Chapman University

Chapman University Digital Commons

Biology, Chemistry, and Environmental Sciences Science and Technology Faculty Articles and Research Research

5-5-2021

Apigenin and Structurally Related Flavonoids Allosterically Potentiate the Function of Human α 7-Nicotinic Acetylcholine Receptors Expressed in SH-EP1 Cells

Waheed Shabbir

Keun-Hang Susan Yang

Bassem Sadek

Murat Oz

Follow this and additional works at: https://digitalcommons.chapman.edu/sees_articles

Part of the Medicinal and Pharmaceutical Chemistry Commons, Natural Products Chemistry and Pharmacognosy Commons, Nervous System Diseases Commons, Other Chemicals and Drugs Commons, Other Pharmacy and Pharmaceutical Sciences Commons, and the Pharmaceutical Preparations Commons

Apigenin and Structurally Related Flavonoids Allosterically Potentiate the Function of Human α 7-Nicotinic Acetylcholine Receptors Expressed in SH-EP1 Cells

Comments

This article was originally published in *Cells*, volume 10, in 2021. https://doi.org/10.3390/cells10051110

Creative Commons License

This work is licensed under a Creative Commons Attribution 4.0 License.

Copyright The authors



Article



Apigenin and Structurally Related Flavonoids Allosterically Potentiate the Function of Human α 7-Nicotinic Acetylcholine Receptors Expressed in SH-EP1 Cells

Waheed Shabbir ¹, Keun-Hang Susan Yang ², Bassem Sadek ³ and Murat Oz ^{4,*}

- ¹ Department of Medicine, Division of Nephrology and Cellular and Molecular Pharmacology, University of California, San Francisco, CA 94158-2140, USA; waheed.shabbir@ucsf.edu
- ² Department of Biological Sciences, Schmid College of Science and Technology, Chapman University, One University Drive, Orange, CA 92866, USA; kyang@chapman.edu
- ³ Department of Pharmacology and Therapeutics, College of Medicine and Health Sciences, UAE University, Al Ain 17666, United Arab Emirates; bassem.sadek@uaeu.ac.ae
- ⁴ Department of Pharmacology and Therapeutics, Faculty of Pharmacy, Kuwait University, Safat 13110, Kuwait
- * Correspondence: murat.oz@hsc.edu.kw

Abstract: Phytochemicals, such as monoterpenes, polyphenols, curcuminoids, and flavonoids, are known to have anti-inflammatory, antioxidant, neuroprotective, and procognitive effects. In this study, the effects of several polyhydroxy flavonoids, as derivatives of differently substituted 5,7-dihydroxy-4H-chromen-4-one including apigenin, genistein, luteolin, kaempferol, quercetin, gossypetin, and phloretin with different lipophilicities (cLogP), as well as topological polar surface area (TPSA), were tested for induction of Ca²⁺ transients by α 7 human nicotinic acetylcholine (α 7 nACh) receptors expressed in SH-EP1 cells. Apigenin (10 μ M) caused a significant potentiation of ACh (30 μ M)-induced Ca²⁺ transients, but did not affect Ca^{2+} transients induced by high K⁺ (60 mM) containing solutions. Co-application of apigenin with ACh was equally effective as apigenin preincubation. However, the effect of apigenin significantly diminished by increasing ACh concentrations. The flavonoids tested also potentiated α_7 nACh mediated Ca²⁺ transients with descending potency (highest to lowest) by genistein, gossypetin, kaempferol, luteolin, phloretin, quercetin, and apigenin. The specific binding of α 7 nACh receptor antagonist [¹²⁵I]-bungarotoxin remained unchanged in the presence of any of the tested polyhydroxy flavonoids, suggesting that these compounds act as positive allosteric modulators of the α 7-nACh receptor in SH-EP1 cells. These findings suggest a clinical potential for these phytochemicals in the treatment of various human diseases from pain to inflammation and neural disease.

