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## GENUS MICROMERIA: A REVIEW ARTICLE

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## GENUS MICROMERIA: A REVIEW ARTICLE

### Abstract

Micromeria (Family Lamiaceae) is widespread across Europe, Asia, Africa and North America, with a center of diversity in the Mediterranean region and the Canary Islands. More than 78 species of Micromeria have been known, famous examples is: *M. fruticose*. Genus Micromeria comprises plants of different chemical nature. Based on previous studies, Micromeria species is considered as a rich source of essential oils, mainly; monoterpene hydrocarbons, oxygenated monoterpenes, sesquiterpenes hydrocarbons, and oxygenated sesquiterpenes. About ten species of Micromeria have been identified to grow widely in Lebanon, of which *Micromeria fruticosa* is the most common and abundant. Several pharmacological activities were reported including antimicrobial, antioxidant, anticancer, and antidepressant effect. This is a review article where we thoroughly discuss the chemical nature and classes of all isolated metabolites from Micromeria plant especially *Micromeria fruticosa* and their reported biological activities in an attempt to inspire the researchers to isolate and structural elucidate the compounds that could have valuable use in drug discovery and medical application.

### Keywords

Micromeria, fruticosa, taxonomy, chemistry, pharmacology

## 1. INTRODUCTION

Plants have been widely used to treat different disorders in discovering drugs, and as cosmeceuticals [ (Davis SC, Perez R., 2009), (Uniyal SK, Singh KN, Jamwal P, Lal B., 2006)]. However, the astounding advantages of synthetic drugs have, in turn, overshadowed herbal and alternative medicine [ (Losoya Z., 2013), (Mckenna J. , 1998)]. Herbal medicine has been popularly used by 78% of the population (within Latin America and Asia) and has been found with low adverse effects [ (Losoya Z., 2013), (Mckenna J. , 1998), (Doughari J., 2007)].

Historically, the health benefits of plants had demonstrated great inspiration for alternative medicinal treatments that are both effective and natural (Doughari J., 2007). While some countries have resorted to other treatment methods, developing countries and impoverished populations have frequently used natural medications [ (El Astal Z, Ashour A, Kerrit A., 2005), (Abu-Irmaileh BE, Afifi FU., 2003), (Newman DJ, Gragg GM., 2012)].

Nowadays, both developed and developing countries have returned to using natural herbal products because of the unpromising results of using synthetic drugs towards treating serious viral infections (such as AIDS), common types of cancers, and other diseases. Moreover, in addition to their adverse side effects, synthetic drugs that are used to treat chronic diseases have significant complications [ (Patwardhan B, Vaidya AD, Chorghade M., 2004), (Gurib-Fakim A., 2006)].

### **Family Lamiaceae**

#### **Taxonomical Classification**

Lamiaceae (Mint Family) is a flowering plant that has roughly 230 genera and greater than 7,000 species (Patwardhan B, Mashelkar RA., 2009). The most famous genera are *Salvia* (900 spp.), *Scutellaria* (360 spp.), *Stachys* (300 spp.), *Plectranthus* (300 spp.), *Hyptis* (280 spp.), *Teucrium* (250 spp.), *Vitex* (250 spp.), *Thymus* (220 spp.), and *Nepeta* (200 spp).

#### **1.1. General Features of Lamiaceae Shape**

The stems usually, but not uniquely, have a square cross-sectional. Its flowers are bilaterally symmetrical with 5 petals and 5 sepals. Lamiaceae are commonly bisexual and they appear to have one whorl of flowers even though they are comprised of two clusters. The leaves are either decussated (crossing one another) or whorled. These plants are most frequently shrubs or trees but could also be vines. This family includes the characteristically aromatic herbs used in cooking such as rosemary, oregano, thyme, basil, mint, marjoram, sage, and lavender. Its aromaticity along with the simplicity of propagation through stem cutting explains why this family has frequently been cultivated (Patwardhan B, Mashelkar RA., 2009).

#### **1.2. Classification of Lamiaceae**

Lamiaceae is divided into two groups:

- a. The first group is represented by the subfamily Nepetoideae. This group can be additionally partitioned into several tribes like *Menthae*, *Salviia*, *Lavanduleae*, *Nepeteae*, and *Ocimeae* (Patwardhan B, Mashelkar RA., 2009). Plants of this group are mostly aromatic and contain rosmarinic acid as a common secondary metabolite.
- b. The second group is represented by the subfamilies Chloanthoideae, Caryopteridoideae, Lamioideae, Scutellarioideae, Wenchengioideae and Ajugoideae. These plants are distinguished by a low concentration of essential oil, the presence of iridoid glycosides, and lack of rosmarinic acid.

#### **1.3. Medicinal Values of Lamiaceae**

Nowadays, many of the Lamiaceae plants are word widely harvested, mainly for their culinary use and therapeutic potential. Plants belonging to this family have been widely used to treat different ailments as gastrointestinal disorders, migraines, and disorders of the upper respiratory tract as well as cardiovascular diseases (Takhtajan A., 1997). Many plants are authentic medications mentioned within numerous pharmacopeias and serve as important

raw materials within the pharmaceutical, cosmetic, fragrance, and food manufacturing. [ (Bisset NG, Wichtl M, Eds., 2001), (Blumenthal R, Ed., 1999)].

