

A Novel Joint Index Modulation and Physical Layer Network Coding Mechanism for Beyond 5G

Bismark Okyere, Leila Musavian, Berna Özbek, Sherif A. Busari, Jonathan Gonzalez

Abstract—In beyond 5G communications, besides energy efficiency (EE) and spectral efficiency (SE), latency and reliability, which are among the main metrics that extreme ultra-reliable low-latency communications (URLLC) applications must fulfil. Although new techniques are sought after to meet the crunching requirements of URLLC, combining existing physical-layer techniques have become compelling, attractive and cost saving approach in achieving the same goal. In this paper, we describe a novel mechanism in combining Physical Layer Network Coding (PNC) and Index Modulation (IM) to achieving a balance between SE and EE for URLLC applications beyond 5G. PNC has the potential to increase SE because it leverages on interference from many transmissions occurring at the same time. Although fewer resources are required for IM, the capacity gain is the same as if all transmission resources are used, and as a result, both EE and SE can increase simultaneously. Our simulation results show the feasibility of combining these two key physical-layer techniques, affirming the complementary role this approach will play in meeting the performance KPIs of URLLC, beyond 5G.

Index Terms—Physical Layer Network Coding, Index Modulation, Spatial Modulation.

I. INTRODUCTION

The wireless communication era beyond 5G will be augmented by novel enabling technologies. However, it is expected that a mix of existing technologies will be in place to satisfy the crunching requirements beyond 5G. The wireless medium is expected to continue to be interference limited. Beyond 5G, there will be a plethora of transmission technologies coexisting and efficiently using the existing sub-6GHz spectrum and the new spectrum such as millimeter-Wave (mmWave) and Terahertz (THz) bands. Physical Layer Network Coding (PNC) is a key physical-layer technique that overcomes interference by applying Network Coding (NC) to received radio signals, which constitute a superposition of a multitude of transmitted signals.

Due to the challenges in meeting the stringent requirements of ultra-reliable low-latency communications (URLLC), this 5G use-case is expected to be one of the main use-cases for beyond 5G [1] and even expected to evolve. In beyond 5G communications, URLLC applications are expected to meet extremely low latency and high reliability requirements.

B. Okyere and L. Musavian are with the School of Computer Science and Electronic Engineering, University of Essex, UK (e-mail: {bismark.okyere, leila.musavian}@essex.ac.uk).

B. Özbek is with the Electrical-Electronics Engineering Department, Izmir Institute of Technology, Turkey (e-mail: bernaobzbek@iyte.edu.tr).

S. A. Busari and J. Gonzalez are with GS-Lda, Portugal (e-mail: {sbusari, jonathan}@gs-lda.com).

Designing systems that meet these requirements is very challenging. Much like EE and SE, latency and reliability are two metrics that are conflicting, as improving one, degrades the other. Therefore, physical-layer techniques that strike a good balance between EE and SE are some of the most sought-after beyond 5G technologies. Index modulation (IM) is a promising physical-layer technique that is capable of meeting the trade-off between EE and SE. IM allows few resources to be used during transmission, reducing the EE, yet guaranteeing the achievable SE. PNC has extensively been studied in the literature [2]. Whilst IM requires fewer resources to achieve the same capacity again as techniques that use all resources, PNC, on the other hand, requires all the available resources be used at the same time by all nodes that transmit. There is no orthogonality and therefore, the number of timeslots required to achieve end-to-end communications is reduced by 2. In URLLC applications, this will complement meeting the latency requirement. A combination of IM and PNC is expected to boost capacity, yet meeting the SE, EE and the latency requirements of URLLC.

The rest of the paper is organized as follows: In Section II, we describe the concept of PNC to some degree of details. Then, in Section III, we introduce the concept of IM, focusing on a variant of it called Spatial Modulation (SM), and then in Section IV, our novel mechanism in combining PNC and IM is presented, complementing the paper with a simulation result analysis.

II. PHYSICAL-LAYER NETWORK CODING (PNC)

Physical layer network coding is no longer a new concept considering the numerous works in the literature involving this technique and its propensity of being utilized in future generation of wireless technologies [2]–[5]. It is the adoption of the network layer network coding at the physical-layer of wireless communication systems.

