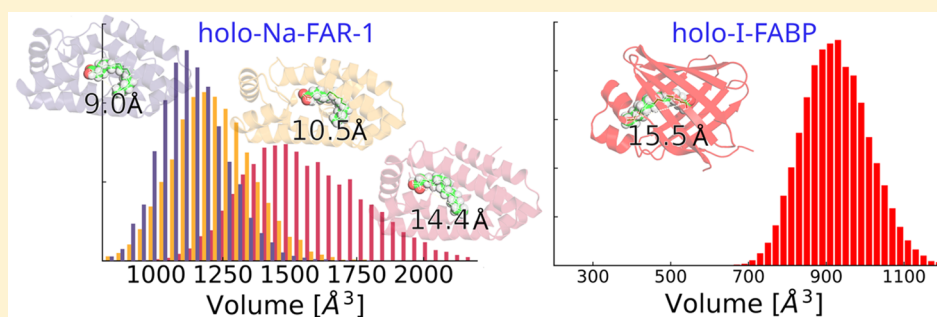# Fatty Acid and Retinol-Binding Protein: Unusual Protein Conformational and Cavity Changes Dictated by Ligand Fluctuations

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S *Supporting Information*

ABSTRACT: Lipid-binding proteins (LBPs) are soluble proteins responsible for the uptake, transport, and storage of a large variety of hydrophobic lipophilic molecules including fatty acids, steroids, and other lipids in the cellular environment. Among the LBPs, fatty acid binding proteins (FABPs) present preferential binding affinities for long-chain fatty acids. While most of FABPs in vertebrates and invertebrates present similar β-barrel structures with ligands accommodated in their central cavity, parasitic nematode worms exhibit additional unusual α-helix rich fatty acid- and retinol-binding proteins (FAR). Herein, we report the comparison of extended molecular dynamics (MD) simulations performed on the ligand-free and palmitic acid-bond states of the *Necator americanus* FAR-1 (Na-FAR-1) with respect to other classical β-barrel FABPs. Principal component analysis (PCA) has been used to identify the different conformations adopted by each system during MD simulations. The α-helix fold encompasses a complex internal ligand-binding cavity with a remarkable conformational plasticity that allows reversible switching between distinct states in the holo-Na-FAR-1. The cavity can change up to one-third of its size affected by conformational changes of the protein−ligand complex. Besides, the ligand inside the cavity is not fixed but experiences large conformational changes between bent and stretched conformations. These changes in the ligand conformation follow changes in the cavity size dictated by the transient protein conformation. On the contrary, protein−ligand complex in β-barrel FABPs fluctuates around a unique conformation. The significantly more flexible holo-Na-FAR-1 ligand-cavity explains its larger ligand multiplicity respect to β-barrel FABPs.

1. INTRODUCTION

Hydrophobic lipophilic molecules like fatty acids, steroids, retinoids, and their derivatives participate in a large variety of functions within a cell, including energy storage, signaling, regulation of gene expression, hormonal roles, and membrane permeability regulation among others. Their insolubility in water and their potential oxidative degradation require their coordinated transport and availability, protection and regulation throughout the hydrophilic intracellular environment. Soluble lipid-binding proteins (LBPs) are a group of abundant proteins that are responsible for these tasks throughout the aqueous environment inside numerous types of cells[1] and body fluids of different organisms.[2] Helminth parasites have a restricted lipid metabolism and must acquire simple and complex lipids from their hosts,[3] therefore LBPs probably

perform very important functions for parasite growth and development.

Fatty acid and retinol binding proteins (FARs) are LBPs that have been described as components of E/S fluids from parasitic nematodes[4−7] and they are hypothesized to play essential roles in lipid acquisition and distribution of nutrients as well as potential dampening of host's immune response.[8,9] FARs together with nematode polyprotein/allergens (NPAs)[10] are small (14−20 kDa), helix rich proteins that bind retinol and fatty acids and have no recognizable counterparts in other animal groups.[2] Given these characteristics, FARs have been proven to be useful for serodiagnosis and experimental

A

50 vaccines.[11−13] Moreover, there is evidence that FARs from
51 filarial nematodes are able to bind anthelmintic drugs.[14,15]

52   Hookworm disease is a highly debilitating helminth infection
53 that is related to iron deficiency anemia (IDA) in tropical
54 developing countries with an estimated prevalence of 451
55 million cases that cause 1.6 million years lived with disability
56 (YLD).[16] *Necator americanus*, together with *Ancylostoma*
57 *duodenale* and *Ancylostoma ceylanicum*, are the causative agents
58 for the above mention "hookworm disease". It is important to
59 note that *N. americanus* is responsible for the majority of cases
60 worldwide. This parasitosis has been successfully eradicated
61 from developed countries by mass drug treatments and by
62 economic development.[17] Nevertheless the levels of disease
63 burden remains high in many low middle income countries like
64 the north region of Argentina.[18]

65   FARs occur in several isoforms, and Na-FAR-1 has been
66 found to be highly expressed in the adult form.[19,20] At the
67 present time, two orthologues FAR structures were solved, one
68 from *Necator americanus* (Na-FAR-1 by protein nuclear
69 magnetic resonance (NMR) and X-ray crystallography; PDB:
70 4UET and 4XCP, respectively)[20] and another from *Caeno-*
71 *rhabditis elegans* (Ce-FAR-7, by X-ray crystallography; PDB:
72 2W9Y).[21] Both present similar overall α helix-rich structures
73 with certain structural differences. Particularly, the size and
74 shape of their internal cavities are different, denoting
75 differences in their ligand selectivity. Na-FAR-1, in either its
76 apo- and holo-conformations, presents a larger and more
77 complex internal ligand-binding cavity.[20]

