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# Enhanced protein adsorption and cellular adhesion using transparent titanate nanotube thin films made by a simple and inexpensive room temperature process: Application to optical biochips

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### ABSTRACT

A new type of titanate nanotube (TNT) coating is investigated for exploitation in biosensor applications. The TNT layers were prepared from stable but additive-free sols without applying any binding compounds. The simple, fast spin-coating process was carried out at room temperature, and resulted in well-formed films around 10 nm thick. The films are highly transparent as expected from their nanostructure and may, therefore, be useful as coatings for surface-sensitive optical biosensors to enhance the specific surface area. In addition, these novel coatings could be applied to medical implant surfaces to control cellular adhesion. Their morphology and structure was characterized by spectroscopic ellipsometry (SE) and atomic force microscopy (AFM), and their chemical state by X-ray photoelectron spectroscopy (XPS). For quantitative surface adhesion studies, the films were prepared on optical waveguides. The coated waveguides were shown to still guide light; thus, their sensing capability remains. Protein adsorption and cell adhesion studies on the titanate nanotube films and on smooth control surfaces revealed that the nanostructured titanate enhanced the adsorption of albumin; furthermore, the coatings considerably enhanced the adhesion of living mammalian cells (human embryonic kidney and preosteoblast).

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## 1. Introduction

The sensing of biomacromolecule concentration, affinity or adsorption using modern, label-free methods such as OWLS and QCM [1], requires that the objects to be sensed (e.g., proteins) are first captured by a sensor. Hence, it is advantageous for the sensor surface to be as large as possible because more analytes can be captured. Although many techniques for surface structuring of materials exist [2], a material that can simply be applied as a coating to practically any surface is attractive. In this paper, we propose the use of the recently created titanate nanotubes as such a coating.

Protein adsorption on surfaces is important in many fields of bio- and nanotechnology, e.g., for biosensors and biochips, drug delivery materials [3–5], implant and other medical device coatings

[6], or the fabrication of novel hybrid materials [7]. The biosensor or biochip typically uses enzymes or antibodies immobilized on the sensing surfaces to create a functionalized capture layer [8–11]. The development of biocompatible materials [12–15] may also involve coating them with proteins and peptides, which usually play an essential role in the control of cellular adhesion and has a direct influence on the behavior and other characteristics of living cells (the extent and strength of adhesion, whether a cell undergoes apoptosis, proliferation or differentiation) [16,17]. Phenomenologically the attachment and spreading of cells are regulated by various biophysicochemical properties of their substrata, particularly biochemical composition, topography, roughness and mechanical properties [18,19].

Although in certain cases, the reduction or even, if achievable, the prevention of protein and cellular adhesion is desirable, e.g., for antifouling surfaces and medical devices implanted into the bloodstream [13,20–24], in most cases, such as medical implants designed to become assimilated with their host tissue, the

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enhancement of surface adhesion is advantageous [2,13,25]. A commonly used strategy to improve adhesion is to increase the specific area of the surface [26–28]. In surface-sensitive biosensing, increasing the specific area of the sensing surface improves the sensitivity, because more target analyte can be captured. One possible way to enlarge the specific area is via surface nanostructuring [29–32]. However, in the optical techniques an important aspect is that the modification of the sensor must not quench the propagation of light, hence scattering and absorption have to be minimized.

In the present work, we demonstrate that titanate nanotubes (TNT) are especially promising candidates for making additive-free, transparent nanostructured surfaces. These novel coatings are prepared from pure sols by spin-coating at room temperature without additional binding components.

Previous works demonstrated immobilized protein activity [33], enhanced protein adsorption [34] and cell behavior [35,36] on various nanostructured coatings.

Our titanate nanotubes have a structure similar to a rolled-up carpet, and are up to 100–500 nm long [37], with an outer diameter of 7–11 nm and an inner diameter of 4.5–6.5 nm [38] (and can potentially be used for delivery by storing drugs or other biomolecules in their inner volume [39]). It has already been demonstrated that biodegradable polymer scaffolds can easily be coated with these films, hence opening applications in tissue engineering and regenerative medicine [40].

Waveguide sensors were recently exploited in several novel directions; such as the on-line monitoring of oriented protein adsorption [41], extracellular vesicles [42] and human primary immune [16] and cancer [17] cell adhesion in a completely label-free manner. Here we report on the preparation of TNT coatings on surface-sensitive optical waveguide-based biosensors for quantitative adsorption and adhesion studies. The morphology of the layers was characterized by atomic force microscopy (AFM) and spectroscopic ellipsometry (SE). The chemical states of the coatings and control surfaces were investigated using X-ray photoelectron spectroscopy (XPS). We demonstrate that these films considerably enhance the adsorption of proteins and the adhesion of living cells, opening the way for further applications in optical biosensorics.