Network coding is a data dissemination paradigm in a distributed multi-hop relay network, where, instead of simply relaying the received packets, each node takes several packets and combines them, and the combined packet is further transmitted in the network. Fig. 1 illustrates the operational concept of network coding in a two-way relay channel (TWRC) system model. The first system model shown in Fig. 1(a) is without network coding. Node 1 and Node 2 are not allowed to transmit at the same time, and therefore, it takes four time slots for messages, w_1 and w_2 , to be exchanged between the two users. In Fig. 1(b), Node 1 and Node 2, much like in Fig. 1(a), transmit at orthogonal times. However, the relay,

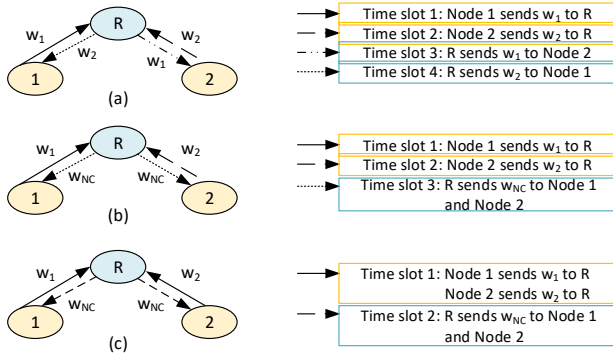


Fig. 1. Network Coding in TWRC.

R , generates a combined message, w_{NC} , using w_1 and w_2 , and sends w_{NC} in a single time slot back to both Node 1 and Node 2. The bitwise XOR is typically the operation that generates w_{NC} , i.e., $w_{NC} = w_1 \oplus w_2$. In downlink (DL), each of these nodes performs a similar operation on w_{NC} by XOR'ing that with a copy of what was sent previously, i.e., $w_1 \oplus w_{NC}$ for Node 1, and $w_2 \oplus w_{NC}$ for Node 2, to extract the actual packet sent by the other node. In Fig. 1(c), Node 1 and Node 2 can transmit at the same time. Since messages w_1 and w_2 interfere at R , decoding or separating each from the other may not be possible. This is the reason wireless communication systems employ orthogonal multiple access schemes either in time, frequency, space or code to reduce the effects of interference. However, this interference becomes trivial through network coding at the physical-layer since it generates or maps interfered symbols to network-coded (NC) symbols. The NC symbols are chosen such that there is no ambiguity for each node to recover its intended messages from others. Upon receiving the broadcast DL NC symbols, each node performs a similar operation, to retrieve the symbols sent by the other transmitting nodes. Irrespective of the chosen modulation scheme at the physical-layer, the constellation of the superimposed signals at the relay may go out-of-range if compared to the constellation of the modulated signals at the transmitting nodes. Therefore, a key challenge in PNC is the development of unambiguous PNC mapping algorithms that map superimposed constellations at the relay to the constellations that can be decoded by each nodes. The toleration of interference in PNC leads to capacity boost, as the number of time slots that are required to complete the end-to-end communication in a relay system is reduced by half.

Massive MIMO [6] is another promising physical-layer technology that is known to exploit a large array of antennas to strengthen the capability of spatially multiplexing many user terminals in the same time-frequency resource, which yields higher channel capacity and higher throughput gains. Leveraging on the multiplexing gain, a joint Massive MIMO and PNC scheme has shown to yield explosive capacity gains

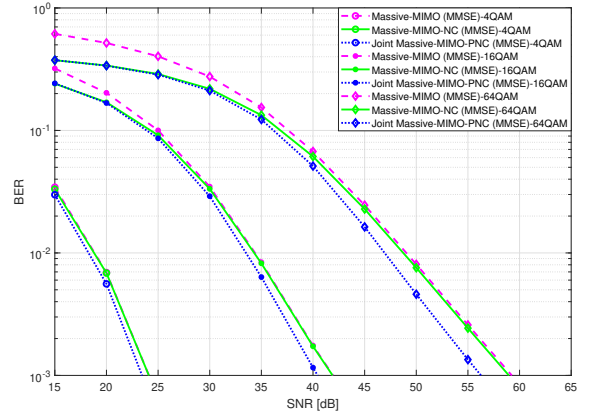


Fig. 2. BER performance comparison between i) 128 x 128 conventional multi-user massive MIMO ii) 128 x 128 multi-user massive MIMO with jamming iii) 128 x 128 multi-user massive MIMO with PNC and iv) multi-user MIMO with PNC.