78   Among soluble LBPs, another interesting group is the fatty
79 acid binding proteins (FABPs) family presenting preferential
80 binding affinities for long-chain fatty acids.[22−27] While FARs
81 have been found exclusively in nematodes[28] FABPs can be
82 found in vertebrates and invertebrates. Despite their low
83 sequence identity and their functional divergence, probably
84 related to their particular lipid-binding preferences, they share
85 a common tertiary structure.[29,30] They all have similar β-barrel
86 structures that encase the bound fatty acid. The volume of the
87 inner ligand-binding cavity is determined by the side chains of
88 the residues that define the molecular surface enclosing it.
89 These residues vary between the different FABP types, and
90 they determine the ligand specificity of the cavity. Various
91 single point mutations, performed on residues lining the cavity
92 of different FABP types, have shown to modify the protein
93 conformational stability, ligand specificity and affinity.[31−36]
94 Several studies, based on crystal and solution analysis,
95 predicted the way FAs enter and leave the FABP binding
96 site;[24,37] this is fundamental to understanding the molecular
97 mechanism of ligand selection and delivery in FABPs.[38,26,39−42]
98 These works have shown the importance of certain residues
99 and domains in the protein dynamics, confirming observations
100 performed by different experimental methods and allow to
101 hypothesize about these protein's proposed functions in the
102 cell. While nematodes also produce β-barrel FABPs, the
103 reasons why nematodes have specialized in the use of α-helix
104 rich proteins remain unclear.

105   An understanding of how the conformational diversity of
106 FARs contributes to their ligand multiplicity, varying the
107 relative affinities for different hydrophobic lipophilic mole-
108 cules, could enlighten their roles in parasitism and suggest
109 possible targets for therapeutic interventions. Fluorescence-
110 based ligand-binding assays and titration of Na-FAR-1 with
111 sodium oleate monitored by NMR reveal its high ligand
112 multiplicity.[20] These studies suggest the higher propensity of

the α-helical fold to bind a larger variety and quantity of FAs 113
and other lipid classes than the β-barrel fold. Besides, Na-FAR- 114
1 ligand-binding induces substantial chemical shift changes for 115
residues throughout the protein, indicating significant con- 116
formational changes that allow the structure to expand. 117

   Molecular dynamics (MD) simulations[43−46] combined with 118
principal component analysis (PCA)[47−51] provide a framework 119
for decomposing the complexity of proteins motions into 120
decoupled individual contributions. PCA is a useful multi- 121
variate statistical method that has been applied to reduce the 122
number of dimensions needed to describe protein dynamics. 123
This combination of MD and PCA has recently been applied 124
to develop a procedure that reveals the existence of 125
correlations between the dynamics of cavities and struc- 126
tures.[52,53] Besides, MD simulations have shown to be the 127
adequate computation method to reveal several dynamic and 128
functional aspects of LBPs,[54,55,40,56] like ligand entry and leave 129
pathways and complex formation,[26,39,57] and binding-relevant 130
intermediate states.[42] Moreover, MD simulation of the 131
flexibility of the internal cavity has shown to be a requirement 132
for a good simulation of ligand-LBPs affinities.[58] 133

   Herein we explore the structure-dynamics-function relation- 134
ship of Na-FAR-1 using long molecular dynamics simulations 135
combined with PCA in its apo- and holo-forms. We analyze its 136
plasticity and the impact of the different conformations on the 137
ligand-binding cavity volume. We were focused on the 138
dynamics relationships between protein fluctuations, cavity 139
changes, and the enclosed ligand different conformations. A 140
comparison of our results with those obtained from MD 141
simulations of the rat intestinal fatty-acid-binding protein (I- 142
FABP) with the typical FABP β-barrel fold, and the orthologue 143
Ce-FAR-7 is performed. Our analysis reveals that Na-FAR-1 144
encompasses a complex internal ligand-binding cavity with a 145
remarkable conformational plasticity that allows reversible 146
switching between distinct states according with the enclosed 147
ligand different conformations. 148

2. METHODS

2.1. Molecular Dynamics simulations. Molecular 149
dynamics (MD) simulations were performed for Na-FAR-1 150
and I-FABP, both in their apo- and holo- forms with palmitate 151
in their binding pockets, and Ce-FAR-7 in its unligated form. 152
These were carried out with AMBER 16 software package,.[59,60] 153
Initial structures for each protein were obtained from the 154
protein data bank[61] (pdb id 4UET (no. of atoms = 23173) and 155
4XCP (no. of atoms= 22707) for apo- and holo-Na-FAR-1[20] 156
respectively, 1IFB[62] (no. of atoms = 15502) for apo-I-FABP, 157
2IFB[63] (np. of atoms = 15768) and 1URE[64] (no. of atoms = 158
16143) for holo-I-FABPs and 2W9Y[21] (no. of atoms 21528) 159
for apo- Ce-FAR-7). Each protein was solvated with explicit 160
water molecules in a rectangular periodic box large enough to 161
contain the protein and 10 Å of solvent on all sides. Ions are 162
added for charge neutralization. Periodic boundary conditions 163
and particle-mesh Ewald (PME) sums were applied. The 164
AMBER ff14SB[65,66] force field and the TIP3P[67] water model 165
were used in all simulations. Minimization of each system was 166
performed in two steps: first, constraints were applied to the 167
protein atoms and 200-steps of steepest-descent and 800-steps 168
of conjugate gradient minimization were run; then, constraints 169
are lifted and the same procedure were applied again. This was 170
followed by 400 ps of heating to reach the final temperature of 171
300 K. During heating a harmonic constraint of 25.0 (kcal/ 172
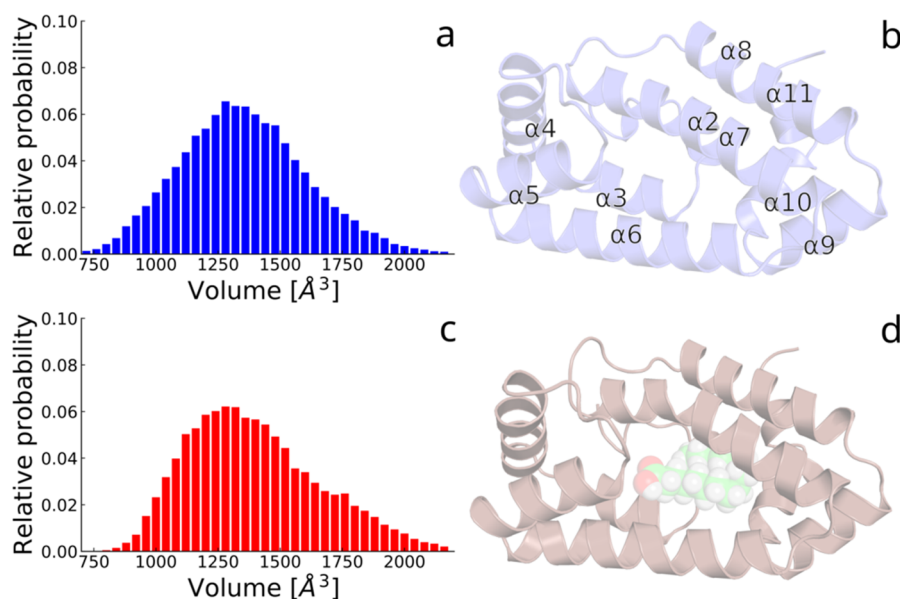mol)/Å^2 was applied to the protein atoms. The time step was 2 173