## 2. Materials and methods

### 2.1. TNT sol preparation

The TNT sol used in the coating process was prepared using a previously reported protocol [37].

### 2.2. Substrate cleaning and coating procedures

Prior to spin-coating, the optical chips were steeped in chromic acid (Merck) for 3 min, then in milli-Q water (MQ) for 2 s, in 0.5 M KOH solution (Merck, analytical grade) for 10 s and in water again. Finally, the chips were sonicated with an S 15 H Elma sonicator for about 30 min, changing the MQ water over them 10 times during sonication.

The Si plates were cleaned with hot 'Piranha solution' (a 3:1 mixture of 95% H<sub>2</sub>SO<sub>4</sub> (AnalaR NORMAPUR® ACS) and 30% H<sub>2</sub>O<sub>2</sub> (Scharlab EMSURE® ACS)) for 15 min and subsequently copiously rinsed with MQ water. The glass plates were sonicated in Cobas Integra cleaner solution (300 mM HCl, 1% detergent, Roche Diagnostics) and in water for 15–15 min and then exposed to an O<sub>2</sub> plasma (Plasma Prep II, Structure Probe Inc.) for 5 min.

The films were prepared from the TNT sol on OW2400 (Microvacuum Ltd.) Si<sub>0.6</sub>Ti<sub>0.4</sub>O<sub>2</sub> optical chips, on 1 cm × 1 cm pieces of silicon (1,0,0) substrates (covered by native oxide 3 nm thick) and on microscope slides (MENZEL-GLÄSER, 1 mm thick, Thermo

Scientific). For coating, a Convac St 450 spin-coater was used at 3000 rpm, for 25 s.

### 2.3. TNT film characterization techniques

The topography of the TNT layers was studied by AFM (Aist-NT, DigiScope1000) in tapping mode.

The thickness and millimeter-scale homogeneity of the TNT films on the silicon plates were characterized by SE (Woollam M2000DI) in mapping mode. The angles of incidence of the mapping beam were 70° and 75°. The results were evaluated with CompleteEASE 4.72 software.

The chemical state of components at the surface was examined by X-ray photoelectron spectroscopy (XPS) using an Al anode. Spectra were obtained by a special cylindrical mirror analyser with retarding field (type ESA 105, Staib Instruments Ltd) that provided a constant energy resolution of 1.5 eV. Titanium 2p 3/2 and oxygen 1s lines were detected at binding energies of 454 eV and 531 eV, respectively. After taking a spectrum from the freshly prepared surface, further spectra were recorded after applying low energy ion bombardment (Ar, 1 keV, 78° angle of incidence) to remove possible surface contamination from the air environment. The subcomponents within the detected XPS lines were calculated according to a general evaluation procedure, including Shirley background subtraction and Gaussian/Lorentzian fitting. It resulted in the separation of the oxygen of TiO<sub>2</sub> and of OH groups.

### 2.4. Protein solutions and cell cultures

10 mM phosphate buffer was prepared from phosphate-buffered saline (PBS) tablets (Sigma–Aldrich, P4417-100TAB) dissolved in MQ and sonicated for 10–15 min. 1 mM bovine serum albumin (BSA) solution was made from powder (Sigma–Aldrich, A7906-10G) dissolved in 10 mM PBS. Human embryonic kidney (HEK293) and preosteoblast (MC 3T3-E1) cells were cultured in an incubator (37 °C, 5% CO<sub>2</sub>, 20% O<sub>2</sub>) in Dulbecco's modified Eagle's medium (DMEM) and alpha-MEM respectively, both supplemented with 10% fetal bovine serum (FBS), 4 mM L-glutamine, 40 μg mL<sup>-1</sup> gentamycin and 0.25 μg mL<sup>-1</sup> amphotericin.

Both types of the cells were trypsinized with 1.0% trypsin–EDTA warmed to 37 °C. Trypsin was removed before the cells detached completely. The activity of the trypsin was arrested by adding culture medium containing 10% FBS. Harvested cells were centrifuged at 380 × g for 7 min and the cell pellet was resuspended in assay buffer with intensive but gentle pipetting.

### 2.5. Biosensing measurements and optical imaging

Protein adsorption was measured using an OWLS210 integrated optical scanning instrument (Microvacuum Ltd, Hungary) with Biosense 3.0 and Biosense 2.8 software and cell adhesion [43–46] with a laboratory-built OWLS instrument and an ASI BIOS-1 instrument (Microvacuum Ltd, Hungary) based on the same working principle [47]. Both instruments used a wavelength of 623.82 nm for the illuminating beam.<sup>1</sup> Each experiment was typically repeated three times.