[7]–[9]. For example, practical approach in combining PNC and Massive MIMO is investigated in [9]. The bit error performance, as shown in Fig. 2, revealed that at twice the SE, Massive MIMO with PNC has lower error performance compared to conventional Massive MIMO (without PNC), indicating that PNC can be deployed in Massive MIMO systems without necessarily degrading the latter.

In a two-way relay communication systems, since PNC requires only two timeslots for end-to-end communication between the two nodes, as opposed to four timeslots in conventional interference free communication systems, the reduction in time addresses the latency requirements of URLLC to some by reducing the latency.

III. INDEX MODULATION (IM)

IM is a promising technique for 5G and beyond [10]. Whilst the current wireless communication systems require that any information received at the receiver is indeed a replica of what the transmitter has sent, IM has found innovative ways to convey information from the transmitter to the receiver without the information necessarily being transmitted. Rather, IM uses the indices of the resources to convey extra information bits. There is a growing need for techniques that offer a compromise between higher SE and EE to be those that get considered in 5G and beyond, and IM shows promising gains in both metrics. The resources that IM operates on include sub-carriers, modulation types, time slots, transmit antennas among others [11].

IM introduces an additional dimension to the existing dimensions of wireless transmission that includes space, time and frequency. By not using all the available resources to transmit, the communication systems can be designed at a lower cost, lower hardware complexity, reduced energy usage, as few of the resources are actively utilized at any time, and simultaneously guaranteeing high SE and capacity gain.