Figure 1. Averaged (b) *apo-* and (d) *holo*-structures for Na-FAR-1 obtained from the corresponding equilibrated MD simulations, indicating the main secondary structure elements (SSE) and the encompassed ligand cavity. Distribution of ligand cavity volumes, calculated over the set of structures collected during the equilibrated MD simulations of (a) *apo-* and (c) *holo*-Na-FAR-1.

fs, and the SHAKE algorithm was employed to constrain bonds involving hydrogen atoms. A cutoff of 10 Å was applied to nonbonded interactions. Systems were equilibrated for 7.8 ns at constant pressure gradually reducing the constraints every 100 ps until all restraints were lifted. After that, the systems were equilibrated at the constant temperature of 300 K using the Andersen barostat and the Langevin thermostat with a γ collision frequency of 2 ps^{-1} during 12.2 ns. Finally, 3-μs production MD runs were performed, during which configurations were collected at 10 ps intervals.

2.2. Principal Component Analysis. PCA is an extensively used statistical procedure to identify the essential dynamics from MD simulations[47−51,68] and, thereby, facilitate the study of long time dynamics. For the sake of consistency, we briefly review PCA below.

Herein, PCA modes $\mathbf{Q}_i$ are $3N$ orthogonal eigenvectors obtained as columns of the eigenvector matrix $\mathbf{L}$, that results after diagonalizing ($\mathbf{L}^T \mathbf{C} \mathbf{L} = \mathbf{\Lambda}$) the covariance matrix of atomic fluctuations $\mathbf{C}$ whose elements are defined as

$$C_{ij} = \langle q_i q_j \rangle = \frac{1}{K} \sum_{k=1}^{K} q_i^k q_j^k \qquad (1)$$

where the sum goes over the K configurations stored during previously equilibrated MD simulations, $q_i^k = \sqrt{m_i}(x_i^k - \langle x_i \rangle)$ is the mass-weighted internal displacement of Cartesian coordinate x_i^k of the ith atom ($i = 1, ..., N$; N = number of residues in the protein (C_α) with mass m_i, and the angular brackets represent the average obtained from the K configurations.[68] The elements of the diagonal matrix $\mathbf{\Lambda}$ represent the relative contribution of each PCA or essential mode (EM) to the overall fluctuation of the molecule. The eigenvectors are typically ordered according to descending eigenvalues, with the first PCA mode being the one with major contribution.

2.3. Ligand-Cavities: Definition, Volume, and Flexibility. Ligand-cavities have been defined by visual inspection of the average of equilibrated MD structures and previous

knowledge on each system. The complete list of residues lining the main ligand-binding cavity for each system is provided in the Supporting Information (Table S1).

Cavity volumes are calculated using our previously developed method,[53] particularly suited to measure changes in cavity volumes due to small atomic coordinate displacements in the direction of specific predefined directions of protein structural displacements. Following our previous works we make use of the volume gradient vector ($\nabla \mathbf{V}_{ol}$), defined as the vector of partial derivatives of the cavity volume in the basis of PCA modes $\{\mathbf{Q}_i\}_{i=1,3N}$, that is

$$\nabla \mathbf{V}_{ol} = \sum_{i=1}^{3N} c_i \mathbf{Q}_i = \sum_{i=1}^{3N} \frac{\partial V_{ol}}{\partial Q_i} \mathbf{Q}_i \qquad (2)$$

Within the frame of the quasi-harmonic analysis approximation,[69] the variation of the potential energy of a protein in the direction of $\nabla \mathbf{V}_o$ is defined as

$$\nabla E_{\nabla \mathbf{V}_{ol}} = \sum_{i=1}^{3N} \Delta E_{\mathbf{Q}_i} \qquad (3)$$

with

$$\Delta E_{\mathbf{Q}_i} = \frac{1}{2} k_i c_i^2 \Delta X^2 \qquad (4)$$

being $k_i = \frac{k_B T}{\lambda_i}$, k_B the Boltzmann constant and T the absolute temperature (300 K). ΔX represents a relative displacement in the direction of $\nabla \mathbf{V}_{ol}$. Therefore, we consider $\Delta E_{\nabla \mathbf{V}_{ol}}$ as measure of flexibility of the cavities.

3. RESULTS AND DISCUSSION

3.1. α-Helix Rich FARs. While most of FABPs present a β-barrel folding, FARs reveals an unusual α-helical fold. In the case of Na-FAR-1, it consists of a wedge-shaped structure composed of 11 helices with different lengths that enclose an internal ligand-binding cavity. The overall ligand-binding conformational change involve a global RMSD of 0.98 Å

237 between conformers, calculated from the α-carbons super-
238 position of averaged *apo-* and *holo-*structures obtained from the
239 corresponding equilibrated MD simulations (see Figure 1b,d).
240 Both *holo-*states for Na-FAR-1 and I-FABP are bound to a
241 single molecule of palmitate. It is important to note that this is
242 the preferred ligand of Na-FAR-1 in a biological environment[20]
243 The main structural distortions upon ligand binding are
244 localized on helices 3_{10}, α2, α7, α10 and the loops between 3_{10}-
245 α2, α2-α3, α4-α5, and α7-α8. Among these Secondary
246 Structure Elements (SSE), α4-α5 and α7-α8 have shown the
247 largest root-mean-square fluctuations (RMSF; see Figure S1)
248 during our MD simulations, particularly residues 39−45 in α4-
249 α5 loop and residues 100−103 in α7-α8 loop present the
250 largest relative flexibility. The structural change of α4-α5 loop
251 during ligand-binding is expected since this loop is part of the
252 single opening of the ligand-binding cavity, located between
253 this loop and helices α6 and α7. Besides this opening, α7-α8
254 loop has been previously proposed[20] as the main candidate to
255 participate of the ligand entrance through the portion of the
256 cavity accessible to solvent.