<sup>1</sup> Optical waveguide lightmode spectroscopy (OWLS) is based on the incoupling of a monochromatic (e.g., He-Ne laser) beam by a shallow surface grating into a high refractive index waveguide layer. The sensor chip is rotated by a high precision goniometer relative to the illuminating beam and the incoupling angles are determined from the positions of sharp resonant peaks in the coupled light intensity–illumination angle function. From the measured incoupling angles the adsorbed protein quantity can be calculated [1,69].

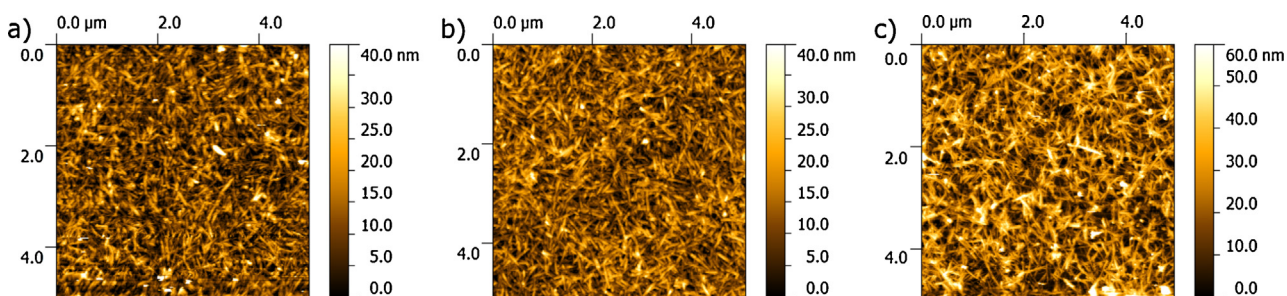


Fig. 1. Representative AFM images of the TNT layers coating a silicon wafer (a), an OWLS chip (b), and a glass microscope slide (c).

Images of surface-adhered cells were taken by an inverted phase contrast microscope (Zeiss Axiovert Observer) using 20× objectives.

### 3. Results and discussions

#### 3.1. Surface morphology and optical characterization of the titanate-nanotube (TNT) films

The first aim was to cover an optical waveguide lightmode spectroscopy (OWLS) sensor chip (OW2400, Microvacuum Ltd., Hungary) with a TNT film that is compatible with OWLS measurements. Ideally the layer should be homogeneous, dense and with a thickness between 5 and 15 nm, at which it can be expected to well cover the chip, but does not significantly increase the optical thickness of the original waveguiding layer (geometric thickness typically 170–180 nm, with a refractive index of about 1.8) [48].

The TNT films were characterized by atomic force microscopy (AFM) [49–51], which revealed that the nanotubes well covered the whole surface of the silicon wafer, the OWLS chip and the glass plate homogeneously (Fig. 1) The arithmetic average roughness ( $R_a$ ) and root mean squared roughness (RMS) [13,52] of the surface were calculated from the AFM data, and were approximately 3.9 nm and 5.3 nm, respectively. The uncoated surfaces were featureless with  $R_a < 1$  nm. We attempted to remove the nanotubes by

scratching with the AFM tip, but they were too strongly adherent to be removed. From cross sections of the topography the coating thickness was estimated as  $12 \pm 2$  nm.

The thicknesses of the TNT films prepared on small pieces of silicon wafers were characterized by spectroscopic ellipsometry (SE) [53–55]. In this technique, an optical model is created based on a priori information and reasonable assumptions about the sample structure. The parameters of the optical model were fitted in order to minimize the difference between the measured and the calculated spectra (Fig. 2). We used a nonlinear least squares gradient fitting algorithm to minimize the mean square error (MSE) defined by

$$MSE = 1000 \left\{ (3n - p)^{-1} \sum_{i=1}^n [(N_{M_i} - N_{C_i})^2 + (C_{M_i} - C_{C_i})^2 + (S_{M_i} - S_{C_i})^2] \right\}^{1/2} \quad (1)$$

where  $N = \cos(2\Psi)$ ,  $C = \sin(2\Psi)\cos(\Delta)$ ,  $S = \sin(2\Psi)\sin(\Delta)$ , with  $\Psi$  and  $\Delta$  corresponding to the amplitude and phase change during reflection of polarized light from the sample surface, respectively.  $n$  and  $p$  denote the number of wavelengths and the number of fitted parameters, respectively. Subscripts  $M$  and  $C$  signify “Measured” and “Calculated” data, respectively, and are themselves subscripted with the wavelength index ( $i$ ). The repeatability for  $\Psi$  and  $\Delta$  are better than 0.05 in the whole wavelength range, which allows a subnanometer sensitivity for the layer thickness to be achieved.