Keywords: nicotinic receptors; apigenin; flavonoids; positive allosteric modulator; pain; inflammation; neurodegenerative disorders

1. Introduction

Nicotinic acetylcholine (nACh) receptors belong to the ligand-gated ion channel family that includes serotonin type-3, glycine, and γ -aminobutyric acid (GABA)-A receptors. The homomeric α 7 nACh receptor subtype is expressed in both central and peripheral nervous systems, as well as non-neuronal cells, and plays an important role in synaptic plasticity and various disease pathologies [1]. Thus, α 7-nACh receptors are recognized targets for drug development in several preclinical experimental models of pain, inflammation, neurodegenerative diseases, and psychosis [1,2]. Therefore, chemical entities modulating the function these receptors have clinical significance in treating pain and inflammation, and alleviating several neurodegenerative disorders.

Phytochemicals, such as terpenes, polyphenols, curcuminoids, and flavonoids, have been shown extensively to exert antioxidant, anti-inflammatory, anti-hypertensive, neuroprotective, antiepileptic, and procognitive effects [3–7]. In search of new compounds, several



Citation: Shabbir, W.; Yang, K.-H.S.; Sadek, B.; Oz, M. Apigenin and Structurally Related Flavonoids Allosterically Potentiate the Function of Human α 7-Nicotinic Acetylcholine Receptors Expressed in SH-EP1 Cells. *Cells* **2021**, *10*, 1110. https://doi.org/ 10.3390/cells10051110

Academic Editors: Nadine Kabbani and Alexander E. Kalyuzhny

Received: 29 March 2021 Accepted: 23 April 2021 Published: 5 May 2021

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). phytochemicals including terpenes, such as menthol [8], thujone [9], and carveol [10], as well as capsaicin [11], cannabidiol [12], and cannabis terpenes, such as bisabolol [13], have been shown to allosterically modulate the function of α 7 nACh receptors in cellular systems. Further studies with more complex phytochemicals identified curcumin and its metabolites as positive allosteric modulators (PAM) of α 7 nACh receptor [14–17]. Importantly, some of the flavonoid-group phytochemicals, such as genistein and quercetin, were recently shown to act as a PAM of α 7 nACh receptor [17–19]. In the present study, we have investigated the effects of a panel of polyhydroxy flavonoids that are the products of differently substituted 5,7-dihydroxy-4H-chromen-4-one structural skeleton (Figure 1). This includes apigenin, genistein, luteolin, kaempferol, quercetin, gossypetin, and phloretin on human α 7-nACh receptors expressed in SH-EP1 cells. In addition, the modulating role of different substituents at the 2-, 3-, 6-, and 8-position of 5,7-dihydroxy-4H-chromen-4-one, the selected compounds on metric parameters were assessed to predictably quantify the lipophilicity (clogP), the water solubility (clogS), and drug-likeness score applying Molinspiration Property, Osiris Property Explorer, and MolSoft toolkits [20–23].



Figure 1. Features similarities between the tested polyphenol flavonoids as derivatives of 5,7dihydroxy-4H-chromen-4-one.

2. Materials and Methods

2.1. Cell Culturing

Culturing of SH-EP1 cells [24] and stable transfection methods used to produce this cell line were described earlier [25]. Briefly, Dulbecco's modified Eagle's medium supplemented with 10% heat inactivated horse serum, 5% fetal bovine serum, 100 U/mL penicillin G, 100 µg/mL streptomycin, 0.25 µg/mL amphotericin B, 0.4 mg/mL hygromycin B, 0.25 mg/mL Zeocin, and 1 mM sodium pyruvate (all from Invitrogen, Carlsbad, CA, USA) were used to grow SH-EP1 cells on 35 mm dishes. Subsequently, cells were plated at a density of 2×10^5 cells per well into 96-well plates and were held for 2–3 days in 5% CO₂ saturated with H₂O at 37 °C.

2.2. Intracellular [Ca²⁺] Measurements

These experiments were conducted as described earlier [9,14] at room temperature ($24 \pm 2 \degree$ C). Briefly, SH-EP1 cells were loaded with 10 µM fluo-4 AM (Molecular Probes, Life Technologies, Paisley, UK) in Krebs-HEPES solution (in mM: 144 NaCl, 5.9 KCl, 1.2 MgCl₂, 2 CaCl₂, 11 D-glucose, 10 HEPES, pH 7.4) for 45 min at 37 °C in the dark. Next, fluo-4 AM loaded cells were washed twice with Krebs-HEPES at room temperature. All test and incubation solutions contained atropine (1 µM). Fluorescence changes (excitation 485 nm, emission 520 nm) were measured using a fluorescent plate reader (Fluostar, BMG