257 At this point it is interesting to note that the RMSD between
258 average holo- and apo- structures of Na-FAR-1 is only 1.58 Å.
259 Nevertheless, in a previous article,[70] we have pointed out that
260 small structural distortions can involve large changes in the
261 cavities of the proteins. Besides, in cases that proteins explore
262 multiple conformers during MD simulations, the average
263 structural is not a good statistics. Therefore, in what follows,
264 the identification of different conformers and their impact on
265 the ligand-cavity is discussed.

266 A further inspection of the internal ligand-binding cavity can
267 be seen in Figure 1a,c where the distributions of cavity
268 volumes, calculated over the set of structures collected during
269 the equilibrated MD simulations of apo- and *holo-*Na-FAR-1,
270 are shown. Their average values are 1353 ± 254 and 1397 ±
271 266 Å^3 respectively. These values differ from the corresponding
272 940 and 2170 Å^3 calculated on the initial experimental
273 structures.[20] As we have pointed out previously, we define
274 internal cavities according to average structures obtained from
275 our MD simulations. The distributions shown in Figure 1a,c
276 are the result of the protein thermal fluctuations that can
277 involve different conformational changes throughout the 3-μs
278 of MD simulations. Fluctuations of helices that form the cavity
279 introduce relatively small protein structural rearrangements
280 that can lead to significant changes on the internal cavity size.[70]
281 Histograms shown in Figure 1a,c reveal that internal cavity can
282 duplicate its volume due to protein fluctuations. While the
283 distribution of volume cavities for *apo-*Na-FAR-1 corresponds
284 to a Gaussian distribution that can be associated with thermal
285 fluctuations around a unique protein conformation, this is not
286 the case for *holo-*Na-FAR-1.

287 Volume cavity changes can be associated with protein
288 fluctuations. Therefore, in order to elucidate this feature, MD
289 simulations were analyzed in terms of PCA. The first and
290 second PCA modes of *apo-* and *holo-*Na-FAR-1are shown in
291 Figure 2a,b. In both conformers, the first 2 modes involve the
292 concerted motion of residues located in helices α4, α5, the
293 loop between, and the C-term of the helix α7. In agreement
294 with previous experimental observations,[20] the last helix has
295 the most impact on cavity volume, while the former form the
296 ligand entrance gate (α4-α5 gate).

297 Figure 3a,b show the projection of the set of MD snapshots
298 of *apo-* and *holo-*Na-FAR-1 onto their corresponding first and
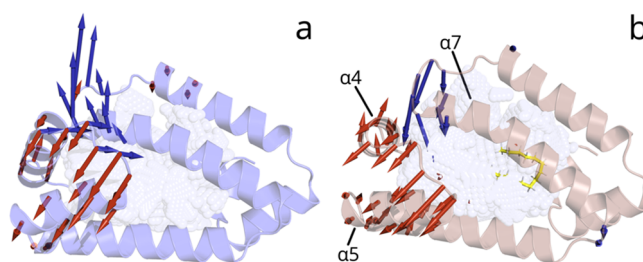299 second PCA modes. Thermal fluctuations of *apo-*Na-FAR-1 are

Figure 2. 1st (red) and 2nd (blue) PCA modes of (a) *apo-* and (b) *holo-*Na-FAR-1.
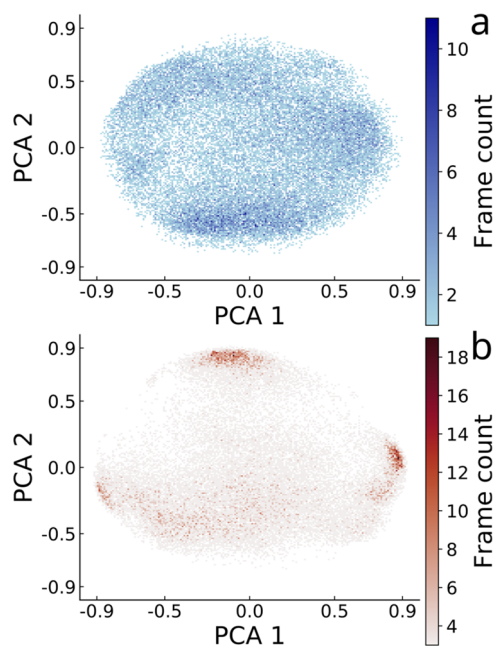

Figure 3. Contour density plots of the projection of the set of MD snapshots of (a) *apo-* and (b) *holo-*Na-FAR-1 onto their corresponding 1st and 2nd PCA modes.

