP (red). In contrast, more sensitive hybridization using fresh-frozen  
18 sections was necessary to detect OATP1c1 mRNA in hypothalamic astrocytes. In these cells,  
19 hybridization signal concentrated in only a few, 5-8, smaller sized puncta. Cell nuclei are labeled by the  
20 blue fluorescence of DAPI. Scale bar = 20 µm.

21

22 **Figure 4.** (A) Results of semiquantitative image analysis of OATP1c1 and MCT8 *in situ* hybridization,  
23 and OATP1c1 immunofluorescence. OATP1c1 hybridization signal was quantified in the hypothalamus  
24 and represents mRNA expression specifically in blood vessels, as astrocytes were not labeled with the  
25 used exposure times. In the mouse MCT8 *in situ* hybridization experiment, the number of labeled blood  
26 vessels were counted in the diencephalic area in 3 sections per mouse, and the average number of vessels

1 per section was calculated and presented in the graph. OATP1c1 immunofluorescence in rats was  
2 quantified in images taken from the thalamus by measuring the area (pixel number) covered by  
3 immunolabeled vessels. Sample sizes: 4 or 5 rats or mice/group. \*  $P < 0.05$ ; \*\*  $P < 0.01$ ; \*\*\*  $P < 0.001$   
4 vs control. (B) Quantitative RT-PCR results from the mouse and rat cortex 9 and 48h after LPS injection.  
5 OATP1c1 mRNA is significantly reduced 9h after LPS injection in both species: In rats, MCT8 mRNA  
6 tended to decrease at 9h but did not reach significance ( $p = 0.07$ ). Sample sizes:  $n = 6$  rats/group and 8  
7 mice/group. \*  $P < 0.05$ , \*\*\*  $P < 0.001$  vs the corresponding controls.

8

9 **Figure 5.** (A) OATP1c1 immunofluorescence shows the time course of OATP1c1 protein in blood  
10 vessels of rats following LPS injection. Images were taken from the thalamus; note the decrease in  
11 labeling at 9h, and that only scattered vessel segments are labeled at 24h. (B) The same phenomenon is  
12 shown in mice in images taken from the rostral perifornical area. (C) MCT8 immunofluorescence in blood  
13 vessels of the mouse thalamus; labeling intensity is only mildly reduced at 24h after LPS. Scale bar = 50  
14  $\mu\text{m}$ .

15

16 **Figure 6.** (A) Darkfield emulsion autoradiography images demonstrate the effect of LPS on MCT8  
17 mRNA in brain blood vessels. Images were taken from the thalamus where labeled vessels (arrows) stand  
18 out due to virtually undetectable hybridization signal in neurons. The vascular signal vanishes completely  
19 by 9h after LPS. At 24h, and especially at 48h, more intense hybridization signal labels a higher number  
20 of vessels. Scale bar = 200  $\mu\text{m}$ . (B) A similar phenomenon is illustrated in images taken from the rat  
21 hippocampus. At 9h after LPS only occasional vessels with faint hybridization signal were detected,  
22 while several vessels with intense signal were observed at 48h. Scale bar = 100  $\mu\text{m}$ .

23

24 **Figure 7.** (A) *In situ* hybridization for OATP1c1, MCT8 and D2 in the rat leptomeninges. Red  
25 fluorescent cresyl violet counterstaining is overlaid on darkfield emulsion autoradiography images to help  
26 identify tissue locations (OATP1c1 and D2 images). Top: OATP1c1 mRNA is expressed specifically in



1 the wall of veins (v) that run in the arachnoid, but not in arteries (a), or the arachnoid tissue itself.  
2 Labeling of veins is absent 9h after LPS injection. Bottom left: MCT8 mRNA is expressed in the  
3 leptomeningeal layers between the hippocampus and thalamus (arrows). Bottom right: D2 mRNA is  
4 expressed in both the arachnoid tissue and wall of arachnoid veins (v), but not arteries (a) 9h after LPS  
5 injection. a, artery; opt, optic tract; SO, supraoptic nucleus; v, vein. Scale bar = 100µm in top, 200µm in  
6 bottom panels. (B) Quantitative RT-PCR results from rat leptomeningeal samples obtained from 6 control  
7 and 8 LPS-treated rats. OATP1c1 mRNA decreases to 10% of control value, while D2 increases ~86-fold  
8 on average. \*  $P < 0.05$ ; \*\*\*  $P < 0.0001$  vs control.

