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96	Abstract	Retinoprotective polypeptide (PA in various patho	e effects of pituitary adenylate cyclase activating CAP) are well-known and have been demonstrated logical conditions, such as diabetic retinopathy,

excitotoxic retinal injury, UV light-induced degeneration, and ischemic retinal lesion. The neuronal degeneration observed in the different retinal layers under the above pathological conditions can be successfully decreased by PACAP; however, whether this morphological improvement is also reflected in functional amelioration remains unknown. Therefore, our purpose was to investigate the protective effect of PACAP on the rat retina after bilateral common carotid artery occlusion (BCCAO) with electroretinography (ERG) to parallel the functional data with the previous morphological and neurochemical observations. Control eyes received saline treatment while PACAP was injected into the vitreous space of the other eye immediately after the induction of ischemia. Retinal damage and protective effects of PACAP were quantified by the changes in the wave forms and amplitudes. On postoperative days 2 and 14, several parameters were assessed with special attention to the changes of b wave. The results confirm that the previously described morphological protection induced by PACAP treatment is reflected in functional improvement in ischemic retinal lesions. 97 Keywords Rat - Electroretinography - BCCAO - PACAP - Functional separated by '-' retinoprotection 98 Foot note information

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# PACAP Application Improves Functional Outcome of Chronic Retinal Ischemic Injury in Rats—Evidence From Electroretinographic Measurements

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Abstract Retinoprotective effects of pituitary adenylate cy-1516 clase activating polypeptide (PACAP) are well-known and have been demonstrated in various pathological conditions, 17such as diabetic retinopathy, excitotoxic retinal injury, UV 18 light-induced degeneration, and ischemic retinal lesion. The 19neuronal degeneration observed in the different retinal layers 2021under the above pathological conditions can be successfully decreased by PACAP; however, whether this morphological 22improvement is also reflected in functional amelioration re-2324mains unknown. Therefore, our purpose was to investigate the protective effect of PACAP on the rat retina after bilateral 25common carotid artery occlusion (BCCAO) with electroreti-26nography (ERG) to parallel the functional data with the pre-27vious morphological and neurochemical observations. 28Control eyes received saline treatment while PACAP was 2930 injected into the vitreous space of the other eye immediately

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after the induction of ischemia. Retinal damage and protective

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effects of PACAP were quantified by the changes in the wave32forms and amplitudes. On postoperative days 2 and 14, sev-33eral parameters were assessed with special attention to the34changes of b wave. The results confirm that the previously35described morphological protection induced by PACAP treat-36ment is reflected in functional improvement in ischemic reti-37nal lesions.38

KeywordsRat · Electroretinography · BCCAO · PACAP ·39Functional retinoprotection40

#### Introduction

Pituitary adenylate cyclase activating polypeptide (PACAP) is 42a neuropeptide that belongs to the VIP/glucagon/secretin neu-43 ropeptide family (Vaudry et al. 2009). PACAP has, among 44 others, very potent neuroprotective effects that have been 45proven in several in vitro and in vivo models of neuronal 46 injuries (Shioda et al. 2006; Somogyvari-Vigh and Reglodi 472004; Vaudry et al. 2000). Numerous data support the protec-48 tive effects of PACAP in ischemic lesions. Among others, 49PACAP treatment results in smaller infarct size in focal cere-50bral ischemia, it leads to less extensive hippocampal damage 51in global cerebral ischemia, and it decreases postischemic 52endothelial dysfunction (Lenti et al. 2009; Ohtaki et al. 532008; Reglodi et al. 2002). Mice deficient in endogenous 54PACAP have larger infarct size in models of stroke (Chen 55et al. 2006; Ohtaki et al. 2006). PACAP is also protective in 56ischemic retinal lesions (Atlasz et al. 2010a), in addition to the 57various other types of retinopathies in animal models, such as 58diabetic retinopathy, excitotoxic retinal injury, UV light-59induced degeneration (Nakamachi et al. 2012; Szabadfi et al. 60 2010, 2012a). The lack of endogenous PACAP causes a more 61

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severe ischemic retinal lesion, which can be counteracted byexogenous PACAP treatment (Szabadfi et al. 2012b).

