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Autoantibodies to complement components in C3 glomerulopathy and atypical hemolytic uremic syndrome

Mihály Józsi^a, Stefanie Reuter^b, Pilar Nozal^c, Margarita López-Trascasa^{c,d}, Pilar Sánchez-Corral^{d,e}, Zoltán Prohászka^f, Barbara Uzonyi^g

^aMTA-ELTE Lendület Complement Research Group, Department of Immunology, Eötvös Loránd University, Budapest, Hungary; ^bJunior Research Group for Cellular Immunobiology, Leibniz Institute for Natural Product Research and Infection Biology, Jena, Germany; ^cUnidad de Inmunología, Hospital Universitario La Paz, IdiPAZ, Madrid, Spain; ^dCIBERER U754, Madrid, Spain; ^eUnidad de Investigación, Hospital Universitario La Paz, IdiPAZ, Madrid, Spain; ^fResearch Laboratory, 3rd Department of Internal Medicine, Semmelweis University, Budapest, Hungary; ^gMTA-ELTE Immunology Research Group, Department of Immunology, Eötvös Loránd University, Budapest, Hungary

Corresponding author:

Dr. Mihály Józsi, MTA-ELTE Lendület Complement Research Group, Department of Immunology, Eötvös Loránd University, Pázmány Péter s. 1/c, 1117 Budapest, Hungary. Phone: +36 1 3812175. Fax: +36 1 3812176. E-mail: mihaly.jozsi@gmx.net

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Abstract

The alternative pathway of complement is implicated in the pathogenesis of several renal diseases, such as atypical hemolytic uremic syndrome, dense deposit disease and other forms of C3 glomerulopathy. The underlying complement defects include genetic and/or acquired factors, the latter in the form of autoantibodies. Because the autoimmune forms require a specific treatment, in part different from that of the genetic forms, it is important to detect the autoantibodies as soon as possible and understand their characteristics. In this overview, we summarize the types of anti-complement autoantibodies detected in such diseases, i.e. autoantibodies to factor H, factor I, C3b, factor B and those against the C3 convertases (C3 nephritic factor and C4 nephritic factor). We draw attention to newly described autoantibodies and their characteristics, and highlight similarities and differences in the autoimmune forms of these diseases.

Keywords

autoantibodies; kidney disease; atypical hemolytic uremic syndrome; C3 glomerulopathy; complement regulation; C3 convertase; factor B; factor H; C3 nephritic factor

1. Introduction

The complement system is one of the most powerful effector systems of innate immunity, providing protection against infections, participating in the clearance of immune complexes and cellular debris and influencing the adaptive immune response [1]. While it can effectively destroy microorganisms, a strict regulation ensures that complement does not harm host cells and tissues. Imbalance between complement activation and inhibition can lead to various diseases [2]. Genetic defects in complement components may manifest as complement deficiency or as altered function. In addition, acquired complement abnormalities due to autoantibodies against specific components are associated with several diseases, including kidney diseases such as C3 glomerulopathy, membranoproliferative glomerulonephritis (MPGN)¹ and atypical hemolytic uremic syndrome (aHUS).

1.1. Complement activation and inhibition

Complement can be activated via three major pathways, the alternative, the classical and the lectin pathways [1] (Fig. 1). The alternative pathway is continuously and spontaneously activated by the hydrolysis of the tioester bond in the central component C3. The resulting C3(H₂O) (also termed iC3) has "C3b-like" properties by acquiring the ability to bind to complement receptor type 1 (CR1, CD35), as well as to factor B. Factor D cleaves the C3(H₂O)-bound factor B, which leads to the formation of the initial C3(H₂O)Bb C3 convertase enzyme of the alternative pathway that cleaves C3 into C3a and C3b. C3b forms additional convertases (C3bBb) which generate more C3b. The classical pathway is activated by target-bound immunoglobulins or pentraxins, which bind C1q and initiate the cascade. The lectin pathway is activated by target-bound mannan-binding lectin or ficolins. Activation of both the classical and the lectin pathways result in the generation of the classical/lectin pathway C3 convertase enzyme (C4bC2b), which cleaves C3 into C3a and C3b. Because C3b

feeds into the alternative pathway, the latter also represents a powerful "amplification loop" of the classical/lectin pathways. Thus, the three pathways lead to the generation of C3 convertases and converge in the cleavage of the central complement component C3 into C3a and C3b, which is a critical step in complement activation and generation of opsonic molecules.