Fig 1

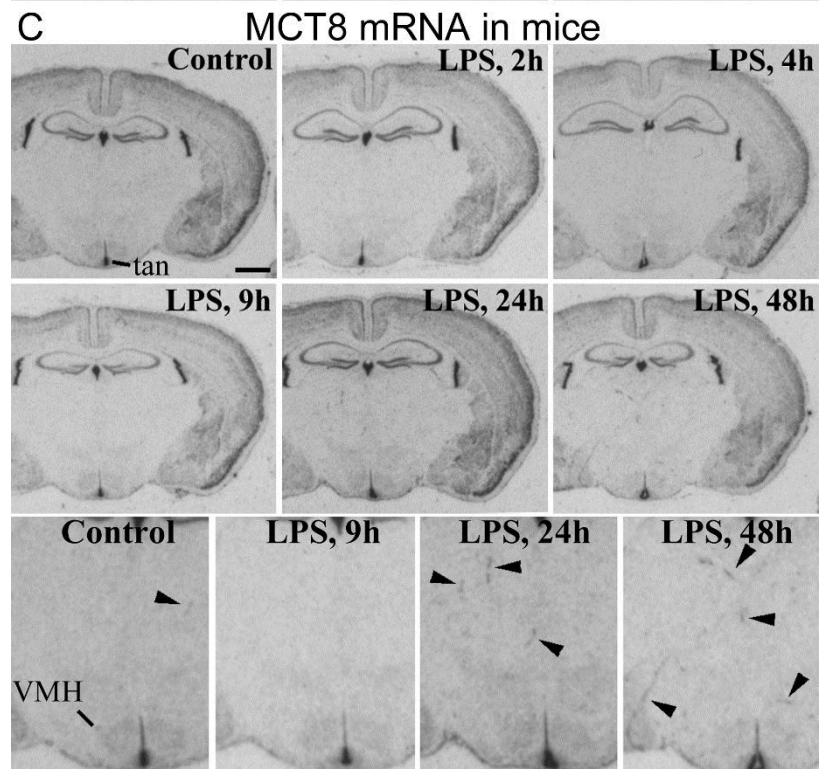
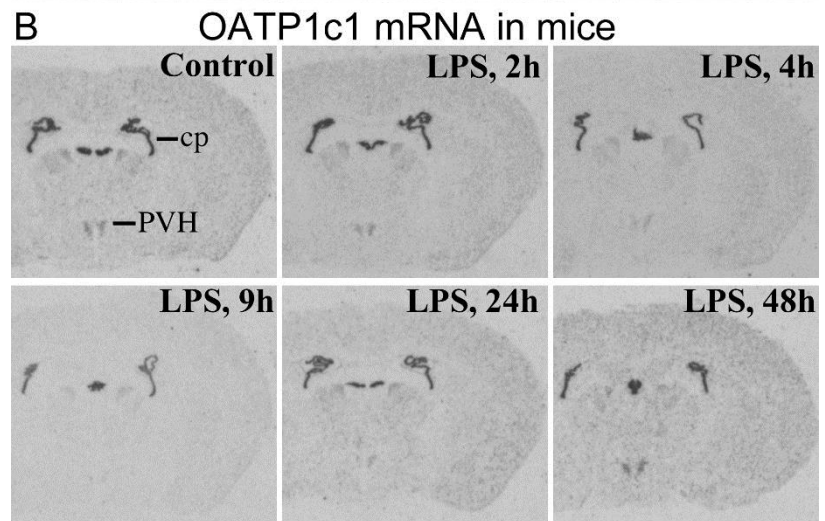