### **Overview on Chemical Composition of Plants of Lamiaceae**

Relying on Lamiaceae in folk and customary medicine is attributed to the existence of monoterpenes in essential oils and various phenolic compounds. Because the variance in the essential oil composition is highly variable, its pharmacological activity is firmly related to certain chemical nature. Nevertheless, its phenolic constituents are highly presented amongst the species. The main phenolic compounds in Lamiaceae plants are lipophilic flavonoids. Several studies on different types of this Family have successfully isolated and identified many active compounds that belonged mainly to monoterpene hydrocarbons, sesquiterpenes hydrocarbons, and their oxygenated derivatives besides alcohols, and aliphatic aldehydes. Along the way, other phenolic miscellaneous and nonvolatile compounds were also found. [ (S. Nejad Ebrahimi, J. Hadian, M.H. Mirjalili, A. Sonboli, M. Yousefzadi, 2008), (Mehmet Hakki Alma, Ahmet Mavi, Ali Yildirim, Metin Digrak, and Toshifumi Hirata, 2003), (E2-Moujir, L., Gutiérrez-Navarro, A. M., San Andrés, L. and Luis, J. G, 1996), (Mamadalieva NZ, Herrmann F, El-Readi MZ, Tahrani A, Hamoud R, Egamberdieva DR, Azimova SS, Wink, 2011)].

### **Genus Micromeria**

Micromeria (Family Lamiaceae) are found throughout North America, Europe, Africa, and Asia, with many varieties found within the Mediterranean region and Canary Islands [ (Bahramikia S., Yazdanparast R., 2012), (Kew World checklist of Selected Plant Families, n.d.), (weicaoshu)]. Micromeria is also referred to as part of the genus Satureja, Greekrootsmīkros (small) and meris (portion) are a testament to the size of their leaves and flowers [ (Genus: Micromeria Benth, 2007), (Quattrocchi, Umberto., 2000)]. This perennial or dwarf shrub lives in warm rocky and dry open habitats [ (Silic C., 1979)]. In accordance with their shape and phylogenetic relationships, the Micromeria species are divided into Cymularia, Eumicromeria, and Pseudomelissa [ (V. Slavkovskal, M. Couladis, S. Bojovic, O. Tzakou, M. Pavlovic4, B. Lakusic, And R. Jancic., 2005)].

### **Micromeria Species**

Not less than 78 species of Micromeria have been found. Well known examples include *M. fruticosa*, *M. cilica*, *M. barbata*, *M. Juliana*, *M. thymifolia*, *M. cristata*, *M. croatica*, *M. myrtifolia*, *M. nervosa*, *M. albanica*, and *M. persica* [ (Micromeria.), (GRIN Species Records of Micromeria.)].

### **Chemistry of Genus Micromeria**

Genus Micromeria include plants of various chemical nature. Micromeria species are reported as a rich source of such essential oils as monoterpenes, sesquiterpenes, and their oxygenated derivatives. However, their concentrations fluctuate according to subspecies. For instance, species of section Pseudo Melissa contained an enormous amount of oil (>0.5%) mainly oxygenated monoterpenes, while Eumicromeria species only had trace amounts of oil (<0.5 %) of different terpene compounds [ (V. Slavkovskal, M. Couladis, S. Bojovic, O. Tzakou, M. Pavlovic4, B. Lakusic, And R. Jancic., 2005)].

Even further, major compounds in the essential oils also differ from one species to another. *M. fruticose*[ (Fleisher Z., Fleisher A., 1991), (Baser K. H. C., Kirimer N., O" zek T., Tu"men G., Karaer F., 1996)], *M. dolichodonta* [ (Baser K. H. C., Kirimer N., Duman H., 1997a)], and *M. capitellata* [ (Baser K. H. C., Kirimer N., Tumen G., 1998)] were distinguished by an enormous amount of oil (0.6%–4%) principally oxygenated terpenes of the menthane type (78%–91%), mainly pulegone (15%–80%). While *M. biflora* was detected to be a rich source of oxygenated monoterpenes geranal and neral (41.3% - 25.3%)[ (Mallavarapu G. R., Srinivasaiyer R., Karna S., 1997)], while pinene (8.3%–13.9%) and bornane (5.0%–26.0%) were the dominant oxygenated monoterpenes in *M. carmine* [ (Baser K. H. C., Kirimer N., O" zek T., Tumen G., 1995)].

Besides, Micromeria is reported to be a source of alcohols, aliphatic aldehydes, phenolic compounds mainly chlorogenic and ellagic acids, in addition to flavonoids mainly hesperetin, naringin and quercetin [ (Mohammad Al-Hamwi, Maha Aboul-Elaa, Abdalla El-Lakany, Nassim El-Achi, Noha Ghanem, Bassem El Hamaoui, Youssef Bakkour and Fawaz El-Omar., 2015)].

### Genus Micromeria in Lebanon

About ten species of Micromeria have been identified to grow widely in Lebanon (M. Al-Hamwi, Y. Bakkour, M. Abou-Ela, A. El- Lakany, M. Tabcheh and F. El-Omar., 2011), (Georges Tohme, 2007)]. Table 1 below shows the photos and descriptions of these species collected from different regions:

Table 1: Micromeria species grown widely in Lebanon

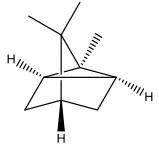
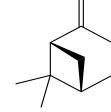
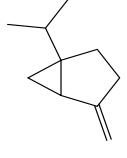
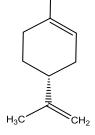
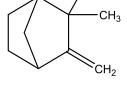
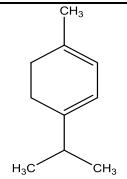
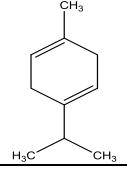
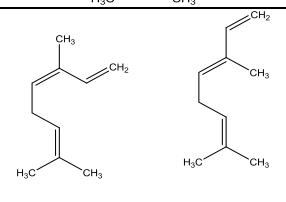
| Plant species        | Brief description  | Photo   | Location                              | Environment            |
|----------------------|--|---|---------------------------------------|------------------------|
| <i>M. amana</i>      | - Green plant with rigid stem 5-15 cm;<br>- Sessile and narrow leaves;<br>- Sharp fruits,<br>- Pubescent calyx.<br>- Flowering period:Extended between 6-9                                   |    | Qammouaa                              | Rocky at high Altitude |
| <i>M. graeca</i>     | - Pubescent with rigid stem 20-60 cm long;<br>- Narrow, sessile leaves;<br>- Oblong fruits,<br>- Pink flowers.<br>- Flowering period: Extended between 5-7                                   |   | Ehmej, Chabrouh, Harrisa, Qob Elias   | Rocky ground           |
| <i>M. juliana</i>    | Pubescent plant<br>- Rigid stem 20-60;<br>- Erect, linear sessile leaves, 5-8 cm;<br>- Sharp fruits,<br>- Pink flower, corolla bigger than calyx<br>- Flowering period: Extended between 5-7 |  | Ehmej, Chnanaair                      | Woodland               |
| <i>M. libanotica</i> | - Filiform stem 5-20 cm long<br>- Ovate leaves with rounded leaf bases,<br>- Pink corolla.<br>- Flowering period: Extended between 6-9   |  | Faara, Sir, Makmel, Cedars Pass       | Rocky at high Altitude |
| <i>M. myrtifolia</i> | - Pubescent with rigid stem 20-60cm;<br>- Deflexed ovate sessile leaves;<br>- Pink flower, calyx 2.5mm.<br>- Flowering period: Extended between 4-9  |  | Zahleh, Sfeiri, Helouch, Nabaa-Tasseh | Stony ground           |

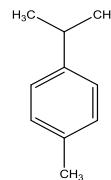
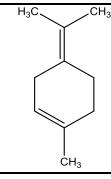
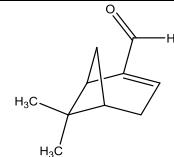
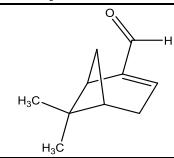
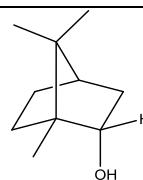
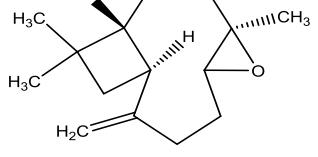
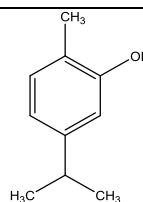
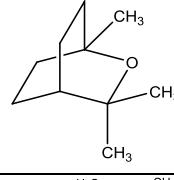
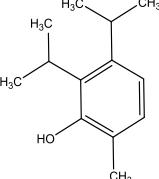
|                           |  |   |  |                            |
|---------------------------|--|---|--|----------------------------|
| <i>M. nervosa</i>         | <ul style="list-style-type: none"> <li>- Pubescent with rigid stem 20-40cm;</li> <li>- Ovate; narrow sub-sessile leaves;</li> <li>- Pink flower, feathery calyx;</li> <li>- Sharp fruits.</li> <li>- Flowering period: Extended between 2-7</li> </ul> |    | DeirZahrani,<br>Qasmyeh, Cana,<br>Sarada | Stony ground               |
| <i>M. serpyllifolia</i>   | <ul style="list-style-type: none"> <li>- Pubescent with rigid stem 50-100cm;</li> <li>- Petiolate leaves 15cm;</li> <li>- White flower twice the calyx 2-2.5 mm.</li> <li>- Flowering period: Extended between 6-12</li> </ul>                         |    | Soyses,<br>KarmChbat                     | Stony ground               |
| <i>M. nummulariifolia</i> | <ul style="list-style-type: none"> <li>- Spreading plant 5-10 cm;</li> <li>-Ovate-subulate, sessile leaves;</li> <li>- Pink purple flower, feathery calyx with long teeth.</li> <li>- Flowering period: Extended between 6-9</li> </ul>                |   | Aayouness<br>Simane                      | Rocky ground<br>(altitude) |
| <i>M. barbata</i>         | <ul style="list-style-type: none"> <li>- Aromatic; 50-100cm;</li> <li>- petiolate leaves 1-5 cm;</li> <li>- White flowers; pubescent calyx, 3-4 mm.</li> <li>- Flowering period: Extended between 6-11</li> </ul>                                      |  | El-Bostan,<br>Qammouaa,<br>Ehden, Cana   | Rocky ground               |
| <i>M. fruticosa</i>       | <ul style="list-style-type: none"> <li>- Aromatic, dwarf perennial, evergreen shrubs.</li> <li>- Opposite grey, egg shaped leaves</li> <li>- Small white flowers</li> <li>- Full flowering period: Extended between 5-7</li> </ul>                     |  | Beqaa valley                             | Rocky<br>(altitude)        |

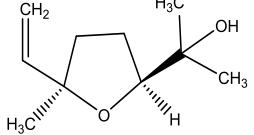
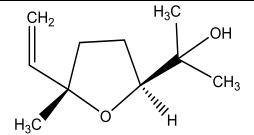
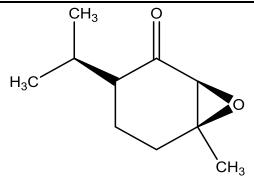
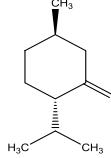
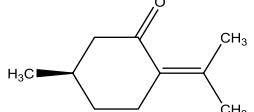
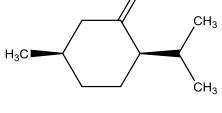
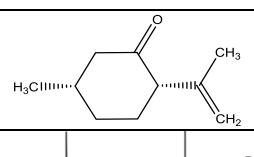
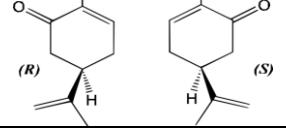
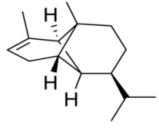
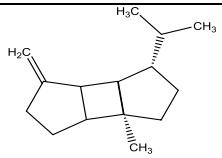
Previously identified compounds from genus *Micromeria*