The C3 convertases, when binding an additional C3b molecule, form the C5 convertases (C3bBbC3b for the alternative pathway, and C4bC2bC3b for the classical/lectin pathway), which cleave C5 into C5a and C5b and thus initiate activation of the terminal pathway. The terminal pathway incorporates components C6 to C9, thus leading to the formation of terminal complement complexes (TCC or C5b-9), also called membrane attack complexes at cell surfaces and SC5b-9 when in solution bound to S protein (Fig. 1).

Because of the central role of C3 and the C3 convertases in complement activation, it is not surprising that there is an array of regulatory molecules acting on C3 or the convertases. The spontaneous decay of C3 convertases can be accelerated by the membrane-bound proteins CR1 and decay accelerating factor (DAF, CD55), and the soluble regulators factor H (for the alternative pathway C3 convertase) and C4b-binding protein (for the classical/lectin pathway convertase). The only positive regulator is the plasma protein properdin, which extends the half-life of the C3bBb convertase. In addition, the complement regulator factor I is a serine protease that specifically cleaves and thus inactivates the C3b and C4b molecules in the presence of a cofactor. For C3b inactivation, factor I requires factor H, CR1 or membrane cofactor protein (MCP, CD46) as a cofactor. C4b inactivation by factor I proceeds in the presence of C4b-binding protein, MCP or CR1.

Maintaining the delicate balance between complement activation and inhibiton is important under physiological conditions. Misdirected or exaggerated complement activation (e.g., due to overactivation or defective regulation) may cause various diseases [2,3]. In this context, genetic alterations and/or autoantibodies to complement components are implicated in a growing number of diseases [4]. In the present review, we focus on the role of anticomplement autoantibodies in the kidney diseases C3 glomerulopathies, particularly dense deposit disease (DDD), and aHUS. The common underlying pathomechanism of these renal diseases involves the complement system, and because often similar mutations or autoantibodies are detected in many patients, it was suggested that there is a disease spectrum of related disorders and the underlying defects manifest as different disease entities [5,6]. Here, we summarize the biological features and clinical characteristics of anti-complement autoantibodies and discuss similarities and differences in the autoimmune forms of C3 glomerulopathies and aHUS.

2. Autoantibodies in C3 glomerulopathy

C3 glomerulopathy is characterized predominantly by C3 deposition in the glomeruli, usually in the absence of IgG, and complement activation due to dysregulation of the alternative pathway [7,8]. Several disease entities fall under the umbrella of C3 glomerulopathy, such as DDD (also termed MPGN II), CFHR5 nephropathy and C3 glomerulonephritis [8].

While anti-C1q antibodies have been described in patients with glomeulonephritis [9-11], most known anti-complement autoantibodies in patients with C3 glomerulopathy target the C3 convertases (C3 and C4 nephritic factors, anti-factor B, anti-C3b) or factor H (antifactor H), a regulator of the alternative pathway C3 convertase.

2.1. C3 nephritic factor

The most common anti-complement autoantibodies reported in patients with C3 glomerulopathy target the alternative pathway C3 convertase C3bBb. Regarding their epitope specificity, isotype and effect on the convertase, these C3 nephritic factors (C3Nefs) form a

heterogeneous group of autoantibodies with the common feature of preventing the dissociation of Bb from the convertase and thus prolonging the half-life of the convertase.

