# **LIBERTY A Review of the Socio-ecological Determinants of Maternal Mortality** UNIVERSITY among African American Women Lili Morgan, Michala Geraty, Michelle Salinas, Katherine Riley, Nicole Abrahamsen, Baraka Muvuka, M.P.H, Ph.D

# Background

- The US reports approximately 700 maternal deaths annually, over 60% of which are preventable.<sup>1,2</sup>
- The US Maternal Mortality Ratio increased from 12.7 to 17.4 per 100 000 live births between 2007 and 2018.<sup>1</sup>
- □Non-Hispanic (NH) Black women are 2.5 times and 3 times more likely to die than NH White women and Hispanic women, respectively.<sup>1</sup>
- Research focused on individual-level factors has failed to fully explain the inequities in maternal mortality.<sup>3</sup>
- Understanding the socio-ecological contributing factors is fundamental in developing multi-level and sustainable population health interventions to improve maternal health among African American women.

# **Research Question**

- □ This review synthesizes the multi-level determinants of maternal mortality among non-Hispanic Black/African American women using the Socio-ecological Model.
- **Review question:** What factors contribute to maternal mortality among non-Hispanic Black/African American women?

# Methods

□ Systematic search in PubMed, CINAHL, and PsycInfo □ Search Statement: (((("maternal mortality" OR "pregnancy-related death" OR "maternal death" OR "pregnancy-related mortality" OR "pregnancy complications") AND ("determinants" OR "social determinants" OR "predictors" OR "risk factors" OR "ecological" OR "contributing factors") AND ("African American" OR "Black" OR "non-Hispanic Black" OR "disparities" OR "race" OR "racial differences") AND ("United States"))))

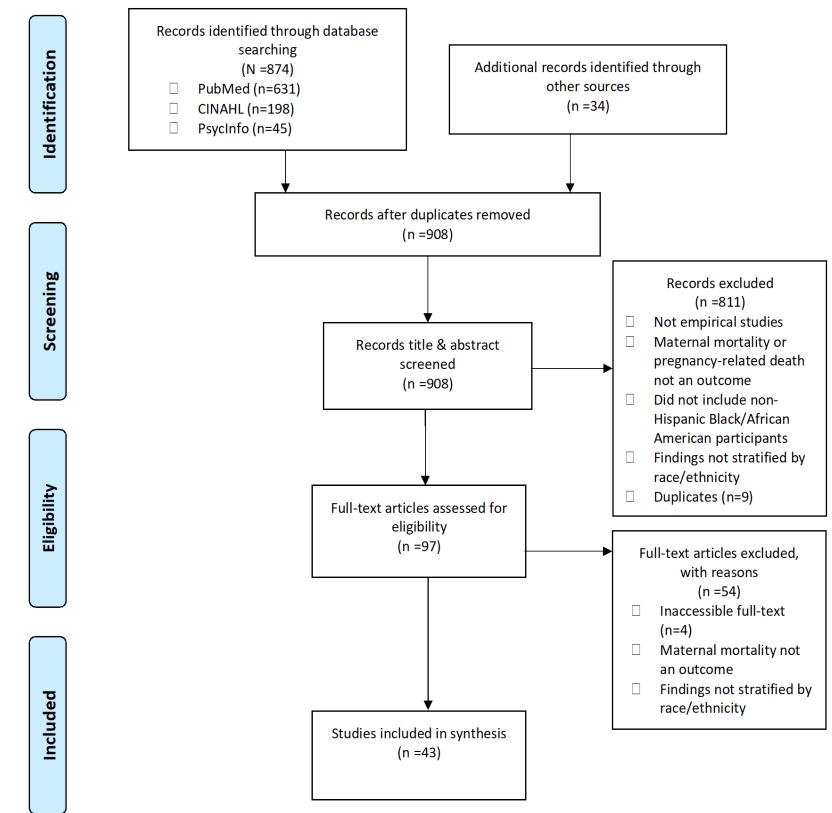


Figure 1. PRISMA Flowchart of the Search Process

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# Results

**Tables 1-3.** Characteristics of Studies Included in the Integrative Review

uthor, Year	Study Design
gbemenu et al., 2019	Case series
l-Ostad et al., 2015	Population-based cohort
nderson et al., 2004	Case series
erg et al., 2010	Case series
erg et al., 2003	Case series
ooker et al., 2018	Retrospective cohort
rown et al., 2011	Retrospective case series
ampbell et al., 2013	Retrospective case series
hang et al., 2005	Case series
reanga et al., 2014	Retrospective case series
annenberg et al., 1995	Retrospective case series
ndler et al., 1988	Retrospective case series
ang et al., 2000	Retrospective case series
ranks et al., 1990	Retrospective case series