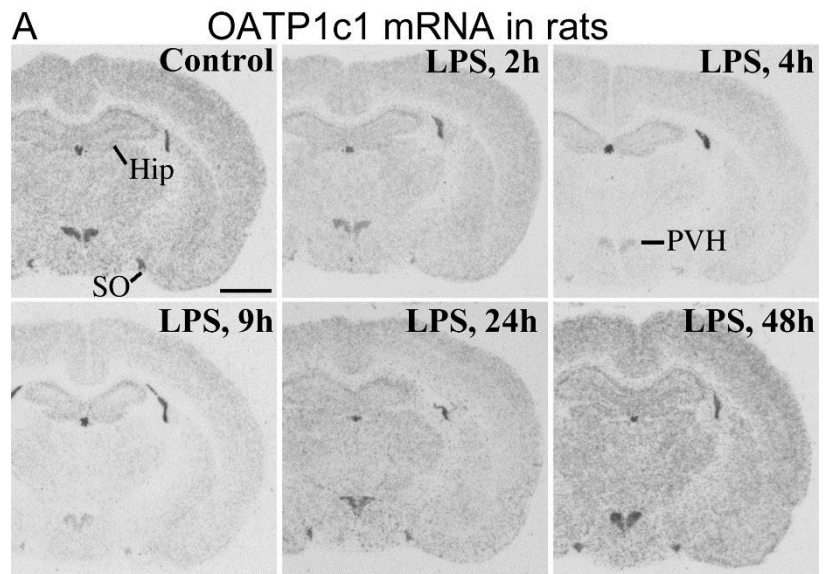
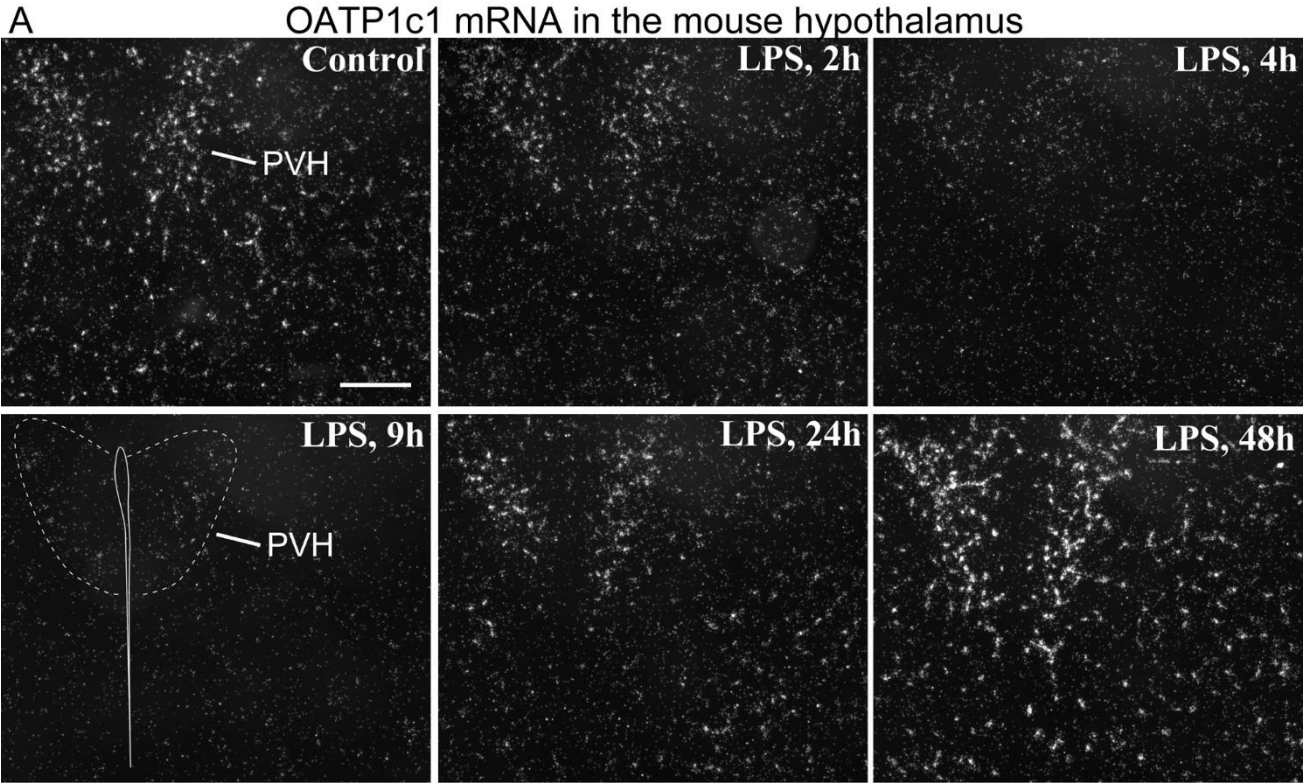