C3Nefs are IgG or IgM antibodies that bind to the C3bBb convertase [12,13]. Most C3Nefs recognize a neoepitope on the C3bBb complex, but some of them are able to bind C3b or Bb alone [14]. Some C3Nefs require the presence of properdin, others are properdinindependent [15,16]. All C3Nefs prevent the natural intrinsic decay of C3bBb [14,17], but the stabilized convertases are variously resistant against extrinsic decay mediated by factor H, CR1 or DAF [18-22]. Stabilization of the C3bBb convertase by C3Nef results in higher and prolonged activity, C3 and C5 consumption and activation of the terminal pathway [16,17]. However, certain C3Nefs were reported to inhibit C5 cleavage [23]. This functional heterogeneity is clearly mirrored in the studies and case reports. C3Nef has been detected in ~50% in the cases of MPGN I and MPGN III, and in up to 80% of MPGN II/DDD patients [10,24,25]. Despite the strong association of C3Nef with MPGN, there is uncertainty regarding the nephritogenic role of C3Nef. Some studies support the correlation between C3Nef and disease course or complement status, while others found no evidence in this regard [26]. Furthermore, C3Nef is not exclusively associated with MPGN, its presence has been reported in patients with C3 glomerulonephritis without MPGN, partial lipodystrophy, poststreptococcal glomerulonephritis, systemic lupus erythematosus (SLE), meningococcal meningitis and also in healthy individuals [27-32].

Consensus for the detection and characterization of C3Nefs is also lacking. The few laboratories routinely measuring C3Nef use different methods, predominantly hemolytic assays, and occassionally ELISA and surface plasmon resonance assay that detect various groups of C3Nefs [22,33-37]. Results of the various measurements can also be influenced by the presence of C4 nephritic factor (C4Nef), anti-C1q autoantibodies or mutations in factor H

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or factor I [10,38-40]. Recent data suggest that a combination of different assays are likely to identify most C3Nefs, including occult cases [11,22,37].

The heterogeneity of C3Nefs in appearance and function and the difficulties in their detection and characterization led to some confusion in the literature, and leaves open the question, whether C3Nef is the primary cause of the disease or it emerges secondarily as a consequence of the prolonged existence of the convertase neoepitopes. DDD patients with C3Nef often present with hypocomplementemia [25], and C3- and/or C5 activation fragments can be observed in the glomerular deposits [41]. Thus, the presence of C3Nef can alter the disease course by promoting and adding to the enhanced complement activation. Further studies and characterization of individual C3Nefs could help understanding its role in disease pathogenesis in more detail.

2.2. C4 nephritic factor

Antibodies recognizing the classical pathway C3 convertase C4bC2b have been described and termed C4Nefs. C4Nefs are IgG autoantibodies that were first reported in a patient with postinfectious glomerulonephritis [42] and in patients with SLE [43]. Binding of C4Nef to the C4bC2b convertase prolongs the half-life of the convertase, preventing both the intrinsic and the C4b-binding protein-, CR1- or DAF-mediated extrinsic decay [19,44,45]. Stabilization of the C4bC2b convertase by C4Nef leads to enhanced C3 and C5 cleavage. C4Nef also protects the C4b fragment against cleavage by factor I [44]. C4Nef isolated from a patient with chronic glomerulonephritis was shown to bind to a neoepitope of the C4bC2b convertase [46], similar to the C4Nef analyzed by Gigli et al., that only inhibited C4b cleavage when it was in complex with C2b [44]. Presence of C4Nef was detected both alone and together with C3Nef in patients with glomerulonephritis [38,39]. Although the only study analyzing a cohort of 100 hypocomplementemic MPGN patients reported a frequency of ~20% for C4Nef alone or

together with C3Nef [39], screening for C4Nef is currently not part of the routine diagnostics. C4Nef can be measured by hemolytic assay or ELISA [39,47]. Problems with the specificity and reliability of the assay are similar to the C3Nef assay, as discussed above. It is unclear at present if C4Nefs are common and if they are relevant to disease. Therefore, it would be worthwhile to clarify the frequency and relevance of C4Nef.