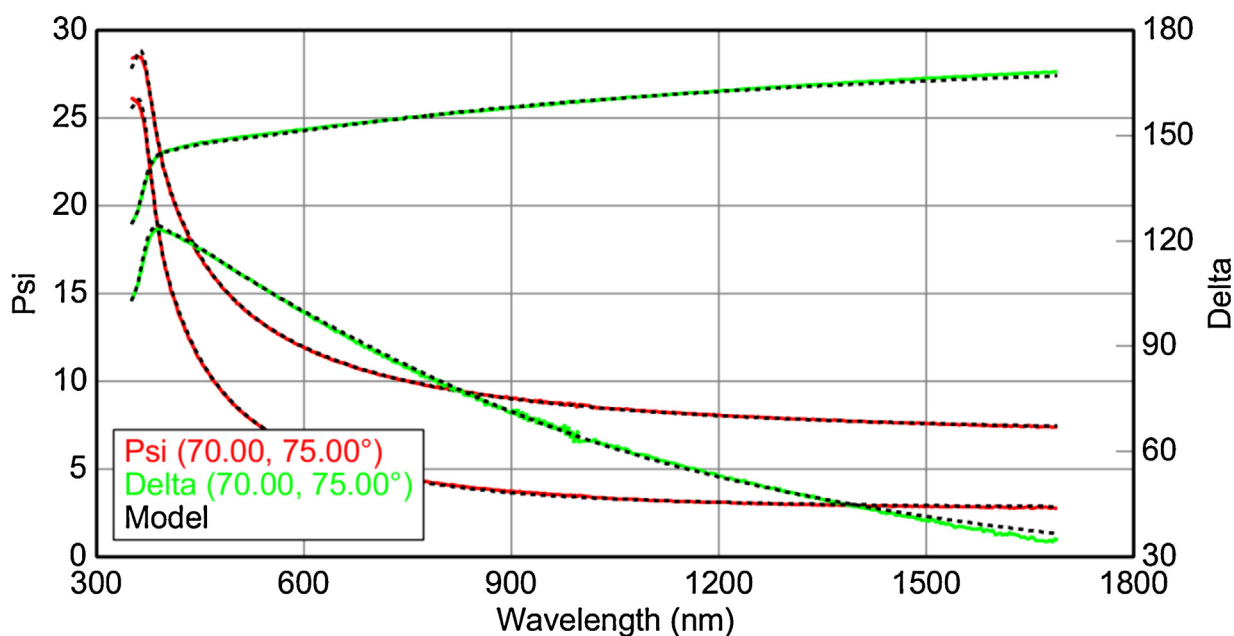
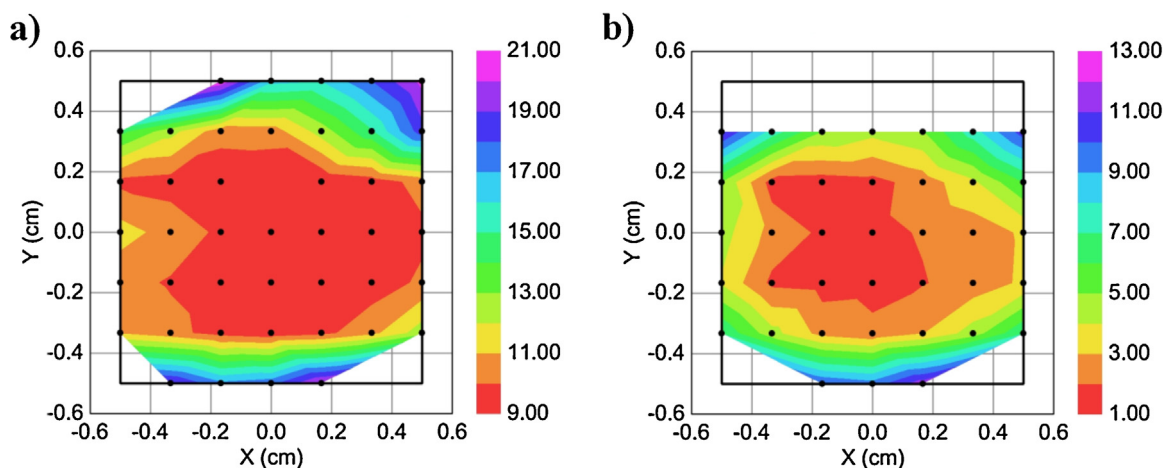


Fig. 2. Experimental (solid lines) and fitted (dotted lines) by the two-layer model described in the text in Section 3.1 spectra of ellipsometric angles measured at two angles of incidence.