Fig 2

OATP1c1 mRNA in the mouse hypothalamus



OATP1c1 mRNA in mouse cortical astrocytes

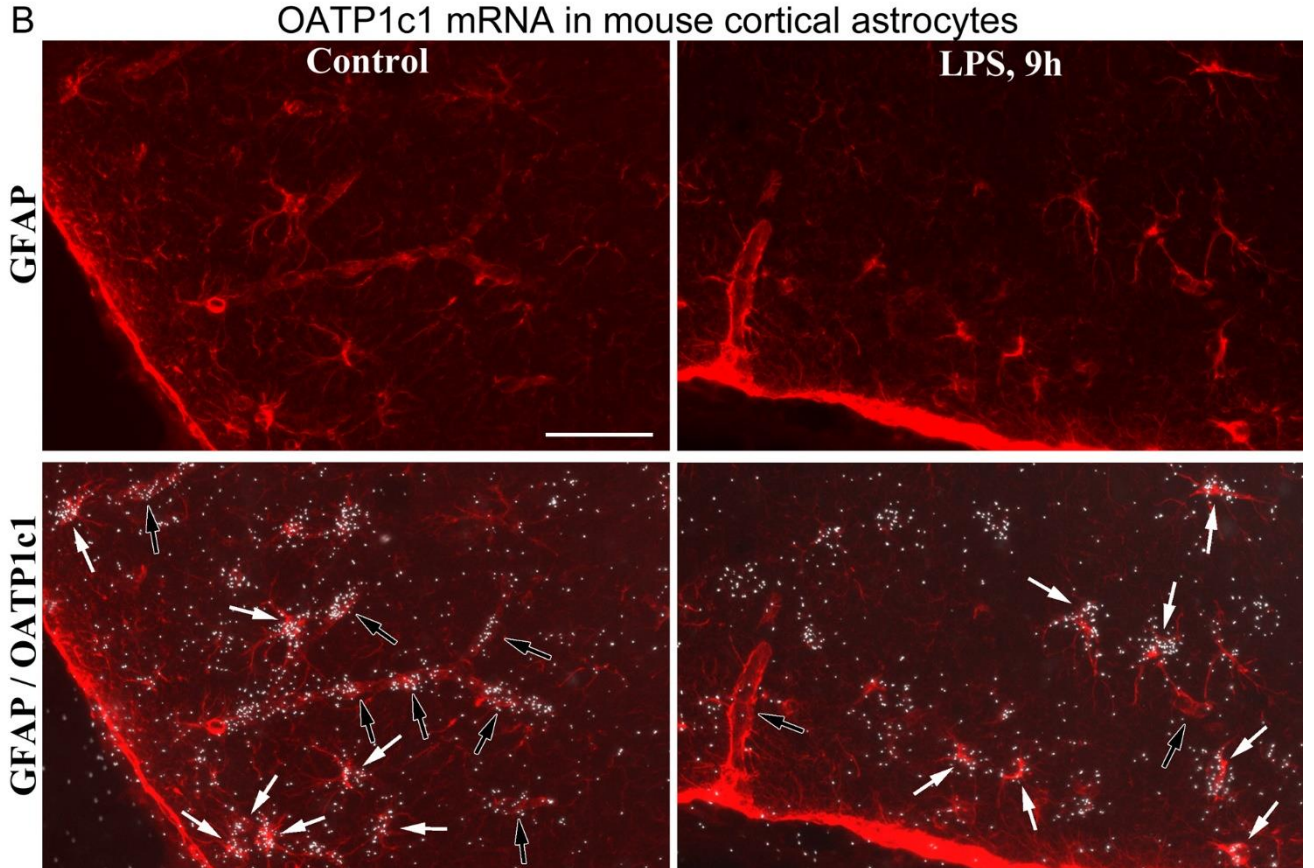