300 revealed as gradual combinations of both modes without
301 showing significant prevalence of structural distortions in any
302 specific direction. That is, *apo-*Na-FAR-1 does not visit any
303 new conformation that persists a significant amount of time
304 during the MD simulation. On the contrary, we can observe
305 that *holo-*Na-FAR-1 actually evidence the existence of three
306 different conformers: two stable conformers presenting
307 structural distortions mainly in both senses of the direction
308 of the first PCA mode (conformers A and B), and a third
309 conformer C in the direction of the second PCA mode. The
310 projections of the set of MD snapshots of apo- and holo-Na-
311 FAR-1 onto their corresponding third PCA modes do not
312 show the existence of new stable conformers with structural
313 distortions in the direction of these modes (see Figure S2).
314 The major differences among conformers A, B, and C lie in the
315 α4-α5 gate and the helix α7. Conformer A's α7 helix is
316 relatively straightened, allowing the α4-α5 gate to close up. B's
317 α7 helix has a kink next to its C-term around ILE 104, which
318 displaces the α4-α5 gate. This kink is even steeper in
319 Conformer C. This kink is the main reason for the volume
320 decrease in conformers B and C (see Figure 4a). Therefore,
321 the distribution of internal cavity volumes shown in Figure 1c
322 can be interpreted as the contribution of three different
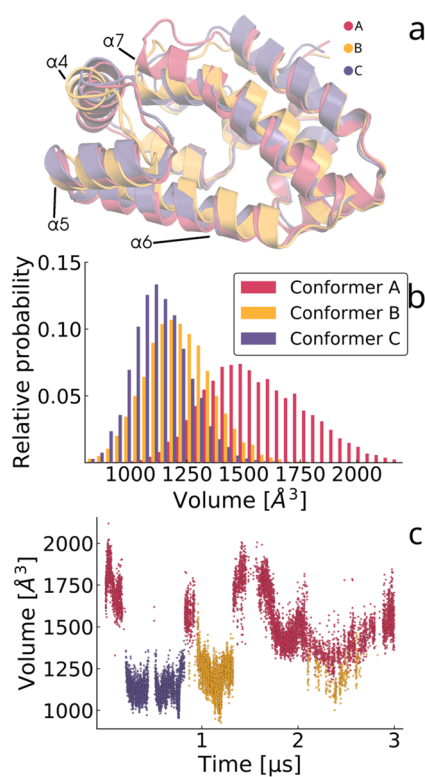323 conformations explored by *holo-*Na-FAR-1 during the MD

Figure 4. (a) Superposition of the three conformers (A, B, and C) of holo-Na-FAR-1; (b) distribution of cavity volumes for each of the conformers (A, B, and C) of holo-Na-FAR-1 during the MD simulation; (c) evolution in time of the cavity volume displaying the different contributions of each of the three A, B, and C conformers.

simulation. Figure 4b shows the distribution of cavity volumes for each of them. While two of the holo-Na-FAR-1conformers (B and C) enclose relative small internal cavities with average volumes of 1130 ± 126 and 1211 ± 150 Å^3, the other conformer (A) presents a large cavity of 1568 ± 222 Å^3. These results indicate that holo-Na-FAR-1 presents a remarkable conformational plasticity that drives a complex internal cavity dynamics. The three identified conformers are in dynamical equilibrium connected by conformational changes involving the first and the second PCA modes. Figure 4c shows the evolution in time of the cavity volume displaying the different contributions of each of the three conformers. Reversible interconversions between them can be observed during the MD simulation. These results are in complete agreement with our previous analysis of the apo and holo structures of Na-FAR-1 employing NMR spectroscopy.[20] In the referred work, NMR spectra of holo-Na-FAR-1 in solution, like those of other FAR proteins previously tested, were characterized by broad signal peaks indicative of multiple conformations and/or conformational exchange. However, apo-Na-FAR-1gave good solution NMR spectra which allowed the structure of apo-Na-FAR-1 to be determined. In the same work the ligand binding process was followed through NMR and showed that the protein exhibited slow exchange behavior through the addition of 1, 2, and 3 mol equiv of the ligand (oleate), which would suggest that the protein binds three ligands with high affinity. The higher plasticity of the protein after the incorporation of one molecule of ligand, as shown in the present work, would

eventually make the protein more susceptible to accept more ligand molecules.

In order to further understand the effect of higher conformational plasticity of holo-Na-FAR-1 respect to apo-Na-FAR-1 on the ligand binding, the dynamics of the ligand within the cavity has been explored. For this purpose, ligand structural fluctuations have been analyzed using PCA. Figure 5(a) shows the projection of the ligand structures, obtained
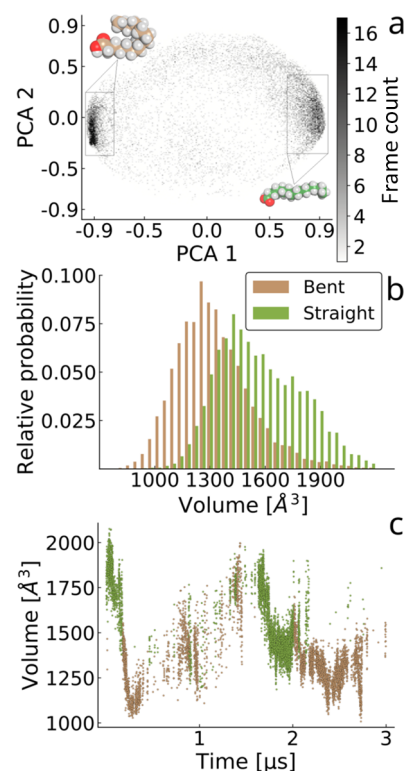

Figure 5. (a) Contour density plots of the projection of the palmitate structures, obtained from the set of MD snapshots of holo-Na-FAR-1, onto its 1st and 2nd PCA modes; (b) distribution of cavity volumes according to the conformation of the ligand encompassed in it; (c) evolution in time of the cavity volume displaying the different conformations adopted by the ligand.

throughout the MD simulation, onto its first and second PCA modes. Two distinctive ligand conformations represented by the structural distortions in both senses of the direction of the first PCA mode can be observed. They correspond to the bent and stretched conformations shown in Figure 5a. As can be seen in Figure 5b, the ligand fluctuates between them, being the stretched conformation associated with large cavity volumes while the bent one is observed within smaller cavity volumes (Figure 5c). That is, far from being fixed within the cavity, the ligand experiences large conformational changes associated with changes of cavity volume.