2.3. Factor B and C3b autoantibodies

Autoantibodies targeting the individual components of the C3bBb convertase, C3b and factor B, in glomerulonephritis patients were also described. At present, one patient with factor B autoantibody and two patients with combined factor B and C3b autoantibodies have been described in detail [11,48]. The factor B autoantibody, identified by ELISA in a DDD patient who was negative for C3Nef (as measured by the traditional hemolytic assay), bound both to native factor B in serum and to Bb in the solid-phase C3bBb convertase [11]. Thorough functional characterization of the factor B autoantibody revealed stabilization of the C3bBb convertase against both intrinsic and factor H-mediated decay, resulting in enhanced C3 cleavage and activation of the alternative pathway. However, in contrast to most C3Nefs, this factor B autoantibodies described also recognized the whole factor B and the purified IgG increased Ba production [48]. The C3b antibodies were not further characterized.

As in the case of C3Nefs and C4Nefs, there is no proof that these factor B autontibodies are cause of the disease; rather, they may appear secondarily due to the increased amounts of complement cleavage products in the plasma. Such a notion is supported by further analysis of the anti-factor B positive patient's sample [11], indicating appearance of antibodies against several components of the C3bBb convertase, such as factor

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B, C3b and properdin, although the factor B autoantibody is dominant (Fig. 2). In addition to these cases, Zhang et al. described factor B autoantibodies presenting together with C3Nef in three patients, but the antibodies were not characterized [37].

2.4. Factor H autoantibodies

The first factor H autoantibody described was a "mini-autoantibody" consisting of lambda light chain dimers, detected in a patient with membranoproliferative glomerulonephritis [49]. This mini-autoantibody caused uncontrolled complement activation and C3 consumption when added to normal human serum via inhibiting factor H. Later, the binding site of this antibody was shown to be in domain 3 of factor H, i.e., in the N-terminal part of the molecule responsible for complement regulatory function (short consensus repeat [SCR] domains 1-4) [50].

Only very recently a few additional patients with factor H autoantibodies have been reported. One patient diagnosed with DDD had monoclonal gammopathy and autoantibodies against factor H and plasminogen [51]. The binding site of this autoantibody was in the N-terminal complement regulatory domains of factor H and the isolated IgG fraction of the patient inhibited fluid-phase cofactor activity of factor H [51]. Interestingly, the antibody also bound to factor H-like protein 1 (CFHL1) [51], which is a splice variant derived from the *CFH* gene, and consists of the 7 N-terminal domains of factor H and a unique four aminoacid long tail. CFHL1 thus shares complement regulatory function with factor H. Analysis of the IgG fraction isolated from the patient showed that most autoantibody molecules were in fact bound to CFHL1 (Fig. 3). Although not tested, these autoantibodies are expected to inhibit the cofactor activity of CFHL1 as well. The relative contribution of factor H and CFHL1 to local or systemic complement inhibition is unclear, but this case suggests that CFHL1 deserves more attention as it could influence renal pathology.

Goodship et al. screened 16 patients with MPGN, of whom two patients were strongly positive for factor H autoantibodies [52]. One patient had MPGN type I without C3Nef, while the second patient had DDD and was positive for C3Nef. Both factor H autoantibodies bound predominantly to the N-terminal domains of factor H (SCRs 1-5) and in the second patient also to SCRs 8-15. IgG isolated from both patients increased alternative pathway mediated hemolysis of rabbit erythrocytes [52]. Both patients had two copies of CFHR1 and CFHR3.

One patient diagnosed with glomerulonephritis with isolated C3 deposits and a low titer of factor H antibodies has also been reported, but the antibody was not characterized in detail [53]. In a recent study, a cohort of 32 patients with DDD was analyzed and one patient was found positive for factor H autoantibodies [37]. Binding sites of the autoantibodies have not been determined and functional analyses have not been performed.

In summary, patients with glomerulonephritis should be screened for the presence of circulating factor H autoantibodies. The frequency of such antibodies – based on the current available literature – is markedly lower than that seen in aHUS (see below); however, systematic testing of patients should be performed to establish the frequency of these antibodies. To date, all four analyzed antibodies impaired the complement inhibitory function of factor H by binding to the complement regulatory domains (SCRs 1-5). Notably, two out of the four well-characterized factor H autoantibodies were monoclonal [49,51]. In a recent study, 10 of 32 patients with C3 glomerulonephritis had evidence of monoclonal gammopathy associated with complement activation and the authors suggested that monoclonal immunoglobulins acted as autoantibodies to complement-regulatory proteins [54]. This potential association should be investigated in the future.