**Fig. 3.** A typical thickness map of a TNT-covered silicon plate (a) and the fit quality (MSE, see Eq. (1)) values of this measurement (b) as measured by spectroscopic ellipsometry (SE). The central area is covered by a 9–10 nm thick titanate layer and the MSE is less than 3 at this area. MSE increases with increasing thickness toward the edges, which may indicate decreasing layer quality (possibly a result of the spin-coating), and inapplicability of the two-layer model.

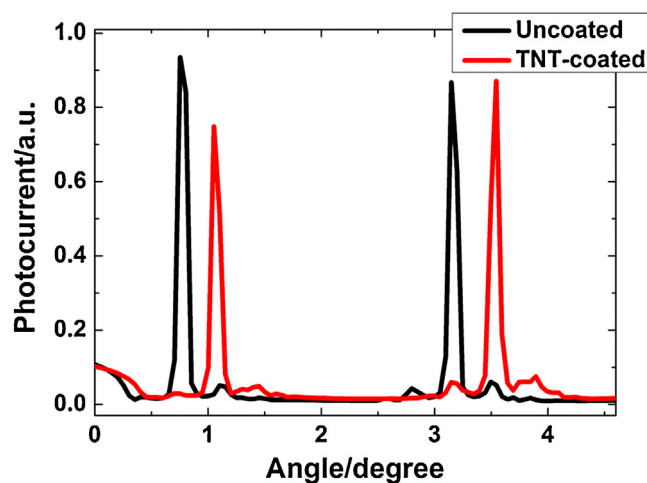
MSE values close to 1 represent a high quality fit. For complex (multilayer) samples, MSE values below 10 are acceptable.

We used a two-layer optical model with the single-crystalline Si substrate: a native oxide layer (the thickness of which was fixed at the value obtained from measurements before the preparation of the TNT layers), and a TNT layer. The refractive index of the TNT layer was described by the Cauchy dispersion relation [56], an empirical polynomial approach for refractive index function of insulators and semiconductors below the band-gap [57]. The fit quality significantly improved when using a vertical grading of the refractive index within the Cauchy layer, incorporated in the CompleteEASE software used for the evaluation. Grading is implemented in the form of sublayers (in our case, 5). The refractive index changes from sublayer to sublayer as a predefined function of depth; in our case, a linear gradient was used. The inhomogeneity, which describes the change of the refractive index from the top to the bottom sublayer (a positive value corresponding to increasing refractive index toward the substrate), was typically found to be 60%.

The mapping measurements revealed that the greatest part of the total area was covered with a 9–13 nm thick TNT layer. The most important area on the OWLS chip is the 1 mm<sup>2</sup> sensing zone on the grating in the middle of the sensor chip. According to the SE maps in Fig. 3, the thickness of the TNT coverage is uniform within this crucial (for sensing purposes) central area.

### 3.2. Light-guiding capabilities of the TNT-coated OWLS chips

As mentioned, a coating is obviously useless for optical biosensing applications if it quenches light propagation. Fig. 4 shows the resonant incoupling peaks of typical uncoated and TNT-coated OWLS chips. The resonant peaks (from left to right, TM<sub>0</sub> and TE<sub>0</sub>) are shifted to higher angles by the coating. The refractive index and the thickness of the guiding film were determined from the positions of the peaks before and after the coating procedure [1,48,58]. After coating the refractive index ( $n_F$ ) decreased from 1.77494 to 1.77217 and the thickness ( $d_F$ ) increased from 175.44 nm to 183.37 nm, similar to the result of the ellipsometric measurements.<sup>2</sup>



**Fig. 4.** The resonant incoupling peaks of a typical uncoated and a TNT-coated OWLS chip. The ordinate plots the current output from the photodiodes positioned at the ends of the waveguide.

### 3.3. Protein adsorption experiments on the TNT-coated and uncoated OWLS chip

First, a baseline was established with buffer flowing above the chip for 1–2 h. Then the sample was introduced into the cuvette with a peristaltic REGLO Digital MS-4/12 (Ismatec) pump (flow rate 1  $\mu\text{L s}^{-1}$ ). Adsorption was monitored for 2 h, followed by a washing step during which pure buffer flowed at 1  $\mu\text{L s}^{-1}$ . The temperature at the OWLS cuvette was kept at 25 °C during all experiments.