Labtech Inc., Cary, NC, USA). Changes in basal fluorescence levels were monitored before and after adding ACh containing solution through an automatic dispenser. Fluorescence changes were recorded for 30 s. The responses from each well were calibrated by measuring maximum and minimum fluorescence values to normalize fluo-4 signals. The Fmax value was obtained by the addition of 75 μ L of 5% Triton X-100 and Fmin was attained by addition of 50 μ L of 1 M MnCl₂ at the end of the experiment. Data were presented as a percentage (%) of Fmax–Fmin or area under fluorescence curve (AUC). Apigenin, genistein, gossypetin, kaempferol, luteolin, phloretin, and quercetin were purchased from Sigma (Sigma, St. Louis, MO, USA). Flavonoids were dissolved in DMSO. At final concentrations of 0.01%, DMSO did not affect ACh-induced Ca²⁺ transient (*n* = 4).

2.3. Radioligand Binding Experiments

In 35 mm dishes, the SH-EP1 cells were grown to confluence, collected by scraping in 50 mM HEPES buffer solution containing 1 mM MgCl₂, 2.5 mM CaCl₂, 0.1% (w/v) bovine serum albumin, 0.025% (w/v) bacitracin, and 0.025% (w/v) sodium azide (pH 7.4), and centrifuged at 1200 r.p.m. for 15 min at 4 °C. Subsequently, the supernatant was removed and cells were frozen at -80 °C until the day of the experiment. For binding assays, using a Polytron tissue homogenizer at setting 4 for 20 s, the cells were resuspended in 50 mM Tris-HCl buffer containing 120 mM NaCl, 5 mM EDTA, 1.5 mM MgCl₂, and 5 mM KCl (pH 7.4). In a total of 250 μ L volume, 150 μ L cell suspension, 50 μ L radioligand [¹²⁵I]- α -bungarotoxin (2200 Ci/mmol; Perkin-Elmer, Inc. Waltham, MA, USA) and 50 μ L test compound, were added to 96-well microtitre plates. The α -bungarotoxin (3 μ M) was used to determine non-specific binding. Subsequent to 45 min incubation at room temperature, the plates were filtered through Packard Unifilter-96, GF/C plates and washed twice with 500 µL ice-cold 10 mM Tris-HCl buffer containing 150 mM NaCl (pH 7.4). The radioactivity bound to filters was counted in 50 µL of scintillation solution (MicroScint 40, Perkin-Elmer, Inc. Waltham, MA, USA) in Packard TopCount scintillation counter. Assays were performed in triplicate.

2.4. Metric Parameters and Drug-Likeness Properties

Molecular weight (MW), water solubility (clogS), and Lipophilicity (clogP) of Lipinski's rule for drug-likeness were calculated using the computational tool Osiris Property explorer. (Molinspiration software or free molecular property calculation services (last accessed 23 February 2021)) and Molinspiration property calculation toolkit [22,23]. The observed metric parameters for the tested polyphenol flavonoids are summarized in Table 1.

Table 1. Drug-likeness calculations and Lipinski parameters for tested polyphenol flavonoids. ^a molecular weight, ^b topological polar surface area, ^c water solubility (clogS), ^d lipophilicity (clogP), ^e Molinspiration software or free molecular property calculation services (Molinspiration software or free molecular property calculation services (last accessed 23 February 2021)).

Compound	MW ^a	TPSA ^b	cLogS ^c	cLogP ^d	Drug-Likeness Model Score ^e
Apigenin	270.24	90.89	-2.86	2.34	1.21
Genistein	270.24	86.99	-2.73	1.63	1.16
Luteolin	286.24	111.12	-2.56	1.99	1.91
Kaempferol	286.24	107.21	-2.79	1.84	0.91
Quercetin	302.24	131.35	-2.49	1.49	1.64
Gossypetin	318.24	127.42	-2.19	1.14	0.67
Phloretin	258.27	77.75	-2.52	2.04	-0.56

2.5. Statistical Analysis

The mean \pm standard error means (S.E.M.) was used to present data. Statistical significance between measurements in different groups was determined using One-way ANOVA. When differences were found, pair-wise post-hoc comparisons using the Bonferroni correction were applied. The *p* values < 0.05 were considered significant. Radioligand saturation curves were obtained by fitting the data to the logistic equation, using non-linear hyperbolic curve fitting function of OriginPro 8.5 (OriginLab Corp., Northampton, MA, USA).