Whether the morphological ameliorative effects are also 64 65 reflected in functional improvement is an essential question 66 for determining the efficacy of PACAP. Electroretinography (ERG) is a suitable method for making such assessments. An 67 68 entire record of ERG consists of a negative wave (a wave) 69 followed by a positive wave (b wave) with two to five oscillatory potentials on the rising slope (Imai et al. 1990). There is 70a largely variable c wave, the origin of which is attributed to 71the pigment epithelium or the glial (Müller) cells of the retina 7273 (Noell 1963; Gouras 1970; Perlman 2009). The amplitude of each component of the ERG varies from animal to animal, 74whereas they are very stable within the same animal (Perlman 751995; Imai et al. 1990). ERG is useful for the detection of 76early-stage retinal dysfunction (Gouras 1970; Perlman 2009; 77Shahar et al. 2012). The gross physiological response of the 78retina to ischemia is commonly measured using the ERG, 7980 whose b wave component has attributes from the interaction between photoreceptors and ON bipolar cells (Gurevich and 81 Slaughter 1993; Osborne et al. 2004). Recordings of ERG 82 showed reduction of the b wave during the bilateral common 83 84 carotid artery occlusion (BCCAO) (Block et al. 1992; Barnett and Osborne 1995; Osborne et al. 1999) indicating an effect at 85 the level of the photoreceptors, bipolar cells, and Müller cells. 86

Indeed, earlier we have described by ERG, which measures
electric potentials of the retina indicative of visual function,
that PACAP improves the functional outcome after
excitotoxic retinal lesions (Varga et al. 2011).

91Retinal ischemia/hypoperfusion is one of the leading causes of retinal degeneration and blindness, which can be 9293 modelled by permanent BCCAO in rats. A severe ischemic insult affects retinal ganglion cells first; additional damage to 94most of the inner retina develops slower and finally photore-9596 ceptors can also be affected (Hughes 1991; Osborne et al. 97 2004). Blood flow in the retina is severely reduced after 98 BCCAO (Gurevich and Slaughter 1993; Osborne et al. 99 2004). Although numerous data prove that PACAP has multiple retinoprotective effects in excitotoxic retinal degenera-100tion, it is still not known whether PACAP treatment-induced 101102 morphological and neurochemical protection in ischemia correlate with functional amelioration. Therefore, our purpose 103was to investigate the protective effect of PACAP on the rat 104105retina after BCCAO with ERG and parallel the functional data with the previously described morphological and neurochem-106ical results (Atlasz et al. 2007, 2010b). 107

#### 108 Materials and Methods

109 In order to induce hypoperfusion of the retina, BCCAO was 110 carried out on Wistar rats (n=8; 3 months of age, weighing 111 350 g). Carotid arteries on both sides were permanently ligated under isoflurane anesthesia, according to previous 112descriptions (Atlasz et al. 2007). The operation was immedi-113ately followed by intravitreal PACAP treatment (100 pmol in 1145 µl vehicle/eye) into the right eye, while saline was injected 115into the other eye as we have previously described. 116 Experimental procedures were carried out in accordance with 117approved protocols (University of Pecs; no: BA02/2000-118 15024/2011). 119

ERG measurements were performed to assess retinal func-120tion in each group, after an overnight dark adaption. The 121animals were anesthetized by intraperitoneal injection of ke-122tamine 5 % (w/v, Calypsol, Richter Gedeon, Hungary, 90 mg/ 123BW kg) and xylazine 20 % (w/v, Sedaxylan, Dechra, 124Netherlands, 10 mg/ kg) during the electrophysiological 125measurements (Sharp and La Regina 1998). The pupils 126were dilated with 0.5 % cyclopentolate (w/v, Humapent-127Teva, Hungary). Oxybuprocaine 0.4 % eye drops 128(Humacain-Teva, Hungary) were used for the topical 129anesthesia. Flash ERG was recorded before BCCAO as 130nontreated controls and on postoperative days 2, 6, 10, 131and 14 in each group. 132