3. Autoantibodies in aHUS

The complement system is clearly involved in the disease pathomechanism in the majority of aHUS patients. Disease-associated polymorphisms, risk haplotypes and mutations in factor H, factor I, MCP, C3, factor B, thrombomodulin, and clusterin have been described [55]. Genomic rearrangements in the factor H gene cluster that affect the factor H gene (*CFH*) and/or some of the adjacent genes coding for factor H-related proteins (*CFHR*) are also known [55,56]. In addition to the genetic predisposing factors, acquired, autoimmune forms of aHUS are relatively frequent. Approximately 6-11% of aHUS patients have circulating anti-factor H antibodies [57] and 3 cases of factor I autoantibodies were reported recently [58].

3.1. Factor H autoantibodies

Factor H autoantibodies were first reported in three children with aHUS [57] and have been described since then in many other aHUS patients. The autoantibodies are detected by ELISA that uses purified factor H and allows determination of antibody titers and follow-up of titer changes in response to treatment. Our own experiments as well as a recently published comparison of various test methods support the originally described factor H autoantibody ELISA as a robust and well reproducible assay [59-61]. Some patients have IgA class autoantibodies in addition to IgG [62]. Because the standard anti-factor H ELISA only measures free antibodies, a few studies investigated the factor H-IgG complexes in patient samples [62-65]. The results showed that in some patients with seemingly low antibody titer the majority of autoantibodies are in complex with factor H. The amount of complexes actually shows better correlation with the disease course than that of the free autoantibodies [64]. It is important to note that the autoantibodies may interfere with the measurement of factor H serum levels, depending on the antibodies used in the factor H ELISA, due to overlapping binding sites [61-63,66].

Clinical features of factor H-autoantibody associated aHUS have been described [64]. Most patients are children, but a few adults are also reported. Interestingly, a recent report described Indian aHUS patients [67] among which the frequency of the autoantibodies is much higher (56%) than the previously reported 6-11% in three aHUS cohorts [57,68,69] and 25% in a pediatric aHUS cohort [70], indicating that population differences in genetic and/or environmental predisposing factors play important roles.

The overwhelming majority of factor H autoantibody positive aHUS patients present with the homozygous deletion of the *CFHR1* gene, which in most cases is deleted together with *CFHR3* due to non-allelic homologous recombination [67-72]. In a few patients other genomic alterations are identified, such as *CFHR1* deletion together with *CFHR4* deletion, or combined *CFHR3-CFHR1* and *CFHR1-CFHR4* deletions [69,72]. Factor H autoantibodies can also be associated with mutations in CFHR1, factor H, C3, MCP or factor I [69,72]. The strong association between the lack of CFHR1 and the presence of the factor H autoantibodies suggests that CFHR1 is required to induce and/or maintain tolerance against factor H. Because the *CFHR3-CFHR1* deletion is common in the healthy population, other predisposing genes (such as certain HLA haplotypes) and environmental factors (such as infections) are suspected. The role of infection in the generation of autoantibodies is supported by the generally young age of the patients and because an infection is often observed prior to disease manifestation [64,67,68].

The binding sites of the factor H autoantibodies were mapped in a few studies. The first investigations demonstrated that the major autoantibody binding site lies in the C-terminal domains of factor H (particularly SCR20), which are responsible for the binding of factor H to cell surfaces, thus protecting autologous cells from complement-mediated damage [68,73]. This was confirmed recently by other studies [65,69]. However, the autoantibodies may bind to other parts of the factor H molecule, such as SCRs 8-11 [68,69] or even to the

complement regulatory domains SCRs 1-4 [65,69], as detected in samples collected in the acute phase of the disease [65]. Thus, autoantibodies may bind to various domains and inhibit several functions of factor H.