3. Results

In preliminary experiments, no detectable changes in intracellular Ca²⁺ levels were observed after 30 s application of apigenin alone (up to 100 μ M) in Fluo-4 loaded SH-EP1 cells (n = 11 from 3 separate experiments). On the other hand, rapid increases in intracellular Ca²⁺ concentrations were consistently observed following the application of 30 μ M acetylcholine (ACh) (Figure 2A, control). These ACh-induced Ca²⁺ transients were completely inhibited after 5 min pre-incubation with methyllycaconitine (10 μ M), a selective antagonist for α 7-nACh receptor (Figure 2A).



Figure 2. The effects of apigenin on Ca²⁺ transients elicited by the stimulation of human α 7 nACh receptors expressed in SH-EP1 cells. (**A**) The effect of 10 µM apigenin and 10 µM methyllycaconitine (MLA) on Ca²⁺ transients induced by 30 µM ACh in 10 µM Fluo-4 AM loaded SH-EP1 cells. (**B**) Cumulative effects of apigenin and MLA on the area under curve (AUC) of Ca²⁺ transients induced by ACh. Bars indicate the mean ± S.E.M. * indicates *p* < 0.05 (ANOVA, *n* = 14–17). (**C**) The effect of preincubation time on the apigenin potentiation of Ca²⁺ transients induced by ACh (*n* = 9–12; ANOVA, *p* > 0.05). (**D**) The effect of increasing concentrations of ACh on the apigenin (10 µM) potentiation of ACh (30 µM)-induced Ca²⁺ transients. Bars indicate the mean % potentiation \pm S.E.M. *n* = 11–15.

Five min. pre-incubation of cells with 10 μ M apigenin caused a significant potentiation (48% ± 5, *n* = 14, ANOVA, *p* = 0.001) of the ACh-induced Ca²⁺ transients (Figure 2A,B). Notably, a 5 min. application of 10 μ M apigenin did not change the magnitude of the Ca²⁺ transient induced by the application of high-K⁺ (60 mM KCl, *n* = 11, ANOVA, *p* = 0.634), suggesting that the effects of apigenin are not due to the activity of voltage-dependent Ca²⁺ channels. Since most of the phytochemical effects were previously shown to be enhanced by the duration of the pre-application [8–12], we compared the effects of 5 min, 2 min, and 30 s apigenin pre-application, and also examined the effect of co-application of apigenin and ACh. The extent of apigenin potentiation of ACh-induced Ca²⁺ transient

was found unchanged (Figure 2C) under various pre-application, as well as co-application time conditions. In earlier studies with curcumin, we observed that its potentiating effect was significantly diminished with increasing agonist concentrations [15]. Therefore, we tested the effect of increasing ACh concentration on apigenin potentiation of the Ca²⁺ transient. Interestingly, the effect of apigenin was significantly decreased at higher ACh concentrations (Figure 2D).

Next, we investigated the effects of the other polyhydroxy flavonoids genistein, gossypetin, kaempferol, luteolin, phloretin, and quercetin on ACh-induced Ca²⁺ transients in the same cell line. No detectable changes in intracellular Ca²⁺ levels were observed after 30 s applications of these flavonoids alone (up to 30 μ M) in Fluo-4 loaded SH-EP1 cells (n = 7-12 from 4 separate experiments). At 10 μ M, all flavonoids tested caused a significant potentiation of ACh (30 μ M)-induced Ca²⁺ transients (Figure 3A), with a potency profile of: phloretin (112% ± 12) > genistein (83% ± 7) ≥ kaempferol (81% ± 8) > quercetin (73% ± 6) ≥ luteolin (72% ± 5) > gossypetin (65% ± 4).