ERG potentials arise in the retina after light stimulation and 133they are detectable all around the eye, being the largest in the 134center of the cornea (Gouras 1970; Perlman 1995). ERGs 135were recorded by surface electrodes from the center of the 136cornea with the negative electrode placed under the skin of 137the cheek and the ground electrode stuck under the skin 138of the neck. All procedures were performed under a dim 139red LED light (632 nm; Zhang et al. 2013). The re-140 sponses to light flashes (5.0 cd/m<sup>2</sup>, 0.25 Hz, 503 nm 141green LED light) were pre-amplified, amplified (2,000×, 142Bioamp SbA4-V6, Supertech, Hungary), and recorded 143with an A/D converter (Ratsoft-Solar Electronic; 144Jacobs et al. 2001; Szabo-Salfay et al. 2001). 145Responses (n=150) were averaged with the software of 146the A/D converter to draw the graph of each measure-147ment. The values of the selected parameters were ana-148lyzed by two-way ANOVA with Bonferroni post hoc 149analysis (p<0.05; p<0.01; p<0.001). 150

Histological examination was carried out to confirm 151the severity of the retinal lesions and correlate function-152al changes with morphological alterations induced by 153ischemia and PACAP treatment. After the termination 154of the ERG measurements, rats were decapitated under 155isoflurane anesthesia and eyes were immediately dissect-156ed in ice-cold phosphate buffered saline (PBS; VWR 157International, Hungary) and fixed in 4 % paraformalde-158hyde (PFA; Merck, Hungary). Retina histology was 159performed on Durcupan ACM resin (Sigma, Hungary) 160embedded tissues. Sections were cut at 2 µm, stained 161with toluidine blue (Sigma), and examined in a Nikon 162Eclipse 80i microscope as we have previously described 163(Atlasz et al. 2007). 164

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#### 165 Results

We investigated the possible effects of PACAP treatment in BCCAO-induced ischemic retinal degeneration on neuronal cell activity by recording ERGs at various time points before (control measurements) and 2, 6, 10, and 14 days after the induction of ischemia. Representative ERG recordings of the untreated and PACAP-treated eyes are shown in Fig. 1.

Control average ERG waveforms were similar in both left 172and right eyes (Fig. 1a, b). Our results show that BCCAO 173caused a severe functional damage reflecting the previously 174175described alteration of the histological structure (Atlasz et al. 2007). BCCAO-induced functional retinal degeneration was 176already observed on postoperative days 2 and lasted through-177out the entire observation period. Intravitreal injection of 178PACAP immediately after BCCAO resulted in a more 179180 retained retinal function as assessed by average ERG waveforms compared to the BCCAO-operated groups on both 181 182postoperative 2nd and 14th days (Fig. 1). The same tendencies could be observed on postoperative day 6 and 10 (data not 183shown). Average amplitudes of waves decreased with the 184duration of ischemia in BCCAO eyes (Figs. 1 and 2). 185

186 Differences were found in the average amplitudes of the *a* 187 waves and *b* waves between control and vehicle-treated



Fig. 1 Representative average ERG recordings of BCCAO (a) and PACAP-treated BCCAO (b) groups on postoperative days 2 and 14. The BCCAO-induced retinal degeneration was first observed in the alteration of the amplitudes of the waves on postoperative day 2 (a). Partial recovery of the ischemia-induced changes in the PACAP-treated animals was evident by postoperative day 14 (b). Control measurements were made before BCCAO from the same animals