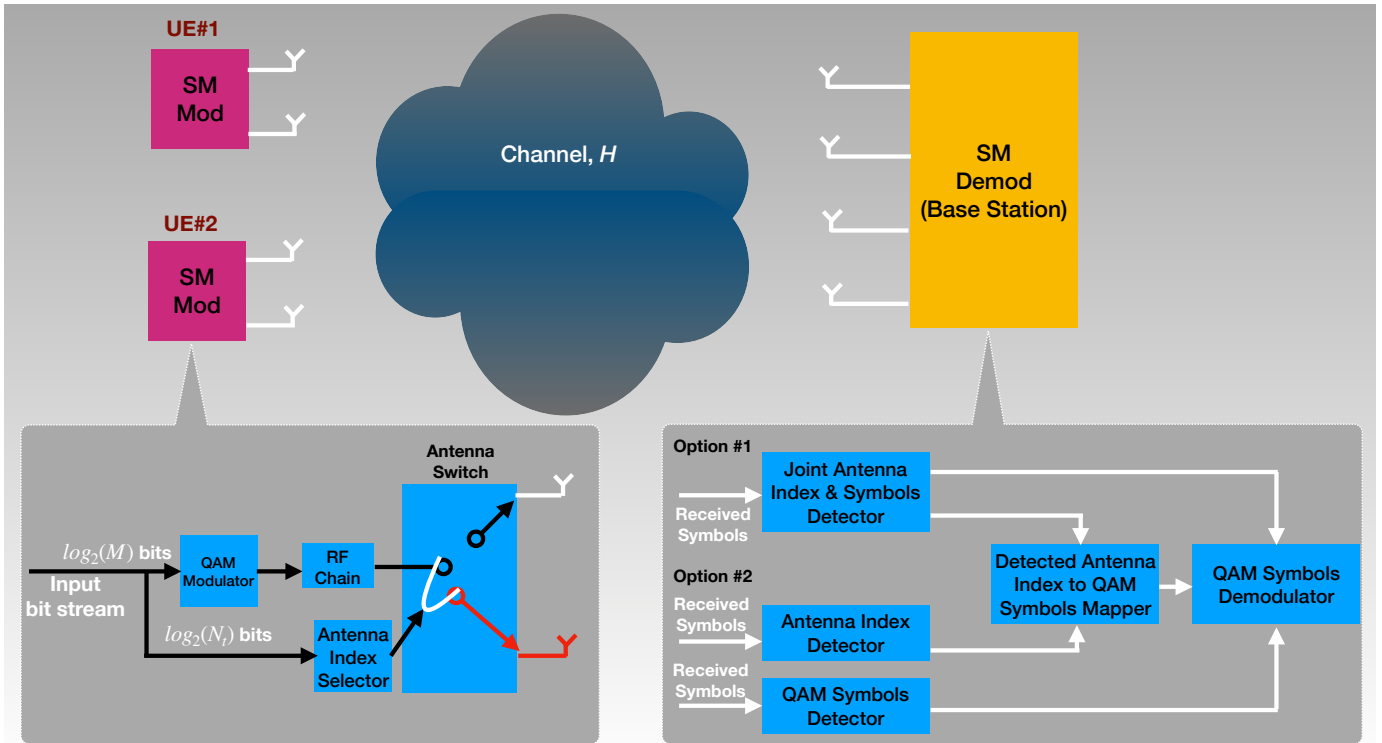


Fig. 3. Functional blocks of a multi-user SM MIMO communication system.

One of the well researched variant of IM is the Spatial Modulation and it will be the main focus of the next section.

A. Spatial Modulation (SM)

While conventional MIMO communication systems leverage on the ability to use all the transmit antennas to increase multiplexing gain, by simultaneously transmitting data on all of them, SM, on the contrary, allows transmission over a single antenna. The stream of data to be transmitted is divided into two groups. One group decides which antenna is selected for transmission, and the other group is transmitted on the selected antenna. The receiver will, not only detect the transmitted data, but also the index of the transmit antenna used for the transmission. MIMO systems usually require one RF chain for each antenna element to be designed at the transmitter. However, such a design is costly, especially when a massive number of antennas are to be implemented. There have been greater strides in mitigating this cost with a blend of digital and analog designs [12]. However, in SM, since only a single antenna is activated at any time, only a single RF chain is therefore needed.

To illustrate how SM works, let us take Fig. 3 for example. In this figure, there is a base station (BS), with four antennas, communicating with two UEs, each equipped with two antennas. To increase capacity in MIMO communication systems, the UEs would have to exhaust all their transmit antennas to send multiple data streams to the BS. Considering that battery powered communication devices, such as mobile

phones, have limitations on the number of antennas they have to be equipped with, it is not scalable and practical, that by virtue of wanting to increase multiplexing gain, the number of antennas are increased. Assuming that the UEs will use QPSK/4-QAM to transmit the bit blocks, using SM, the QPSK bit block will be split into two: one that identifies the antenna that will be selected for transmission, and the other, the actual transmitted bits. For example, in Table I, for QPSK bit block, "01", the bit '0' identifies antenna number one, and the bit '1' is mapped to 1 BPSK constellation symbol and transmitted on the selected antenna. This, inadvertently, results in a spectral efficiency of 2 bits per channel use per user, one coming from the antenna index and the other from the BPSK symbol, although only a single bit is transmitted.

TABLE I
SM MAPPING OF 4-QAM BIT BLOCK TO ANTENNA INDEX AND 2-QAM SYMBOL.