Figure 3. The effect of flavonoids on the Ca²⁺ transients induced by ACh and specific [¹²⁵I] α -bungarotoxin binding in SH-EP1 cells. (**A**) The effect of 10 μ M of genistein, gossypetin, kaempferol, luteolin, phloretin, and quercetin on ACh (30 μ M)-induced intracellular Ca²⁺ transients. Bars indicate the mean \pm S.E.M. n = 12-17. (**B**) The effect of apigenin on the binding saturation of [¹²⁵I] α -bungarotoxin. Increasing concentrations of [¹²⁵I] α -bungarotoxin are shown in X-axis as free ligand. SH-EP1 cells were incubated for 45 min. with the indicated concentrations of [¹²⁵I] α -bungarotoxin in the absence (*filled circles*) and presence (*open circles*) of apigenin (10 μ M). Unlabeled bungarotoxin (3 μ M) was added to incubation buffer to determine non-specific binding (n = 4-6) (**C**) Scatchard analysis, apigenin effects on saturation binding of [¹²⁵I] α -bungarotoxin. Units are fmol/mg protein and fmol/mg protein/nM for x and y axis, respectively. (**D**) Effects of flavonoids on the specific binding of 2 nM [¹²⁵I] α -bungarotoxin in the same cell line. Bars indicate the mean \pm S.E.M. n = 9-12.

In subsequent studies, we investigated the effect of apigenin on specific binding of [¹²⁵I] α -bungarotoxin, a competitive antagonist of ACh at the α 7-nACh receptor [1]. Saturation curves for [¹²⁵I] α -bungarotoxin binding in the absence (controls) and presence of apigenin are shown in Figure 3B. In SH-EP1 cells preincubated (45 min) with 10 μ M apigenin, there was no significant change in [¹²⁵I] α -bungarotoxin binding. The apparent affinity (K_D) of the receptor for [¹²⁵I] α -bungarotoxin was 1.18 \pm 0.29 and 1.03 \pm 0.32 pM for controls and apigenin, respectively (n = 14 in 3 experiments; ANOVA, p = 0.097). In line with this finding, Scatchard analysis of saturation binding data indicated that Bmax values in the absence and presence of apigenin (10 μ M) were not changed significantly (Figure 3C). The Bmax values were 1.73 \pm 0.09 pmol/mg in controls and 1.71 \pm 0.11 pmol/mg in the presence of apigenin (n = 11 measurement from 3 experiments, ANOVA, p = 0.086). Finally, we tested the effects of 10 μ M genistein, gossypetin, kaempferol, luteolin, phloretin, and quercetin on [¹²⁵I] α -bungarotoxin binding. Similarly to apigenin, these polyhydroxy flavonoids did not change [¹²⁵I] α -bungarotoxin binding in SH-EP1 cells (Figure 3D).

4. Discussion

In the present study, we provide evidence that flavonoids, such as apigenin, genistein, gossypetin, kaempferol, luteolin, phloretin, and quercetin, allosterically potentiate human α 7-nACh receptors expressed in SH-EP1 cells. In addition, we present some important physicochemical parameters suggested to be useful in selecting oral drug candidates to facilitate drug discovery and development processes [22,26]. In this context, water-solubility (clogS), lipophilicity (clogP), molecular weight (MW), drug-likeness score, and topological polar surface area (TPSA), parameters closely related to Lipinski's rule, were calculated for the current panel of tested compounds (Figure 1) by applying the Osiris Property explorer and the Molinspiration property calculation toolkit (Table 1) [26,27]. The clogS value indicating the drug solubility affects its absorption and distribution properties. Accordingly, the solubility of the tested compounds was found in an acceptable range (<-4 clogS). In addition to solubility, drug-likeness scores and the lipophilicity-related physicochemical parameters, such as clogP, have been shown to modify drug potency, pharmacokinetics, and toxicity, and are recognized as useful tools in the lead optimization process [21,23,26]. Consequently, ligands with a clogP < 5 were suggested to present more promising druglikeness profile [28,29]. Among the current panel of tested compounds, the clogP values were calculated as <5 suggesting the suitability of the compounds for oral administration (Table 1). The TPSA values have also been used in development of a successful drug candidate. In general, compounds with TPSA values > 60 Å^2 are considered poorly membrane-permeable molecules with relatively decreased CNS bioavailability [22,26]. Among the tested polyphenol flavonoids, the calculated TPSA values were in the range of 77–131 Å², suggesting physicochemical parameters expected from drug-like compounds, especially regarding TPSA (Table 1). Another numerical value useful in drug development process is the drug-likeness model score which signifies a combined result of physicochemical, pharmacokinetic, and pharmacodynamic properties of the compound [22]. Thus, ligands having zero or negative values are considered less suitable as a drug-like candidate. In this study, all flavonoids, except for phloretin, have drug-likeness scores in the range of 0.67–1.91; with apigenin, luteolin, and quercetin showing maximum-likeness scores of 1.12, 1.91, 1.64, respectively (Table 1; Figure 1).