The relationship between the different holo-Na-FAR-1 conformers, with their corresponding associated changes in the internal cavity volume, and the different ligand conformations can be analyzed by depicting the distribution of distances between the extremes of the palmitate molecule, that is, the distance from the C atom of carboxyl group to the C atom of the methyl group (see Figure 6). We can observe that the stretched palmitate conformation is associated with the holo-Na-FAR-1 conformer (A) with the largest internal cavity and the straightened α7 helix to make room for the
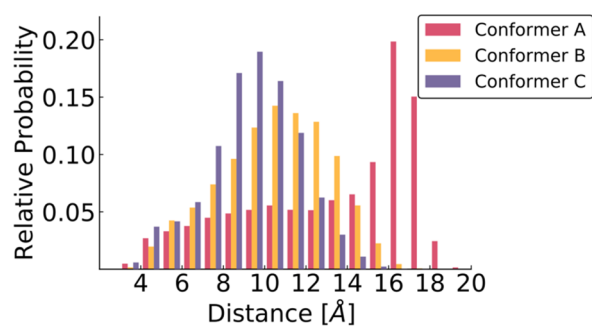
Figure 6. Distribution of distances between the extremes of the palmitate molecule for each of the conformers (A, B, and C) of *holo*-Na-FAR-1 during the MD simulation.

ligand, while the bent conformation is mainly present on the other two conformers (B and C). Since the three *holo*-Na-FAR-1 conformers are in dynamics equilibrium during the MD simulation (see Figure 4c), the ligand changes its conformation accordingly to the corresponding changes in the cavity sizes associated with each protein conformational change.

Finally, MD simulations have been performed on the orthologue Ce-FAR-7 in its *apo*-conformation. Figure 7b shows the average structure obtained from the corresponding equilibrated MD simulation. Ce-FAR-7 is an orthologue of Na-FAR-1 that, despite its similar overall fold, it presents an internal cavity different in size and shape respect to Na-FAR-1.[20] Therefore, a comparison of the relative flexibility of the ligand-binding cavities for Ce-FAR-7 and Na-FAR-1 can enlighten on the origin of the differences in their ligand binding and biological properties.

The RMSD between average *apo*-Na-FAR-1 and *apo*-Ce-FAR-7 is 2.77 Å. In agreement with *apo*-Na-FAR-1, Figure 7a shows that the distribution of its internal cavity volume can be associated with protein fluctuations around a unique conformation characterized by a free energy landscape with a relatively deep well. These results are in agreement with the observations made by Rey-Burusco et al.[20] where the estimated cavity for Ce-FAR-7 calculated revealed a much smaller size than for both forms of Na-FAR-1.

3.2. β-Barrel FABPs. While FARs exhibit α-helix rich folds, most FABPs present a typical FABP β-barrel fold that includes a small and displaced hydrophobic core and a cavity filled with water molecules. In order to understand how the different folds impact on the protein properties associated with the transport of a variety of ligands with different shapes and sizes, MD simulations have been performed on the rat intestinal fatty-acid-binding protein (I-FABP) in its *holo* and *apo* forms. The ligand-binding conformational change involves a structural

distortion with a RMSD = 1.00 Å. The average internal ligand-cavity is significantly smaller than Na-FAR-1, being 605 ± 145 and 926 ± 85 Å^3 for *apo*-I-FABP and *holo* I-FABP respectively (see Figure 8). We can observe that the distribution of cavity volumes for *apo*-I-FABP can be associated with the contribution of different conformations explored during the MD simulation. On the contrary, ligand-binding funnels *holo*-I-FABP onto a unique rigid state. These results are in good agreement with previous NMR measurements performed on human L-FABP[71] and rat I-FABP[72] that describe ligand binding as a transition of the protein structure from a slightly more disordered and flexible *apo*-state to a more ordered *holo*-state. Additionally, limited proteolysis experiments performed on apo- and holo- rat IFABP showed that the holo-form was resistant to overnight treatment while apo-IFABP was fully degraded.[73,74] This analysis have also been applied on cestodes FABPs yielding the same result.[75] Besides, the comparison of RMSF obtained during our MD simulations indicates larger fluctuations for the *apo*- than for the *holo*- I-FABP (see Figure S1). This is in good agreement with the results of Matsuoka et al.[40] where the authors show that the calculated RMSF values were less than 1.0 Å for almost all protein residues, indicating that this protein is rigid in the ligand-bound form. This increased mobility and discrete disorder in the *apo*-state may facilitate the entry of the ligand into the cavity.

PCA allows the identification of the different *apo*-I-FABP conformers and their corresponding effect on the volume of the internal cavity (see Figure 9a,b). Four different conformers, associated with different combinations of structural distortions in the directions of the first and second PCA modes, have been identified (see also Figure S3 and Figure S4). Two of them (A and B) are associated with smaller cavity volumes than the other two(C and D). Figures 9c shows that *apo*-I-FABP experiences multiple conformational changes throughout the MD simulation, indicating a relatively low energy barrier between its states. On the contrary, the projection of the set of MD snapshots of *holo*-I-FABP onto its first and second PCA modes does not reveal the existence of multiple conformers but rather a unique rigid state (see Figure S5). This is in agreement with the distribution of its cavity volumes, shown in Figure 8c, represented as a Gaussian distribution that can be associated with fluctuations around a unique minimum in the protein conformational space. Ligand binding seems to shift the conformational equilibrium of I-FABP to a unique conformation with a sufficiently deep well to ensure that a significant fraction of protein molecules are trapped fluctuating in it.

3.3. Relative Flexibility of the Ligand-Cavities. The different FARs and FABPs analyzed in this study have shown
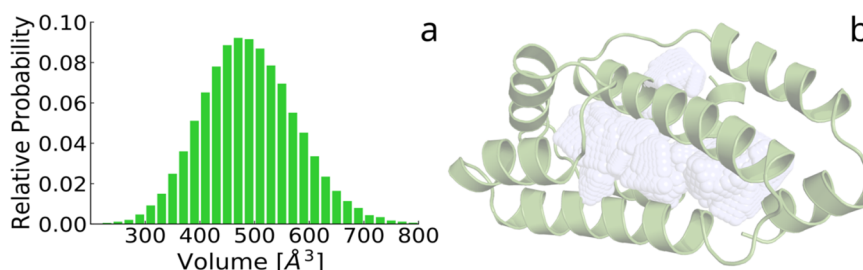