The following is a quick review of the identified chemical compounds found within the genus *Micromeria*:

Table 2: Volatile components isolated from Micromeria species:[(M. Al-Hamwi et al., 2011), (Nihaya Salameh, Naser Shraim, and Nidal Jaradat, 2018), (SemaÇARIKÇI, 2013), (V. Slavkovska et al, 2005), (Gordana Stojanovic, Ivan Plic and Jasna Ursic-Jankovic, 2006), (Kirimer N, Ozek T, Baser KHC et al, 1993), (Phokas G, Patouha VVG, Katsiotis S, 1980), (Stojanovic G, Palic I, Ursic JJ, Vajs V, Dokovic D, 1999) and (Ibrahim M. Abu-Reidaha, David Arraez-Romana, Mohammed Al-Nurid, Ismail Waradd, Antonio Segura-Carretero, 2019), (Naglaa Gamil Shehab and Eman Abu-Gharbieh , 2012), (abdullatif azab , 2016)]

| Compound                           | Species (Reference)  | Structure   |
|------------------------------------|--|---|
| <b>a. MONOTERPENE HYDROCARBONS</b> |  |   |
| Tricyclene                         | <i>M. fruticosa</i><br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. albanica</i><br><i>M. myrtifolia</i>                                   |                                    |
| $\alpha$ -Pinene                   | <i>M. thymifolia</i><br><i>M. myrtifolia</i><br><i>M. albanica</i><br><i>M. pulegium</i><br><i>M. fruticosa</i><br><i>M. cristata</i><br><i>M. juliana</i>               |                                    |
| $\beta$ -Pinene                    | <i>M. fruticosa</i><br><i>M. cristata</i><br><i>M. juliana</i><br><i>M. albanica</i><br><i>M. myrtifolia</i>   |                                    |
| Sabinene                           | <i>M. albanica</i><br><i>M. fruticosa</i><br><i>M. dalmatica</i><br><i>M. thymifolia</i><br><i>M. myrtifolia</i><br><i>M. juliana</i>                                    |                                  |
| Limonene                           | <i>M. fruticosa</i> 1.2% content<br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. albanica</i><br><i>M. Juliana</i><br><i>M. myrtifolia</i> |                                  |
| Camphene                           | <i>M. cristata</i><br><i>M. albanica</i><br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i>  |                                  |
| $\alpha$ -Terpinene                | <i>M. fruticosa</i><br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. albanica</i><br><i>M. Juliana</i><br><i>M. myrtifolia</i>              |                                  |
| $\gamma$ -Terpinene                | <i>M. fruticosa</i><br><i>M. myrtifolia</i><br><i>M. cristata</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. albanica</i>                                       |                                  |
| Ocimene                            | <i>M. fruticosa</i><br><i>M. thymifolia</i><br><i>M. pulegium</i><br><i>M. albanica</i>  | <br>Z                          E |

|                                   |   |   |
|-----------------------------------|---|---|
| <i>P</i> -Cymene                  | <i>M. cristata</i><br><i>M. fruticosa</i><br><i>M. thymifolia</i><br><i>M. juliana</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. albanica</i>     |    |
| Terpinolene                       | <i>M. fruticose</i> 0.4%<br><i>M. juliana</i><br><i>M. cristata</i><br><i>M. myrtifolia</i>   |    |
| <b>b. OXYGENATED MONOTERPENES</b> |   |   |
| <b>ALDEHYDES</b>                  |   |   |
| $\alpha$ -Campholenal             | <i>M. fruticosa</i><br><i>M. juliana</i><br><i>M. cristata</i>  |    |
| Myrtenal                          | <i>M. Juliana</i><br><i>M. cristata</i>   |    |
| <b>ALCOHOLS</b>                   |   |   |
| Borneol                           | <i>M. fruticosa</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. cristata</i> major 35.3%  |   |
| $\alpha$ -Terpineol               | <i>M. fruticosa</i> 0.1%<br><i>M. Cilicia</i><br><i>M. thymifolia</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. cristata</i><br><i>M. dalmatica</i> |   |
| Thymol                            | <i>M. fruticosa</i> 1.6% content<br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. cristata</i><br><i>M. Juliana</i><br><i>M. thymifolia</i>            |  |
| <b>ETHERS</b>                     |   |   |
| <i>I</i> , 8-Cineole              | <i>M. thymifolia</i><br><i>M. juliana</i><br><i>M. cristata</i><br><i>M. fruticosa</i><br><i>M. myrtifolia</i>  |  |
| Methyl-ethyl Carvacrol            | <i>M. fruticosa</i><br><i>M. juliana</i><br><i>M. cristata</i>  |  |
| <b>OXIDES</b>                     |   |   |