Preincubation with apigenin did not alter the extent of its effect, and co-application with ACh was sufficient for potentiation of ACh-induced Ca²⁺ transients, suggesting that membrane partitioning and/or the phosphorylation of the α 7-nACh receptor are not required for the observed effect. Importantly, positive modulatory effect of apigenin was significantly diminished by increasing concentrations of ACh. It is possible that desensitized α 7-nACh receptors at high ACh concentrations have lower affinity to apigenin. In line with this hypothesis, after complete desensitization of α 7-nACh receptors with (100 μ M ACh for 1 min), apigenin failed to potentiate Ca²⁺ transients (data not shown, n = 3).

Moreover, other polyhydroxy flavonoids tested also potentiated ACh-induced Ca²⁺ transients with potency order of genistein > gossypetin > kaempferol > luteolin, phloretin, and quercetin. Radioligand binding experiments indicate that apigenin and other flavonoids does not alter [¹²⁵I] α -bungarotoxin binding suggesting that these compounds act as allosteric modulators of the α 7-nACh receptor. These results confirm earlier findings with genistein and quercetin [17–19], and identify apigenin, and other flavonoids, as likely PAM of the human α 7-nACh receptor. The PAMs are promising therapeutic agents since they maintain the temporal and spatial characteristics of the endogenous activation of the receptor and are usually more selective than agonists [1].

Combining these results, apigenin and structurally related other polyhydroxy flavonoids revealed promising drug-likeness values, and underlined a role for polyphenol flavonoids in the regulation of α 7-nACh receptor signaling and their potential clinical use in conditions ranging from the treatment of pain and inflammation to alleviating neurodegenerative disorders.

Author Contributions: Conceptualization, M.O., W.S. and B.S.; methodology, W.S. and K.-H.S.Y.; software, B.S.; formal analysis, M.O., K.-H.S.Y. and W.S.; investigation, W.S., K.-H.S.Y. and M.O.; writing, M.O. and B.S. All authors have read and agreed to the published version of the manuscript.

Funding: This study was supported partially by grants from Kuwait University-The Kuwait Foundation for the Advancement of Sciences (KFAS).

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: All data are included in the manuscript.

Acknowledgments: The authors gratefully acknowledge R Lukas (Barrow Neurological Institute, Phoenix, AZ, USA) for SH-EP1 cells stably expressing the human α7 nACh receptor.

Conflicts of Interest: The authors declare no conflict of interest.