After washing, the surface density of the residual (after washing) adsorbed mass of a relatively small (66.5 kDa) protein, BSA, was  $130 \pm 20 \text{ ng cm}^{-2}$  on the uncoated chip, and  $250 \pm 20 \text{ ng cm}^{-2}$  on the TNT-coated chip (Fig. 5). Adsorption on the uncoated Si<sub>0.6</sub>Ti<sub>0.4</sub>O<sub>2</sub> chip resulted in an essentially stable monolayer as observed previously [59]. Adsorption was increased by  $92 \pm 16\%$  on the nanostructured titanate coating, while still resulting in an essentially stable monolayer (as inferred from the saturation of the adsorption with minor desorption after removal of the protein from the bulk solution).

Note that the factor that limits the protein desorption is the very high energy barrier due to the strong interfacial interaction. Unlike in the case of the cells (see below) even at flow rates of thousands of  $\mu\text{L s}^{-1}$  the width of the diffusion boundary layer is

<sup>2</sup> According to the 3-layer model (i.e., the Si<sub>0.6</sub>Ti<sub>0.4</sub>O<sub>2</sub> and TNT layers are approximated as a single uniform layer of an average refractive index).

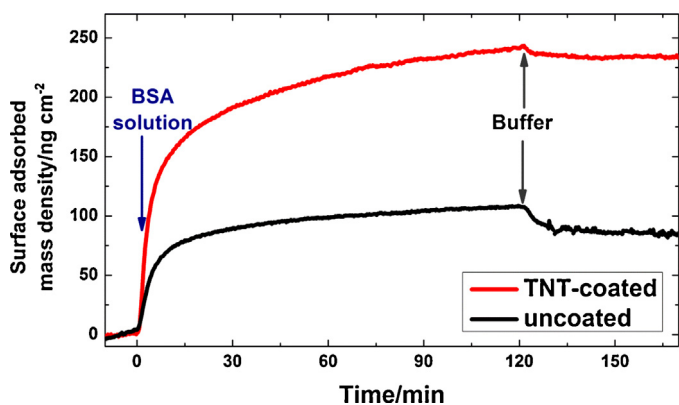


Fig. 5. Representative OWLS measurements of protein (BSA) adsorption on bare and TNT-coated chips. The ordinate plots the mass of adsorbed protein calculated from the raw OWLS data [1].

orders of magnitude greater than the size of the protein molecule and there is no hydromechanical force on the protein [59,60].

### 3.4. Cell spreading kinetics and adhesion strength on the TNT-coated and uncoated surfaces

Measurements were made with HEK293 cells using the laboratory-built OWLS device dedicated to live cell studies, with the temperature at the OWLS chip being kept at 37 °C throughout the experiments and a closed cuvette without flow placed over the sensing area enabling the cells to be introduced using a pipette [60]. First, the position of the incoupled resonant peaks were recorded when the cuvette contained buffered cell culture medium without cells. After establishing a stable baseline, 500  $\mu$ L of medium containing 25,000 cells were pipetted into the cuvette and the resonant peaks were measured for about 2 more hours. As the cells adhered and spread on the surface, the resonant peaks shifted to higher angles. A larger OWLS signal was obtained with the TNT-coated surface (Fig. 6), clearly indicating that the nanostructured titanate coating facilitates the adhesion of living cells [61].

In the next experiment, HEK293 cells were cultured on TNT-coated and uncoated glass plates in an incubator and phase contrast images were taken each day with an inverted microscope (Fig. 7). The microscope images of the two plates looked similar for six days. On the seventh day the cells were washed using an intense flow (350  $\mu$ L/s) of cell culture medium and the surfaces were again observed under the microscope. While most of the cells were removed from the uncoated plates, the cell number on the

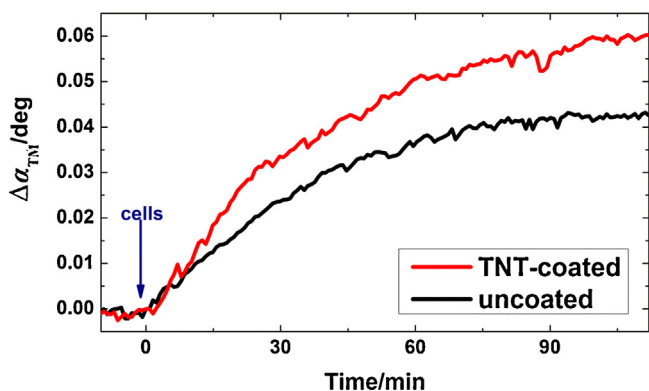


Fig. 6. OWLS measurement of HEK293 cell attachment and rapid spreading [68] on bare and TNT-covered sensor chips. The ordinate plots the shift of the peak position, in degrees, of the zeroth transverse magnetic guide lightmode, which is proportional to the cell contact area [61].