|                                       |   |   |
|---------------------------------------|---|---|
| <i>cis</i> -Linalool oxide            | <i>M. fruticosa</i>   |    |
| <i>Trans</i> -Linalool oxide          |   |    |
| Piperitone oxide                      | <i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. albanica</i> 44%<br><i>M. cristata</i><br><i>M. myrtifolia</i><br><i>M. fruticosa</i> |    |
| <b>KETONES</b>                        |   |   |
| Menthone                              | <i>M. fruticosa</i> 0.5%<br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. albanica</i>  |    |
| Pulegone                              | <i>M. juliana</i> major 8.6%<br><i>M. fruticosa</i> major 58.5% content<br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. albanica</i><br><i>M. myrtifolia</i> major 4.3%       |   |
| Camphor                               | <i>M. fruticosa</i><br><i>M. cristata</i> major 12.4%   |  |
| Isomenthone                           | <i>M. fruticosa</i> 3.9%<br><i>M. thymifolia</i><br><i>M. juliana</i><br><i>M. albanica</i><br><i>M. myrtifolia</i><br><i>M. cristata</i>   |  |
| <i>cis</i> -Isopulegone               | <i>M. fruticosa</i> 3.2%<br><i>M. thymifolia</i><br><i>M. dalmatica</i>   |  |
| Carvone                               | <i>M. cristata</i>  |  |
| <b>c. SESQUITERPENES HYDROCARBONS</b> |   |   |
| $\alpha$ -Copaene                     | <i>M. thymifolia</i><br><i>M. pulegium</i><br><i>M. Juliana</i><br><i>M. myrtifolia</i><br><i>M. fruticosa</i>  |  |
| $\beta$ -Bourbonene                   | <i>M. thymifolia</i><br><i>M. pulegium</i><br><i>M. Juliana</i><br><i>M. cristata</i><br><i>M. myrtifolia</i><br><i>M. fruticosa</i> 0.1%   |  |

|                     |  |  |
|---------------------|--|--|
| $\beta$ -Cubebene   | <i>M. thymifolia</i><br><i>M. pulegium</i><br><i>M. Juliana</i><br><i>M. myrtifolia</i>  |  |
| $\beta$ -Elemene    | <i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. myrtifolia</i>   |  |
| $\alpha$ -Gurgunene | <i>M. cristata</i>   |  |
| $\alpha$ -Humulene  | <i>M. thymifolia</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. cristata</i><br><i>M. fruticosa</i> 0.2%  |  |
| Germacrene D        | <i>M. fruticosa</i> 0.5%<br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. albanica</i><br><i>M. myrtifolia</i> |  |
| Germacrene A        | <i>M. croatica</i>   |  |
| $\beta$ -Bisabolene | <i>M. fruticosa</i>  |  |
| $\gamma$ -Cadinene  | <i>M. fruticosa</i><br><i>M. croatica</i><br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. albanica</i>        |  |

## d. OXYGENATED SWSQUITERPENES

## ALCOHOLS

|                     |   |  |
|---------------------|---|--|
| Spathulenol         | <i>M. fruticosa</i> 0.2 %<br><i>M. croatica</i><br><i>M. thymifolia</i><br><i>M. dalmatica</i><br><i>M. pulegium</i><br><i>M. juliana</i><br><i>M. albanica</i><br><i>M. cristata</i> |  |
| Germacrene-D-4-ol   | <i>M. fruticosa</i><br><i>M. Juliana</i><br><i>M. myrtifolia</i>  |  |
| Caryophyllene Oxide | <i>M. fruticosa</i> 0.9%<br><i>M. pulegium</i><br><i>M. Juliana</i> major 19.4%<br><i>M. albanica</i><br><i>M. cristata</i> major 6.4%<br><i>M. myrtifolia</i> major 33.9%            |  |

## PHENYL PROPANOIDS

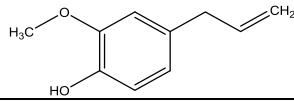
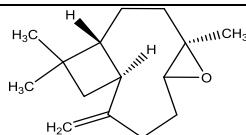
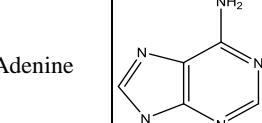
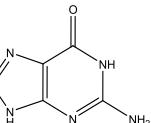
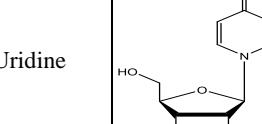
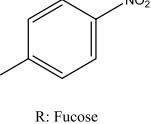
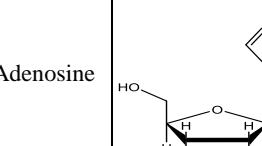
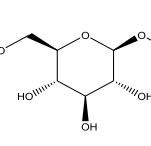
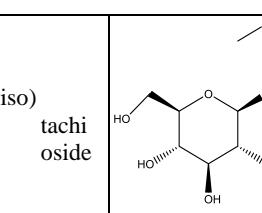
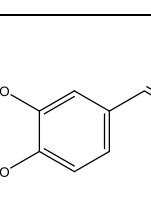
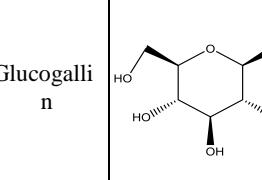
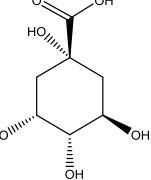
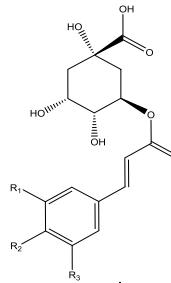
|               |   |   |
|---------------|---|---|
| Eugenol       | <i>M. fruticosa</i><br><i>M. pulegium</i> |  |
| <b>OTHERS</b> |   |   |
| Caryophyllene | <i>M. persica</i><br><i>M. fruticosa</i>  |  |