Figure 7. (a) Distribution of its internal cavity volume, calculated over the set of collected MD structures. (b) Averaged structure of *apo*-Ce-FAR-7 obtained from the equilibrated MD simulation.
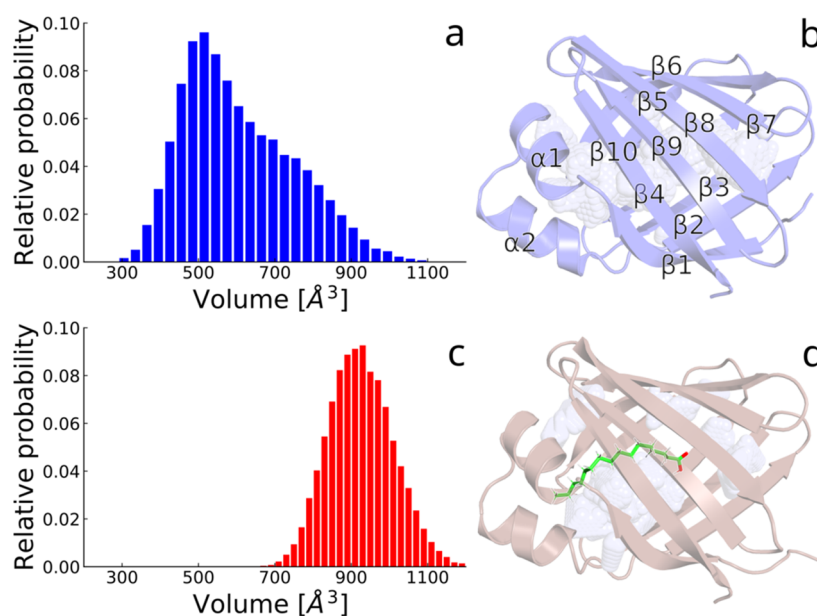
Figure 8. Distribution of ligand cavity volumes, calculated over the set of structures collected during the equilibrated MD simulations of (a) *apo*- and (c) *holo*- I-FABP. Averaged (b) *apo*- and (d) *holo*-structures for I-FABP obtained from the corresponding equilibrated MD simulations, indicating the main secondary structure elements (SSE) and the encompass ligand cavity.

ligand-cavities with different shapes whose dynamics is subject to the corresponding protein plasticity. In order to analyze which LBP fold encompasses a more flexible cavity and, therefore, a cavity that can contribute to a larger ligand multiplicity, we calculated the variation of the potential energy of each LBP in the direction of ∇V_o (see section 2.3). Results are shown in Figure 10a. We consider the amplitude of displacement in the direction of ∇V_o achieved with an energy equal to kT = 0.593 kcal/mol (with k being the Boltzman's constant and T = 298 K) as a measure of flexibility of the cavity.[53] We can observe that the internal cavity of *apo*-I-FABP results the most flexible one, followed by *holo*- and *apo*-Na-FAR-1. *Apo*-Ce-FAR-7 presents a relatively more rigid cavity. Besides, the two *holo*-I-FABPs (1URE and 2IFB) enclose the most rigid cavities, reinforcing the idea that β-barrel I-FABPs follow a ligand-binding strategy involving a *holo*-state with restricted motional freedom.

While both *holo*-Na-FAR-1 and *apo*-I-FABP encompass cavities with different sizes according to the transient protein conformation, Figure 10b,c displays the analysis of the corresponding individual conformers. We can observe that, in both cases, each conformer result relatively more rigid than the average shown in Figure 10a, indicating that their individual contributions introduce an additional component to the overall flexibility of the cavity. Furthermore, *holo*-Na-FAR-1 conformers are less rigid than the average (see Figure 10b) compared to *apo*-I-FABP conformers relative to their corresponding average (see Figure 10c). That is, the flexibility of *holo*-Na-FAR-1 seems to be more uniformly distributed among the conformer populations in dynamic equilibrium. Therefore, we conclude that the native state of I-FABP, defined as an equilibrium of pre-existing populations of states, can be considered in general more flexible than the native state of I-FABP. These results indicate a propensity of Na-FAR-1 to bind not only fatty acids but also a broader range of lipid classes such as retinol and phospholipids. This feature is in agreement with previous fluorescence experiments performed on Na-FAR-1 and Ce-FAR-7.[20]

4. CONCLUSIONS

Parasitic helminths produce and release an unexpectedly wide range of LBPs that are structurally distinct from those of their hosts. Although poorly understood, helminth LBPs are often immunodominant in infection. Some of them attract allergic-type antibody responses and have been associated with protective immunity.[4,76−78] The evolutionary reasons why a single species expresses different types of LBPs remain unclear. FARs are commonly found in the secretions of parasitic nematodes, possibly indicating their role in parasitism. Parasites need to acquire nutrients from their hosts and they also need to defend themselves against immune response from the host. In this sense, it is hypothesized that they interfere by sequestering signaling lipids produced by the host. Therefore, a large ligand multiplicity of FARs would help in both lipid acquisition and sequestering. As mentioned before they have also been proven as good vaccine candidates.[13]

Protein fluctuations−cavity changes relationships have been explored on different α-helix rich FARs and β-barrel FABPs using long equilibrated MD simulations of either *apo*- and *holo*-states. We found a significantly flexible Na-FAR-1 ligand-cavity that can explain the observed larger ligand multiplicity of α-helix FARs respect to β-barrel FABPs. The comparison of the relative flexibility of ligand-binding cavities of Ce-FAR-7 and Na-FAR-1 reveals how a similar fold can enclose internal cavities with significant differences in their flexibilities and dynamics. These differences can explain differences in their ligand multiplicity and, therefore, their biological function. Moreover, differences in ligand binding capacities have been observed between two isoforms from the same species.[13]