Author, Year	Study Design	Author, Year	Study Design
Goffman et al., 2007	Case control	Meeks et al., 2020	Cohort crossover
Hameed et al., 2015	Case series	Mehta et al., 2020	Retrospective observational
Harper et al., 2004	Case-control	Miller et al., 2020	Cross sectional
Howell et al., 2013	Retrospective case series	Moadabb et al., 2018	Retrospective observational
James et al., 2005	Case series	Nelson et al., 2018	Retrospective analysis
		Oyana et al., 2015	Retrospective analysis
Kaplowitz et al., 2017	Prospective cohort	Petersen et al., 2019	Retrospective analysis
Kendle et al., 2019	Case series	Rosenberg et al., 2006	Case-control
Koonin et al., 1997	Case series	Saftlas et al., 2000	Nested case control
Koonin et al., 1988	Case series	Singh, 2021	Retrospective analysis
Lawson et al., 1994	Retrospective case series	Singh et al., 2021	Retrospective analysis
Leonard et al., 2019	Retrospective cohort	Stultberg et al., 2016	Retrospective case series
Limaye et al., 2019	Retrospective cohort	Tucker et al., 2007	Retrospective analysis
Macdorman et al., 2017	Observational	Tripathi et al., 2019	Retrospective cohort
Mackay et al., 2001	Retrospective case series	Vilda et al., 2019	Ecological



- Public vs. private health insurance
- Inadequate & inequitable social policies
- Reproductive injustice
- Structural racism & discrimination

### Community

- Cumulative stress & weathering
- Concentrated poverty
- Neighborhood violence
- Limited access to health facilities
- Geographic inequities in health care quality