Bits Block	Antenna Index	Tx Symbol
00	1	-1
01	1	1
10	2	-1
11	2	1

The main challenge with SM is the detection of the im-

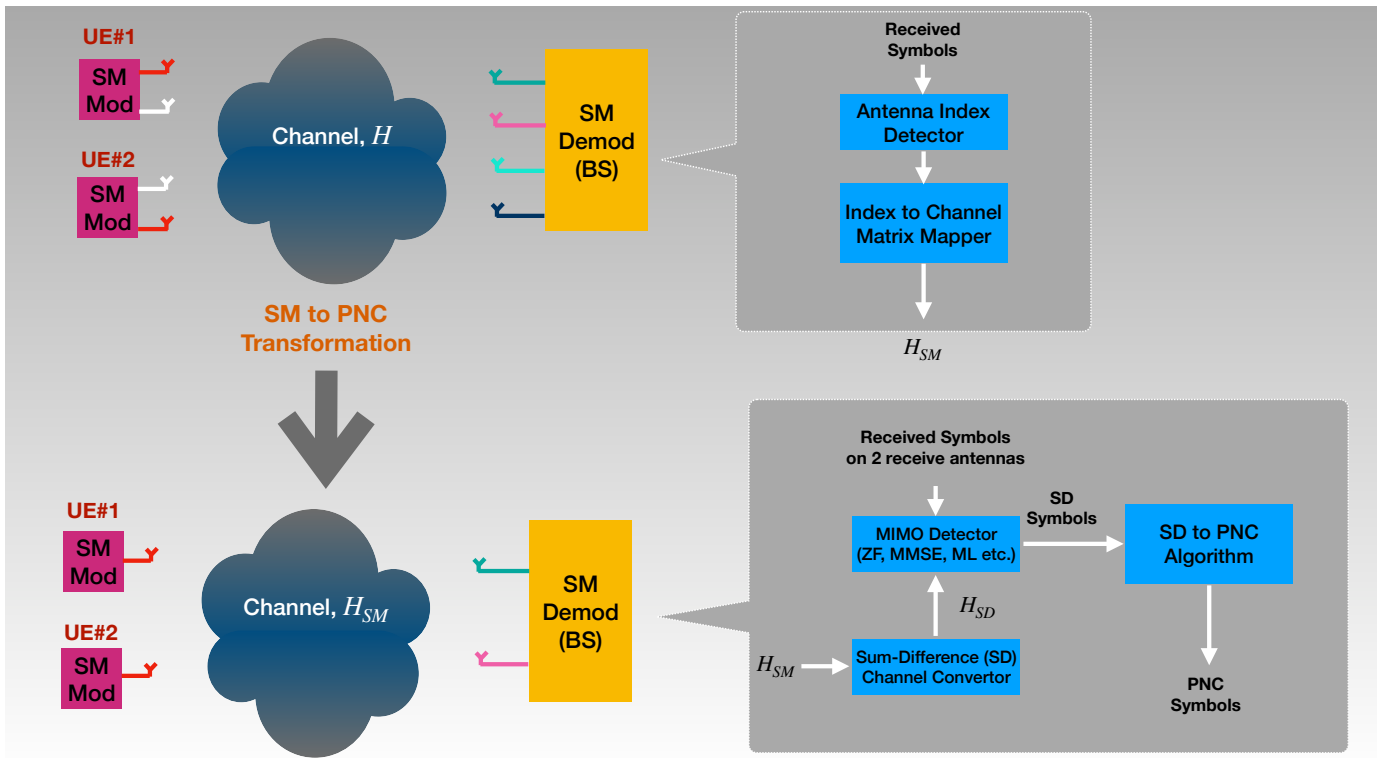


Fig. 4. Functional blocks of a joint multi-user SM MIMO PNC communication system.

Explicitly transmitted antenna index at the receiver or BS. In order to detect the selected antenna for each user, although nothing is transmitted on the non selected antennas, it is still imperative that all antennas are active. It is also important that the BS assumes the totality of both selected and the non selected antennas for the SM. Fig. 3 illustrates the building blocks that handle the received messages with the assumption that the transmitting nodes use SM. A joint detection of the antenna index and the transmitted symbols is usually the most common approach. Here, both the antenna index and the transmitted symbols can be detected at the same time using Maximum Likelihood (ML) estimator. The detected antenna index can then further be decoded by mapping it to the corresponding symbol that was implicitly transmitted. The other alternative will be to use ML to detect the antenna index and use other practical detectors such as Zero-Forcing (ZF) and Minimum Mean Square Error (MMSE) to detect the transmitted symbols. Similar to the joint antenna index and transmitted symbol detection approach, the antenna index is further decoded by mapping it to the implicitly transmitted symbols. In Fig. 3, using two antennas, each transmitter is able to transmit QPSK symbols by splitting them into two BPSKs, one that identifies the antenna index and the other, physically transmitted on the selected antenna. By detecting the antenna index, the receiver is able to infer the corresponding bits or symbol at the transmitter. This implicit transmission of the symbols for the antenna index, increases energy efficiency, as half of the energy required to transmit QPSK is needed in

SM.

While PNC addresses latency requirement of URLLC, IM addresses the energy efficiency requirement of critical Machine Type Communications (cMTC) applications that fall under the URLLC use-case, such as wearable sensors in the healthcare industry [13], which run on limited capacity of power supply.