Most of the described factor H autoantibodies also recognize CFHR1, due to strong sequence similarity of its C-terminal domains with the homologous domains of factor H. [62,65,69]. This fact could be most relevant for understanding why the vast majority of aHUS patients with factor H autoantibodies is CFHR1-deficient. A recent report also showed cross-reactivity with the factor H-related protein CFHR2 [65].

Functional analyses of aHUS-associated autoantibodies demonstrated impaired binding to surface-deposited C3b and host-like surfaces, leading to reduced protection from complement-mediated lysis that is routinely measured by a hemolytic assay using sheep erythrocytes [62,63,73]. Autoantibodies may interfere with the cofactor- and convertase decay accelerating activity of factor H [57,65]. In addition, factor H autoantibodies may impair the interaction of both factor H and CFHR1 with pentraxin 3 [74]. These data further demonstrate that multiple functions of factor H could be inhibited by the autoantibodies, but there are differences in this regard among the patients.

Altogether, aHUS-associated factor H autoantibodies differ from those found in patients with DDD/C3 glomerulopathy. The binding sites (N-terminal in DDD/MPGN and predominantly C-terminal in aHUS) and effects on factor H functions are different. Moreover, factor H autoantibodies are strongly associated with *CFHR1* deletion in aHUS whereas similar genetic predisposition to the development of factor H autoantibodies in C3 glomerulopathy is currently not supported by evidence.

3.2. Factor I autoantibodies

In three out of 175 investigated aHUS patients autoantibodies to factor I were detected by ELISA [58]. Both free antibodies and circulating complexes were measured. Functional analysis of available samples demonstrated no significant effect on factor I function, and it is possible that such antibodies are epiphenomena. During our own studies, we have detected factor I antibodies of IgG3 class in two aHUS serum samples. Such antibodies were not detected in controls and the binding to factor I was specific (Fig. 4). The frequency of these autoantibodies in aHUS (< 2%) is clearly less than that of the factor I autoantibodies (6-11%). The potential pathogenic role and diagnostic utility of the factor I autoantibodies remains unknown.

3.3. C3b autoantibodies

When screening patient samples for autoantibodies by ELISA, we use several antigens as controls and to identify possible novel antibodies. In one aHUS patient, specific IgG binding to C3b was found, without the presence of factor H autoantibodies. When further analyzing this sample, it became apparent that the antibody bound to the C3b and iC3b fragments, but poorly to intact C3 and not to C3d (Fig. 5). It is possible that such antibody is generated due to the sustained complement activation during disease and it may contribute to pathologic complement activation; however, a direct pathogenic role is uncertain.

4. Treatment options

In the above mentioned autoimmune kidney diseases pathogenic autoantibodies against complement proteins are therapeutic targets. The aim of the therapy can be neutralization of the pathogenic autoantibodies, replacement of the affected complement components in the acute phase of the disease, as well as the reduction of the titer of autoantibodies with the elimination of antibody producing B cells. Plasma exchanges are often applied in combination with immune adsorption and/or immunosuppressive therapy (such as corticosteroids, pulse cyclophosphamide treatment or targeted B cell depletion with rituximab). Available clinical data suggest a good efficacy of plasma exchanges and immunosuppression in factor H autoantibody-associated aHUS [63,64,67,75-77]. Similarly, factor H-associated DDD was successfully treated [51]. Importantly, the autoantibodies should also be eliminated before kidney transplantation [48,78,79].

The efficacy of eculizumab, a humanized monoclonal antibody directed against C5, was recently demonstrated in patients with complement-mediated aHUS [80] and according to case reports also in some patients with various forms of C3 glomerulopathy [8,81-84]. This drug was successfully used in patients with autoantibody mediated forms of the above diseases [85] pointing towards the importance of terminal pathway activation and generation of inflammation in these diseases [86]. It is important to note that eculizumab inhibits further activation at C5, but the underlying complement activation and C3 consumption is not inhibited by the drug. Thus, other complement inhibitors targeting uncontrolled C3 activation may be useful in the treatment of such diseases.