References

- Bouzat, C.; Lasala, M.; Nielsen, B.E.; Corradi, J.; Esandi, M.D.C. Molecular function of α7 nicotinic receptors as drug targets. *J. Physiol.* 2018, 596, 1847–1861. [CrossRef]
- Oz, M.; Lorke, D.E.; Yang, K.H.; Petroianu, G. On the interaction of β-amyloid peptides and α7-nicotinic acetylcholine receptors in Alzheimer's disease. *Curr. Alzheimer Res.* 2013, 10, 618–630. [CrossRef] [PubMed]
- Merecz-Sadowska, A.; Sitarek, P.; Śliwiński, T.; Zajdel, R. Anti-Inflammatory Activity of Extracts and Pure Compounds Derived from Plants via Modulation of Signaling Pathways, Especially PI3K/AKT in Macrophages. *Int. J. Mol. Sci.* 2020, 21, 9605. [CrossRef] [PubMed]
- Shin, S.A.; Joo, B.J.; Lee, J.S.; Ryu, G.; Han, M.; Kim, W.Y.; Park, H.H.; Lee, J.H.; Lee, C.S. Phytochemicals as Anti-Inflammatory Agents in Animal Models of Prevalent Inflammatory Diseases. *Molecules* 2020, 25, 5932. [CrossRef] [PubMed]
- 5. Egbuna, C.; Kumar, S.; Ifemeje, J.C.; Ezzat, S.M.; Kaliyaperuma, S. *Phytochemicals as Lead Compounds for New Drug Discovery*; Elsevier: Amsterdam, The Netherlands, 2020.
- 6. Ullah, A.; Munir, S.; Badshah, S.L.; Khan, N.; Ghani, L.; Poulson, B.G.; Emwas, A.H.; Jaremko, M. Important Flavonoids and Their Role as a Therapeutic Agent. *Molecules* **2020**, *25*, 5243. [CrossRef] [PubMed]
- Oz, M.; Lozon, Y.; Sultan, A.; Yang, K.H.; Galadari, S. Effects of monoterpenes on ion channels of excitable cells. *Pharmacol. Ther.* 2015, 152, 83–97. [CrossRef] [PubMed]
- Ashoor, A.; Nordman, J.C.; Veltri, D.; Yang, K.H.S.; Al Kury, L.; Shuba, Y.; Mahgoub, M.; Howarth, F.C.; Sadek, B.; Shehu, A.; et al. Menthol binding and inhibition of α7-nicotinic acetylcholine receptors. *PLoS ONE* 2013, *8*, e67674. [CrossRef]
- Sultan, A.; Yang, K.S.; Isaev, D.; Nebrisi, E.E.; Syed, N.; Khan, N.; Howarth, C.F.; Sadek, B.; Oz, M. Thujone inhibits the function of α7-nicotinic acetylcholine receptors and impairs nicotine-induced memory enhancement in one-trial passive avoidance paradigm. *Toxicology* 2017, 384, 23–32. [CrossRef]
- Lozon, Y.; Sultan, A.; Lansdell, S.J.; Prytkova, T.; Sadek, B.; Yang, K.S.; Howarth, F.C.; Millar, N.S.; Oz, M. Inhibition of human α7 nicotinic acetylcholine receptors by cyclic monoterpene carveol. *Eur. J. Pharmacol.* 2016, 776, 44–51. [CrossRef]
- Alzaabi, A.H.; Howarth, L.; El Nebrisi, E.; Syed, N.; Susan Yang, K.H.; Howarth, F.C.; Oz, M. Capsaicin inhibits the function of α7-nicotinic acetylcholine receptors expressed in Xenopus oocytes and rat hippocampal neurons. *Eur. J. Pharmacol.* 2019, 857, 172411. [CrossRef]
- Mahgoub, M.; Yang, K.H.S.; Ashoor, A.; Kabbani, N.; Al Kury, L.; Sadek, B.; Howarth, C.F.; Isaev, D.; Galadari, S.; Oz, M. Effects of cannabidiol on the function of α7-nicotinic acetylcholine receptors. *Eur. J. Pharmacol.* 2013, 720, 310–319. [CrossRef]