BCCAO eves, but no differences could be observed in the 188 case of c wave on postoperative day 14 (Fig. 2a). ERGs of 189PACAP-treated ischemic eyes were similar to the intact con-190 trols in contrast to the ERGs of saline-treated BCCAO retinas. 191PACAP treatment significantly counteracted the ischemia-192induced alterations in the amplitudes of both the a and b193 waves of the ERG on postoperative day 14 (Fig. 2a). 194 Amplitudes of the b wave decreased in BCCAO (33 % of 195controls). Significant difference could be detected between 196BCCAO and PACAP-treated BCCAO groups on postopera-197tive day 14 (53 % of control; Fig. 2b). The same tendency 198could be observed on postoperative day 2 in BCCAO- and 199 BCCAO + PACAP-treated groups in the b wave amplitudes 200 (Fig. 2b). A slight but not significant decrease in the b wave/a201wave amplitude ratio (b/a) was observed in the BCCAO and 202PACAP-treated BCCAO retinas (Fig. 2c). 203

The latency of b/a waves was significantly decreased in 204both BCCAO- and PACAP-treated BCCAO groups compared 205to their controls, but no differences could be observed between 206the treated and untreated ischemic groups (Fig. 3a). The elapse 207time of the five major oscillatory potentials (OPs) was reduced 208 in the BCCAO ischemic group, but PACAP treatment led to 209significant protection (Fig. 3b). The morphological parame-210ters are in accordance with our previous observation that 211PACAP treatment ameliorated the BCCAO-induced retinal 212degeneration (Atlasz et al. 2007, 2010a, b; Fig. 4). 213

#### Discussion

The present results show that the morphological protection 215exerted by PACAP in ischemic retinal lesion is accompanied 216by functional amelioration, as reflected by electrical activity. 217We have previously described that PACAP exerts morpholog-218ical and neurochemical protection in BCCAO-induced retinal 219degeneration (Atlasz et al. 2007, 2010b). However, functional 220outcome measures, such as ERG, were missing. 221Electroretinogram displays a composite retinal electric activity 222which depends upon different cells, extending from the pig-223ment epithelium to the innermost retinal layers (Noell 1953; 224Brown 1968), allowing differential participation of cells with-225in different layers (Grozdanic et al. 2003; Vilela et al. 1998; 226Arden et al. 1982). This method is attractive in assessing 227retinal neurodegeneration because it is not invasive and can 228thus be used in longitudinal assessments. The ERGs for all 229control eyes in our present study were well within the range of 230previously published normative data (Bui and Fortune 2004; 231Szabo-Salfay et al. 2001). The results of this study demon-232strate that the b wave is the most sensitive detectable ERG 233parameter of functional abnormalities in this rat model of 234BCCAO-induced retinal ischemia. Our observations suggest 235that BCCAO and PACAP treatment also led to changes in 236neuronal cell activity of the retina. The main functional 237

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Fig. 2 Comparative analysis of the average amplitudes of different waves (a), the amplitude ratio of b/a waves (c) on postoperative day 14, and the alteration of amplitudes of b waves on postoperative days 2 and 14 (b). Ischemia induced significant alterations in the amplitudes of a waves and b waves compared to the controls. PACAP treatment reduced the deterioration and patterns were similar to the control group. No significant differences could be registered in the amplitude of cwave between the three groups (a,\*\*p<0.01; \*\*\*p<0.001 vs. control; #p < 0.05 vs. BCCAO). The changes of the amplitudes of different waves were recognized on postoperative days 2 and 14. Significant alteration could be observed in the amplitudes of bwaves between the control, ischemic, and PACAP-treated BCCAO groups on day 14 (b, \*p<0.05; \*\*p<0.01 vs. control). No significant differences could be observed in the amplitude ratio of b/a waves between the control. ischemic and the PACAP-treated ischemic group (C, p < 0.05 vs. control; #p < 0.05 vs. BCCAO). n=8 in each group



protective effects of PACAP were showed by the alteration ofthe *b* wave amplitudes.