IV. JOINT PHYSICAL LAYER NETWORK CODING AND SPATIAL MODULATION

The wireless communication era beyond 5G will be augmented by novel enabling technologies. However, it is expected that a mix of existing technologies will be in place to satisfy the crunching requirements of beyond 5G communications. A joint IM-PNC or SM-PNC is an attractive combination, as each has their unique characteristics, with one complementing the other. For example, SM eliminates inter-channel-interference (ICI), whereas PNC embraces ICI. The challenge here will be combining these techniques together.

In [9], we showed how PNC and Massive-MIMO can be combined and the benefits they present. To combine Massive-MIMO PNC with IM/SM, assuming nothing changes in the architecture of MIMO-IM, as described in previous section, then, in uplink, depending on the QPSK bit block, each user uses the first bit to select an antenna and transmits the other half of the bit block on the selected antenna. Since in PNC, there is the need to estimate PNC symbols, without necessarily decoding the individual transmitted symbols, detecting the

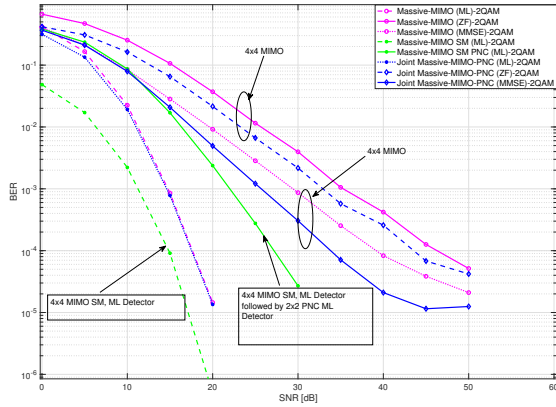


Fig. 5. A simulation results of 4 x 4 MIMO System that uses SM to estimate PNC symbols.

antenna index alone is sufficient. In [9], once the receiver knows the channel state information, \mathbf{H} , our PNC algorithm will first estimate the sum-difference (SD) of the transmitted symbols, and then use the PNC mapping algorithm [9] to estimate PNC symbols from the estimated SD symbols. In the case of the SM, the channel, \mathbf{H} , cannot be directly used by the PNC algorithm, because the algorithm operates on the symbols that have been physically transmitted. For SM, the BS perceives the uplink as a multiplex of single-channel transmissions per each user. Therefore, there is the need for a transformation from the two-antenna UEs to one-antenna UEs and this transformation requires that the channel, \mathbf{H} , is transformed as well. The transformation of the original channel, \mathbf{H} , in SM, can be achieved by first detecting the antenna index used for transmission. Knowing the antenna index, from the original channel, \mathbf{H} , the columns not related to the antenna index can be masked out, and the resulting SM channel is \mathbf{H}_{SM} . \mathbf{H}_{SM} is then, further transformed into the SD channel, \mathbf{H}_{SD} , and the latter is the channel matrix on which our PNC algorithm operates.

In Fig. 5, a 4×4 MIMO system was simulated using spatial modulation. In this setup, each user has two transmit antennas and the BS has four antennas. Each user transmits using QPSK modulation scheme, and at any transmit time, because of SM, only a single antenna is utilized. At the receiver, the BS estimates the PNC symbols from the QPSK-based SM transmitted symbols using the building block in Fig. 4. The simulation results in Fig. 4 reveal that it is indeed feasible to combine PNC and SM, where the EE is significantly reduced. The error performance results indicate that the joint MIMO-SM-PNC does perform better than the other PNC schemes, but performs a little poorly against the MIMO-SM. The reason could be attributed to the fact that in the MIMO-SM, the individual symbols are detected, whereas with MIMO-SM-PNC, the antenna index is rather detected to formulate the channel matrix that should be used in the PNC algorithm.

While neither PNC nor IM/SM or the joint MIMO-SM-

PNC addresses the reliability requirements of URLLC, our simulation results reveal that the performance of the joint MIMO-SM-PNC does not deteriorate below the performance of the underlying MIMO system, guaranteeing that reliability performance will not be adversely impacted by our novel MIMO-SM-PNC scheme.