- Nurulain, S.; Prytkova, T.; Sultan, A.M.; Ievglevskyi, O.; Lorke, D.; Yang, K.H.; Petroianu, G.; Howarth, F.C.; Kabbani, N.; Oz, M. Inhibitory actions of bisabolol on α7-nicotinic acetylcholine receptors. *Neuroscience* 2015, 306, 91–99. [CrossRef]
- Nebrisi, E.E.; Al Kury, L.T.; Yang, K.S.; Jayaprakash, P.; Howarth, F.C.; Kabbani, N.; Oz, M. Curcumin potentiates the function of human α₇-nicotinic acetylcholine receptors expressed in SH-EP1 cells. *Neurochem. Int.* 2018, *114*, 80–84. [CrossRef]
- 15. Nebrisi, E.E.; Bagdas, D.; Toma, W.; Al Samri, H.; Brodzik, A.; Alkhlaif, Y.; Yang, K.H.S.; Howarth, F.C.; Damaj, I.M.; Oz, M. Curcumin acts as a positive allosteric modulator of α7-nicotinic acetylcholine receptors and reverses nociception in mouse models of inflammatory pain. *J. Pharmacol. Exp. Ther.* **2018**, *365*, 190–200. [CrossRef]
- El Nebrisi, E.; Javed, H.; Ojha, S.K.; Oz, M.; Shehab, S. Neuroprotective Effect of Curcumin on the Nigrostriatal Pathway in a 6-Hydroxydopmine-Induced Rat Model of Parkinson's Disease is Mediated by α7-Nicotinic Receptors. *Int. J. Mol. Sci.* 2020, 21, 7329. [CrossRef] [PubMed]
- Ximenis, M.; Mulet, J.; Sala, S.; Sala, F.; Criado, M.; González-Muñiz, R.; Pérez de Vega, M.J. Natural Polyhydroxy Flavonoids, Curcuminoids, and Synthetic Curcumin Analogs as α7 nAChRs Positive Allosteric Modulators. *Int. J. Mol. Sci.* 2021, 22, 973. [CrossRef] [PubMed]
- Lee, B.H.; Choi, S.H.; Shin, T.J.; Pyo, M.K.; Hwang, S.H.; Kim, B.R.; Lee, S.M.; Lee, J.H.; Kim, H.C.; Park, H.Y.; et al. Quercetin enhances human α7 nicotinic acetylcholine receptor-mediated ion current through interactions with Ca²⁺ binding sites. *Mol. Cells* 2010, *30*, 245–253. [CrossRef] [PubMed]
- 19. Nielsen, B.E.; Bermudez, I.; Bouzat, C. Flavonoids as positive allosteric modulators of α7 nicotinic receptors. *Neuropharmacology* **2019**, *160*, 107794. [CrossRef] [PubMed]
- Kuntz, I.D.; Chen, K.; Sharp, K.A.; Kollman, P.A. The maximal affinity of ligands. Proc. Natl. Acad. Sci. USA 1999, 96, 9997–10002. [CrossRef] [PubMed]
- 21. Leeson, P.D.; Springthorpe, B. The influence of drug-like concepts on decision-making in medicinal chemistry. *Nat. Rev. Drug Discov.* **2007**, *6*, 881–890. [CrossRef] [PubMed]
- 22. Hopkins, A.L.; Groom, C.R.; Alex, A. Ligand efficiency: A useful metric for lead selection. *Drug Discov. Today* 2004, *9*, 430–431. [CrossRef]
- 23. Hou, T.; Wang, J.; Zhang, W.; Xu, X. ADME evaluation in drug discovery. 6. Can oral bioavailability in humans be effectively predicted by simple molecular property-based rules? *J. Chem. Inf. Model.* **2007**, *47*, 460–463. [CrossRef]
- Spivak, C.E.; Lupica, C.R.; Oz, M. The endocannabinoid anandamide inhibits the function of α4β2 nicotinic acetylcholine receptors. *Mol. Pharmacol.* 2007, 72, 1024–1032. [CrossRef]
- Zhao, L.; Kuo, Y.P.; George, A.A.; Peng, J.H.; Purandare, M.S.; Schroeder, K.M.; Lukas, R.J.; Wu, J. Functional properties of homomeric, human α7-nicotinic acetylcholine receptors heterologously expressed in the SH-EP1 human epithelial cell line. *J. Pharmacol. Exp. Ther.* 2003, 305, 1132–1141. [CrossRef] [PubMed]
- 26. Meanwell, N.A. Improving drug candidates by design: A focus on physicochemical properties as a means of improving compound disposition and safety. *Chem. Res. Toxicol.* **2011**, *24*, 1420–1456. [CrossRef] [PubMed]
- Tarcsay, A.; Nyiri, K.; Keseru, G.M. Impact of lipophilic efficiency on compound quality. J. Med. Chem. 2012, 55, 1252–1260. [CrossRef]
- 28. Schreeb, A.; Walter, M.; Odadzic, D.; Schwed, J.S.; Weizel, L.; Stark, H. Piperazine modification in 2,4,6-triaminopyrimidine derivatives as histamine H₄ receptor ligands. *Die Pharm. Int. J. Pharm. Sci.* **2013**, *68*, 521–525. [CrossRef]
- 29. Shultz, M.D. Improving the plausibility of success with inefficient metrics. ACS Med. Chem. Lett. 2014, 5, 2–5. [CrossRef]