Although retinal ganglion cells are the most vulnerable to 240severe ischemia of the retina (Osborne et al. 2004) and their 241242damage was found most prominent after BCCAO (Yamamoto et al. 2006), it has been shown that 2 weeks after the operation, 243other cellular layers are also seriously degenerated (Atlasz 244et al. 2007; Farkas et al. 2007). Therefore, deterioration of 245246the ERG can be expected. Former studies have identified the OPs of the flash-elicited ERG b wave as sensitive indices of 247abnormalities within the retinal circulation (Kergoat and 248

Lovasik 1990). The OPs are quantitative and objective index249for dysfunction and manifested earliest not only in ischemic250conditions but also in diabetic retinopathy (Yonemura et al.2511962; Galloway et al. 1971), which also involves worsened252circulation and production of reactive oxygen species253(Fernandes et al. 2011).254

Compared to nonischemic (control) values, the ERG *a* and 255 *b* wave amplitudes were strongly reduced after the BCCAO 256 operation. PACAP treatment alleviated the functional consequences of BCCAO-induced ischemia. In our previous studies, the beneficial effects of PACAP were observed at 259

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Fig. 3 Comparative analysis of time latency ratio of b/a waves (a) and differences in elapse time of OPs (b) between the three groups on postoperative day 14. Significant differences could be observed in the time latency ratios of b/a waves between the ischemic and the PACAP-treated ischemic groups. However, there are no significant differences between the BCCAO- and PACAP-treated BCCAO groups (**a**, \*\*\**p*<0.001 vs. control). Significant differences could be observed in the elapse time of OPs between control and BCCAO animals, but no significant differences were seen between the control and PACAPtreated BCCAO groups. PACAP treatment led to significant retention of the elapse time of OPs (**b**,\**p*<0.05 vs. control; #*p*<0.05 vs. BCCAO). n=8 in each group





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Fig. 4 Representative sections of control (a), BCCAO (b), and PACAPtreated BCCAO (c) retinas stained with toluidine blue. Morphological differences were found between the examined groups; PACAP treatment could ameliorate the ischemia-induced retinal degeneration. *Scale bar*:

20  $\mu$ m. Abbreviations: *PL* photoreceptor layer, *ONL* outer nuclear layer, *OPL* outer plexiform layer, *INL* inner nuclear layer, *IPL* inner plexiform layer, *GCL* ganglion cell layer

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260histological and neurochemical levels (Atlasz et al. 2007. 2010b; Szabo et al. 2012). The present results indicate the 261262 PACAP treatment induced a significant recovery of the wave-263form and amplitudes of a wave and b wave as seen in ERG. 264 PACAP treatment did not completely prevent retinal dysfunction; however, the ERG recovery was a sustained effect noted 265266 as early as 2 days after BCCAO.

There are two further interesting results in the ERG record-267ings. One is that after BCCAO, the a wave amplitudes in-268 269crease slightly, possibly reflecting a relatively late and low 270level of photoreceptor damage and the lack of intraretinal 271negative feedback. This is supported by the fact that the thickness of the outer nuclear layer did not change as much 272as the inner retinal layers and the photoreceptors look rela-273tively healthy in the histological preparations. The second 274275observation is that the b/a wave latency ratio did not improve 276significantly after PACAP treatment. A possible explanation 277for that is that the time after BCCAO was not sufficient for the 278degenerations to reach the photoreceptors retrogradely. Our present results confirm our earlier findings in excitotoxic 279retinal damage, where PACAP treatment led to functional 280 amelioration parallel with protection reflected in morpholog-281282 ical structure (Varga et al. 2011).

In conclusion, the results reported in the present study 283demonstrate a functional protective effect of PACAP against 284285retinal ischemic injury caused by BCCAO. Since this is the second metabolically induced retinal degeneration model 286287 where we can demonstrate such protection, data are convinc-288ing that morphological and neurochemical protection go par-289 allel with functional protection.

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### AUTHOR QUERIES

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