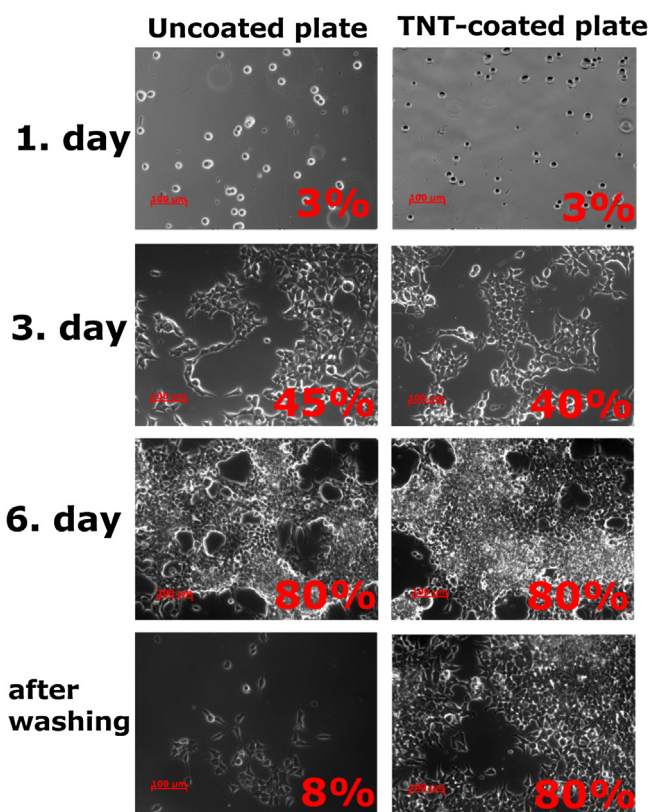


Fig. 7. Phase contrast images of HEK293 cells 1 day, 3 days and 6 days after seeding on uncoated and TNT-coated glass, and after washing with medium. On each image the estimated area covered by cells (calculated by using ImageJ software) are indicated.

TNT-coated surface remained almost the same as before washing. These experiments revealed that the cells adhered much more strongly on the TNT layer.

A more relevant cell type for possible biomaterials applications, a preosteoblast cell line, was also tested. Importantly, in this case the above-applied washing could not remove the cells, neither from the titanate-coated glass plates nor from the control glass plates, indicating a higher adherence for this cell type.

The adhesion kinetics of the preosteoblast cells were also investigated using OWLS, in a similar way as for the HEK cells (Fig. 8). The OWLS signals obtained were significantly larger than those from

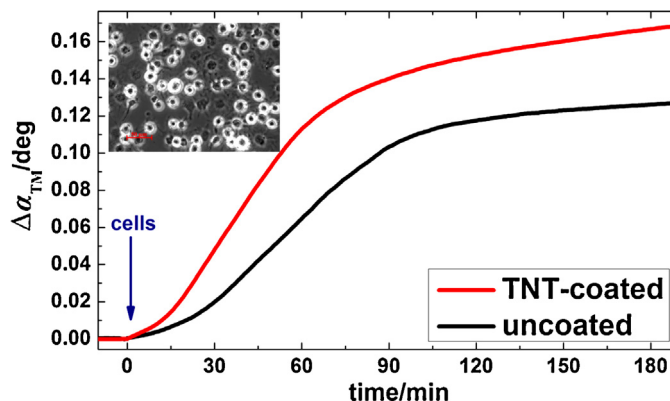


Fig. 8. OWLS measurement of preosteoblast cell (MC 3T3-E1) attachment and rapid spreading on bare and TNT-covered sensor chips. The ordinate plots the shift of the peak position, in degrees, of the zeroth transverse magnetic guide lightmode, which is proportional to the cell contact area. The insert shows the spread cells after the experiment (the scale bar is 50  $\mu$ m).