Fig 3

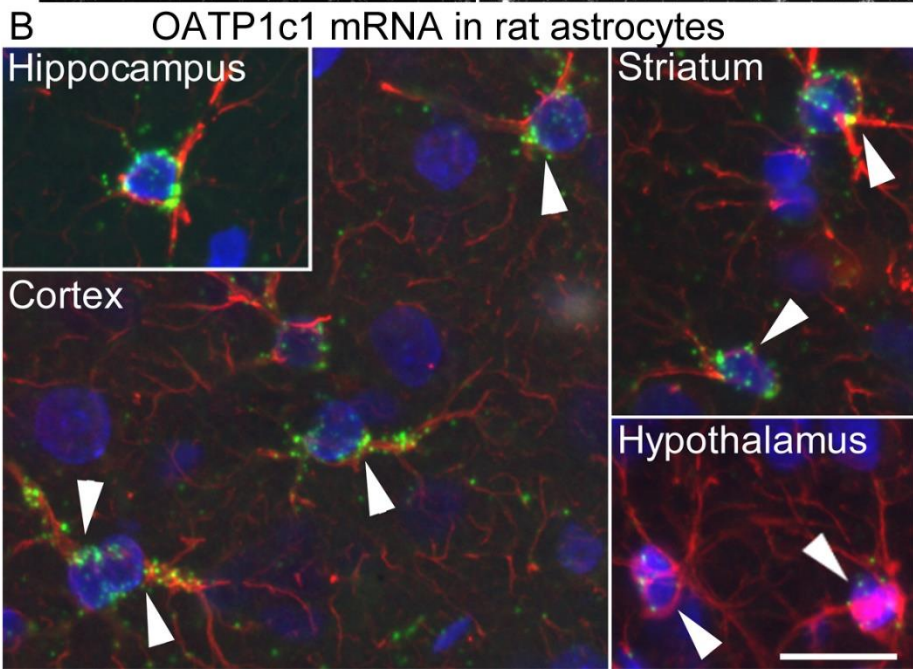
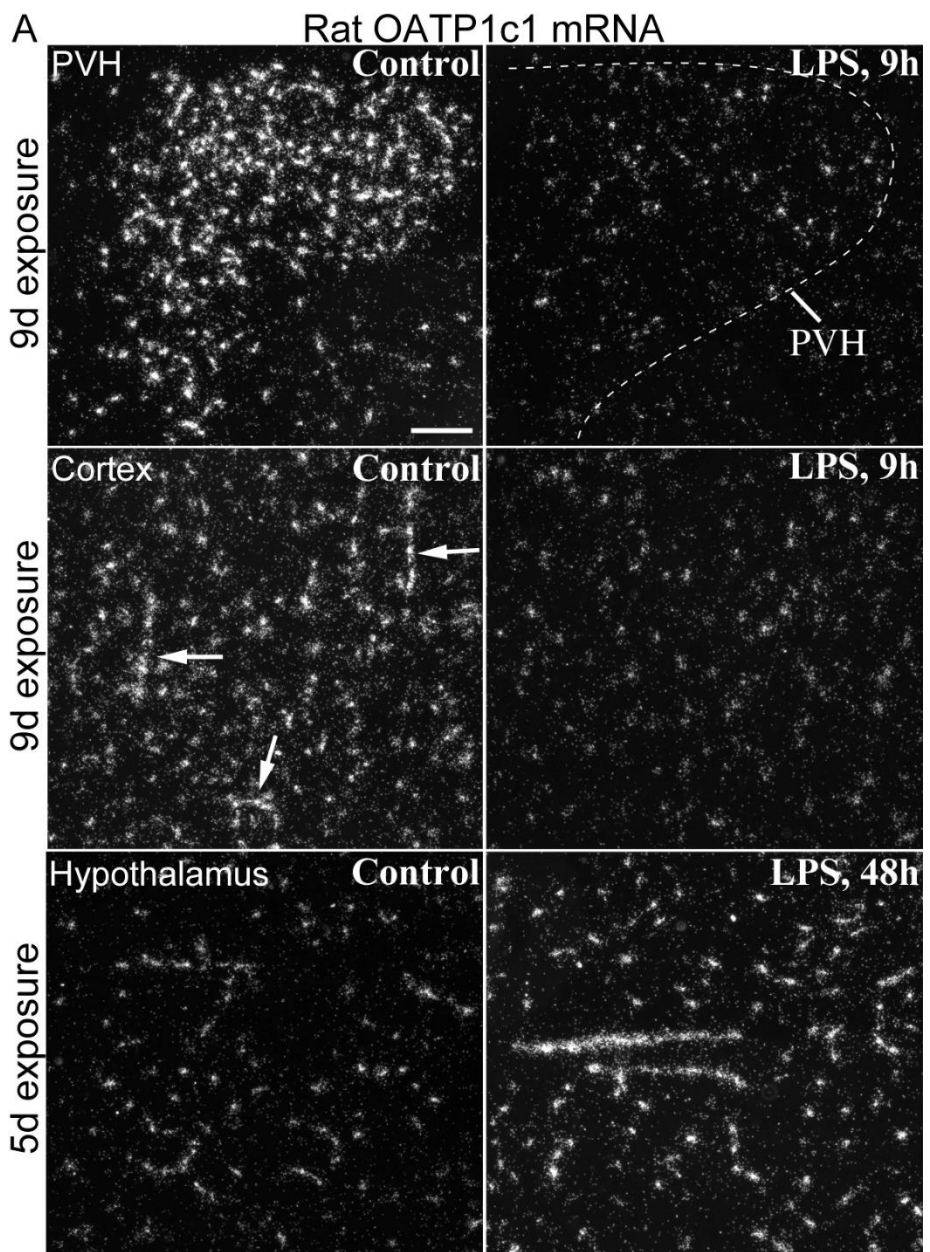