**Public Policy** 

Community

Organizational

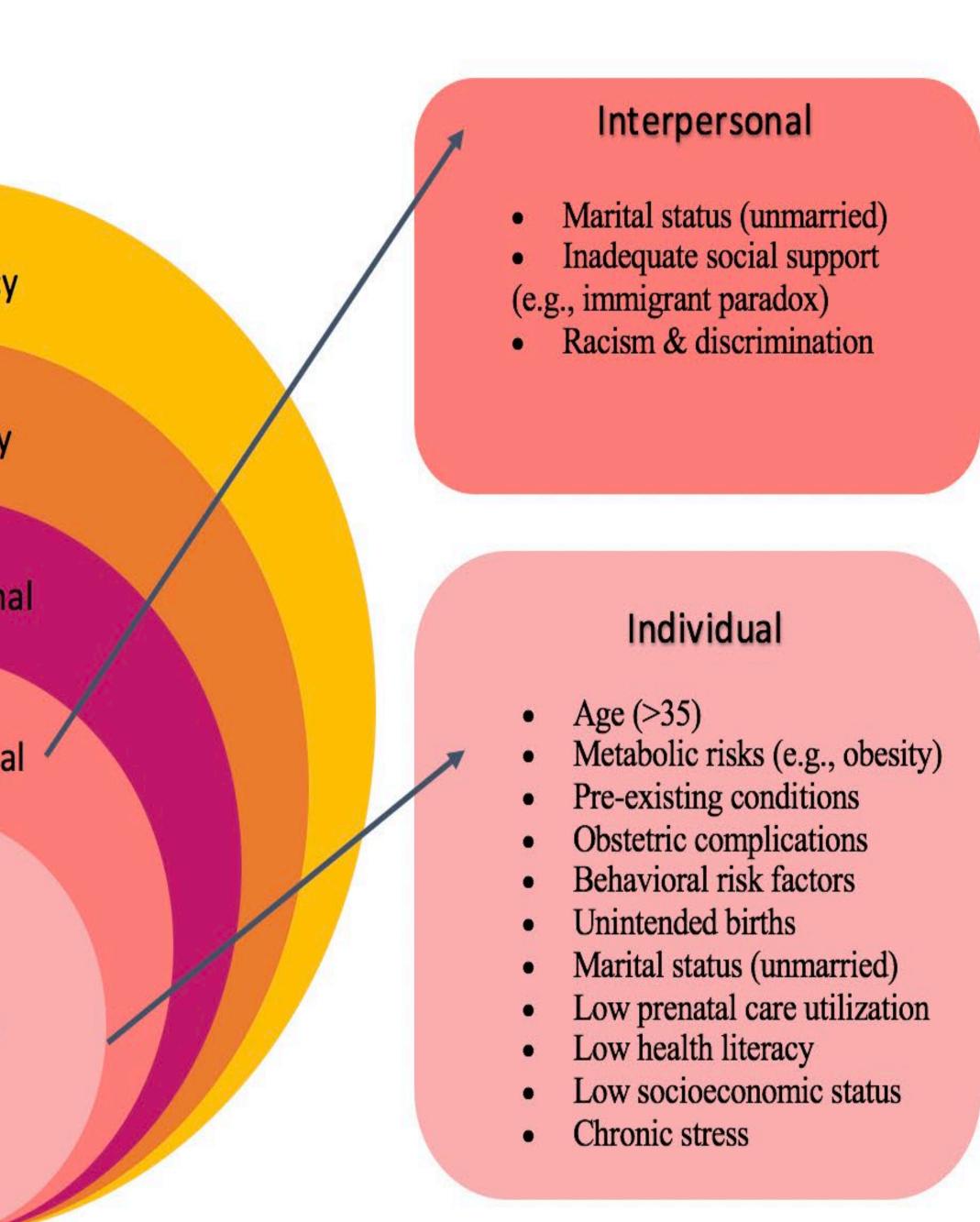
Interpersonal

### Organizational

- Low quality of care in Black-serving hospitals
- Inequitable prenatal care (quantity & quality)
- Implicit racial bias in healthcare
- Limited preventive & preconception care
- Poor access to specialty care
- One-size-fits-all prenatal care models
- Overmedicalization

Individual

Figure 2. Synthesis of the Socio-ecological Determinants of Maternal Mortality among African American Women



# Conclusion

- □ The Socio-Ecological Model enabled a comprehensive synthesis of the individual, interpersonal, organizational, community, and policy-level determinants of maternal mortality among African American women.
- □ At the individual level, African American women experience higher rates of chronic conditions, pregnancy complications, and socio-economic disadvantage (measured by income and education) than white women.
- □ The individual-level factors are influenced by stronger, higher-level determinants such as poor quality of care in Black-serving hospitals, structural racism and discrimination, poor neighborhood conditions, health insurance, and the lack of supportive policies.
- □ In conclusion, the disproportionate burden of maternal mortality among African Americans is rooted in inequitable policies, structures, and practices that perpetuate greater levels of social disadvantage, health issues, cumulative stress, limited access to health resources, and low-quality care among African American women over their life course and throughout pregnancy.

# **Future Work**

#### 1. Practice

Develop culturally-appropriate, accessible, and quality comprehensive maternal health services

### 2. Policy

□ Establish equitable social, economic, and health policies

### 3. Research

□ Increase research on distal determinants of maternal mortality among African Americans, their interactions, and their influence on proximal determinants.

# References

- Hoyert DL, Miniño AM. Maternal Mortality in the United States: Changes in Coding, Publication, and Data Release, 2018. Natl Vital *Stat Rep.* 2020;69(2):1-18.
- Building U.S. Capacity to Review and Prevent Maternal Deaths. Report from nine maternal mortality review committees; 2018. https://reviewtoaction.org/Report\_from\_Nine\_MMRCs. Accessed March 14, 2021
- Crear-Perry J, Correa-de-Araujo R, Lewis Johnson T, McLemore MR, Neilson E, Wallace M. Social and Structural Determinants of Health Inequities in Maternal Health. J Womens Health (Larchmt). 2021;30(2):230-235. doi:10.1089/jwh.2020.8882