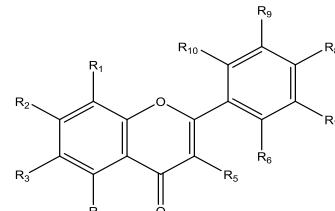
Table 3: Major secondary compounds identified in Micromeria species [ (Mohammad Al-Hamwi, Maha Aboul-Elaa, Abdalla El-Lakany, Nassim El-Achi, Noha Ghanem, Bassem El Hamaoui, Youssef Bakkour and Fawaz El-Omar., 2015), (Eman Abu-Gharbieh and Naglaa G Ahmed., 2016)& (Ibrahim M. Abu-Reidaha, David Arraez-Romana, Mohammed Al-Nurid, Ismail Waradd, Antonio Segura-Carretero., 2019), (Sanda Vladimir-Knežević, Biljana Blažeković, Maja BivalŠtefan, AntunAlegro, TamásKőszegi, and József Petrik., 2011), (Niklova M., Aneva I., Berkov S., 2016), (Fatih Brahmi, Naima Guendouze, Didier Hauchard, Phillippe Okusa, Léocadie Kamagaju, Khodir Madani & Pierre Duez, 2017)]

| Nitrogen containing compounds    |   |                     |  |   |
|----------------------------------|---|---------------------|--|---|
| Adenine                          |   | <i>M. fruticosa</i> | Guanine                                    |   |
| Uridine                          |  | <i>M. fruticosa</i> | <i>p</i> -nitrophenylfucoside<br>R: Fucose |  |
| Adenosine                        |  | <i>M. fruticosa</i> | <i>Iso-stachioside</i>                     |  |
| Simple phenolic acid derivatives |   |                     |  |   |
| (iso)<br>tachi<br>oside          |  | <i>M. fruticosa</i> | Caffeic acid                               |  |
| Glucogalli<br>n                  |  | <i>M. fruticosa</i> | Quinic acid                                |  |



| Name                       |   | R <sub>1</sub> | R <sub>2</sub>   | R <sub>3</sub>   |
|----------------------------|---|----------------|--|------------------|
| 5-p-coumaroylquinic acid   |   | H              | OH   | H                |
| Chlorogenic acid           | <i>M. graeca</i><br><i>M. thymifolia</i><br><i>M. fruticosa</i> | OH             | OH   | H                |
| 3-O-Feruloylquinic acid    | <i>M. fruticosa</i>   | H              | OH   | OCH <sub>3</sub> |
| Ferulic acid 4-O-glucoside | <i>M. fruticosa</i>   |                |  |                  |
| Rosmarinic acid            | <i>M. fruticosa</i>   |                | <i>M. Fruticosa</i><br><i>M. graeca</i><br><i>M. thymifolia</i><br><i>M. Juliana</i><br><i>M. croatica</i> |                  |

### Flavonoid derivatives



| Compound name                        |   | R <sub>1</sub>   | R <sub>2</sub>     | R <sub>3</sub>   | R <sub>4</sub> | R <sub>5</sub>     | R <sub>6</sub> | R <sub>7</sub> | R <sub>8</sub>   | R <sub>9</sub>   |
|--------------------------------------|---|------------------|--------------------|------------------|----------------|--------------------|----------------|----------------|------------------|------------------|
| Rutin                                | <i>M. fruticosa</i>                     | H                | OH                 | H                | OH             | <i>O</i> -rutinose | H              | H              | OH               | OH               |
| 5,6-DiOH-7,3',4'-triOCH <sub>3</sub> |   | H                | OCH <sub>3</sub>   | OH               | OH             | H                  | H              | H              | OCH <sub>3</sub> | OCH <sub>3</sub> |
| Quercetin                            |   | H                | OH                 | H                | OH             | OH                 | H              | H              | OH               | OH               |
| Iisorhamnetin                        |   | H                | OH                 | H                | OH             | OH                 | H              | H              | OH               | OCH <sub>3</sub> |
| Apigenin 7-O-rutinoside              |   | H                | <i>O</i> -Rutinose | H                | OH             | H                  | H              | H              | OH               | H                |
| Diosmetin 7-O-rutinoside             |   | H                | <i>O</i> -Rutinose | H                | OH             | H                  | H              | H              | OCH <sub>3</sub> | OH               |
| Apigenin 7-O-glucuronide             | <i>M. fruticosa</i><br><i>M. graeca</i> | H                | O-Glucouronic      | H                | OH             | H                  | H              | H              | OH               | H                |
| Chrysoeriol                          | <i>M. fruticosa</i>                     | H                | OH                 | H                | OH             | H                  | H              | H              | OH               | OCH <sub>3</sub> |
| 7-methylsudachitin                   |   | OCH <sub>3</sub> | OCH <sub>3</sub>   | OCH <sub>3</sub> | OH             | H                  | H              | H              | OCH <sub>3</sub> | OH               |
| Linarin                              |   | H                | <i>O</i> -Rutinose | H                | OH             | H                  | H              | H              | OCH <sub>3</sub> | H                |
| Luteolin                             |   | H                | OH                 | H                | OH             | H                  | H              | H              | OH               | OH               |

|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|-----------------------------|---------------------|----------------|------------------|----------------|----------------|------|---|---|----|----|--|--|--|--|--|--|--|--|--|--|
| Apigenin                    | <i>M. graeca</i>    | H              | OH               | H              | OH             | H    | H | H | OH | H  |  |  |  |  |  |  |  |  |  |  |
|                             | <i>M. dalmatica</i> |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| <i>M. fruticosa</i>         | <i>M. fruticosa</i> | H              | OH               | H              | OH             | H    | H | H | OH | H  |  |  |  |  |  |  |  |  |  |  |
|                             | Kaempferol          | H              | OH               | H              | OH             | H    | H | H | OH | H  |  |  |  |  |  |  |  |  |  |  |
|                             | Daizein             | H              | OH               | OH             | H              | H    | H | H | OH | H  |  |  |  |  |  |  |  |  |  |  |
|                             | Genstein            | OH             | H                | OH             | H              | H    | H | H | OH | H  |  |  |  |  |  |  |  |  |  |  |
|                             | Glycitein           | H              | OCH <sub>3</sub> | OH             | H              | H    | H | H | OH | H  |  |  |  |  |  |  |  |  |  |  |
| Quercetin-3-O-glucoside     |                     | H              | OH               | H              | OH             | Glc. | H | H | OH | OH |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Compound                    | <i>M. fruticosa</i> | R <sub>1</sub> | R <sub>2</sub>   | R <sub>3</sub> | R <sub>4</sub> |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Naringenin                  |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Thymonin                    |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| <b>Aglycones:</b>           |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Compound name               | <i>M. fruticosa</i> | R1             | R2               | R3             | R4             |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Daidzein                    |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Genstein                    |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Glycitein                   |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| <b>Iridoid derivatives:</b> |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Acetylbarlerin              | <i>M. fruticosa</i> |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Loganic Acid                | <i>M. fruticosa</i> |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Micromeriol                 | <i>M. fruticosa</i> |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
| Nervosane                   |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |
|                             |                     |                |                  |                |                |      |   |   |    |    |  |  |  |  |  |  |  |  |  |  |