Fig 4

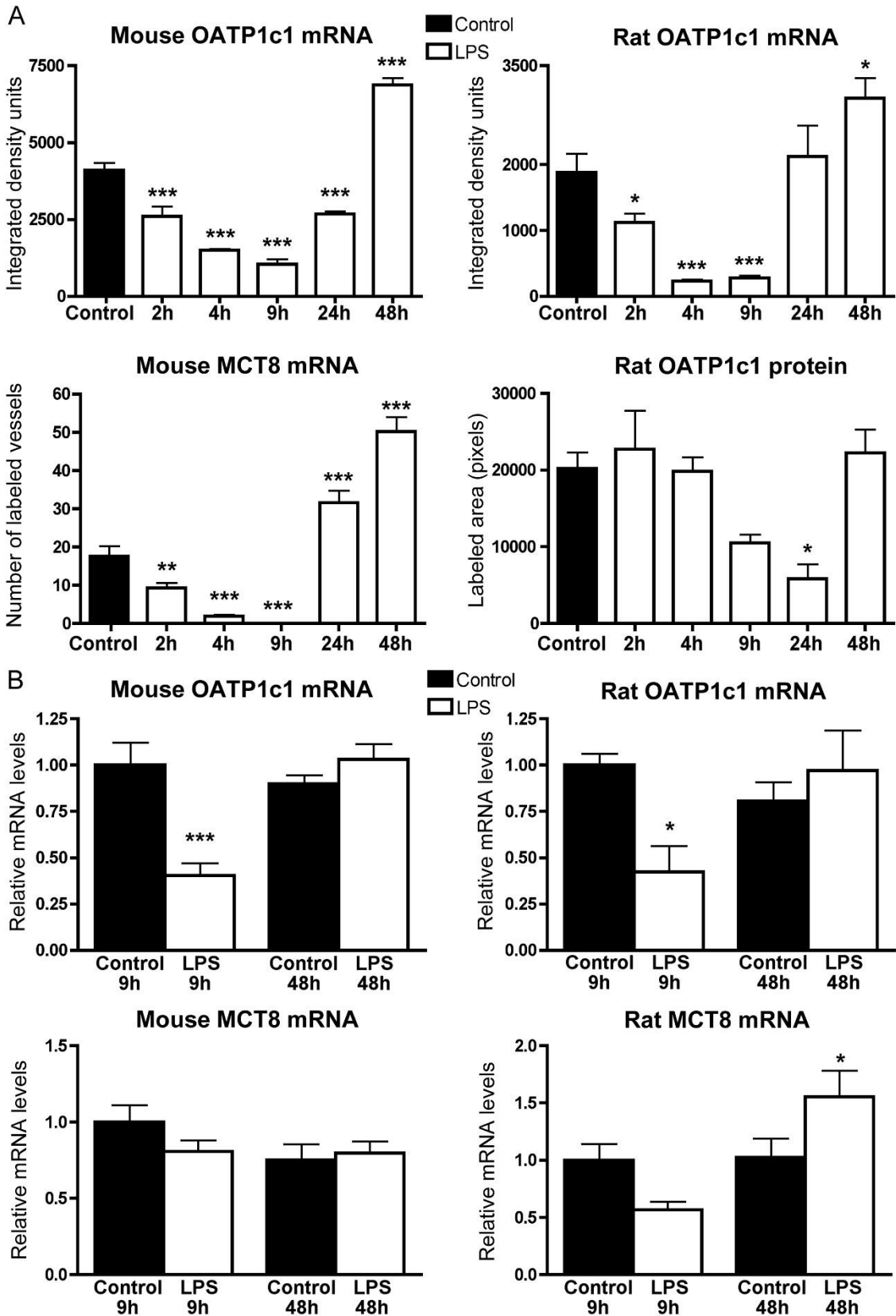


Fig 5

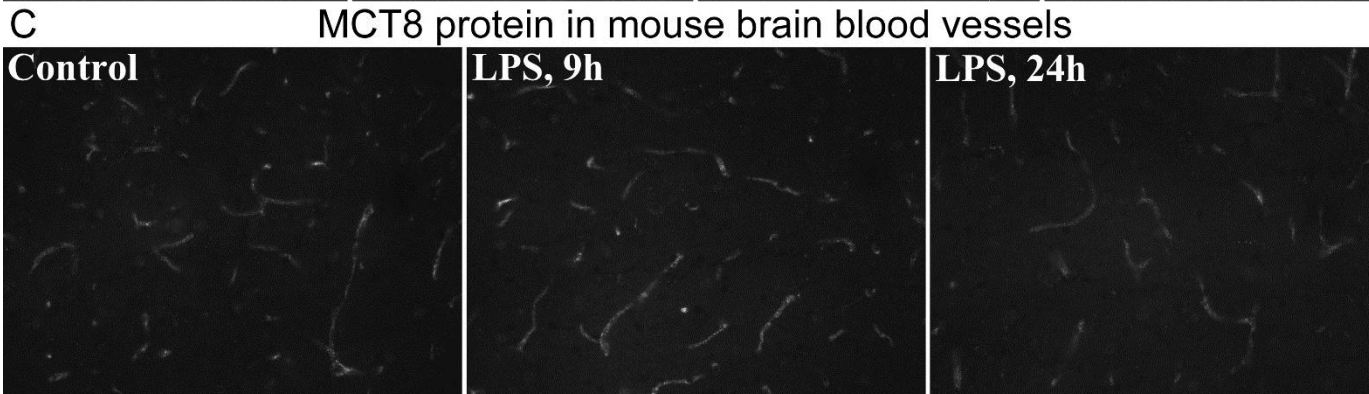