We have reported two different ligand-binding strategies. Particularly, *holo*-Na-FAR-1 presents a remarkable conformational plasticity that drives a complex internal cavity dynamics involving different states. The size of the cavity is significantly affected by protein conformational changes. Besides, the ligand also changes its conformation according to these conformational changes. That is, far from being fixed within the cavity,
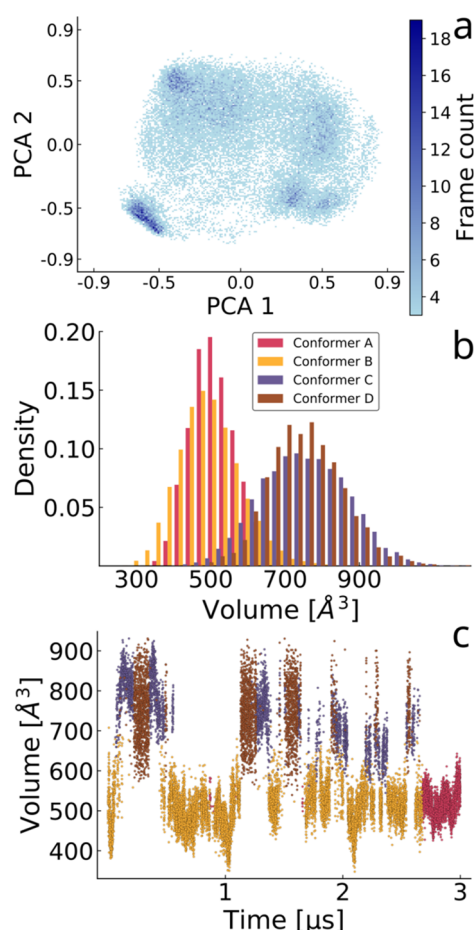
Figure 9. (a) Contour density plots of the projection of the set of MD snapshots of *apo*-I-FABP onto its 1st and 2nd PCA modes; (b) distribution of cavity volumes for each of the *apo*-I-FABP conformers (A, B, C, and D) during the MD simulation; (c) evolution in time of the cavity volume displaying the different contributions of each of the four conformers A, B, C, and D conformers.
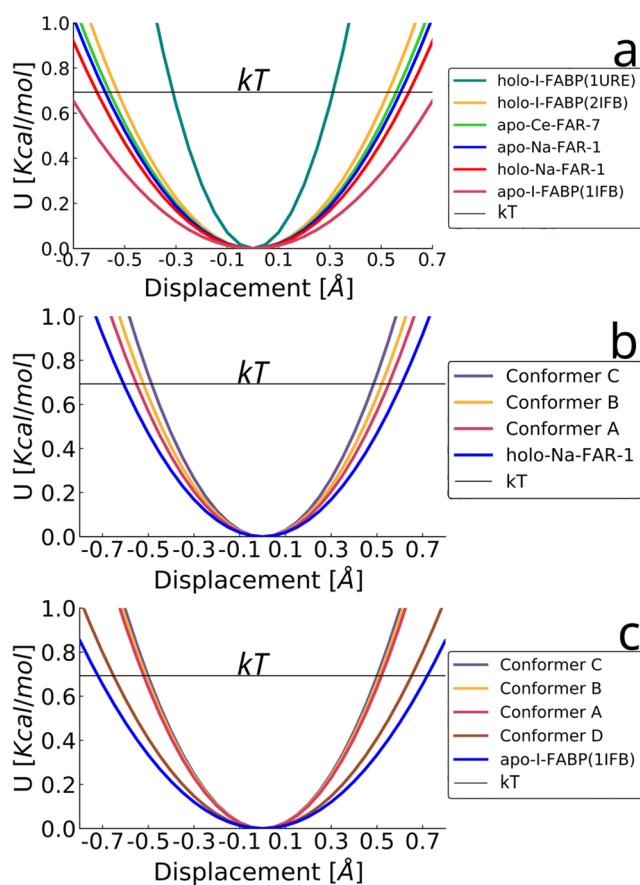

Figure 10. Potential energy change in the direction of $\nabla \mathbf{V}_{ol}$ for each (a) protein structure, (b) *holo*-Na-FAR-1 conformer, and (c) *apo*-I-FABP conformer. The black line indicated as kT= 0.593 kcal/mol (with k being the Boltzman's constant and T = 298 K) has been added as reference of the average energy per degree of freedom at room temperature.

the ligand experiences large conformational changes between a bent and stretch conformation. The ligand conformation changes according to the size of the cavity that is dictated by the transient protein conformation. On the contrary, ligand binding in I-FABPs seems to shift the conformational equilibrium to a unique conformation. In this way, α-helix FARs and β-barrel FABPs seem to follow two different strategies for ligand-binding. FARs involve a *holo*-state with high plasticity; they experience conformational changes that significantly impact on the cavity volume and embedded ligand conformations. On the other hand, FABPs experience an inverse ligand-modulated disorder—order transition leading to a *holo*-state with restricted motional freedom. This piece of information could give light on the biological reasons for the existence of different LBPs types in the same organism.

Human hookworm infections represent a significant problem in South America. There is an urgent need to design new treatments based on the knowledge of the metabolism of the parasites. Na-FAR1 has shown to be part of the excretion/secretion products, playing an important role in the host-parasite relationship. It may participate in the acquisition of lipids from the host or sequestering signaling molecules dampening the immune response from the host. The detailed knowledge of the structural and dynamics properties of its ligand-binding cavity could contribute to the design of new and more specific inhibitors. The flexibility of protein cavities impacts on functional aspects like ligand affinities and binding promiscuities. The present work can encourage the development of drugs that rigidize the cavity of Na-FAR-1, reducing its ligand multiplicity and, therefore, the efficiency to play its biological function.

■ ASSOCIATED CONTENT

ⓢ Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.jcim.9b00364.

> Table S1: List of residues lining the main ligand-binding cavity for each system. Residues are numbered according to their order in the corresponded PDB file. Figure S1: Root mean square fluctuations (RMSF) during our MD simulations. Figure S2: Histogram of the projection of the set of MD snapshots of holo-I-FABP onto its third PCA mode. Figure S3: First (red) and second (blue) PCA modes of (a) apo- and (b) holo-I-FABP. Figure S4: Superposition of the four conformers (A, B, C, and D) of apo-I-FABP. Figure S5: Contour density plots of the projection of the set of MD snapshots of holo-I-FABP onto their corresponding first and second PCA modes (PDF)

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