Table 4: Summary of the Reported Pharmacological activities of Micromeria species.

| Plant extract                        | Plant species       | Biological activity  | Ref.  |
|--------------------------------------|---------------------|--|---|
| Essential oil<br>Ethanolic           | <i>M. fruticosa</i> | Antimicrobial and antioxidant activity   | (Mohammad Al-Hamwi, Maha Aboul-Elaa, Abdalla El-Lakany, Nassim El-Achi, Noha Ghanem, Bassem El Hamaoui, Youssef Bakkour and Fawaz El-Omar., 2015) |
| Volatile oil                         | <i>M. fruticosa</i> | exhibited antilipase and antiamylase activity  | (Nihaya Salameh, Naser Shraim , and Nidal Jaradat, 2018)  |
| Essential oil<br>Ethanolic           | <i>M. fruticosa</i> | Antimicrobial; anaesthetic, antioxidant, antirheumatic, sedative, antiseptic, common colds, CNS stimulant, the remedy of heart diseases, and abortifacient.  |   |
| Essential oil<br>Aqueous             | <i>M. fruticosa</i> | Both: antitumor. Aqueous extract: analgesic (Treatment of diarrhea, abdominal pains, colds, and wounds, heart disorders, elevated blood pressure, eye infections)  |   |
| Essential oil                        | <i>M. fruticosa</i> | Potentiation of Insecticidal, effect added to essential oils of other plants.  |   |
| Acetone                              | <i>M. fruticosa</i> | Synergism to many plant extracts, antibacterial and acaricidal.  |   |
| Essential oil                        | <i>M. fruticosa</i> | Boosts the effect of essential oils of other plants, Insecticidal.   |   |
| Roots                                | <i>M. fruticosa</i> | Allelopathic: the release of metabolites by the roots of green plants in soil.   | (N. G. Shehab and E. Abu-Gharbieh, 2012)  |
| Methanolic                           | <i>M. fruticosa</i> | Myeloperoxidase, antispasmodic, eye infections, diarrhea, fatigue, cardiovascular diseases, anti-inflammatory, elevated blood pressure, common colds and wounds remedy)  |   |
| Essential oil                        | <i>M. fruticosa</i> | Anti-microbial. Potentiation of current antibiotics  |   |
| Aqueous                              | <i>M. fruticosa</i> | Anti-inflammatory, gastroprotective (Wound healing, treatment of diarrhea and antispasmodic  |   |
| Essential oil                        | <i>M. fruticosa</i> | Anti-biofilm formation ( <i>Streptococcus mutans</i> ), antimutagenic, antioxidant.  |   |
| Ethanolic                            | <i>M. fruticosa</i> | Antimicrobial, antioxidant (Treatment of diarrhea, abdominal pains, colds, skin infections, and wounds)  |   |
| Aqueous                              | <i>M. fruticosa</i> | Potential cytotoxic effect on U-87 MG cells.   | (Kubra Koc1, Ozlem Ozdemir, Omer Faruk Kizilkaya, Meryem Sengul and Hasan Turkez, 2016)   |
| Essential oil<br>Aqueous             | <i>M. fruticosa</i> | Interesting anticancer effects on Human Colon Tumor cells in addition to Mammary Carcinoma F7.   | (Shehab NG, Abu-Gharbieh E., 2012)  |
| Aqueous                              | <i>M. fruticosa</i> | marked analgesic effect concomitant to inflammatory pain and non-inflammatory reactions  | (M. Gulluce, M. Sokmen, F. S. ahin, A. Sokmen, A. Adiguzel, and H. Ozer), 2004  |
| Aqueous                              | <i>M. fruticosa</i> | Anti-inflammatory and gastroprotective activities  | (Abu-Gharbieh E, Shehab NG, Khan SA., 2013)   |
| Ethanolic xtract                     | <i>M. graeca</i>    | Examined against 4 pathogenic bacteria, two strains of <i>S. aureus</i> , <i>P. aeruginosa</i> , and <i>E. coli</i> . The extract alone revealed a weak antibacterial activity, when combined with antibiotics, the extract reestablished the effects of streptomycin and cefotaxime on resistant strains. | (Fatima Brahmi, Naima Guendouze, Didier Hauchard, Phillippe Okusa, Léocadie Kamagaju, Khodir Madani & Pierre Duez, 2017)                          |
| Essential oil                        | <i>M. barbata</i>   | Gave a significant antifungal activity when tested against strains of fungi and yeast. An identical result was obtained against antifungal resistant strains.  | (K. El Omari, M. Hamze, S. Alwan, C. Jama, N.E. Chihib., 2016)  |
| Five different extracts and its main | <i>M. cilicica</i>  | Pulegone and several extracts revealed antimicrobial activity against most of the nine tested microorganisms( <i>Micrococcus luteus</i> , <i>Enterobacter aerogenes</i> , <i>Staph. aureus</i> ,   | (Mehmet Ozturk, Ufuk Kolak, Gulacti Topcu, Sevil Oksuz, B. M. Iqbal Choudhary, 2011)  |