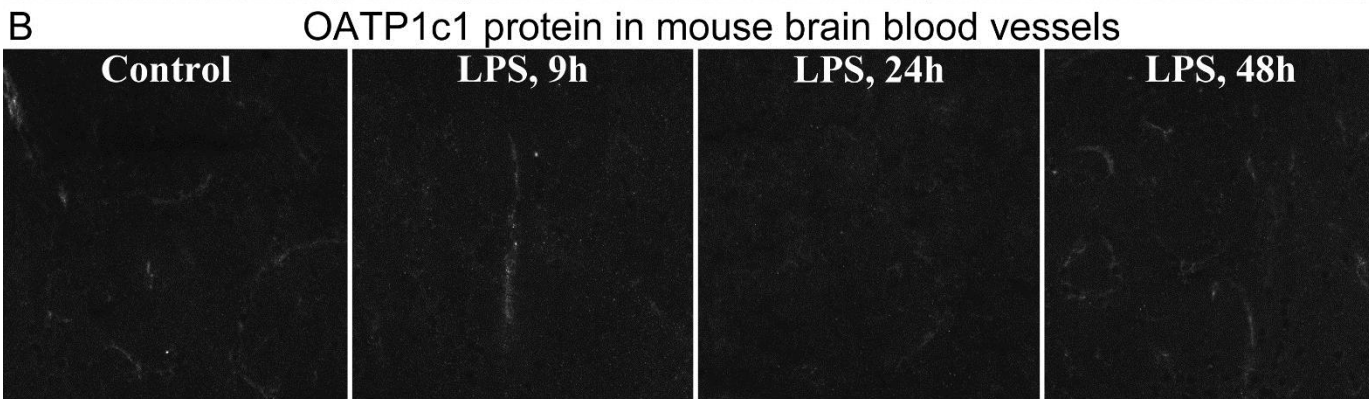
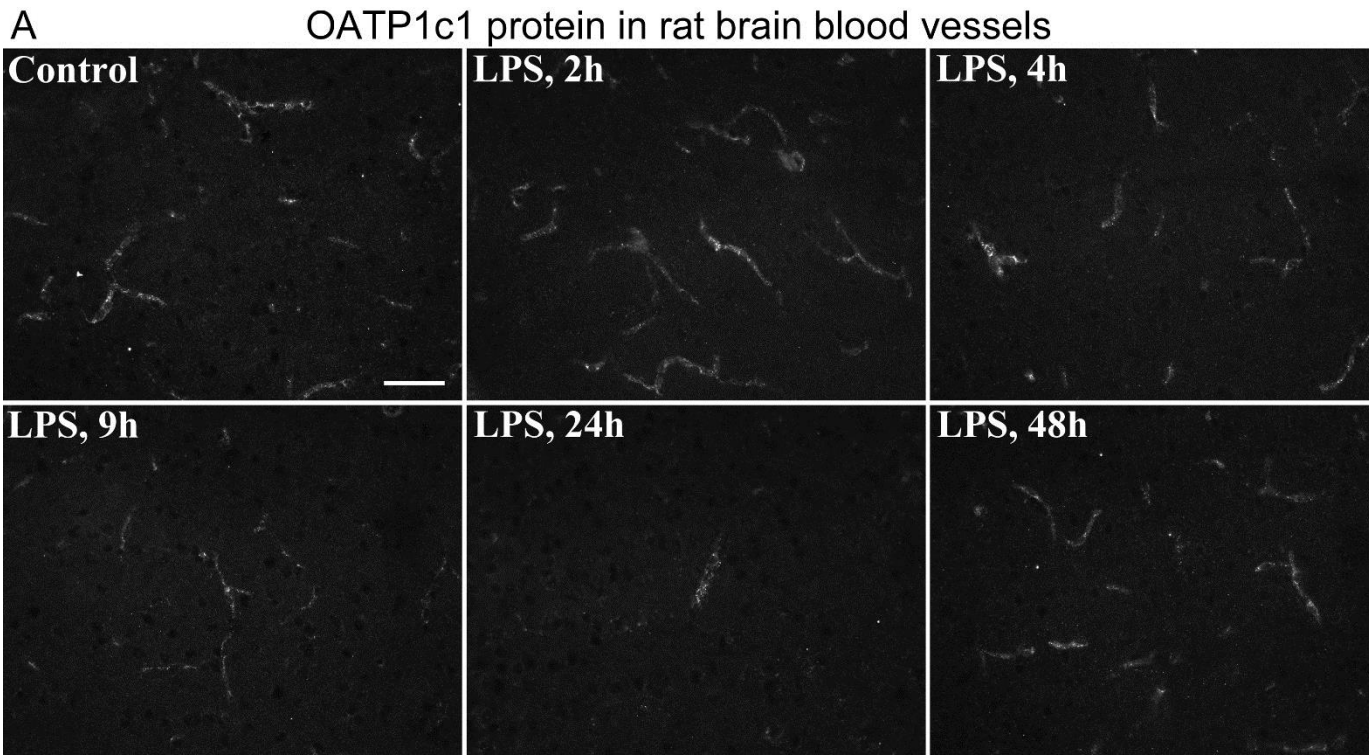