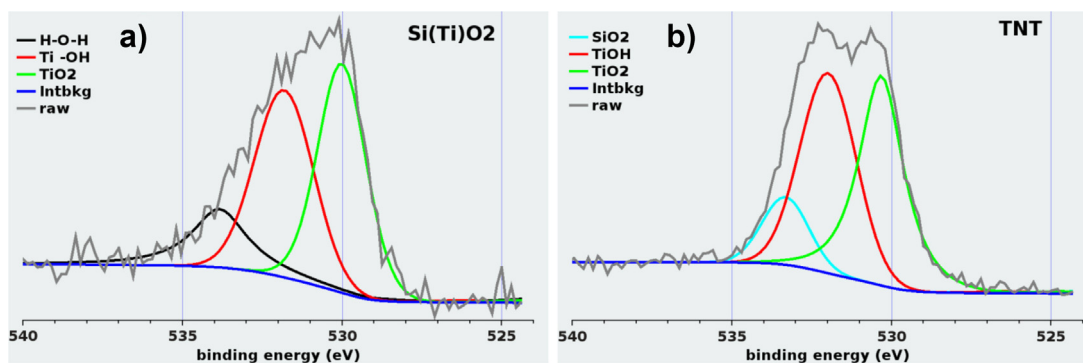


Fig. 9. Decomposition of O 1s line of XPS spectra for the bare waveguide sensor surface (a) and for the TNT layer (b). The TNT shows slightly more TiOH fraction.

the HEK cells (see Figs. 6 and 8), in full agreement with the results of the washing experiments. The OWLS, however, revealed a 30% higher adhesion in case of the titanate coating compared to the bare waveguide (control) surface. This is encouraging for coating implants (e.g., bone replacements) that need to become assimilated with body tissues.

### 3.5. Chemical states and the origin of adsorption and adhesion enhancement

X-ray photoelectron spectroscopy [62] was used to determine the titanium and the oxygen chemical states [37,63] of the coated and uncoated waveguides (Fig. 9). All titanium detected, in both the titanate and the  $\text{Si}_{0.6}\text{Ti}_{0.4}\text{O}_2$  chip, prior to any cleaning pre-treatment, belonged to one state, which was identified as  $\text{Ti}^{4+}$  (note that any species present at <2% abundance would not be detected). The oxygen 1s line was split into two components in the recorded spectra because the oxygen in  $\text{TiO}_2$  and in OH has a 1.6 eV difference in binding energy ( $\text{SiO}_2$  is indistinguishable from  $\text{TiO}_2$ ). The degree of surface hydroxylation was slightly higher in the titanate compared with the  $\text{Si}_{0.6}\text{Ti}_{0.4}\text{O}_2$  chip (~30%). The chemical state of the titanium is, therefore, the same in both substrates; the titanate is slightly more hydroxylated. For the calculation of the protein-substrate interaction potential, we may assume that the titanate resembles  $\text{TiO}_2$  [64].<sup>3</sup>

Therefore, the increased protein adsorption on the TNT presumably corresponds to the increased area available on the nanostructured surface (Fig. 1). The adhesion of living cells was enhanced by the nanostructured TNT layer, as evidenced by the rapid spreading curves recorded by OWLS and the increased resistance to hydromechanical removal (by washing). The enhancement of cell adhesion is in line with the general observations of cell adhesion being enhanced by rough substrata [65–67]. We can exclude any effects of electrostatic interactions between protein and substratum, because at the ionic strength of the medium we used the electrostatic interactions are negligible in comparison with the Lewis acid/base interactions [64].

## 4. Summary and outlook

In summary, titanate nanotube coatings were fabricated from additive-free sols, using a simple, fast, inexpensive, room temperature spin-coating method. The prepared TNT layers were characterized by AFM, showing that the nanostructured films are densely packed. The thicknesses of the coatings were characterized

<sup>3</sup> Of course, the uncoated waveguide contains a significant fraction of silica as well as the titanate-resembling titania. However, the components of the interfacial interaction potential of silica and titania are themselves rather similar [64].

by SE and OWLS, which revealed that the layers are 7–14 nm thick. The chemical state of the surface was examined by XPS; the titanate strongly resembles the titania of the uncoated substrate, implying that the differences in protein adsorption and cell spreading and adhesion may be ascribed to morphological rather than chemical differences between the uncoated  $\text{Si}_{0.6}\text{Ti}_{0.4}\text{O}_2$  and titanate surfaces.

The maintenance of light-guiding capability of the TNT-coated waveguide biosensors was demonstrated by OWLS.

Protein adsorption experiments revealed that the surface-adsorbed mass density of BSA was increased on the TNT coating compared to the uncoated surfaces. Living cells spread and adhered better on the TNT substratum.

The results obtained could be further exploited in various directions. Increasing the specific surface area on surface-sensitive optical chips improves their sensitivity by enhancing their analyte capture capacity. The titanate nanotube films described in this paper could potentially be also used as cell adhesive coatings on medical implants. The simplicity and universality of the room temperature fabrication process makes this type of coating a particularly promising candidate for such applications. Future work may include the detailed investigation of cell adhesion, proliferation and alkaline phosphatase-activity on these novel coatings.

The most competitive aspect of the potential exploitation of our results is the ease of application of the coating: it could simply be painted or sprayed on objects of arbitrary geometry and allowed to dry, without the need for special heat treatment or other post-application processing.

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