|                                  |  |  |   |
|----------------------------------|--|--|---|
| component<br>pulegone            |  | <i>Salmonella typhimurium</i> , <i>Bacillus subtilis</i> , <i>Bacillus cereus</i> , <i>E. coli</i> , <i>Ps. aeruginosa</i> , <i>Streptococcus mutants</i> and <i>C. albicans</i> )and one type of yeast causing infection to humans  |   |
| Essential oil                    | <i>M. thymifolia</i>   | Showed an interesting antimicrobial activity when examined against four Gram-negative bacteria ( <i>Escherichia coli</i> , <i>Pseudomonas aeruginosa</i> , <i>Salmonella enterica</i> , and human pathogen <i>BurkholderiacepaciaA</i> ), four Gram-positive bacteria ( <i>Enterococcus faecalis</i> , <i>Staphylococcus aureus</i> , <i>Bacillus subtilis</i> , and <i>Listeria innocua</i> ), and two fungi ( <i>Candida albicans</i> and <i>Saccharomyces cerevisiae</i> ). | (Marija A. Marin Miroslav M. Novaković Vele V. Tešević, Branka S. Vuković-Gačić., 2015)   |
| Methanolic extracts              | <i>M. Juliana</i><br><i>M. dalmatica</i><br><i>M. cristata</i><br><i>M. frivaldszkyana</i> | Using DPPH assay, all extracts exhibit significant antioxidant activity, the highest activity was for <i>M. dalmatica</i> .  | (Milena Nikolova, InaAneva, Peterzhelev., 2017)   |
| Ethanolic extracts               | <i>M. croatica</i><br><i>M. thymifolia</i><br><i>M. Juliana</i>                            | Using five different methods, all the extracts showed interesting antioxidant activity with that of <i>M. croatica</i> was the best. The study revealed that the quenching effect of the plants against free radicals is correlated to their phenolic acid and tannin content.   | (Sanda Vladimir-Knežević, Biljana Blažeković, Maja BivalŠtefan, Antun Alegra, Tamás Kőszegi, and József Petrik., 2011)                            |
| Acetone extract                  | <i>M. nervosa</i>  | Significant free radical quenching activity compared to that of L, α-tocopherol, and BHT.  | (Mohammed F. Abdelwahab , Mohammed H. Hussein, Hazem H. Kadry., 2015)   |
| Ethanolic extract                | <i>M. barbata</i>  | Showed its superiority as DPPH radical scavenging activity compared to the commonly used synthetic antioxidant.  | (Noha Ghanem, Bassem El Hamaoui, Nassim El-Achi, Youssef Bakkour, SaerAlwan, Fatima Houmaisi, John Hanna El-Nakat and Fawaz El-Omar, 2014)        |
| Ethanolic extract                | <i>M. fruticosa</i>  | The activity of DPPH radical is inhibited when subjected to the extract in a dose-dependent manner at which the IC <sub>50</sub> of the extract was 50 µg/mL, which was interestingly below that of BHT (91.40 µg/mL)  | (Mohammad Al-Hamwi, Maha Aboul-Elaa, Abdalla El-Lakany, Nassim El-Achi, Noha Ghanem, Bassem El Hamaoui, Youssef Bakkour and Fawaz El-Omar., 2015) |
| Aacetone and methanolic extracts | <i>M. cilicica</i>   | showed antioxidant activity following the four test systems (DPPH, ABTS, superoxide anion radical-scavenging, and β-carotene quenching system), the most significant effect was for the acetone extract.   | (Mehmet Ozturk, Ufuk Kolak, Gulacti Topcu, Sevil Oksuz, B. M. Iqbal Choudhary, 2011)  |
| Aqueous extract                  | <i>M. pulegium</i>   | Significantly inhibits human GR-M melanoma cell line cultures,   | (Haveric, Anja, Hindija Čakar, Jasmina, Hadzic, Maida, Haveric, Sani,n., 2018)  |
| Methanolic extract               | <i>M. myrtifolia</i>   | Interesting decrease in cell viability of RD and L20B cell lines when tested at maximum concentrations, a significant decrease occurred at 1000 µg/ml in comparison with the negative control.   | (Khulood W. Al-Samarraei Ebtehal H. Al-Naimy Raghad K. Al-lihaibi Rafal S. Al-Ani, 2016)  |
| Ethanolic extract                | <i>M. fruticosa</i>  | high inhibitory activity against MCF7 and A549 cancer cell lines with IC <sub>50</sub> below 30 µg/ml and significantly boosted the activity of cisplatin at low doses.  | (Al-Hamwi M, Aboul-Ela M, El-Lakany A, Nasreddine S., 2021)   |
| Methanolic extract               | <i>M. myrtifolia</i>   | Showed antidepressant activity through different <i>in-vitro</i> and <i>in-vivo</i> experimental models of depression.   | (Esra Küpeli Akkol, Fatma Tuğçe Güraç Dereli and Mert İlhan, 2019)  |

## 2. CONCLUSION

Reviewing the literature survey on Micromeria species, the researchers considered them as a rich source of polyphenolic compounds and essential oils, which are bioactive compounds that extremely attract scientific interest and manifest a wide scope of pharmacological effect. Because of the diversity in their chemical constituents and reported pharmacological activities including anti-inflammatory, antimicrobial, antifungal, antioxidant, and anti-cancer, Micromeria species are considered as a rich source of raw materials that can be used for organic synthesis and drug production.

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