Fig 6

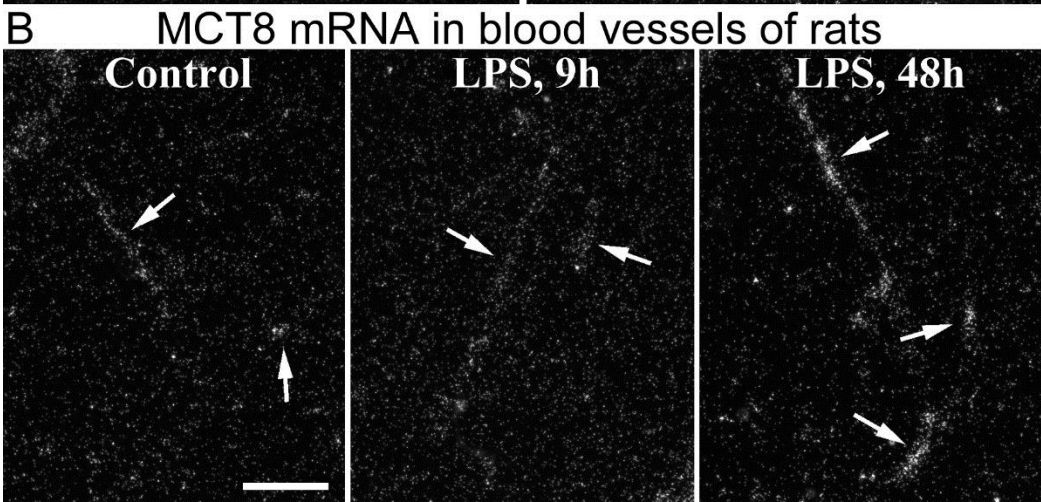
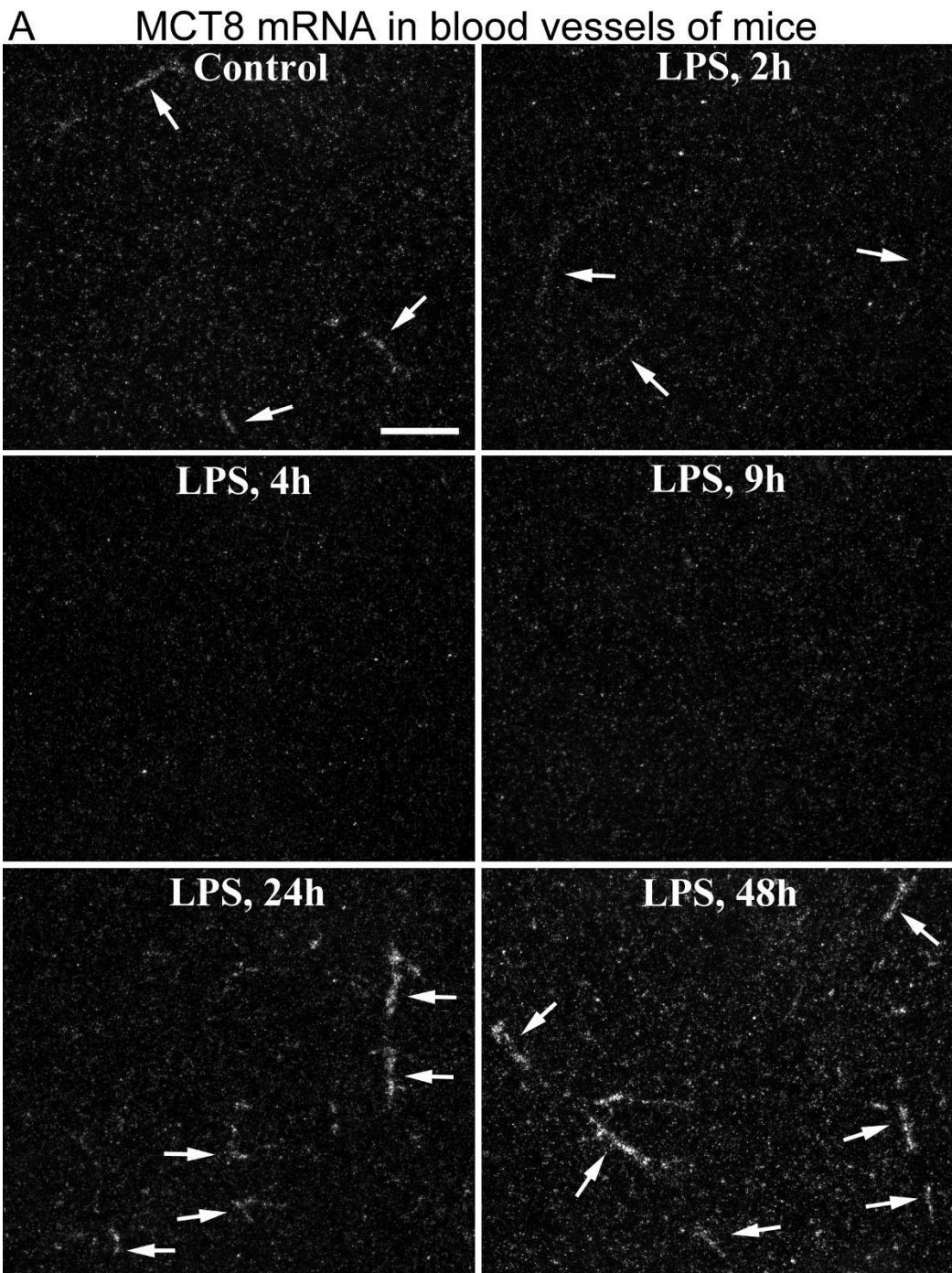


Fig 7