V. CONCLUSIONS

In this paper, we presented a novel approach for combining PNC and SM, a variant of IM. Individually, each of these physical-layer techniques, offer compelling performance benefits that foster a good balance between the EE and SE. PNC leverages on interference from different transmitters to provide high capacity gain and also increases SE, whereas IM/SM uses few available resources to achieve the same capacity again, as if all resources were utilized, leading to higher EE. We presented simulation results of the combined techniques and although the performance is good, it would still require further research to make it as practical as possible, by finding practical detection techniques that are capable to jointly detect antenna index and generate the PNC symbols, with little or no loss in information.

VI. ACKNOWLEDGEMENT

This work has been funded by the European Union Horizon 2020, RISE 2018 scheme (H2020-MSCA-RISE-2018) under the Marie Skłodowska-Curie grant agreement No. 823903 (RECENT).

REFERENCES

- [1] J. Park, S. Samarakoon, H. Shiri, M. K. Abdel-Aziz, T. Nishio, A. Elgabl, and M. Bennis, "Extreme URLLC: Vision, challenges, and key enablers," arXiv preprint arXiv:2001.09683, 2020.
- [2] L. Shi and S. C. Liew, "Complex Linear Physical-Layer Network Coding," *IEEE Trans. on Inform. Theory*, vol. 63, no. 8, pp. 4949-4981, Aug. 2017.
- [3] S. Zhang, S. C. Liew, P. P. Lam, "Physical-layer network coding," in *Proc. of ACM MobiCom'06*, Los Angeles, CA, USA, Sept. 2006, pp. 358-365.
- [4] P. Popovski, and H. Yomo, "Physical Network Coding in Two-Way Wireless Relay Channels", in *Proc. of The IEEE Int. Conf. on Commun. (ICC) 2007*, Glasgow, UK, June, 2007, pp. 707-712.
- [5] B. Nazer and M. Gastpar, "Reliable Physical Layer Network Coding," *Proc. of the IEEE*, vol. 99, no. 3, Mar. 2011.
- [6] G. Fodor, N. Rajatheva, W. Zirwas, L. Thiele, M. Kurras, K. Guo, A. Tolli, J. H. Sorensen, E. Carvalho, "An Overview of Massive MIMO Technology Components in METIS," *IEEE Commun. Mag.* vol. 6, pp. 155-161, June 2017.
- [7] L. Shi, T. Yang, K. Cai, P. Chen and T. Guo, "On MIMO Linear Physical-layer Network Coding: Full-Rate Full-Diversity Design and Optimization", *IEEE Trans. Wireless Commun.*, vol. 17, no. 5, pp. 3498-3511, Mar. 2018.
- [8] T. Peng, Y. Wang, A. G. Burr and M. R. Shikh-Bahaei, "Physical Layer Network Coding in Network MIMO: A New Design for 5G and Beyond," in *IEEE Trans on Commun.*, vol. 67, no. 3, pp. 2024-2035, Mar. 2019.
- [9] B. Okyere, L. Musavian and R. Mumtaz, "Multi-User Massive MIMO and Physical Layer Network Coding," *IEEE GC. Wkshps.*, Waikoloa, HI, USA, 2019, pp. 1-6.
- [10] E. Basar, "Reconfigurable Intelligent Surface-Based Index Modulation: A New Beyond MIMO Paradigm for 6G," *IEEE Trans. on Commun.*, vol. 68, no. 5, pp. 3187-3196, May 2020.

- [11] E. Basar, M. Wen, R. Mesleh, M. Di Renzo, Y. Xiao and H. Haas, "Index Modulation Techniques for Next-Generation Wireless Networks," *IEEE Access*, vol. 5, pp. 16693-16746, 2017.
- [12] S. A. Busari, K. M. S. Huq, S. Mumtaz, L. Dai and J. Rodriguez, "Millimeter-Wave Massive MIMO Communication for Future Wireless Systems: A Survey," *IEEE Commun. Surveys Tut.*, vol. 20, no. 2, pp. 836-869, 2018.
- [13] S. W. H. Shah, A. N. Mian, S. Mumtaz, M. Wen, T. Hong and M. Kadoch, "Protocol Stack Perspective for Low Latency and Massive Connectivity in Future Cellular Networks," *IEEE Int. Conf. on Commun. (ICC)*, Shanghai, China, 2019, pp. 1-7.