Purified complement proteins may be considered to increase the level of functionally active, antibody-free factors, such as purified or recombinant factor H, to restore physiological complement regulation. In addition to the production of recombinant full-length factor H [87], two recent reports described an engineered "mini-FH" in which domains 5-18 are deleted, thus the protein is reduced to the complement regulatory (SCRs 1-4) and surface recognition (SCRs 19-20) domains. Such recombinant constructs were even more effective than full-length factor H in inhibiting complement C3 deposition *in vitro* on paroxysmal nocturnal hemoglobinuria-erythrocytes [88] and on endothelial cells, as well as inhibiting factor H autoantibody-induced hemolysis of host-like cells [89]. After further development and optimization, such targeted inhibitors might effectively prevent uncontrolled complement

activation in the acute phase of disease and help reduce or even prevent complement-mediated damage to the kidney.

5. Conclusion

The discussed complement-specific autoantibodies are summarized in Table I.

In C3 glomerulopathy, in addition to the commonly detected C3Nef, rarely other antibodies are identified. The example shown in Fig. 3 demonstrates weak antibody positivity to C3b and properdin, in addition to factor B, indicating the presence of autoantibodies to all components of the convertase. Systematic screening of patients and detailed characterization of the individual antibodies are needed to understand their frequency and relevance in the disease.

In aHUS, the importance of factor H autoantibodies is established, whereas other autoantibodies, such as those against factor I [58] and C3b can occassionally be detected in patients with aHUS, as also shown here (Figs. 4 and 5). The rare cases of factor I and C3b autoantibodies with unknown significance, as well as false positive results for factor H autoantibodies [59,61] suggest that caution should be taken in the interpretation of ELISA results and, particularly, before commencing perhaps unnecessary immunosuppressive treatment.

In summary, factor H autoantibodies are targeted against different epitopes in C3 glomerulopathy/DDD and aHUS. Autoantibodies to factor I and C3b are rare and their functional relevance is yet unclear. Autoantibodies to the C3 convertase or its components are common in C3 glomerulopathy, but may be secondary phenomena due to the increased amounts of complement activation products in the patients. Because of the convertase stabilization effect of these autoantibodies, it is important to be aware of their presence.

It is vital to identify the autoantibodies as soon as possible because timely and targeted therapy increases the chance of successful treatment. The pathogenic factor H autoantibodies can be quickly (within 24-48 hours) and easily detected by ELISA and the antibody titers can be monitored during disease course by this inexpensive and robust method. It is recommended to screen aHUS and C3 glomerulopathy patients for factor H autoantibodies in a timely manner, regardless of the suspicion for possible genetic risk factors in the patients. The relevance of positivity for anti-factor I, anti-C3b or anti-properdin antibodies is unclear at the moment because of the limited data, the relatively low titers in the reported cases and uncertainty of functional effects and pathogenicity of the antibodies. Whereas the direct pathogenic role of C3Nef is not clear and C3Nef is more difficult to detect due to the antigenic and functional heterogeneity of these autoantibodies, it is recommended to apply a combination of tests for the identification of C3Nef, which if positive, corroborates the disease diagnosis and may be helpful in choosing therapy (such as complement inhibition) and monitoring response to treatment. Similarly, detection of factor B autoantibodies is easily done by ELISA and a positive result confirms the role of alternative complement pathway.

With eculizumab available and novel complement inhibitors in the development pipeline, new, emerging options for treatment could be considered and tried in the future, possibly allowing tailored therapy. The successful treatment may include inhibition of complement activation and replacement of dysfunctional proteins, removal of immune complexes and attempts to eliminate autoantibody producing cells.

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Footnotes

¹Abbreviations

aHUS, atypical hemolytic uremic syndrome; BSA, bovine serum albumin; C3Nef, C3 nephritic factor; C4Nef, C4 nephritic factor; CFHR, complement factor H-related; DDD, dense deposit disease; MPGN, membranoproliferative glomerulonephritis; NHP, normal human plasma; SCR, short consensus repeat

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Figure legends

Fig. 1. Schematic view of complement activation. The complement system can be activated through three major pathways. The classical and lectin pathways lead to the generation of the C3 convertase enzyme C4bC2b that cleaves C3 into C3a and C3b. Similarly, alternative pathway activation leads to the generation of the C3 convertase enzyme C3bBb that cleaves C3. In addition, C3b generated by any pathway feeds into the alternative pathway by forming C3bBb enzymes. When C3b deposits to either C4bC2b or C3bBb, the enzymes gain the ability to cleave C5 into C5a and C5b, the latter initiating the terminal complement pathway that may eventually lead to the formation of terminal complement complexes and allow lysis of target cells. The activation of complement is regulated by several soluble and membrane-bound molecules. The figure shows those regulators to which autoantibodies in C3 glomerulopathy and aHUS have been described. The antibodies target the C3 convertase or its components (C3b and factor B), its negative regulators (factor H and factor I), or the positive regulator properdin.

Fig. 2. Specificity of a DDD-associated factor B autoantibody. An ELISA was used to analyze the binding of IgGs from sera (diluted 1:100) of a DDD patient with factor B autoantibodies (black bars), an aHUS patient with factor H autoantibodies (dotted bars), or a healthy control (white bars), to the C3 convertase components factor B (FB) and C3b, and to the regulators properdin (FP) and factor H (FH), which were immobilized at 5 μ g/ml. Bovine serum albumin (BSA) was used as control of unspecific binding. Data are mean + SD of three experiments.

Fig. 3. Western blot analysis of a dense deposit disease-associated factor H autoantibody.(A) Serum IgG fractions were isolated from an anti-factor H positive patient with DDD (lane 1), a patient with aHUS and factor H autoantibodies (lane 2), and a healthy donor (lane 3). 10

 μ g of the IgG fractions was separated on 10% SDS-PAGE and transferred to nitrocellulose membrane. In lane 4, 1 μ l normal human plasma (NHP) was run as a control. The membrane was developed using a monoclonal antibody recognizing domain 1 of factor H and factor Hlike protein 1 (CFHL1). The IgG fractions of the patients (lanes 1 and 2) contained both free autoantibodies and immune complexes. (B) The schematic drawing shows the 20 factor H domains and the domains of CFHL1, which is generated from the *CFH* gene by alternative splicing. CFHL1 contains the 7 N-terminal domains of factor H, including the four domains responsible for complement regulation (shown in grey), and four C-terminal amino acids, not present in factor H. Thus, CFHL1 and factor H share complement regulatory activity.

Fig. 4. Characterization of aHUS-associated factor I autoantibodies by ELISA. (A) Serum immunoglobulins from two aHUS patients bind to immobilized factor I (5 μ g/ml) in a dose-dependent manner. Three control sera are shown for comparison. Data of a representative experiement are shown. (B) Binding to immobilized factor I before and after IgG-depletion by incubation with protein G (sera diluted 1:100). Data are mean + SD of three experiments. (C) Dose-dependent binding of purified IgG from patient 1 to immobilized factor I; no binding is observed with a control IgG. Data are mean + SD of three experiments. (D) The binding of autoantibodies from the serum of patient 1 (diluted 1:100) to immobilized factor I was inhibited by adding purified factor I, whereas BSA had no inhibitory effect. Data of a representative experiment are shown.

Fig. 5. Characterization of C3b autoantibodies from an aHUS patient by ELISA. (A) IgG binding to C3, C3b, iC3b, C3d and BSA (immobilized at 5 μ g/ml) observed with the patient's serum and with a control serum (both diluted 1:100). (B) The patient's autoantibodies bind to immobilized C3b in a dose-dependent manner. IgG binding from a control serum is shown for comparison. (C) IgG binding to immobilized C3b before and after IgG-depletion (sera diluted

1:100). (D) Autoantibody binding to C3b can be inhibited by adding purified C3b to the patient's plasma (diluted 1:100), whereas factor H had no inhibitory effect. Data represent mean + SD of three experiments.



Figure 2

Figure 1





